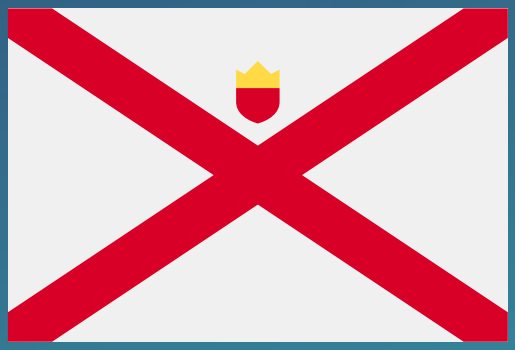
Jersey



Country report card

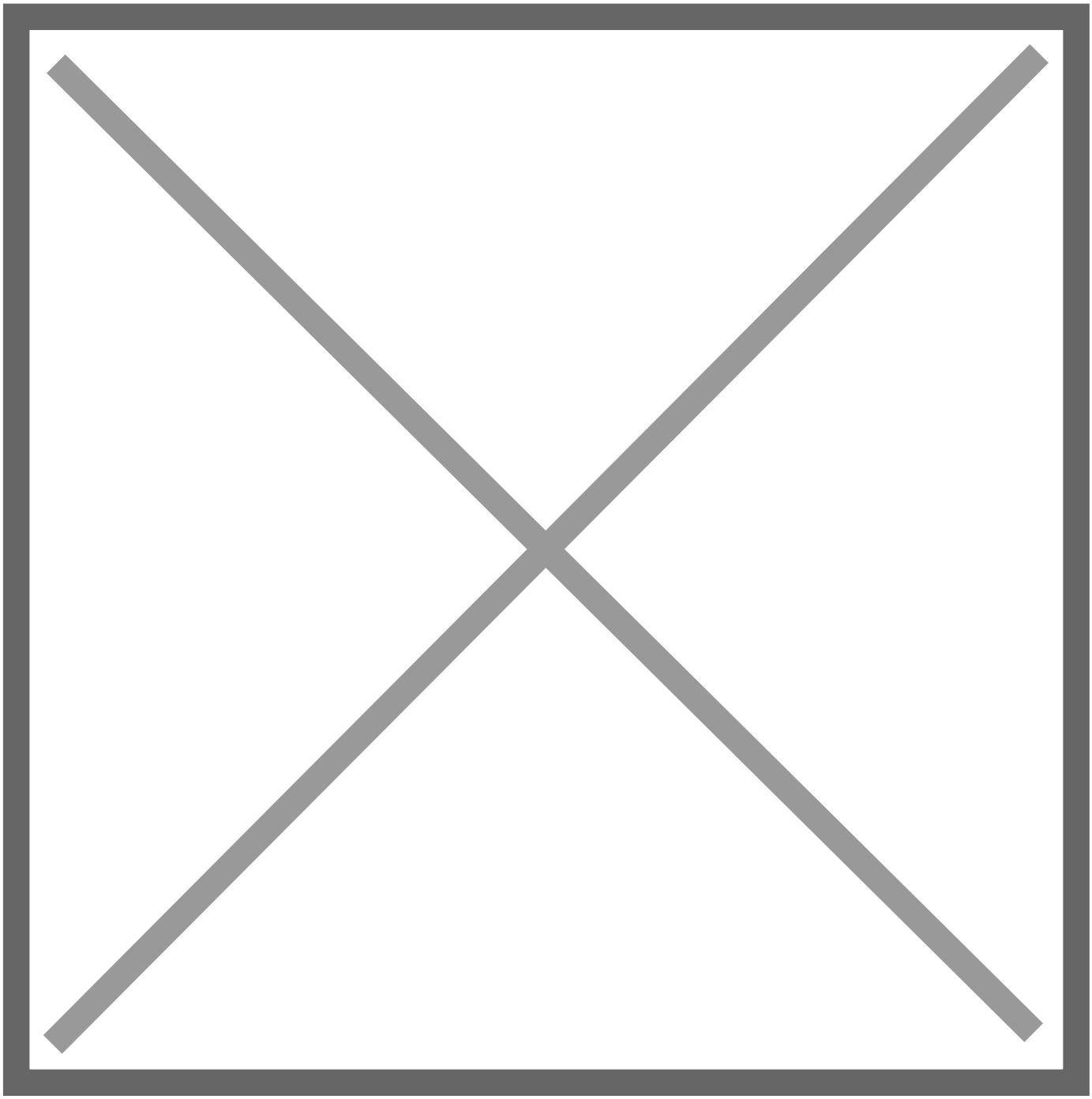
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/jersey-107/.

