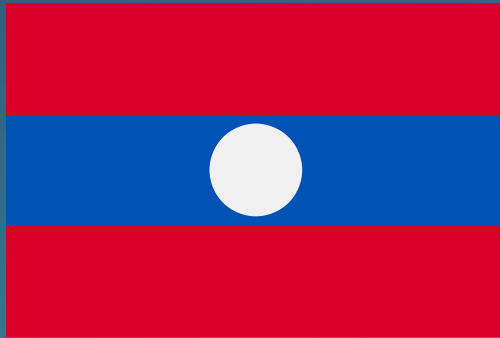




Laos



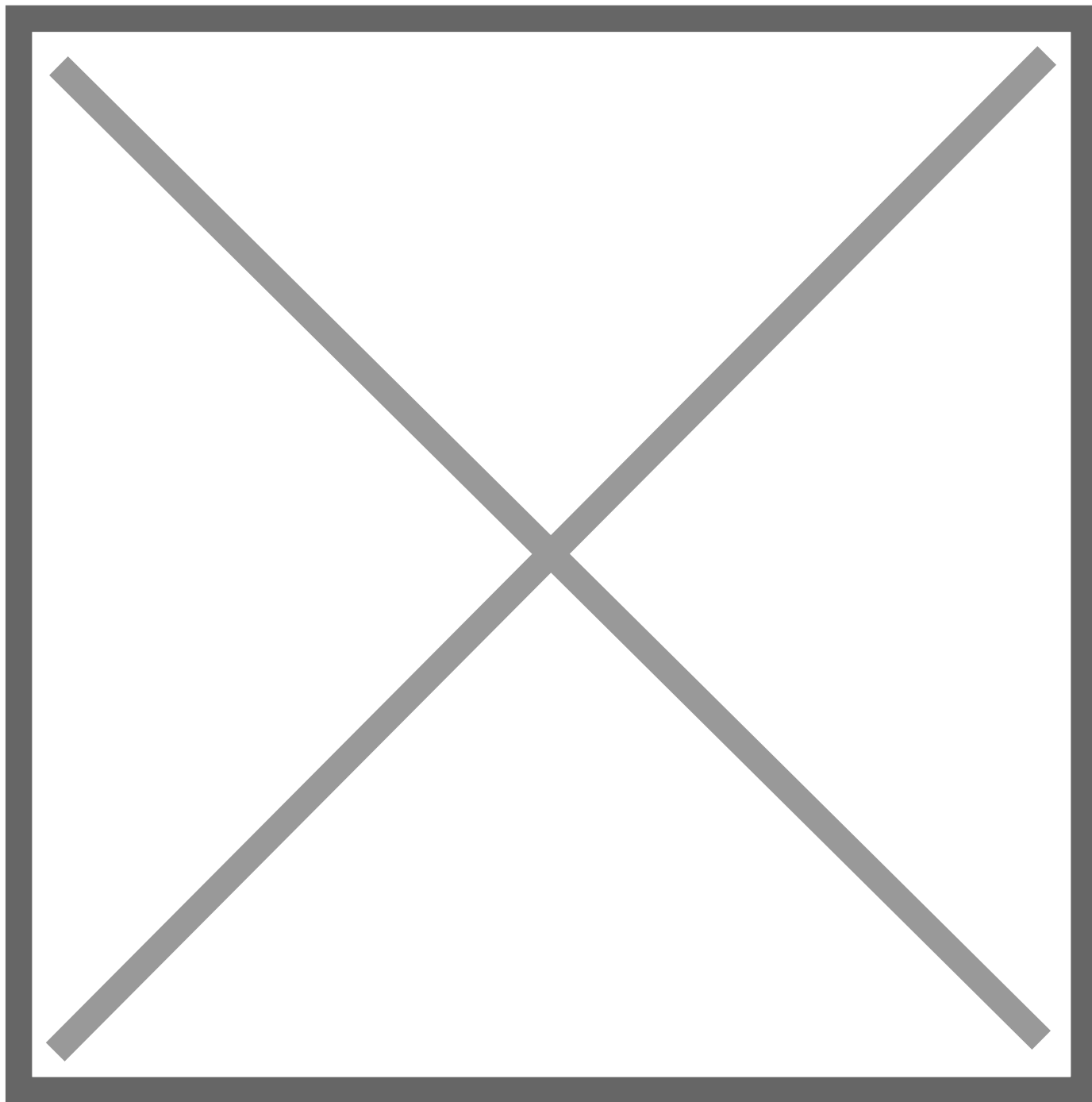
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/laos-117/>.

Prevalencija pretilosti

Djeca, 2015



Vrsta ankete:	Koje su ljudi sami naveli
Dob:	13-17
Veličina uzorka:	3683

**Pokriveno
područje:**

Nacionalno

Reference:

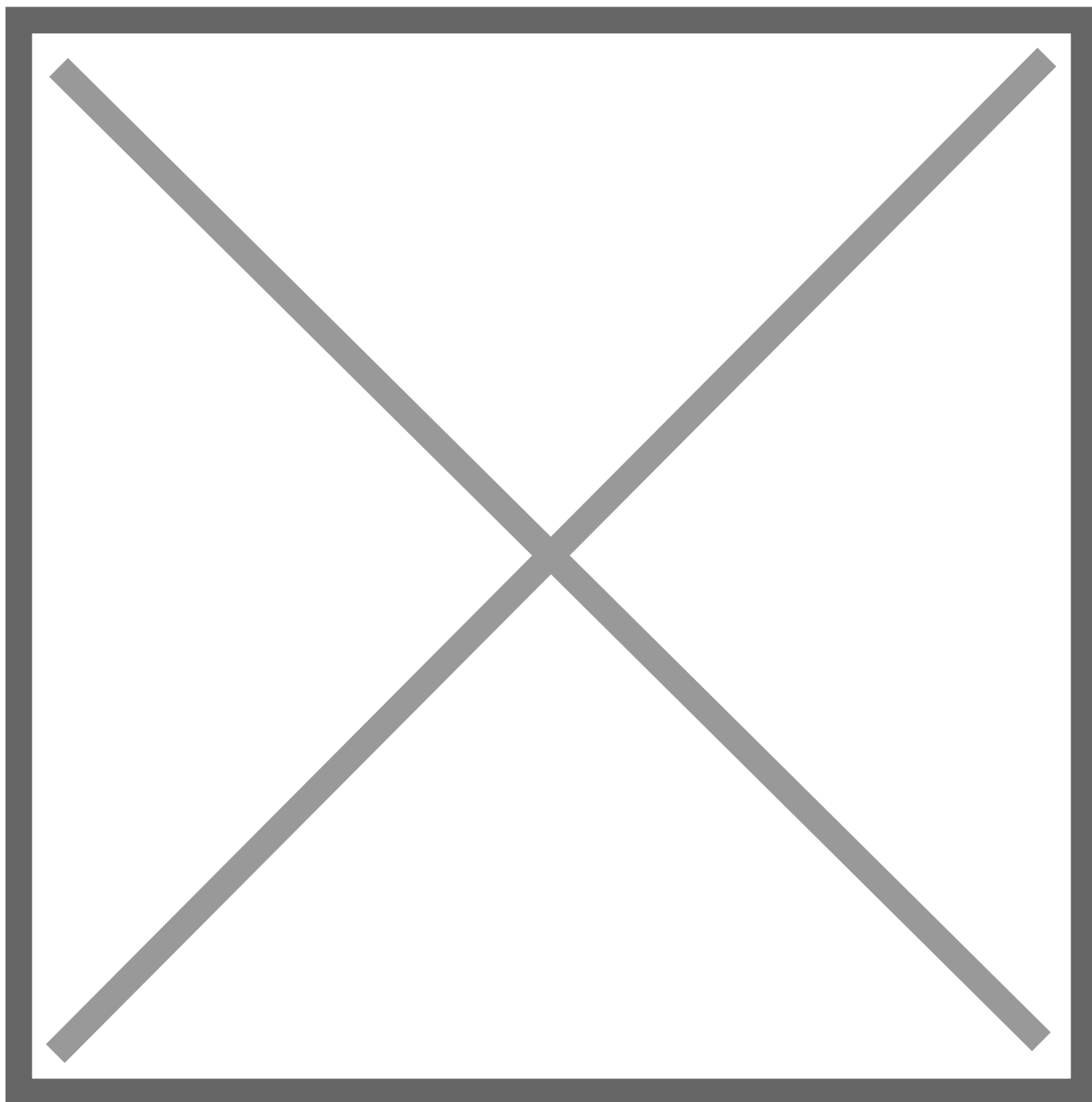
Lao People's Democratic Republic - Global School-Based Student Health Survey 2015
<https://extranet.who.int/ncdsmicrodata/index.php/catalog/483> (Last accessed 20.10.2020)

