# Report card

## Jamaica

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Obesity prevalence

Adults, 2007-2008

Survey type: Measured
Age: 15-74
Sample size: 2848
Area covered: National
References: Jamaican Health & Lifestyle Survey 2008

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
## Children, 2018

![Bar chart showing obesity and overweight percentages among children](chart.png)

<table>
<thead>
<tr>
<th>Survey type:</th>
<th>Measured</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age:</td>
<td>6-12</td>
</tr>
<tr>
<td>Sample size:</td>
<td>446</td>
</tr>
<tr>
<td>Area covered:</td>
<td>Regional</td>
</tr>
</tbody>
</table>

### References:

### Notes:
Not nationally representative but a cluster sampling strategy was used to obtain data across the varying geographical and socioeconomic areas of the country. Students with a history of major medical illnesses (such as malignancy, diabetes mellitus, asthma, thyroid disease, haemoglobinopathies, or congenital genetic disorders), or those taking chronic medications for such diseases were excluded from the study. Note that this study has a small sample size.

### Cutoffs:
WHO
Overweight/obesity by age

Adults, 1999

- Obesity
- Overweight

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>15-29</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>29-49</td>
<td>30%</td>
<td>40%</td>
</tr>
<tr>
<td>50-69</td>
<td>40%</td>
<td>50%</td>
</tr>
<tr>
<td>70+</td>
<td>50%</td>
<td>60%</td>
</tr>
</tbody>
</table>

Sample size: 1935
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Insufficient physical activity

Adults, 2016

References:
Men, 2016

Women, 2016

Average daily frequency of carbonated soft drink consumption

Children, 2009-2015

Survey type: Measured
Age: 12-17

Estimated per capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Prevalence of less than daily fruit consumption

Children, 2009-2015

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
Prevalence of less than daily vegetable consumption

Children, 2009-2015

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Average weekly frequency of fast food consumption

Children, 2009-2015

Age: 12-17

Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+
Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
Oesophageal cancer

Men, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Women, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Breast cancer

Women, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, breast, females, ages 20+. ASR (World) per 100,000
Colorectal cancer

Men, 2018

Age:


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Pancreatic cancer

Men, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bahamas</td>
<td>0.2</td>
</tr>
<tr>
<td>St Lucia</td>
<td>0.4</td>
</tr>
<tr>
<td>Guatemala</td>
<td>0.8</td>
</tr>
<tr>
<td>Guyana</td>
<td>1.2</td>
</tr>
<tr>
<td>Bolivia</td>
<td>1.6</td>
</tr>
<tr>
<td>Panama</td>
<td>2.0</td>
</tr>
<tr>
<td>Haiti</td>
<td>2.8</td>
</tr>
<tr>
<td>El Salvador</td>
<td>4.0</td>
</tr>
<tr>
<td>Jamaica</td>
<td>4.8</td>
</tr>
<tr>
<td>Ecuador</td>
<td>5.2</td>
</tr>
<tr>
<td>Nicaragua</td>
<td>6.0</td>
</tr>
<tr>
<td>Mexico</td>
<td>6.4</td>
</tr>
<tr>
<td>Costa Rica</td>
<td>6.8</td>
</tr>
<tr>
<td>Dominican Republic</td>
<td>7.2</td>
</tr>
<tr>
<td>Colombia</td>
<td>7.6</td>
</tr>
<tr>
<td>Cuba</td>
<td>8.0</td>
</tr>
<tr>
<td>Honduras</td>
<td>8.4</td>
</tr>
<tr>
<td>Belize</td>
<td>8.8</td>
</tr>
<tr>
<td>Venezuela</td>
<td>9.2</td>
</tr>
<tr>
<td>Brazil</td>
<td>9.6</td>
</tr>
<tr>
<td>Trinidad &amp; Tobago</td>
<td>10.0</td>
</tr>
<tr>
<td>Peru</td>
<td>10.4</td>
</tr>
<tr>
<td>Paraguay</td>
<td>10.8</td>
</tr>
<tr>
<td>Suriname</td>
<td>11.2</td>
</tr>
<tr>
<td>Chile</td>
<td>11.6</td>
</tr>
<tr>
<td>Barbados</td>
<td>12.0</td>
</tr>
<tr>
<td>Canada</td>
<td>12.4</td>
</tr>
<tr>
<td>Argentina</td>
<td>12.8</td>
</tr>
<tr>
<td>United States</td>
<td>13.2</td>
</tr>
<tr>
<td>Uruguay</td>
<td>14.0</td>
</tr>
</tbody>
</table>

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Gallbladder cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Kidney cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Cancer of the uterus

Women, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, cervix uteri, females, ages 20+. ASR (World) per 100,000
Raised blood pressure

Adults, 2015

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:
Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Men, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Women, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A885

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Men, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A885

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:
Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Women, 2014


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2019

Age: 20-79


Definitions: Diabetes age-adjusted comparative prevalence (%).

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