# Report card

## Marshall Islands

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Obesity prevalence

Adults, 2017-2018

Survey type: Measured
Age: 18+
Sample size: 2869
Area covered: Regional

Notes: Although all islands were not surveyed, the islands included make up 83% of the overall population of the Republic of Marshall Islands. Despite this, sample size was exceptionally large and included approximately 10% of all adults residing in the Republic of Marshall Islands.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2017-2018

Survey type: Measured
Age: 4-16
Sample size: 3271
Area covered: Regional
Notes: Region: Majuro
Cutoffs: CDC
Overweight/obesity by education

Adults, 2017-2018

Survey type: Measured
Age: 18+
Sample size: 2869
Area covered: Regional
Notes: Although all islands were not surveyed, the islands included make up 83% of the overall population of the Republic of Marshall Islands. Despite this, sample size was exceptionally large and included approximately 10% of all adults residing in the Republic of Marshall Islands.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Overweight/obesity by age

Adults, 2017-2018

Survey type: Measured
Sample size: 2869
Area covered: Regional

Notes: Although all islands were not surveyed, the islands included make up 83% of the overall population of the Republic of Marshall Islands. Despite this, sample size was exceptionally large and included approximately 10% of all adults residing in the Republic of Marshall Islands.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2017-2018

Survey type: Measured
Sample size: 3271
Area covered: Subnational
Notes: CDC Cut-offs
Cutoffs: CDC
Overweight/obesity by region

Women, 2016-2017

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<tr>
<th>Region</th>
<th>Obesity</th>
<th>Overweight</th>
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<tr>
<td>Poorest</td>
<td>40%</td>
<td>30%</td>
</tr>
<tr>
<td>2nd</td>
<td>50%</td>
<td>20%</td>
</tr>
<tr>
<td>3rd</td>
<td>60%</td>
<td>10%</td>
</tr>
<tr>
<td>4th</td>
<td>70%</td>
<td>0%</td>
</tr>
<tr>
<td>Richest</td>
<td>80%</td>
<td>0%</td>
</tr>
</tbody>
</table>

Survey type: Measured
Age: 15-49
Sample size: 673
Area covered: National


Notes: Demographic Health Survey - Mothers or female caregivers

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Insufficient physical activity

Adults, 2016

Women, 2016

% insufficient physical activity

Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per-capita whole grains intake

Adults, 2017

Survey type: Measured

Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]

Definitions: Estimated per-capita whole grains intake (g/day)
Raised blood pressure

Adults, 2015

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:
Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Men, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
**Women, 2015**


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008

References:

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Men, 2008

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A885

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008

References:

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Women, 2014

References:

Definitions:
Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2017


Definitions: Diabetes age-adjusted comparative prevalence (%).

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