

Report card Jordan

Lower-middle income

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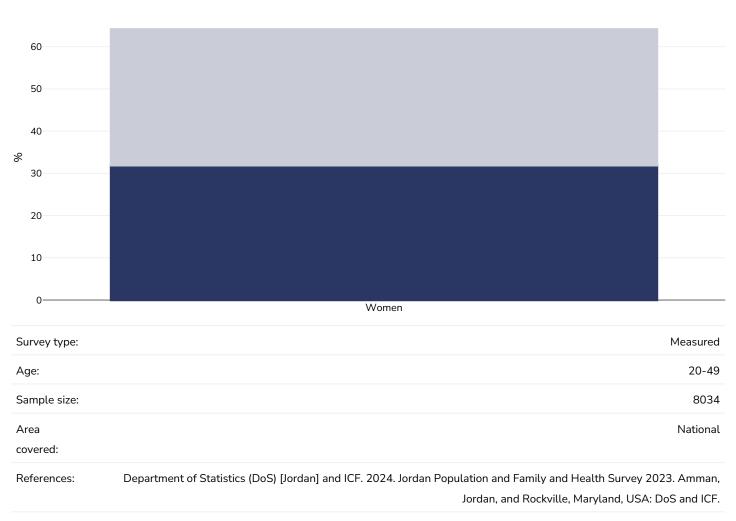




Obesity prevalence

Women, 2023

Obesity Overweight

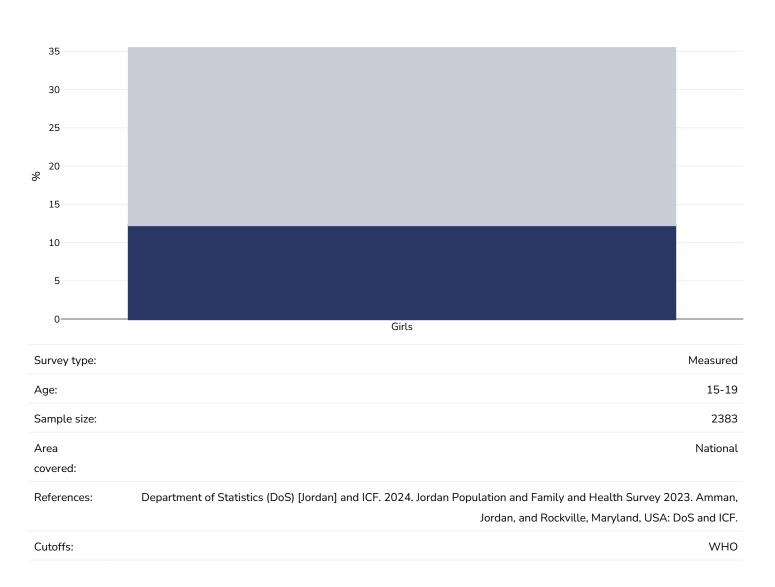


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Girls, 2023



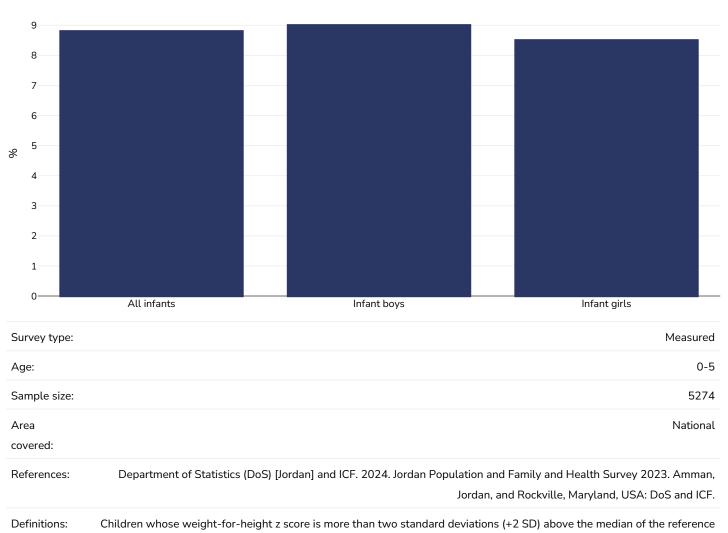




Infants, 2023

Cutoffs:

Overweight or obesity



population are considered overweight

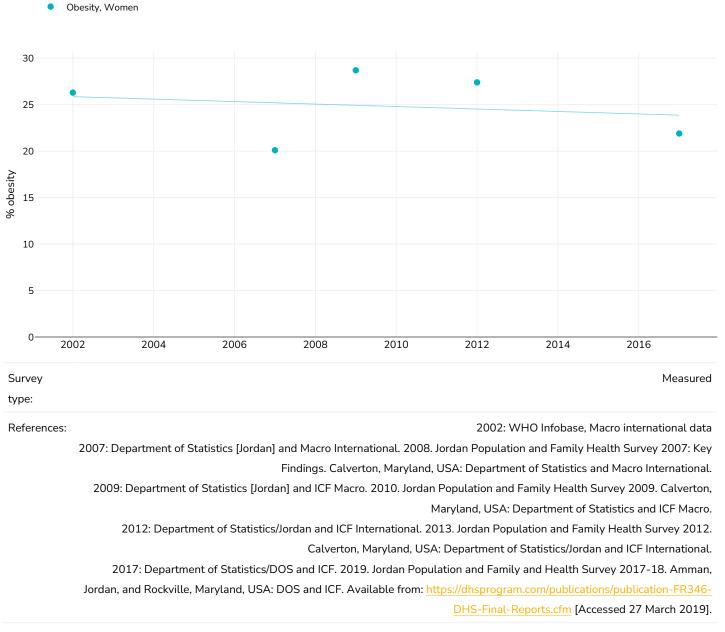
Weight for height



•

Notes:

% Adults living with obesity in Jordan 2002-2017



Adults aged 15-49

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with overweight or obesity in Jordan 2002-2017



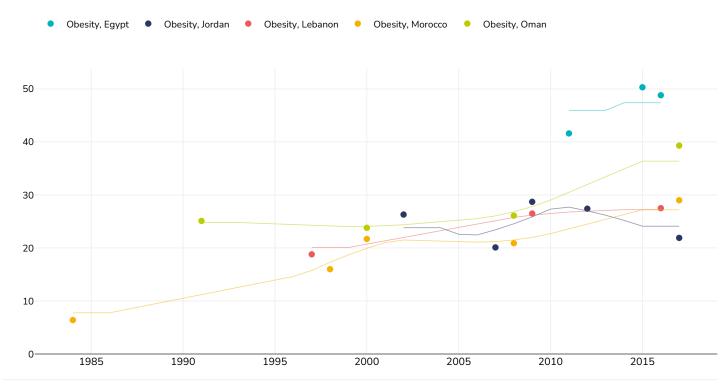
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with obesity in selected countries in the EMRO Region 1984-2017, selected countries



Women



References: 1984, 1998: Benjelloun S. Nutrition transition in Morocco. Public Health Nutrition. 2002;5(1A):135-140 1991: Al-Lawati JA, Jousilahti PJ. Prevalence and 10year secular trend of obesity in Oman. Saudi Med J 2004;25:346-351 1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study. Obesity Research 203;11:1353-1361

> 2000: Personal Communication from Morocco Minister of Health. National Survey carried out in 2000. Details in press for Journal of Hypertension (Arpil 03)

> > 2002: WHO Infobase, Macro international data

2007: Department of Statistics [Jordan] and Macro International. 2008. Jordan Population and Family Health Survey 2007: Key Findings. Calverton, Maryland, USA: Department of Statistics and Macro International.

2008: Rhazi K El, Nejjari C, Zidouh A et al. Prevalence of obesity and associated sociodemographic and lifestyle factors in

Morocco. Public Health Nutrition 2010:14(1)160-167

2009: WHO STEPS Report 2009 Lebanon

2011: WHO EMRO Egypt STEPS Survey 2011-12

2012: Department of Statistics/Jordan and ICF International. 2013. Jordan Population and Family Health Survey 2012. Calverton, Maryland, USA: Department of Statistics/Jordan and ICF International.

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Cairo, Egypt: Ministry of Health and Population/Egypt and ICF International. Available at http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm#sthash.StgV9s6X.dpuf

2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-

2017 https://www.who.int/ncds/surveillance/steps/Lebanon_STEPS_report_2016-2017.pdf?ua=1 (last accessed 16.10.19)

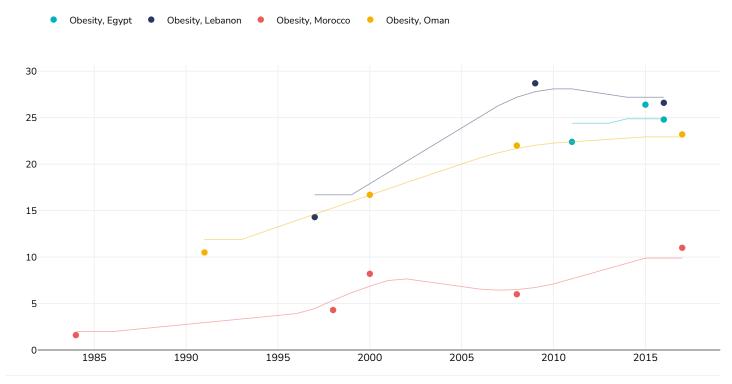
2017: Executive Summary. Oman National Non-Communicable Disease & their Risk Factors Survey 2017

https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary_NCDsurvey2017_En.pdf (last accessed 17.10.19)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



Men



References: 1984, 1998: Benjelloun S. Nutrition transition in Morocco. Public Health Nutrition. 2002;5(1A):135-140 1991: Al-Lawati JA, Jousilahti PJ. Prevalence and 10year secular trend of obesity in Oman. Saudi Med J 2004;25:346-351 1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study. Obesity Research 203;11:1353-1361

> 2000: Personal Communication from Morocco Minister of Health. National Survey carried out in 2000. Details in press for Journal of Hypertension (Arpil 03)

> > 2002: WHO Infobase, Macro international data

2007: Department of Statistics [Jordan] and Macro International. 2008. Jordan Population and Family Health Survey 2007: Key Findings. Calverton, Maryland, USA: Department of Statistics and Macro International.

