



Libāna



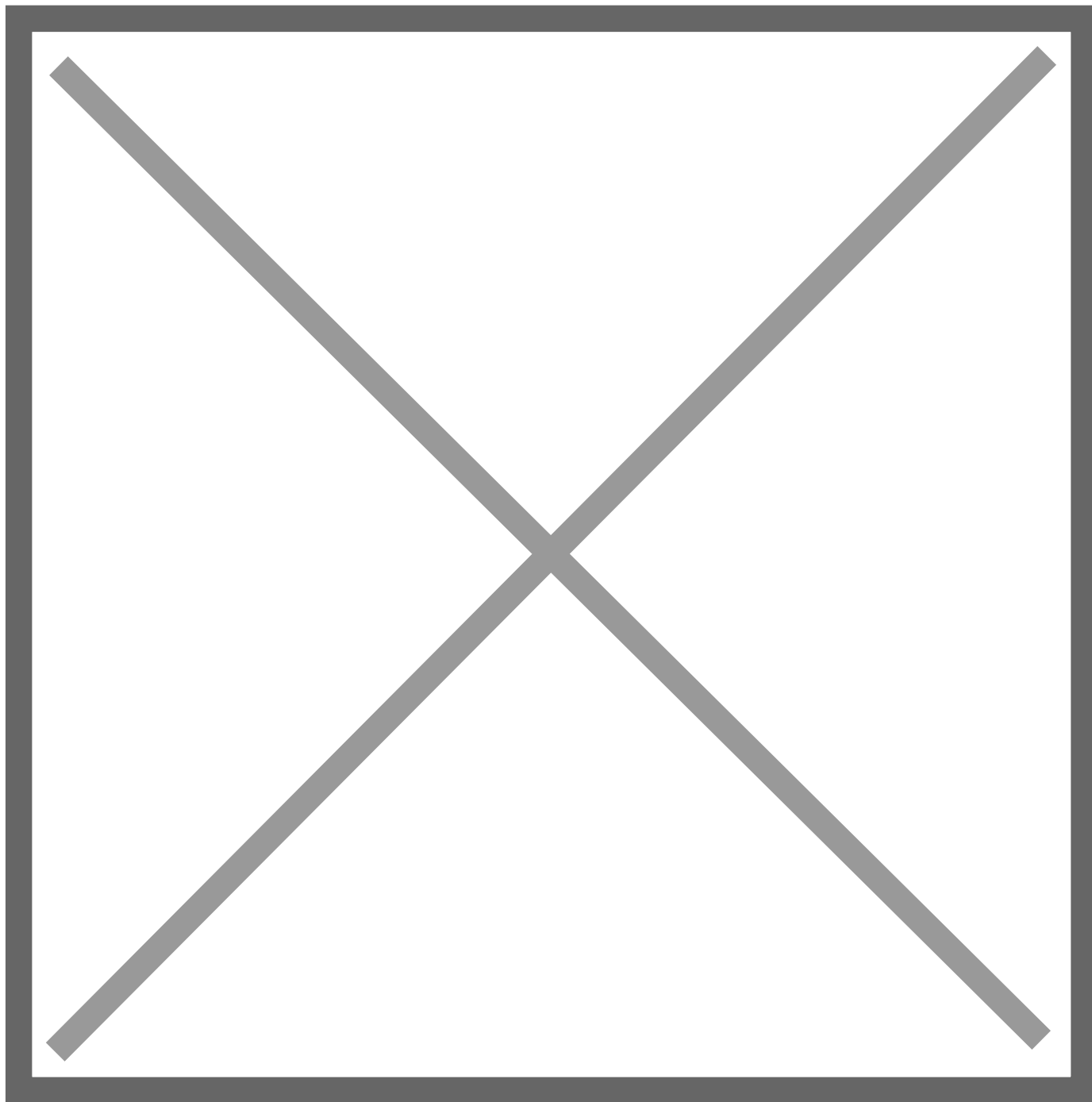
Country report card - under-5s

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/lebanon-119/>.

