



# Marshall Islands



## Country report card - under-5s

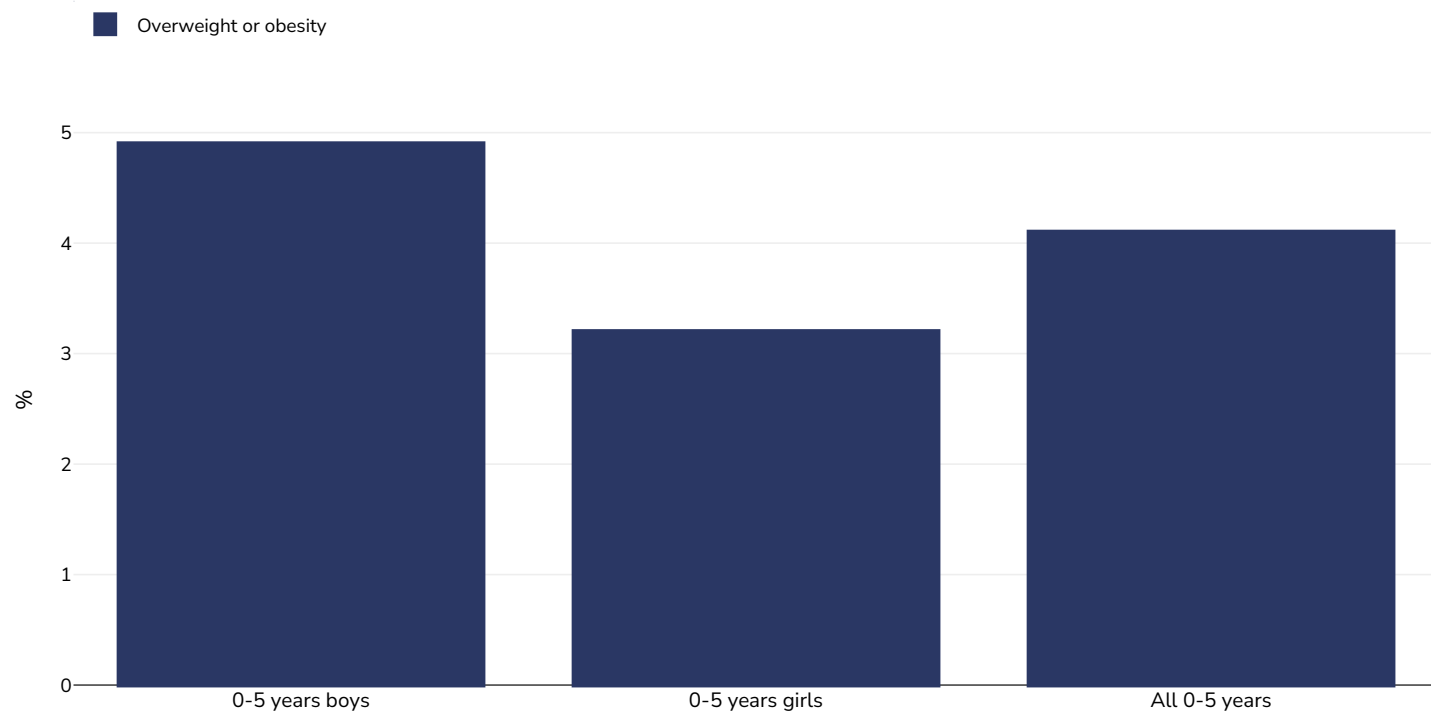
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/marshall-islands-134/>.*

Contents	Page
Obesity prevalence	3
Overweight/obesity by education	4
Overweight/obesity by region	5
Overweight/obesity by socio-economic group	6
Double burden of underweight & overweight	7
% Infants exclusively breastfed 0-5 months	8

