



# Kuwait



## Country report card - adults

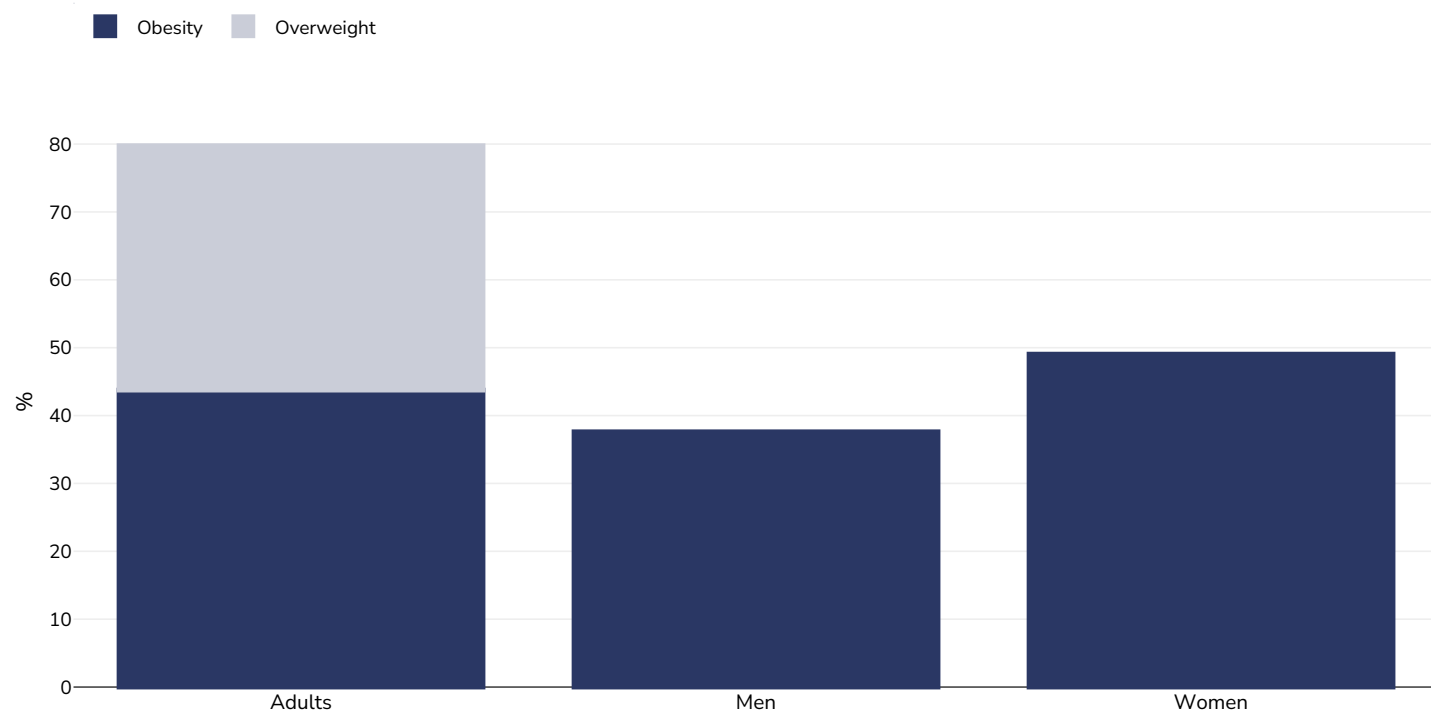
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/kuwait-115/>.*

| Contents                                   | Page |
|--------------------------------------------|------|
| Obesity prevalence                         | 3    |
| Trend: Kuwait obesity 1998 2018            | 4    |
| Trend: Kuwait overweight obesity 199802018 | 6    |
| Overweight/obesity by age                  | 8    |
| Overweight/obesity by region               | 9    |
| Double burden of underweight & overweight  | 10   |
| Insufficient physical activity             | 11   |
| Estimated per capita fruit intake          | 14   |
| Estimated per-capita processed meat intake | 15   |
| Estimated per capita whole grains intake   | 16   |
| Mental health - depression disorders       | 17   |
| Mental health - anxiety disorders          | 20   |
| Oesophageal cancer                         | 23   |
| Breast cancer                              | 25   |
| Colorectal cancer                          | 26   |
| Pancreatic cancer                          | 28   |
| Gallbladder cancer                         | 30   |
| Kidney cancer                              | 32   |
| Cancer of the uterus                       | 34   |
| Raised blood pressure                      | 35   |
| Raised cholesterol                         | 38   |
| Raised fasting blood glucose               | 41   |
| Diabetes prevalence                        | 43   |
| Ovarian Cancer                             | 44   |
| Leukemia                                   | 45   |
| Liver and intrahepatic bile duct Cancer    | 47   |
| Multiple Myeloma                           | 49   |
| Non Hodgkin Lymphoma                       | 51   |
| Thyroid Cancer                             | 53   |

## Obesity prevalence

### Adults, 2018



Survey type: Measured

Age: 19+

Sample size: 1772

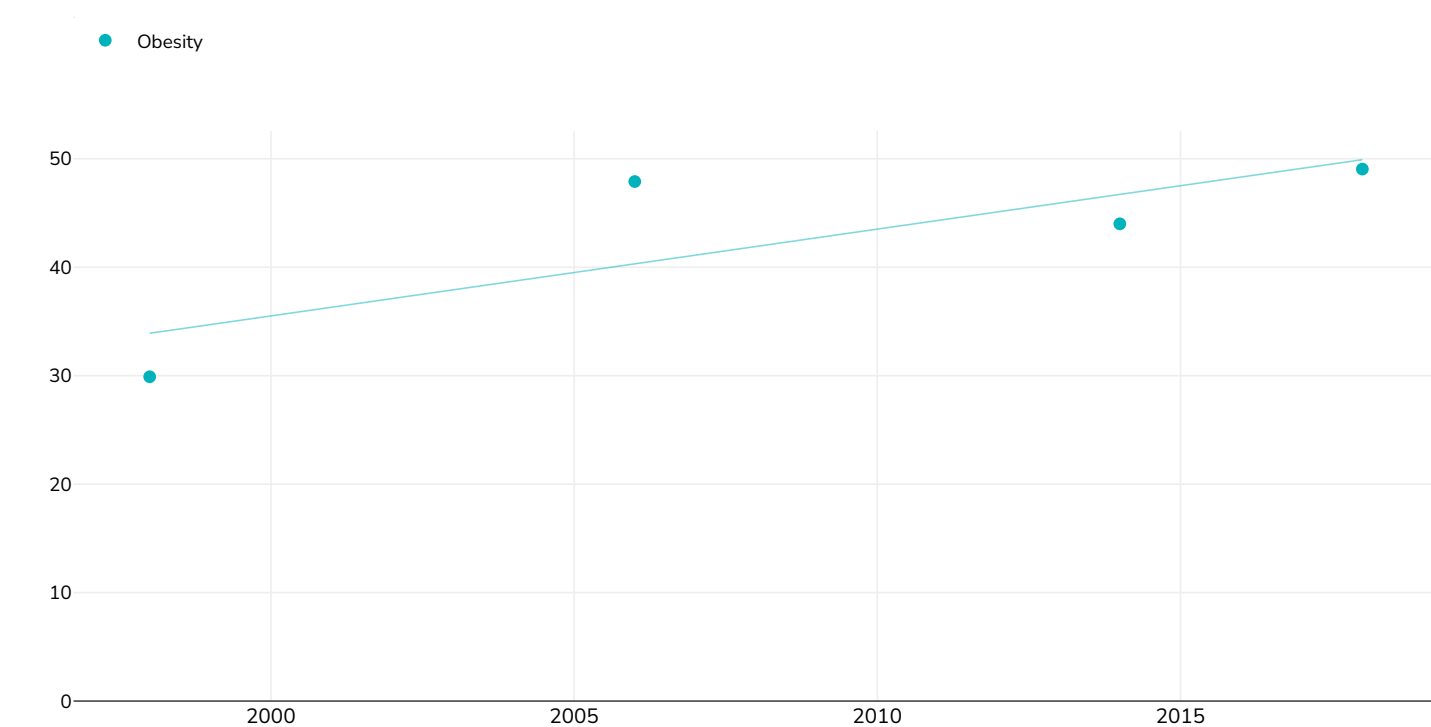
References: The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health.  
<https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

Notes: Overweight by gender currently unavailable

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Kuwait obesity 1998 2018

### Women



Survey type:

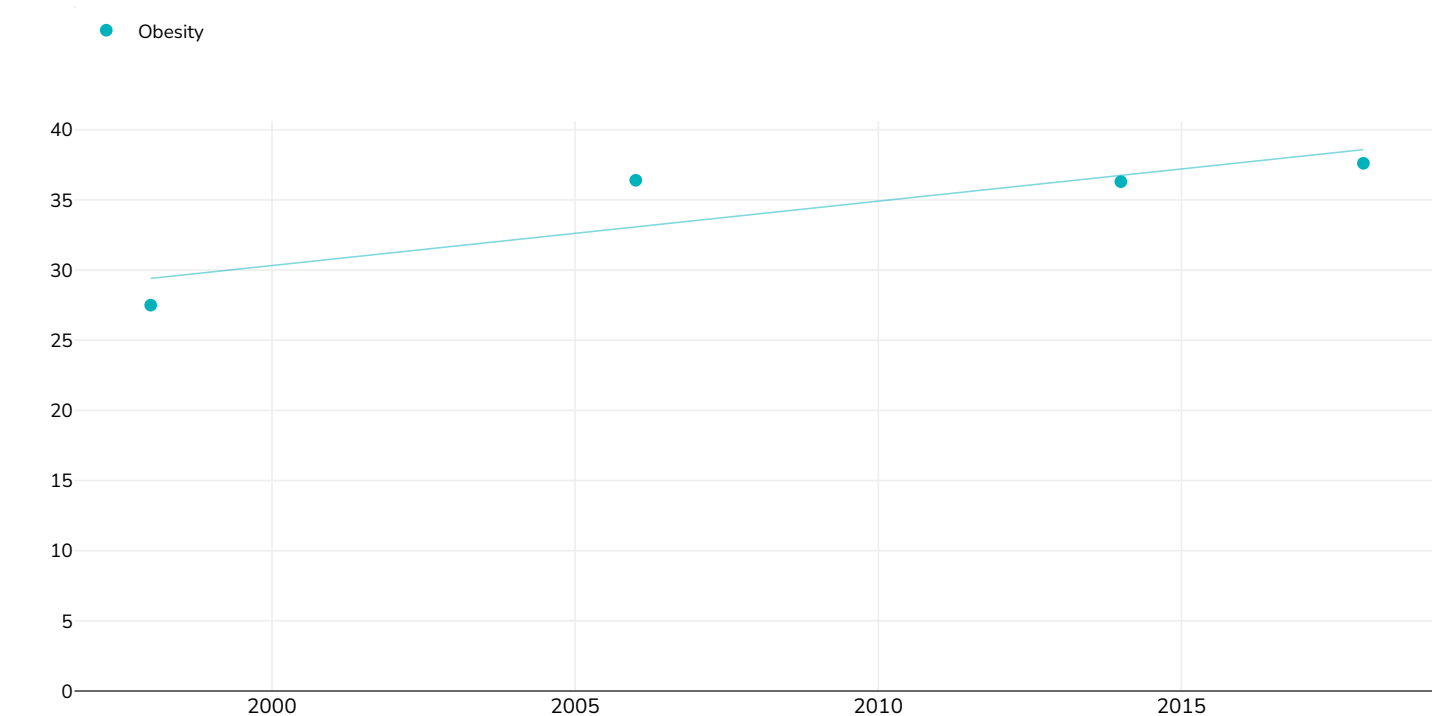
Measured

References:

- 1998: Jackson RT, Al-Mousa Z, Al-Raqua M, Prakash P and Muhanna. (2001). Prevalence of coronary risk factors in healthy adult Kuwaitis. International Journal of Food Sciences and Nutrition, 52:301 - 311
- 2006: Al-Nesf Y, Kamel M, El-Shazly MK, Makboul GM, Sadek AA, El-Sayed AM, El-Fararji A. Kuwait STEPS 2006. Kuwait Ministry of Health, GCC, WHO 2006
- 2014: Kuwait STEPS Survey 2014
- 2018: The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health. <https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Men



Survey type:

Measured

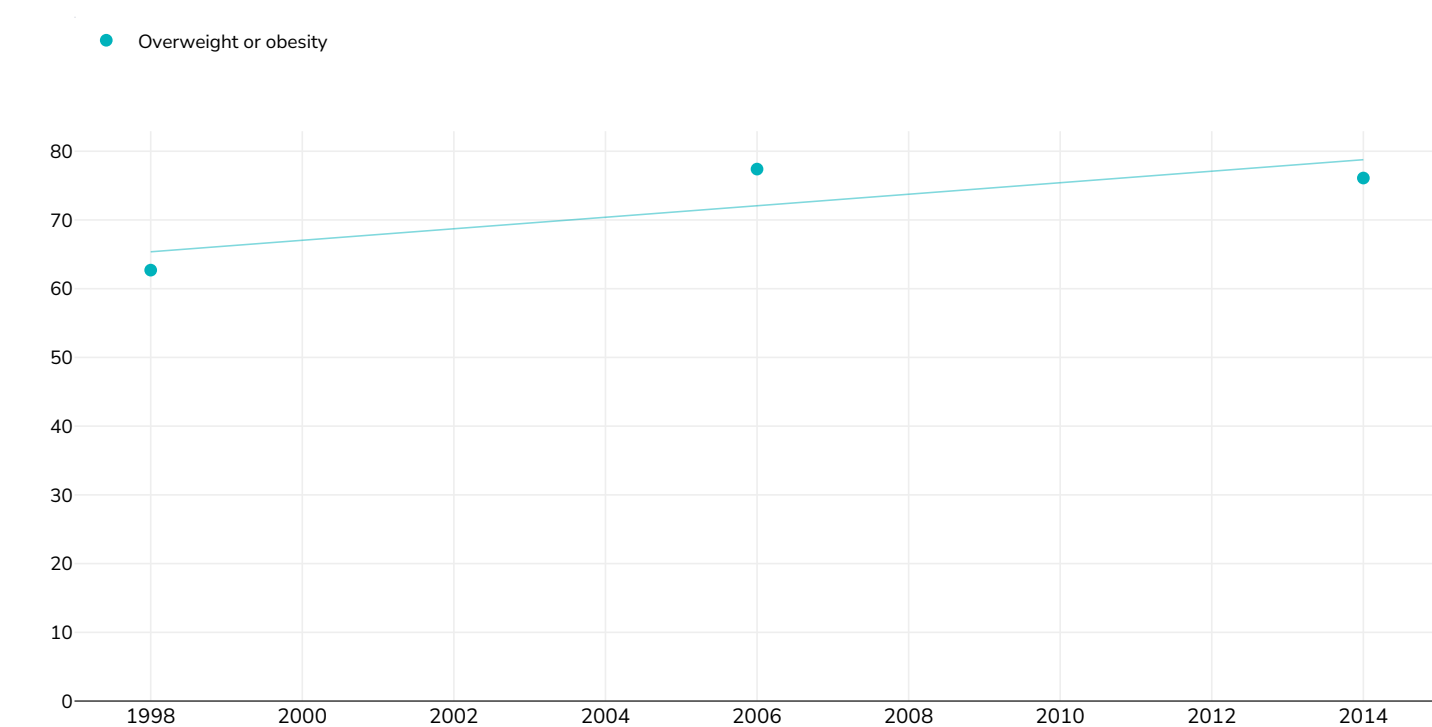
References:

- 1998: Jackson RT, Al-Mousa Z, Al-Raqua M, Prakash P and Muhanna. (2001). Prevalence of coronary risk factors in healthy adult Kuwaitis. International Journal of Food Sciences and Nutrition, 52:301 - 311
- 2006: Al-Nesf Y, Kamel M, El-Shazly MK, Makboul GM, Sadek AA, El-Sayed AM, El-Fararji A. Kuwait STEPS 2006. Kuwait Ministry of Health, GCC, WHO 2006
- 2014: Kuwait STEPS Survey 2014
- 2018: The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health. <https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Kuwait overweight obesity 199802018

### Women



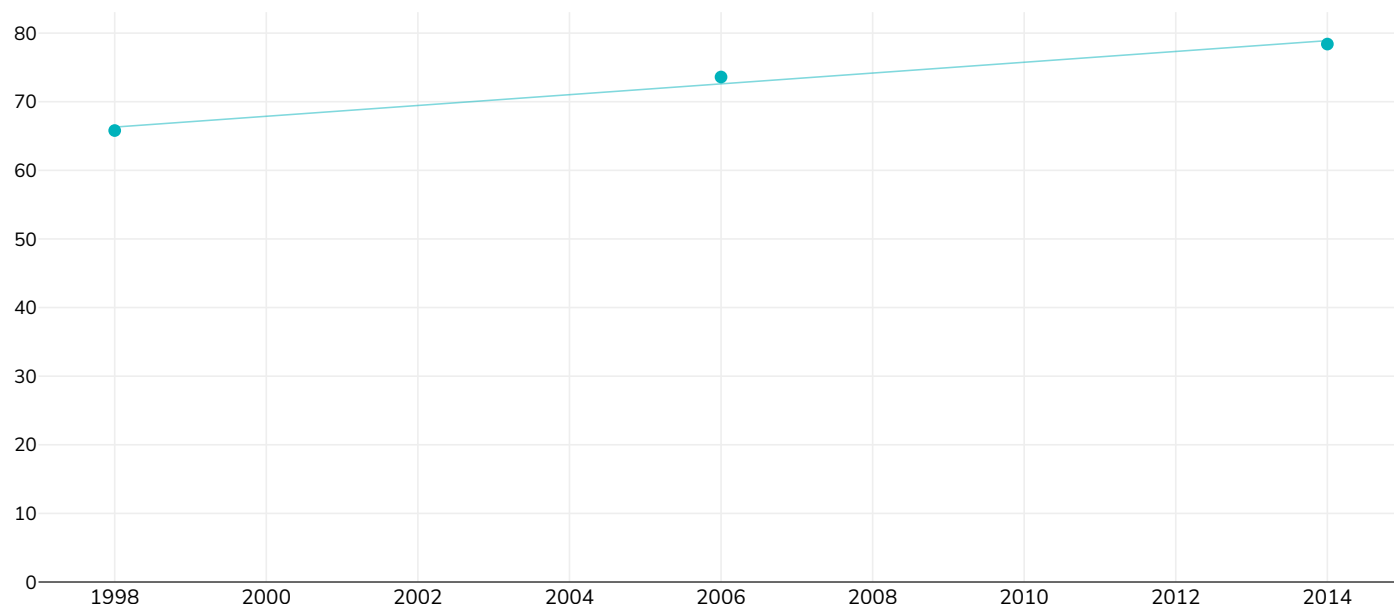
Survey type: Measured

References: 1998: Jackson RT, Al-Mousa Z, Al-Raqua M, Prakash P and Muhanna. (2001). Prevalence of coronary risk factors in healthy adult Kuwaitis. International Journal of Food Sciences and Nutrition, 52:301 - 311  
 2006: Al-Nesf Y, Kamel M, El-Shazly MK, Makboul GM, Sadek AA, El-Sayed AM, El-Fararji A. Kuwait STEPS 2006. Kuwait Ministry of Health, GCC, WHO 2006  
 2014: Kuwait STEPS Survey 2014  
 2018: The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health. <https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Men

● Overweight or obesity



Survey type:

Measured

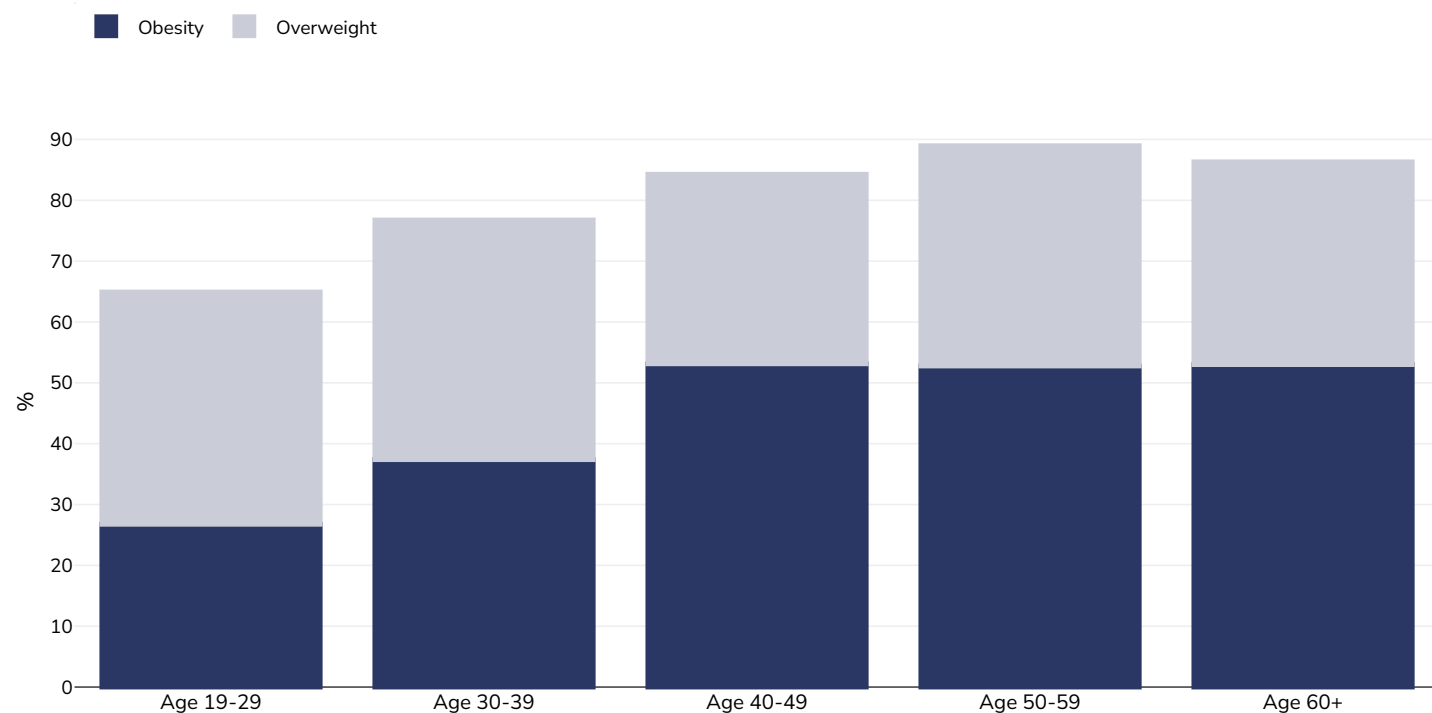
References:

- 1998: Jackson RT, Al-Mousa Z, Al-Raqua M, Prakash P and Muhanna. (2001). Prevalence of coronary risk factors in healthy adult Kuwaitis. International Journal of Food Sciences and Nutrition, 52:301 - 311
- 2006: Al-Nesf Y, Kamel M, El-Shazly MK, Makboul GM, Sadek AA, El-Sayed AM, El-Fararji A. Kuwait STEPS 2006. Kuwait Ministry of Health, GCC, WHO 2006
- 2014: Kuwait STEPS Survey 2014
- 2018: The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health. <https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Overweight/obesity by age

### Adults, 2018



Survey type: Measured

Sample size: 1772

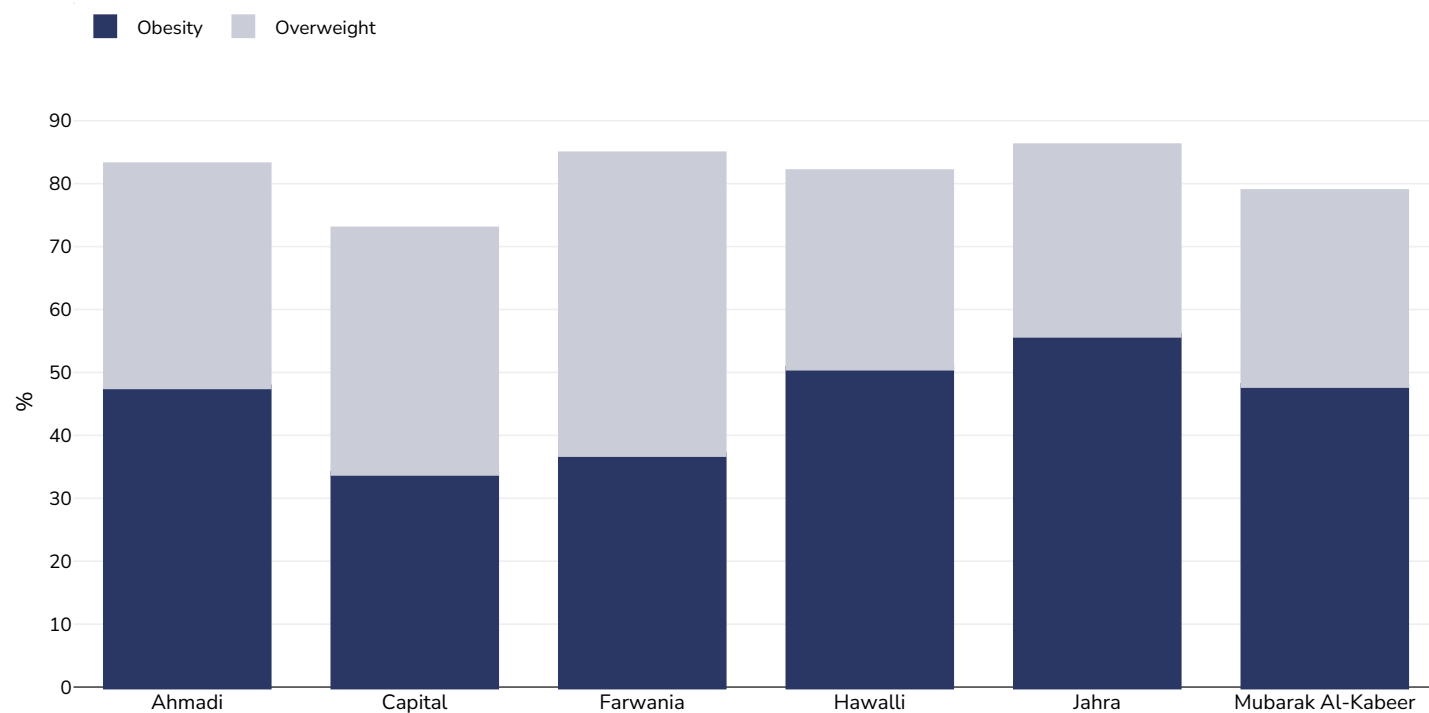
References: The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health.  
<https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



## Overweight/obesity by region

### Adults, 2018



Survey type: Measured

Age: 19+

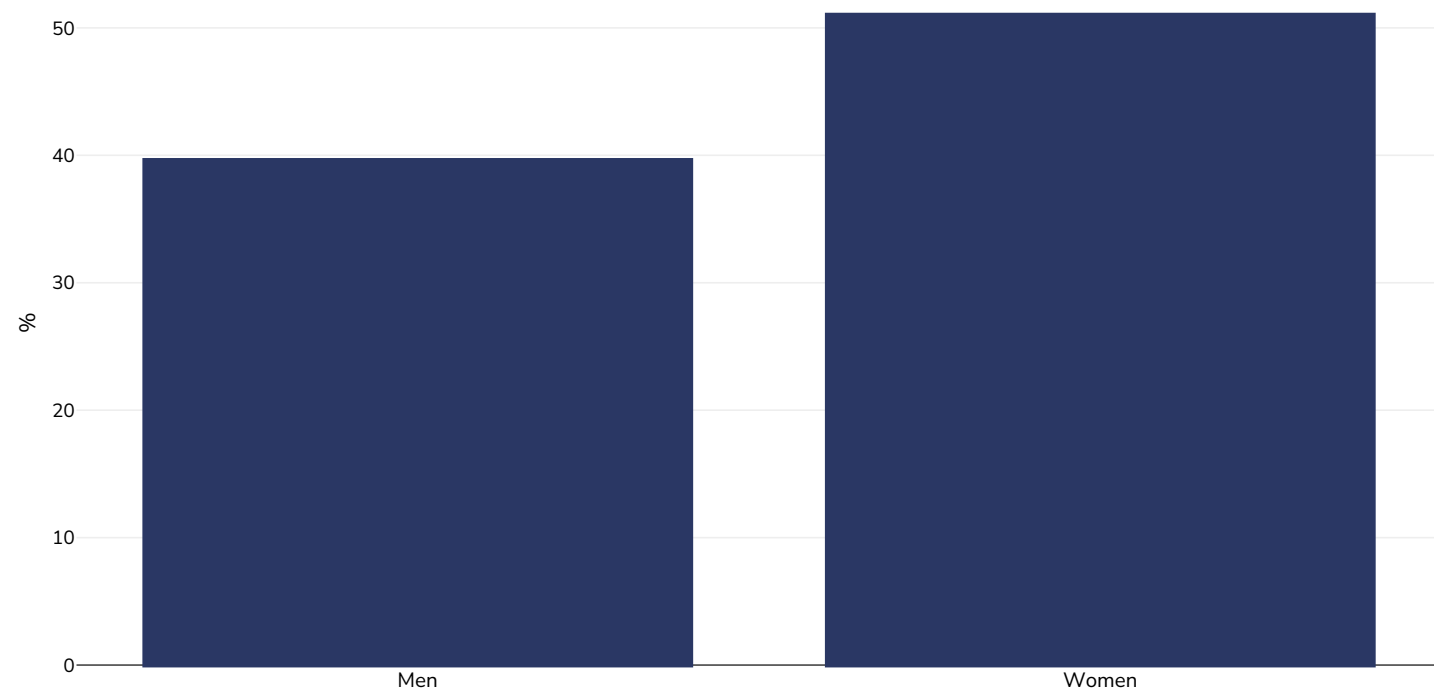
Sample size: 1772

References: The Kuwait Nutrition Surveillance System - Annual Report 2018 . Kuwait Nutrition Surveillance System. Ministry of Health.  
<https://www.moh.gov.kw/FoodNutrition/KNSSReport2018.pdf> (Last accessed 24.07.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Double burden of underweight & overweight

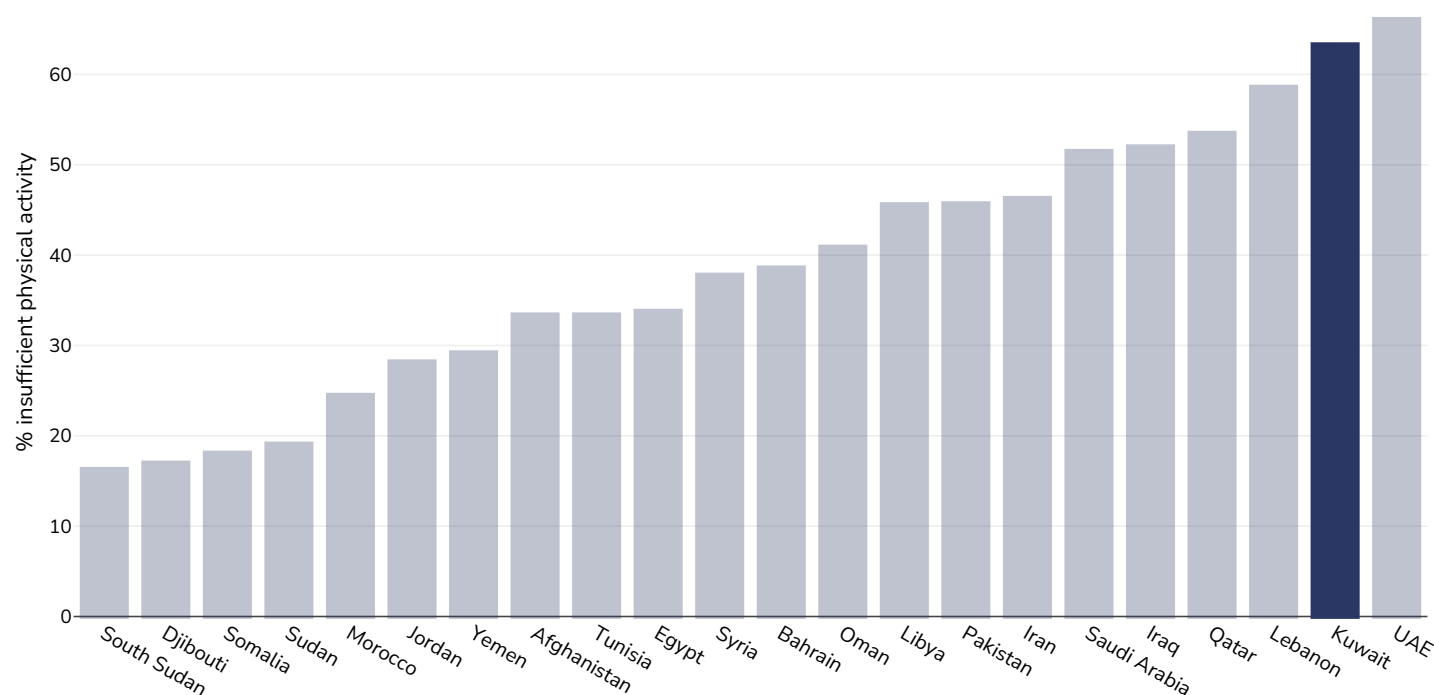
Adults, 2022



|              |                                                                                                                                                                                                                                                                                                                                                                            |
|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Survey type: | Measured                                                                                                                                                                                                                                                                                                                                                                   |
| Age:         | 20+                                                                                                                                                                                                                                                                                                                                                                        |
| References:  | NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. <a href="https://doi.org/10.1016/S0140-6736(23)02750-2">https://doi.org/10.1016/S0140-6736(23)02750-2</a> . |
| Notes:       | Age Standardised estimates                                                                                                                                                                                                                                                                                                                                                 |
| Definitions: | Combined prevalence of BMI<18.5 kg/m <sup>2</sup> and BMI≥30 kg/m <sup>2</sup> (double burden of underweight and obesity)                                                                                                                                                                                                                                                  |

## Insufficient physical activity

Adults, 2022



Survey type: Self-reported

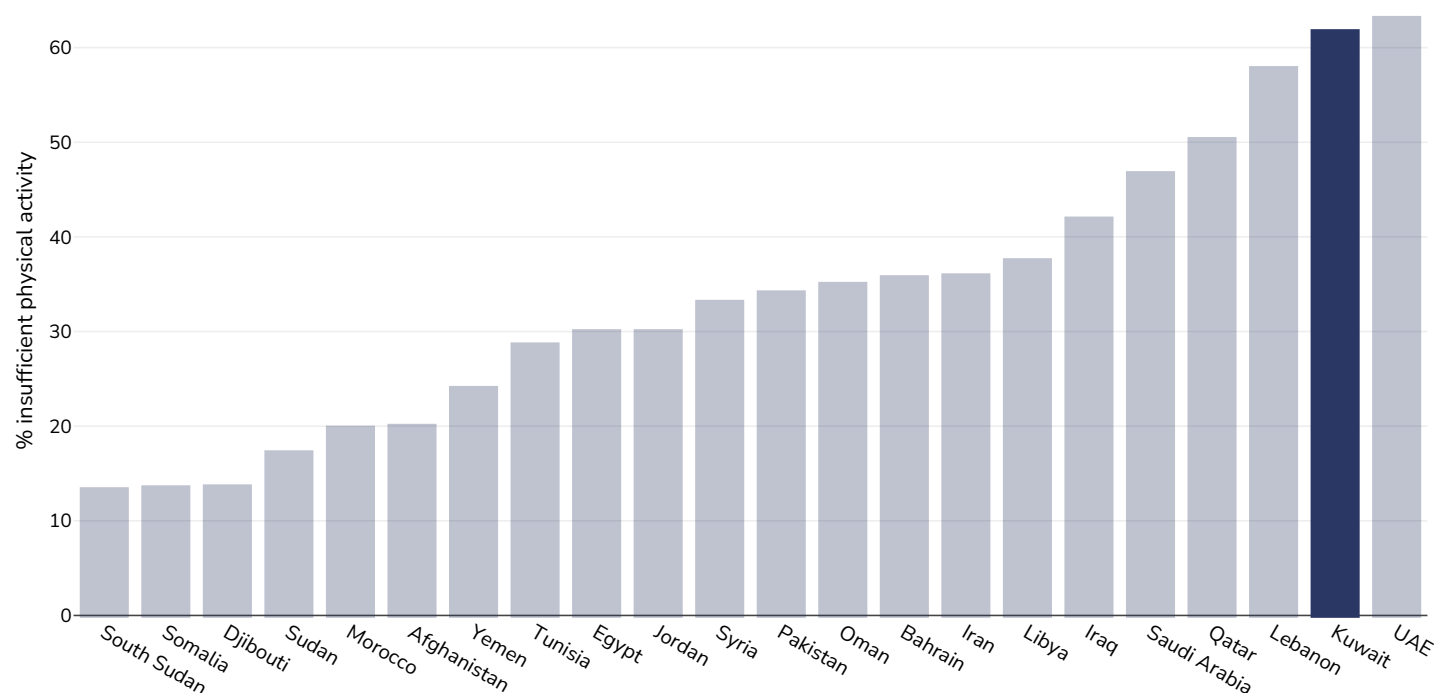
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Men, 2022



Survey type: Self-reported

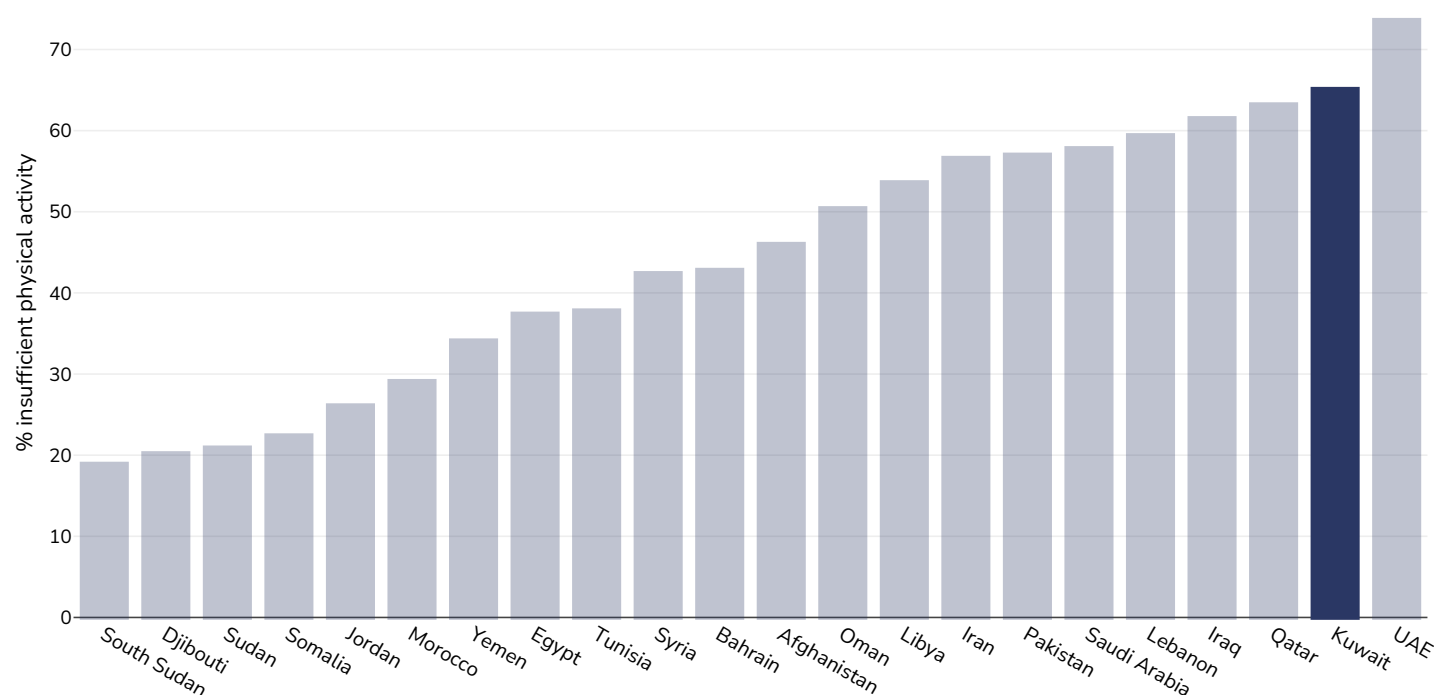
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Women, 2022



