



Казахстан



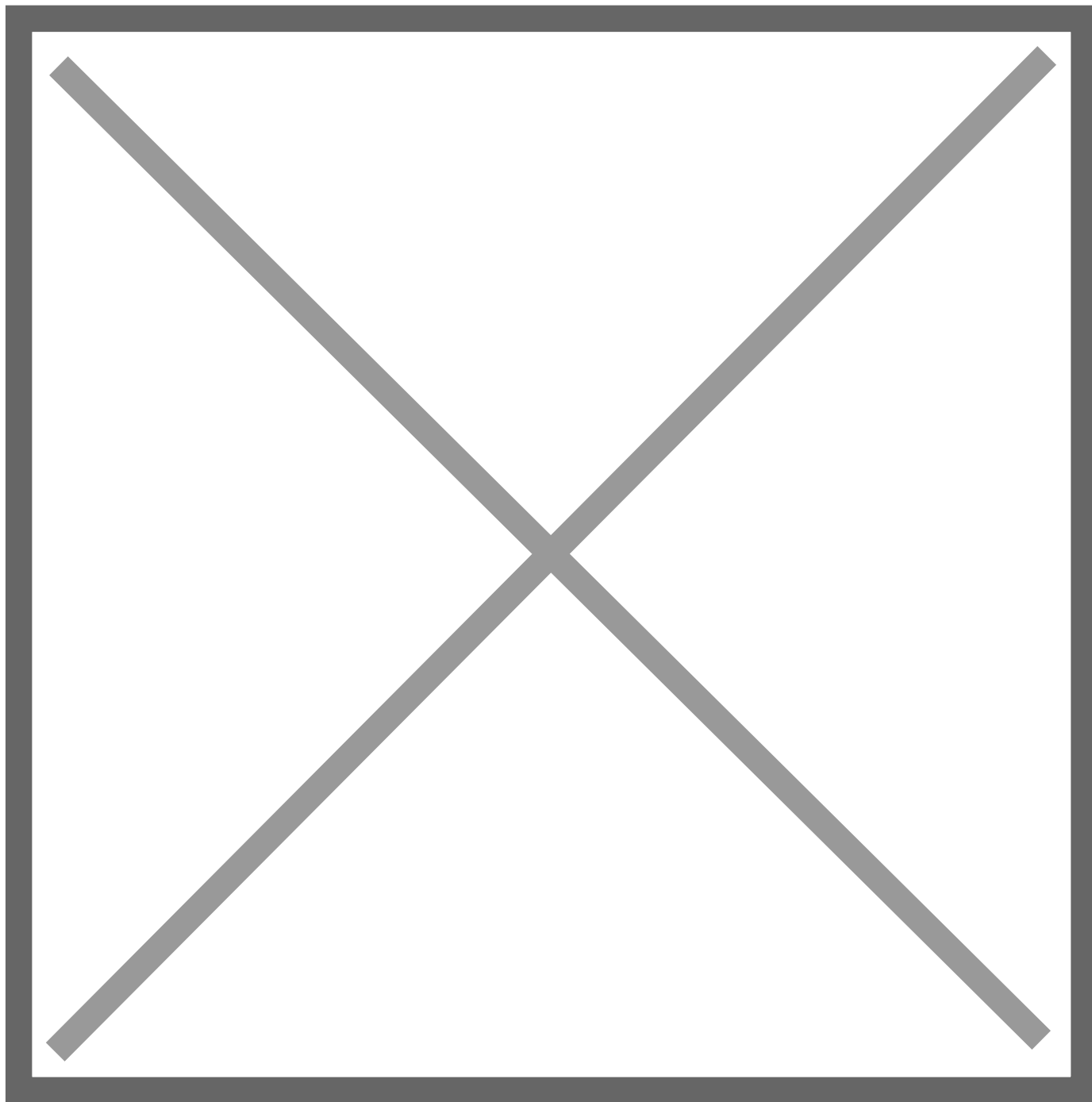
Country report card - children

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/kazakhstan-111/>.

Разпространение на затлъстяването

Деца, 2024



Тип анкета:	Измерено
Възраст:	5-9
Количество на пробите:	6184

Обхваната
зона:

Национално

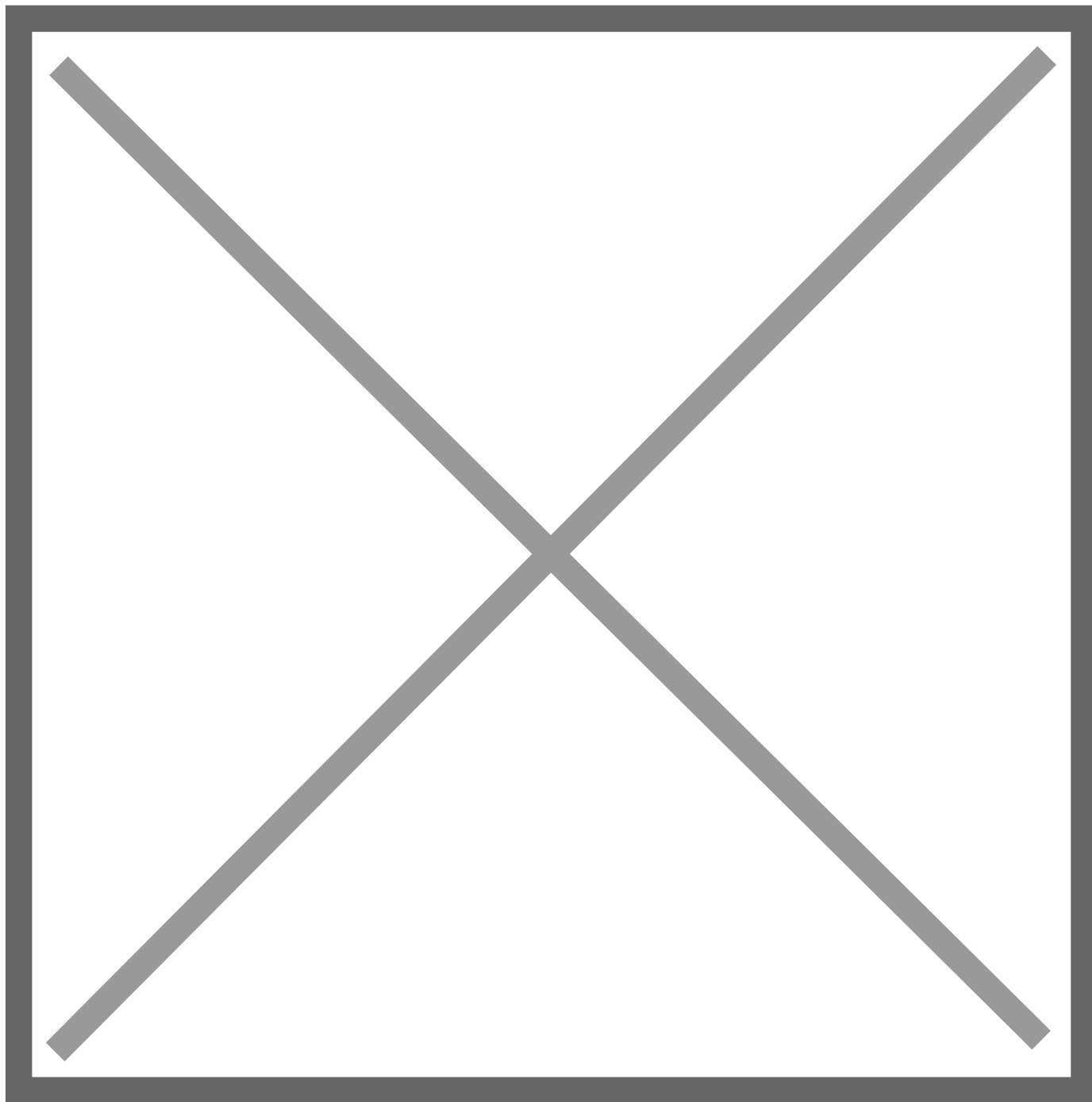
Референции: BNS and UNICEF. 2025. Kazakhstan Multiple Indicator Cluster Survey 2024, Survey Findings Report. Astana, Kazakhstan, the Bureau of National Statistic of the Agency for Strategic Planning and Reforms of the Republic of Kazakhstan and United Nations Childrens Fund (UNICEF).

Cutoffs:

WHO 2007

Наднормено тегло/затлъстяване по образование

Деца, 2024



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Възраст:	5-9
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Обхваната
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Национално

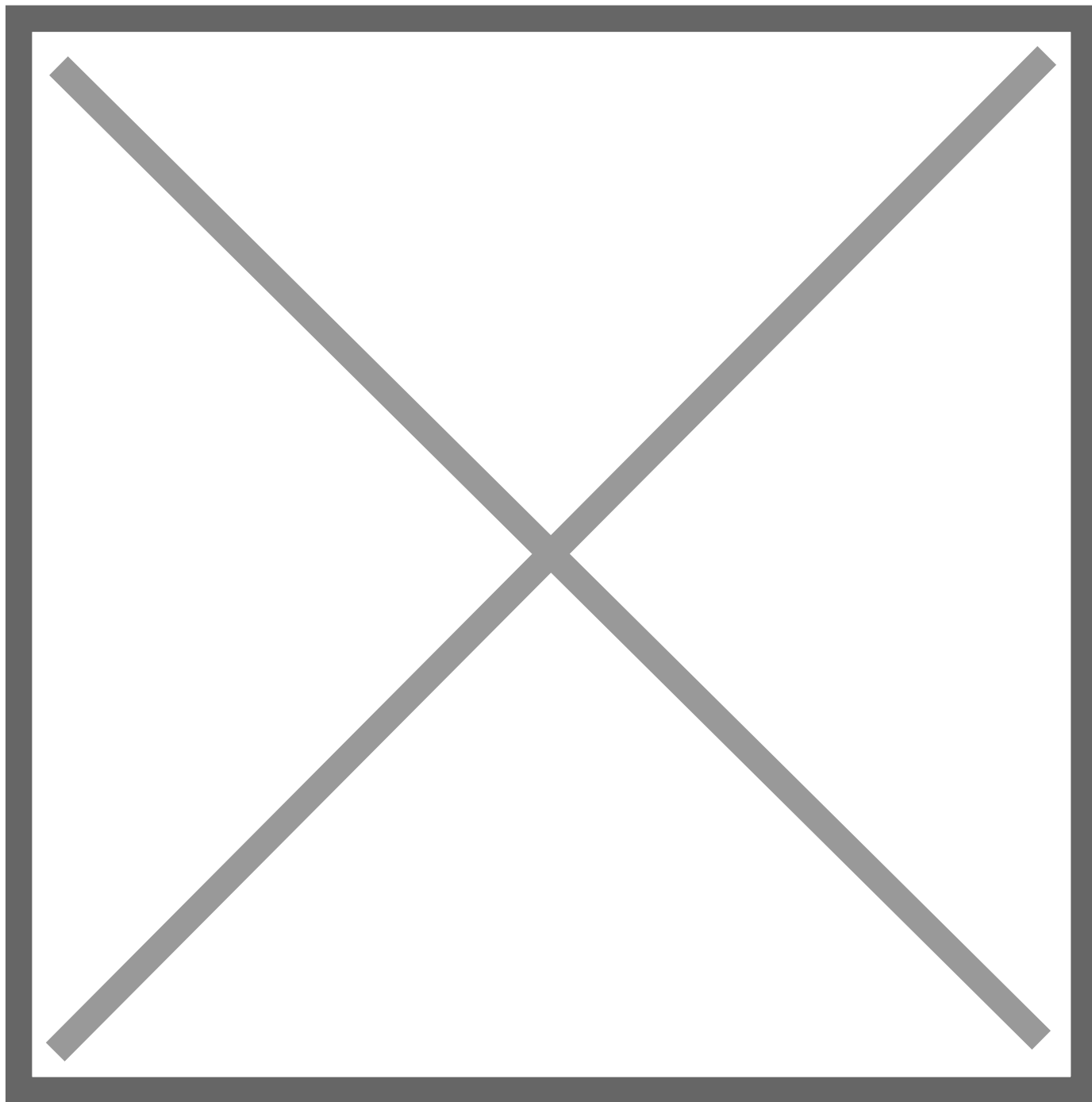
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Cutoffs:

WHO 2007

Наднормено тегло/затлъстяване по възраст

Деца, 2024



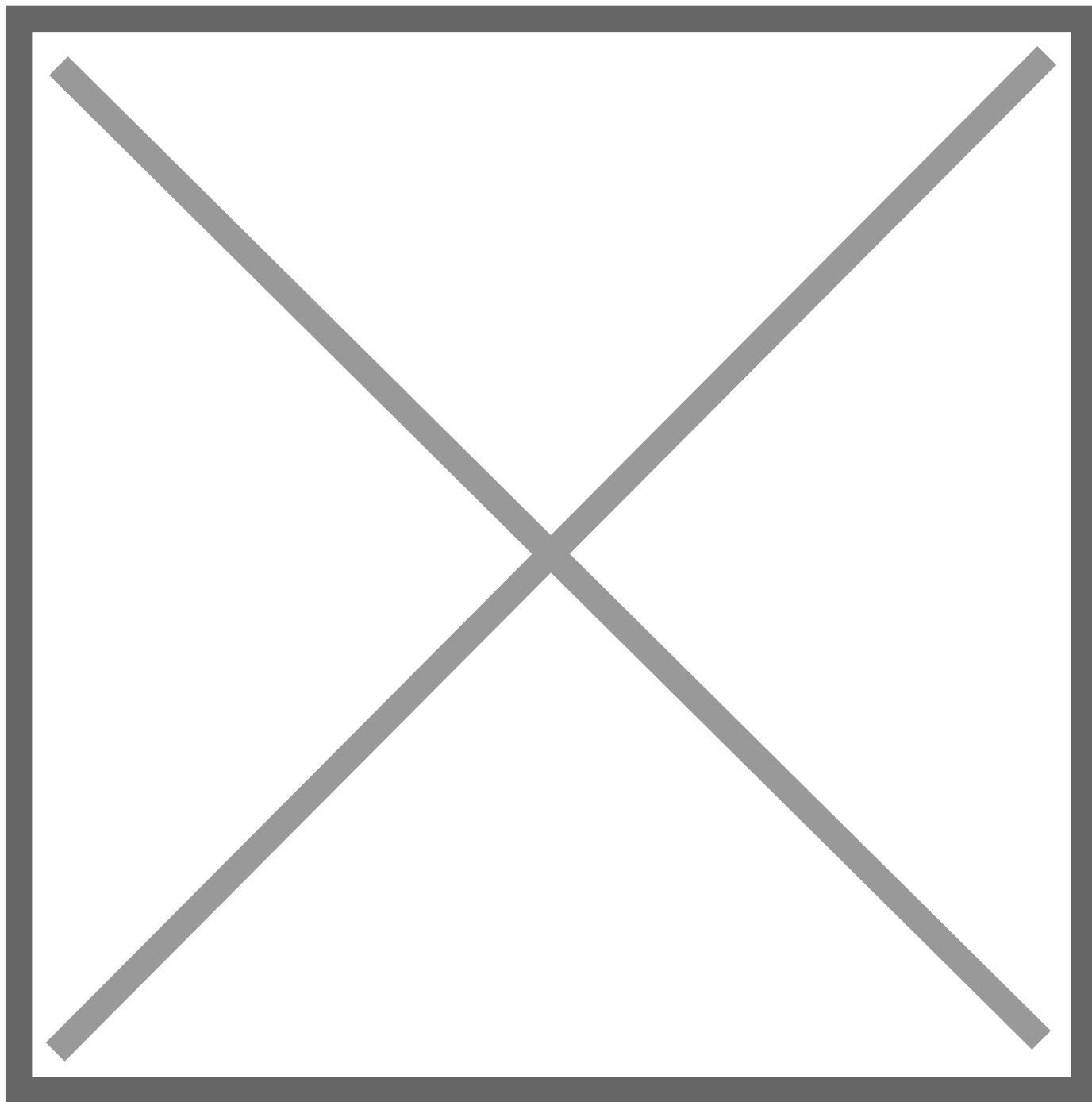
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Количество на пробите:	6184
Обхваната зона:	Национално

Референции: BNS and UNICEF. 2025. Kazakhstan Multiple Indicator Cluster Survey 2024, Survey Findings Report. Astana, Kazakhstan, the Bureau of National Statistic of the Agency for Strategic Planning and Reforms of the Republic of Kazakhstan and United Nations Childrens Fund (UNICEF).

Cutoffs: WHO 2007

Наднормено тегло/затлъстяване по регион

Деца, 2024



Тип анкета:	Измерено
Възраст:	5-9
Количество на пробите:	6184

Обхваната
зона:

Национално

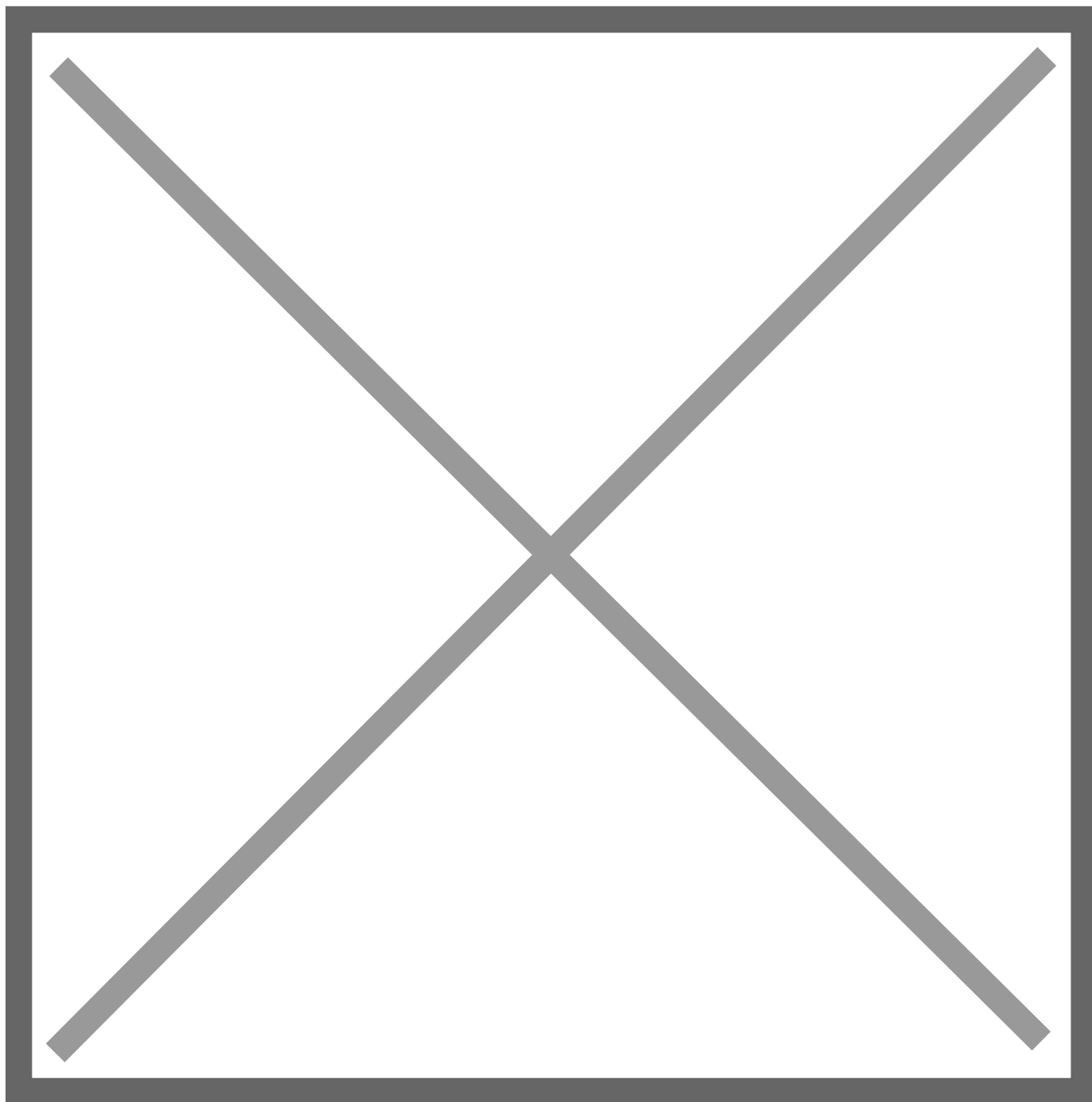
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Cutoffs:

WHO 2007

Наднормено тегло/затлъстяване по социално-икономическа група

Деца, 2024



Тип анкета:

Измерено

Възраст:

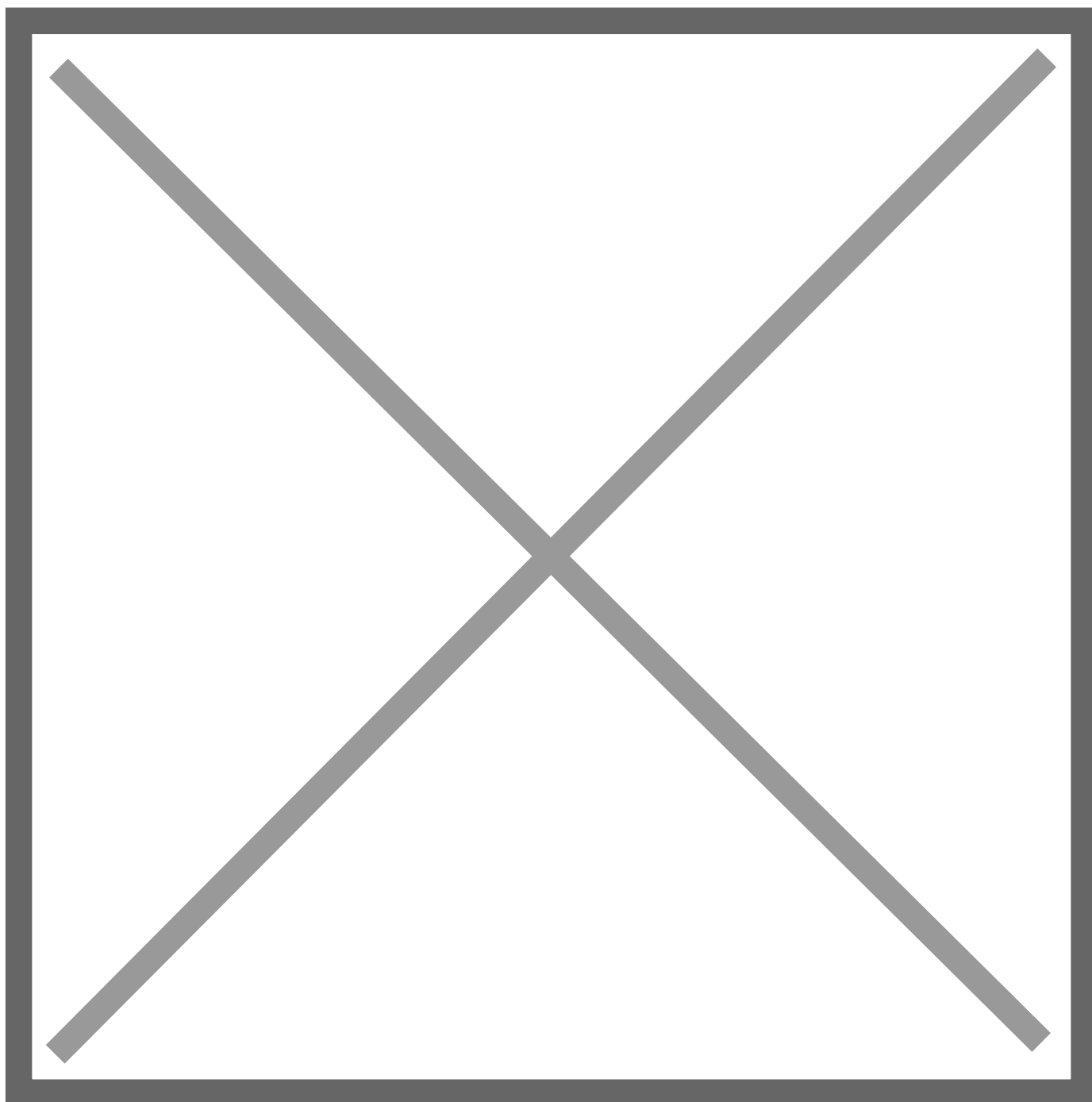
5-9

Количество на пробите:	6184
Обхваната зона:	Национално
Референции:	BNS and UNICEF. 2025. Kazakhstan Multiple Indicator Cluster Survey 2024, Survey Findings Report. Astana, Kazakhstan, the Bureau of National Statistic of the Agency for Strategic Planning and Reforms of the Republic of Kazakhstan and United Nations Childrens Fund (UNICEF).
Cutoffs:	WHO 2007

