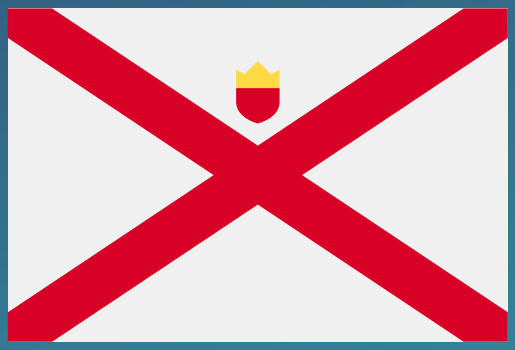
Jersey



Country report card - adults

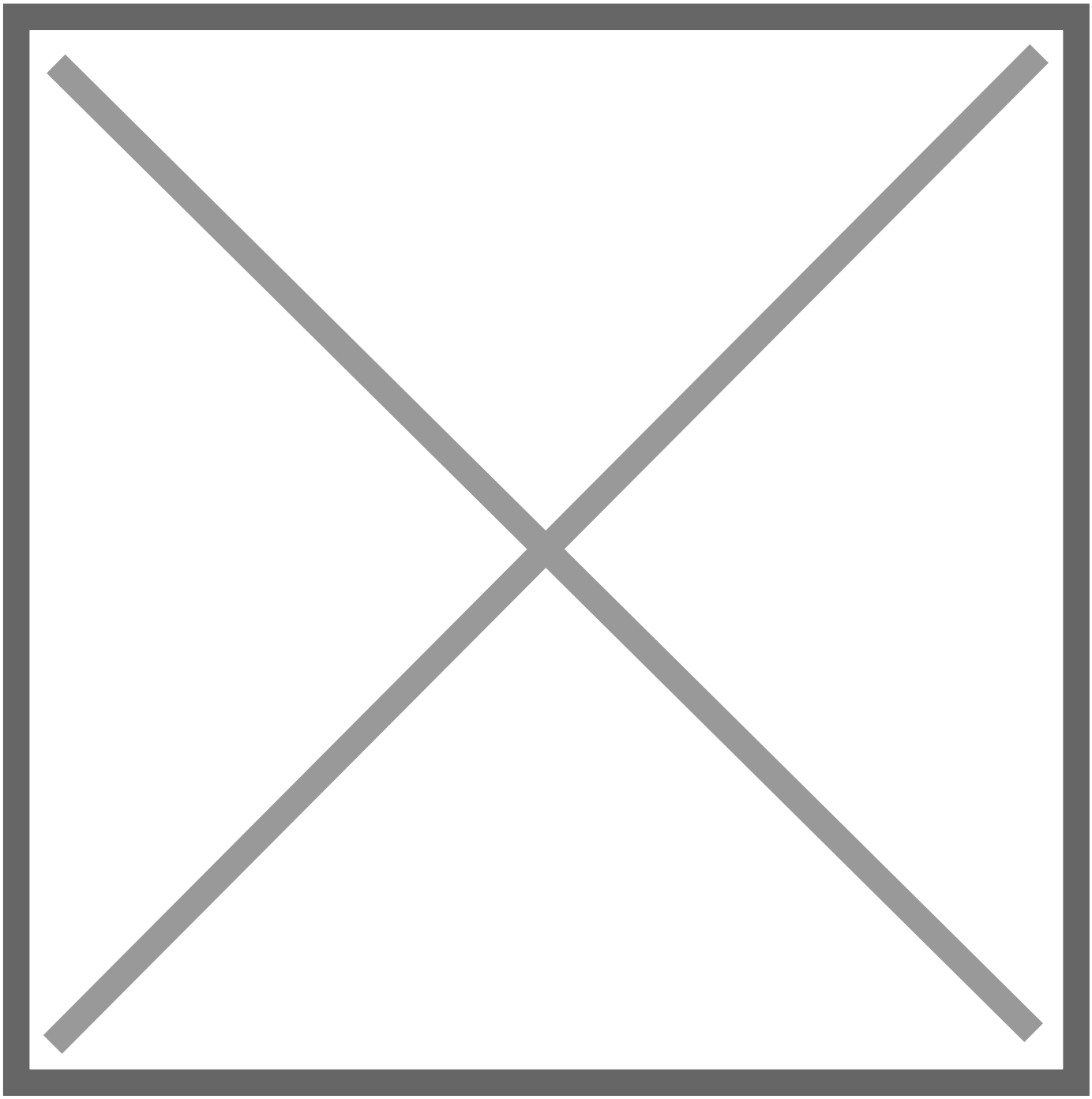
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/jersey-107/.

