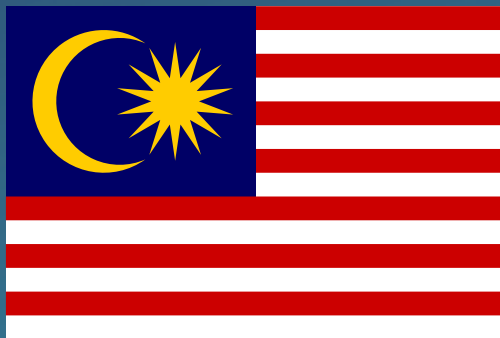




Malezija



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/malaysia-130/>.

Nacionalno tveganje za debelost ***8/10** This is a composite "obesity risk" score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Tveganje za debelost pri otrocih ***7,5/11** This is a "risk score" for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

*Na podlagi okvirnih podatkov. Za več informacij si oglejte Publikacije

Razširjenost debelosti

0-5 years, 2022



Vrsta ankete:	Izmerjeni
Starost:	0-5
Obseg vzorcev:	16790

Zajeto območje:

Na državni ravni

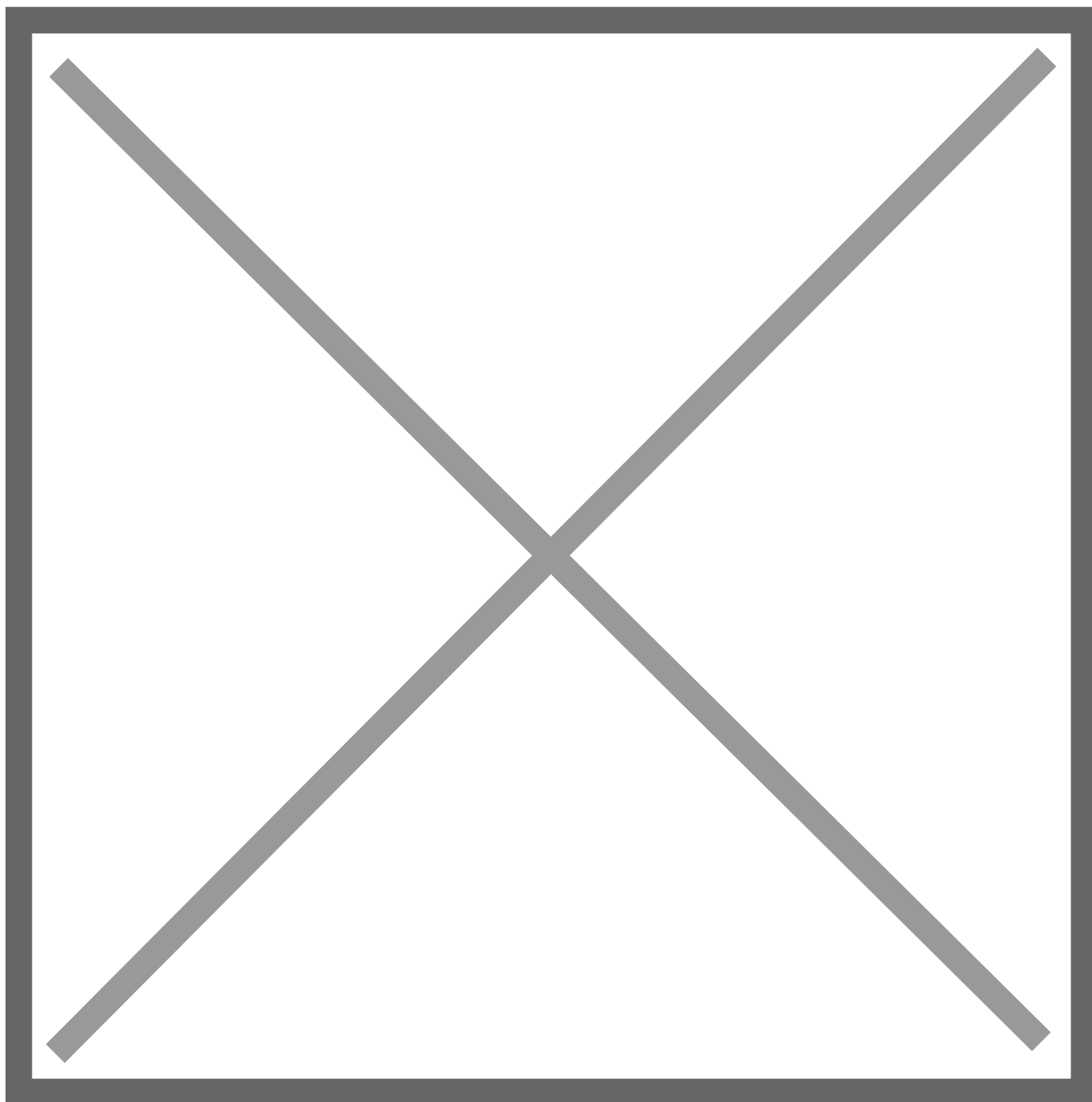
Literatura: Institute for Public Health (IPH) 2023. Technical Report National Health and Morbidity Survey (NHMS) 2022: Maternal and Child Health, Malaysia <https://iku.gov.my/images/teknikal-report/trnhmsmch2022v2.pdf>

