



# Mexico



## Country report card - under-5s

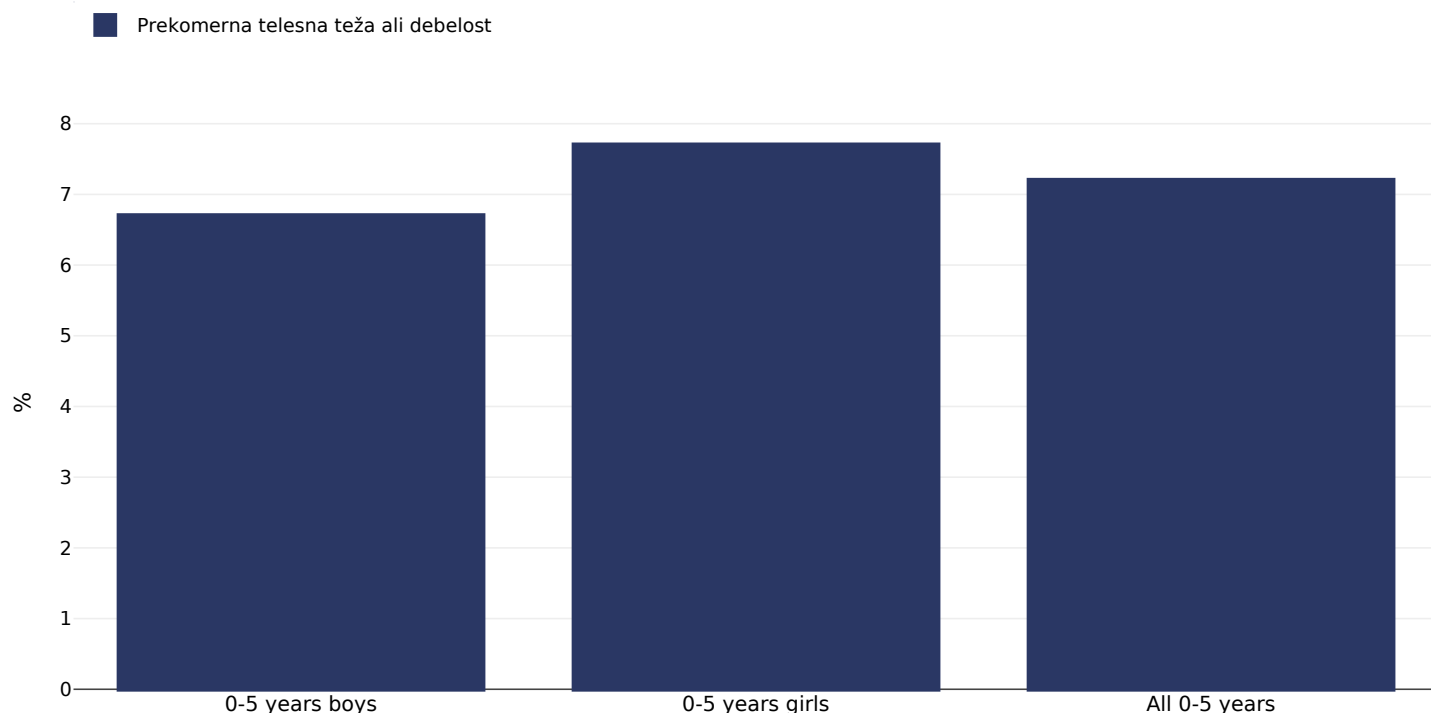
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/mexico-139/>.*



