

Report card Maldives



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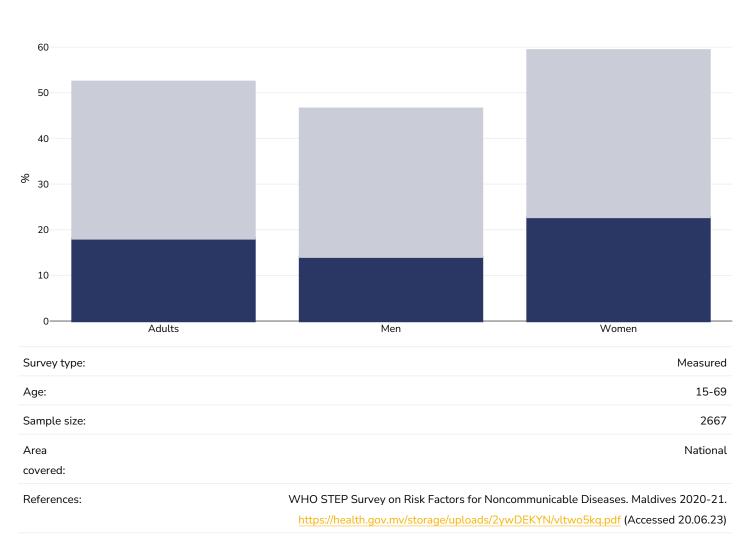




Obesity prevalence

Adults, 2020-2021

Obesity Overweight

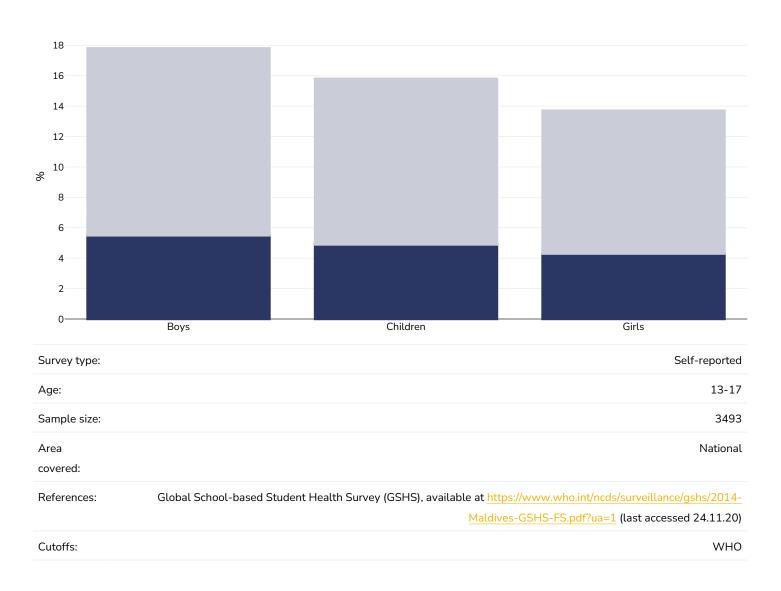


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2014

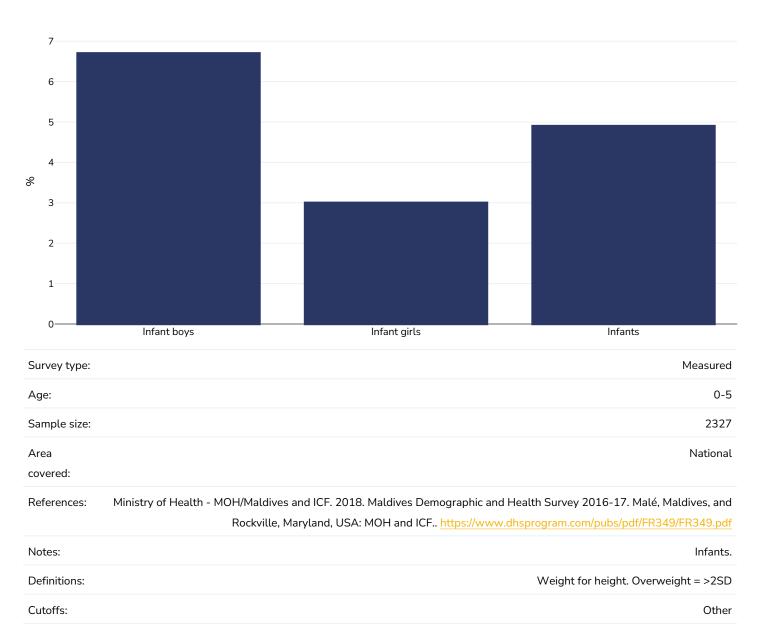
Obesity Overweight





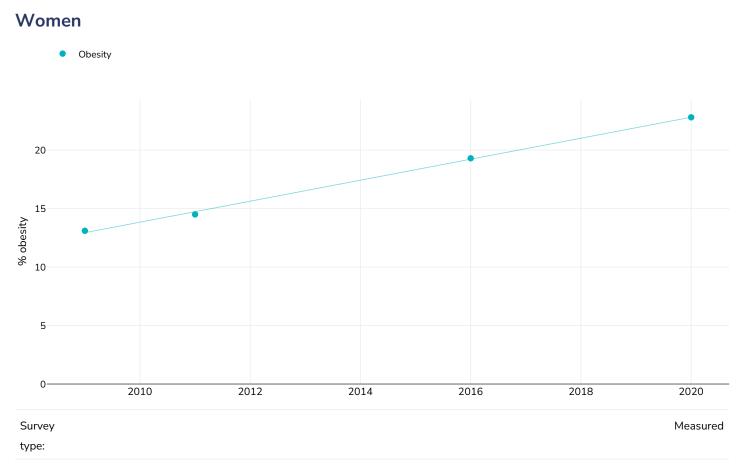
Infants, 2016-2017

Overweight or obesity





% Adults living with obesity in Maldives 2009-2016



References: 2009: Ministry of Health and Family - MOHF/Maldives and ICF Macro. 2010. Maldives Demographic and Health Survey 2009. Calverton, Maryland: MOHF and ICF Macro.

2011: Maldives STEPS Survey 2011

2016: Ministry of Health - MOH/Maldives and ICF. 2018. Maldives Demographic and Health Survey 2016-17. Malé, Maldives,

and Rockville, Maryland, USA: MOH and ICF. <u>https://www.dhsprogram.com/pubs/pdf/FR349/FR349.pdf</u> (Last accessed 03.08.2022)

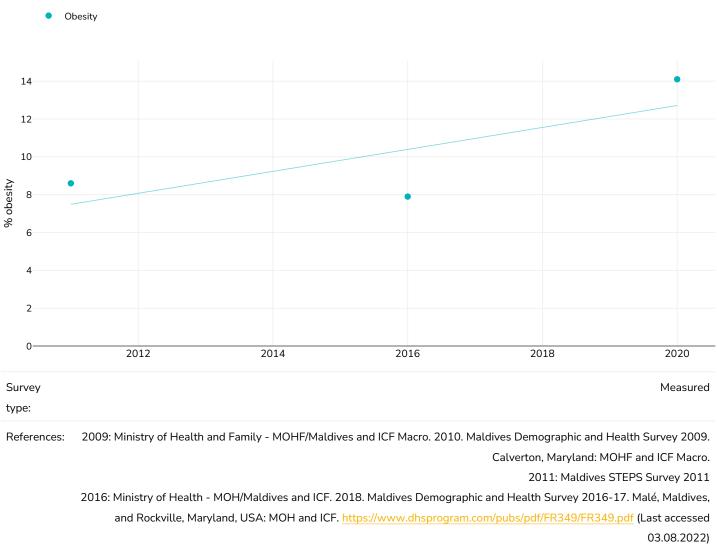
2020: WHO STEP Survey on Risk Factors for Noncommunicable Diseases. Maldives 2020-21.

https://health.gov.mv/storage/uploads/2ywDEKYN/vltwo5kq.pdf (Accessed 20.06.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men



2020: WHO STEP Survey on Risk Factors for Noncommunicable Diseases. Maldives 2020-21.

https://health.gov.mv/storage/uploads/2ywDEKYN/vltwo5kq.pdf (Accessed 20.06.23)

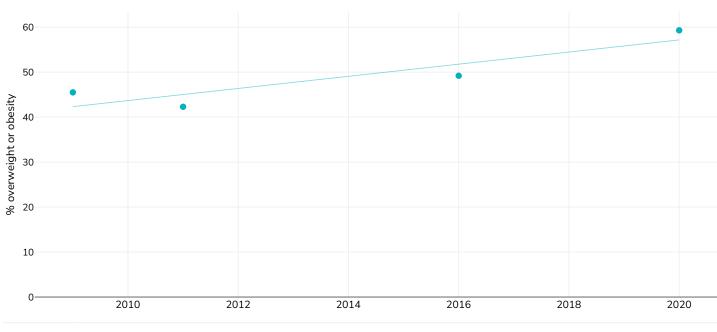
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with overweight or obesity in Maldives 2009-2016

Women

Overweight or obesity



Survey						Measured
type:						
	 	 	 	_		

References: 2009: Ministry of Health and Family - MOHF/Maldives and ICF Macro. 2010. Maldives Demographic and Health Survey 2009. Calverton, Maryland: MOHF and ICF Macro.

2011: Maldives STEPS Survey 2011

2016: Ministry of Health - MOH/Maldives and ICF. 2018. Maldives Demographic and Health Survey 2016-17. Malé, Maldives,

and Rockville, Maryland, USA: MOH and ICF. <u>https://www.dhsprogram.com/pubs/pdf/FR349/FR349.pdf</u> (Last accessed 03.08.2022)

2020: WHO STEP Survey on Risk Factors for Noncommunicable Diseases. Maldives 2020-21.