2008: Rhazi K El, Nejjari C, Zidouh A et al. Prevalence of obesity and associated sociodemographic and lifestyle factors in

Morocco. Public Health Nutrition 2010:14(1)160-167

2009: WHO STEPS Report 2009 Lebanon

2011: WHO EMRO Egypt STEPS Survey 2011-12

2012: Department of Statistics/Jordan and ICF International. 2013. Jordan Population and Family Health Survey 2012. Calverton, Maryland, USA: Department of Statistics/Jordan and ICF International.

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Cairo, Egypt: Ministry of Health and Population/Egypt and ICF International. Available at http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm#sthash.StgV9s6X.dpuf

2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-

2017 https://www.who.int/ncds/surveillance/steps/Lebanon_STEPS_report_2016-2017.pdf?ua=1 (last accessed 16.10.19)

2017: Executive Summary. Oman National Non-Communicable Disease & their Risk Factors Survey 2017

https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary_NCDsurvey2017_En.pdf (last accessed 17.10.19)

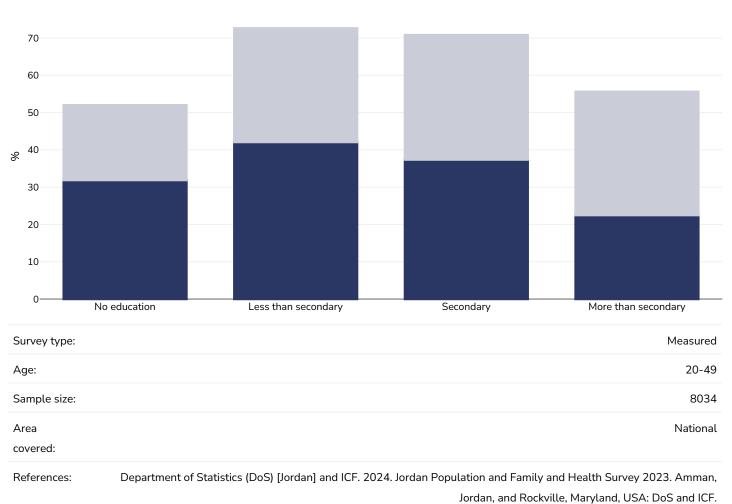
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



Overweight/obesity by education

Women, 2023

Obesity Overweight

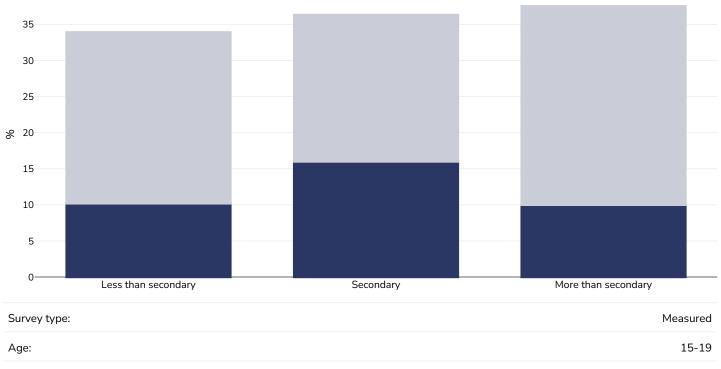


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Girls, 2023

Obesity Overweight

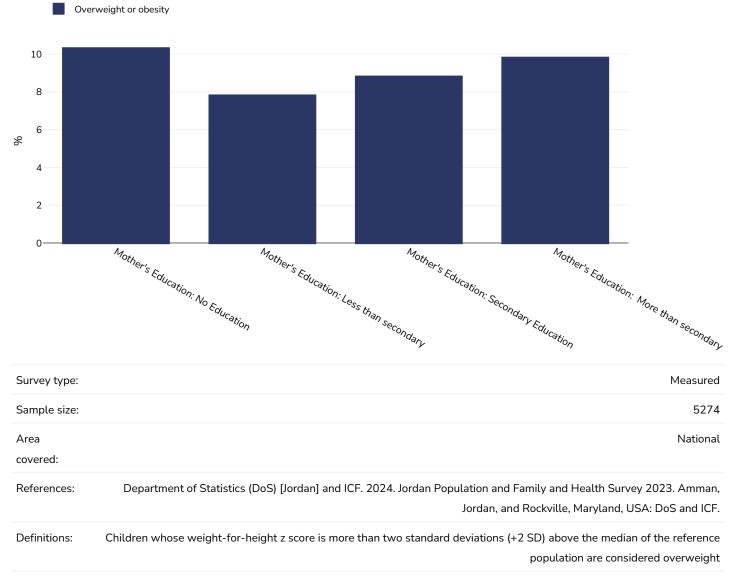


Sample size:	2383	
Area covered:	National	
References:	Department of Statistics (DoS) [Jordan] and ICF. 2024. Jordan Population and Family and Health Survey 2023. Amman, Jordan, and Rockville, Maryland, USA: DoS and ICF.	

Notes:	Insufficent sample size to demonstrate 'no education' category.
Cutoffs:	WHO



Infants, 2023



Cutoffs:

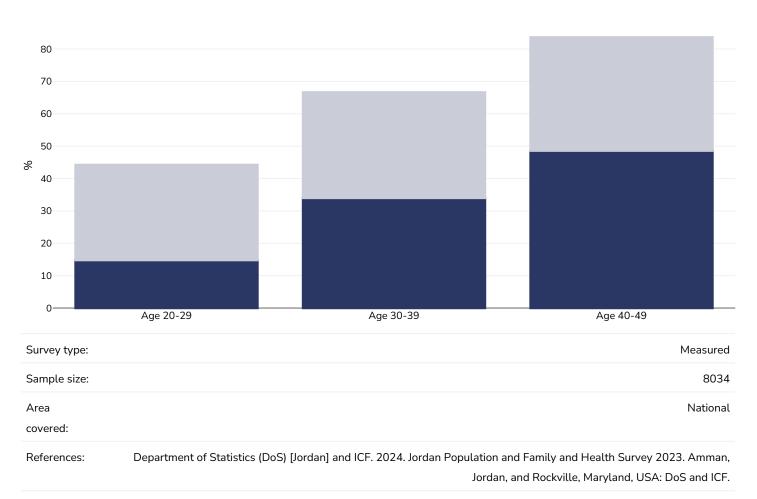
Weight for height



Overweight/obesity by age

Women, 2023

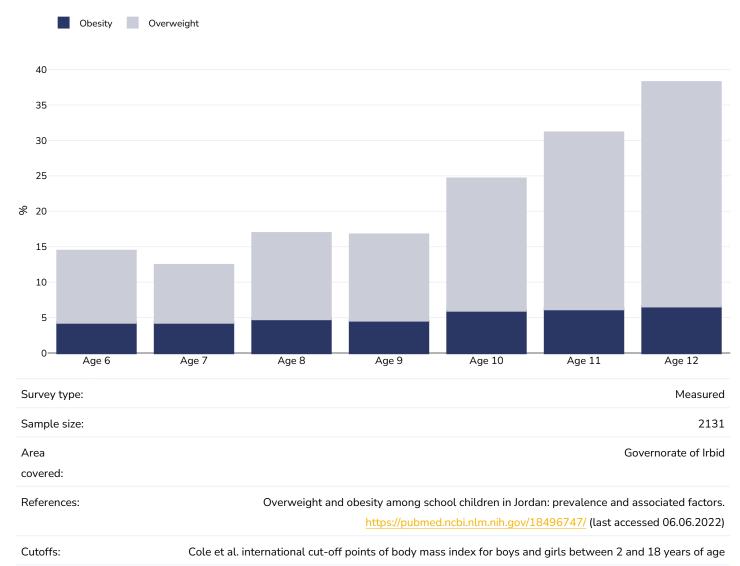
Obesity Overweight



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2006

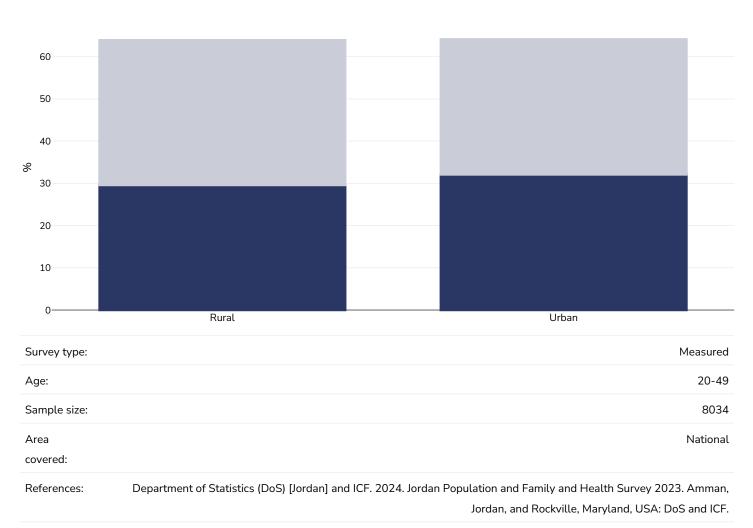




Overweight/obesity by region

Women, 2023

Obesity Overweight

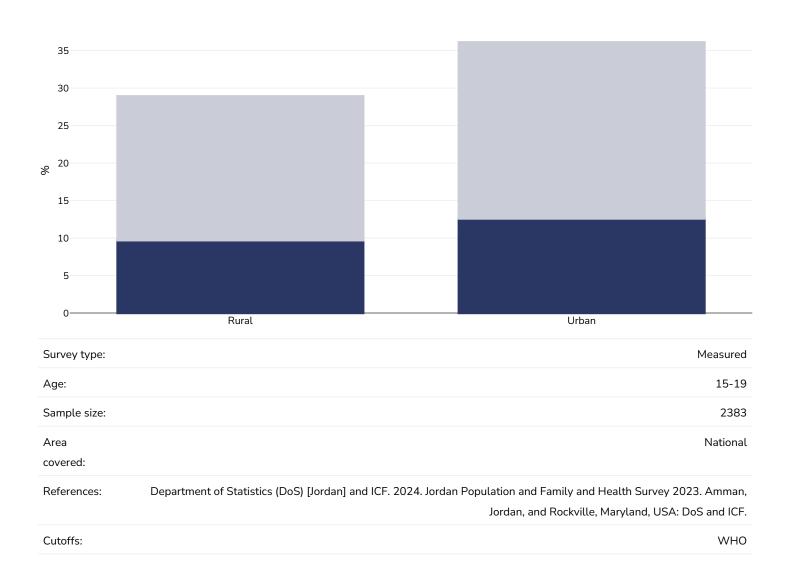


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Girls, 2023

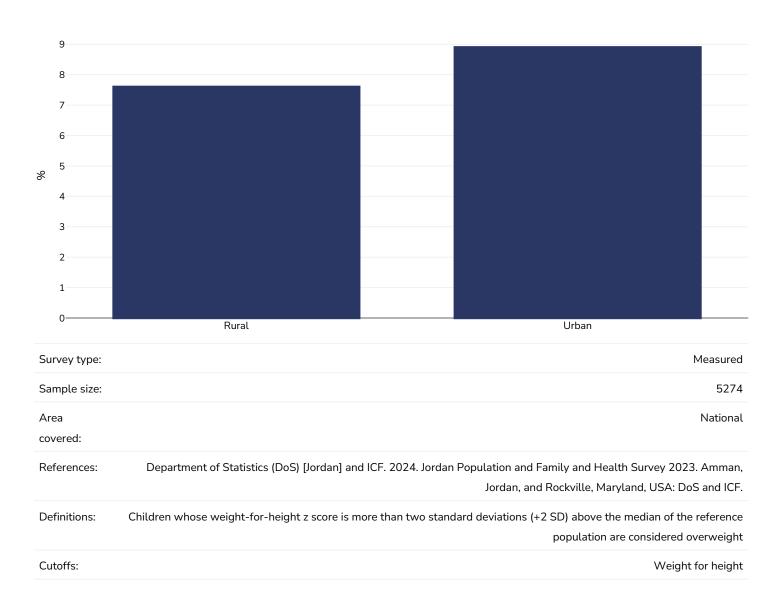
Obesity Overweight





Infants, 2023

Overweight or obesity

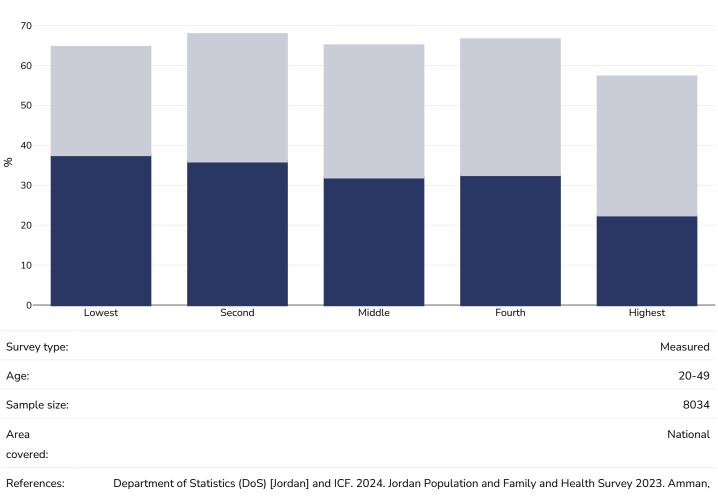




Overweight/obesity by socio-economic group

Women, 2023

Obesity Overweight



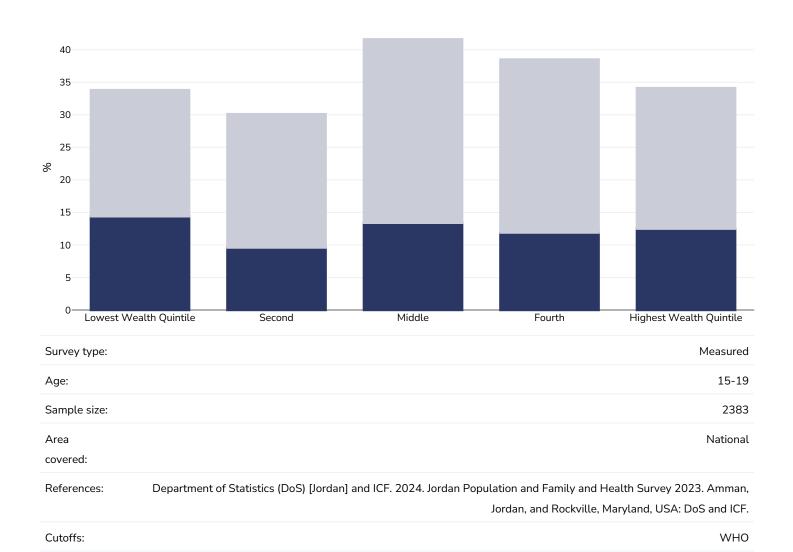
Jordan, and Rockville, Maryland, USA: DoS and ICF.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