Aptaukošanās izplatība

0-5 years, 2023



Apsekojuma
veids:

Mērītā vērtība

Vecums:

0-5

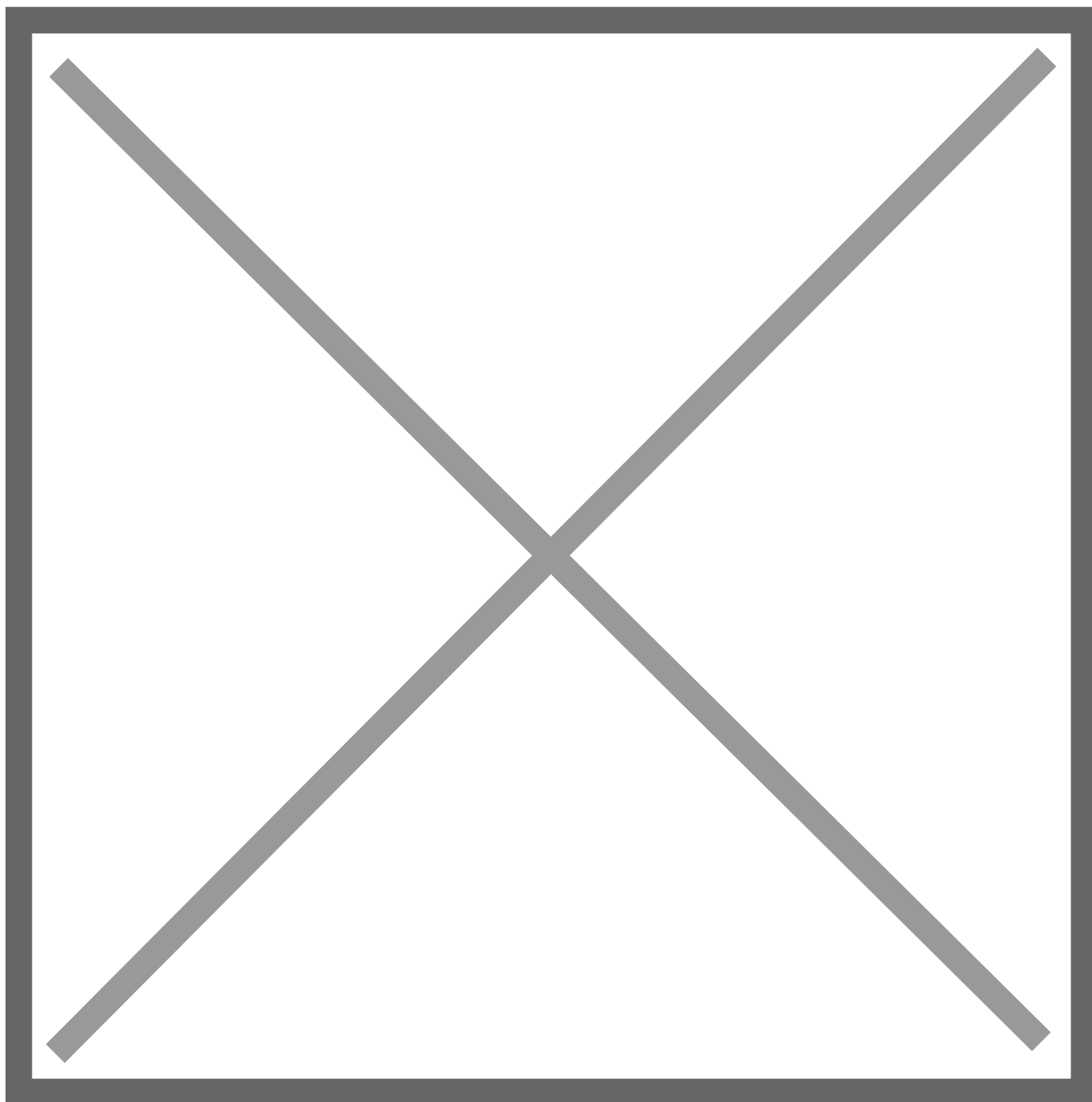
Aptvertā
teritorija:

Valsts

Atsauces:	Lebanese Integrated Micronutrient and Anthropometry Survey 2023
Piezīmes (pieejamas tikai angļu valodā):	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/ .
Definīcijas (pieejamas tikai angļu valodā):	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

Liekais svars/aptaukošanās pēc sociālekonomiskās grupas

0-5 years, 2023



Apsekojuma
veids:

Mērītā vērtība

Izlases
lielums:

1899

Aptvertā teritorija:		Valsts
Atsauces:	Ministry of Public Health, UNICEF-Lebanon, American University of Beirut, Mercy USA, World Food Programme, Harvard T.H. Chan School of Public Health, and GroundWork. Integrated Micronutrient, Anthropometry and Child Development Survey 2023. Beirut, Lebanon; 2024.	
Definīcijas (pieejamas tikai angļu valodā):	Overweight is a weight-for-height z-score greater than +2.0 but less than or equal to +3.0. Obesity is defined as a weight-for-height z-score greater than +3.0.	
Cutoffs:		WHO

Double burden of underweight & overweight

0-5 years, 2021



**Apsekojuma
veids:**

Mērītā vērtība

Vecums:

0-5

Atsauces:

United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <https://data.unicef.org/topic/nutrition/malnutrition/> [Accessed 06.08.25]

**Piezīmes
(pieejamas
tikai angļu
valodā):**

Lebanon National Nutrition SMART Survey

**Definīcijas
(pieejamas
tikai angļu
valodā):**

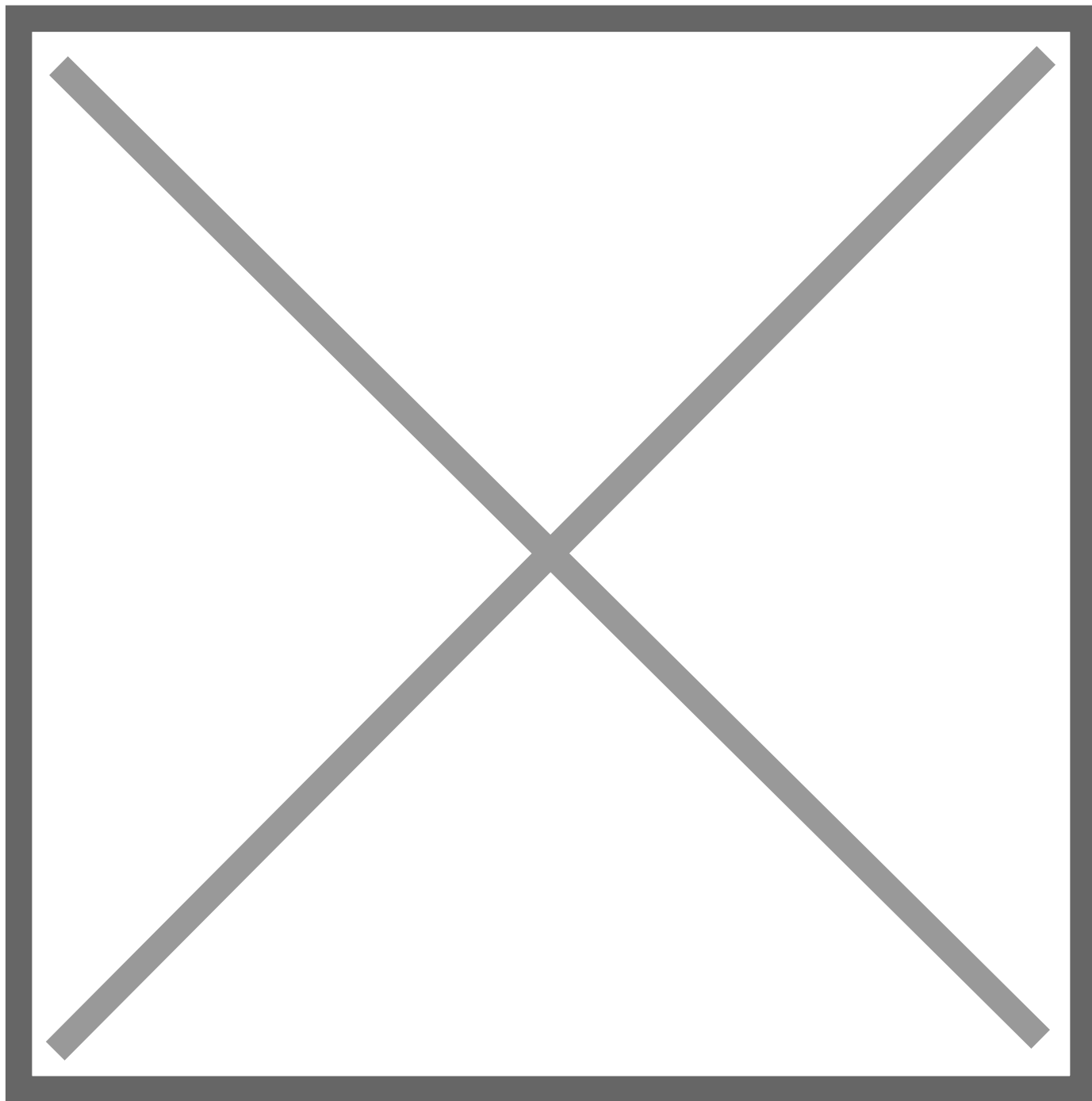
Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)

Cutoffs:

WHZ <-2, HAZ <-2 and WHZ >+2

% zīdaiņi, kas pirmos 5 mēnešus baroti tikai ar krūti

0-5 years, 2010-2023

**Atsauces:**

Lebanese Integrated Micronutrient and Anthropometry Survey 2023

**Piezīmes
(pieejamas
tikai angļu
valodā):**

Full details are available. Original citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2024). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, December 2024.

