Report card
Mexico

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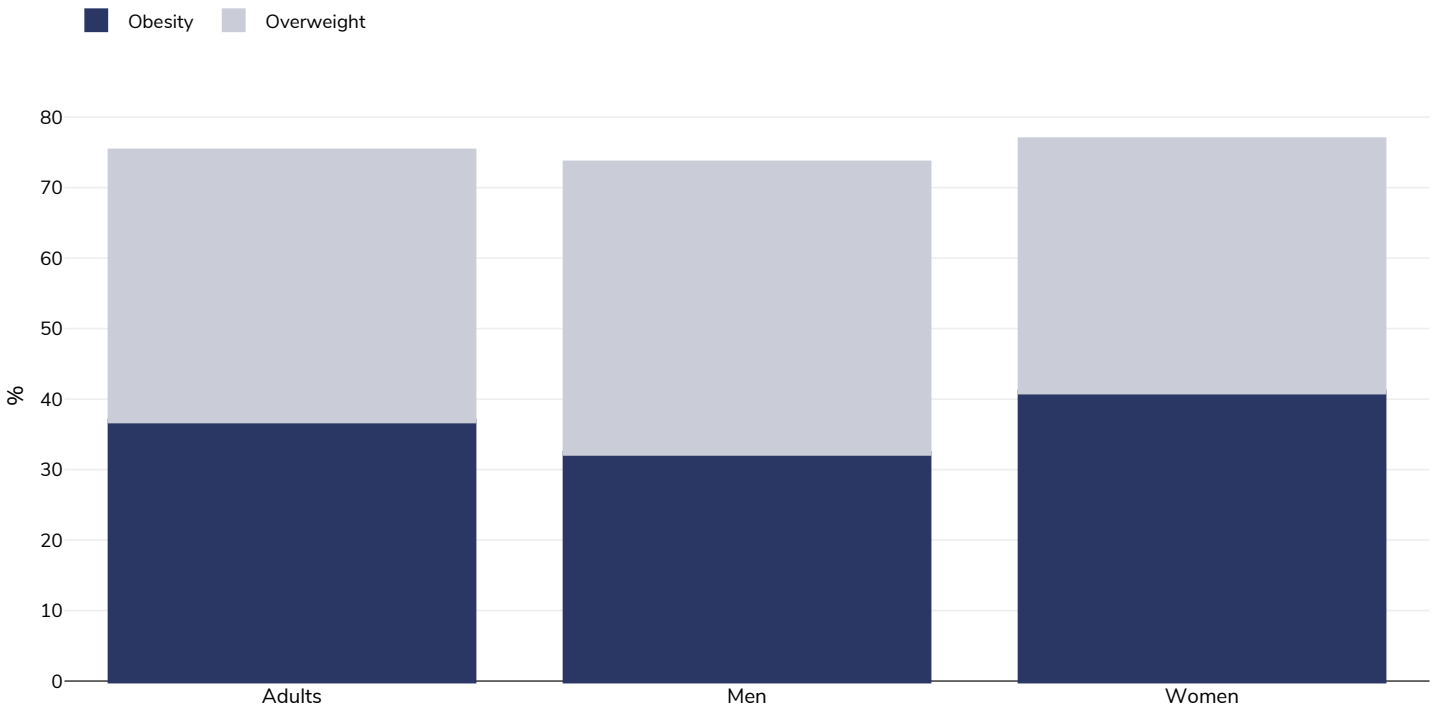
Obesity prevalence

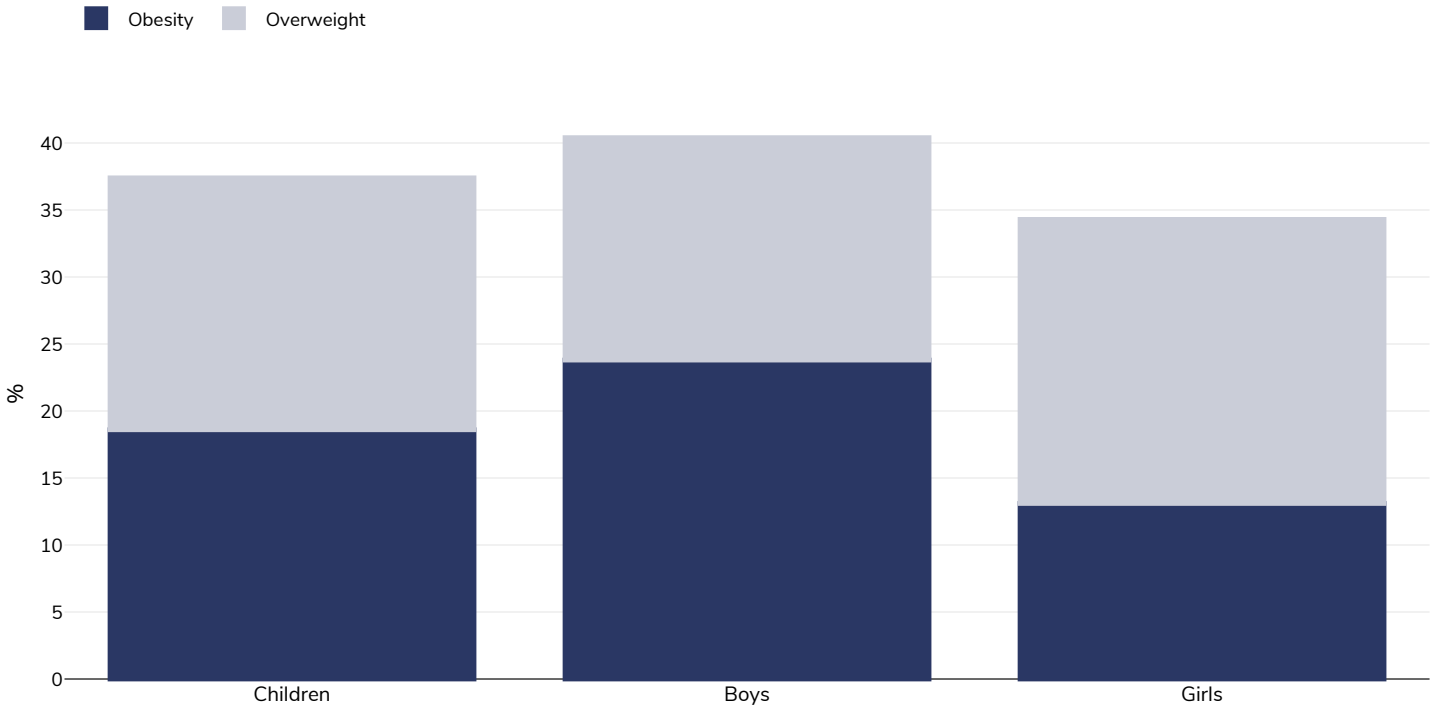
Adults, 2022



Survey type:	Measured
Age:	20+
Sample size:	8563
Area covered:	National
References:	Campos-Nonato I, Galván-Valencia O,Hernández-Barrera L, Oviedo-Solís C, Barquera S.Prevalence of obesity and associated risk factors in Mexican adults: results of the Ensanut 2022.Salud Publica Mex. 2023;65(supl 1): S238-S247. https://doi.org/10.21149/14809. Available at https://saludpublica.mx/index.php/spm/article/view/14809/12424 (last accessed 11.12.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

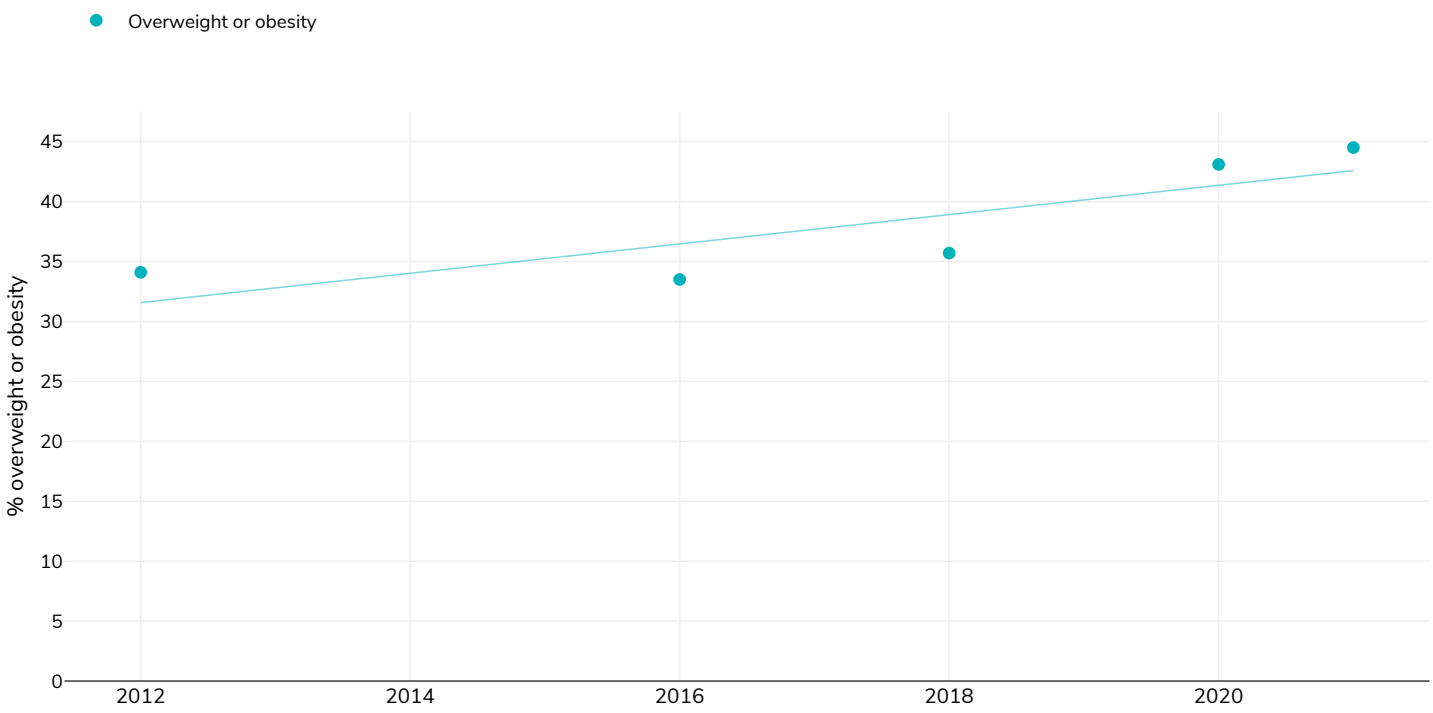
Children, 2021



Survey type:	Measured
Age:	5-11
Sample size:	2569
Area covered:	National
References:	Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E,Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php (Accessed 03.01.2023)
Cutoffs:	WHO

% Children living with overweight or obesity, 2012-2021

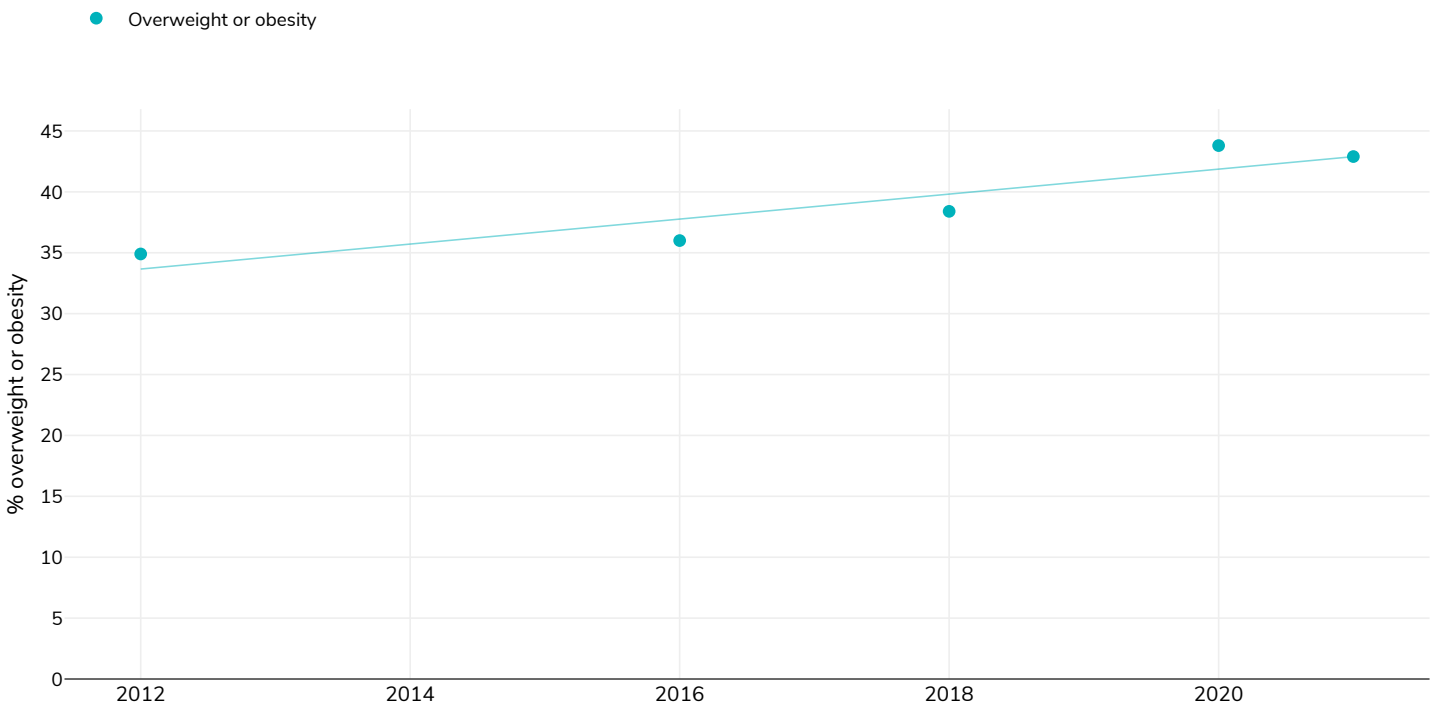
Boys



Survey type:	Measured
References:	For full details of references visit https://data.worldobesity.org/
Notes:	Aged 12-19

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

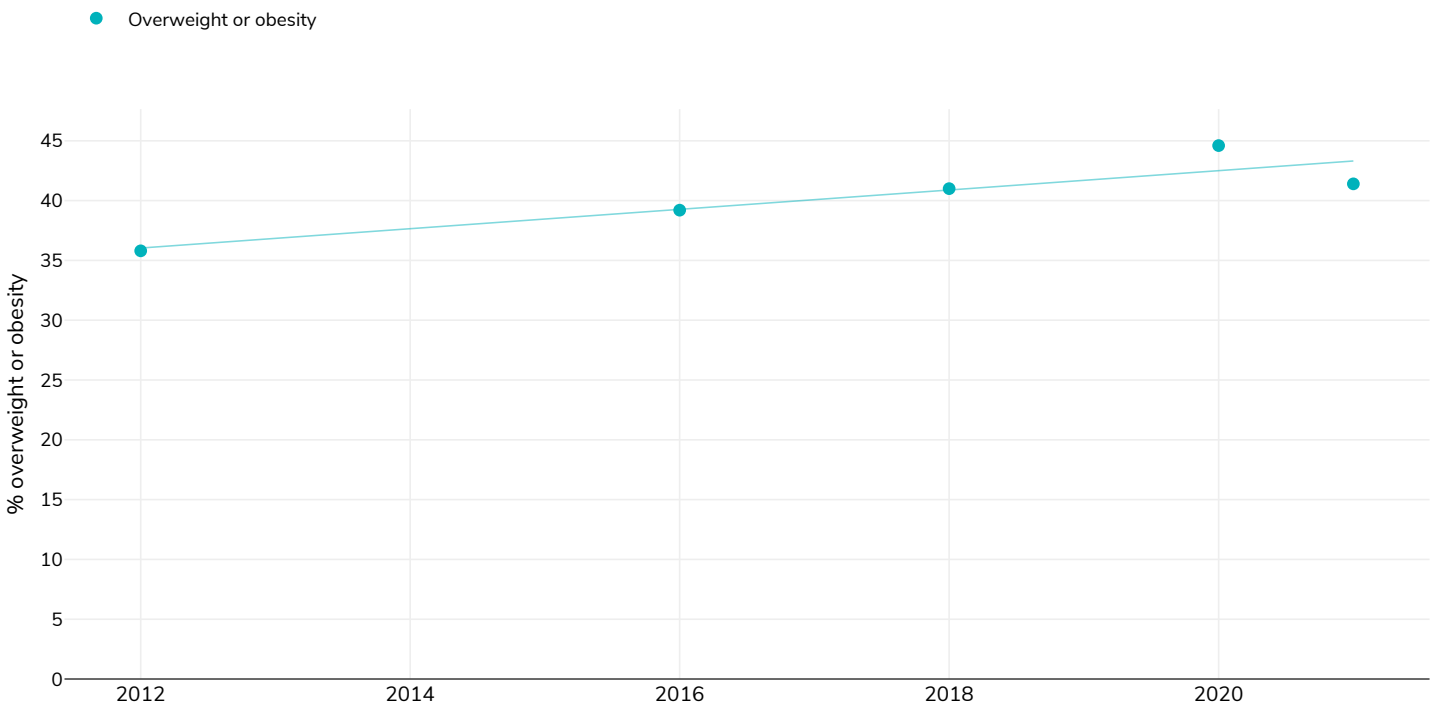
Boys and girls



Survey type:	Measured
References:	For full details of references visit https://data.worldobesity.org/
Notes:	Aged 12-19

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Girls



Survey type:	Measured
References:	For full details of references visit https://data.worldobesity.org/
Notes:	Aged 12-19

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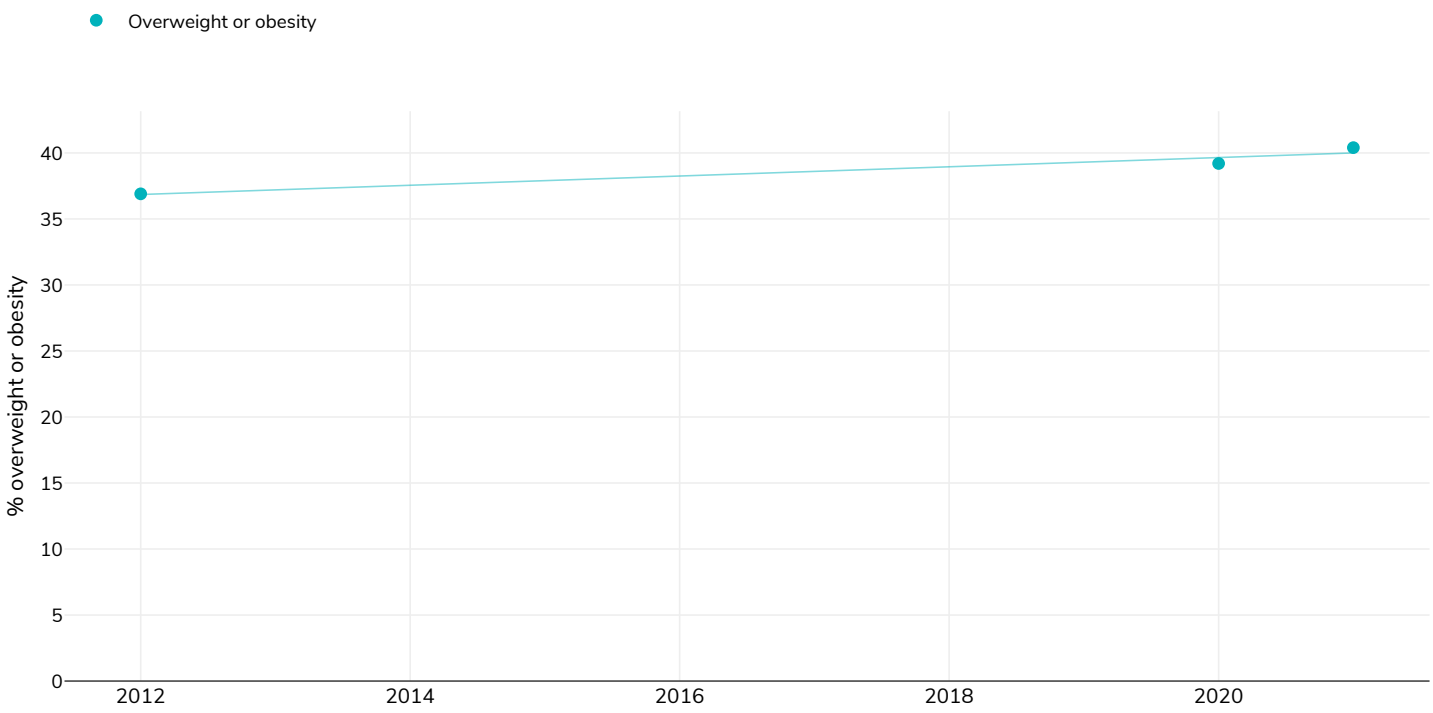
% Children living with overweight or obesity, 2012-2021

Boys



Survey type:	Measured
References:	2012: ENSANUT 2012 http://ensanut.insp.mx/informes/ENSANUT2012ResultadosNacionales.pdf accessed 25th June 2014 2020: Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, GaonaPineda EB, Lazcano-Ponce E, Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2020 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2021. https://ensanut.insp.mx/encuestas/ensanutcontinua2020/doctos/informes/ensanutCovid19ResultadosNacionales.pdf (Accessed 11.01.2022) 2021: Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E,Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php (Accessed 03.01.2023)
Notes:	Aged 5-11

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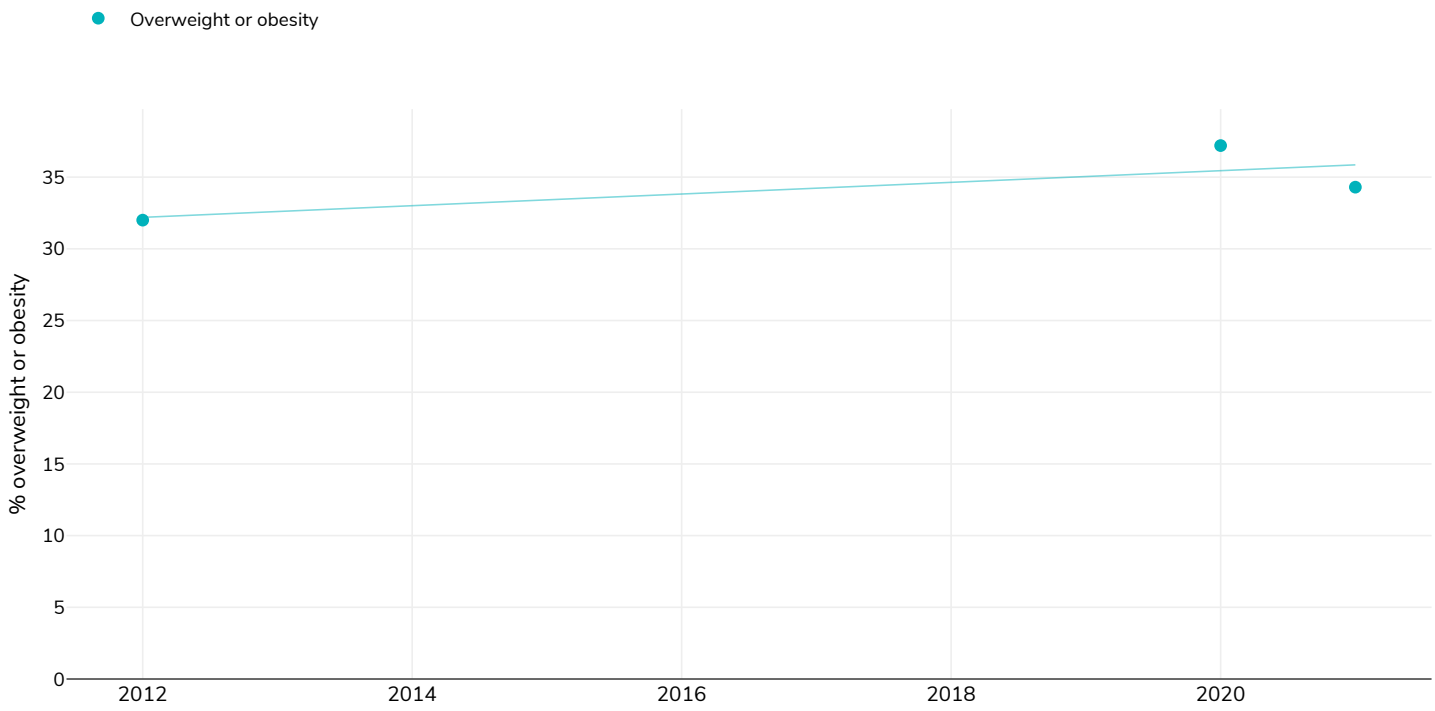
Girls