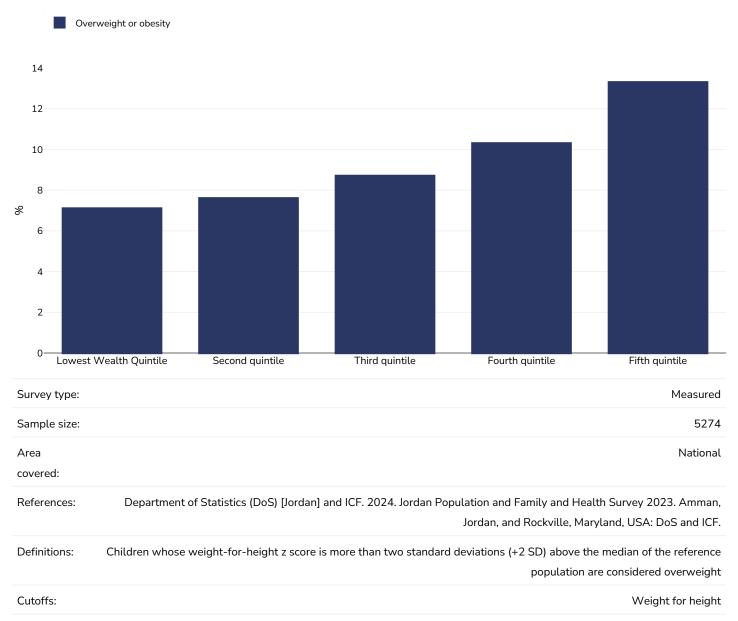
Girls, 2023

Obesity Overweight





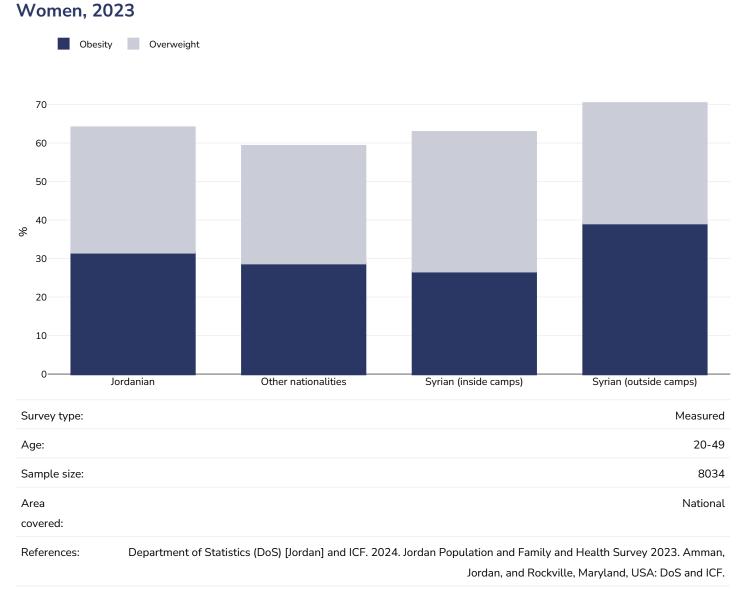
Infants, 2023





Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

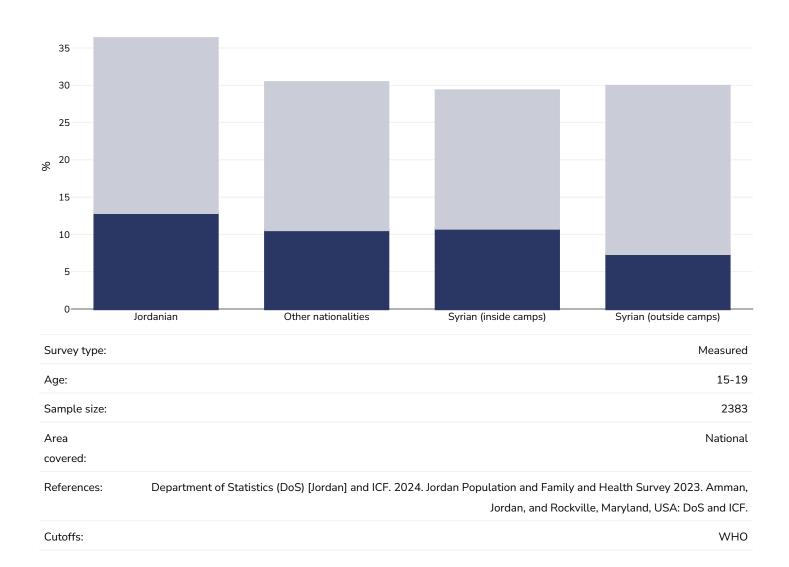


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Girls, 2023

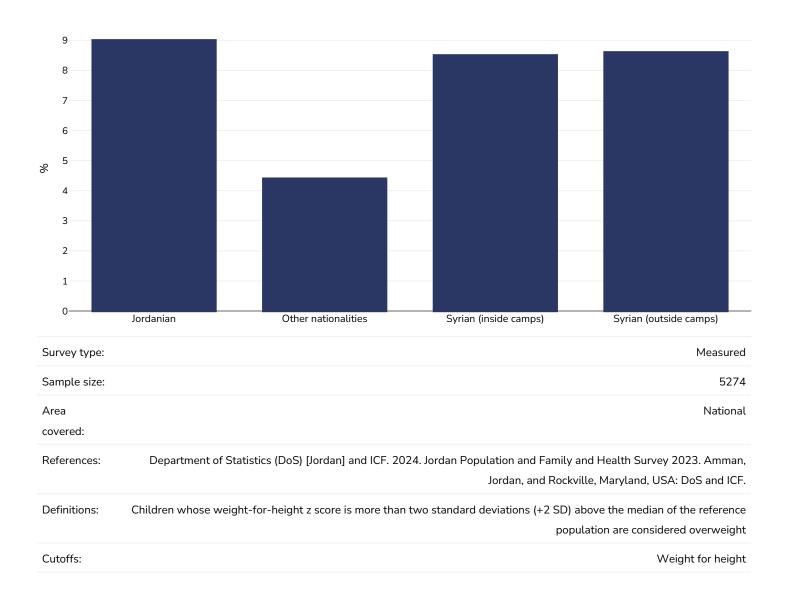
Obesity Overweight





Infants, 2023

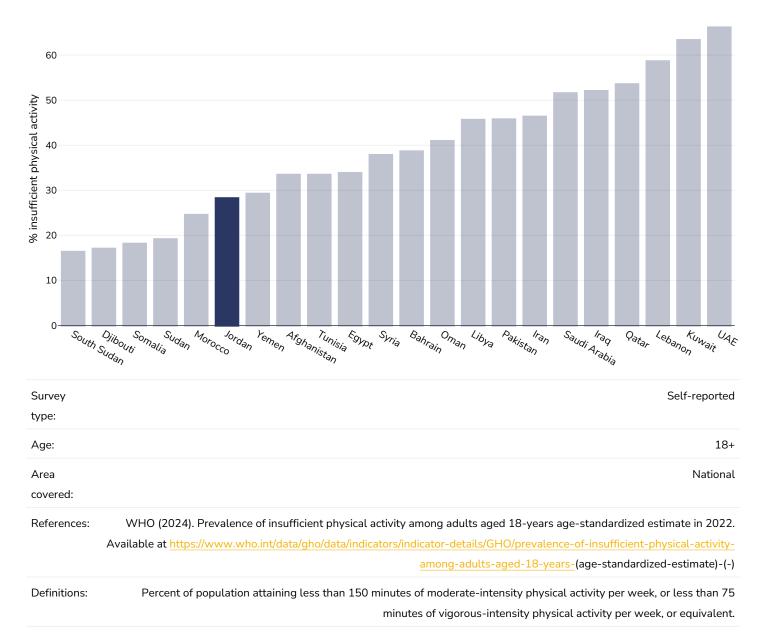
Overweight or obesity





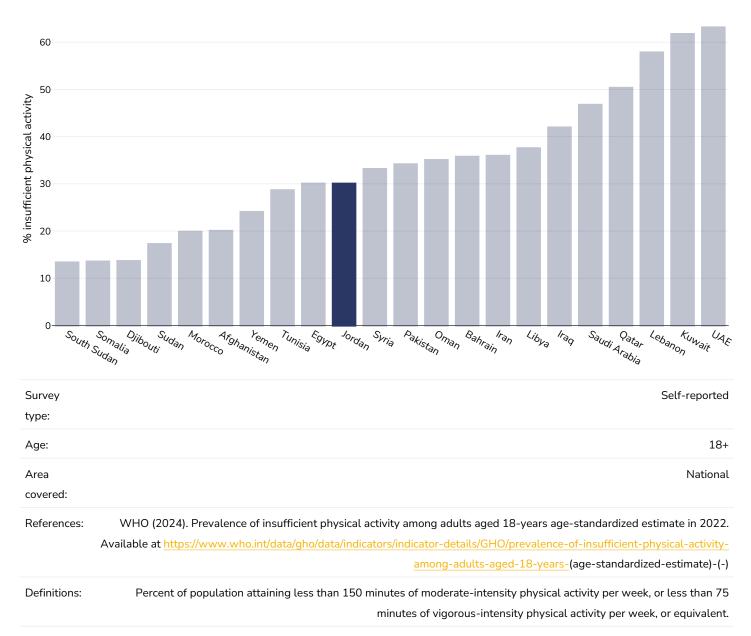
Insufficient physical activity

Adults, 2022



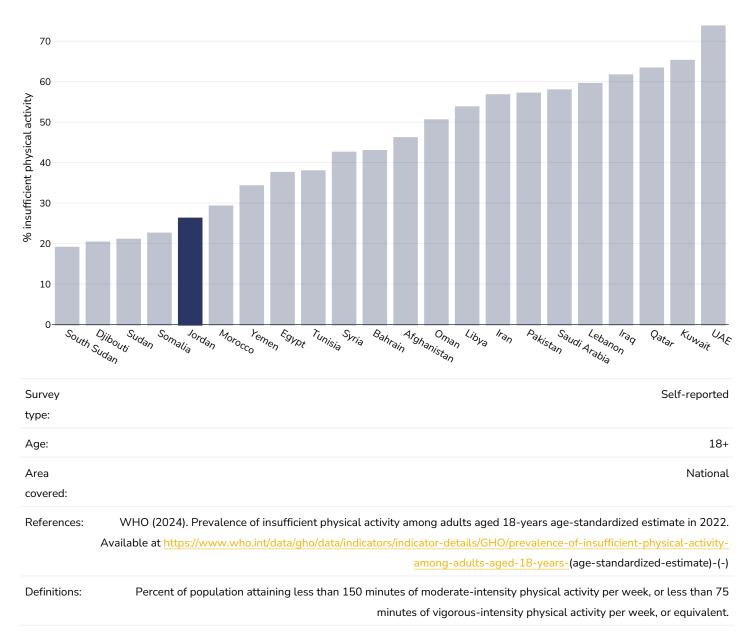


Men, 2022



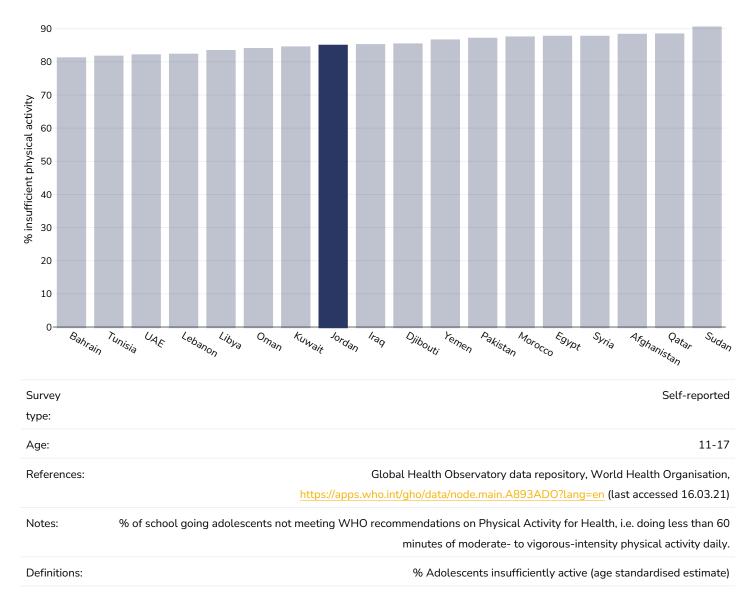


Women, 2022

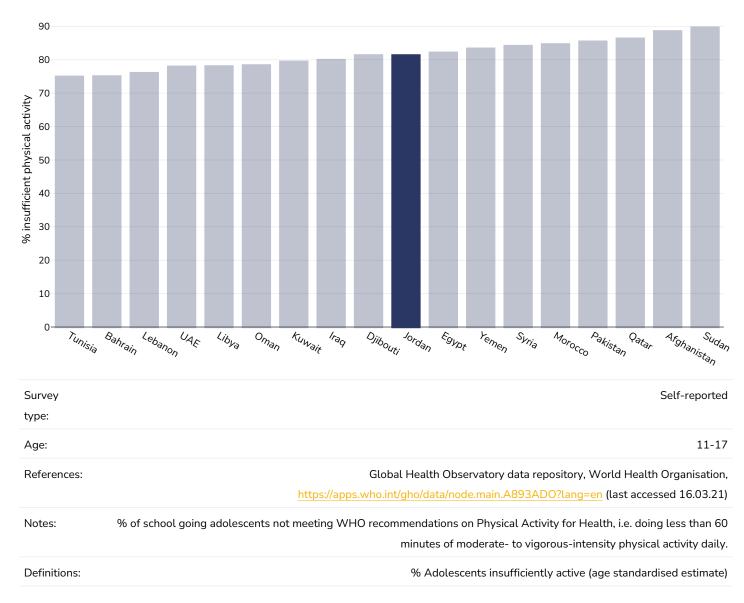




Children, 2016

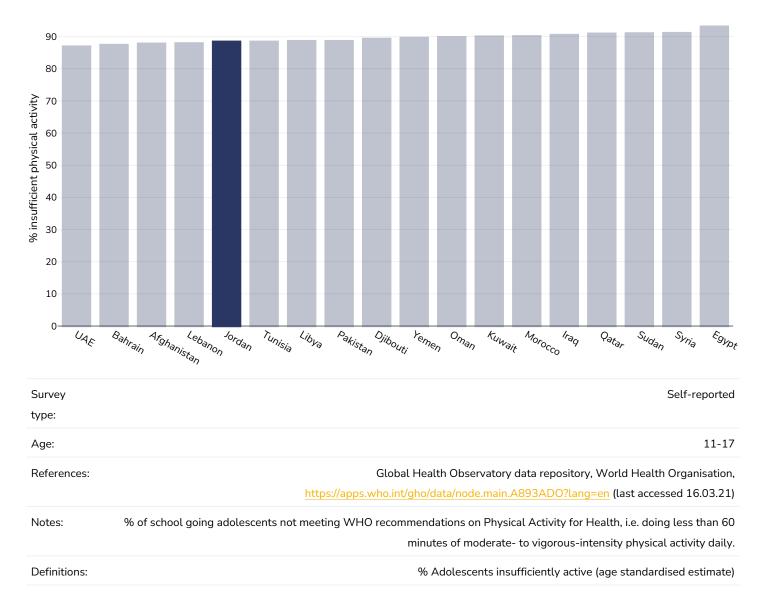


Boys, 2016





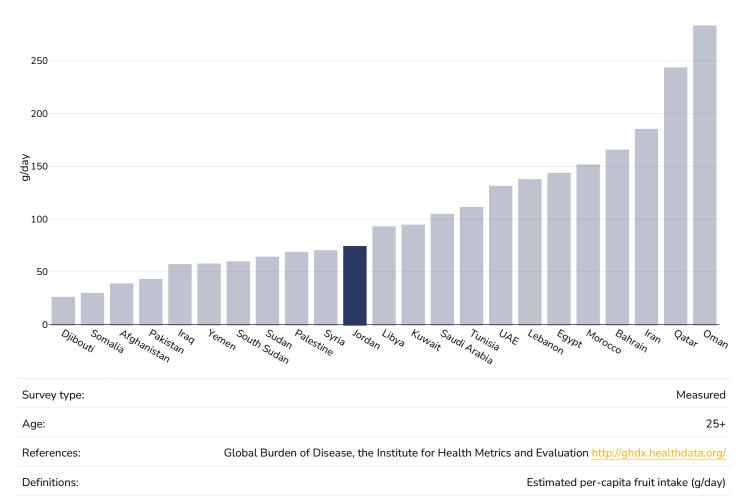
Girls, 2016





Estimated per capita fruit intake







Estimated per-capita processed meat intake

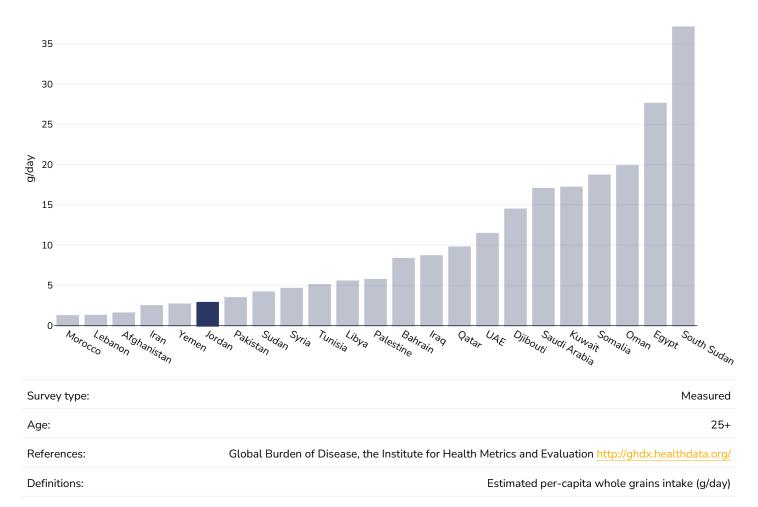
