Vodiči Lotyšsko

High income

Report cards

Our report cards collate all the most-recent graphics for this country. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

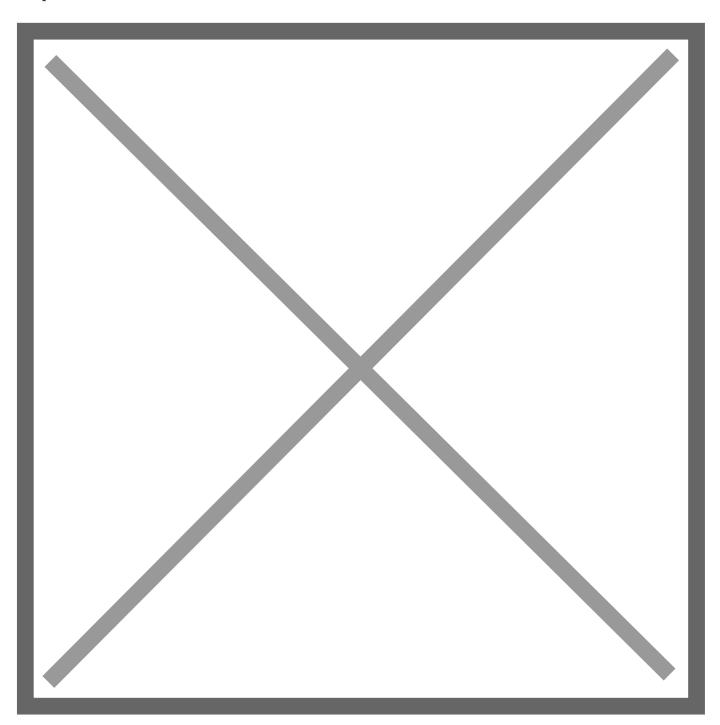
Report card (adult data)

Report card (child data)



Nedostatočná fyzická aktivita

Dospelí, 2022



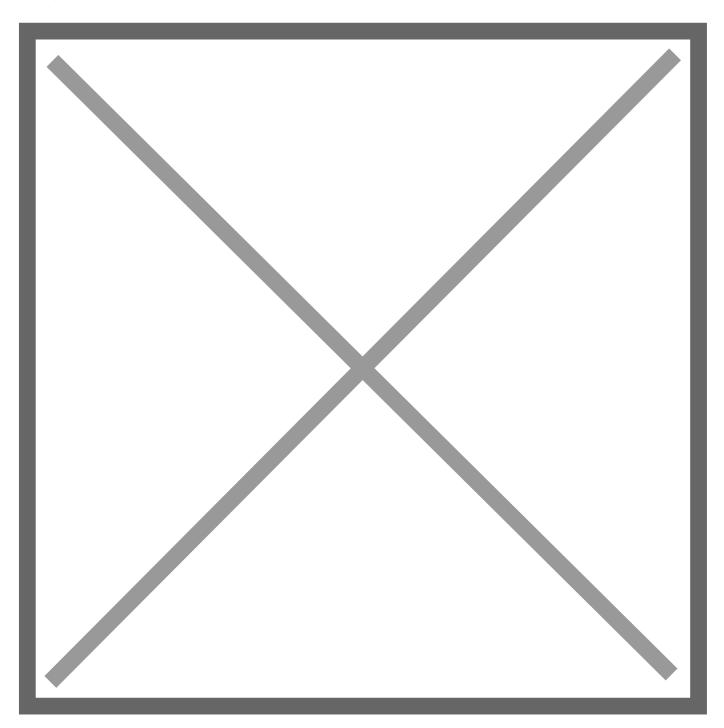
Typ prieskumu:	Vlastné hlásenie
Vek:	18+
Dotknutá oblasť:	Národný



Odkazy:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years- (age-standardized-estimate)-(-)
Definície (k dispozícii iba v angličtine):	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.



Muži, 2022



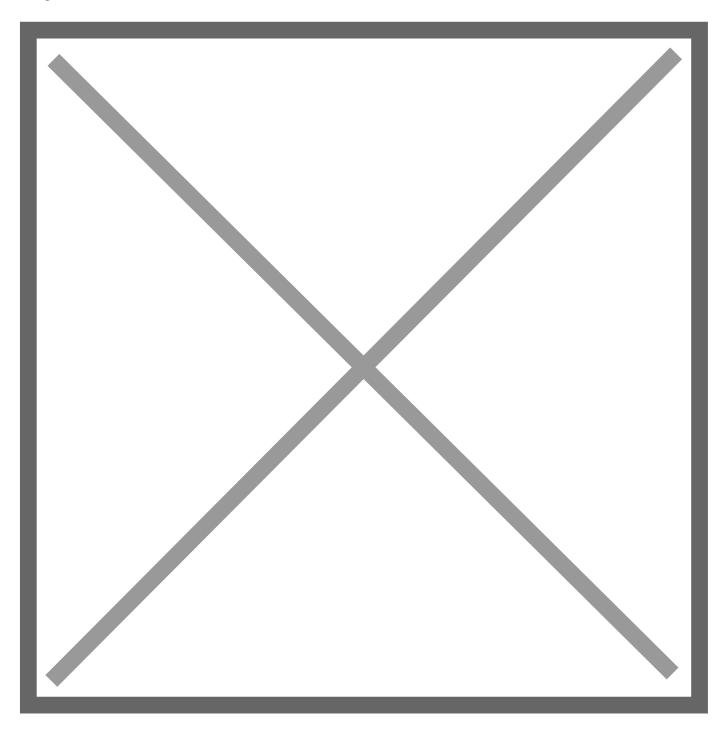
Typ prieskumu:	Vlastné hlásenie
Vek:	18+
Dotknutá oblasť:	Národný
Odkazy:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years- (age-standardized-estimate)-(-)



Definície (k dispozícii iba v angličtine): Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.



Ženy, 2022



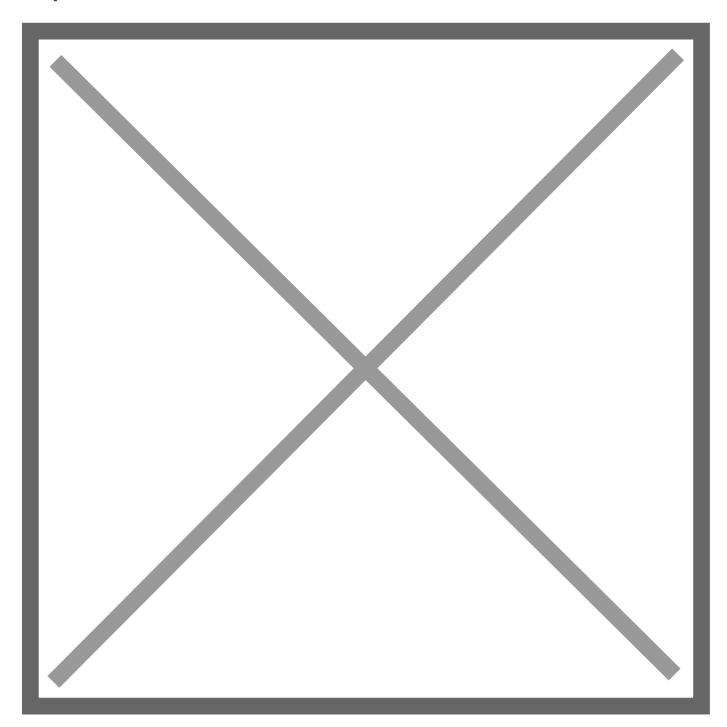
Typ prieskumu:	Vlastné hlásenie
Vek:	18+
Dotknutá oblasť:	Národný
Odkazy:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years- (age-standardized-estimate)-(-)



Definície (k dispozícii iba v angličtine): Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.



