



# Iran



## Country report card - adults

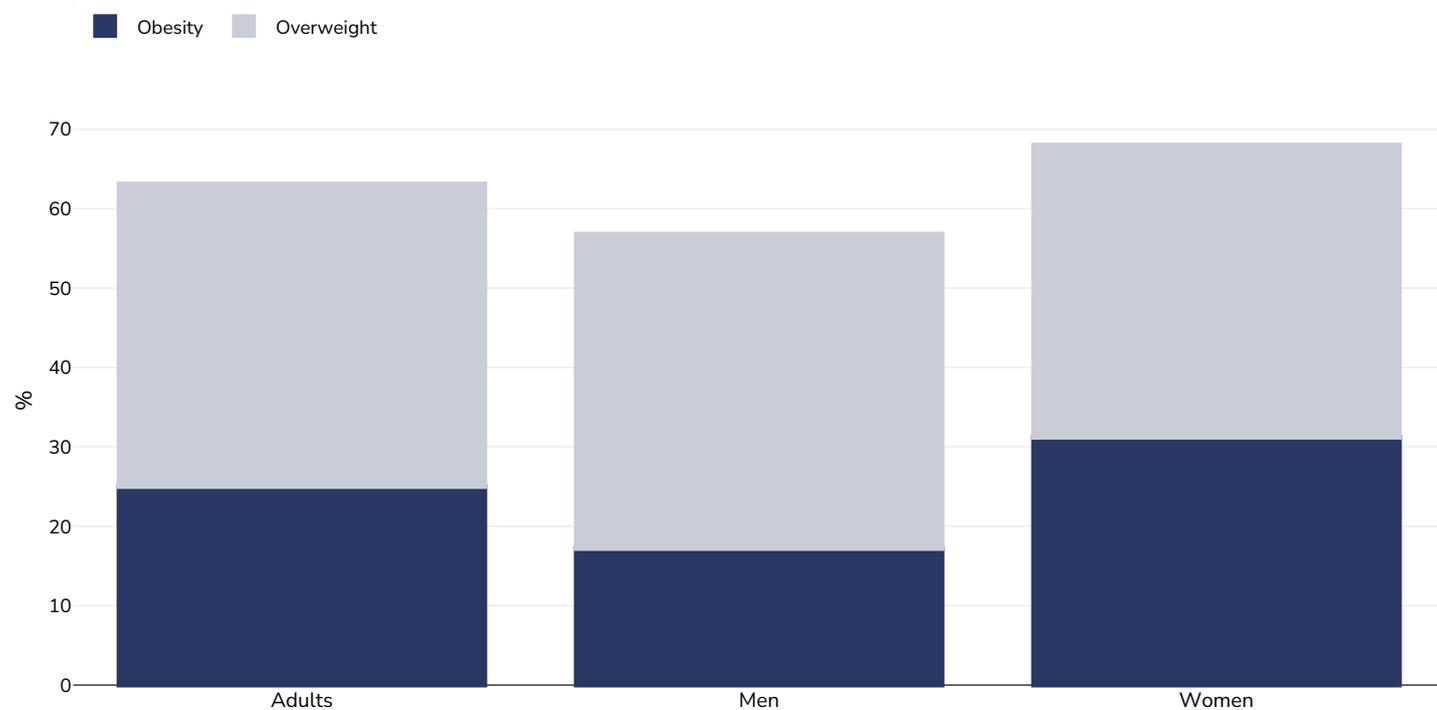
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/iran-97/>.*

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## Obesity prevalence

### Adults, 2021



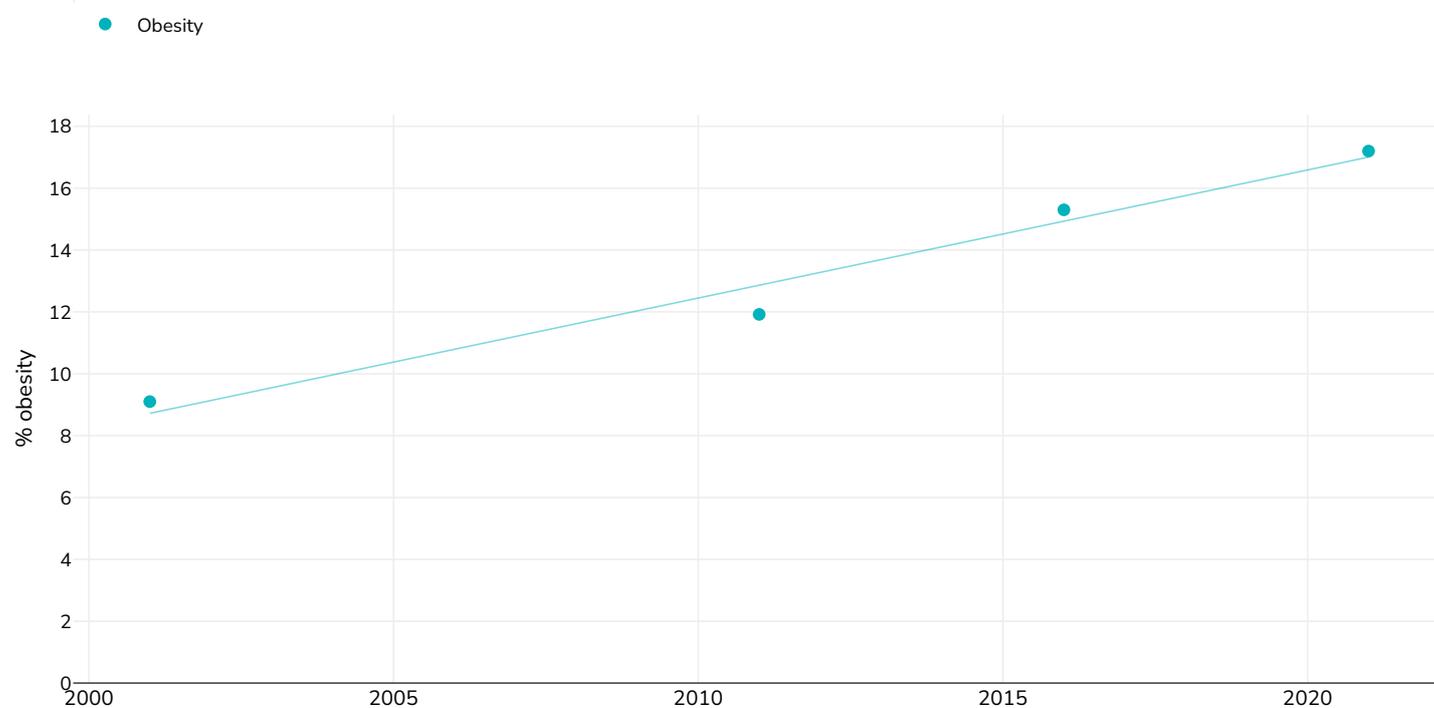
|               |          |
|---------------|----------|
| Survey type:  | Measured |
| Age:          | 18+      |
| Sample size:  | 27745    |
| Area covered: | National |

**References:** Djalalinia S, Yoosefi M, Shahin S, Ghasemi E, Rezaei N, Ahmadi N, Rezaei N, Azmin M, Rezaei S, Nasserinejad M, Mohammadi E, Haghshenas R, Shabestari AN, Jamshidi H, Dastjerdi MV, Larijani B, Farzadfar F. The levels of BMI and patterns of obesity and overweight during the COVID-19 pandemic: Experience from the Iran STEPs 2021 survey. *Front Endocrinol (Lausanne)*. 2022 Dec 1;13:1043894. doi: 10.3389/fendo.2022.1043894. PMID: 36589796; PMCID: PMC9798439.v

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## % Adults living with obesity in Iran 2001-2021

### Men



Survey type:

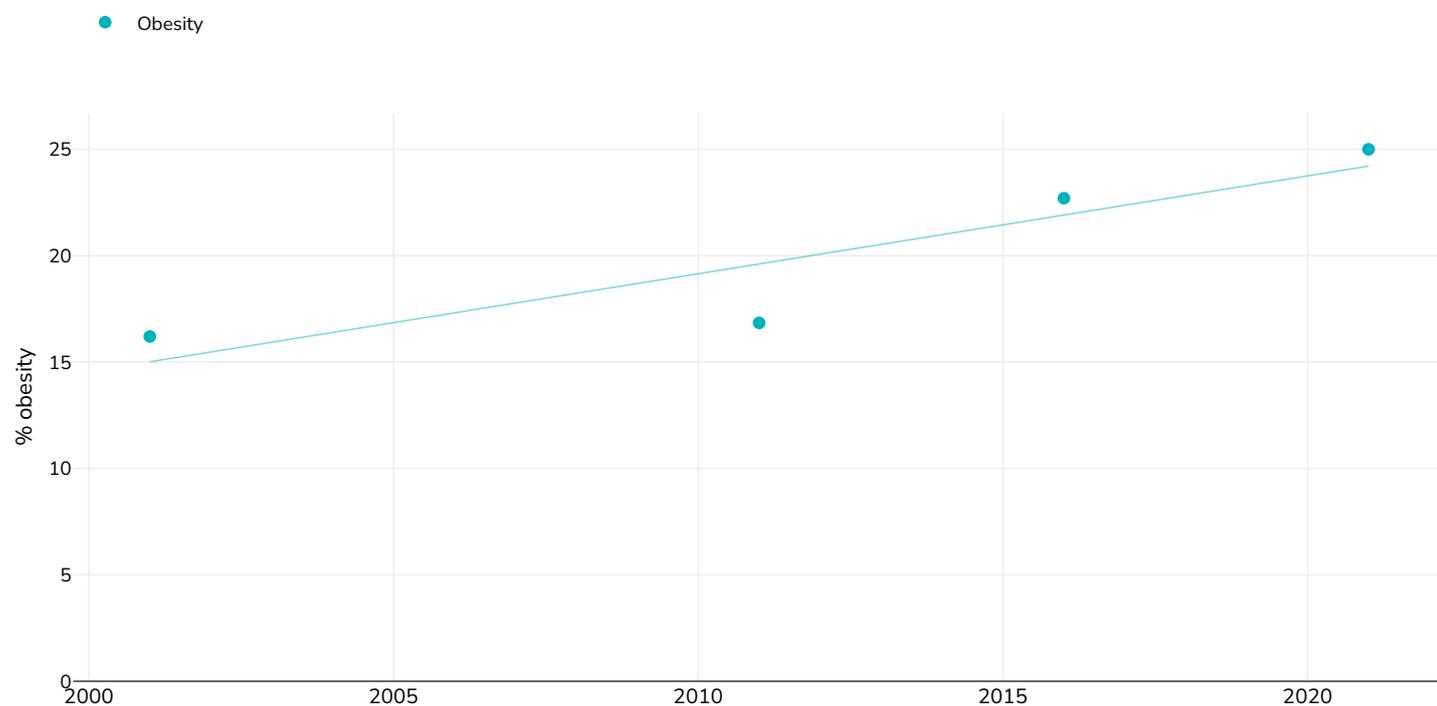
Measured

References:

- 2001: Ebrahimi, S., Leech, R.M., McNaughton, S.A., Abdollahi, M., Houshiarrad, A. and Livingstone, K.M. (2021), Associations between diet quality and obesity in a nationally representative sample of Iranian households:a cross-sectional study. *Obes Sci Pract*. Accepted Author Manuscript. <https://doi.org/10.1002/osp4.536>
- 2011: Iran 2011 STEPS National Report [https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/iran/steps/iran-2011-steps-report.pdf?sfvrsn=77f321fd\\_2&download=true](https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/iran/steps/iran-2011-steps-report.pdf?sfvrsn=77f321fd_2&download=true) (Accessed 14.09.23)
- 2016: Djalalinia S, Saeedi Moghaddam S, Sheidaei A, Rezaei N, Naghibi Irvani SS, Modirian M, Zokaei H, Yoosefi M, Gohari K, Kousha A, Abdi Z, Naderimagham S, Soroush AR, Larjani B, Farzadfar F. Patterns of Obesity and Overweight in the Iranian Population: Findings of STEPs 2016. *Front Endocrinol (Lausanne)*. 2020 Feb 26;11:42. doi: 10.3389/fendo.2020.00042. PMID: 32174887; PMCID: PMC7055062.
- 2021: Djalalinia S, Yoosefi M, Shahin S, Ghasemi E, Rezaei N, Ahmadi N, Rezaei N, Azmin M, Rezaei S, Nasserinejad M, Mohammadi E, Haghshenas R, Shabestari AN, Jamshidi H, Dastjerdi MV, Larjani B, Farzadfar F. The levels of BMI and patterns of obesity and overweight during the COVID-19 pandemic: Experience from the Iran STEPs 2021 survey. *Front Endocrinol (Lausanne)*. 2022 Dec 1;13:1043894. doi: 10.3389/fendo.2022.1043894. PMID: 36589796; PMCID: PMC9798439.v

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Men and women



Survey type:

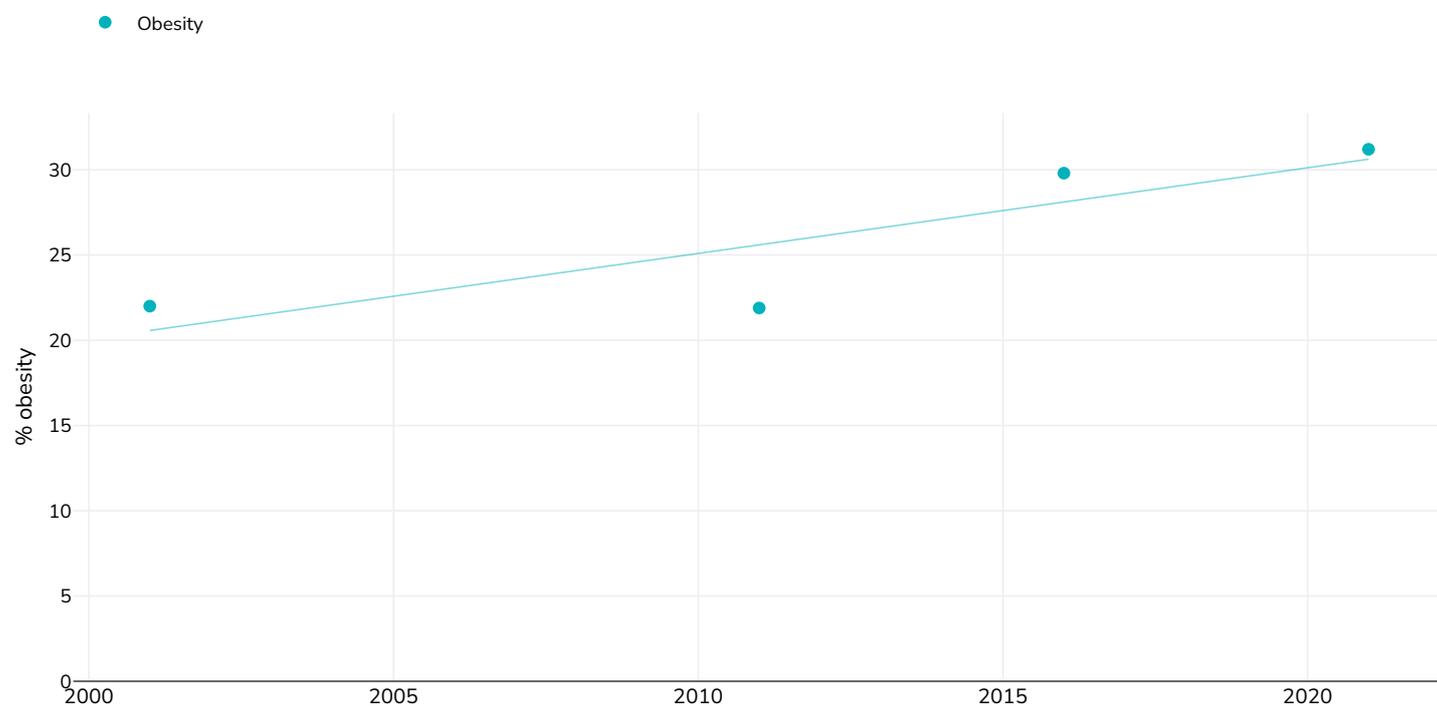
Measured

References:

- 2001: Ebrahimi, S., Leech, R.M., McNaughton, S.A., Abdollahi, M., Houshiarrad, A. and Livingstone, K.M. (2021). Associations between diet quality and obesity in a nationally representative sample of Iranian households: a cross-sectional study. *Obes Sci Pract*. Accepted Author Manuscript. <https://doi.org/10.1002/osp4.536>
- 2011: Iran 2011 STEPS National Report [https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/iran/steps/iran-2011-steps-report.pdf?sfvrsn=77f321fd\\_2&download=true](https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/iran/steps/iran-2011-steps-report.pdf?sfvrsn=77f321fd_2&download=true) (Accessed 14.09.23)
- 2016: Djalalinia S, Saeedi Moghaddam S, Sheidaei A, Rezaei N, Naghibi Irvani SS, Modirian M, Zokaei H, Yoosefi M, Gohari K, Kousha A, Abdi Z, Naderimagham S, Soroush AR, Larijani B, Farzadfar F. Patterns of Obesity and Overweight in the Iranian Population: Findings of STEPs 2016. *Front Endocrinol (Lausanne)*. 2020 Feb 26;11:42. doi: 10.3389/fendo.2020.00042. PMID: 32174887; PMCID: PMC7055062.
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*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Women



Survey type:

Measured

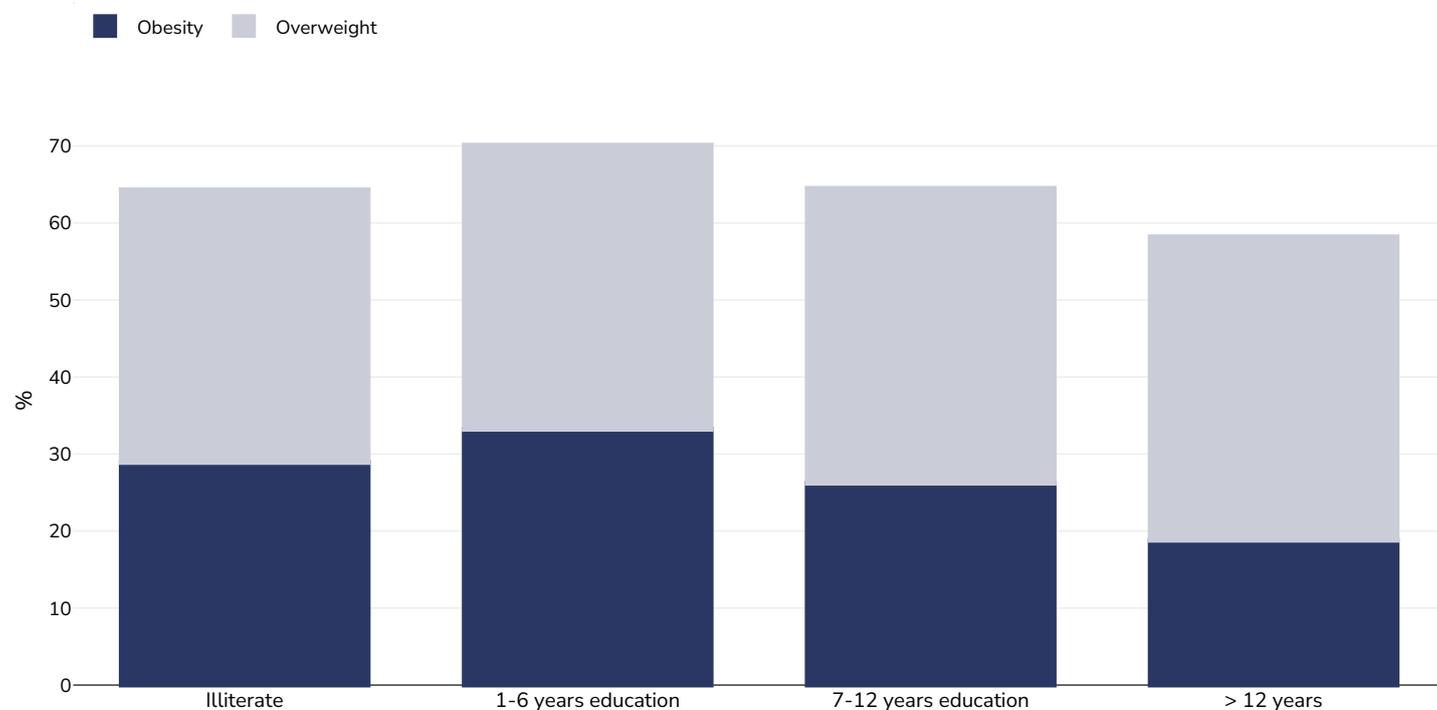
**References:**

- 2001: Ebrahimi, S., Leech, R.M., McNaughton, S.A., Abdollahi, M., Houshiarrad, A. and Livingstone, K.M. (2021). Associations between diet quality and obesity in a nationally representative sample of Iranian households: a cross-sectional study. *Obes Sci Pract*. Accepted Author Manuscript. <https://doi.org/10.1002/osp4.536>
- 2011: Iran 2011 STEPS National Report [https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/iran/steps/iran-2011-steps-report.pdf?sfvrsn=77f321fd\\_2&download=true](https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/iran/steps/iran-2011-steps-report.pdf?sfvrsn=77f321fd_2&download=true) (Accessed 14.09.23)
- 2016: Djalalinia S, Saeedi Moghaddam S, Sheidaei A, Rezaei N, Naghibi Irvani SS, Modirian M, Zokaei H, Yoosefi M, Gohari K, Kousha A, Abdi Z, Naderimagham S, Soroush AR, Larjani B, Farzadfar F. Patterns of Obesity and Overweight in the Iranian Population: Findings of STEPs 2016. *Front Endocrinol (Lausanne)*. 2020 Feb 26;11:42. doi: 10.3389/fendo.2020.00042. PMID: 32174887; PMCID: PMC7055062.
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*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Overweight/obesity by education

### Adults, 2021



Survey type: Measured

Age: 18+

Sample size: 27745

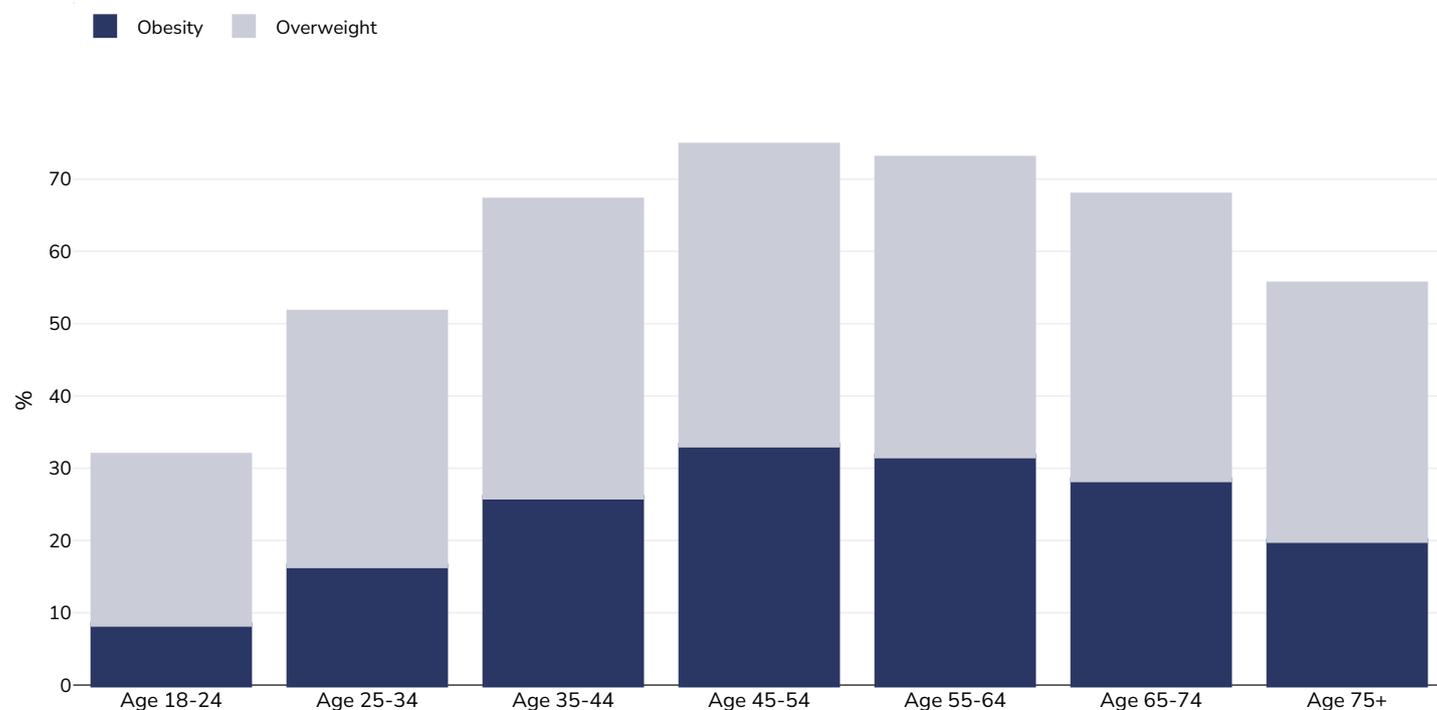
Area covered: National

References: Djalalinia S, Yoosefi M, Shahin S, Ghasemi E, Rezaei N, Ahmadi N, Rezaei N, Azmin M, Rezaei S, Nasserinejad M, Mohammadi E, Haghshenas R, Shabestari AN, Jamshidi H, Dastjerdi MV, Larijani B, Farzadfar F. The levels of BMI and patterns of obesity and overweight during the COVID-19 pandemic: Experience from the Iran STEPs 2021 survey. *Front Endocrinol (Lausanne)*. 2022 Dec 1;13:1043894. doi: 10.3389/fendo.2022.1043894. PMID: 36589796; PMCID: PMC9798439.v

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by age

### Adults, 2021



Survey type: Measured

Sample size: 27745

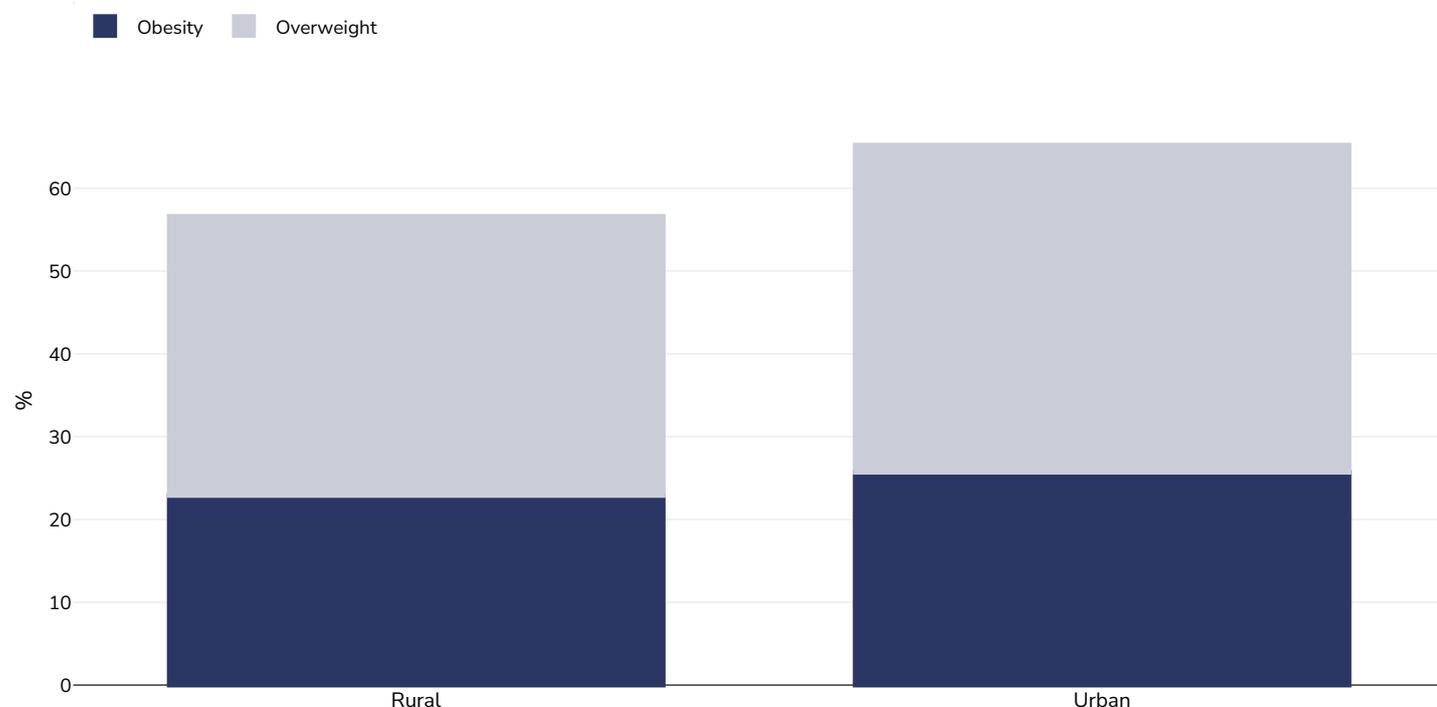
Area covered: National

References: Djalalinia S, Yoosefi M, Shahin S, Ghasemi E, Rezaei N, Ahmadi N, Rezaei N, Azmin M, Rezaei S, Nasserinejad M, Mohammadi E, Haghshenas R, Shabestari AN, Jamshidi H, Dastjerdi MV, Larijani B, Farzadfar F. The levels of BMI and patterns of obesity and overweight during the COVID-19 pandemic: Experience from the Iran STEPs 2021 survey. *Front Endocrinol (Lausanne)*. 2022 Dec 1;13:1043894. doi: 10.3389/fendo.2022.1043894. PMID: 36589796; PMCID: PMC9798439.v

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by region

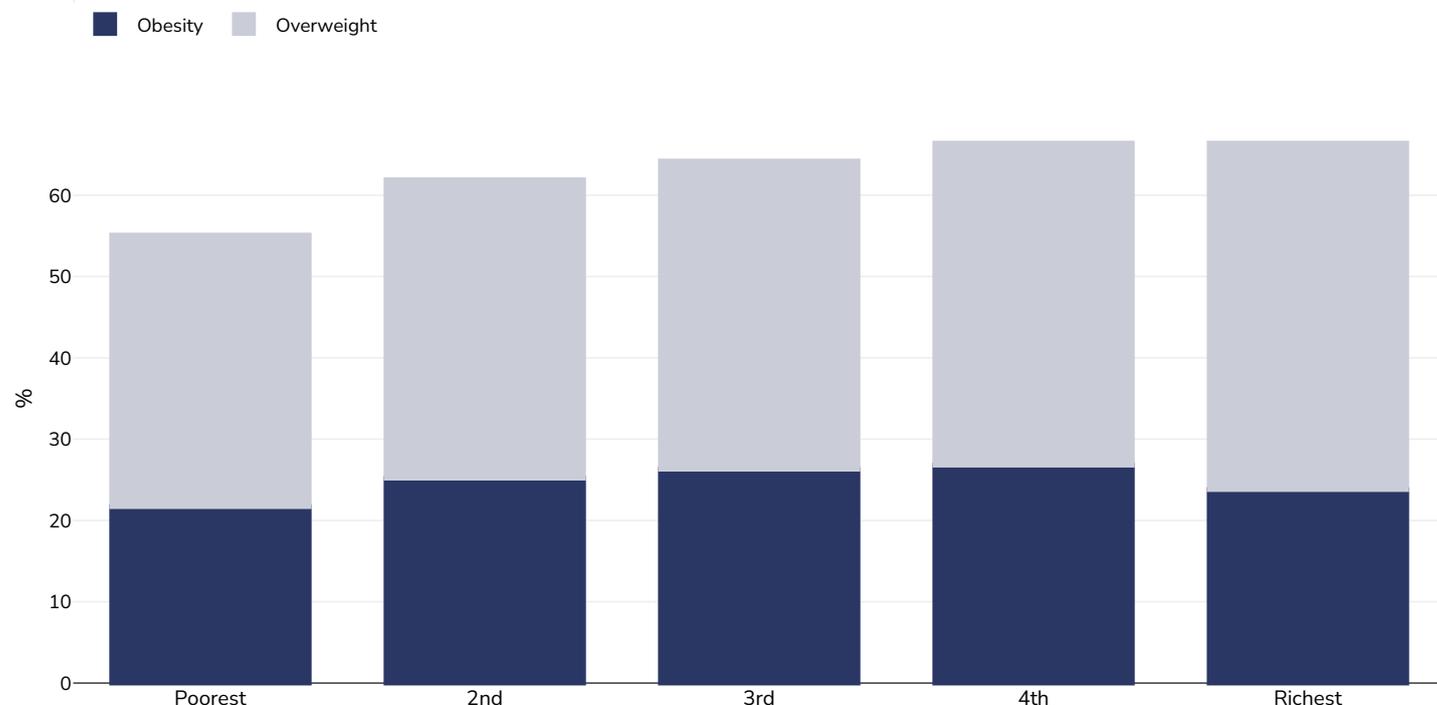
### Adults, 2021



|   |   |
|---|---|
| Survey type:  | Measured  |
| Age:  | 18+   |
| Sample size:  | 27745   |
| Area covered:   | National  |
| References:   | Djalalinia S, Yoosefi M, Shahin S, Ghasemi E, Rezaei N, Ahmadi N, Rezaei N, Azmin M, Rezaei S, Nasserinejad M, Mohammadi E, Haghshenas R, Shabestari AN, Jamshidi H, Dastjerdi MV, Larijani B, Farzadfar F. The levels of BMI and patterns of obesity and overweight during the COVID-19 pandemic: Experience from the Iran STEPs 2021 survey. <i>Front Endocrinol (Lausanne)</i> . 2022 Dec 1;13:1043894. doi: 10.3389/fendo.2022.1043894. PMID: 36589796; PMCID: PMC9798439.v |
| <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i> |   |

