

# Report card Líbano



Risco de obesidade nacional \*8/10This is a composite 'obesity risk' score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Risco de obesidade infantil \*9/11This is a 'risk score' for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

\* Com base em dados estimados. Para mais informações, consultar Publicações

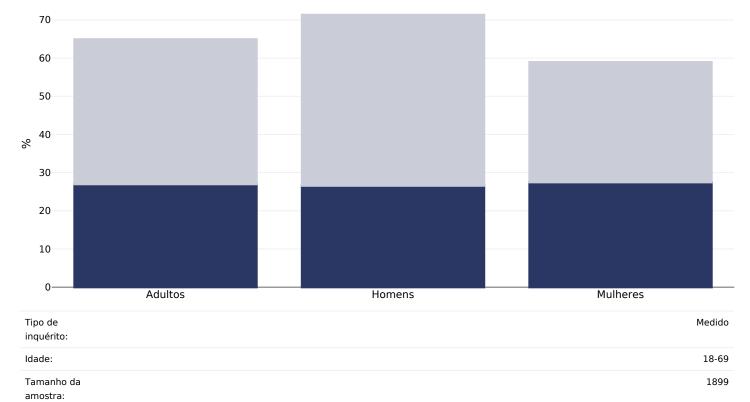


Referências:

## Prevalência de obesidade

## **Adultos, 2016-2017**

Obesidade Excesso de peso



Área abrangida: Nacional

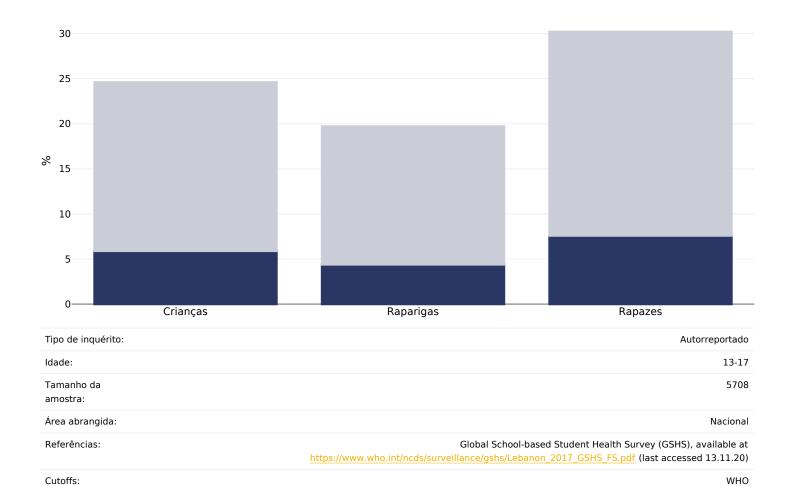
WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017 <a href="https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1">https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1</a> (last accessed 16.10.19)

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².



## Crianças, 2017

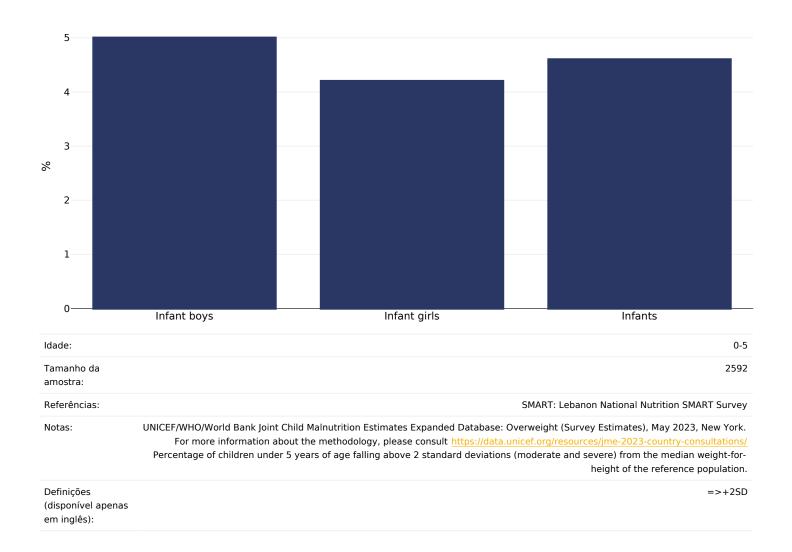
Obesidade Excesso de peso





## Infants, 2021

#### Excesso de peso ou obesidade

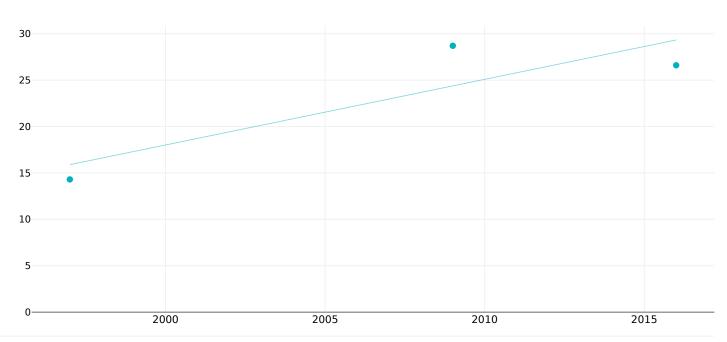




## % Adults living with obesity in Lebanon 1997-2016

#### **Homens**

Obesidade



Tipo de Medido inquérito:

Referências:

1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study.

Obesity Research 203;11:1353-1361

2009: WHO STEPS Report 2009 Lebanon

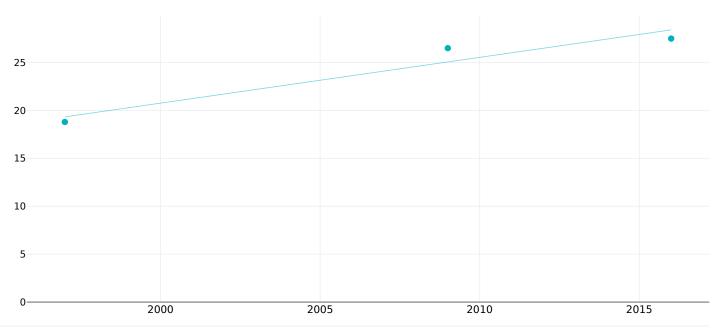
2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017 <a href="https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS">https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS</a> report 2016-2017.pdf?ua=1 (last accessed 16.10.19)

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².



#### **Mulheres**

Obesidade



Tipo de Medido inquérito:

Referências:

1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study.

Obesity Research 203;11:1353-1361

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2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017 <a href="https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1">https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1</a> (last accessed 16.10.19)

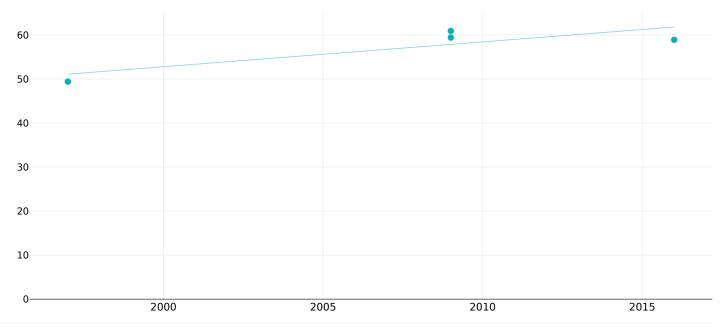
Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².



# % Adults living with overweight or obesity in Lebanon 1997-2016

#### **Mulheres**

Excesso de peso ou obesidade



Tipo de Medido inquérito:

Referências:

1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study.

Obesity Research 203;11:1353-1361

2009: Nasreddine L, Naja F, Chamieh MC et al. Trends in overweight and obesity in Lebanon: evidence from two national cross-sectional surveys (1997 and 2009). BMC Public Health 2012;12:798

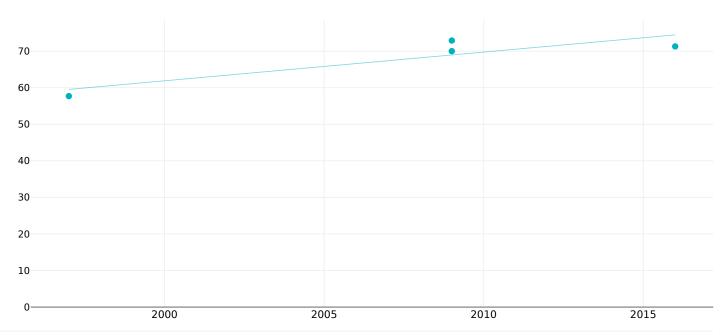
2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017 <a href="https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1">https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1</a> (last accessed 16.10.19)

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².



#### **Homens**

Excesso de peso ou obesidade



Tipo de Medido inquérito:

Referências:

1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study.

Obesity Research 203;11:1353-1361

2009: Nasreddine L, Naja F, Chamieh MC et al. Trends in overweight and obesity in Lebanon: evidence from two national cross-sectional surveys (1997 and 2009). BMC Public Health 2012;12:798

2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017

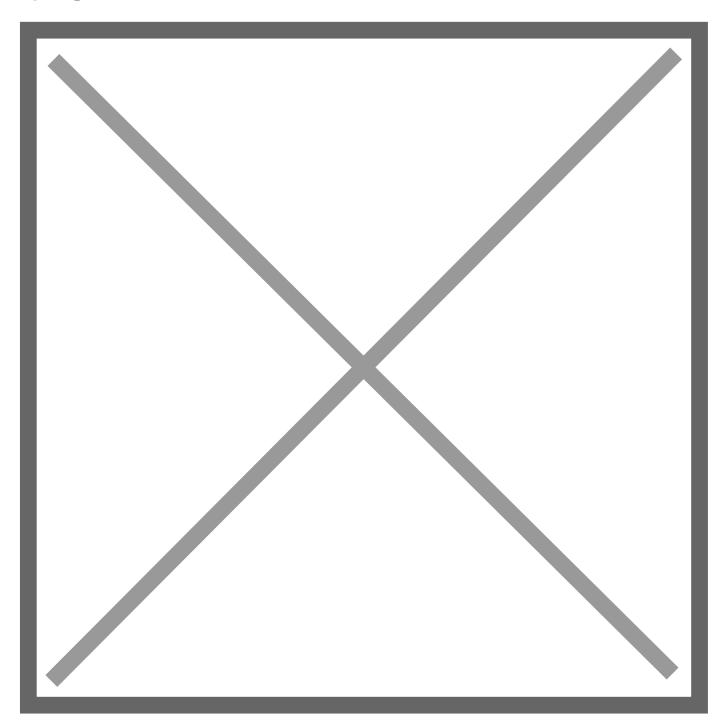
https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1 (last accessed 16.10.19)

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².