Chlapci, 2022



Dotknutá Národný oblasť:

Odkazy:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org.



Poznámky (k
dispozícii iba
v angličtine):

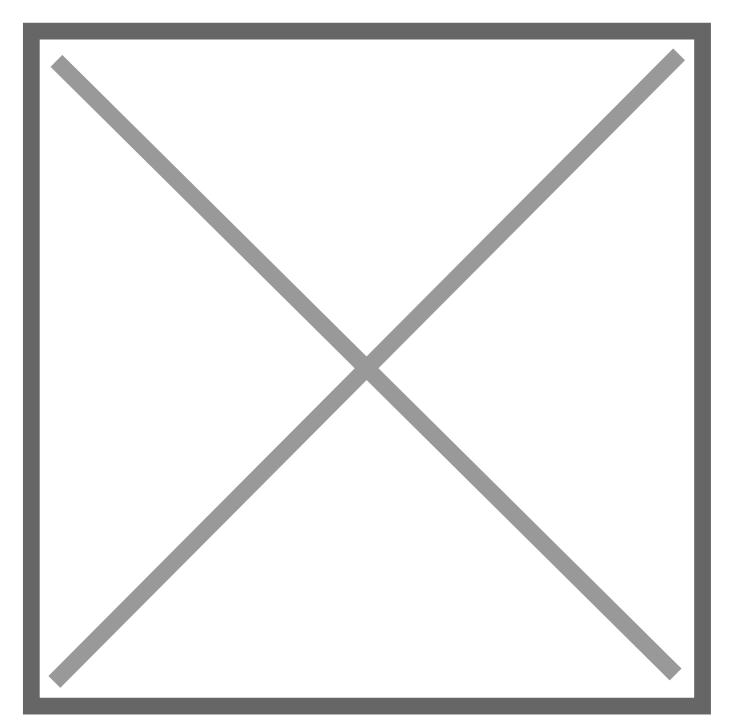
Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

Definície (k dispozícii iba v angličtine):

% reporting less than 60 minutes of MVPA daily



Dievčatá, 2022



Dotknutá Národný oblasť:

Odkazy:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org.



Poznámky (k
dispozícii iba
v angličtine):

Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

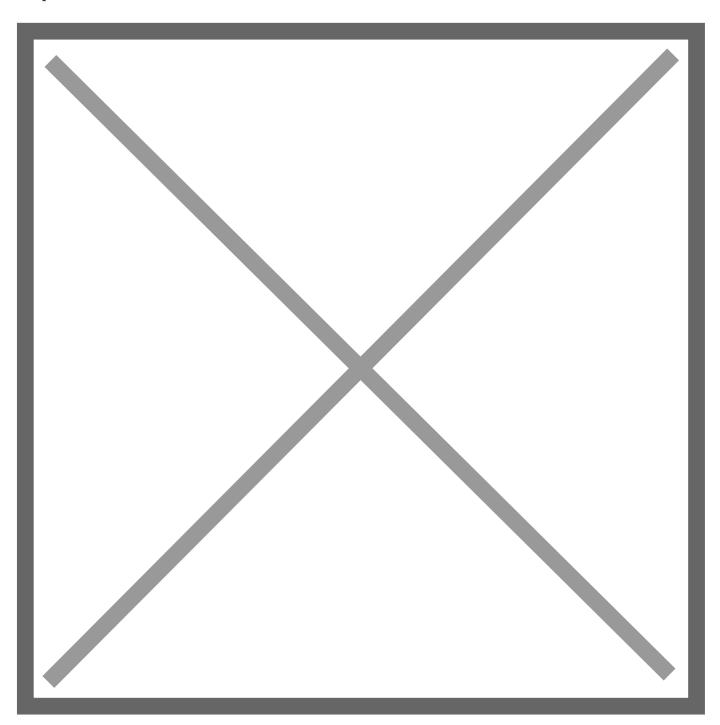
Definície (k dispozícii iba v angličtine):

% reporting less than 60 minutes of MVPA daily



Spotreba cukru

Dospelí, 2016



Odkazy:

Source: Euromonitor International

Definície (k

Sugar consumption (Number of 500g sugar portions/person/month)

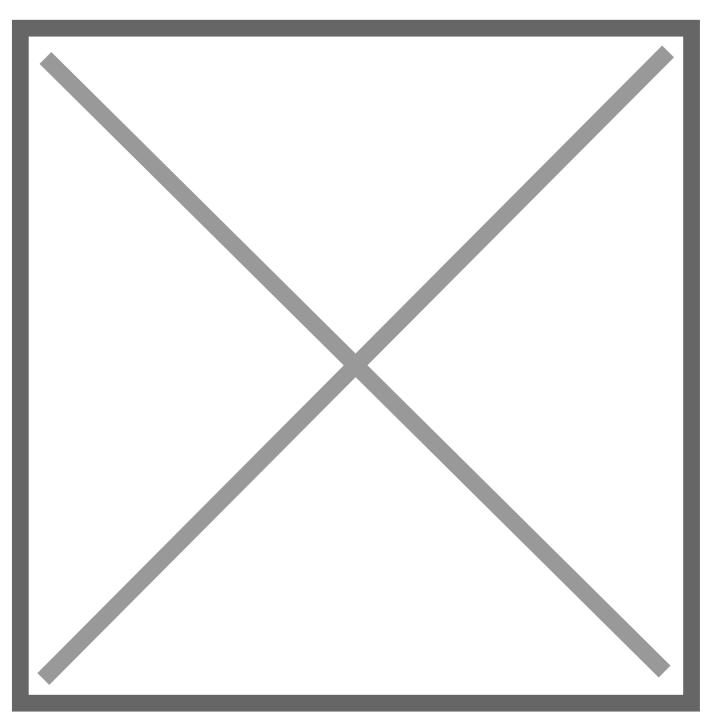
12

Definície (k dispozícii iba v angličtine):