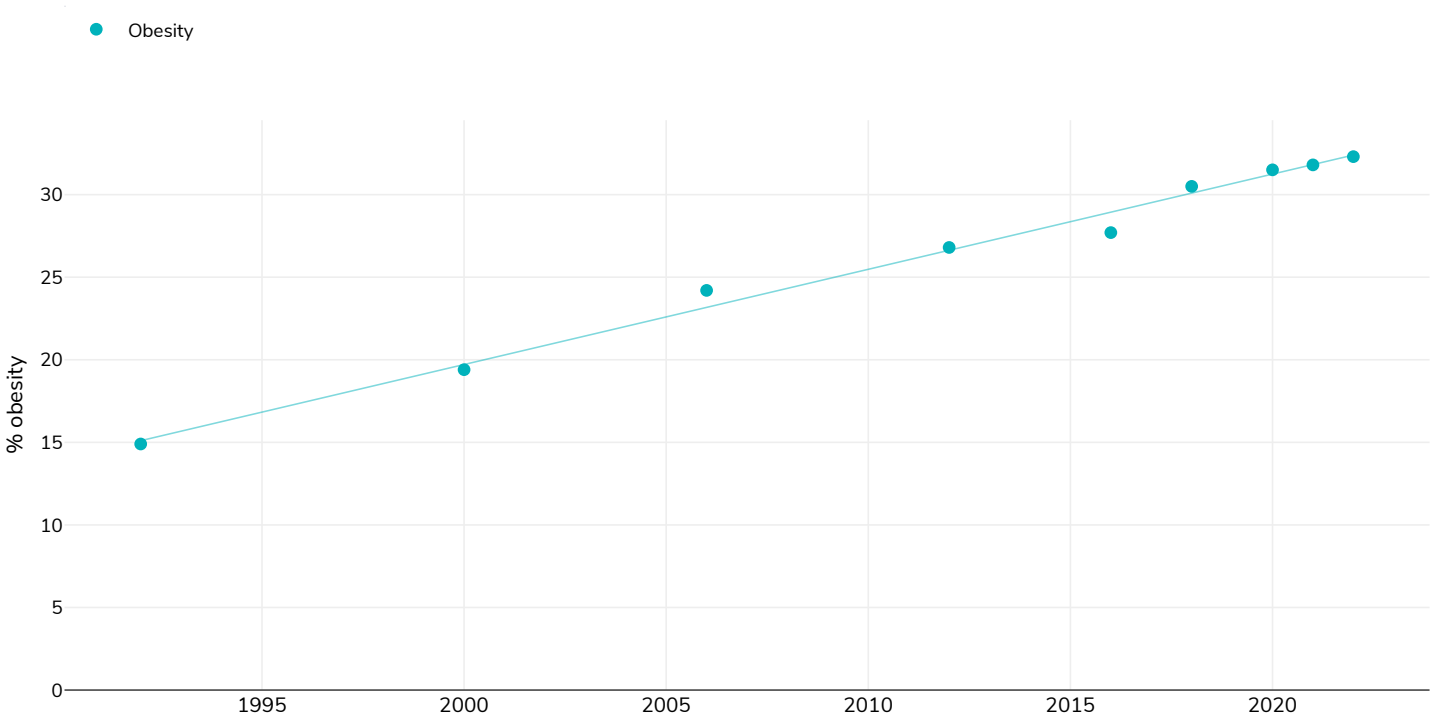


Survey type:	Measured
References:	2012: ENSANUT 2012 http://ensanut.insp.mx/informes/ENSANUT2012ResultadosNacionales.pdf accessed 25th June 2014 2020: Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, GaonaPineda EB, Lazcano-Ponce E, Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2020 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2021. https://ensanut.insp.mx/encuestas/ensanutcontinua2020/doctos/informes/ensanutCovid19ResultadosNacionales.pdf (Accessed 11.01.2022) 2021: Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E,Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php (Accessed 03.01.2023)
Notes:	Aged 5-11

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity, 1992-2022

Men



Survey type:	Measured
References:	For full details of references visit https://data.worldobesity.org/

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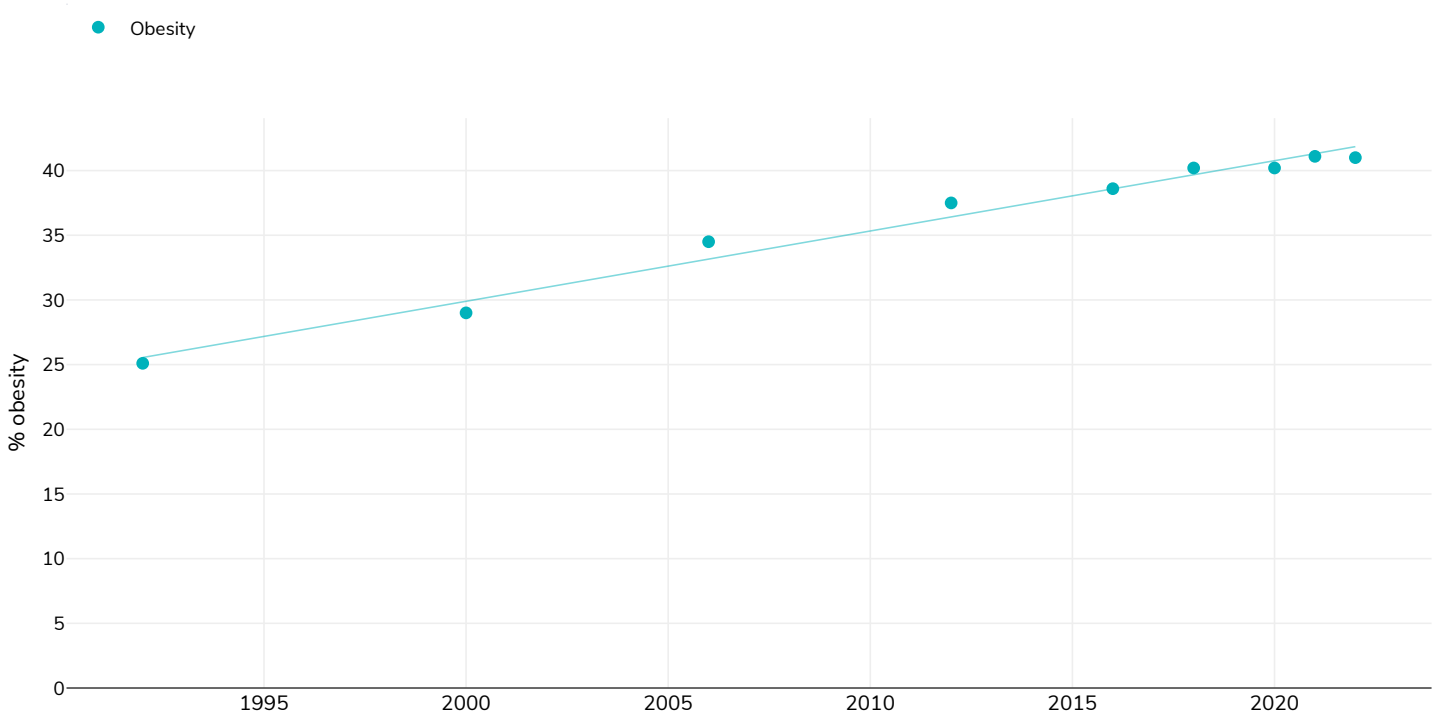
Women



Survey type:	Measured
References:	For full details of references visit https://data.worldobesity.org/

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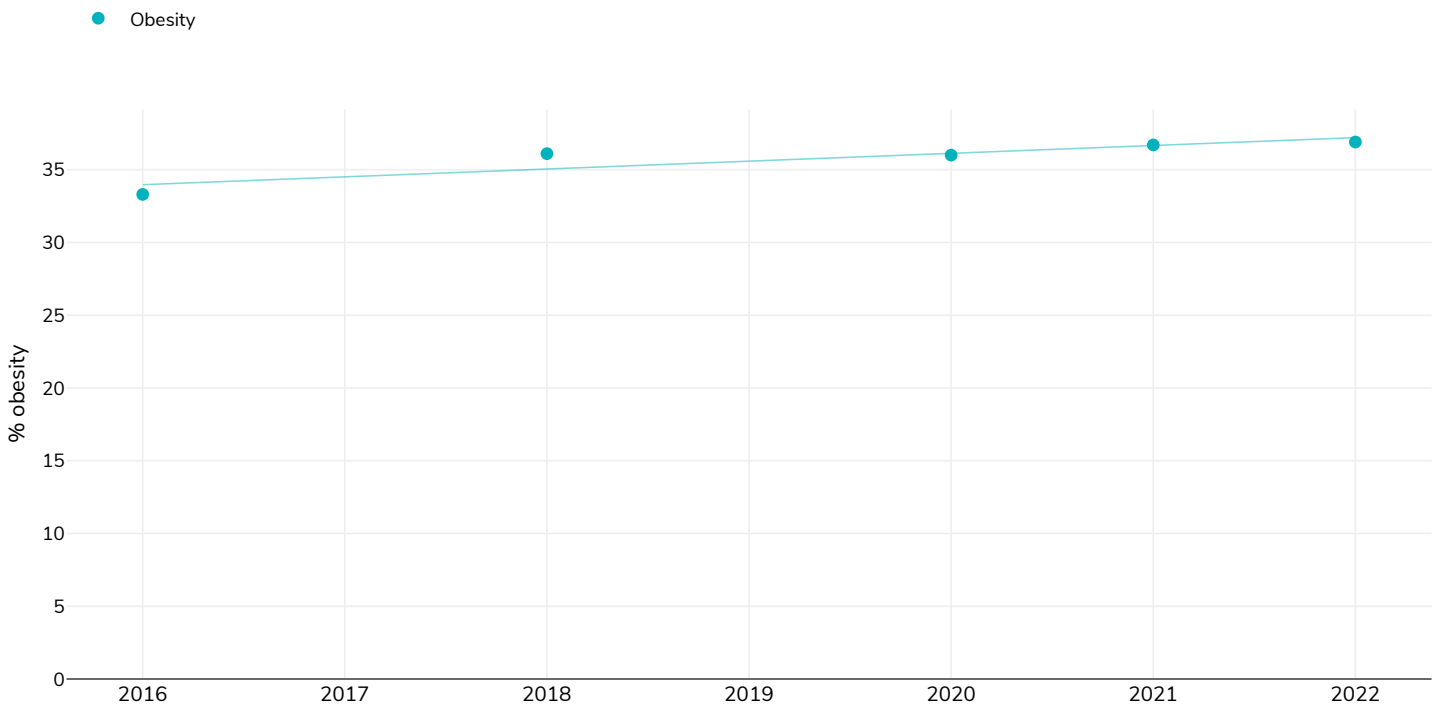
Men and women



Survey type:	Measured
References:	For full details of references visit https://data.worldobesity.org/

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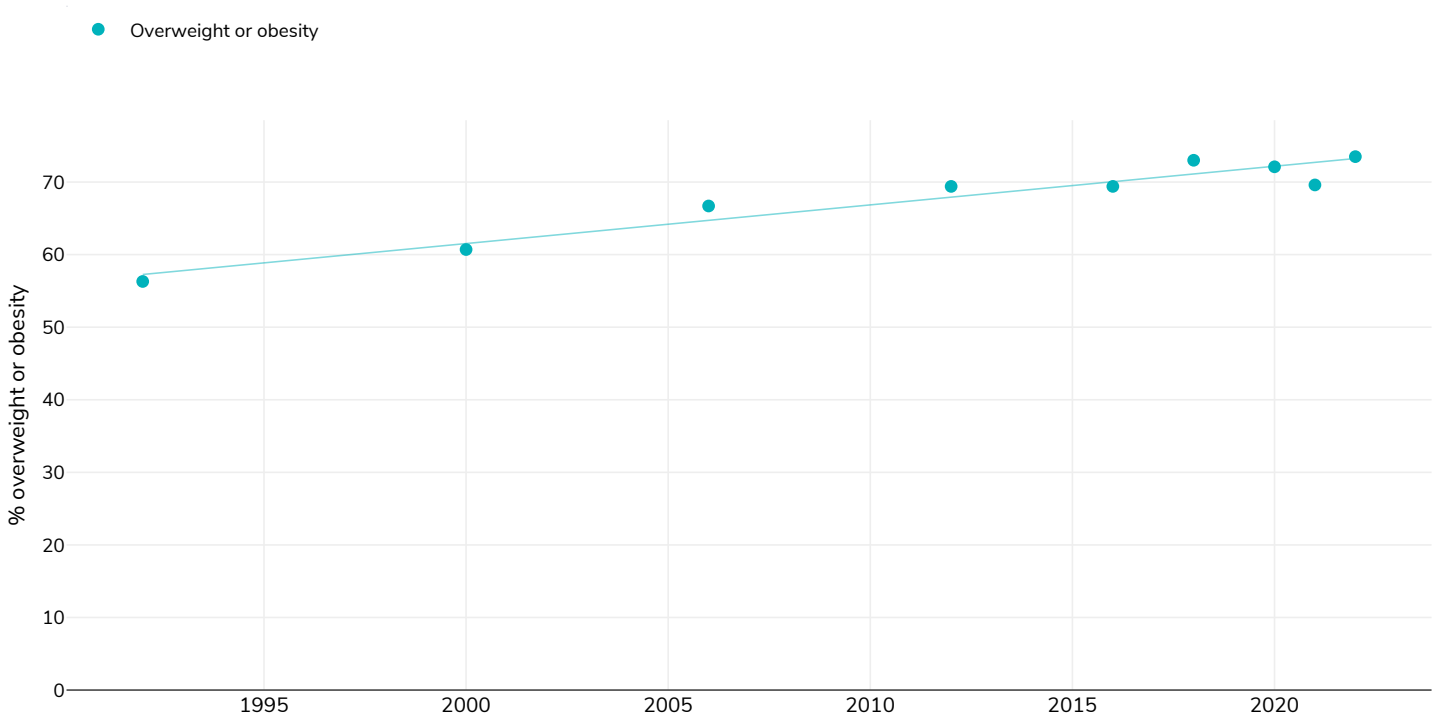
% Adults living with overweight or obesity, 1992-2022

Men



Survey type:	Measured
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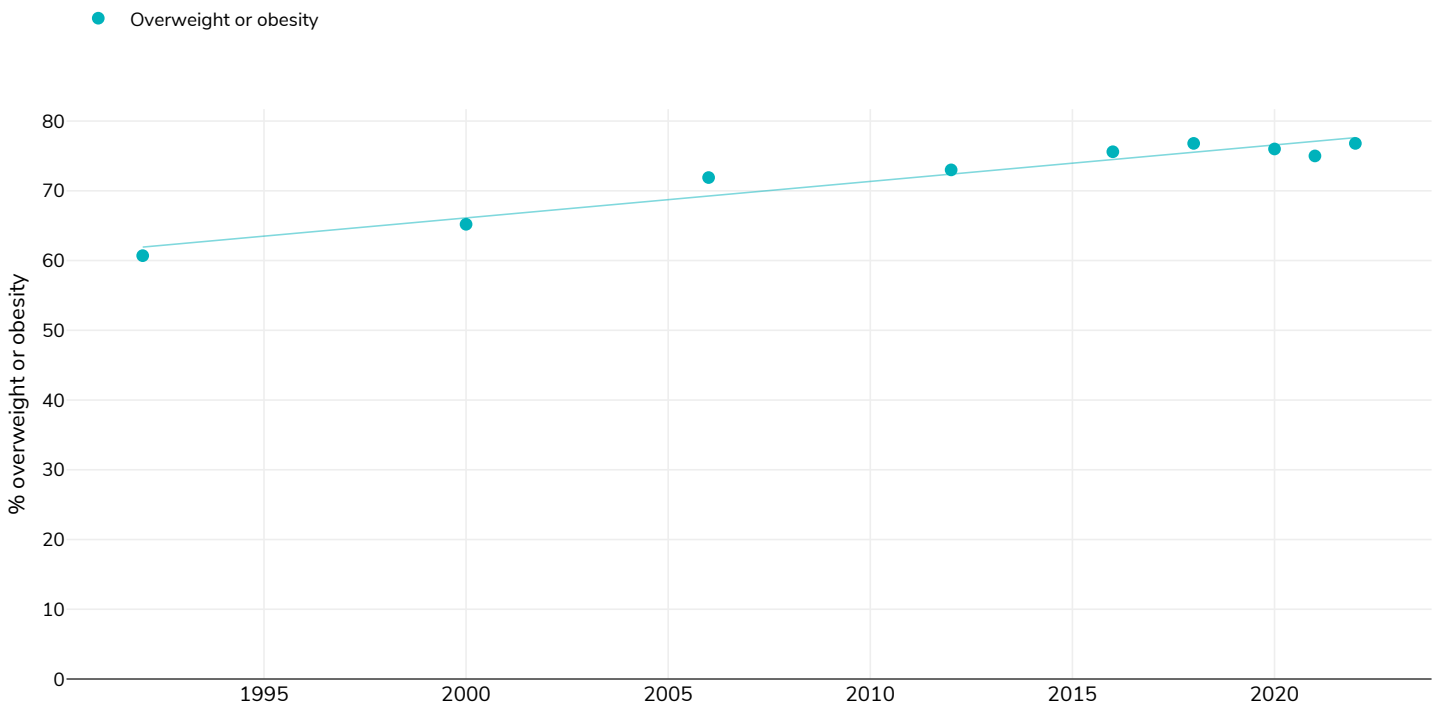
Women



Survey type:	Measured
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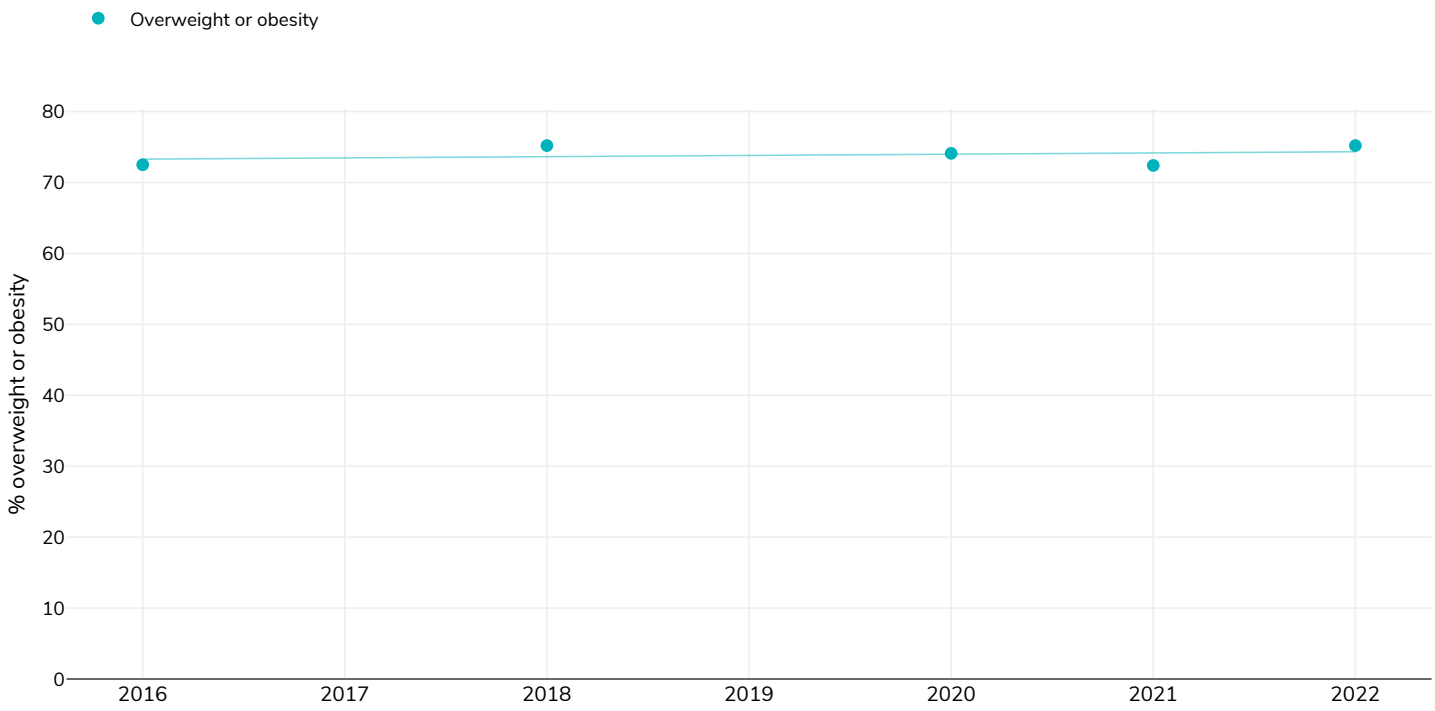
Men and women



Survey type:	Measured
References:	For full details of references visit https://data.worldobesity.org/

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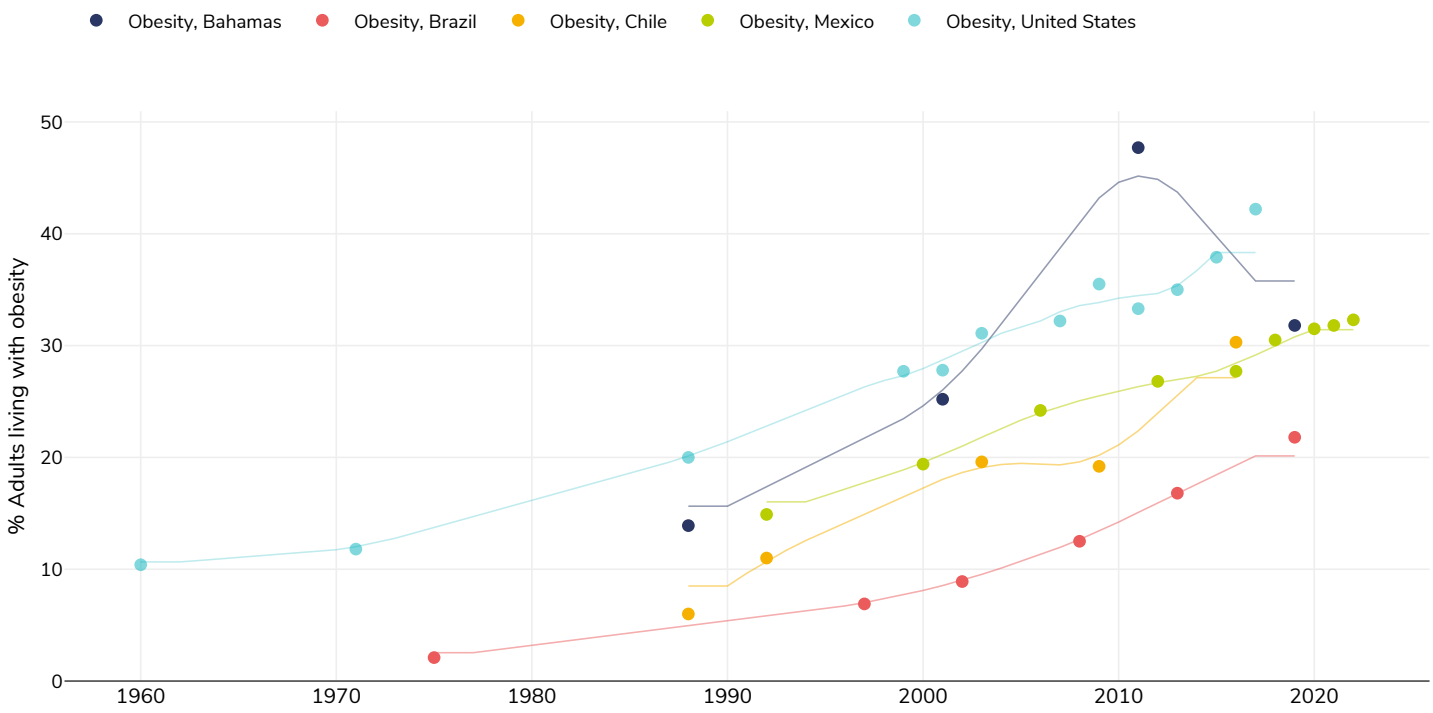
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with obesity, selected countries, 1960-2022