# Trends children 2005 2017 overweight or obesity

## Raparigas



Tipo de inquérito: Autorreportado



Referências:

2005: Global School-based Student Health Survey, Fact Sheet available at

https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1 (last accessed 25.11.20)

2011: Global School-based Student Health Survey, Fact Sheet available at

 $\underline{\text{https://www.who.int/ncds/surveillance/gshs/2011\_GSHS\_FS\_Lebanon.pdf?ua=1}}$ 

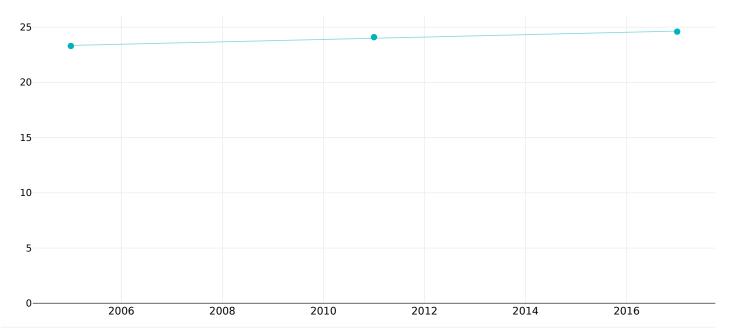
2017: Global School-based Student Health Survey (GSHS), available at

https://www.who.int/ncds/surveillance/gshs/Lebanon\_2017\_GSHS\_FS.pdf (last accessed 13.11.20)

Diferentes metodologias podem ter sido usadas para recolher estes dados e, portanto, os dados de diferentes inquéritos podem não ser estritamente comparáveis. Verifique as fontes de dados originais para as metodologias utilizadas

## **Boys and girls**

Excesso de peso ou obesidade



Tipo de inquérito: Autorreportado

Referências:

2005: Global School-based Student Health Survey, Fact Sheet available at

https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1 (last accessed 25.11.20)

2011: Global School-based Student Health Survey, Fact Sheet available at

https://www.who.int/ncds/surveillance/gshs/2011 GSHS FS Lebanon.pdf?ua=1

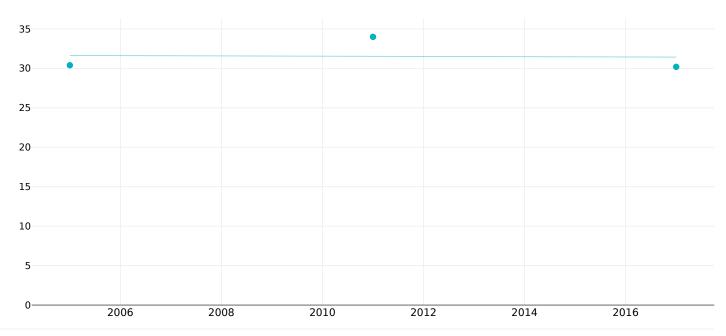
2017: Global School-based Student Health Survey (GSHS), available at

https://www.who.int/ncds/surveillance/gshs/Lebanon\_2017\_GSHS\_FS.pdf (last accessed 13.11.20)



#### **Rapazes**

• Excesso de peso ou obesidade



Tipo de inquérito: Autorreportado

Referências:

2005: Global School-based Student Health Survey, Fact Sheet available at <a href="https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1">https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1</a> (last accessed 25.11.20)

2011: Global School-based Student Health Survey, Fact Sheet available at

 $\underline{https://www.who.int/ncds/surveillance/gshs/2011\_GSHS\_FS\_Lebanon.pdf?ua=1}$ 

2017: Global School-based Student Health Survey (GSHS), available at

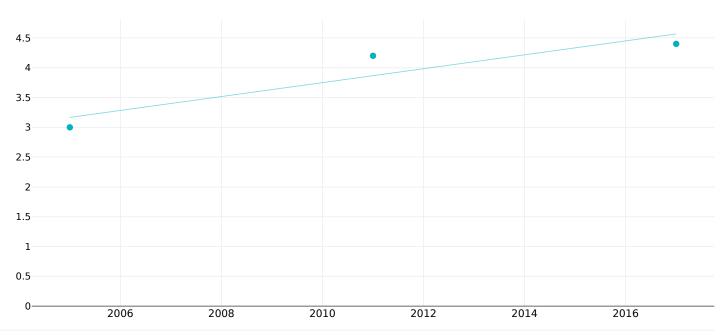
https://www.who.int/ncds/surveillance/gshs/Lebanon\_2017\_GSHS\_FS.pdf (last accessed 13.11.20)



## Trends obesity children 2005 2017

## **Raparigas**

Obesidade



Tipo de inquérito: Autorreportado

Referências:

2005: Global School-based Student Health Survey, Fact Sheet available at <a href="https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1">https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1</a> (last accessed 25.11.20)

2011: Global School-based Student Health Survey, Fact Sheet available at

https://www.who.int/ncds/surveillance/gshs/2011\_GSHS\_FS\_Lebanon.pdf?ua=1

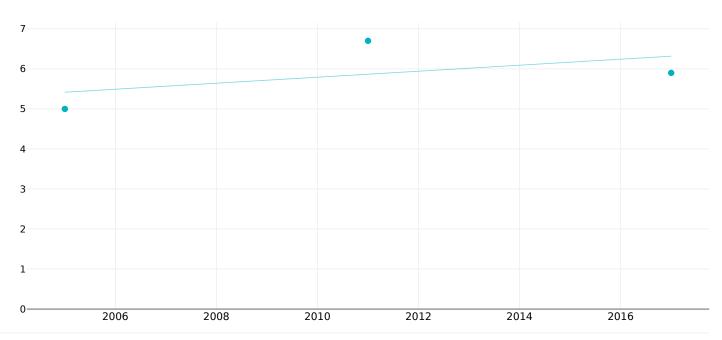
2017: Global School-based Student Health Survey (GSHS), available at

https://www.who.int/ncds/surveillance/gshs/Lebanon\_2017\_GSHS\_FS.pdf (last accessed 13.11.20)



## **Boys and girls**

Obesidade



Tipo de inquérito: Autorreportado

Referências:

2005: Global School-based Student Health Survey, Fact Sheet available at <a href="https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1">https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1</a> (last accessed 25.11.20)

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https://www.who.int/ncds/surveillance/gshs/2011\_GSHS\_FS\_Lebanon.pdf?ua=1

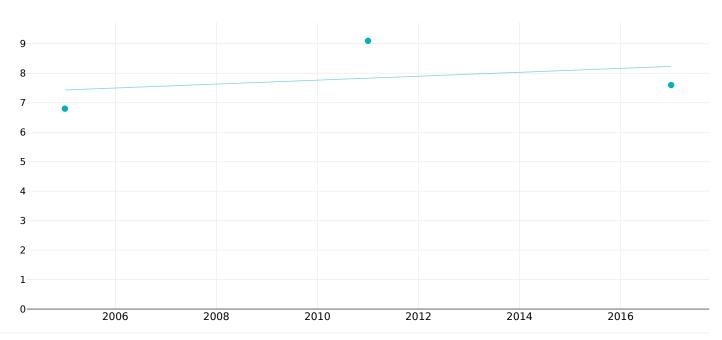
2017: Global School-based Student Health Survey (GSHS), available at

https://www.who.int/ncds/surveillance/gshs/Lebanon\_2017\_GSHS\_FS.pdf (last accessed 13.11.20)



#### **Rapazes**

Obesidade



Tipo de inquérito: Autorreportado

Referências:

2005: Global School-based Student Health Survey, Fact Sheet available at <a href="https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1">https://www.who.int/ncds/surveillance/gshs/2005\_Lebanon\_Fact\_Sheet.pdf?ua=1</a> (last accessed 25.11.20)

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 $\underline{\text{https://www.who.int/ncds/surveillance/gshs/2011\_GSHS\_FS\_Lebanon.pdf?ua=1}}$ 

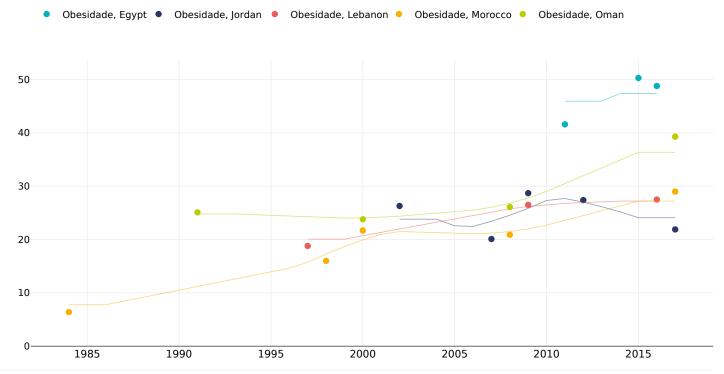
2017: Global School-based Student Health Survey (GSHS), available at

https://www.who.int/ncds/surveillance/gshs/Lebanon\_2017\_GSHS\_FS.pdf (last accessed 13.11.20)



# % Adults living with obesity in selected countries in the EMRO Region 1984-2017, países selecionados

#### **Mulheres**



Referências:

 $1984,\,1998:\,Benjelloun\,S.\,\,Nutrition\,\,transition\,\,in\,\,Morocco.\,\,Public\,\,Health\,\,Nutrition.\,\,2002; 5(1A): 135-140$ 

1991: Al-Lawati JA, Jousilahti PJ. Prevalence and 10year secular trend of obesity in Oman. Saudi Med J 2004;25:346-351

1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study.

