



Libanon



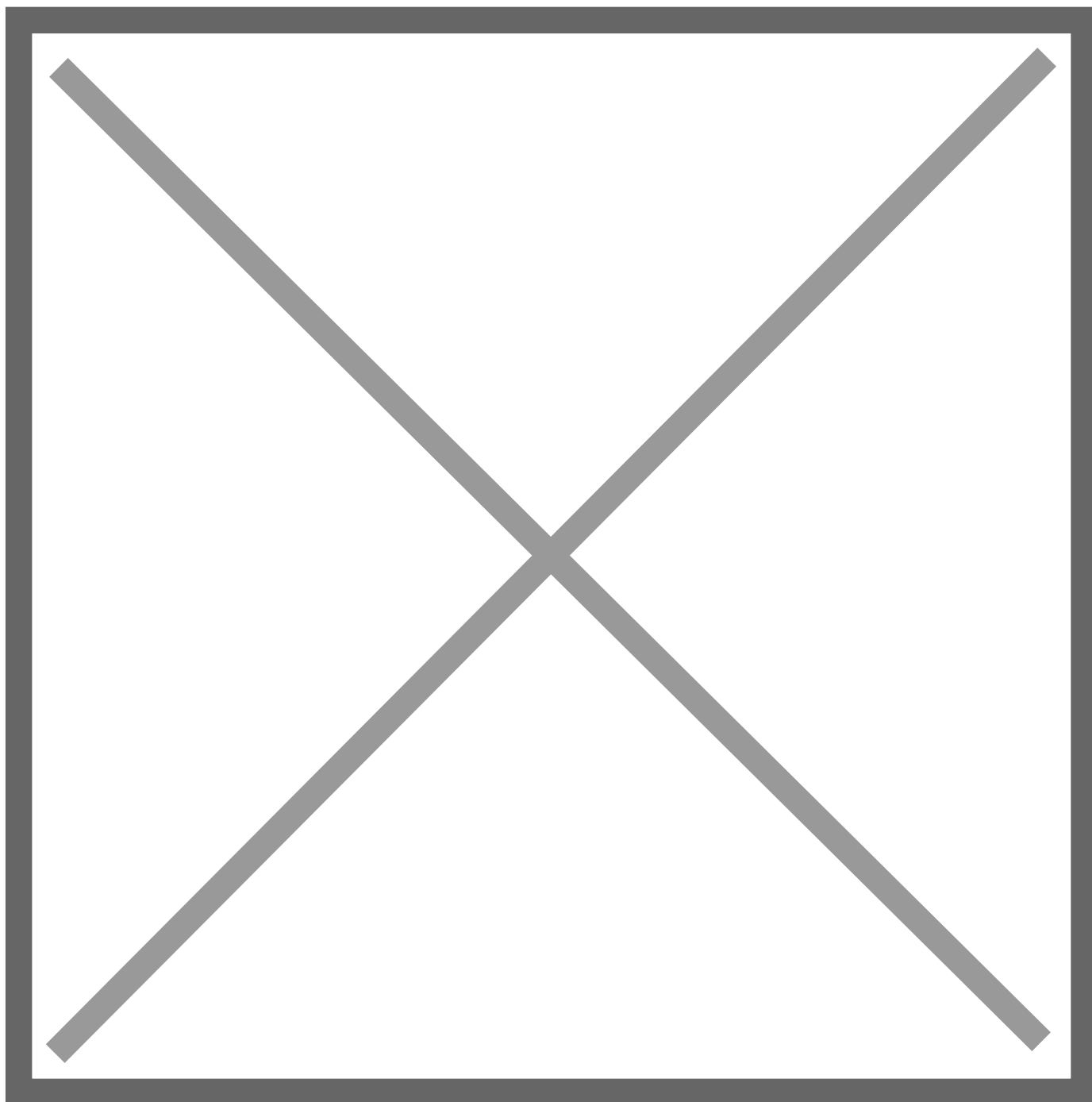
Country report card - under-5s

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/lebanon-119/>.