Survey type: Self-reported

Age: 18+

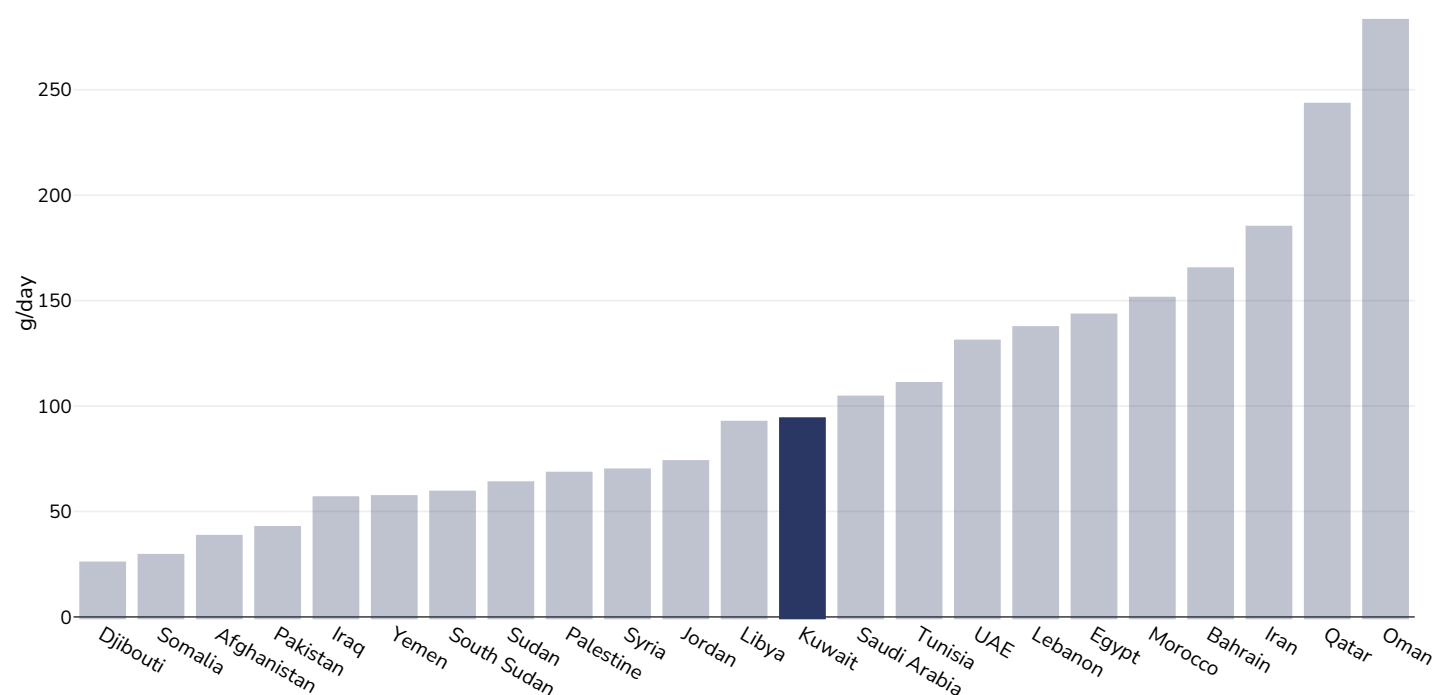
Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Estimated per capita fruit intake

Adults, 2017



Survey type: Measured

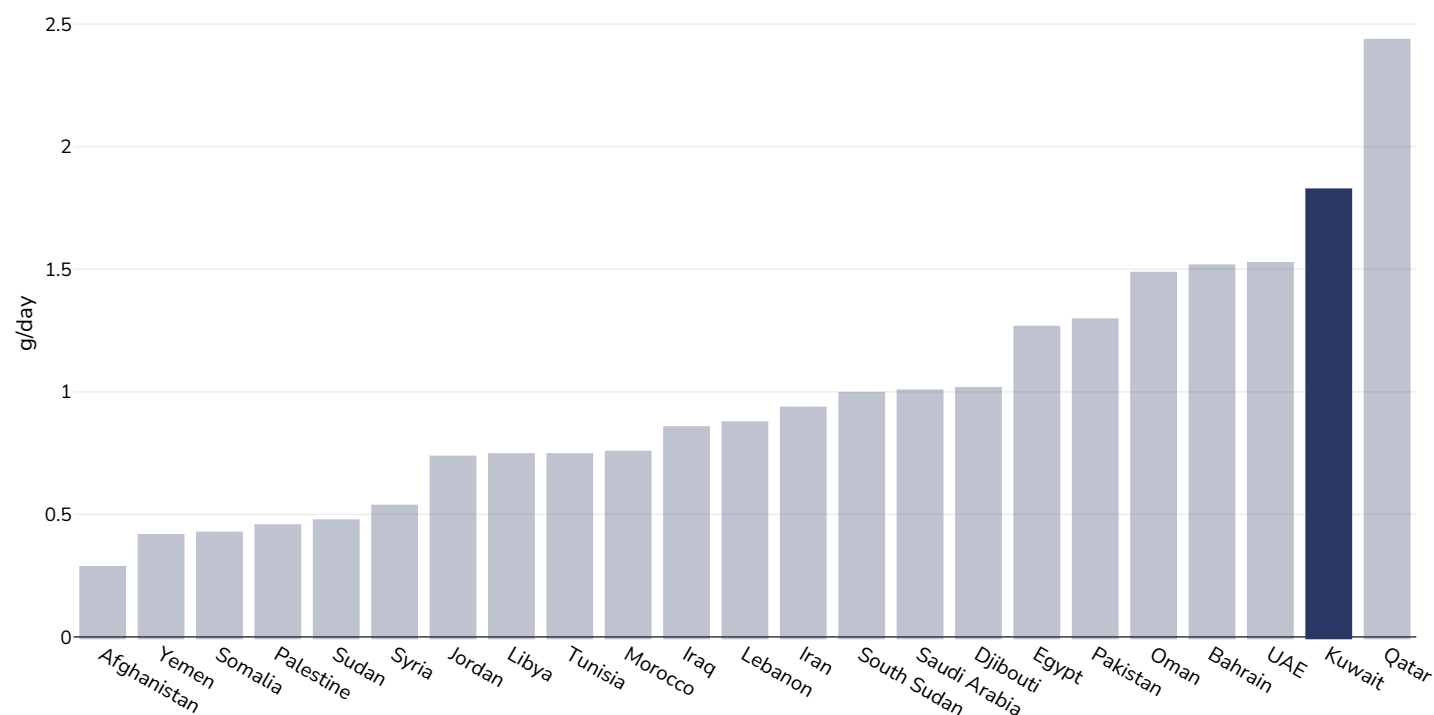
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita fruit intake (g/day)

## Estimated per-capita processed meat intake

Adults, 2017



Survey type: Measured

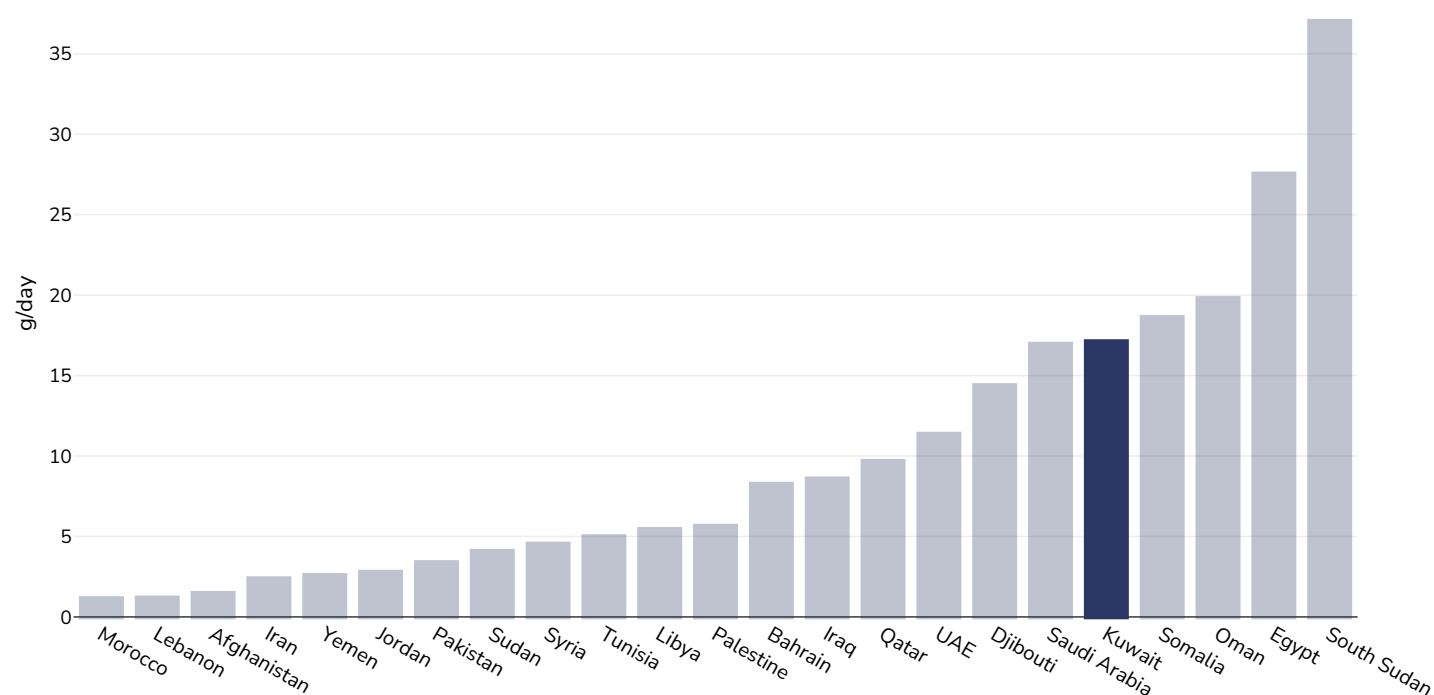
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

Adults, 2017



Survey type: Measured

Age: 25+

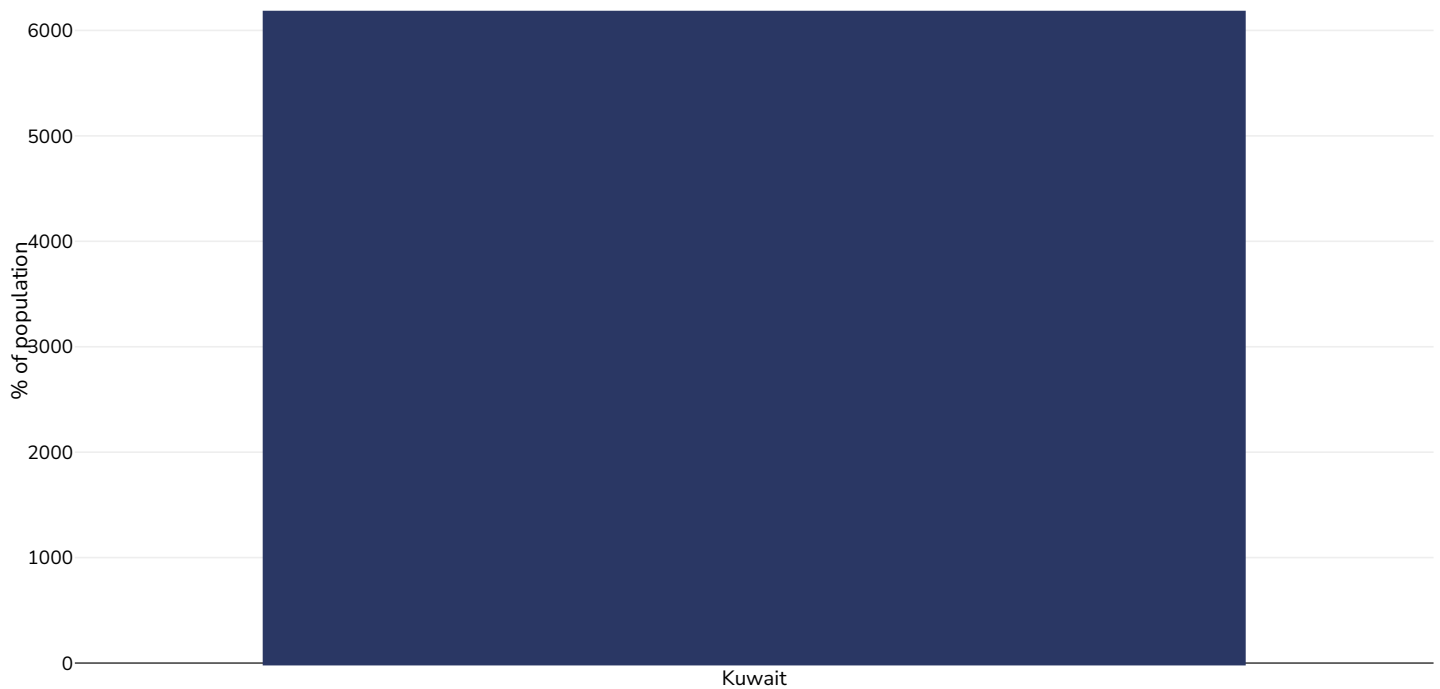
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita whole grains intake (g/day)



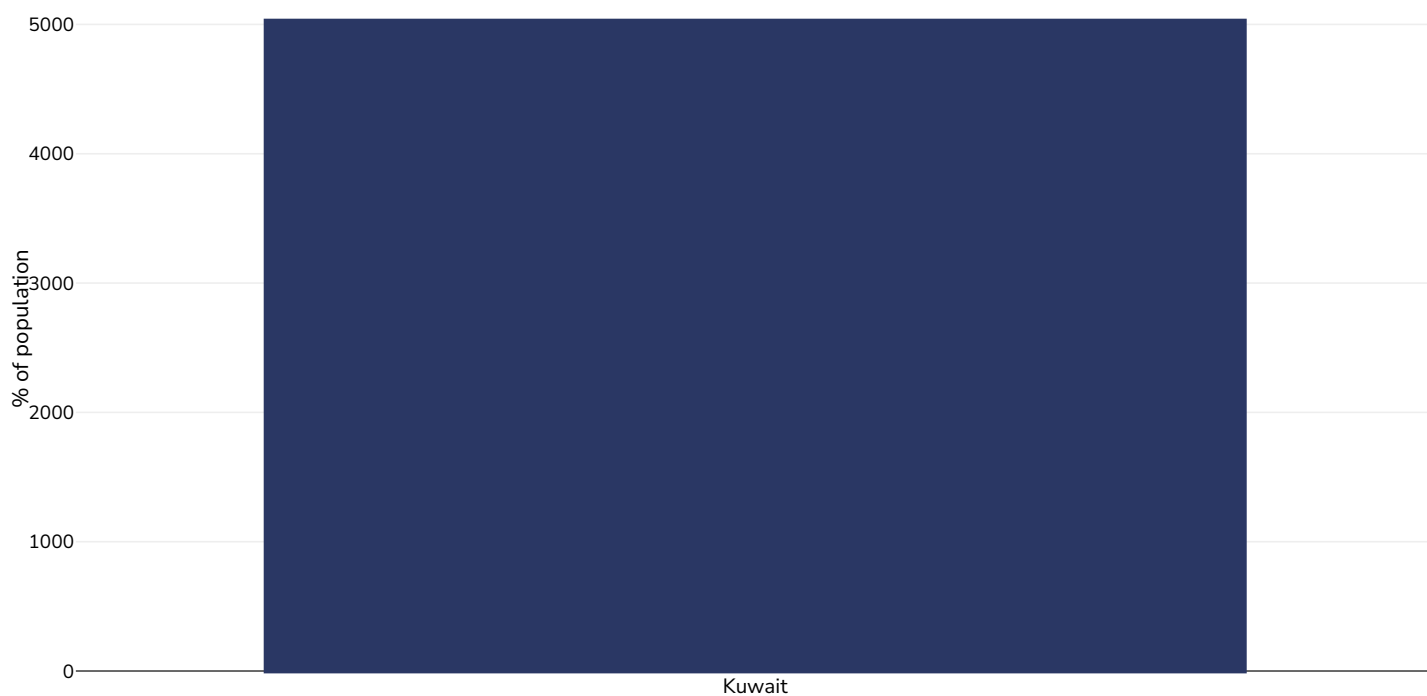
## Mental health - depression disorders

### Adults, 2021



|               |                                                                                                                                                                                                                                                                                                                             |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                         |
| Area covered: | National                                                                                                                                                                                                                                                                                                                    |
| References:   | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25) |
| Definitions:  | Number living with depression per 100,000 population (adults 20+ years)                                                                                                                                                                                                                                                     |

## Men, 2021



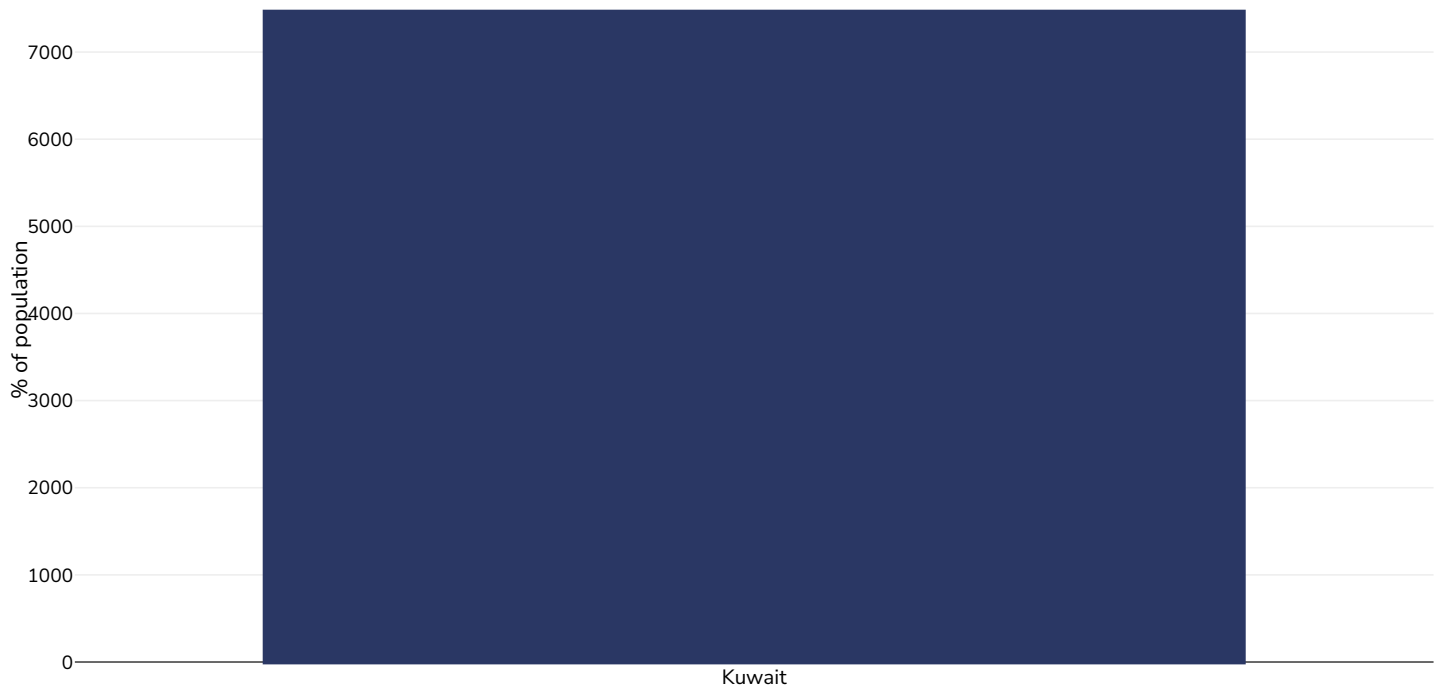
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

## Women, 2021



|               |                                                                                                                                                                                                                                                                                                                             |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                         |
| Area covered: | National                                                                                                                                                                                                                                                                                                                    |
| References:   | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25) |
| Definitions:  | Number living with depression per 100,000 population (adults 20+ years)                                                                                                                                                                                                                                                     |

## Mental health - anxiety disorders

### Adults, 2021

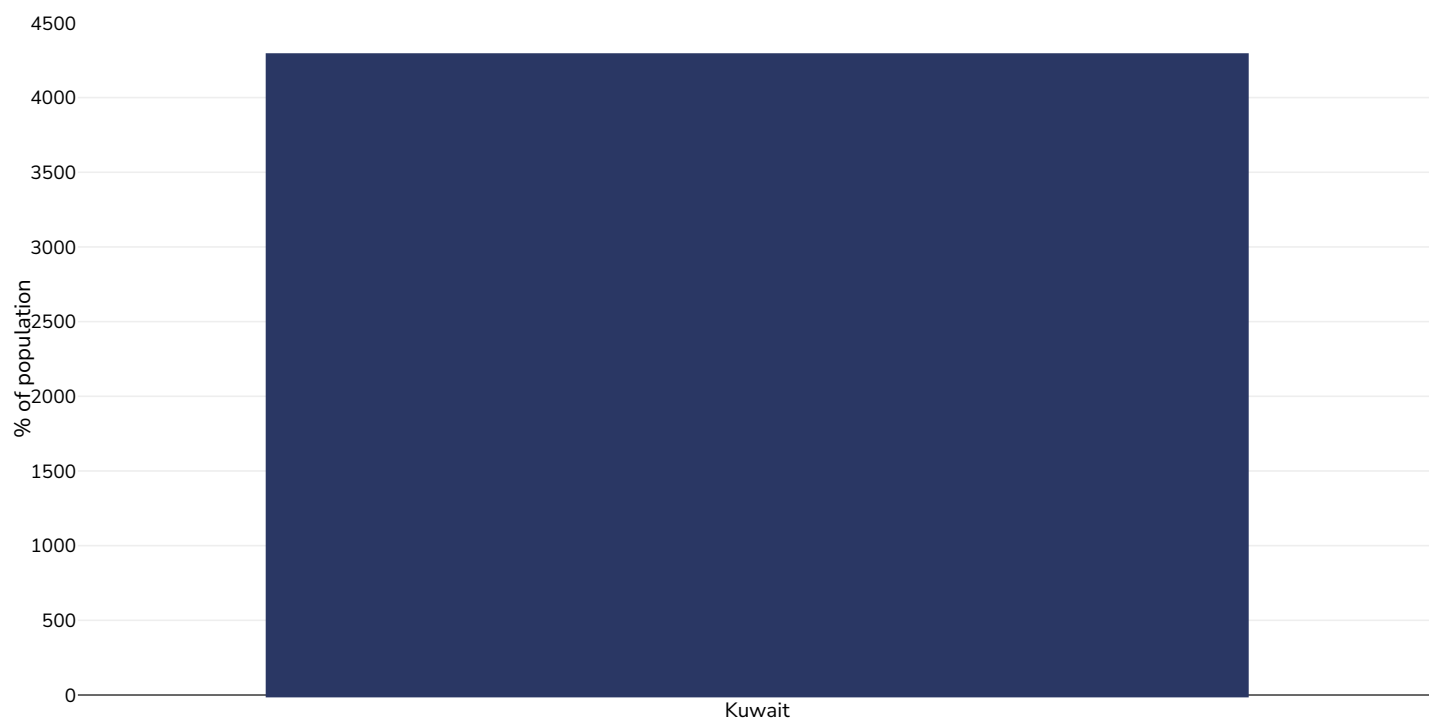


Age: 20+

**References:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitions:** Number living with anxiety per 100,000 population