Obesity Research 203;11:1353-1361

2000: Personal Communication from Morocco Minister of Health. National Survey carried out in 2000. Details in press for Journal of Hypertension (Arpil 03)

2002: WHO Infobase, Macro international data

2007: Department of Statistics [Jordan] and Macro International. 2008. Jordan Population and Family Health Survey 2007: Key Findings.

Calverton, Maryland, USA: Department of Statistics and Macro International.

2008: Rhazi K El, Nejjari C, Zidouh A et al. Prevalence of obesity and associated sociodemographic and lifestyle factors in Morocco. Public

Health Nutrition 2010:14(1)160-167

2009: WHO STEPS Report 2009 Lebanon

2011: WHO EMRO Egypt STEPS Survey 2011-12

2012: Department of Statistics/Jordan and ICF International. 2013. Jordan Population and Family Health Survey 2012. Calverton, Maryland, USA: Department of Statistics/Jordan and ICF International.

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Cairo, Egypt: Ministry of Health and Population/Egypt and ICF International. Available at

 $\underline{http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm\#sthash.StgV9s6X.dpuf}$ 

2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017

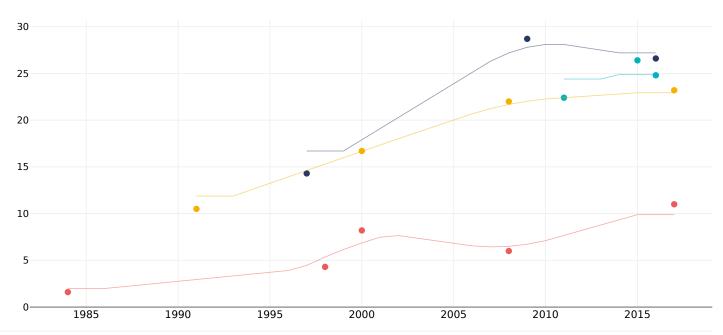
https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1\_ (last accessed 16.10.19)

2017: Executive Summary. Oman National Non-Communicable Disease & their Risk Factors Survey 2017 <a href="https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary\_NCDsurvey2017\_En.pdf">https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary\_NCDsurvey2017\_En.pdf</a> (last accessed 17.10.19)



#### **Homens**





Referências:

1984, 1998: Benjelloun S. Nutrition transition in Morocco. Public Health Nutrition. 2002;5(1A):135-140

 $1991: Al-Lawati \ JA, \ Jousilahti \ PJ. \ Prevalence \ and \ 10 year \ secular \ trend \ of \ obesity \ in \ Oman. \ Saudi \ Med \ J \ 2004; 25:346-351$ 

1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study.

Obesity Research 203;11:1353-1361

2000: Personal Communication from Morocco Minister of Health. National Survey carried out in 2000. Details in press for Journal of Hypertension (Arpil 03)

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2008: Rhazi K El, Nejjari C, Zidouh A et al. Prevalence of obesity and associated sociodemographic and lifestyle factors in Morocco. Public Health Nutrition 2010:14(1)160-167

2009: WHO STEPS Report 2009 Lebanon

2011: WHO EMRO Egypt STEPS Survey 2011-12

2012: Department of Statistics/Jordan and ICF International. 2013. Jordan Population and Family Health Survey 2012. Calverton, Maryland,
USA: Department of Statistics/Jordan and ICF International.

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Cairo, Egypt: Ministry of Health and Population/Egypt and ICF International. Available at

http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm#sthash.StgV9s6X.dpuf

2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017

https://www.who.int/ncds/surveillance/steps/Lebanon\_STEPS\_report\_2016-2017.pdf?ua=1 (last accessed 16.10.19)

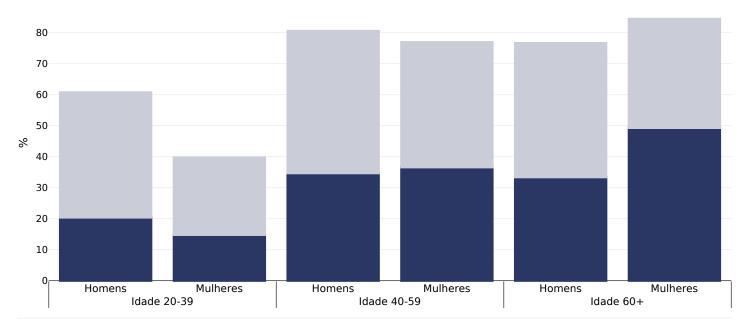
2017: Executive Summary. Oman National Non-Communicable Disease & their Risk Factors Survey 2017 <a href="https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary\_NCDsurvey2017\_En.pdf">https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary\_NCDsurvey2017\_En.pdf</a> (last accessed 17.10.19)



## Excesso de peso/obesidade por idade

## Adultos, 2009

Obesidade Excesso de peso



Tipo de inquérito:

Tamanho da
amostra:

Medido
2697

Área abrangida: Nacional

Referências:

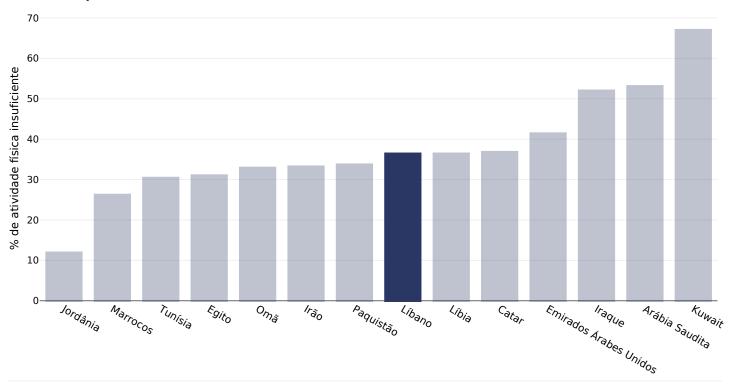
Nasreddine L, Naja F, Chamieh MC et al. Trends in overweight and obesity in Lebanon: evidence from two national cross-sectional surveys (1997 and 2009). BMC Public Health 2012;12:798

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².



## Atividade física insuficiente

## Adultos, 2016

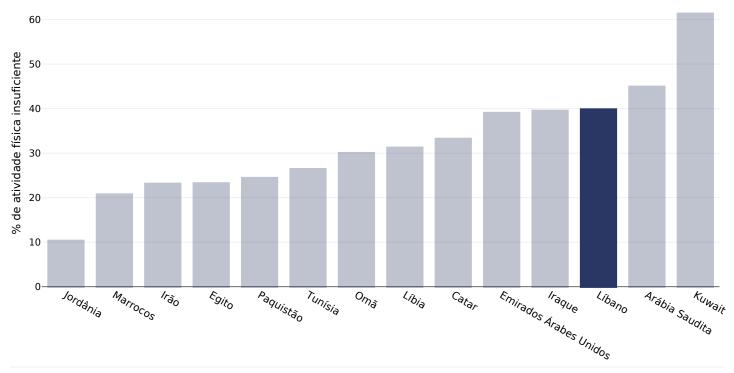


Referências:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7



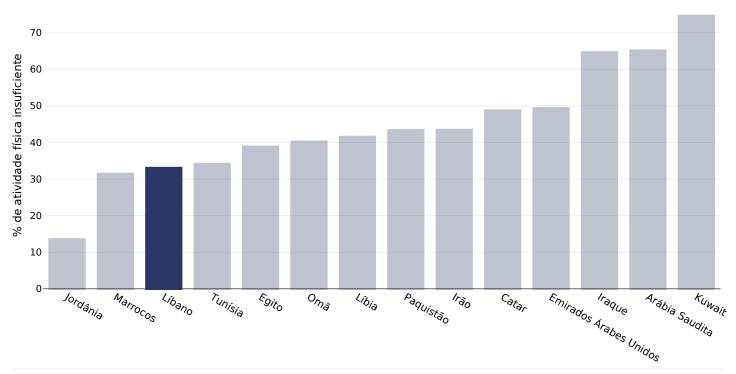
#### Homens, 2016



Referências:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a> (18)30357-7

#### Mulheres, 2016

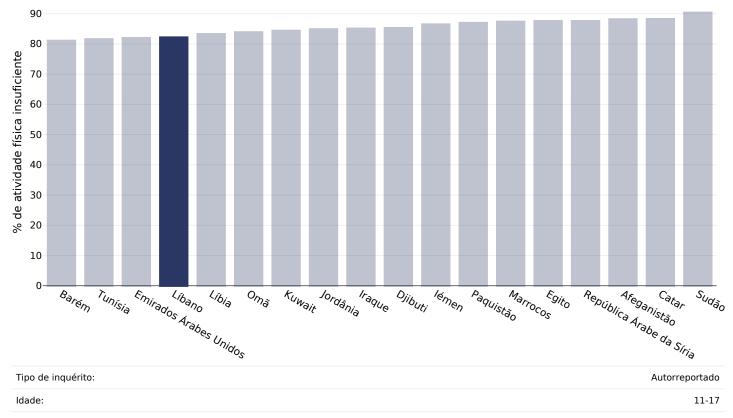


Referências:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>(18)30357-7



## Crianças, 2016



Referências:

 $\label{lem:continuous} Global \ \ Health \ Observatory \ data \ repository, \ World \ Health \ Organisation, \\ \underline{https://apps.who.int/gho/data/node.main.A893ADO?lang=en} \ (last \ accessed \ 16.03.21)$ 

Notas:

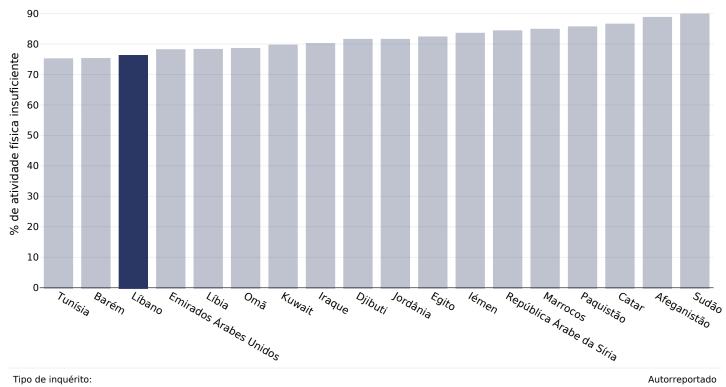
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definições (disponível apenas em inglês):

% Adolescents insufficiently active (age standardised estimate)



## Rapazes, 2016



ldade: 11-17

Referências: Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)

Notas: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

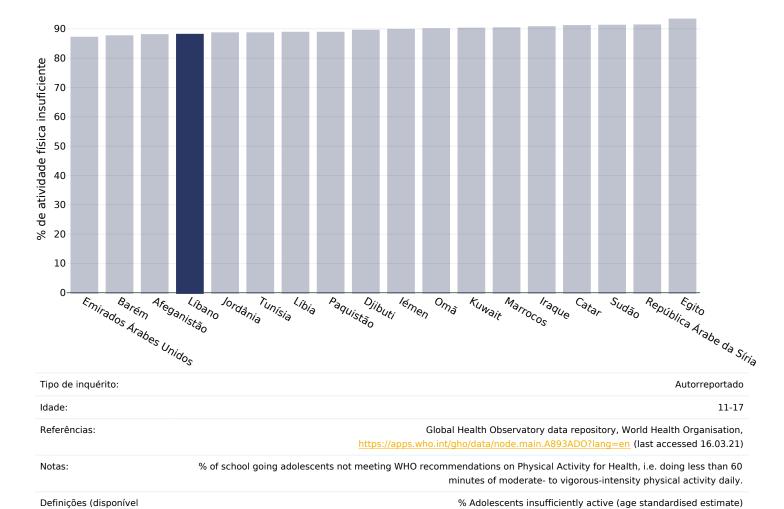
Definições (disponível apenas em inglês):

% Adolescents insufficiently active (age standardised estimate)



apenas em inglês):

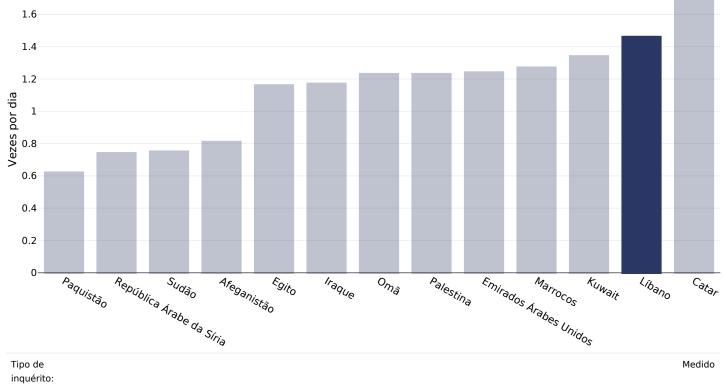
## Raparigas, 2016





# Frequência média diária de consumo de refrigerantes

## Crianças, 2009-2015



Idade: 12-17

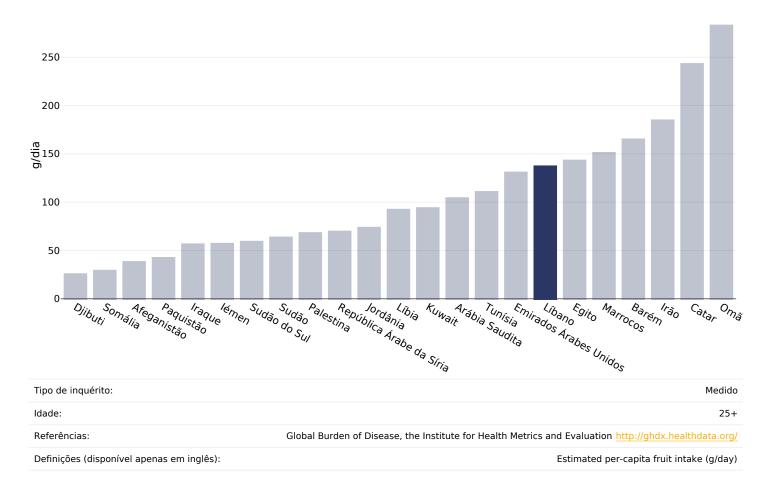
Referências:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <a href="https://doi.org/10.1177/0379572119848287">https://doi.org/10.1177/0379572119848287</a> sourced from Food Systems Dashboard <a href="https://www.foodsystemsdashboard.org/food-system">https://www.foodsystemsdashboard.org/food-system</a>



## Estimated per capita fruit intake

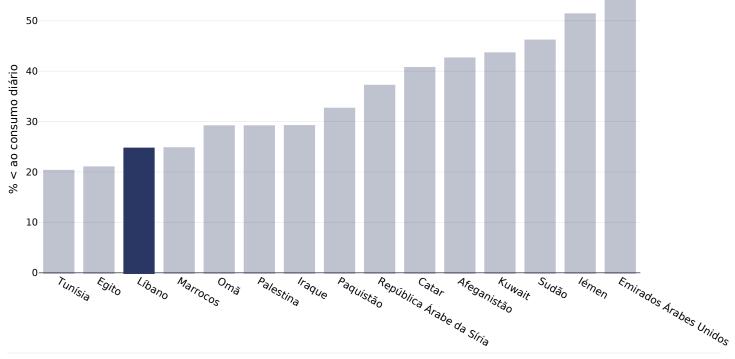
## Adultos, 2017





## Prevalência inferior ao consumo diário de fruta

#### Crianças, 2008-2015



Tipo de inquérito: Medido

Referências:

Idade:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <a href="https://doi.org/10.1177/0379572119848287">https://doi.org/10.1177/0379572119848287</a>. Sourced from Food Systems Dashboard <a href="https://www.foodsystemsdashboard.org/food-adolescent-fruit">https://doi.org/10.1177/0379572119848287</a>. Sourced from Food Systems Dashboard <a href="https://www.foodsystemsdashboard.org/food-adolescent-fruit">https://www.foodsystemsdashboard.org/food-adolescent-fruit</a>, The state of the state o

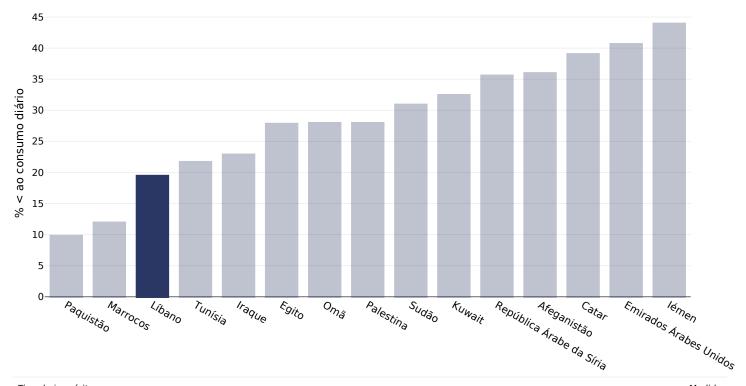
Definições (disponível apenas em inglês): Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

12-17



## Prevalência inferior ao consumo diário de vegetais

#### Crianças, 2008-2015



Tipo de inquérito: Medido Idade: 12-17

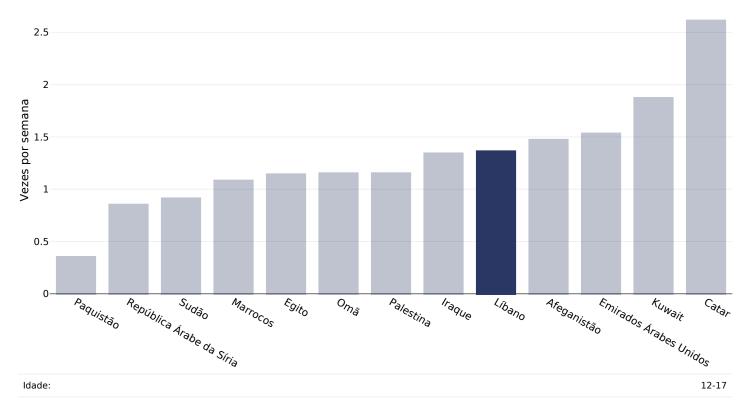
Referências:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A metaanalysis of global school-based student health surveys. Food and Nutrition Bulletin. <a href="https://doi.org/10.1177/0379572119848287">https://doi.org/10.1177/0379572119848287</a> sourced from Food Systems Dashboard <a href="https://www.foodsystemsdashboard.org/food-systemsdashboa

Definições (disponível apenas em inglês): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)



