



Jamaica



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/jamaica-103/>.

Risco de obesidade nacional *7,5/10 This is a composite "obesity risk" score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels.
Risco de obesidade infantil *7/11 This is a "risk score" for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Com base em dados estimados. Para mais informa  es, consultar Publica  es

Prevalência de obesidade

Crianças, 2022



Tipo de inquérito:	Autorreportado
Idade:	13-17
Tamanho da amostra:	3041

Área
abrangida:

Regional - St Catherine

Referências:

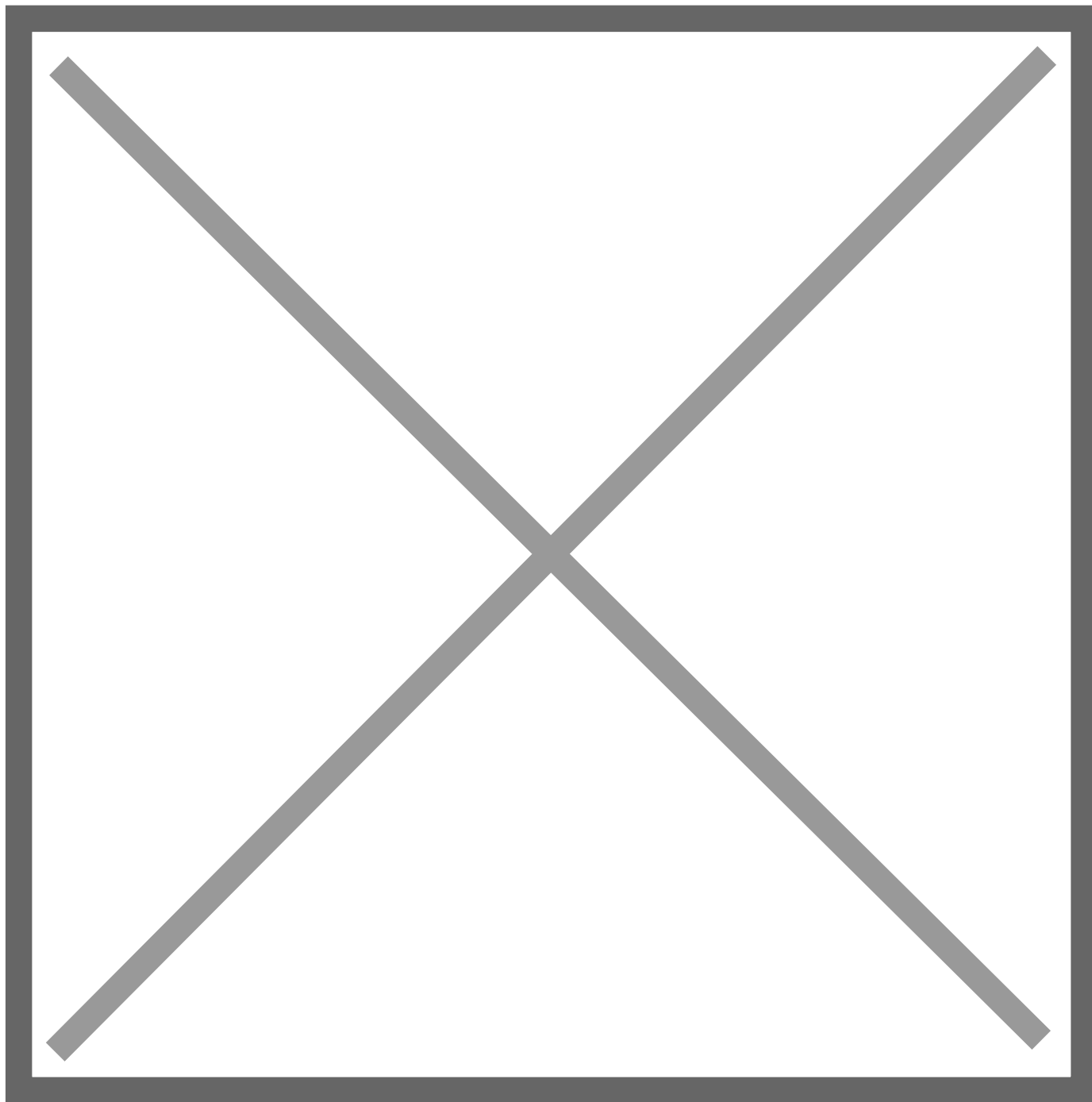
Global School-Based Student Health Survey, Jamaica (St Catherine) 2023 Fact Sheet. Available at:
[https://www.who.int/publications/m/item/2023-gshs-fact-sheet-jamaica-\(st-catherine\)](https://www.who.int/publications/m/item/2023-gshs-fact-sheet-jamaica-(st-catherine)) (Accessed: 13.06.25)

Cutoffs:

WHO 2007

Double burden of underweight & overweight

Crianças, 2022



**Tipo de
inquérito:**

Medido

Idade:

5-19

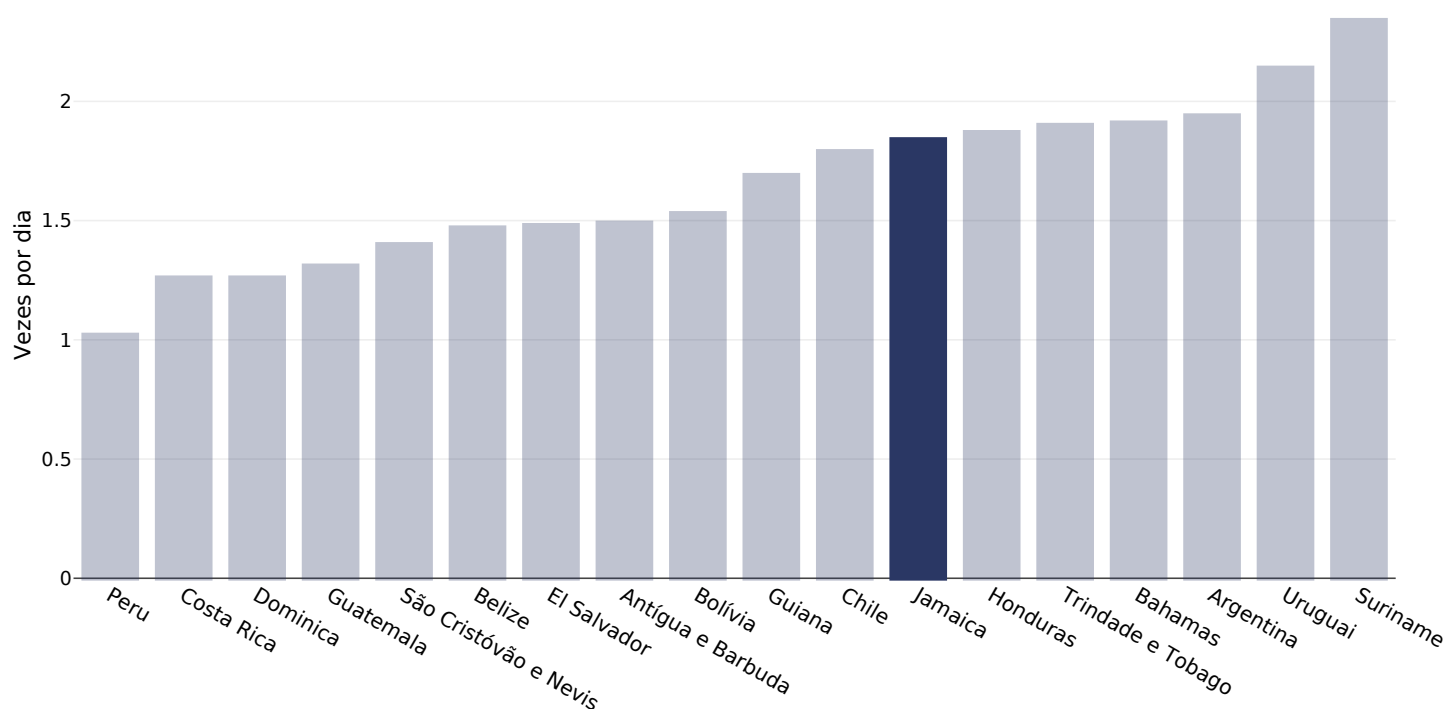
Referências:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Notas:	Age standardised estimates
Definições (disponível apenas em inglês):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Frequência média diária de consumo de refrigerantes

Crianças, 2009-2015



Tipo de
inquérito:

Medido

Idade:

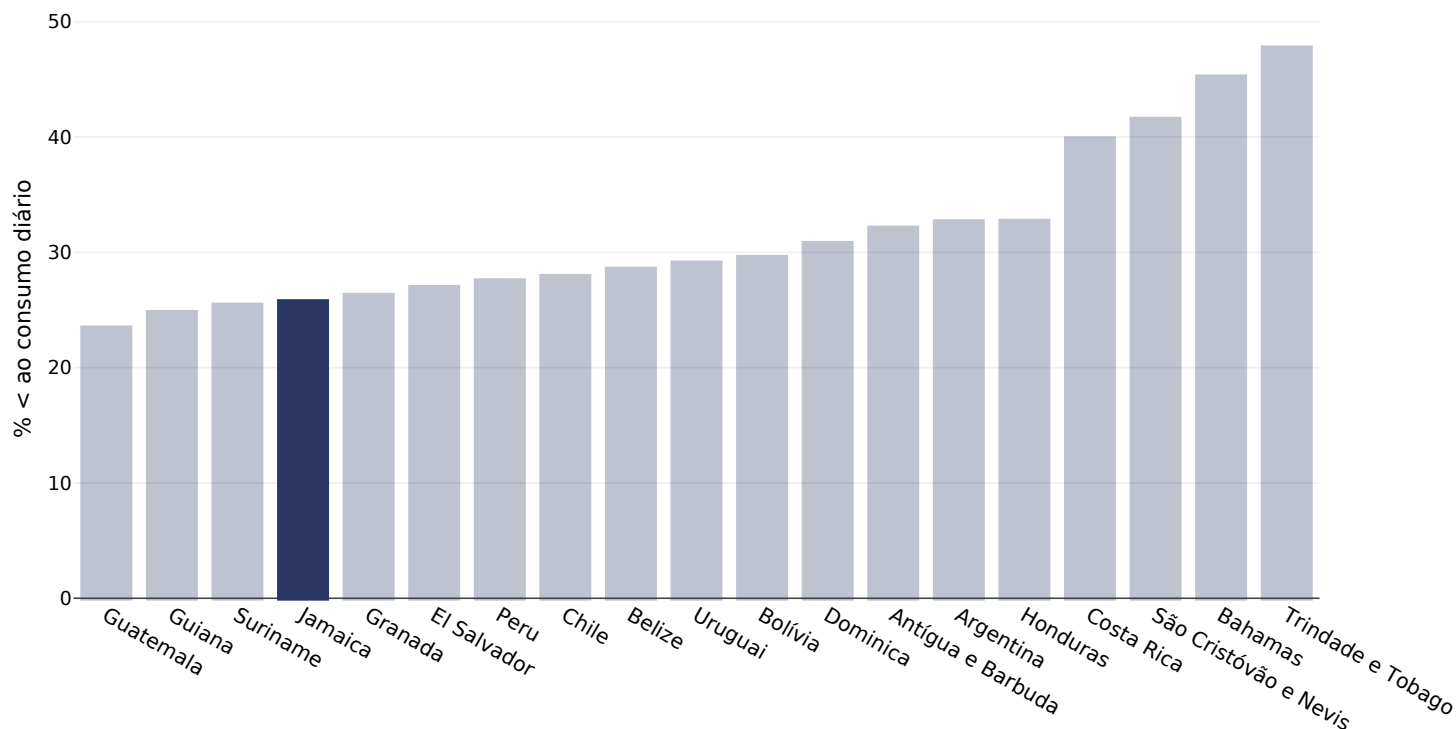
12-17

Referências:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalência inferior ao consumo diário de fruta

Crianças, 2009-2015

Tipo de
inquérito:

Medido

Idade:

12-17

Referências:

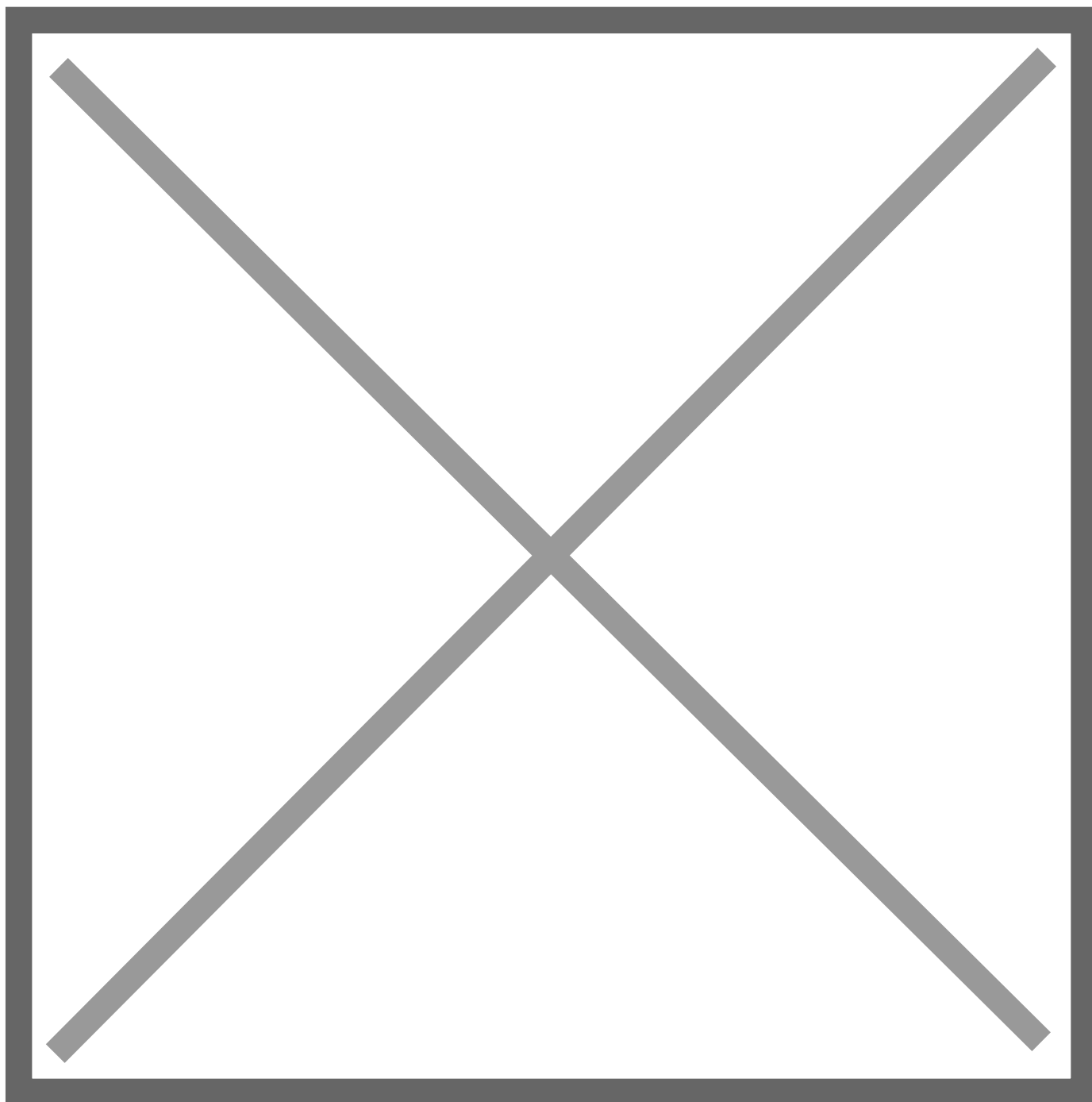
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definições
(disponível
apenas em
inglês):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalência inferior ao consumo diário de vegetais

Crianças, 2009-2015



Tipo de
inquérito:

Medido

Idade:

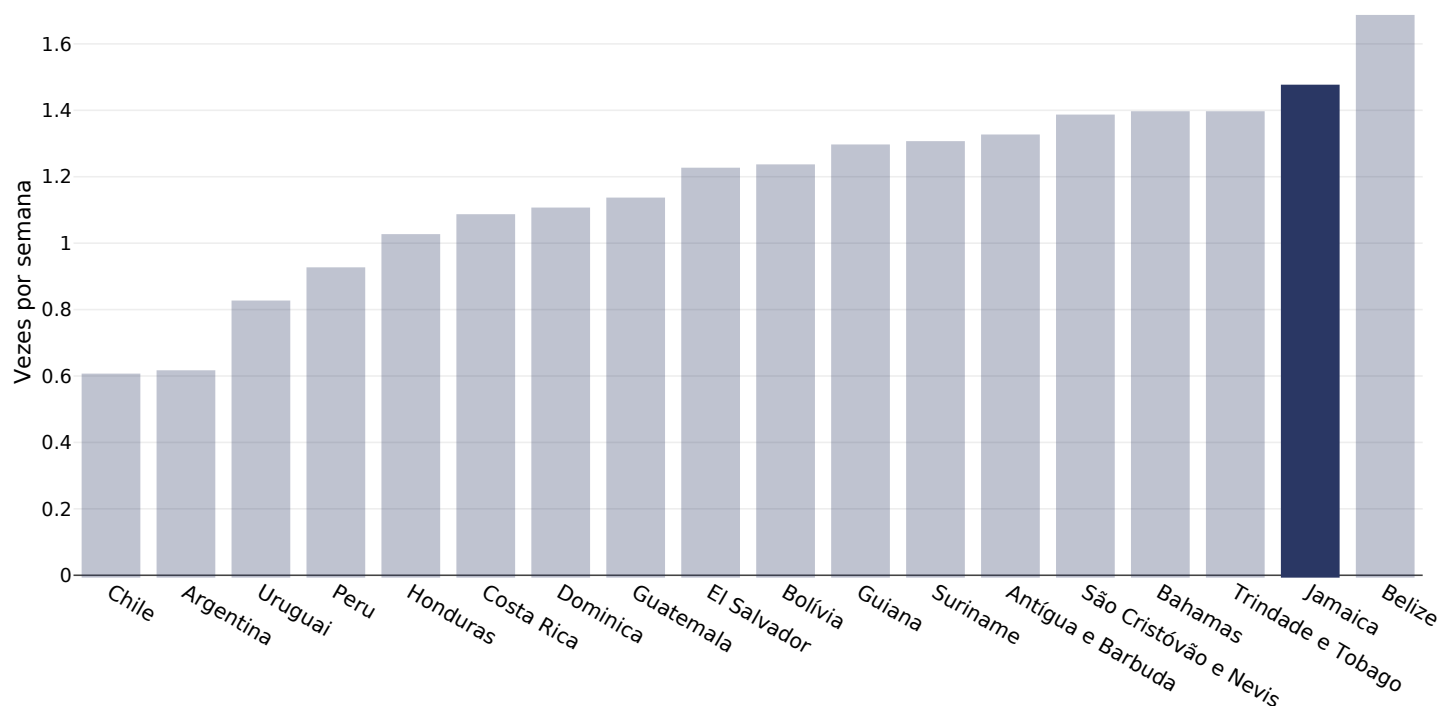
12-17

Referências: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definições (disponível apenas em inglês): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Frequência semanal média de consumo de comida rápida

Crianças, 2009-2015



Idade:

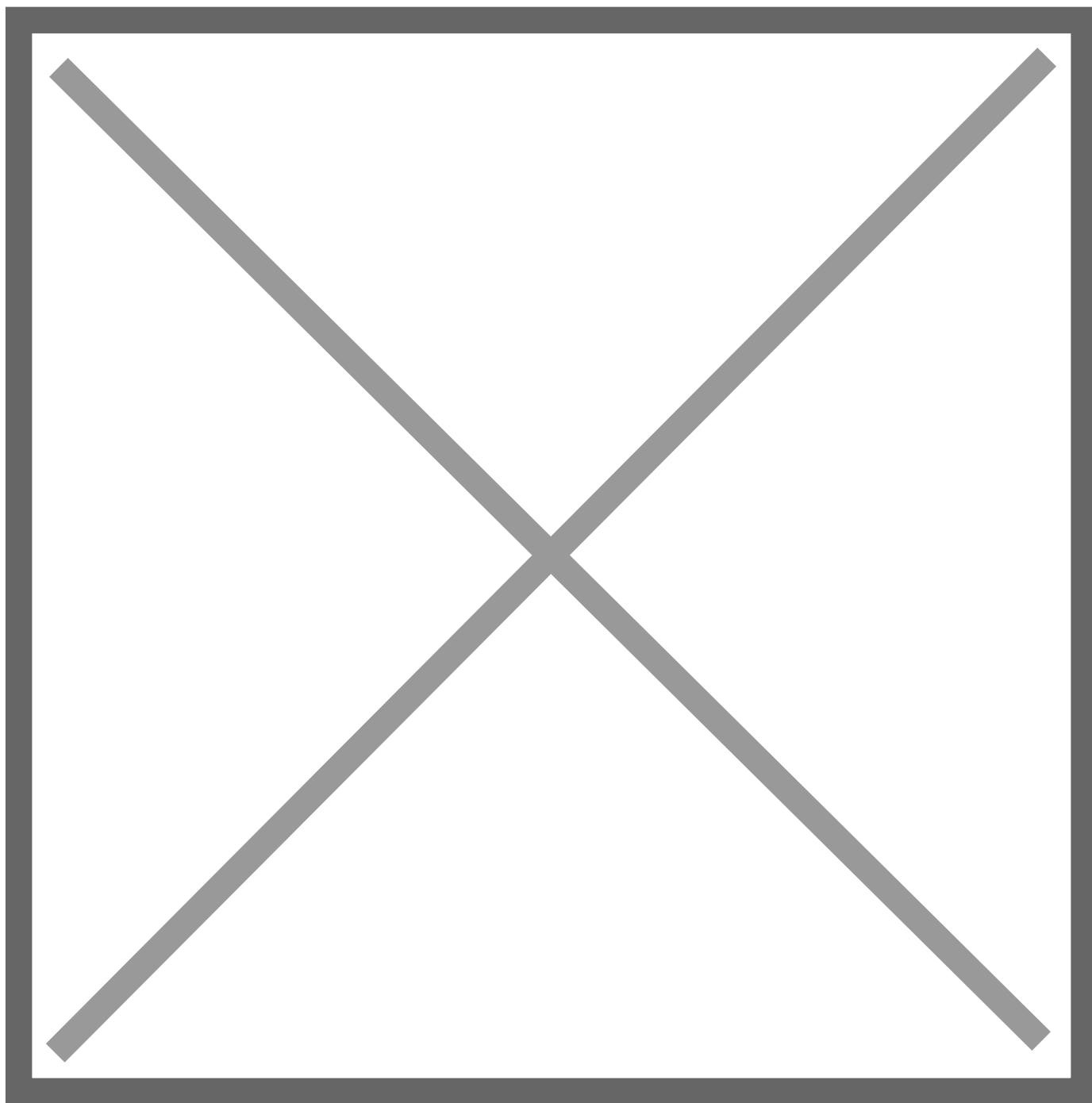
12-17

Referências:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Saúde mental - transtornos depressivos

Crianças, 2021



Área abrangida:

Nacional

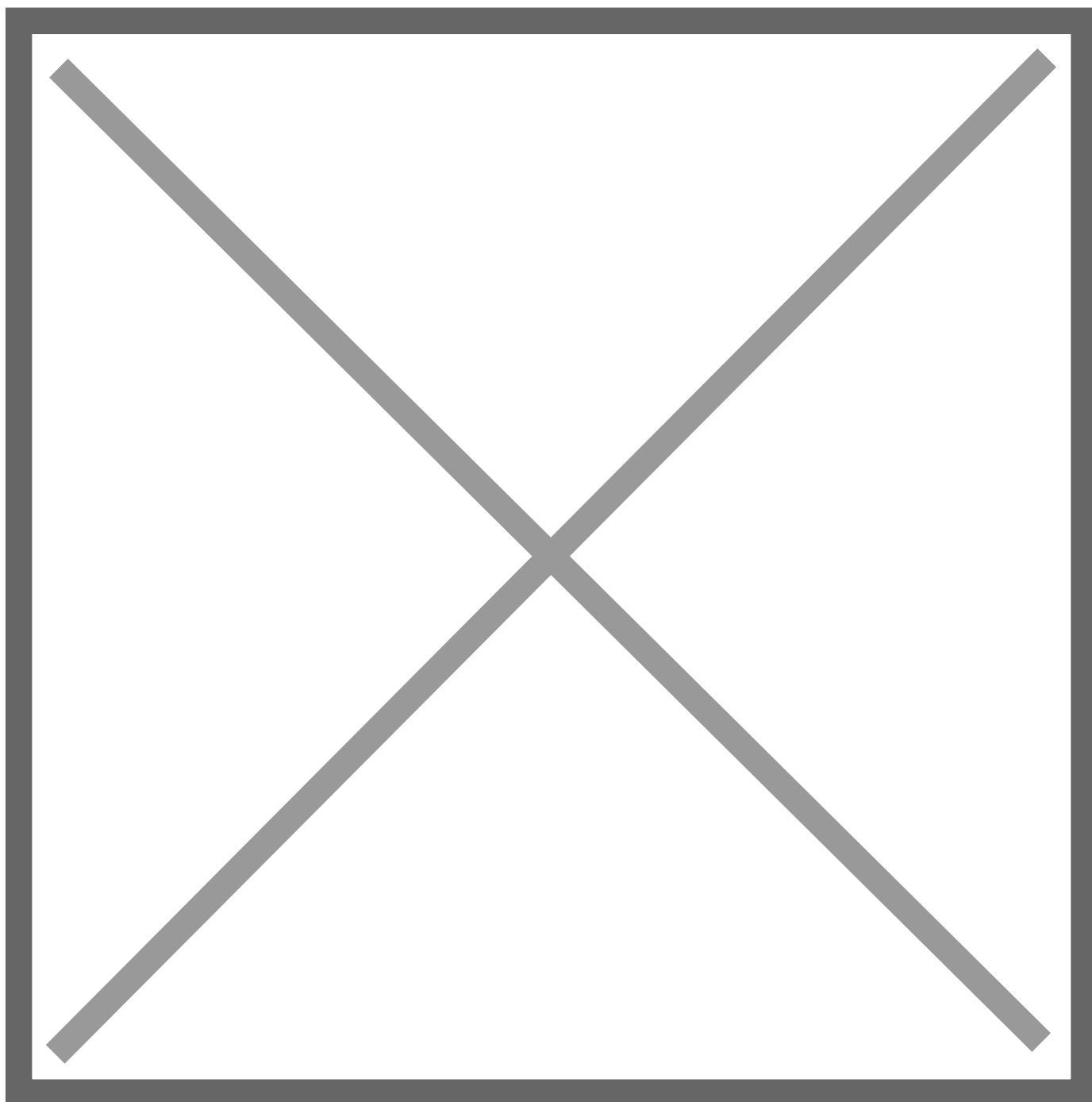
Referências:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definições
(disponíveis
apenas em
inglês):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Rapazes, 2021



