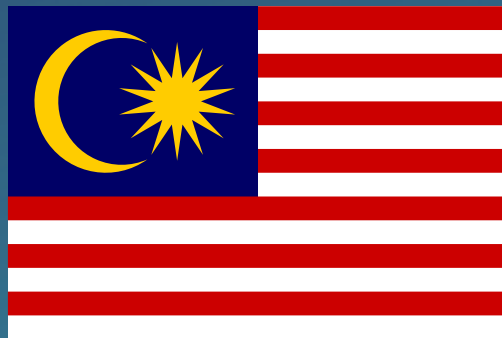




Malaysia



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/malaysia-130/>.

FedmeprÃ|valens

0-5 years, 2022



UndersÃ_gelsestype:	MÃ¥lt
Alder:	0-5
PrÃ_vens stÃ_rrelse:	16790
Area covered:	National

Referencer:	Institute for Public Health (IPH) 2023. Technical Report National Health and Morbidity Survey (NHMS) 2022: Maternal and Child Health, Malaysia https://iku.gov.my/images/teknikal-report/trnhmsmch2022v2.pdf
Definitioner (kun tilgængelig på engelsk):	Overweight was defined as children's weight-for height more than 2 SD of the WHO Child growth standards median
Cutoffs:	=>+2SD

Overv gt/fedme efter uddannelse

0-5 years, 2016



Referencer:

Other: Malaysia National Health and Morbidity Survey 2016

**Noter (kun
tilg ngelige
p  engelsk):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitioner
(kun
tilgÅ;ngelig
på engelsk):