# Frequência semanal média de consumo de comida rápida Crianças, 2009-2015



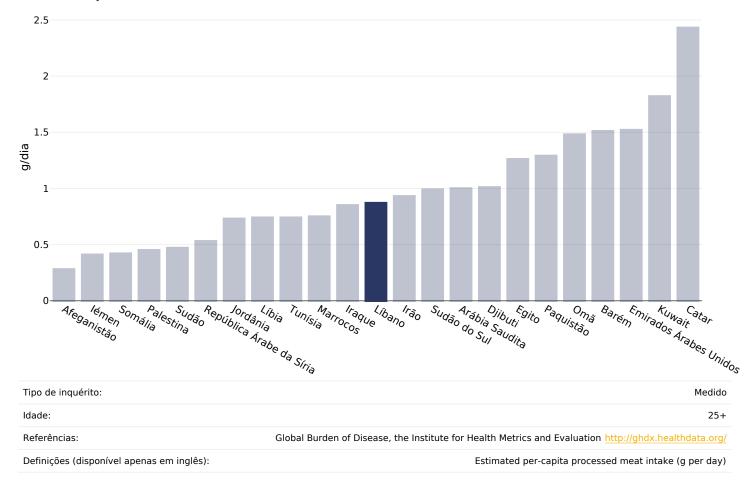
Referências:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <a href="https://doi.org/10.1177/0379572119848287">https://doi.org/10.1177/0379572119848287</a> sourced from Food Systems Dashboard <a href="https://www.foodsystemsdashboard.org/food-system">https://www.foodsystemsdashboard.org/food-system</a>



## Estimativa de ingestão de carne processada per capita

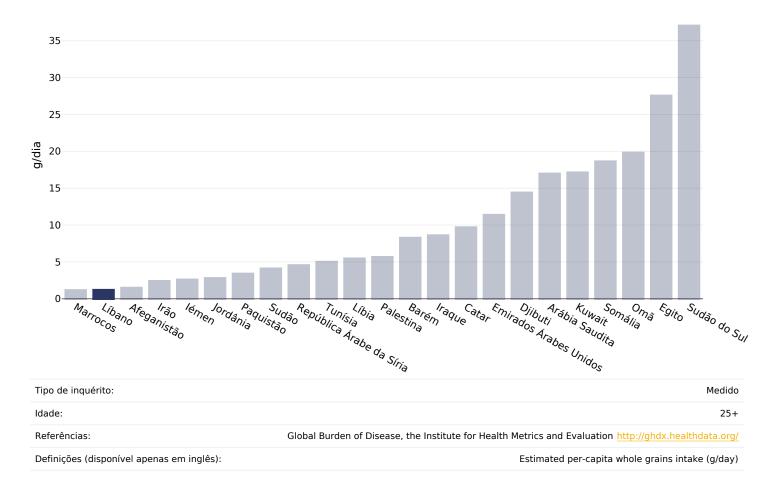
## Adultos, 2017





## Estimated per capita whole grains intake

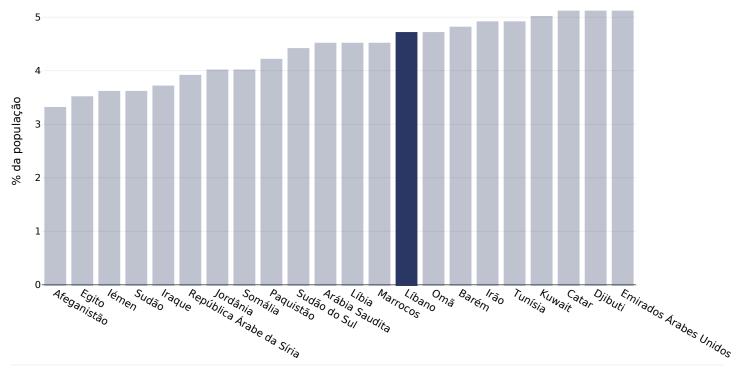
## Adultos, 2017





## Saúde mental - transtornos depressivos

## Adultos, 2015



Referências:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

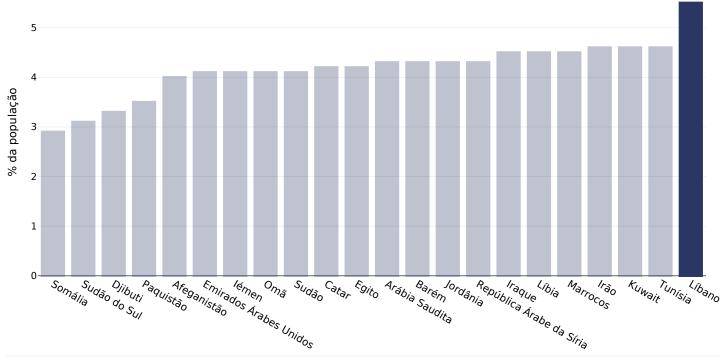
Definições (disponível apenas em inglês):

% of population with depression disorders



## Saúde mental - transtornos de ansiedade

## Adultos, 2015



Referências:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

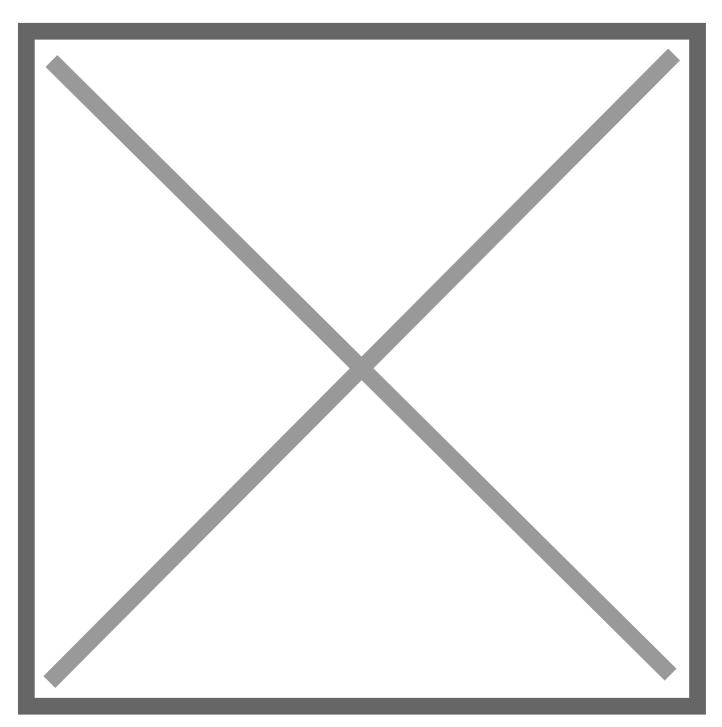
Definições (disponível apenas em inglês):

% of population with anxiety disorders



# % de bebés entre os 0 e 5 meses exclusivamente amamentados

Infants, 2010-2023



Referências:

Lebanon National Nutrition SMART Survey

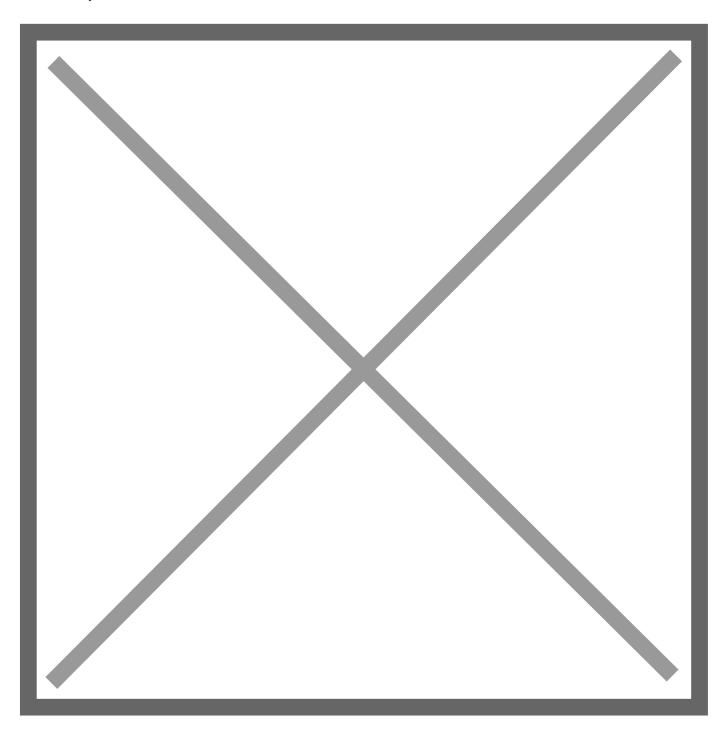
Notas:

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global
UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.



## Cancro do esófago

## Homens, 2022



Idade: 20+

Área abrangida: Nacional

Referências:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer
Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:
<a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]

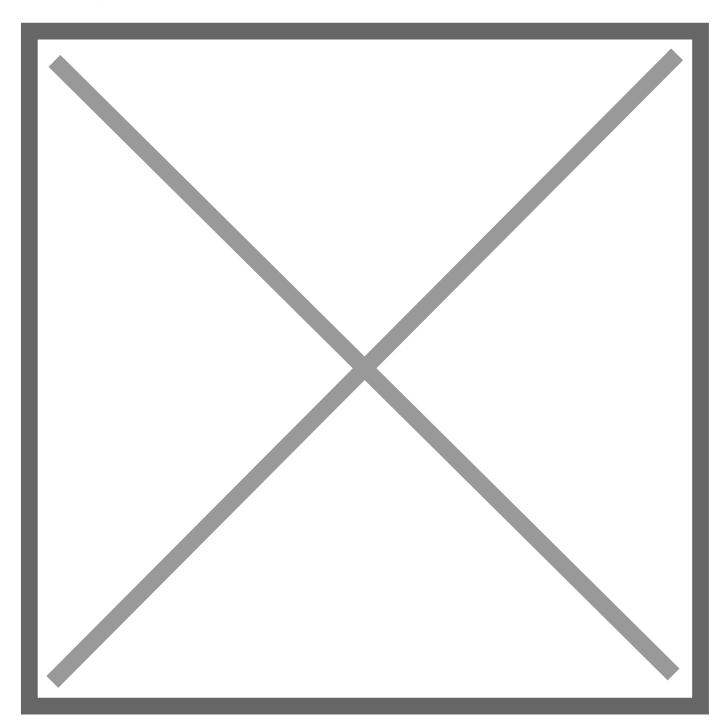


Definições (disponível apenas em inglês):