Cutoffs:

WHO

Prekomjerna tjelesna težina/pretilost prema dobi

Djeca, 2015



Vrsta ankete:

Koje su ljudi sami naveli

**Veličina
uzorka:**

3683

**Pokriveno
područje je:**

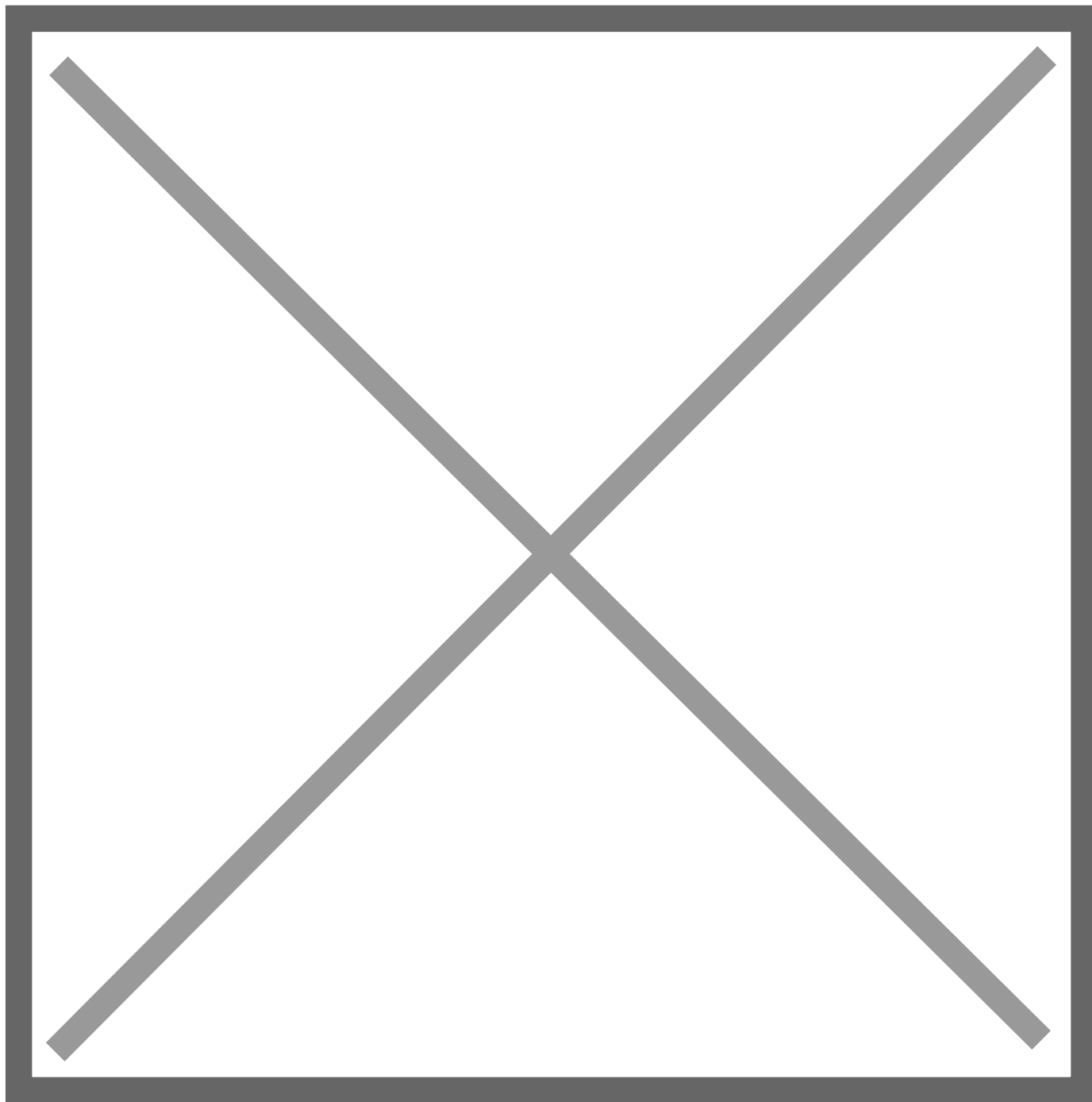
Nacionalno

Reference:

Global School-based Student Health Survey Laos Factsheet 2015. Available at: https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/lao-people-s-democratic-republic/gshs/2015-laos-gshs-factsheet.pdf?sfvrsn=75985ce2_3&download=true. Accessed: 05.10.21.

Double burden of underweight & overweight

Djeca, 2022



Vrsta ankete:

Izmjereno

Dob:

5-19

Reference:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Bilješke:

Age standardised estimates

**Definicije
(dostupno
samo na
engleskom
jeziku):**

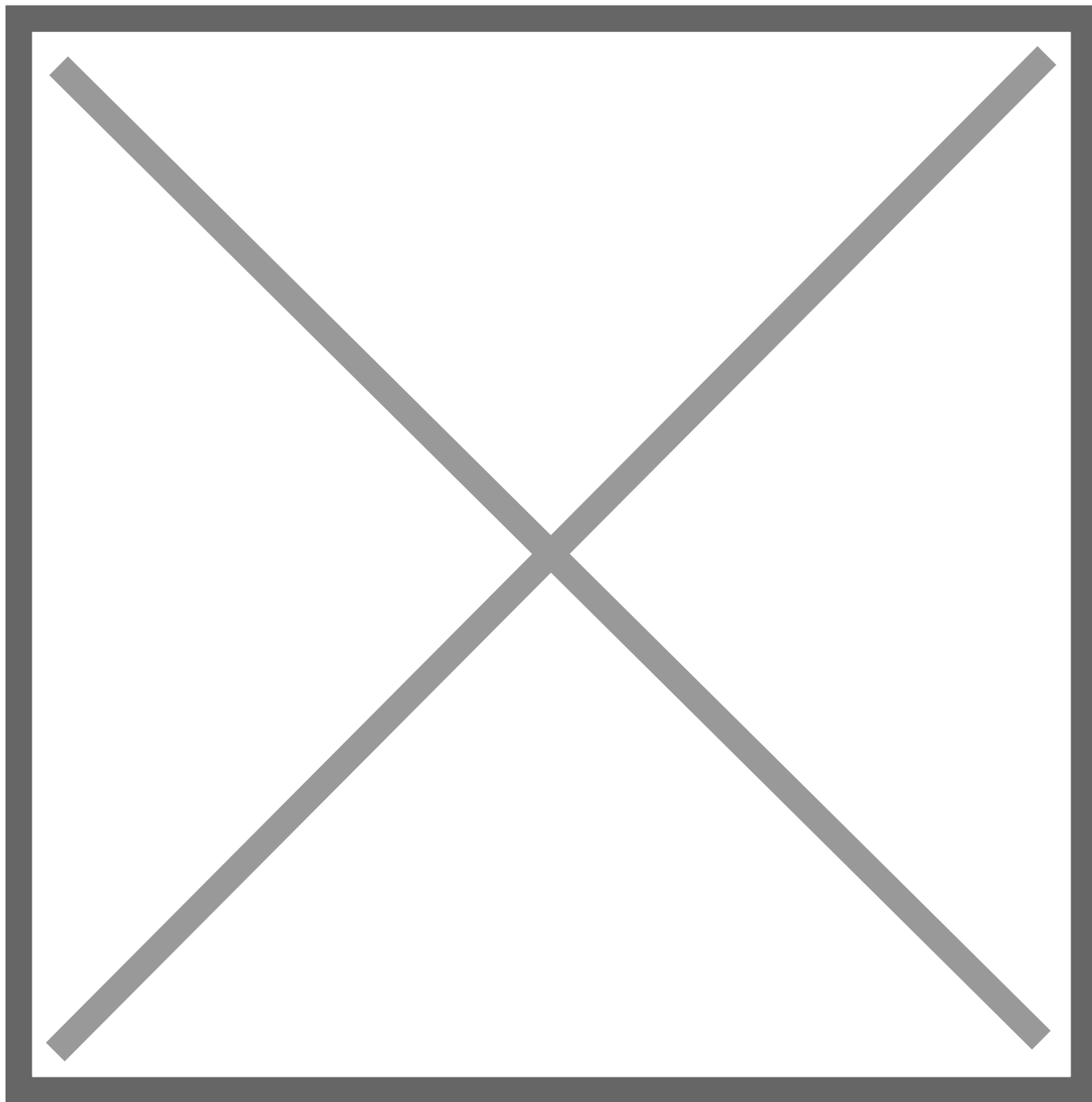
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nedovoljna tjelesna aktivnost