Men



References:

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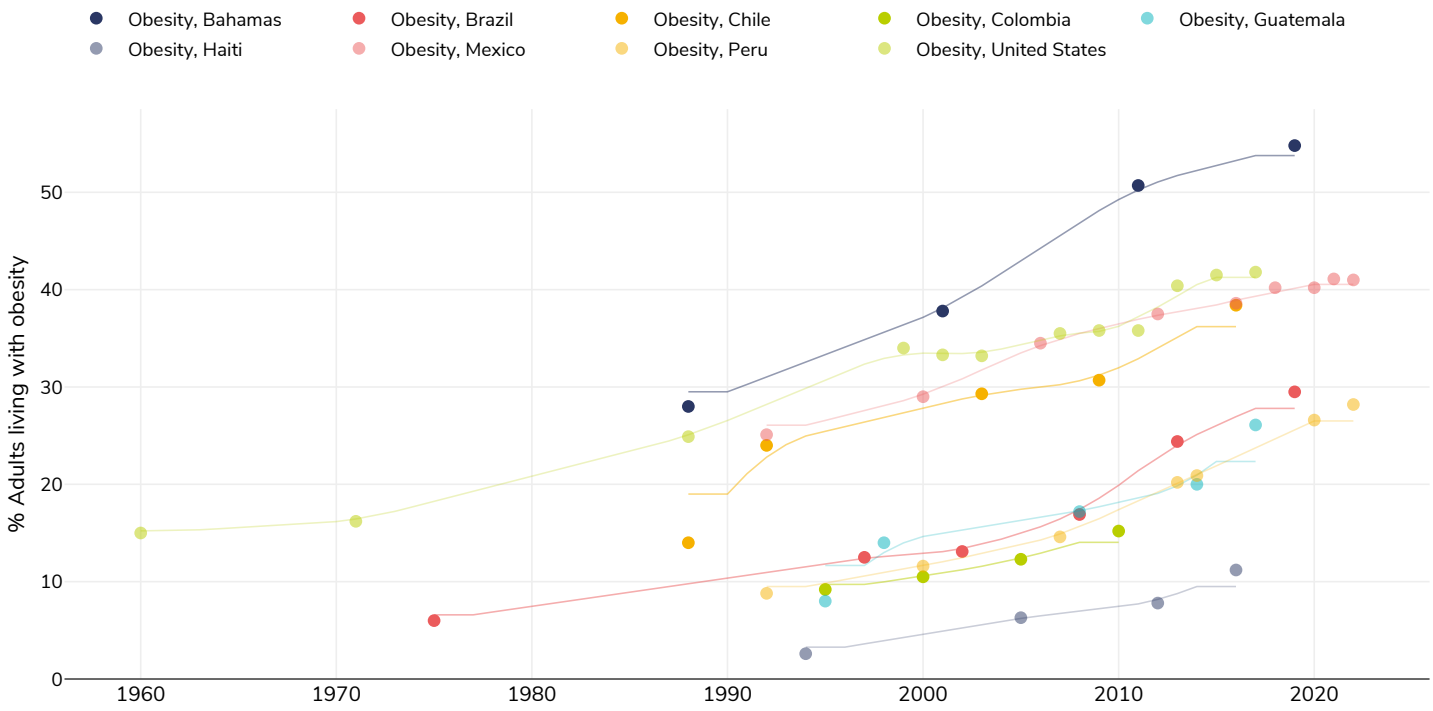
Women



References:

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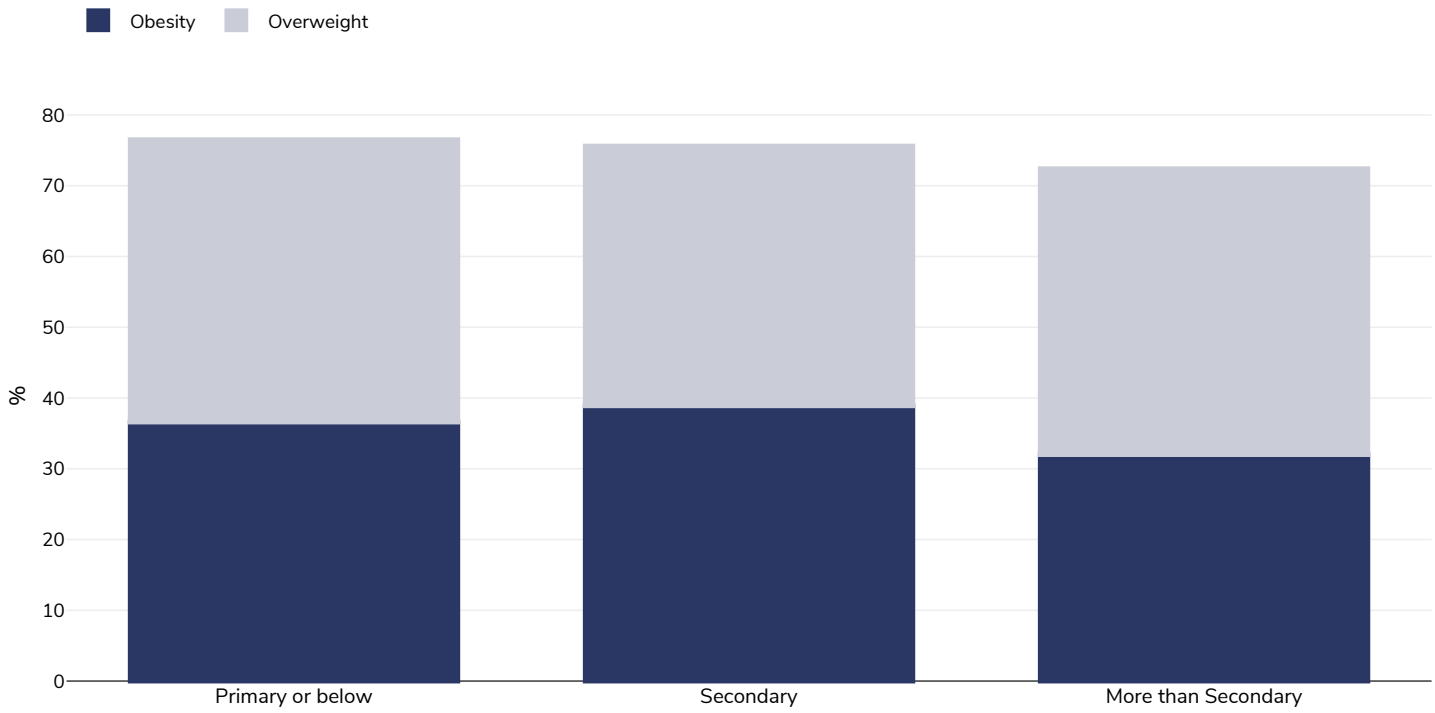
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by education

Adults, 2022



Survey type:	Measured
Age:	20+
Sample size:	8563
Area covered:	National
References:	Campos-Nonato I, Galván-Valencia O,Hernández-Barrera L, Oviedo-Solís C, Barquera S.Prevalence of obesity and associated risk factors in Mexican adults: results of the Ensanut 2022.Salud Publica Mex. 2023;65(supl 1): S238-S247. https://doi.org/10.21149/14809. Available at https://saludpublica.mx/index.php/spm/article/view/14809/12424 (last accessed 11.12.23)

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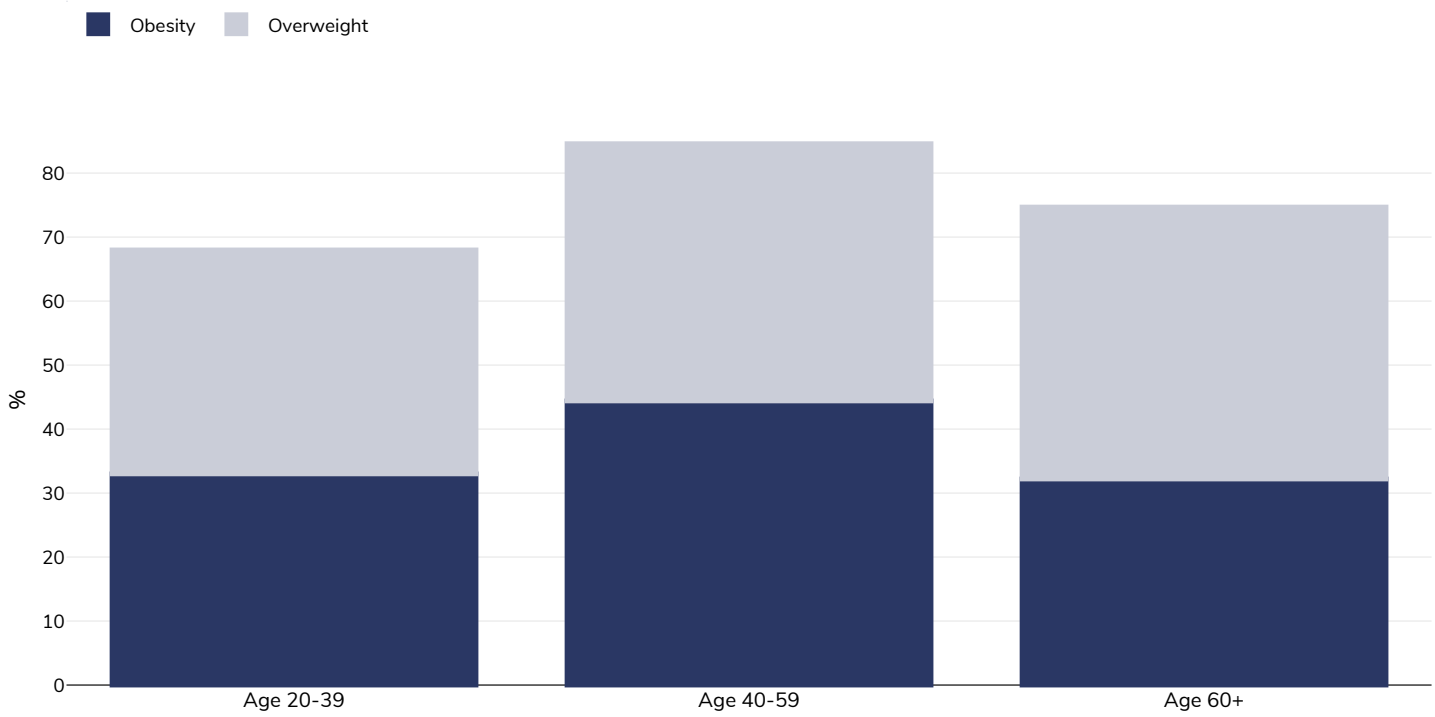
Overweight/obesity by age

Adults, 2022



Survey type:	Measured
Sample size:	8563
Area covered:	National
References:	Campos-Nonato I, Galván-Valencia O,Hernández-Barrera L, Oviedo-Solís C, Barquera S.Prevalence of obesity and associated risk factors in Mexican adults: results of the Ensanut 2022.Salud Publica Mex. 2023;65(supl 1): S238-S247. https://doi.org/10.21149/14809. Available at https://saludpublica.mx/index.php/spm/article/view/14809/12424 (last accessed 11.12.23)

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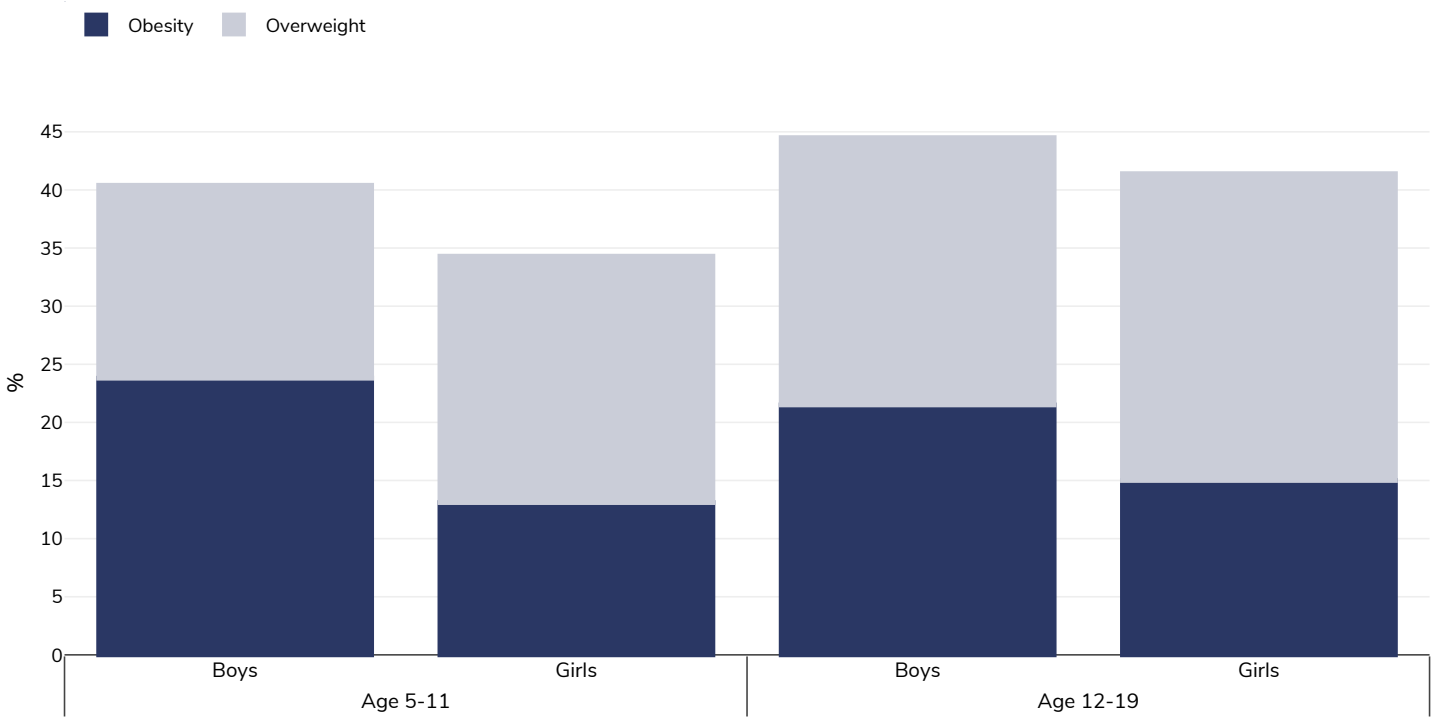
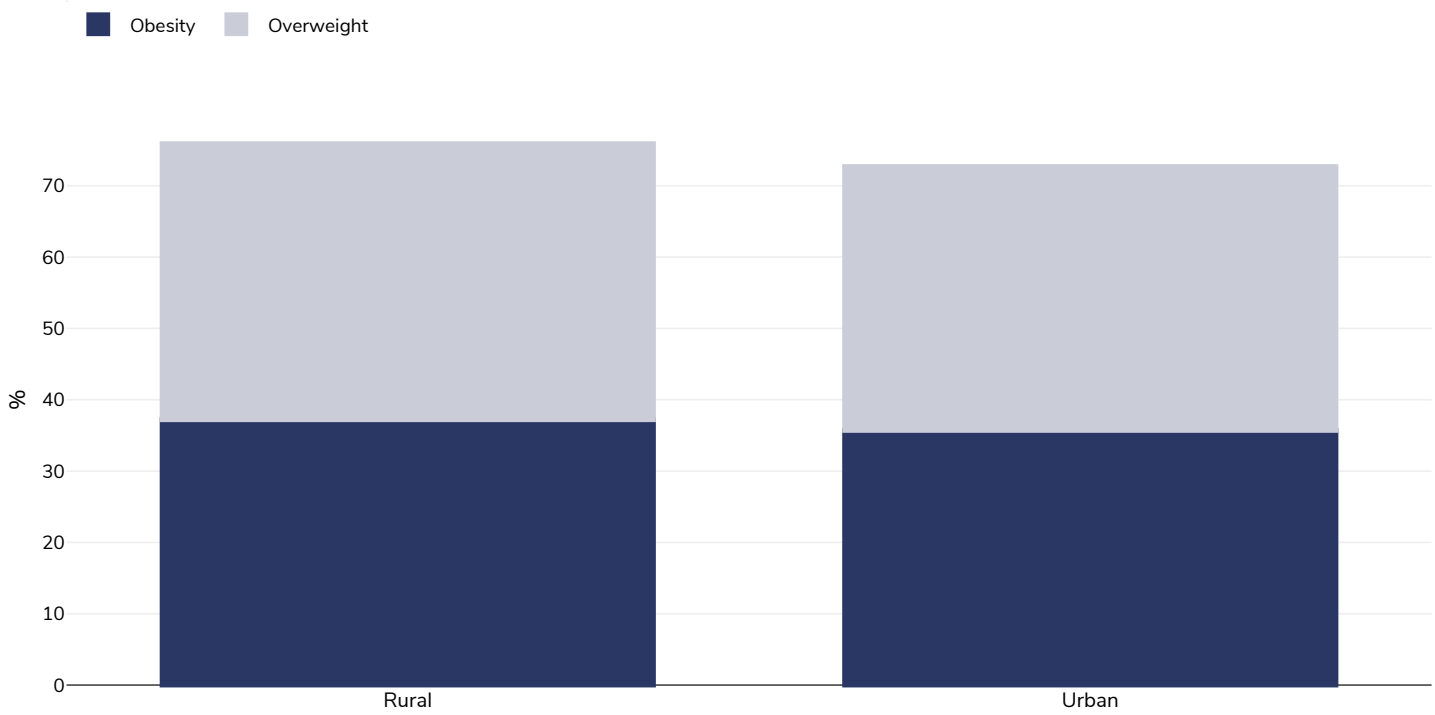
Children, 2021



Survey type:	Measured
Sample size:	4889
Area covered:	National
References:	Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E,Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php (Accessed 03.01.2023)
Cutoffs:	WHO

Overweight/obesity by region

Adults, 2022



Survey type:	Measured
Age:	20+
Sample size:	8563
Area covered:	National
References:	Campos-Nonato I, Galván-Valencia O,Hernández-Barrera L, Oviedo-Solís C, Barquera S.Prevalence of obesity and associated risk factors in Mexican adults: results of the Ensanut 2022.Salud Publica Mex. 2023;65(supl 1): S238-S247. https://doi.org/10.21149/14809. Available at https://saludpublica.mx/index.php/spm/article/view/14809/12424 (last accessed 11.12.23)

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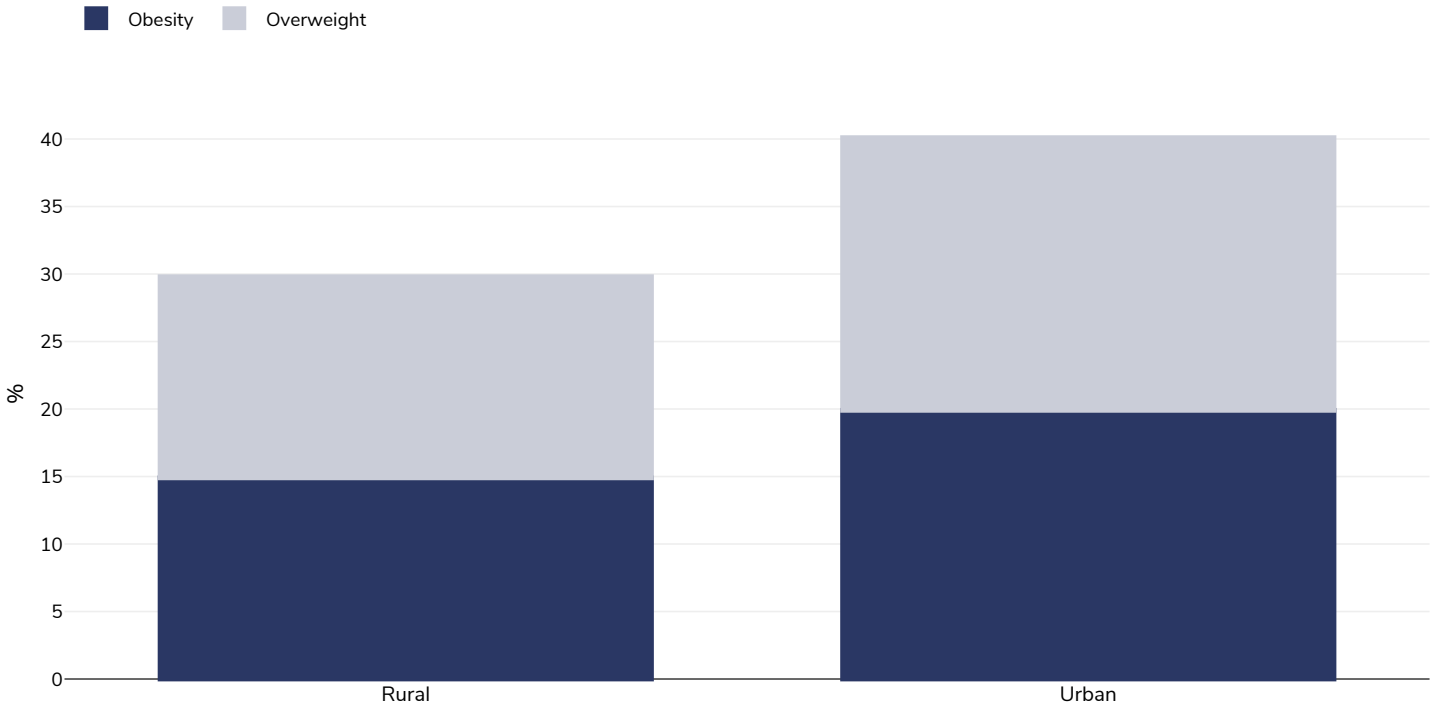
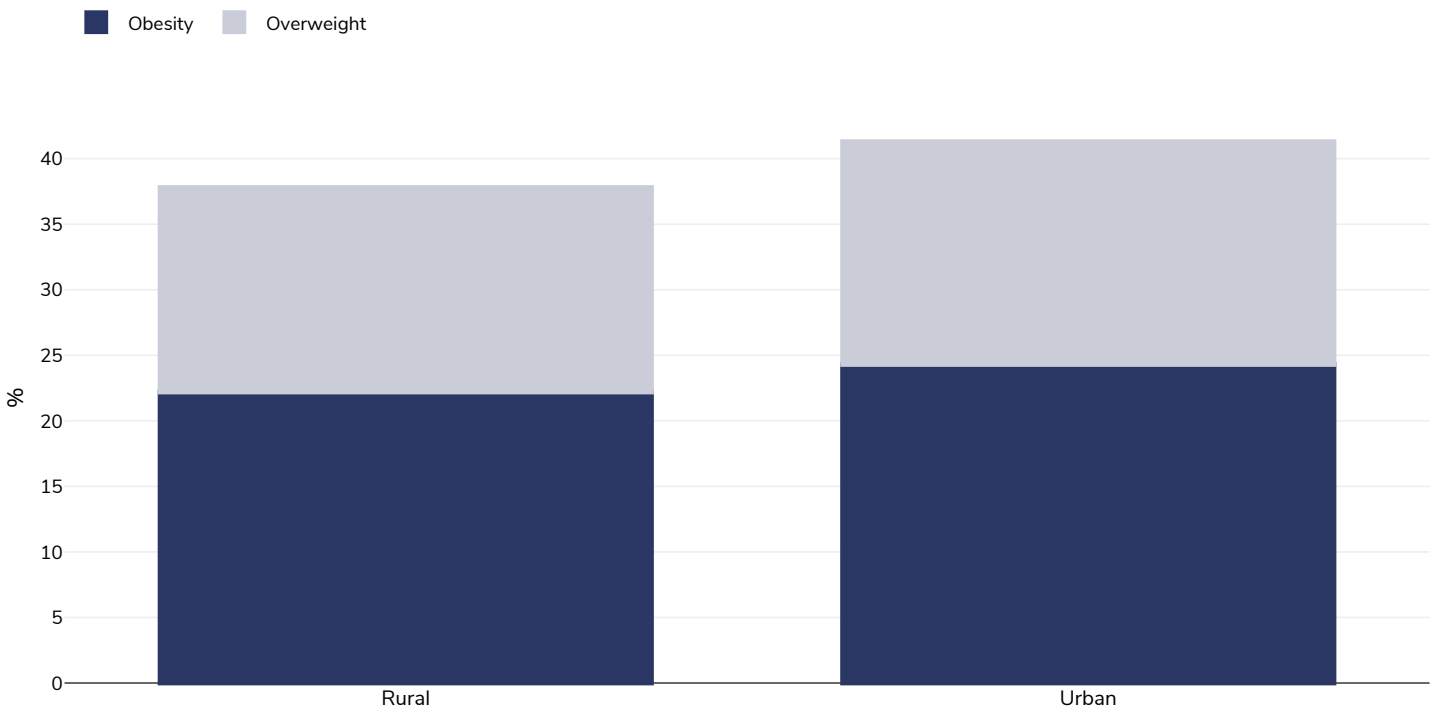
Children, 2021