Prevalencia obezity

0-5 years, 2023



Typ
prieskumu:

Nameraná hodnota

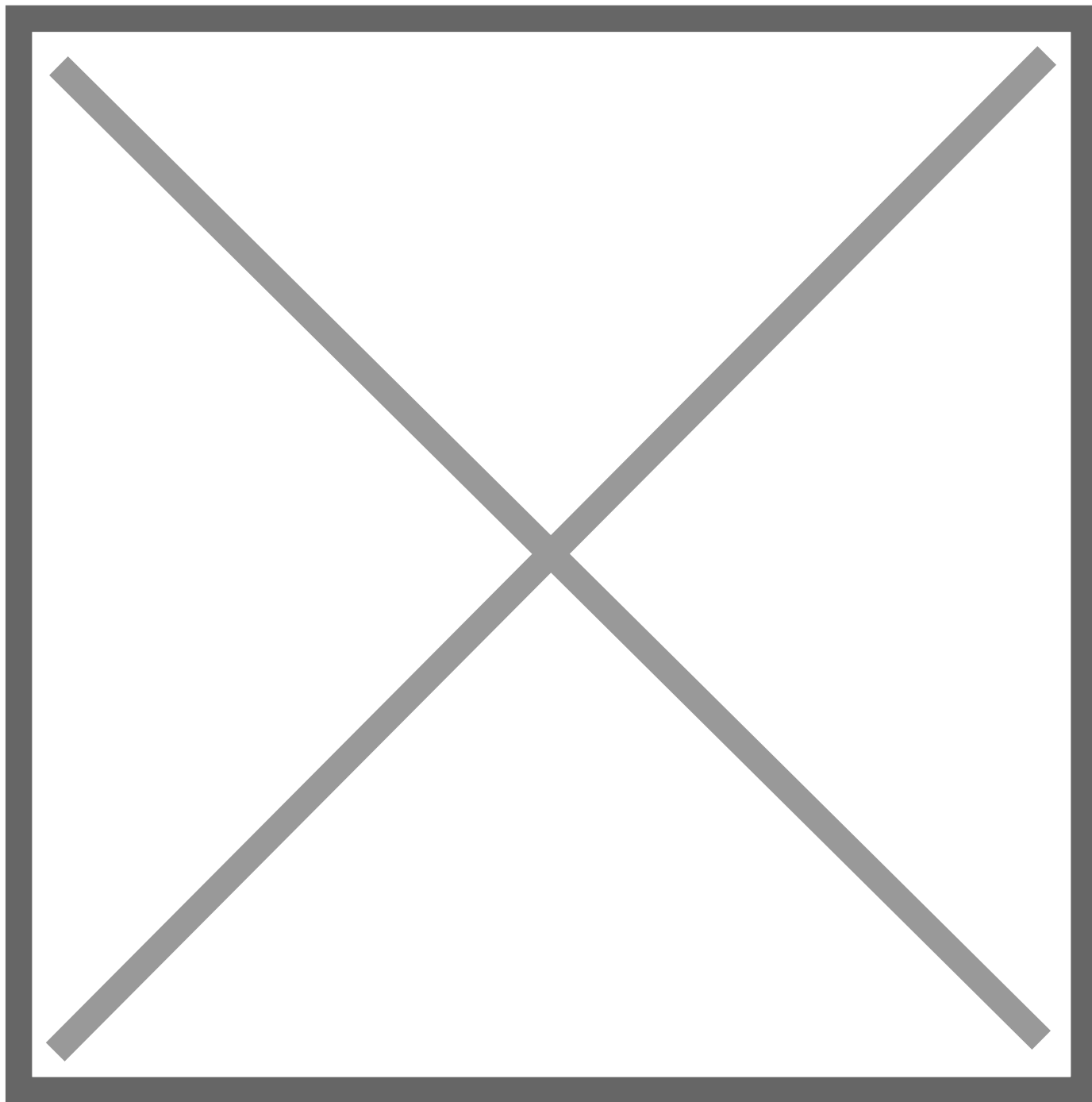
Vek:

0-5

Dotknutá
oblasť:

Národný

Odkazy:	Lebanese Integrated Micronutrient and Anthropometry Survey 2023
Poznámky (k dispozícii iba v angličtine):	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/ .
Definície (k dispozícii iba v angličtine):	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=> +2SD

Nadváha/obezita podľa sociálno-ekonomickej skupiny**0-5 years, 2023****Typ
prieskumu:**

Nameraná hodnota

**Veľkosť
vzorky:**

1899

Dotknutá
oblasť:

Národný

Odkazy:

Ministry of Public Health, UNICEF-Lebanon, American University of Beirut, Mercy USA, World Food Programme, Harvard T.H. Chan School of Public Health, and GroundWork. Integrated Micronutrient, Anthropometry and Child Development Survey 2023. Beirut, Lebanon; 2024.

