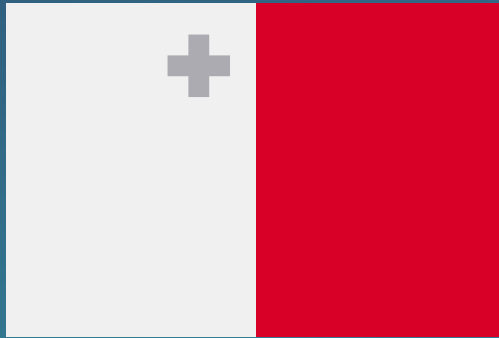




Málta



Country report card - under-5s

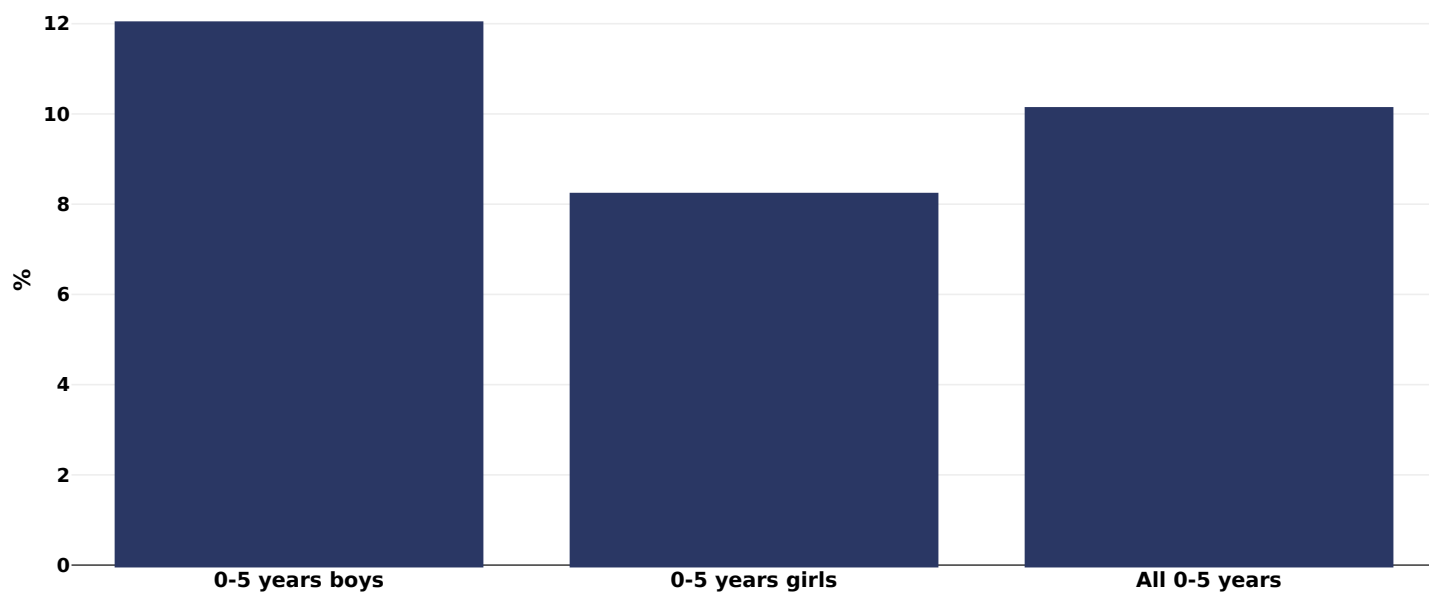
This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/malta-133/>.

Az elhízás előfordulása

0-5 years, 2022

■ Túlsúly vagy elhízás



Felmérés típusa:	Mért
Életkor:	0-5
Minta nagysága:	1225
Érintett terület:	Országos
Referenciák:	Maltas Recovery and Resilience Plan Data Collection 2022
Jegyzetek:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/ .
Definíciók (csak angol nyelven érhetők el):	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Double burden of underweight & overweight

0-5 years, 2022



Felmérés
típusa:

Mért

Életkor:

0-5

Referenciák:

United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <https://data.unicef.org/topic/nutrition/malnutrition/> [Accessed 06.08.25]

Jegyzetek:

Maltas Recovery and Resilience Plan Data Collection 2022

Definíciók
(csak angol
nyelven
érhetők el):

Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)

Cutoffs:

WHZ <-2, HAZ <-2 and WHZ >+2

PDF created on January 16, 2026