Área
abrangida:

Nacional

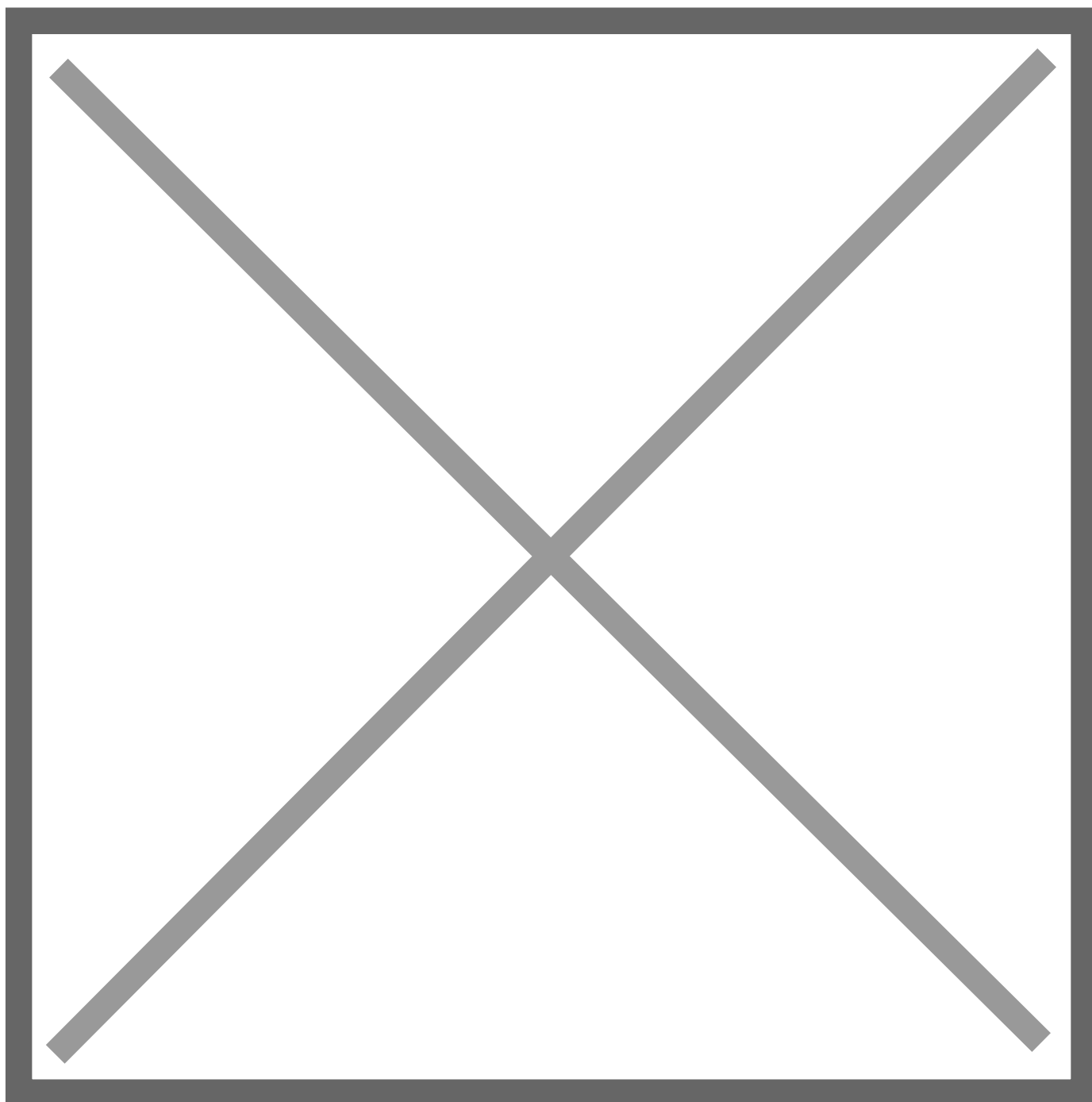
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Raparigas, 2021



Área
abrangida:

Nacional

Referências:

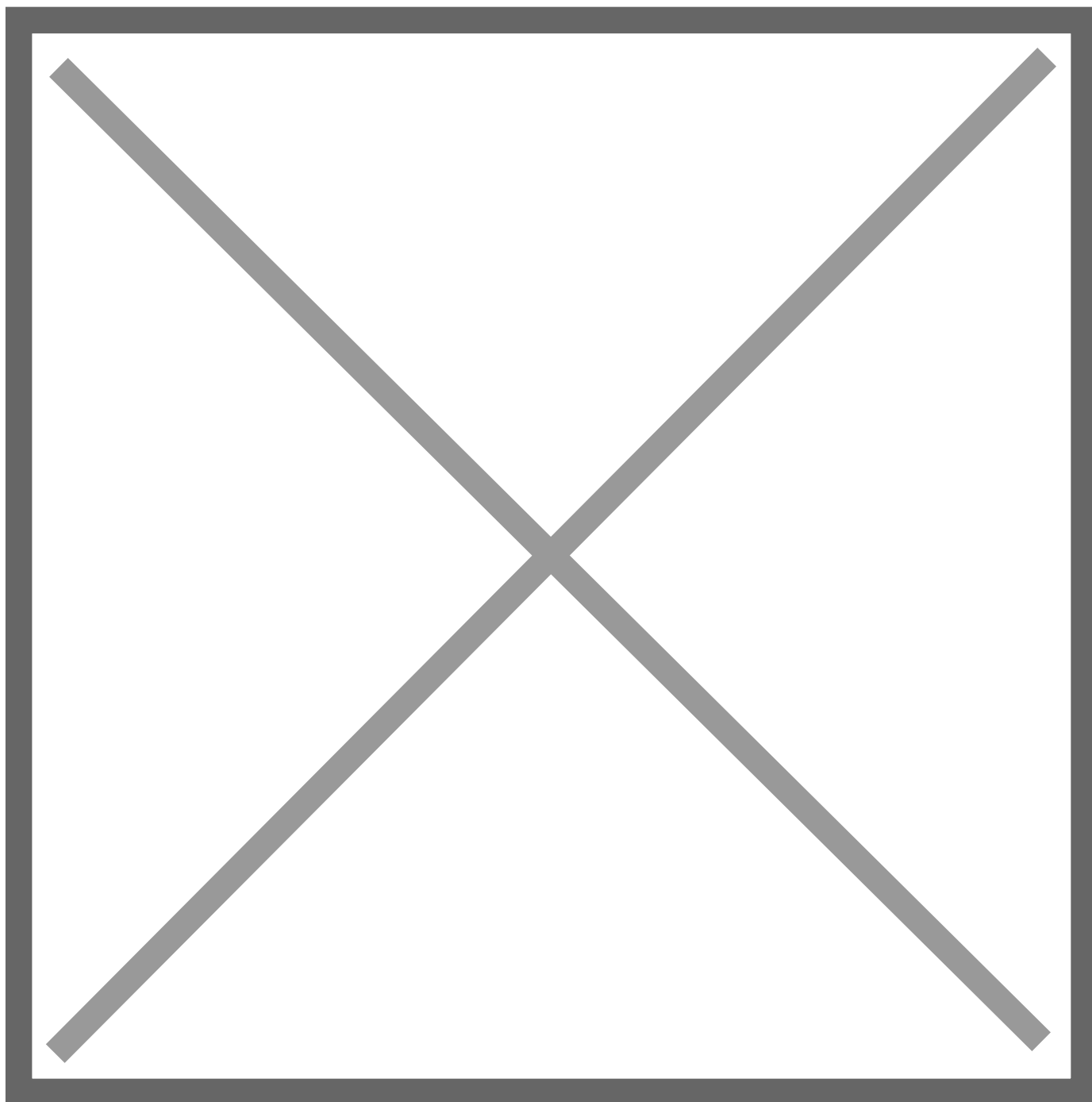
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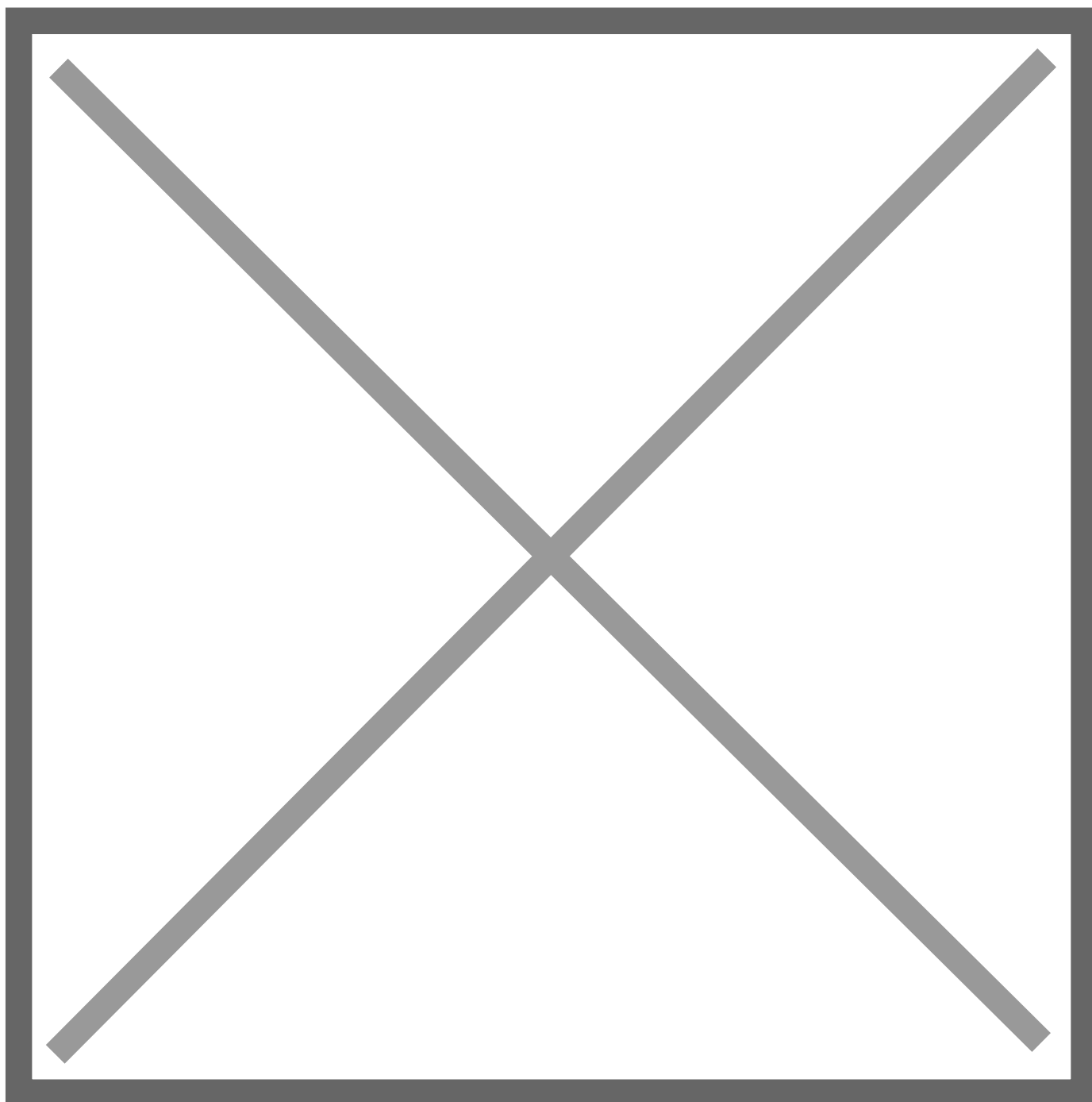
Saúde mental - transtornos de ansiedade