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Obesity prevalence

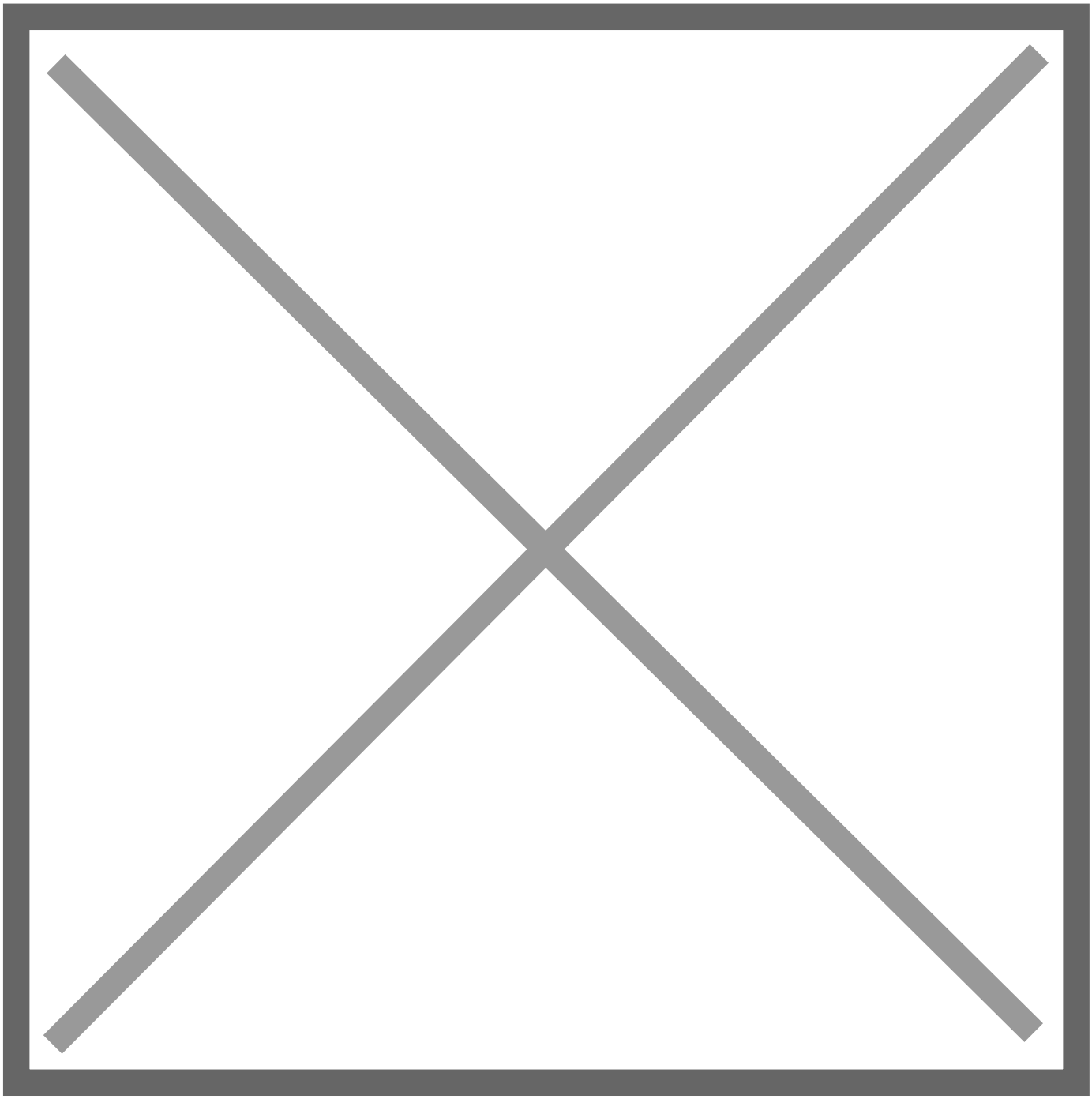
Adults, 2025



Survey type:	Self-reported
Age:	16+
Sample size:	~1400
Area covered:	National
References:	The Jersey Opinions and Lifestyle Survey - Data explorer. https://stats.je/statistic/opinions-and-lifestyle/#data-explorer (Accessed 13.05.26)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