Djeca, 2016



Vrsta ankete:

Koje su ljudi sami naveli

Dob:

11-17

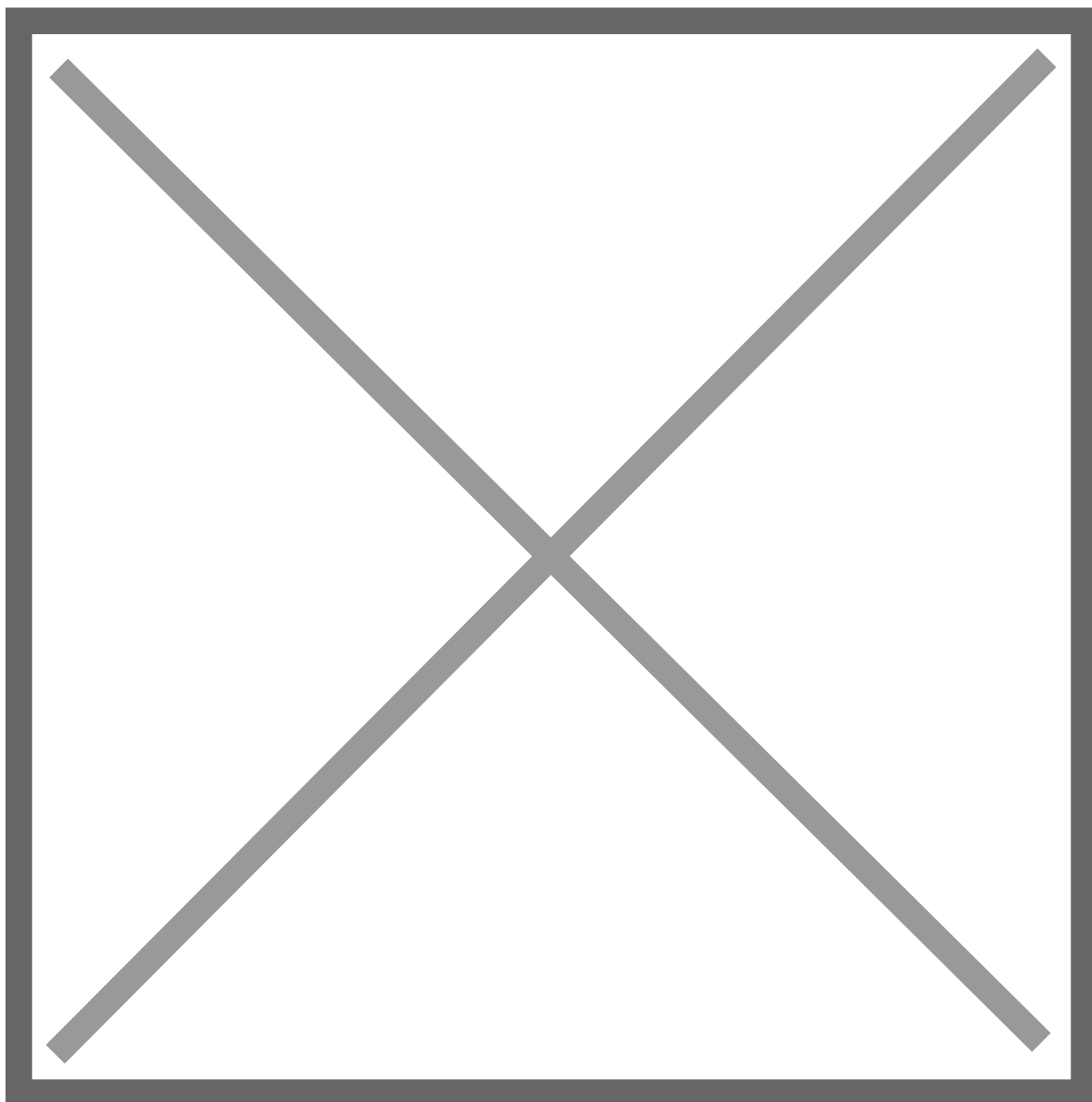
Reference:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Bilješke: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicije (dostupno samo na engleskom jeziku): % Adolescents insufficiently active (age standardised estimate)

Dječaci, 2016



Vrsta ankete:

Koje su ljudi sami naveli

Dob:

11-17

Reference:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

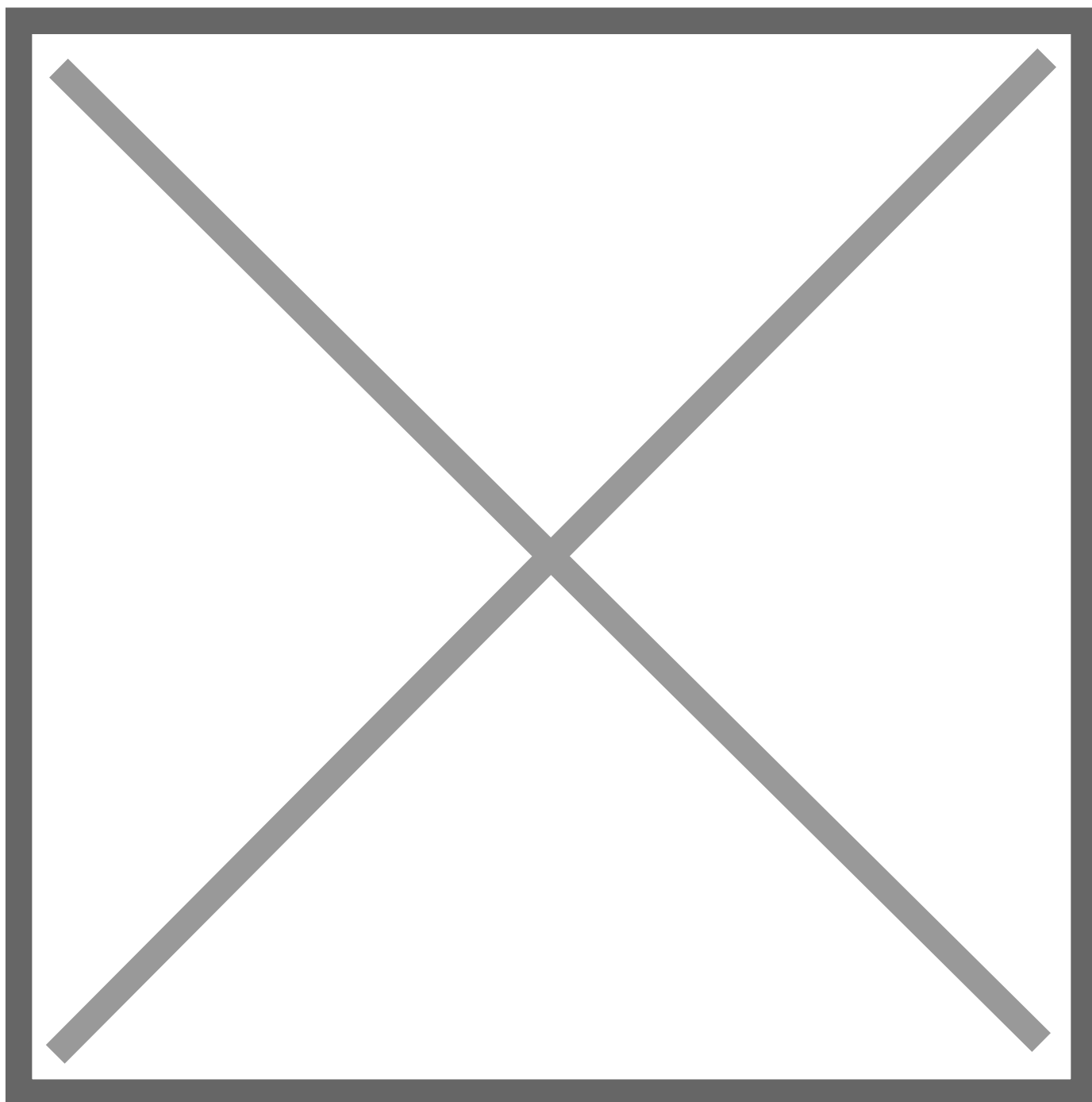
Bilješke:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije
(dostupno
samo na
engleskom
jeziku):**

