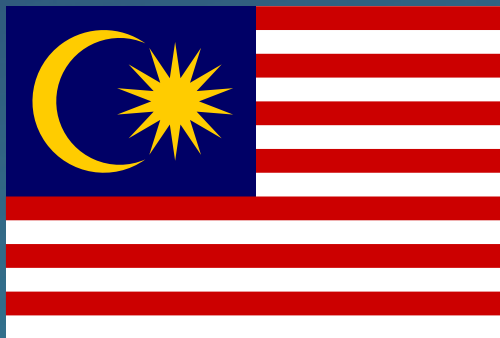




An Mhalaesia



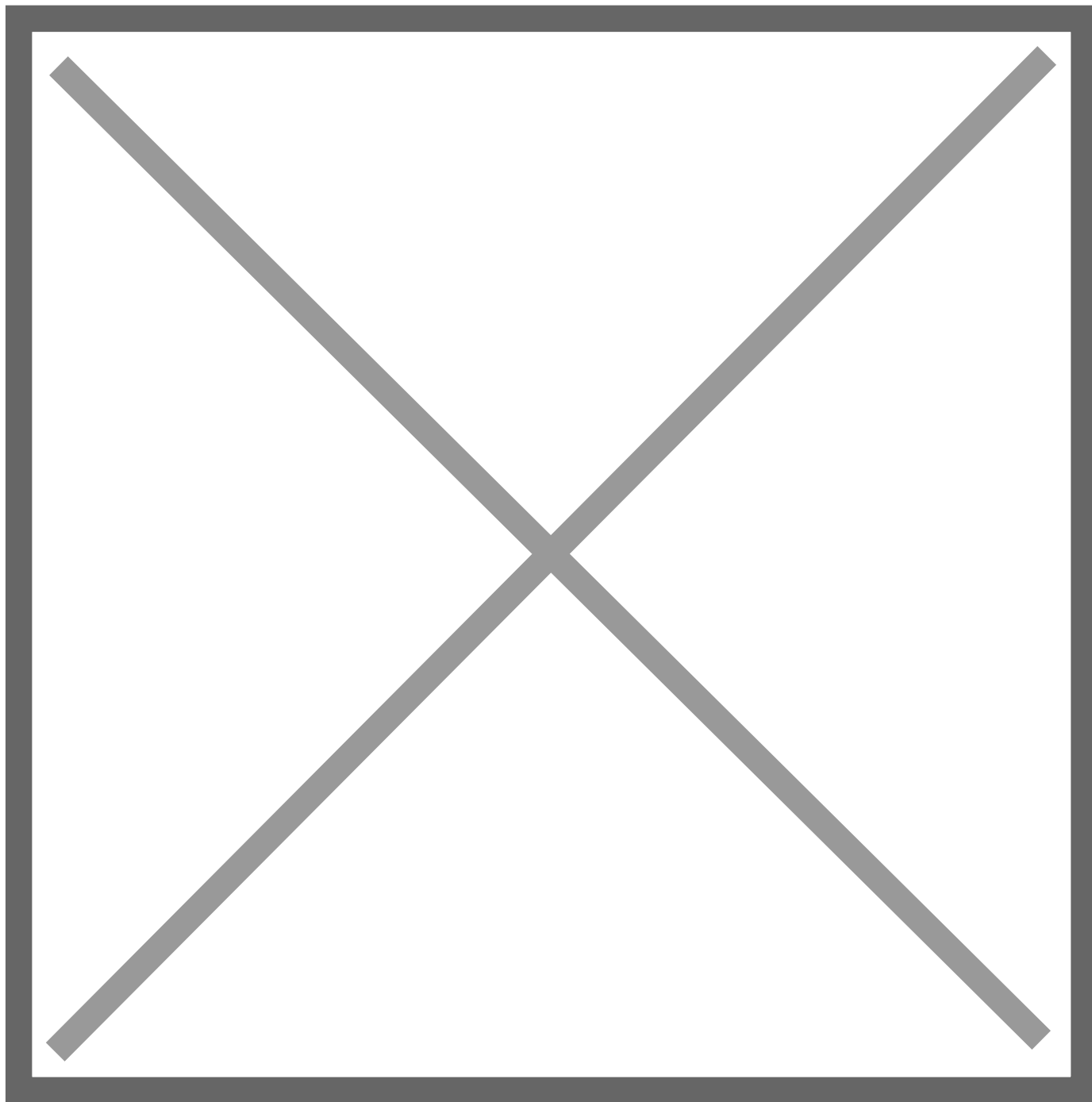
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/malaysia-130/>.

LeitheadÁlacht murtaill

Páistí, 2022



Cineál an tsuirbhí:

Tomhaiste

Aois:

13-17

Samplamhí:

33523

Ceantar
CIÁºdaithe:

NÃ¡isiÃºnta

TagairtÃº:

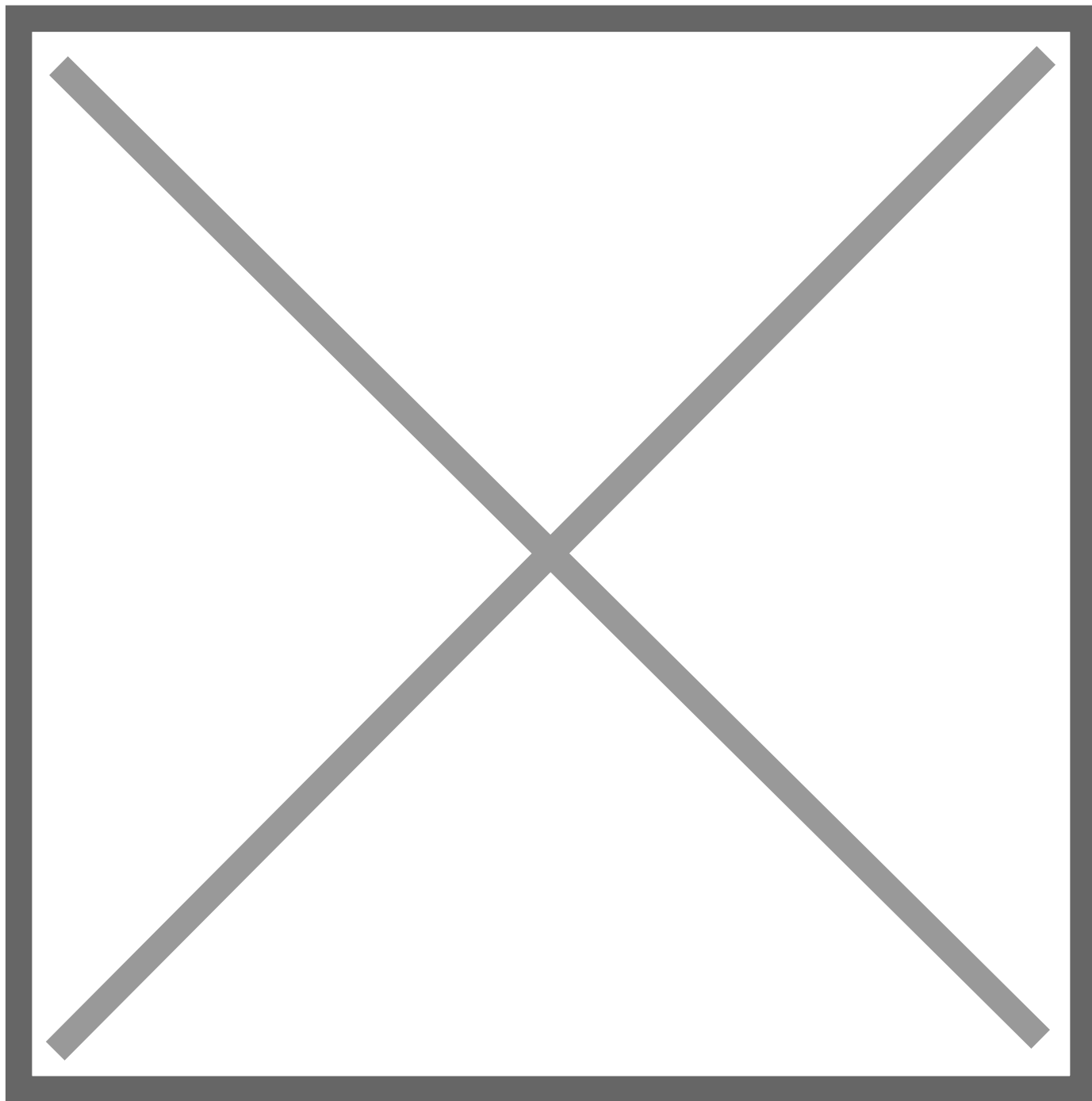
Institute for Public Health (IPH) 2022. Technical Report National Health and Morbidity Survey (NHMS) 2022: Adolescent Health Survey, Malaysia. https://iku.gov.my/images/nhms-2022/Report_Malaysia_nhms_ahs_2022.pdf

Cutoffs:

WHO 2007

Rómheáchán/murtall de réir oideachais

PÃ¡istÃ, 2017



**CineÃil an
tsuirbhÃ©:**

Féintuairiscithe

Aois:

10-17

SamplamhÃ©id:

40017

Ceantar
CIÁºdaithe:

NÃjisiÃºnta

TagairtÃº:

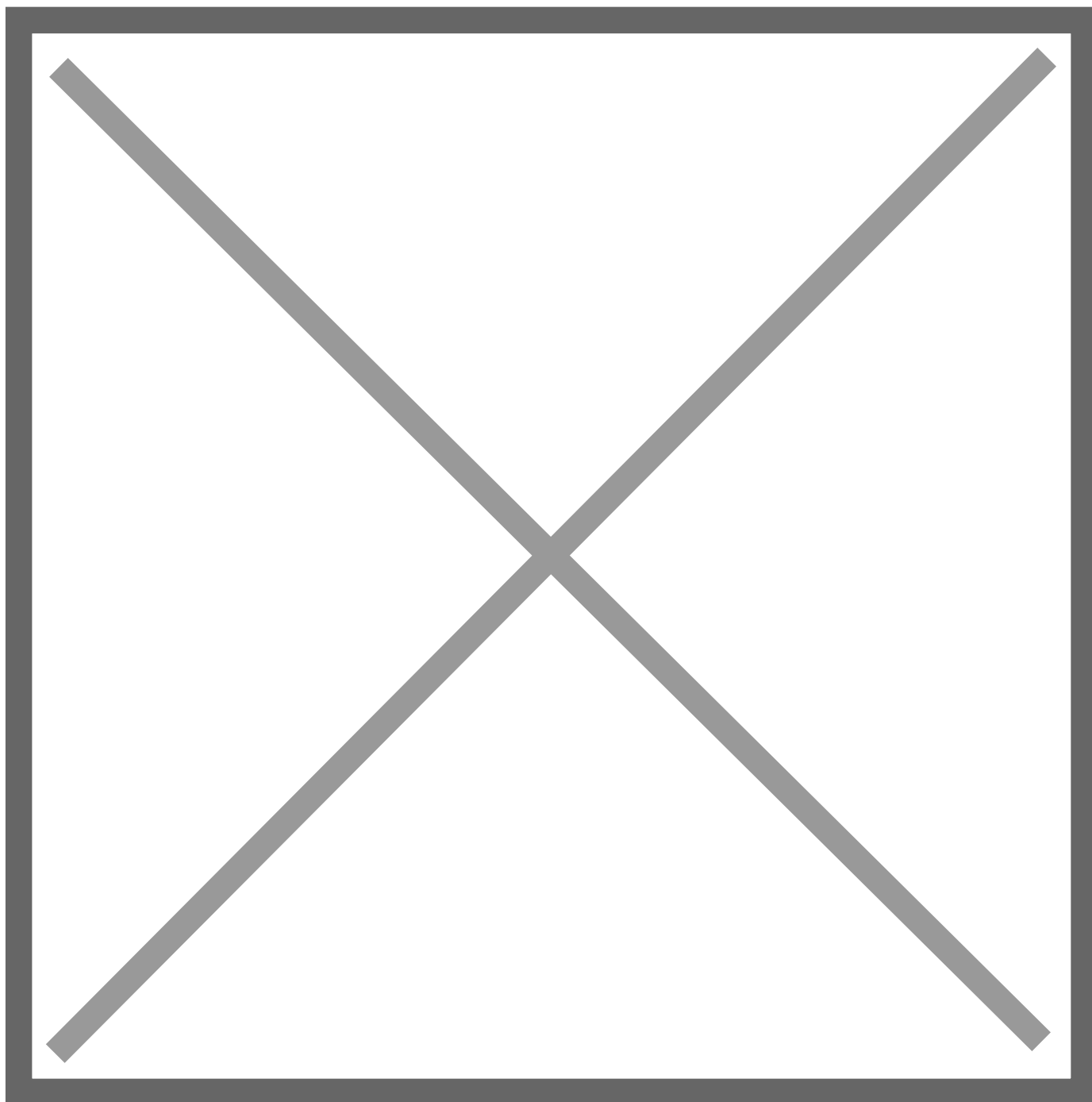
Institute for Public Health (IPH) 2017. National Health and Morbidity Survey (NHMS) 2017: Adolescent Nutrition Survey 2017, Malaysia. <https://iku.gov.my/images/IKU/Document/REPORT/NHMS2017/NutritionSurveyNHMS2017.pdf> (Accessed 05.06.23)

Cutoffs:

WHO

Rómheáchán/murtall de réir aoise

PÃ¡istÃ, 2022



CineÃ¡l an
tsuirbhÃ©:

Tomhaiste

SamplamhÃ©id:

33523

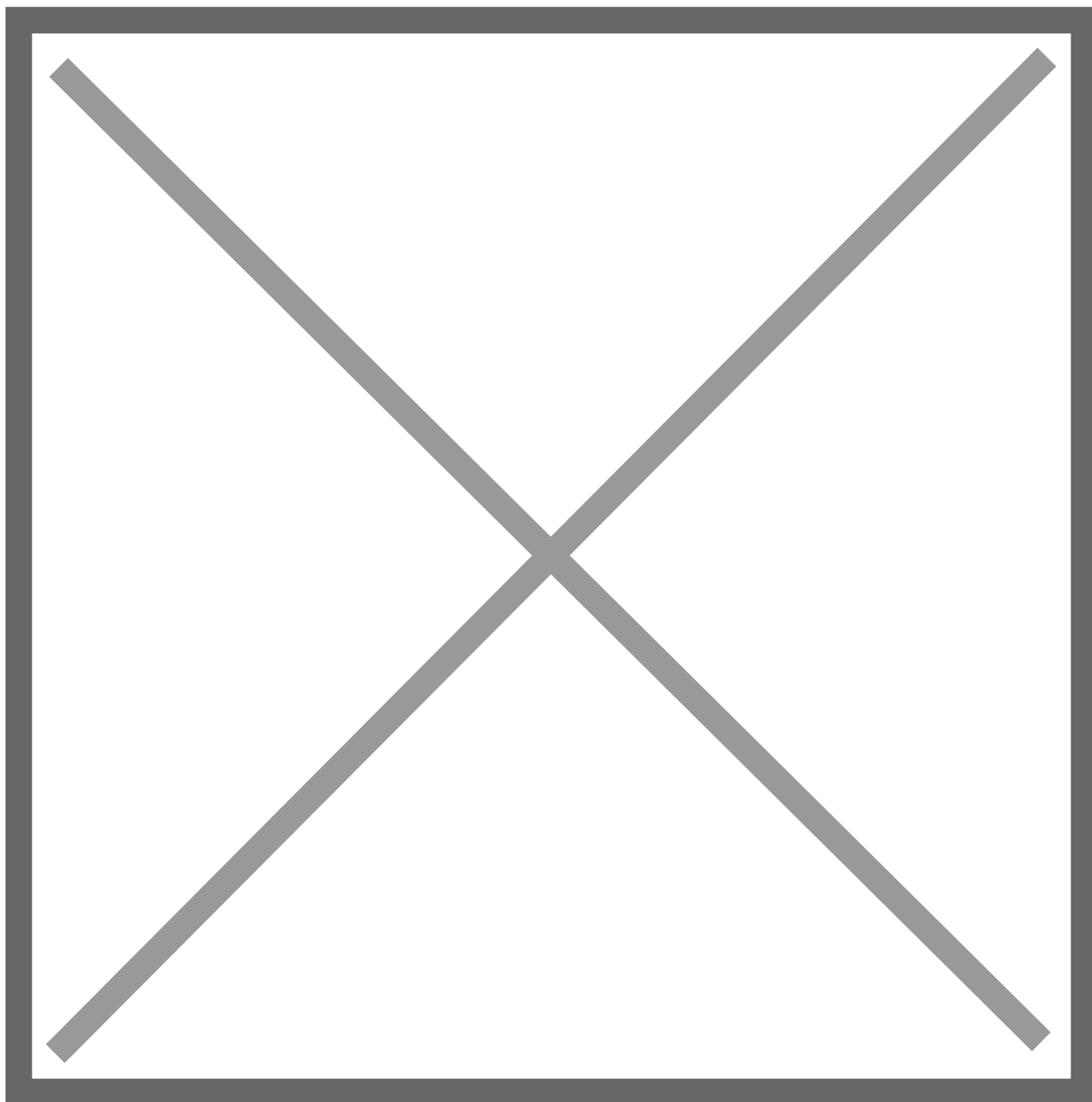
Ceantar
CIÃ©daithe:

NÃ¡isiÃ©nta

Tagairt:	Institute for Public Health (IPH) 2022. Technical Report National Health and Morbidity Survey (NHMS) 2022: Adolescent Health Survey, Malaysia. https://iku.gov.my/images/nhms-2022/Report_Malaysia_nhms_ahs_2022.pdf (last accessed: 16.05.25)
Nótaí:	The age range studied was between 13 and 17 years. Results were presented by form. Form 1 is presented as age 13, form 2 is presented as age 14...
Cutoffs:	WHO 2007

Rómheáchán/murtall de réir réigiúin

Páistí, 2022



Cineál an tsuirbhí:

Tomhaiste

Aois:

13-17

Samplamh ID:

33523

Ceantar
CIÁºdaithe:

NÃjisiÃºnta

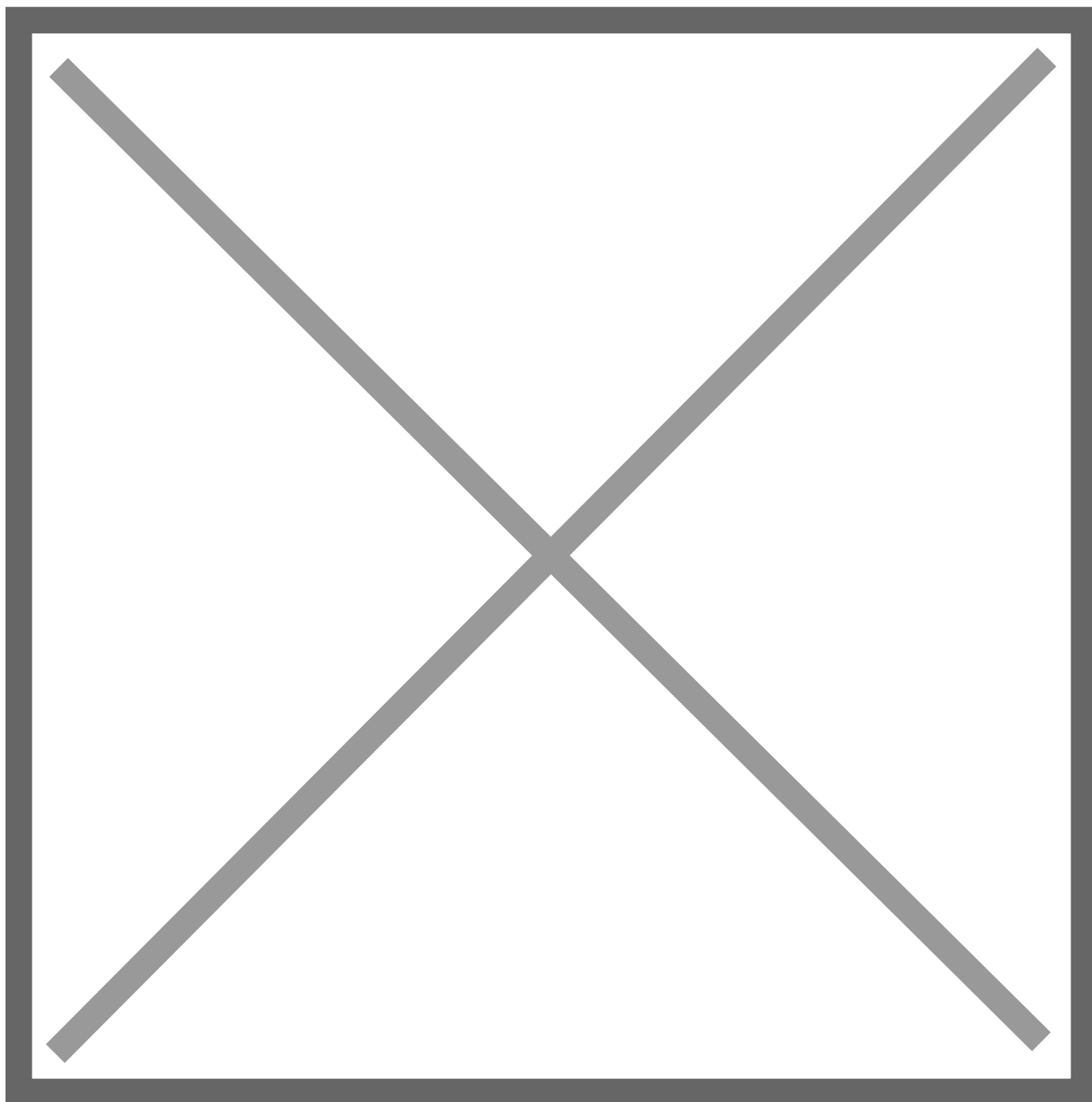
TagairtÃº: Institute for Public Health (IPH) 2022. Technical Report National Health and Morbidity Survey (NHMS) 2022: Adolescent Health Survey, Malaysia. https://iku.gov.my/images/nhms-2022/Report_Malaysia_nhms_ahs_2022.pdf

Nótaí: Data for other Malaysian states are available in the full report.

