



Ireland



Country report card - under-5s

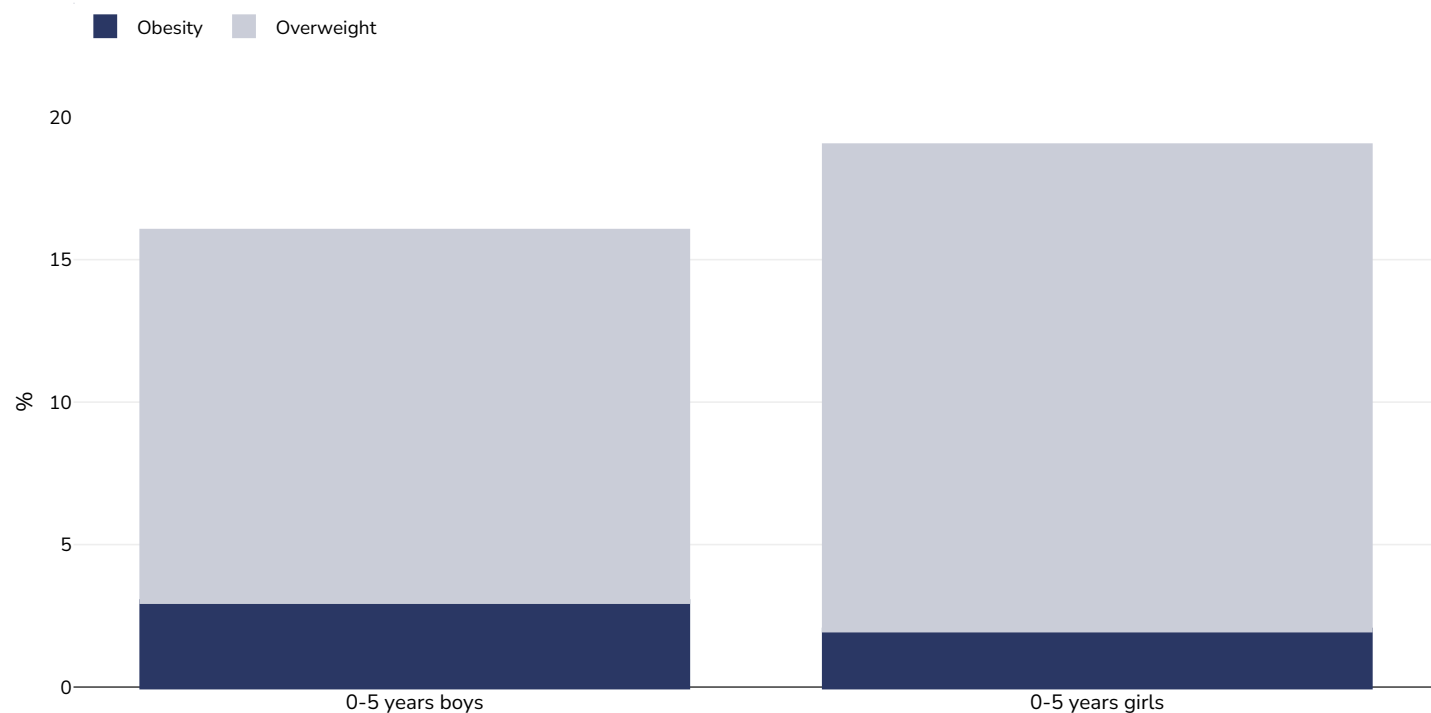
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/ireland-99/>.

Contents	Page
Obesity prevalence	3
Double burden of underweight & overweight	4

Obesity prevalence

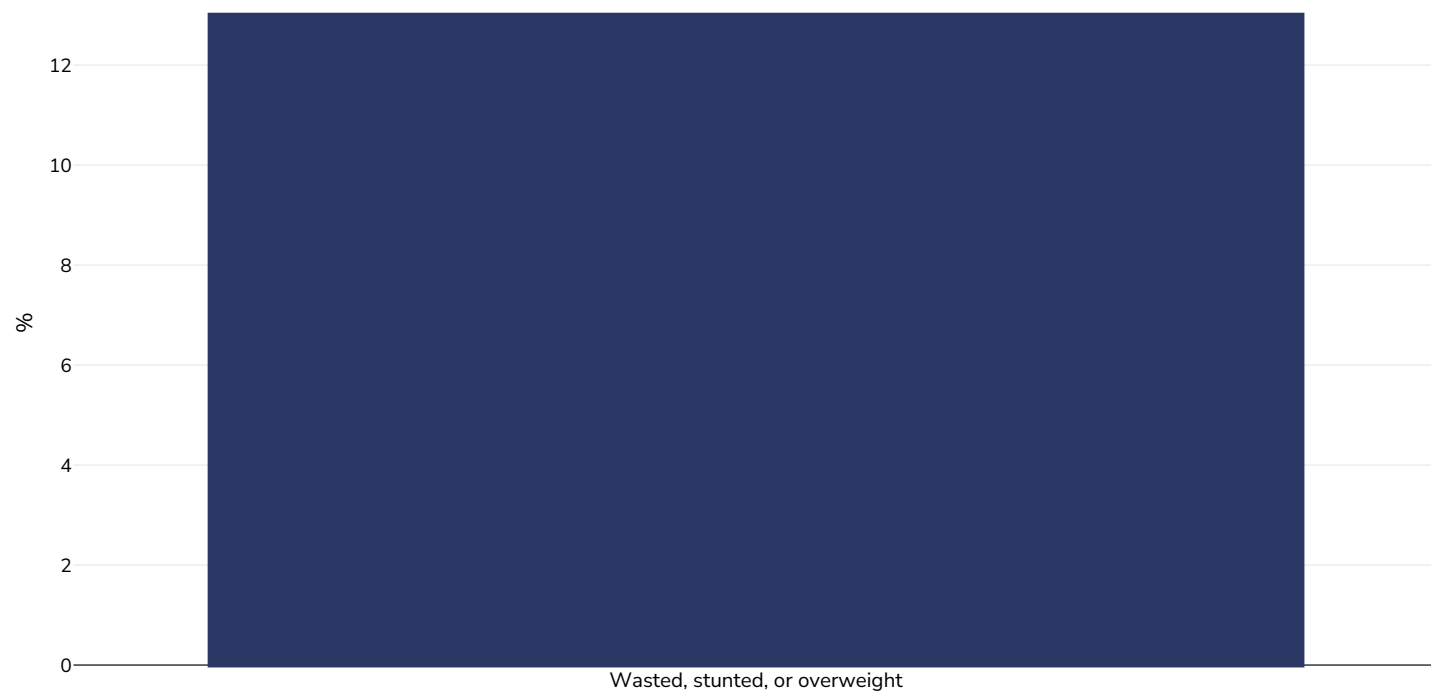
0-5 years, 2010-2011



Survey type:	Measured
Age:	2-4
Sample size:	371
Area covered:	National
References:	Irish universities nutrition alliance. (2012). National Nutrition pre-school survey. Available: https://irp-cdn.multiscreensite.com/46a7ad27/files/uploaded/The%20National%20Pre-School%20Nutrition%20Survey%20Summary%20Report%20June%202012.pdf . Last accessed 20th September 2018.
Definitions:	WHO cut-offs available from survey.
Cutoffs:	IOTF

Double burden of underweight & overweight

0-5 years, 2010-2011



Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Ireland 2010-2011 National Pre-School Nutrition Survey
Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

PDF created on September 17, 2025