

Mauritius



Policies, Interventions and Actions

National Sport and Physical Activity Policy

The Policy defines the vision, roles and responsibilities, strategic directions and objectives for the development of sport and physical activity in Mauritius.

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2021-2028
Target age group:	Adults
Organisation:	Minister of Youth and Sports
Linked document:	Download linked document

Excise Tax on Sugar Content of Sugar Sweetened Non-Alcoholic Beverages

Since 2013 an excise duty has been levied on sugar sweetened non alcoholic beverages. From July 2020 Excise Duty of six cents per gram of sugar content is levied on sugar sweetened non-alcoholic beverages, whether imported or locally produced. It is understood this will be extended to non staple sweetened products on the 1st November 2020

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	www.mra.mu

National Plan of Action For Nutrition

Comprehensive Nutrition strategy (including overweight/obesity). (Available only in English language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2016-2020
Target age group:	Adults
Organisation:	Ministry of Health and Quality of Life
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/36207 (last accessed 05.08.22)

National Action Plan on Physical Activity

The National Action Plan on Physical Activity (NAPPA) 2011-2014 was developed in response to the growing problem of non-communicable diseases (NCDs) in Mauritius.

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2011-2014
Target age group:	Adults and children
Organisation:	Ministry of Health & QL
Find out more:	health.govmu.org
Linked document:	Download linked document

Food (Sale of Food on Premises of Educational Institutions) Regulations 2009

National mandatory standards for food available in schools adopted from August 2009. (Available only in English language)

Categories:	Evidence of School Food Regulations
Year(s):	2009 (ongoing)
Target age group:	Children
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/26283 (last accessed 04.08.22)

National Plan of Action for Nutrition

Priority areas for action include 1) Prevention and management of chronic diseases 2) Maintaining a healthy weight for all age groups and 3) Nutrition labelling

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2009-2010
Target age group:	Adults and children
Organisation:	Nutrition Unit of the Ministry of Health & Quality of Life
Linked document:	Download linked document

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