## Obesity prevalence

### 0-5 years, 2017



Age: 0-5

Sample size: 873

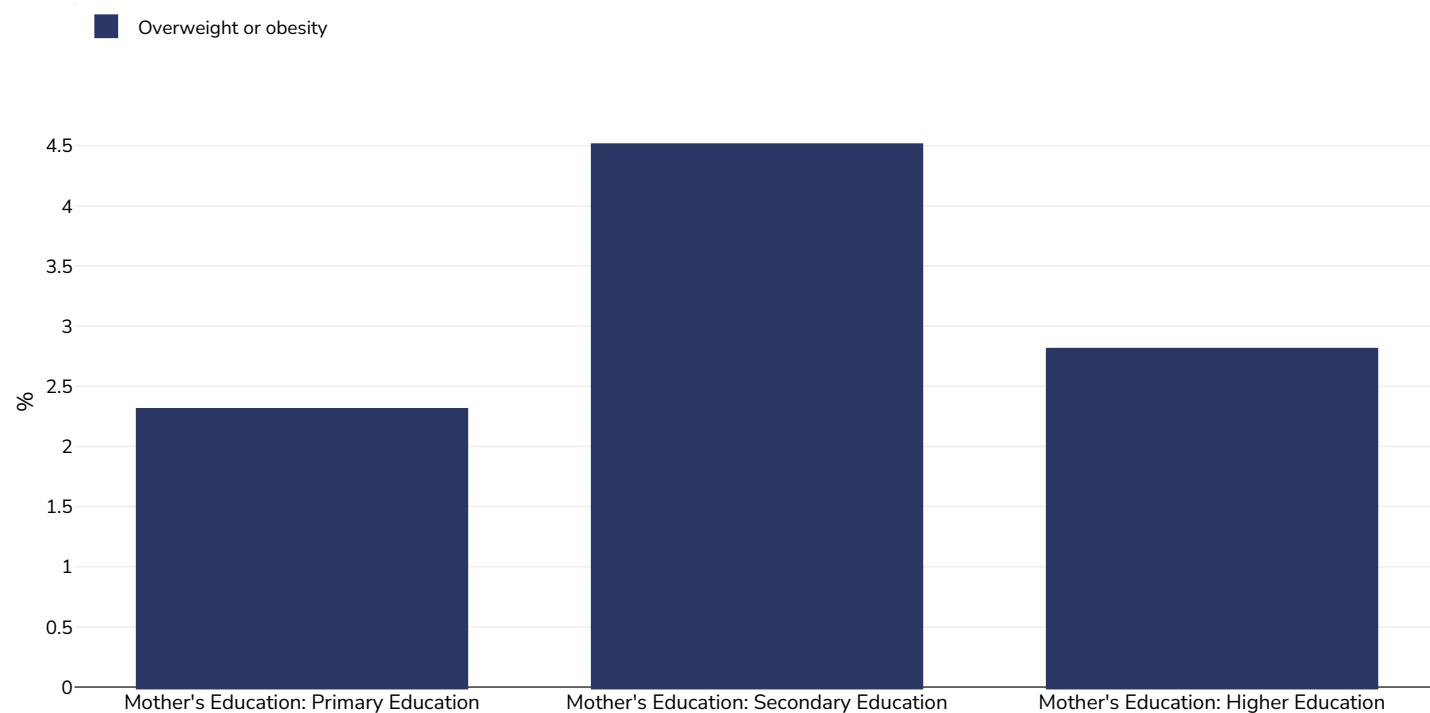
References: MICS-Style: Republic of the Marshall Islands Integrated Child Health and Nutrition Survey 2017, Final Report. Majuro, Republic of the Marshall Islands: RMI Ministry of Health and Human Services, RMI Economic, Policy Planning and Statistic Office, 2017

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York.  
For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/>  
Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