% Adolescents insufficiently active (age standardised estimate)

Djevojčice, 2016



Vrsta ankete:

Koje su ljudi sami naveli

Dob:

11-17

Reference:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Bilješke:

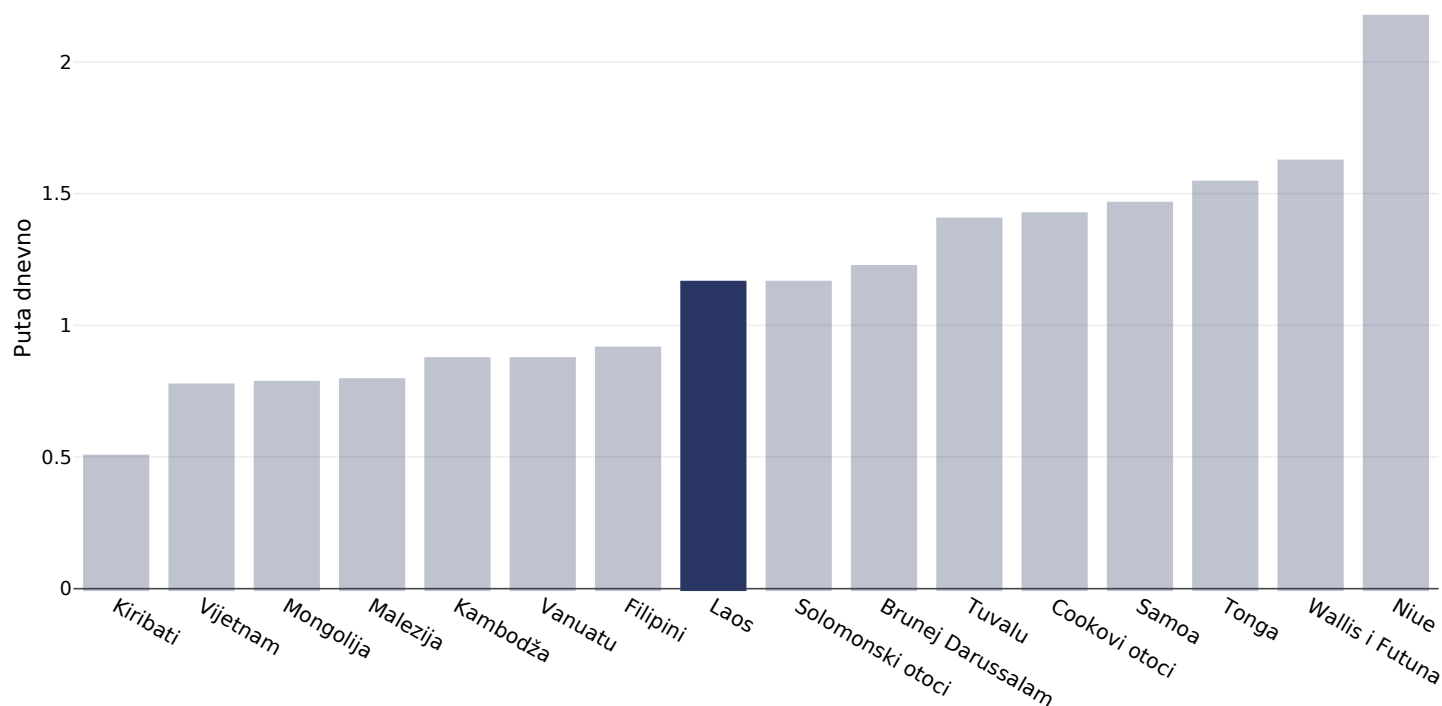
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije
(dostupno
samo na
engleskom
jeziku):**

% Adolescents insufficiently active (age standardised estimate)

ProsjeĀ na dnevna uĀ ustalost konzumacije bezalkoholnih gaziranih piĀ a

Djeca, 2010-2015



Vrsta ankete:

Izmjereno

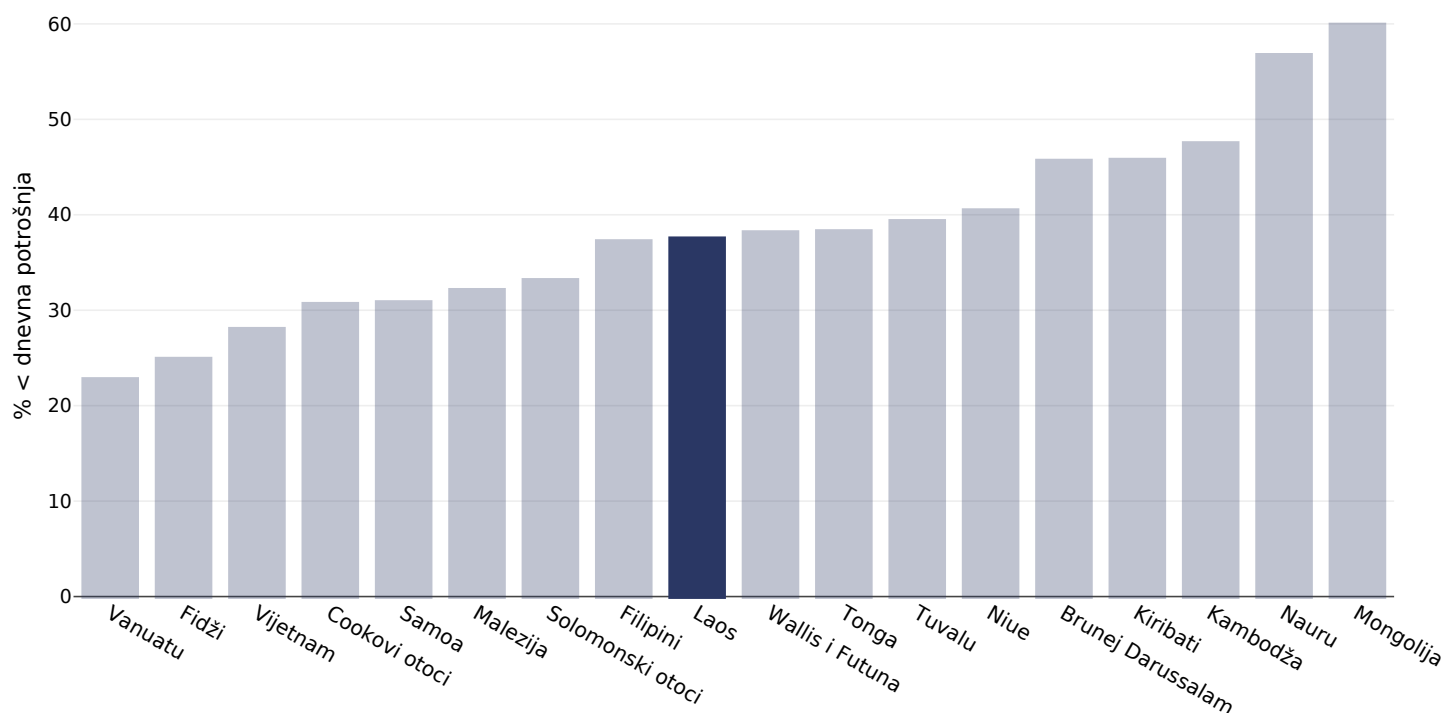
Dob:

12-17

Reference:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalencija konzumacije voća i povrća od jednom dnevno Djeca, 2010-2015



Vrsta ankete:

Izmjereno

Dob:

12-17

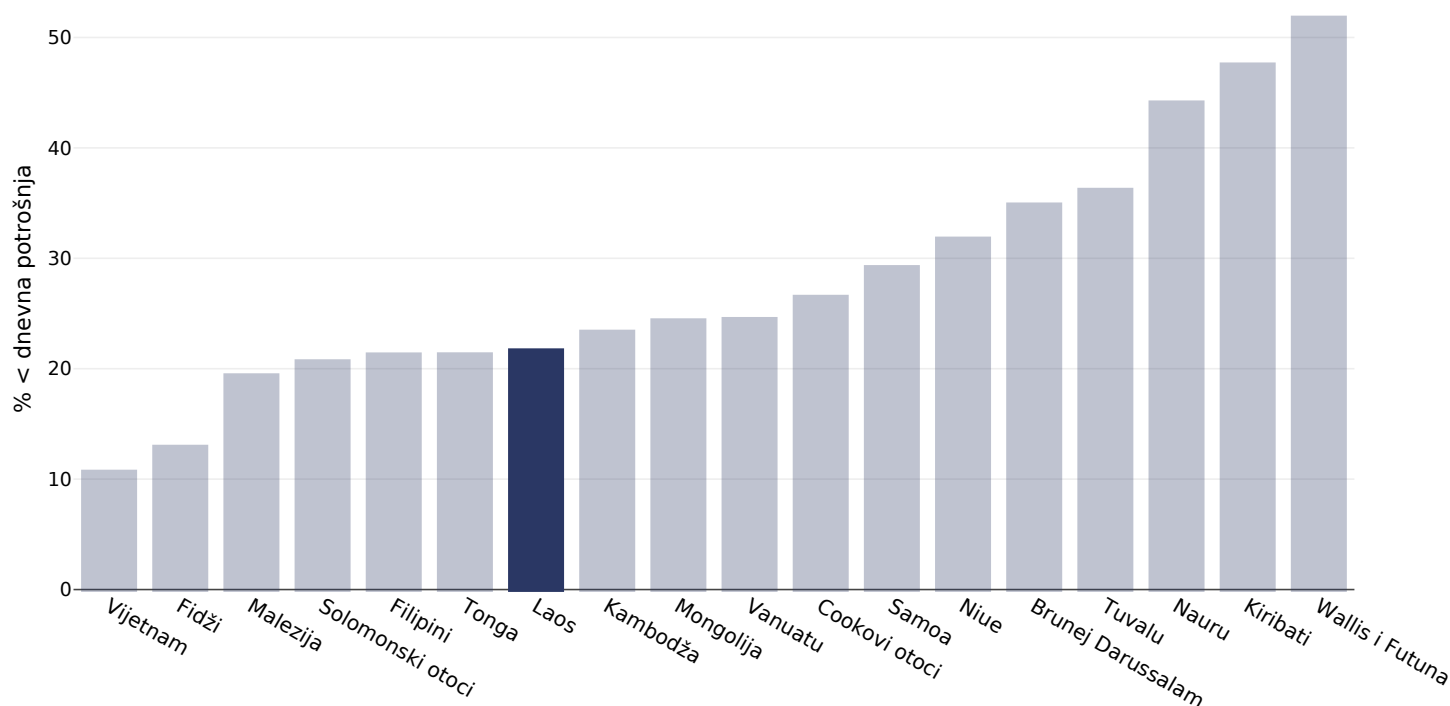
Reference:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalencija konzumacije povrća a rjeđe od jednom dnevno Djeca, 2010-2015



Vrsta ankete:

Izmjereno

Dob:

12-17

Reference:

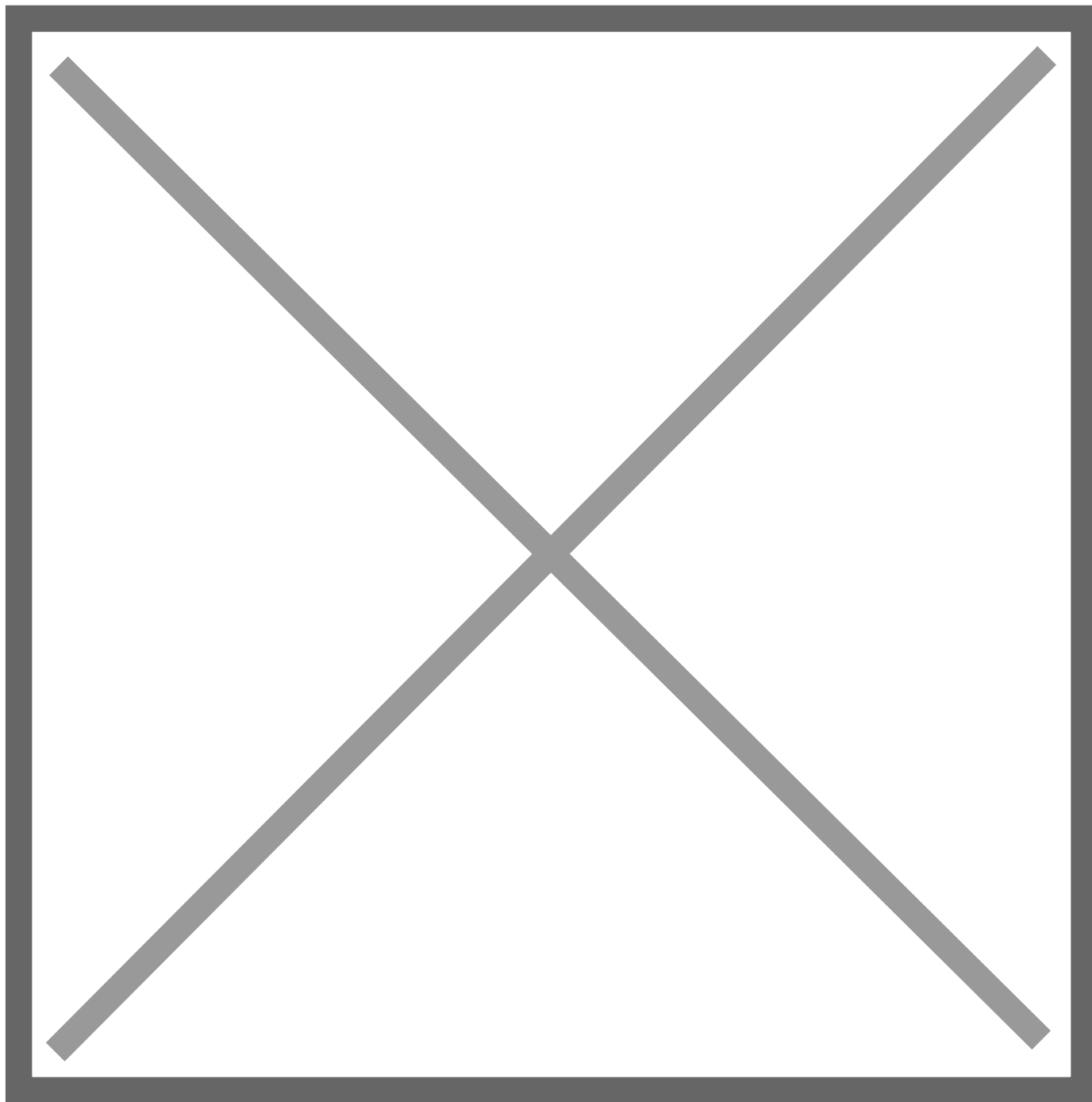
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