Odhadovaný príjem sladených nápojov na obyvateľa



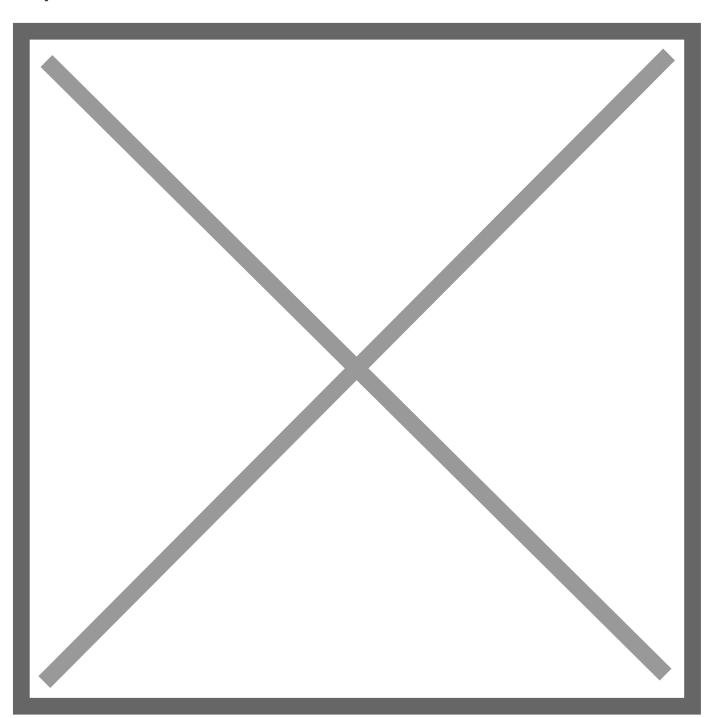


Odkazy: Source: Euromonitor International



Prevalencia konzumácie minimálne jedného sýteného nealkoholického nápoja denne

Chlapci, 2021-2022



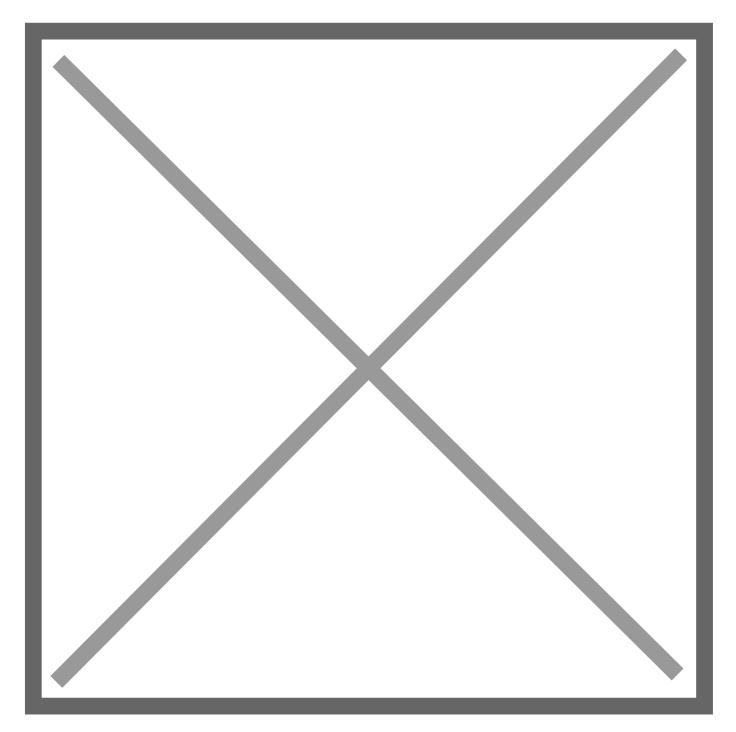
Dotknutá oblasť: Národný



Odkazy:	Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org
Definície (k dispozícii iba v angličtine):	Proportion who reported drinking sugary soft drinks daily (at least once)



Dievčatá, 2021-2022

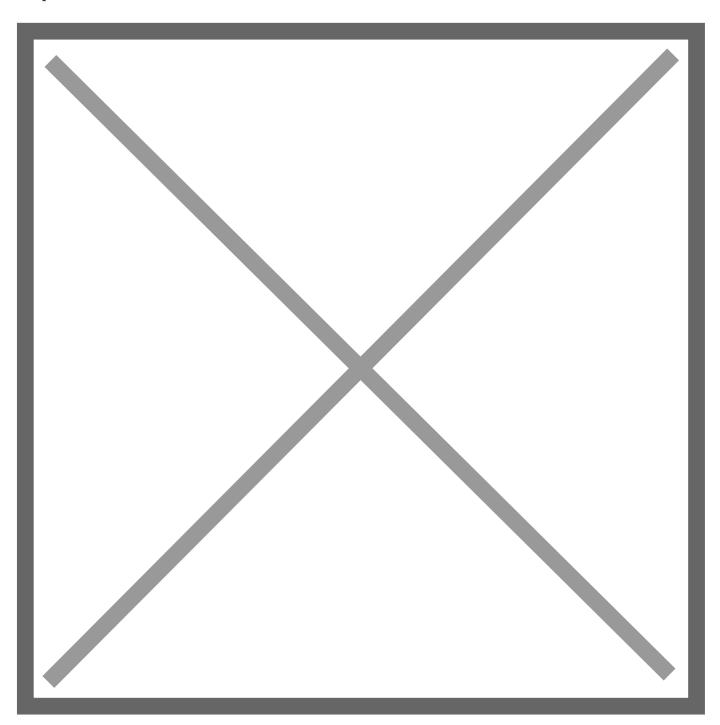


Dotknutá oblasť:	Národný
Odkazy:	Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org
Definície (k dispozícii iba v angličtine):	Proportion who reported drinking sugary soft drinks daily (at least once)



Prevalencia konzumácie cukroviniek

Dospelí, 2016



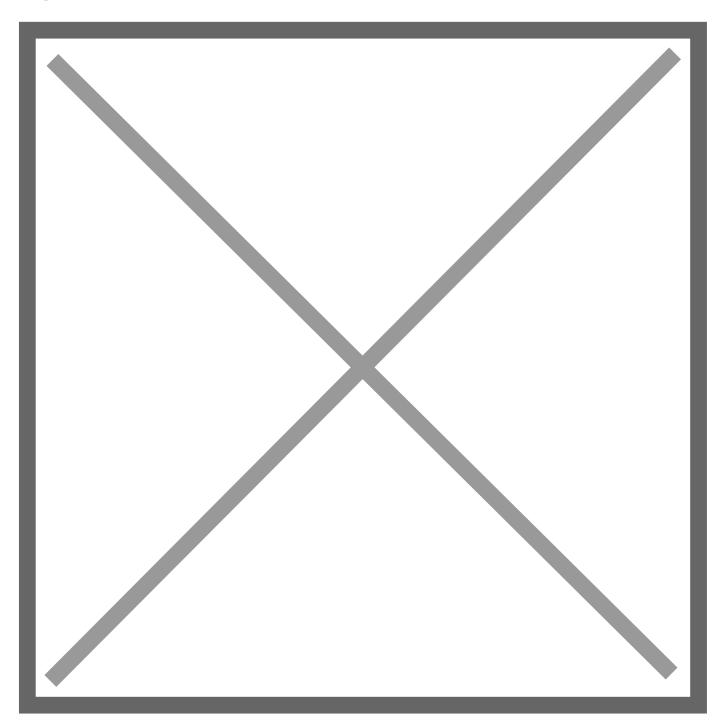
Odkazy: Source: Euromonitor International