## Overweight/obesity by education

0-5 years, 2017



**Sample size:** 873

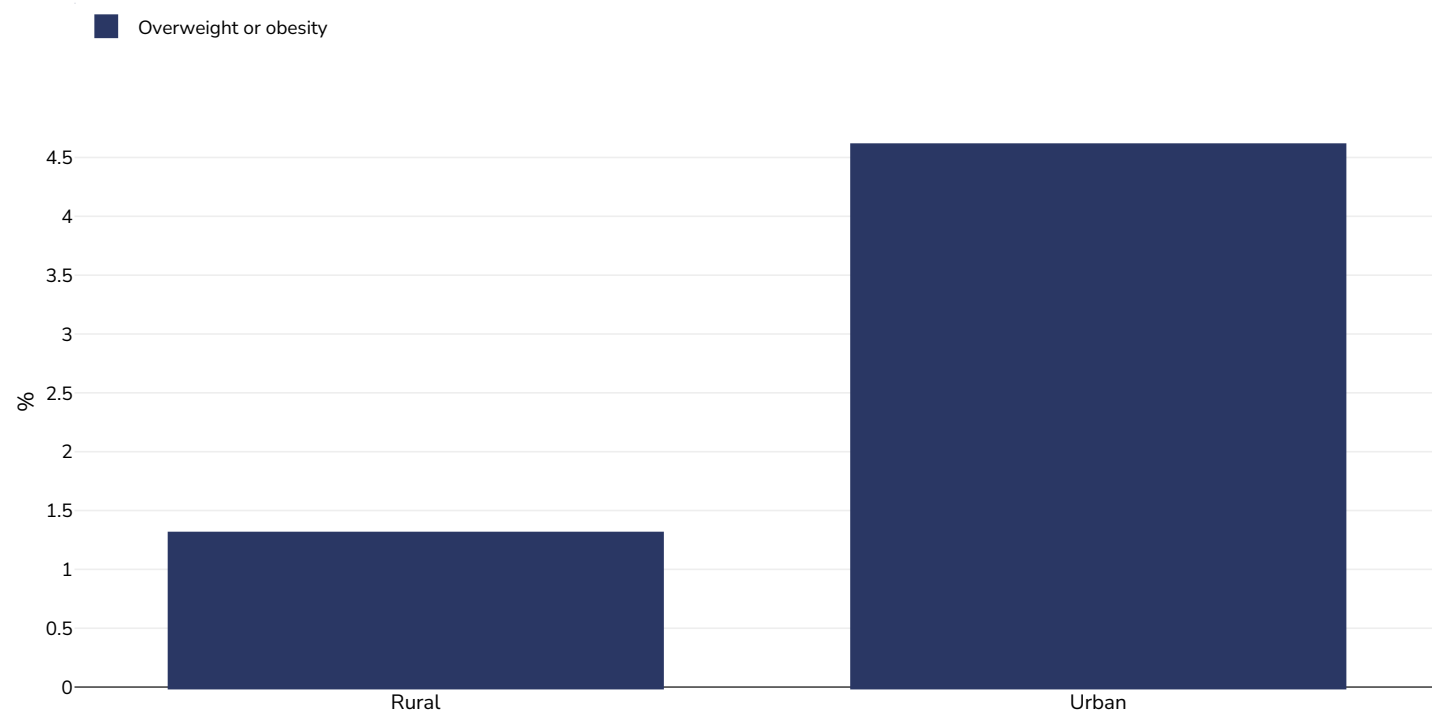
**References:** MICS-Style: Republic of the Marshall Islands Integrated Child Health and Nutrition Survey 2017, Final Report. Majuro, Republic of the Marshall Islands: RMI Ministry of Health and Human Services, RMI Economic, Policy Planning and Statistic Office, 2017