## Overweight/obesity by socio-economic group

### Adults, 2021



Survey type: Measured

Age: 18+

Sample size: 27745

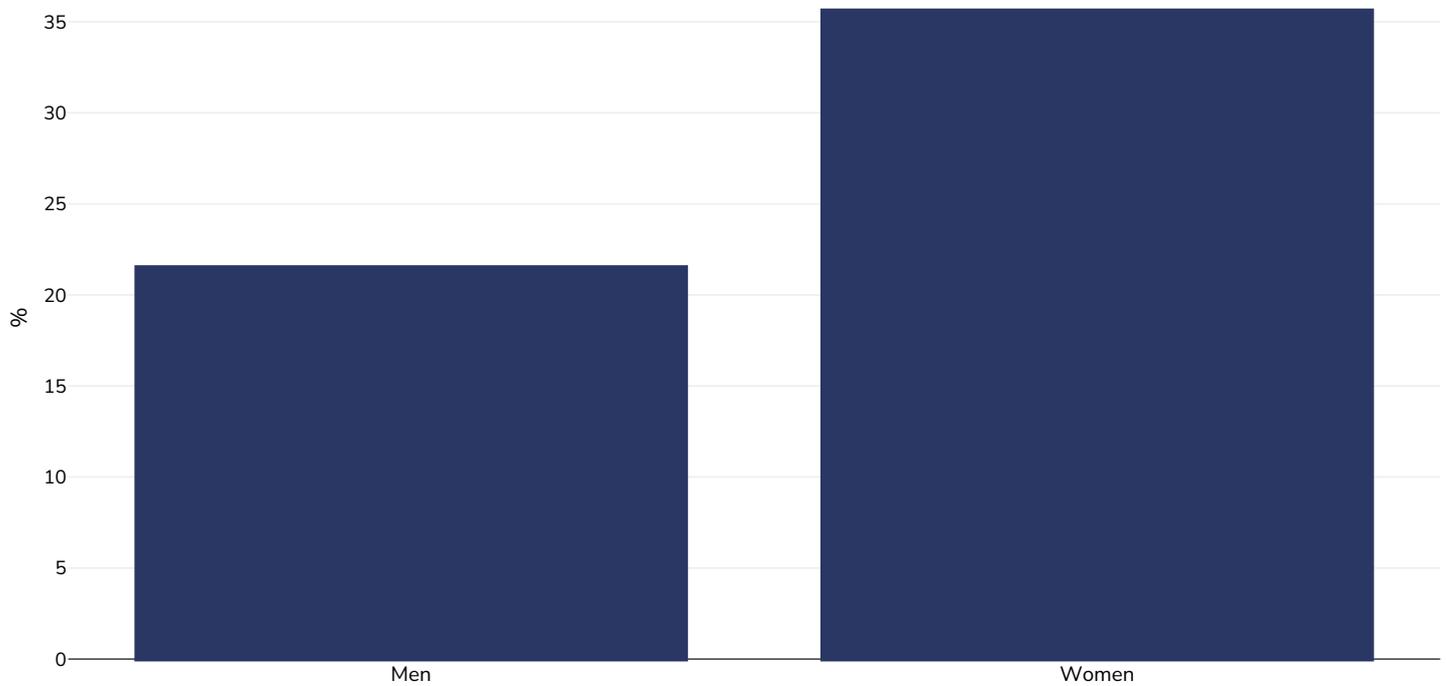
Area covered: National

References: Djalalinia S, Yoosefi M, Shahin S, Ghasemi E, Rezaei N, Ahmadi N, Rezaei N, Azmin M, Rezaei S, Nasserinejad M, Mohammadi E, Haghshenas R, Shabestari AN, Jamshidi H, Dastjerdi MV, Larijani B, Farzadfar F. The levels of BMI and patterns of obesity and overweight during the COVID-19 pandemic: Experience from the Iran STEPs 2021 survey. *Front Endocrinol (Lausanne)*. 2022 Dec 1;13:1043894. doi: 10.3389/fendo.2022.1043894. PMID: 36589796; PMCID: PMC9798439.v

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Double burden of underweight & overweight

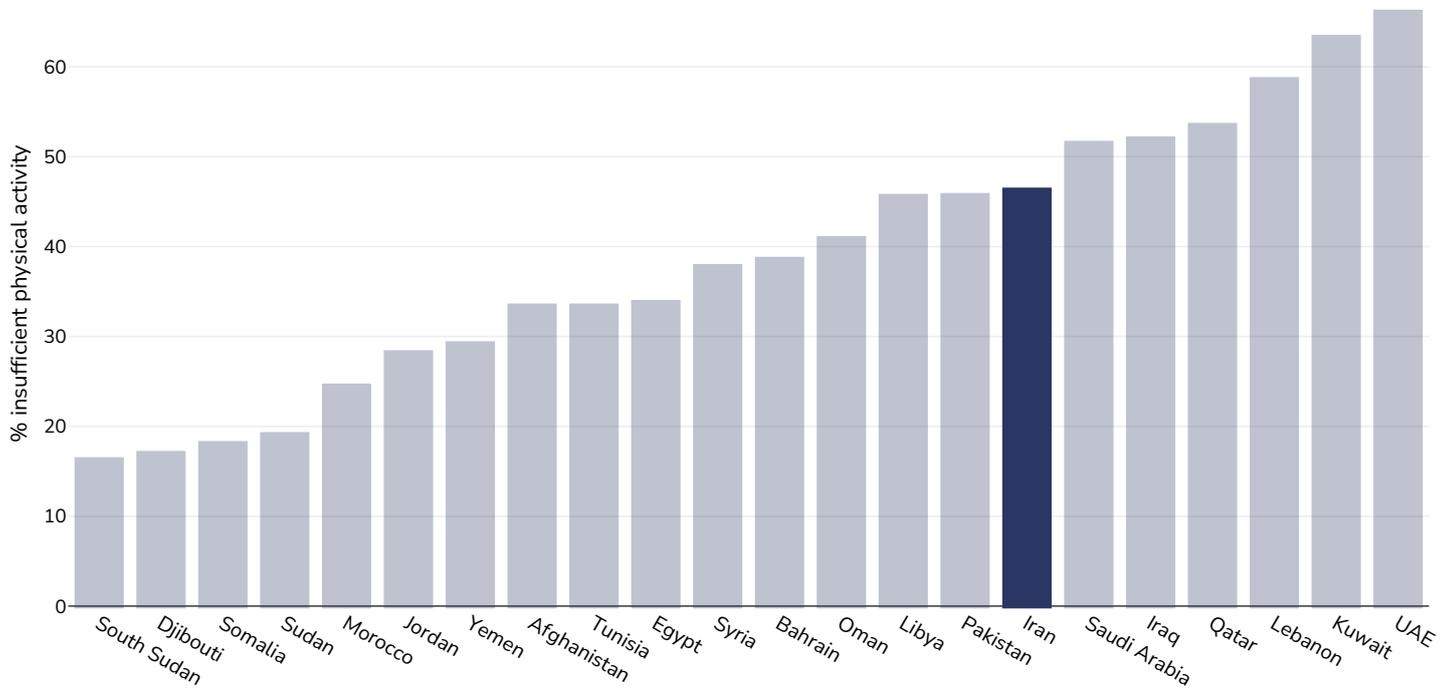
### Adults, 2022



|                     |  |
|---------------------|--|
| <b>Survey type:</b> | Measured   |
| <b>Age:</b>         | 20+  |
| <b>References:</b>  | NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. <a href="https://doi.org/10.1016/S0140-6736(23)02750-2">https://doi.org/10.1016/S0140-6736(23)02750-2</a> . |
| <b>Notes:</b>       | Age Standardised estimates   |
| <b>Definitions:</b> | Combined prevalence of BMI<18.5 kg/m <sup>2</sup> and BMI>=30 kg/m <sup>2</sup> (double burden of underweight and obesity)   |

## Insufficient physical activity

Adults, 2022



Survey type: Self-reported

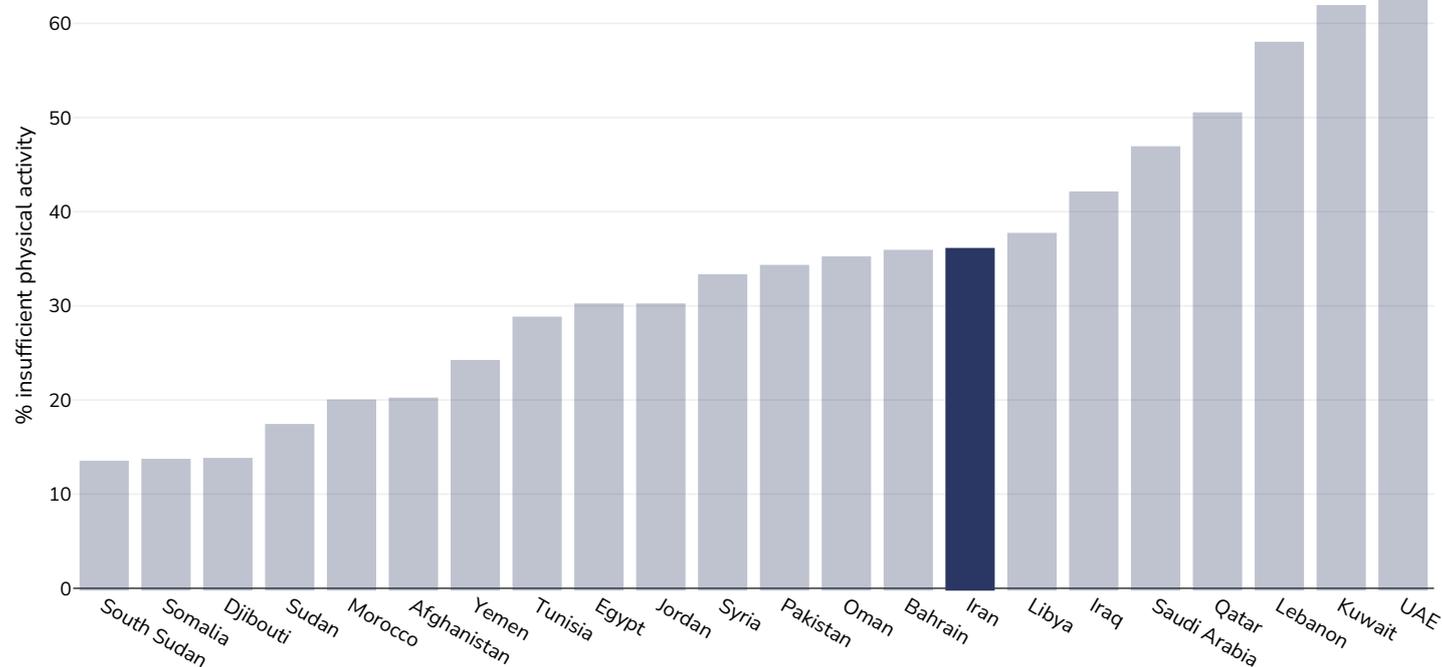
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Men, 2022



Survey type: Self-reported

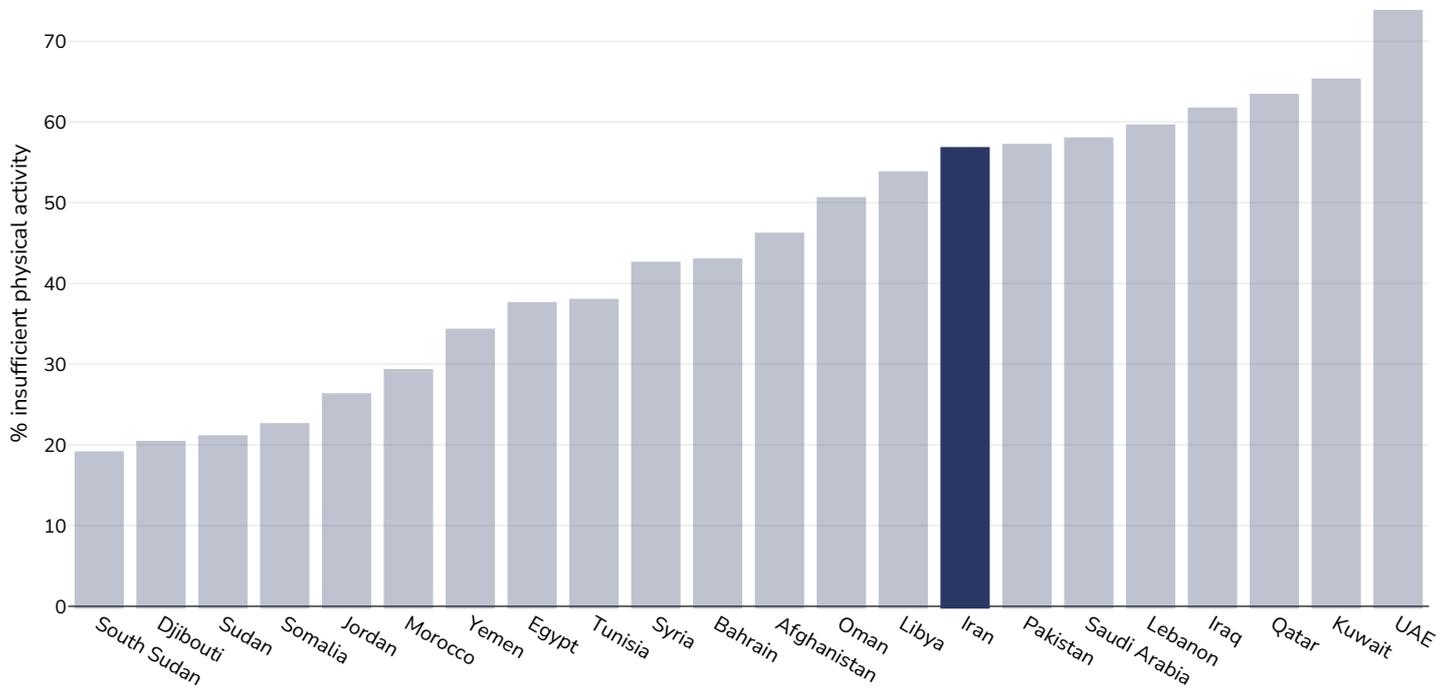
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