Definície (k dispozícii iba v angličtine): Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month)



Prevalencia konzumácie sladkého/slaného občerstvenia

Dospelí, 2016



Odkazy:

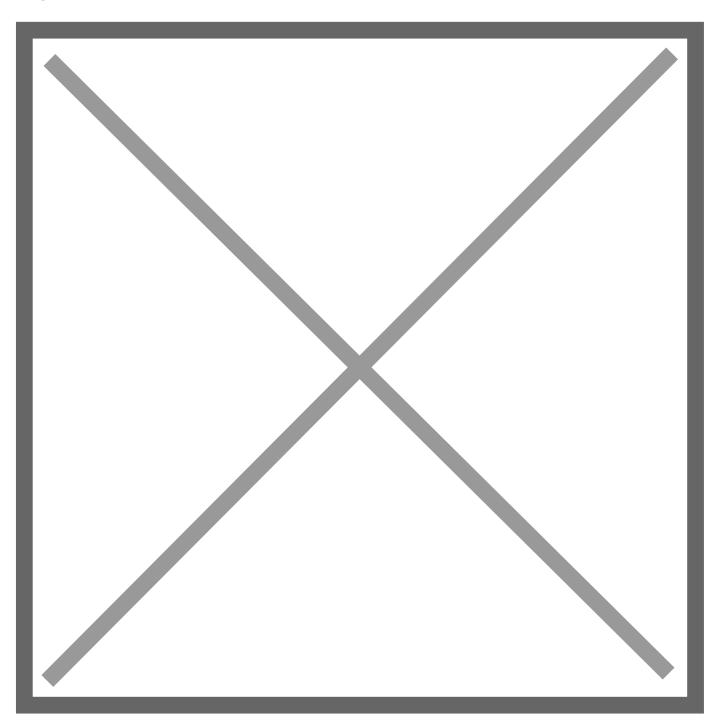
Source: Euromonitor International

Definície (k dispozícii iba v angličtine): Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month)



Estimated per capita fruit intake

Dospelí, 2017



Typ prieskumu:	Nameraná hodnota
Vek:	25+
Odkazy:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

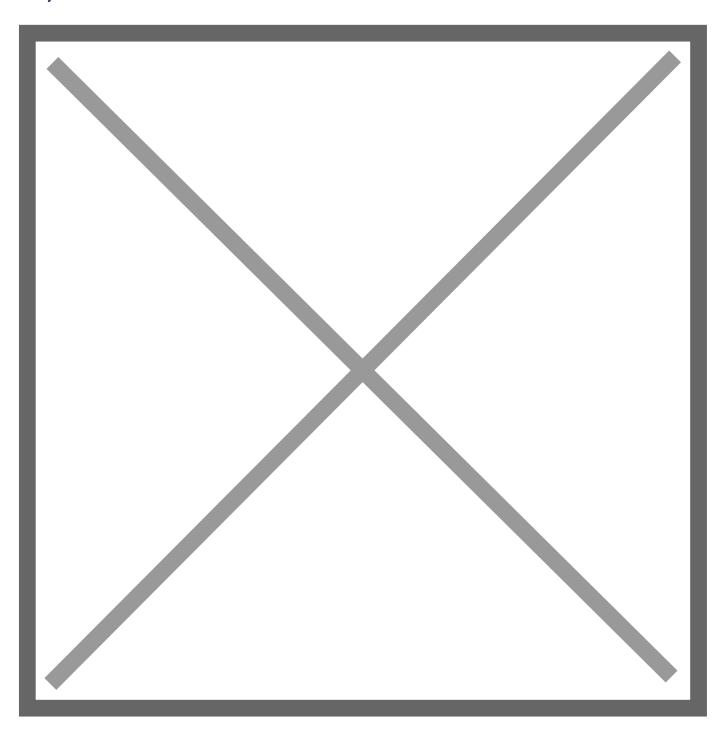


Definície (k dispozícii iba v angličtine):

Estimated per-capita fruit intake (g/day)



Prevalencia konzumácie menej ako jedného kusu ovocia denne Deti, 2014



Typ Nameraná hodnota prieskumu:



Odkazy:

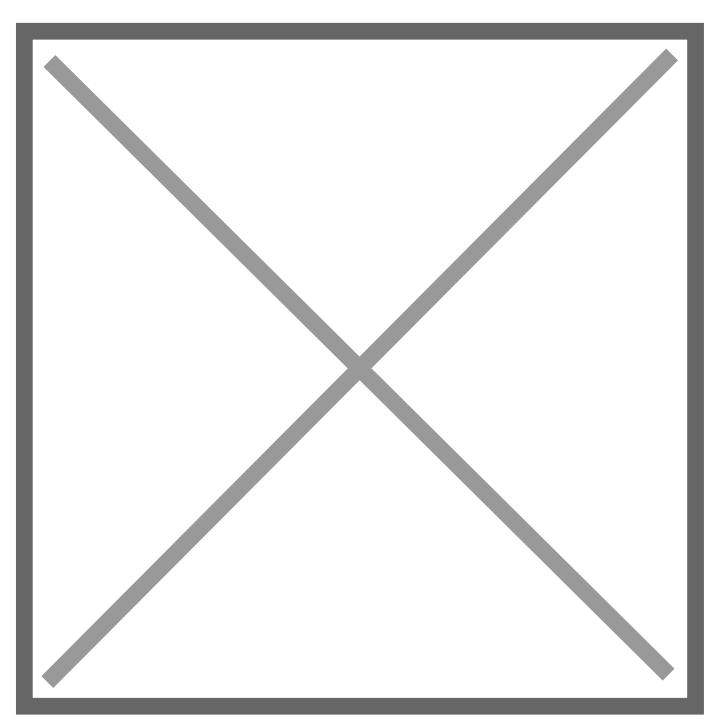
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard <a href="https://www.foodsystemsdashboard.org/food-systemsdashboard.org/fo

Definície (k dispozícii iba v angličtine): Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



