

Luxembourg



Policies, Interventions and Actions

Nutri-Score labelling

The Nutri-Score labelling system is a 5-point colour coded nutritional rating system. It was originally implemented in France and has since been adopted by multiple countries in the WHO European region. Luxembourg officially adopted the Nutri-Score system in 2020 on a voluntary basis.

Categories:	Labelling Regulation/Guidelines
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Find out more:	globalfoodresearchprogram.web.unc.edu
Linked document:	Download linked document
References:	Information sourced from Global Food Research Programme

Annex III to Regulation (EC) No 1925/2006 of the European Parliament and of the Council as regards trans fat, other than trans fat naturally occurring in fat of animal origin

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by The European Commission from April 2019. (Available in multiple languages)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	The European Commission
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/36162 (last accessed 12.07.22)

Combattre l'obésité prévenir le diabète, nous sommes tous concernés.

Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2019 (ongoing)
Organisation:	Maison du Diabète, the Luxembourg Society of Diabetology (SLD), the Preventive Medicine Division of the Health Department
Linked document:	Download linked document

Promotion of healthy eating and physical activity 2018-2025

Part of the Gesond iessen - Méi bewegen programme that was launched in 2006. The objective of this interministerial collaboration is to jointly promote a balanced diet and regular and adapted physical activity and to fight against the problem of obesity and sedentary lifestyle for the entire population.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of National Obesity Strategy/Policy or Action plan Evidence of Physical Activity Guidelines/Policy
Year(s):	2018 (ongoing)
Target age group:	Adults and children
Organisation:	Ministries of Health, Sports, National Education, Children and Youth, and Family, Integration and the Greater Region & Ministry of Health
Linked document:	Download linked document

Healthy eating in education and childcare services

Part of the Gesond iessen - Méi bewegen programme with a focus diet and physical activity in educational and child care settings. Available in French & English

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017 (ongoing)
Target age group:	Children
Organisation:	Ministries of Health Department of National Education, Children & Youth
Find out more:	sante.public.lu
Linked document:	Download linked document

School Fruit, Vegetables and Milk Scheme

"Applicable since 1 August 2017, the EU school fruit, vegetables and milk scheme combines two previous schemes (the school fruit and vegetables scheme and the school milk scheme) under a single legal framework for more efficiency and an enhanced focus on health and educational. The scheme supports the distribution of products, educational measures and information measures. The scheme supports the distribution of fruit, vegetables, milk and certain milk products to schoolchildren, from nursery to secondary school. EU countries approve a list of products (in collaboration with their health and nutrition authorities) which will help achieve the schemes objective of helping children to follow a healthy diet. Priority is for fresh fruit and vegetables and for plain milk. In order to support a varied diet and/or specific nutritional needs, EU countries may also make processed fruit and vegetables such as juices and soups and certain milk products such as yoghurt and cheese, available. Additionally, under stricter conditions, milk-based drinks may be included." - EU Commission

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017 (ongoing)
Organisation:	European Commission
Find out more:	ec.europa.eu
References:	https://ec.europa.eu/info/food-farming-fisheries/key-policies/common-agricultural-policy/market-measures/school-fruit-vegetables-and-milk-scheme/school-scheme-explained_en

Eat & Move

Luxembourg's obesity & physical activity strategy.

Categories:	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2016 (ongoing)
Target age group:	Adults and children
Organisation:	Government of the Grand Duchy of Luxembourg
References:	https://extranet.who.int/ncdccc/Data/LUX_B11_Manger-bouger-GIMB-fr.pdf

EU Regulation 1169/2011

Passed in 2011, EU Regulation 1169/2011 on the Provision of Food Information to Consumers requires a list of the nutrient content of most pre-packaged food to be provided on the back of the pack from October 2011.

Categories:	Labelling Regulation/Guidelines
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Organisation:	European Parliament and the Council of the European Union
Find out more:	eur-lex.europa.eu
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/22917 (last accessed 28.06.22)

Evaluation of the EU school milk and fruit scheme

European Court of Auditors (2011) Are the school milk and school fruit schemes effective? Special Report No 10. Publications Office of the European Union, Luxembourg.

Categories:	Health Effectiveness Reviews (obesity related)
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	EUROPEAN COURT OF AUDITORS
Linked document:	Download linked document
References:	Information provided with kind permission of World Cancer Research Fund International from their NOURISHING framework www.wcrf.org/NOURISHING

National Physical Activity Recommendations

Physical activity guidelines are part of a national action plan which addresses adults, children, adolescents and sedentary groups separately. They provide references for the level and intensity of activity.

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2007 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.sport.public.lu
Linked document:	Download linked document

Eat healthy, get more exercise (GIMB)

"In order to combat the growing problem of obesity and sedentary lifestyle (lack of physical activity) in the general population and among children and adolescents in particular, the national interministerial action plan "Gesond iessen, Méi beweegen" was launched in the Grand Duchy in 2006. Its main objective is the promotion of a balanced diet and regular physical activity. In terms of food, it is a question of improving the dietary practices of populations and ensuring healthy food products. In terms of physical activity, the objective is to reduce a sedentary lifestyle and strengthen the practices of physical activity favorable to health, and this at the individual and collective level. GIMB is an interministerial program between the Ministry of Health, the Ministry of Sports, the Ministry of National Education, Children and Youth and the Ministry of Family, Integration and the Greater Region, and thus makes it possible to act jointly to improve the health of the population. GIMB has therefore become an initiative, which sees the birth of multiple projects across the country, both nationally and locally, in schools, municipalities or businesses."

Categories:	Evidence of Community Interventions/Campaign
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	Various ministries
Find out more:	gimb.public.lu
References:	https://gimb.public.lu/fr/programme-gimb/plan-cadre-national.html

EU health and nutrient claims regulation

Regulation n° 1924/2006 establishes EU-wide rules on the use of specified health and nutrient claims. The European Commission approves claims provided they are based on scientific evidence and accessible consumers. The European Food Safety Authority is responsible for evaluating the scientific evidence supporting health claims. Nutrition claims may only be used on food defined as "healthy" by a nutrient profile.

Categories:	Labelling Regulation/Guidelines
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	European Commission
Linked document:	Download linked document
References:	https://eur-lex.europa.eu/legal-content/en/ALL/?uri=CELEX%3A32006R1924

Gesond iessen - Méi bewegen

Aims to improve physical activity and healthy nutrition in the general population and special sub populations by organising national activities.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	Governmental: Luxembourg ministries (Sports, Education, Family and Health)
Find out more:	www.sante.public.lu

Inter-ministerial Committee for Healthy nutrition and physical activity

The Inter-ministerial Committee for Healthy nutrition and physical activity was established in 2006.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2006 (ongoing)
References:	https://extranet.who.int/nutrition/gina/en/node/27180

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

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