Наднормено тегло/затлъстяване по етническа принадлежност

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Деца, 2024



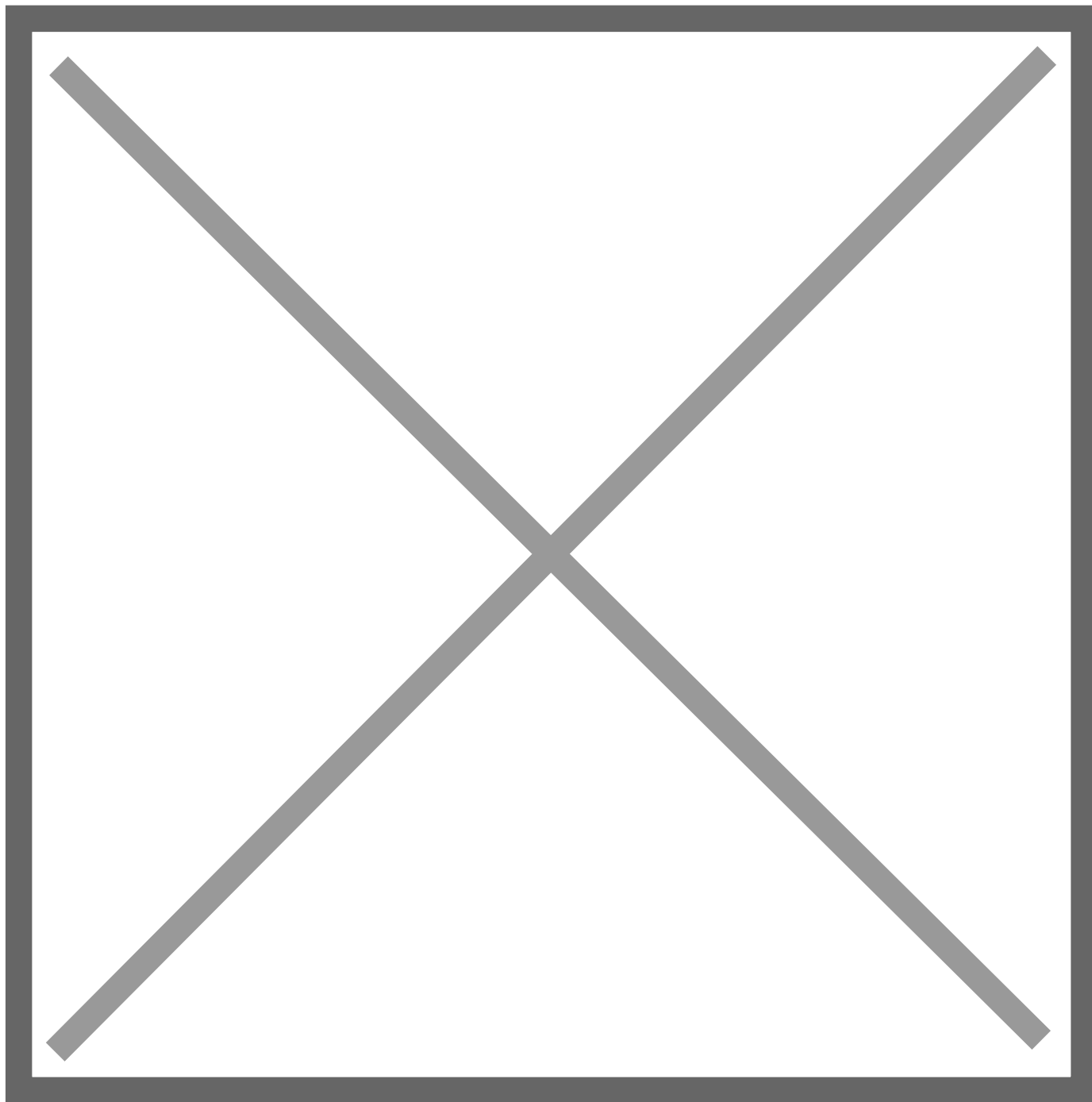
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Възраст:	5-9
Количество на пробите:	6184
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Cutoffs: WHO 2007

Double burden of underweight & overweight

Деця, 2022



Тип анкета:

Измерено

Възраст:

5-19

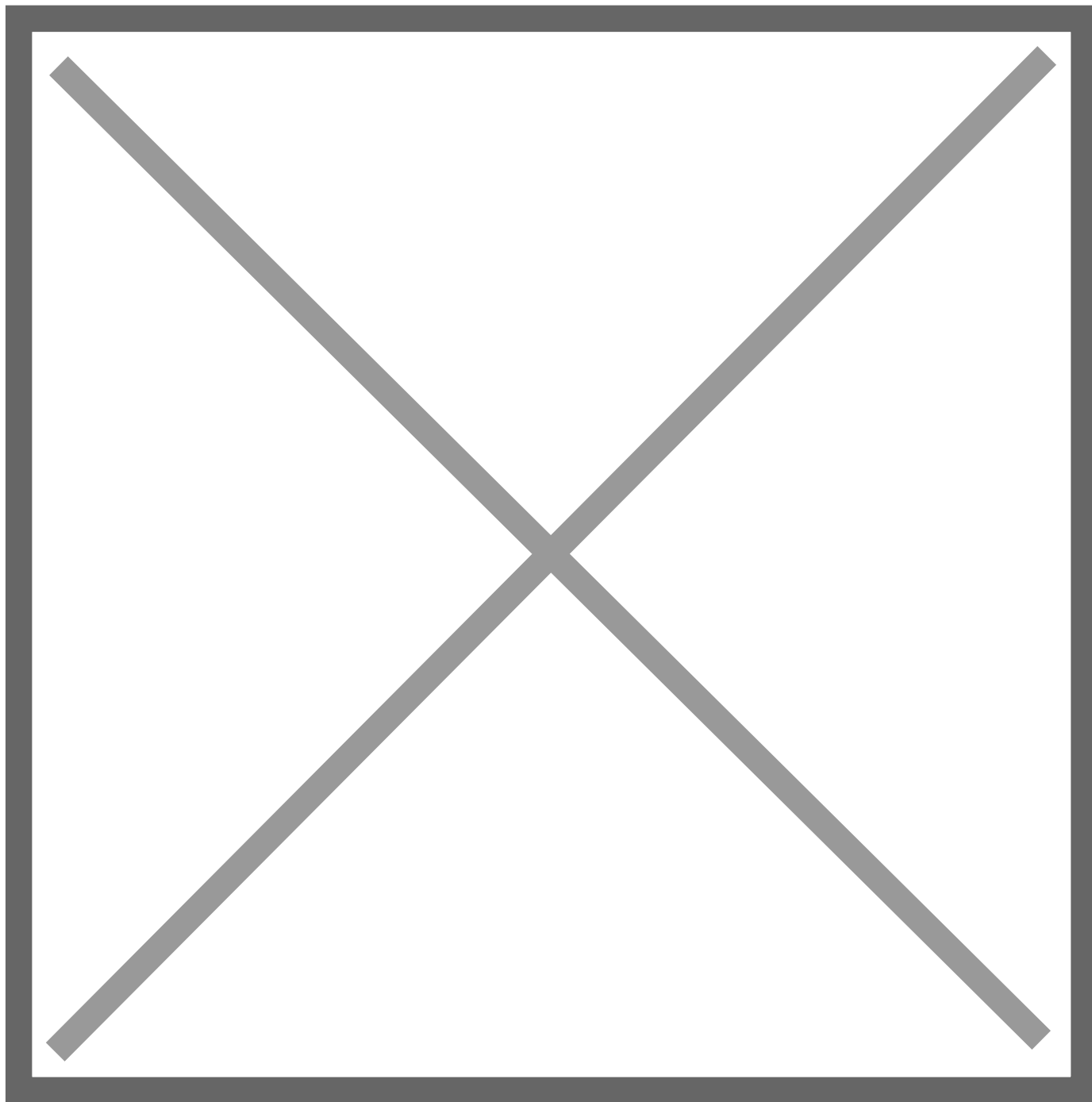
Референции:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Забележки:	Age standardised estimates
Определения:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Недостатъчна физическа активност

Деца, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	1287

Обхваната
зона:

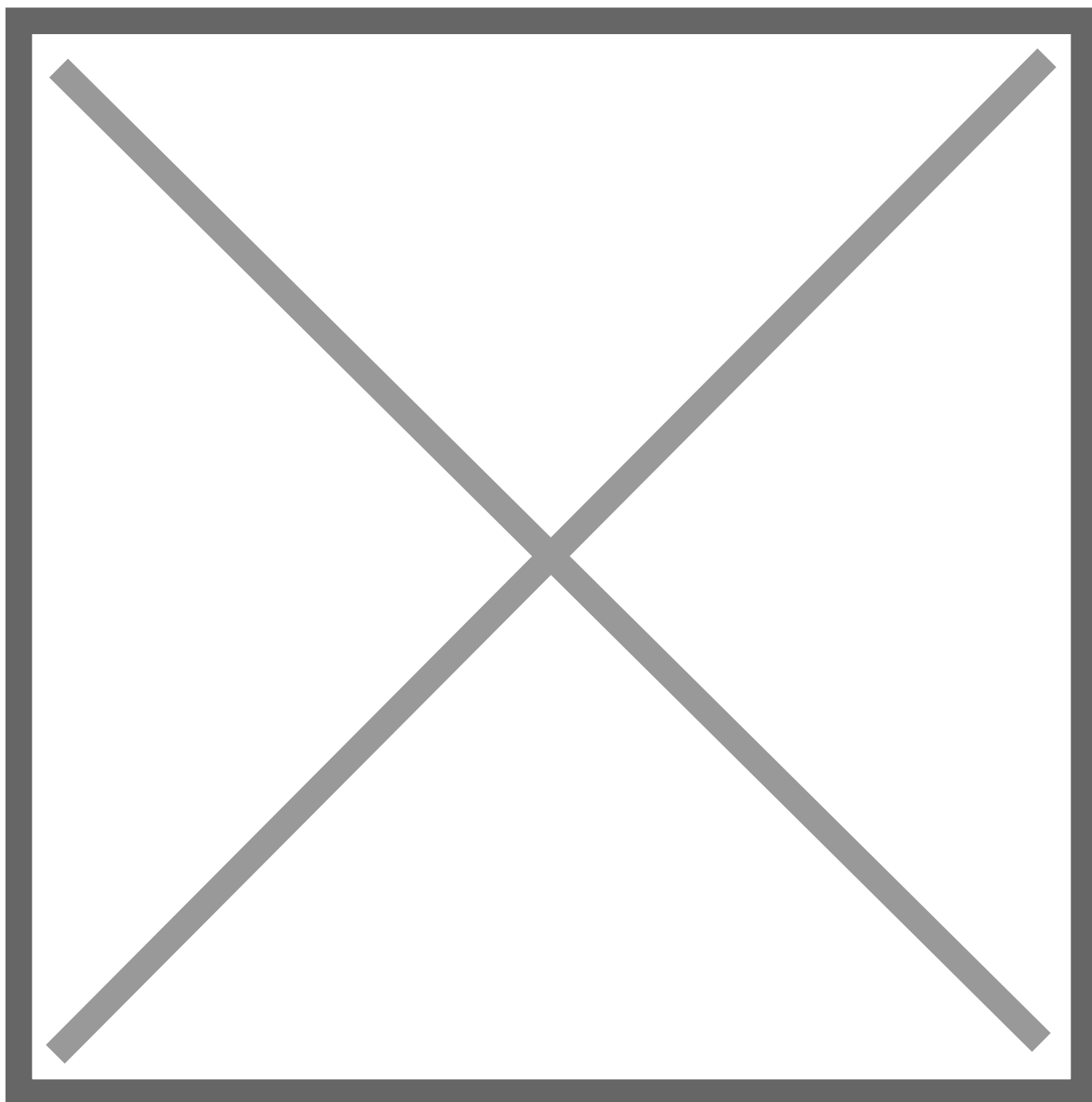
Subnational - Almaty

Референции: WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.

Забележки: National data excluding Germany (Bremen only) and Kazakhstan (Almaty only).

