

Report card Ireland



High income

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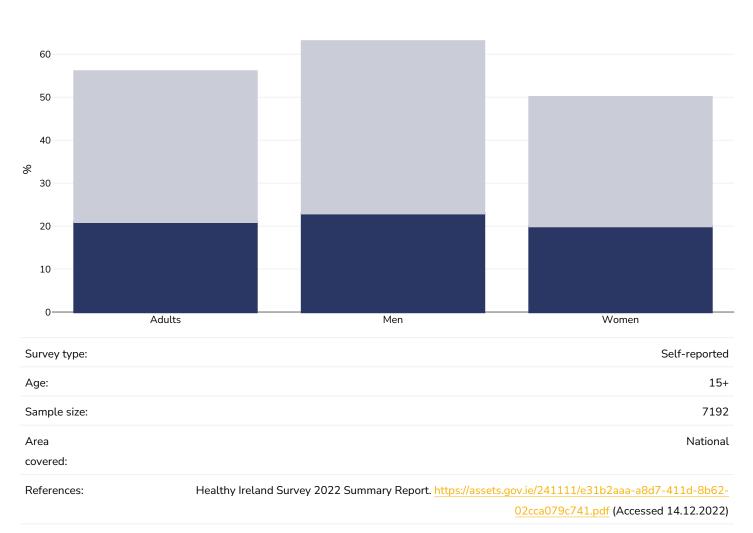
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Thyroid Cancer	%%
Contextual factors	%%



Obesity prevalence

Adults, 2021-2022

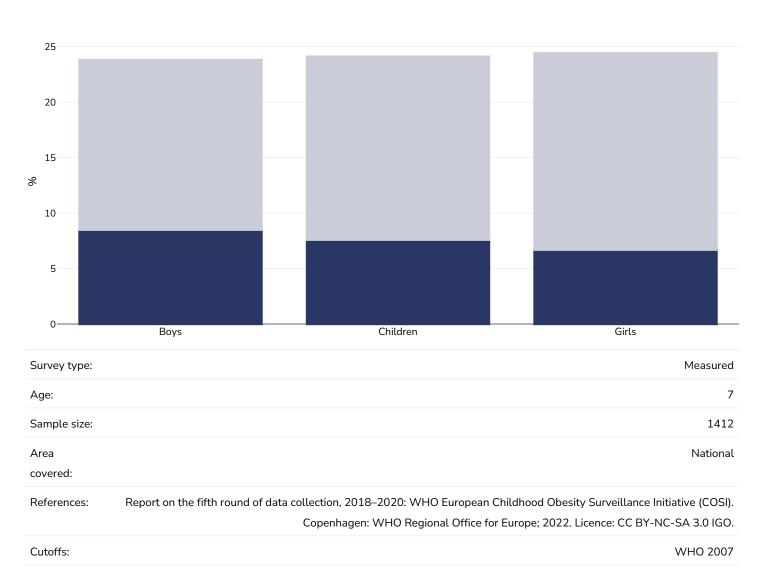
Obesity Overweight





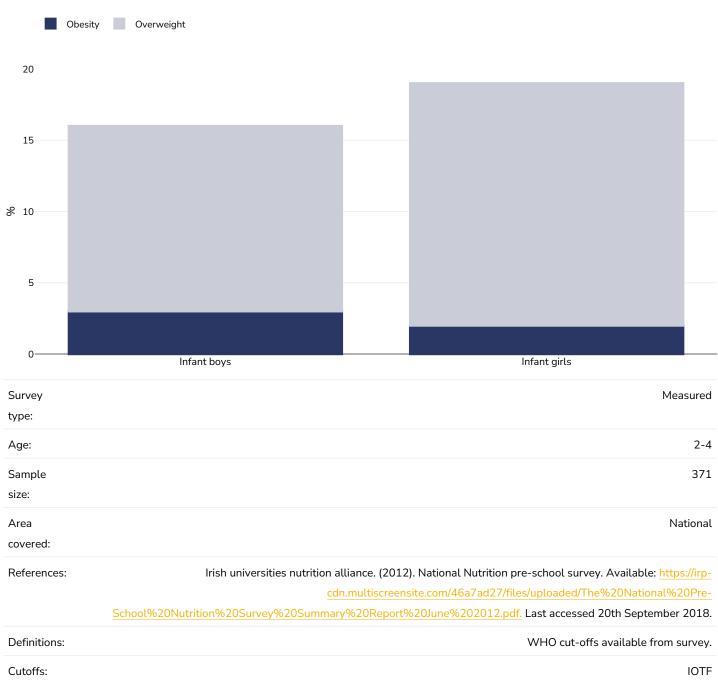
Children, 2018-2020

Obesity Overweight





Infants, 2010-2011



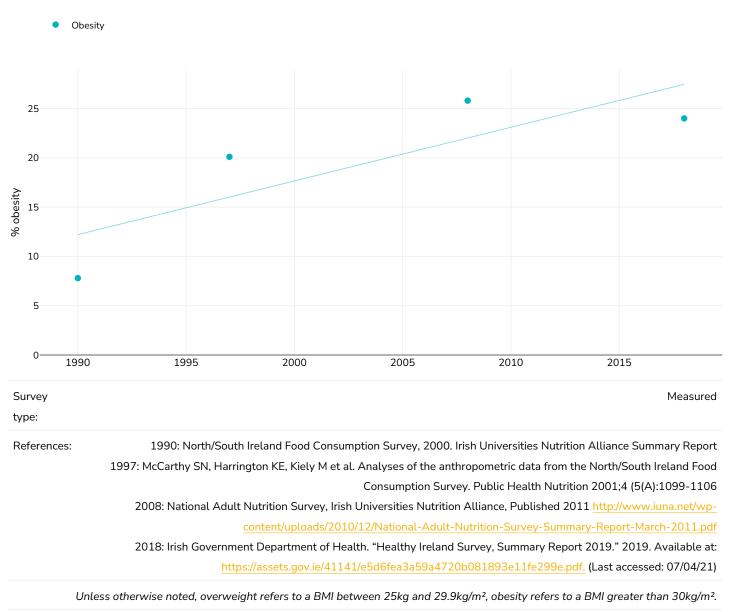


% Adults living with obesity in Ireland 1990-2008





Men



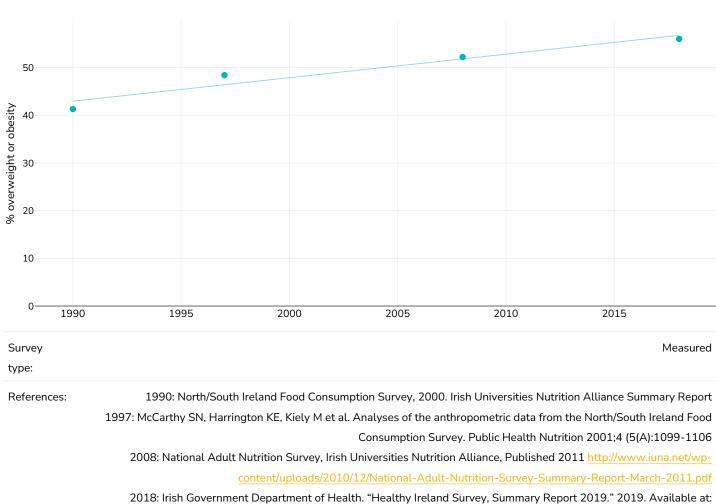


% Adults living with overweight or obesity in Ireland 1990-2008

Women

Notes:

Overweight or obesity



10. Instr Government Department of Heatth, Heatthy netand Survey, Summary Report 2015. 2015. Available at

https://assets.gov.ie/41141/e5d6fea3a59a4720b081893e11fe299e.pdf. (Last accessed: 07/04/21)

Adults aged 18-64

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



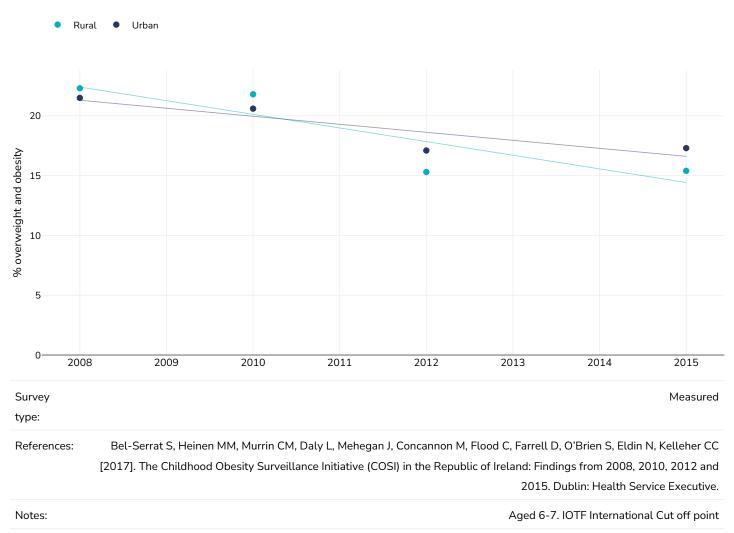
Men

Overweight or obesity

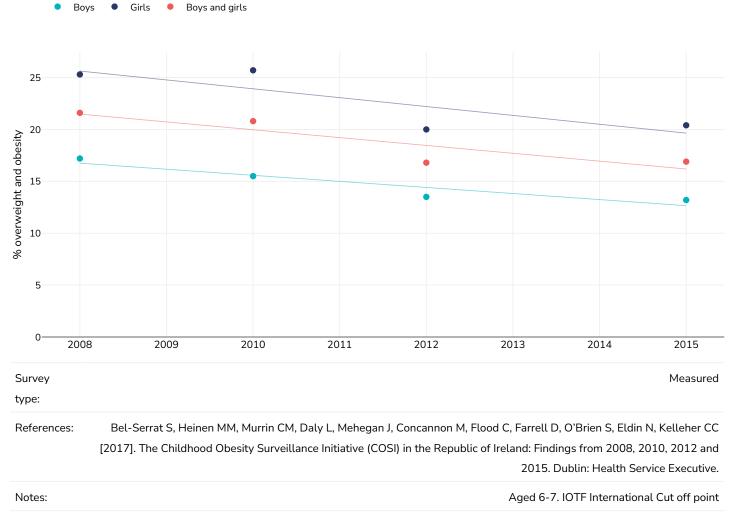




% Children living with overweight or obesity by urbanisation in Ireland 2008-2015



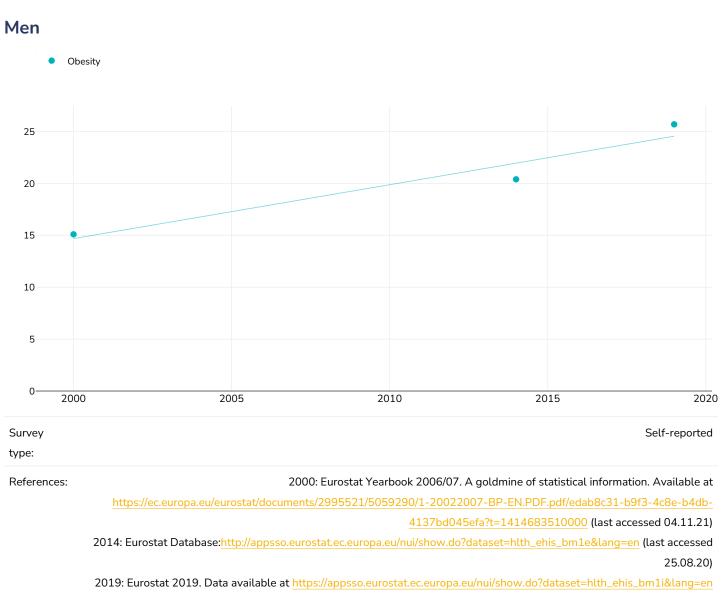




% Children living with overweight or obesity in Ireland 2008-2015



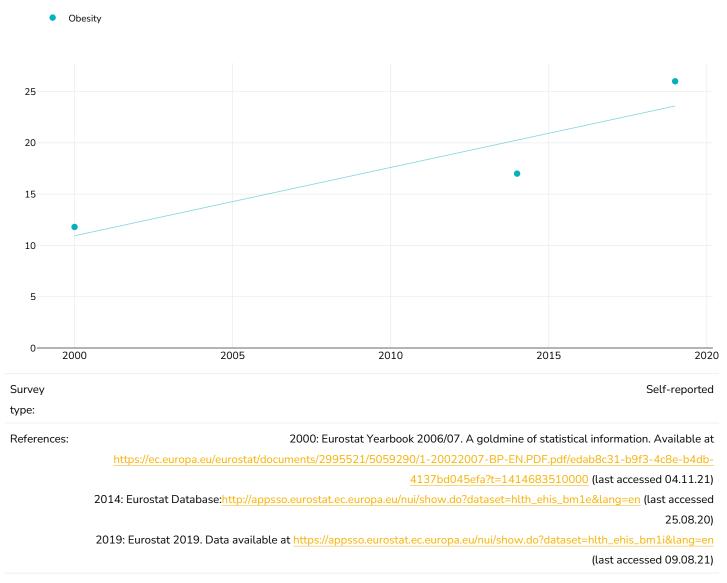
Trend adult obesity 2000 2019



(last accessed 09.08.21)



Women

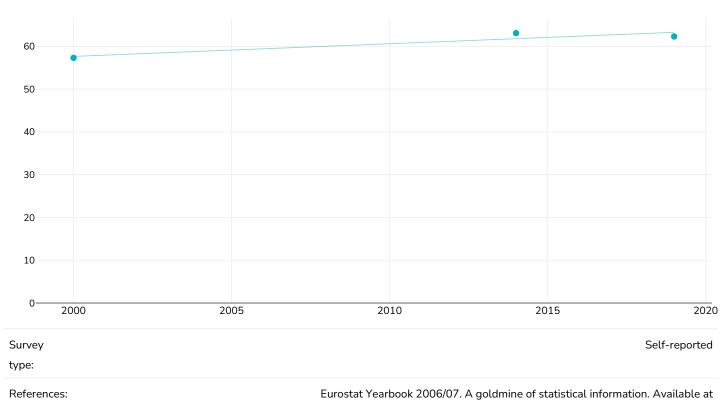




Trend adult overweight obesity 2000 2019

Men

• Overweight or obesity



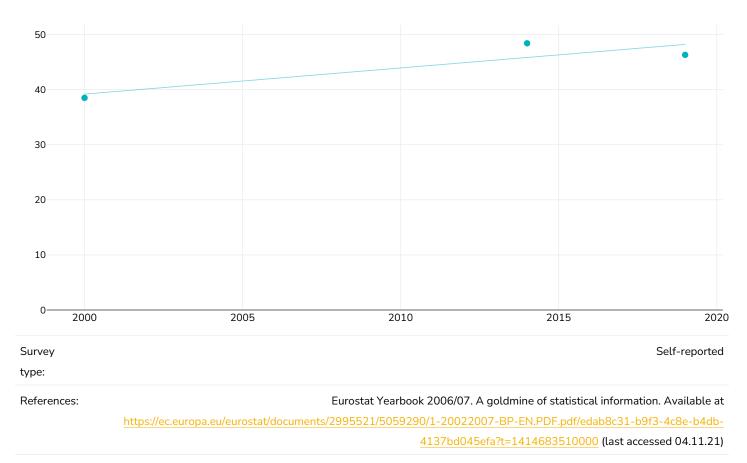
https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-