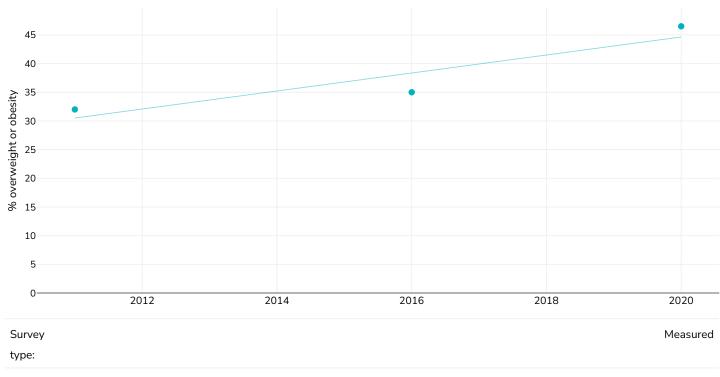
https://health.gov.mv/storage/uploads/2ywDEKYN/vltwo5kq.pdf (Accessed 20.06.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Men

Overweight or obesity



References: 2009: Ministry of Health and Family - MOHF/Maldives and ICF Macro. 2010. Maldives Demographic and Health Survey 2009. Calverton, Maryland: MOHF and ICF Macro.

2011: Maldives STEPS Survey 2011

2016: Ministry of Health - MOH/Maldives and ICF. 2018. Maldives Demographic and Health Survey 2016-17. Malé, Maldives, and Rockville, Maryland, USA: MOH and ICF. https://www.dhsprogram.com/pubs/pdf/FR349/FR349.pdf (Last accessed

03.08.2022)

2020: WHO STEP Survey on Risk Factors for Noncommunicable Diseases. Maldives 2020-21.

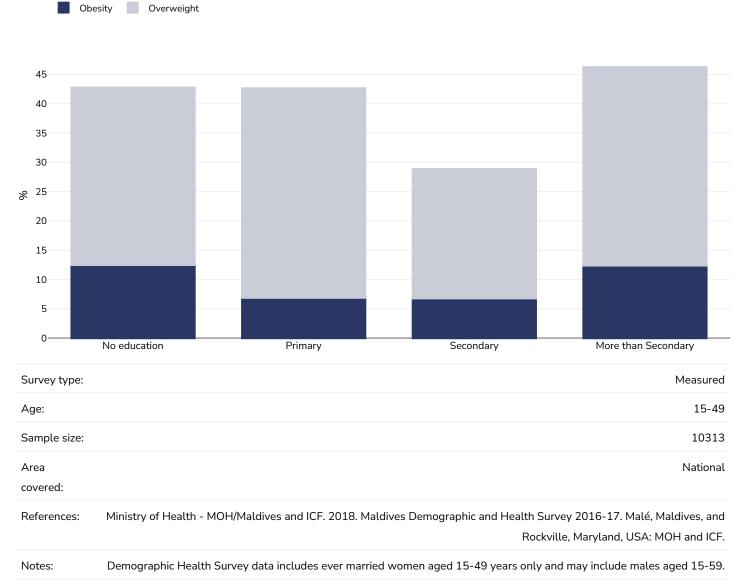
https://health.gov.mv/storage/uploads/2ywDEKYN/vltwo5kq.pdf (Accessed 20.06.23)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Overweight/obesity by education