2.5 2 1.5 g/day 1 0.5 South Sudan 0 Morocco Lebanon Bahrain Arghanistan Somalia Palestine Tunisia Iraq Iran Yemen Jordan Libya UAE Sudan Syria Saudi Arabia Pakistan Oman Kuwait Qatar Measured Survey type: Age: 25+ Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ References: Definitions: Estimated per-capita processed meat intake (g per day)

Adults, 2017



Estimated per capita whole grains intake

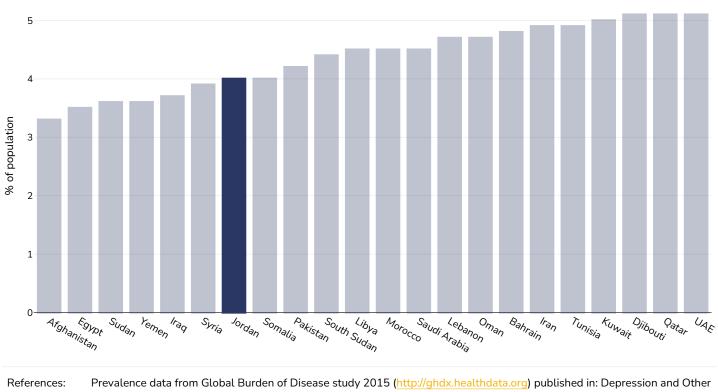
Adults, 2017





Mental health - depression disorders

Adults, 2015



eferences: Prevalence data from Global Burden of Disease study 2015 (<u>http://ghdx.healthdata.org</u>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

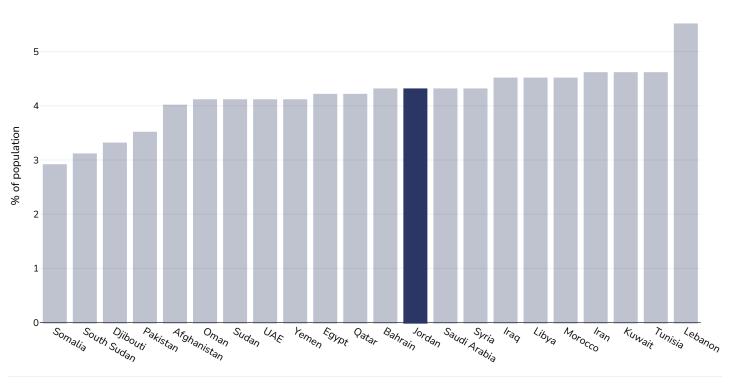
Definitions:

% of population with depression disorders



Mental health - anxiety disorders





References: Prevalence data from Global Burden of Disease study 2015 (<u>http://ghdx.healthdata.org</u>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

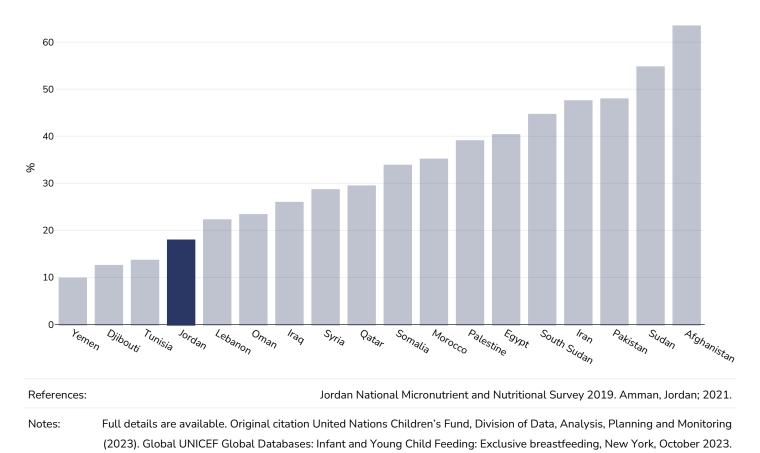
Definitions:

% of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

Infants, 2010-2023

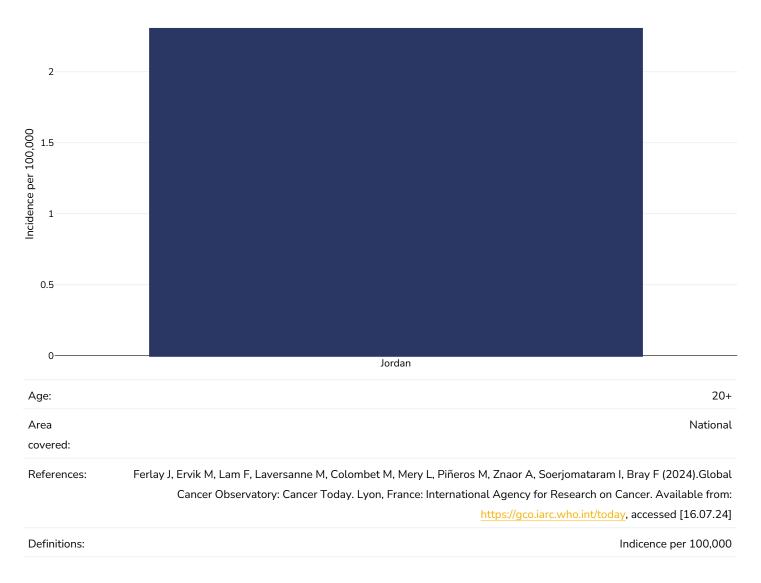


35

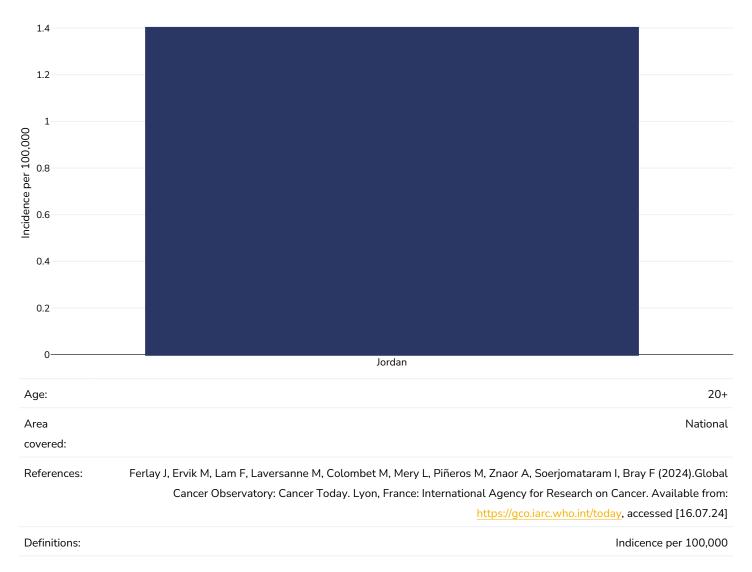


Oesophageal cancer

Men, 2022





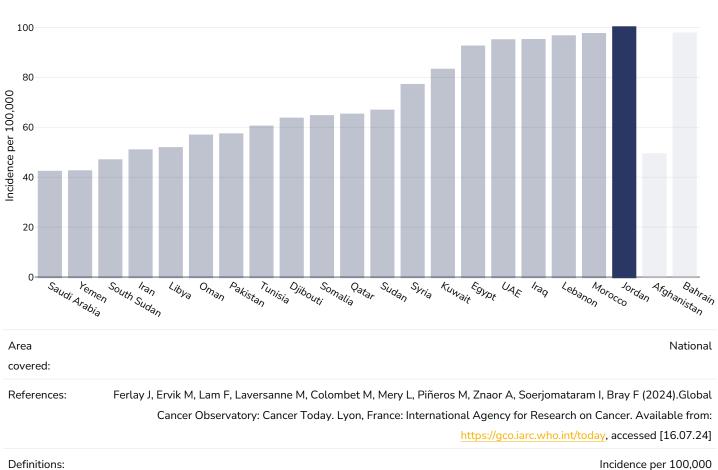




Breast cancer

Women, 2022

Age 20 Age 20+

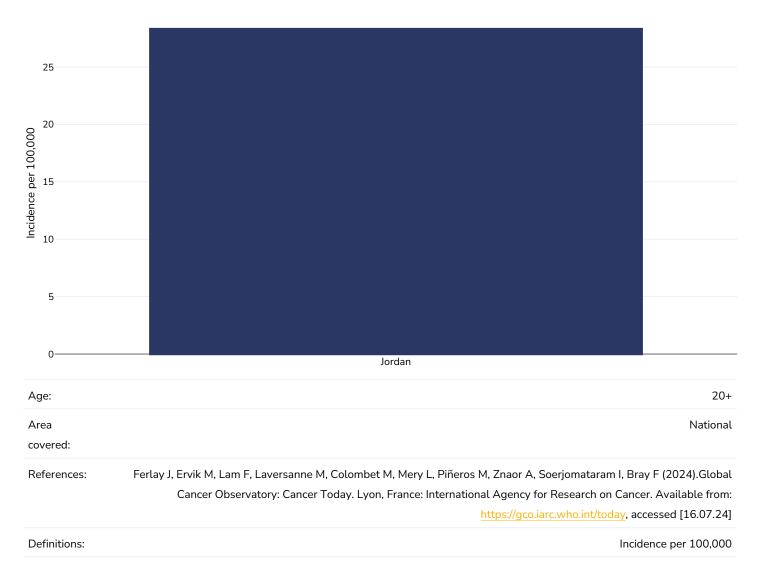


Incidence per 100,000



Colorectal cancer

Men, 2022



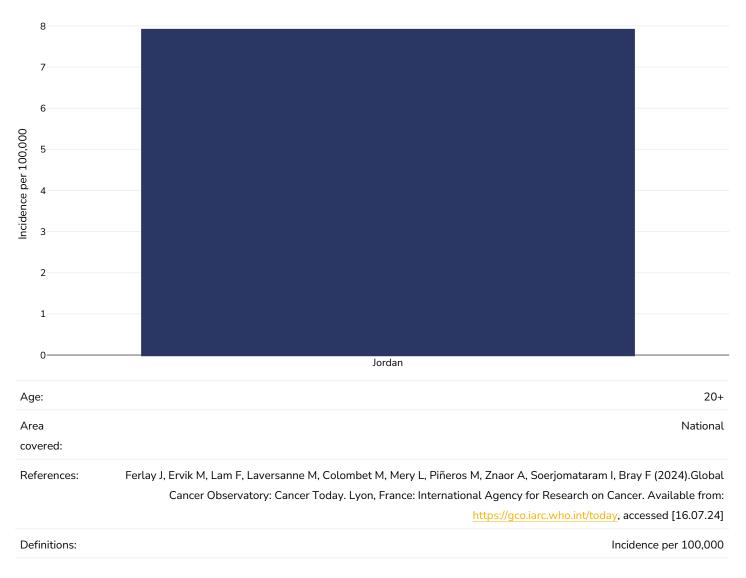


25				
25				
20				
Incidence per 100,000				
<u> </u>				
0				
	Jordan			
Age:		20+		
Area covered:		National		
References:	nces: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <u>https://gco.iarc.who.int/today</u> , accessed [16.07.24]			
Definitions:	Incid	lence per 100,000		