Contents	Page
Obesity prevalence	3
Overweight/obesity by age	6
Overweight/obesity by region	□
Overweight/obesity by ethnicity	11
Diabetes prevalence	14

Obesity prevalence

Adults, 2025

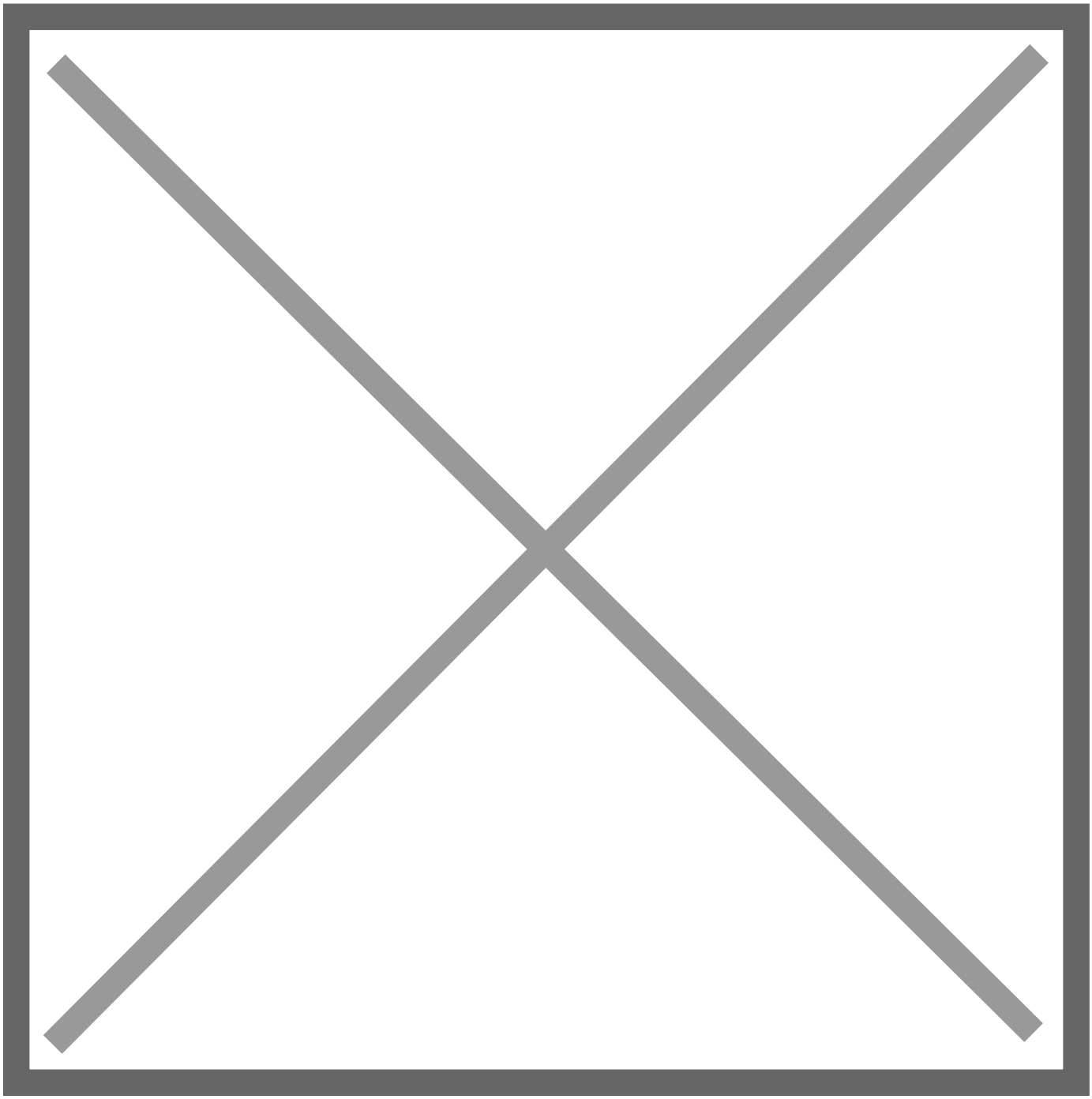


Survey type:	Self-reported
Age:	16+
Sample size:	~1400
Area covered:	National
References:	The Jersey Opinions and Lifestyle Survey - Data explorer. https://stats.je/statistic/opinions-and-lifestyle/#data-explorer (Accessed 13.05.26)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by age