## Men, 2021

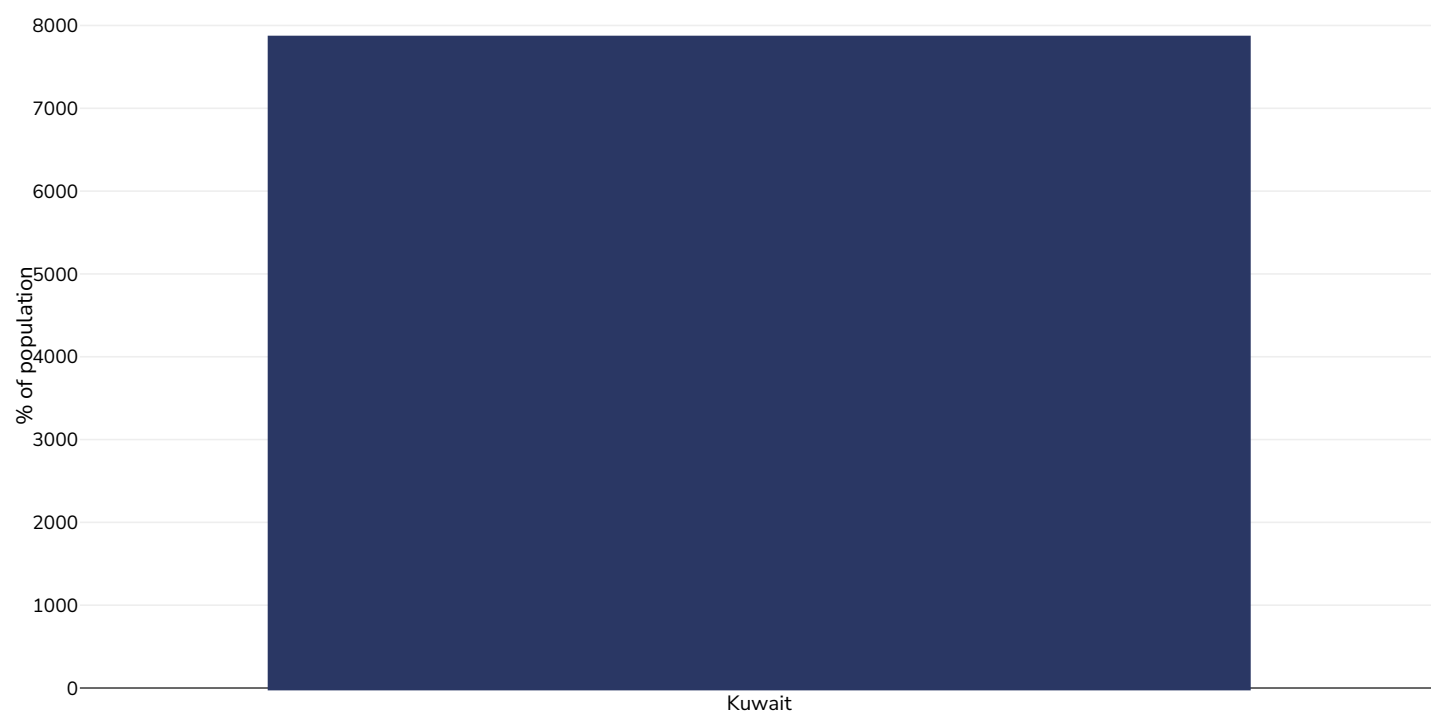


Age: 20+

**References:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitions:** Number living with anxiety per 100,000 population

## Women, 2021



Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population

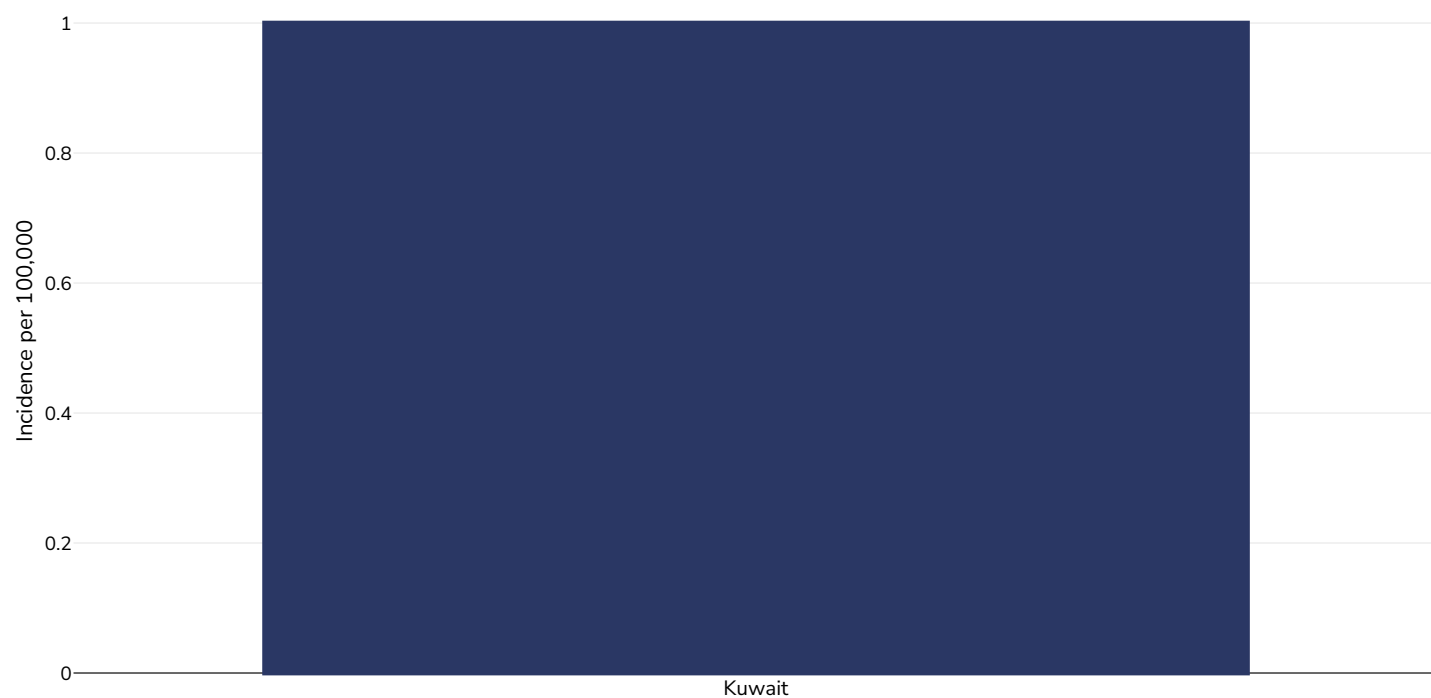
## Oesophageal cancer

### Men, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Indicence per 100,000                                                                                                                                                                                                                                                                                                                |

## Women, 2022

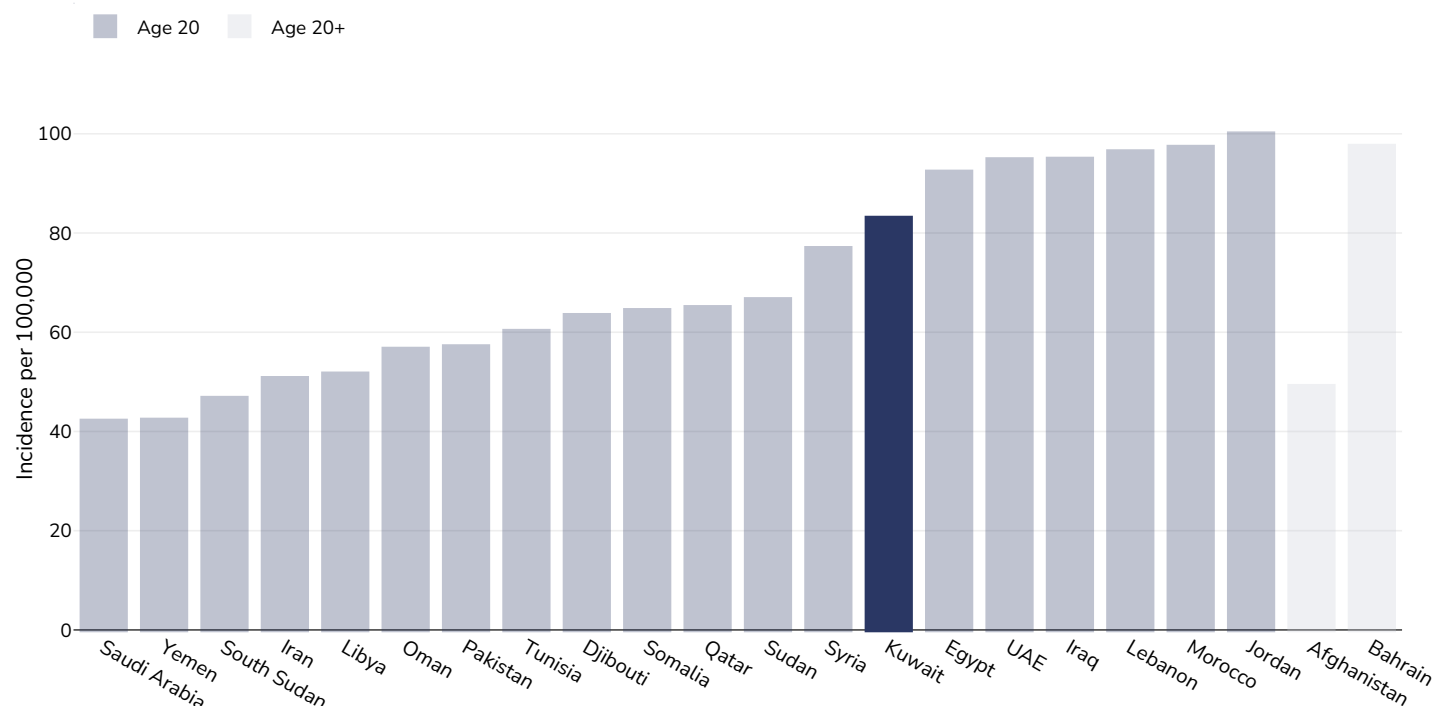


|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Indicence per 100,000                                                                                                                                                                                                                                                                                                                |



## Breast cancer

### Women, 2022



Area covered:

National

References:

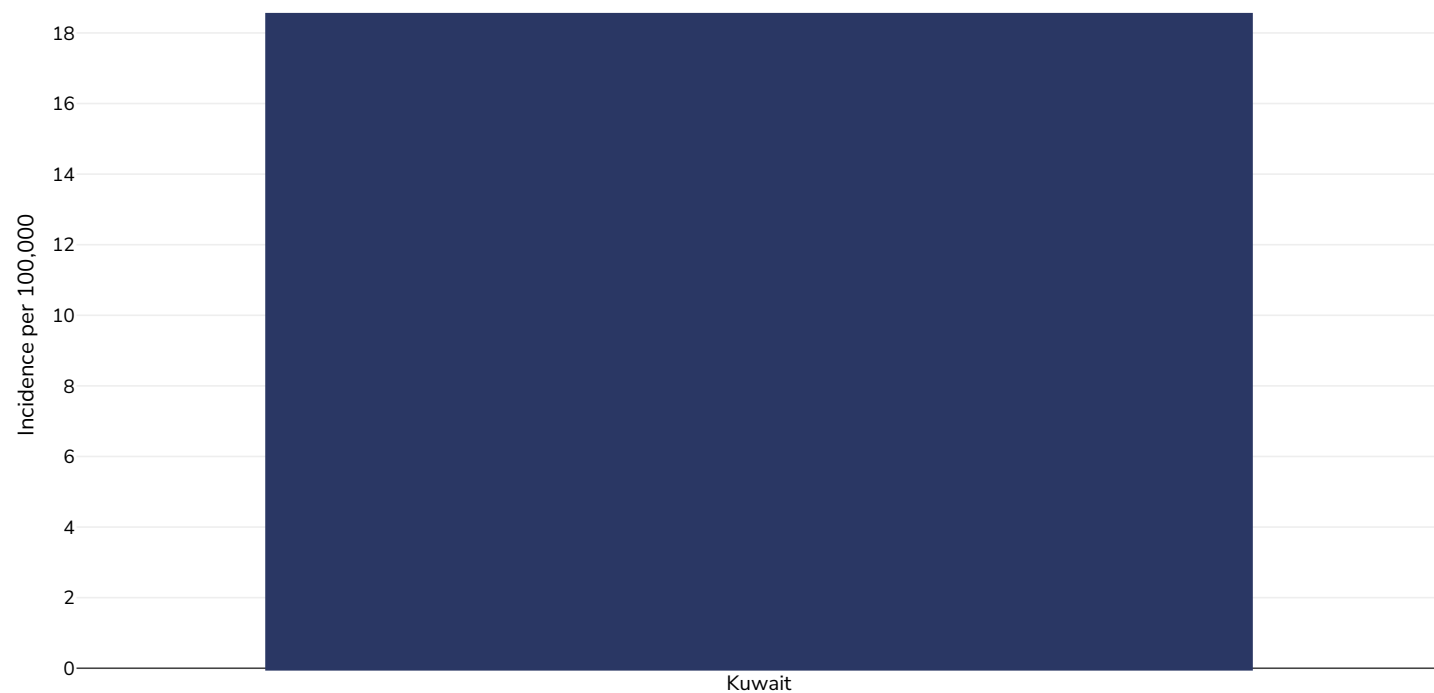
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions:

Incidence per 100,000

## Colorectal cancer

### Men, 2022



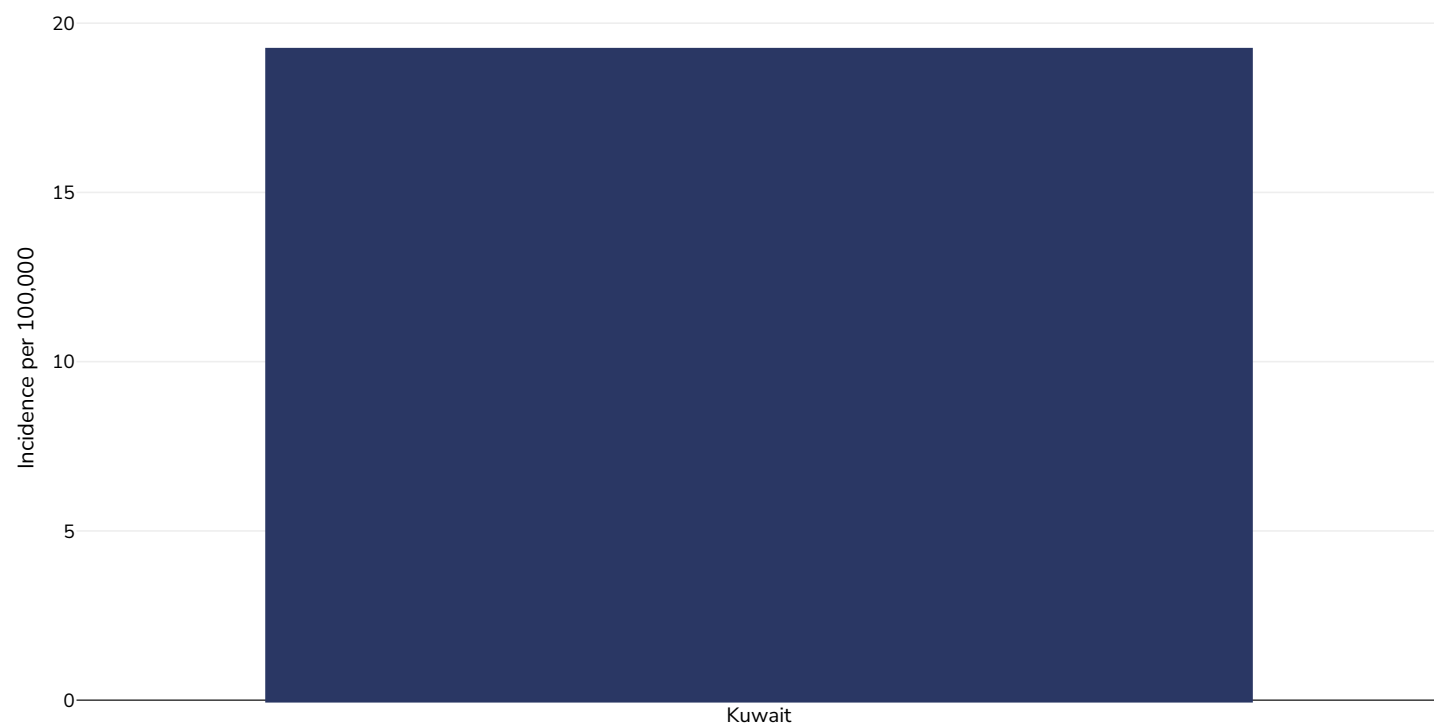
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

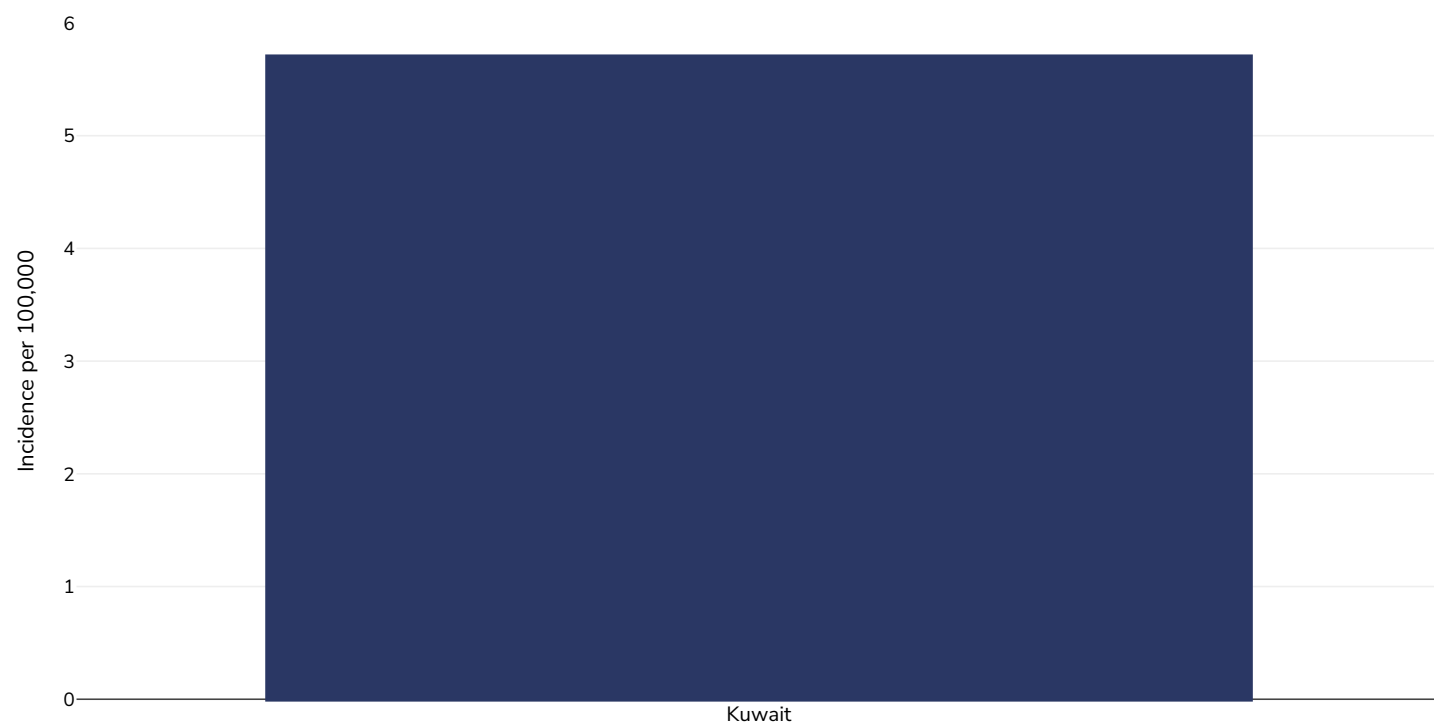
## Women, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000                                                                                                                                                                                                                                                                                                                |