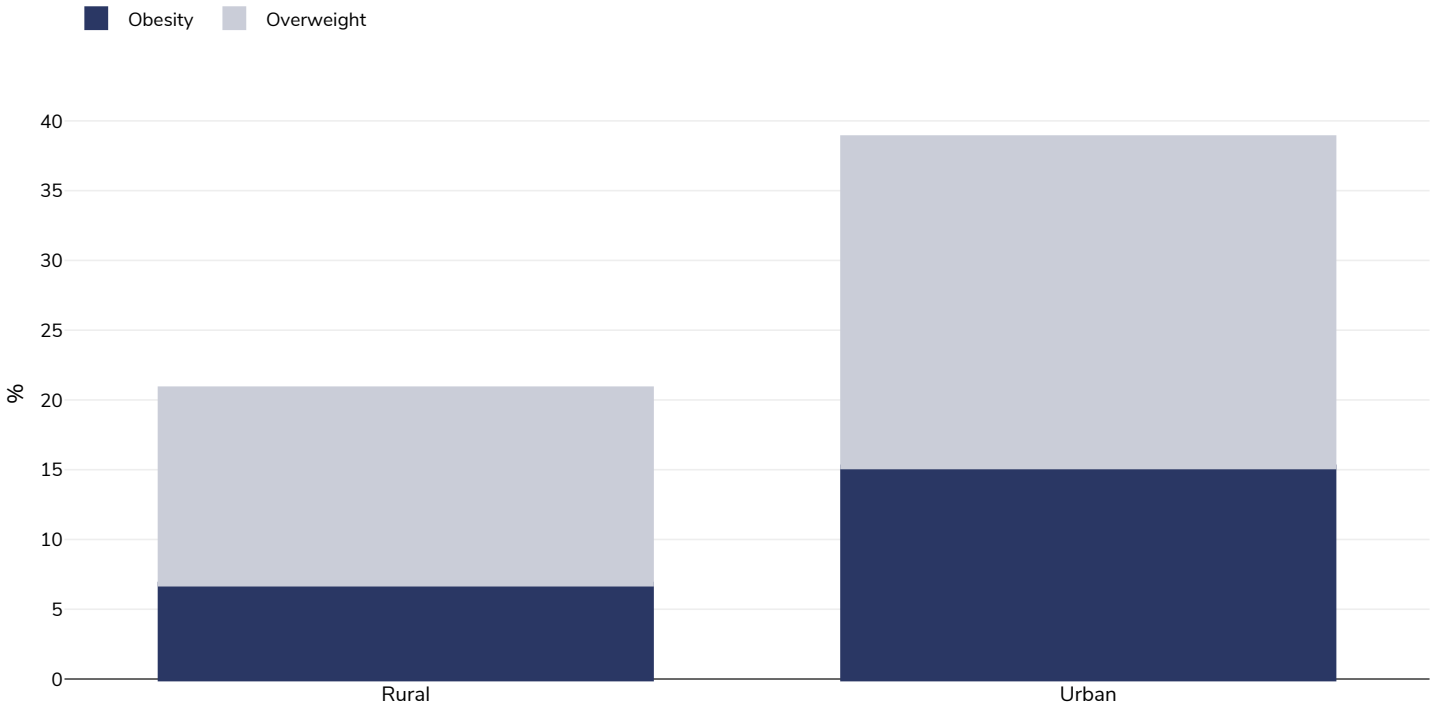
Survey type:	Measured
Age:	5-11
Sample size:	2569
Area covered:	National
References:	Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E,Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php (Accessed 03.01.2023)
Cutoffs:	WHO

Boys, 2021



Survey type:	Measured
Age:	5-11
Sample size:	2569
Area covered:	National
References:	Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E,Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php (Accessed 03.01.2023)
Cutoffs:	WHO

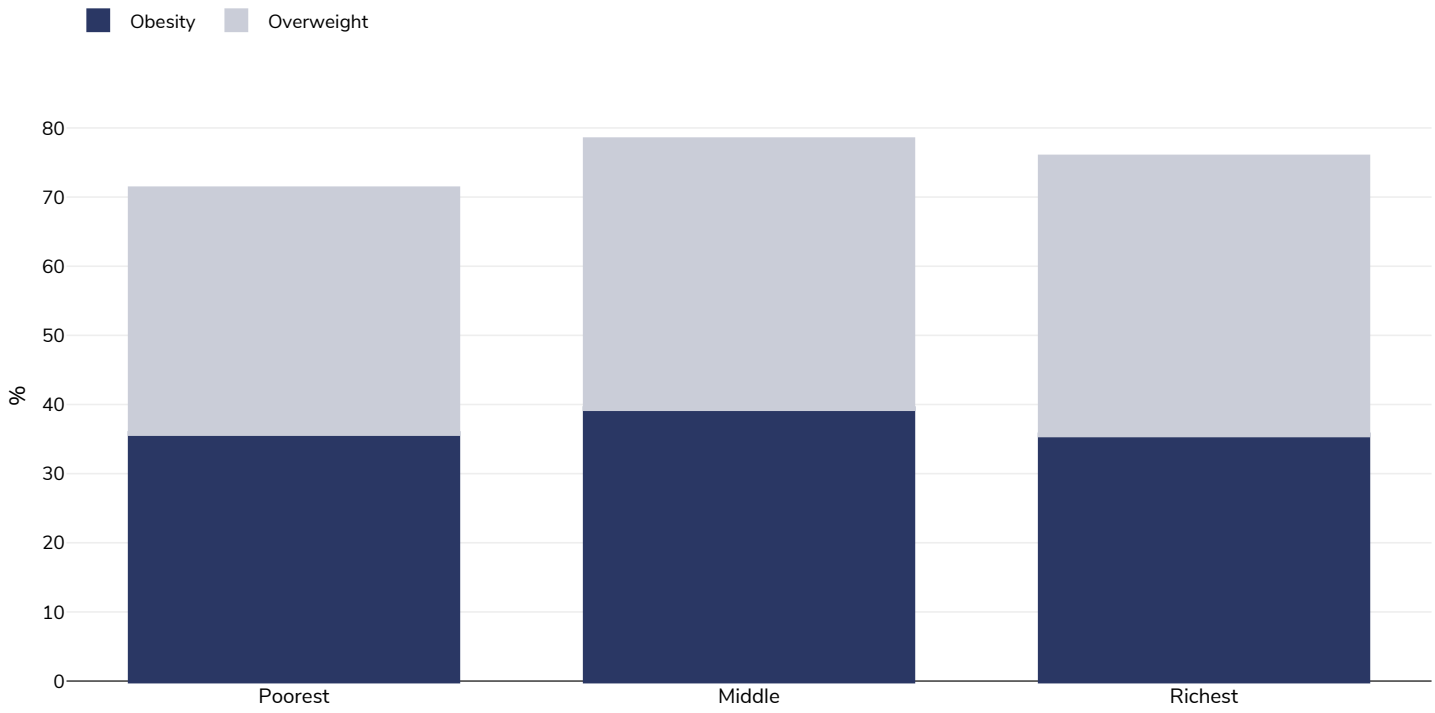
Girls, 2021



Survey type:	Measured
Age:	5-11
Sample size:	2569
Area covered:	National
References:	Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E,Martínez-Barnetche J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php (Accessed 03.01.2023)
Cutoffs:	WHO

Overweight/obesity by socio-economic group

Adults, 2022



Survey type:	Measured
Age:	20+
Sample size:	8563
Area covered:	National
References:	Campos-Nonato I, Galván-Valencia O,Hernández-Barrera L, Oviedo-Solís C, Barquera S.Prevalence of obesity and associated risk factors in Mexican adults: results of the Ensanut 2022.Salud Publica Mex. 2023;65(supl 1): S238-S247. https://doi.org/10.21149/14809. Available at https://saludpublica.mx/index.php/spm/article/view/14809/12424 (last accessed 11.12.23)

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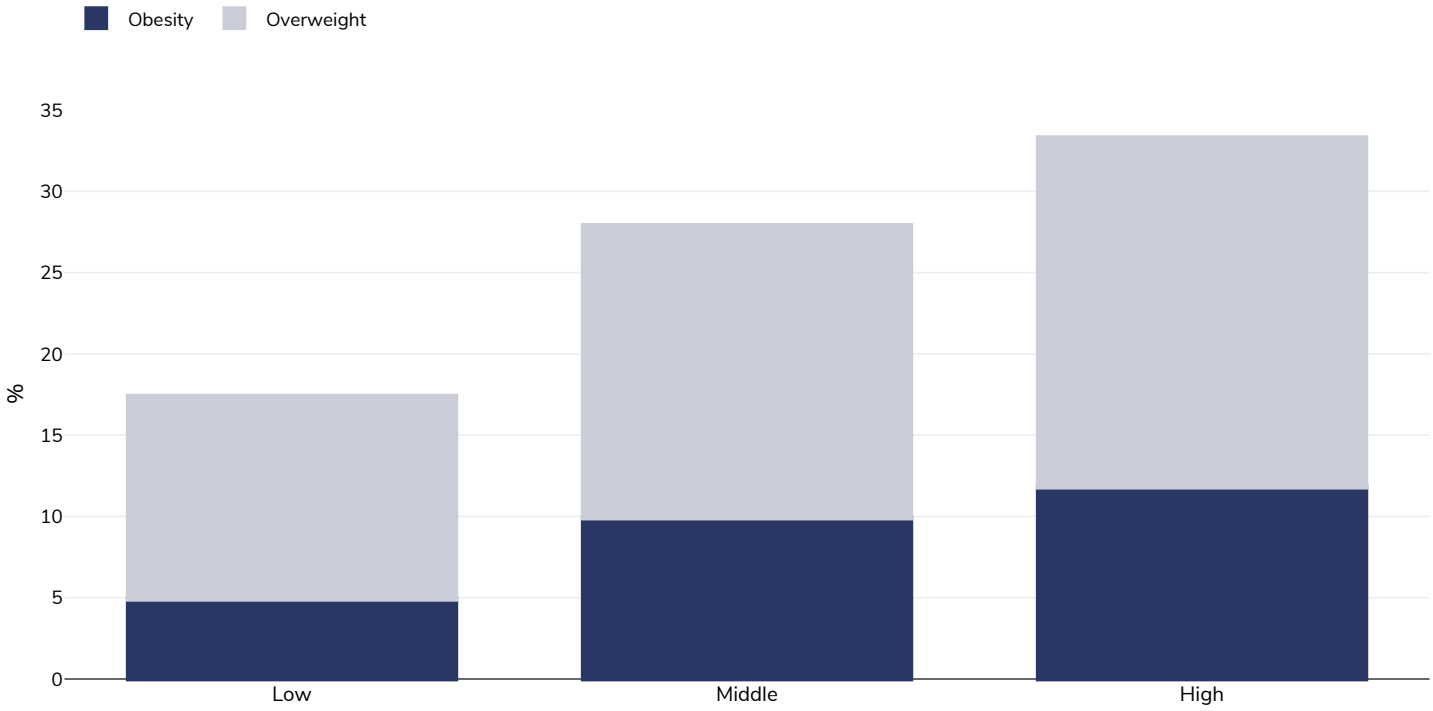
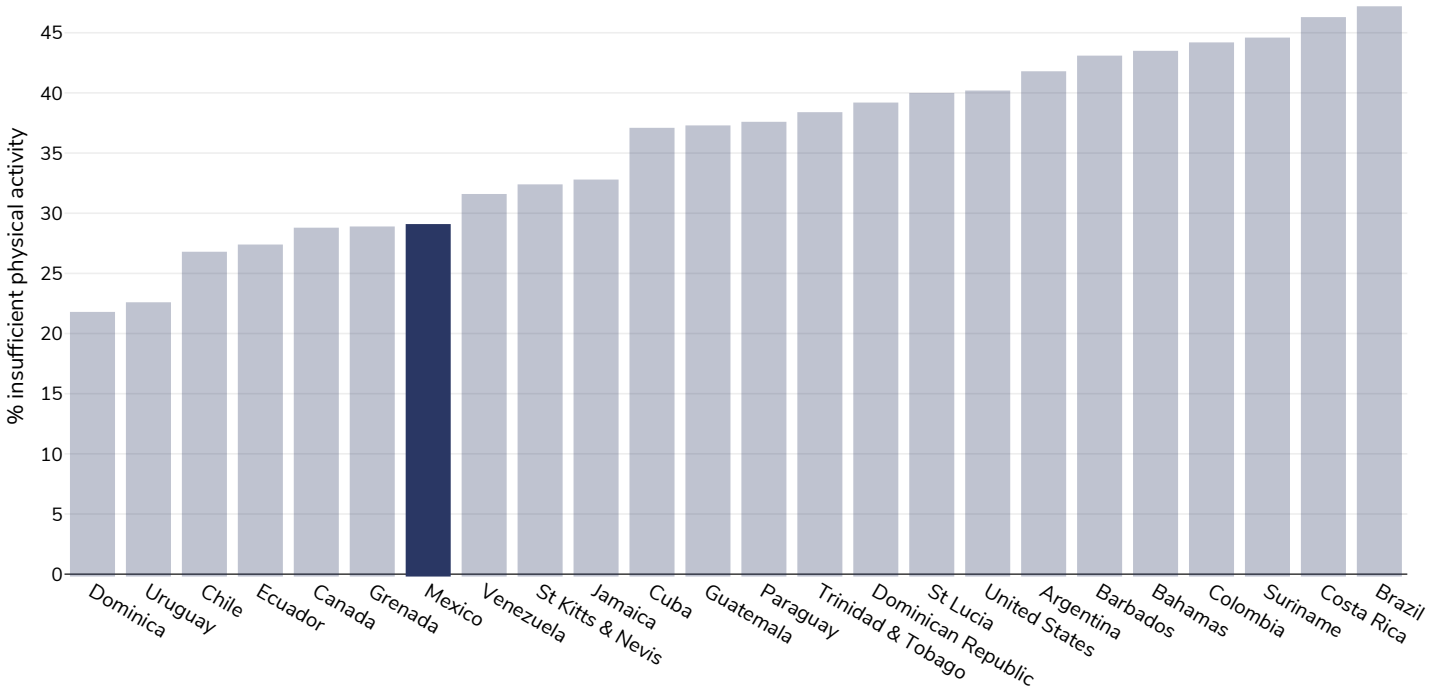
Children, 2006



Survey type:	Measured
Age:	5-11
Sample size:	Children aged 5-11yr: n=15111
Area covered:	National: Mexican National Health and Nutrition Survey 2006 (ENSANUT 2006)
References:	Bonvecchio A, Safdie M, Monterrubio EA, Gust T, Villalpando S, Rivera JA. Overweight and obesity trends in Mexican children 2 to 18 years of age from 1988 to 2006. Salud Publica Mex 2009;51 suppl 4:S586-S594.
Notes:	Prevalence of overweight and obesity by Socioeconomic Level. Overweight and obesity were classified according to IOTF criteria, based on BMI measurements, with cutoff points for BMI based on an international reference population drafted from seven countries, specific for age and sex. Said cutoff points are a projection of the criteria proposed by WHO for diagnosing overweight (BMI of 25-29.9) and obesity (BMI of 30 or more) in adults.
Cutoffs:	IOTF

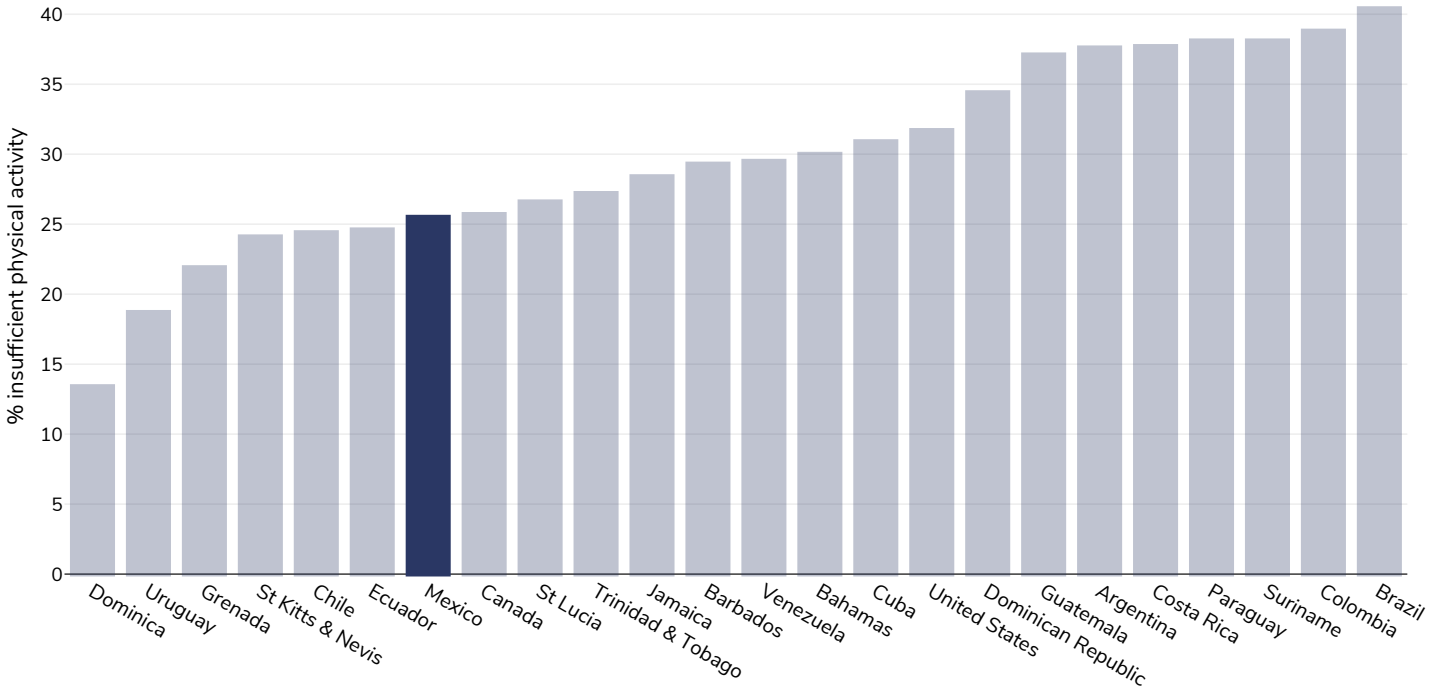
Insufficient physical activity

Adults, 2016



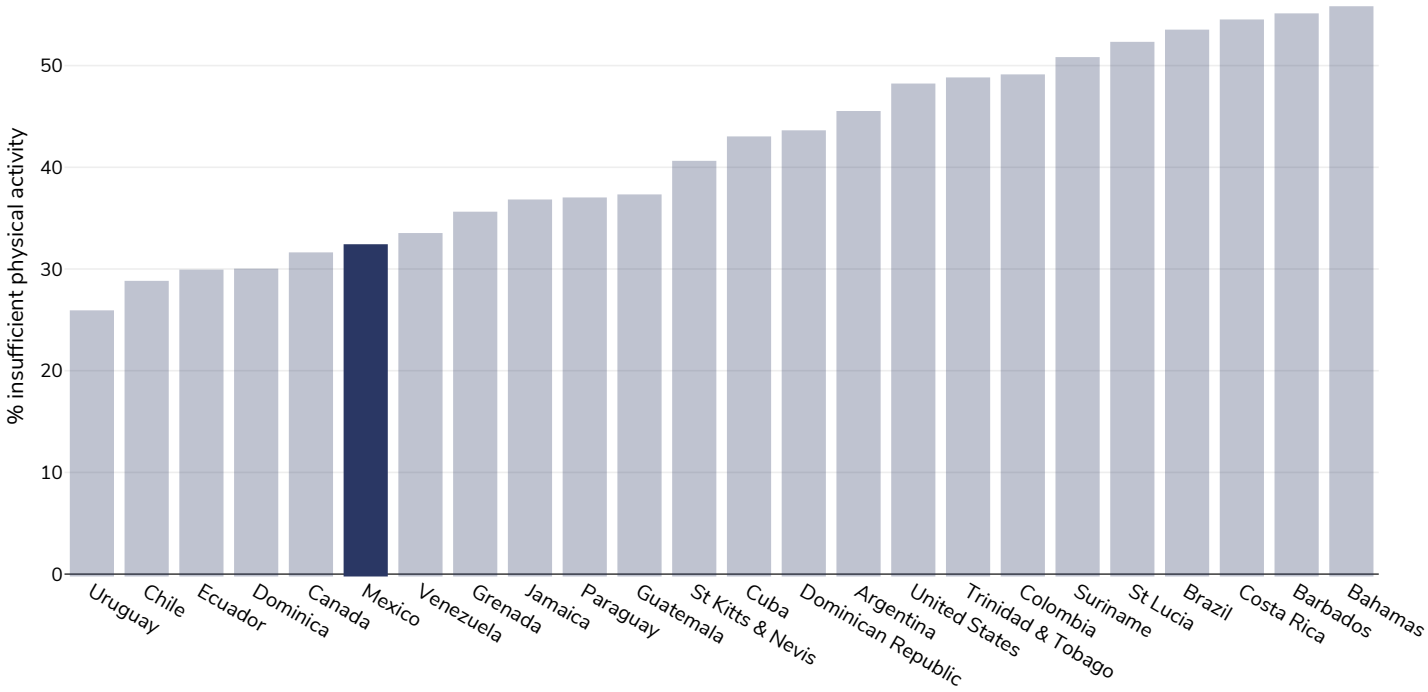
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

Men, 2016



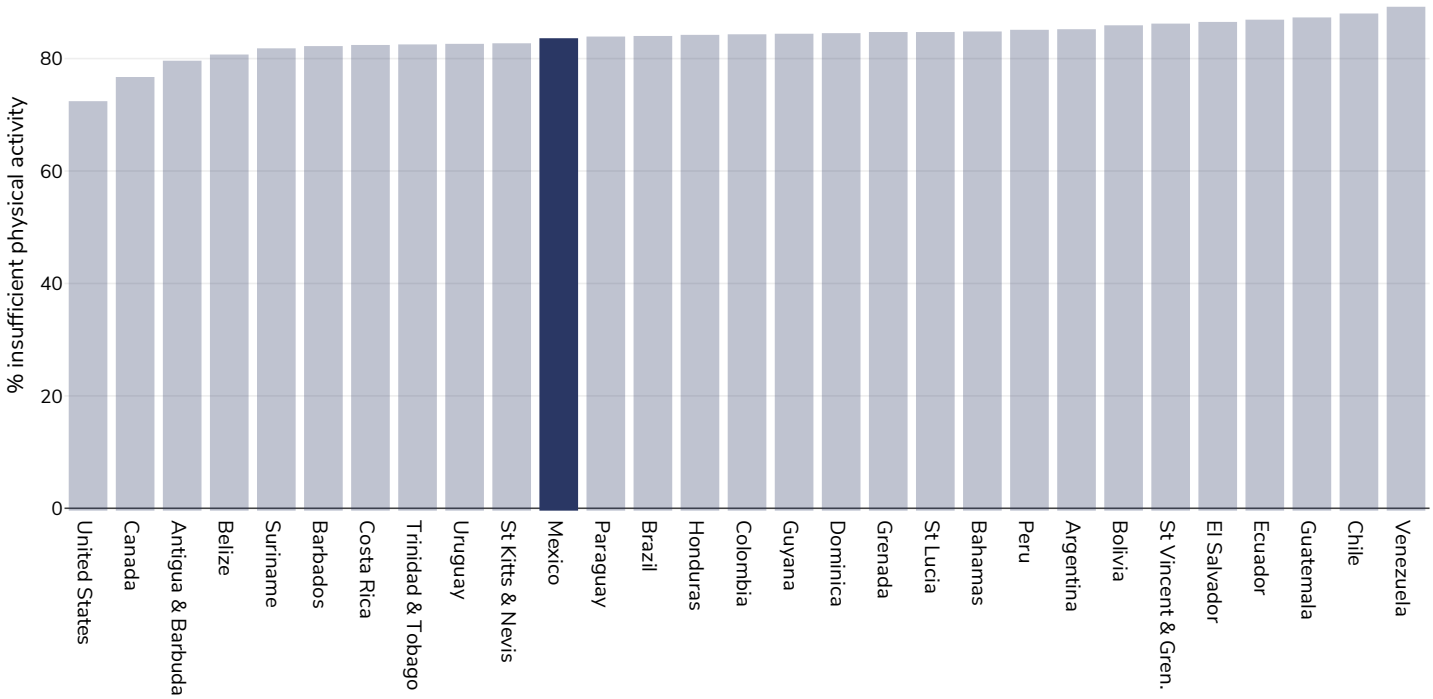
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