Adults, 2025

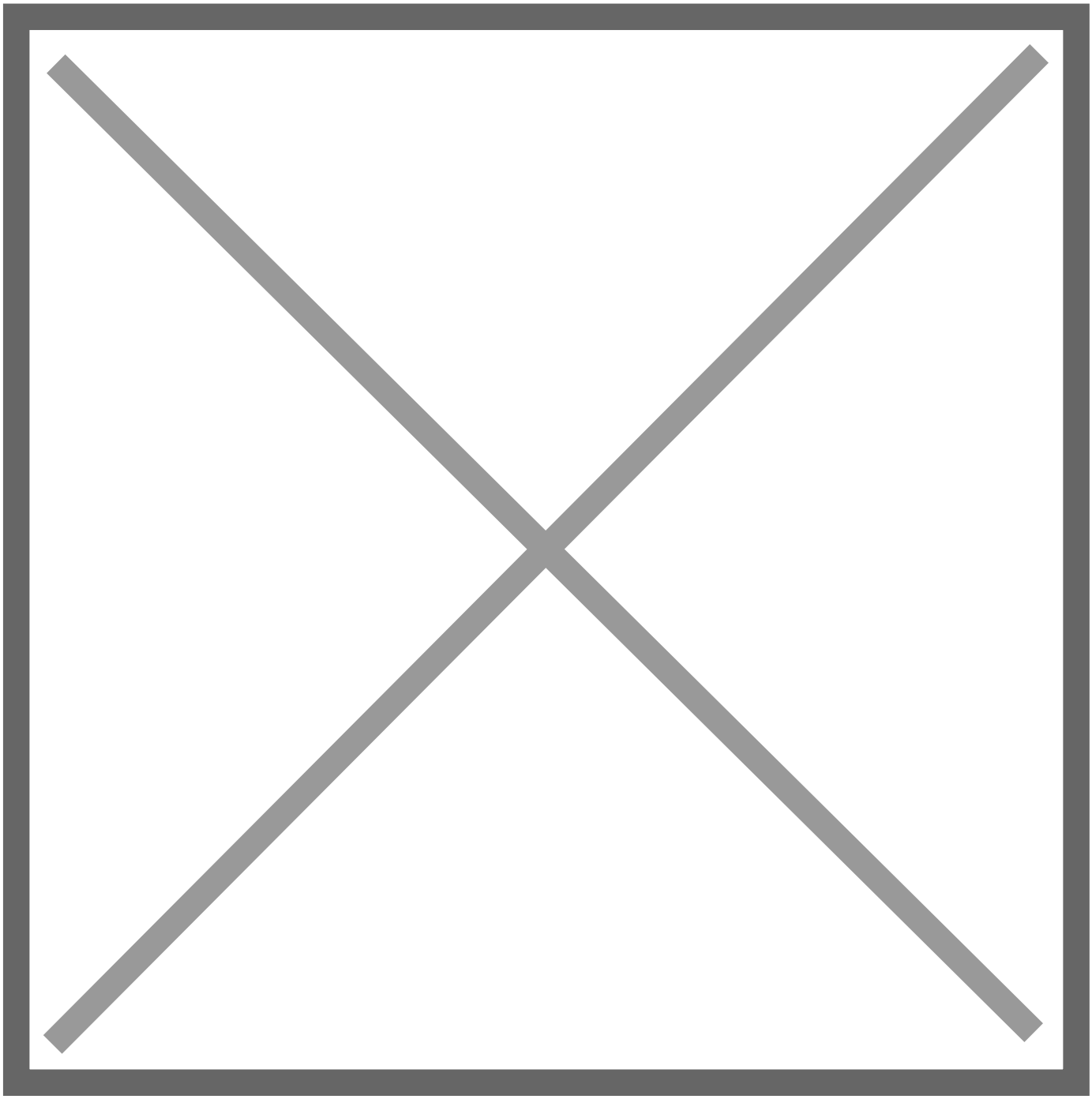


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Overweight/obesity by region