Men, 2017

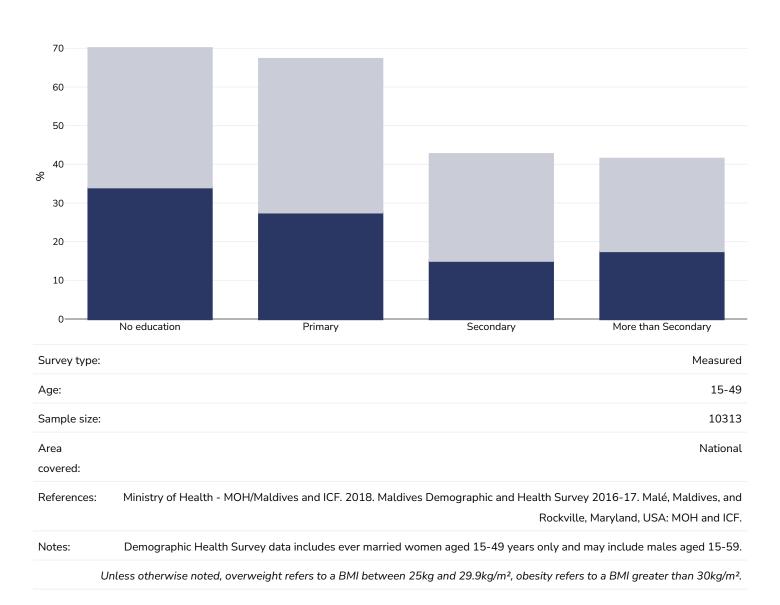


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



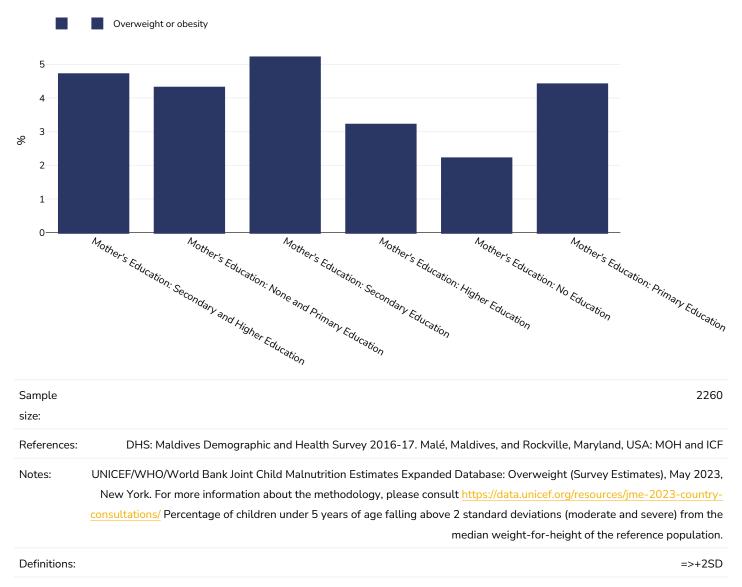
Women, 2017

Obesity Overweight





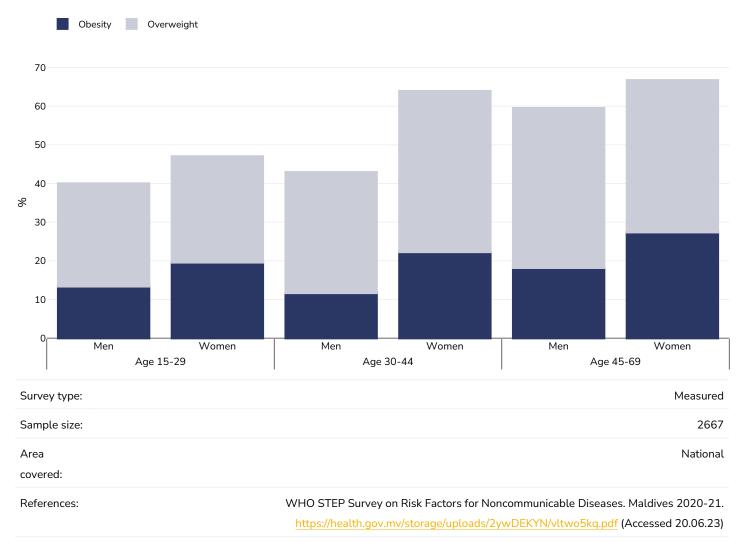
Infants, 2016-2017





Overweight/obesity by age

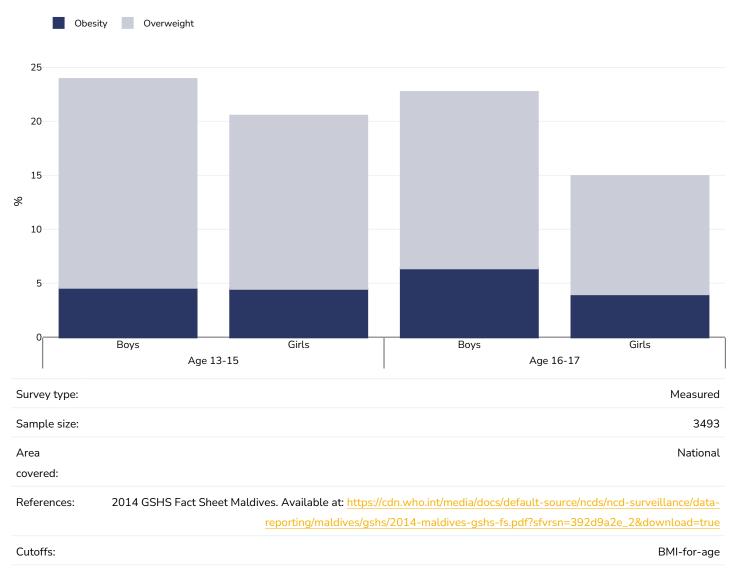
Adults, 2020-2021



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2014

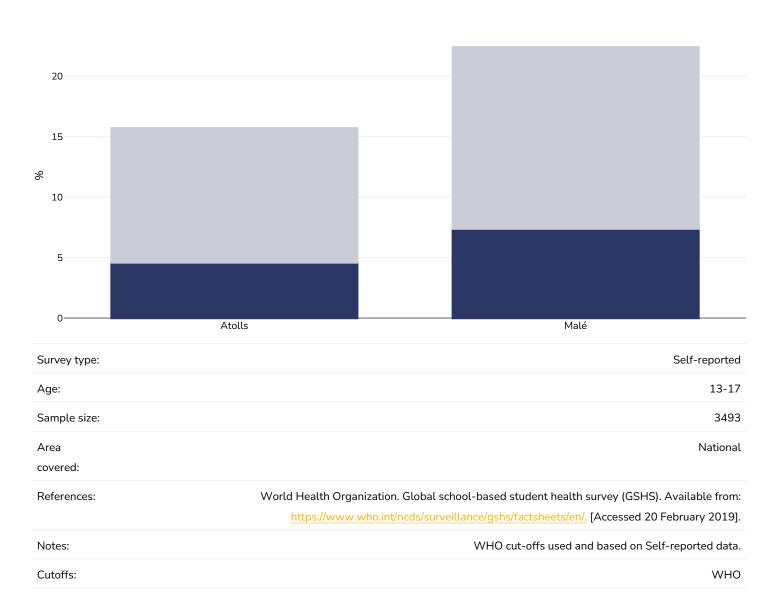




Overweight/obesity by region

Boys, 2014

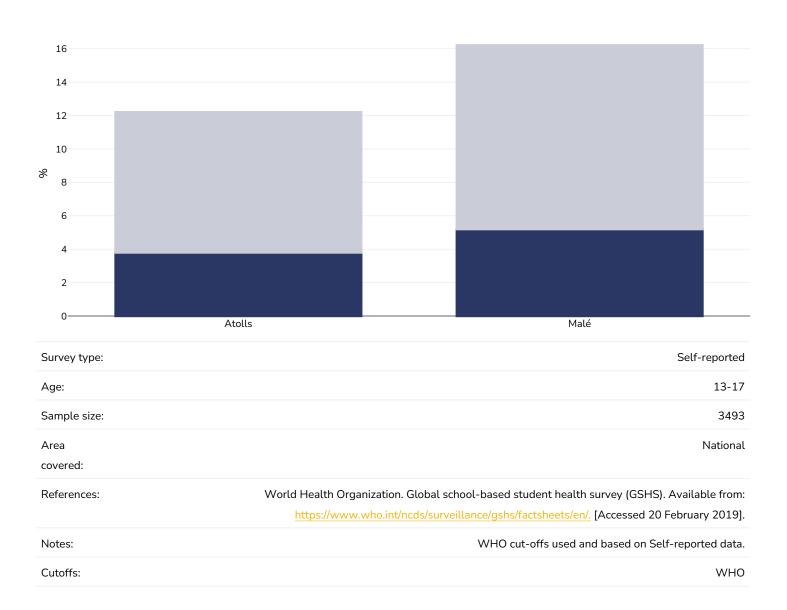
Obesity Overweight





Girls, 2014

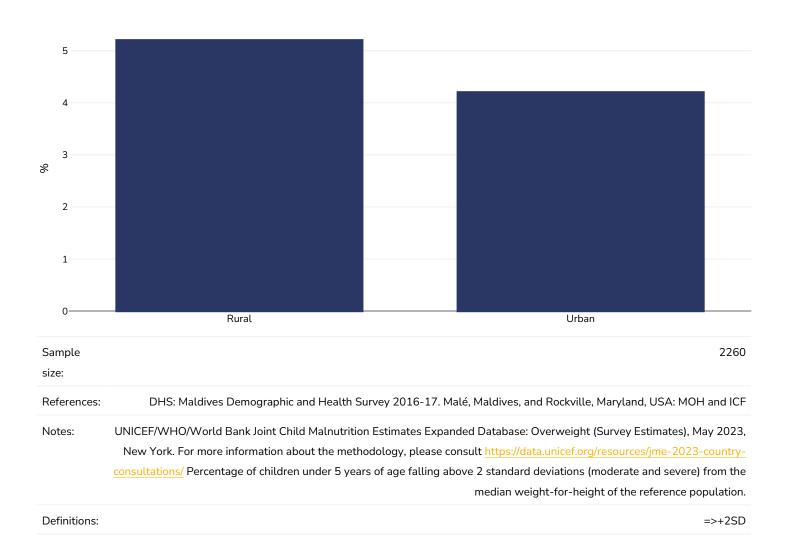
Obesity Overweight





Infants, 2016-2017

Overweight or obesity

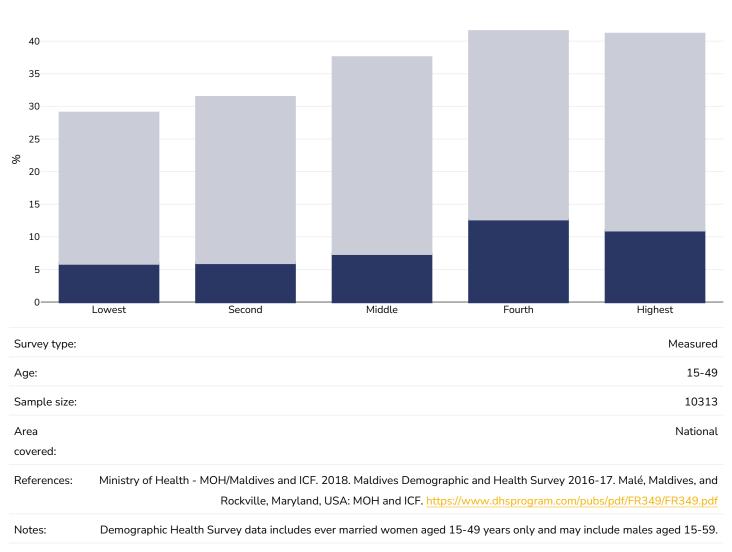




Overweight/obesity by socio-economic group

Men, 2017

Obesity Overweight

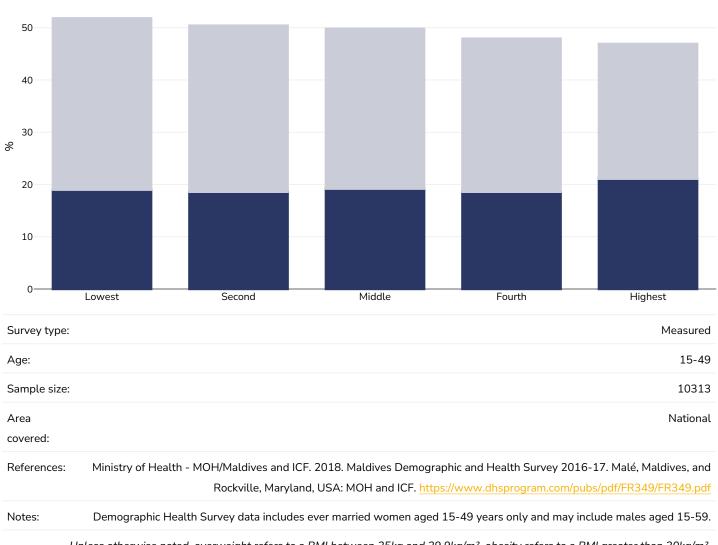


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women, 2017

Obesity Overweight

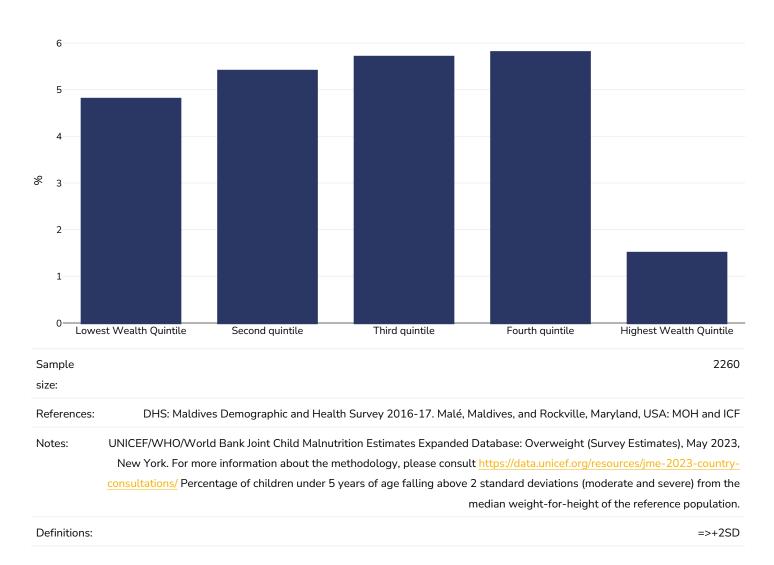