Prevalencia konzumácie menej ako jedného kusu zeleniny denne

Deti, 2014



Typ prieskumu:	Nameraná hodnota
Vek:	12-17



Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

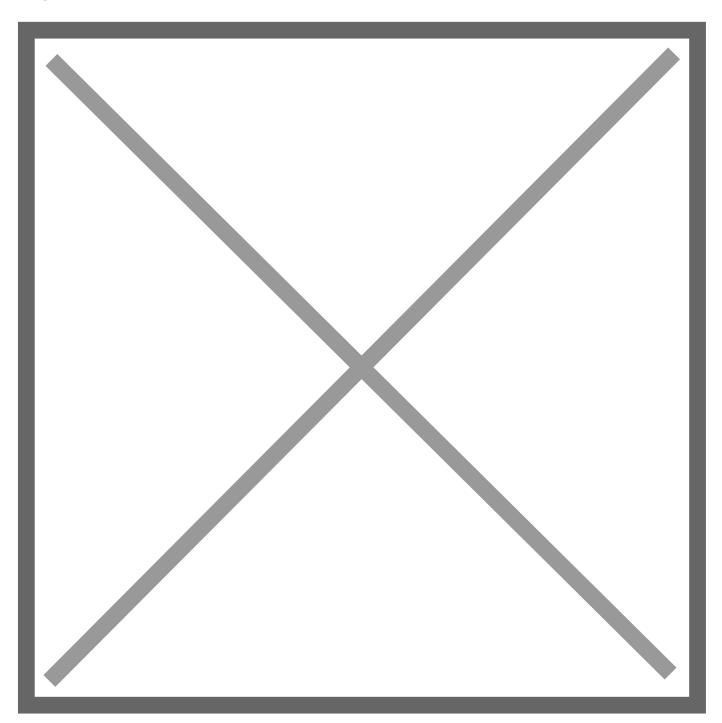
http://www.foodsystemsdashboard.org/food-system

Definície (k
dispozícii iba v angličtine):



Odhadovaný príjem spracovaného mäsa na obyvateľa

Dospelí, 2017



Typ prieskumu:	Nameraná hodnota
Vek:	25+
Odkazy:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/



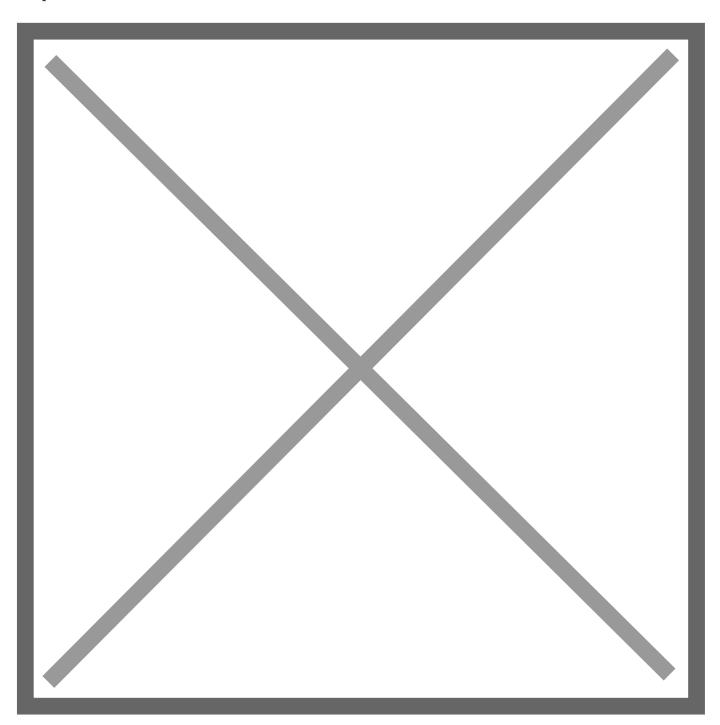
Definície (k dispozícii iba v angličtine):

Estimated per-capita processed meat intake (g per day)



Estimated per capita whole grains intake

Dospelí, 2017



Typ prieskumu:	Nameraná hodnota
Vek:	25+
Odkazy:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/



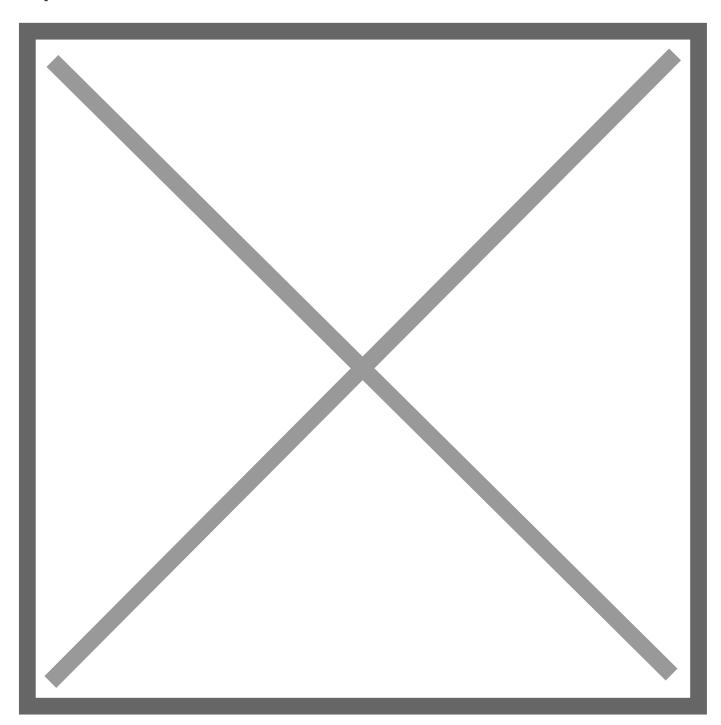
Definície (k dispozícii iba v angličtine):

Estimated per-capita whole grains intake (g/day)



Duševné zdravie - poruchy depresie

Dospelí, 2021



Vek: 20+

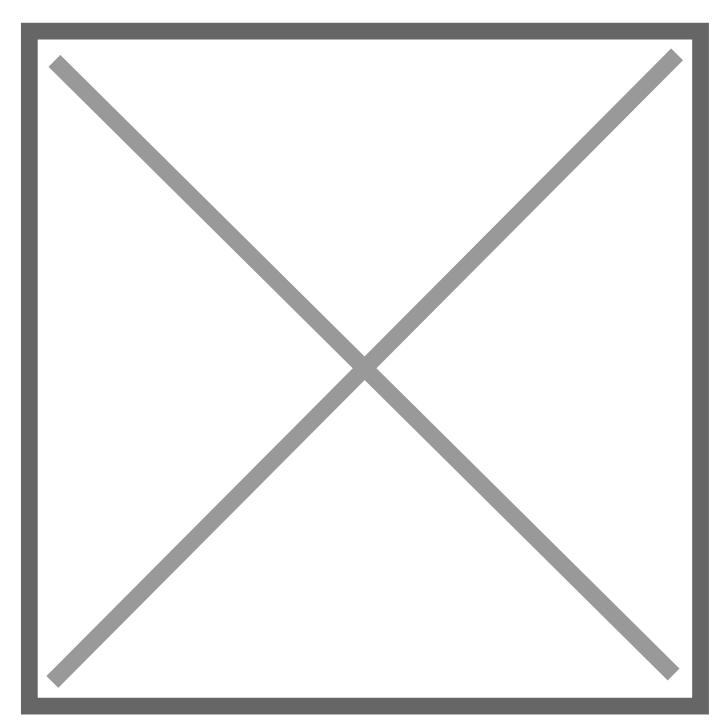
Dotknutá
oblasť: Národný



Odkazy:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definície (k dispozícii iba v angličtine):	Number living with depression per 100,000 population (adults 20+ years)



Muži, 2021



Vek:	20+
Dotknutá oblasť:	Národný
Odkazy:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)