Indicence per 100,000



## Mulheres, 2022

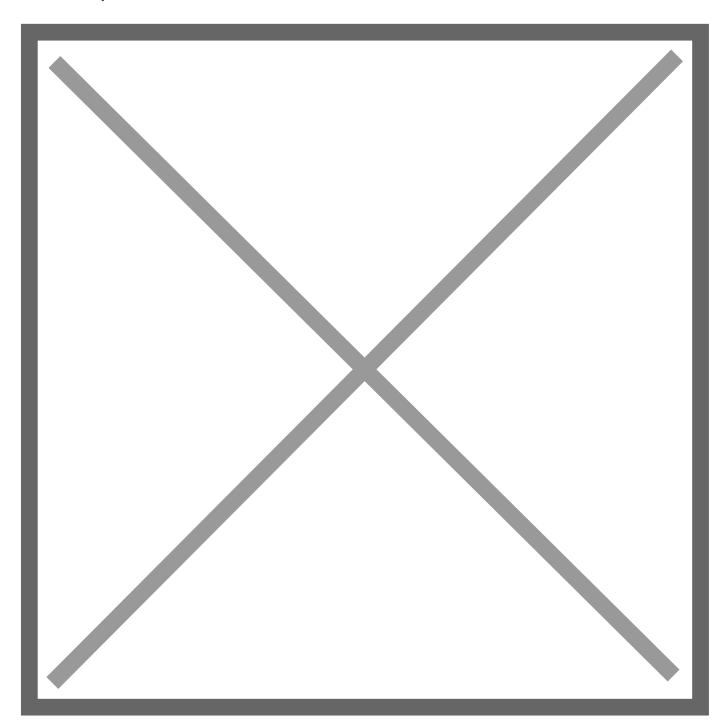


Idade:	20+
Área abrangida:	Nacional
Referências:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definições (disponível apenas em inglês):	Indicence per 100,000



## Cancro da mama

## Mulheres, 2022



Área abrangida: Nacional

Referências:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



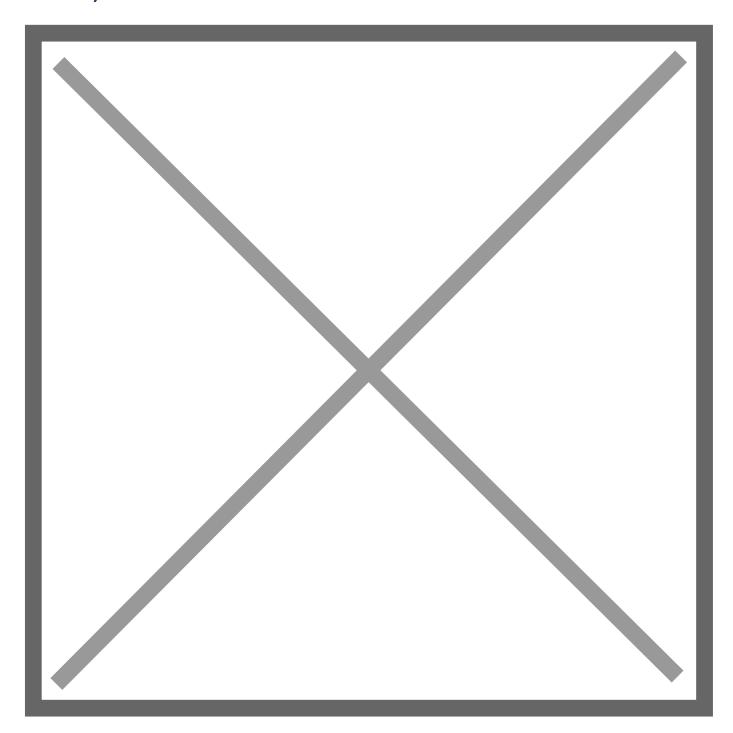
Definições (disponível apenas em inglês):

Incidence per 100,000



#### **Cancro colorretal**

## Homens, 2022



ldade: 20+

Área abrangida: Nacional

Referências:

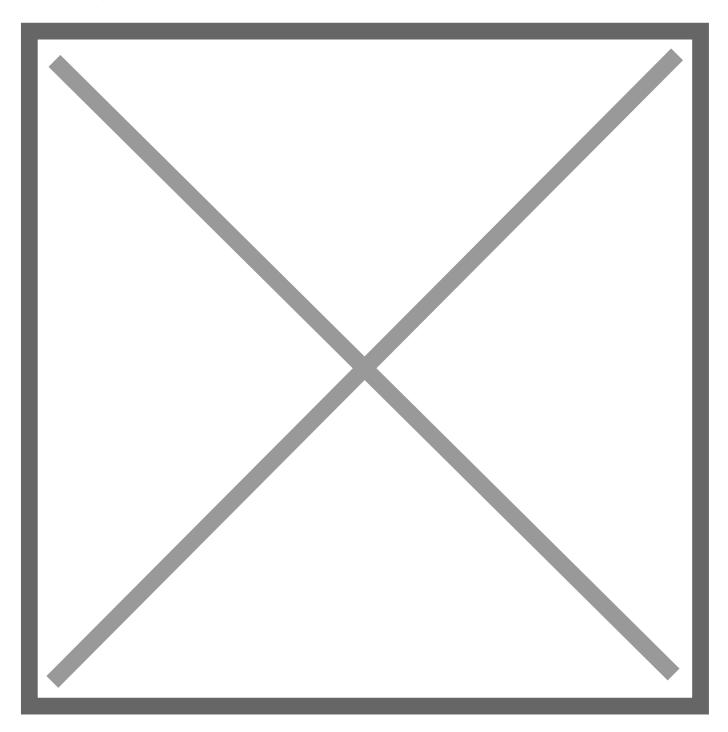
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



Definições (disponível apenas em inglês):

Incidence per 100,000



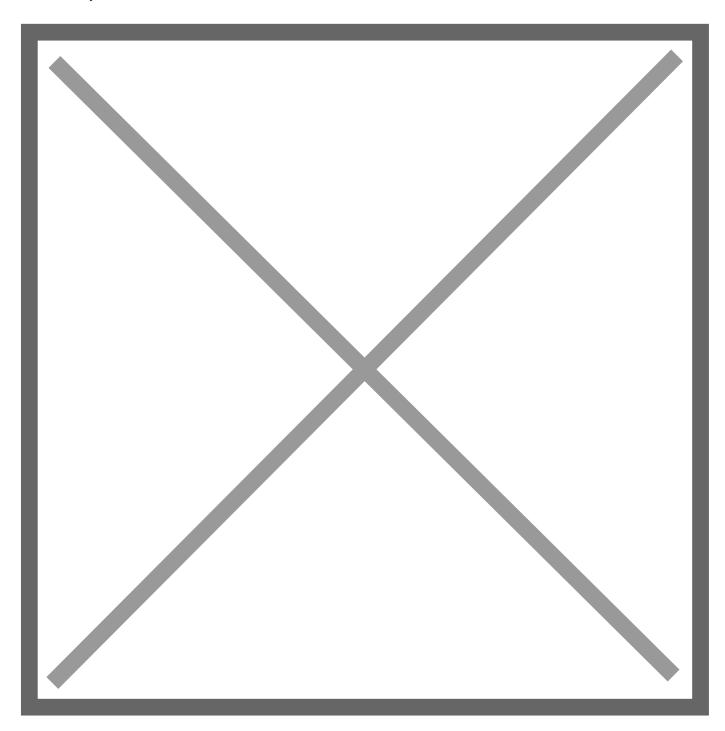


Idade:	20+
Área abrangida:	Nacional
Referências:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definições (disponível apenas em inglês):	Incidence per 100,000



## **Cancro do pâncreas**

## Homens, 2022



Idade: 20+

Área abrangida: Nacional

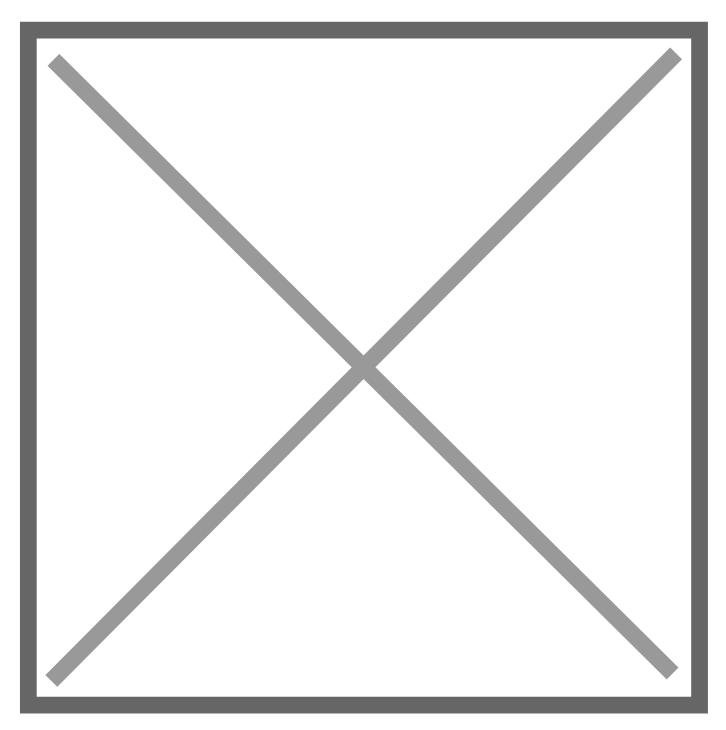
Referências:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



Definições (disponível Incidence per 100,000 apenas em inglês):



