

# Libya



## Policies, Interventions and Actions

### Strategy on nutrition for the Eastern Mediterranean Region 2020-2030

The WHO strategy on nutrition for the Eastern Mediterranean Region (2020-2030) sets objectives and plans to improve nutrition in the region by 2030. This includes preventing overweight, obesity, and diet-related NCDs. The strategy sets targets to reduce the prevalence of overweight in children under 5, halt the rise in diabetes and overweight in adults, halt the rise in overweight in children and adolescents, and eliminate industrially-processed trans fats from the food supply. A framework for countries to reach these goals is provided.

Categories:	Transnational Obesity Strategies/Policy/Recommendations or Action Plan
Year(s):	2020-2030
Target age group:	Adults and children
Organisation:	World Health Organization
Find out more:	<a href="https://iris.who.int">iris.who.int</a>
Linked document:	<a href="#">Download linked document</a>
References:	Strategy on nutrition for the Eastern Mediterranean Region, 2020–2030. Cairo: WHO Regional Office for the Eastern Mediterranean; 2019. Licence: CC BY-NC-SA 3.0 IGO

PDF created on June 4, 2025