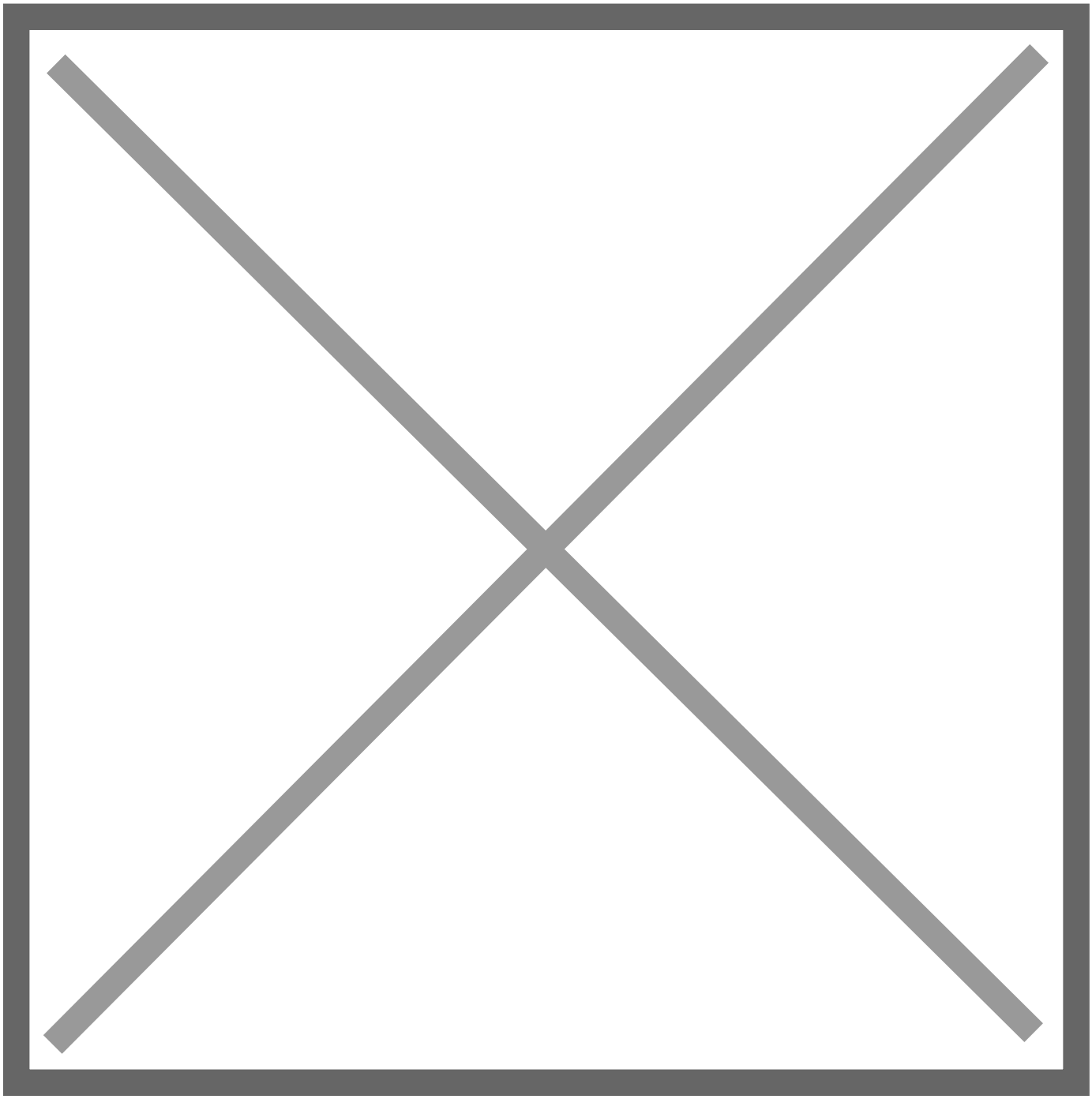
Children, 2024-2025



Survey type:	M
Age:	
Sample size:	
Area covered:	
References:	Jersey Child Measurement Programme 202 https://www.gov.je/SiteCollectionDocuments/Health%20and%20wellbeing/Public%20Health%20Jersey%20Child%20Measurement%20report%2 2025.pdf [Accessed 1

Notes:	Sample size listed includes children aged 4-5 and aged 10-11, this data is only for children aged
Definitions:	British 1990 growth reference
Cutoffs:	

0-5 years, 2024-2025

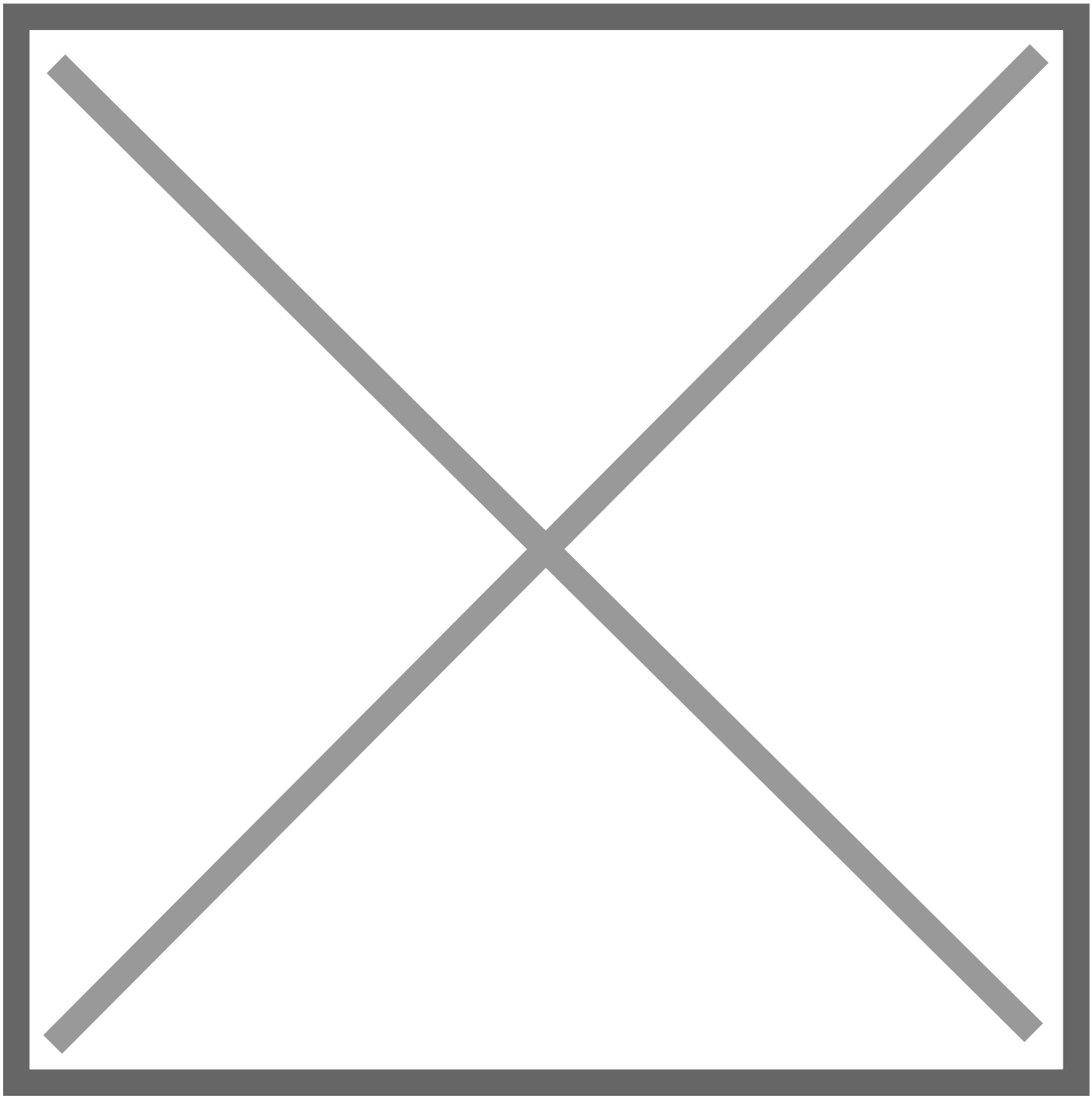


Survey type:	M
Age:	
Sample size:	
Area covered:	