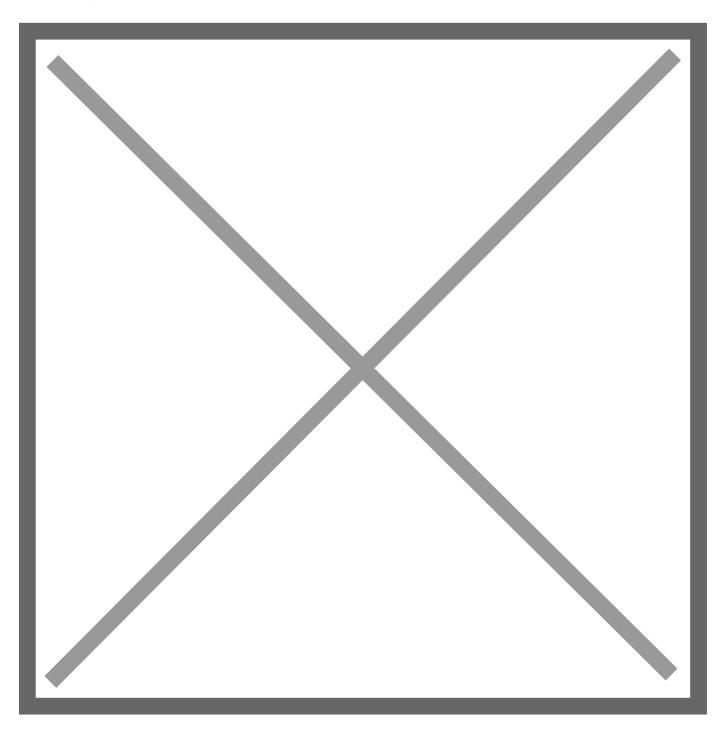


Idade:	20+
Área abrangida:	Nacional
Referências:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definições (disponível apenas em inglês):	Incidence per 100,000



## Cancro da vesícula biliar

## Homens, 2022



Idade: 20+

Área abrangida: Nacional

Referências: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer
Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

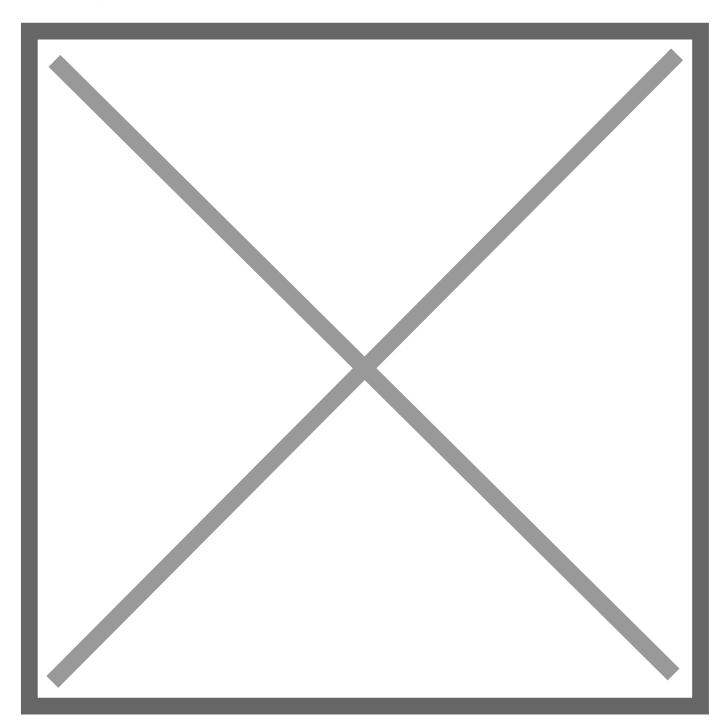
https://gco.iarc.who.int/today, accessed [16.07.24]



Definições (disponível apenas em inglês):

Indicence per 100,000



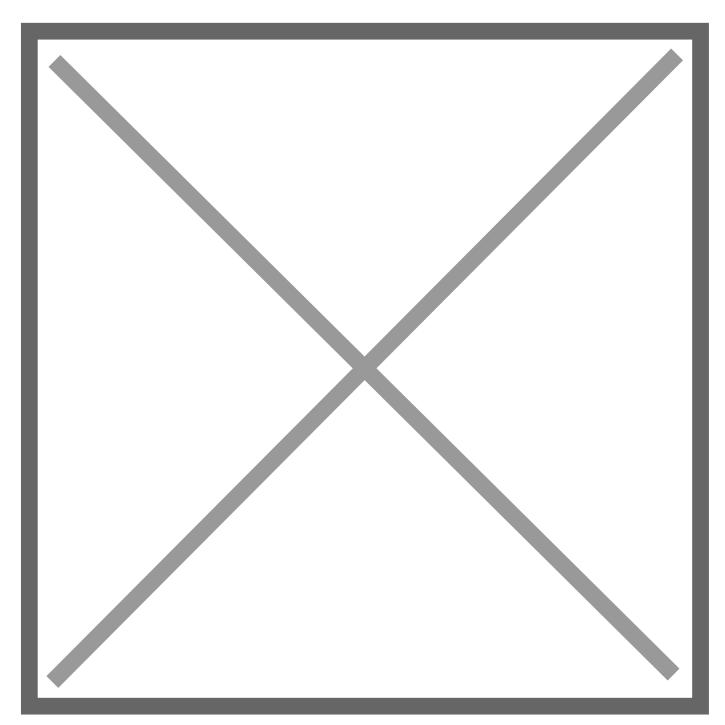


Idade:	20+
Área abrangida:	Nacional
Referências:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definições (disponível apenas em inglês):	Indicence per 100,000



## Cancro do rim

## Homens, 2022



Idade: 20+

Área abrangida: Nacional

Referências:

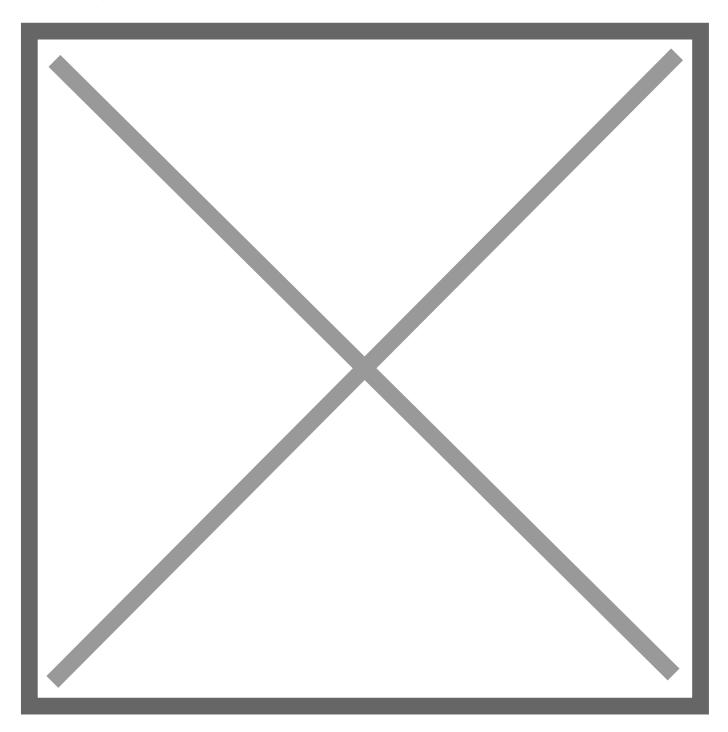
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



Definições (disponível apenas em inglês):

Incidence per 100,000



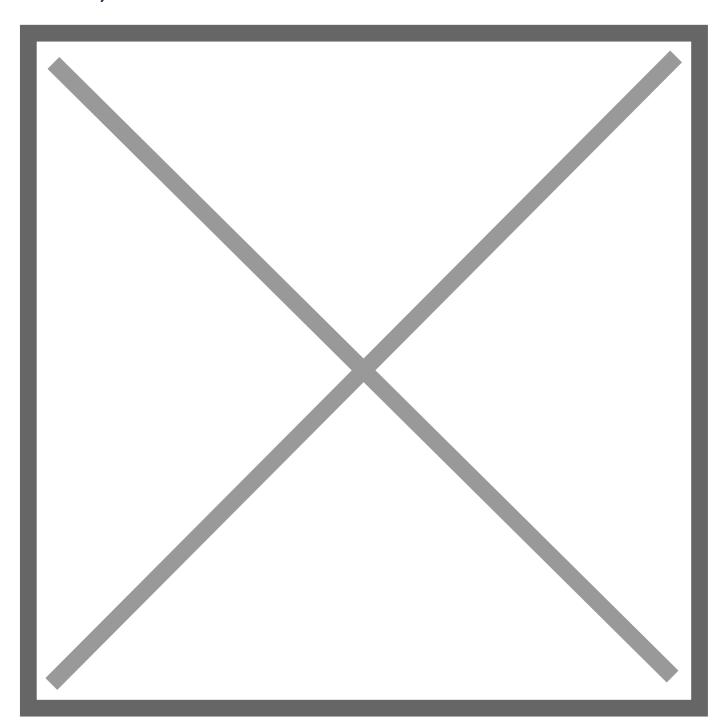


Idade:	20+
Área abrangida:	Nacional
Referências:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definições (disponível apenas em inglês):	Incidence per 100,000



## Cancro do útero

## Mulheres, 2022



ldade: 20+

Referências:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer
Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:
<a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