## Razširjenost debelosti

### 0-5 years, 2021



Starost: 0-5

Obseg vzorcev: 9771967

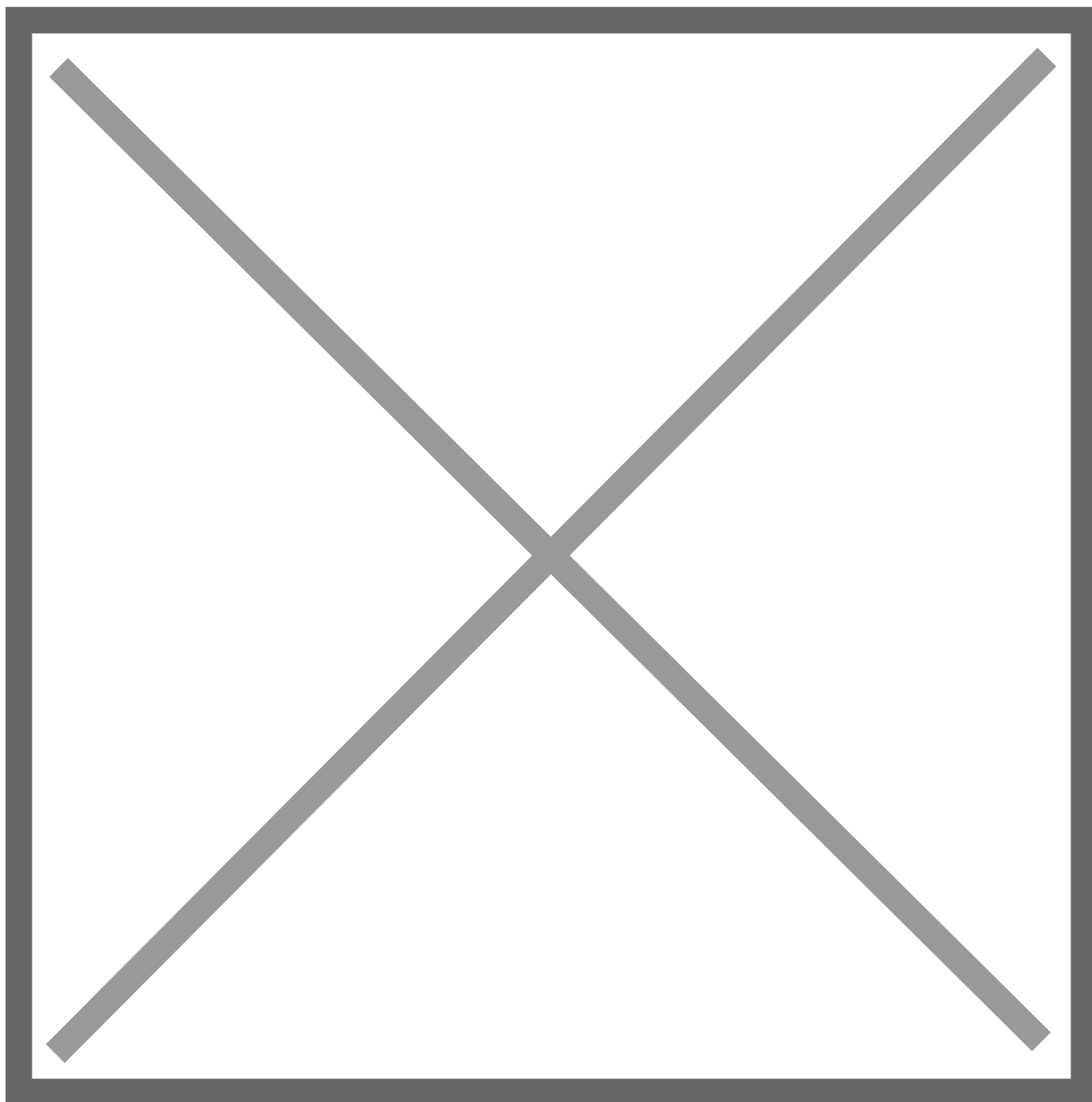
Literatura: Other: Encuesta Nacional de Salud y Nutrición Continua, Mexico 2021

**Opombe (na voljo samo v angleščini):** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definicije (na voljo samo v angleščini):** => +2SD