References:	Jersey Child Measurement Programme 202 https://www.gov.je/SiteCollectionDocuments/Health%20and%20wellbeing/Public%20Health%20Jersey%20Child%20Measurement%20report%2 2025.pdf [Accessed 1
Notes:	Sample size listed includes children aged 4-5 and aged 10-11. This data only includes children a
Definitions:	British 1990 growth reference
Cutoffs:	

Overweight/obesity by age

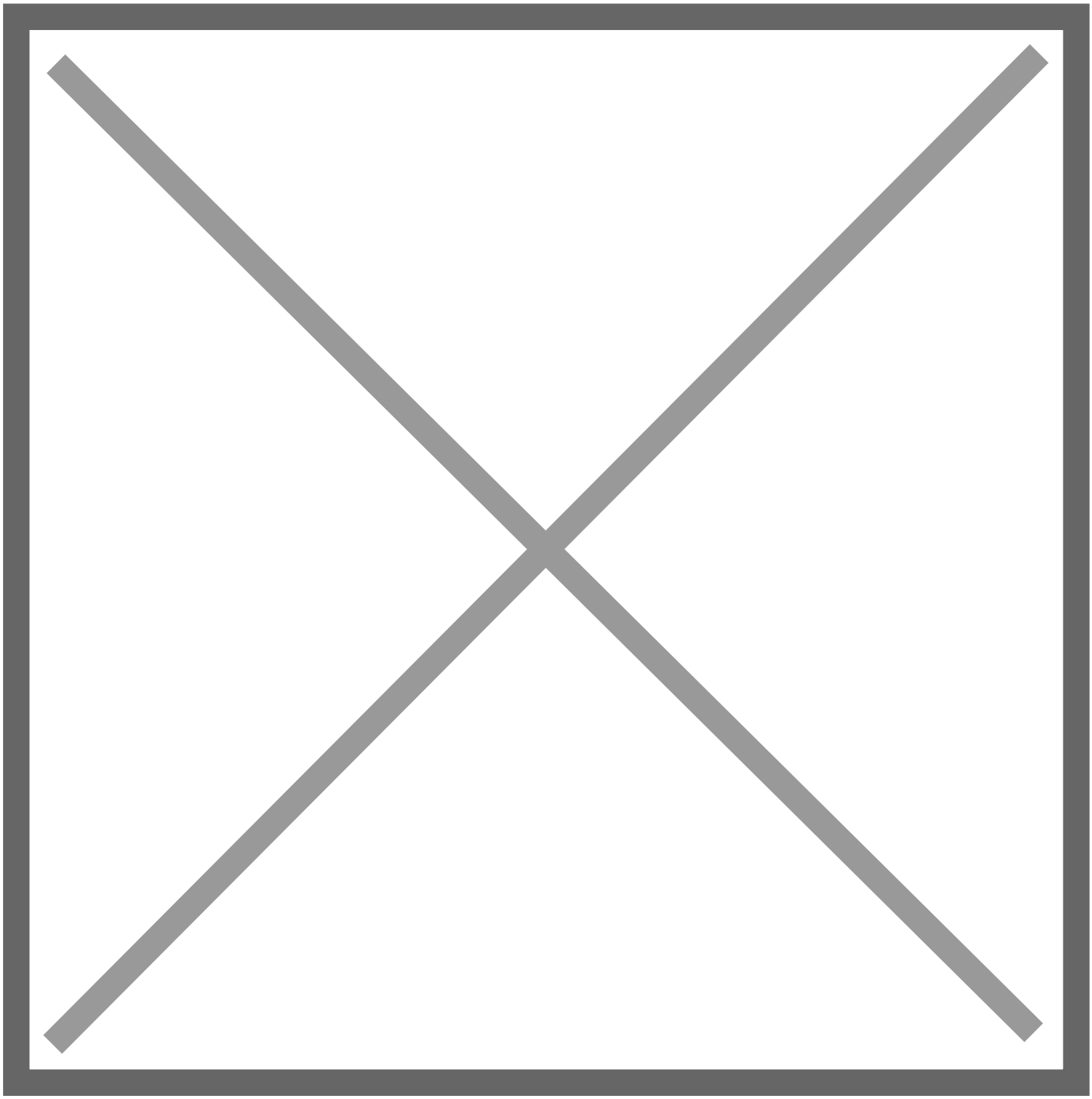
Adults, 2025



Survey type:	Self-reported
Sample size:	~1400
Area covered:	National
References:	The Jersey Opinions and Lifestyle Survey - Data explorer. https://stats.je/statistic/opinions-and-lifestyle/#data-explorer (Accessed 13.05.26)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2021-2022

