

Kenya



Policies, Interventions and Actions

National Strategic Plan for Prevention and Control of NCDs 2020/21-2025/26

The mission of this strategy is to halt and reverse the rising burden of NCDs through effective multisectoral collaboration and partnerships by ensuring Kenyans receive the highest attainable standard of NCD continuum of care that is accessible, affordable, quality, equitable and sustainable thus alleviating suffering, disease and death for their well-being and socio-economic development. This strategy is structured around five pillars; 1. Sectoral and multisectoral coordination and governance. 2. Minimize exposure to modifiable risk factors 3. Health system response for management of NCDs 4. Advocacy, communication, and social mobilization 5. Surveillance, monitoring, evaluation, and research

Categories:	Evidence of NCD strategy
Year(s):	2021-2025
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	National Strategic Plan for Prevention and Control of NCDs 2020/21-2025/26. Ministry of Health. https://www.health.go.ke/wp-content/uploads/2021/07/Kenya-Non-Communicable-Disease-NCD-Strategic-Plan-2021-2025.pdf (Accessed 18.08.21)

National Physical Activity Action Plan (NPAAP)

The NPAAP provides the framework for sustained and comprehensive actions to promote health-enhancing physical activity involving all related stakeholders, and reflects the commitment and aspirations of policy-makers to provide better health and quality of life to the population. The NPAAP, sets out our key strategic objectives which include; 1. Development and dissemination of national legislation, policies and guidelines that promote physical activity, 2. Creation of public awareness on the health benefits of physical activity, 3. Strengthen implementation of the physical activity component of the school health policy and 4. Support implementation of programmes that promote physical activity in community settings.

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2018-2023
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	https://www.health.go.ke/wp-content/uploads/2019/03/National-Physical-Activity-Action-Plan.pdf

The Kenya Nutrition Action Plan (KNAP) 2018 – 2022

The Kenya Nutrition Action Plan (KNAP) 2018–2022 is an evidence-based five-year strategic action plan that seeks to address malnutrition in Kenya in all its forms and for all ages. It is the second National Nutrition Action Plan for the implementation of the Kenya Food and Nutrition Security Policy (FNSP) and follows implementation of the first National Nutrition Action Plan 2012–2017, building on the success, limitations and opportunities of the previous five years.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2018-2022
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	Government of Kenya, Ministry of Health (2018): The Kenya Nutrition Action Plan (KNAP), 2018 –2022. https://www.health.go.ke/wp-content/uploads/2020/10/Kenya-Nutrition-Action-Plan-2018-2022.pdf

National Guidelines for Healthy Diets and Physical Activity

The Guidelines were developed through a broad consultative process, led by the Nutrition and Dietetics Unit within the Ministry of Health, through a broad consultative process. Collaborators included other divisions of Ministry of Health, the Ministry of Agriculture, Livestock and Fisheries, and academia. The World Health Organization, Food and Agriculture Organization, Micronutrient Initiative, and World Food Programme provided financial and technical support to the development process.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/kenya/en/

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

Kenya National strategy for the prevention and control of non-communicable diseases 2015-2020

Interventions for reduction and management of non-communicable diseases

Categories:	Evidence of NCD strategy
Year(s):	2015-2020
Target age group:	Adults and children
Organisation:	Ministry of health
Linked document:	Download linked document
References:	Ministry of health. Kenya National strategy for the prevention and control of non-communicable diseases 2015-2020. Available from: https://extranet.who.int/nutrition/gina/sites/default/files/KEN-2015-NCDs.pdf (Accessed 6 March 2019)

Kenya Health Policy, 2014–2030

The Kenya Health Policy, 2014–2030 gives directions to ensure significant improvement in overall status of health in Kenya in line with the Constitution of Kenya 2010, the country’s longterm development agenda, Vision 2030 and global commitments. It demonstrates the health sector’s commitment, under the government’s stewardship, to ensuring that the country attains the highest possible standards of health, in a manner responsive to the needs of the population.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2014-2030
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	http://publications.universalhealth2030.org/uploads/kenya_health_policy_2014_to_2030.pdf

National Nutrition Action Plan (NNAP)

The aim of the NNAP is to provide a framework for coordinated implementation of nutrition intervention activities by the government and nutrition stakeholders.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2012-2017
Target age group:	Adults and children
Organisation:	Ministry of Public Health and Sanitation
Linked document:	Download linked document
References:	Scaling Up Nutrition. http://scalingupnutrition.org/ (last accessed 26 Feb 2016)

The Food, Drugs and Chemical Substances (Food Labelling, Additives And Standards) Regulations

Mandatory national labelling guidelines for pre-packaged food approved by the Minister of Health and adopted from 2009. (Available only in English language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2009 (ongoing)
Target age group:	Adults and children
Organisation:	Minister of Health
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25381 (last accessed 03.08.22)

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

Nutrition inter agency coordinating Committee

National Multisectoral stakeholder mechanism in place (such as Coalition, Taskforce, Committee) for Obesity or Nutrition (including obesity)

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Target age group:	Adults and children
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/27015 (last accessed 04.08.22)

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