4137bd045efa?t=1414683510000 (last accessed 04.11.21)



Women

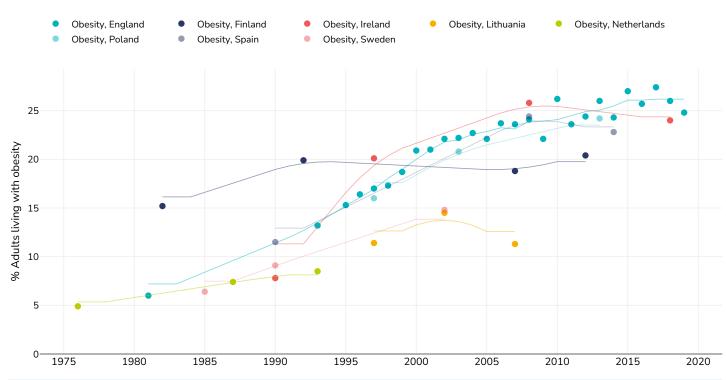
• Overweight or obesity





% Adults living with obesity in Europe 1976-2018, selected countries

Men



References: 1976, 1987, 1993: Visscher TLS, Kromhout D, Seidell J. Long term and recent time trends in the prevalence of obesity among Dutch men and women. IJO 2002;26:1218-24

> 1981: Royal College of Physicians (1983). Obesity. Reprinted from the Journal of the Royal College of Physicians of London Vol 17 (No 1) January 1983

> 1982: Lahti-Koski M, Vartiainen E, Mannisto S, Pietinen P. Age, education and occupation as determinants of trends in body mass index in Finland from 1982 to 1997. International Journal of Obesity (2000);24:1669-1676

> 1985: Berg C, Rosengren A, Aires N, :appas G, Toren K, Thelle D, Lissner L. Trends in overweight and obesity from 1985 to 2002 in Goteborg, West Sweden. IJO 2005 Aug;29(8):916-24

1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence od Obesity in Spain: SEEDO'97 study. Spanish

Collaborative Group for the Study of Obesity. Med Clin (Barc). 1998;117:441-5

1992: Lahti-Koski M, Pietinen P, Munnisto S, Vartiainen E. Trends in waist to hip ratio and its determinants in adults in Finland

from 1987 to 1997. American Journal of Clinical Nutrition 2000;72:1436-1444

1995: Health Survey for England 1995.

1996: Health Survey for England 1996.

1997: Pomerleau J, Pudule I, Grinberga D, Kadziauskiene K, Abaravicius A, Bartkeviciute R, Vaask S, Robertson A, McKee M.

Patterns of body weight in the Baltic Republics. Public Health Nutrition. 2000;3:3-10

1998: Health Survey for England 1998.

1999: Health Survey for England 1999.

2000: Health Survey for England 2000.

2001: Health Survey for England 2001.

2002, 2007: Barzda A, Bartkevičiūtė R, Stukas R, Šatkutė R, Abaravičius JA. Lietuvos

gyventojų kūno masės indekso pokyčiai 1997-2007 metais. Sveikatos mokslai 2009;3:2406-2410.

(no English translation)

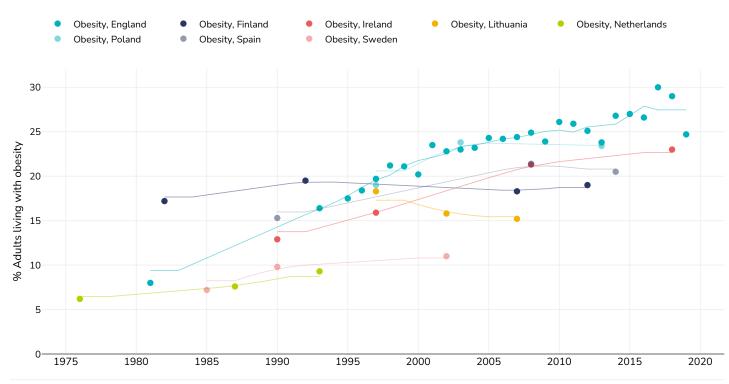
2003: Health Survey for England 2003.

2004: Health Survey for England 2004.





Women



References: 1976, 1987, 1993: Visscher TLS, Kromhout D, Seidell J. Long term and recent time trends in the prevalence of obesity among Dutch men and women. JJO 2002;26:1218-24

> 1981: Royal College of Physicians (1983). Obesity. Reprinted from the Journal of the Royal College of Physicians of London Vol 17 (No 1) January 1983

> 1982: Lahti-Koski M, Vartiainen E, Mannisto S, Pietinen P. Age, education and occupation as determinants of trends in body mass index in Finland from 1982 to 1997. International Journal of Obesity (2000);24:1669-1676

> 1985: Berg C, Rosengren A, Aires N, :appas G, Toren K, Thelle D, Lissner L. Trends in overweight and obesity from 1985 to 2002 in Goteborg, West Sweden. IJO 2005 Aug;29(8):916-24

1990: Aranceta J, Perex Rodrigo C, Serra Majem LI et al. Prevalence od Obesity in Spain: SEEDO'97 study. Spanish

Collaborative Group for the Study of Obesity. Med Clin (Barc). 1998;117:441-5

1992: Lahti-Koski M, Pietinen P, Munnisto S, Vartiainen E. Trends in waist to hip ratio and its determinants in adults in Finland

from 1987 to 1997. American Journal of Clinical Nutrition 2000;72:1436-1444

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2002, 2007: Barzda A, Bartkevičiūtė R, Stukas R, Šatkutė R, Abaravičius JA. Lietuvos

gyventojų kūno masės indekso pokyčiai 1997-2007 metais. Sveikatos mokslai 2009;3:2406-2410.

(no English translation)

2003: Health Survey for England 2003.

2004: Health Survey for England 2004.

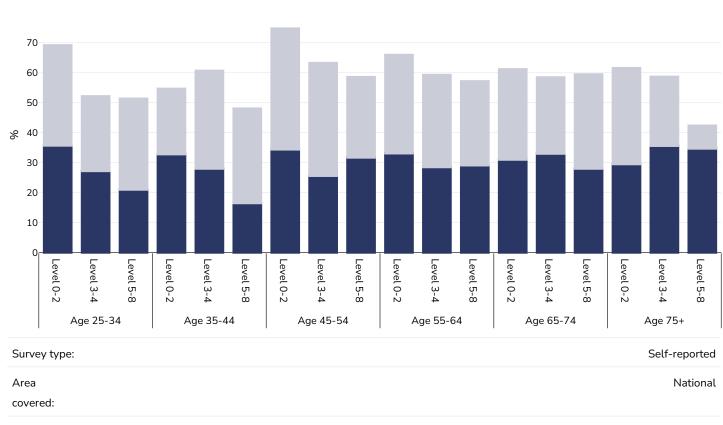




Overweight/obesity by age and education

Adults, 2019

Obesity Overweight



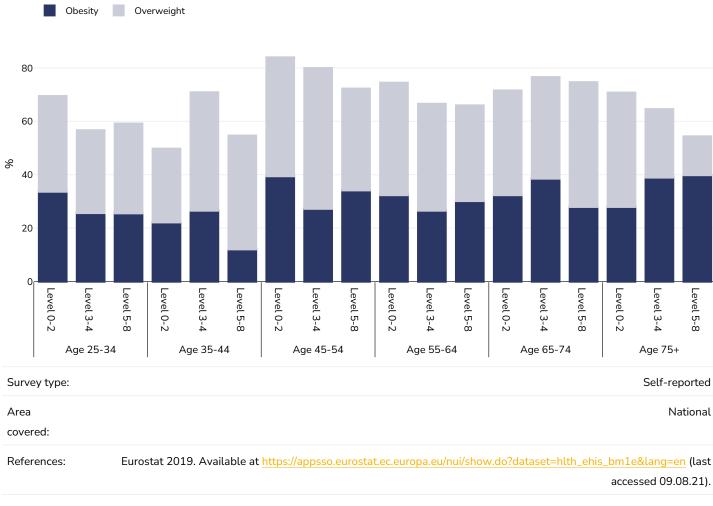
 References:
 Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 09.08.21).

Notes:

NB. Some age ranges missing due to insufficient data to display by age & educational status



Men, 2019



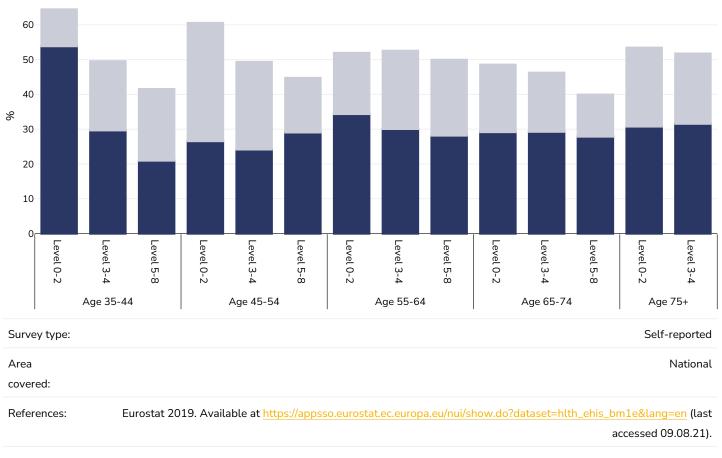
Notes:

NB. Some age ranges missing due to insufficient data to display by age & educational status



Women, 2019





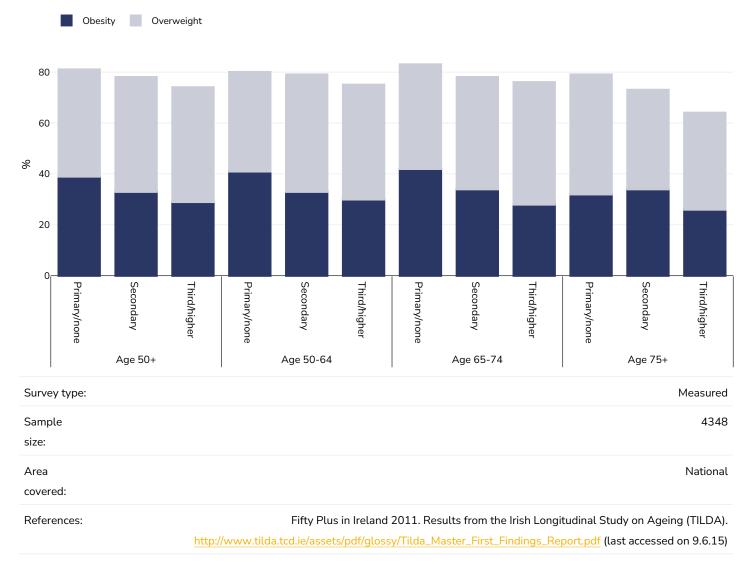
Notes:

NB. Some age ranges missing due to insufficient data to display by age & educational status



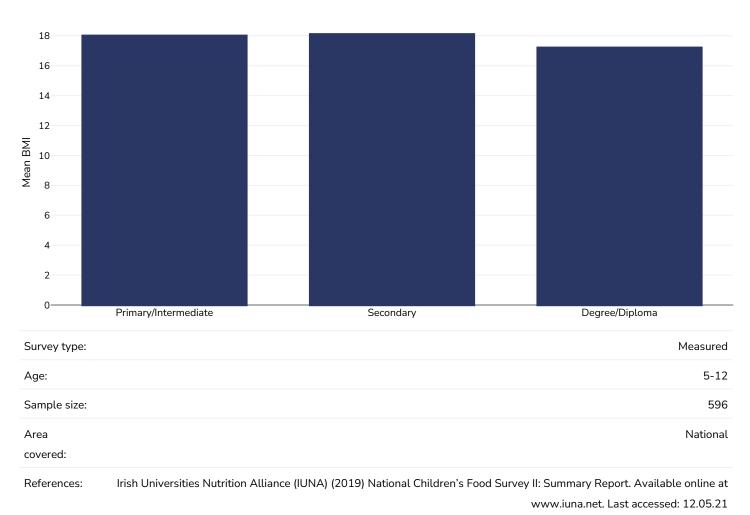
Overweight/obesity by education

Adults, 2009-2010





Children, 2017-2018

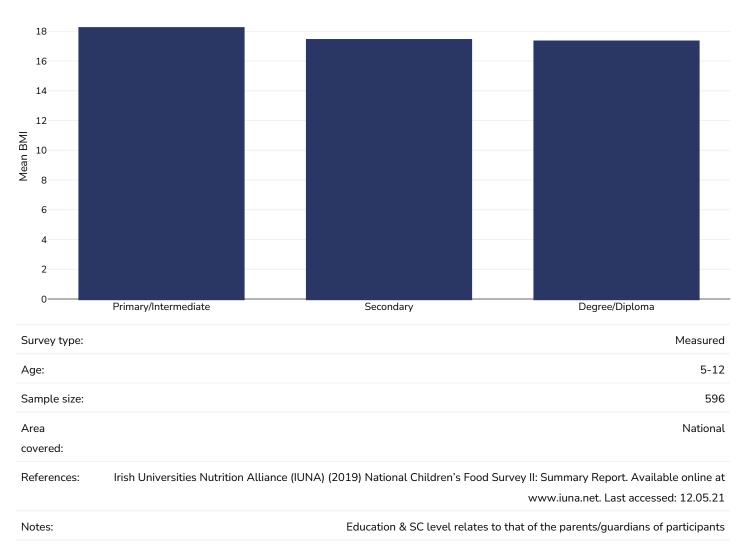


Notes:	Education & SC level relates to that of the parents/guardians of participants
Cutoffs:	IOTF



