



# Kyrgyzstan



## Country report card - under-5s

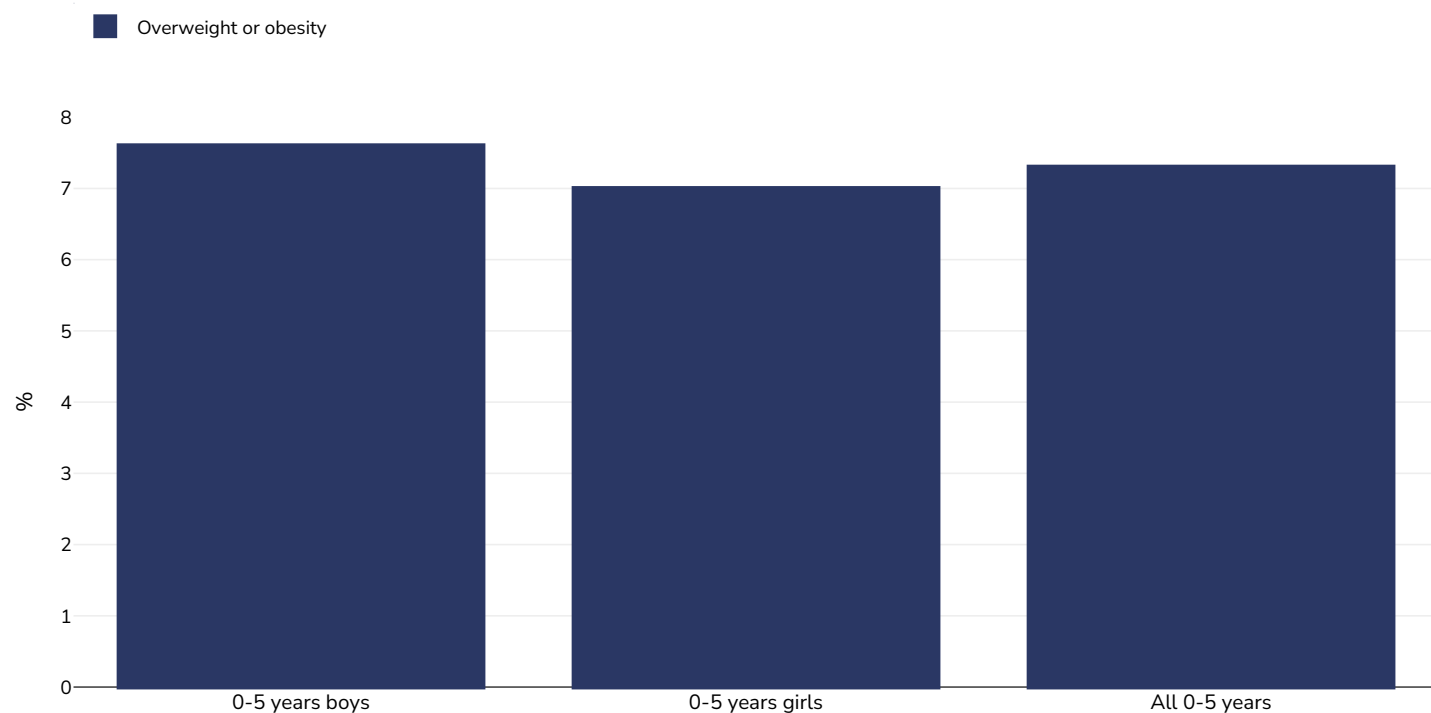
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/kyrgyzstan-116/>.*