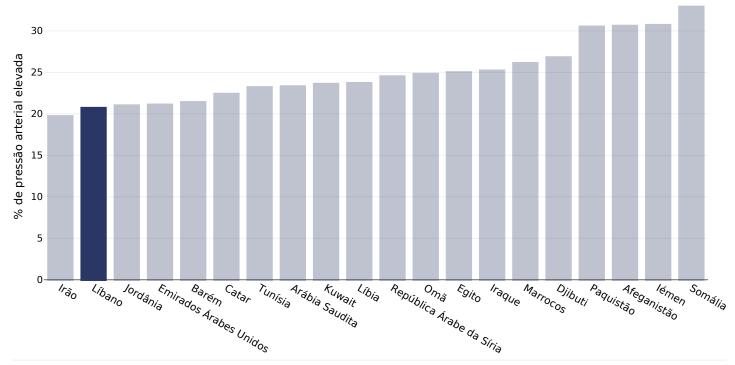
Definições (disponível apenas em inglês):

Incidence per 100,000



#### Pressão arterial elevada

## Adultos, 2015



Referências:

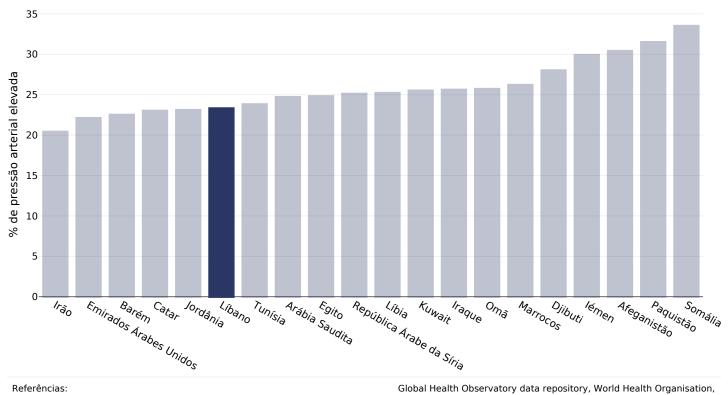
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definições (disponível apenas em inglês):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



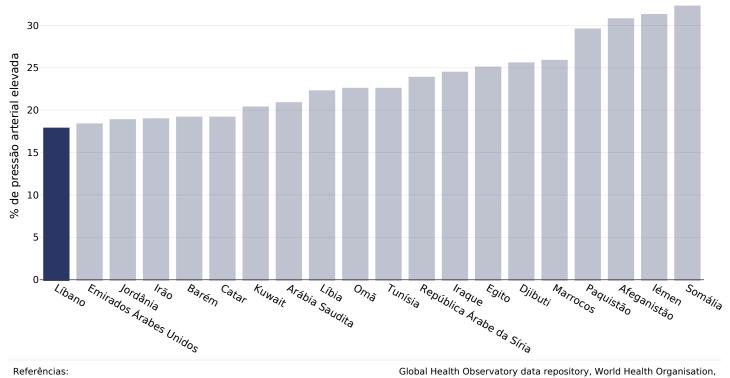
#### Homens, 2015



Definições (disponível apenas em inglês):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





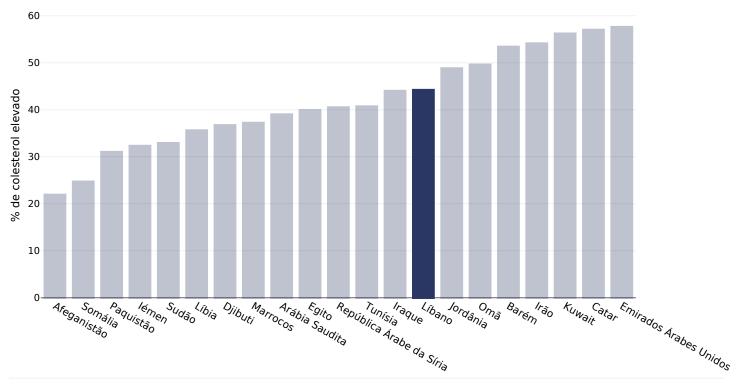
Definições (disponível apenas em inglês):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



## **Colesterol elevado**

## Adultos, 2008



Referências:

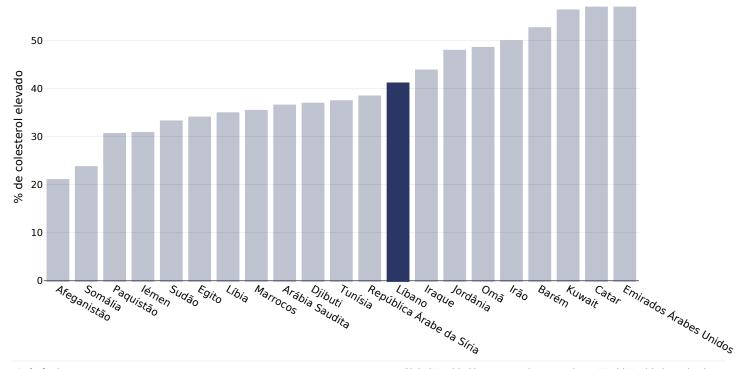
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definições (disponível apenas em inglês):

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



#### Homens, 2008



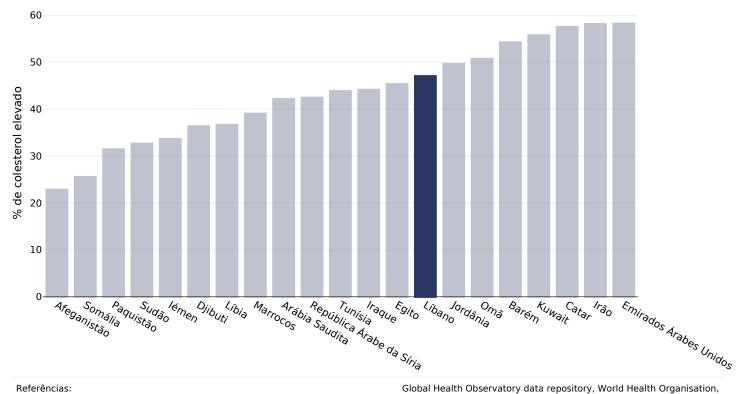
Referências:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definições (disponível apenas em inglês):

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





Referências:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

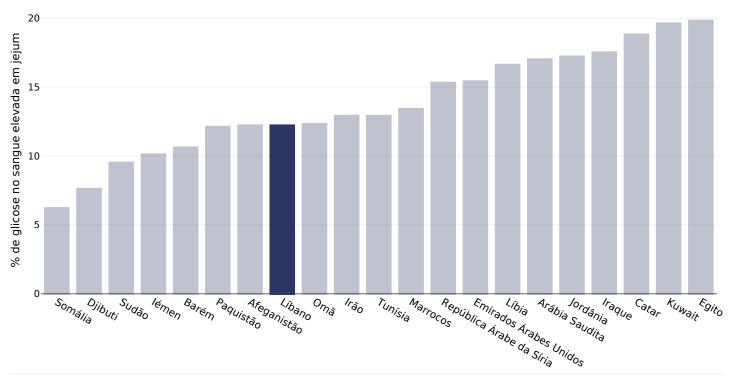
Definições (disponível apenas em inglês):

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



## Glicose no sangue elevada em jejum

#### Homens, 2014



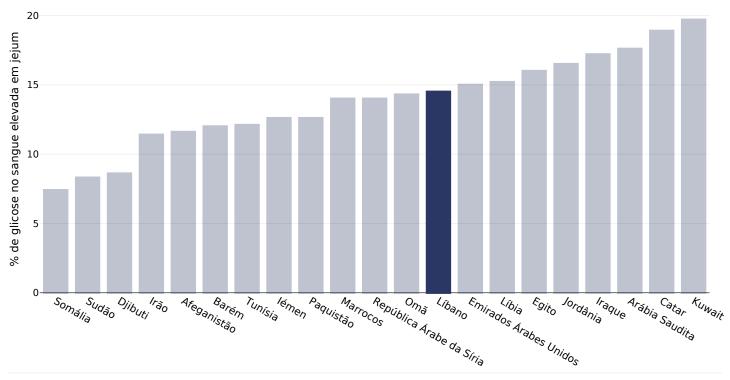
Referências:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definições (disponível apenas em inglês):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





Referências:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

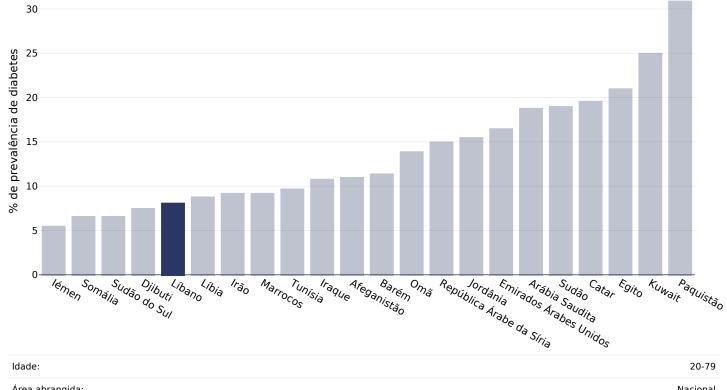
Definições (disponível apenas em inglês):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



#### Prevalência de diabetes

#### Adultos, 2021



Área abrangida: Nacional

Referências:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels,
Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org

Definições (disponível apenas em inglês):

Age-adjusted comparative prevalence of diabetes, %



## **Contextual factors**

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



#### **Labelling**

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	×
Color coding?	×
Warning label?	×





## Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	×
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	×
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





# Political will and support

National obesity strategy or nutrition and physical activity national strategy?	X
National obesity strategy?	X
National childhood obesity strategy?	X
Comprehensive nutrition strategy?	?
Comprehensive physical activity strategy?	X
Evidence-based dietary guidelines and/or RDAs?	<b>~</b>
National target(s) on reducing obesity?	×
Guidelines/policy on obesity treatment?	X
Promotion of breastfeeding?	<b>~</b>
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	<b>~</b>
Within 5 years?	<b>~</b>
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	<b>~</b>
Present Present V (voluntary)  Absent Unknown	

Last updated September 13, 2022

PDF created on August 16, 2024