Boys, 2017-2018

Mean BMI

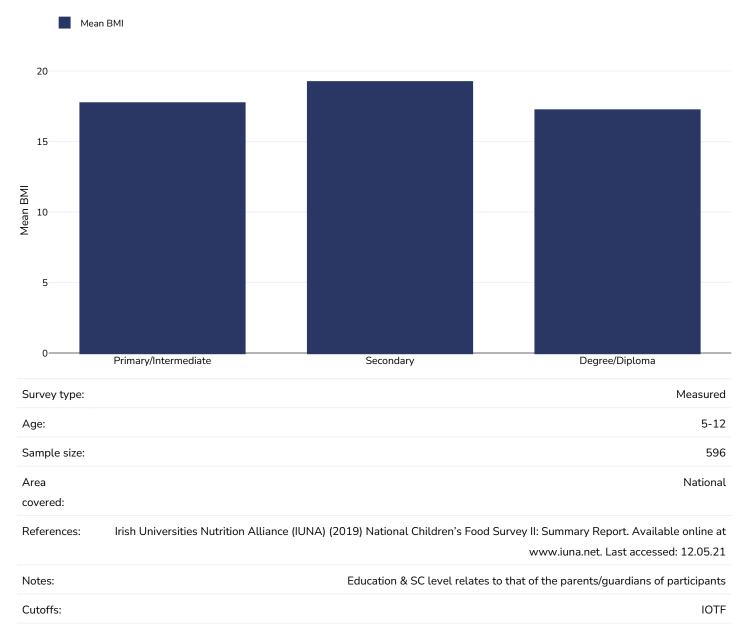


IOTF

Cutoffs:



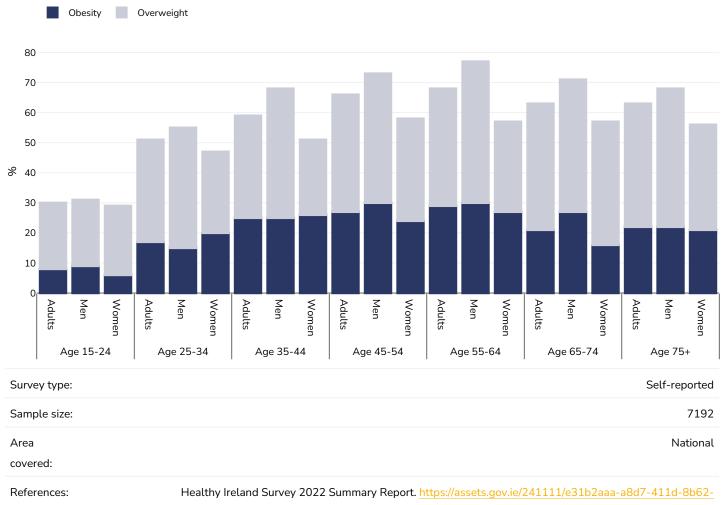
Girls, 2017-2018





Overweight/obesity by age

Adults, 2021-2022

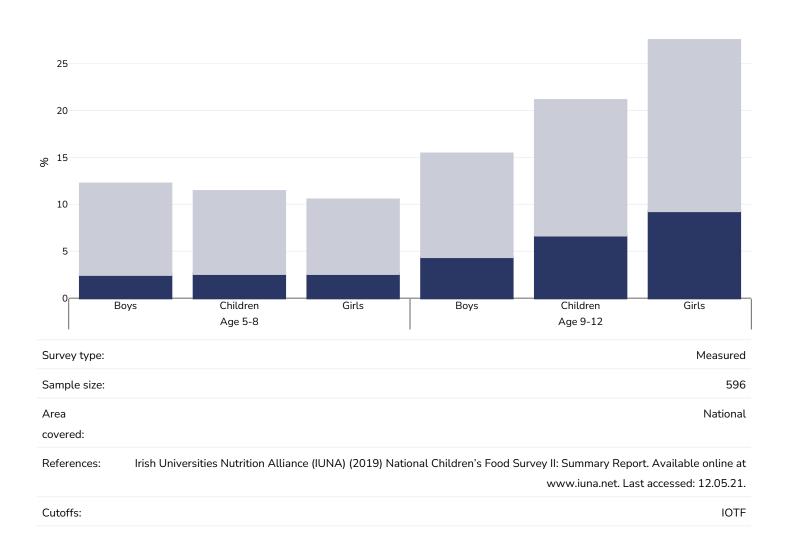


02cca079c741.pdf (Accessed 14.12.2022)



Children, 2017-2018

Obesity Overweight

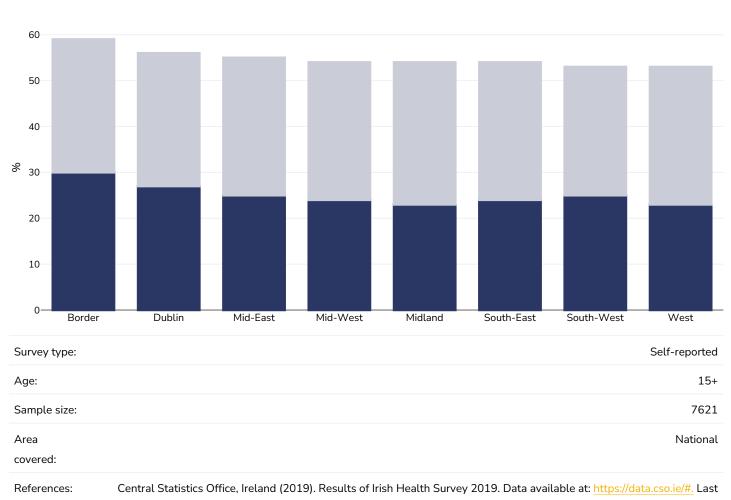




Overweight/obesity by region

Adults, 2019

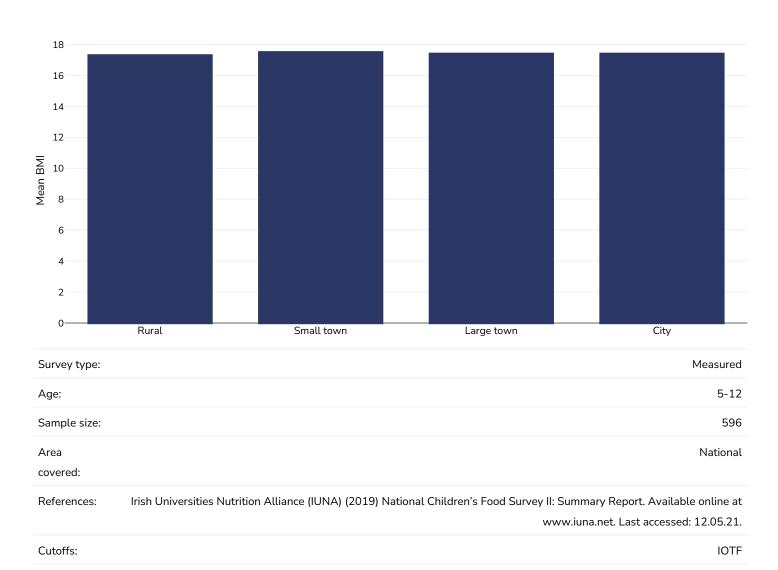
Obesity Overweight



accessed: 02.06.21.

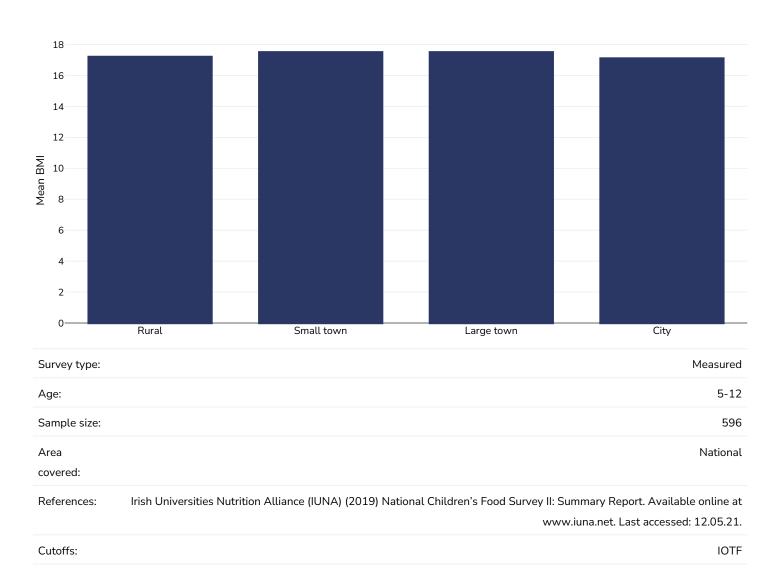


Children, 2017-2018



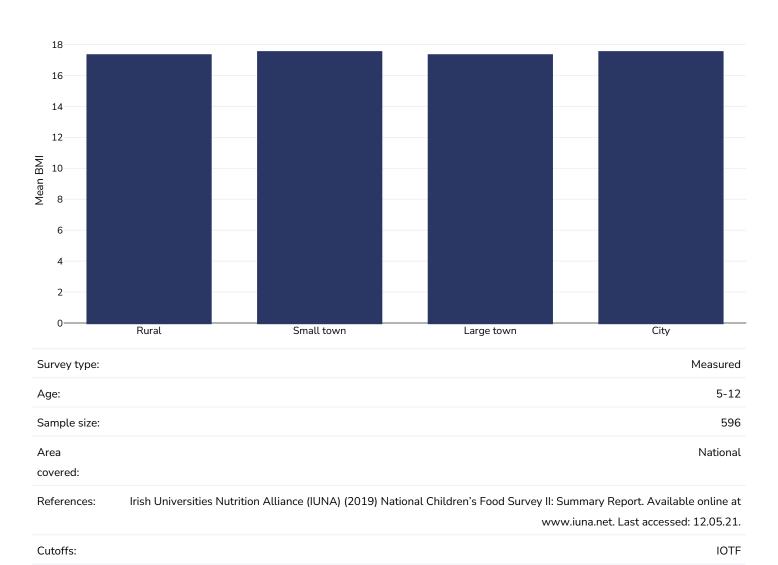


Boys, 2017-2018





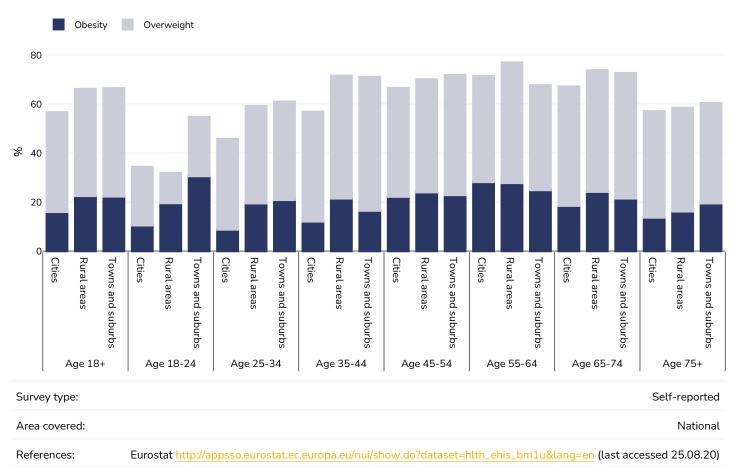
Girls, 2017-2018





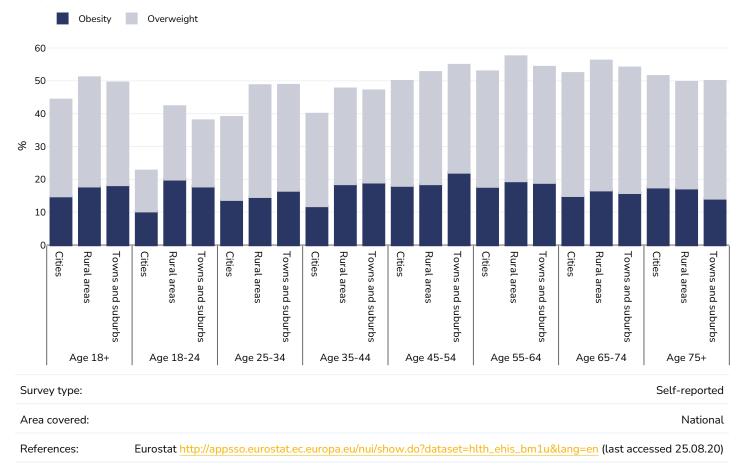
Overweight/obesity by age and region

Men, 2014





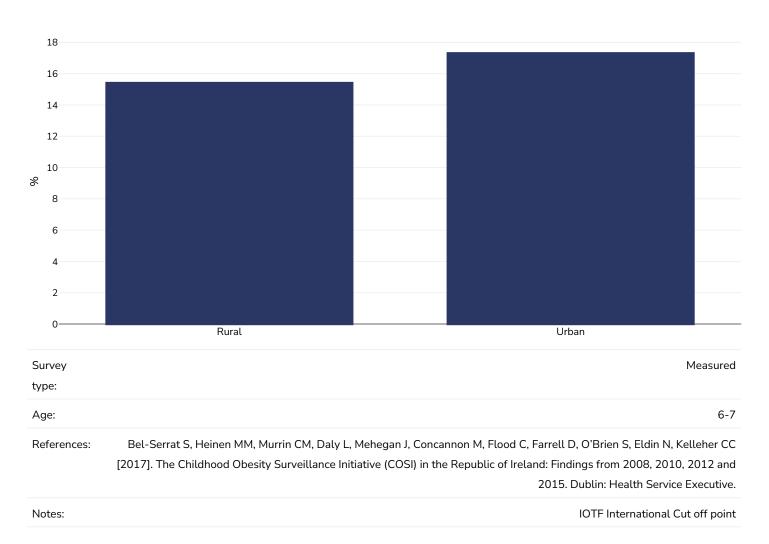
Women, 2014





Children, 2015

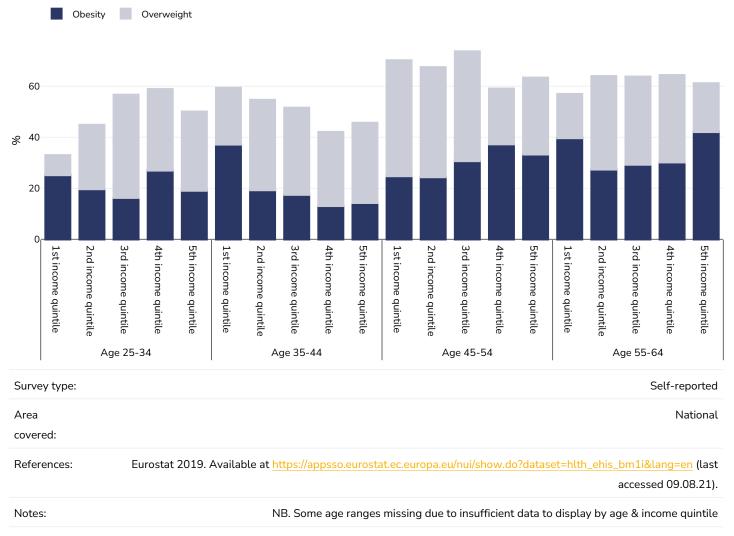
Overweight or obesity





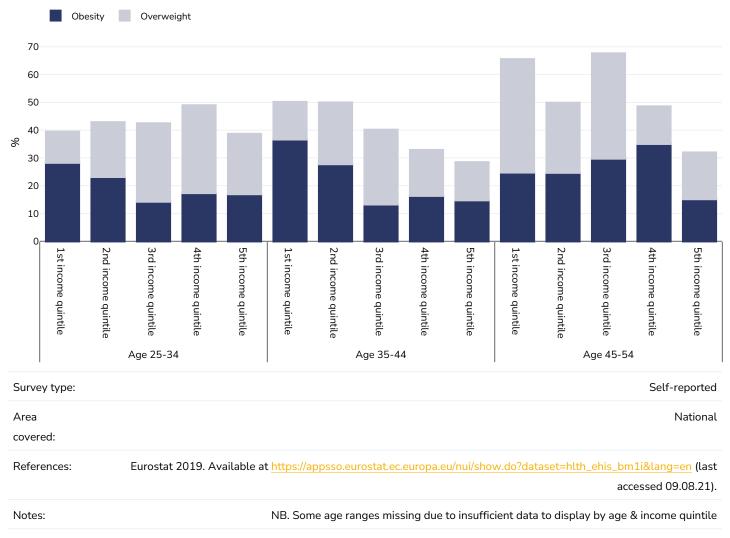
Overweight/obesity by age and socio-economic group