Women, 2016



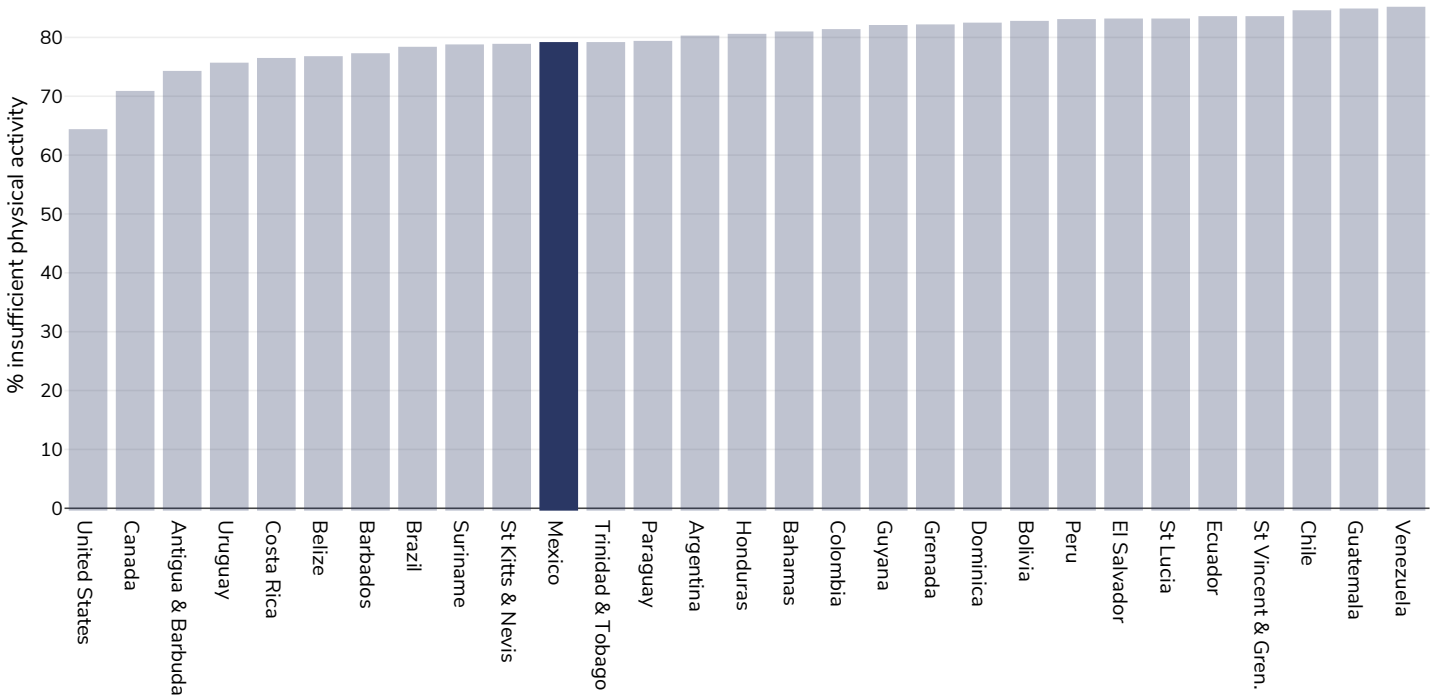
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

Children, 2016



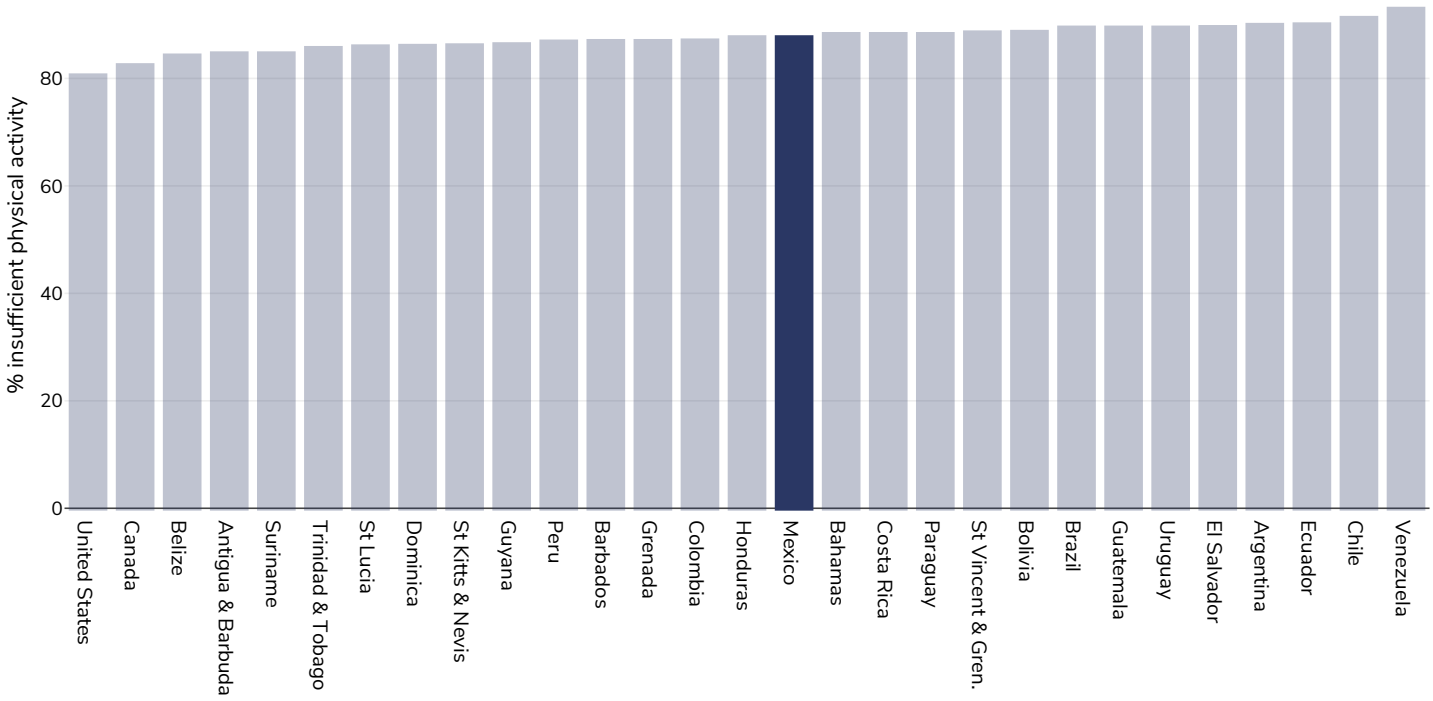
Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Boys, 2016



Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

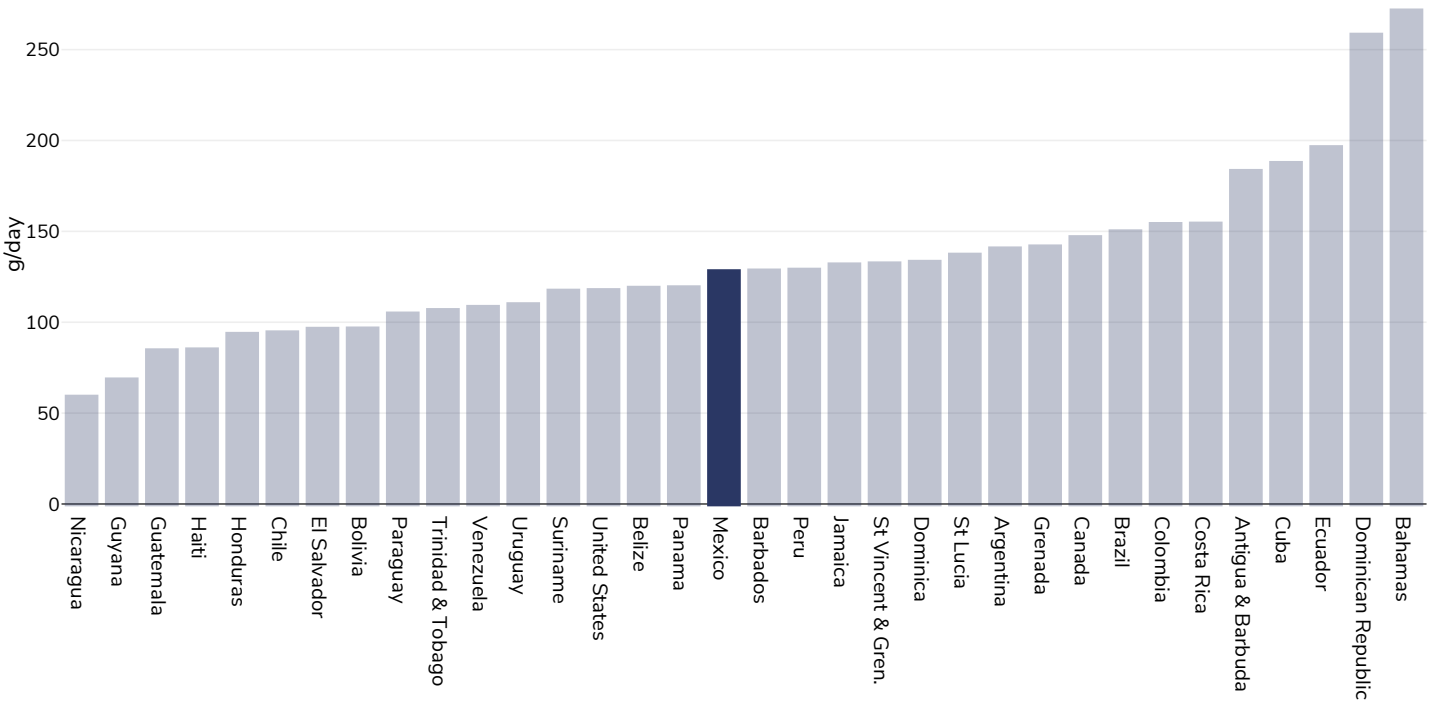
Girls, 2016



Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Estimated per capita fruit intake

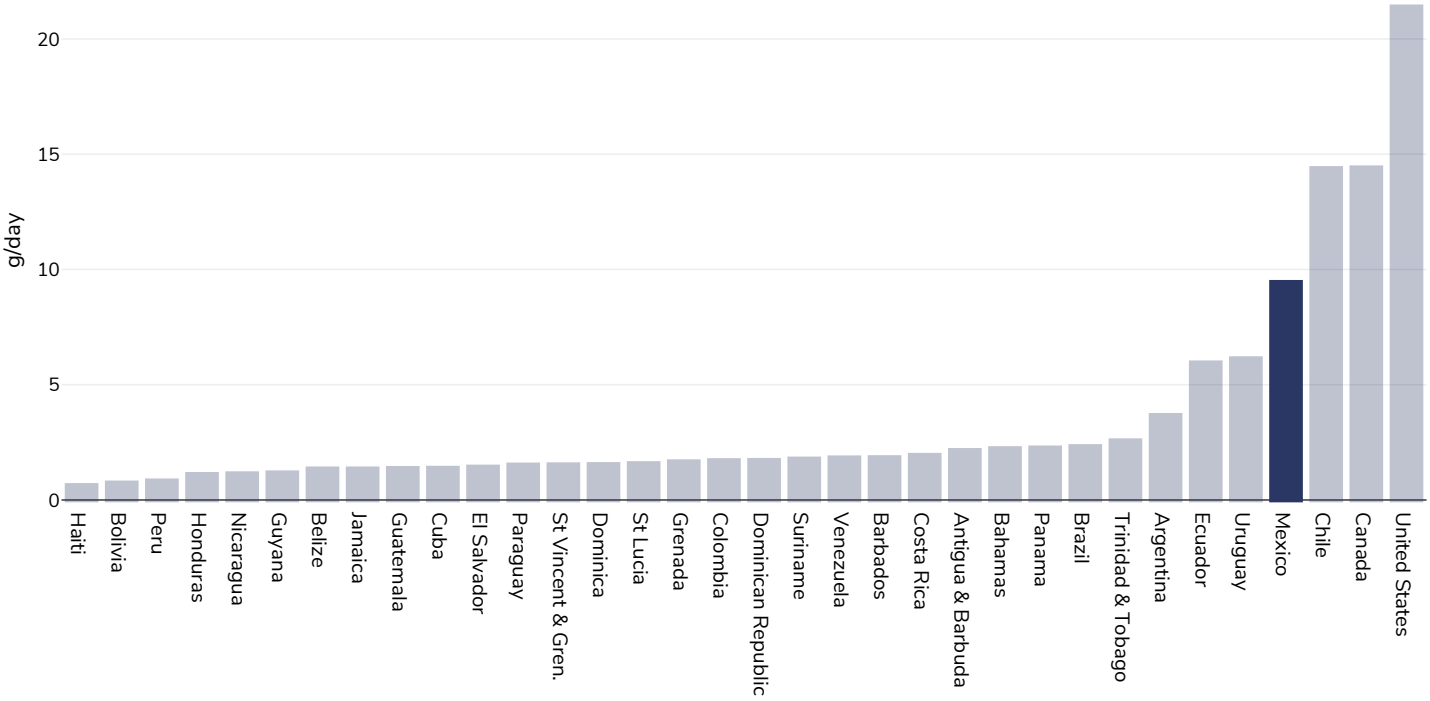
Adults, 2017



Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita fruit intake (g/day)

Estimated per-capita processed meat intake

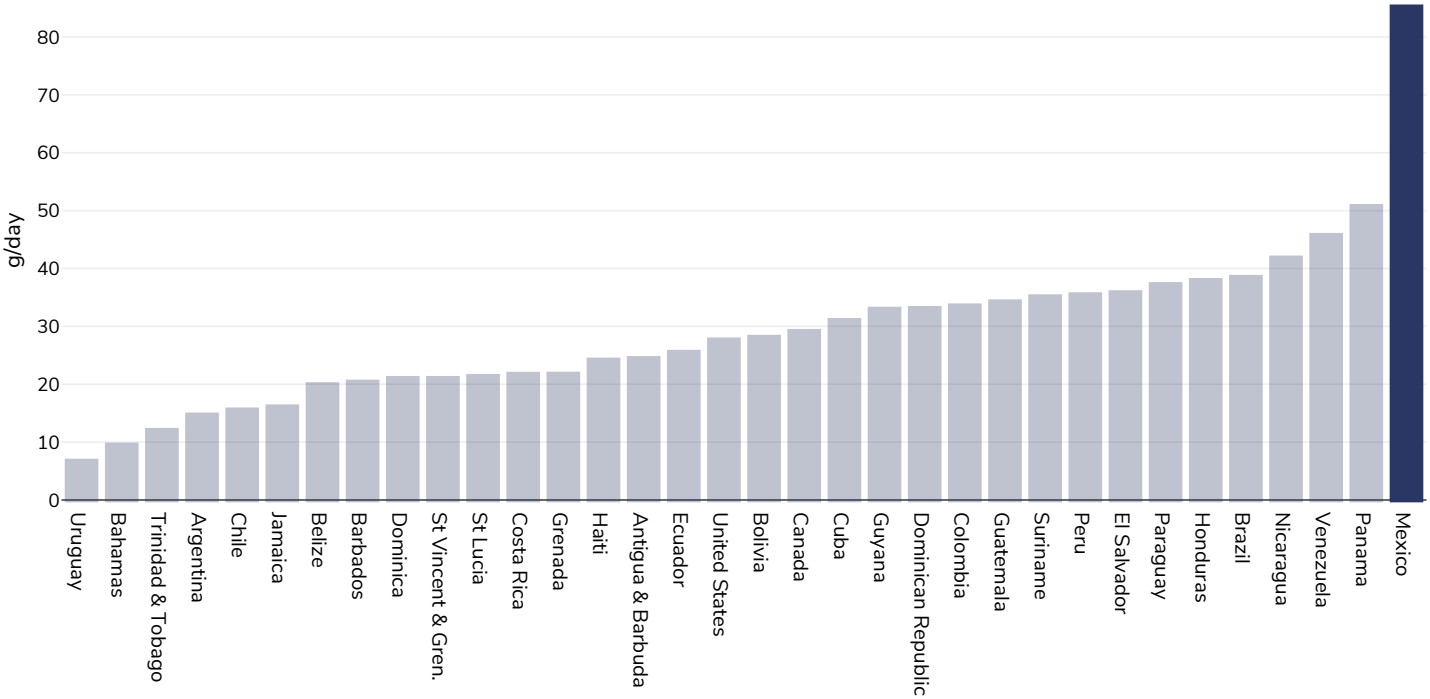
Adults, 2017



Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

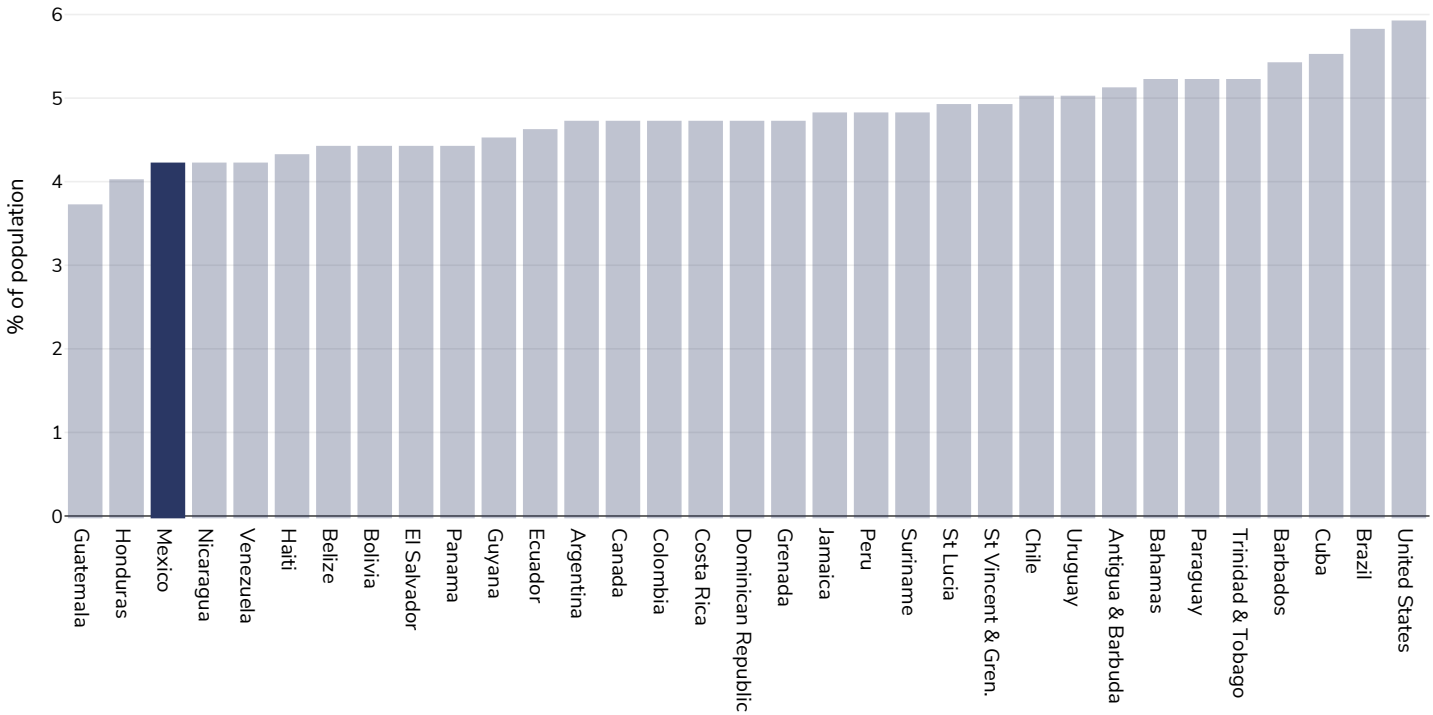
Adults, 2017



Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

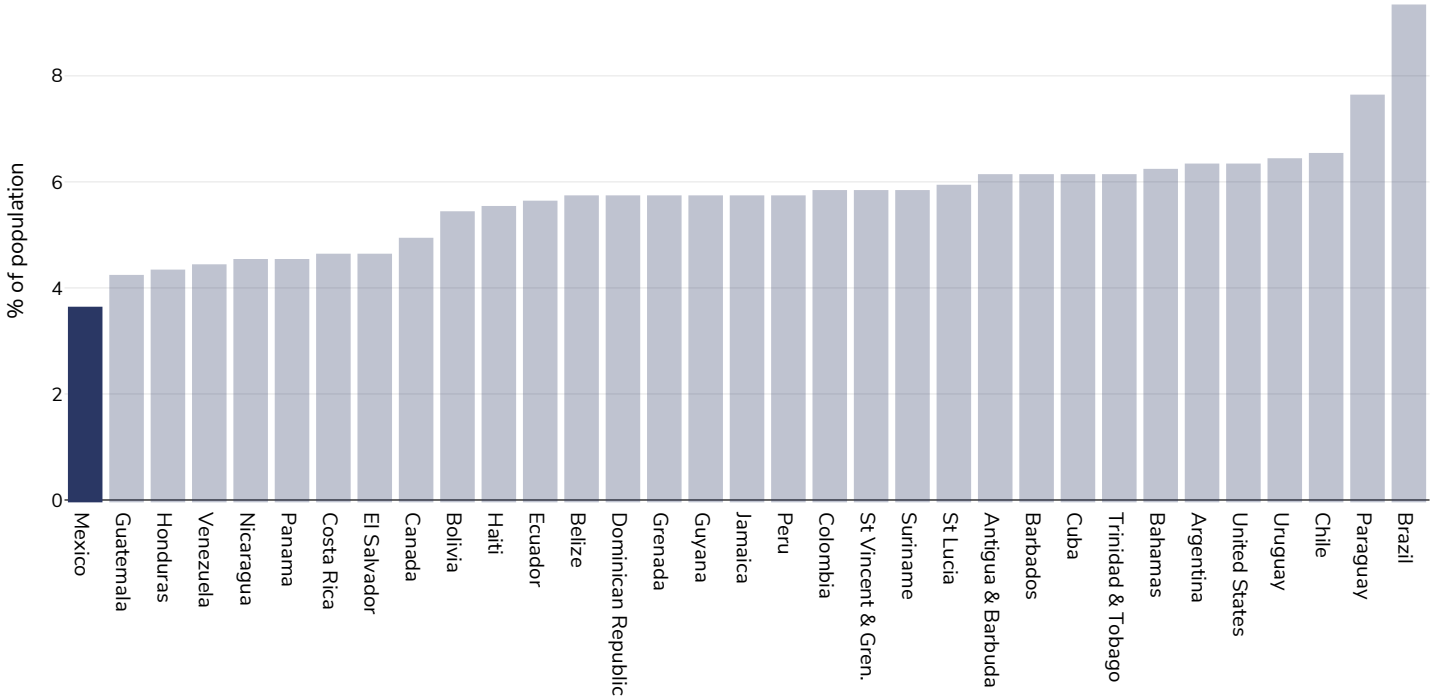
Adults, 2015



References:	Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.
Definitions:	% of population with depression disorders