=>+2SD

Overv gt/fedme efter region

0-5 years, 2022

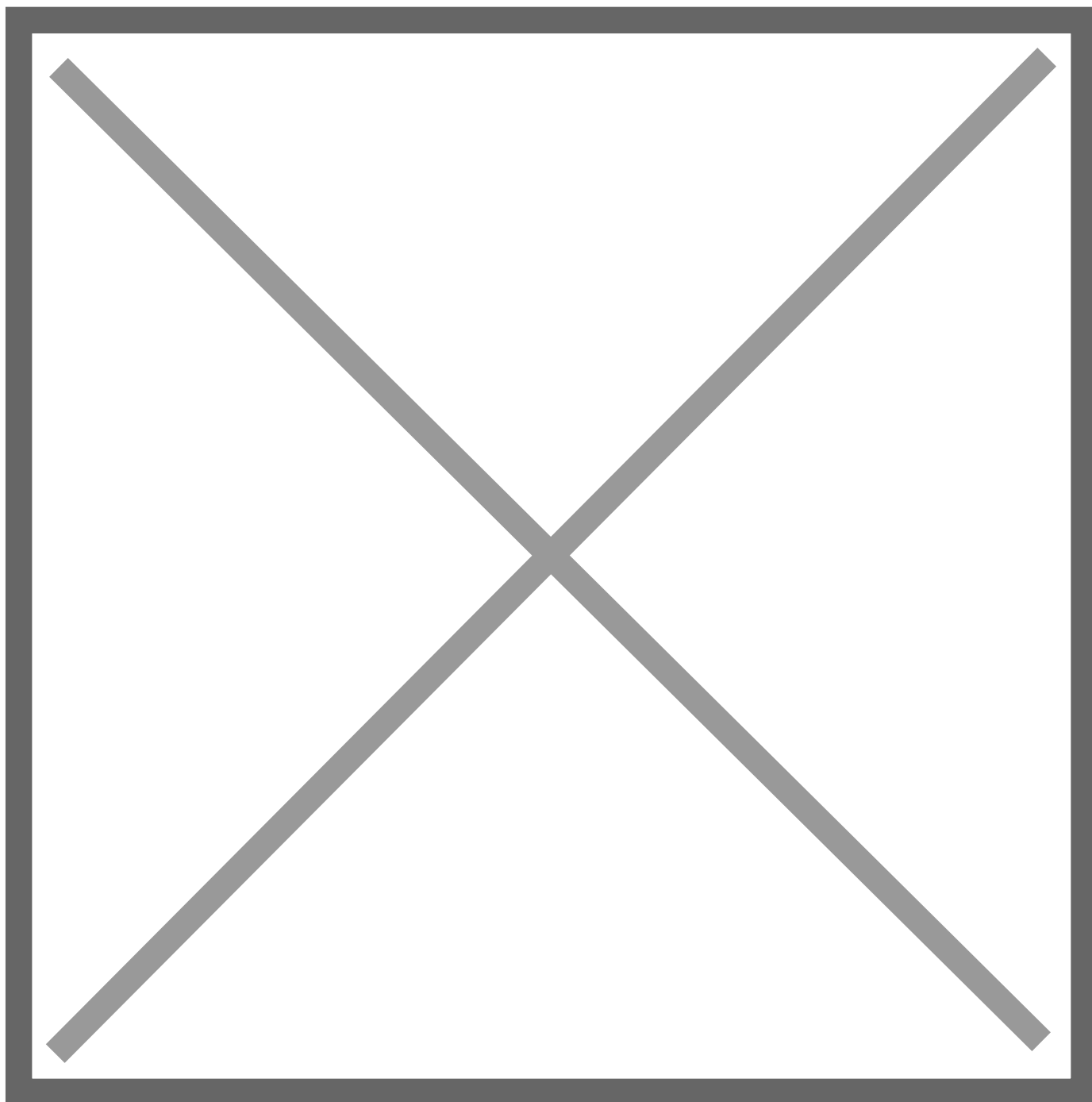


Unders�gelsestype:	M�lt
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Referencer:	Institute for Public Health (IPH) 2023. Technical Report National Health and Morbidity Survey (NHMS) 2022: Maternal and Child Health, Malaysia https://iku.gov.my/images/teknikal-report/trnhmsmch2022v2.pdf
Definitioner (kun tilgængelig på engelsk):	Overweight was defined as children's weight-for height more than 2 SD of the WHO Child growth standards median
Cutoffs:	=>+2SD

Overv gt/fedme efter socio konomisk gruppe

0-5 years, 2019



Pr vens
st relse:

2272206

Referencer:

Other: Malaysia National Health and Morbidity Survey (NHMS) 2019

**Noter (kun
tilgǻngelige
pǻŕ engelsk):**

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

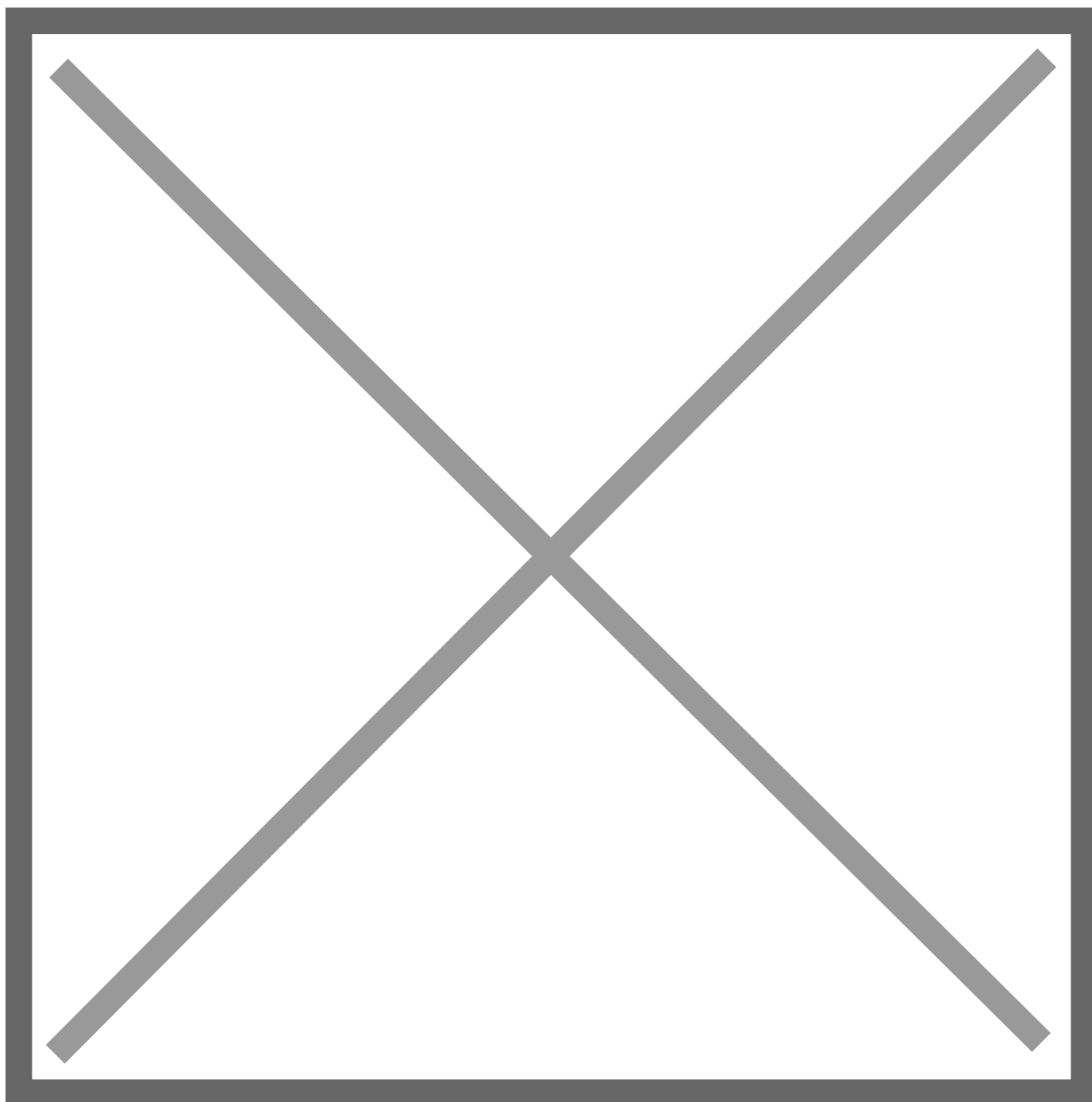
**Definitioner
(kun
tilgǻngelig
pǻŕ engelsk):**

