



Leedu



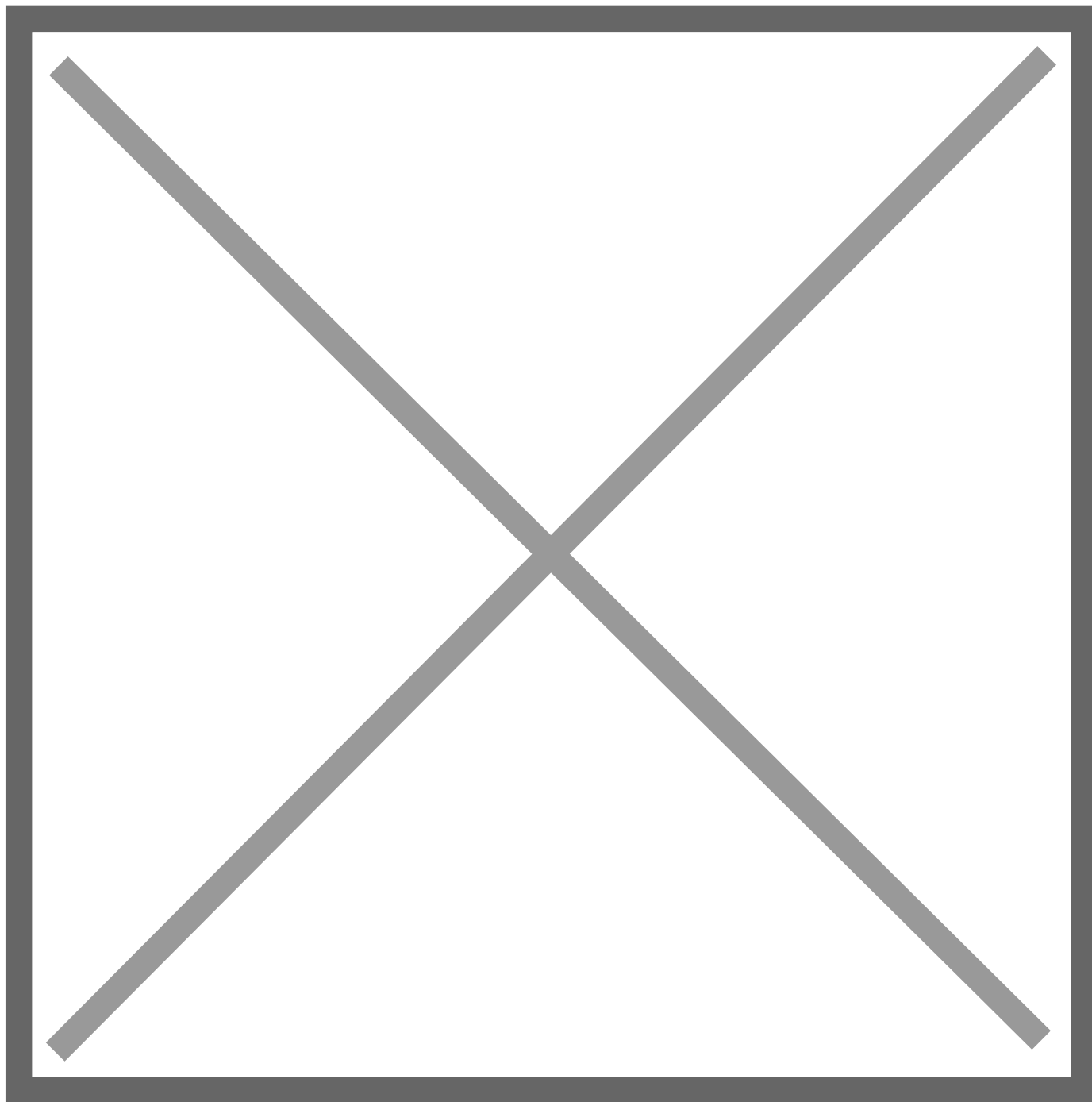
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/lithuania-124/>.

Rasvumise levimus

Lapsed, 2022-2024



Uuringu
tähtaeg:

Määdetud

Vanus:

7

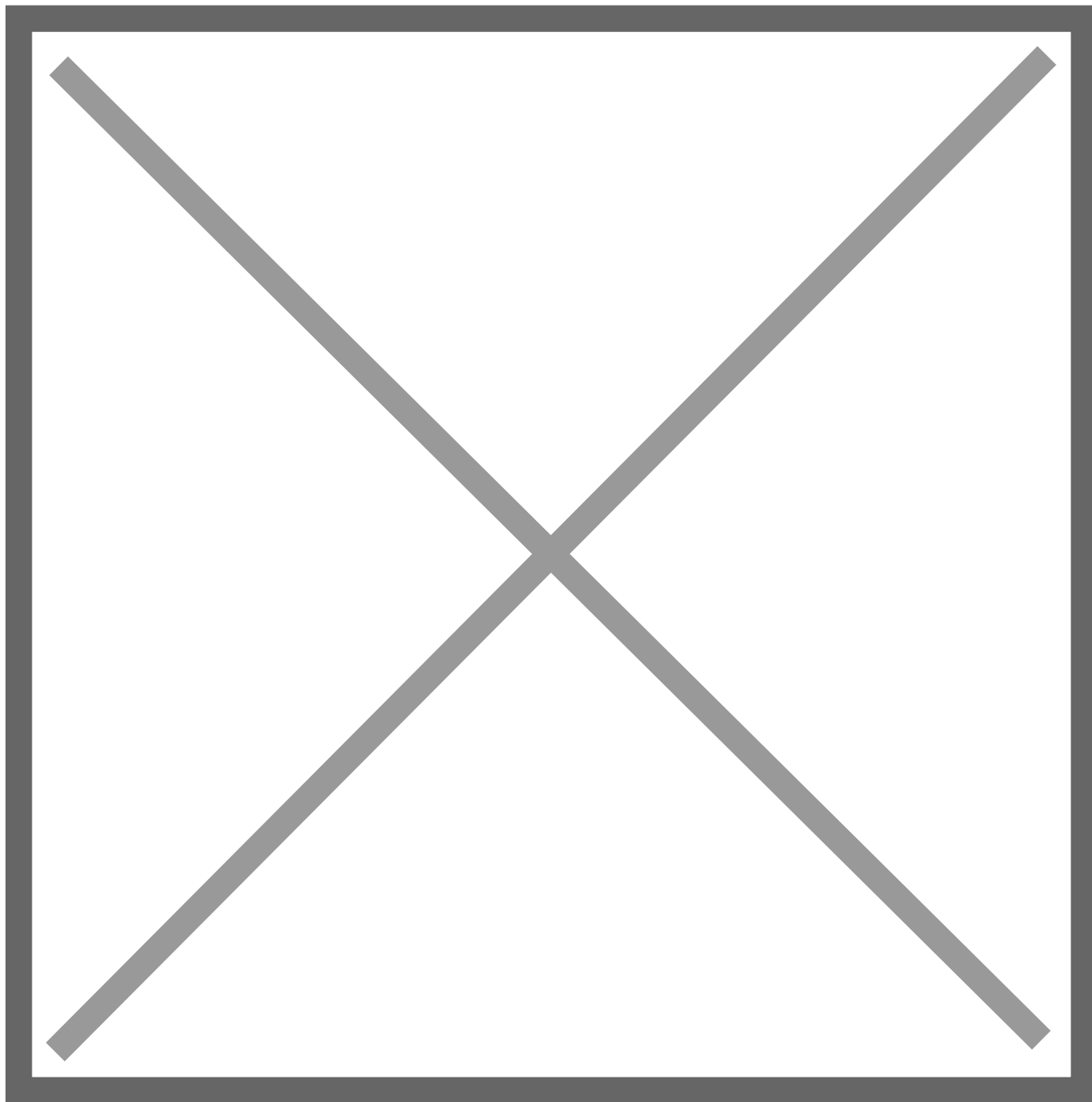
Hälmatud
piirkond:

Riiklik

Viited:	WHO European Childhood Obesity Surveillance Initiative (COSI): A brief review of results from round 6 of COSI (2022-2024). Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO.
Cutoffs:	WHO 2007

Õige lekaalulisus / rasvumine hariduse järgi

Lapsed, 2010



**Uuringu
tähtaeg:**

Määramatud

Vanus:

9-10

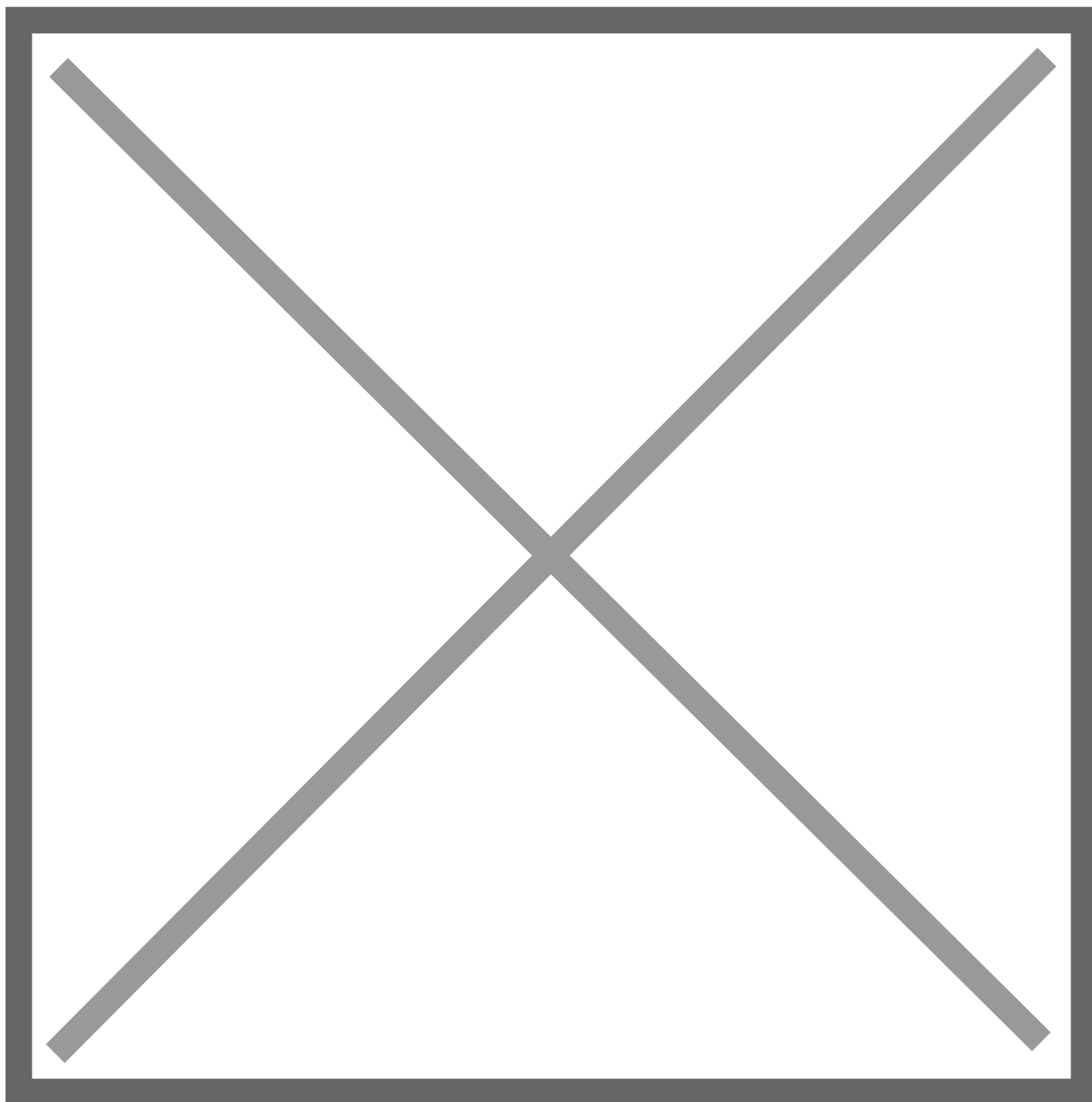
**Valimi
suurus:**

4810

Viited:	Visuomenės S (2013) LIETUVOS JAUNESNIOJO MOKYKLINIO AMŽIAUS VAIKŲ ANTROPOMETRINIAI RODIKLIAI IR JŲ UOGONIS; SĄJŲS SU SOCIALINIAIS IR GYVENSENOS VEIKSNIAIS http://vddb.laba.lt/fedora/get/LT-eLABa-0001:E.02~2013~D_20130919_143656-85087/DS.005.0.02.ETD (last accessed 9th June 2015)
Märkused:	Prevalence based on Mothers education level.
Cutoffs:	Other

Ärakaalulisus / rasvumine vanuse järgi

Lapsed, 2021-2022



Uuringu
tähtaeg:

Ise teatatud

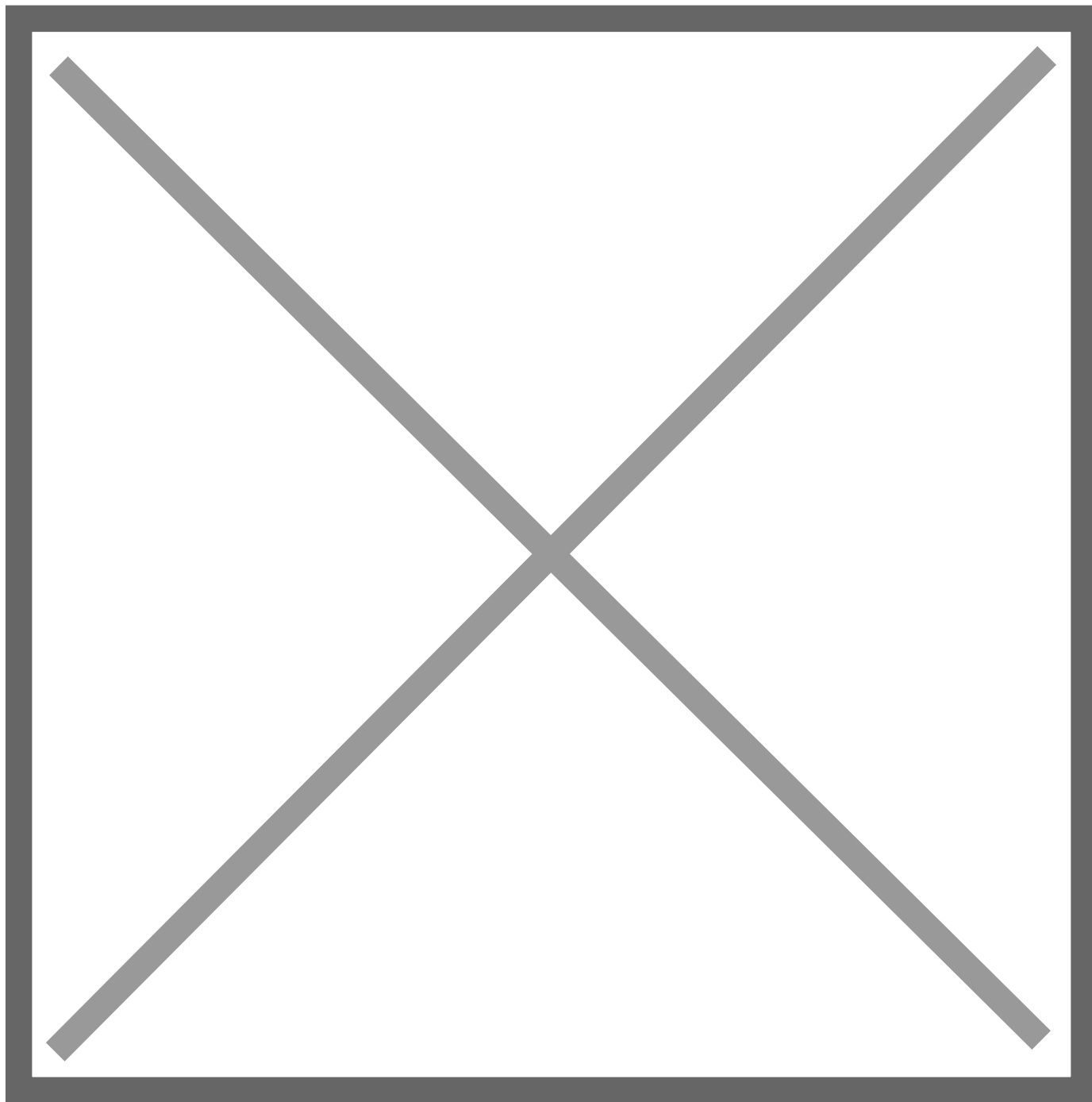
Hõlmatud
piirkond:

See Report

Viited:	Rakić Ć JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Märkused:	HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

Õige lekaalulisus / rasvumine piirkonna järgi

Lapsed, 2019-2020



**Uuringu
tähtsused:**

Määratletud

Vanus:

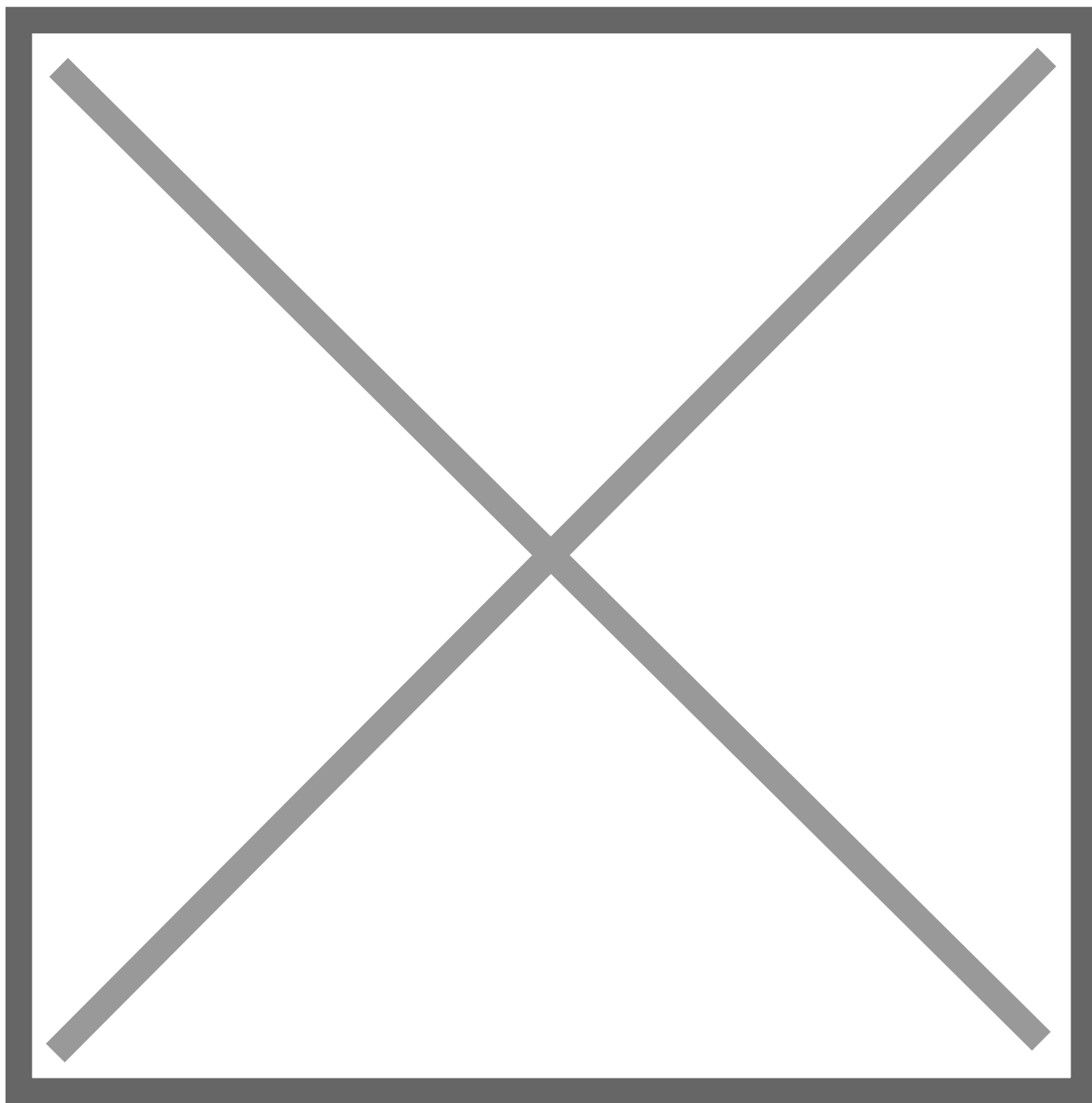
7-17

**Valimi
suurus:**

295,086

HÄpumatud piirkond:	Riiklik
Viited:	LR sveikatos apsaugos ministro (2020). VAiku SVEIKATA 2019. Available at: https://hi.lt/uploads/pdf/leidiniai/Statistikos/Vaiku_sveikata/Vaik%C5%B3%20sveikata%202019.pdf . Last accessed 18.05.21.
Cutoffs:	Other