Definicije (na voljo samo v angleščini): Overweight was defined as children's weight-for height more than 2 SD of the WHO Child growth standards median

Cutoffs: => +2SD

Prekomerna telesna teŹa/debelost glede na izobrazbo

0-5 years, 2016



Literatura:

Other: Malaysia National Health and Morbidity Survey 2016

Opombe (na voljo samo v angleŹini):

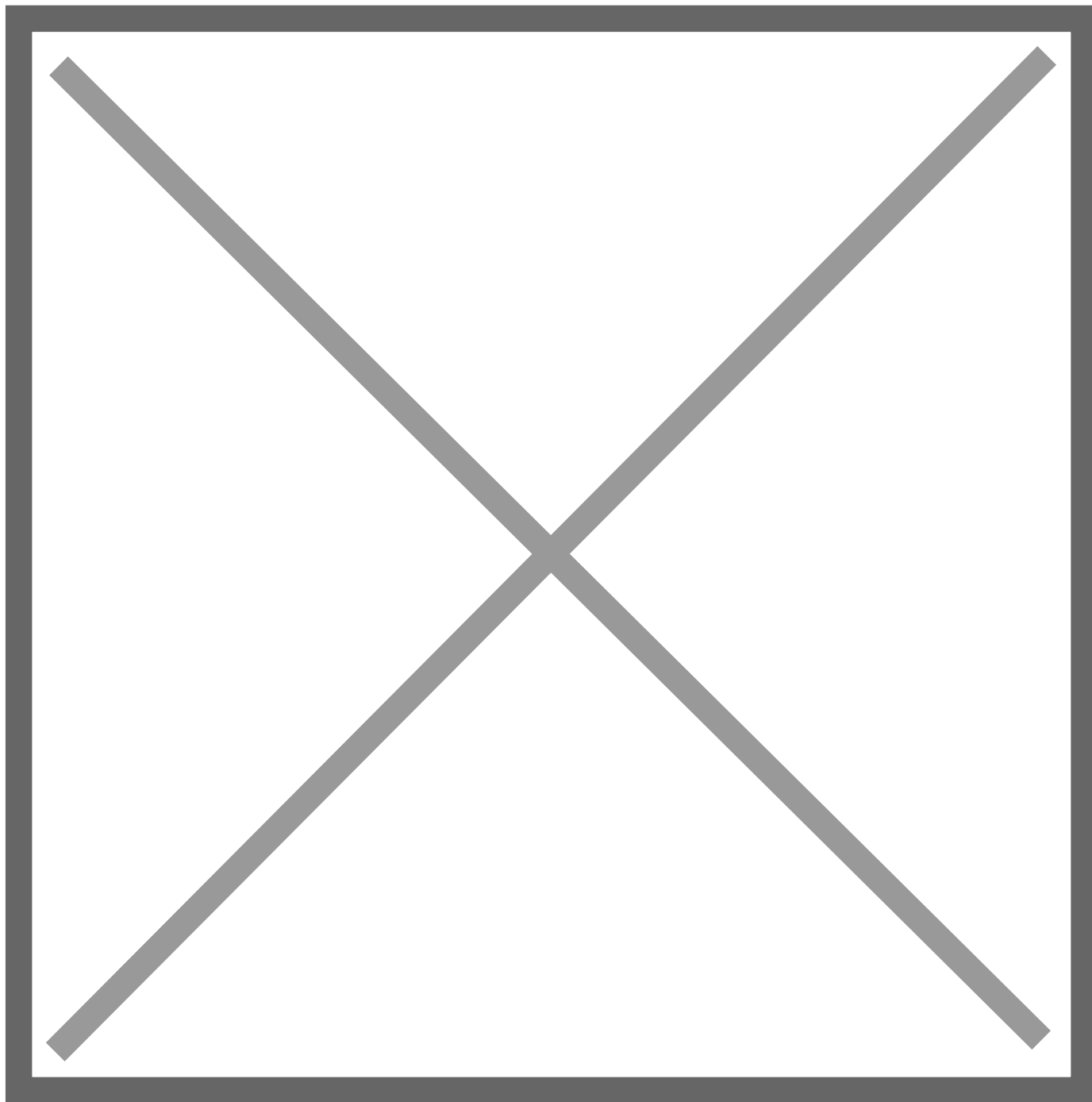
UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definicije (na
voljo samo v
angleščini):

