# Drivers

## Mauritius

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Insufficient physical activity</td>
<td>2</td>
</tr>
<tr>
<td>Average daily frequency of carbonated soft drink consumption</td>
<td>5</td>
</tr>
<tr>
<td>Estimated per capita fruit intake</td>
<td>6</td>
</tr>
<tr>
<td>Prevalence of less than daily fruit consumption</td>
<td>7</td>
</tr>
<tr>
<td>Prevalence of less than daily vegetable consumption</td>
<td>8</td>
</tr>
<tr>
<td>Average weekly frequency of fast food consumption</td>
<td>9</td>
</tr>
<tr>
<td>Estimated per-capita processed meat intake</td>
<td>10</td>
</tr>
<tr>
<td>Estimated per capita whole grains intake</td>
<td>11</td>
</tr>
<tr>
<td>Mental health - depression disorders</td>
<td>12</td>
</tr>
<tr>
<td>Mental health - anxiety disorders</td>
<td>13</td>
</tr>
</tbody>
</table>
Insufficient physical activity

Adults, 2016

Men, 2016

Average daily frequency of carbonated soft drink consumption

Children, 2009-2015

Survey type: Measured

Age: 12-17

Estimated per capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions: Estimated per-capita fruit intake (g/day)
Prevalence of less than daily fruit consumption

Children, 2009-2015

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
Prevalence of less than daily vegetable consumption

Children, 2009-2015

Survey type: Measured

Age: 12-17


Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Average weekly frequency of fast food consumption

Children, 2009-2015

Age: 12-17

Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per capita whole grains intake

Adults, 2017

Survey type: Measured

Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]

Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015

References:

Definitions:
% of population with anxiety disorders

PDF created on July 30, 2024