Cutoffs: WHO 2007

Rómheáchán/murtall de réir grúpa socheacnamaíoch

Páistí, 2019



Cineál an tsuirbhí:

Tomhaiste

Aois:

5-17

Samplamh:

3179

**Ceantar
CIÁºdaithe:**

NÁjisiÁºnta

TagairtÁº:

National Health and Morbidity Survey 2019. Available at:
http://iku.gov.my/images/IKU/Document/REPORT/NHMS2019/Report_NHMS2019-NCD_v2.pdf. Accessed 01.11.21.

Nótaí:

Household Income Category

**SainmhÁºnithe
(ar fÁºil i
mBÁºarla
amhÁºin):**

BMI-for-Age

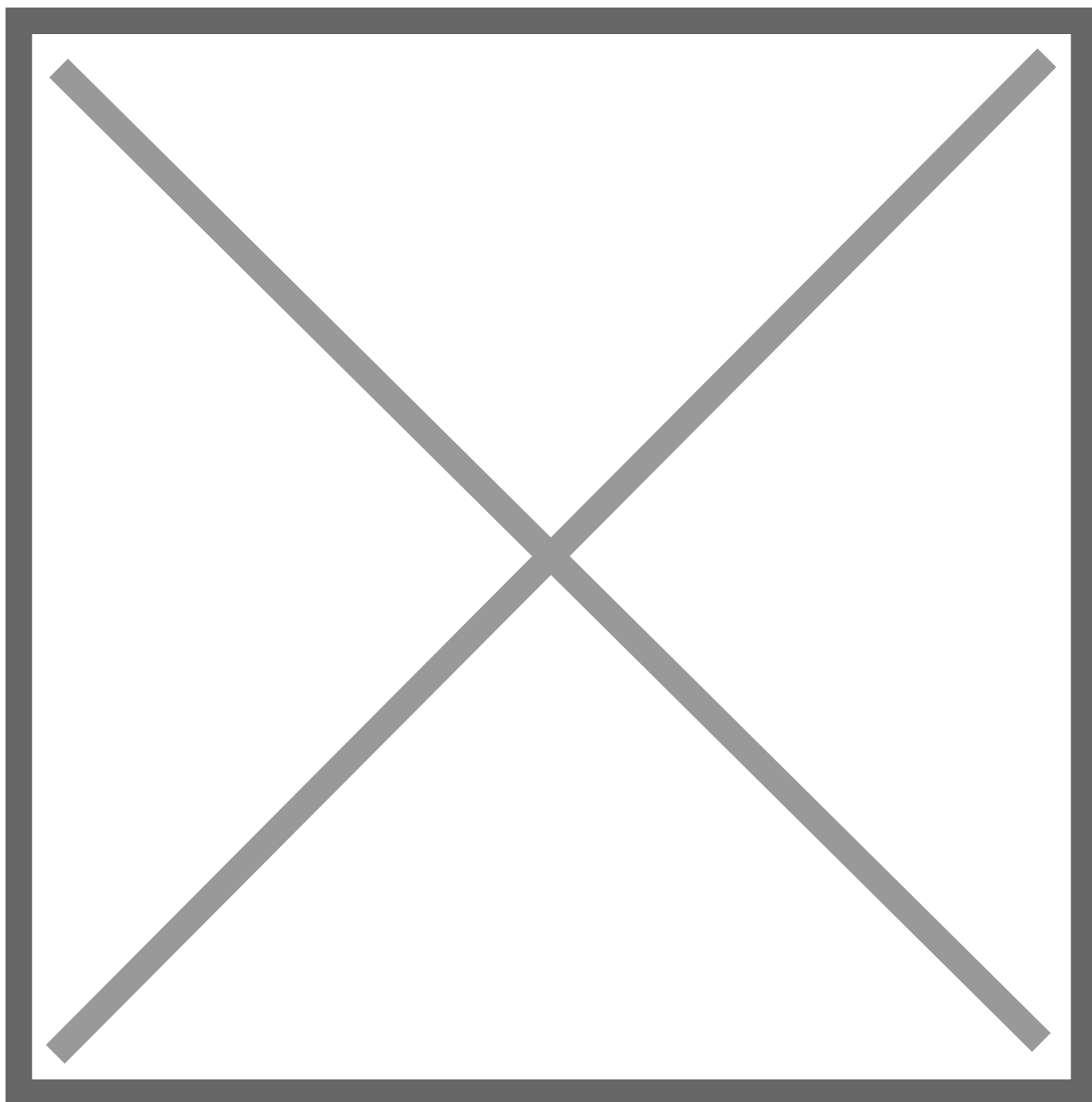
Cutoffs:

WHO

Rómheáchán/murtall de réir eitneachta

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

PÃ¡istÃ¡, 2022



**CineÃ¡l an
tsuirbhÃ©:**

Tomhaiste

Aois:

13-17

SamplamhÃ©id:

33523

**Ceantar
CIÃ©daithe:**

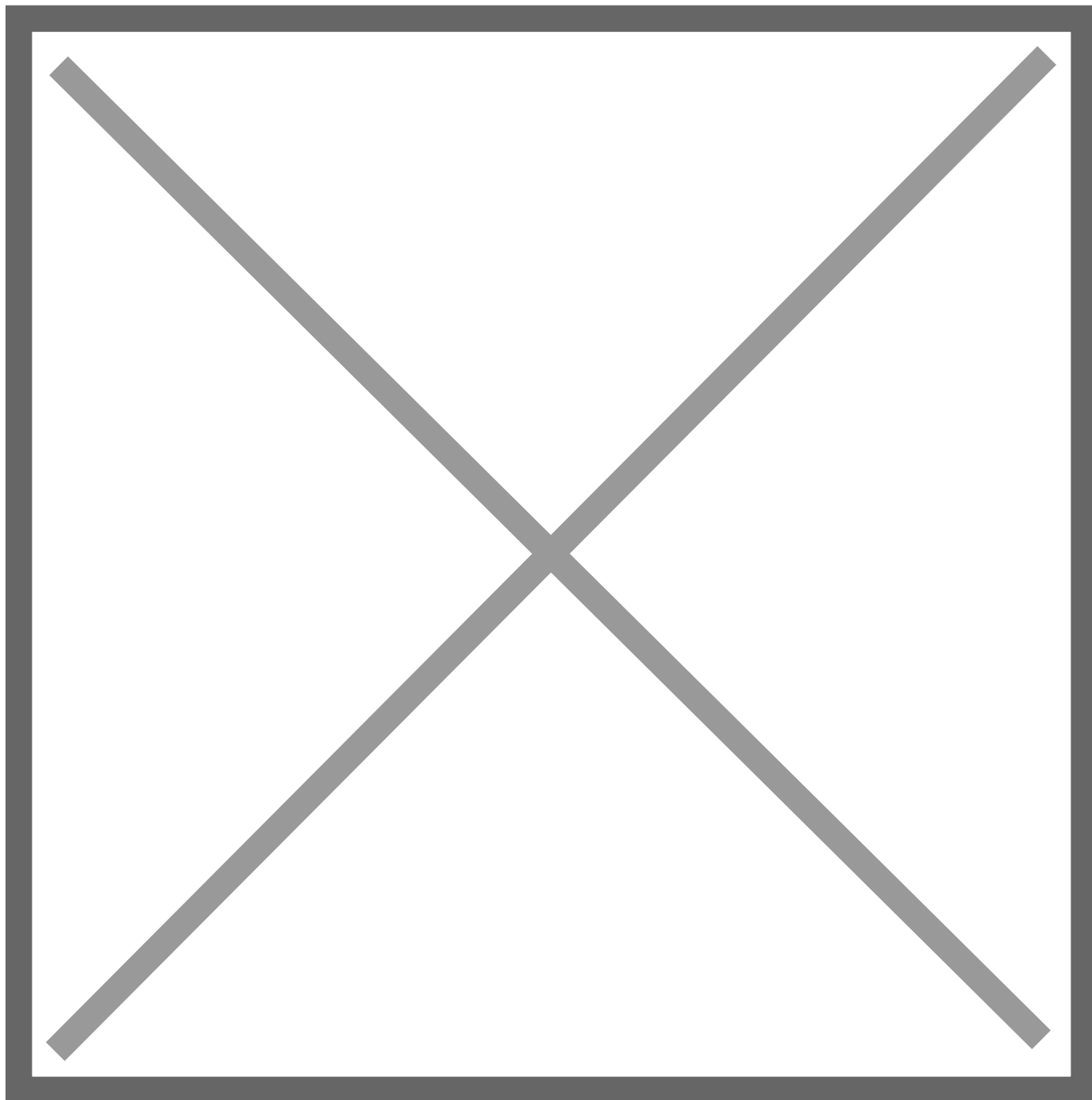
NÃ¡isiÃ©nta

Tagairt: Institute for Public Health (IPH) 2022. Technical Report National Health and Morbidity Survey (NHMS) 2022: Adolescent Health Survey, Malaysia. https://iku.gov.my/images/nhms-2022/Report_Malaysia_nhms_ahs_2022.pdf

Cutoffs: WHO 2007

Double burden of underweight & overweight

Páist, 2022



Cineál an tsuirbhí:

Tomhaiste

Aois:

5-19

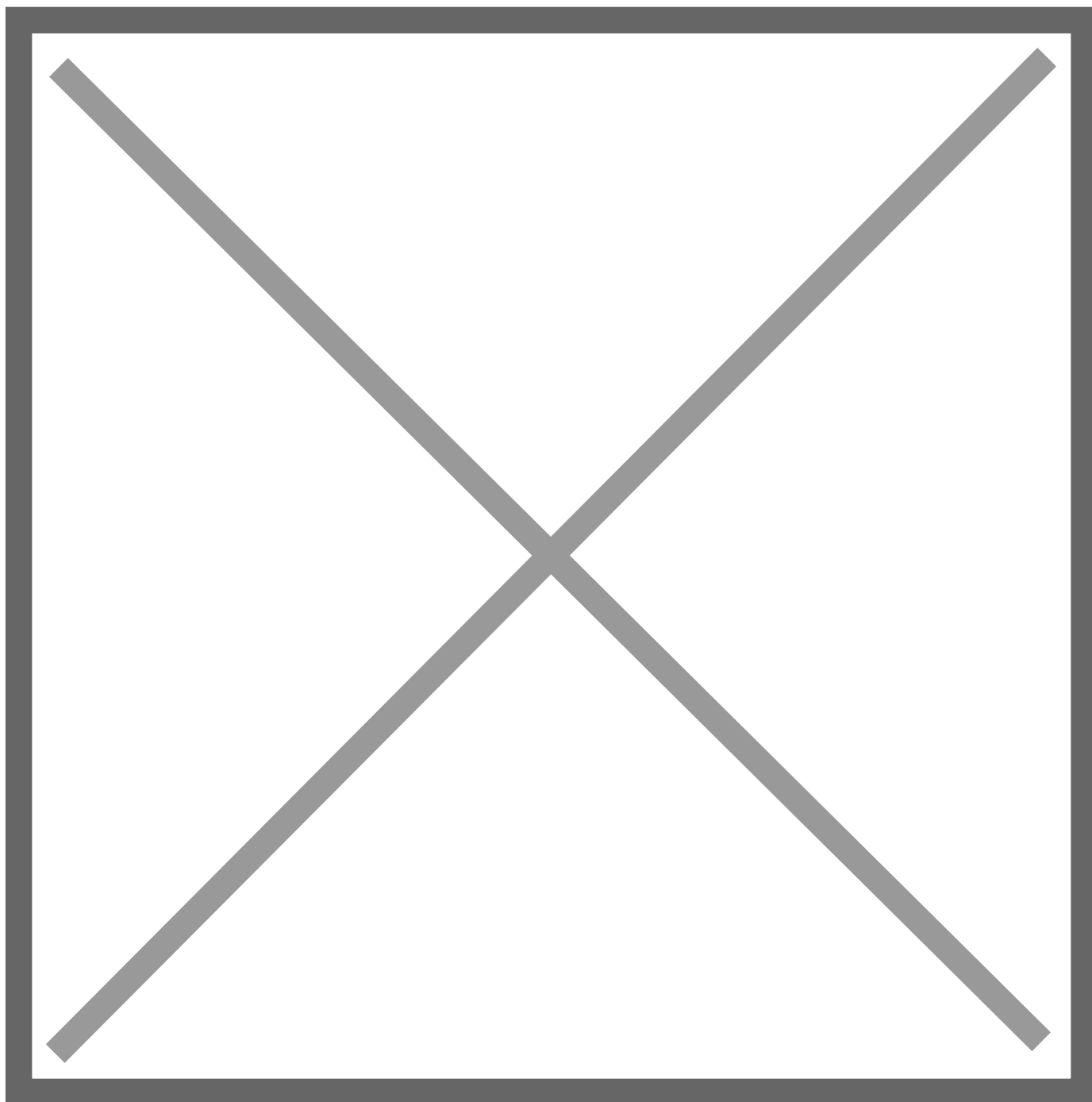
Tagairt:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Nótaí:	Age standardised estimates
Sainmháinthe (ar fáil i mBáarla amháin):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Gníomhaíocht choirp neamhimleor

Páistí, 2016



Cineál an tsuirbhí:

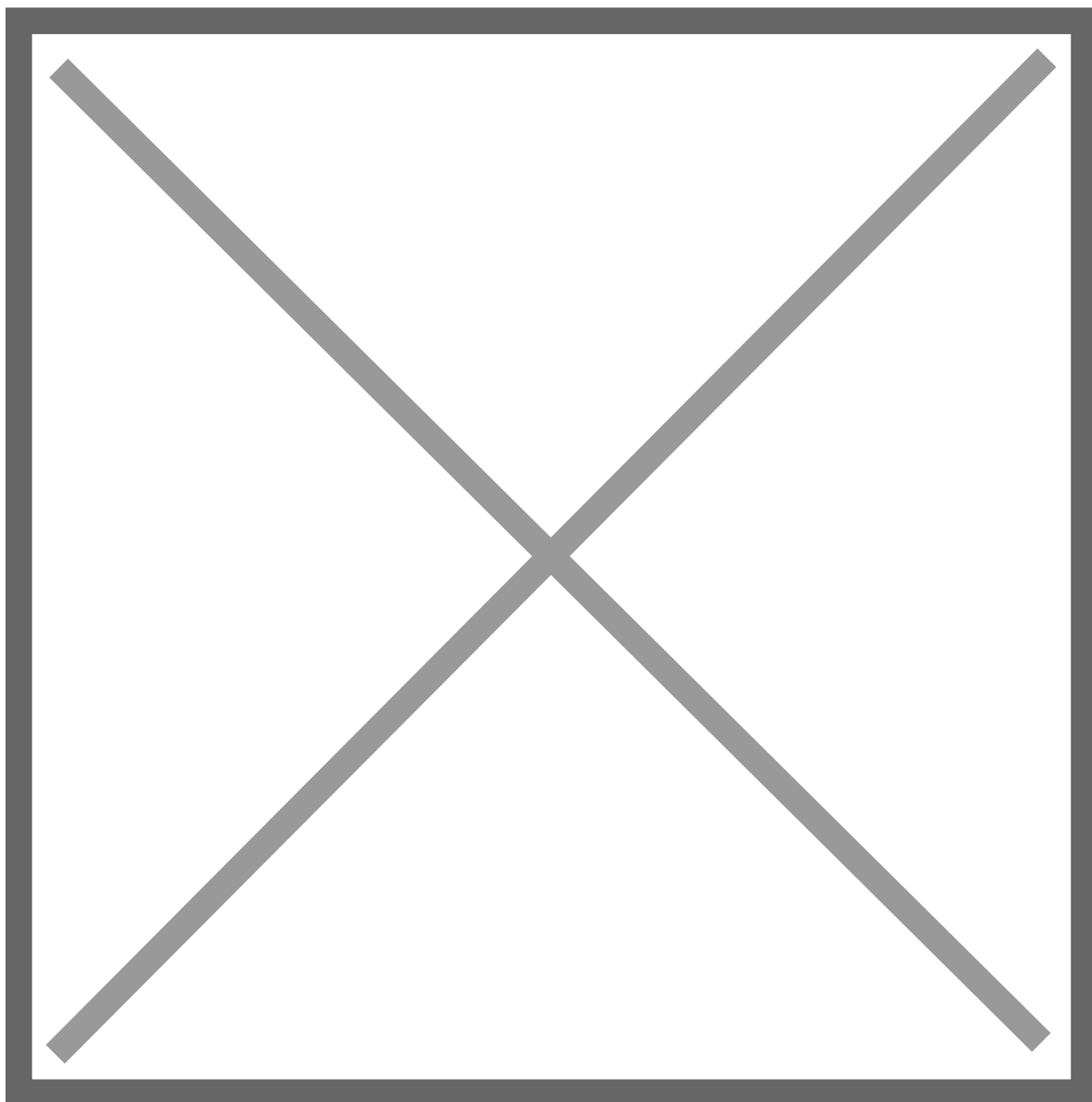
Féintuairiscithe

Aois:

11-17

Tagairt:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Nótaí:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Sainmháinthe (ar fáil i mBéarla amháin):	% Adolescents insufficiently active (age standardised estimate)

Buachaill, 2016



Cineál an tsuirbháil:

Féintuairiscithe

Aois:

11-17

Tagairt:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

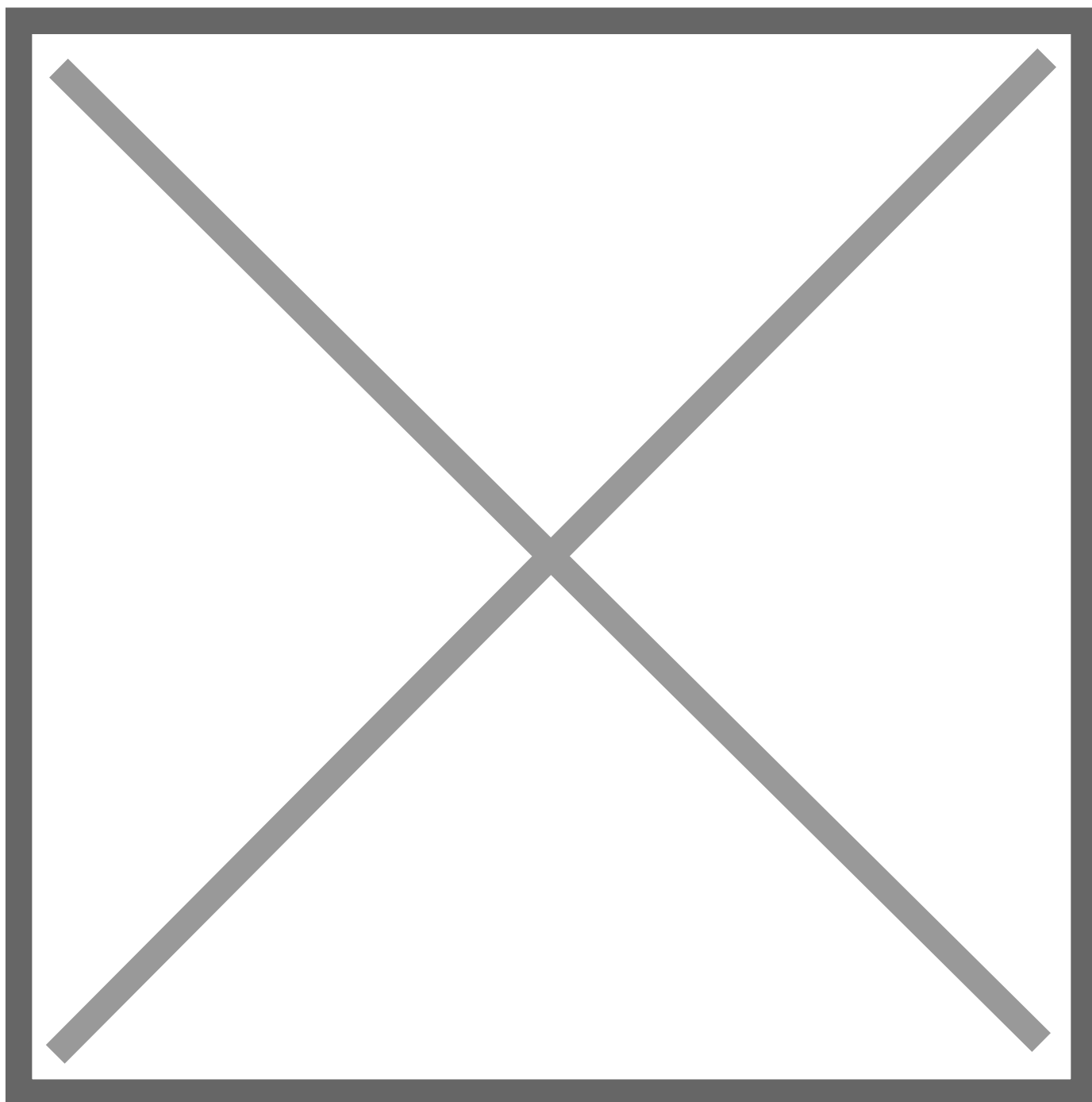
Nótaí:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