=>+2SD

Prekomerna telesna teŹa/debelost glede na regijo

0-5 years, 2022



Vrsta ankete:

Izmerjeni

Obseg
vzorcev:

16790

Zajeto obmoĉje
je:

Na drŹavni ravni

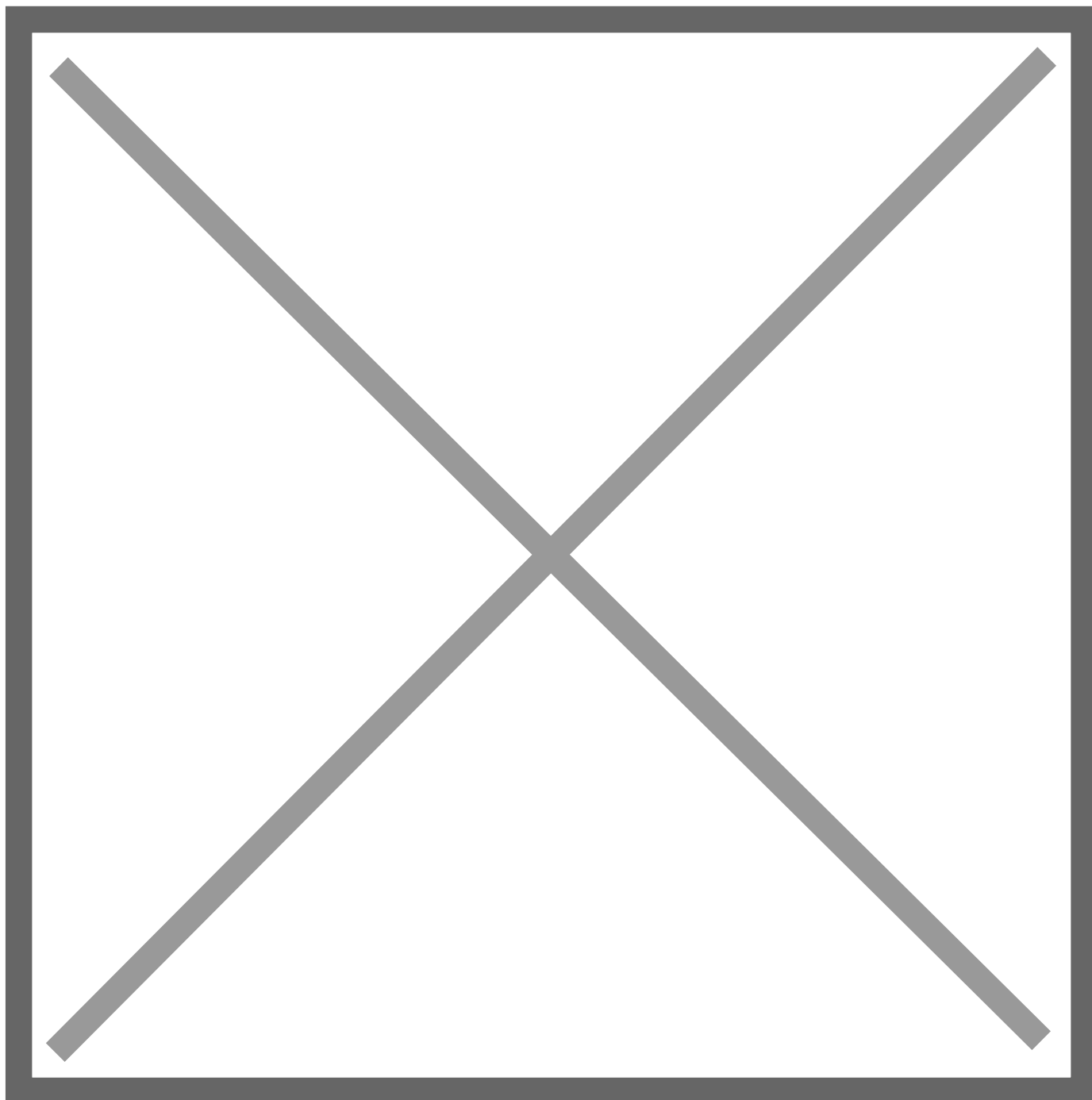
Literatura: Institute for Public Health (IPH) 2023. Technical Report National Health and Morbidity Survey (NHMS) 2022: Maternal and Child Health, Malaysia <https://iku.gov.my/images/teknikal-report/trnhmsmch2022v2.pdf>

Definicije (na voljo samo v angleščini): Overweight was defined as children's weight-for height more than 2 SD of the WHO Child growth standards median

Cutoffs: => +2SD

Prekomerna telesna teŹa/debelost glede na socialno-ekonomsko skupino

0-5 years, 2019



**Obseg
vzorcev:**

2272206

Literatura:

Other: Malaysia National Health and Morbidity Survey (NHMS) 2019

**Opombe (na
voljo samo v
angleščini):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

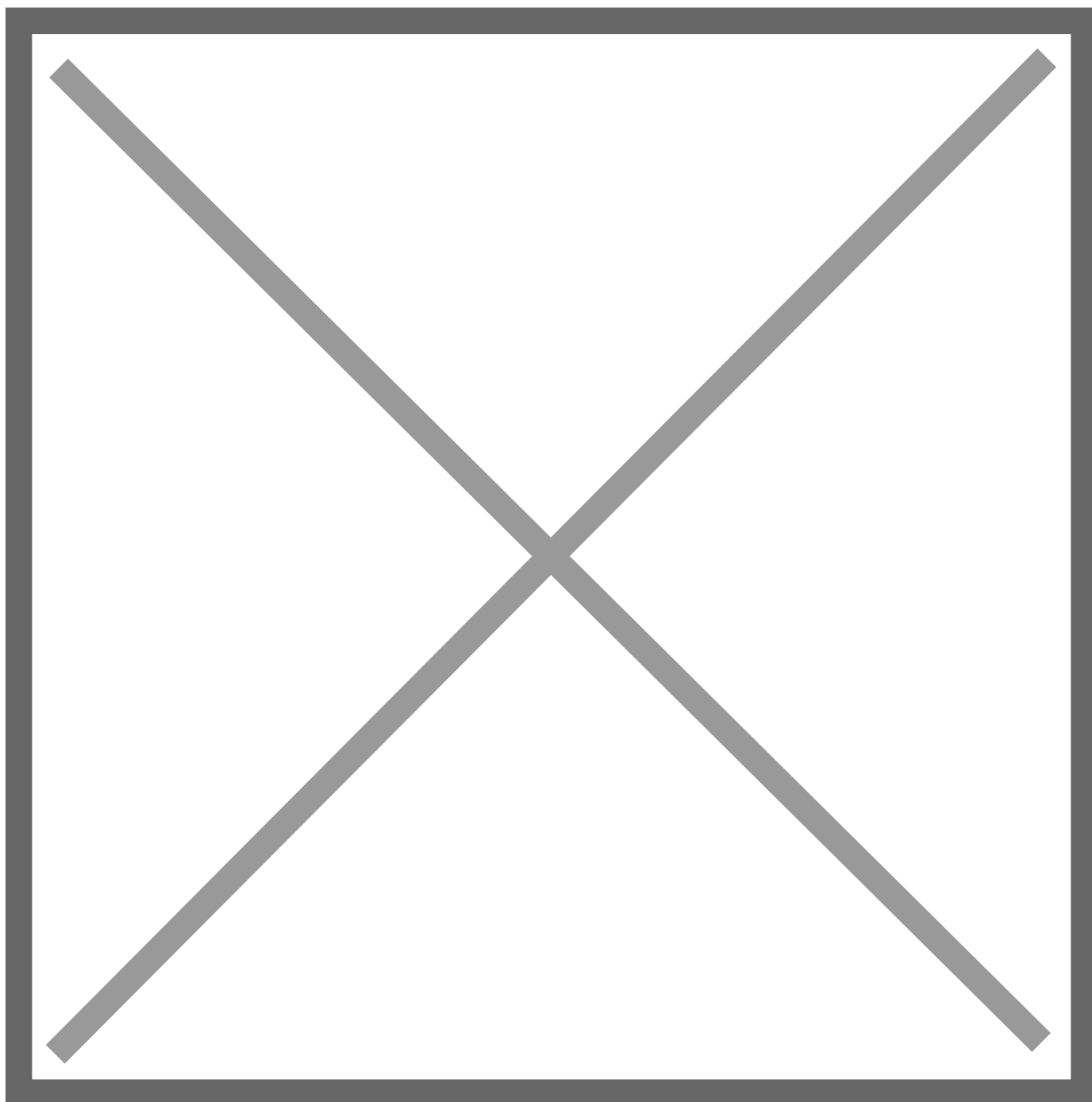
**Definicije (na
voljo samo v
angleščini):**

=>+2SD

Prekomerna telesna teŕa/debelost glede na etniÄ no poreklo

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

0-5 years, 2022



Vrsta ankete:	Izmerjeni
Obseg vzorcev:	16790
Zajeto območje je:	Na državni ravni
Literatura:	Institute for Public Health (IPH) 2023. Technical Report National Health and Morbidity Survey (NHMS) 2022: Maternal and Child Health, Malaysia https://iku.gov.my/images/teknikal-report/trnhmsmch2022v2.pdf