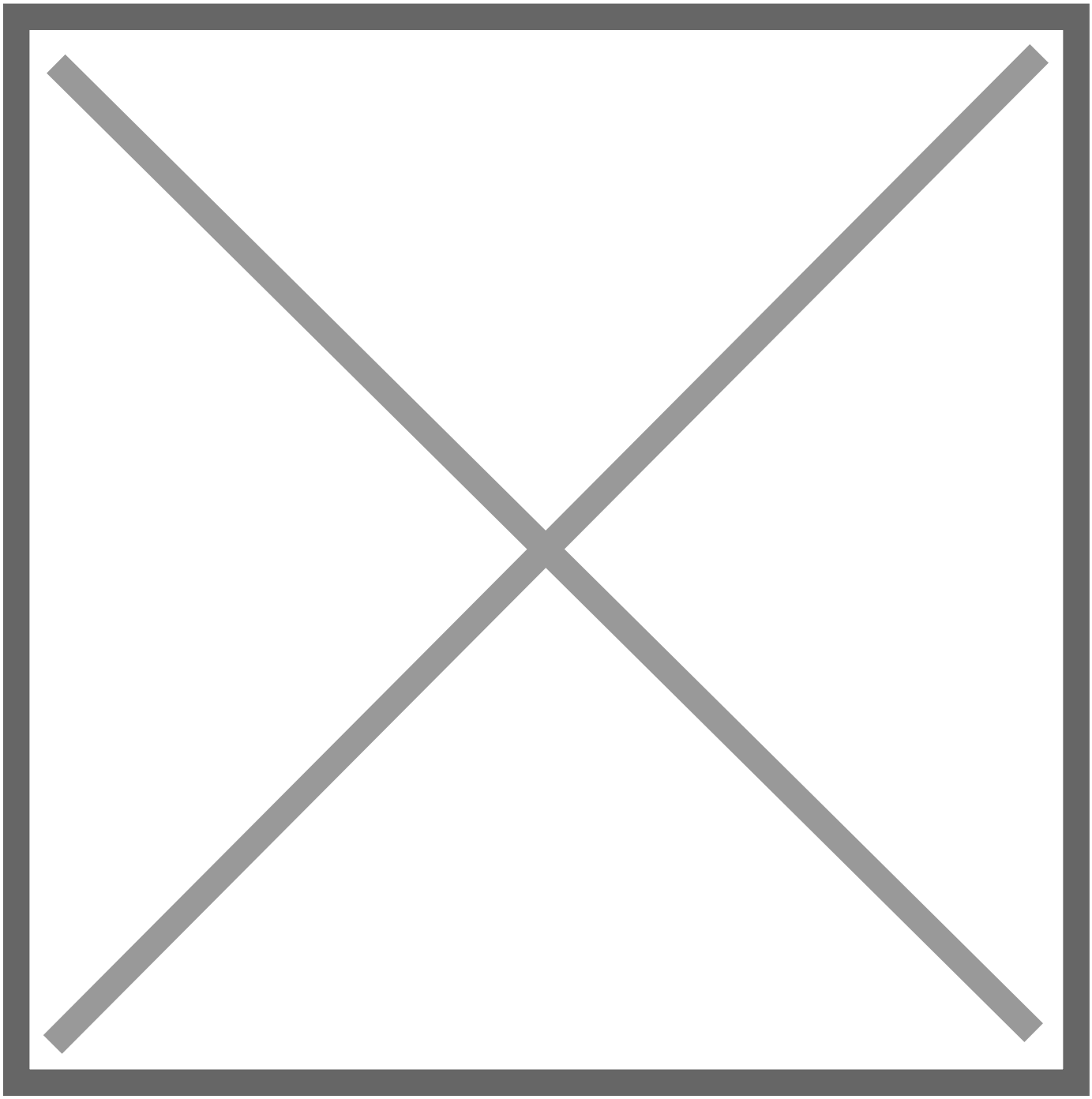


Survey type:	Measured
Sample size:	1961
Area covered:	National
References:	Jersey Child Measurement Programme 2021/2022. https://www.gov.je/SiteCollectionDocuments/Government%20and%20administration/Child%20Measurement%202021-2022.pdf (Accessed 10.01.23)