## Prekomerna telesna teŹa/debelost glede na izobrazbo

### 0-5 years, 2020



**Obseg  
vzorcev:**

9891242

**Literatura:**

Other: Encuesta Nacional de Salud y Nutrici3n Continua COVID-19, Mexico 2020

**Opombe (na  
voljo samo v  
angleščini):**

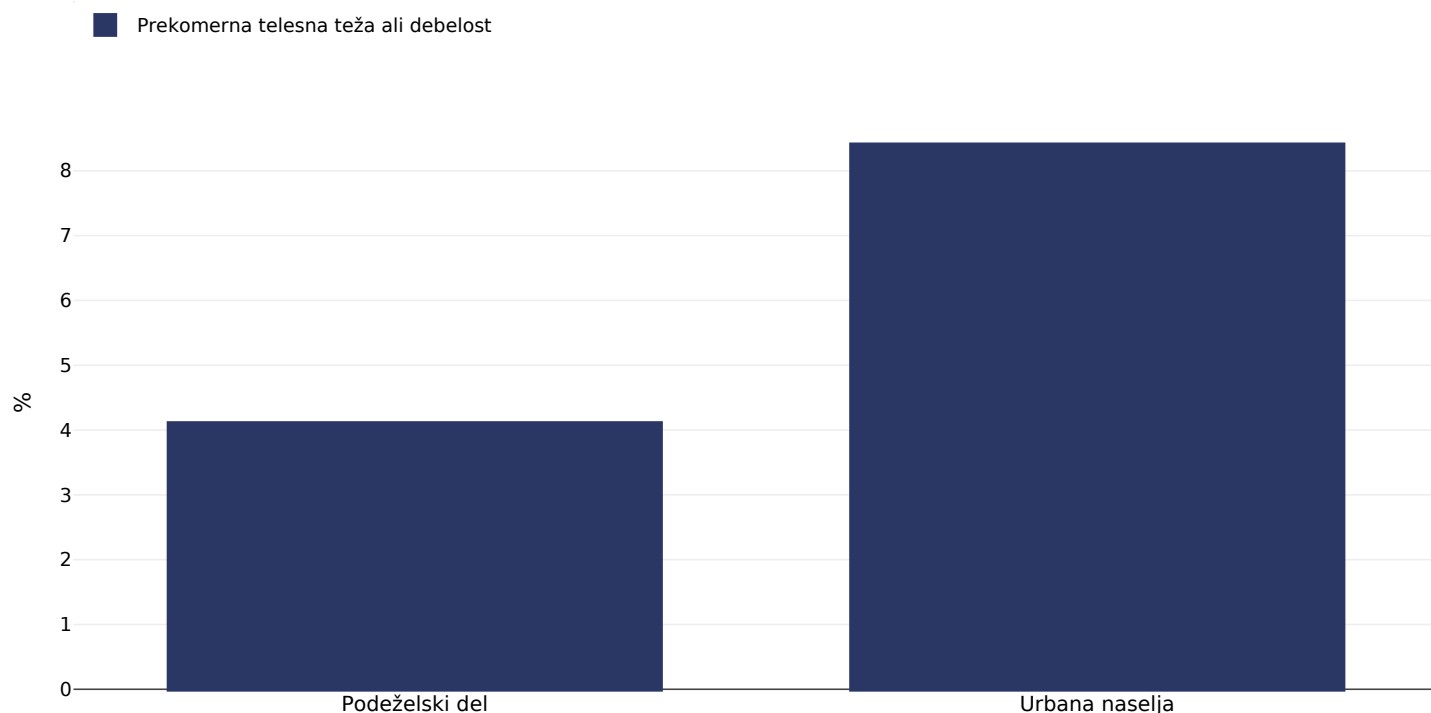
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definicije (na  
voljo samo v  
angleščini):**

=>+2SD

## Prekomerna telesna teža<sup>3/4</sup>/debelost glede na regijo

0-5 years, 2021



Obseg  
vzorcev:

9771967

Literatura:

Other: Encuesta Nacional de Salud y Nutrición Continua, Mexico 2021

Opombe (na  
voljo samo v  
angleščini):