Definície (k
dispozícii iba
v angličtine):

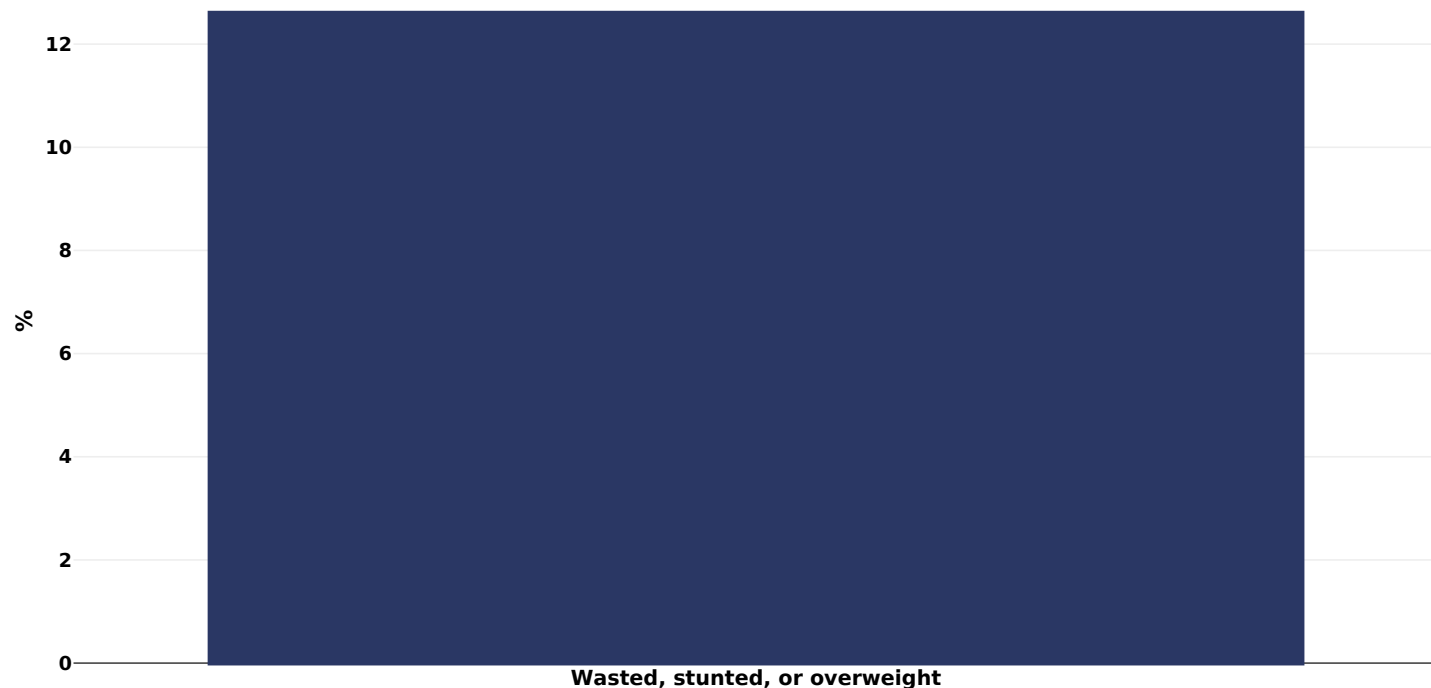
Overweight is a weight-for-height z-score greater than +2.0 but less than or equal to +3.0. Obesity is defined as a weight-for-height z-score greater than +3.0.