**Notes:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitions:** =>+2SD

## Overweight/obesity by region

0-5 years, 2017



**Sample size:** 873

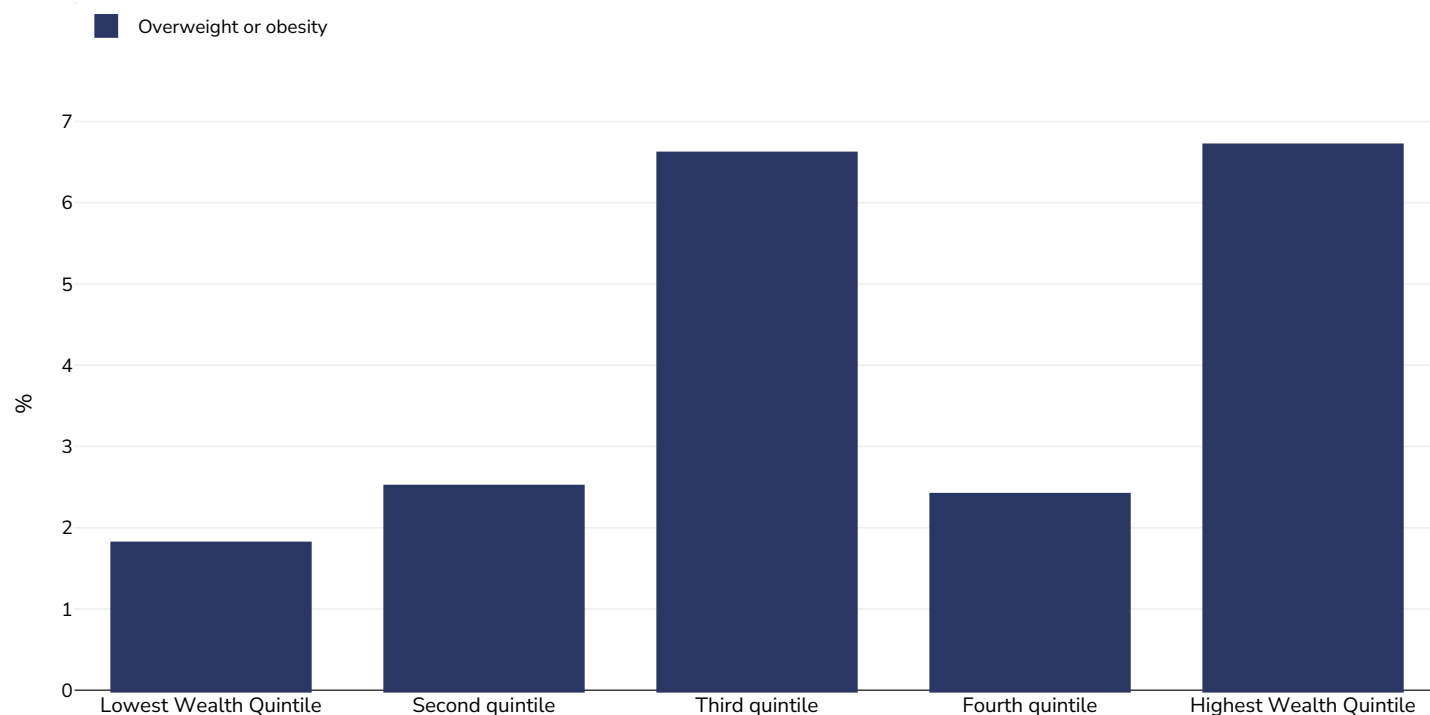
**References:** MICS-Style: Republic of the Marshall Islands Integrated Child Health and Nutrition Survey 2017, Final Report. Majuro, Republic of the Marshall Islands: RMI Ministry of Health and Human Services, RMI Economic, Policy Planning and Statistic Office, 2017