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Infants, 2016-2017

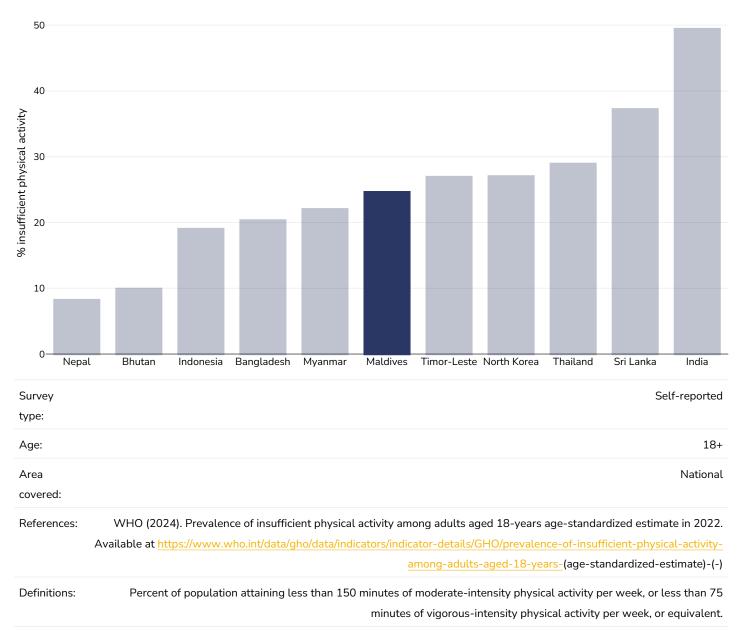
Overweight or obesity



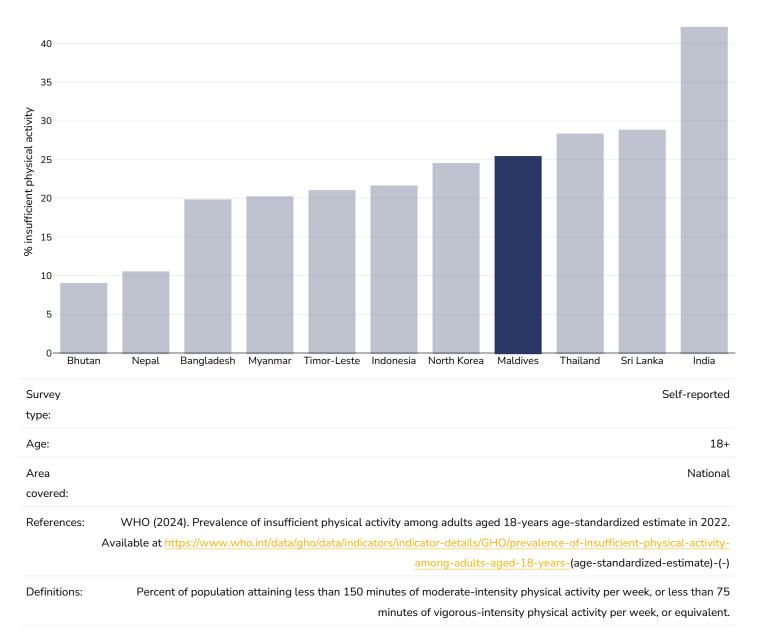


Insufficient physical activity

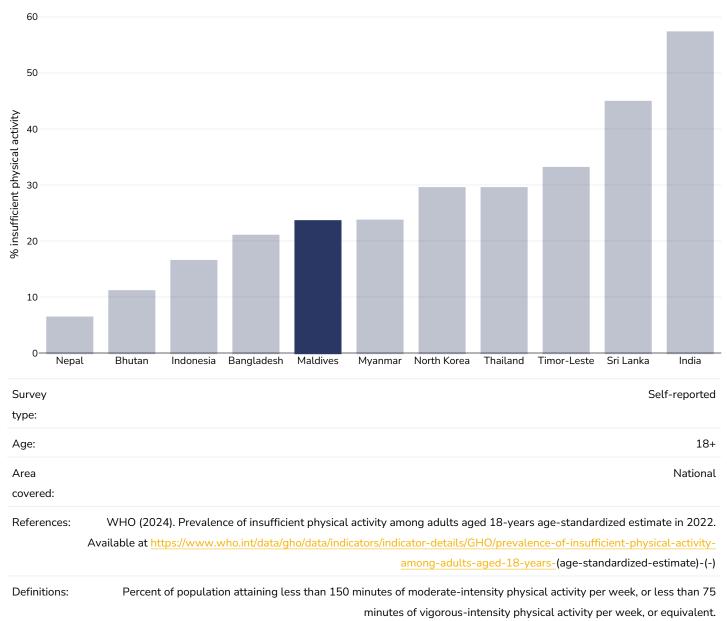
Adults, 2022



Men, 2022

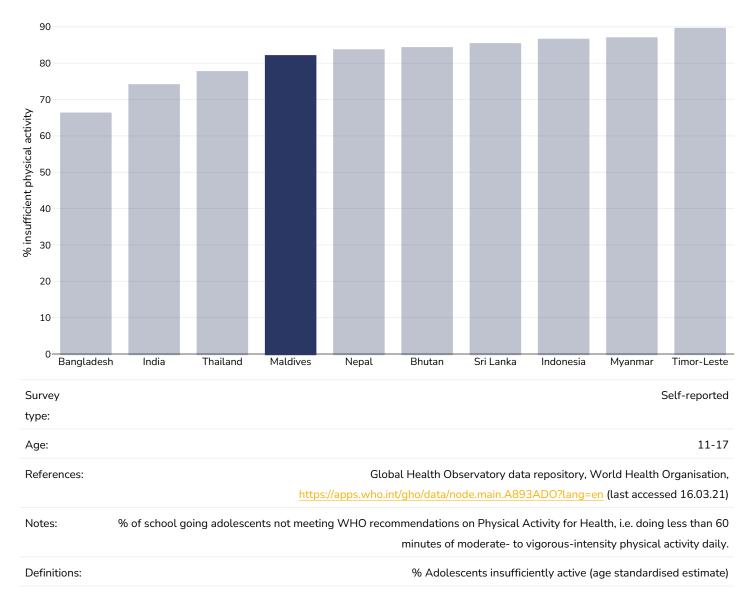


Women, 2022

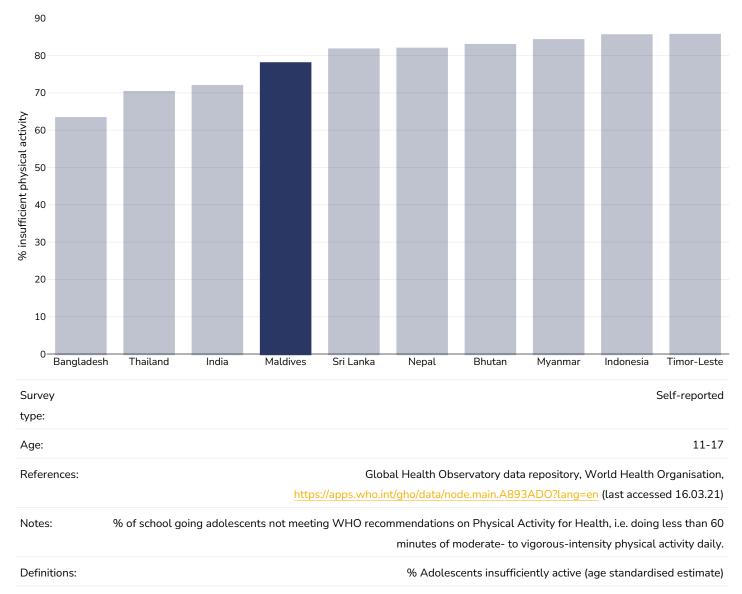




Children, 2016

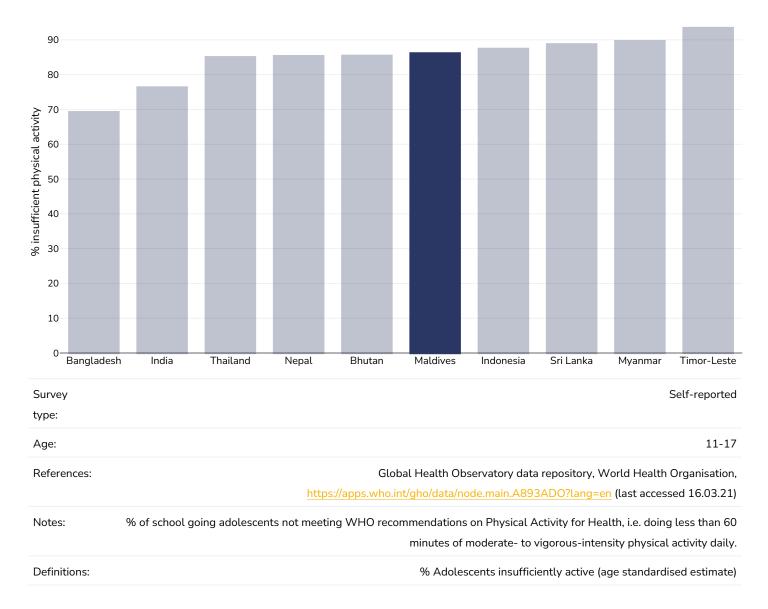


Boys, 2016





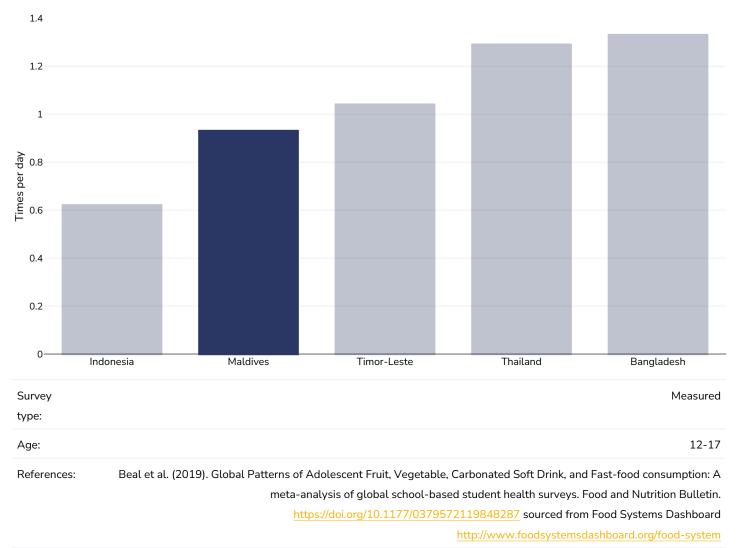
Girls, 2016





Average daily frequency of carbonated soft drink consumption

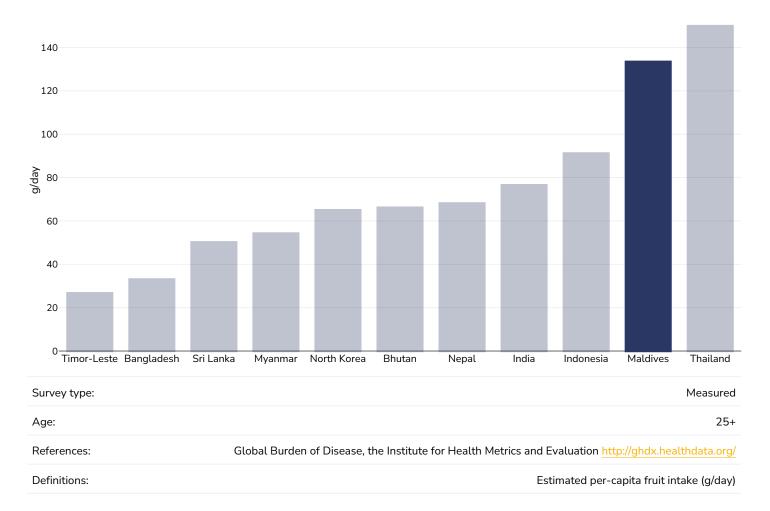
Children, 2014-2015





Estimated per capita fruit intake

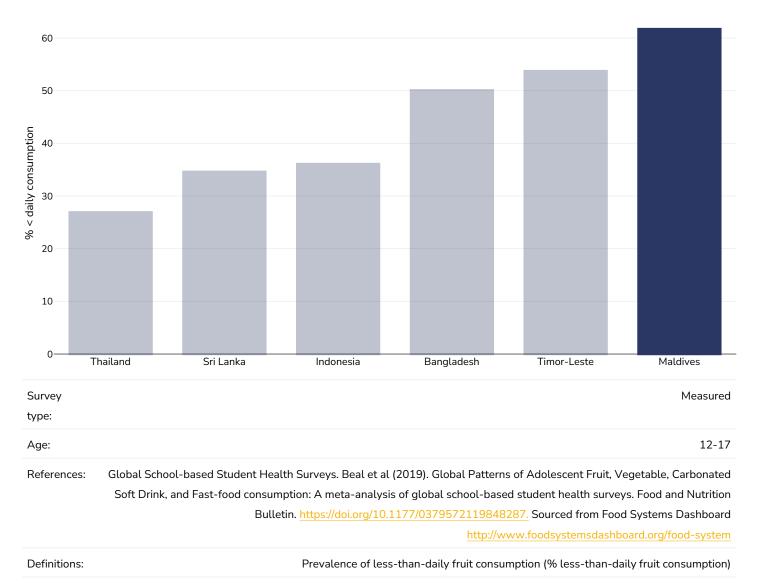
Adults, 2017





Prevalence of less than daily fruit consumption

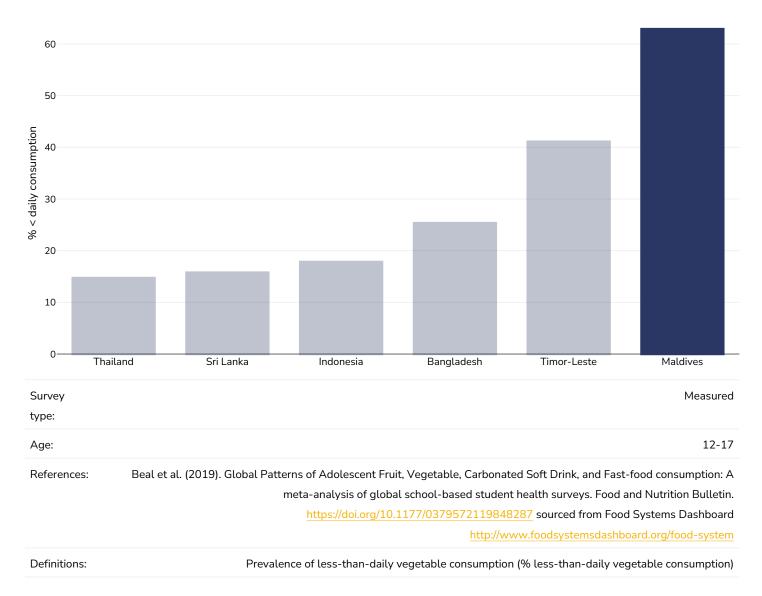
Children, 2008-2015





Prevalence of less than daily vegetable consumption

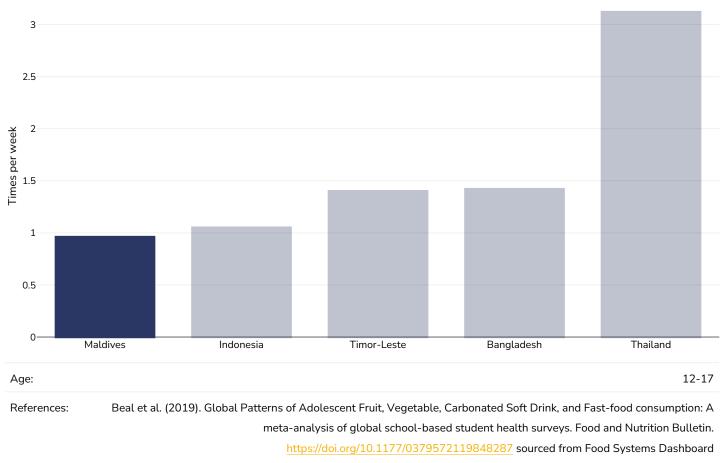