Определения: Percentage of children not meeting WHO recommendations for physical activity, i.e. not playing actively/vigorously for at least one hour a day on an average day, as reported by their parent

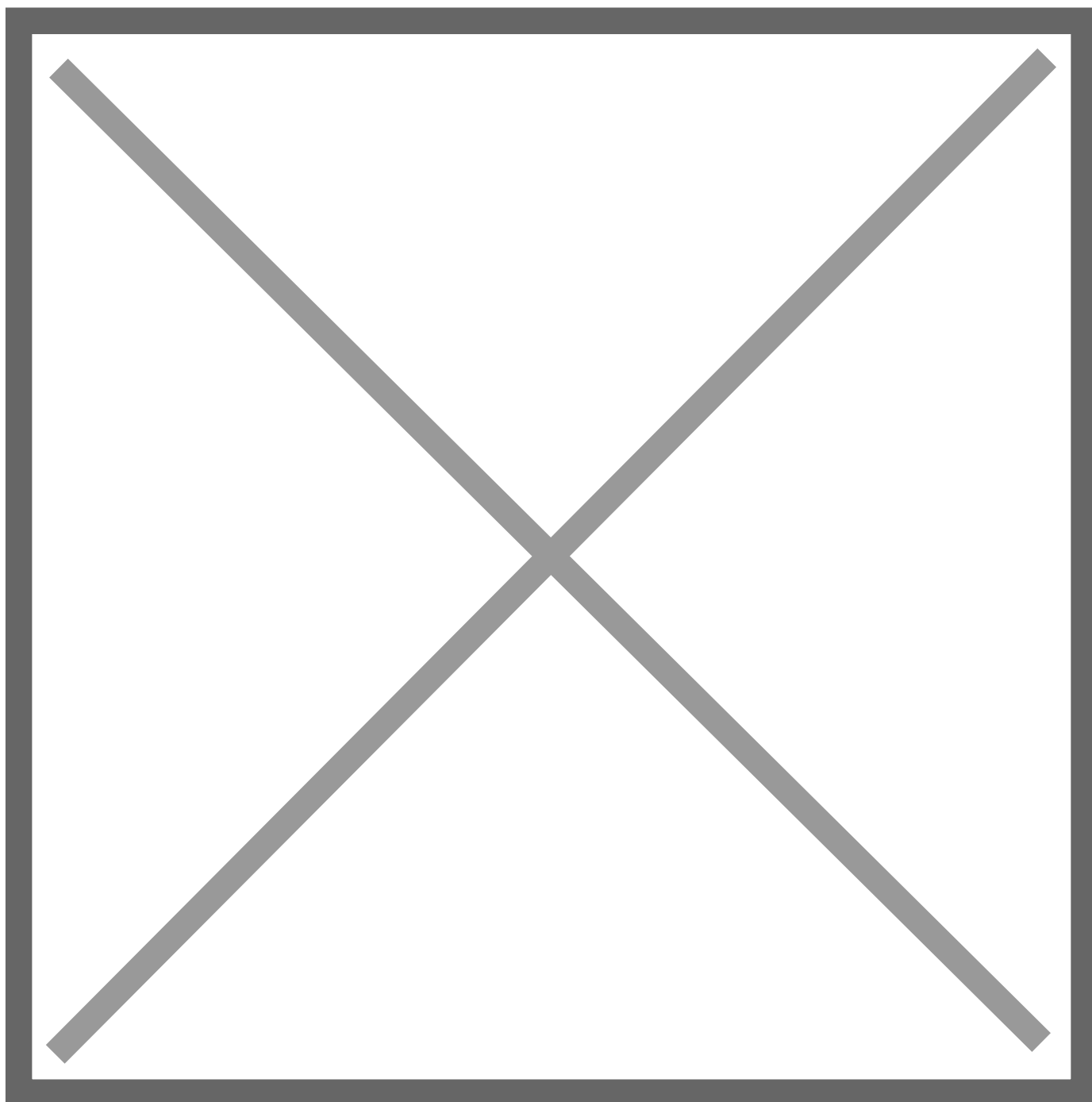
Момчета, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	1287
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Момичета, 2022-2024

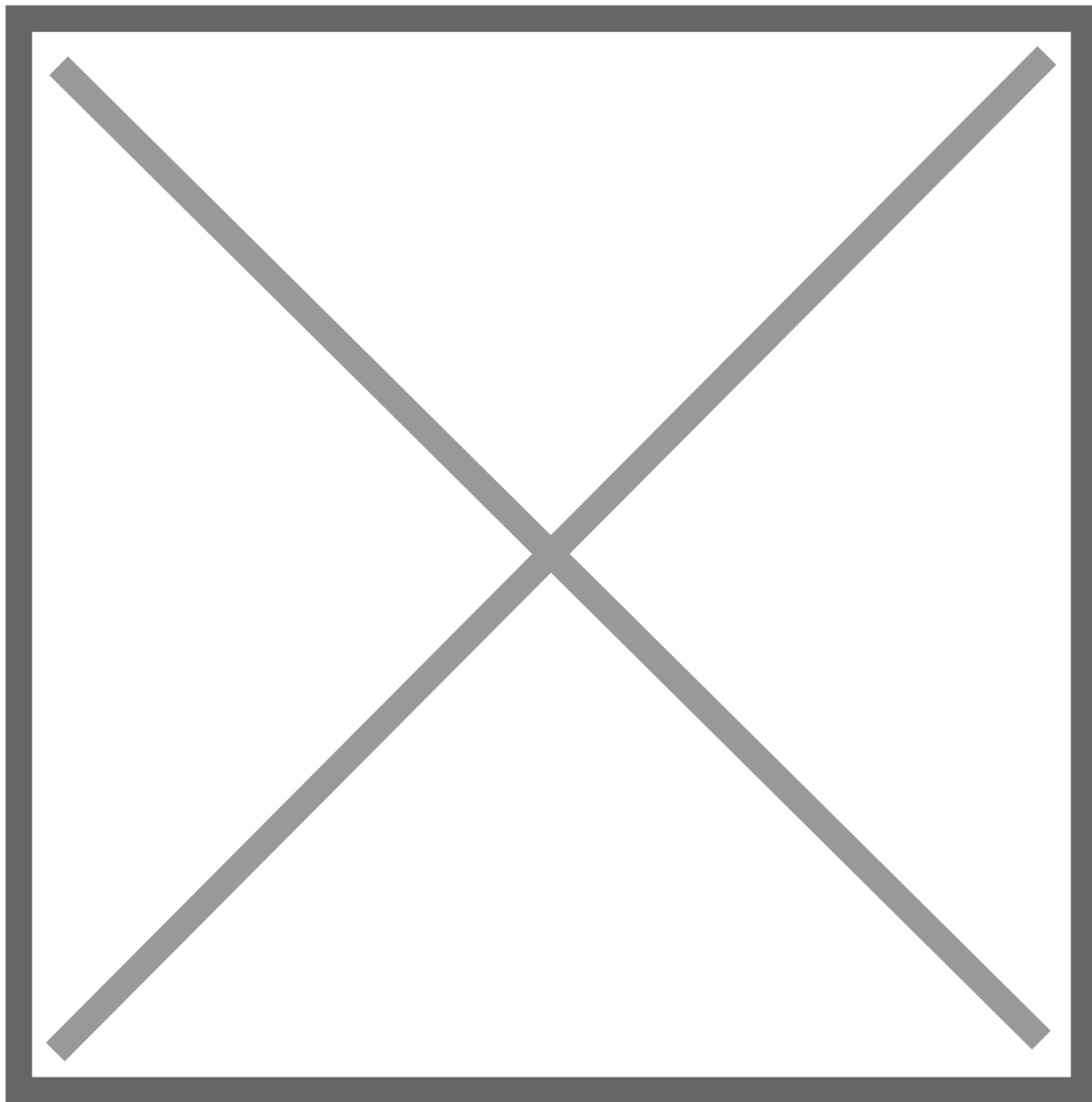


Тип анкета:	Самоотчитане
Възраст:	6-9
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Обхваната зона:	Subnational - Almaty

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Prevalence of at least daily soft drink consumption

Деца, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	1622

Обхваната
зона:

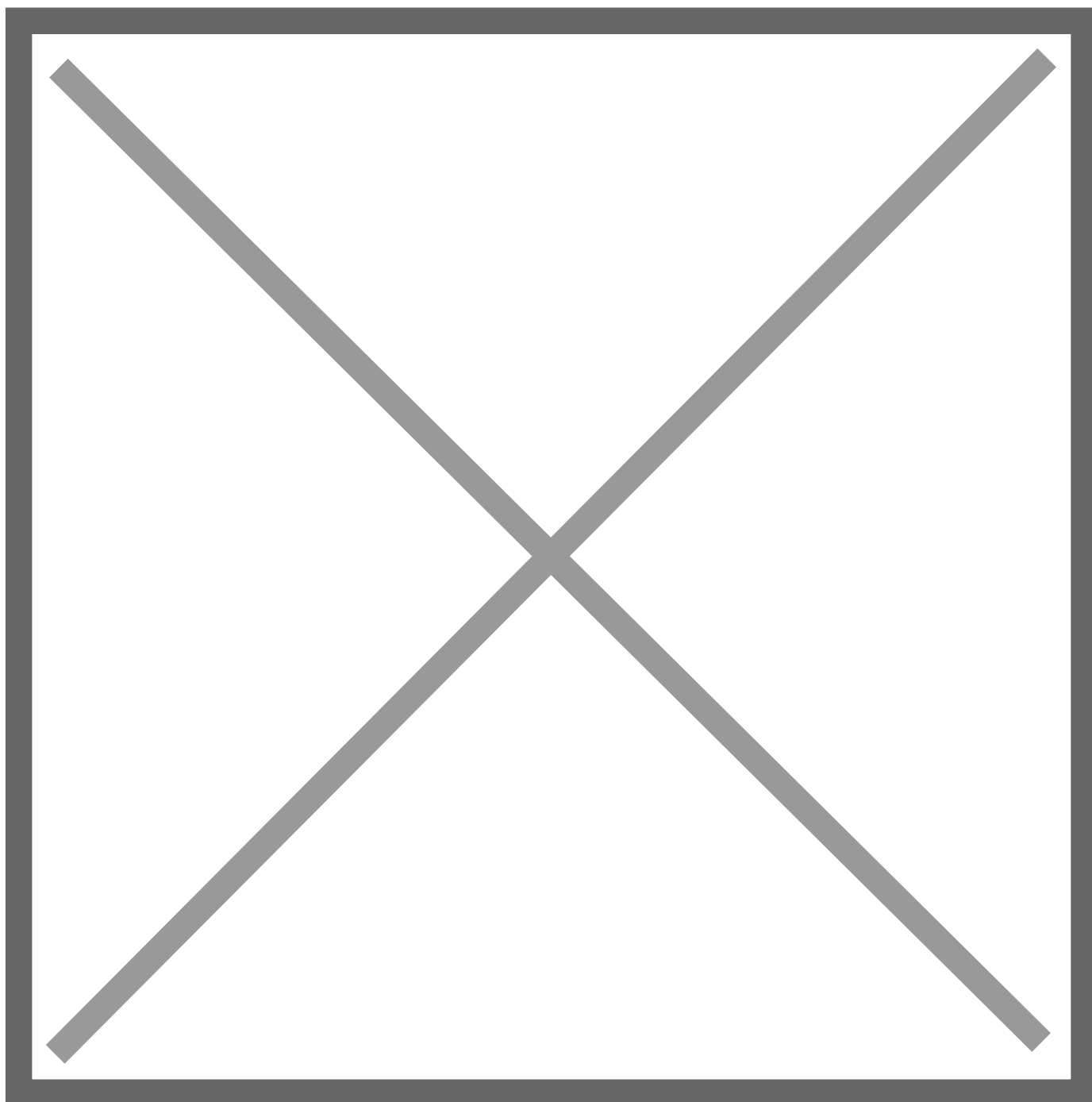
Subnational - Almaty

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Забележки: National data excluding Germany (Bremen only) and Kazakhstan (Almaty only)

Определения: Prevalence of daily consumption of soft drinks containing sugar, as reported by the child's parent (%)