Õige lekaalulisus / rasvumine sotsiaalmajandusliku grupi järgi Poisid, 2021-2022



**Uuringu
tähtsused:**

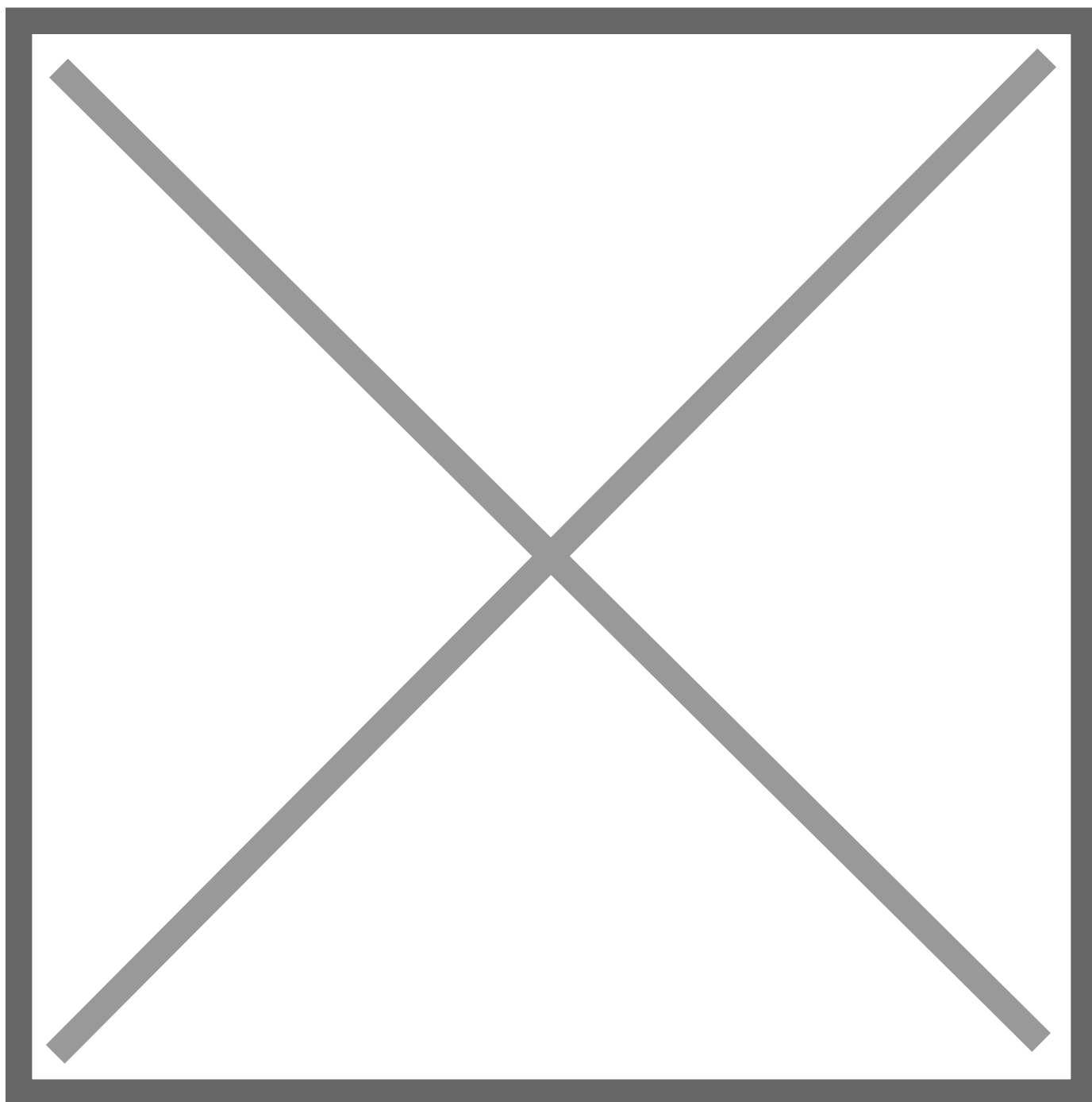
Ise teatatud

Vanus:

11-15

Viited:	Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Märkused:	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

TÄädrukud, 2021-2022



**Uuringu
tähtpä:**

Ise teatatud

Vanus:

11-15

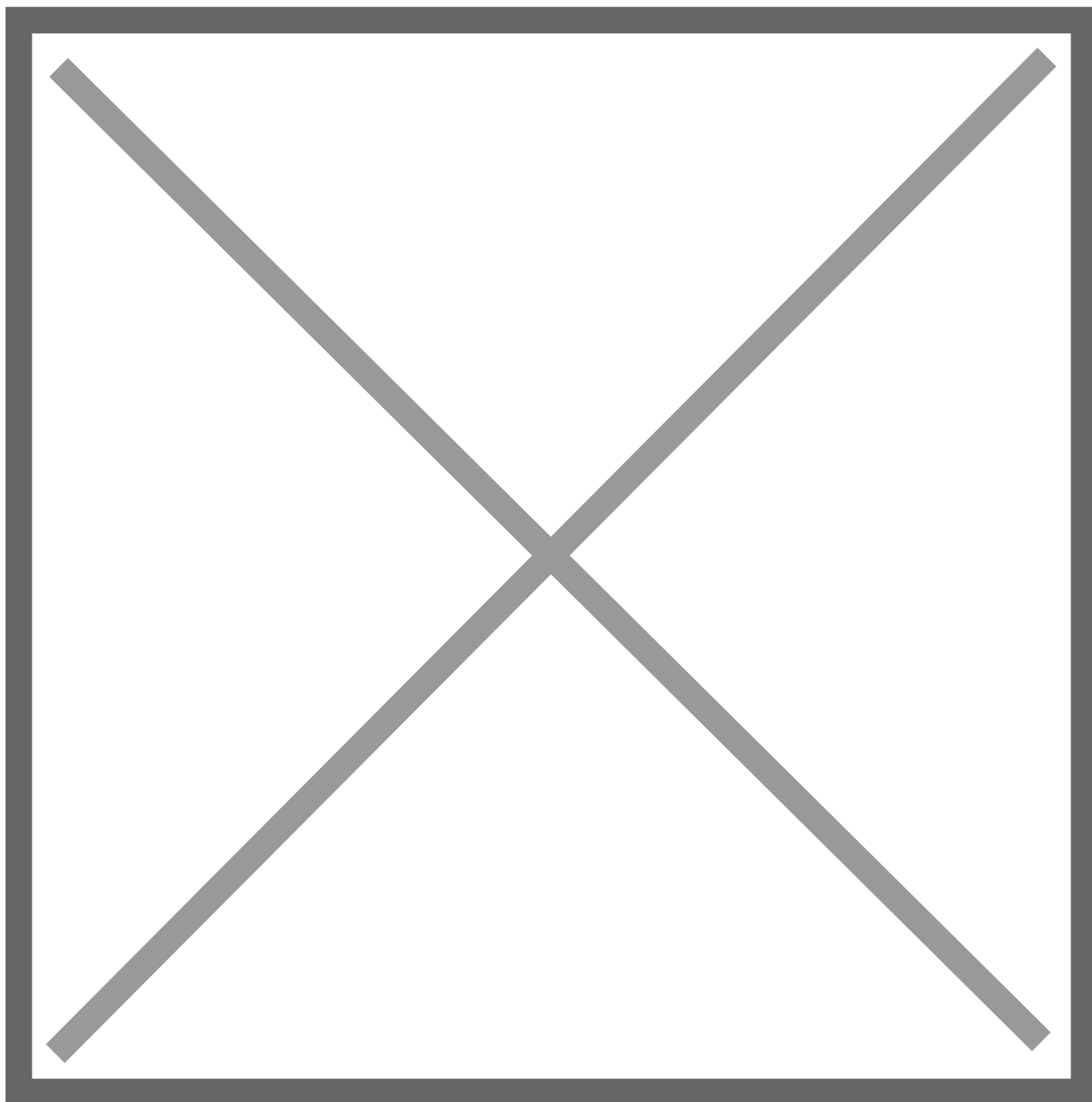
Viited:

Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024.
'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

Märkused:	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

Double burden of underweight & overweight

Lapsed, 2022



**Uuringu
tÄ¼Ä¼p:**

MÄ¼Ä¼detud

Vanus:

5-19

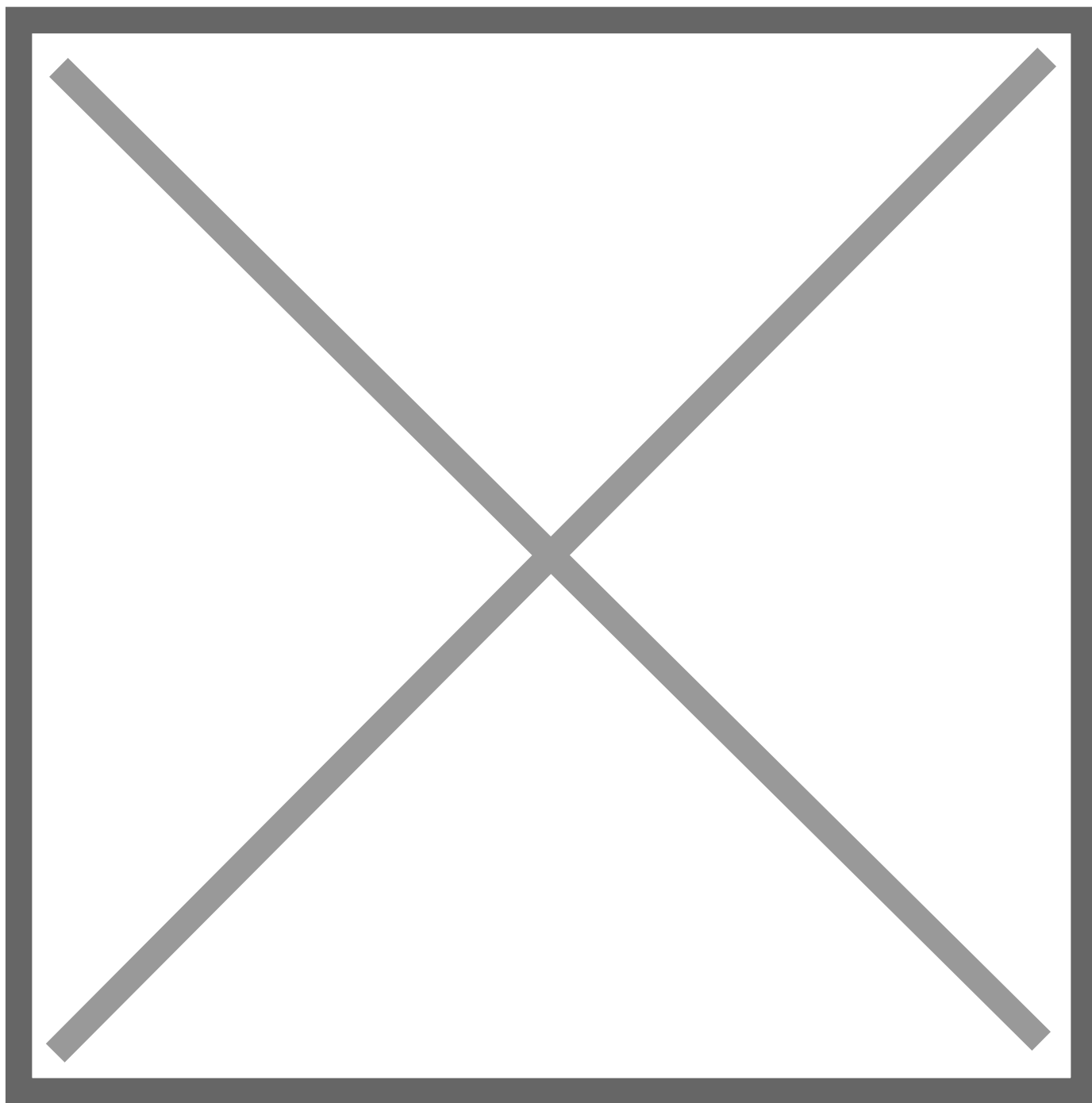
Viited:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Märkused:	Age standardised estimates
Mõisted:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Ebapiisav fā¼ā¼siline aktiivsus

Lapsed, 2016



**Uuringu
tā¼ā¼p:**

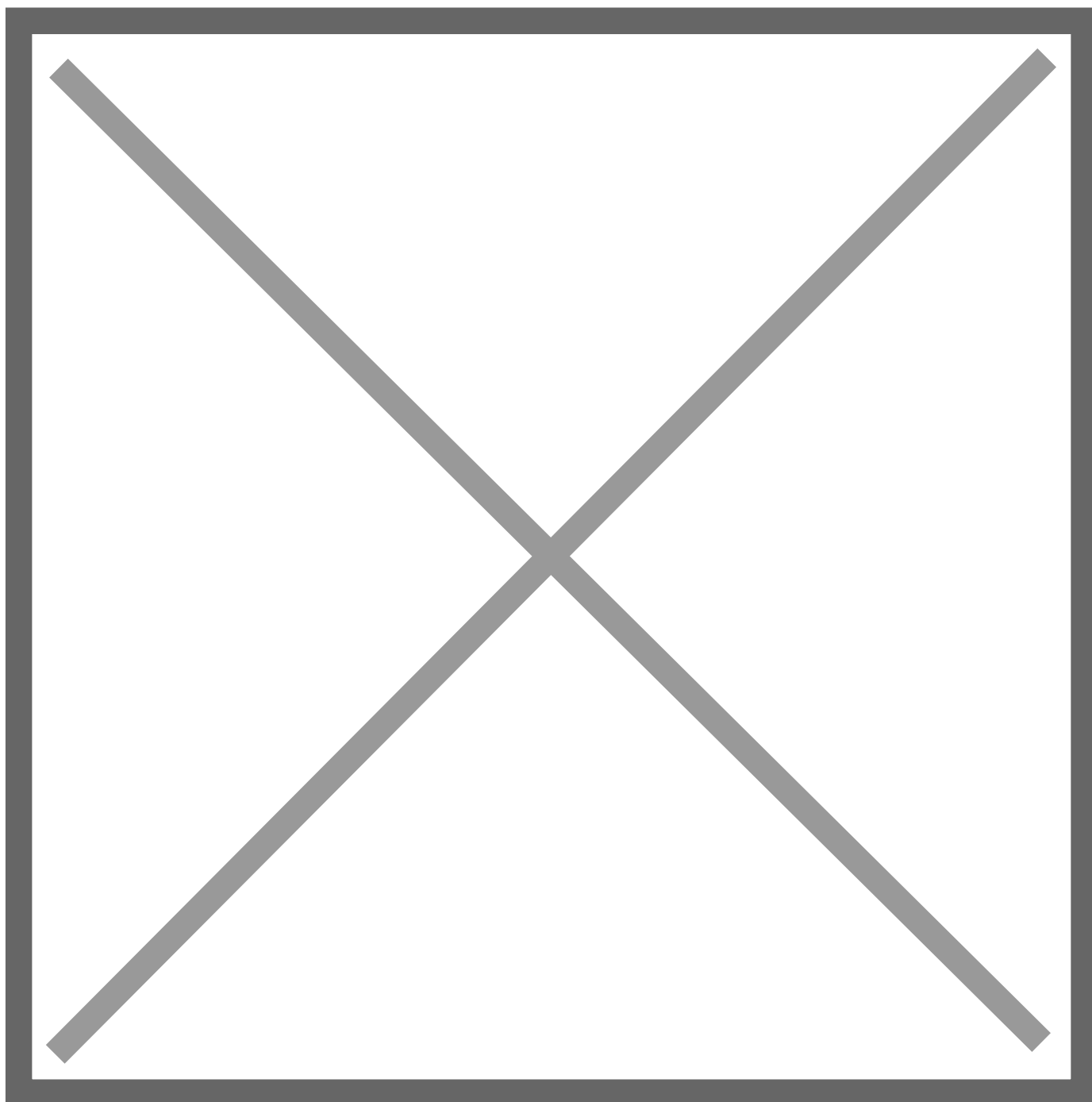
Ise teatatud

Vanus:

11-17

Viited:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Märkused:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Mõisted:	% Adolescents insufficiently active (age standardised estimate)

Poisid, 2016



**Uuringu
tähtaeg:**

Ise teatatud

Vanus:

11-17

Viited:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

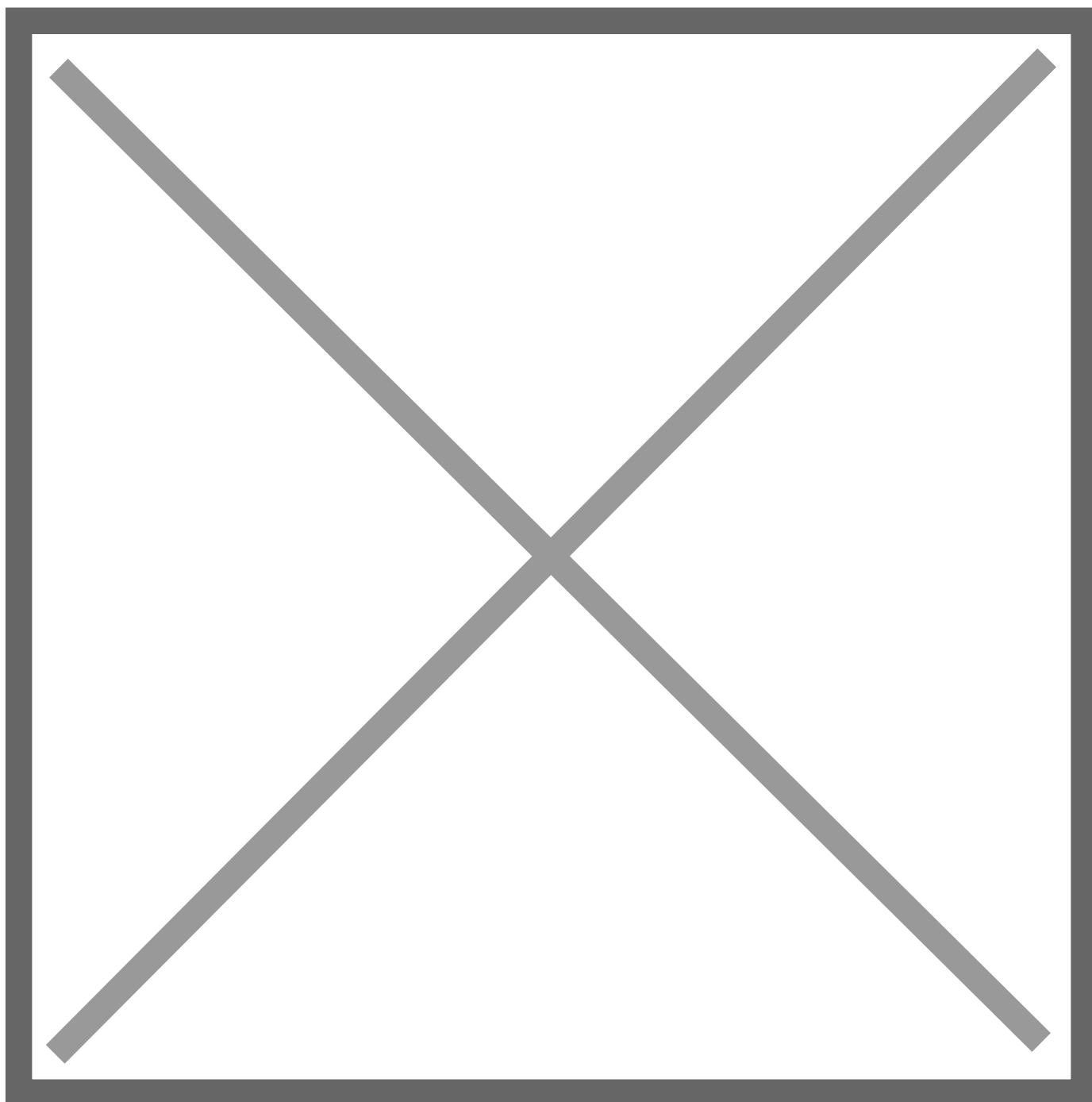
Märkused:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