Pancreatic cancer

Men, 2022







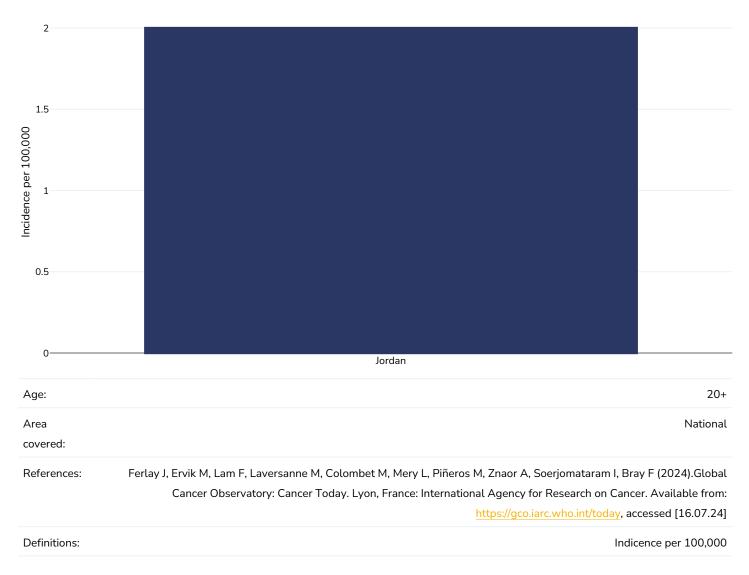


Gallbladder cancer

Men, 2022









Kidney cancer

Men, 2022









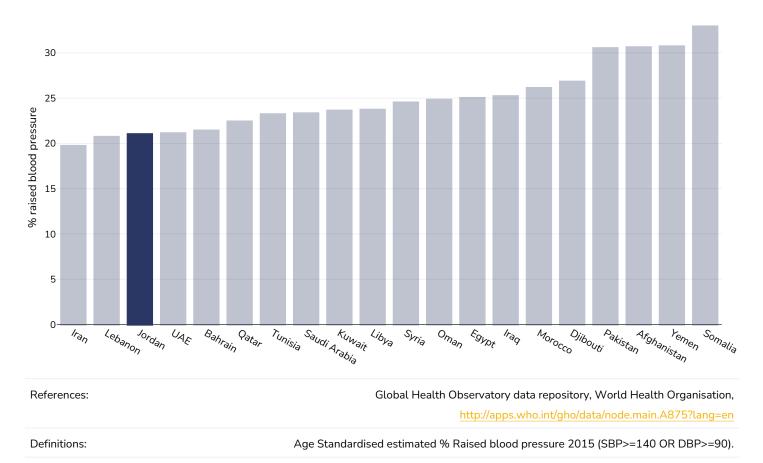
Cancer of the uterus



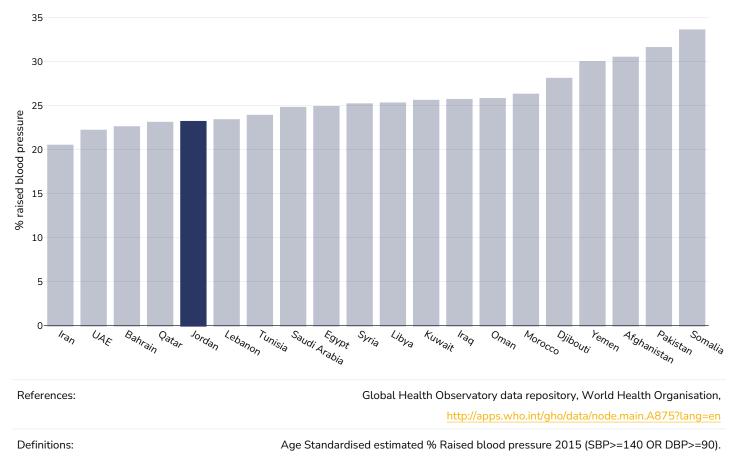


Raised blood pressure

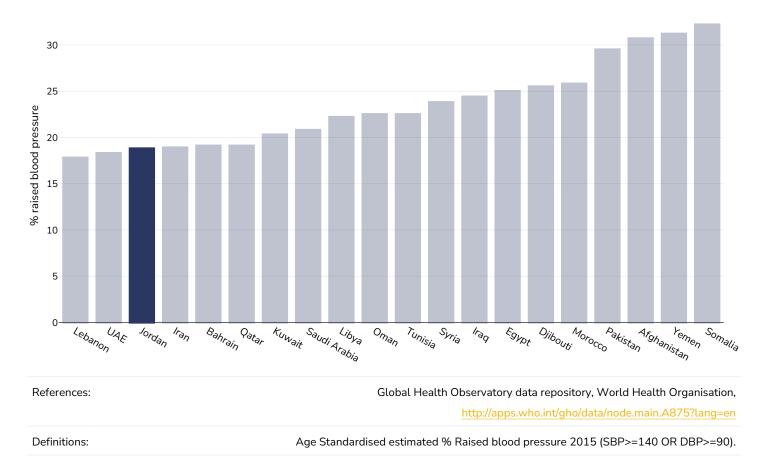
Adults, 2015



Men, 2015



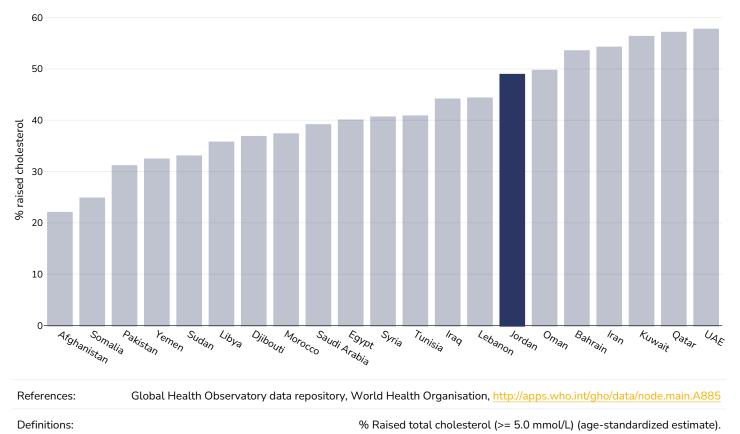






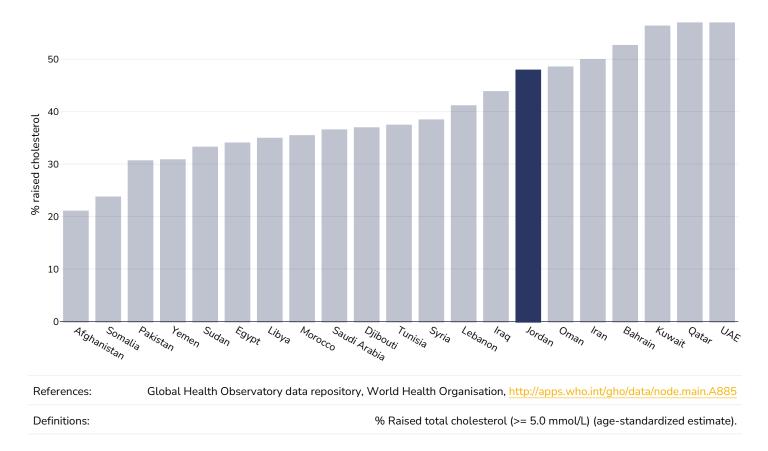
Raised cholesterol

Adults, 2008

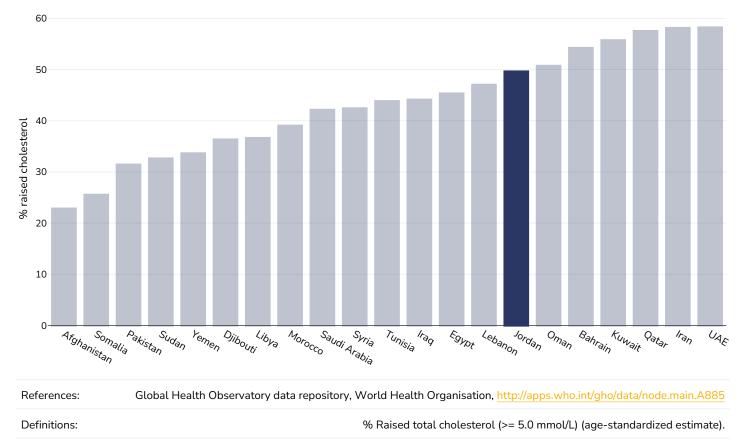




Men, 2008



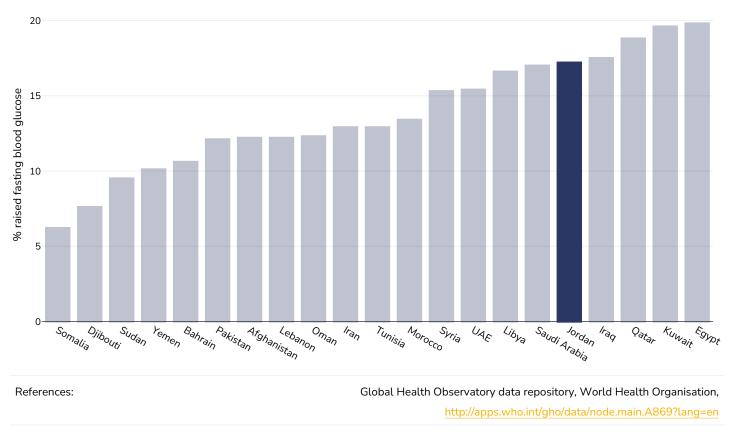






Raised fasting blood glucose

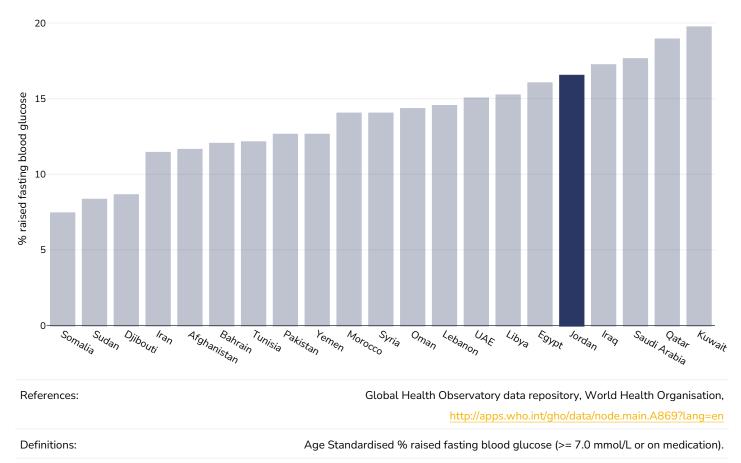




Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

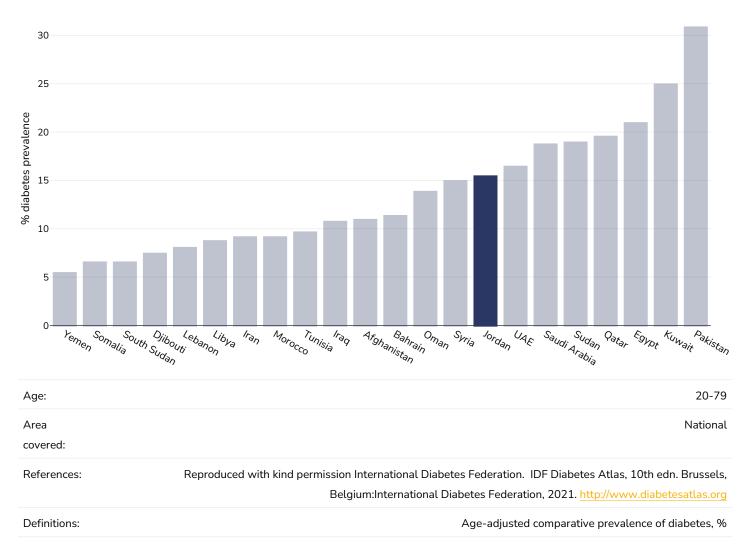




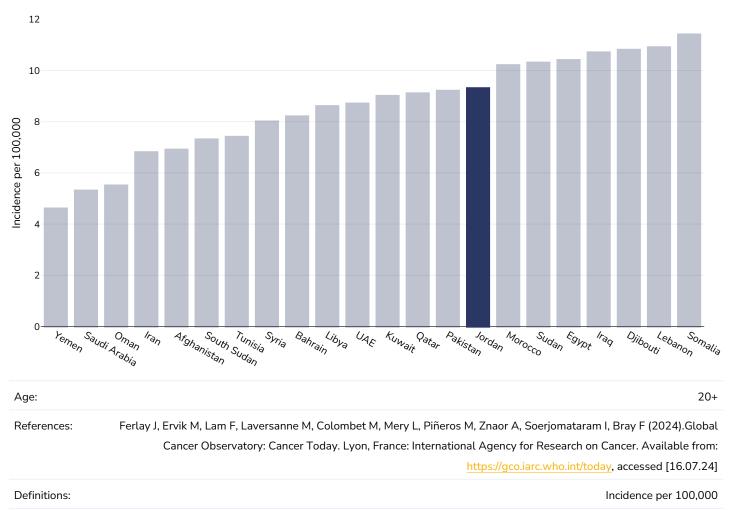


Diabetes prevalence

Adults, 2021



Ovarian Cancer





Leukemia

Men, 2022							
4							
3							
2							
1							
0							
⁻¹ _1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <u>https://gco.iarc.who.int/today</u> , accessed [16.07.24]						
Definitions:						Incidence per	100,000
						D. // //	

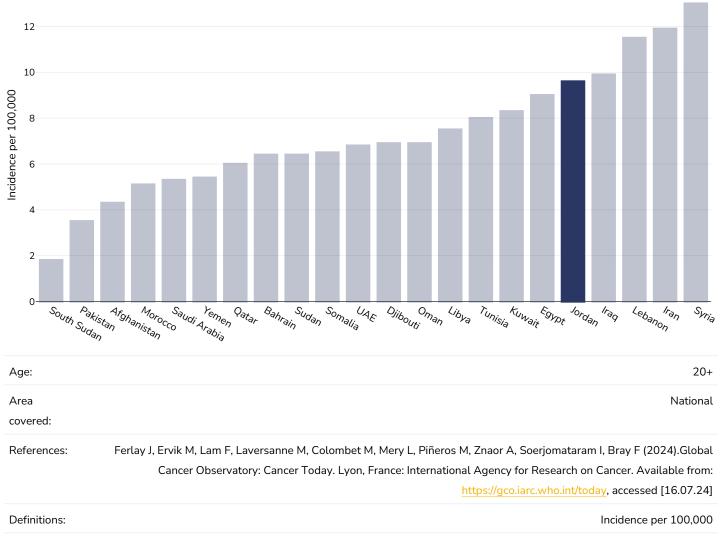


4							
3							
2							
1							
0							
-1 -1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]						
Definitions:						Incidence per	r 100,000