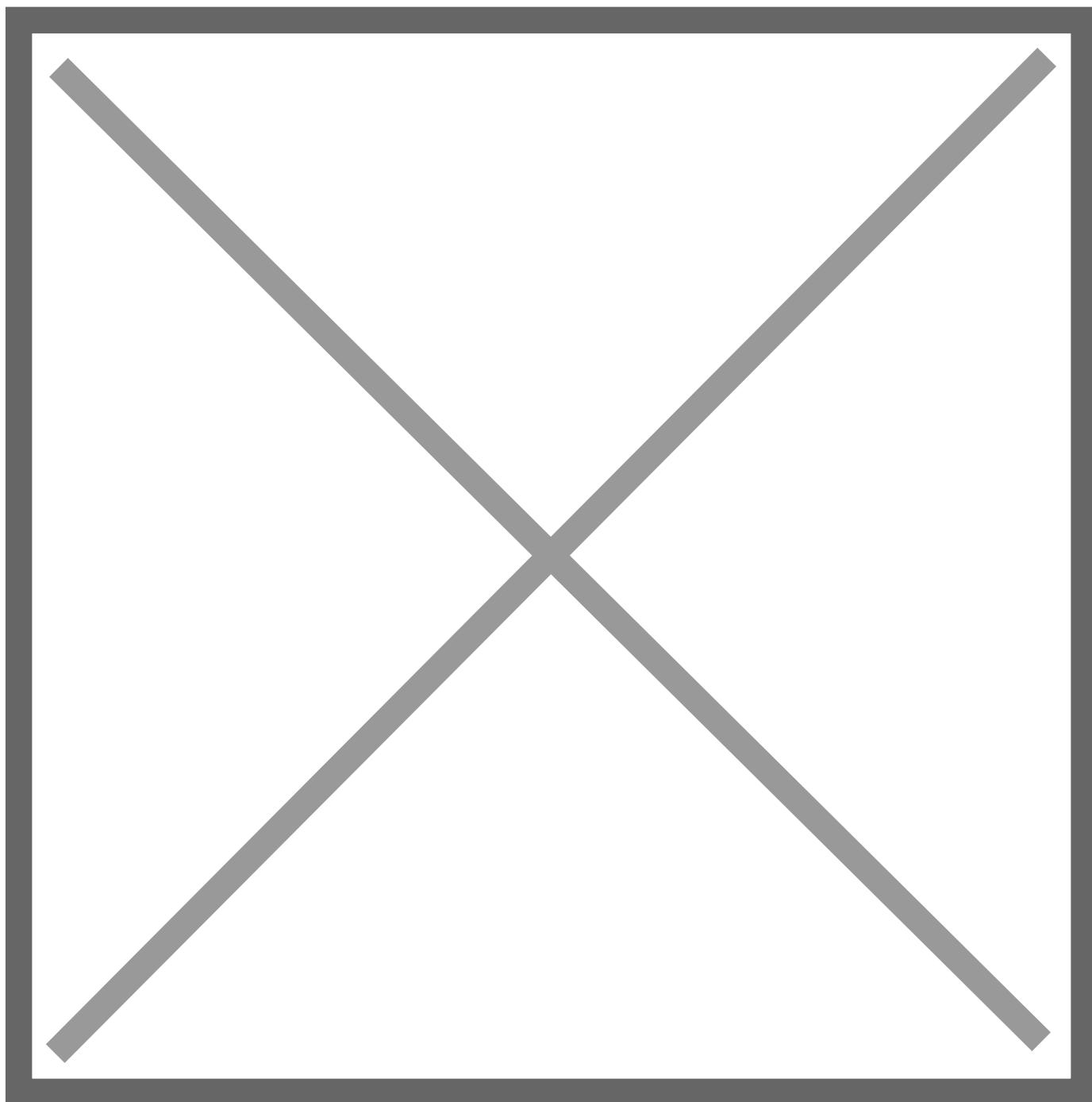
**Definicije (na
voljo samo v
angleščini):**

Overweight was defined as children's weight-for height more than 2 SD of the WHO Child growth standards median

Cutoffs:

=>+2SD

% otrok, ki so bili izključno dojeni 0–5 mesecev
0-5 years, 2007-2023



Literatura:

Malaysia National Health and Morbidity Survey 2016

Opombe (na voljo samo v angleščini):

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

PDF created on July 16, 2025