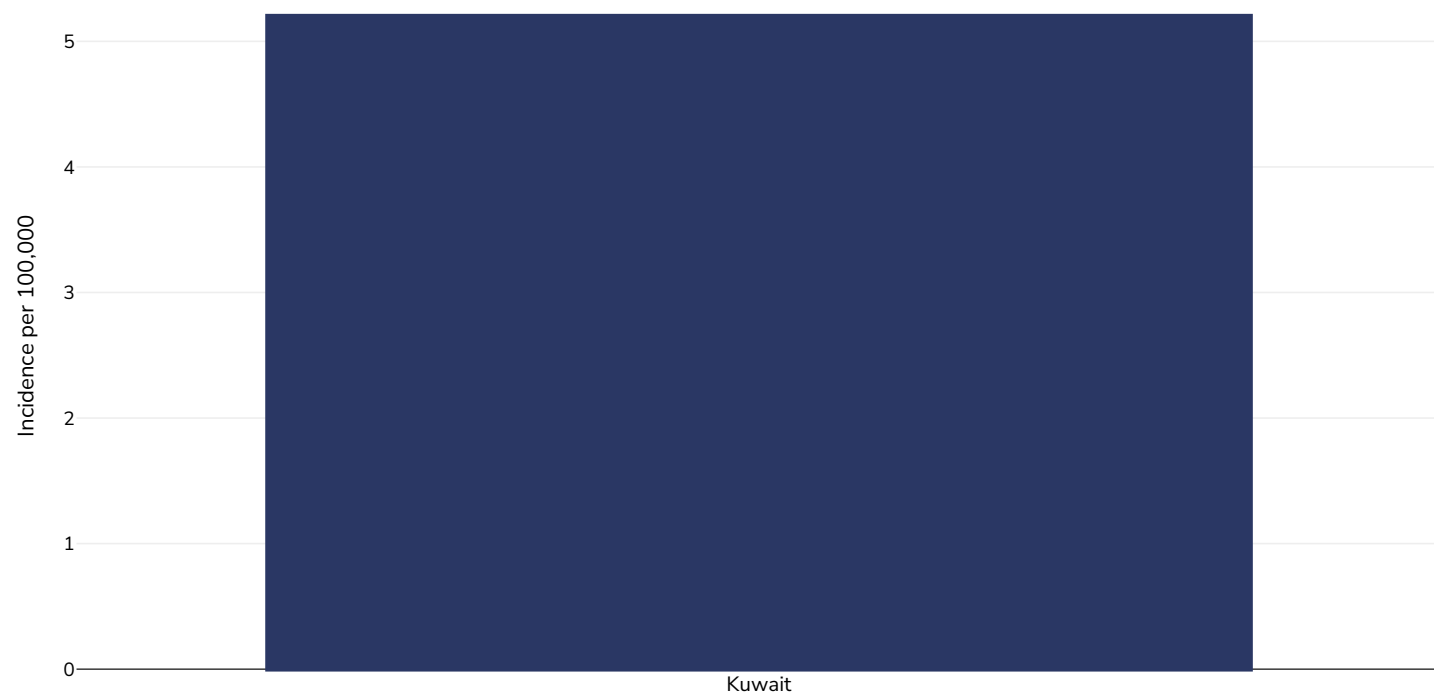
## Pancreatic cancer

### Men, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000                                                                                                                                                                                                                                                                                                                |

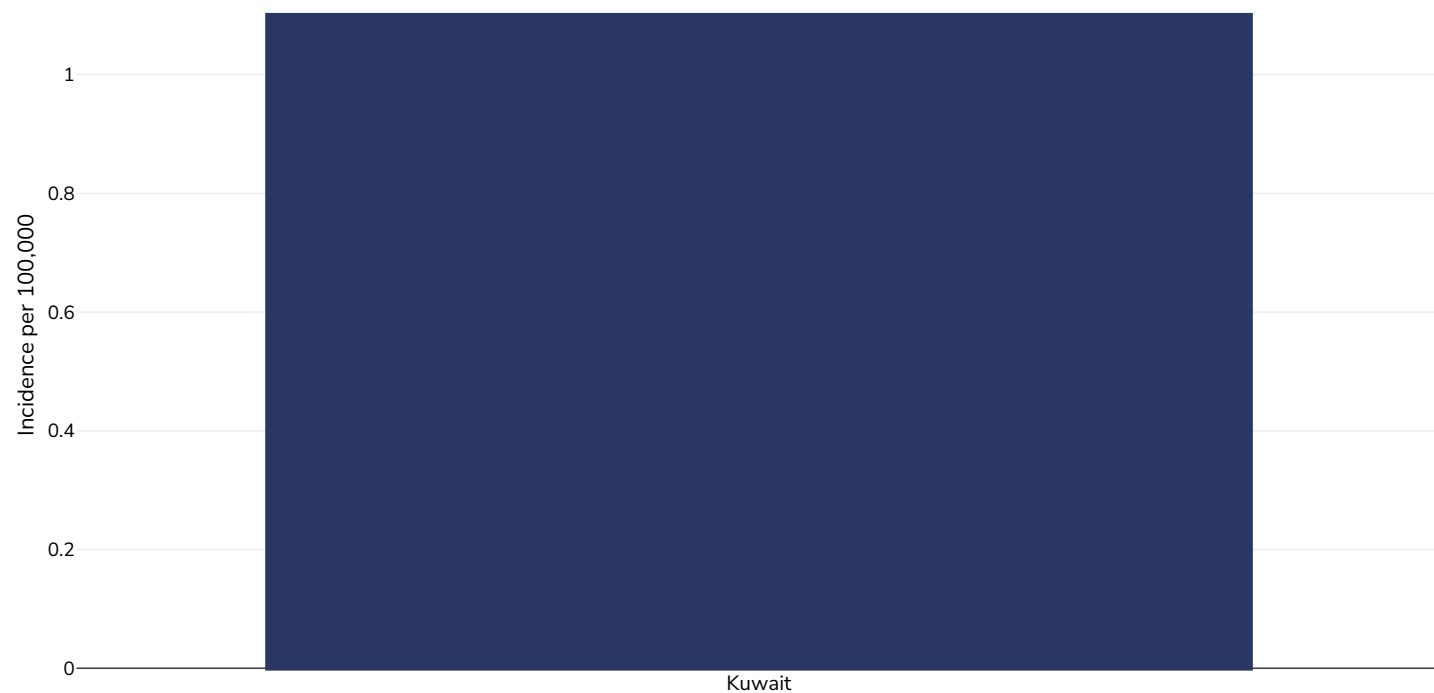
## Women, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000                                                                                                                                                                                                                                                                                                                |

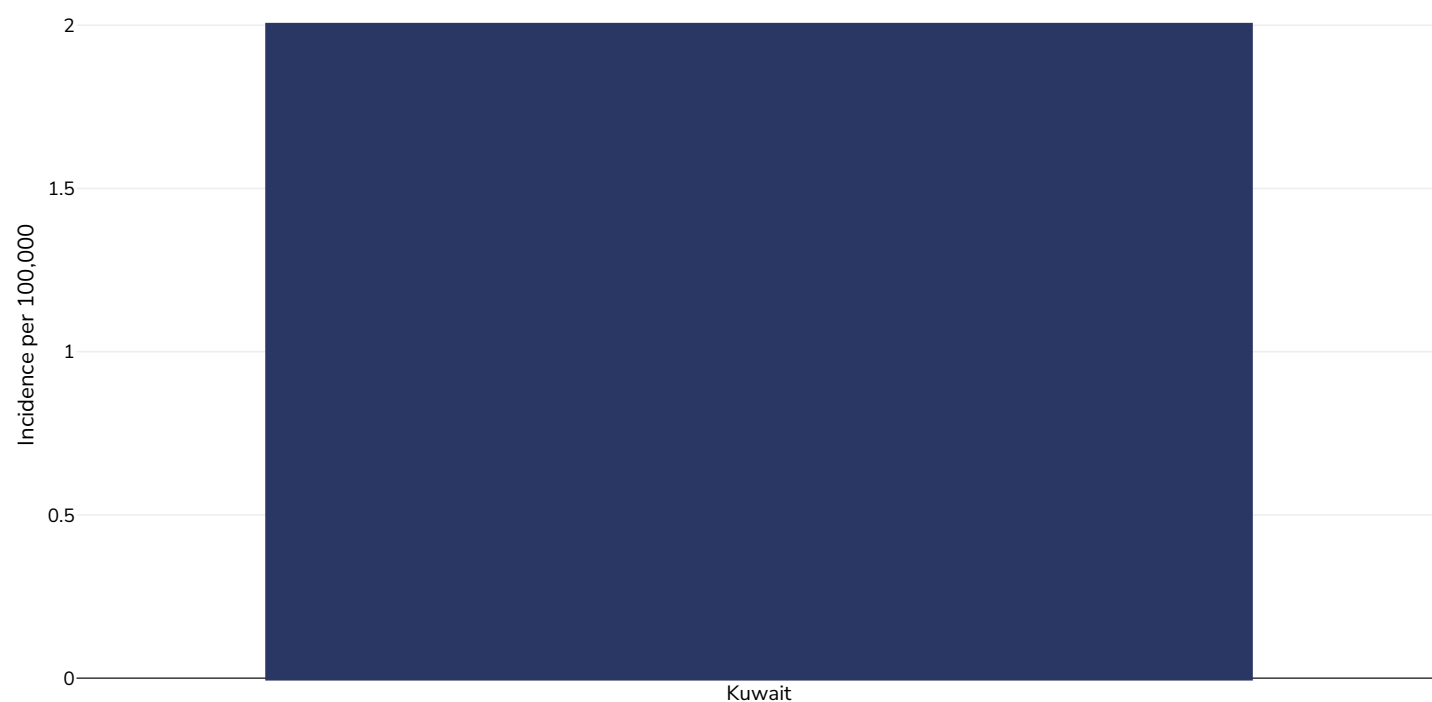
## Gallbladder cancer

Men, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Indicence per 100,000                                                                                                                                                                                                                                                                                                                |

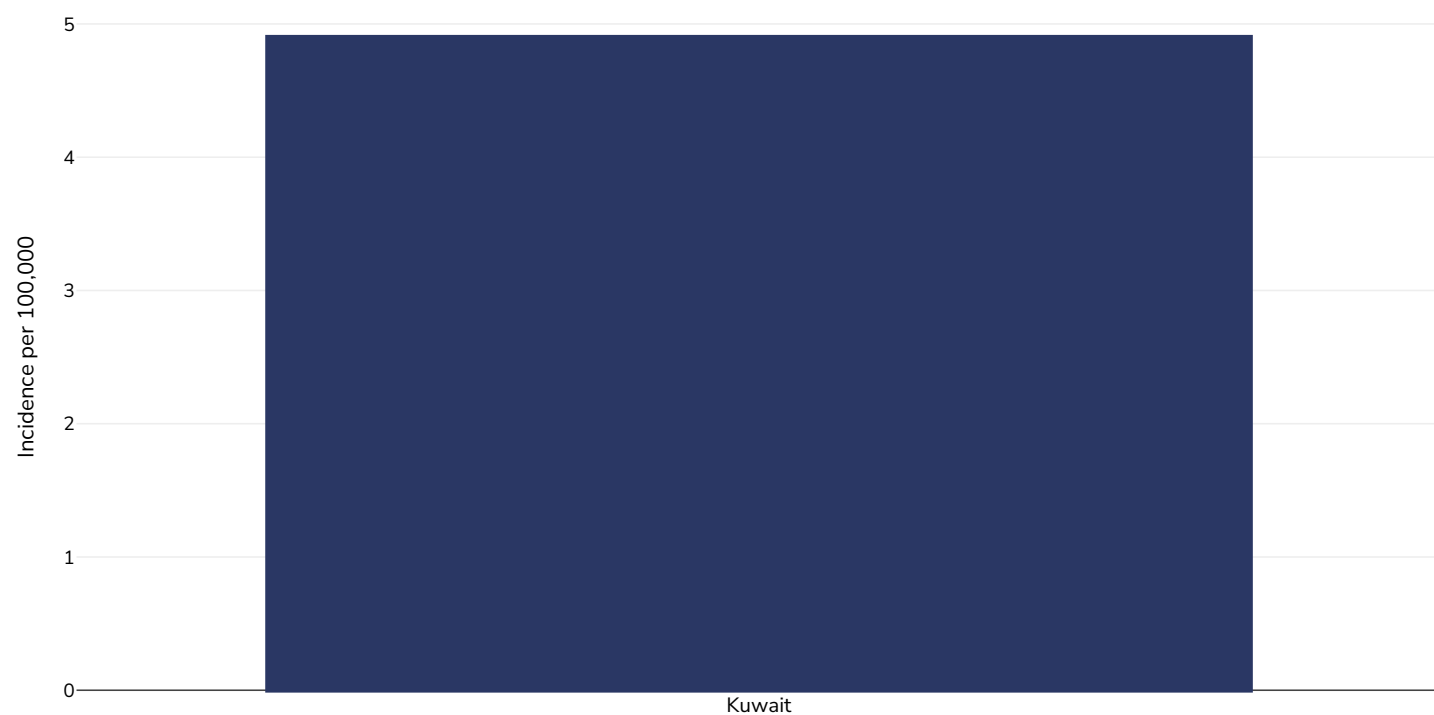
## Women, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Indicence per 100,000                                                                                                                                                                                                                                                                                                                |

## Kidney cancer

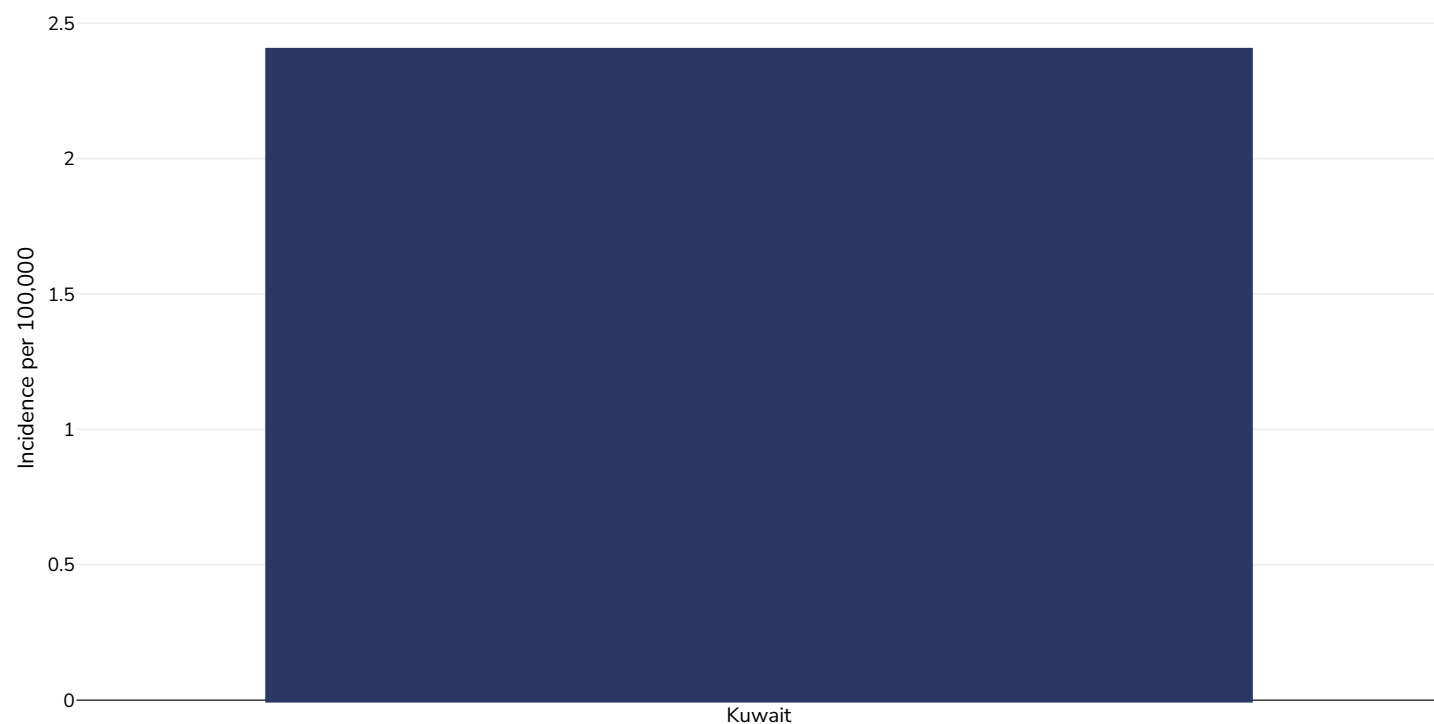
### Men, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000                                                                                                                                                                                                                                                                                                                |



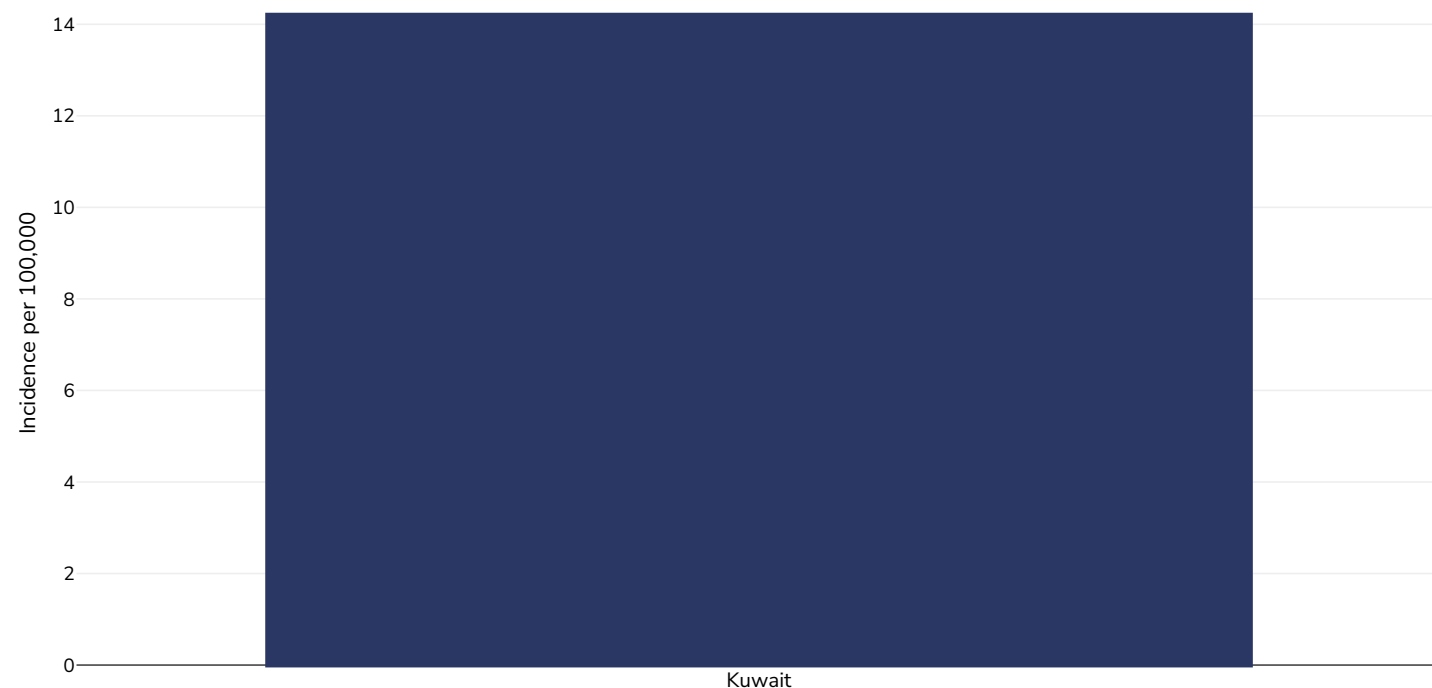
## Women, 2022



|               |                                                                                                                                                                                                                                                                                                                                      |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:          | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered: | National                                                                                                                                                                                                                                                                                                                             |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000                                                                                                                                                                                                                                                                                                                |