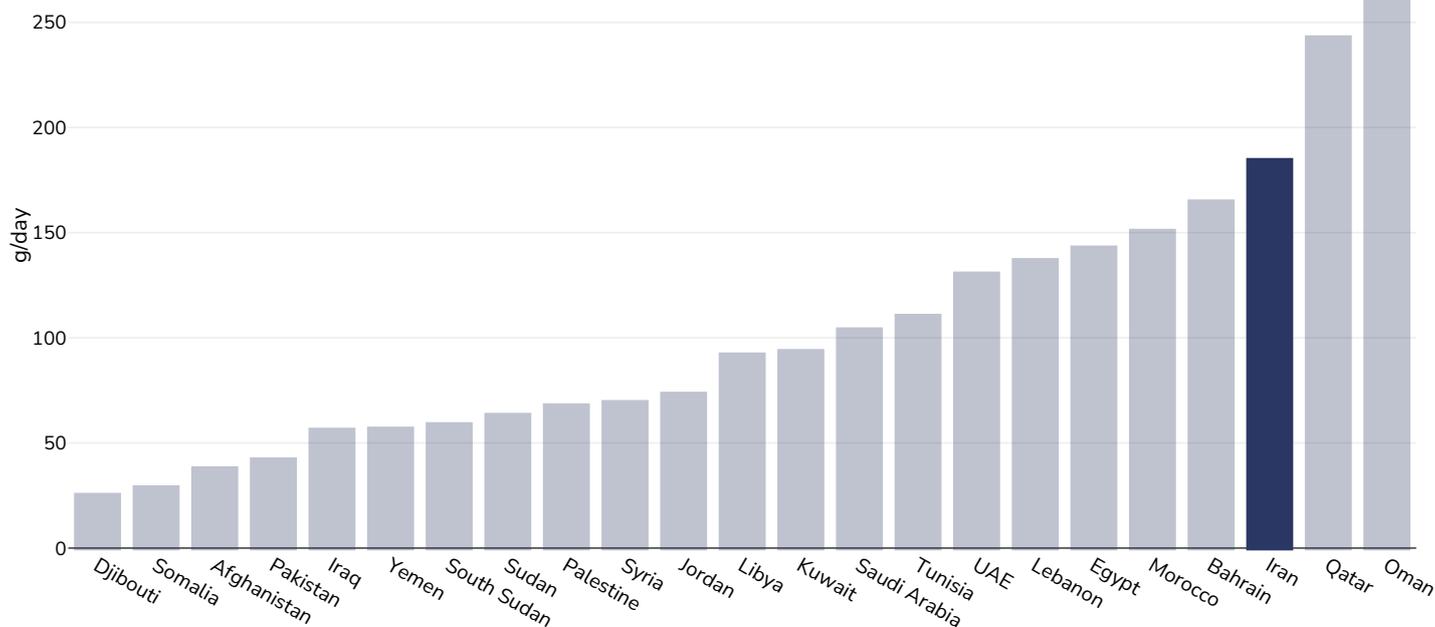
## Women, 2022



|                      |   |
|----------------------|---|
| <b>Survey type:</b>  | Self-reported   |
| <b>Age:</b>          | 18+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)">https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)</a> |
| <b>Definitions:</b>  | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.  |

## Estimated per capita fruit intake

Adults, 2017



Survey type: Measured

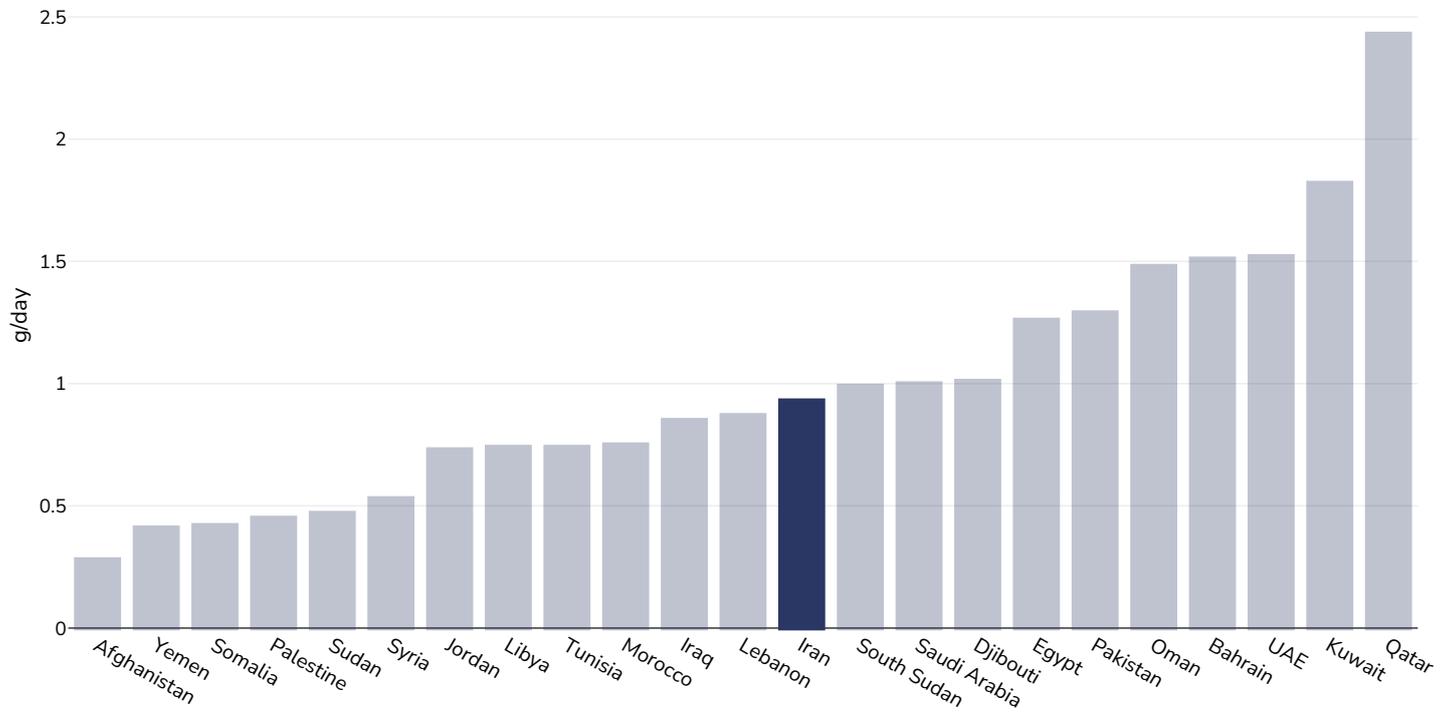
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita fruit intake (g/day)

## Estimated per-capita processed meat intake

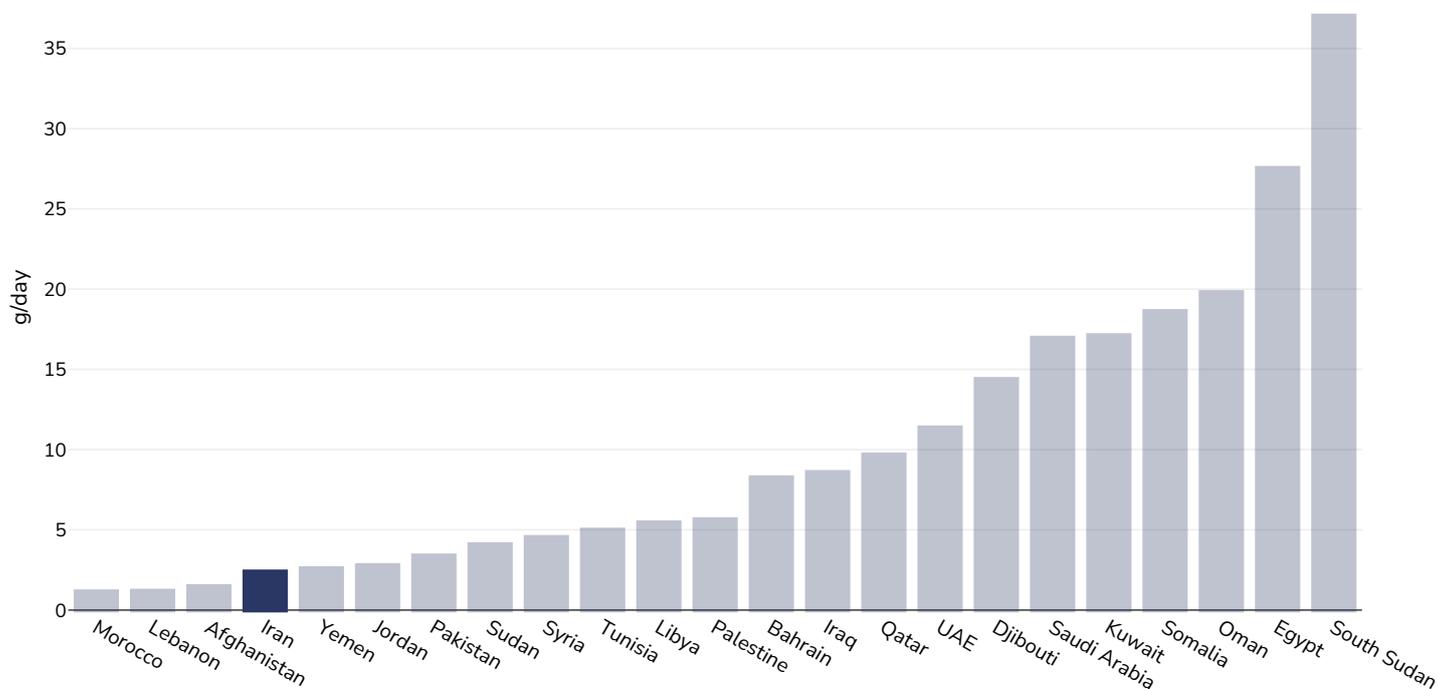
Adults, 2017



|              |   |
|--------------|---|
| Survey type: | Measured  |
| Age:         | 25+   |
| References:  | Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a> |
| Definitions: | Estimated per-capita processed meat intake (g per day)  |

## Estimated per capita whole grains intake

Adults, 2017



Survey type: Measured

Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions: Estimated per-capita whole grains intake (g/day)

## Mental health - depression disorders

### Adults, 2021



Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions: Number living with depression per 100,000 population (adults 20+ years)

## Men, 2021



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25) |
| <b>Definitions:</b>  | Number living with depression per 100,000 population (adults 20+ years)   |

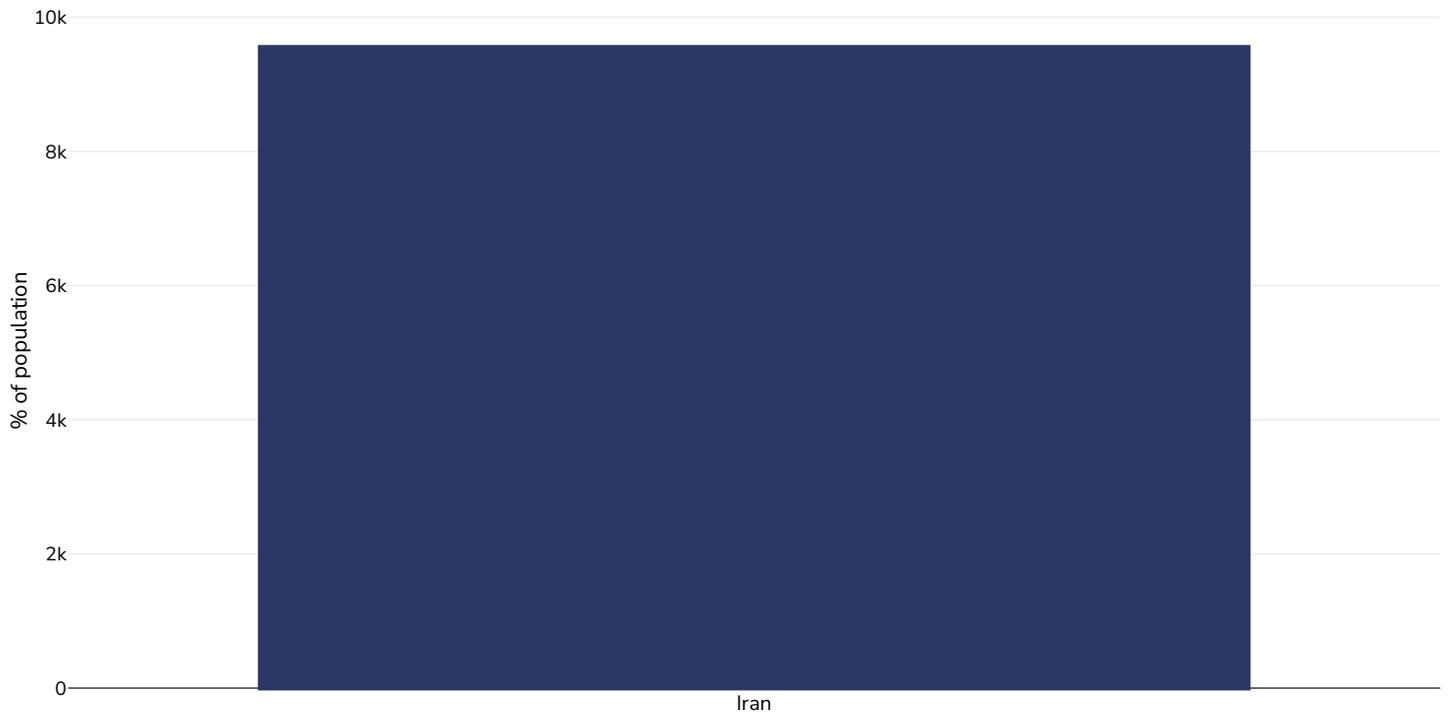
## Women, 2021



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25) |
| <b>Definitions:</b>  | Number living with depression per 100,000 population (adults 20+ years)   |