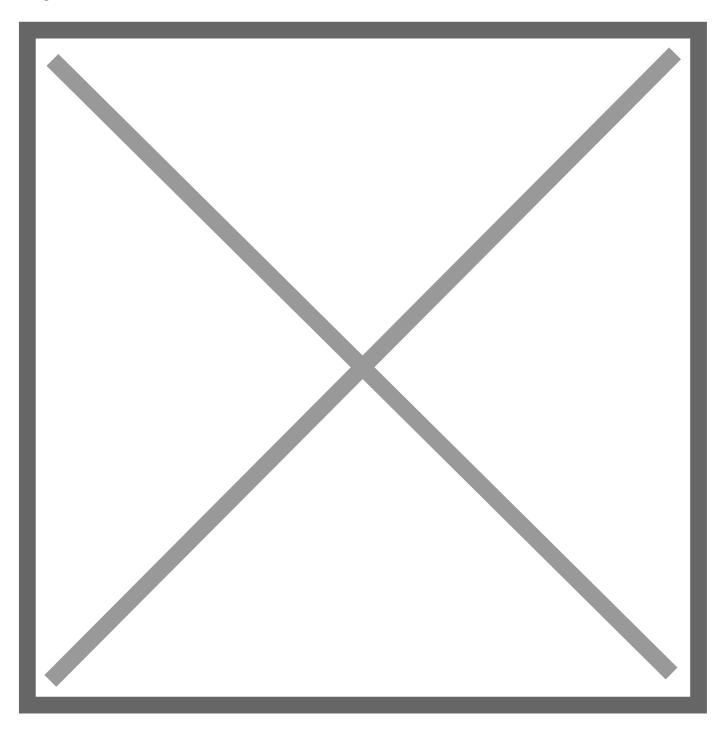


Definície (k dispozícii iba v angličtine):

Number living with depression per 100,000 population (adults 20+ years)



Ženy, 2021



Vek:	20+
Dotknutá oblasť:	Národný
Odkazy:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)

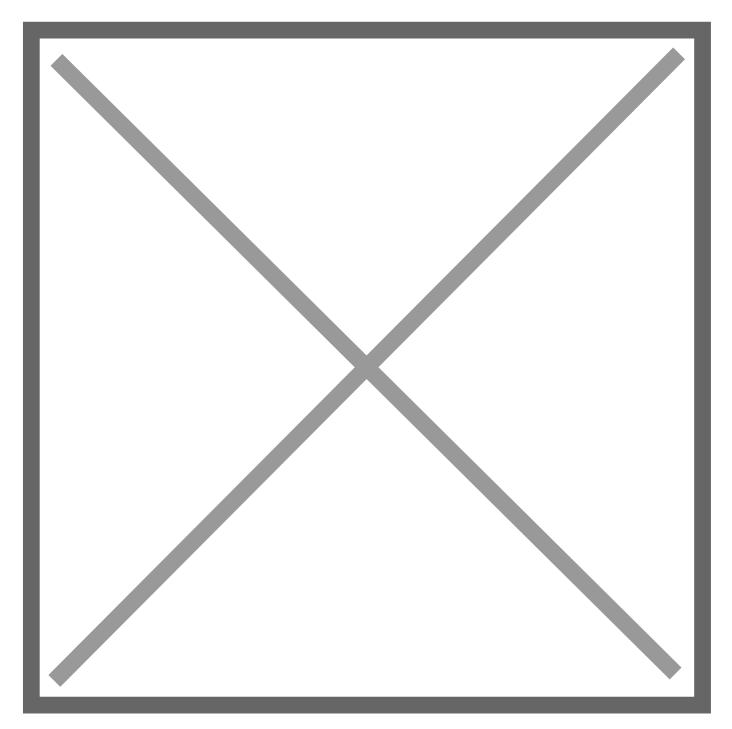


Definície (k dispozícii iba v angličtine):

Number living with depression per 100,000 population (adults 20+ years)



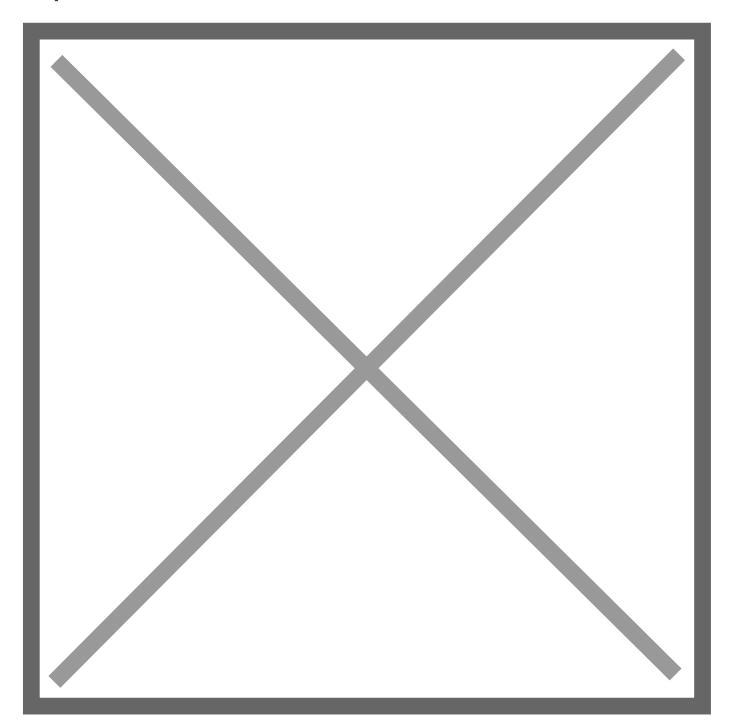
Deti, 2021



Dotknutá oblasť:	Národný
Odkazy:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definície (k dispozícii iba v angličtine):	Number living with depressive disorder per 100,000 population (Under 20 years of age)



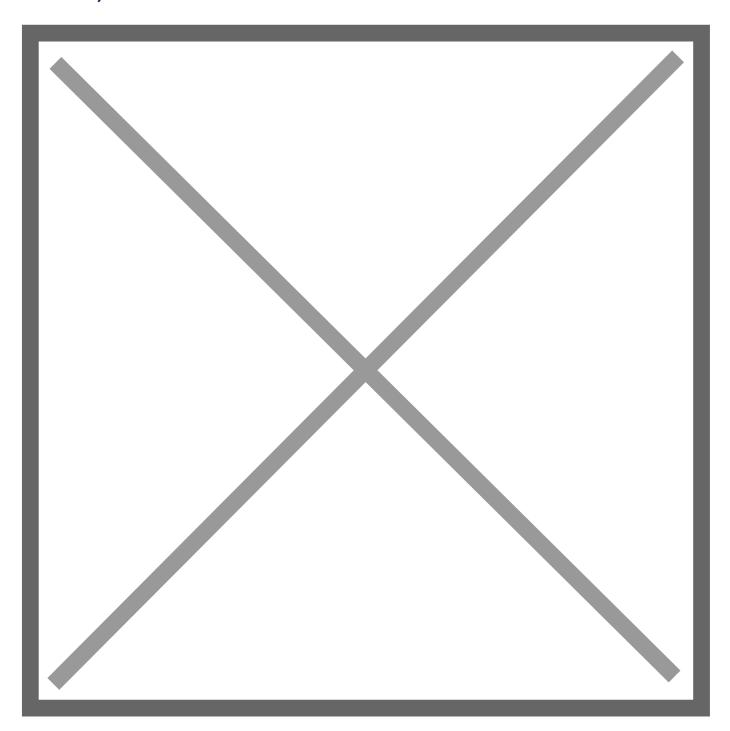
Chlapci, 2021



Dotknutá oblasť:	Národný
Odkazy:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definície (k dispozícii iba v angličtine):	Number living with depressive disorder per 100,000 population (Under 20 years of age)