TÄädrukud, 2016



**Uuringu
tähtpä:**

Ise teatatud

Vanus:

11-17

Viited:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Märkused:

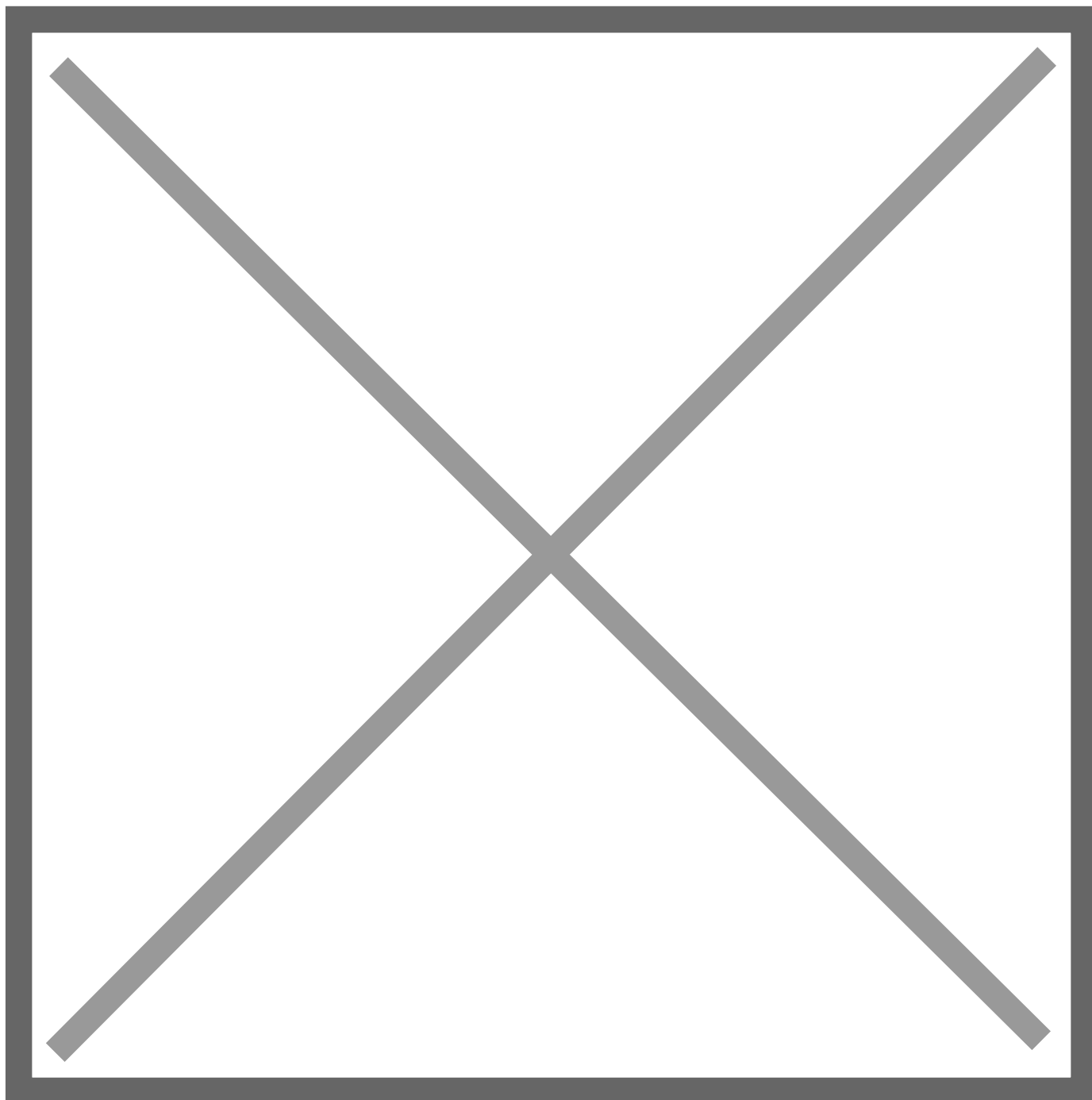
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

Gaseeritud karastusjookide vÃ¼hemalt igapÃ¼evase tarbimise levimus

Poisid, 2021-2022

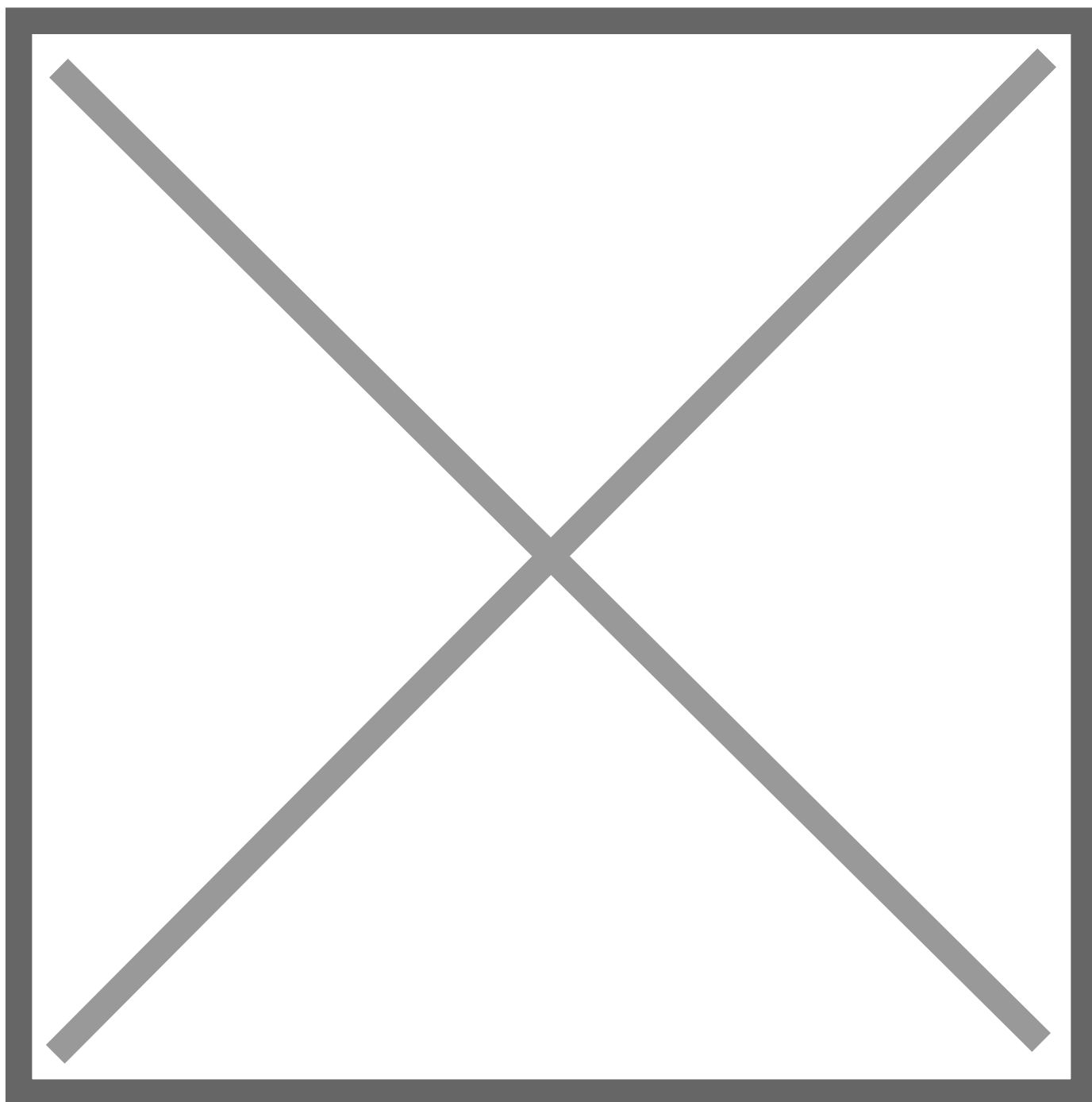


HÃ¼lmatud
piirkond:

Riiklik

Viited:	Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org.. Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): https://data-browser.hbsc.org..
Mõisted:	Proportion who reported drinking sugary soft drinks daily (at least once)