## Mental health - anxiety disorders

### Adults, 2021

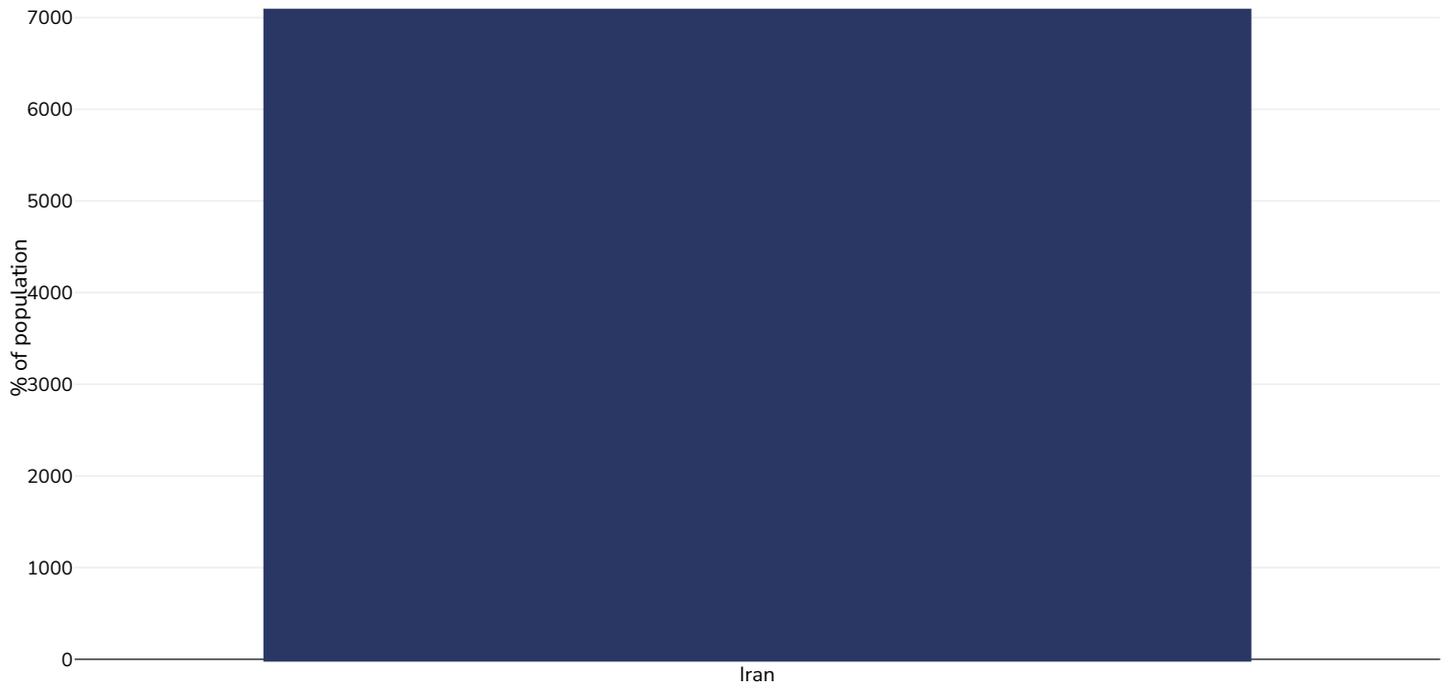


Age: 20+

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population

### Men, 2021

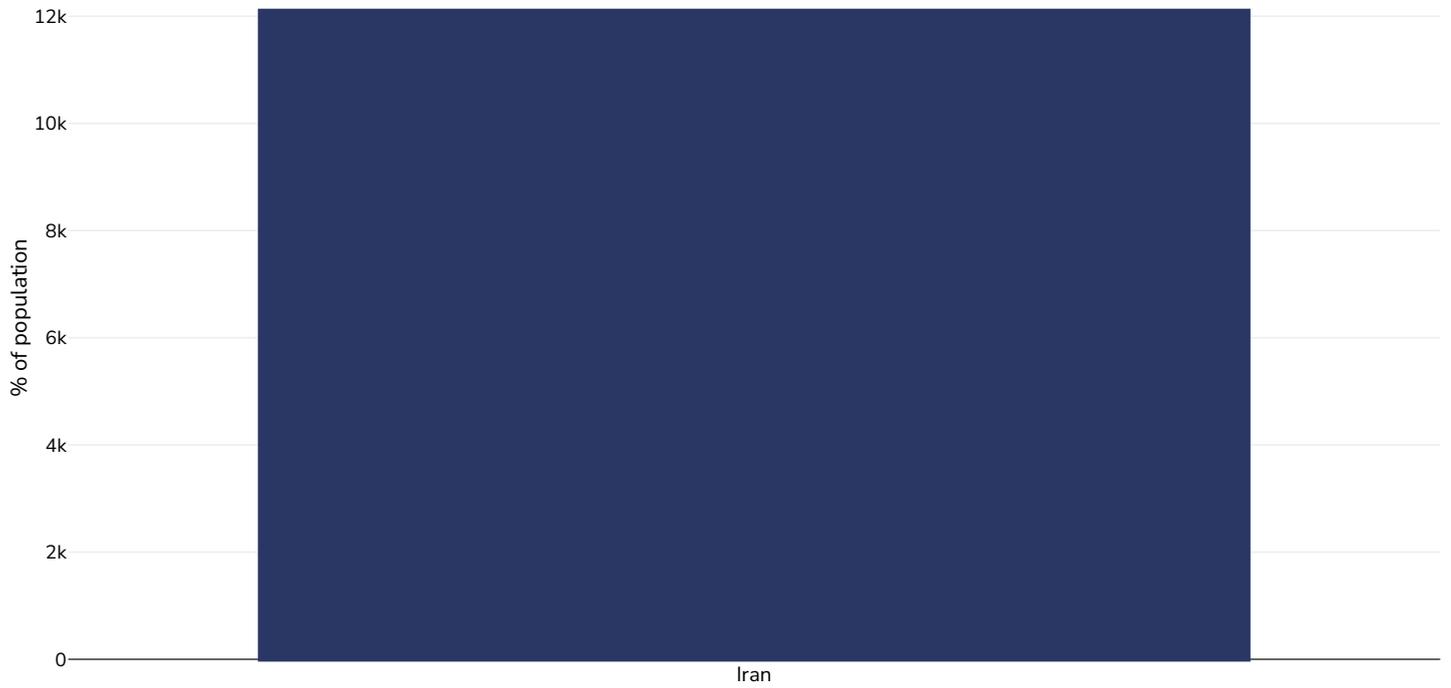


**Age:** 20+

**References:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitions:** Number living with anxiety per 100,000 population

## Women, 2021



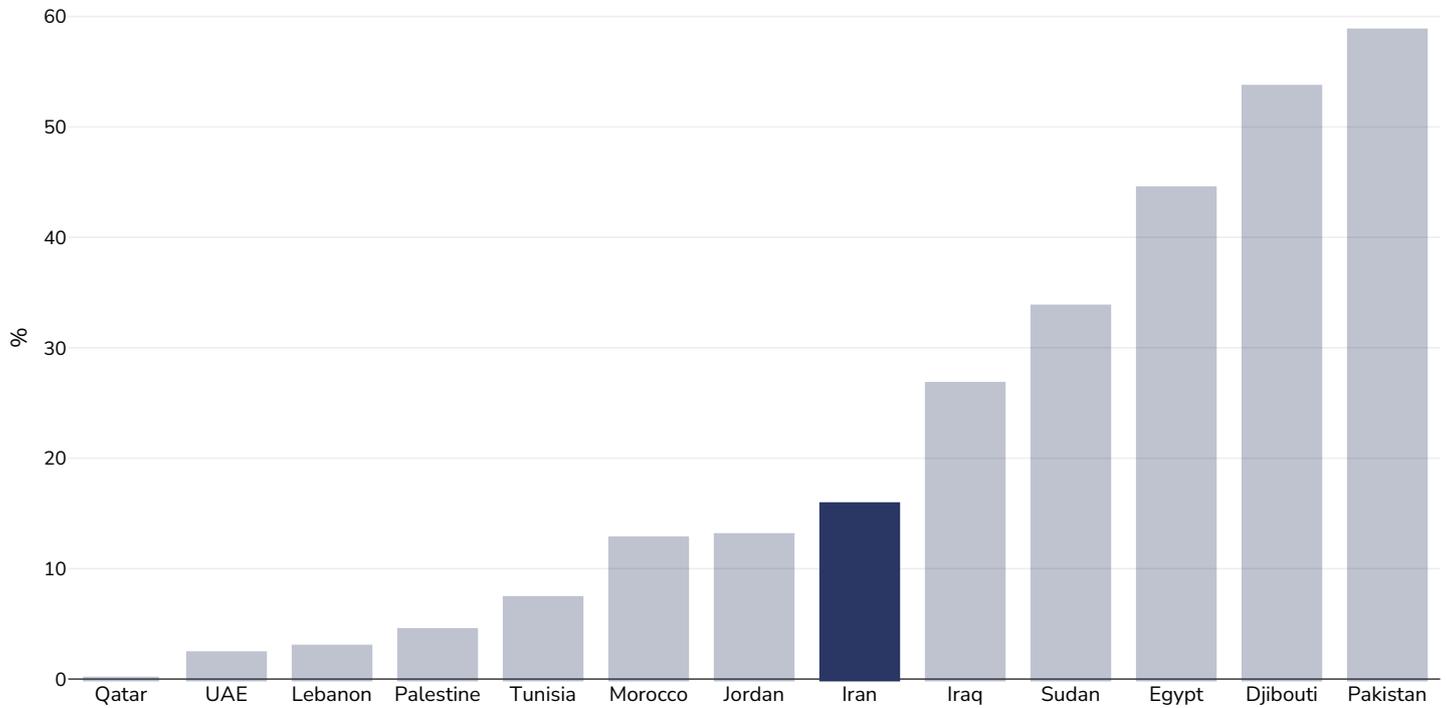
**Age:** 20+

**References:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definitions:** Number living with anxiety per 100,000 population

## Percent of population who cannot afford a healthy diet

### Adults, 2022



Area covered:

National

References:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland. <https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

## Oesophageal cancer

### Men, 2022



|               |   |
|---------------|---|
| Age:          | 20+   |
| Area covered: | National  |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Indicence per 100,000   |

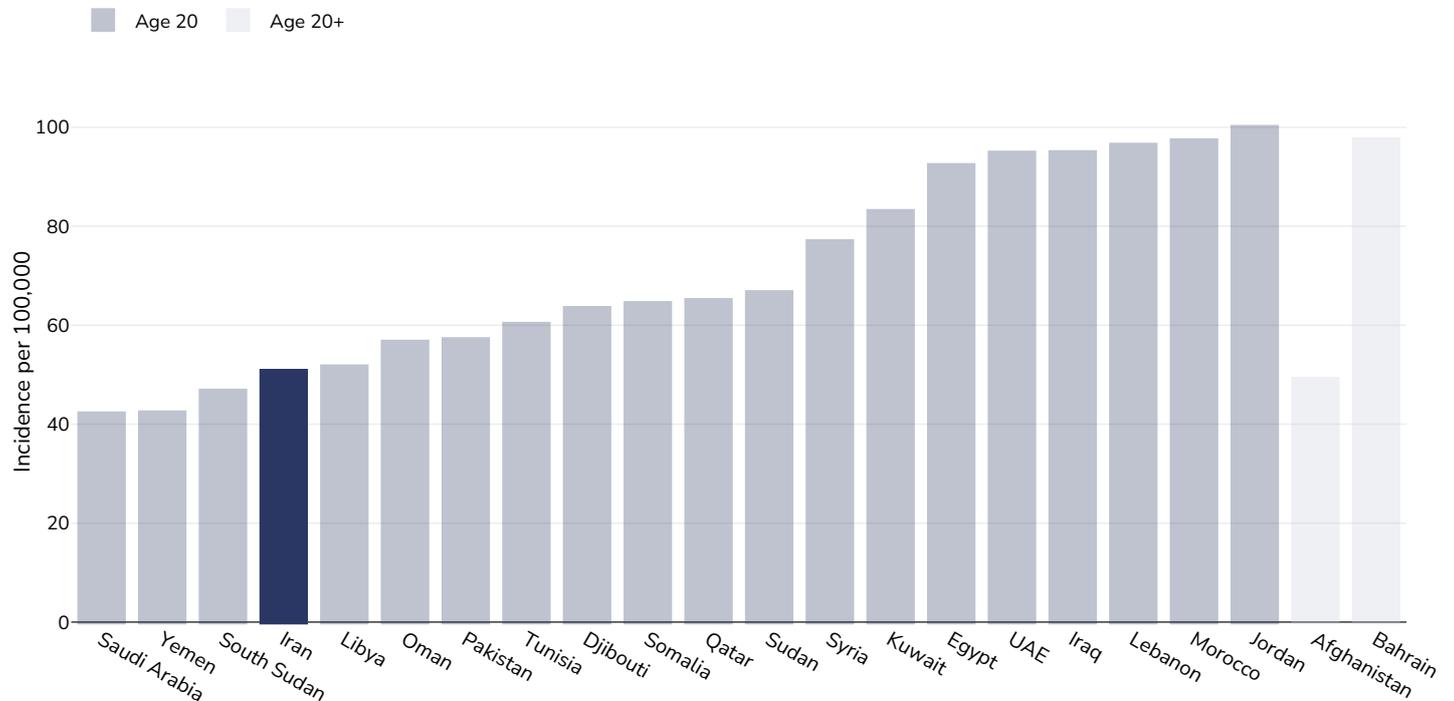
## Women, 2022



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>  | Indicence per 100,000   |

## Breast cancer

### Women, 2022



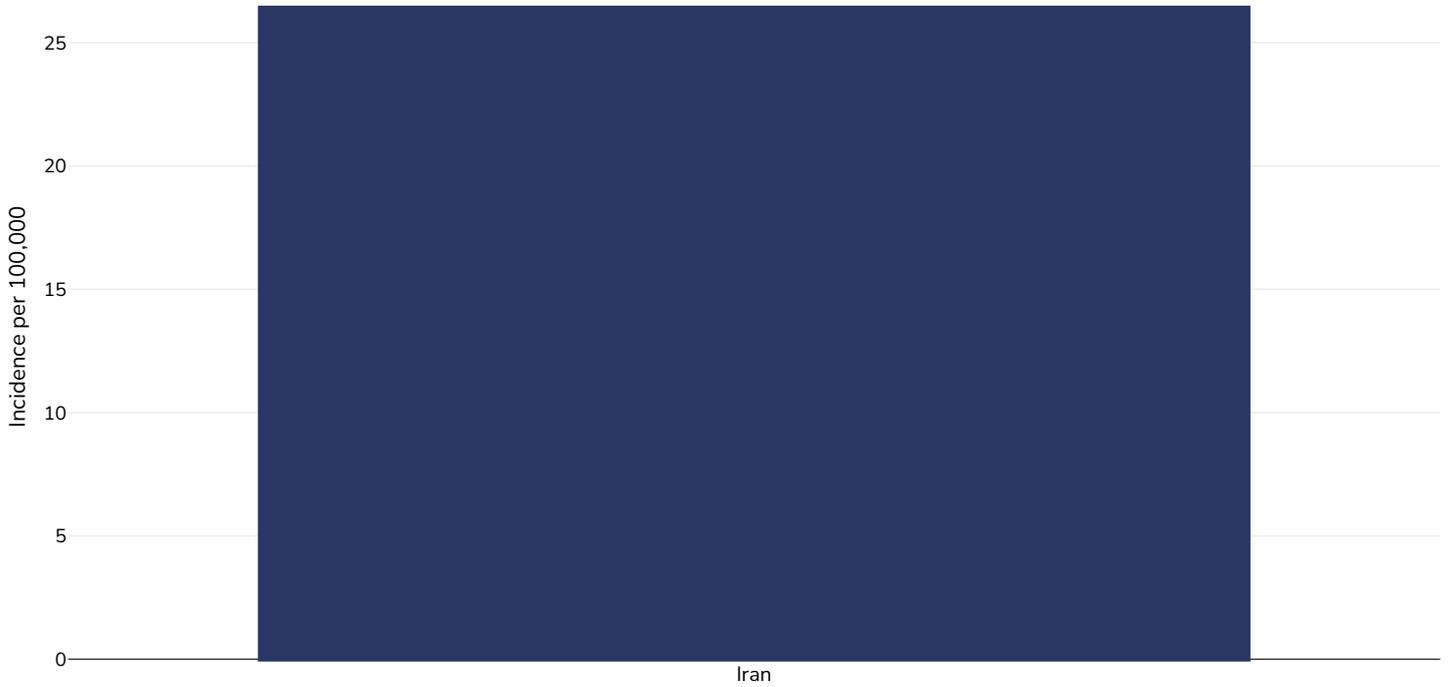
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Colorectal cancer

### Men, 2022



|               |   |
|---------------|---|
| Age:          | 20+   |
| Area covered: | National  |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000   |

## Women, 2022



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>  | Incidence per 100,000   |