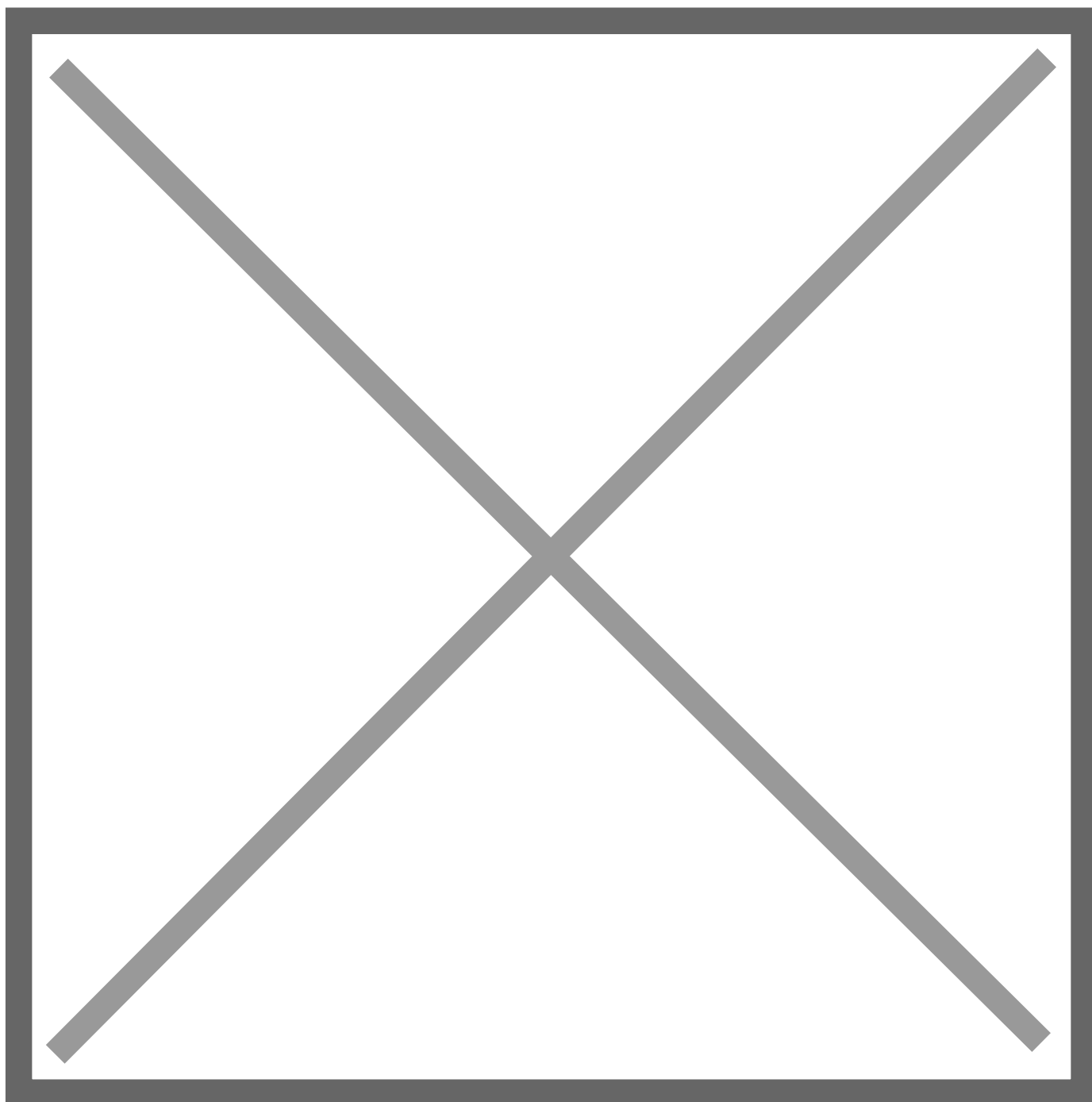
Момчета, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	1622
Обхваната зона:	Subnational - Almaty

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Момичета, 2022-2024

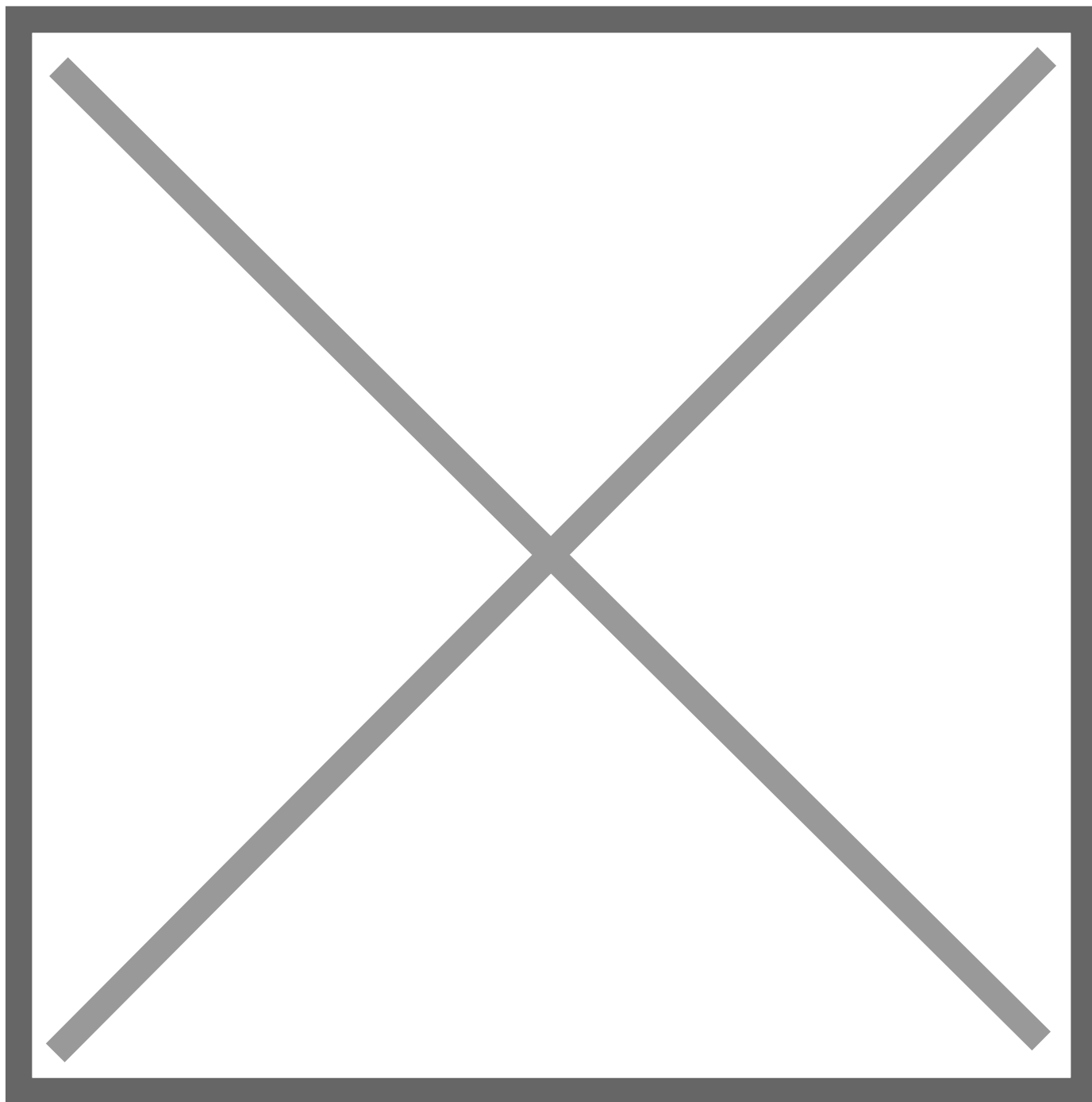


Тип анкета:	Самоотчитане
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Количество на пробите:	1622
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Преобладаване на по-малко от дневна консумация на плодове

Деца, 2022-2024



Тип анкета:

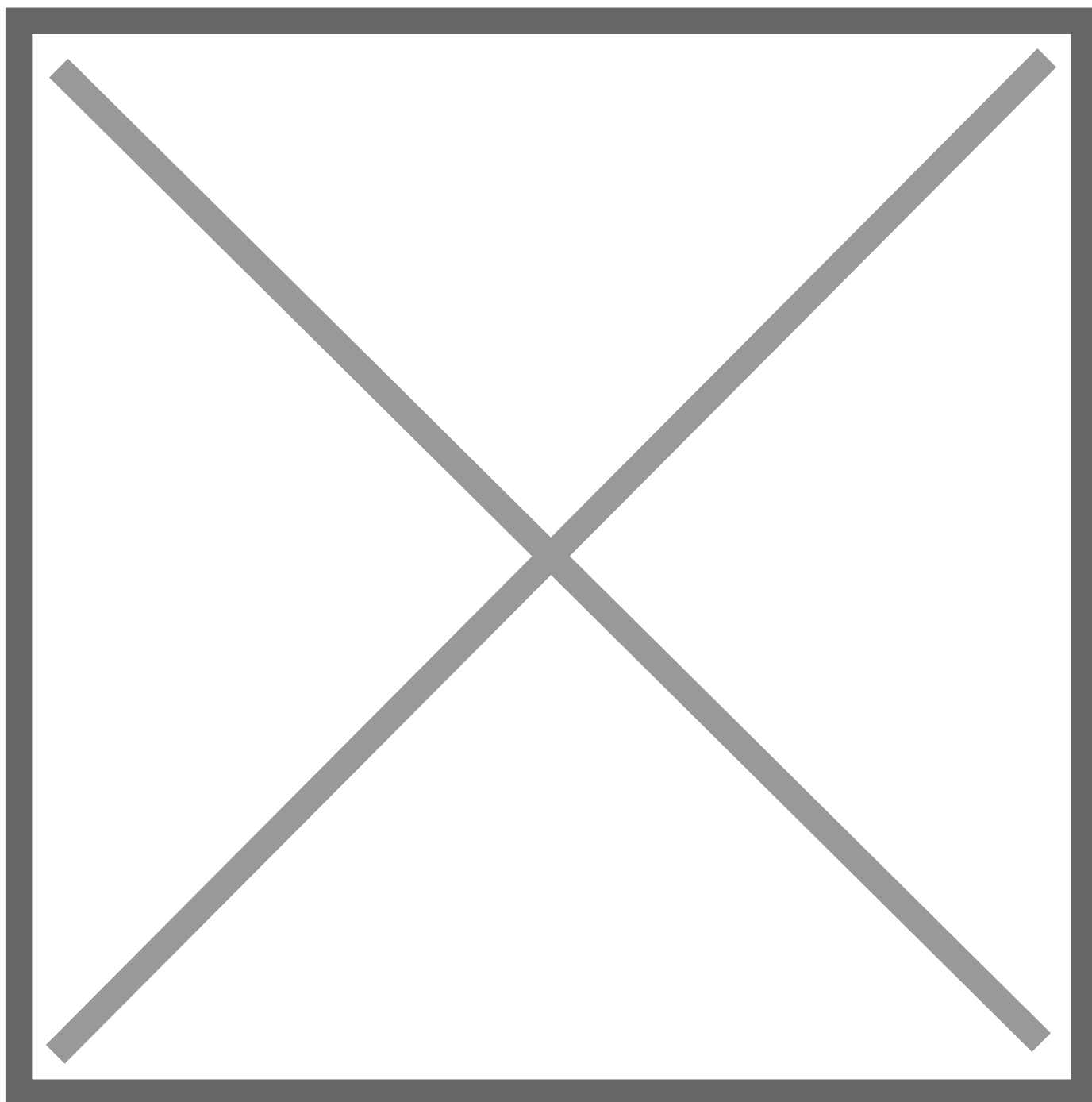
Самоотчитане

Възраст:

6-9

Количество на пробите:	1643
Обхваната зона:	Subnational - Almaty
Референции:	WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.
Забележки:	National data excluding Germany (Bremen only) and Kazakhstan (Almaty only).
Определения:	Proportion of children whose parents reported that their child consumes fruit less than daily