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## Obesity prevalence

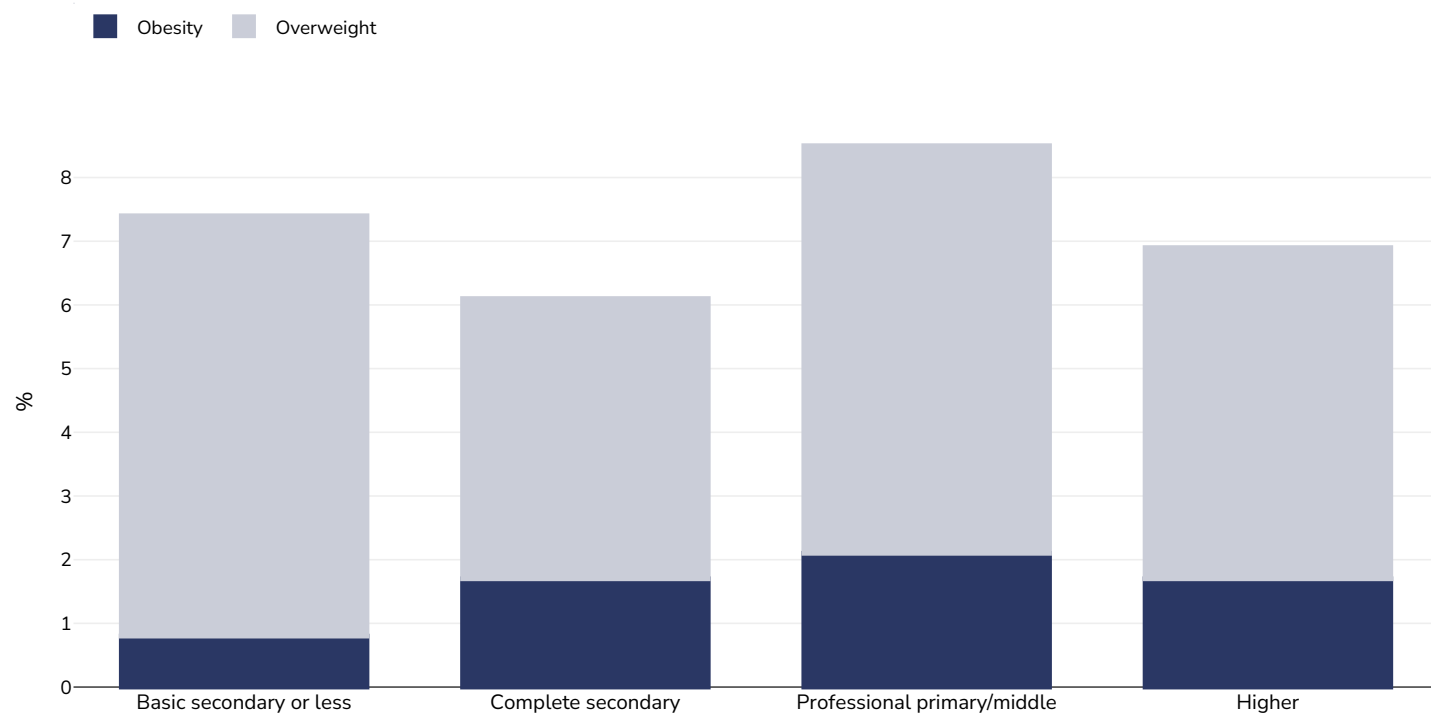
0-5 years, 2021



Survey type:	Measured
Age:	0-5
Sample size:	1307
Area covered:	National
References:	Ministry of Health, UNICEF, WFP, FAO, WHO, USAID, Advancing Nutrition-USAID, Mercy Corps-USDA, and GroundWork. National Integrated Micronutrient and Anthropometry Survey 2021. Bishkek, Kyrgyz Republic; 2022.
Definitions:	Overweight is a weight-for-height z-score of greater than +2.0 but less than or equal to +3.0. Obesity is defined as a weight-for-height z-score greater than +3.0.
Cutoffs:	Weight for height

## Overweight/obesity by education

0-5 years, 2018



Survey type:

Meas

Sample size:

3

Area covered:

Nat

References:

National Statistical Committee of the Kyrgyz Republic and UNICEF. 2019. Kyrgyzstan Multiple Indicator Cluster Survey 2018, Survey Findings Report. Bishkek, Kyrgyzstan: National Statistical Committee of the Kyrgyz Republic and UNICEF.. Available at [https://mics-surveys-prod.s3.amazonaws.com/MICS6/Europe%20and%20Central%20Asia/Kyrgyzstan/2018/Survey%20findings/Kyrgyzstan%20MICS%202018\\_English.pdf](https://mics-surveys-prod.s3.amazonaws.com/MICS6/Europe%20and%20Central%20Asia/Kyrgyzstan/2018/Survey%20findings/Kyrgyzstan%20MICS%202018_English.pdf) (last accessed 11.05.2020)

Notes:

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Definitions:

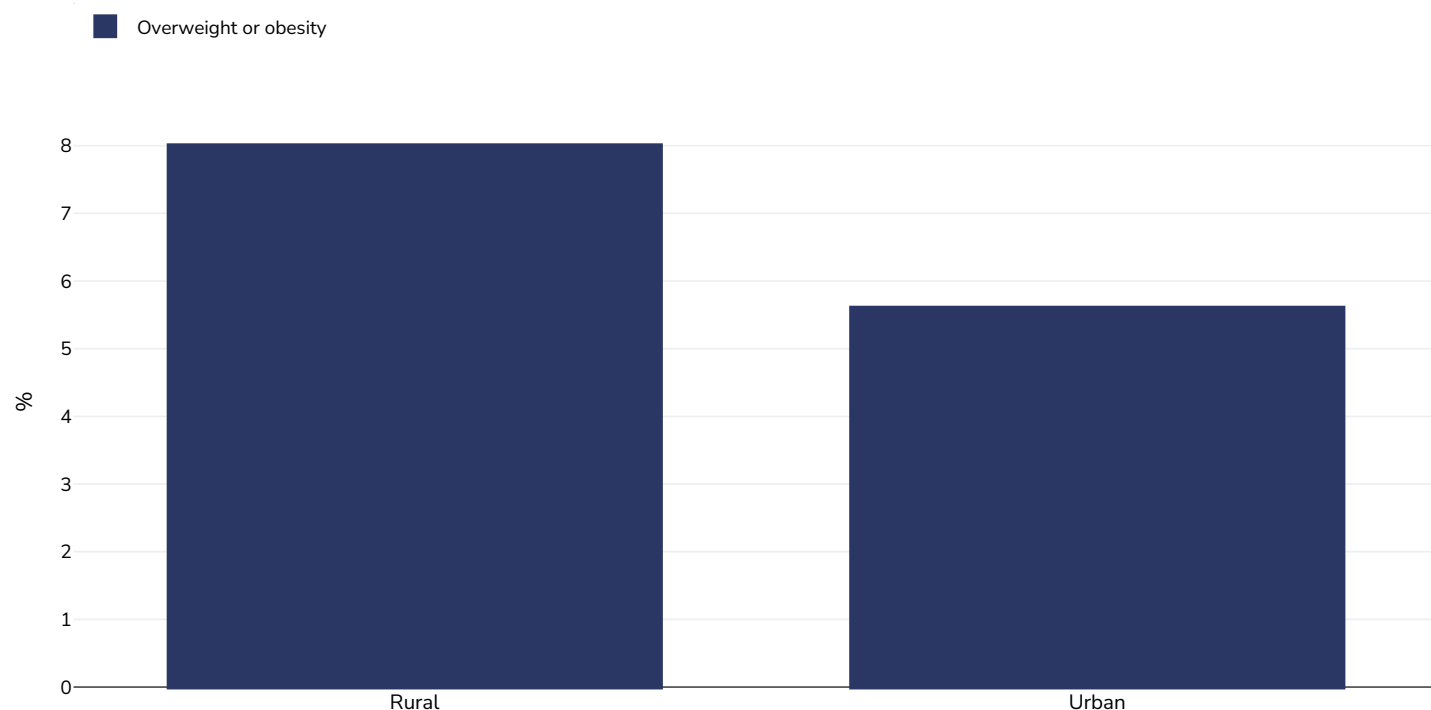
Weight for Height + 2SD-3SD +>

Cutoffs:

C

## Overweight/obesity by region

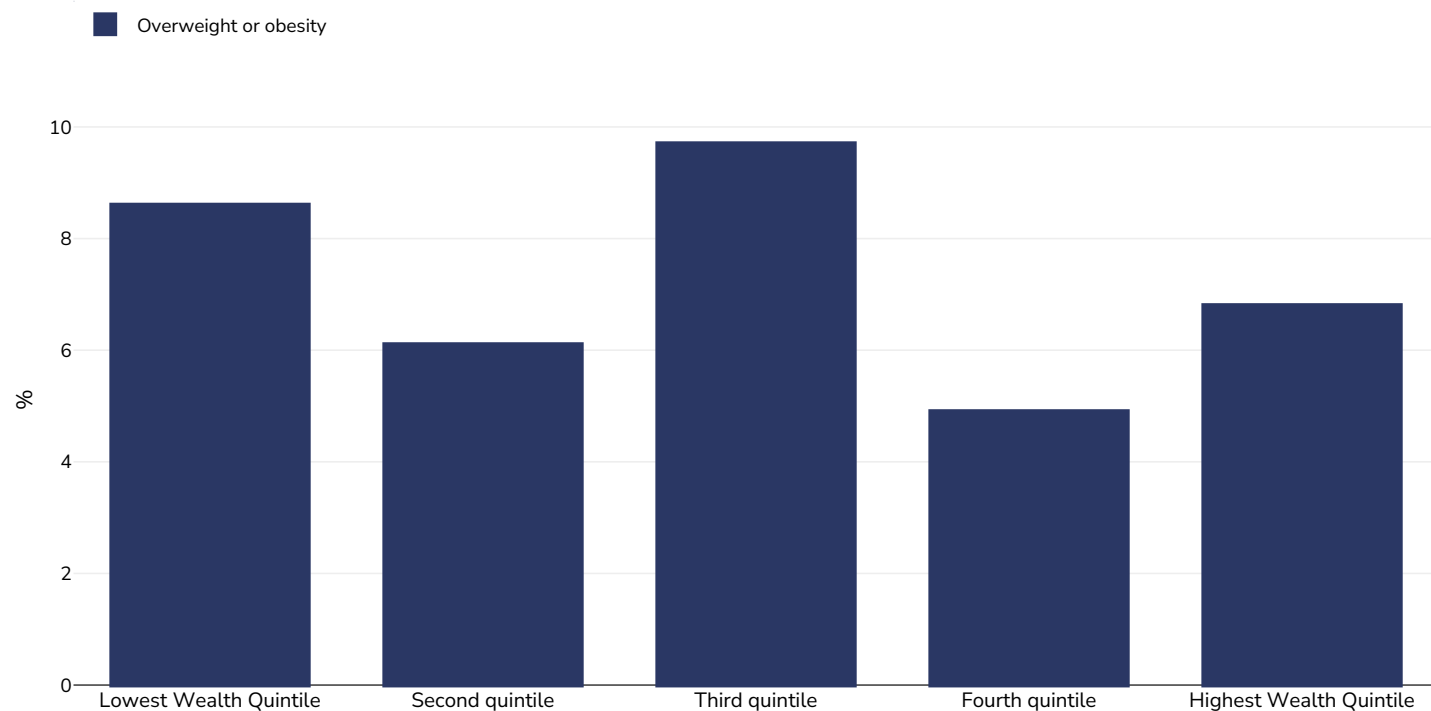
0-5 years, 2021



Survey type:	Measured
Sample size:	1307
Area covered:	National
References:	Ministry of Health, UNICEF, WFP, FAO, WHO, USAID, Advancing Nutrition-USAID, Mercy Corps-USDA, and GroundWork. National Integrated Micronutrient and Anthropometry Survey 2021. Bishkek, Kyrgyz Republic; 2022.
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Cutoffs:	Weight for height