**Notes:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitions:** =>+2SD

## Overweight/obesity by socio-economic group

0-5 years, 2017



**Sample size:** 873

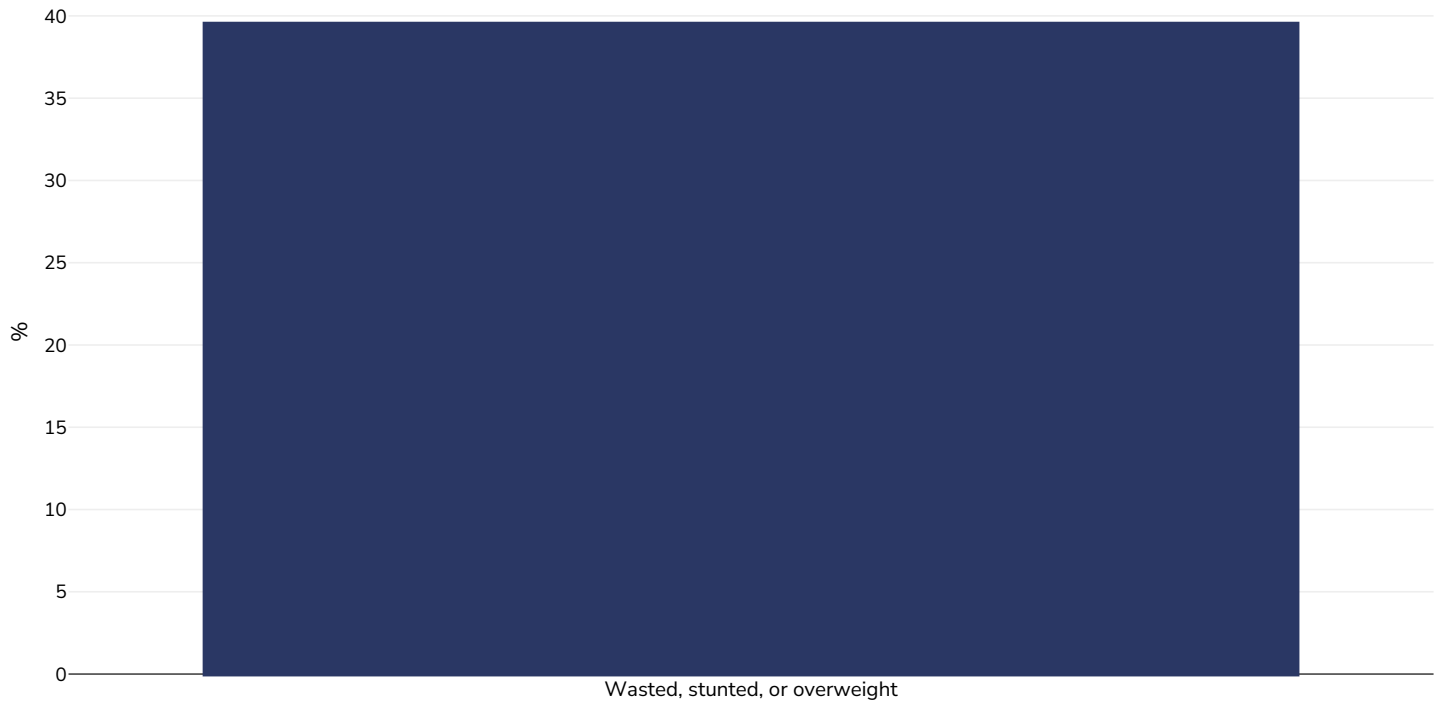
**References:** MICS-Style: Republic of the Marshall Islands Integrated Child Health and Nutrition Survey 2017, Final Report. Majuro, Republic of the Marshall Islands: RMI Ministry of Health and Human Services, RMI Economic, Policy Planning and Statistic Office, 2017