Cutoffs:	UK90

Overweight/obesity by region

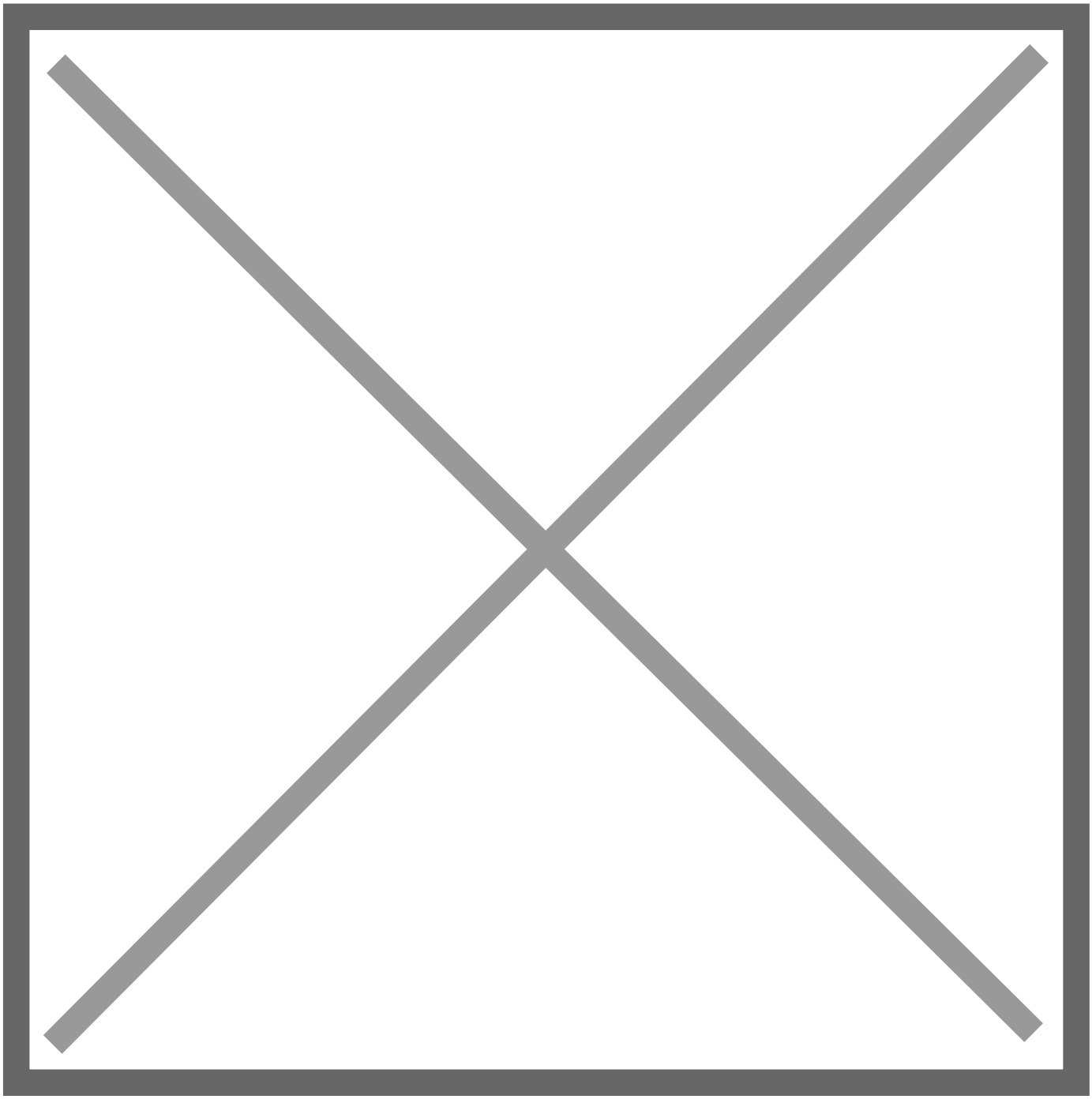
Adults, 2023



Survey type:	Self-reported
Age:	16+
Sample size:	~1200
Area covered:	National
References:	Public Health Intelligence. Obesity, Diet and Physical Activity 2023. https://www.gov.je/SiteCollectionDocuments/Government%20and%20administration/Public%20Health%20Jersey%20Obesity,%20Diet%20and%20Physical%20Activity%202023.pdf [Accessed 13.01.26]

Notes:	Data from the Jersey Opinion and Lifestyle Survey (JOLS) 2023
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