Mental health - anxiety disorders

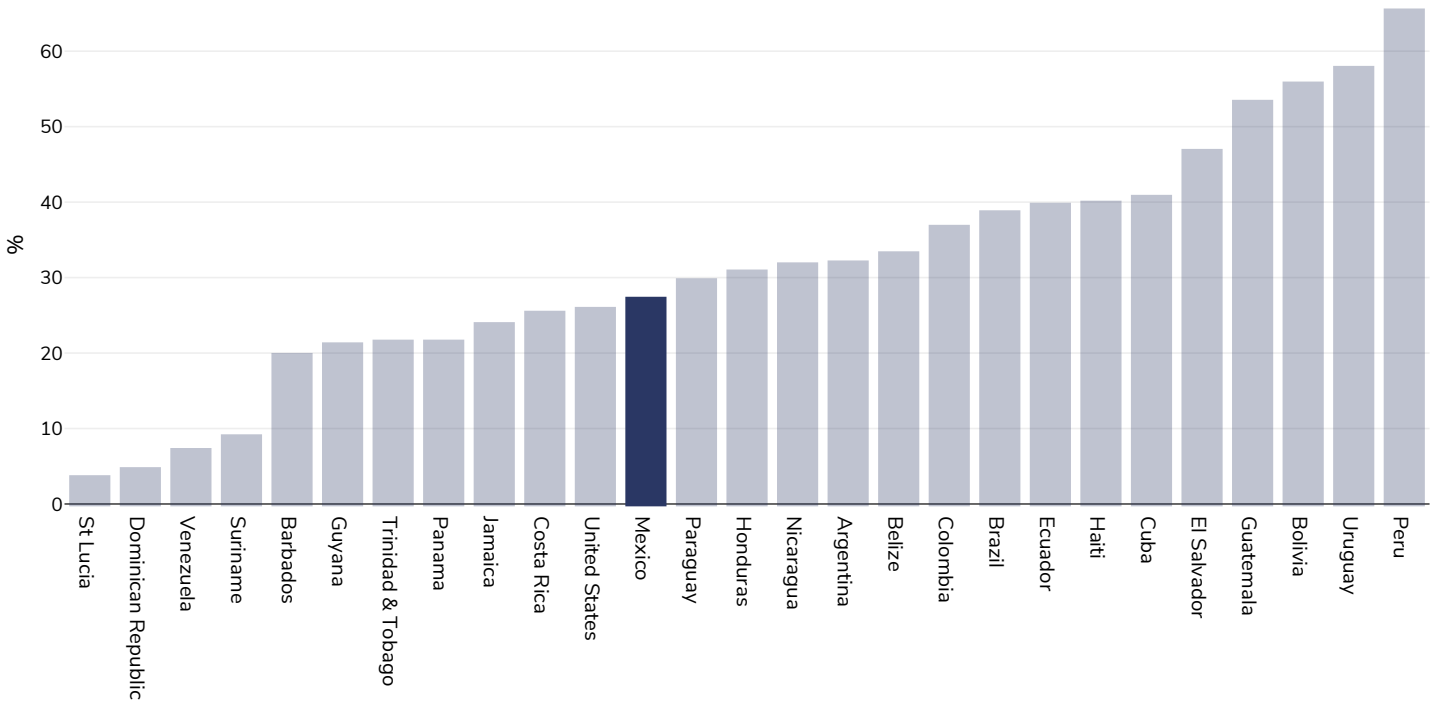
Adults, 2015



References:	Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.
Definitions:	% of population with anxiety disorders

% Infants exclusively breastfed 0-5 months

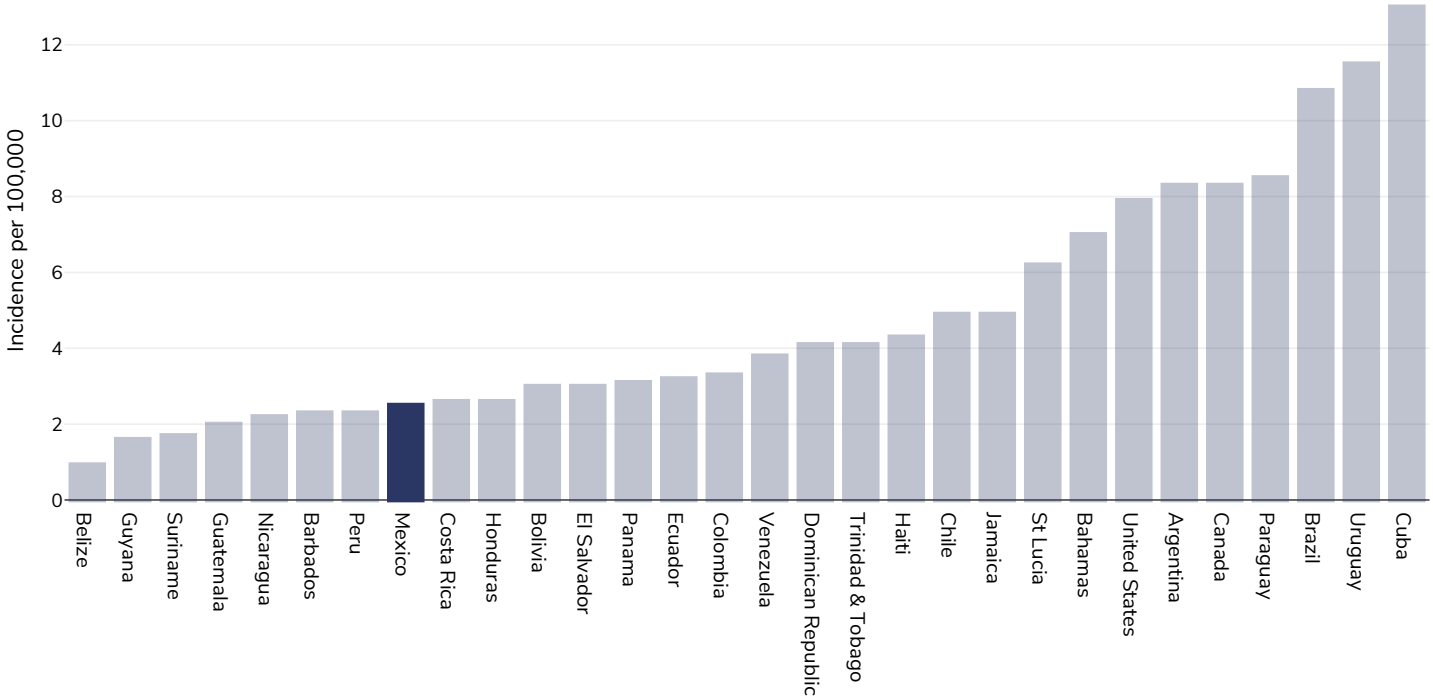
Children, 1998-2019



Area covered:	National
References:	Encuesta nacional de salud y nutrición 2018. Cuernavaca, México: Instituto Nacional de Salud Pública, 2019
Notes:	See UNICEF website for further survey information. Available at : https://data.unicef.org/resources/dataset/infant-young-child-feeding/ (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.
Definitions:	% exclusively breastfed 0-5 months

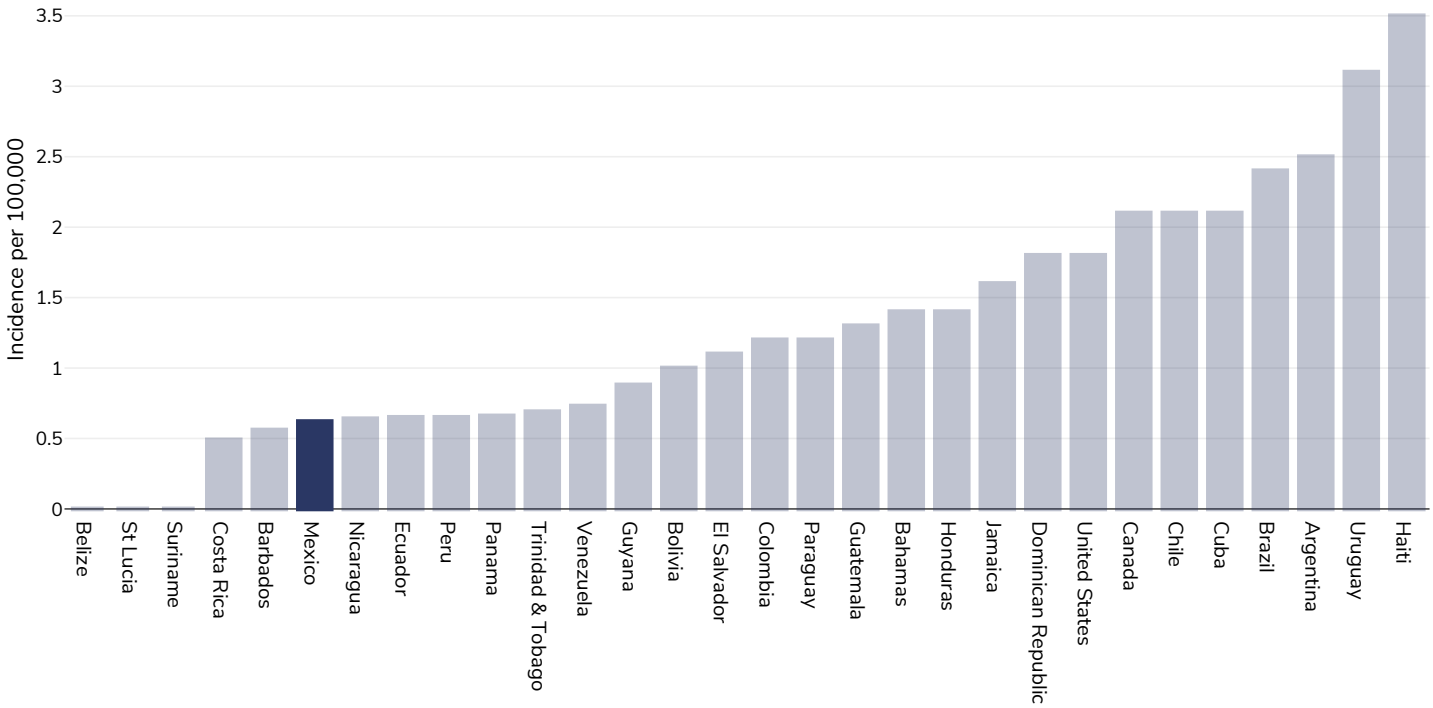
Oesophageal cancer

Men, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

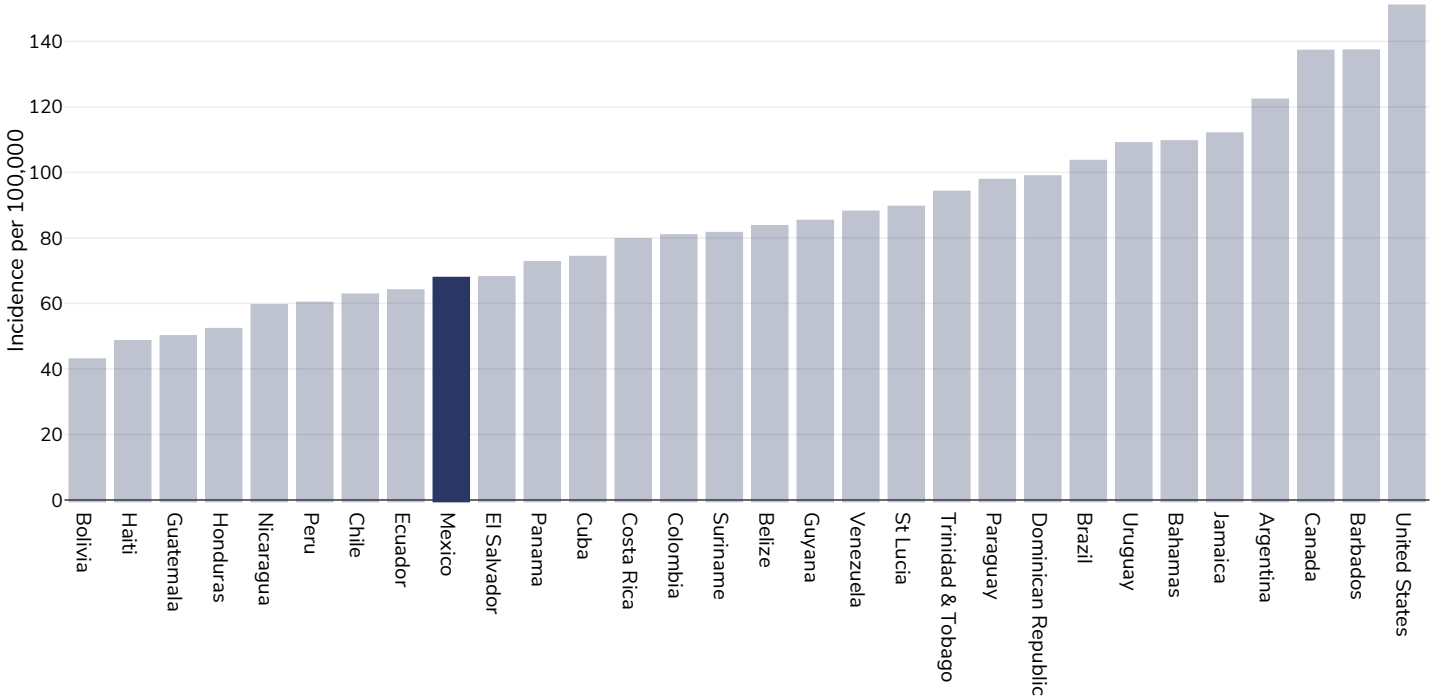
Women, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

Breast cancer

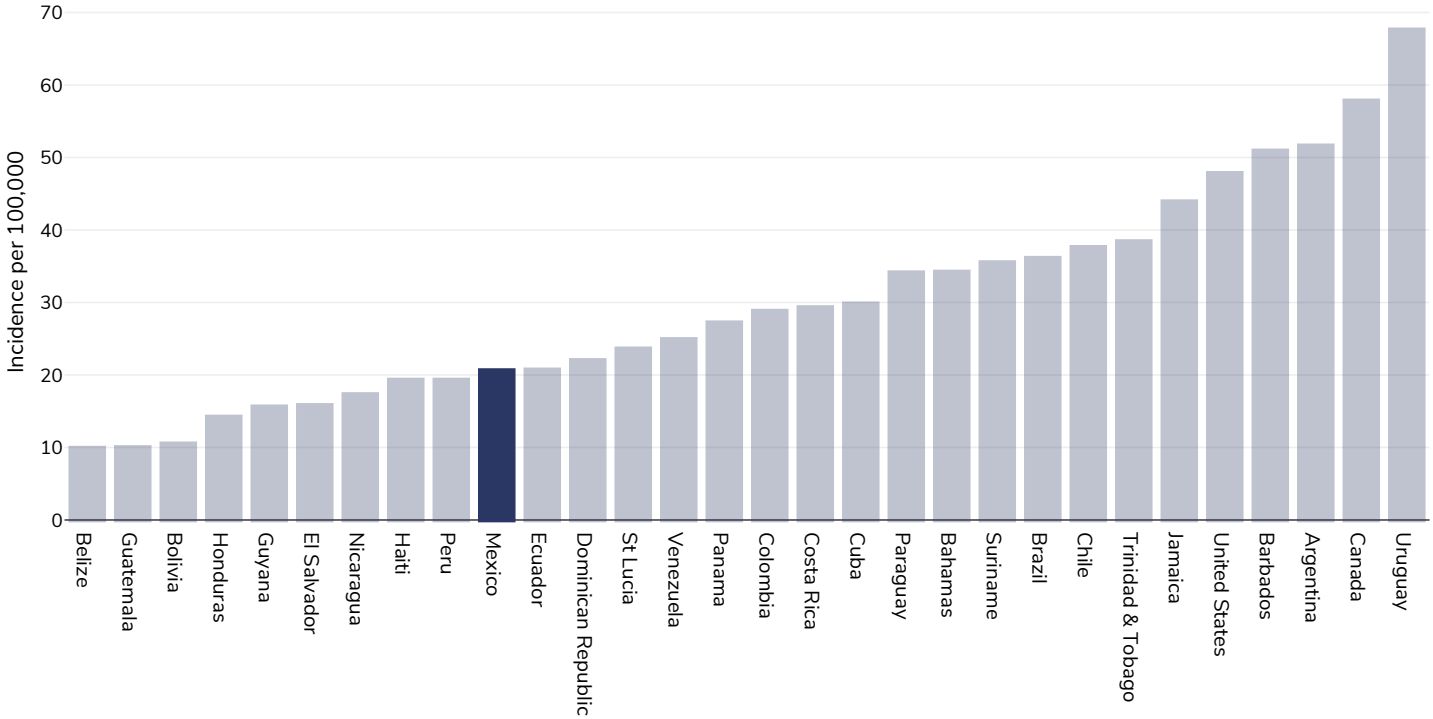
Women, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

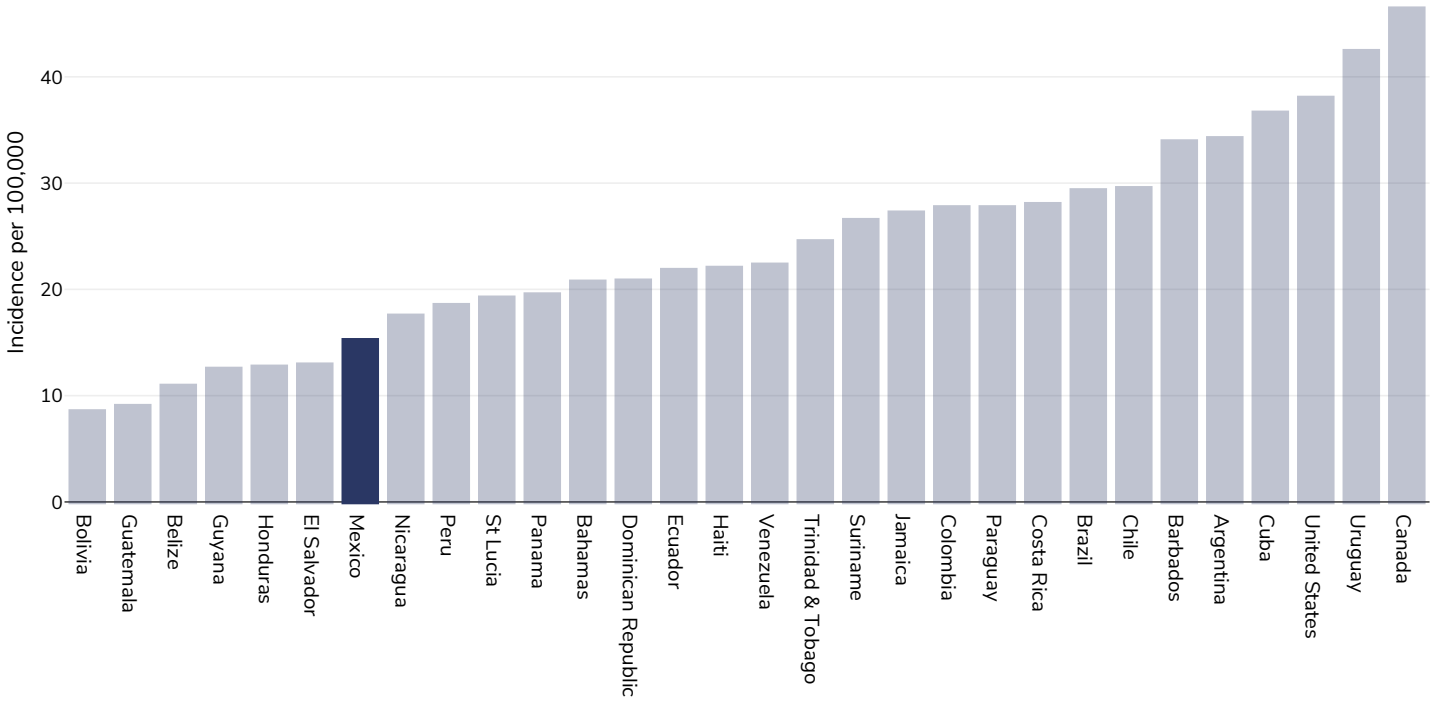
Colorectal cancer

Men, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

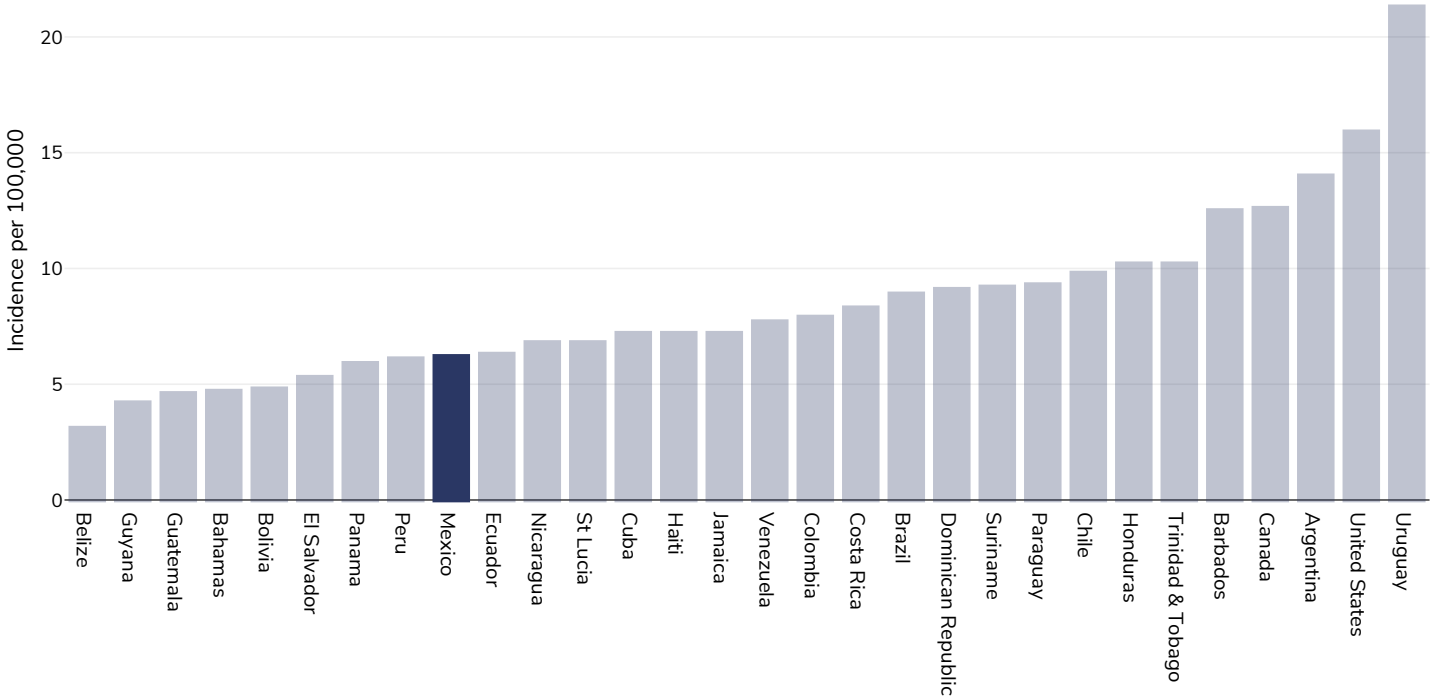
Women, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