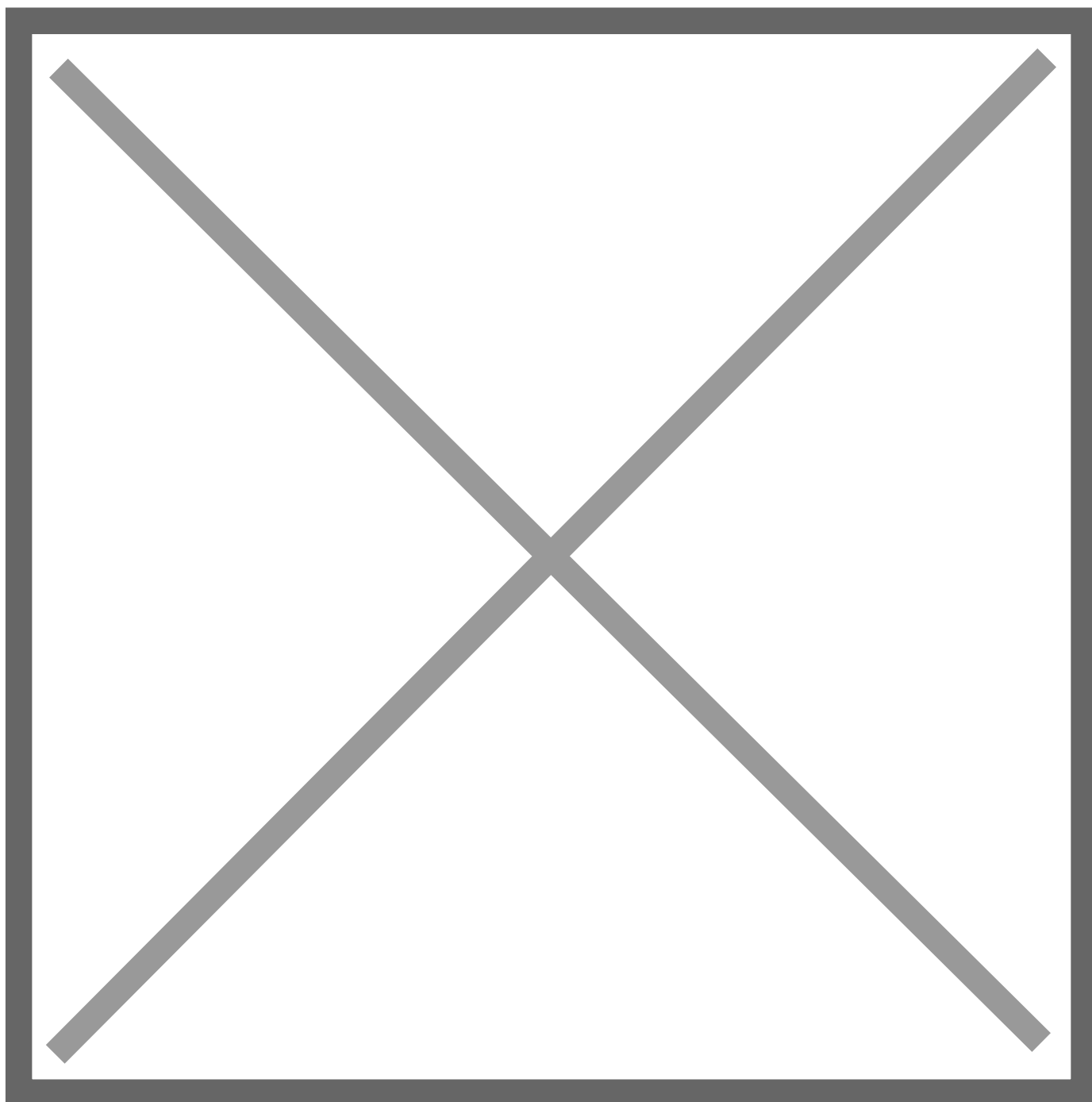
Момчета, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	1643
Обхваната зона:	Subnational - Almaty

Референции:	WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022-2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.
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Момичета, 2022-2024

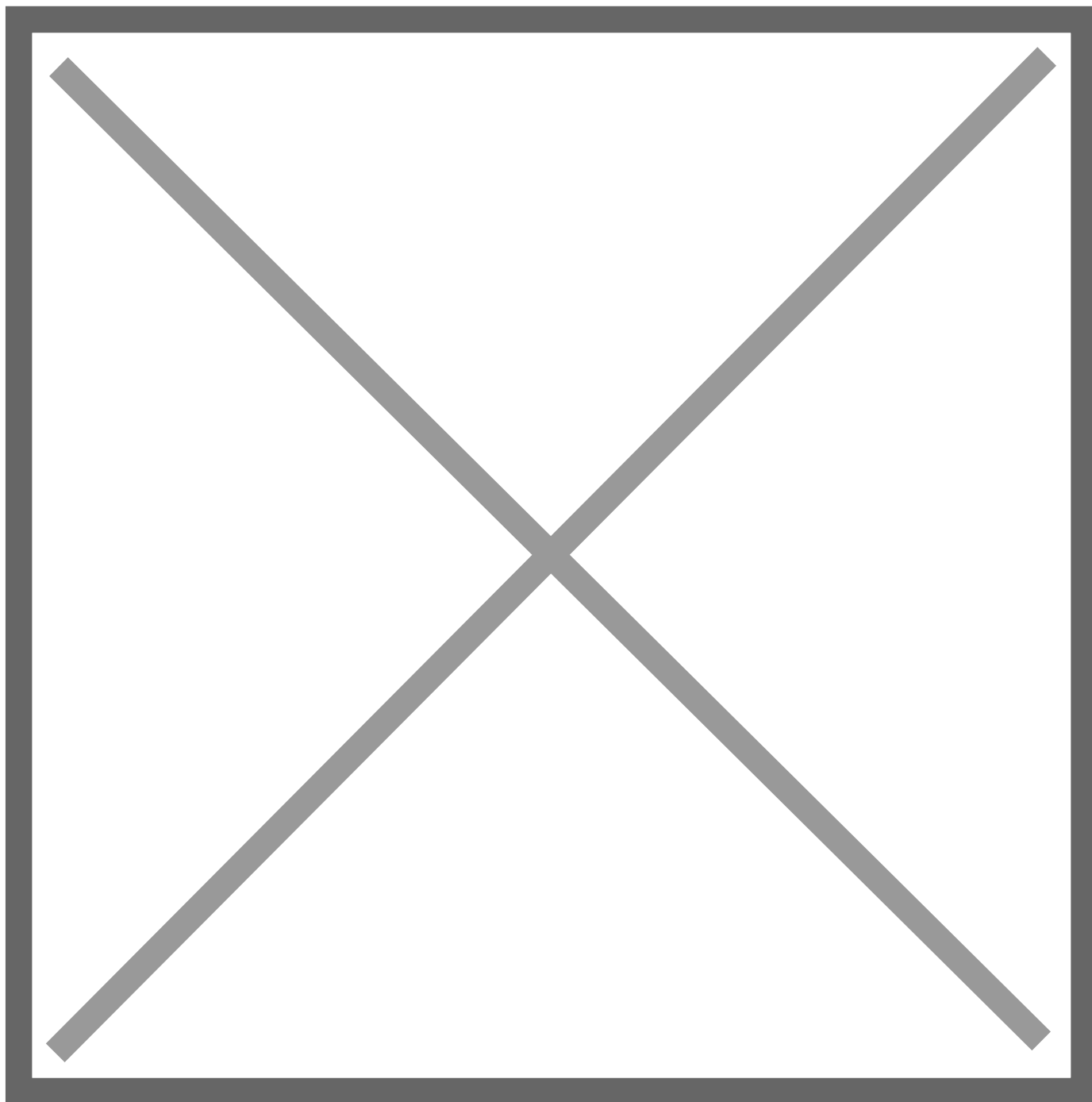


Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	1643
Обхваната зона:	Subnational - Almaty

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Преобладаване на по-малко от дневна консумация на зеленчуци

Деца, 2022-2024



Тип анкета:

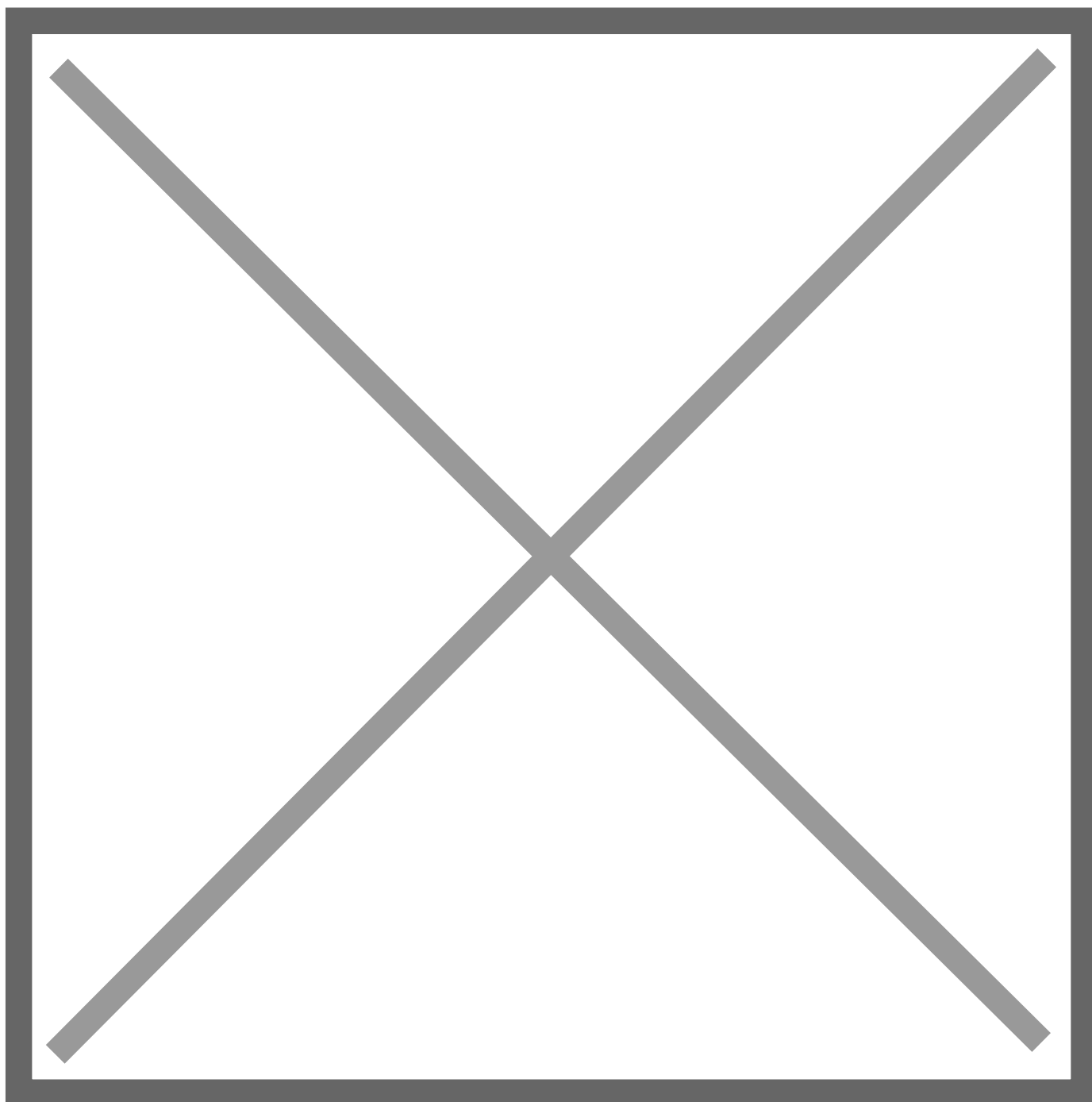
Самоотчитане

Възраст:

6-9

Количество на пробите:	1631
Обхваната зона:	Subnational - Almaty
Референции:	WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.
Забележки:	National data excluding Germany (Bremen only) and Kazakhstan (Almaty only).
Определения:	Proportion of children whose parents reported that their child consumes vegetables less than daily

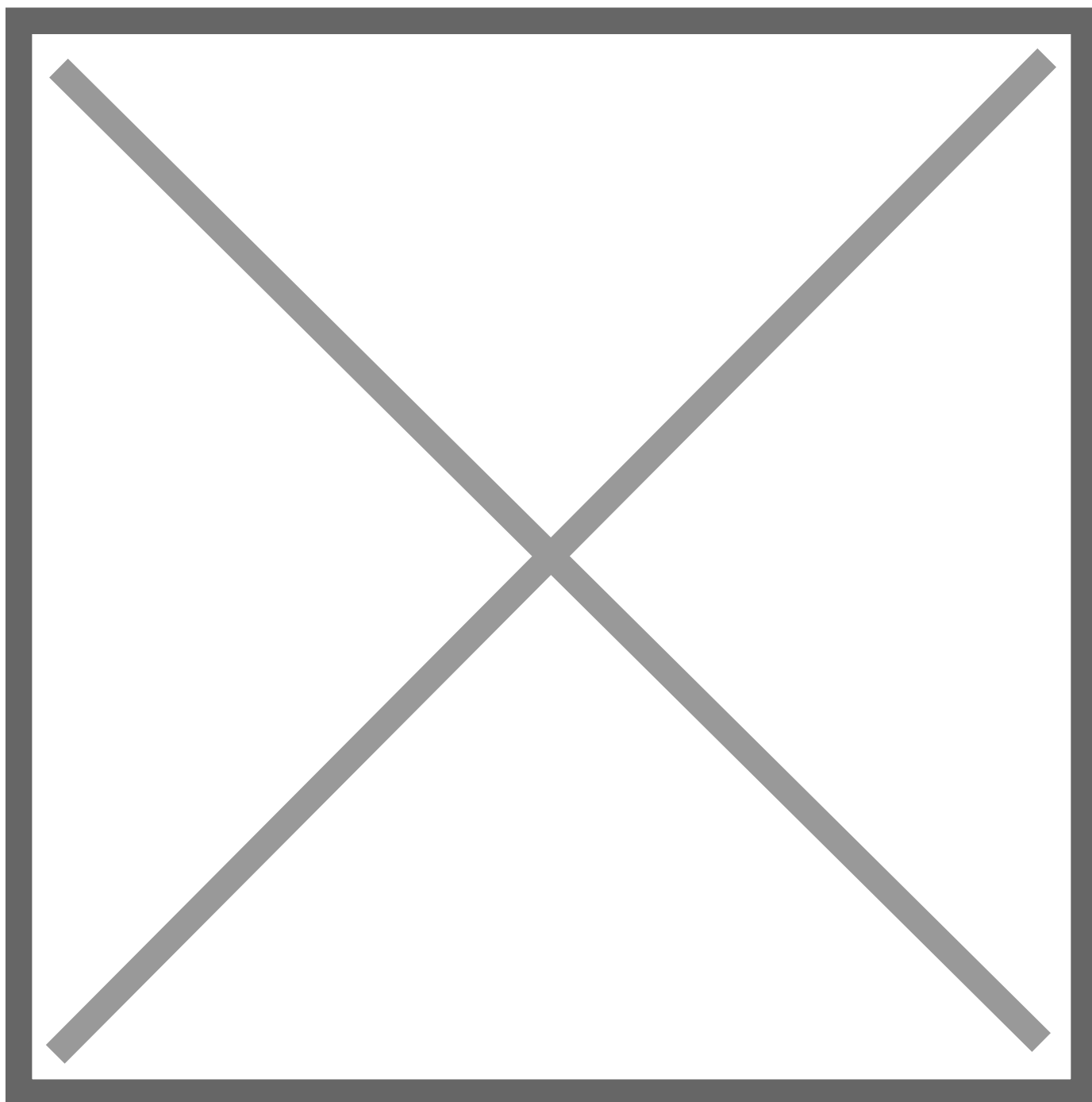
Момчета, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	1631
Обхваната зона:	Subnational - Almaty