Adults, 2019





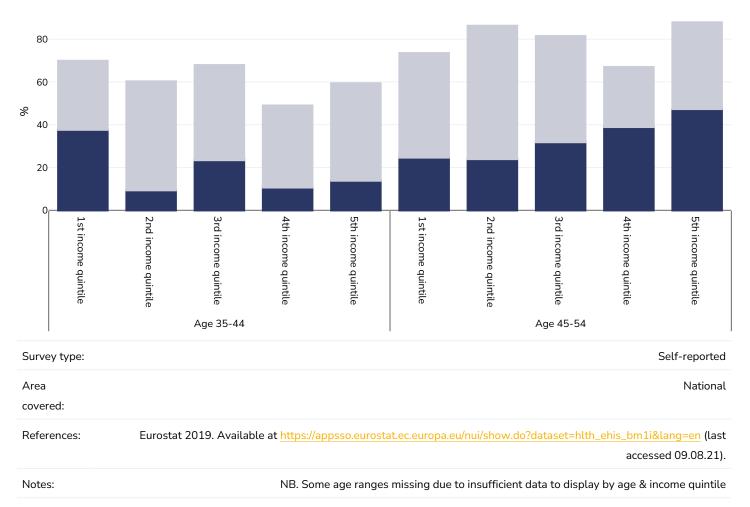
Women, 2019





Men, 2019

Obesity Overweight

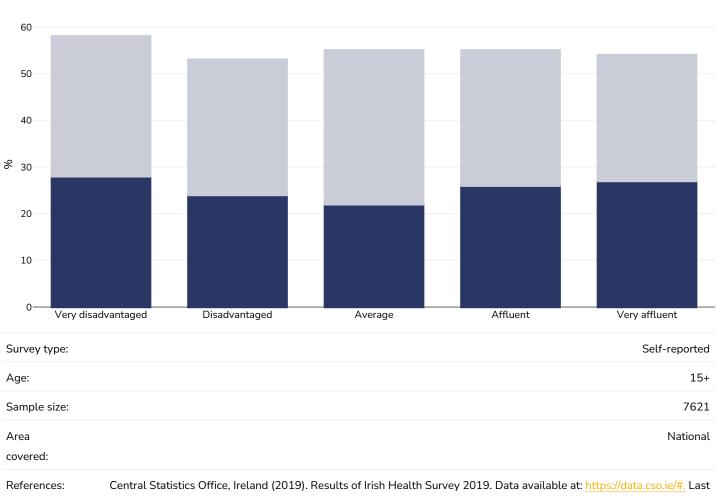




Overweight/obesity by socio-economic group

Adults, 2019

Obesity Overweight

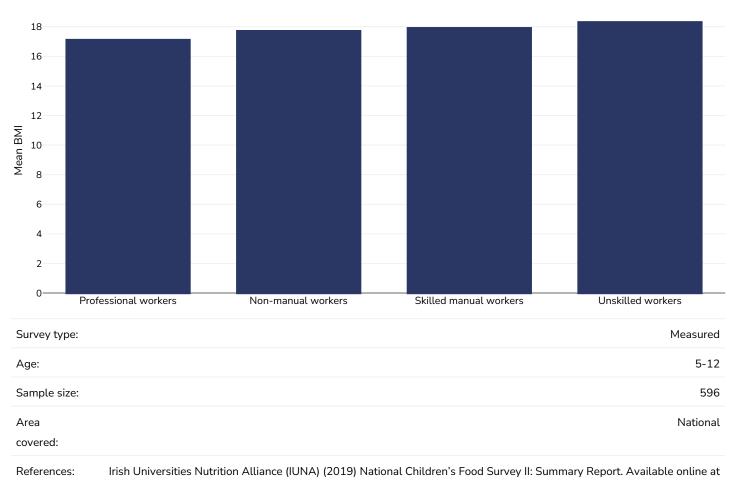


accessed: 02.06.21.



Children, 2017-2018

Mean BMI



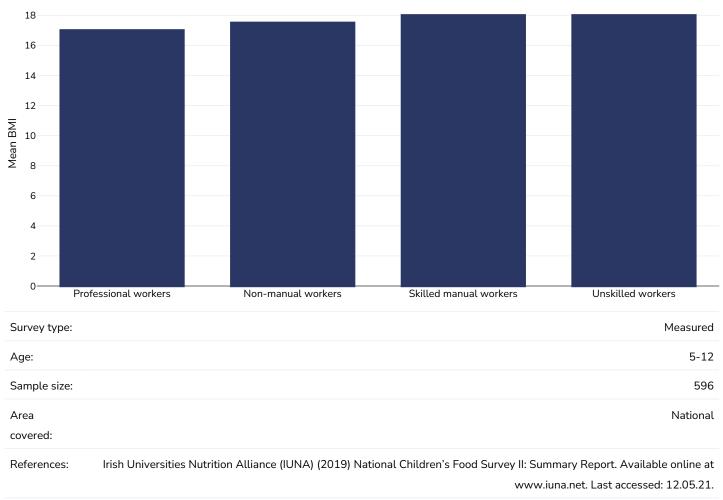
www.iuna.net. Last accessed: 12.05.21.

Notes:	Groupings as defined by publication of origin.
Cutoffs:	IOTF



Boys, 2017-2018

Mean BMI

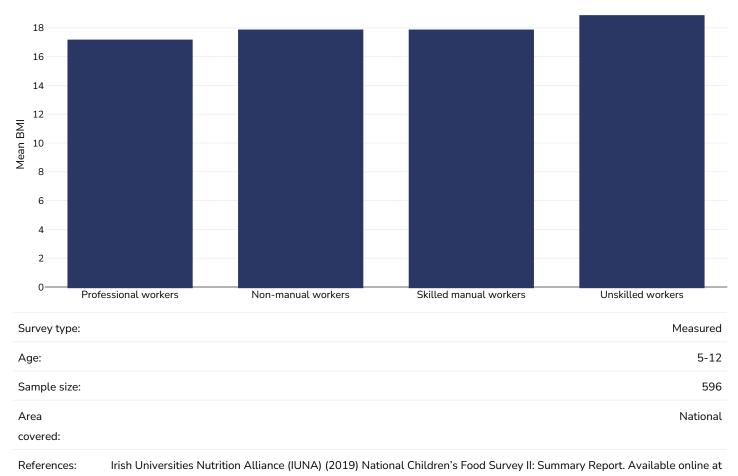


Notes:	Groupings as defined by publication of origin.
Cutoffs:	IOTF



Girls, 2017-2018

Mean BMI



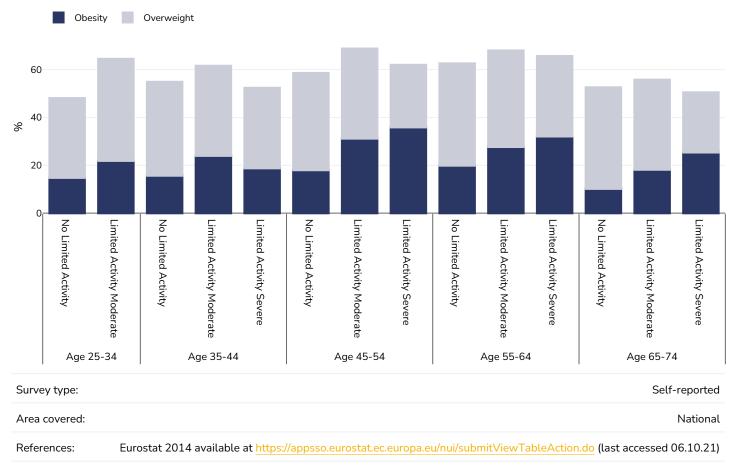
www.iuna.net. Last accessed: 12.05.21.