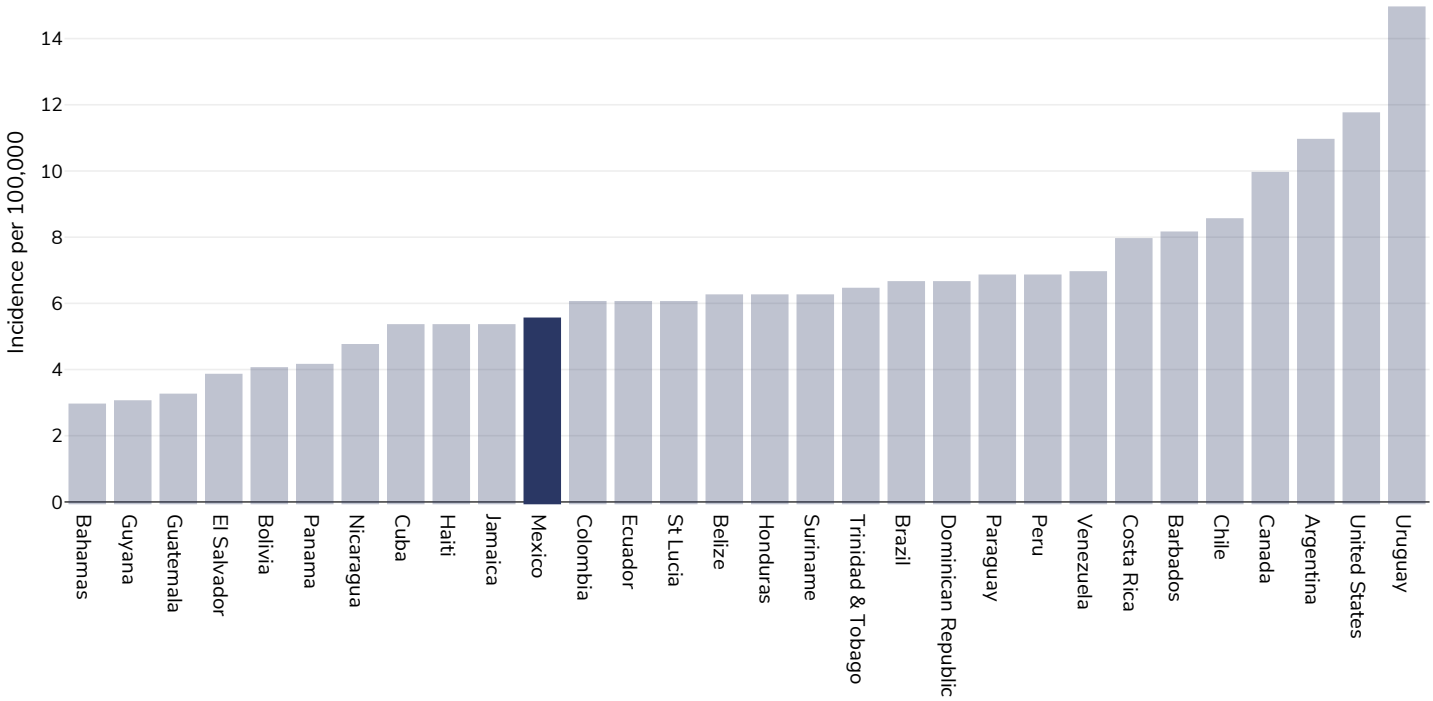
Pancreatic cancer

Men, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

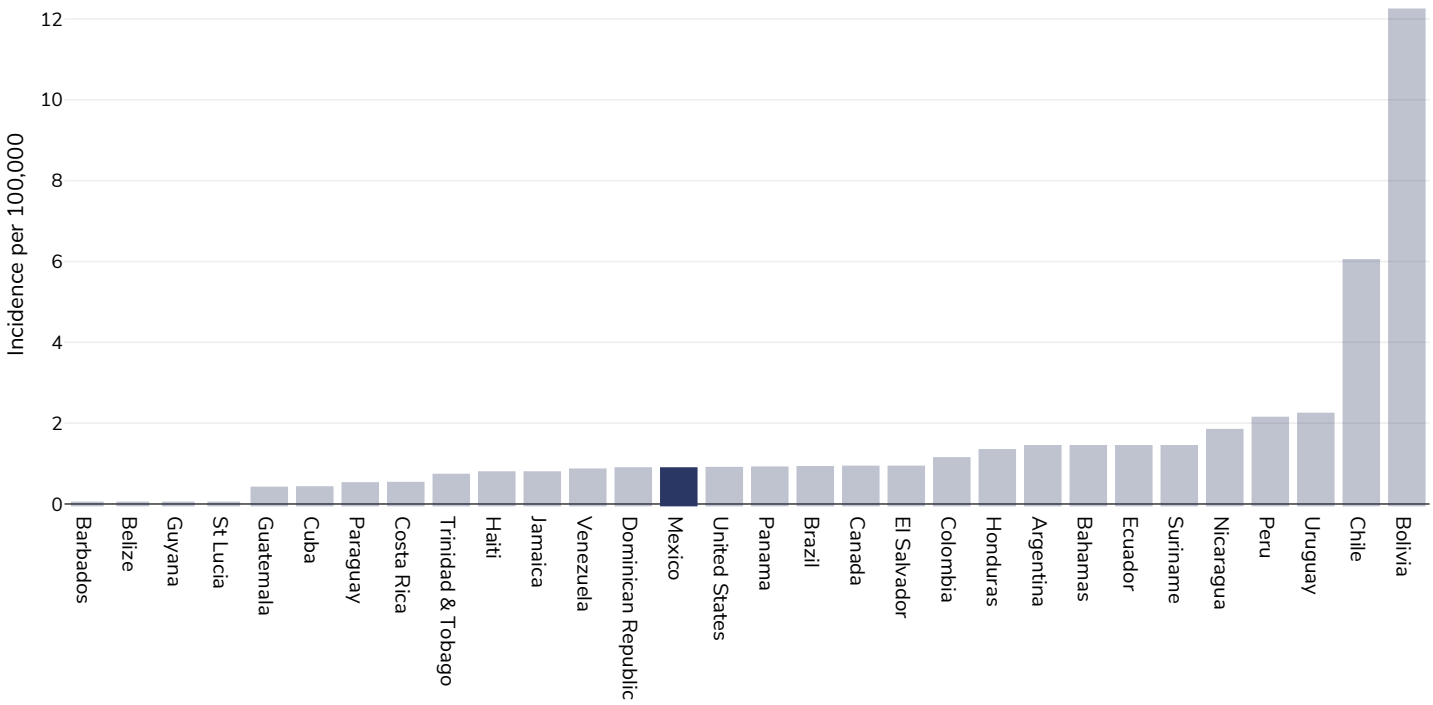
Women, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

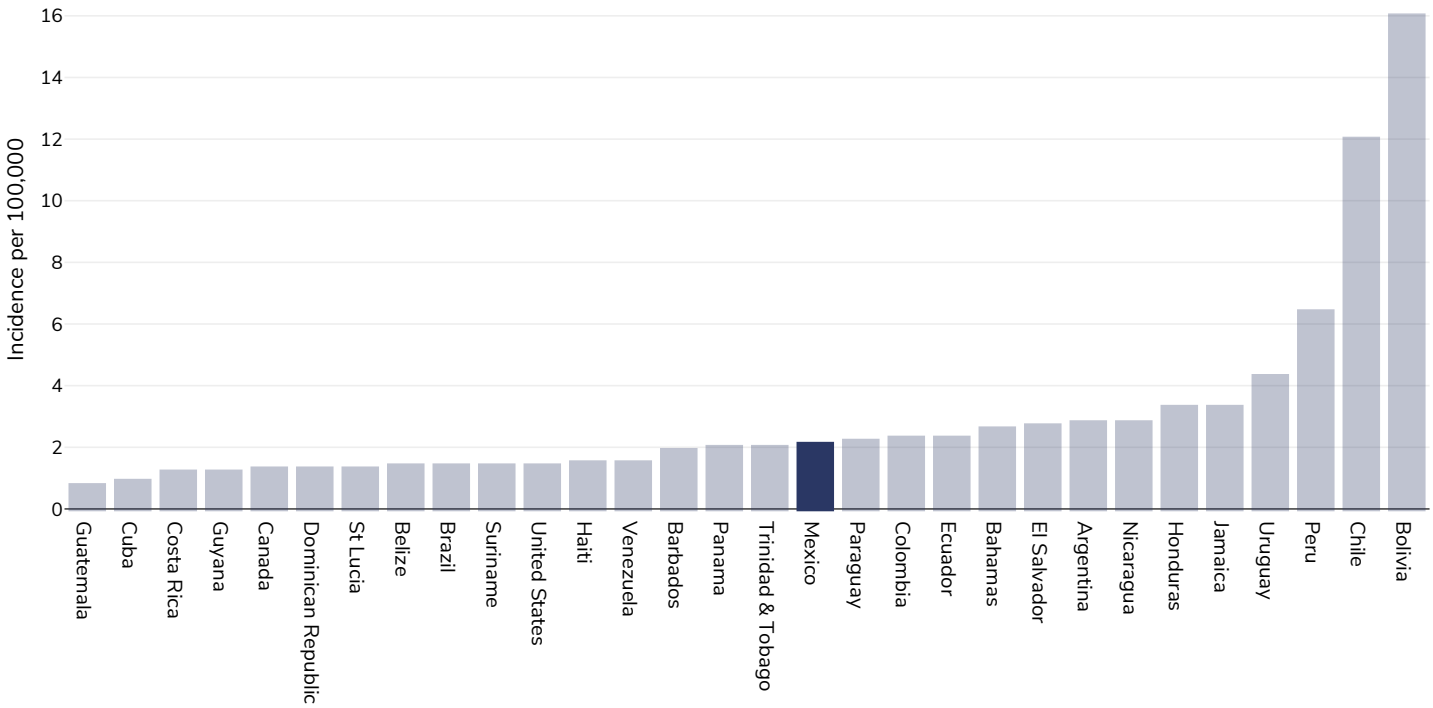
Gallbladder cancer

Men, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

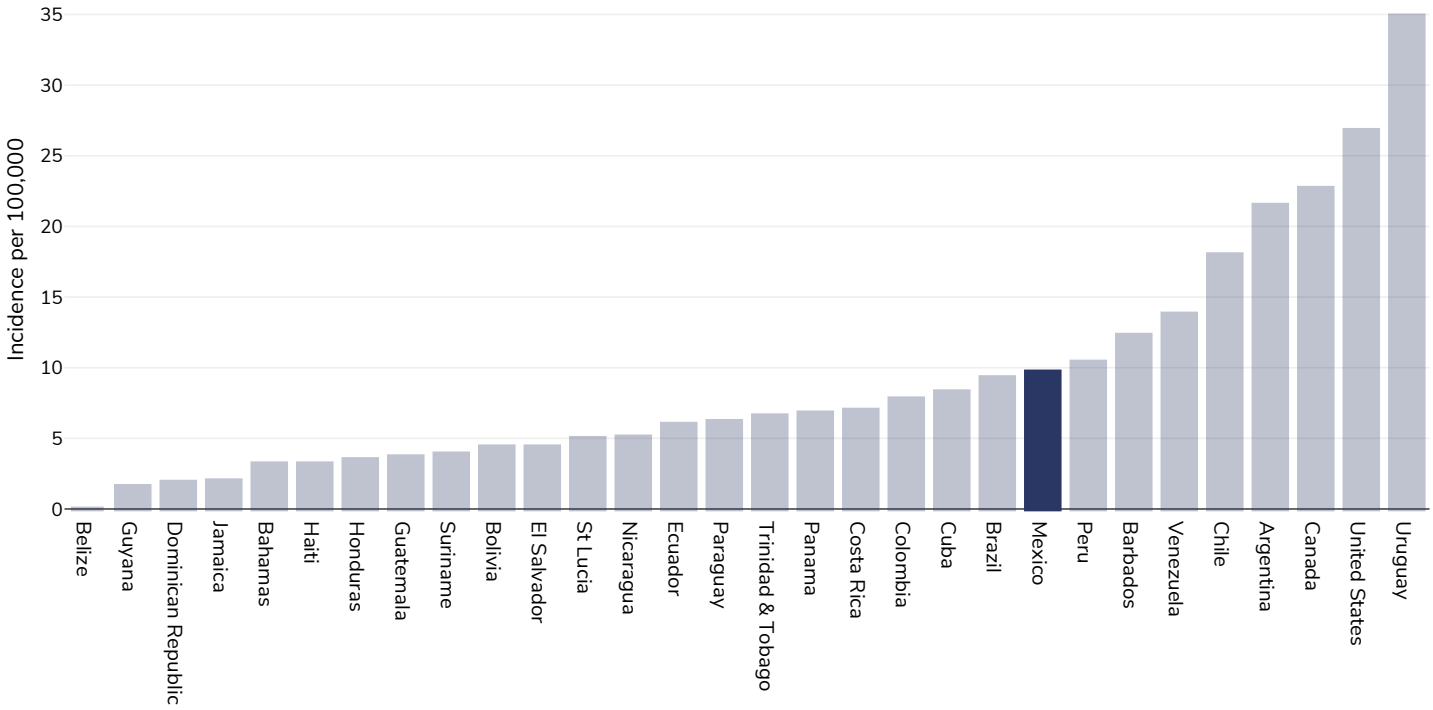
Women, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

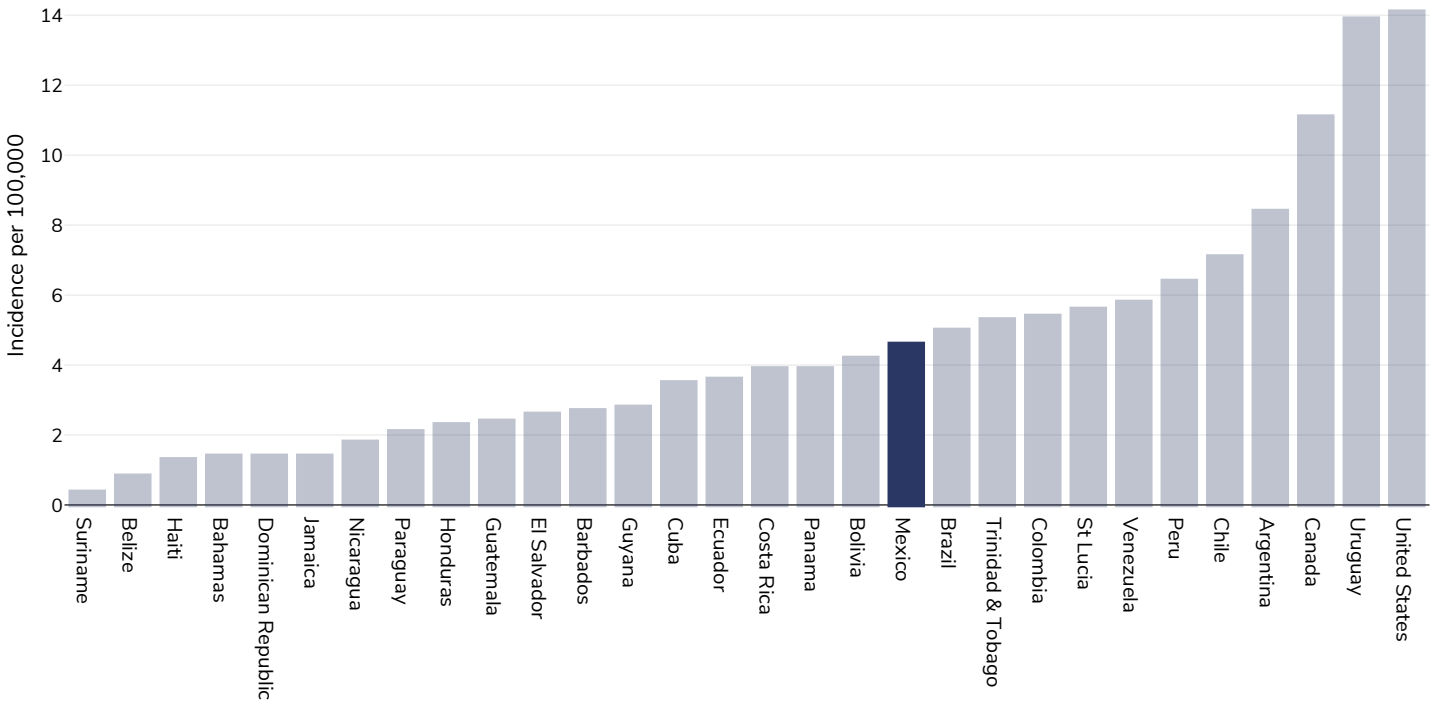
Kidney cancer

Men, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

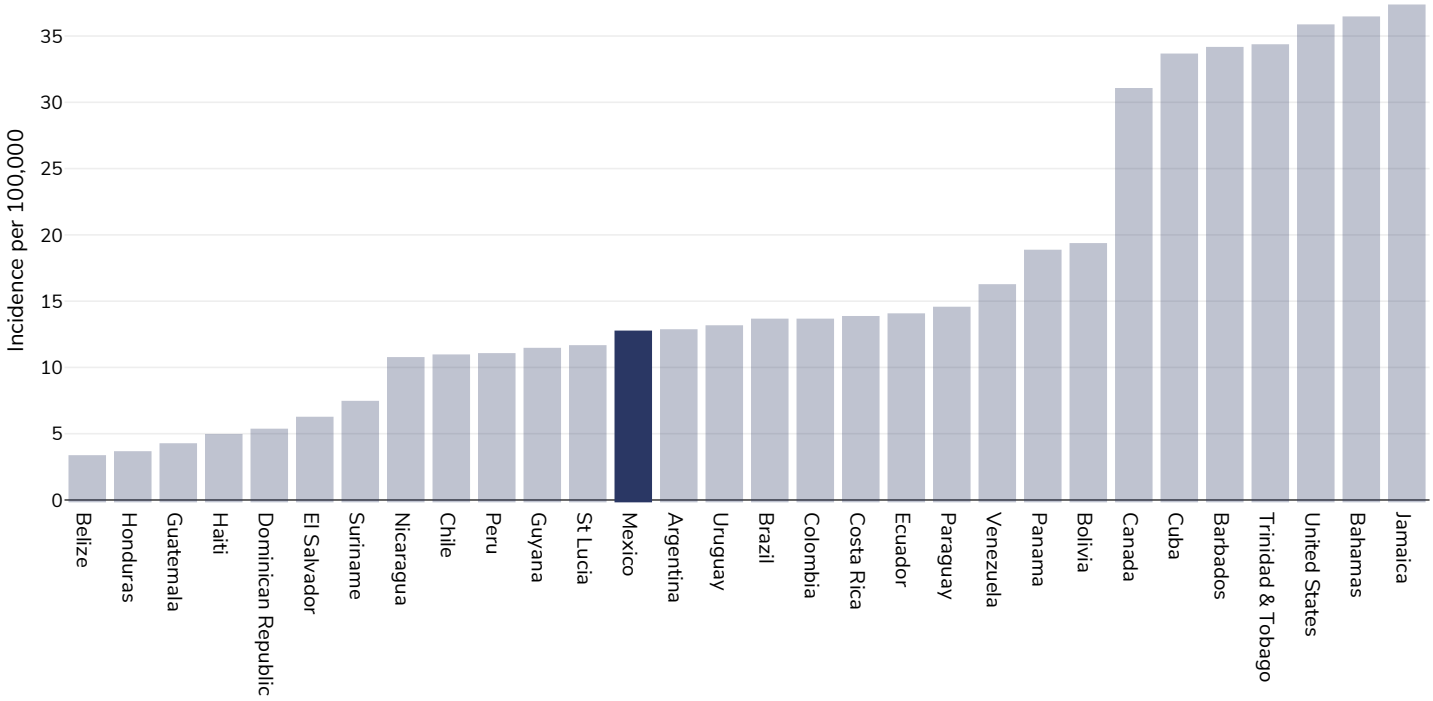
Women, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

Cancer of the uterus

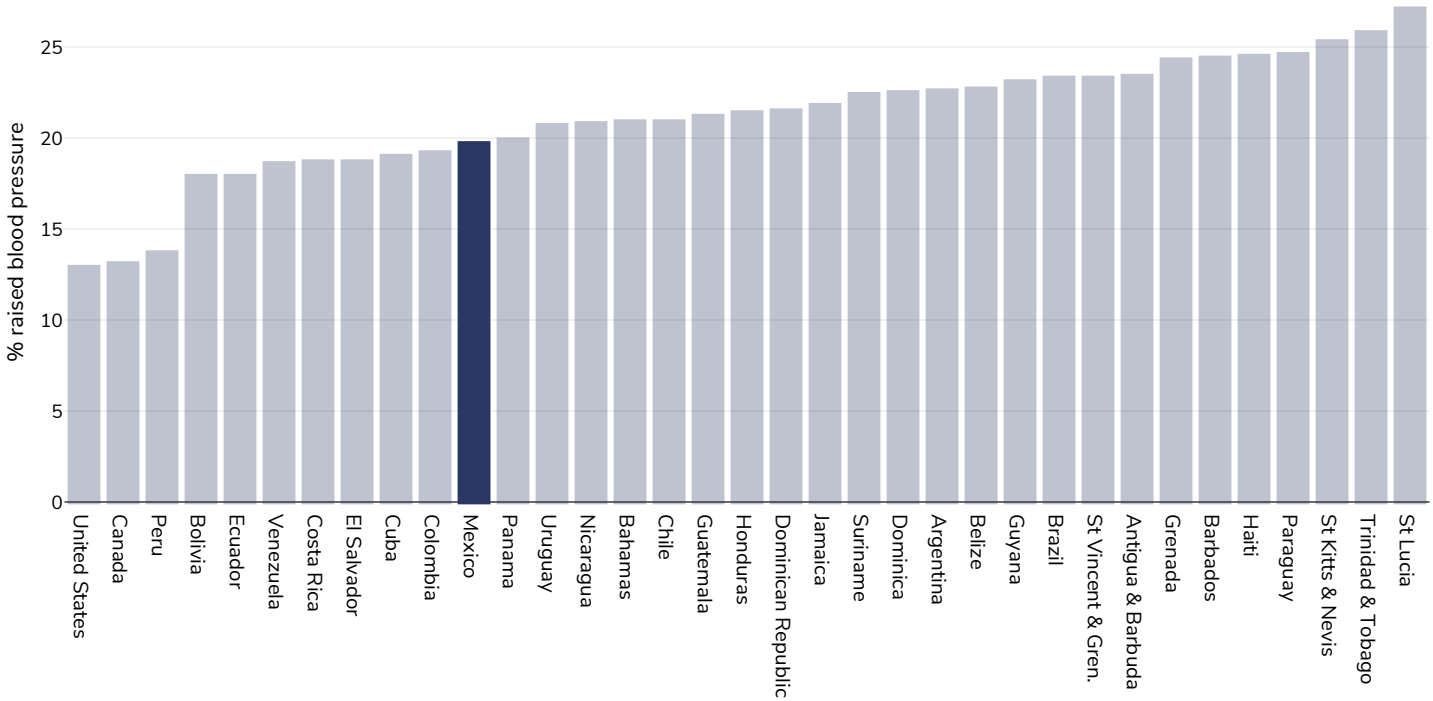
Women, 2020



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2243
Definitions:	Age-standardized indicence rates per 100 000