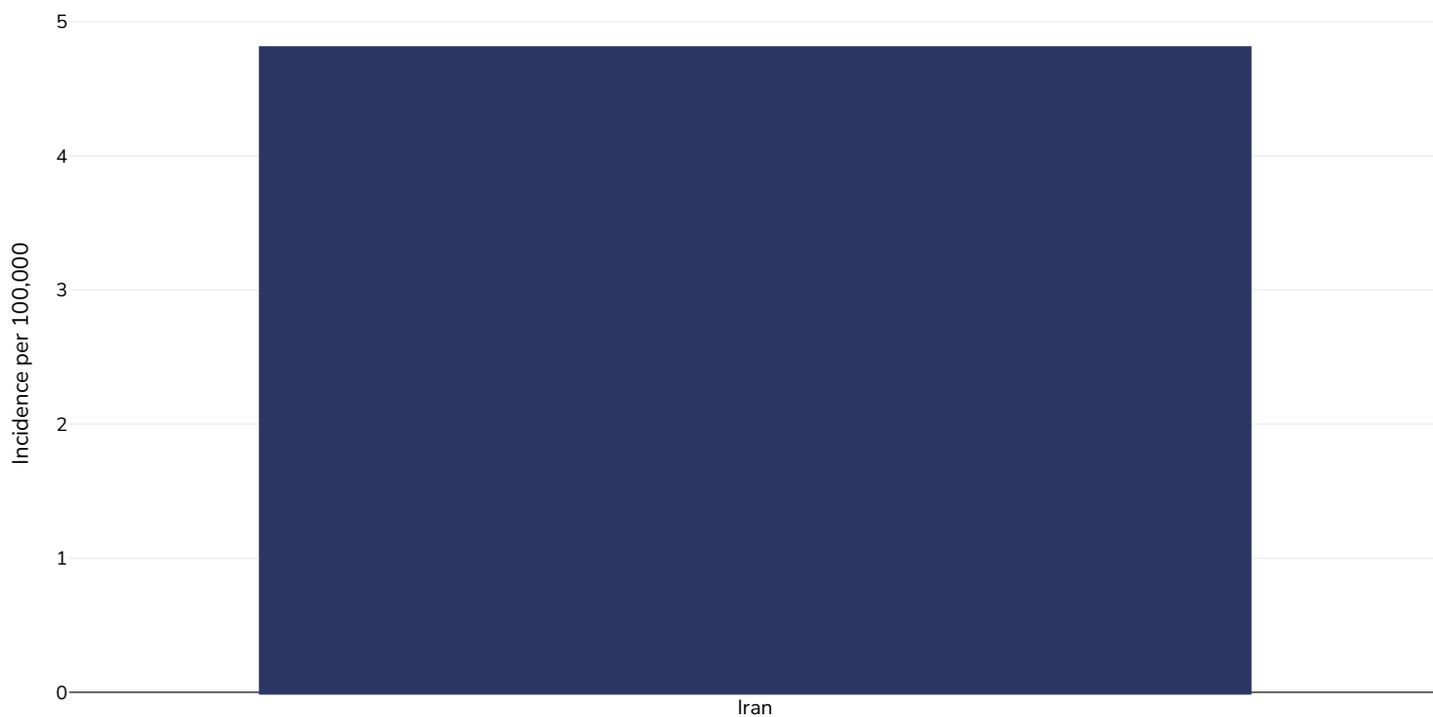
## Pancreatic cancer

### Men, 2022



|               |   |
|---------------|---|
| Age:          | 20+   |
| Area covered: | National  |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000   |

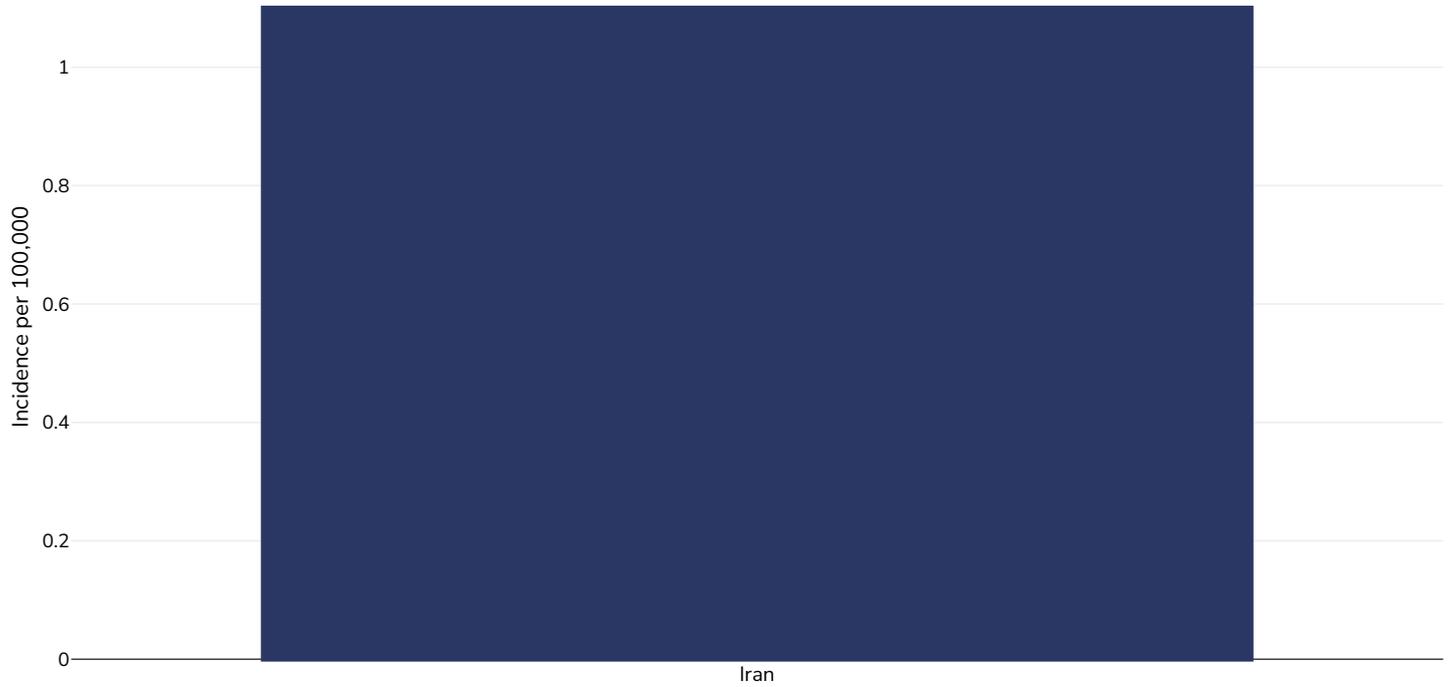
## Women, 2022



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>  | Incidence per 100,000   |

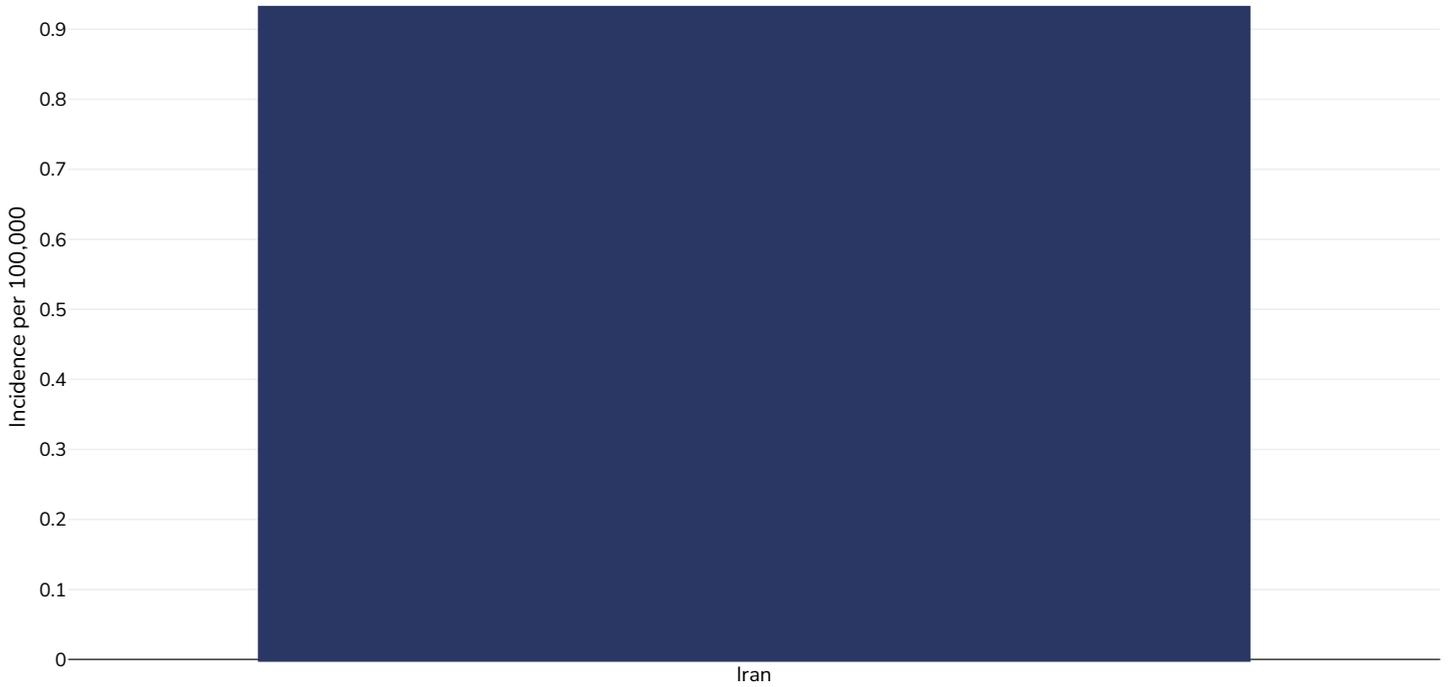
## Gallbladder cancer

### Men, 2022



|               |   |
|---------------|---|
| Age:          | 20+   |
| Area covered: | National  |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Indicence per 100,000   |

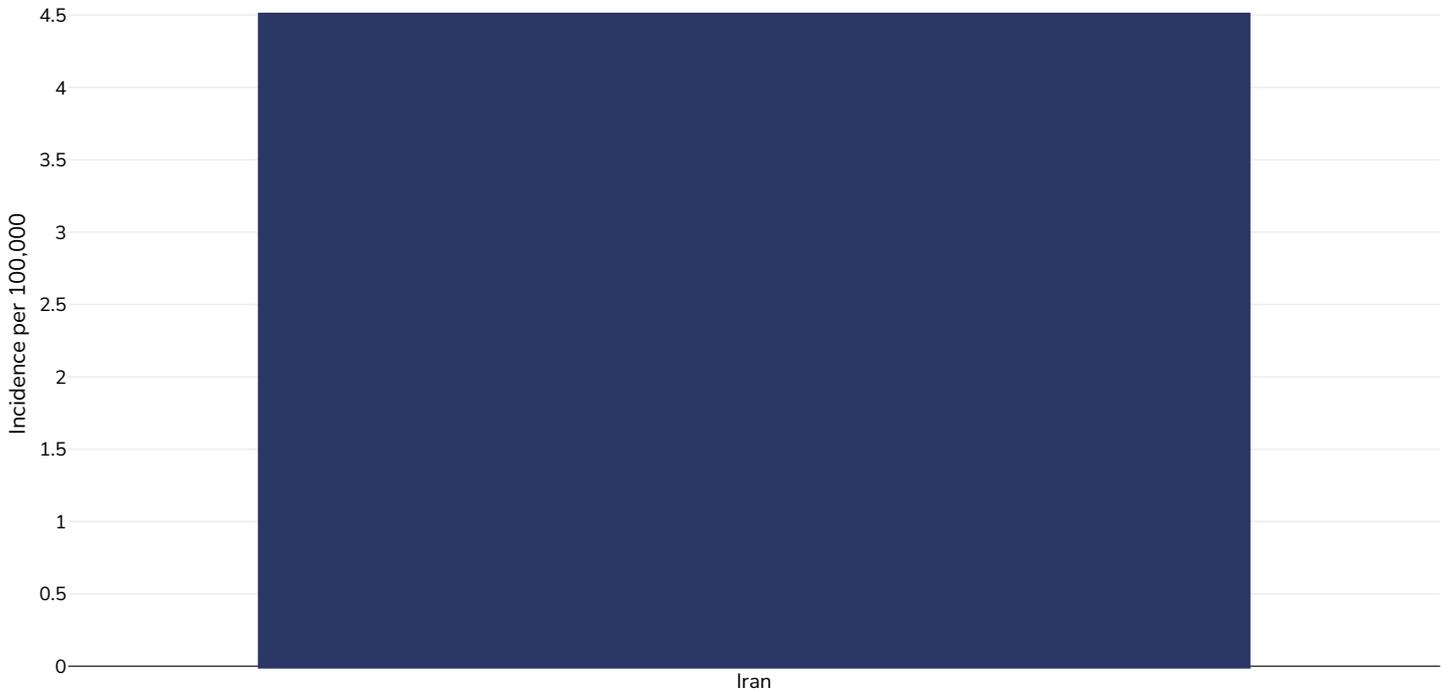
## Women, 2022



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>  | Indicence per 100,000   |

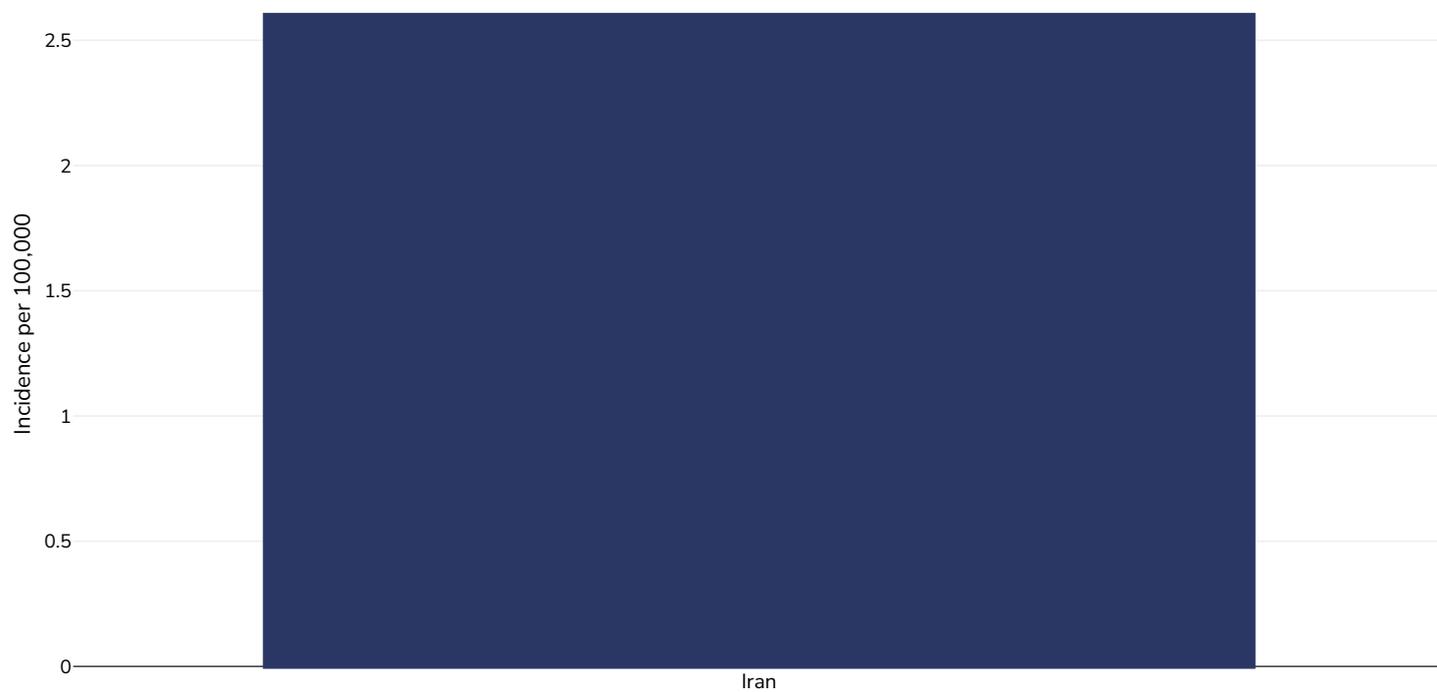
## Kidney cancer

### Men, 2022



|               |   |
|---------------|---|
| Age:          | 20+   |
| Area covered: | National  |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000   |

## Women, 2022



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>  | Incidence per 100,000   |