=>+2SD

Overv gt/fedme efter etnicitet

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

0-5 years, 2022

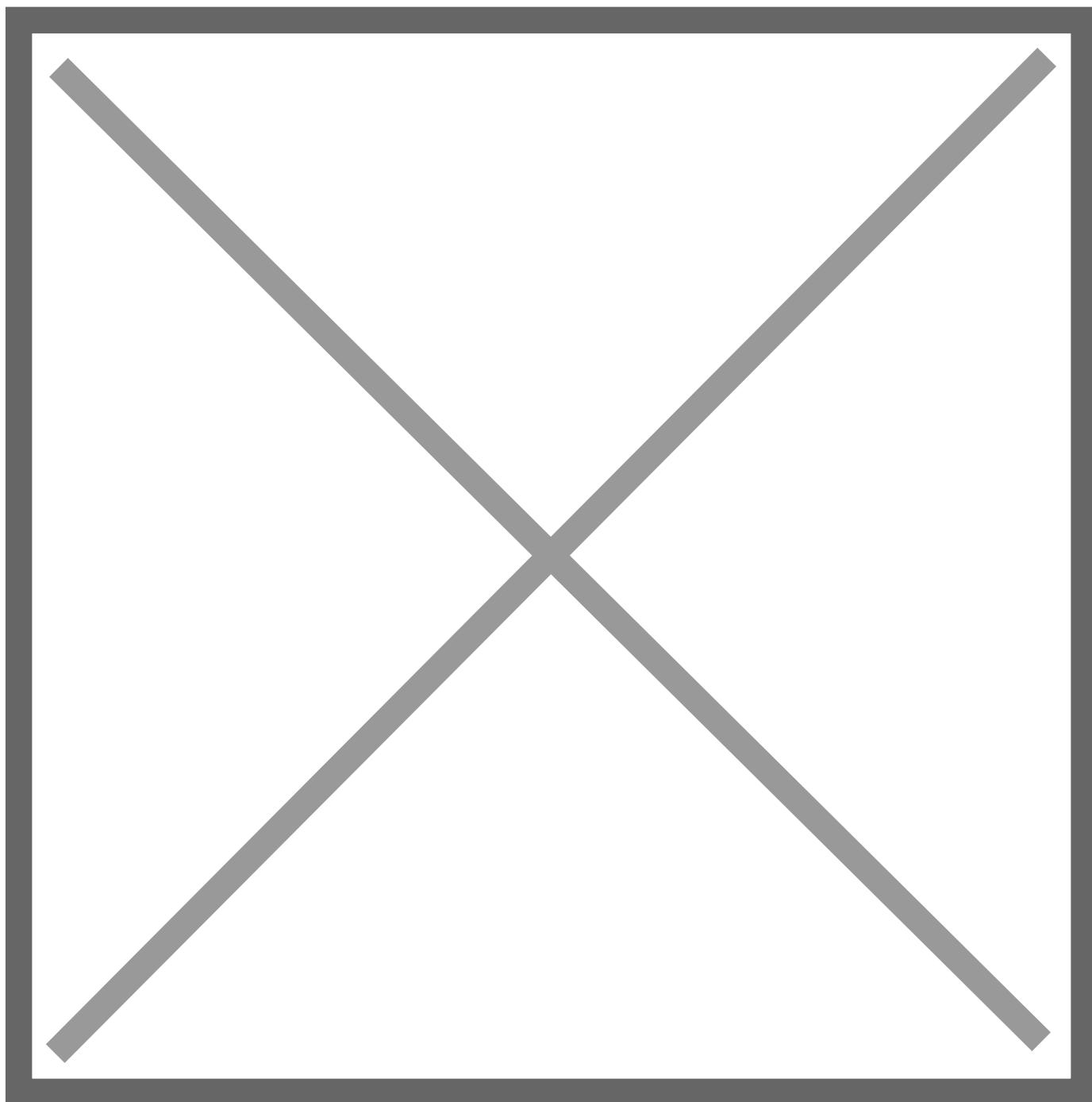


Unders�gelsestype:	M�lt
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Definitioner (kun tilg�ngelig p� engelsk):	Overweight was defined as children's weight-for height more than 2 SD of the WHO Child growth standards median

Cutoffs:

=>+2SD

% spÅ|dbÅ_rn, som udelukkende er ammet 0-5 mÅ¥neder 0-5 years, 2007-2023



Referencer:

Malaysia National Health and Morbidity Survey 2016

**Noter (kun
tilgÅ¥ngelige
pÅ¥ engelsk):**

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

PDF created on July 19, 2025