**Notes:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitions:** =>+2SD

## Double burden of underweight & overweight

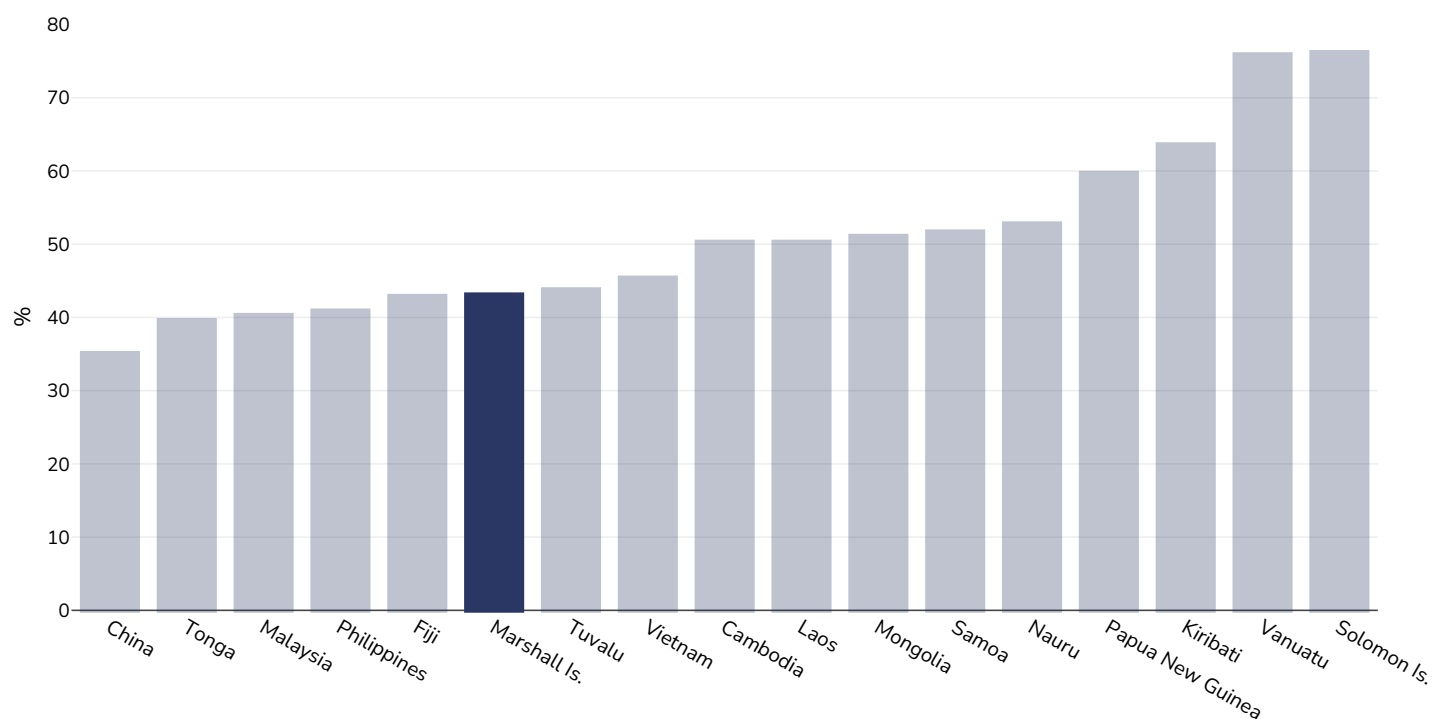
0-5 years, 2017



<b>Survey type:</b>	Measured
<b>Age:</b>	0-5
<b>References:</b>	United Nations Children’s Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <a href="https://data.unicef.org/topic/nutrition/malnutrition/">https://data.unicef.org/topic/nutrition/malnutrition/</a> [Accessed 06.08.25]
<b>Notes:</b>	Republic of the Marshall Islands Integrated Child Health and Nutrition Survey 2017, Final Report. Majuro, Republic of the Marshall Islands: RMI Ministry of Health and Human Services, RMI Economic, Policy Planning and Statistic Office, 2017
<b>Definitions:</b>	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
<b>Cutoffs:</b>	WHZ <-2, HAZ <-2 and WHZ >+2

## % Infants exclusively breastfed 0-5 months

0-5 years, 2015-2023



Area covered: National

References: Republic of the Marshall Islands Integrated Child Health and Nutrition Survey 2017, Final Report. Majuro, Republic of the Marshall Islands: RMI Ministry of Health and Human Services, RMI Economic, Policy Planning and Statistic Office, 2017

Notes: Full details available at source: United Nations Children’s Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.

Definitions: Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

PDF created on May 15, 2026