## Cancer of the uterus

### Women, 2022



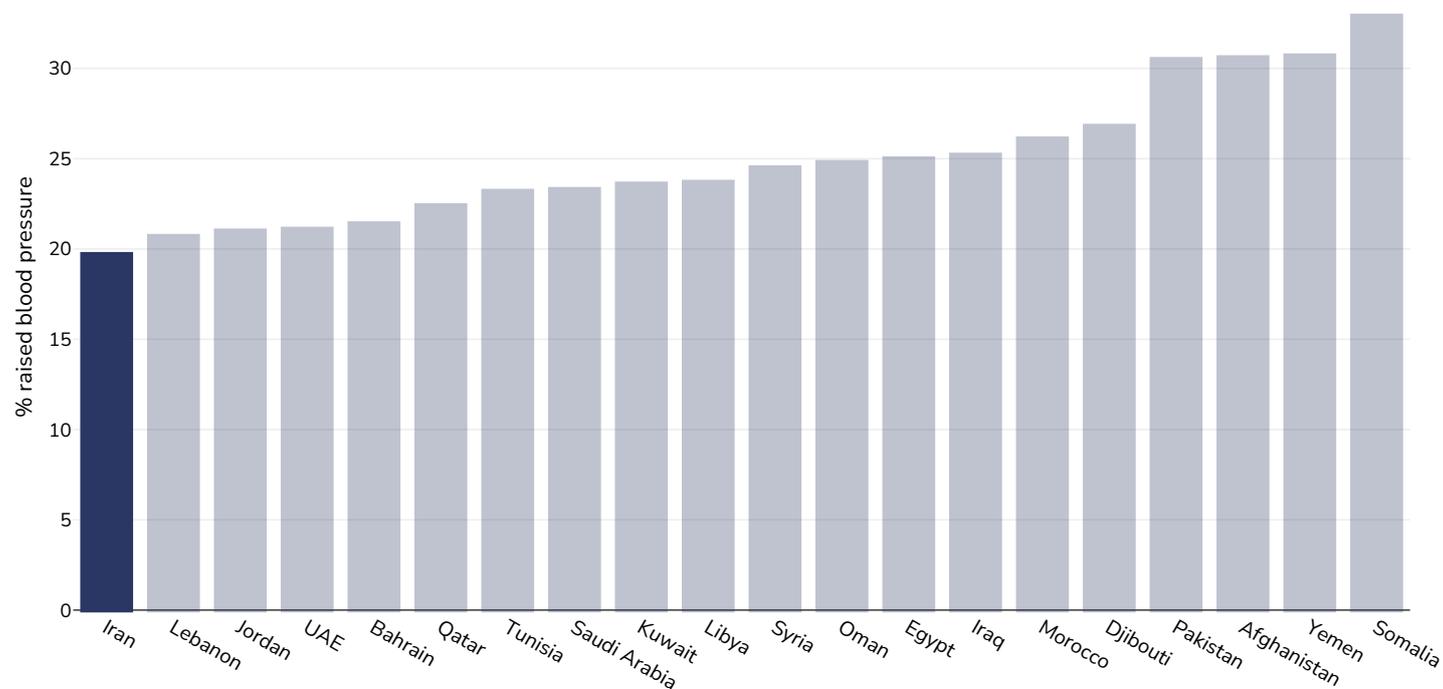
Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Raised blood pressure