Notes:	Groupings as defined by publication of origin.
Cutoffs:	IOTF



Overweight/obesity by age and limited activity

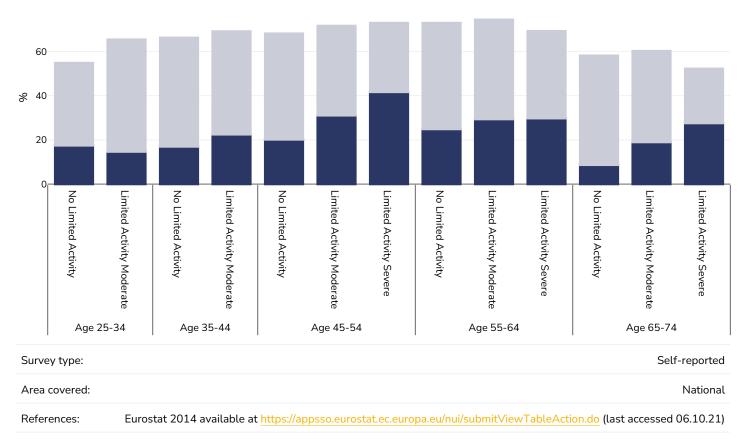
Adults, 2014





Men, 2014

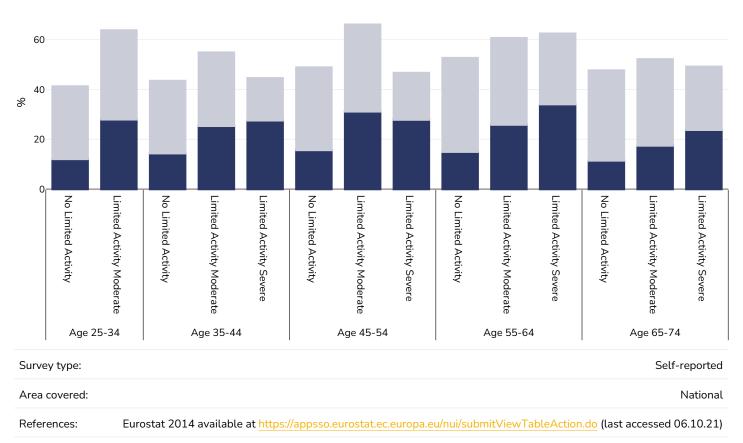
Obesity Overweight





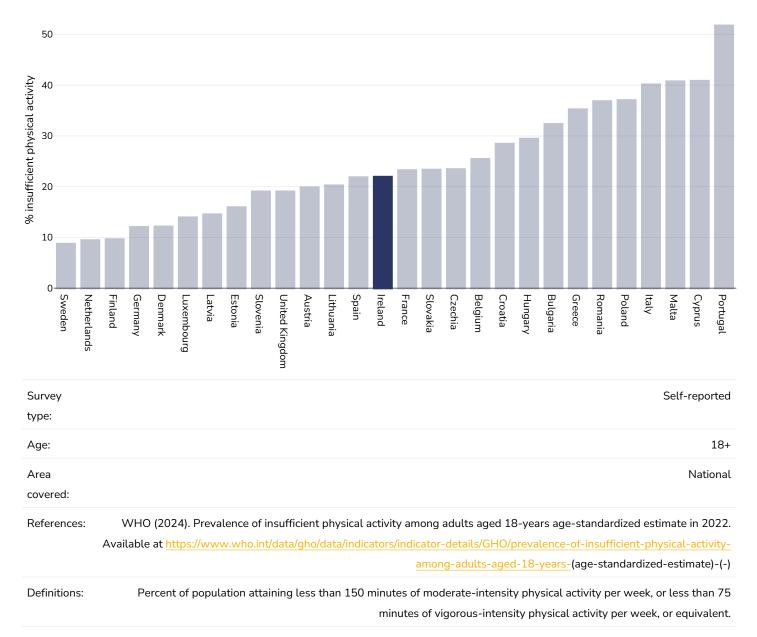
Women, 2014



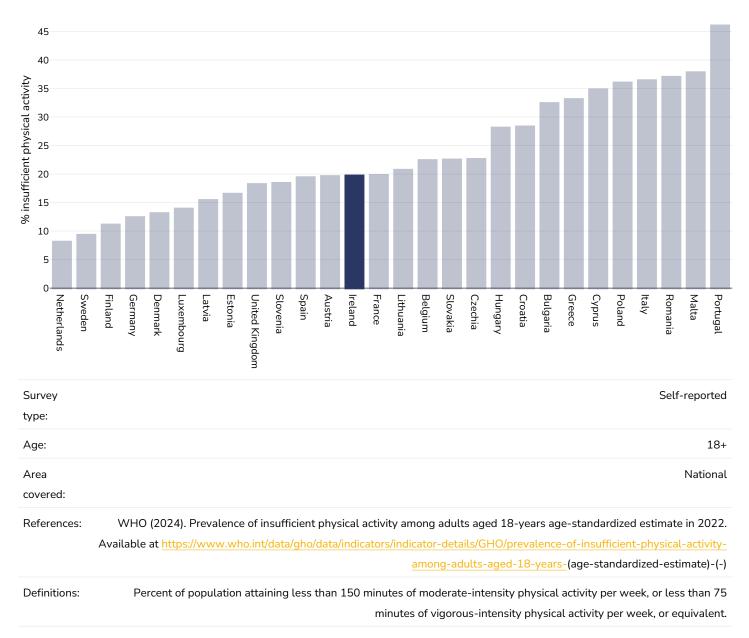




Insufficient physical activity

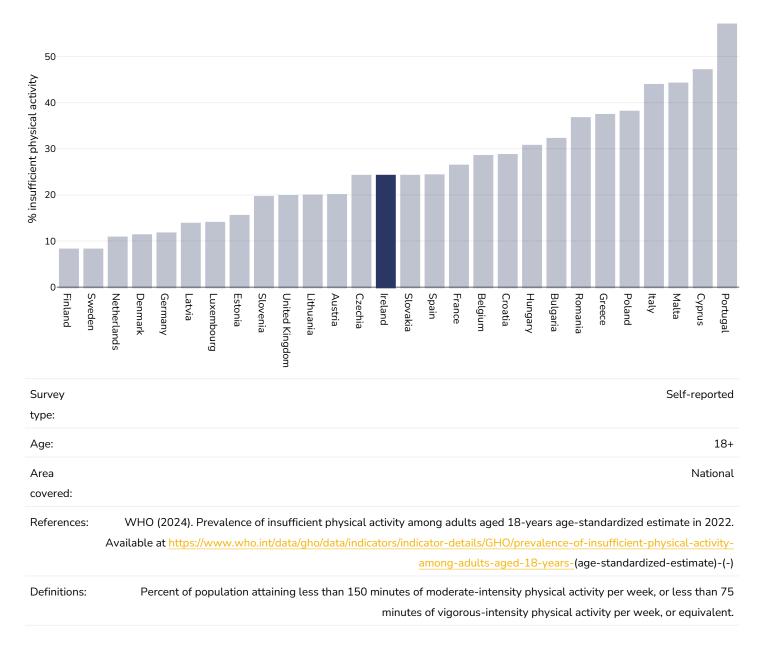


Men, 2022



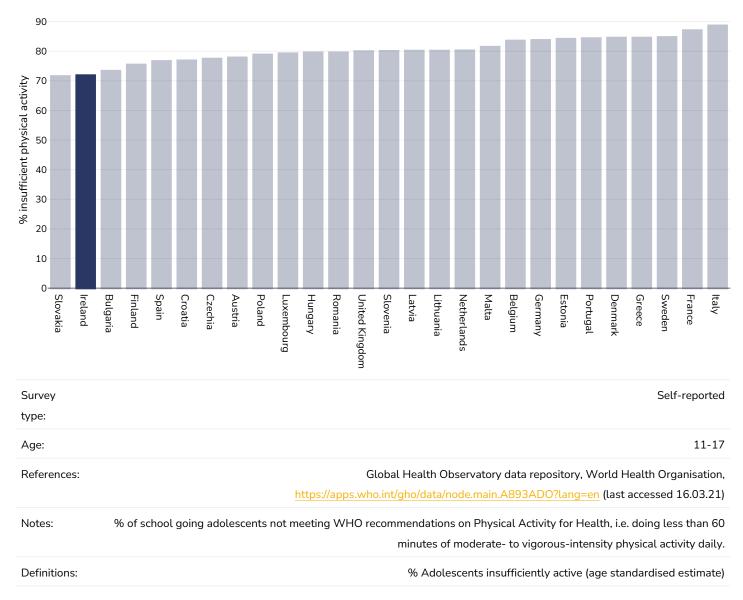


Women, 2022

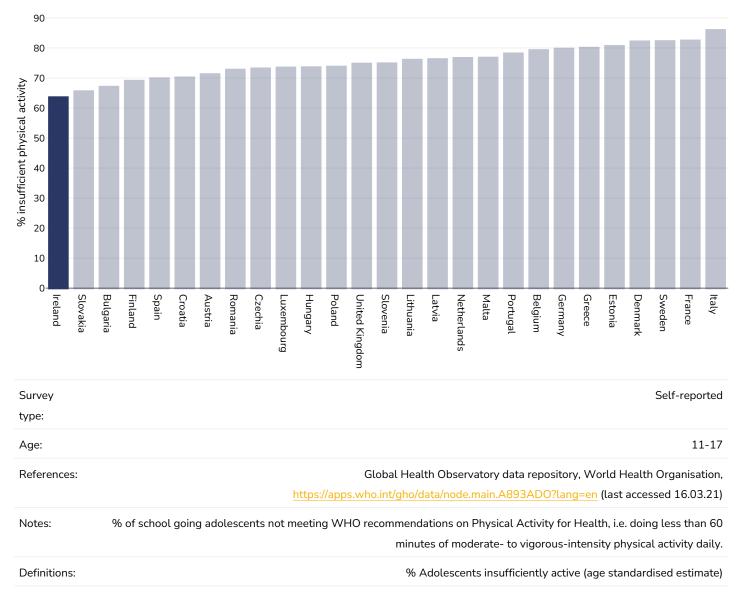




Children, 2016

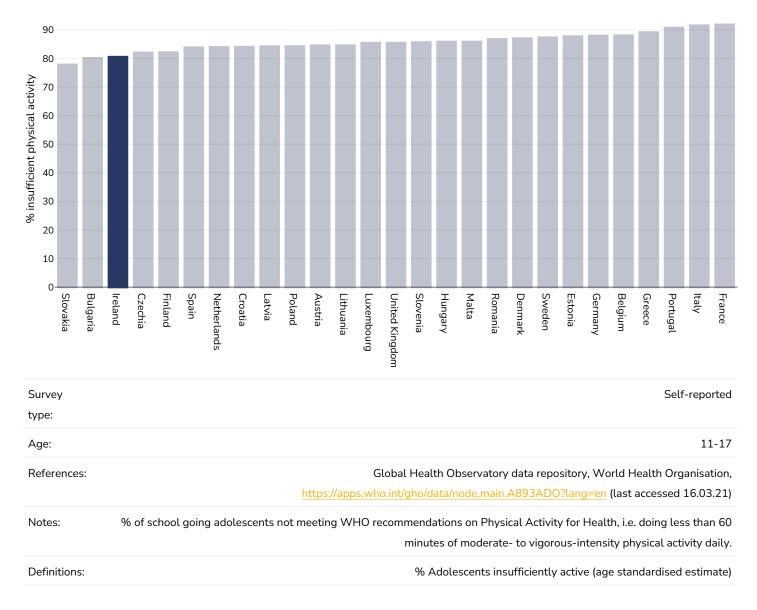


Boys, 2016



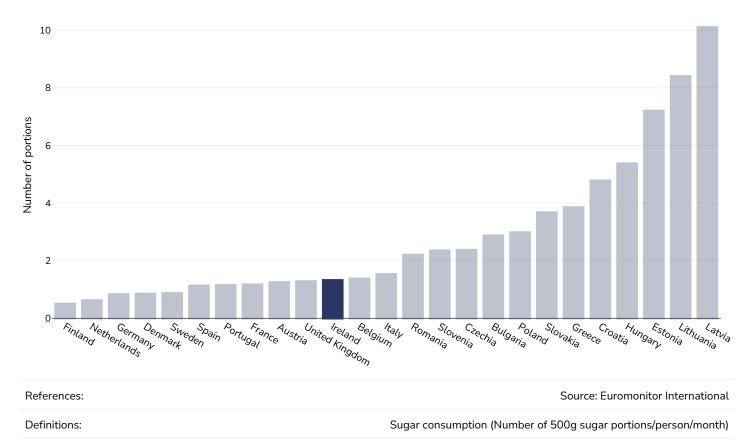


Girls, 2016





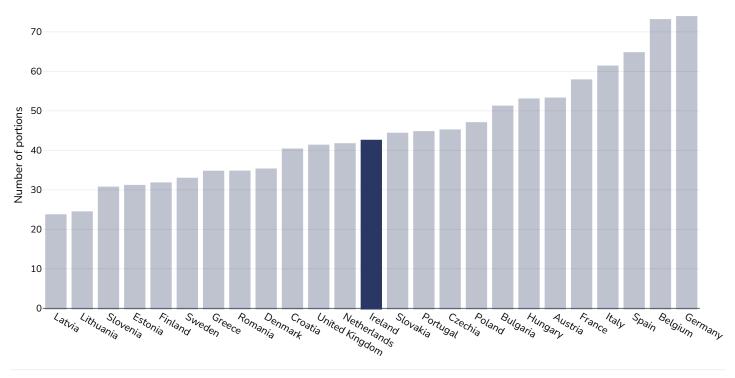
Sugar consumption





Estimated per capita sugar sweetened beverages intake

Adults, 2016



References:

Source: Euromonitor International



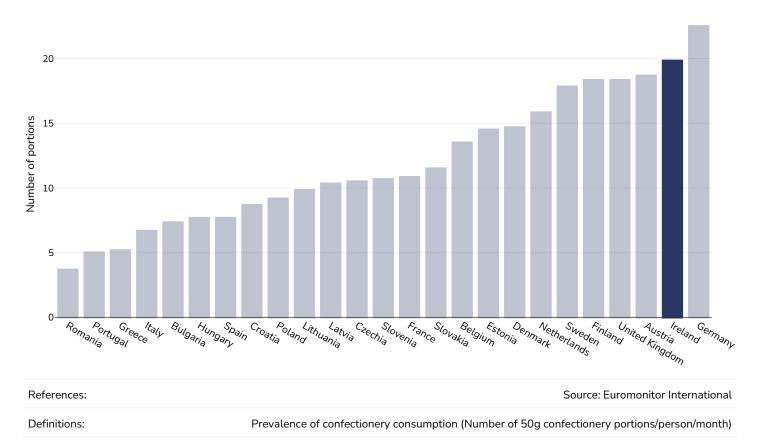
Prevalence of at least daily carbonated soft drink consumption

40 35 30 25 8 20 15 10 5 O Bulgaria Estonia Greece Slovenia Austria Spain Poland France Hungary Malta Latvia Ireland Italy Czechia Finland Sweden Denmark United Kingdom Slovakia Netherlands Lithuania Portugal Germany Croatia Romania Luxembourg Survey Measured type: References: World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative crossnational study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org Notes: 15-year-old adolescents Definitions: Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)

Children, 2014

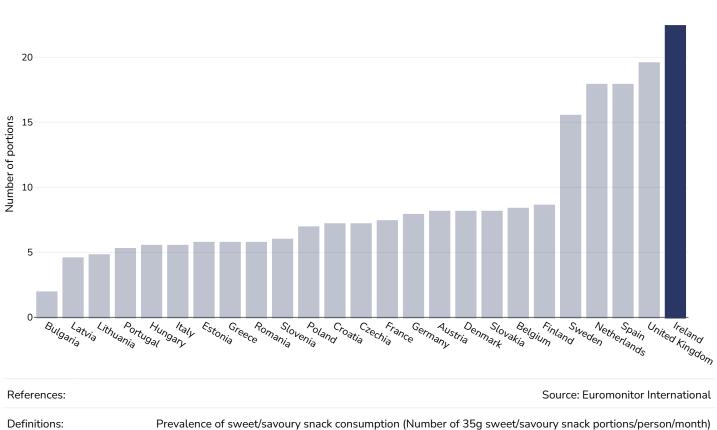


Prevalence of confectionery consumption



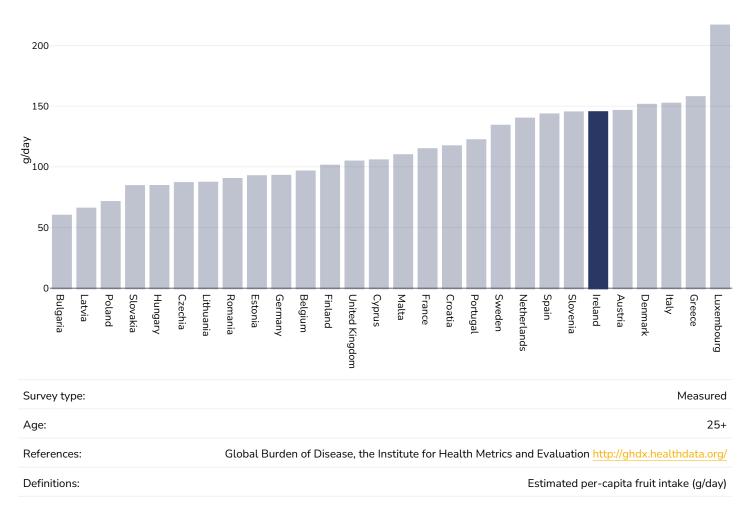


Prevalence of sweet/savoury snack consumption





Estimated per capita fruit intake

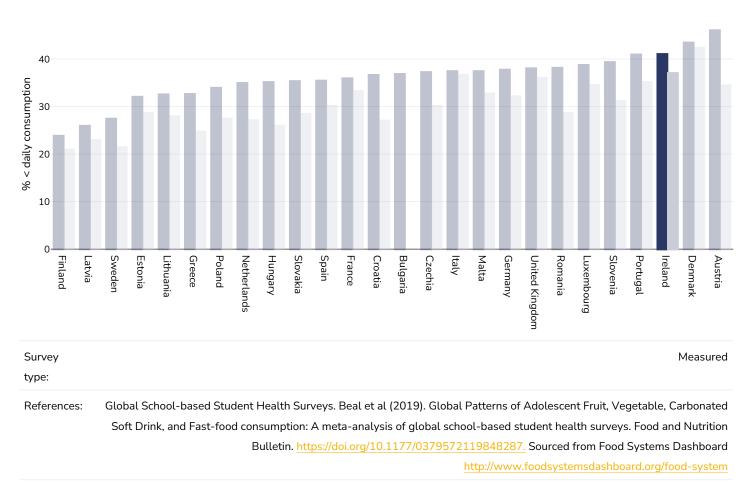




Prevalence of less than daily fruit consumption

Children, 2014

Age 12-17 Age 15



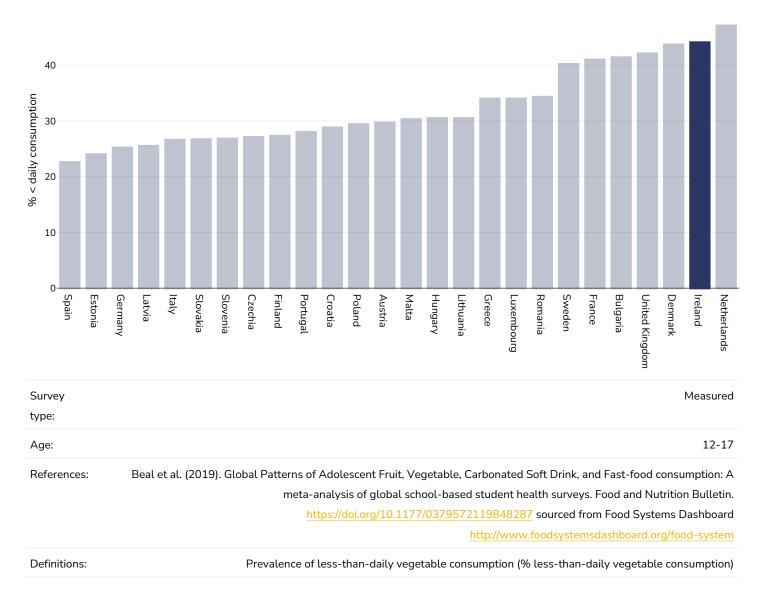
Definitions:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