Cutoffs:

WHO

Double burden of underweight & overweight

0-5 years, 2021



Typ
prieskumu:

Nameraná hodnota

Vek:

0-5

Odkazy:

United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <https://data.unicef.org/topic/nutrition/malnutrition/> [Accessed 06.08.25]

Poznámky (k
dispozícii iba
v angličtine):

Lebanon National Nutrition SMART Survey

Definície (k
dispozícii iba
v angličtine):

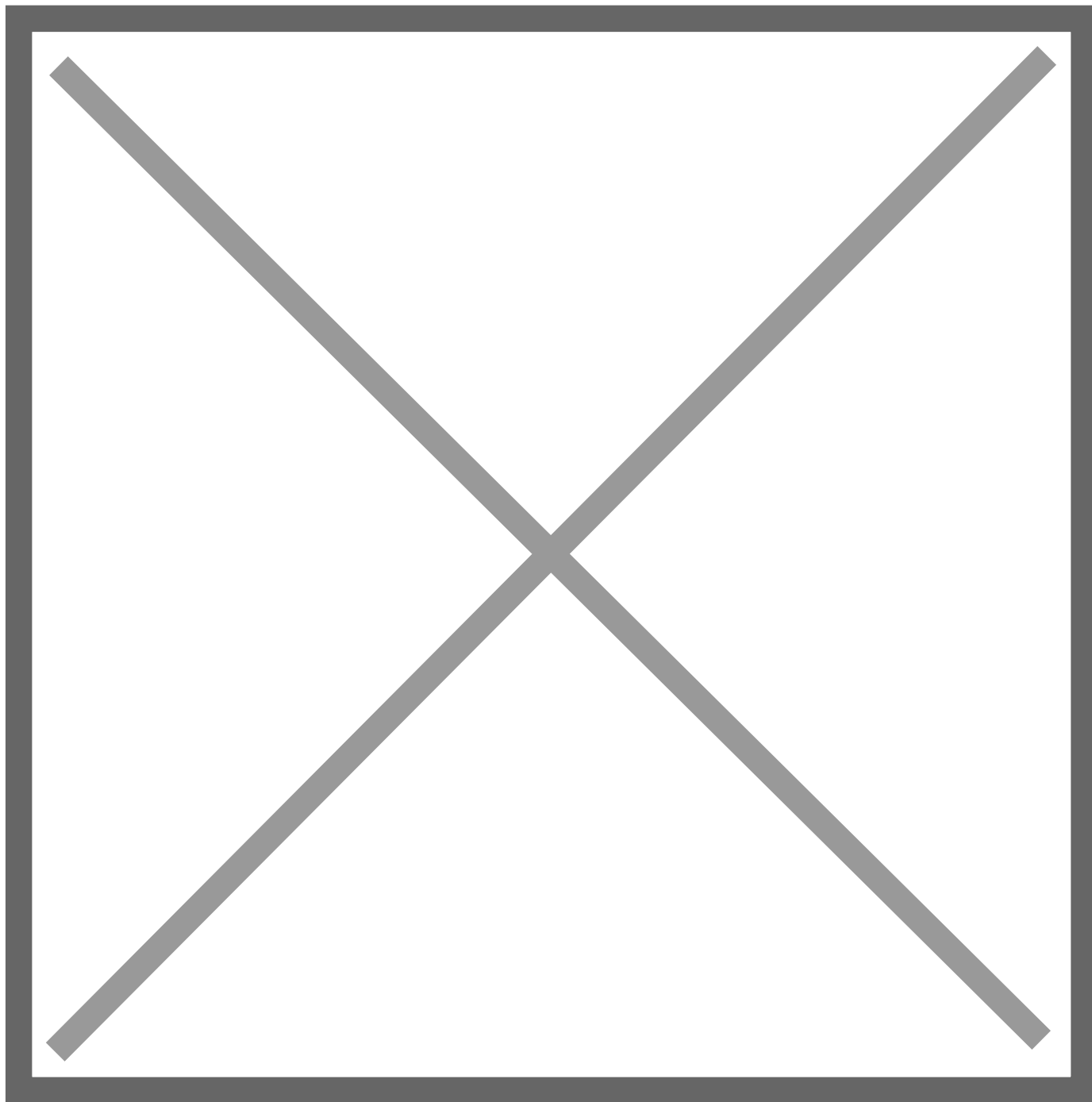
Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)

Cutoffs:

WHZ <-2, HAZ <-2 and WHZ >+2

% dojčiat výlučne dojčených 0 - 5 mesiacov

0-5 years, 2010-2023

**Odkazy:**

Lebanese Integrated Micronutrient and Anthropometry Survey 2023

**Poznámky (k
dispozícii iba
v angličtine):**

Full details are available. Original citation: United Nations Childrens Fund, Division of Data, Analysis, Planning and Monitoring (2024). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, December 2024.

PDF created on January 21, 2026