## Overweight/obesity by socio-economic group

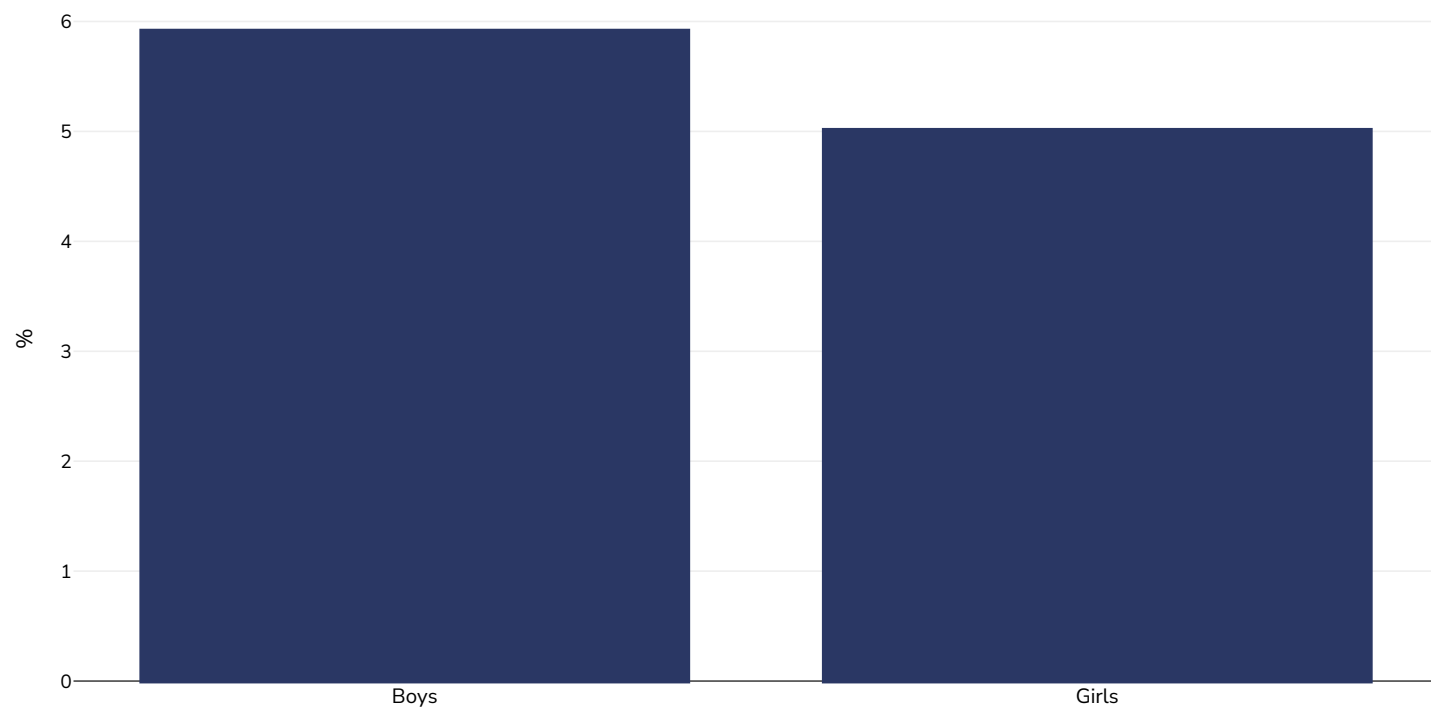
0-5 years, 2021



Survey type:	Measured
Sample size:	1307
Area covered:	National
References:	Ministry of Health, UNICEF, WFP, FAO, WHO, USAID, Advancing Nutrition-USAID, Mercy Corps-USDA, and GroundWork. National Integrated Micronutrient and Anthropometry Survey 2021. Bishkek, Kyrgyz Republic; 2022.
Definitions:	Overweight is a weight-for-height z-score of greater than +2.0 but less than or equal to +3.0. Obesity is defined as a weight-for-height z-score greater than +3.0.
Cutoffs:	Weight for height