Prevalence of less than daily vegetable consumption

Children, 2014



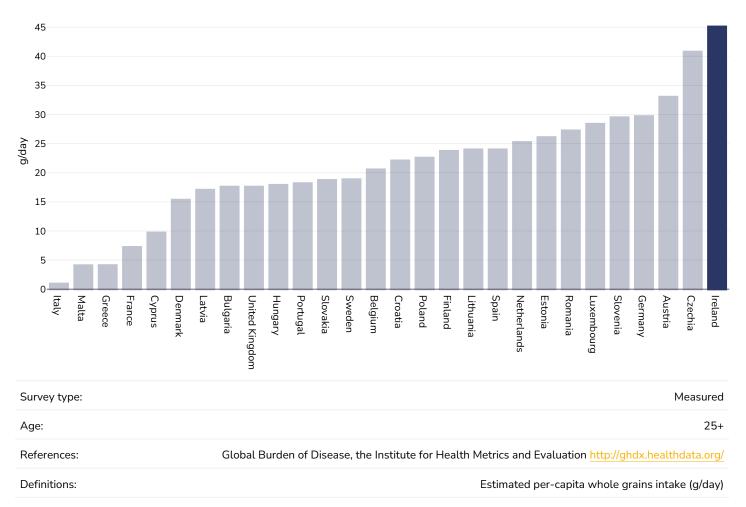


Estimated per-capita processed meat intake

20 15 yday 10 5 0 Sweden Croatia Portugal Greece Poland Cyprus Hungary Romania Austria Bulgaria Slovakia Slovenia Ireland Malta Finland Spain Belgium France Latvia Germany Czechia Italy Estonia Denmark Netherlands Lithuania United Kingdom Luxembourg Measured Survey type: Age: 25+ Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ References: Definitions: Estimated per-capita processed meat intake (g per day)



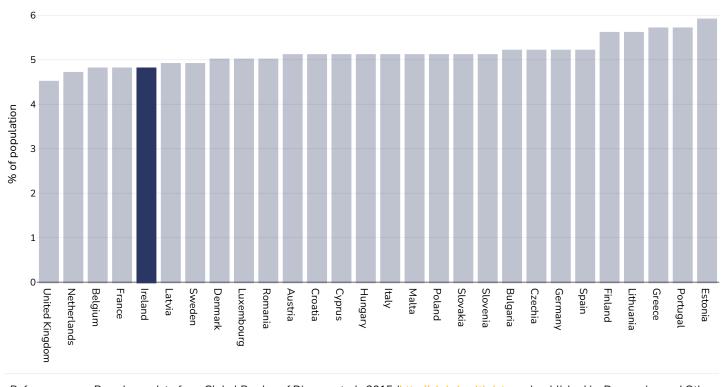
Estimated per capita whole grains intake





Mental health - depression disorders





References: Prevalence data from Global Burden of Disease study 2015 (<u>http://ghdx.healthdata.org</u>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

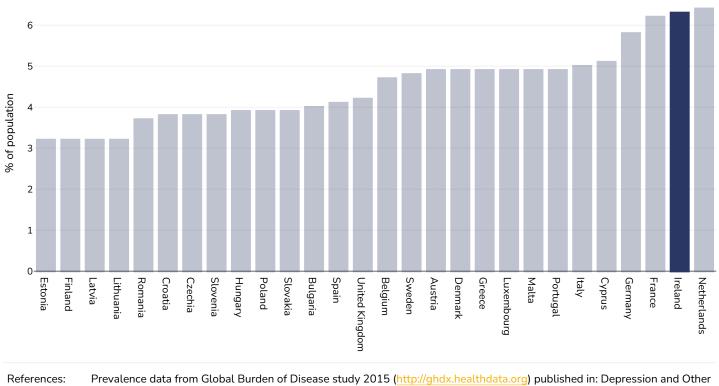
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

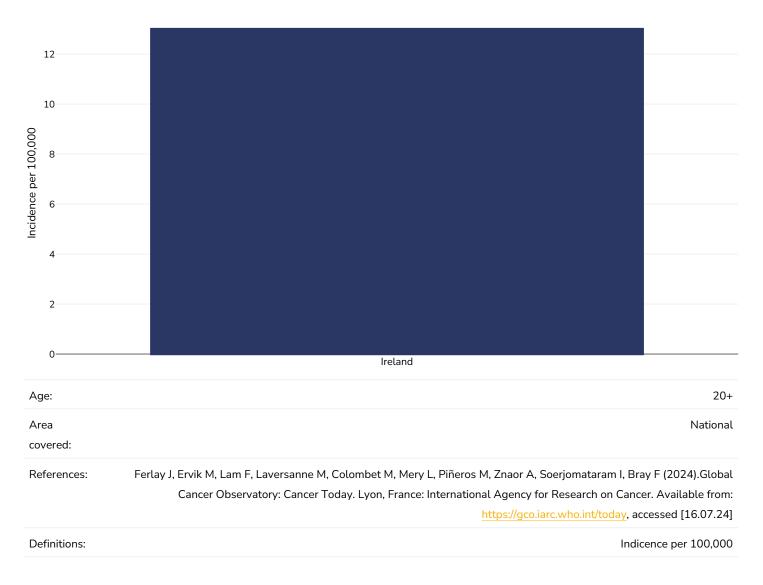
Definitions:

% of population with anxiety disorders



Oesophageal cancer

Men, 2022





Women, 2022

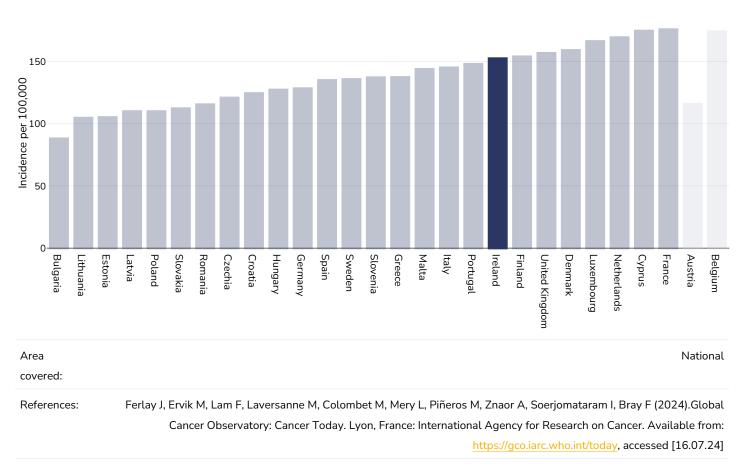
5			
4			
Incidence per 100,000			
0			
0	Ireland		
Age:	20+		
Area covered:	National		
References:			
	Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <u>https://gco.iarc.who.int/today</u> , accessed [16.07.24]		
Definitions:	Indicence per 100,000		



Breast cancer

Women, 2022

Age 20 Age 20+



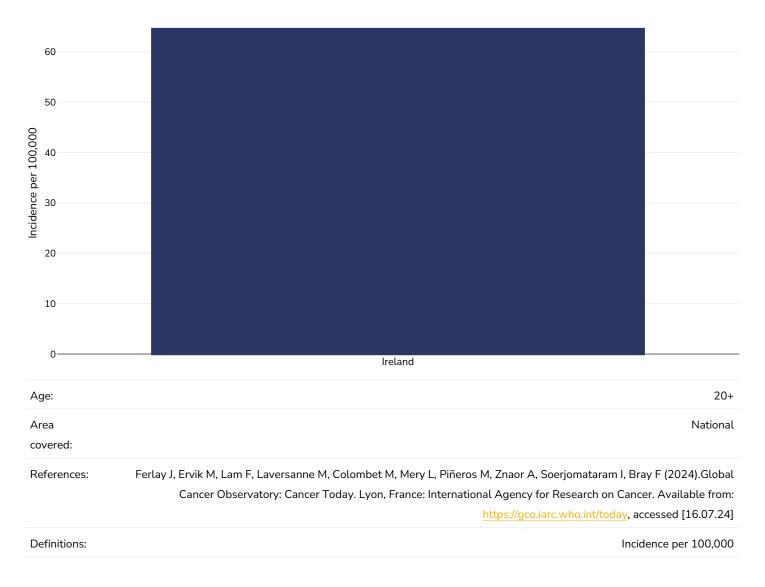
Definitions:

Incidence per 100,000



Colorectal cancer

Men, 2022





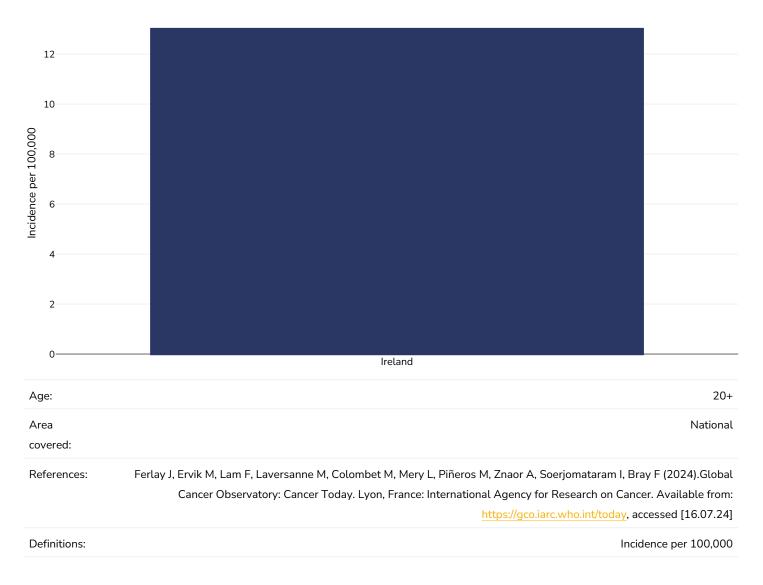
Women, 2022

45		
45		
40		
35		
000 25 20 20 20		
00 1 25		
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ncide		
— 15		
10		
5		
5		
0	Ireland	
Age:		20+
Area		National
covered:		
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Br	
	Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Canc <u>https://gco.iarc.who.int/today</u> , ac	
Definitions:	Incid	dence per 100,000



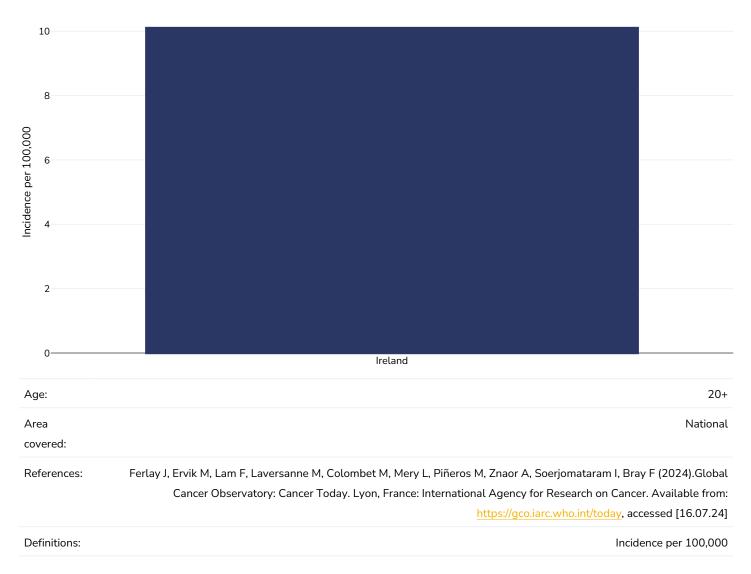
Pancreatic cancer

Men, 2022





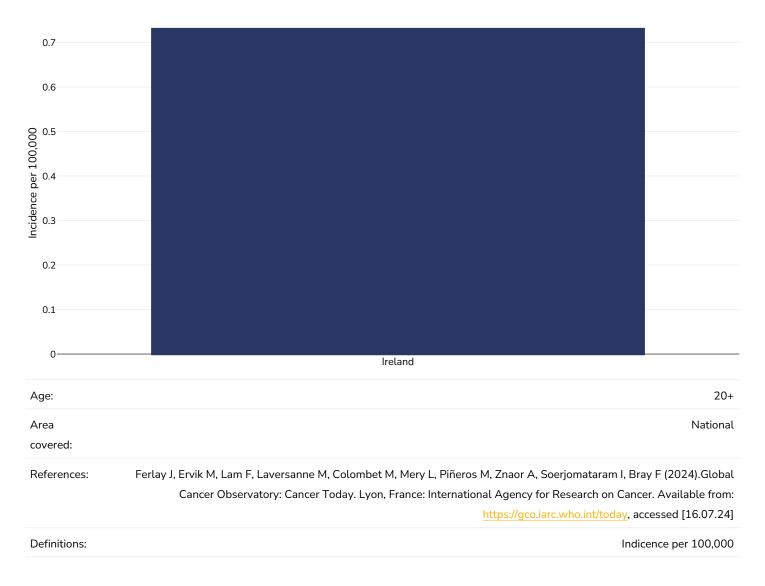
Women, 2022





Gallbladder cancer

Men, 2022



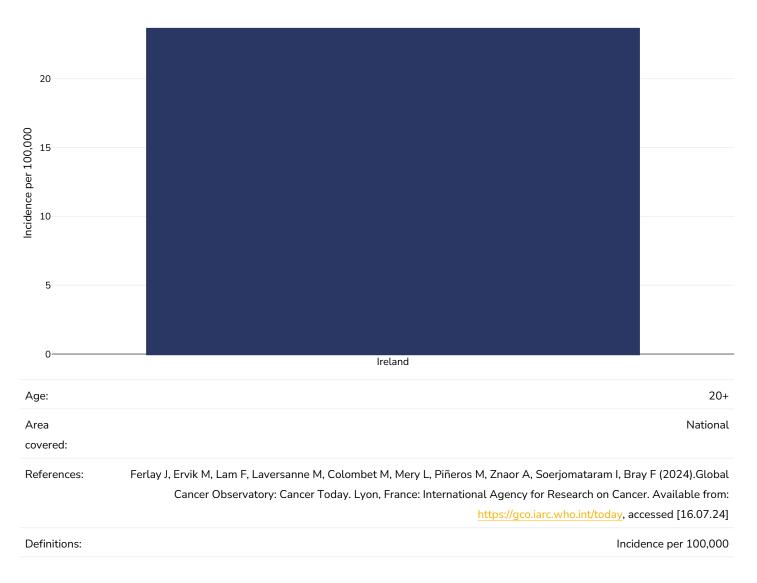


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1.6	
1.4	
8 1.2	
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0.6	
0.4	
0.2	
0.2	
0	Ireland
	netanu
Age:	20+
A	
Area	National
covered:	
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global
	Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:
	https://gco.iarc.who.int/today, accessed [16.07.24]
D. G. W	
Definitions:	Indicence per 100,000