Children, 2008-2015





Average weekly frequency of fast food consumption

Children, 2014-2015

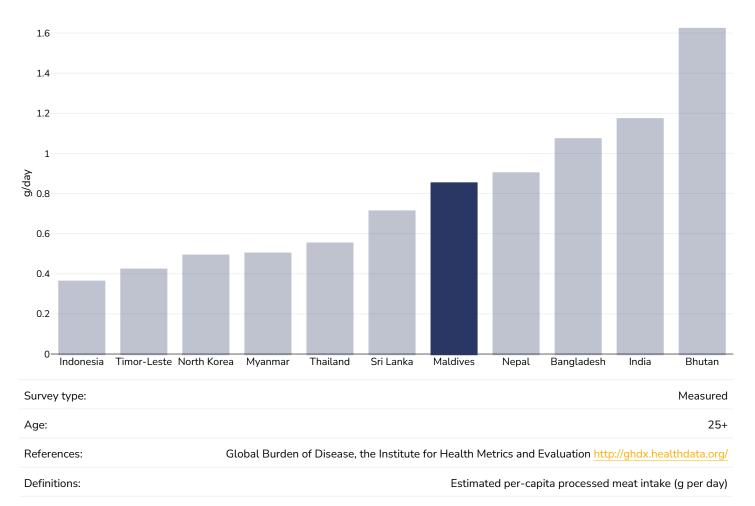


http://www.foodsystemsdashboard.org/food-system



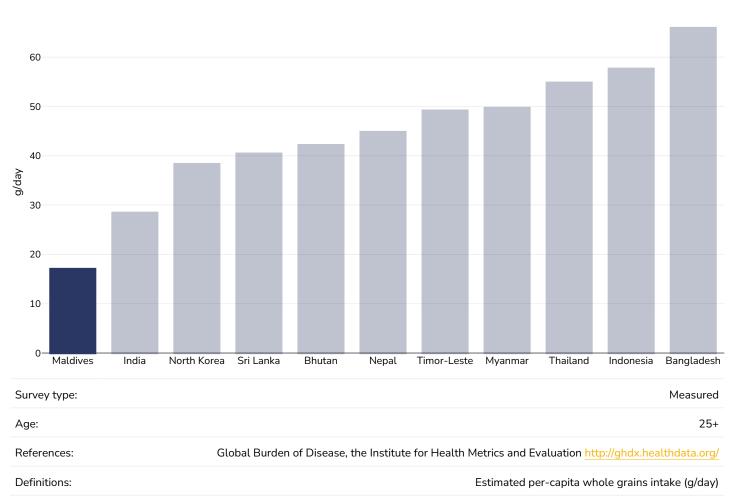
Estimated per-capita processed meat intake

Adults, 2017





Estimated per capita whole grains intake

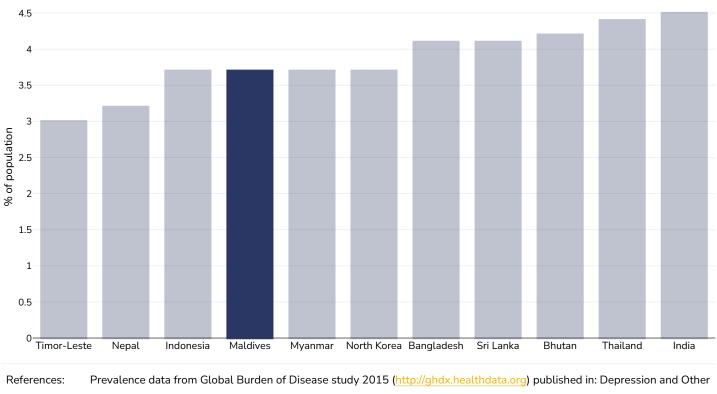


Adults, 2017



Mental health - depression disorders

Adults, 2015



Prevalence data from Global Burden of Disease study 2015 (<u>http://ghdx.healthdata.org</u>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

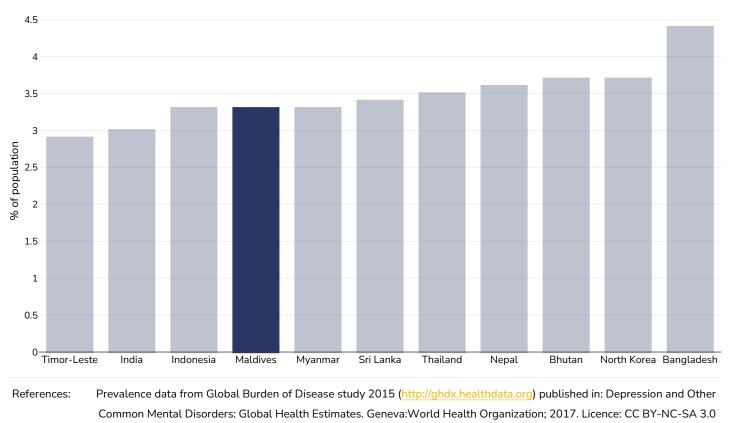
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



IGO.

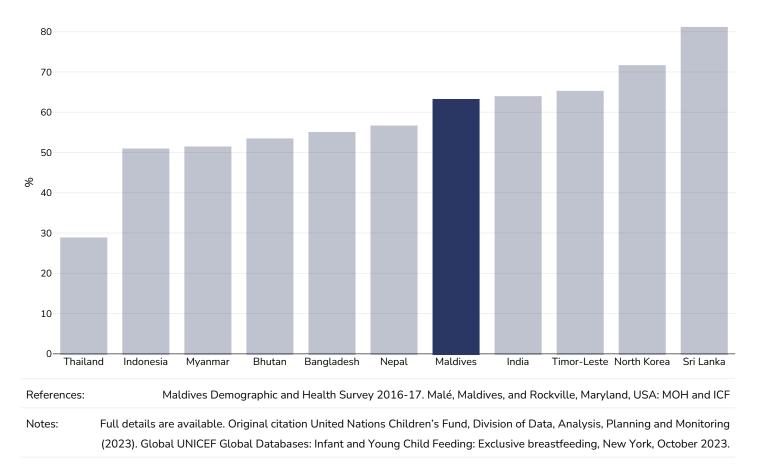
Definitions:

% of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

Infants, 2015-2022





Oesophageal cancer





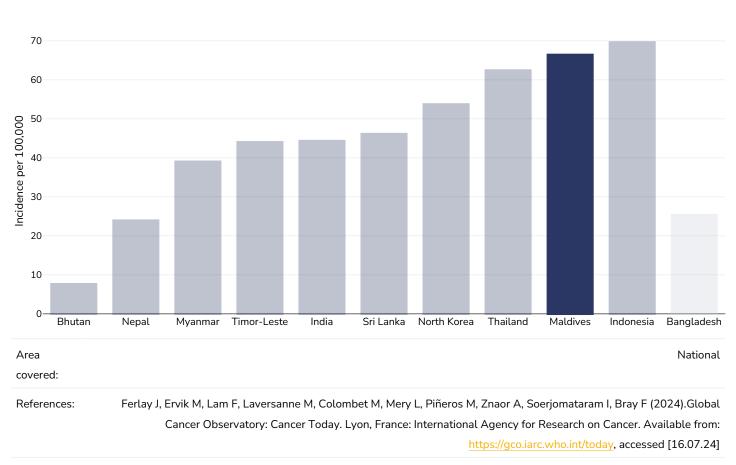




Breast cancer

Women, 2022

Age 20 Age 20+



Definitions:

Incidence per 100,000



Colorectal cancer

Men, 2022









Pancreatic cancer

Men, 2022









Gallbladder cancer

Men, 2022 1 0.5 Incidence per 100,000 0 -0.5 -1 Maldives 20+ Age: Area National covered: References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] Indicence per 100,000 Definitions:

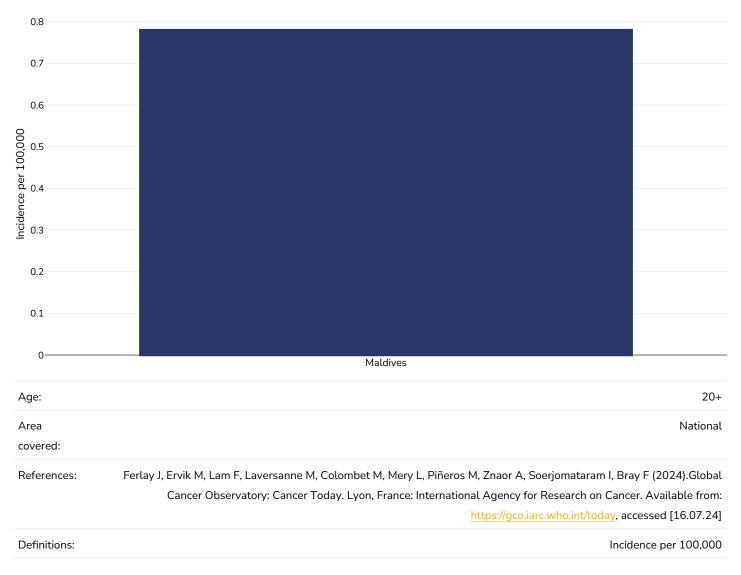




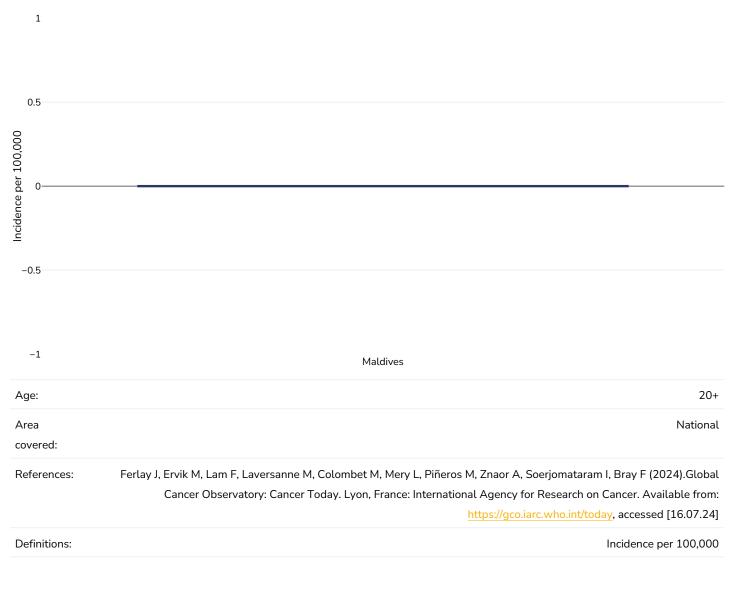


Kidney cancer

Men, 2022









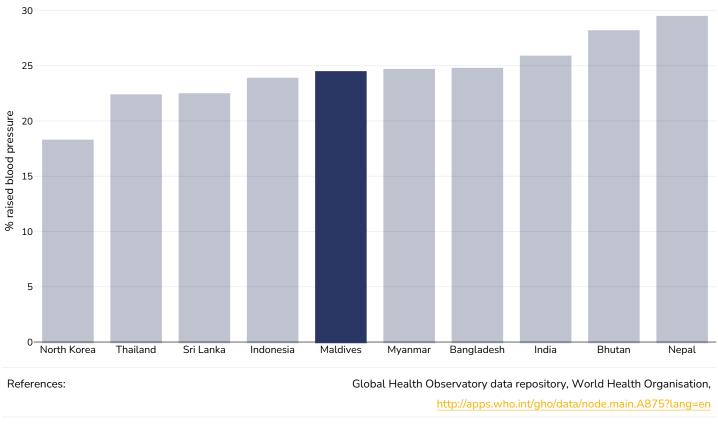
Cancer of the uterus





Raised blood pressure

Adults, 2015

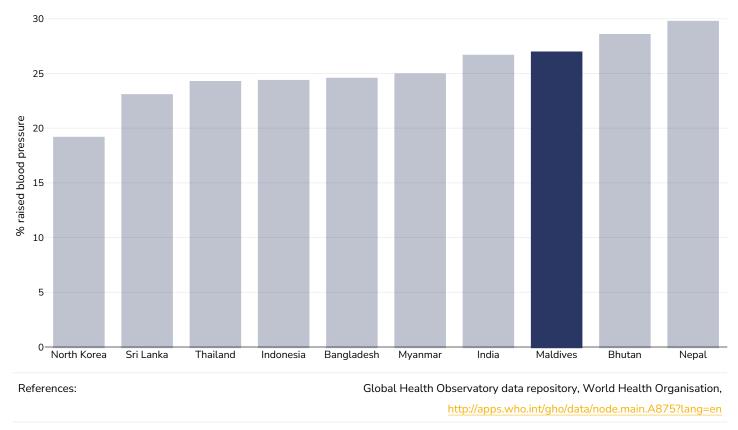


Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



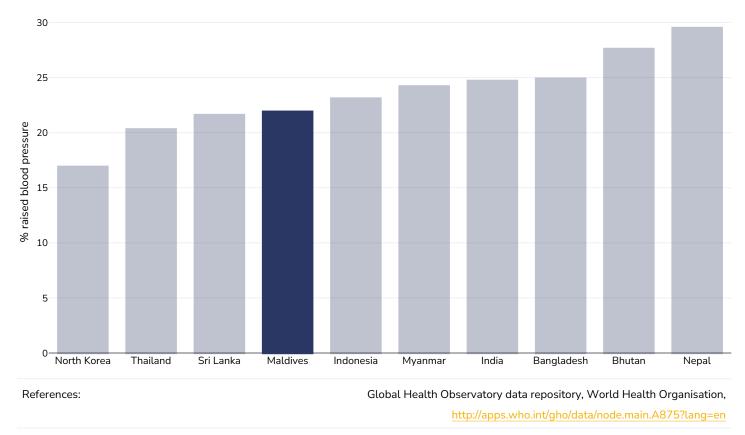
Men, 2015



Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





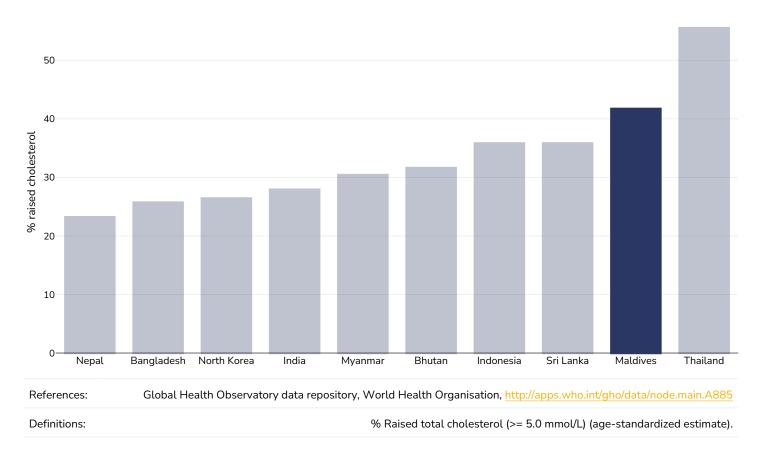
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



