## Drivers
### Israel

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Insufficient physical activity

Children, 2016

Survey type: Self-reported
Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Boys, 2016

Survey type: Self-reported
Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Girls, 2016

Survey type: Self-reported
Age: 11-17


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)
Prevalence of at least daily carbonated soft drink consumption

Children, 2010-2014

Survey type: Measured


Notes: 15-year-old adolescents

Definitions: Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)
Estimated per capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions: Estimated per-capita fruit intake (g/day)
Prevalence of less than daily fruit consumption

Children, 2010-2014

Survey type: Measured


Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
Prevalence of less than daily vegetable consumption

Children, 2010-2014

Survey type: Measured
Age: 12-17
Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
## Mental health - anxiety disorders

### Adults, 2015

<table>
<thead>
<tr>
<th>Country</th>
<th>% of population with anxiety disorders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Israel</td>
<td>7.0%</td>
</tr>
<tr>
<td>Russian Federation</td>
<td>6.5%</td>
</tr>
<tr>
<td>Tajikistan</td>
<td>6.0%</td>
</tr>
<tr>
<td>Belarus</td>
<td>5.5%</td>
</tr>
<tr>
<td>Estonia</td>
<td>5.0%</td>
</tr>
<tr>
<td>Latvia</td>
<td>4.5%</td>
</tr>
<tr>
<td>Lithuania</td>
<td>4.0%</td>
</tr>
<tr>
<td>Morocco</td>
<td>3.5%</td>
</tr>
<tr>
<td>Uzbekistan</td>
<td>3.0%</td>
</tr>
<tr>
<td>Mongolia</td>
<td>2.5%</td>
</tr>
<tr>
<td>Spain</td>
<td>2.0%</td>
</tr>
<tr>
<td>Italy</td>
<td>1.5%</td>
</tr>
<tr>
<td>France</td>
<td>1.0%</td>
</tr>
<tr>
<td>Germany</td>
<td>0.5%</td>
</tr>
</tbody>
</table>


**Definitions:** % of population with anxiety disorders