Kidney cancer

Men, 2022

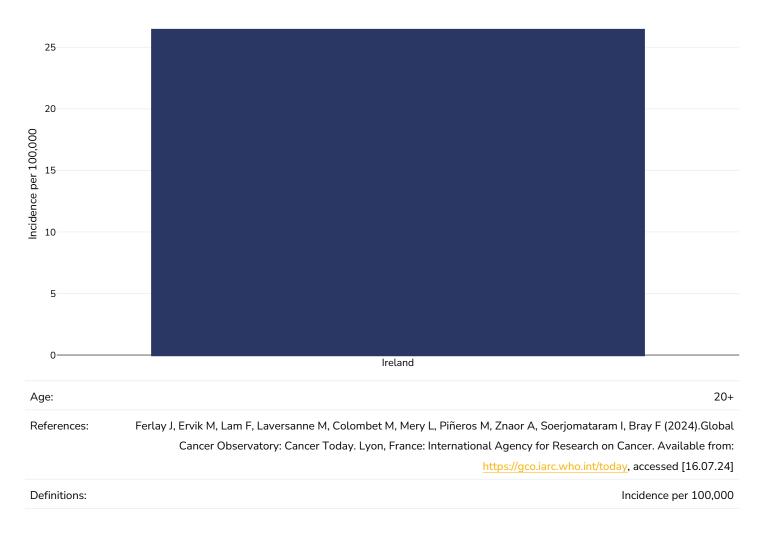








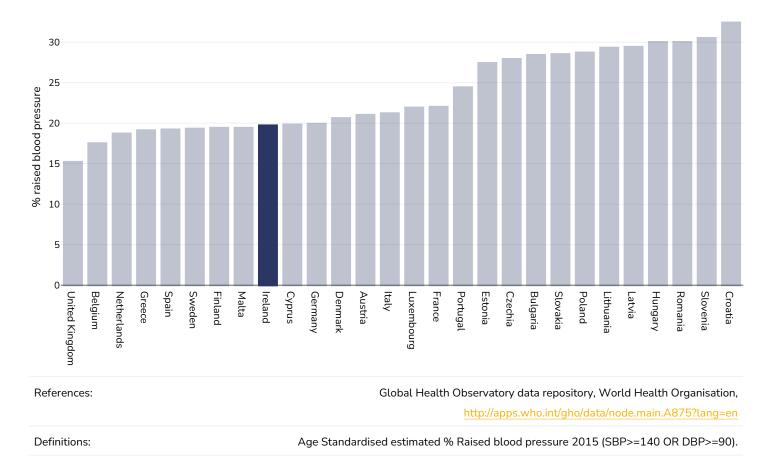
Cancer of the uterus



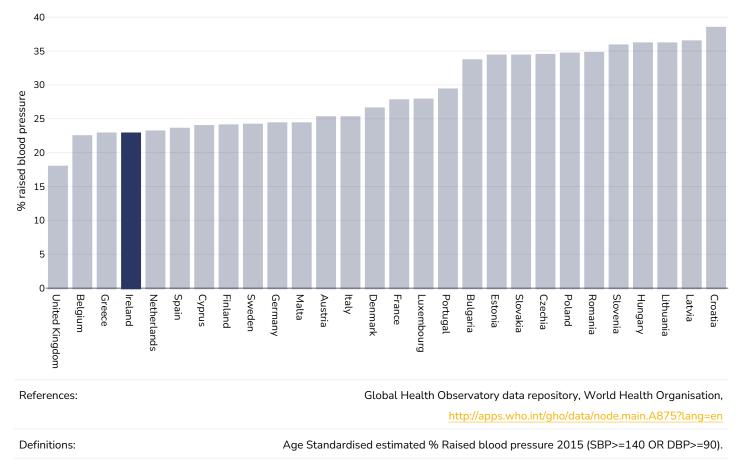


Raised blood pressure

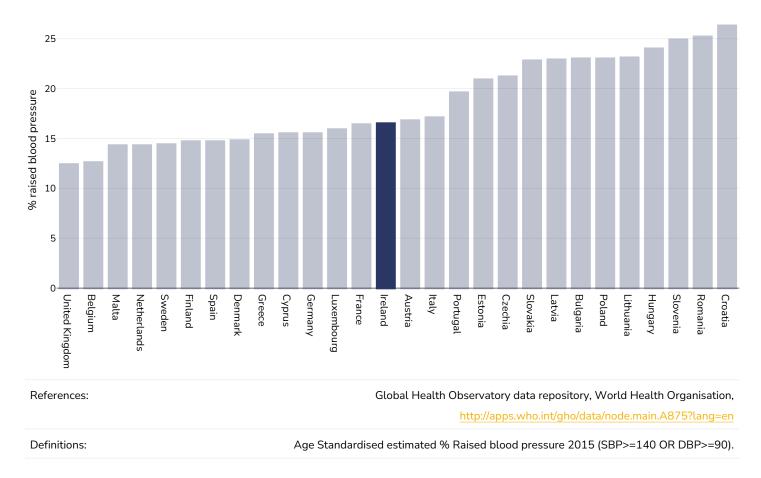
Adults, 2015



Men, 2015



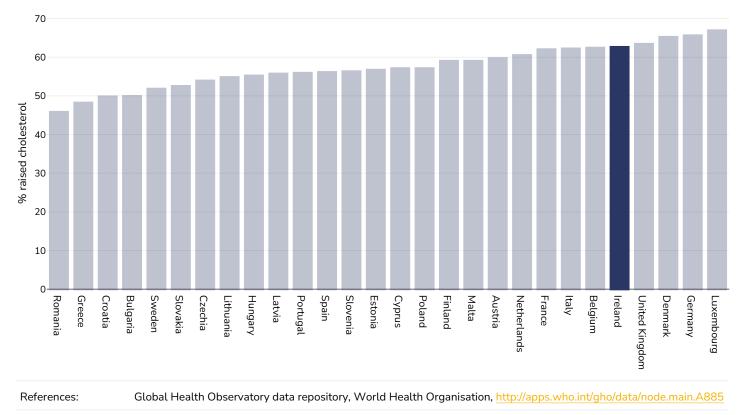






Raised cholesterol

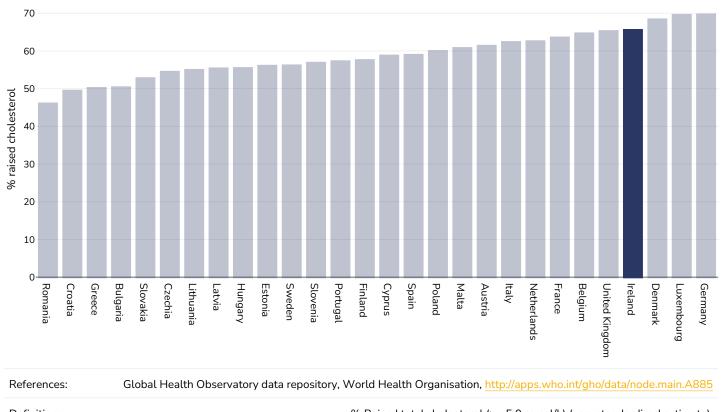
Adults, 2008



Definitions:

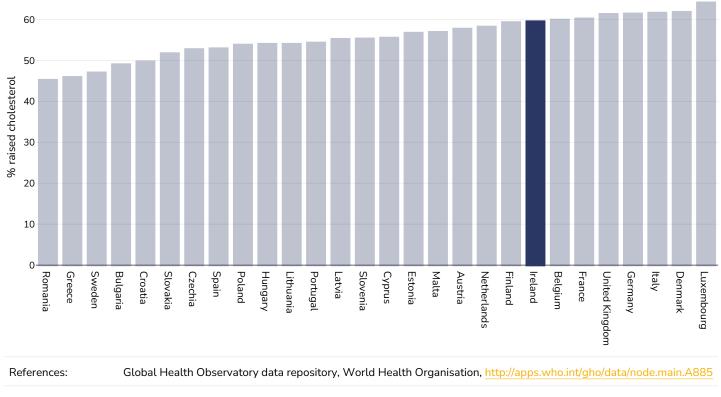
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008



% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





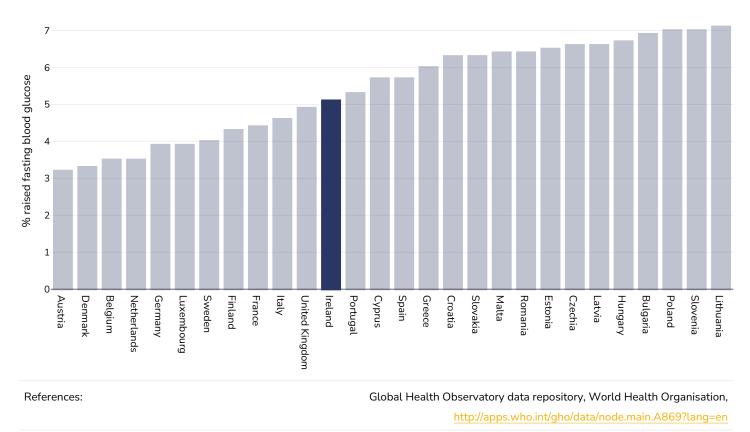
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



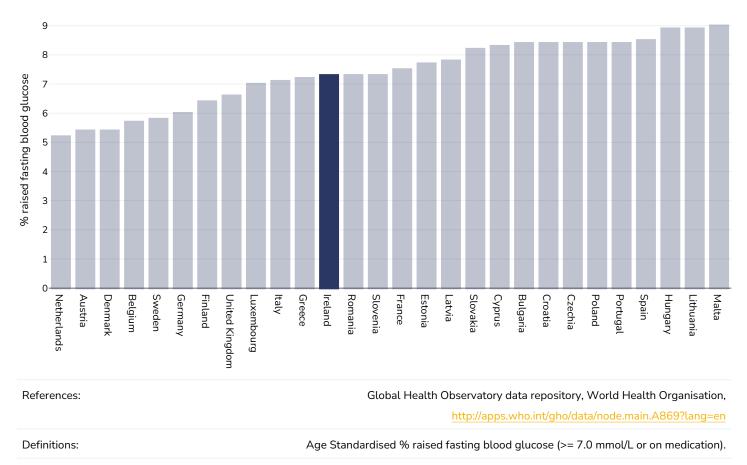
Raised fasting blood glucose





Definitions:

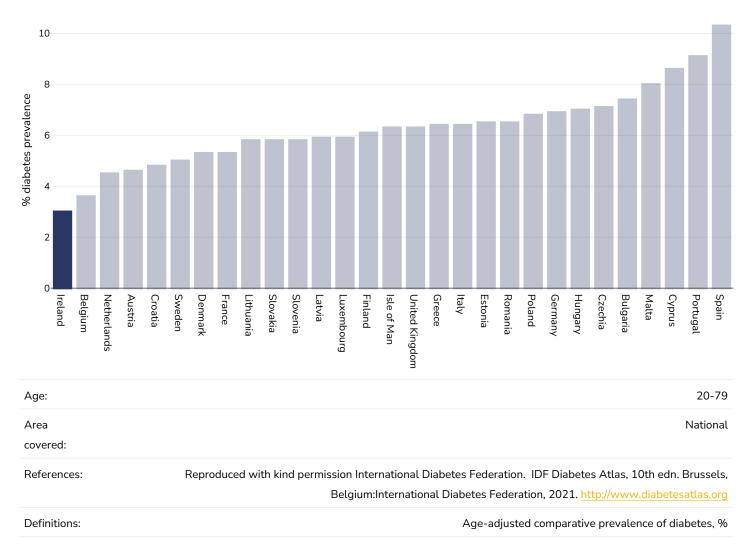
Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





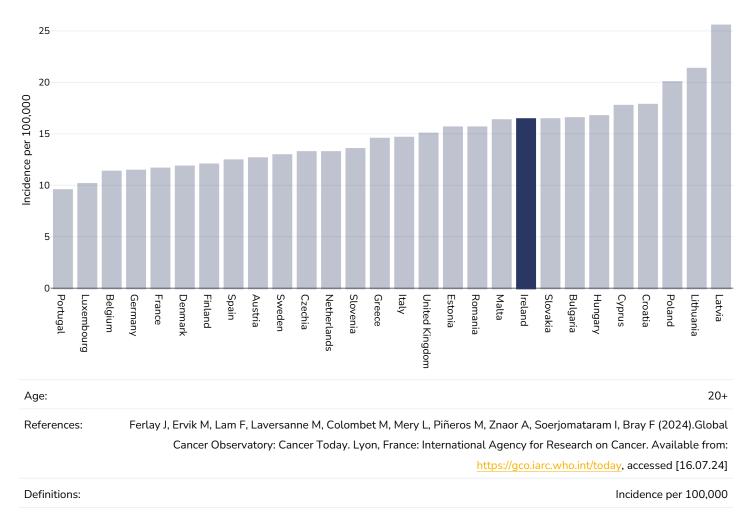
Diabetes prevalence

Adults, 2021





Ovarian Cancer





Leukemia

Men, 2022	2						
4							
3							
2							
1							
0							
⁻¹ 1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <u>https://gco.iarc.who.int/today</u> , accessed [16.07.24]						
Definitions:						Incidence per	- 100,000
Un	less otherwise note	ed, overweight refer	s to a BMI betweer	n 25kg and 29.9kg/r	n², obesity refers to	a BMI greater than	30kg/m².