## Cancer of the uterus

### Women, 2022



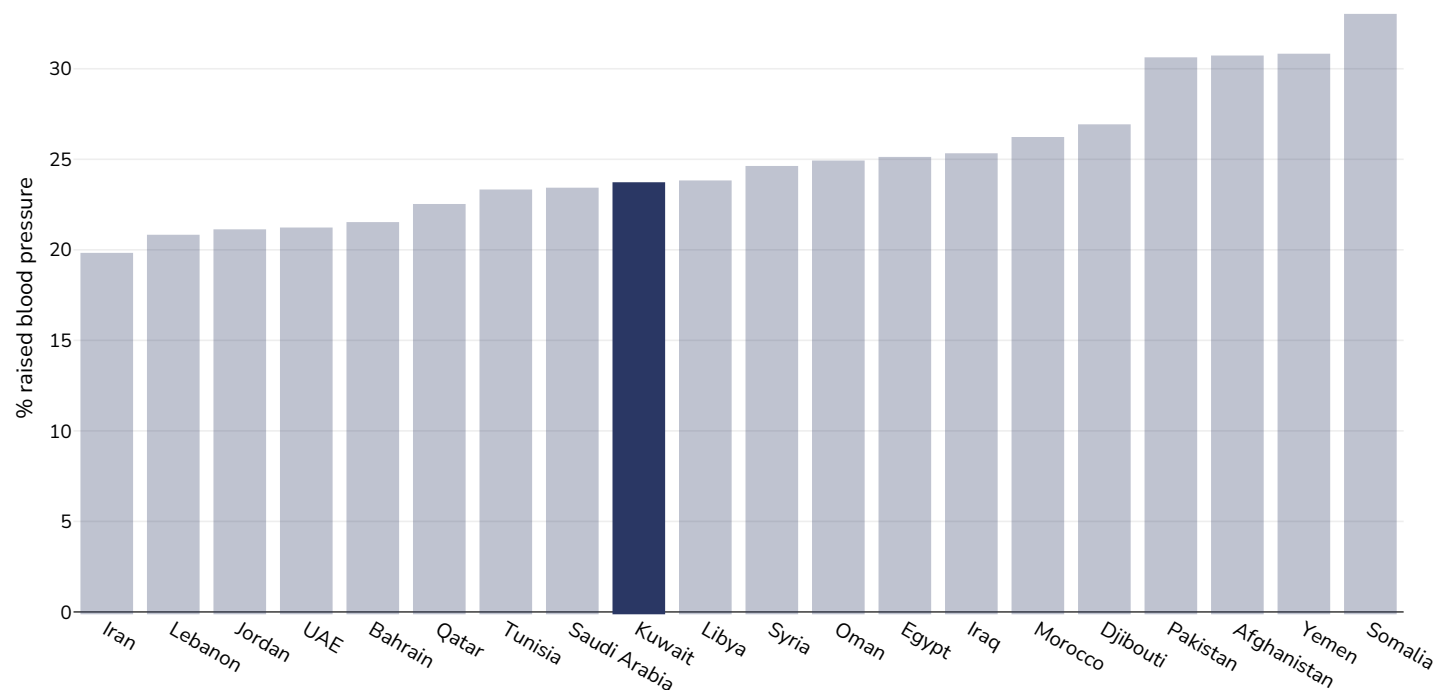
Age: 20+

**References:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definitions:** Incidence per 100,000

## Raised blood pressure

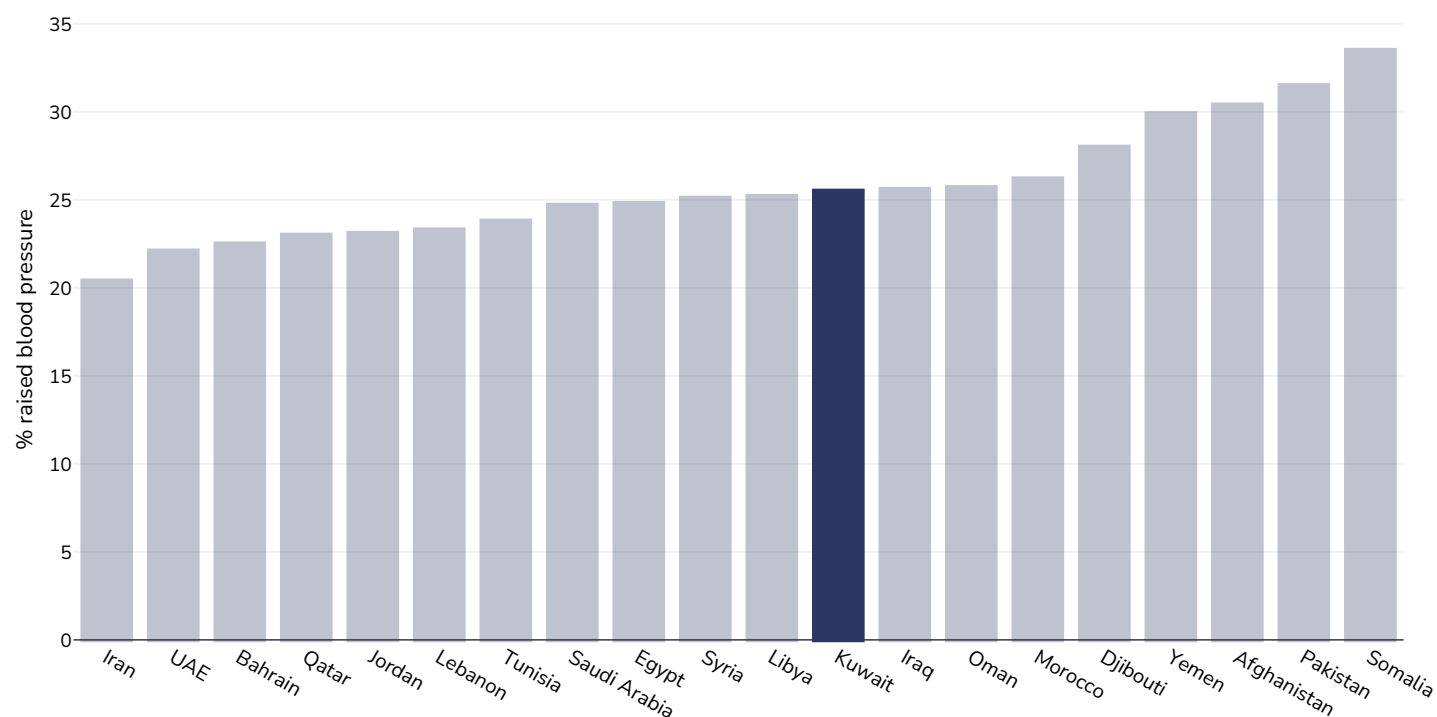
Adults, 2015



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

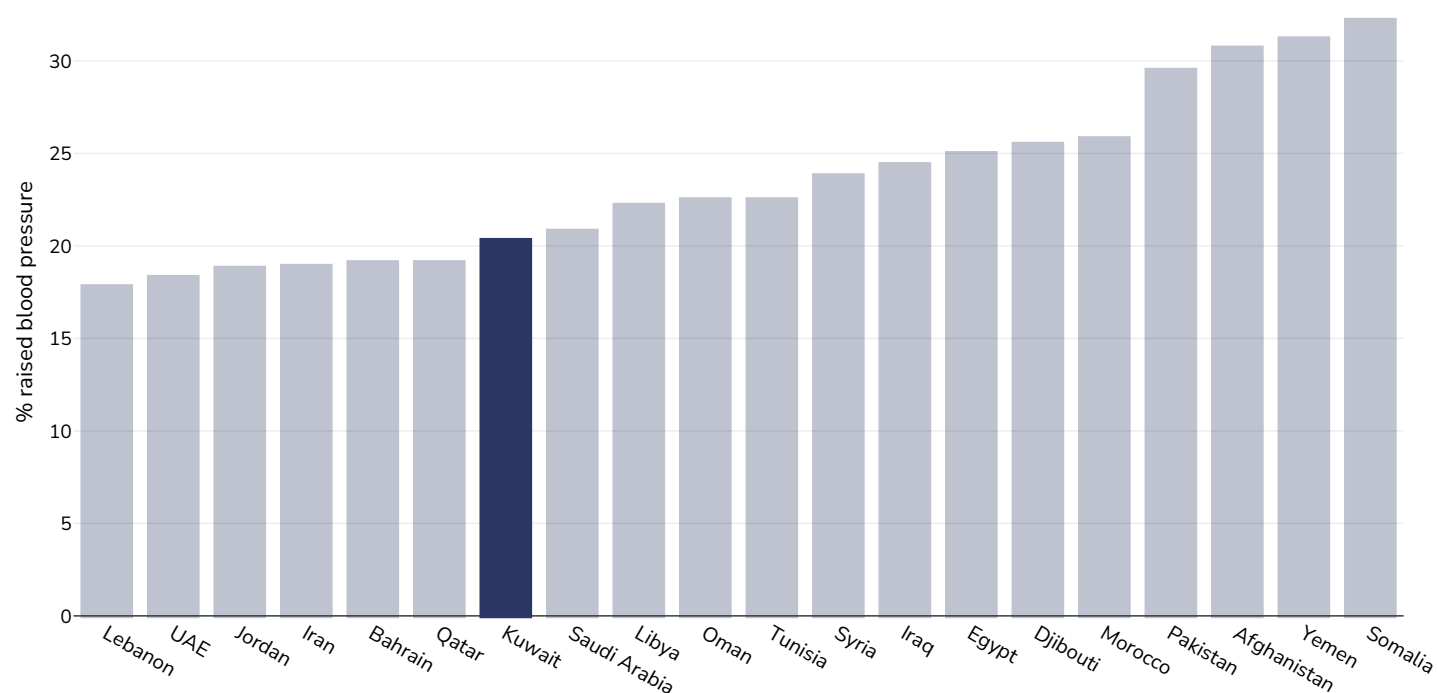
## Men, 2015



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Women, 2015

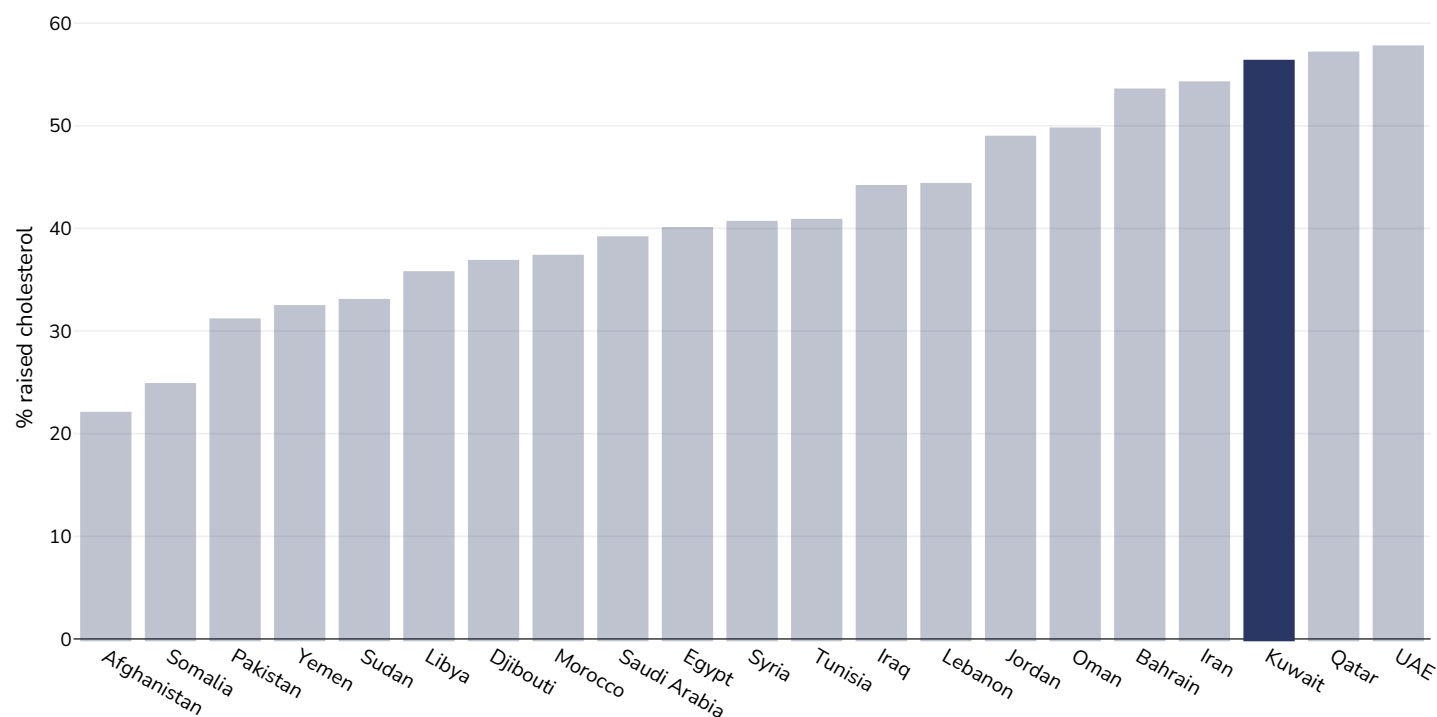


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Raised cholesterol

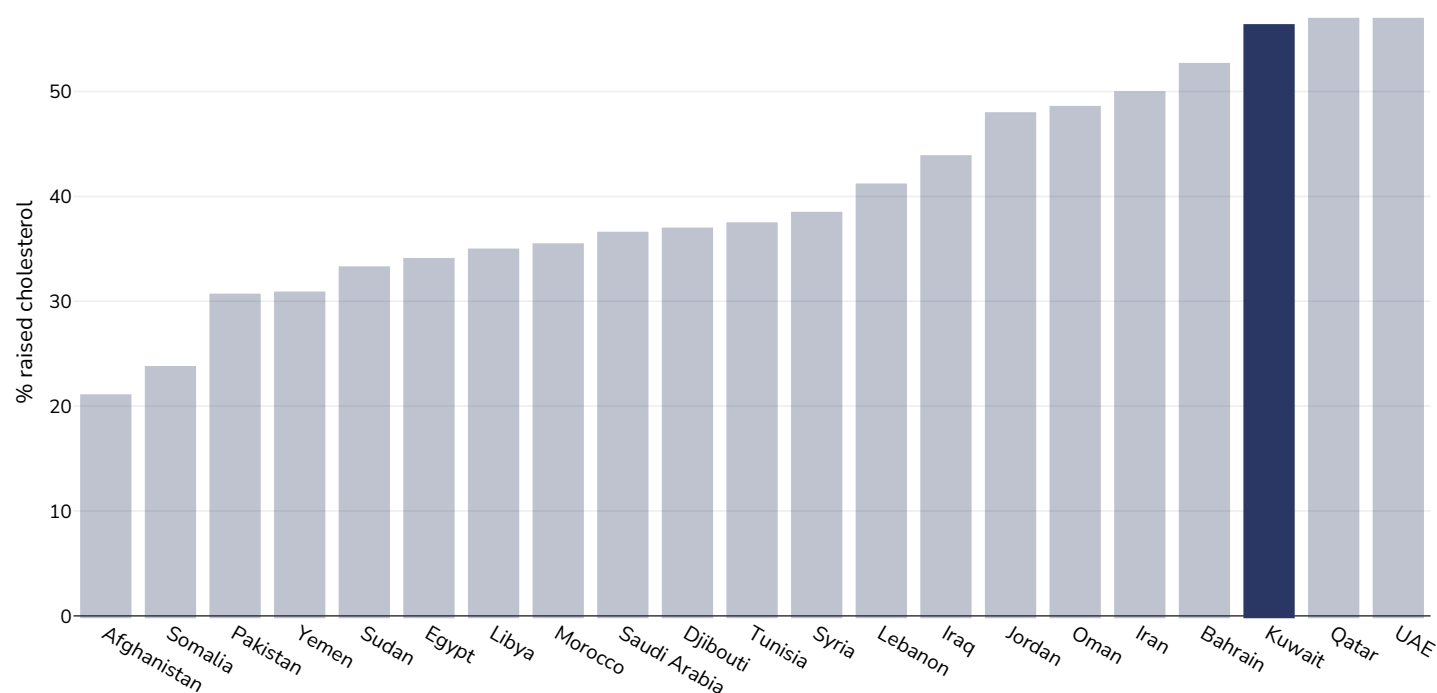
### Adults, 2008



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

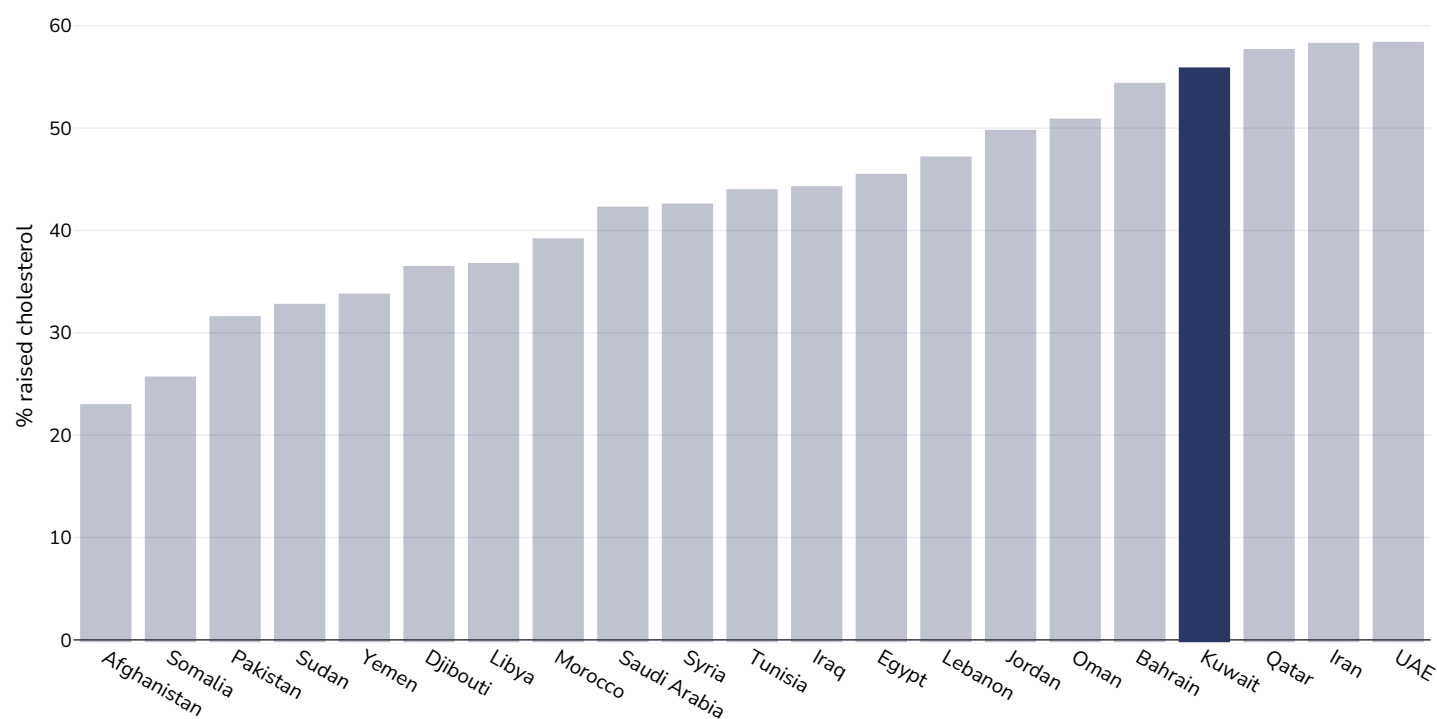
## Men, 2008



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Women, 2008



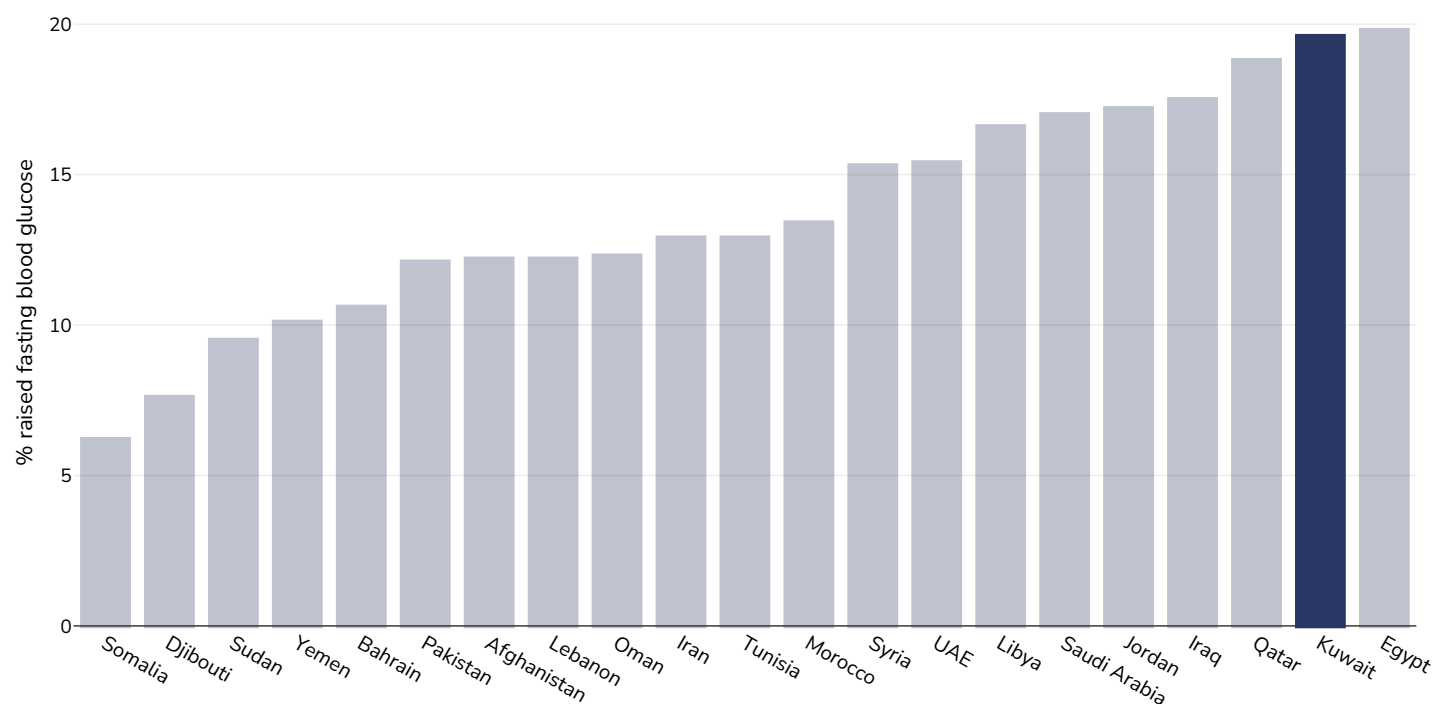
**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).