% Adolescents insufficiently active (age standardised estimate)

CailÃnÃ, 2016



CineÃjl an tsuirbhÃ©:

Féintuairiscithe

Aois:

11-17

TagairtÃ:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Nótaí:

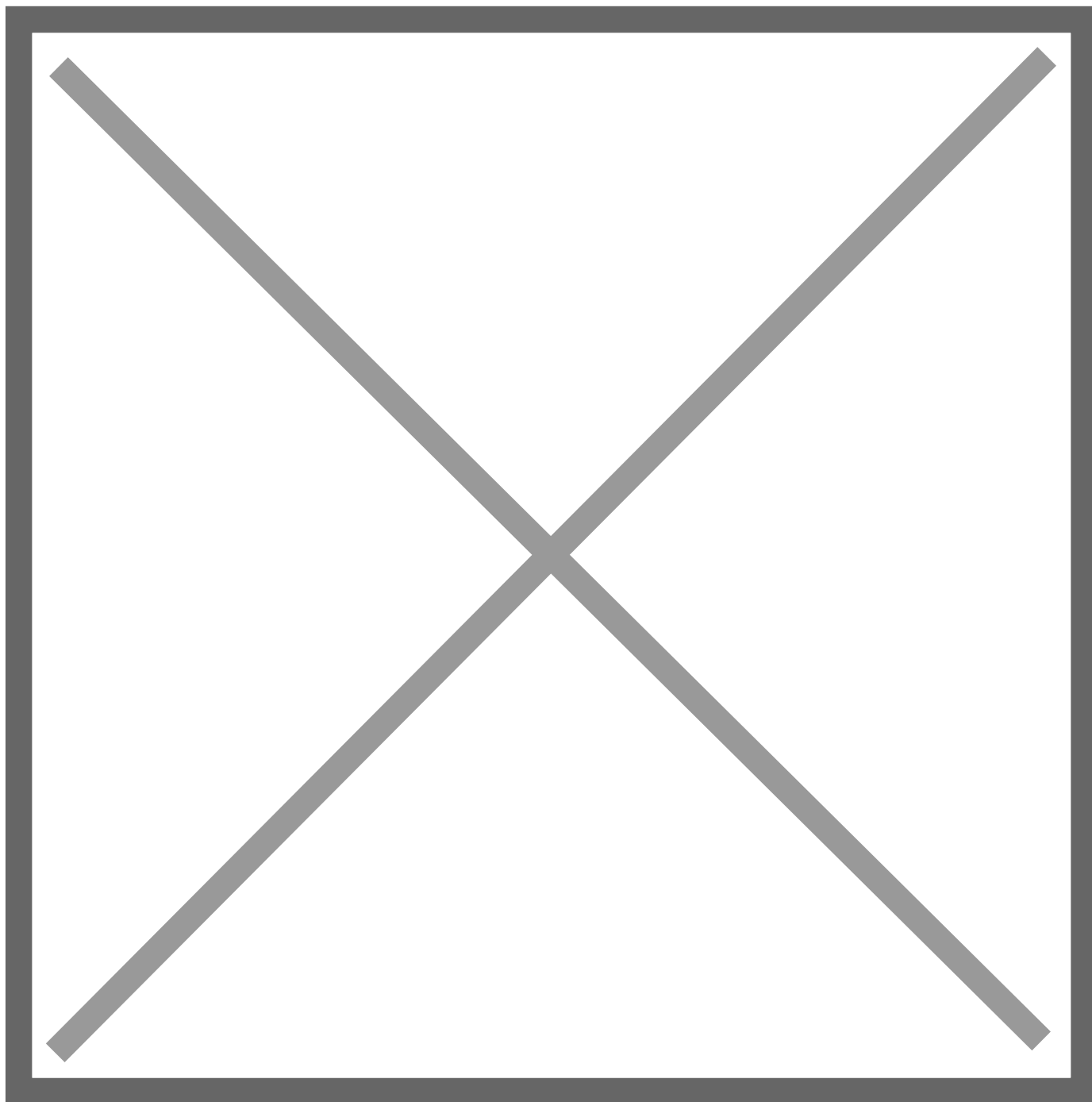
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

% Adolescents insufficiently active (age standardised estimate)

Meáinmhinicíocht laethúil Álta na ndeochanna boga carbónáitithe

Páistí, 2010-2015



Cineál an tsuirbhí:

Tomhaiste

Aois:

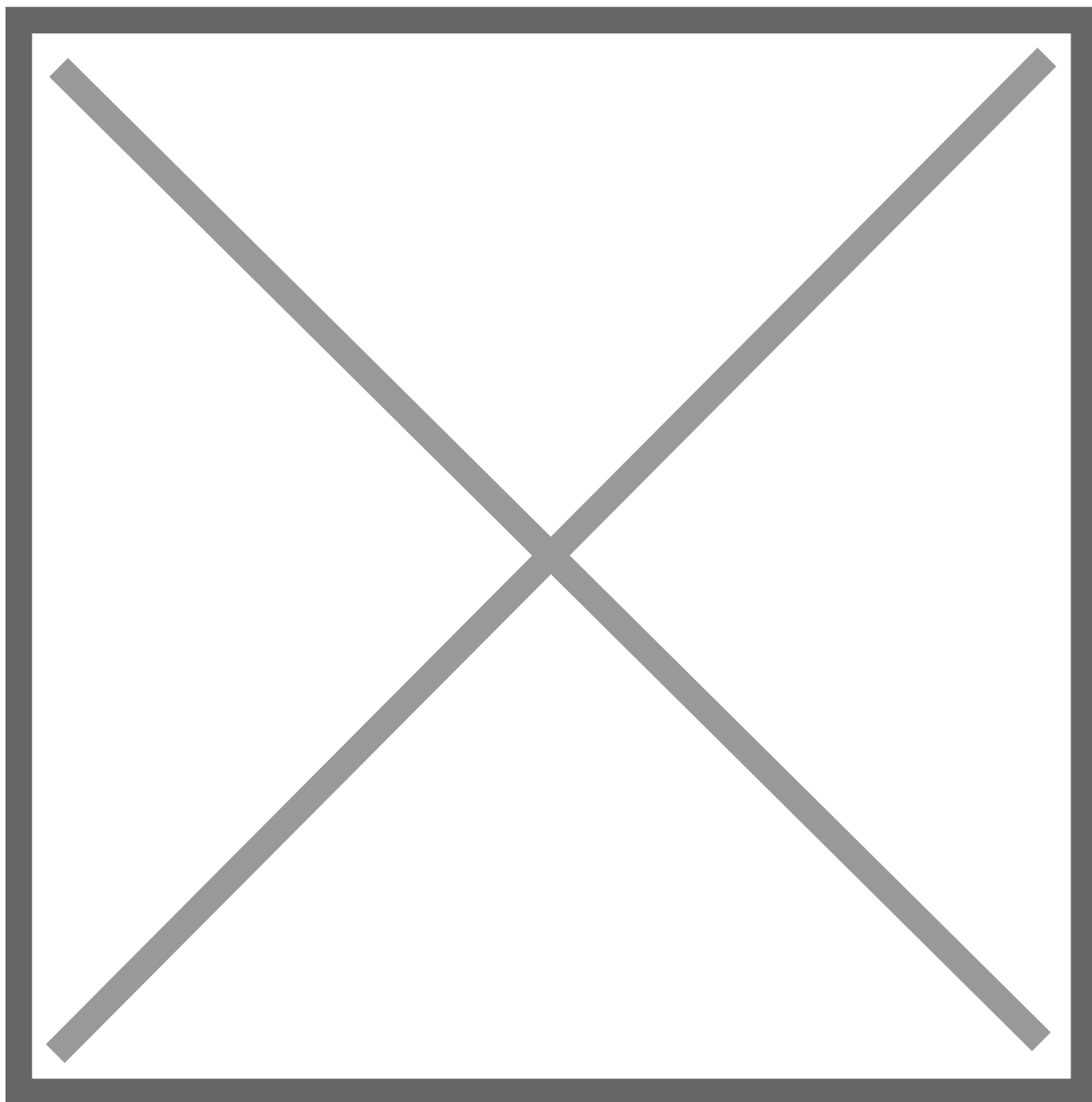
12-17

Tagairt:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

LeitheadÁlacht nÁos lÁº nÁ; ithe laethÁºil torthaÁ

PÁ;istÁ, 2010-2015



**CineÁl an
tsuirbhÁ:**

Tomhaiste

Aois:

12-17

Tagairt:

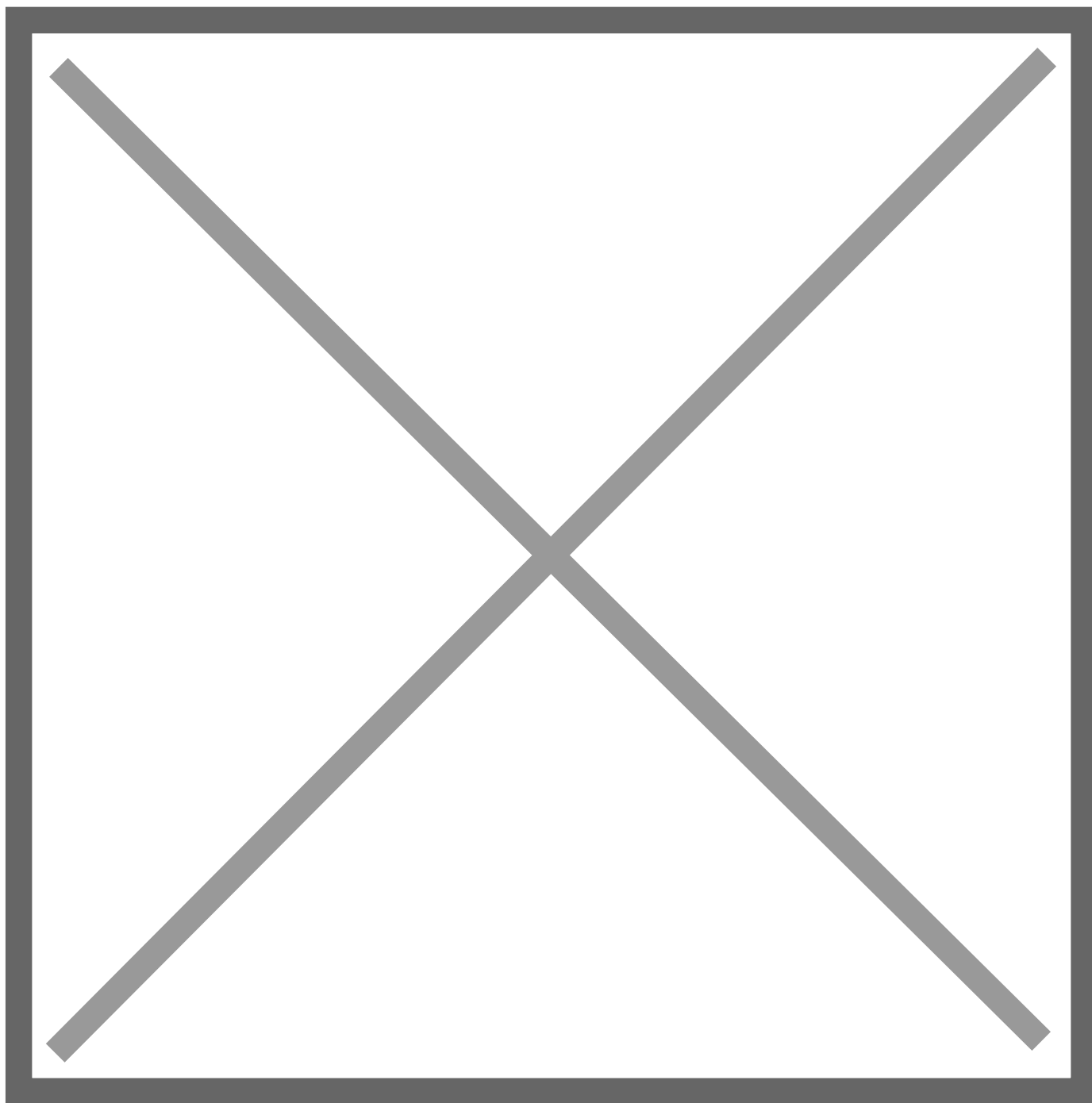
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Sainmh  nithe
(ar f  il i
mB  arla
amh  in):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

LeitheadÁlacht nÁos lÁº nÁ; ithe laethÁºil glasraÁ

PÁ;istÁ, 2010-2015



CineÁl an
tsuirbhÁº:

Tomhaiste

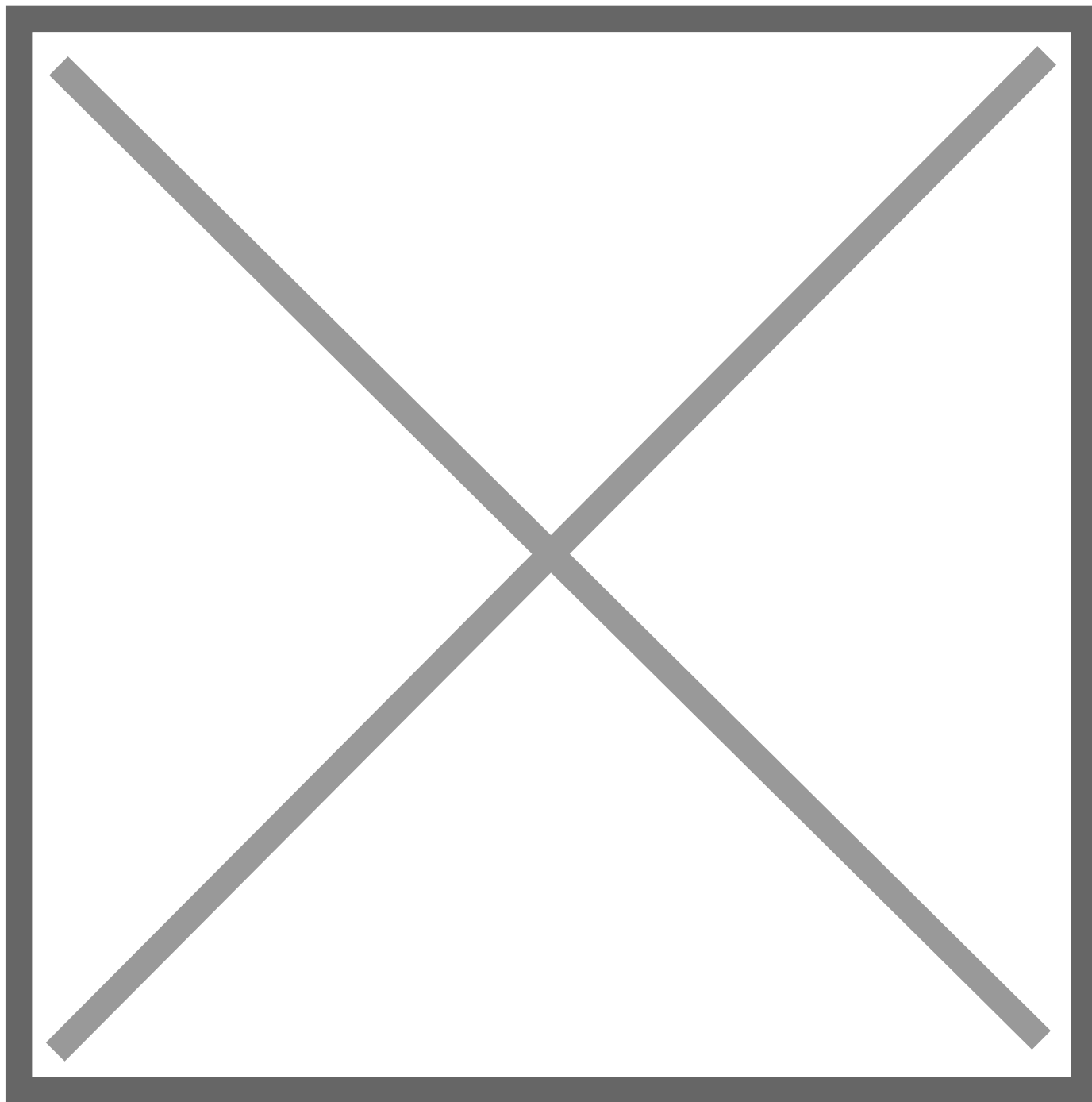
Aois:

12-17

Tagairt: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Sainmh  nithe (ar f  il i mB  arla amh  in): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

MeáinmhinicAocht sheachtainiAil ithe an mhearbhia PáistA, 2010-2015

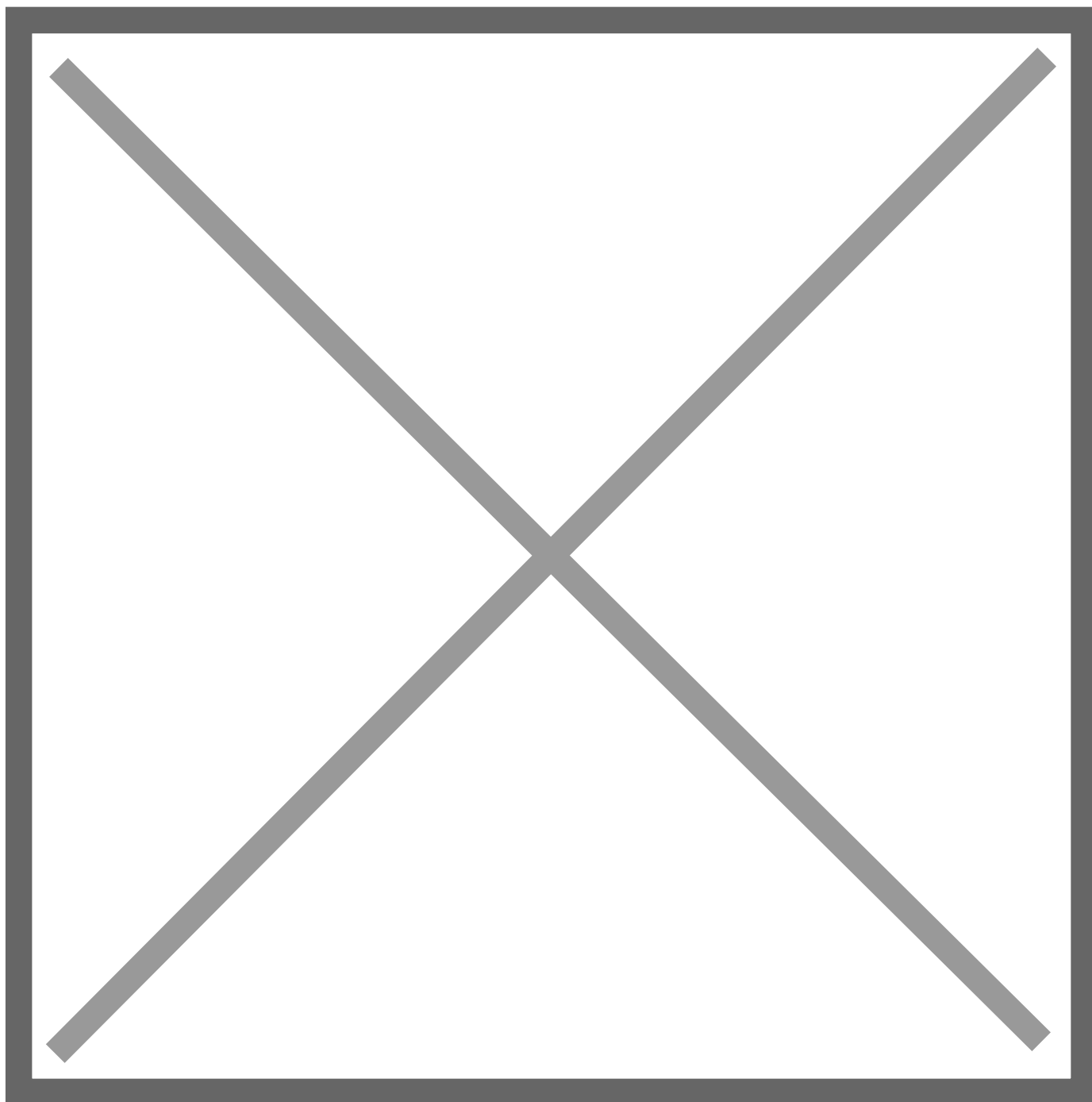


Aois: 12-17

TagairtA: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Meabhairshláinte - neamhoird dAilagar