ProsjeÄ na tjedna uÄ stalost konzumacije brze hrane

Djeca, 2010-2015

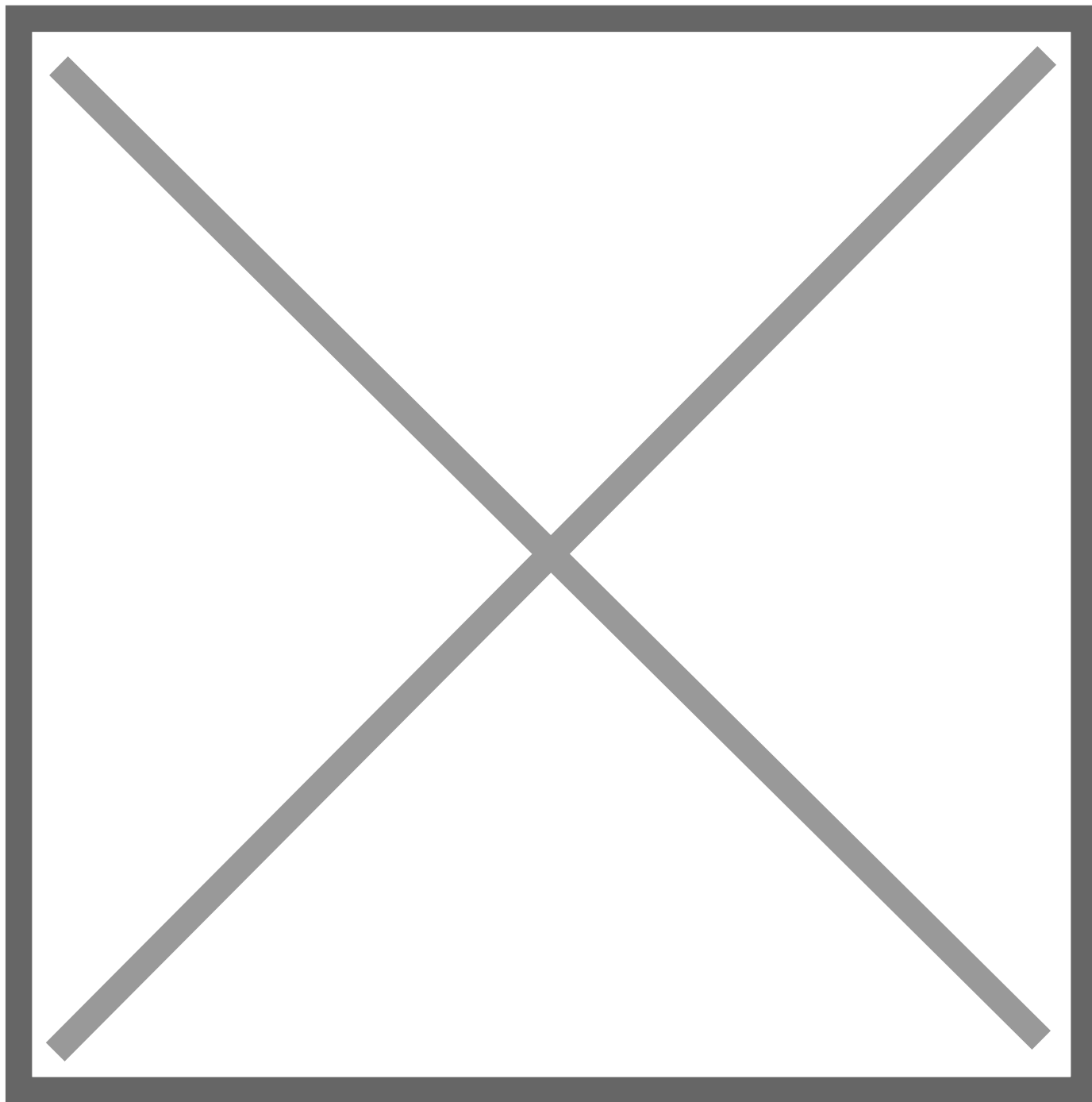


Dob: 12-17

Reference: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mentalno zdravlje: depresivni poremećaji

Djeca, 2021



**Pokriveno
područje:**

Nacionalno

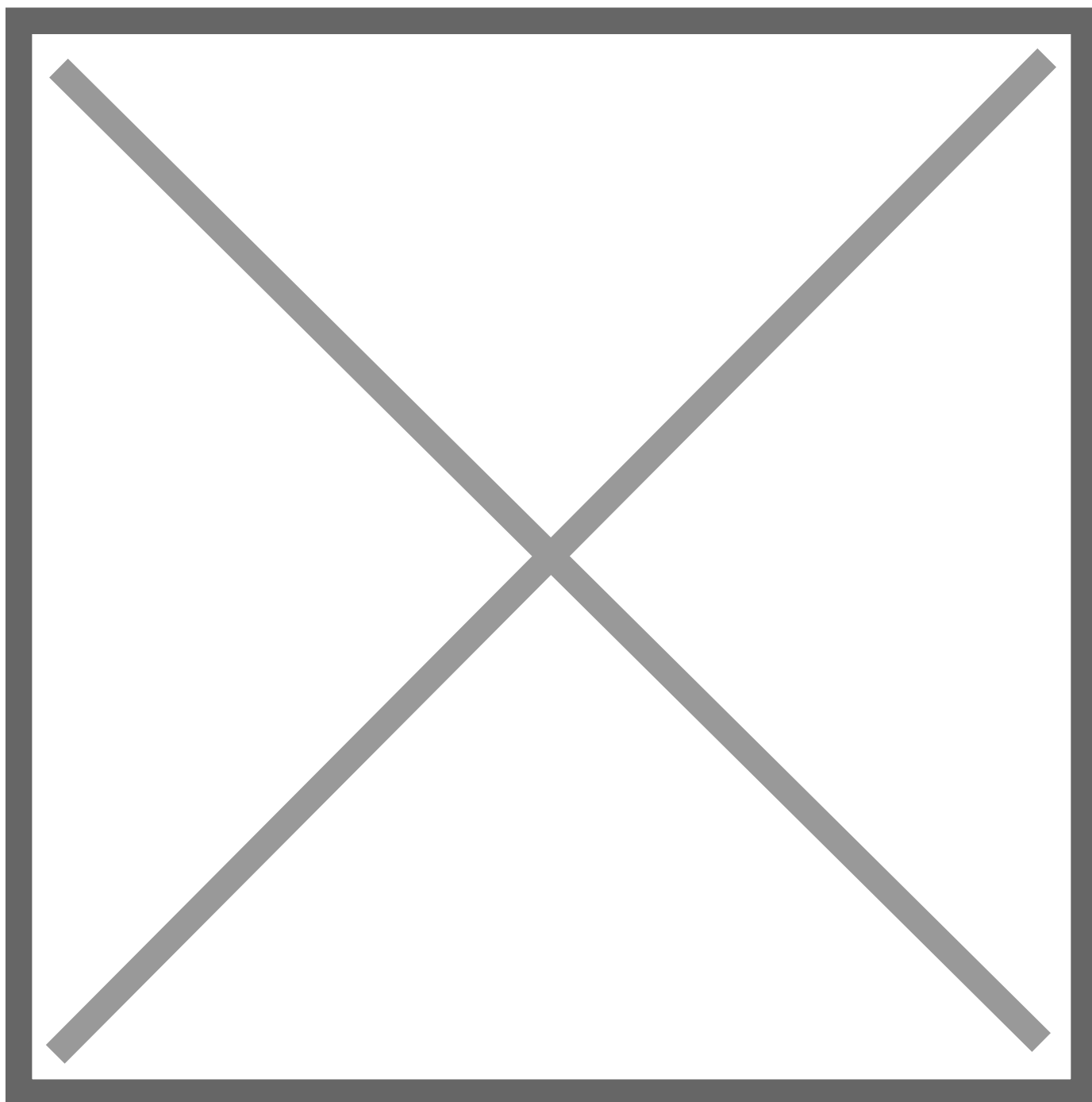
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Dječaci, 2021