Adults, 2023



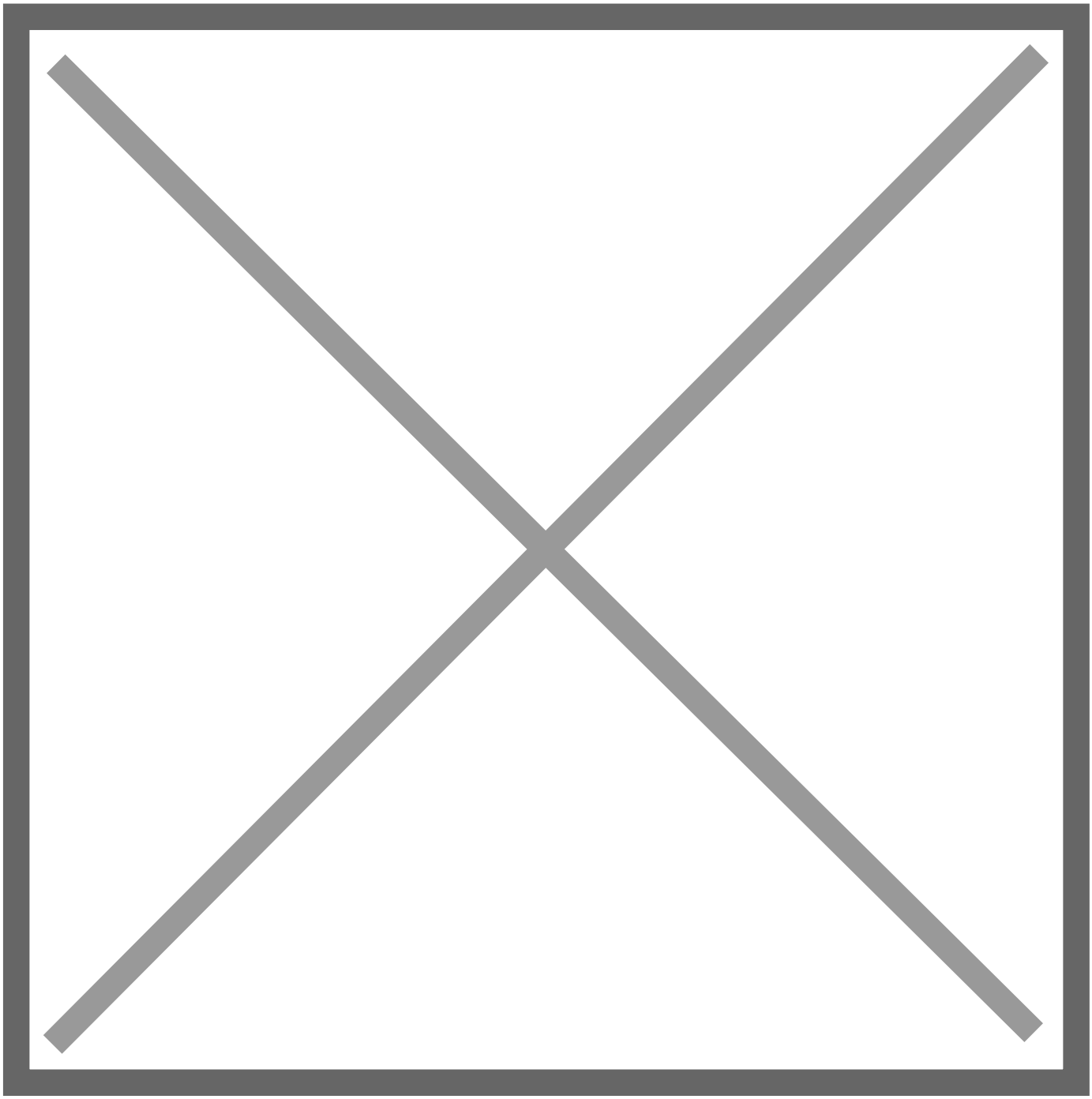
Survey type:	Self-reported
Age:	16+
Sample size:	~1200
Area covered:	National

References:	Public Health Intelligence. Obesity, Diet and Physical Activity 2023. https://www.gov.je/SiteCollectionDocuments/Government%20and%20administration/Public%20Health%20Jersey%20Obesity,%20Diet%20and%20Physical%20Activity%202023.pdf [Accessed 13.01.26]
Notes:	Data from the Jersey Opinion and Lifestyle Survey (JOLS) 2023
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Adults, 2023