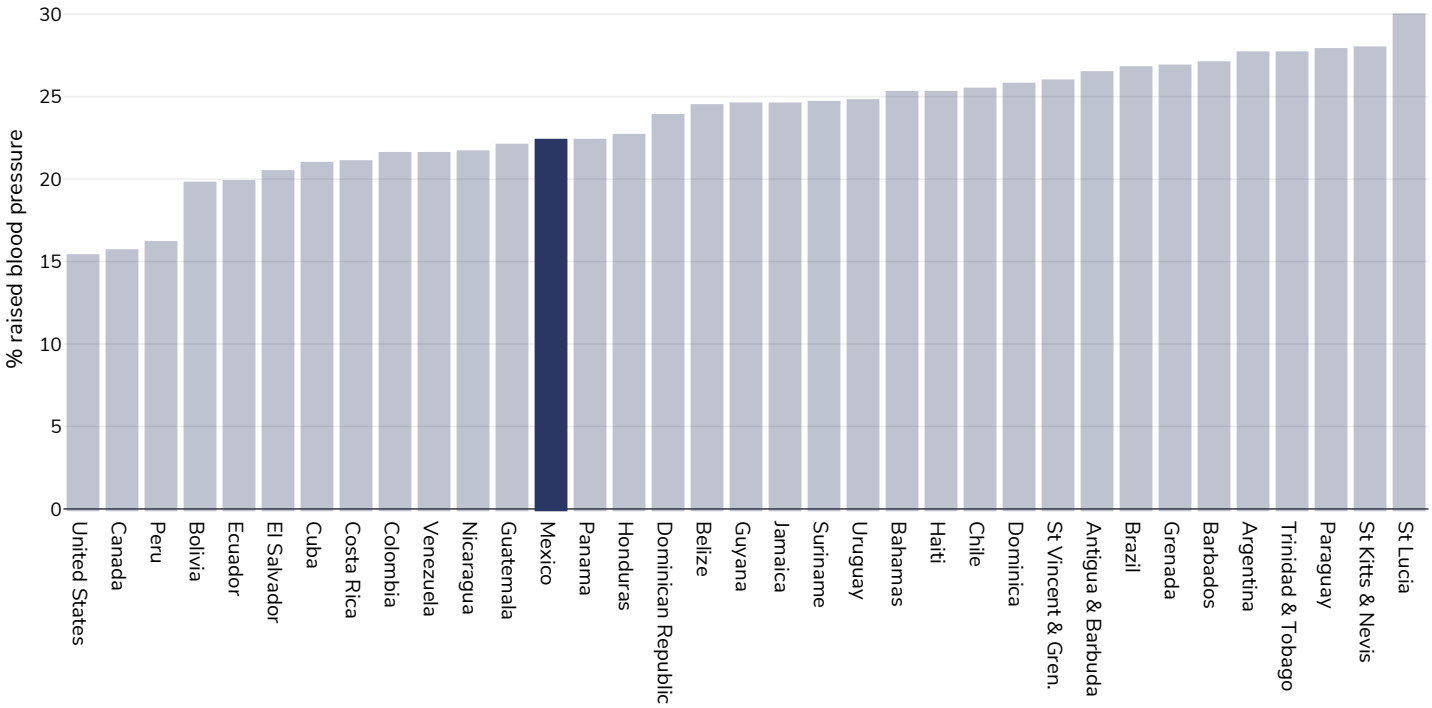
Raised blood pressure

Adults, 2015



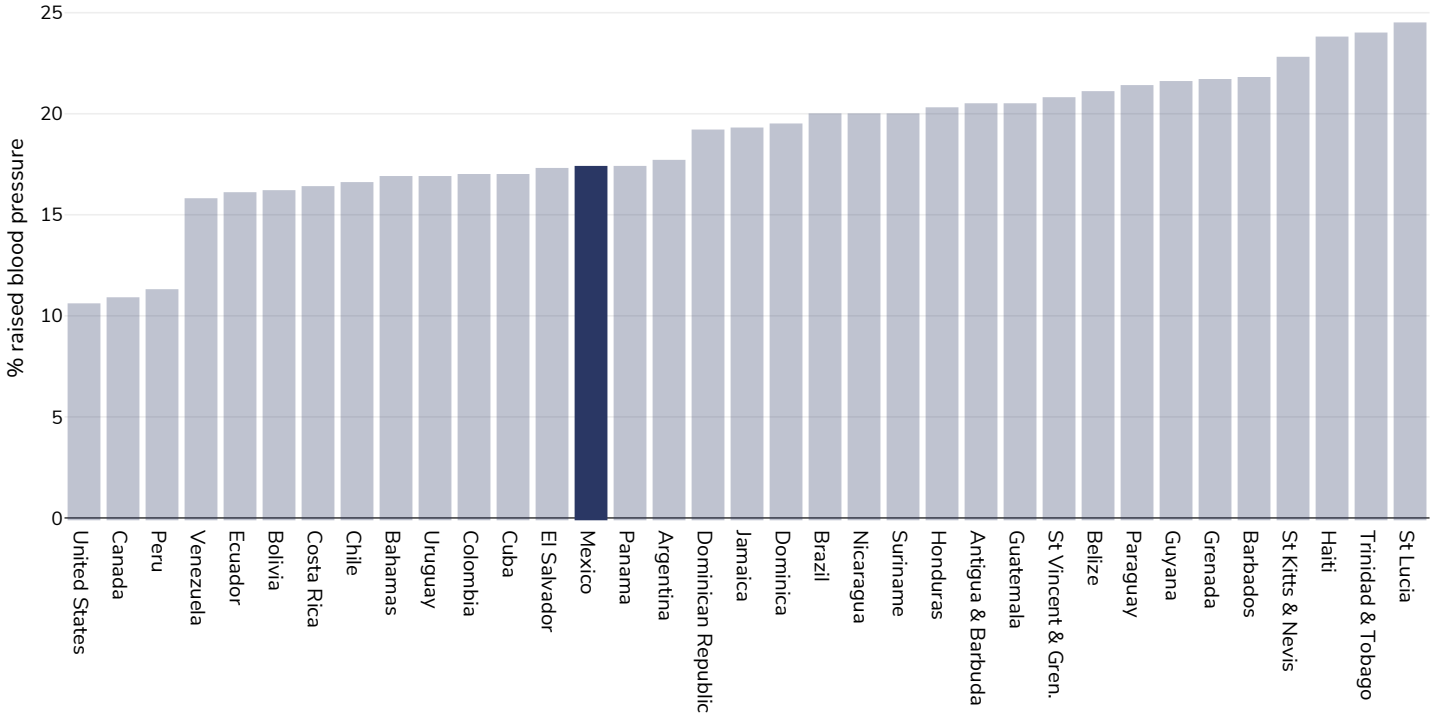
References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Definitions:	Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Men, 2015



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Definitions:	Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Women, 2015

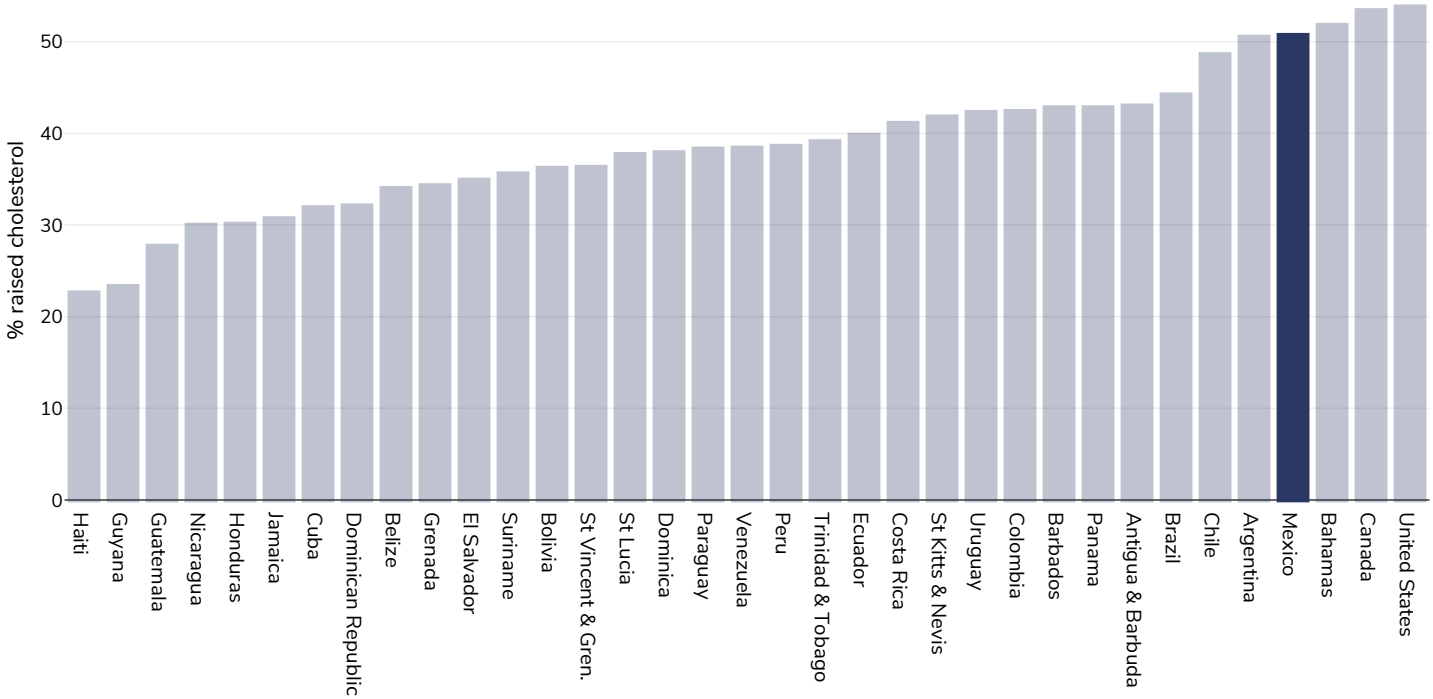


References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

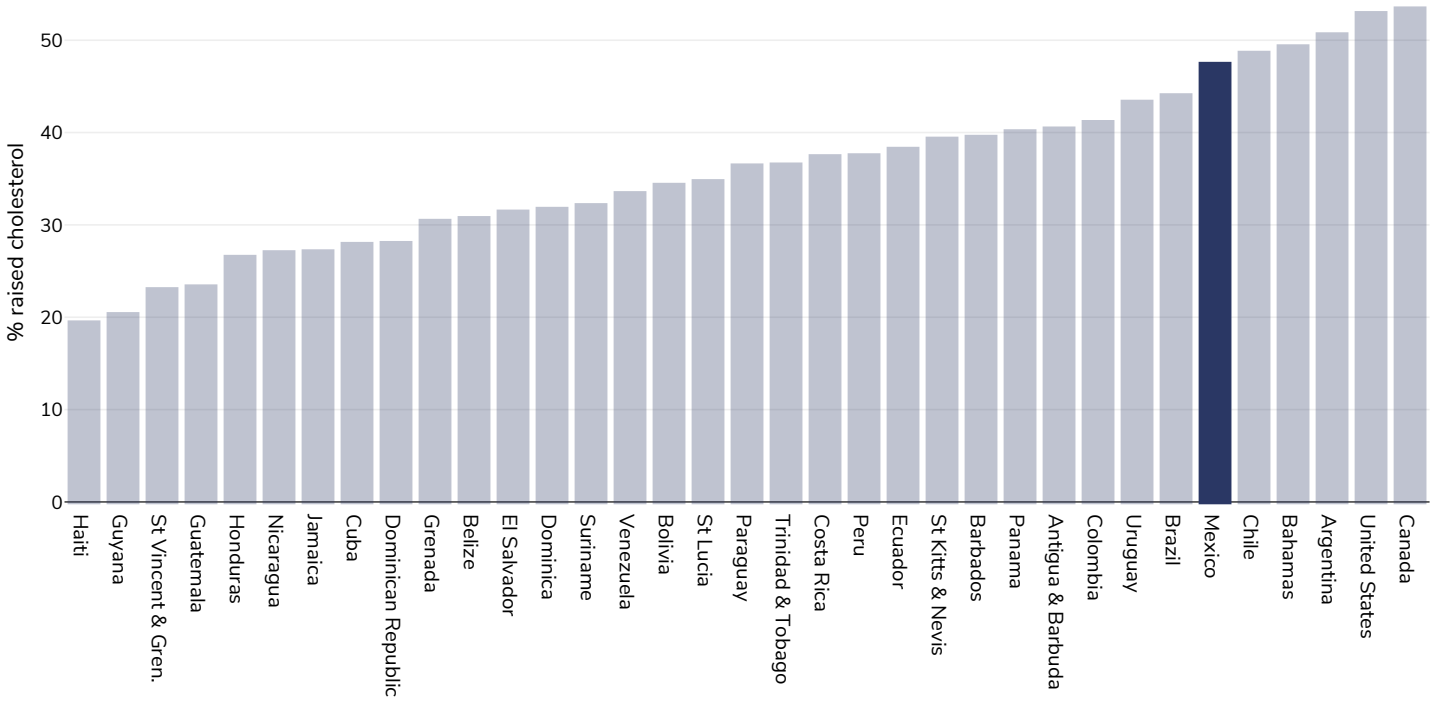
Raised cholesterol

Adults, 2008



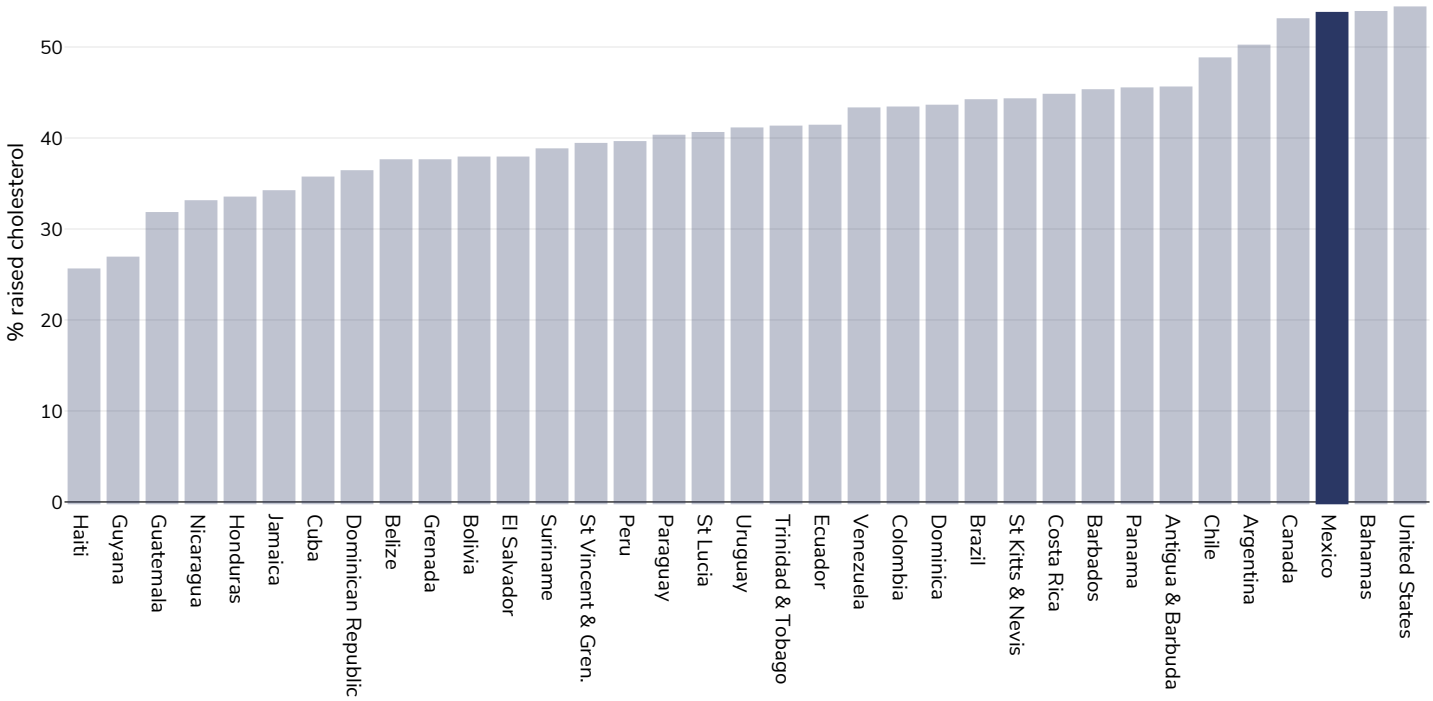
References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

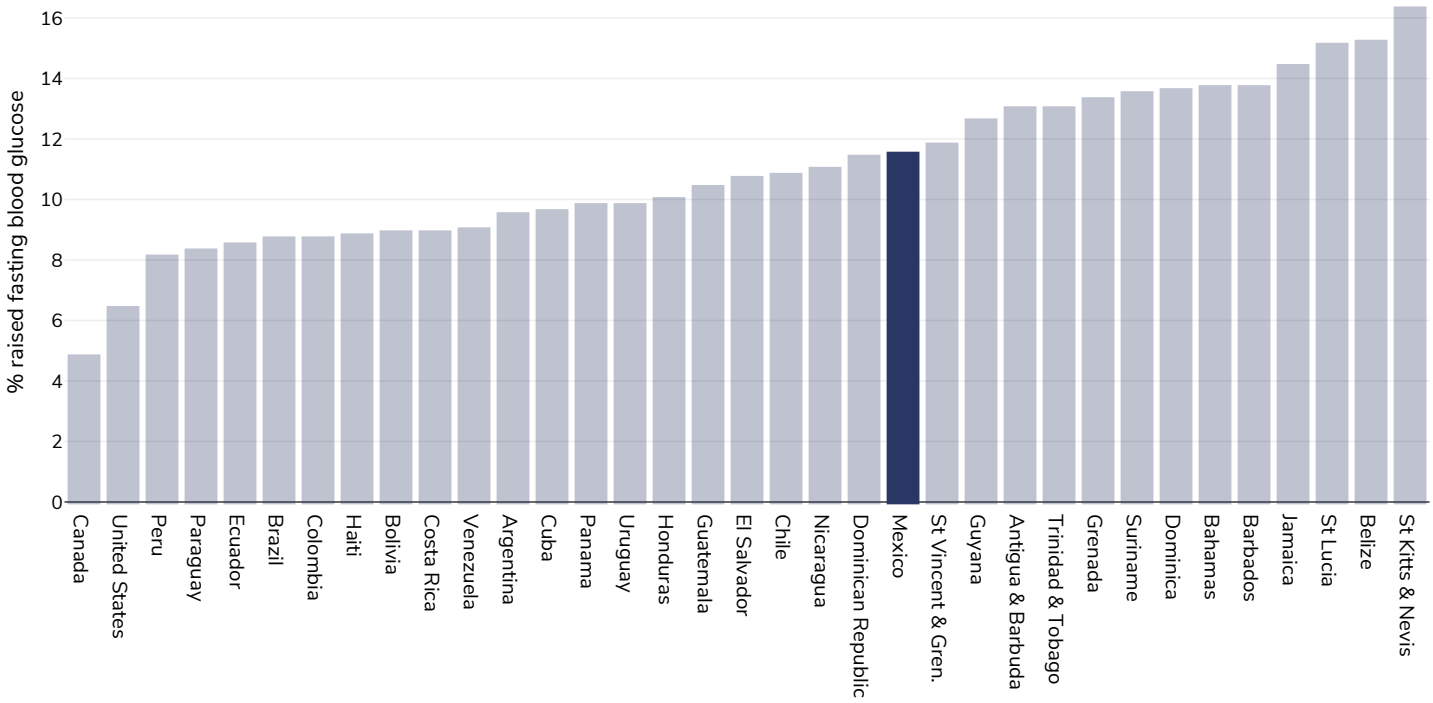
Women, 2008



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

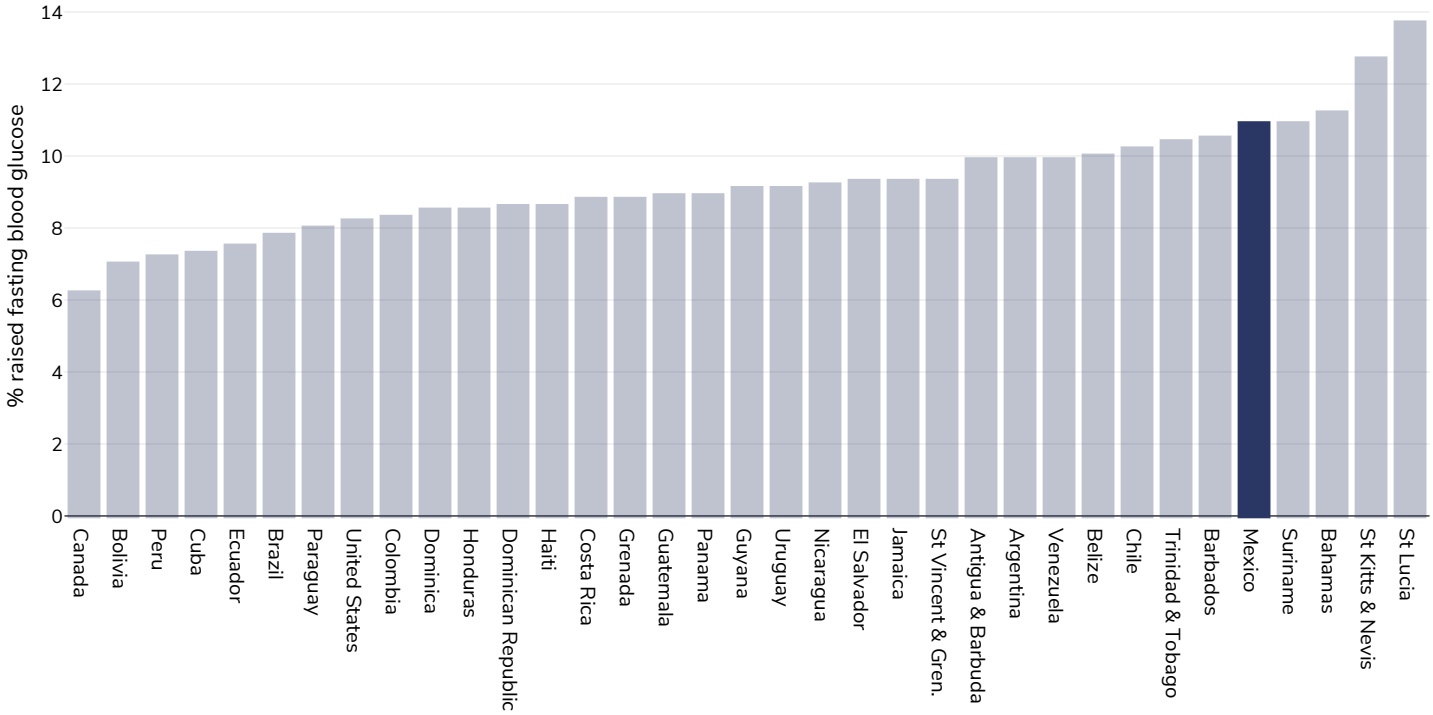
Raised fasting blood glucose

Men, 2014



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitions:	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

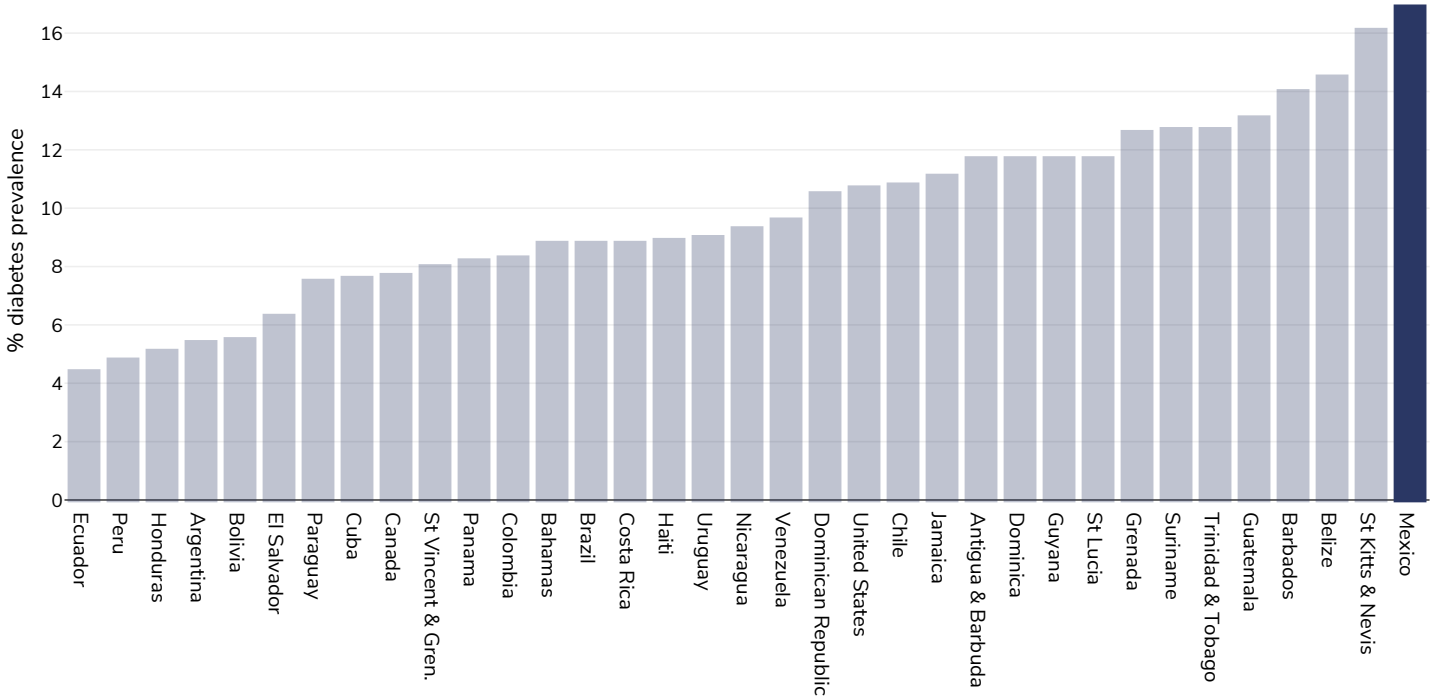
Women, 2014



References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitions:	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2021



Age:	20-79
Area covered:	National
References:	Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org
Definitions:	Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	✓
Back-of-pack nutrition declaration?	✓
Color coding?	✗
Warning label?	✓

Regulation and marketing

Are there fiscal policies on unhealthy products?	✓
Tax on unhealthy foods?	✓
Tax on unhealthy drinks?	✓
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✓
Mandatory limit of trans fats in place (all settings)?	✓
Ban on trans-fats or phos in place (all settings)?	✗
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✓
Mandatory restriction on broadcast media?	✓
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✓v
Are there mandatory standards for food in schools?	✓
Are there any mandatory nutrient limits in any manufactured food products?	✗
Nutrition standards for public sector procurement?	✗

Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✓
National obesity strategy?	✓
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	✓
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	✓

Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓

Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✓

Key

✓ **Present** ✓v **Present (voluntary)** ✓ **Incoming** ✗ **Absent** ? **Unknown**

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