Pokriveno područje:

Nacionalno

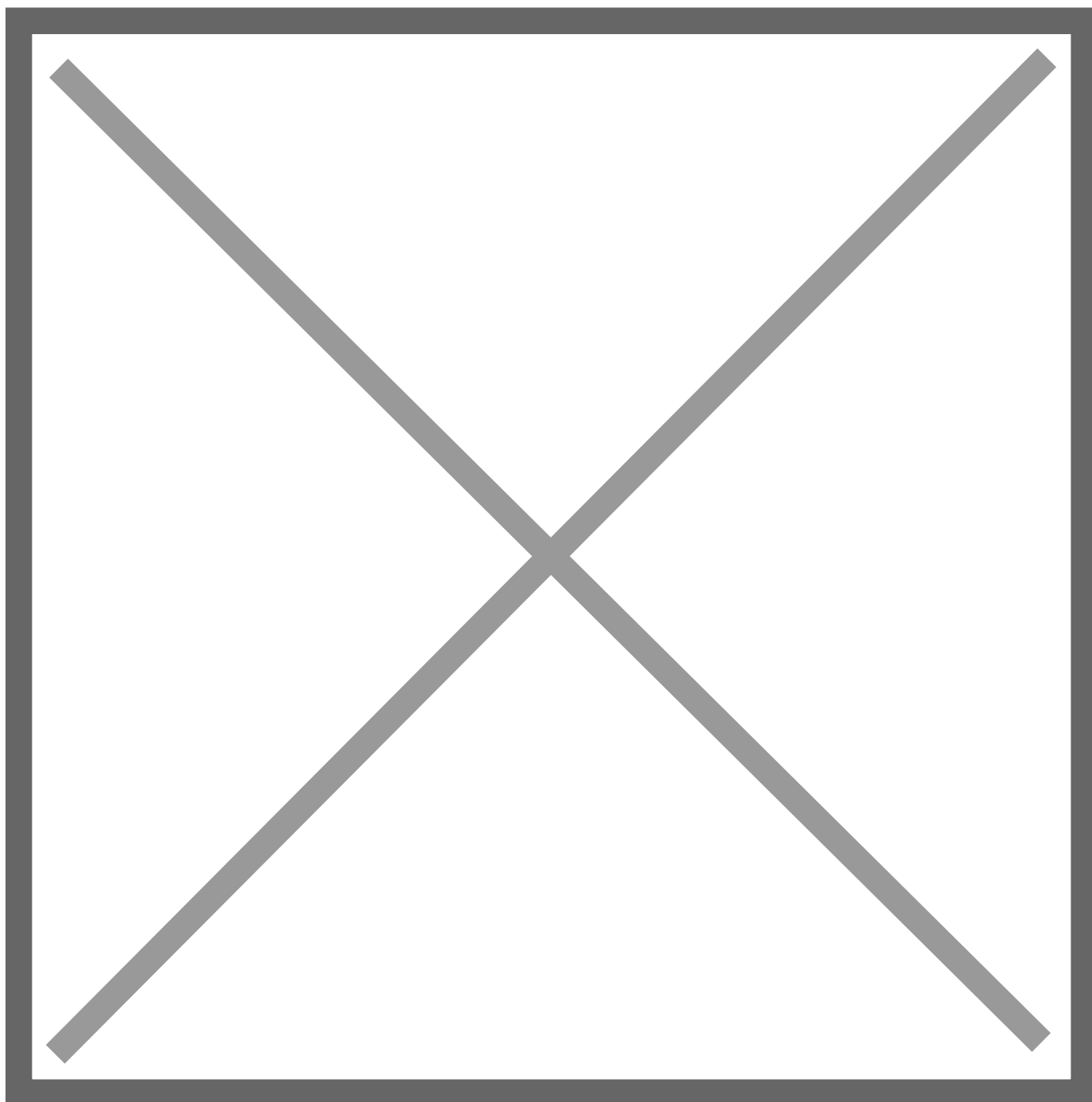
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Djevojčice, 2021



Pokriveno
područje:

Nacionalno

Reference:

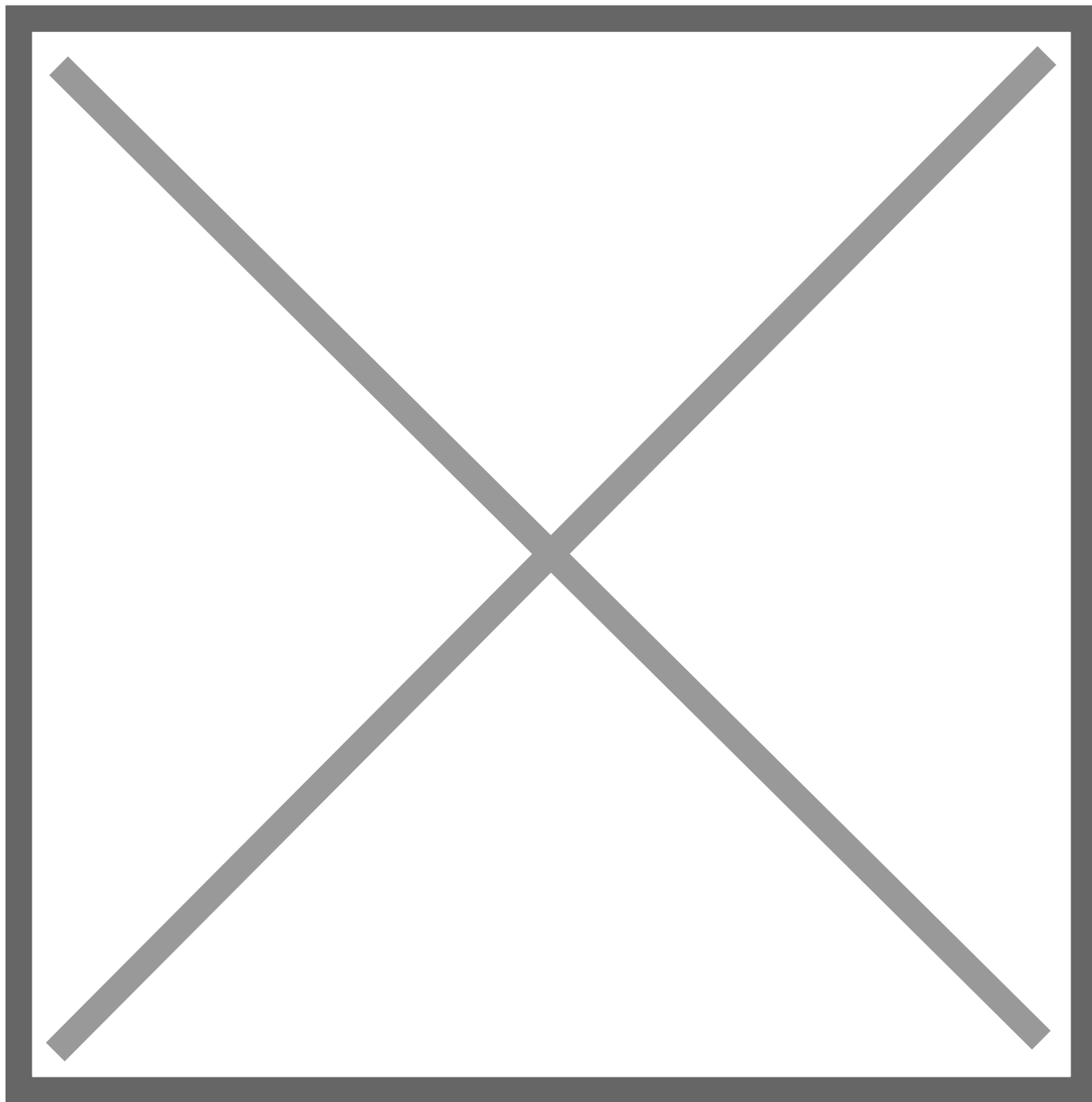
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definicije
(dostupno
samo na
engleskom
jeziku):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