## Raised fasting blood glucose

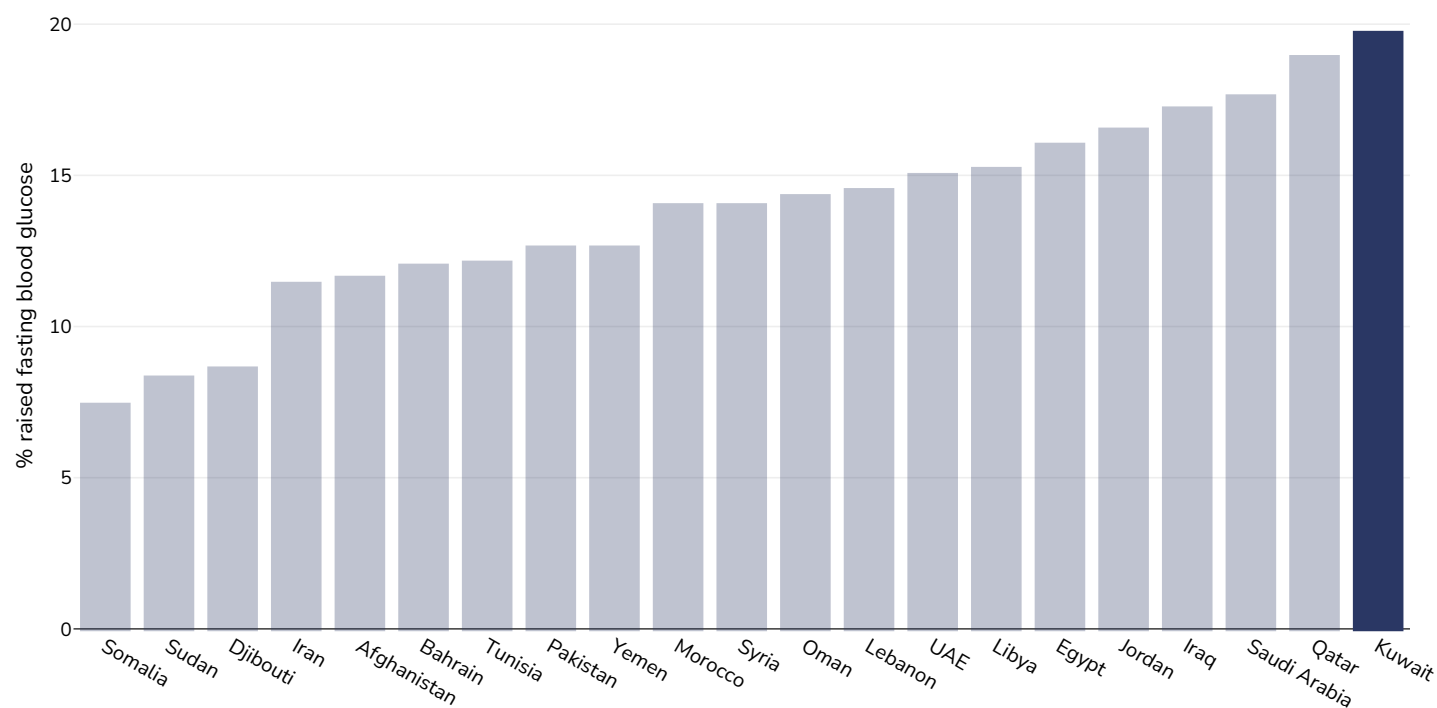
Men, 2014



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definitions:** Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Women, 2014

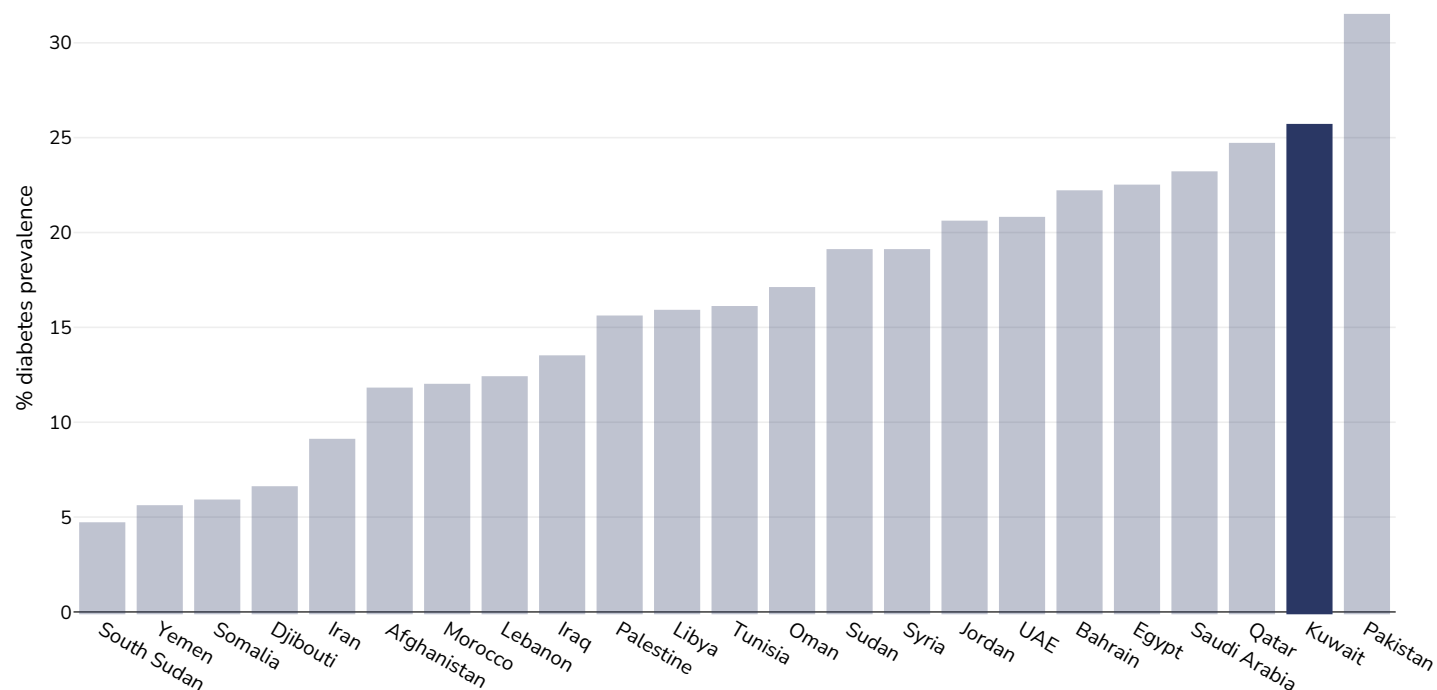


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definitions:** Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Diabetes prevalence

Adults, 2024

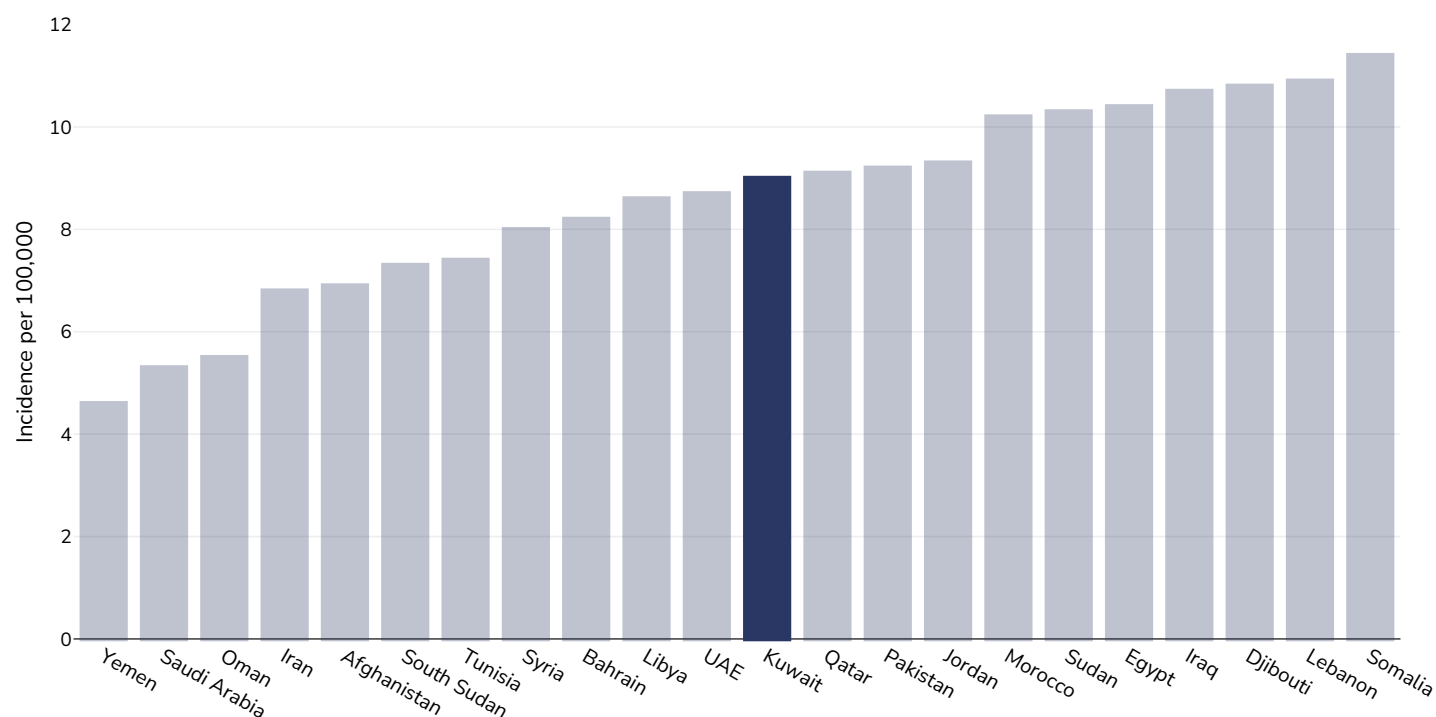


**References:**

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

## Ovarian Cancer

### Women, 2022



Age: 20+

**References:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definitions:** Incidence per 100,000

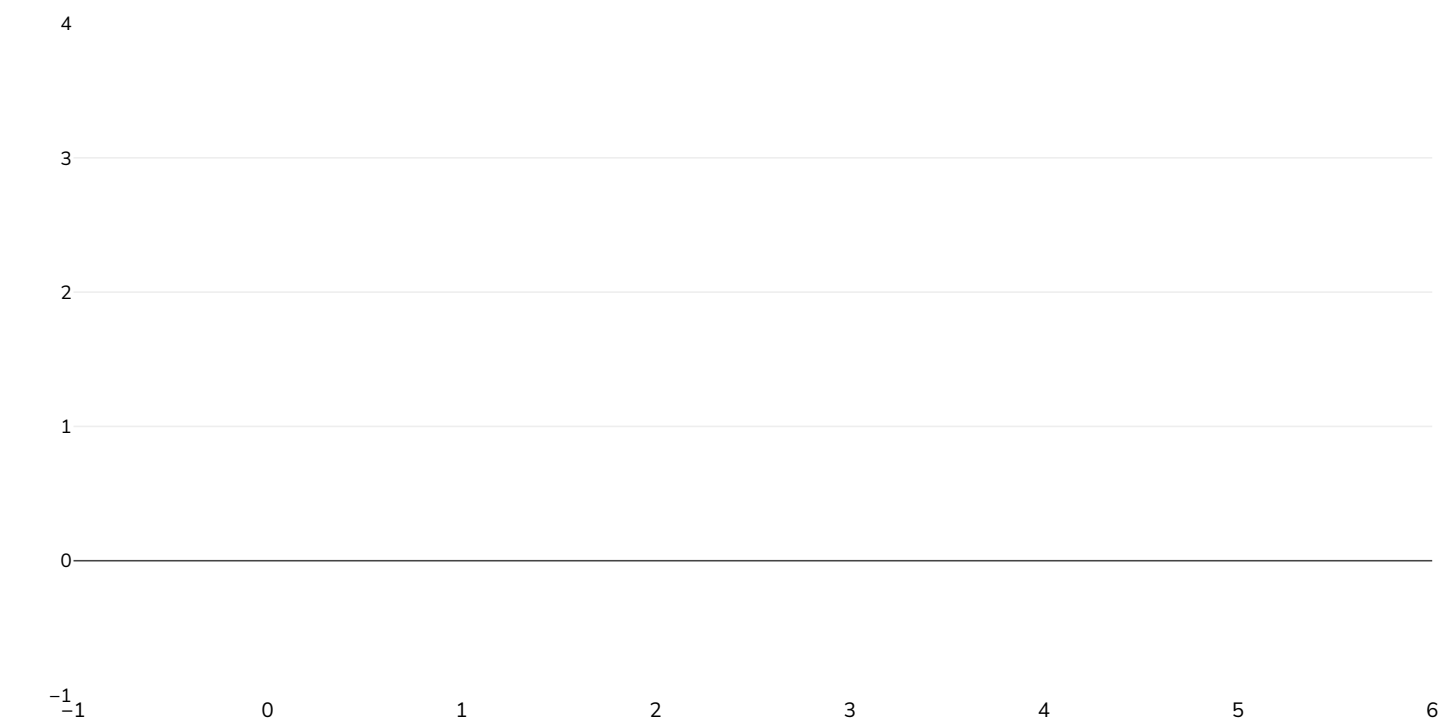
## Leukemia

### Men, 2022



|                                                                                                                              |                                                                                                                                                                                                                                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:                                                                                                                         | 20+                                                                                                                                                                                                                                                                                                                                  |
| Area covered:                                                                                                                | National                                                                                                                                                                                                                                                                                                                             |
| References:                                                                                                                  | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:                                                                                                                 | Incidence per 100,000                                                                                                                                                                                                                                                                                                                |
| Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m². |                                                                                                                                                                                                                                                                                                                                      |

## Women, 2022



Age: 20+

Area covered: National

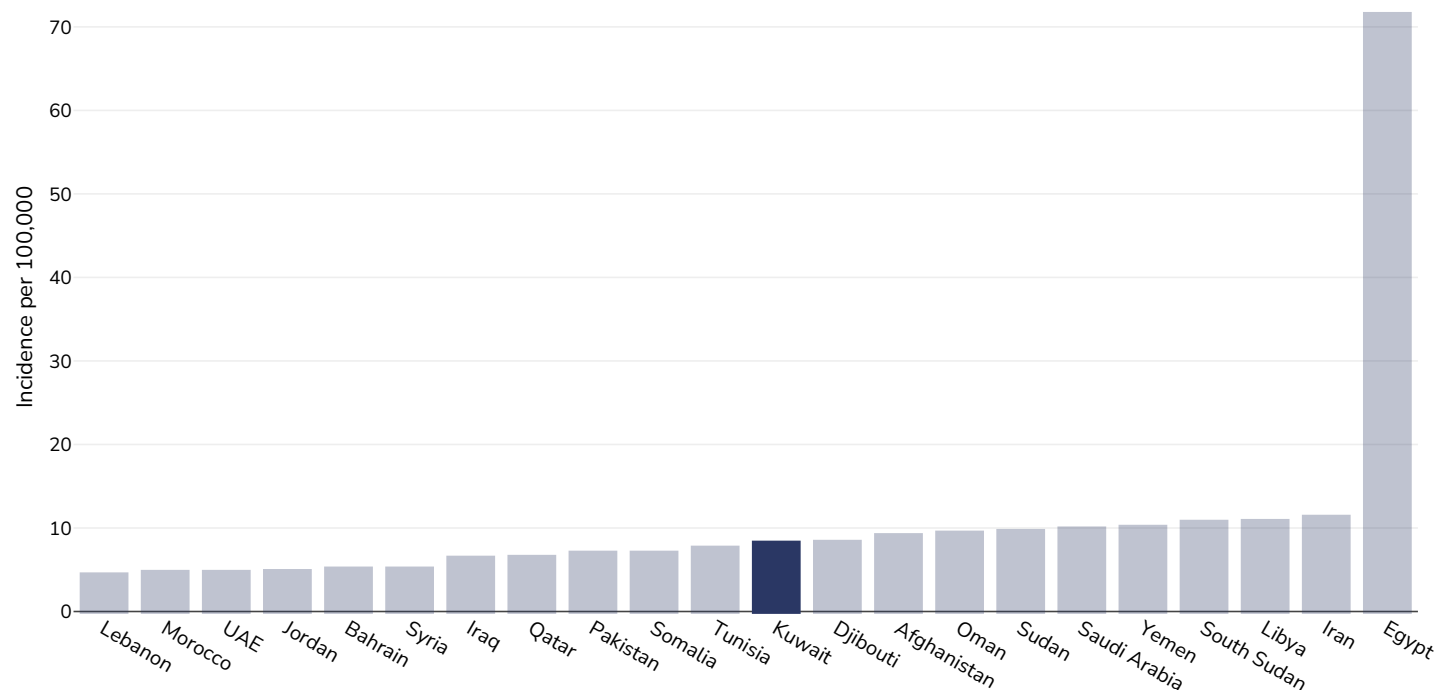
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Liver and intrahepatic bile duct Cancer

### Men, 2022



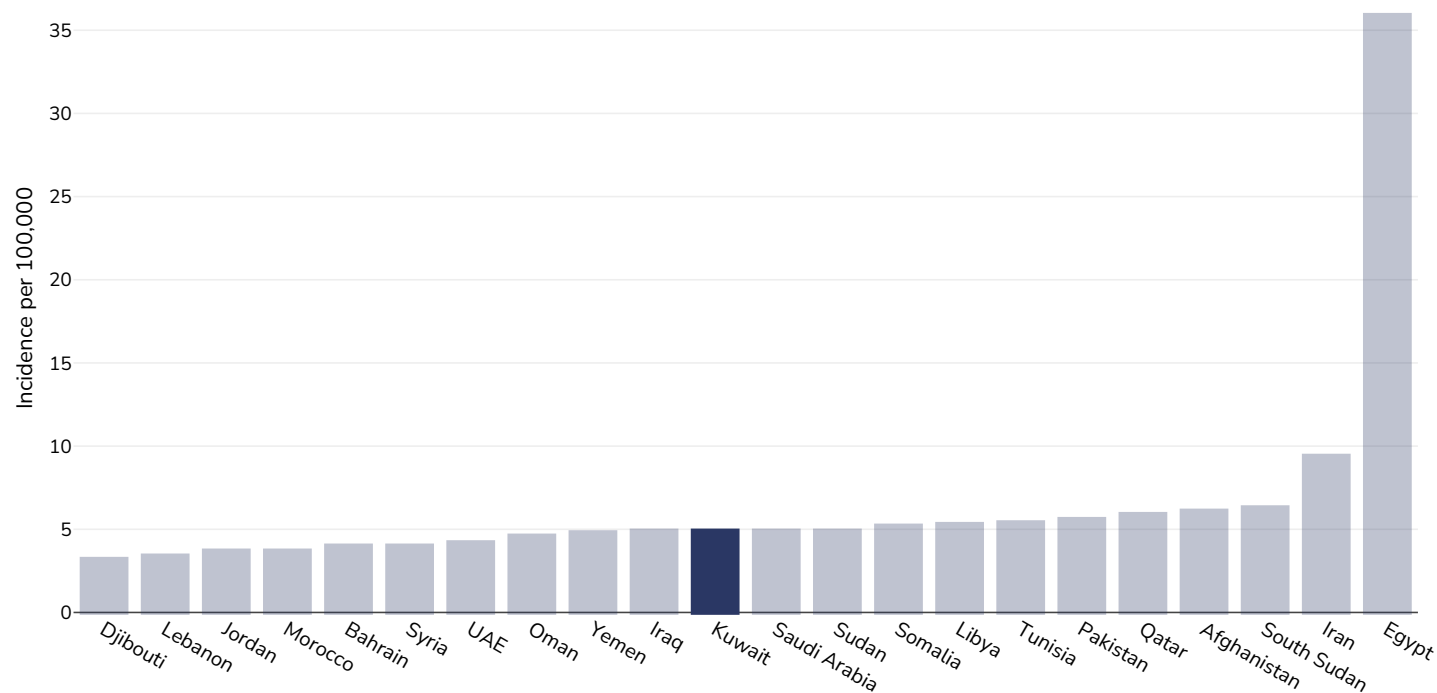
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Women, 2022