Crianças, 2021

**Referências:**

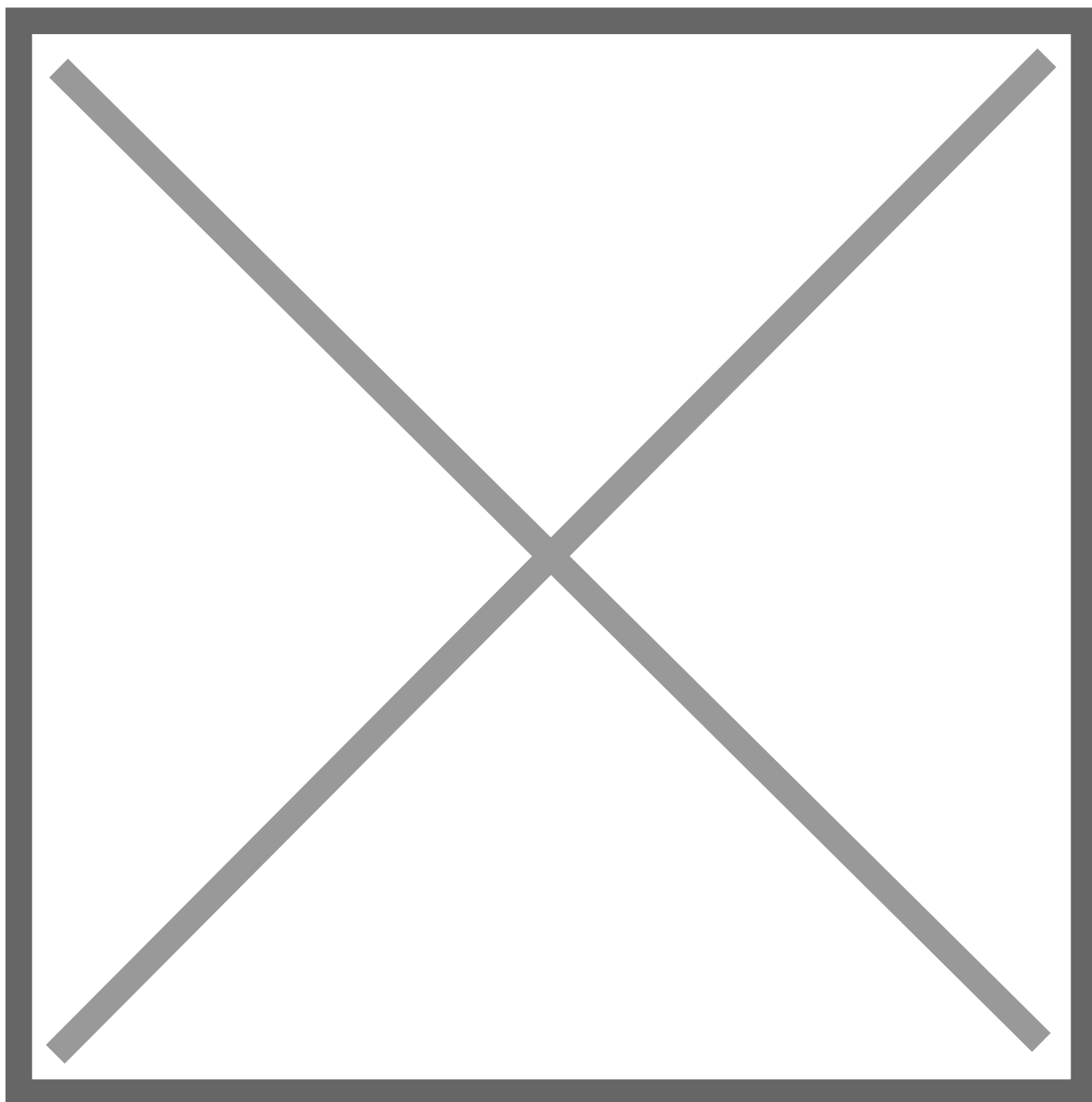
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Rapazes, 2021

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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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