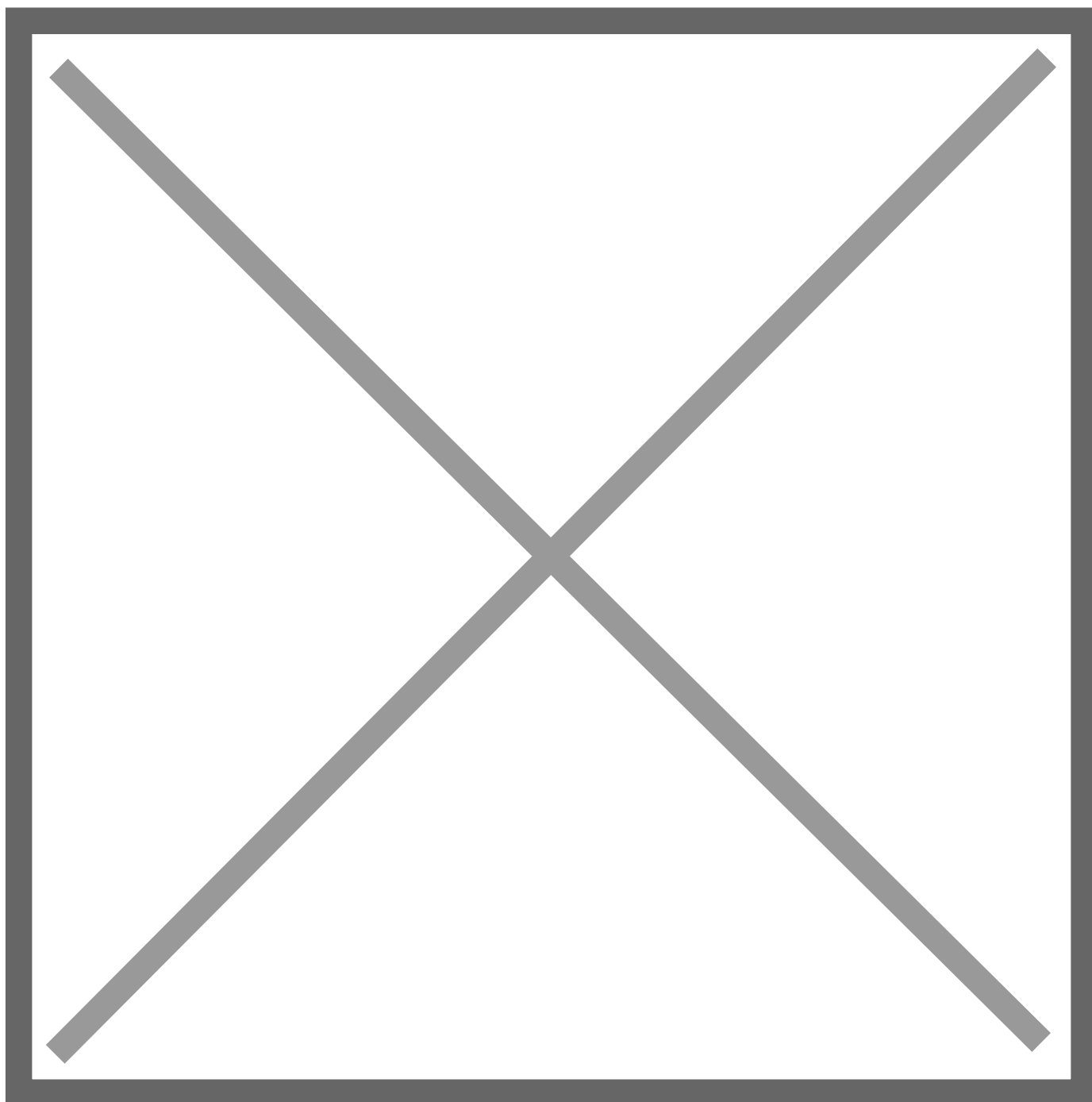
Mentalno zdravlje: anksiozni poremećaji

Djeca, 2021

**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

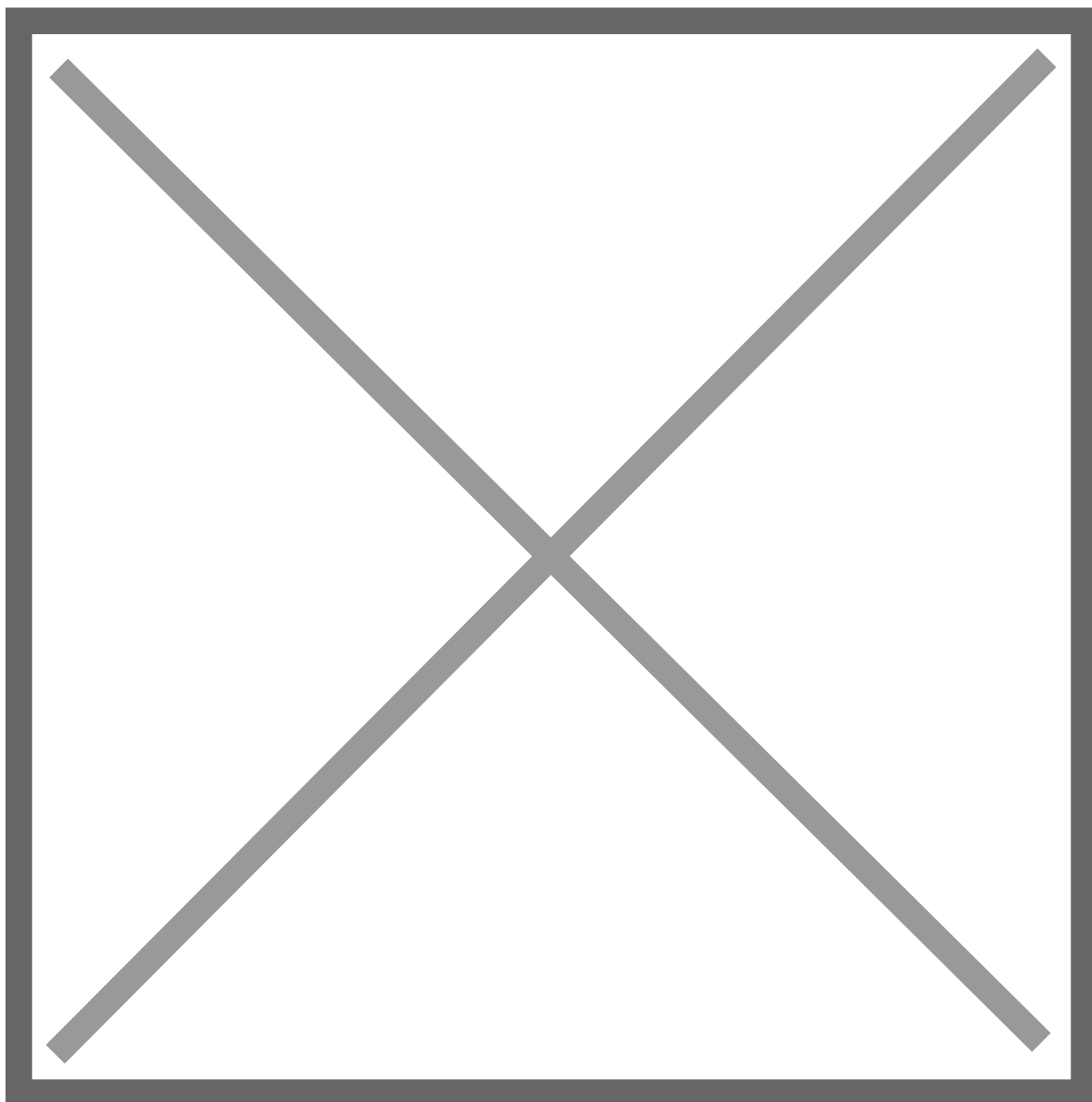
DjeÄ aci, 2021



Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Djevojčice, 2021



Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025