Dievčatá, 2021

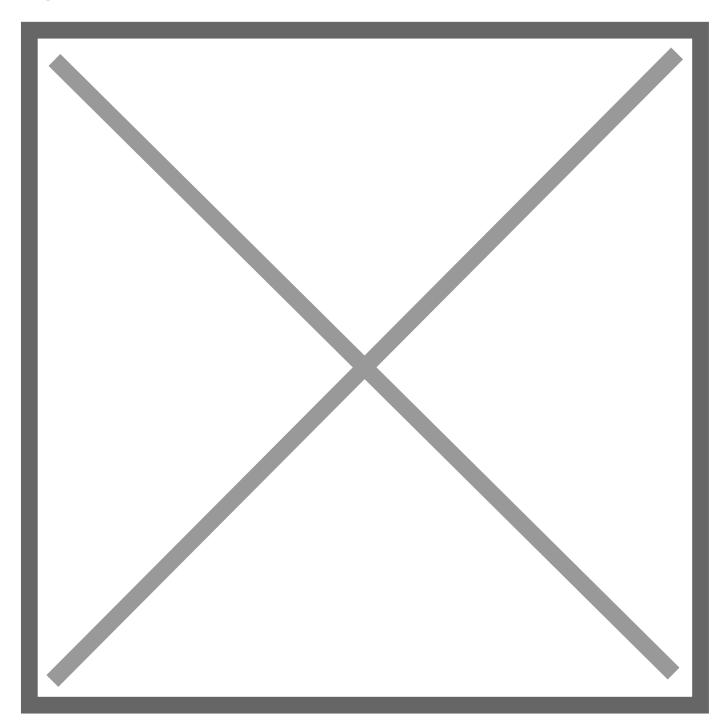


Dotknutá oblasť:	Národný
Odkazy:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definície (k dispozícii iba v angličtine):	Number living with depressive disorder per 100,000 population (Under 20 years of age)



Duševné zdravie - úzkostné poruchy

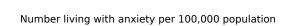
Dospelí, 2021



Vek: 20-

Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25).

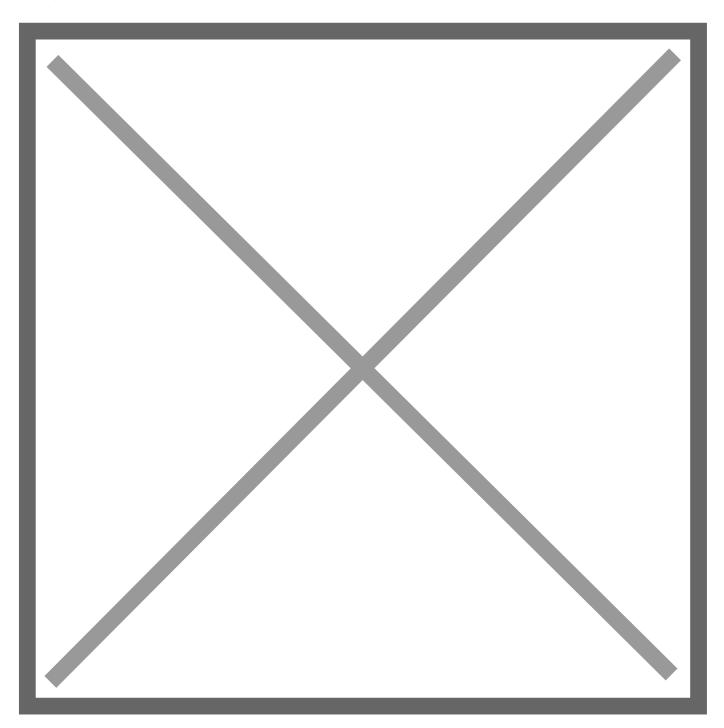




Definície (k dispozícii iba v angličtine):



Muži, 2021



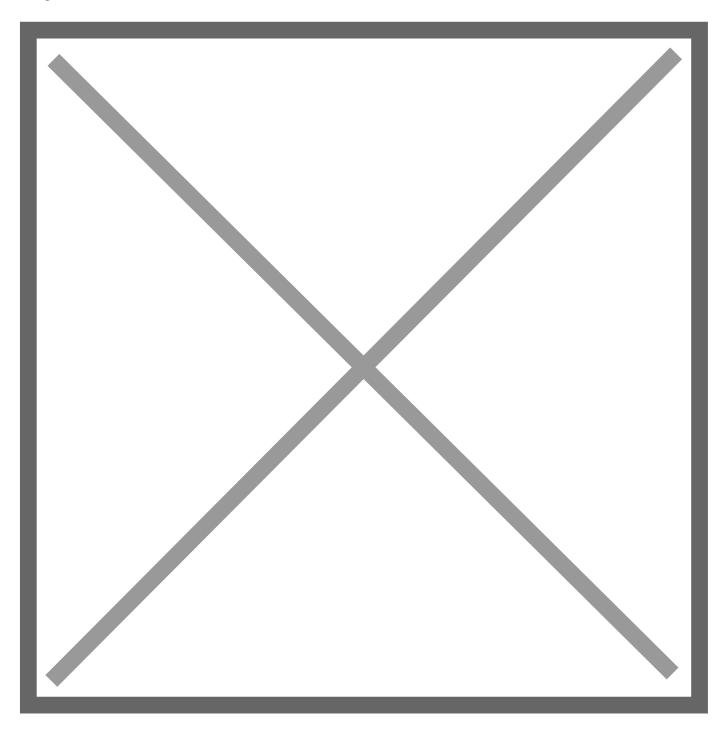
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25).