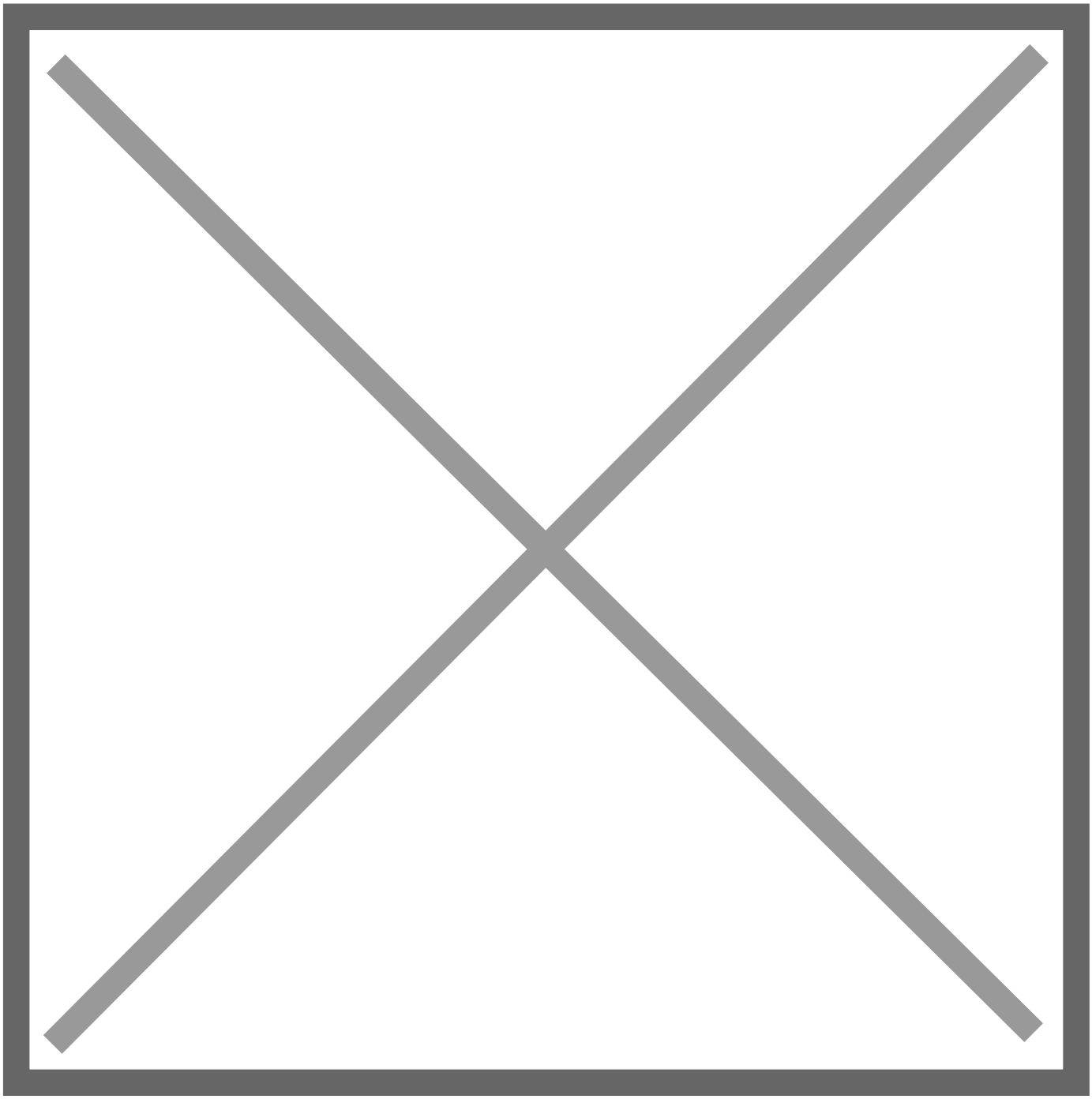
Children, 2022-2025



Survey type:	M
Age:	
Sample size:	
Area covered:	
References:	Sample size listed includes children aged 4-5 and aged 10-11. This data only includes children aged

Notes:	Jersey Child Measurement Programme 202 https://www.gov.je/SiteCollectionDocuments/Health%20and%20wellbeing/Public%20Health%20Jersey%20Child%20Measurement%20report%2 2025.pdf [Accessed 1
Definitions:	British 1990 growth reference
Cutoffs:	

0-5 years, 2022-2025



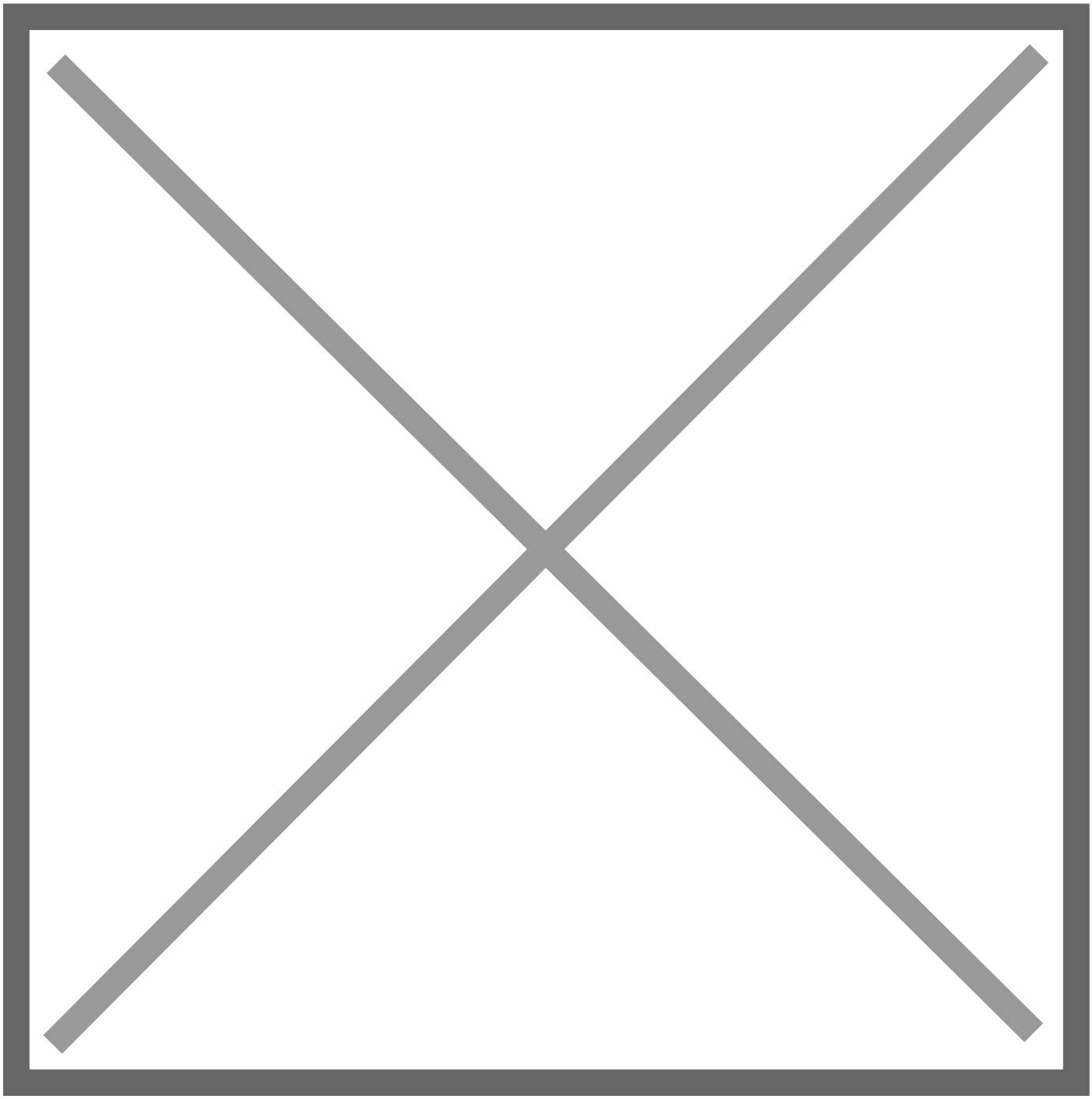
Survey type:	M
Age:	
Sample size:	
Area covered:	