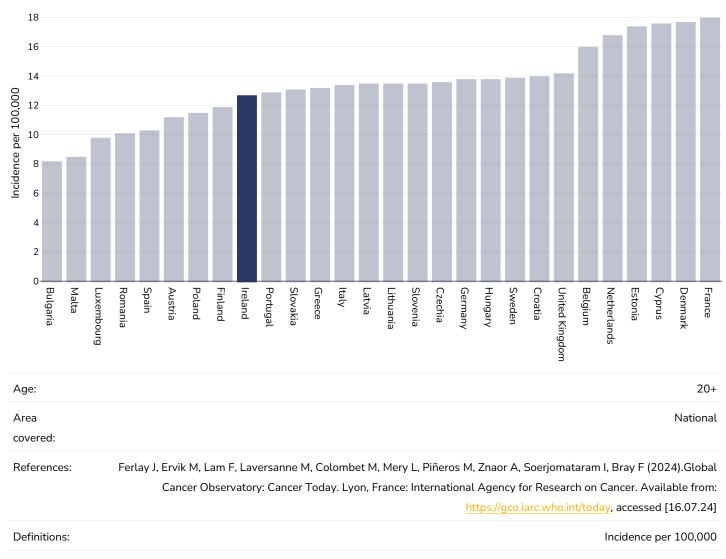


4							
3							
2							
1							
0							
-1 -1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]						
Definitions:						Incidence per	r 100,000

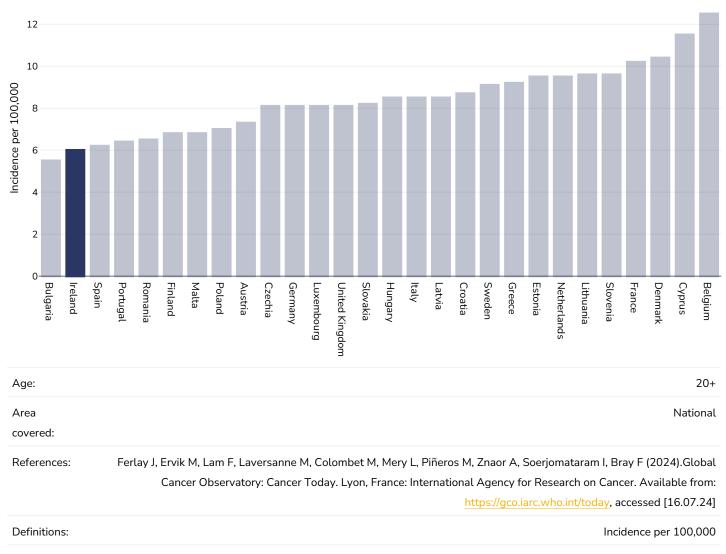


Leukemia





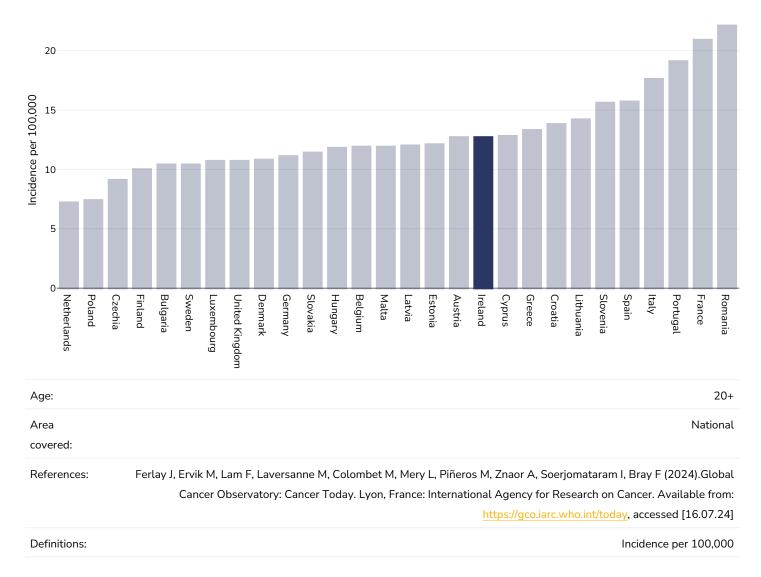


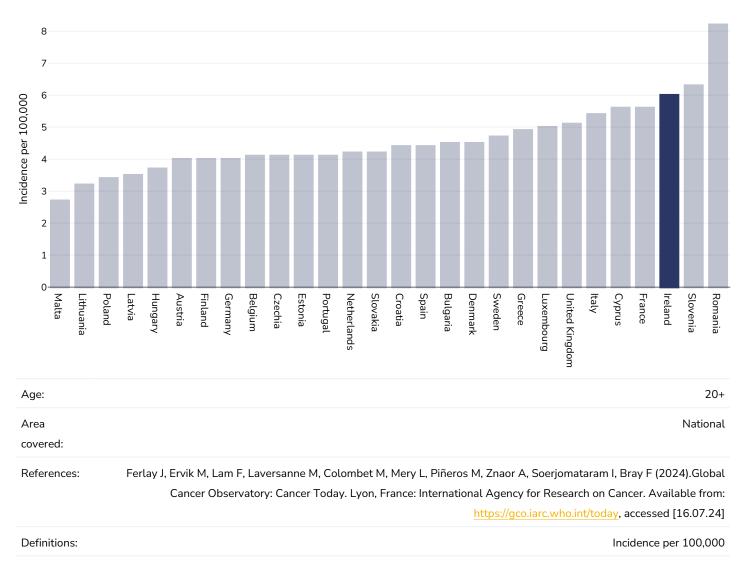




Liver and intrahepatic bile duct Cancer



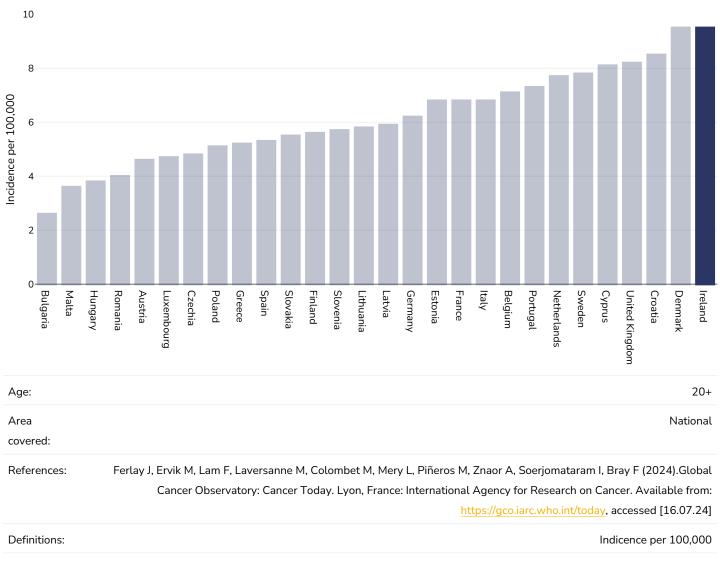




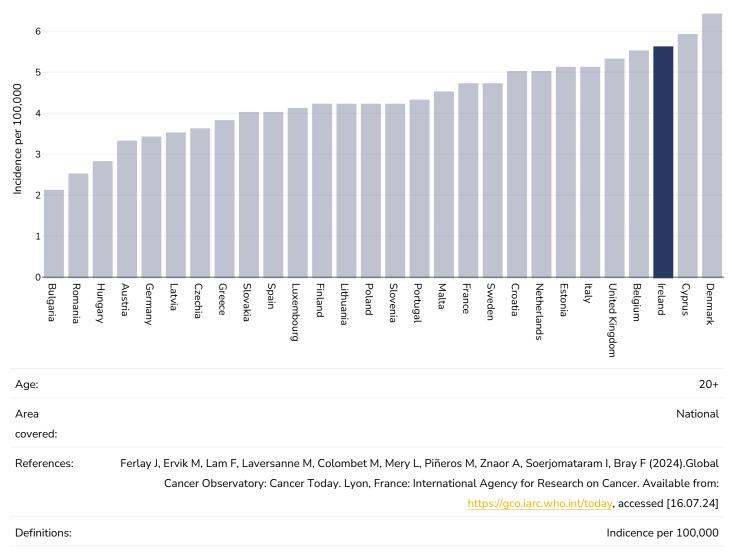


Multiple Myeloma

Men, 2022



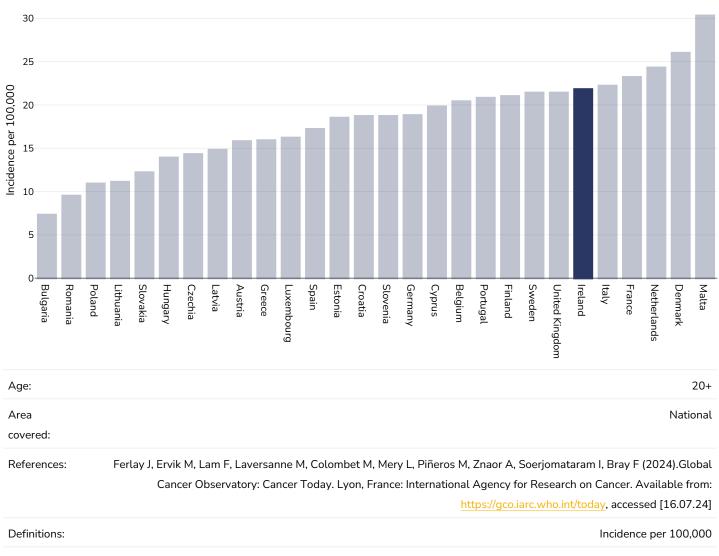




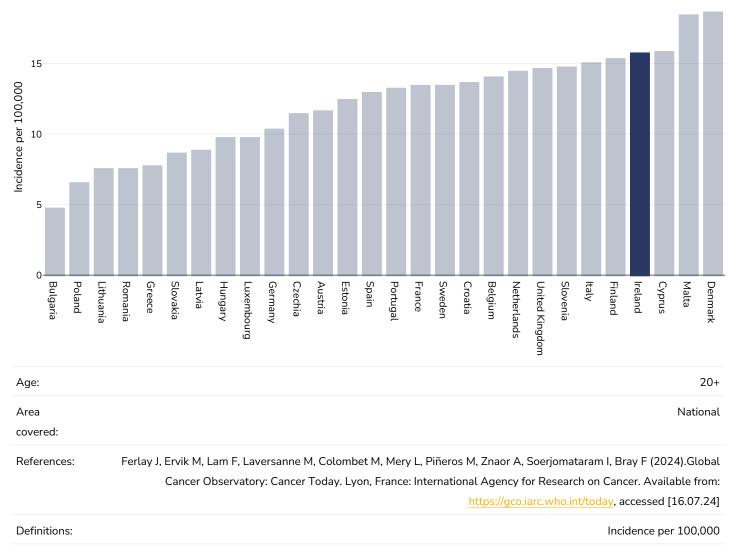


Non Hodgkin Lymphoma

Men, 2022

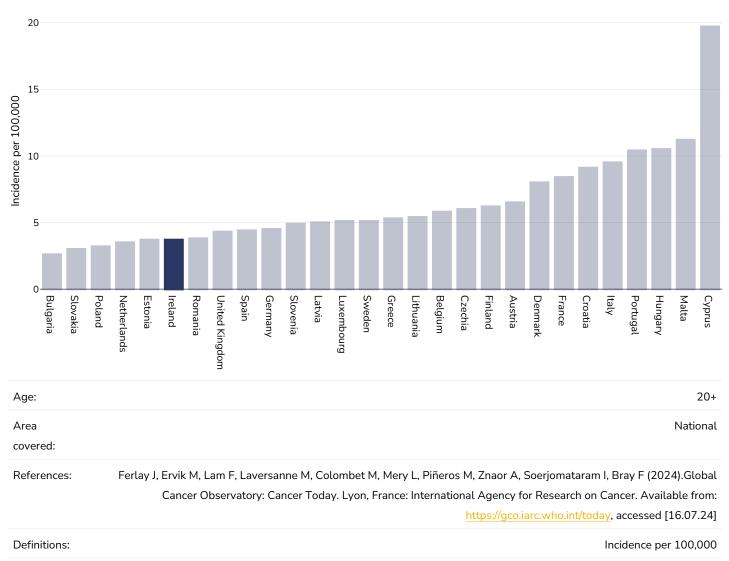




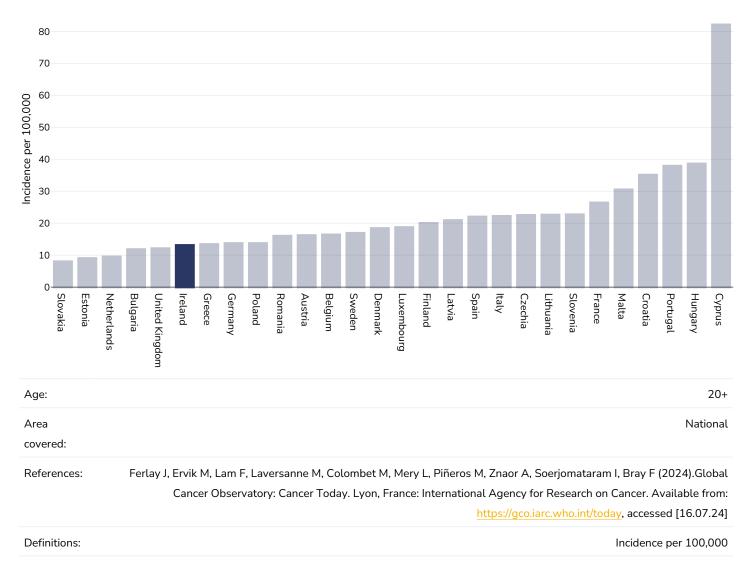


Thyroid Cancer

Men, 2022









Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

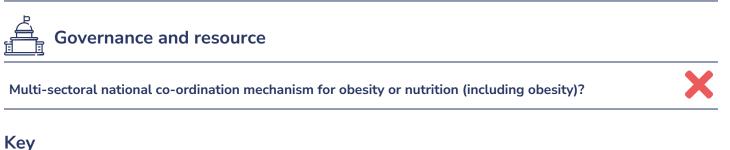
Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	~ v
Back-of-pack nutrition declaration?	✓
Color coding?	~ v
Warning label?	×

Regulation and marketing	
Are there fiscal policies on unhealthy products?	\checkmark
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	~
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	\checkmark
Mandatory limit of trans fats in place (all settings)?	~
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Mandatory restriction on broadcast media?	~
Mandatory restriction on non-broadcast media?	~
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Are there mandatory standards for food in schools?	\checkmark
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



National obesity strategy or nutrition and physical activity national strategy?	\checkmark
National obesity strategy?	~
National childhood obesity strategy?	~
Comprehensive nutrition strategy?	~
Comprehensive physical activity strategy?	~
Evidence-based dietary guidelines and/or RDAs?	 Image: A start of the start of
National target(s) on reducing obesity?	\checkmark
Guidelines/policy on obesity treatment?	\checkmark
Promotion of breastfeeding?	
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~

Within 5 years?





Last updated June 30, 2023

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