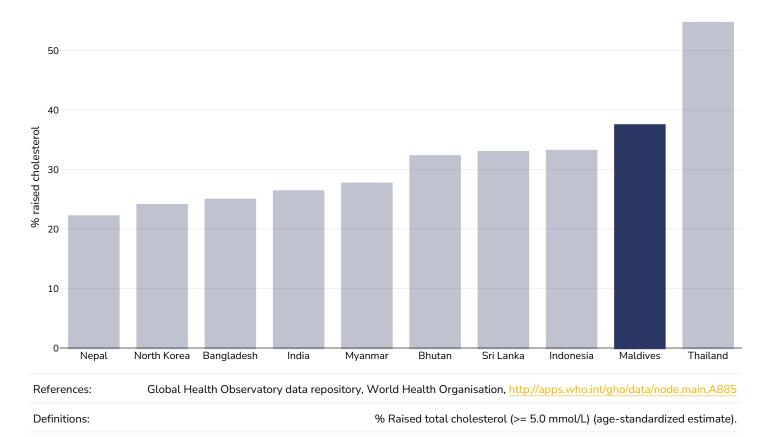
Raised cholesterol

Adults, 2008

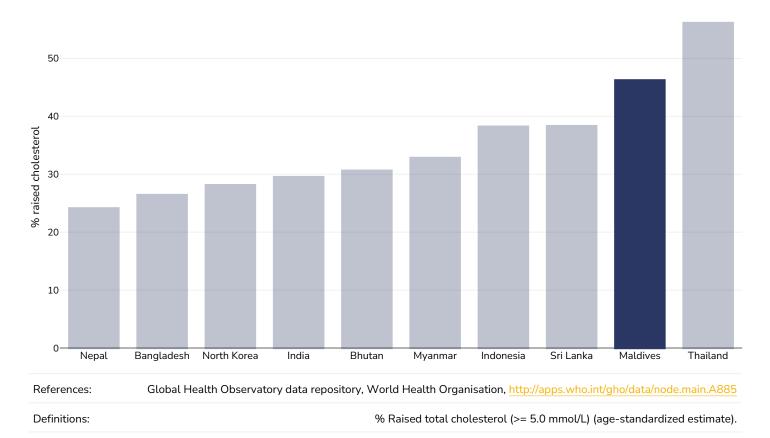




Men, 2008

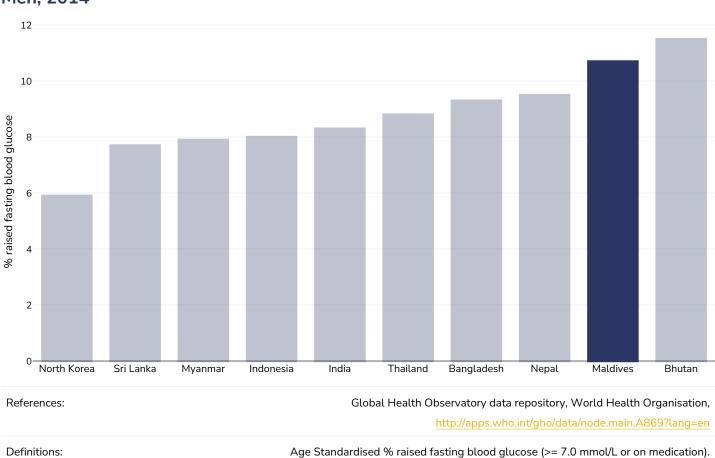








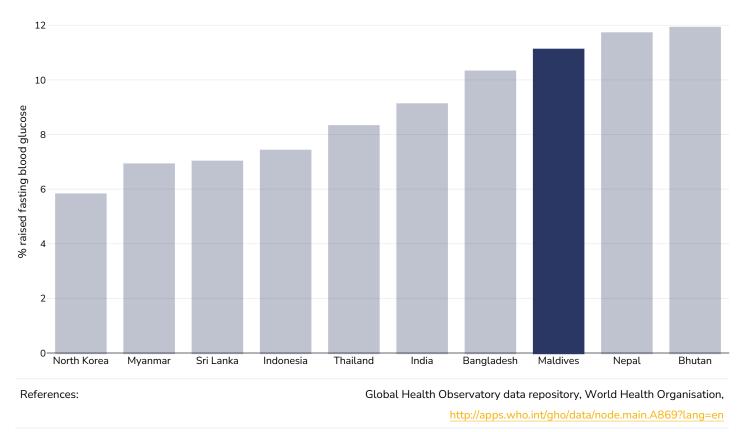
Raised fasting blood glucose



Men, 2014

WORLD ØBESITY

Women, 2014



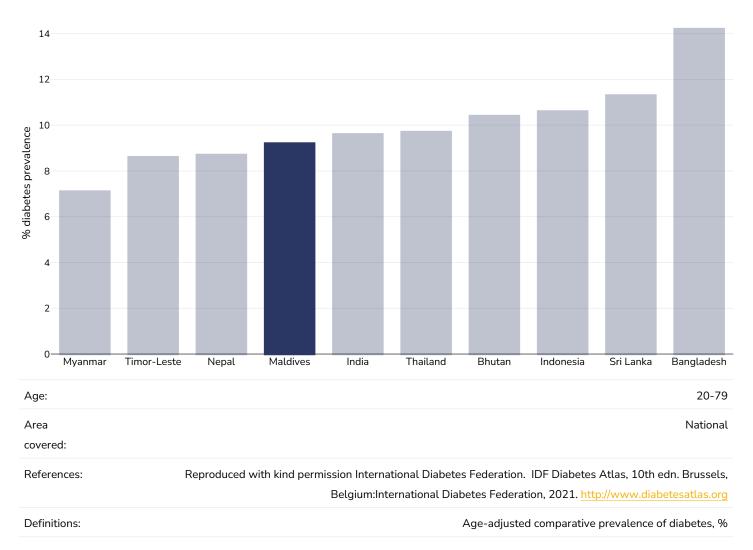
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



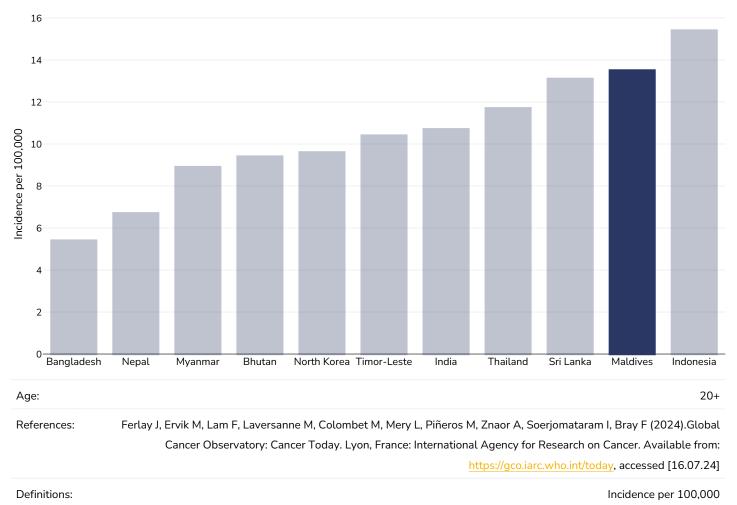
Diabetes prevalence

Adults, 2021





Ovarian Cancer





Leukemia

Men, 2022							
4							
3							
2							
1							
0							
⁻¹ _1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:		M, Lam F, Laversan er Observatory: Car		rance: International	Agency for Researc		ble from:
Definitions:						Incidence per	100,000
						D. // //	

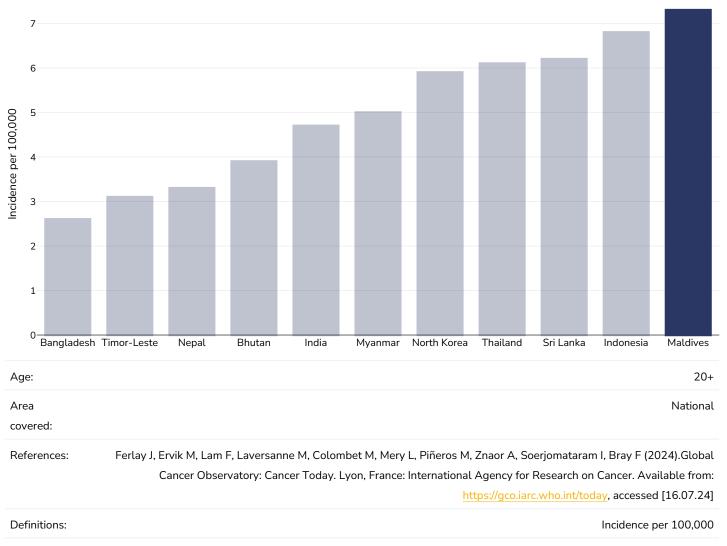


4							
3							
2							
1							
0							
-1 -1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:				rance: International	Agency for Resear	taram I, Bray F (202 ch on Cancer. Availa <u>nt/today</u> , accessed [able from:
Definitions:						Incidence per	r 100,000