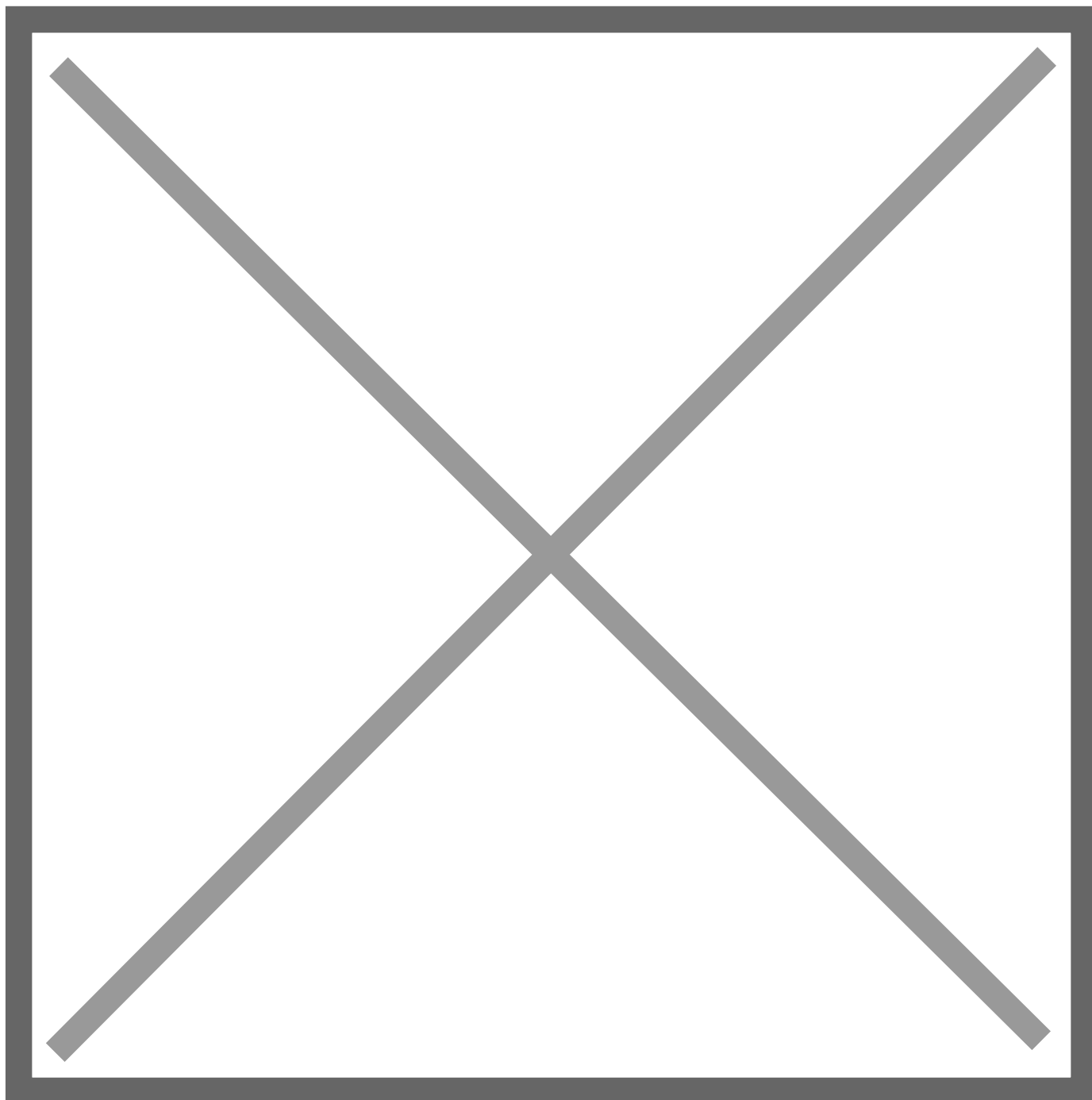
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definicije (na  
voljo samo v  
angleščini):

=> +2SD

## Prekomerna telesna teŹa/debelost glede na socialno-ekonomsko skupino

0-5 years, 2020



Obseg  
vzorcev:

9891242

Literatura:

Other: Encuesta Nacional de Salud y Nutrici3n Continua COVID-19, Mexico 2020

**Opombe (na  
voljo samo v  
angleščini):**

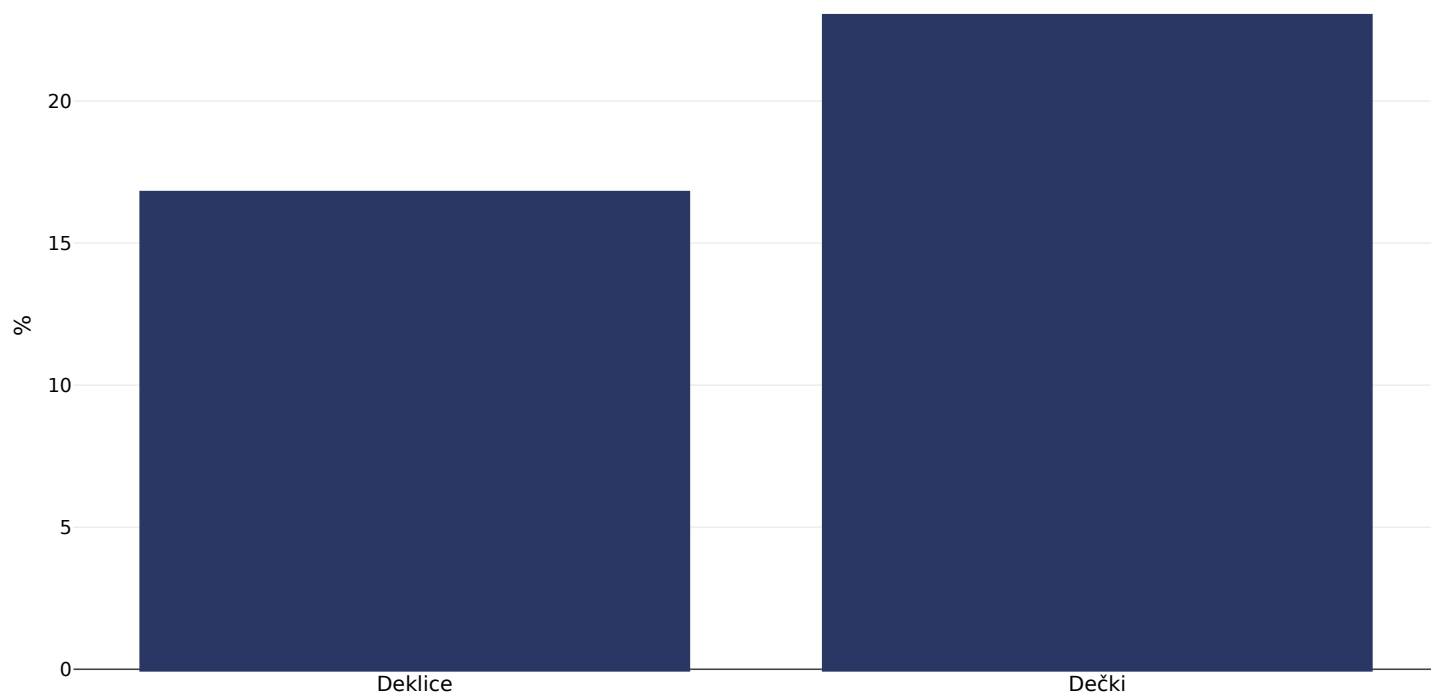
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definicije (na  
voljo samo v  
angleščini):**

=>+2SD

## Double burden of underweight & overweight

0-5 years, 2021-2021



Vrsta ankete:

Izmerjeni

Starost:

0-5

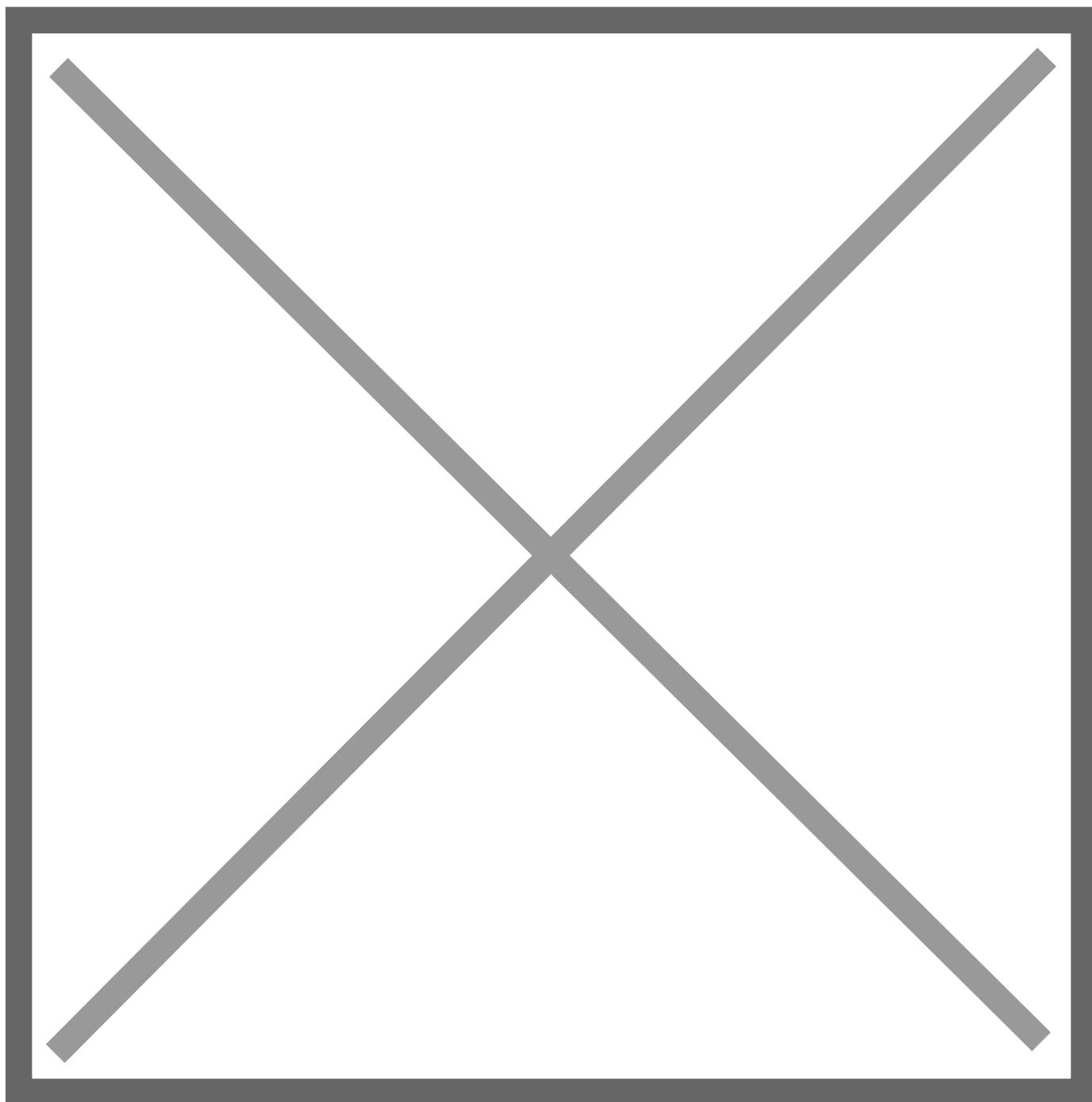
Literatura:

UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Opombe (na voljo samo v angleščini):

Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

## % otrok, ki so bili izključno dojeni 0-5 mesecev 0-5 years, 1998-2023



### Literatura:

Encuesta Nacional de Salud y Nutrición Continua, Mexico 2021

### Opombe (na voljo samo v angleščini):

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

*PDF created on July 19, 2025*