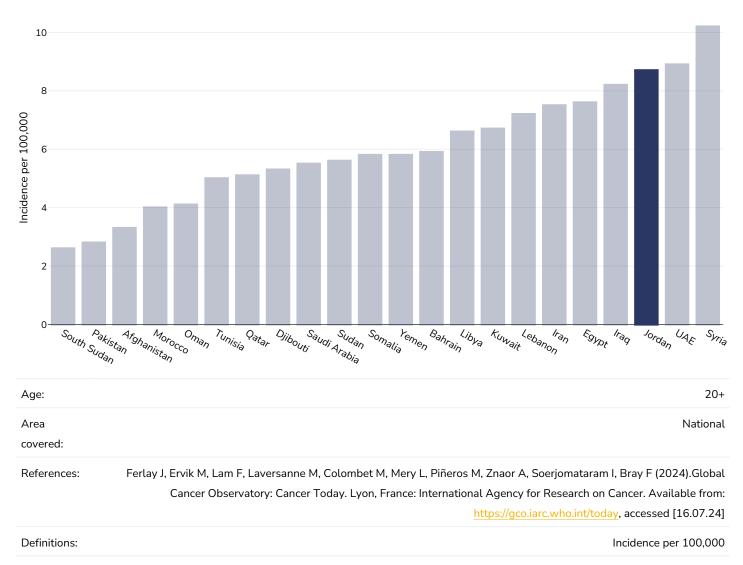


Leukemia

Men, 2022



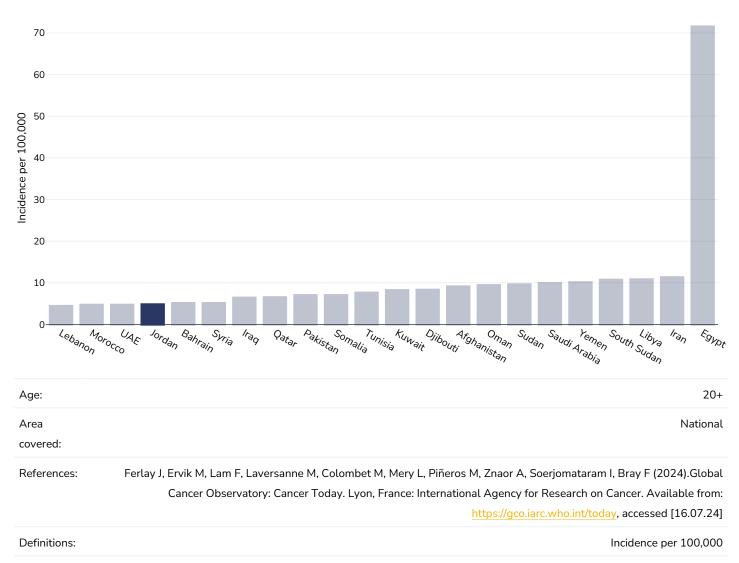




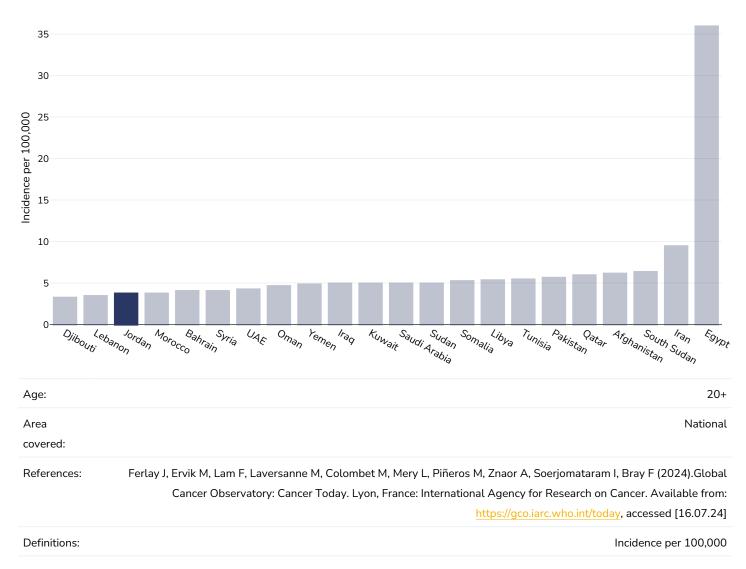


Liver and intrahepatic bile duct Cancer



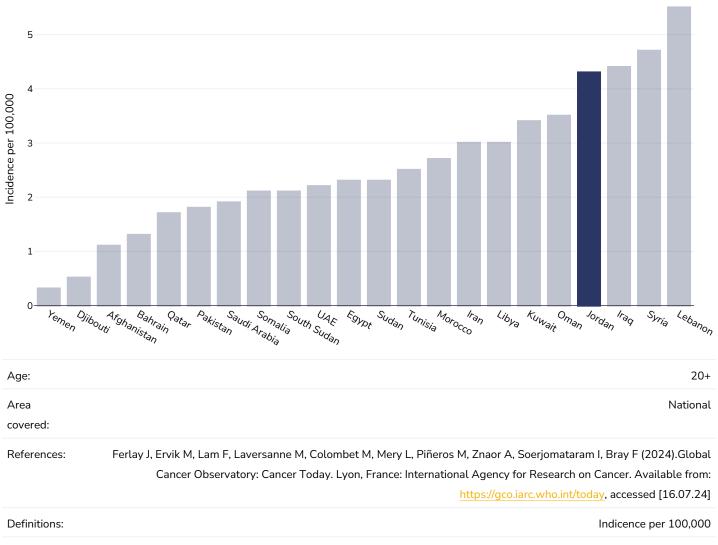






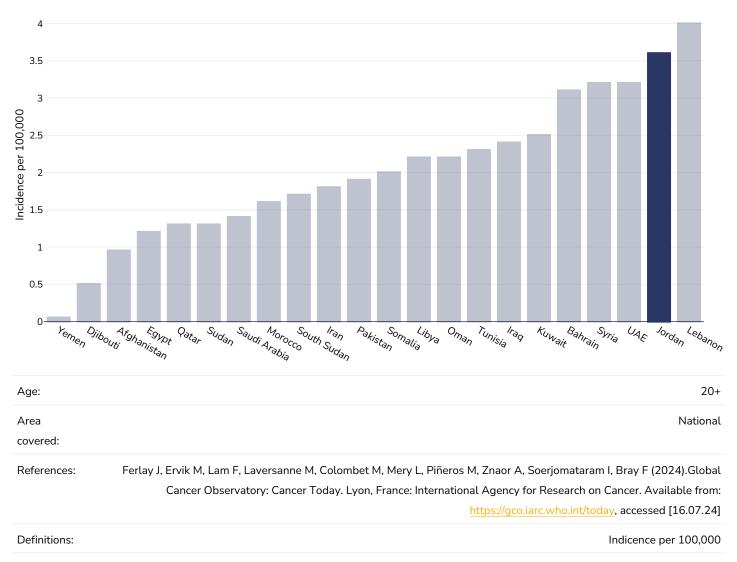
Multiple Myeloma

Men, 2022



WORLD ØBESITY

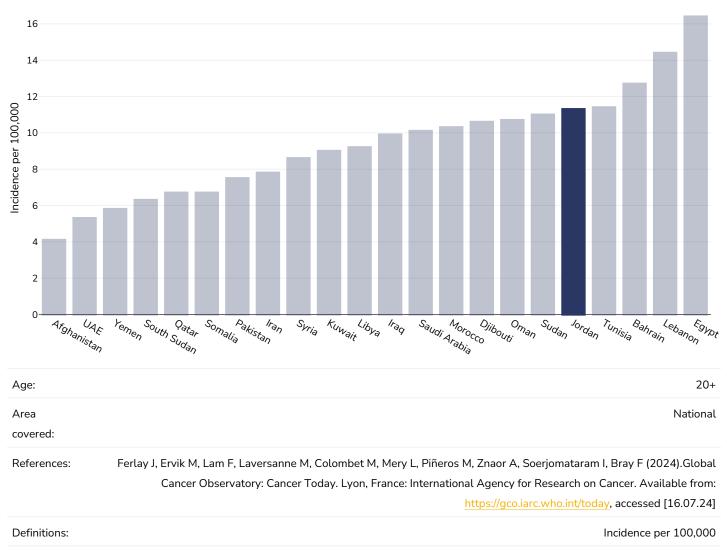
Women, 2022





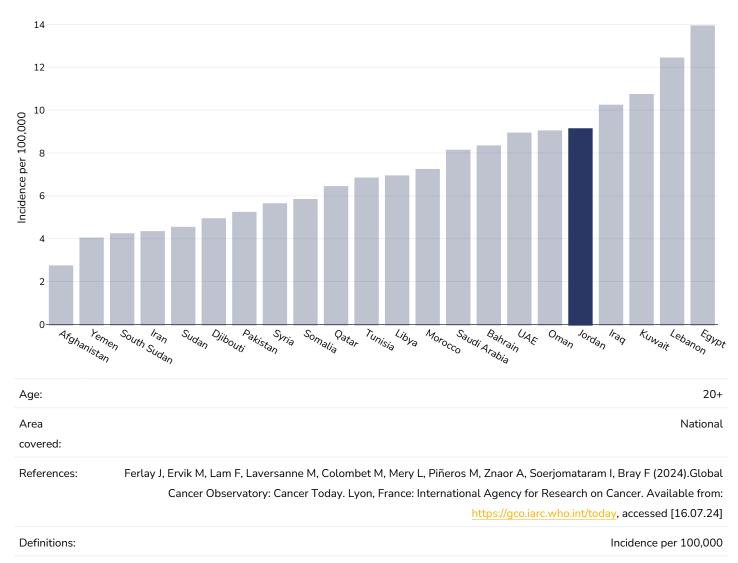
Non Hodgkin Lymphoma

Men, 2022



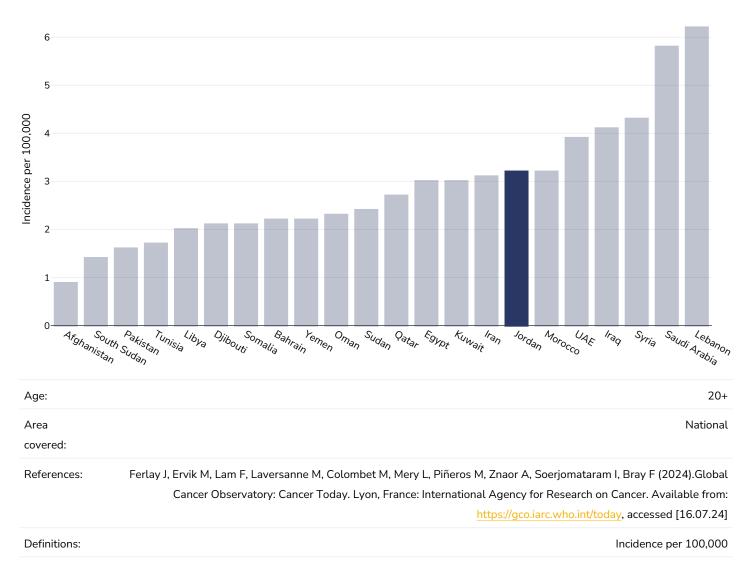
WORLD ØBESITY

Women, 2022

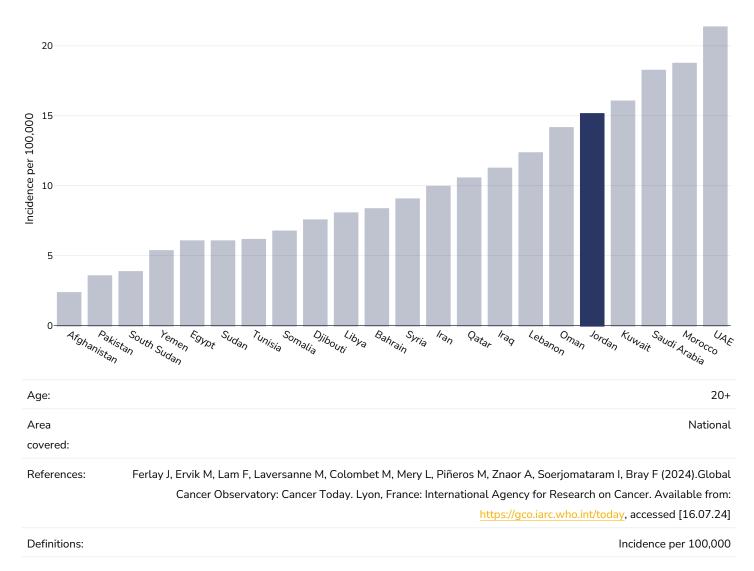


Thyroid Cancer

Men, 2022









Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	?
Color coding?	×
Warning label?	×

Regulation and marketing	
Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	×
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Mandatory restriction on broadcast media?	×
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	\checkmark
Are there any mandatory nutrient limits in any manufactured food products?	\checkmark
Nutrition standards for public sector procurement?	×





Guidelines/policy on obesity treatment?

Promotion of breastfeeding?



Last updated October 24, 2022



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