## Double burden of underweight & overweight

0-5 years, 2018-2018



Survey type: Measured

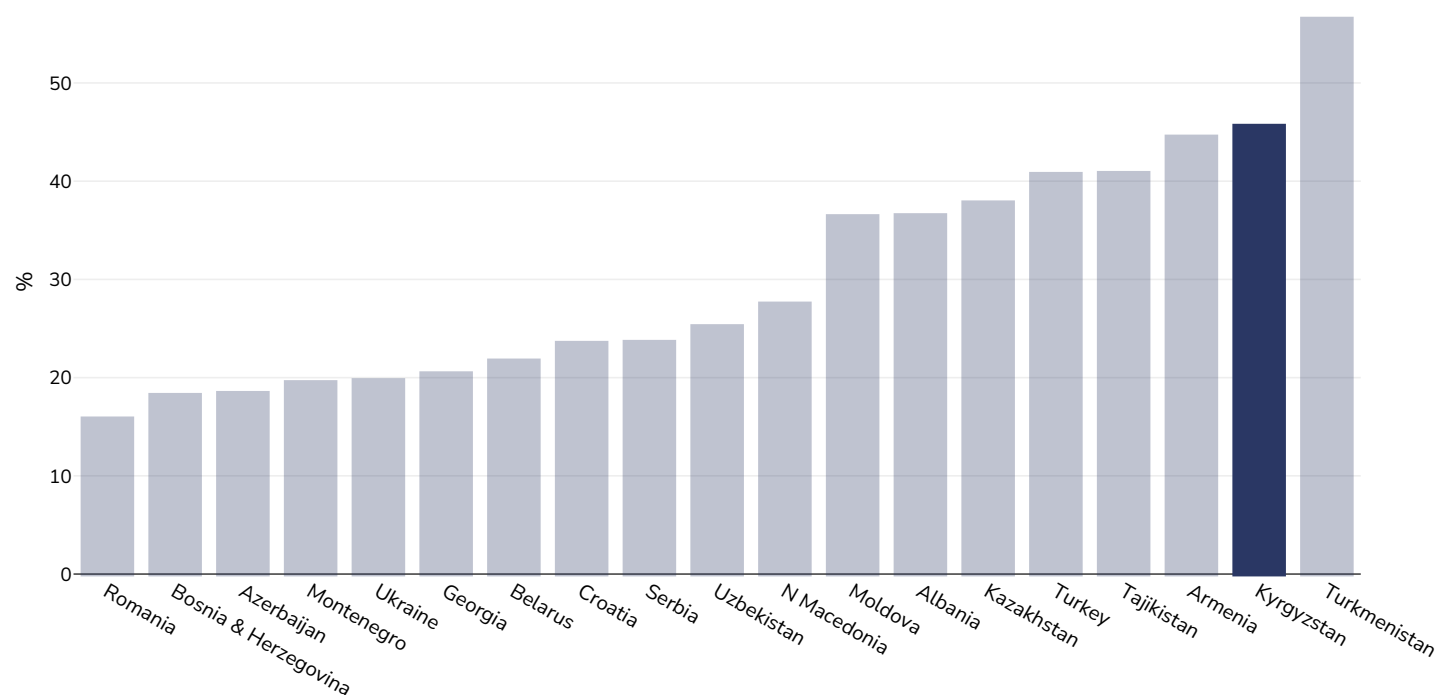
Age: 0-5

References: UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

Notes: Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

## % Infants exclusively breastfed 0-5 months

0-5 years, 1996-2023



**References:** Kyrgyzstan Multiple Indicator Cluster Survey 2018, Survey Findings Report. Bishkek, Kyrgyzstan: National Statistical Committee of the Kyrgyz Republic and UNICEF.

**Notes:** Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

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