References:	Jersey Child Measurement Programme 202 https://www.gov.je/SiteCollectionDocuments/Health%20and%20wellbeing/Public%20Health%20Jersey%20Child%20Measurement%20report%2 2025.pdf [Accessed 1
Notes:	Sample size listed includes children aged 4-5 and aged 10-11. This data only includes children a
Definitions:	British 1990 growth reference
Cutoffs:	

Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Adults, 2023

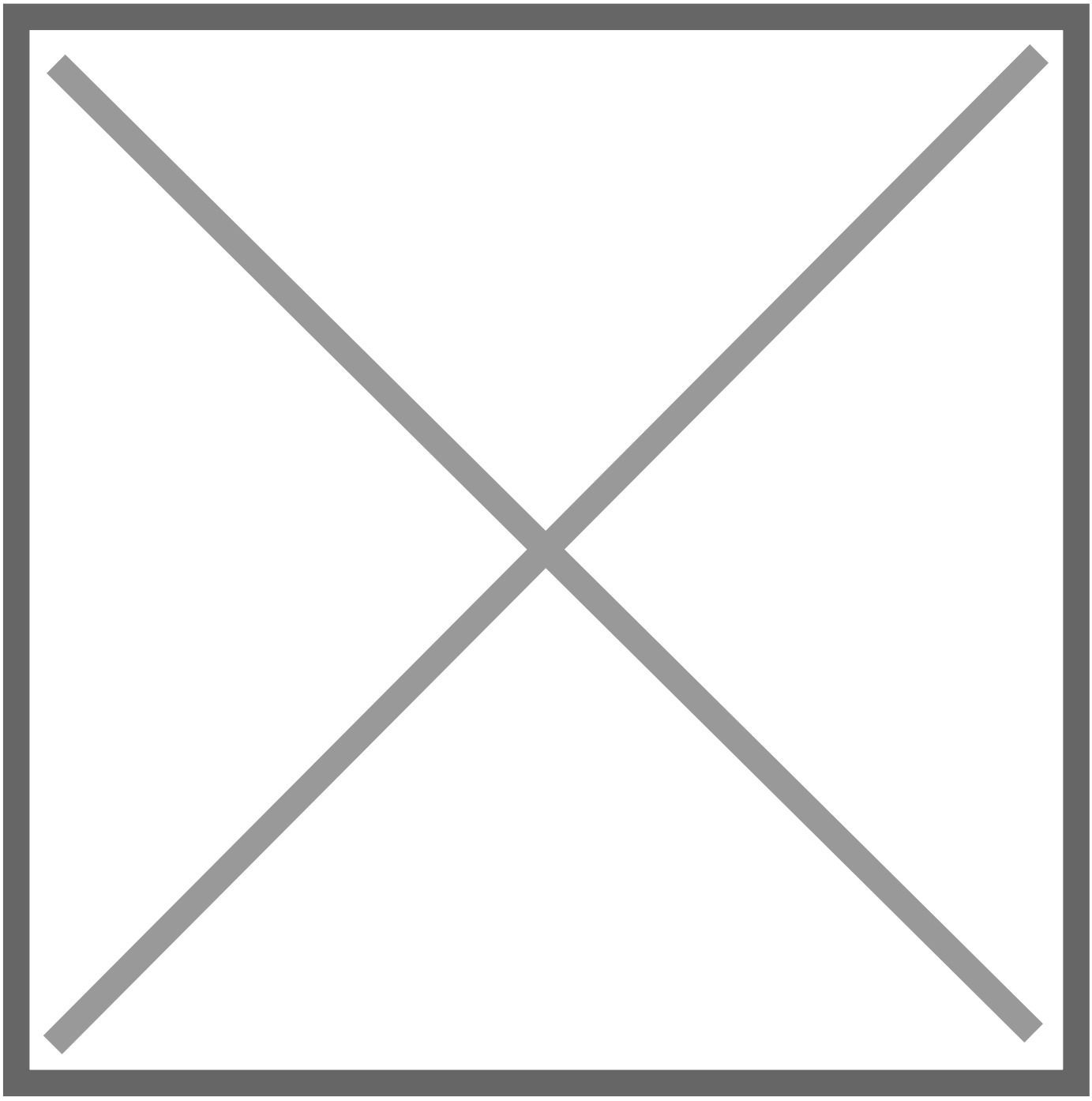


Survey type:	Self-reported
Age:	16+
Sample size:	~1200
Area covered:	National

References:	Public Health Intelligence. Obesity, Diet and Physical Activity 2023. https://www.gov.je/SiteCollectionDocuments/Government%20and%20administration/Public%20Health%20Jersey%20Obesity,%20Diet%20and%20Physical%20Activity%202023.pdf [Accessed 13.01.26]
Notes:	Data from the Jersey Opinion and Lifestyle Survey (JOLS) 2023
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Diabetes prevalence

Adults, 2024



References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

PDF created on August 20, 2026