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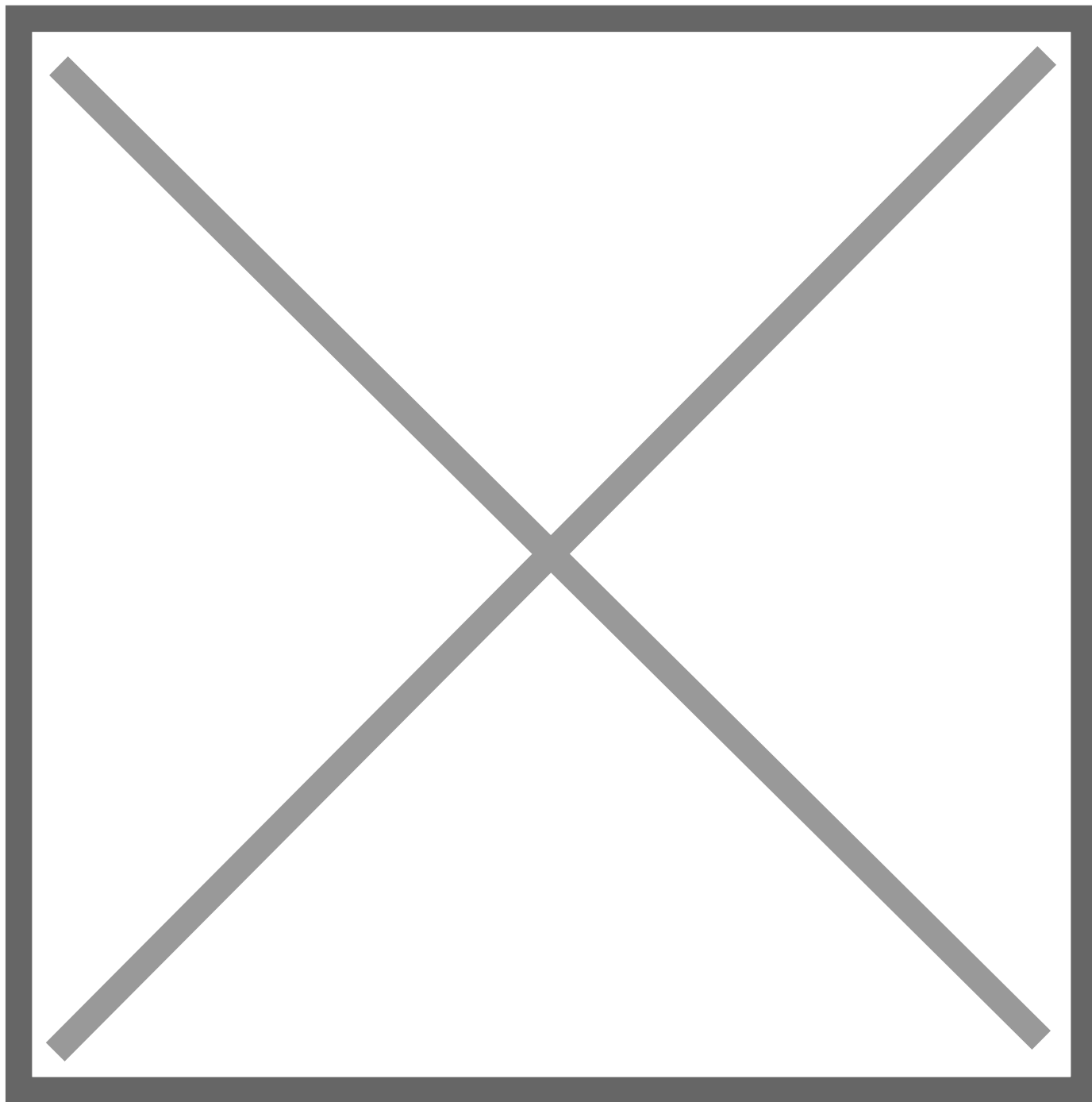


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Психично здраве - депресивни разстройства

Деца, 2021



Обхваната
зона:

Национално

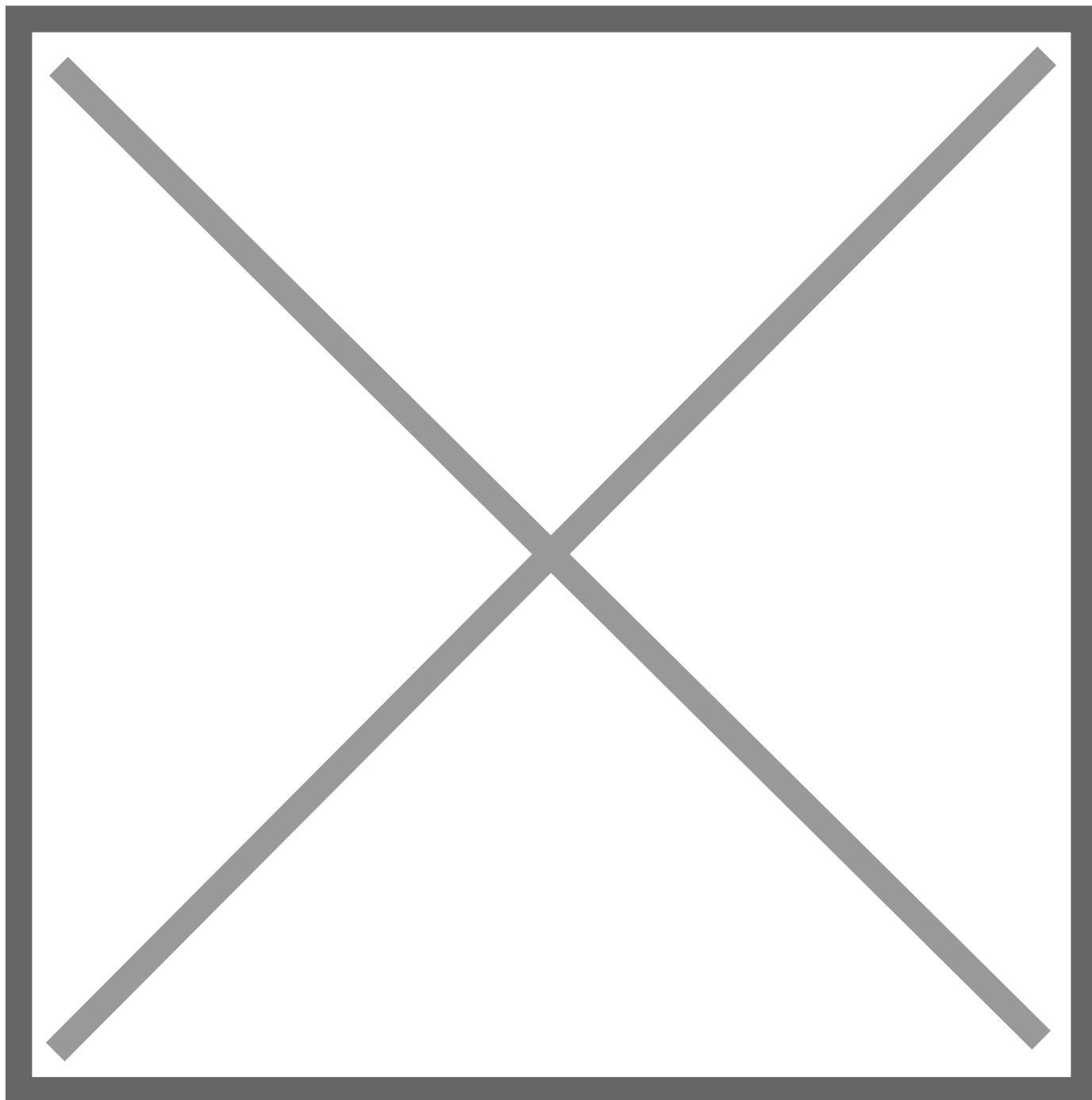
Референции:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Определения:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Момчета, 2021

Обхваната
зона:

Национално

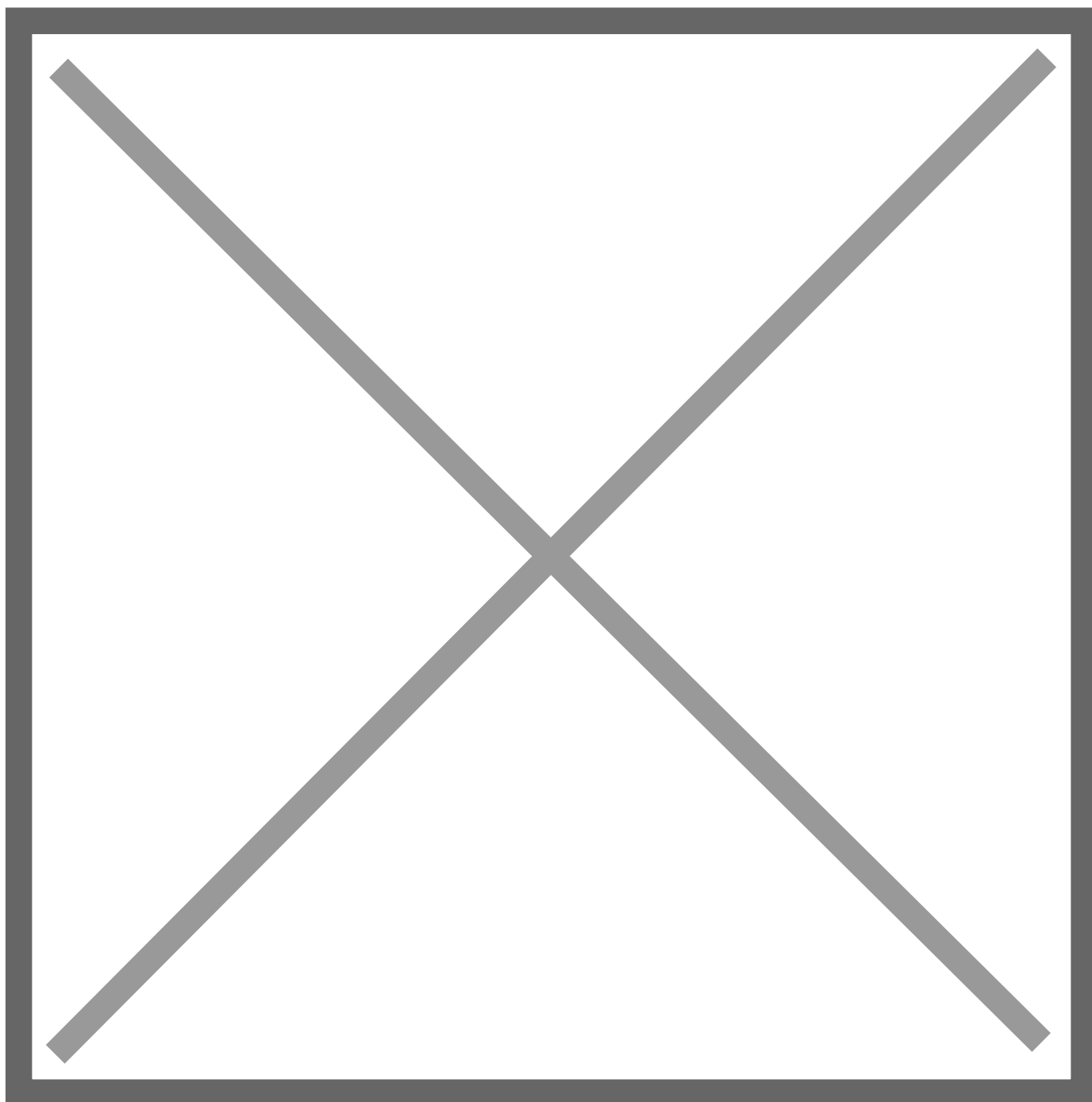
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Определения:

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Момичета, 2021

**Обхваната
зона:**

Национално

Референции:

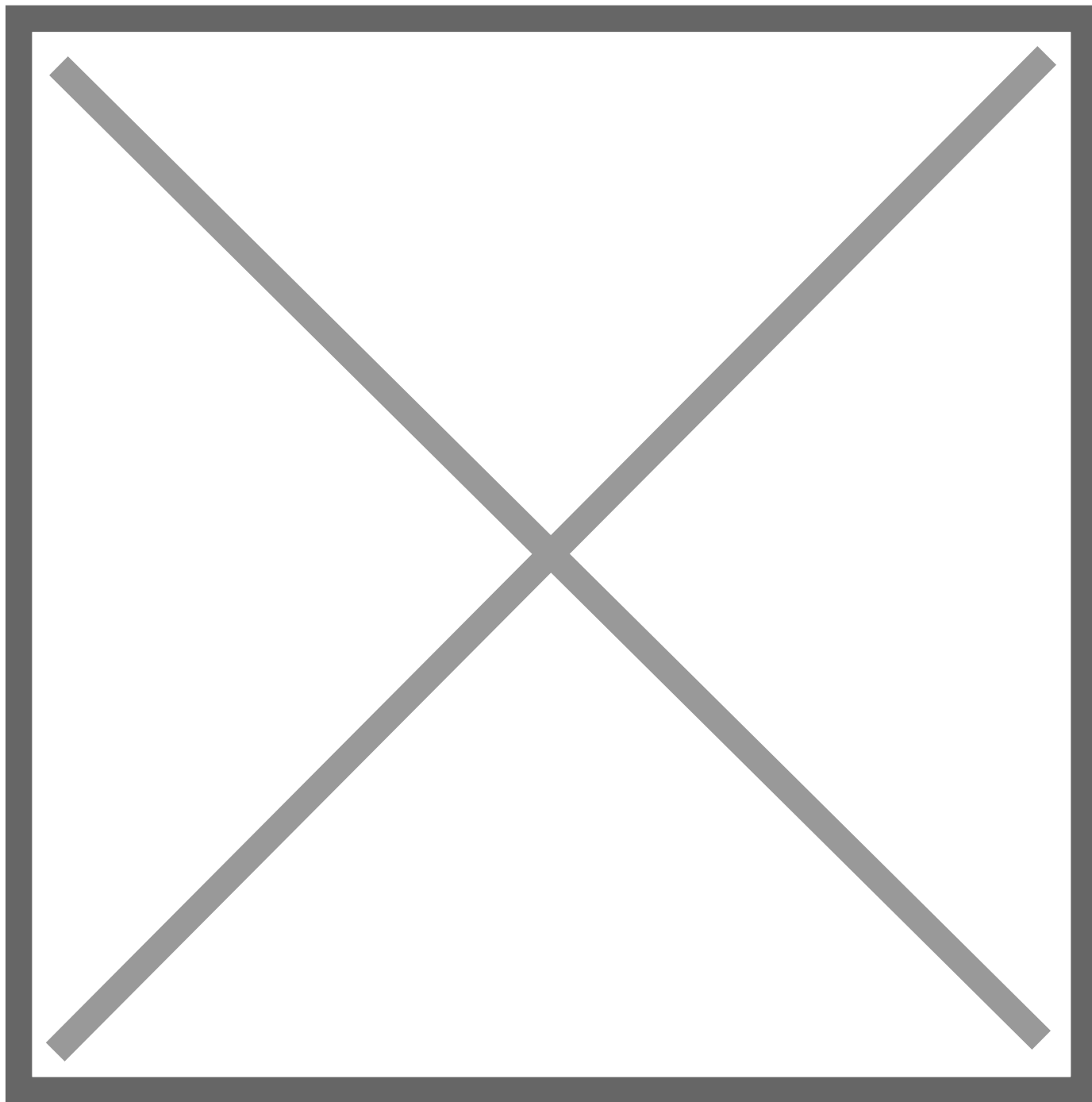
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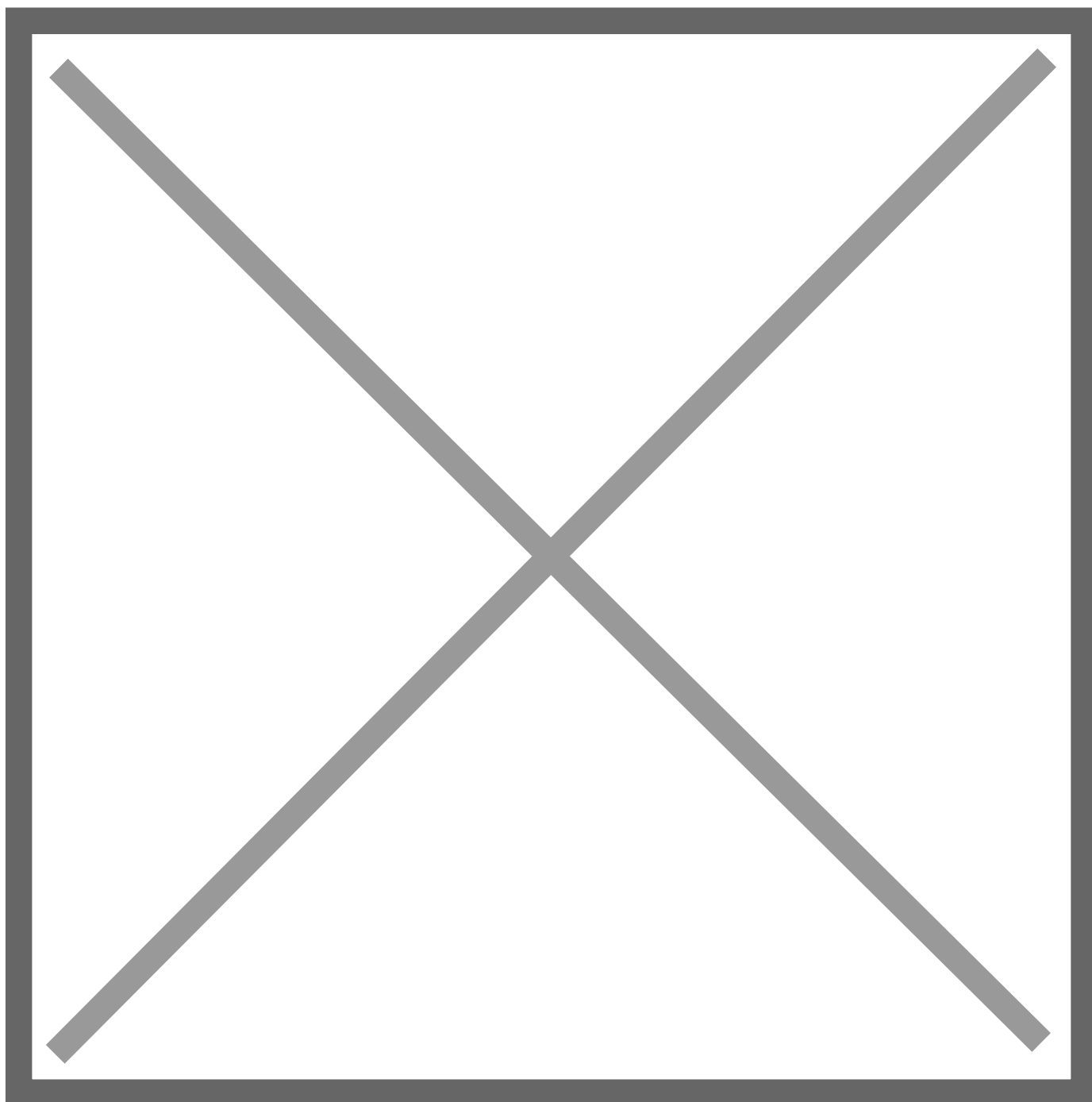
Психично здраве - тревожни разстройства

Деца, 2021

**Референции:**

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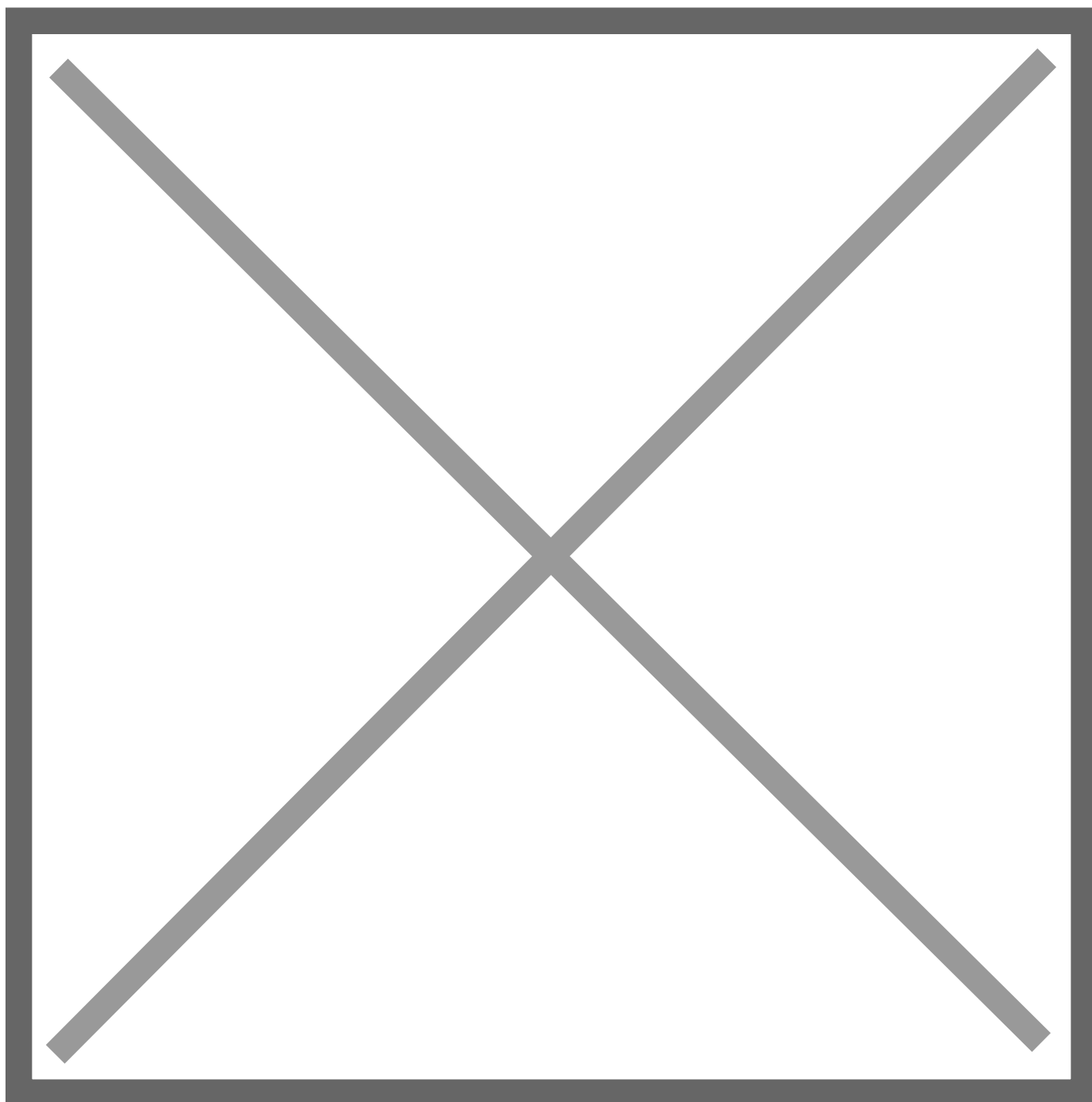
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