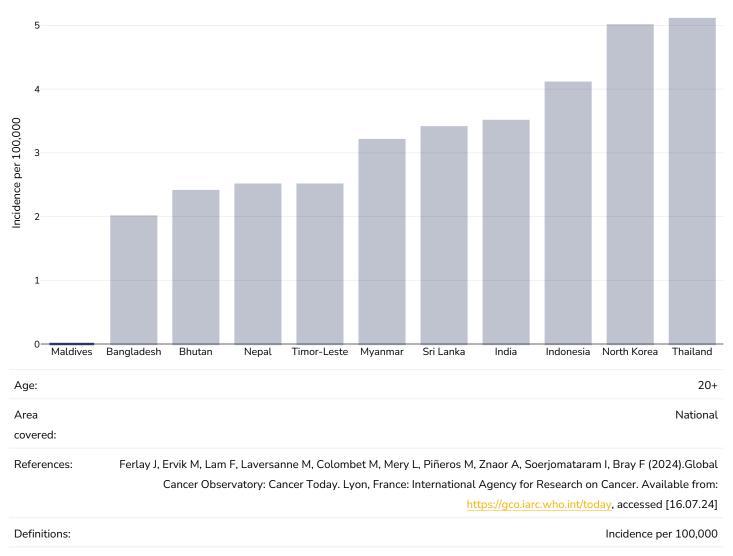


Leukemia

Men, 2022

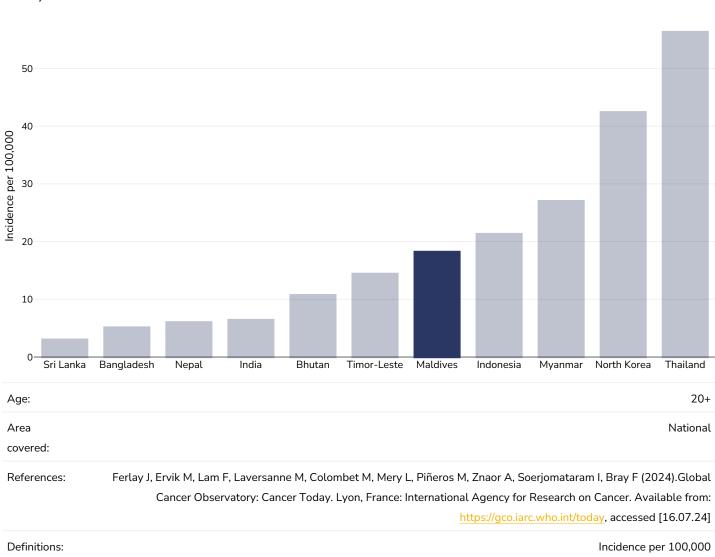




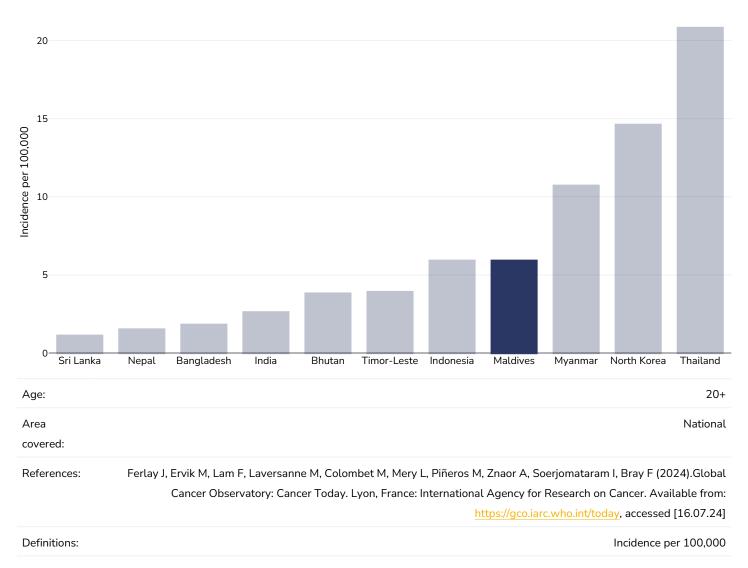




Liver and intrahepatic bile duct Cancer



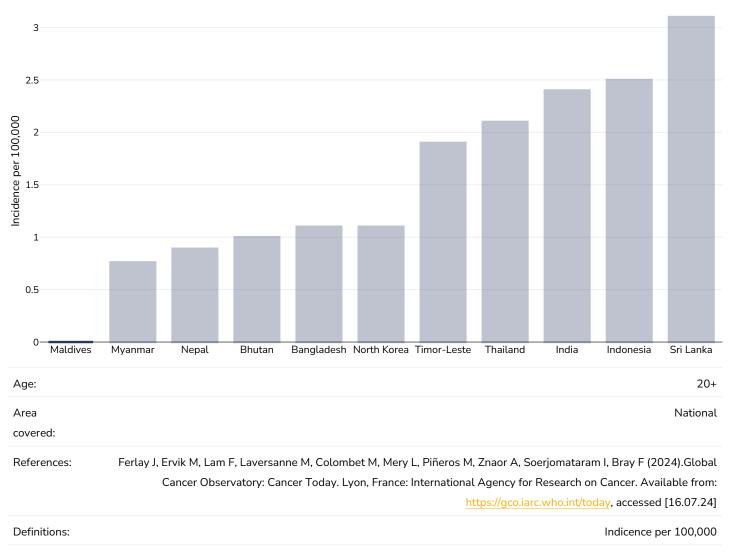




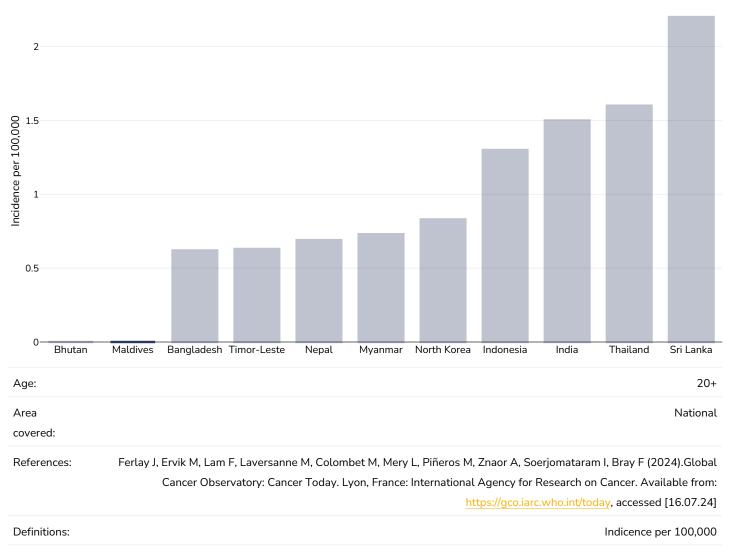


Multiple Myeloma

Men, 2022

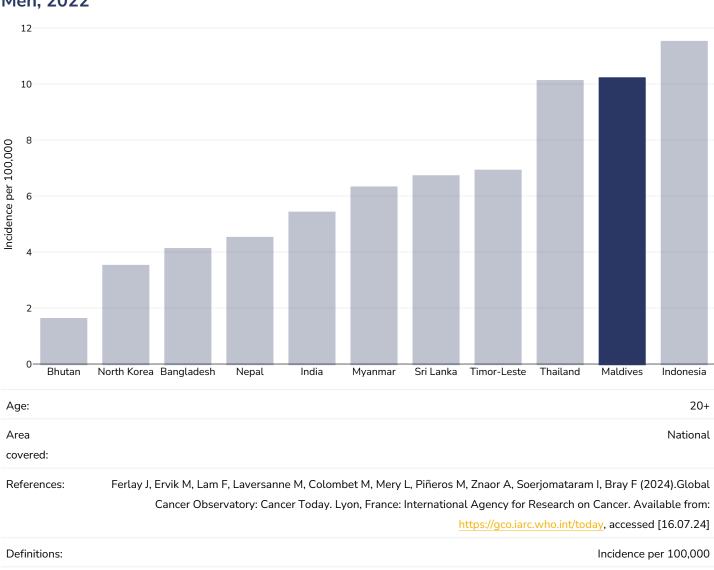








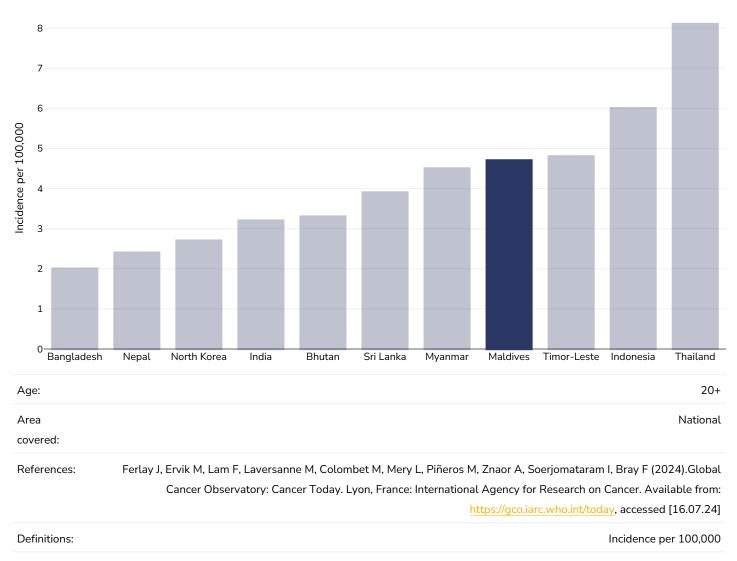
Non Hodgkin Lymphoma



Men, 2022

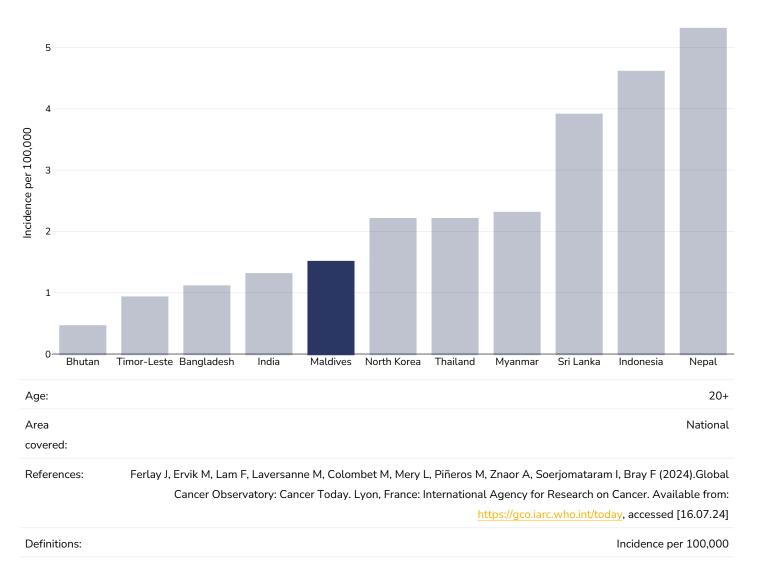
WORLD ØBESITY

Women, 2022

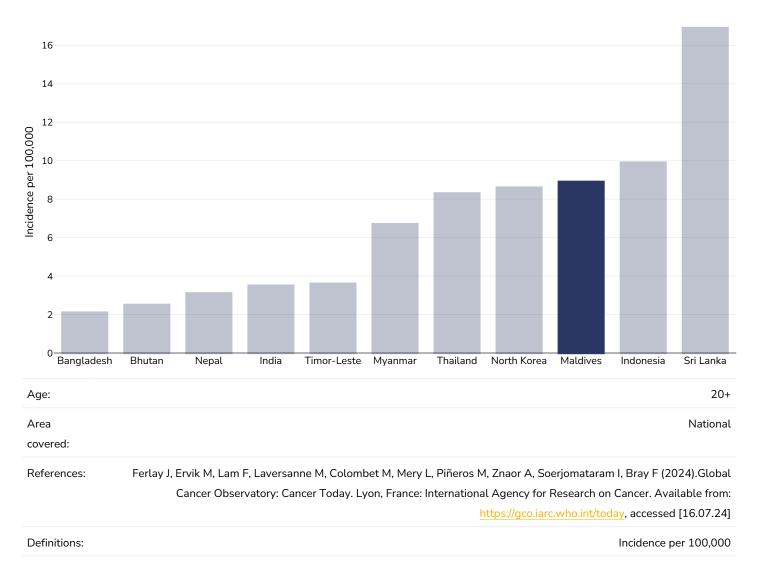


Thyroid Cancer

Men, 2022









Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	 Image: A second s
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	×
Color coding?	×
Warning label?	×

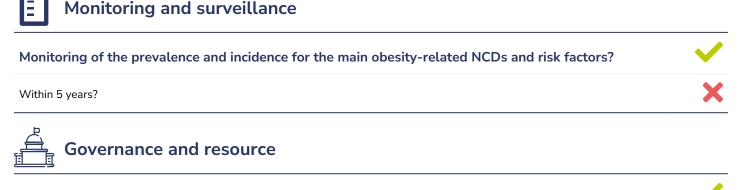
-

$ \begin{array}{c} \hline \\ \hline $	
Are there fiscal policies on unhealthy products?	\checkmark
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	~
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	×
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





National obesity strategy or nutrition and physical activity national strategy?	×
National obesity strategy?	×
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	 ✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	 ✓
National target(s) on reducing obesity?	
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	



Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?



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