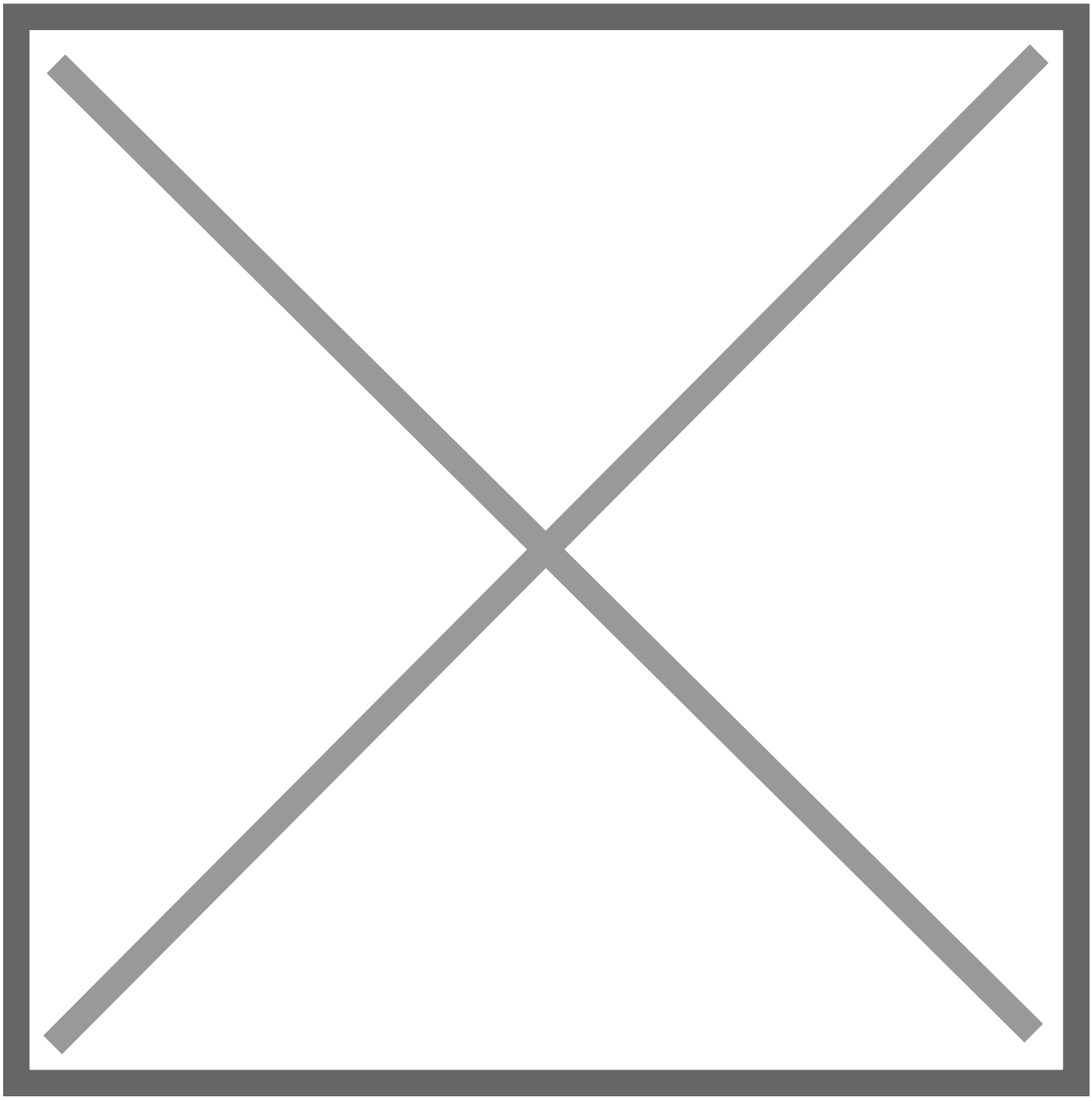


Survey type:	Self-reported
Age:	16+
Sample size:	~1200
Area covered:	National

References:	Public Health Intelligence. Obesity, Diet and Physical Activity 2023. https://www.gov.je/SiteCollectionDocuments/Government%20and%20administration/Public%20Health%20Jersey%20Obesity,%20Diet%20and%20Physical%20Activity%202023.pdf [Accessed 13.01.26]
Notes:	Data from the Jersey Opinion and Lifestyle Survey (JOLS) 2023
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Diabetes prevalence

Adults, 2024



References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

PDF created on August 20, 2026