Age: 20+

Area covered: National

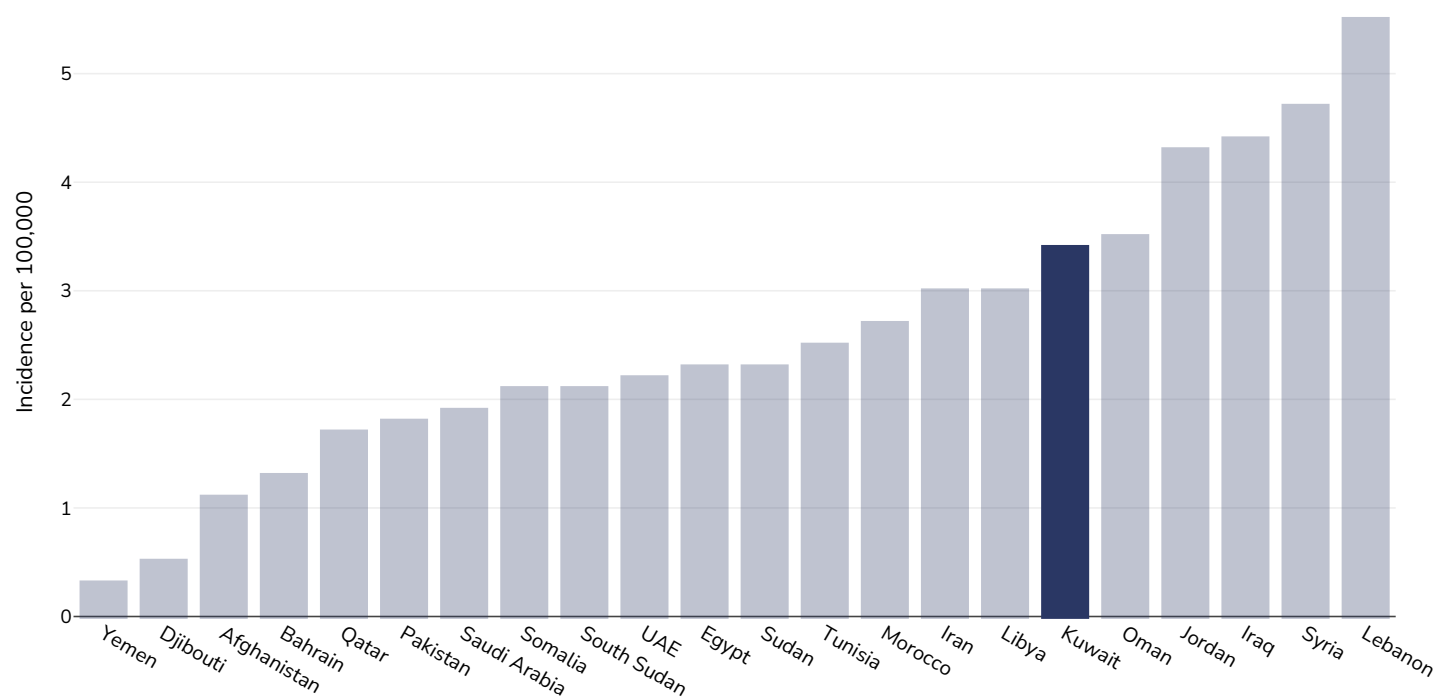
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000



## Multiple Myeloma

Men, 2022



Age: 20+

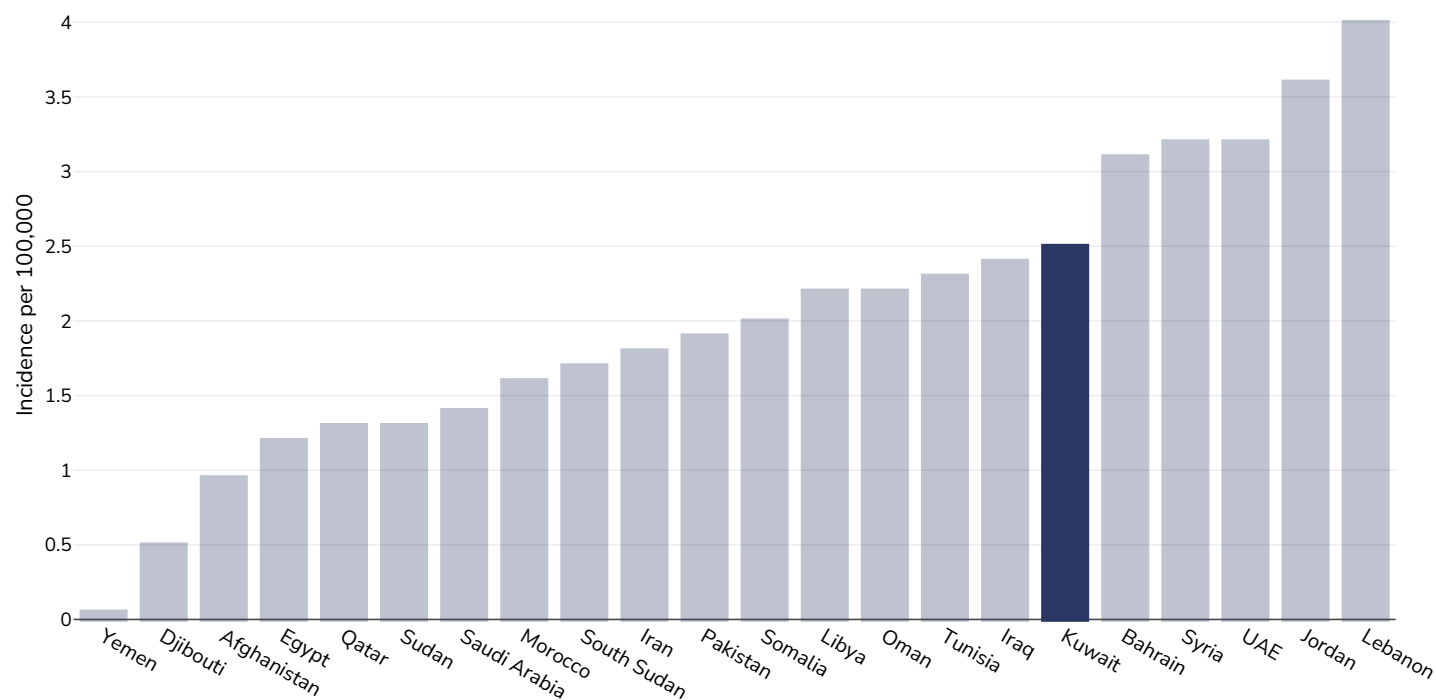
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Women, 2022



Age: 20+

Area covered: National

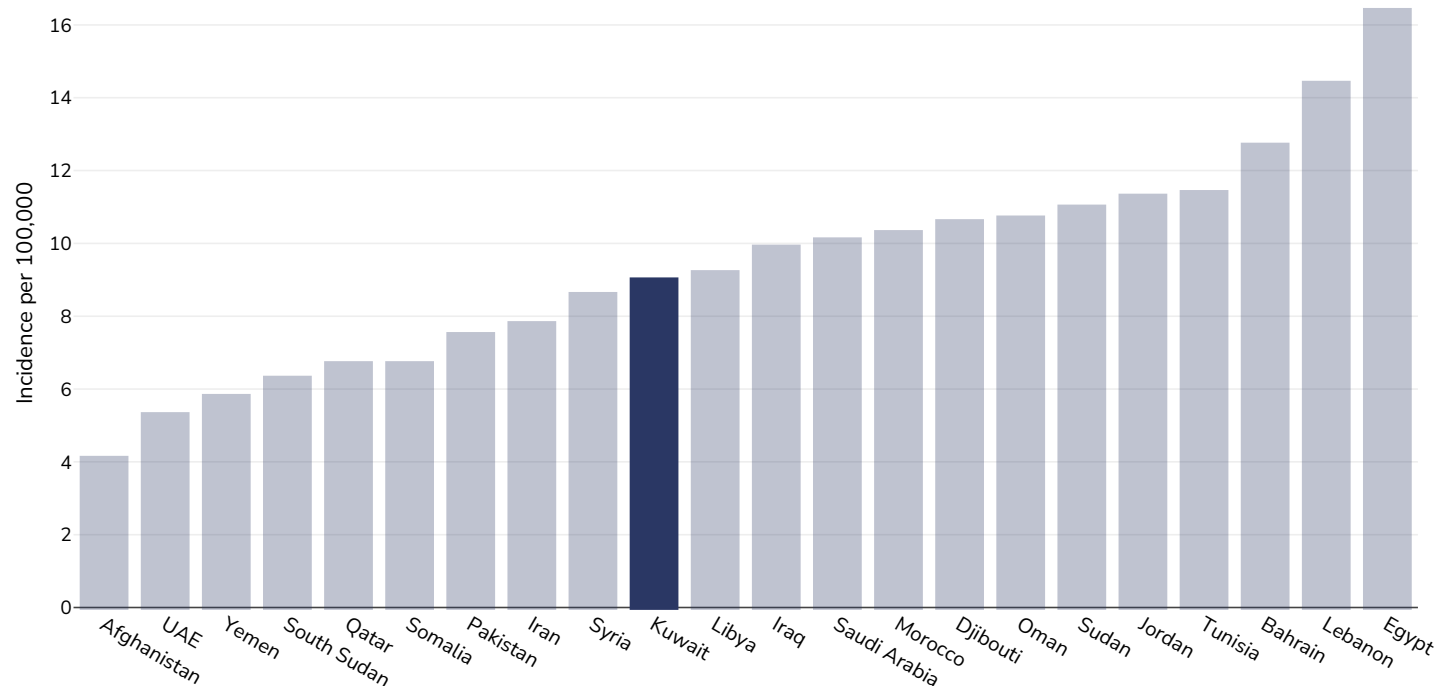
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Non Hodgkin Lymphoma

### Men, 2022



Age: 20+

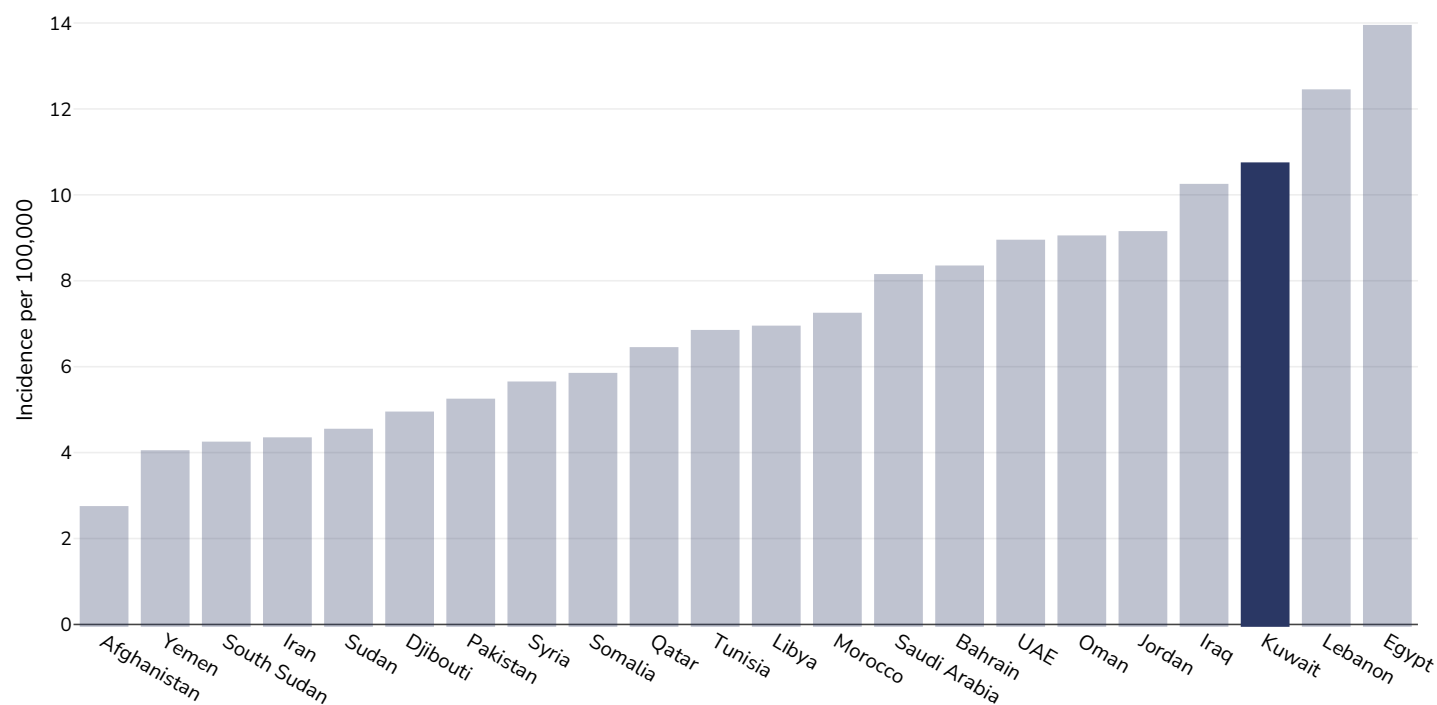
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Women, 2022



Age: 20+

Area covered: National

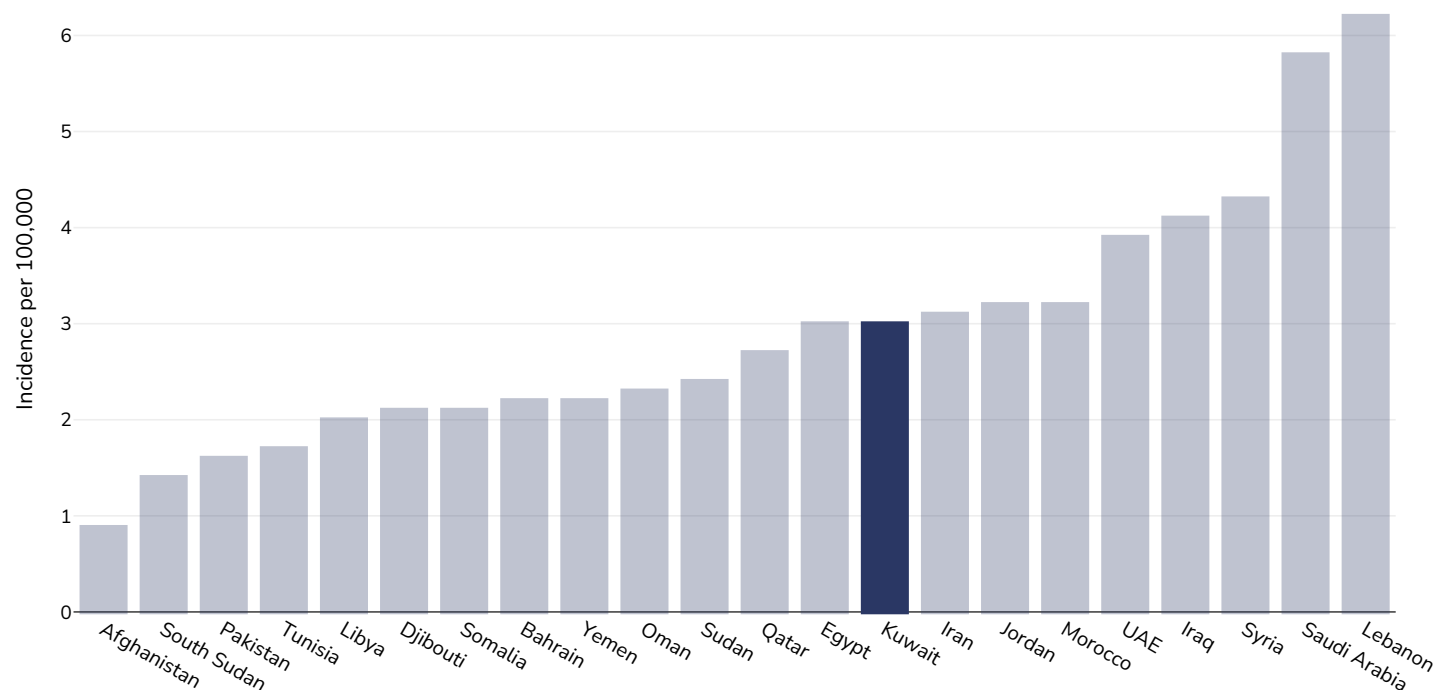
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Thyroid Cancer

### Men, 2022



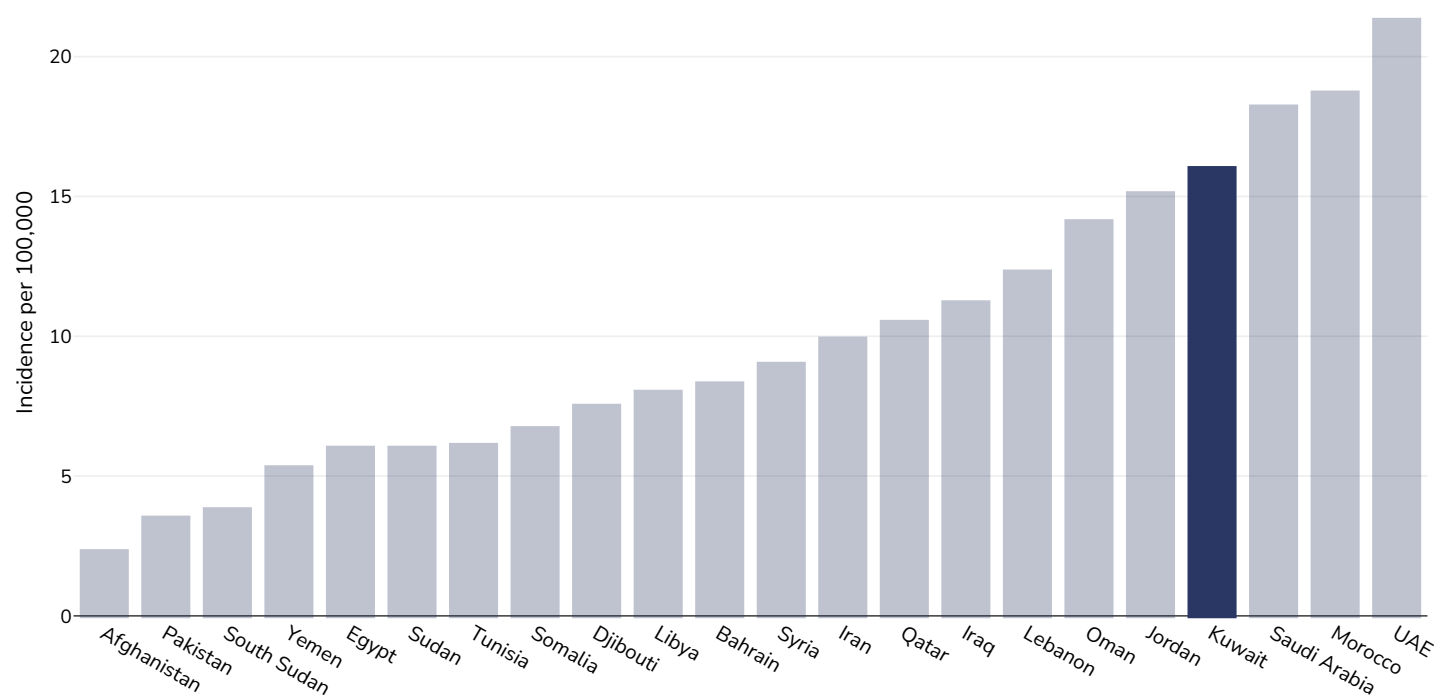
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Women, 2022



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

PDF created on June 17, 2025