Páistí, 2021



**Ceantar
Cláir:**

Náisiúnta

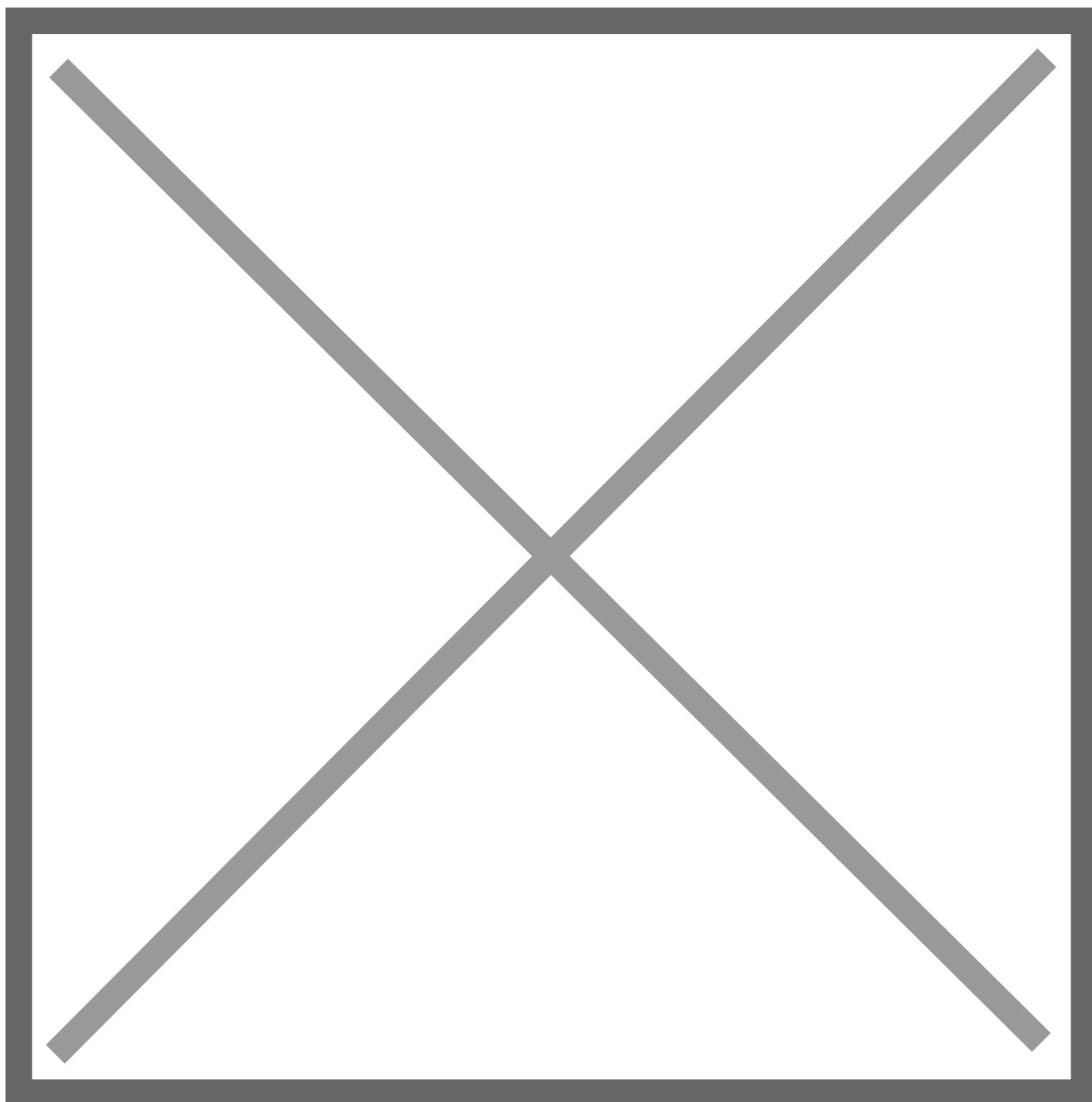
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Buachaill, 2021



Ceantar
Clárúdaíthe:

Náisiónta

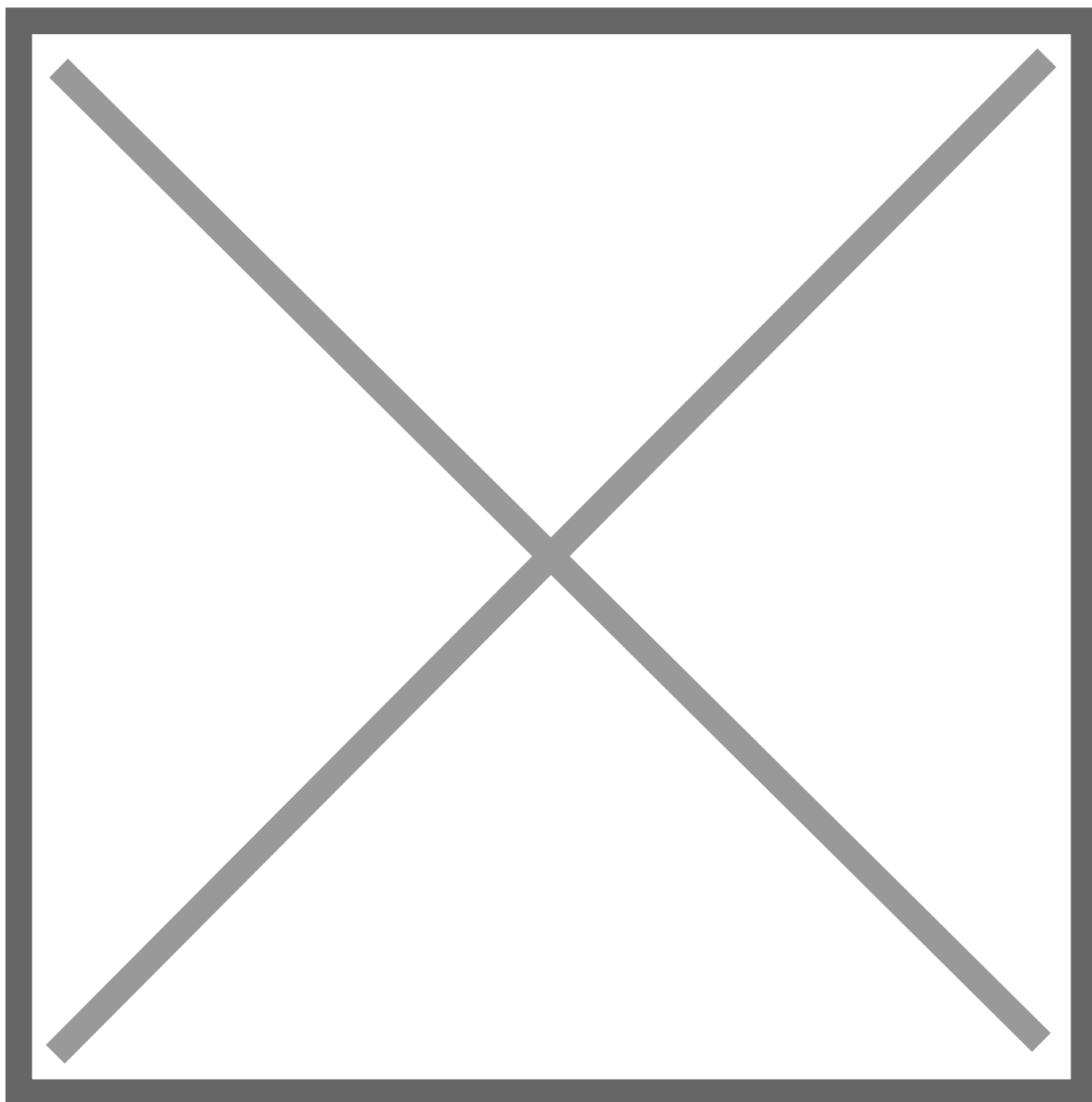
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

CailÃnÃ, 2021



**Ceantar
CIÃºdaithe:**

NÃ¡isiÃºnta

TagairtÃ:

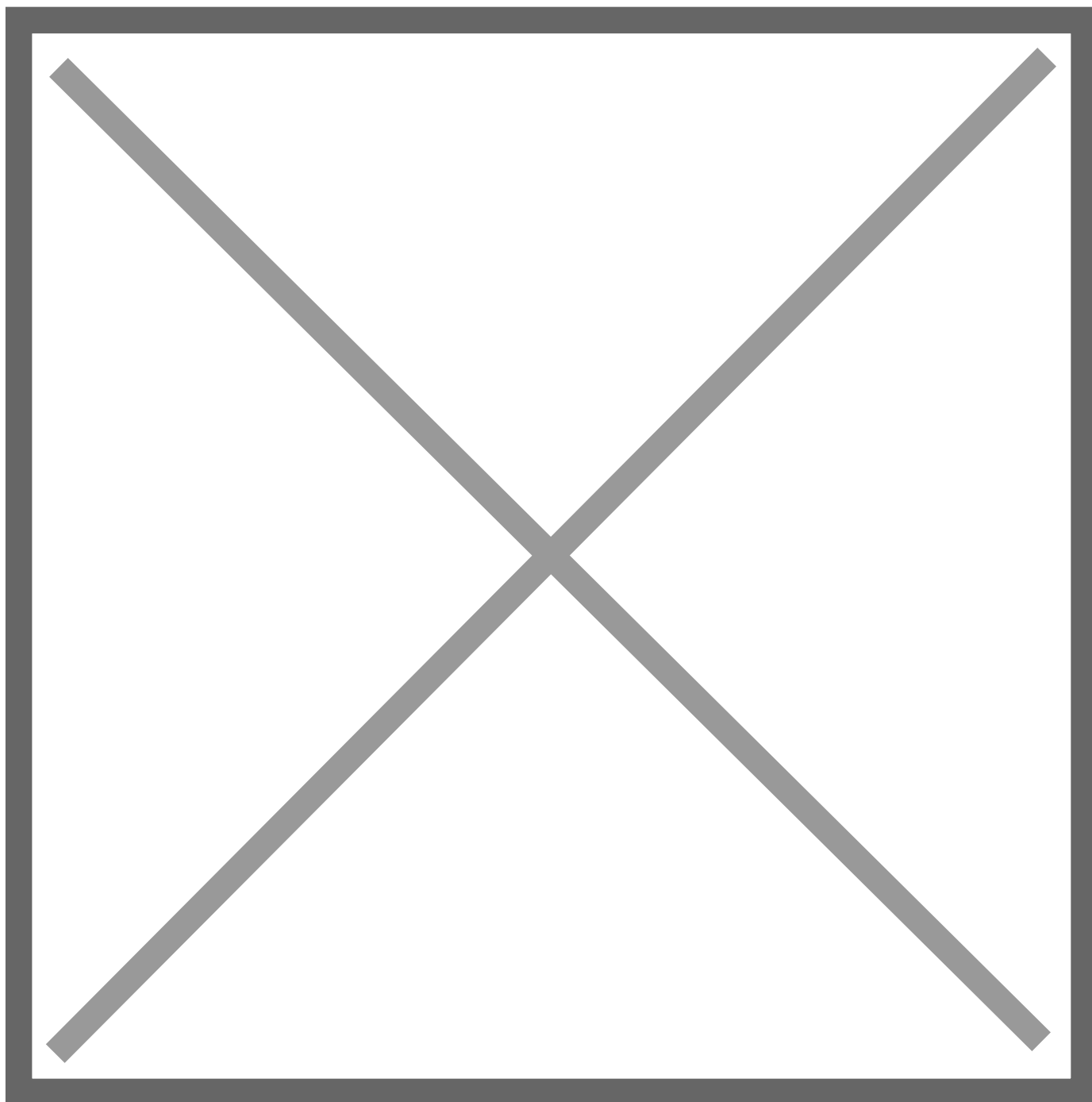
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):

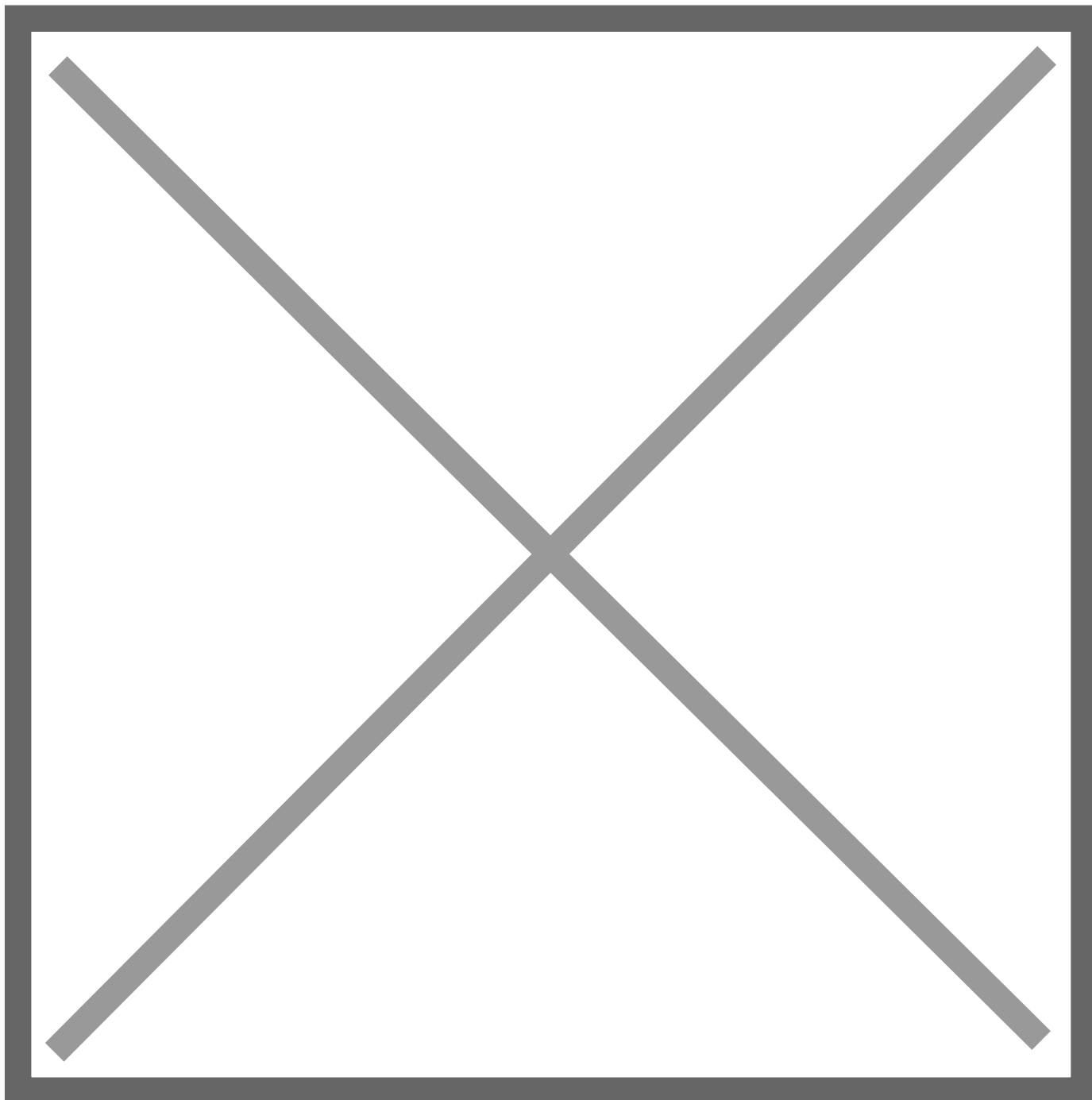
Number living with depressive disorder per 100,000 population (Under 20 years of age)

Meabhairshláinte - neamhoird imní

Páistí, 2021

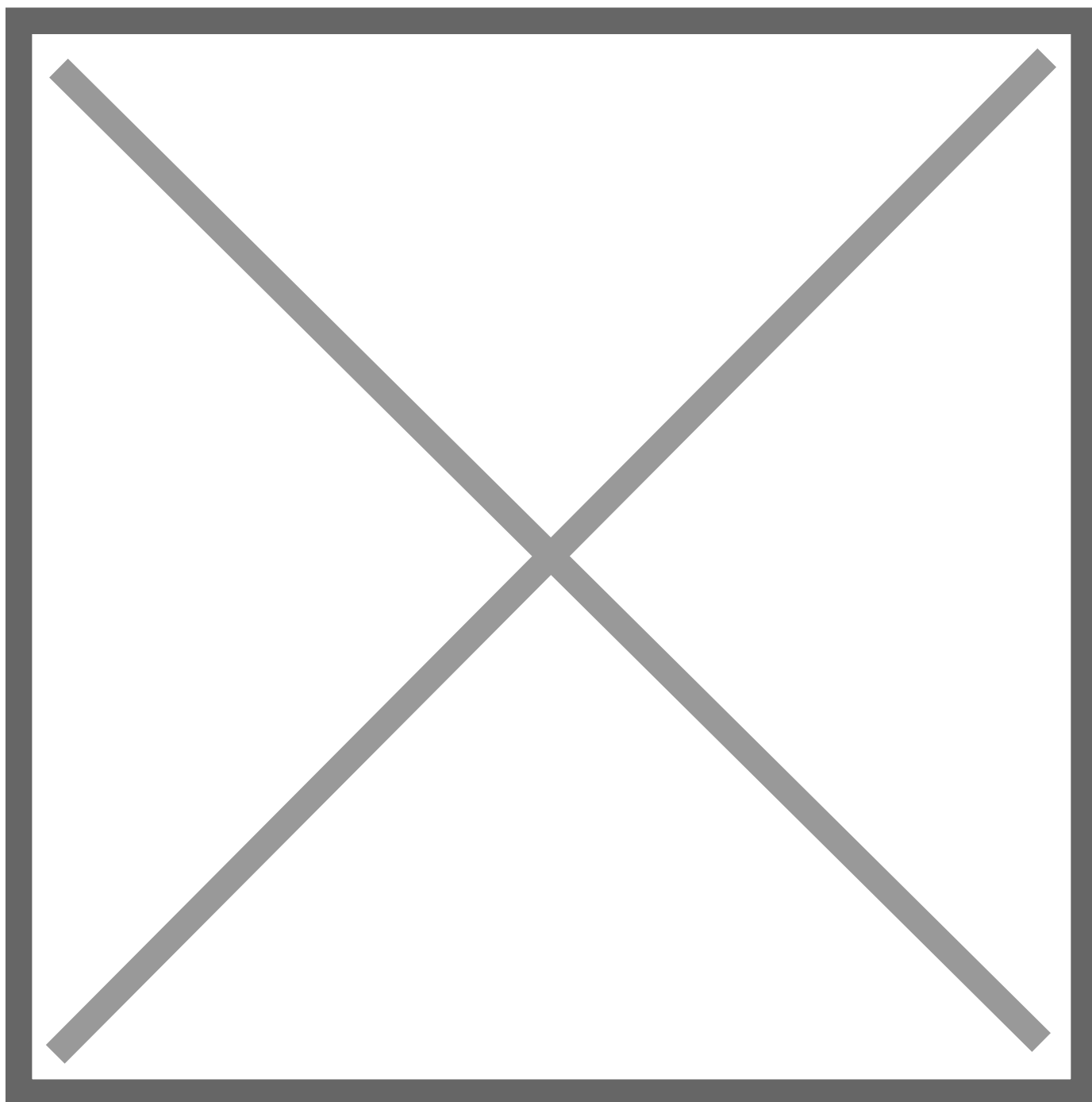
**Tagairt:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

BuachaillÃ, 2021**TagairtÃ:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

CailÃnÃ, 2021



TagairtÃ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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