Definície (k dispozícii iba v angličtine):



Ženy, 2021



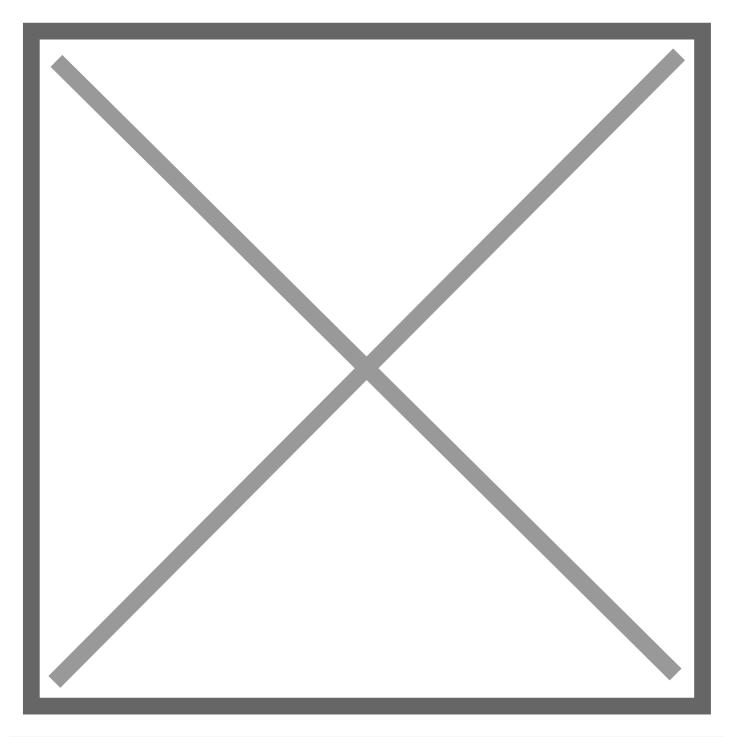
Vek:

Odkazy: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25).

Definície (k dispozícii iba v angličtine):



Deti, 2021

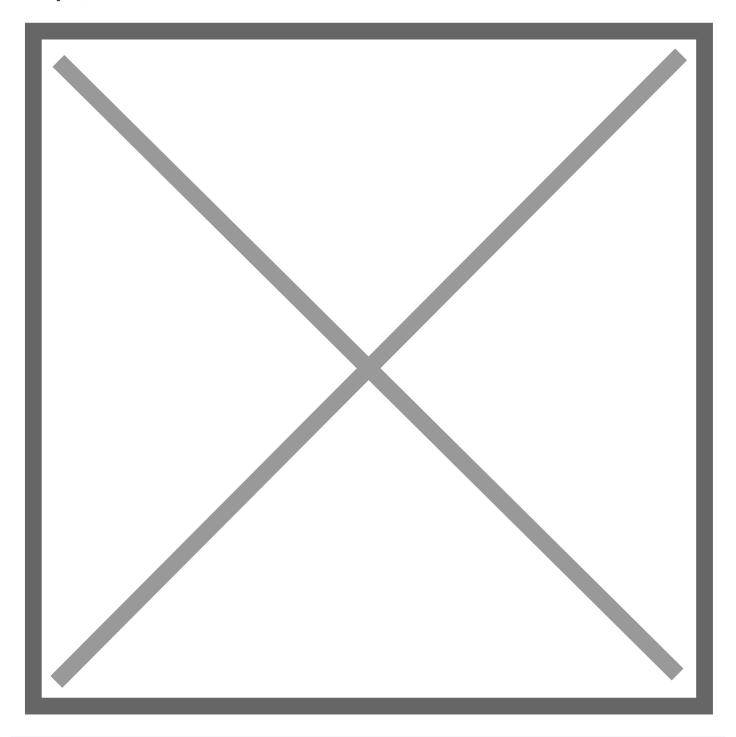


Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)



Chlapci, 2021

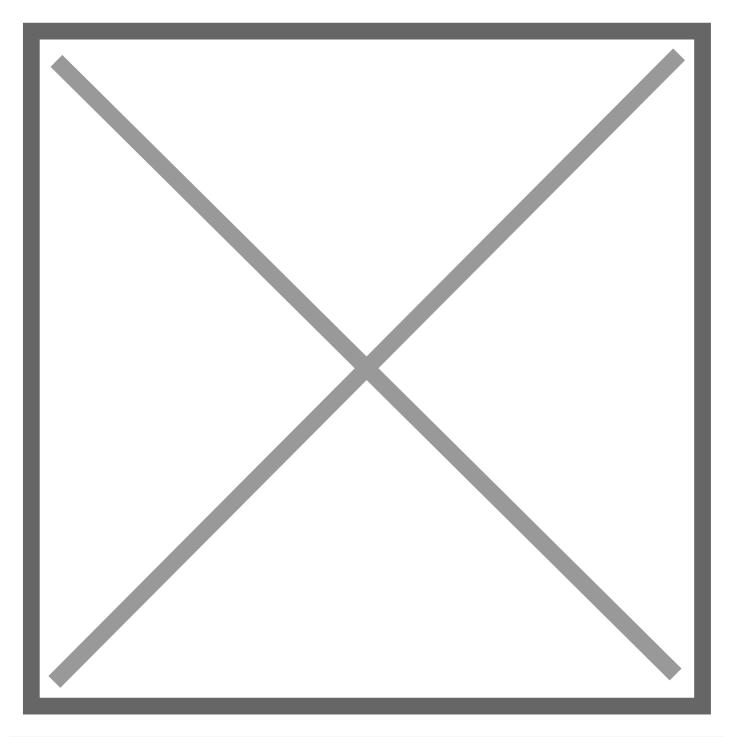


Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)



Dievčatá, 2021



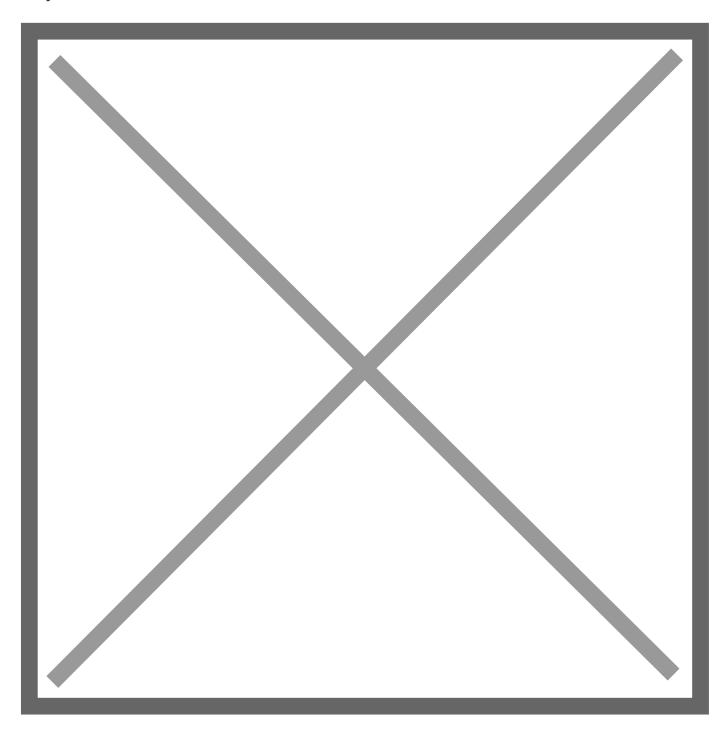
Odkazy:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)



Percent of population who cannot afford a healthy diet

Dospelí, 2022



Dotknutá Národný oblasť:

Odkazy:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland. https://www.foodsystemsdashboard.org. DOI: https://doi.org/10.36072/db.