TÄ¼drukud, 2021-2022



**HÄ¼lmatud
piirkond:**

Riiklik

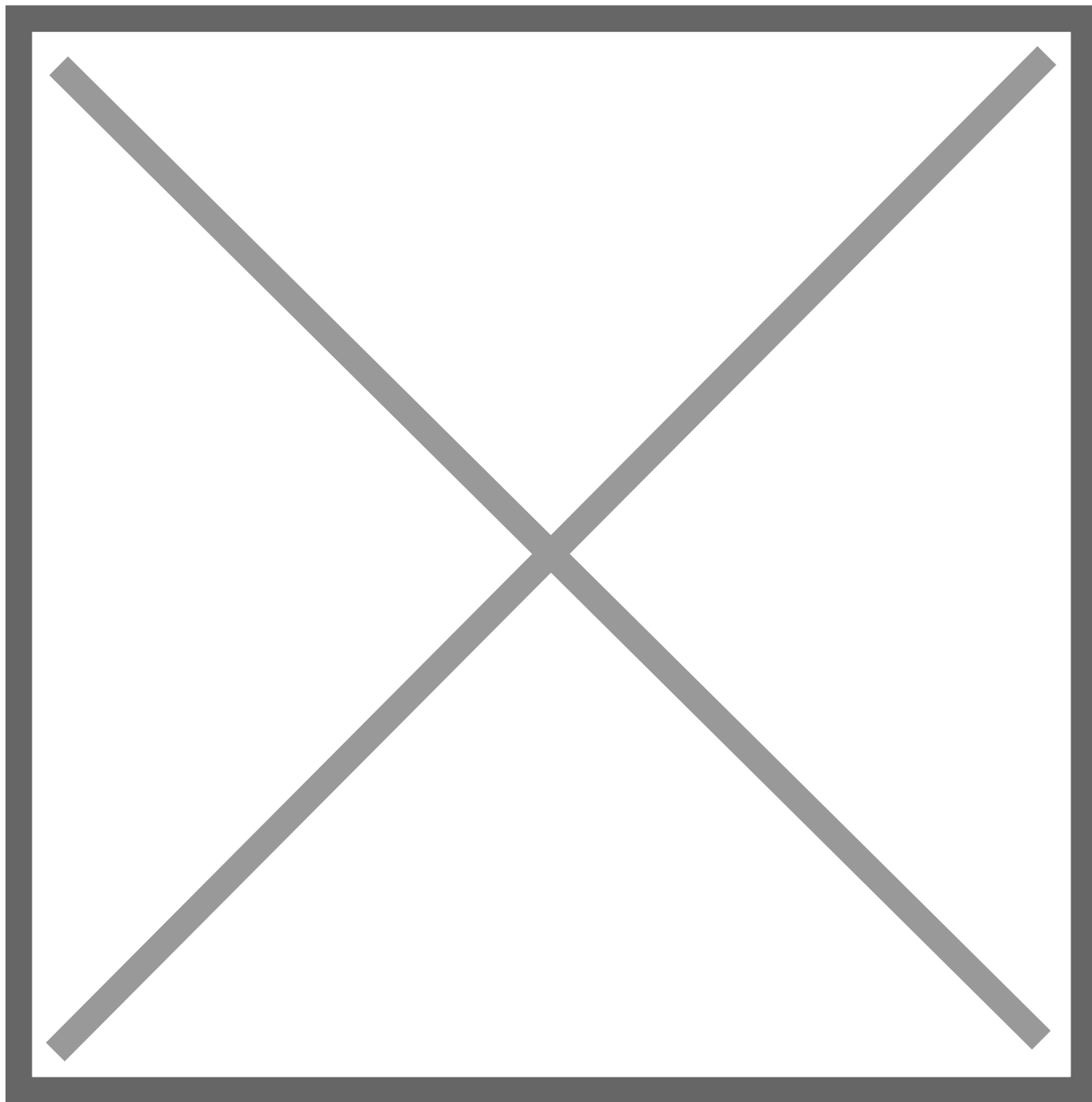
Viited:

Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..> Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org.>

Mõisted:

Proportion who reported drinking sugary soft drinks daily (at least once)

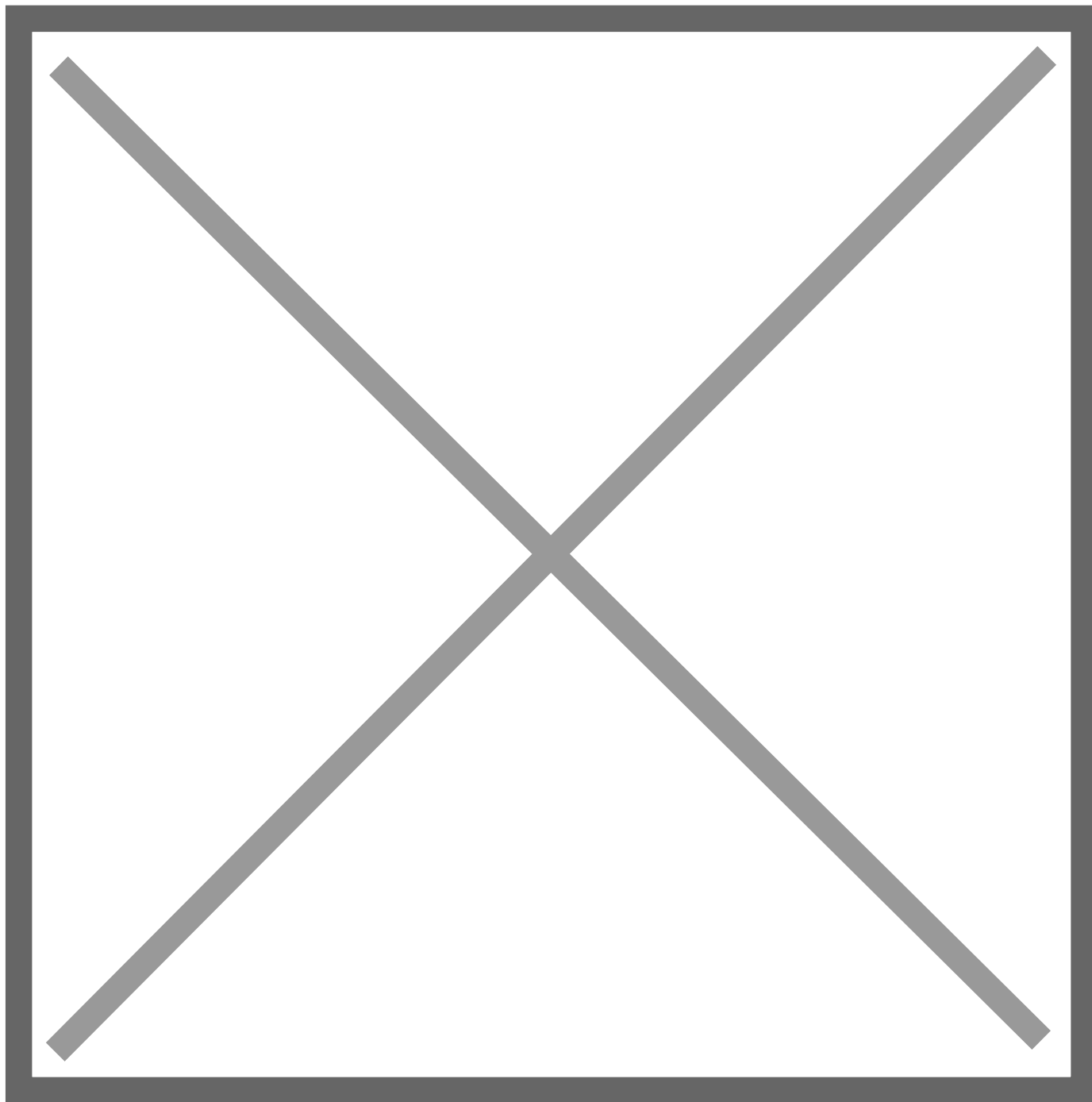
Lapsed, 2014


$$M\tilde{A}_\mu\tilde{A}_\mu\det u$$

Viited:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 . Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Mõisted:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Kõrgkooliõppe väärtuste kui igapäevase harimise levimus

Lapsed, 2014



**Uuringu
tähtaeg:**

Märkimisväärtus

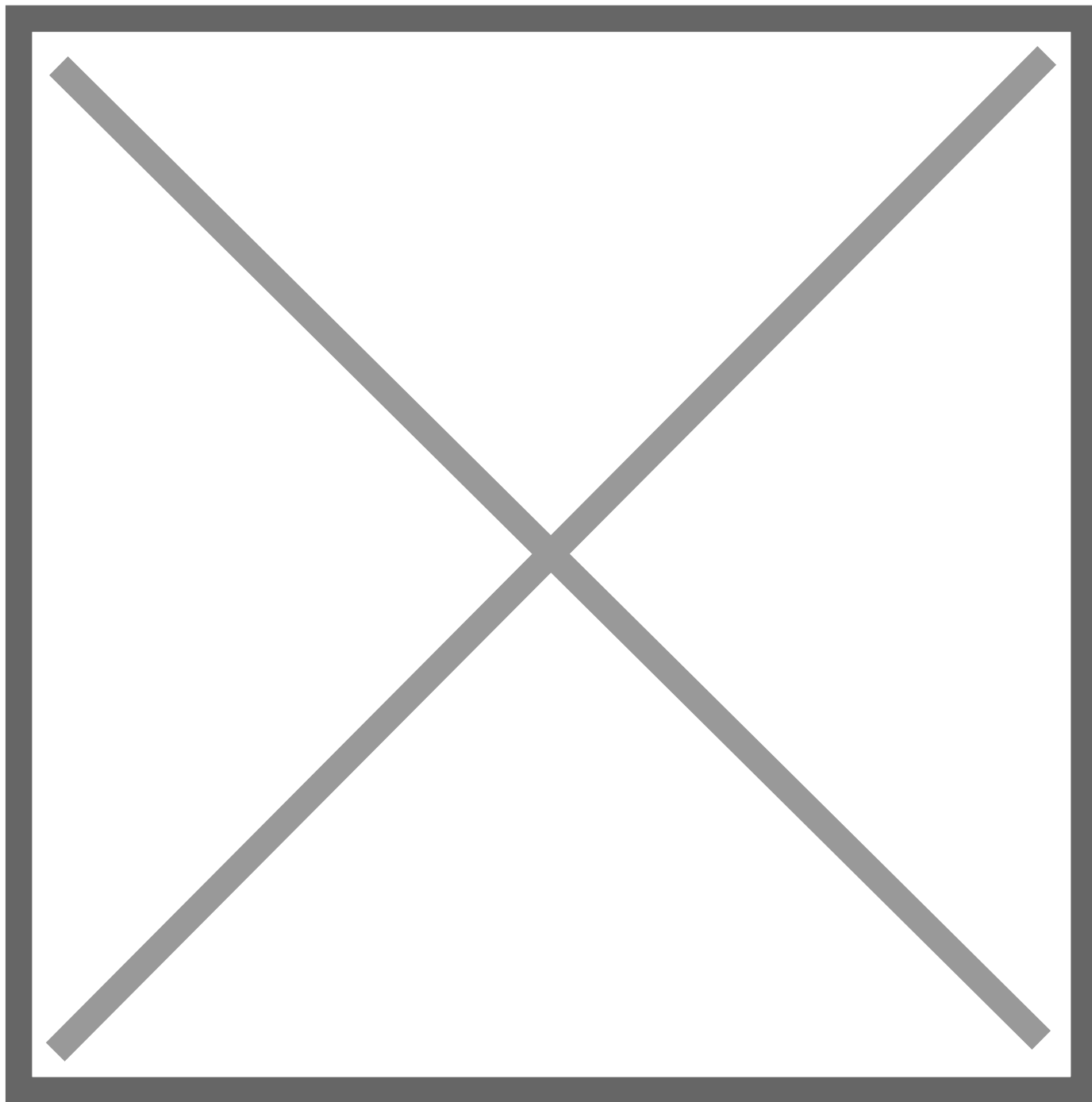
Vanus:

12-17

Viited:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Mõisted:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Vaimne tervis - depressiivsed häired

Lapsed, 2021



**HÄälmatud
piirkond:**

Riiklik

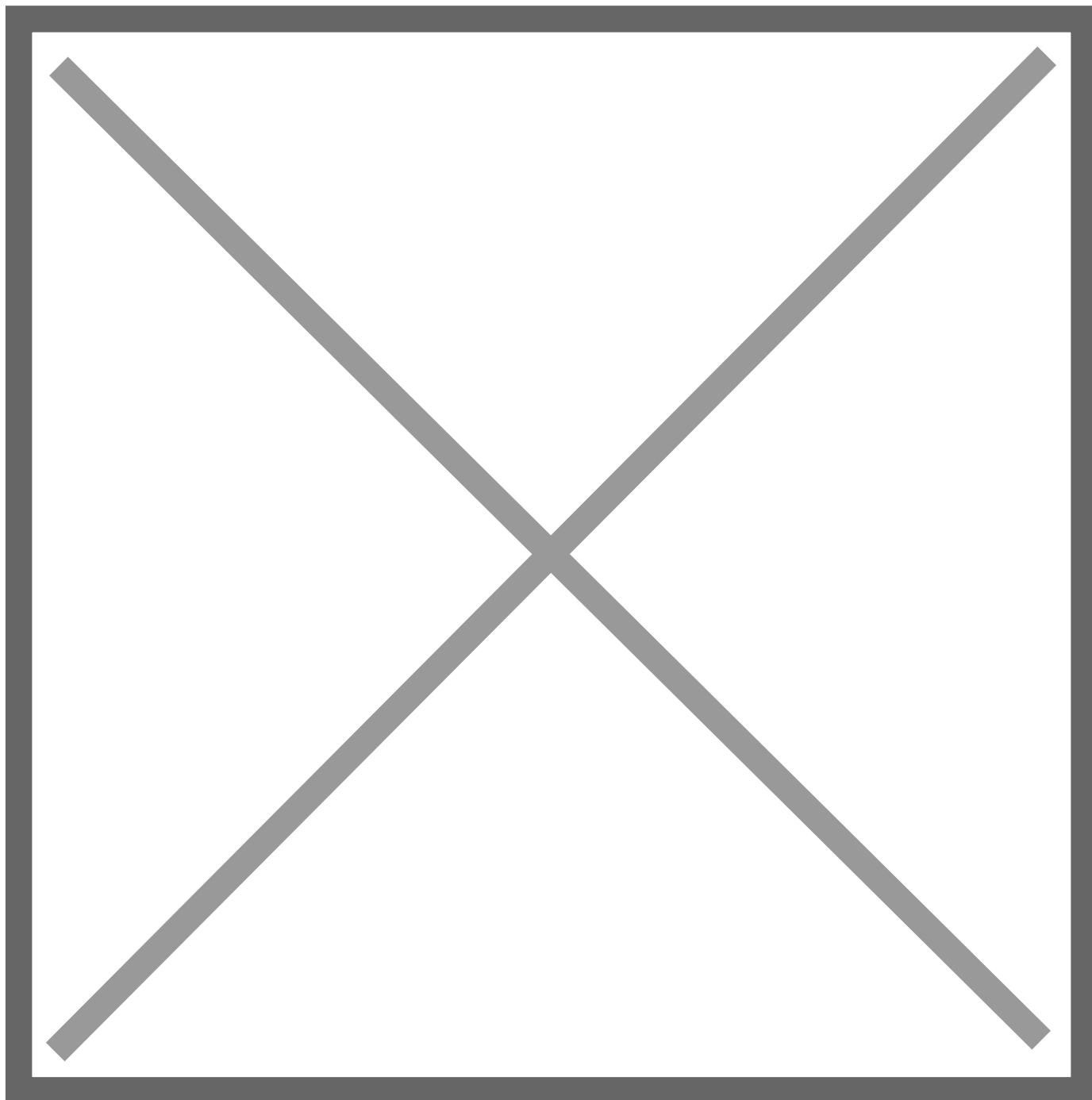
Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Poisid, 2021



**Häälmatud
piirkond:**

Riiklik

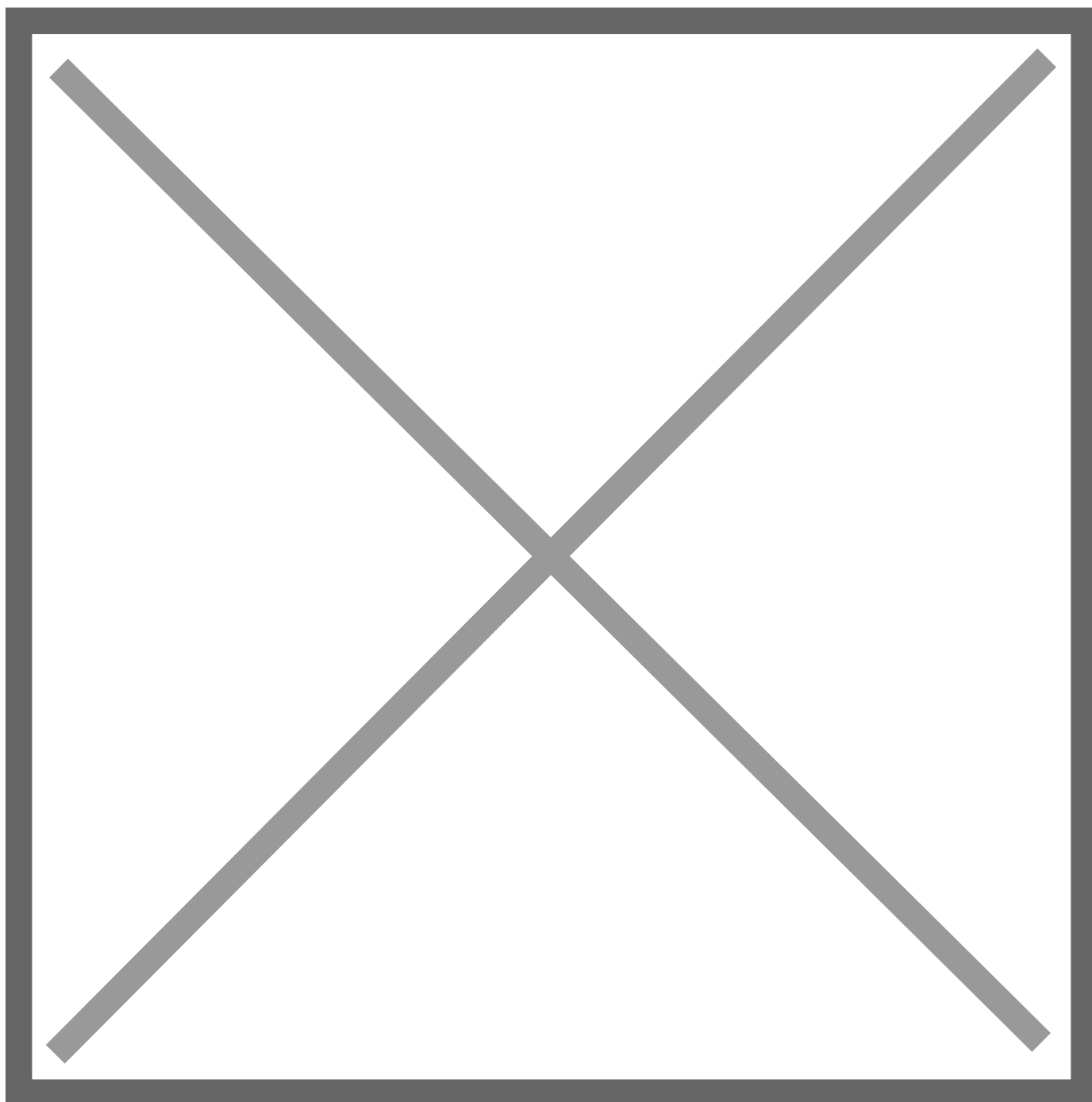
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Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

TÄ¼drukud, 2021



**HÄ¼lmatud
piirkond:**

Riiklik

Viited:

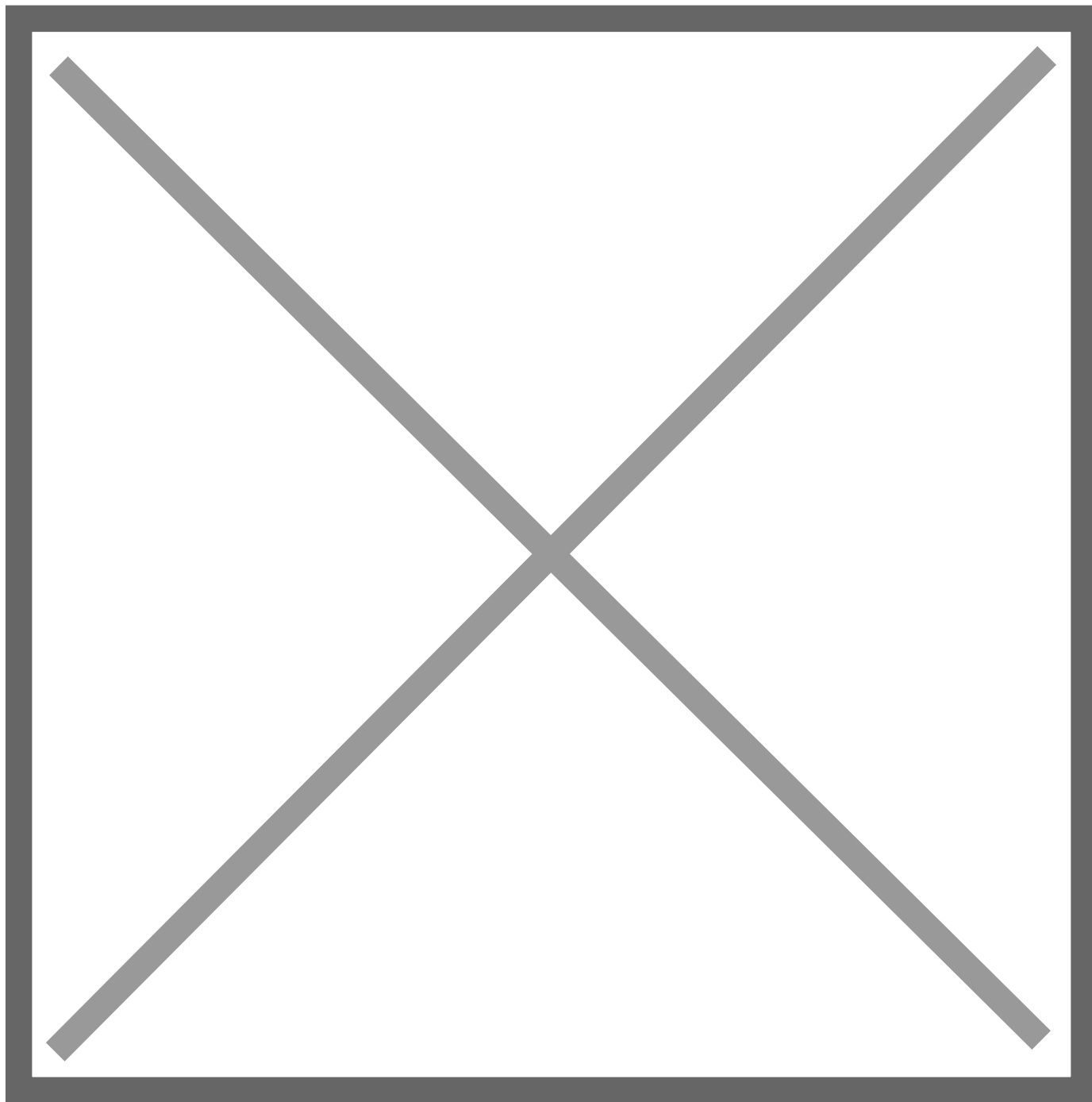
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Vaimne tervis - ÆrevushÆired

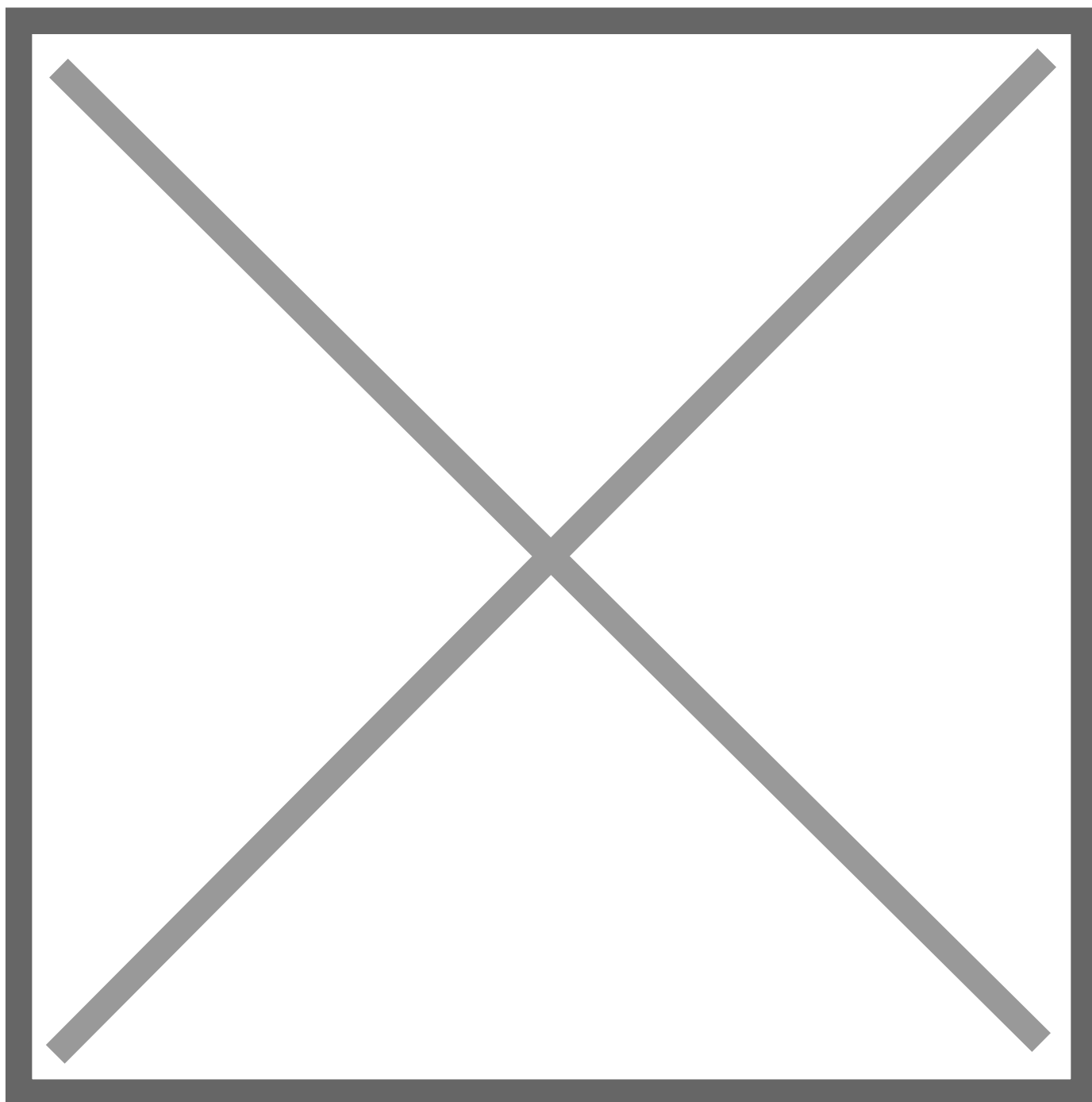
Lapsed, 2021



Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

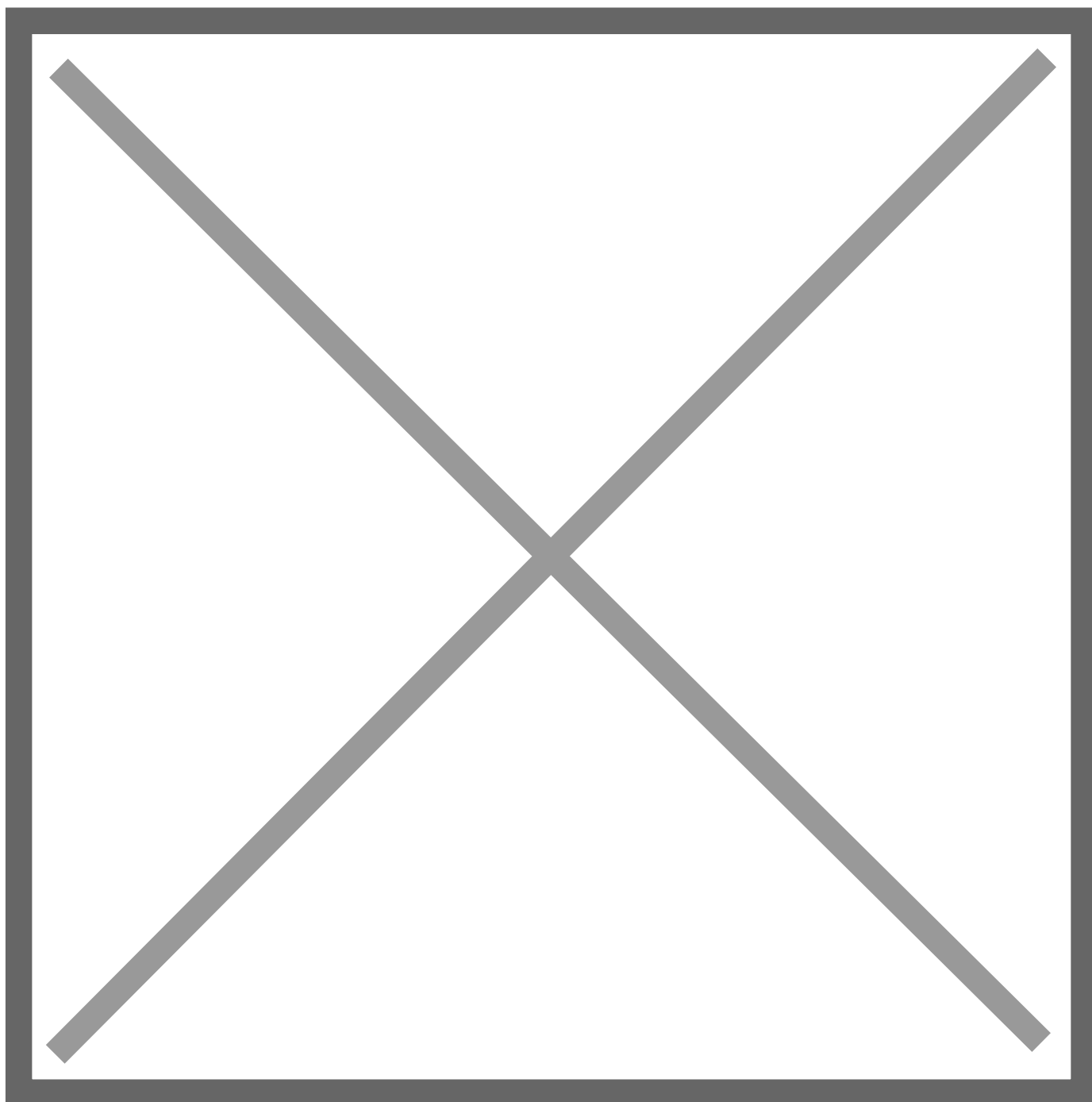
Poisid, 2021



Viiited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

TÄ¼drukud, 2021



Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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