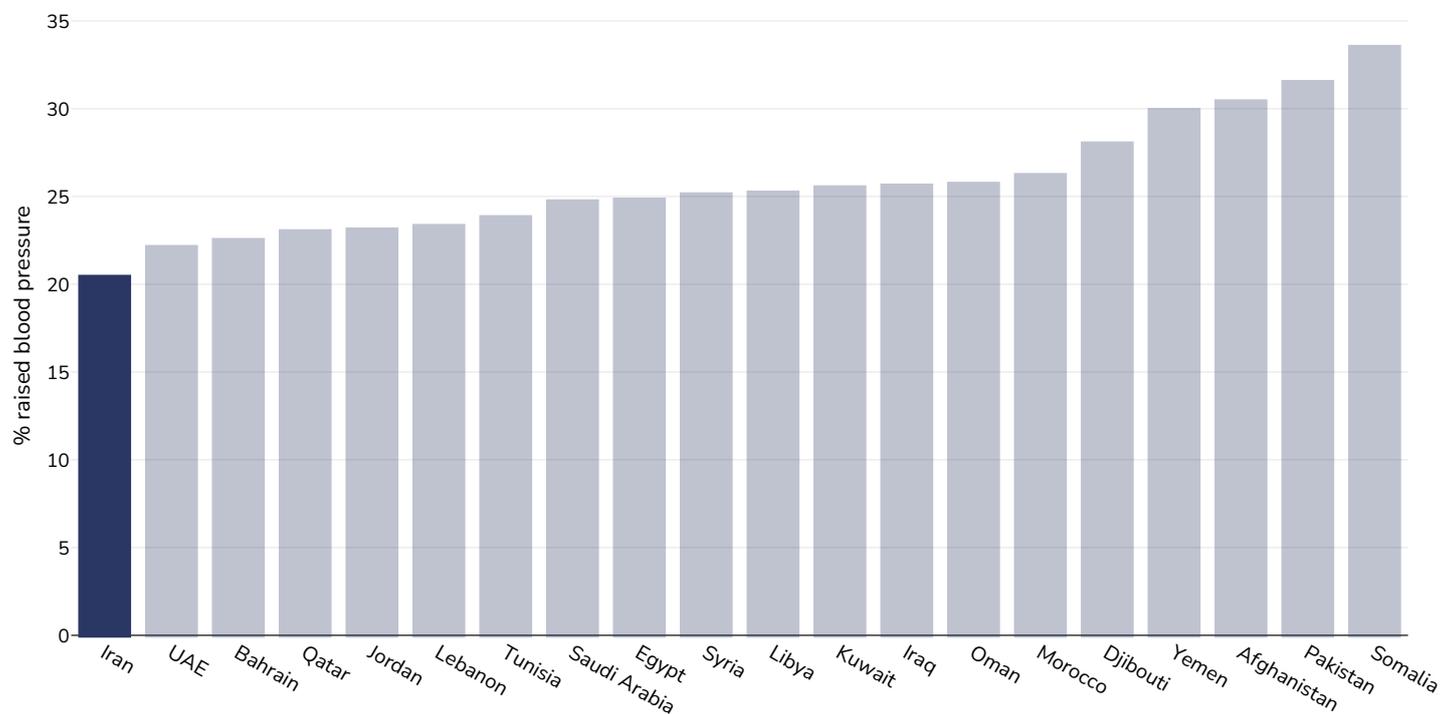
Adults, 2015



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

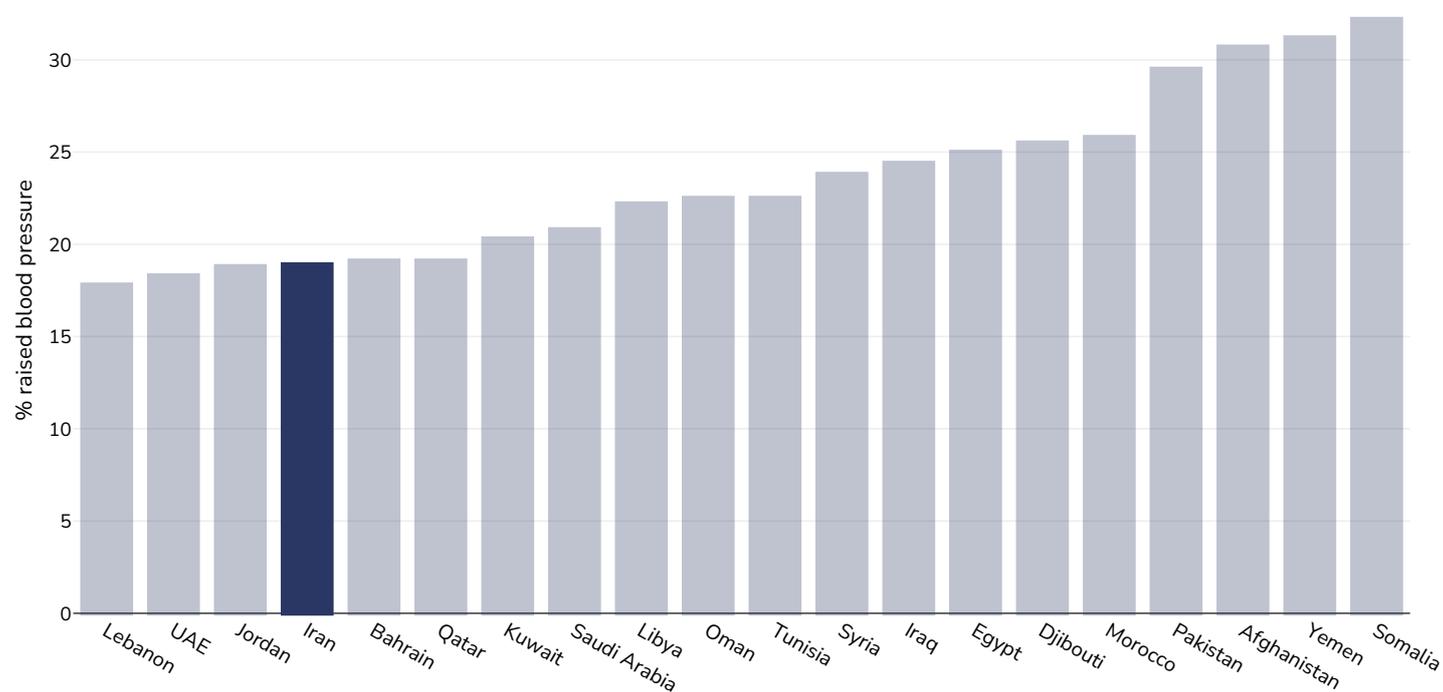
### Men, 2015



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Women, 2015

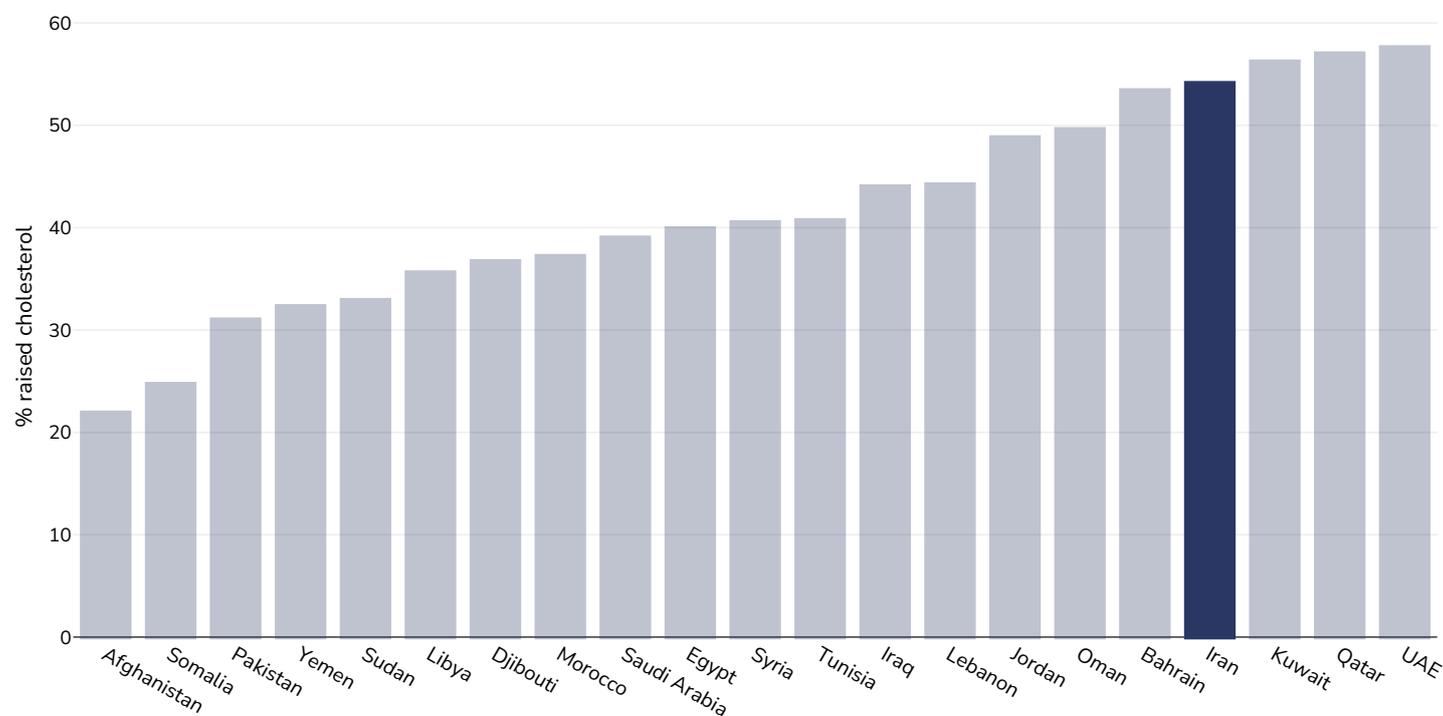


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Raised cholesterol

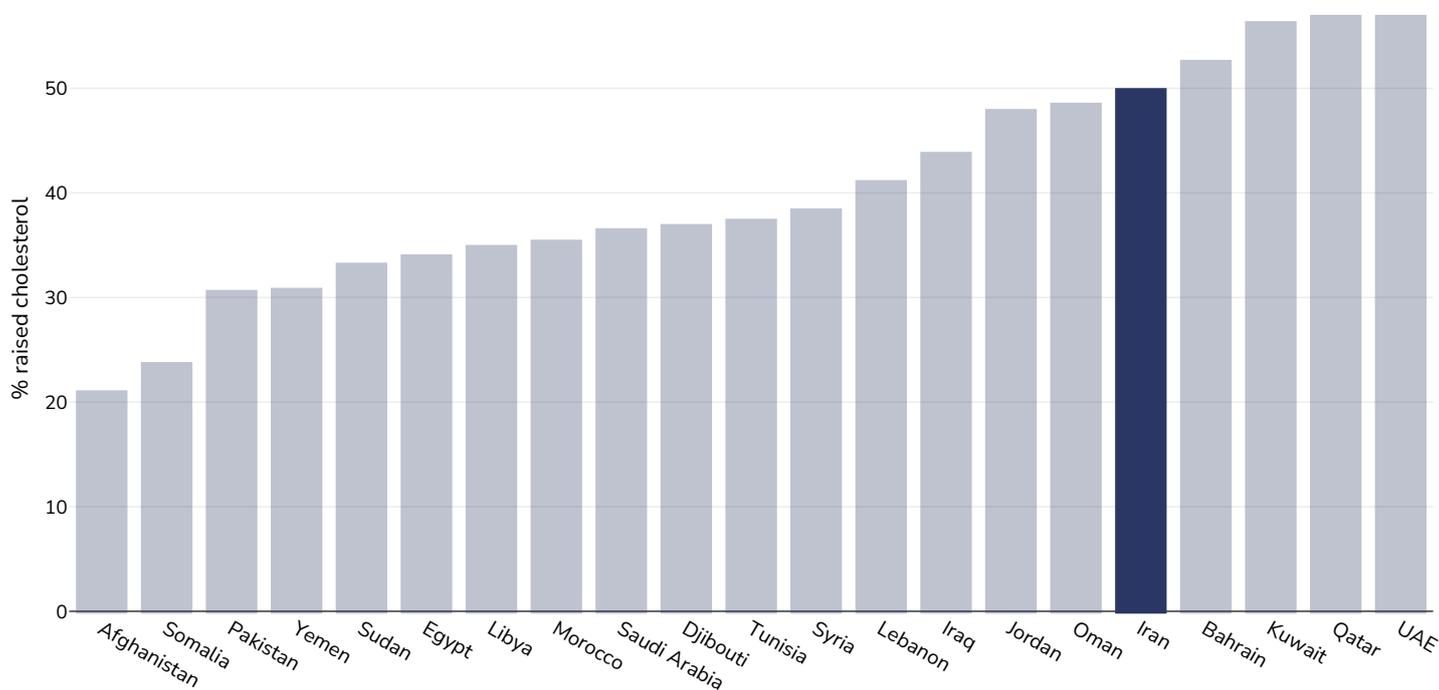
### Adults, 2008



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

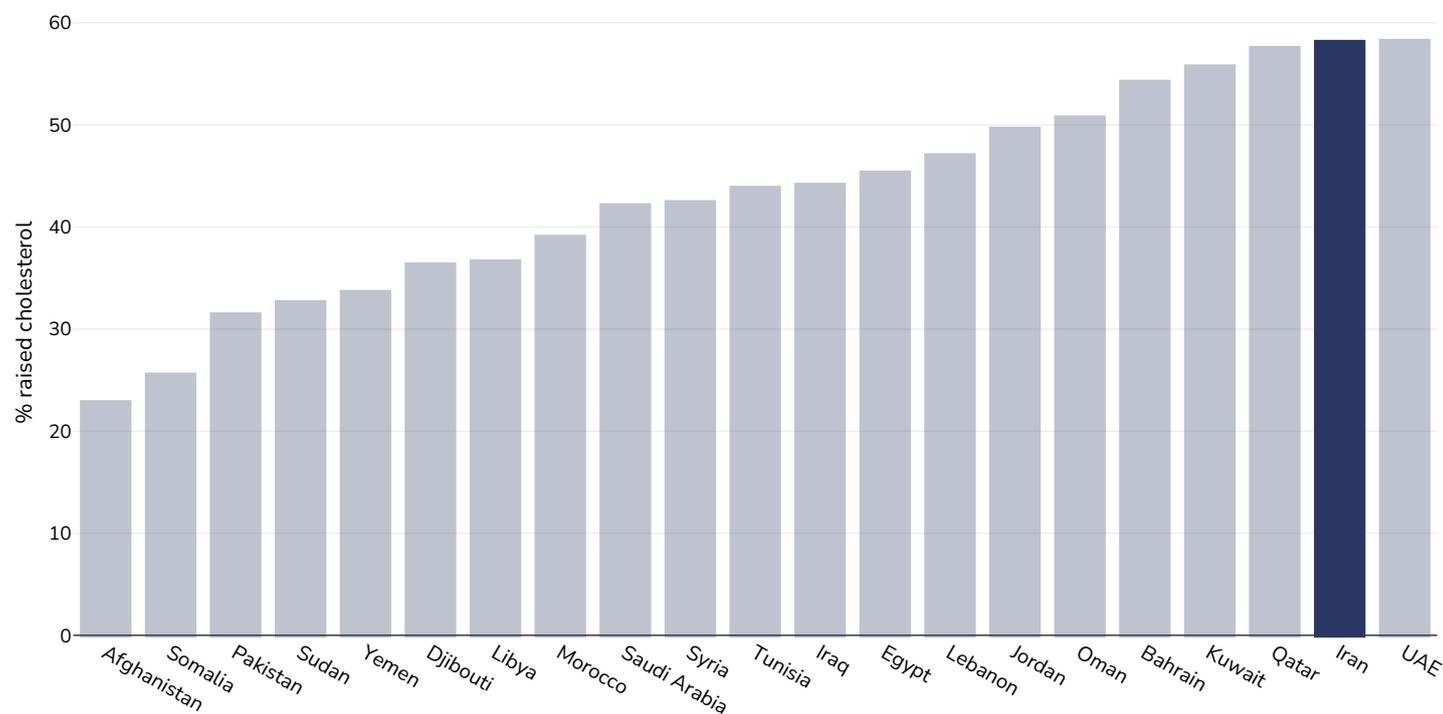
**Men, 2008**



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Women, 2008

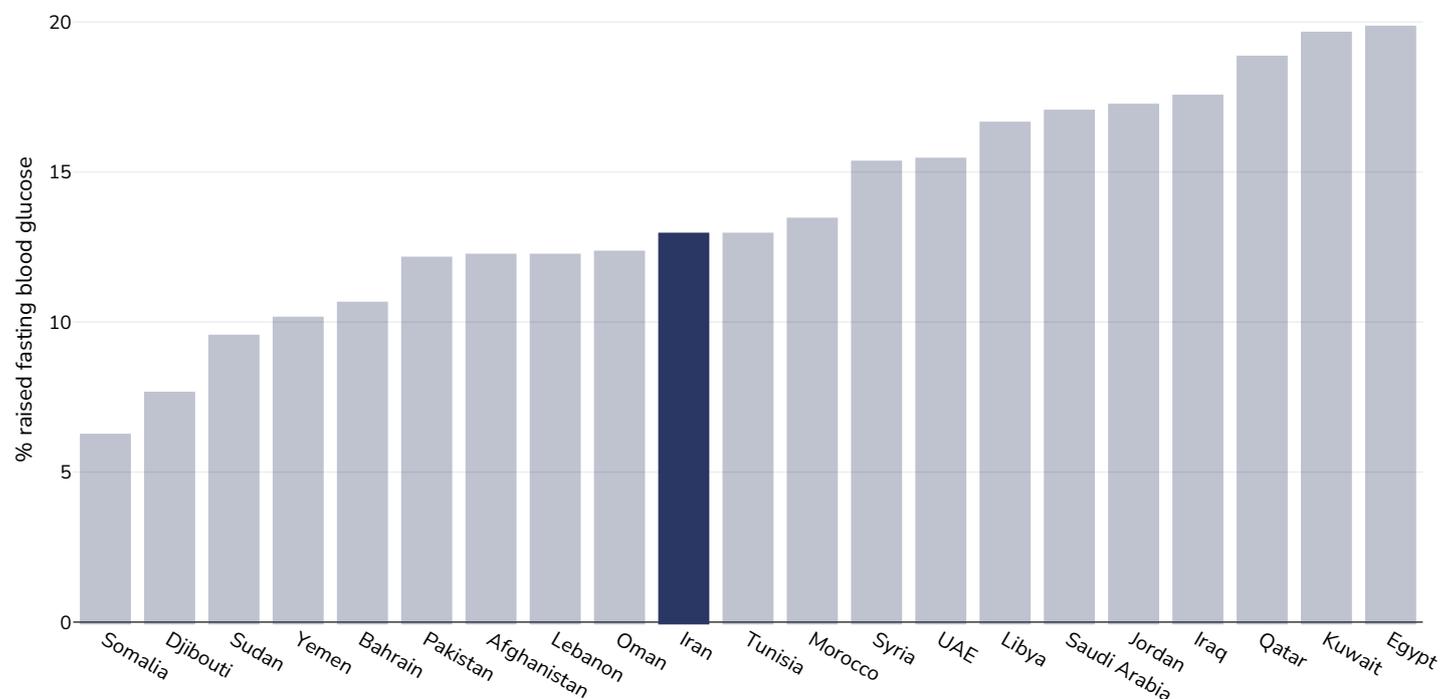


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Raised fasting blood glucose

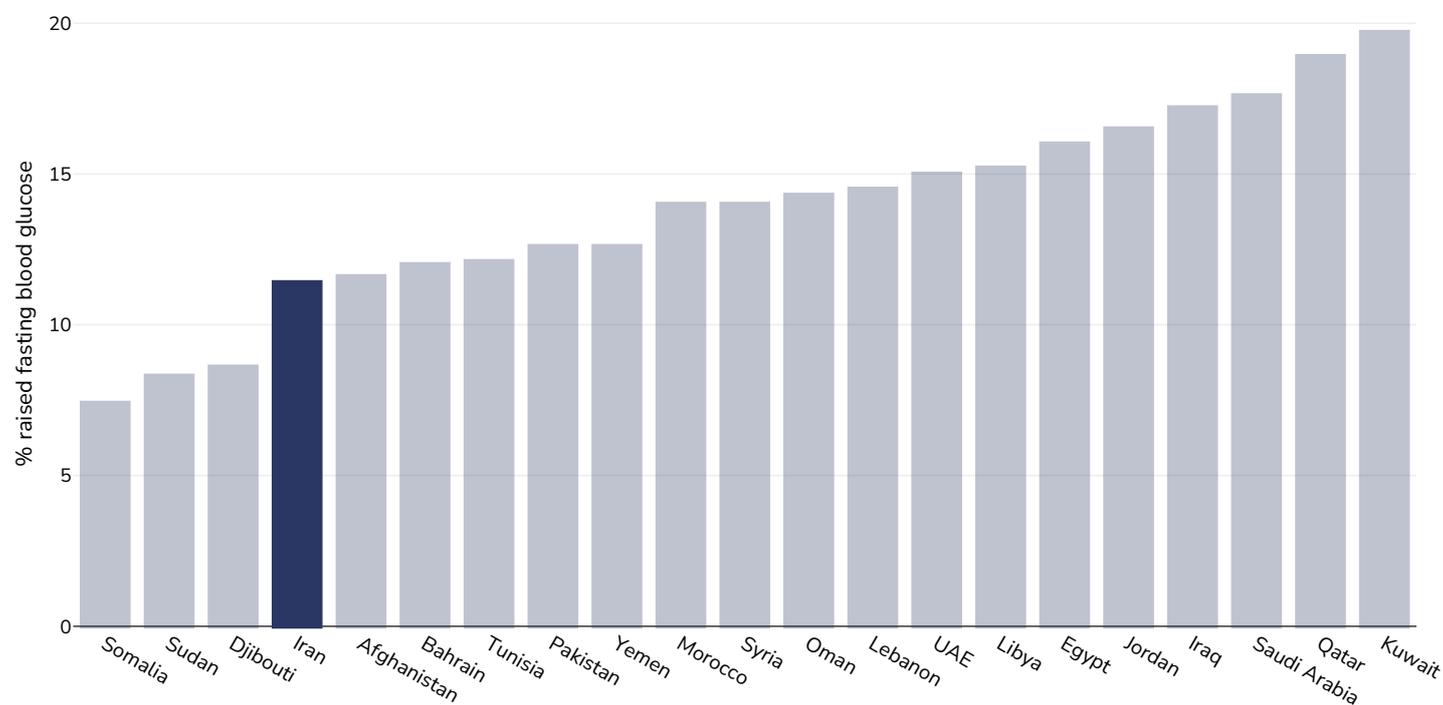
### Men, 2014



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definitions:** Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Women, 2014

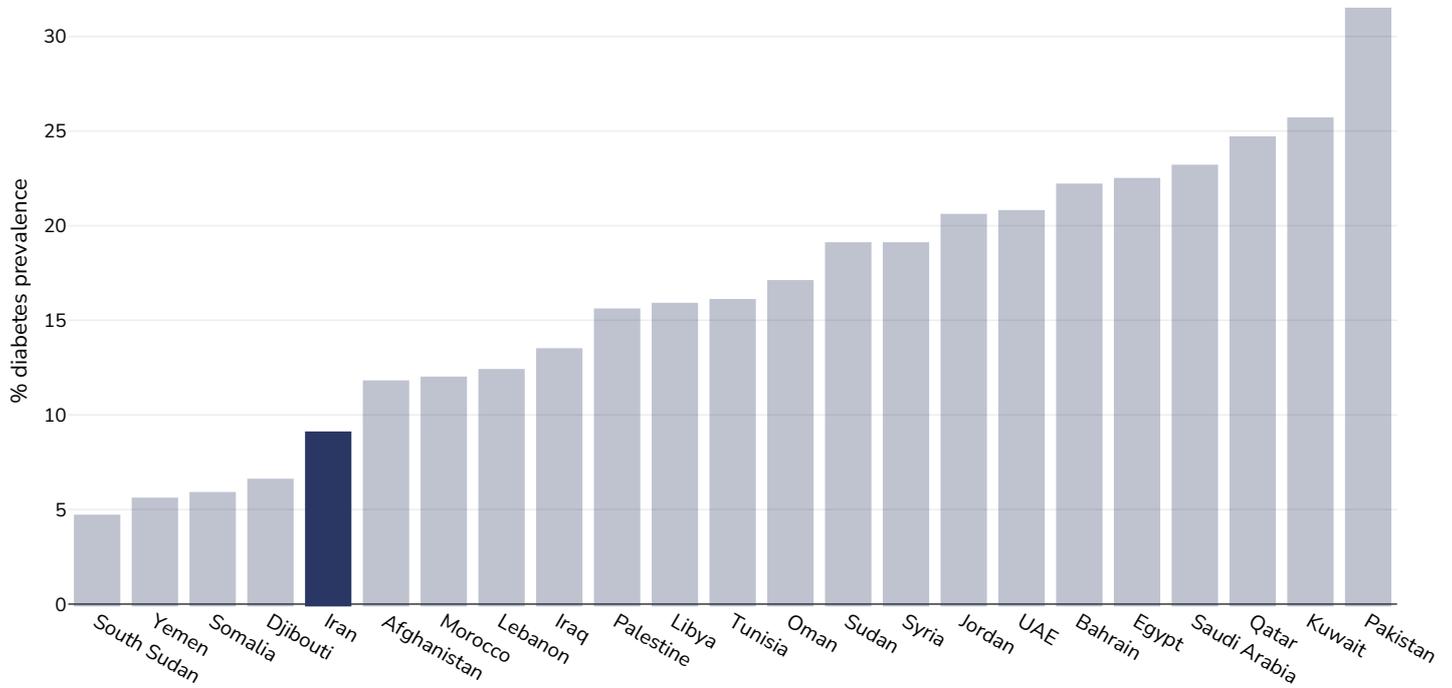


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definitions:** Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Diabetes prevalence

### Adults, 2024

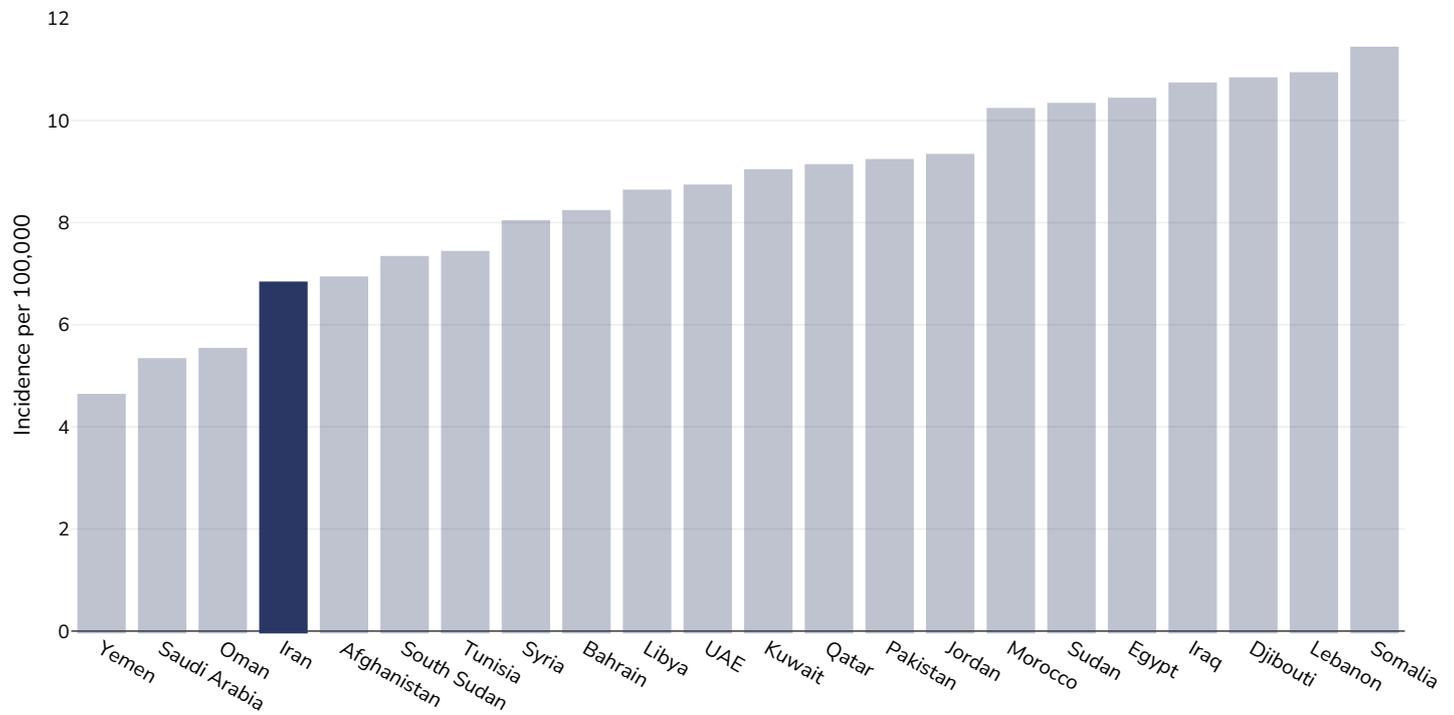


**References:**

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

## Ovarian Cancer

### Women, 2022



Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Leukemia

### Men, 2022

4

3

2

1

0

-1  
-1

0

1

2

3

4

5

6

Age: 20+

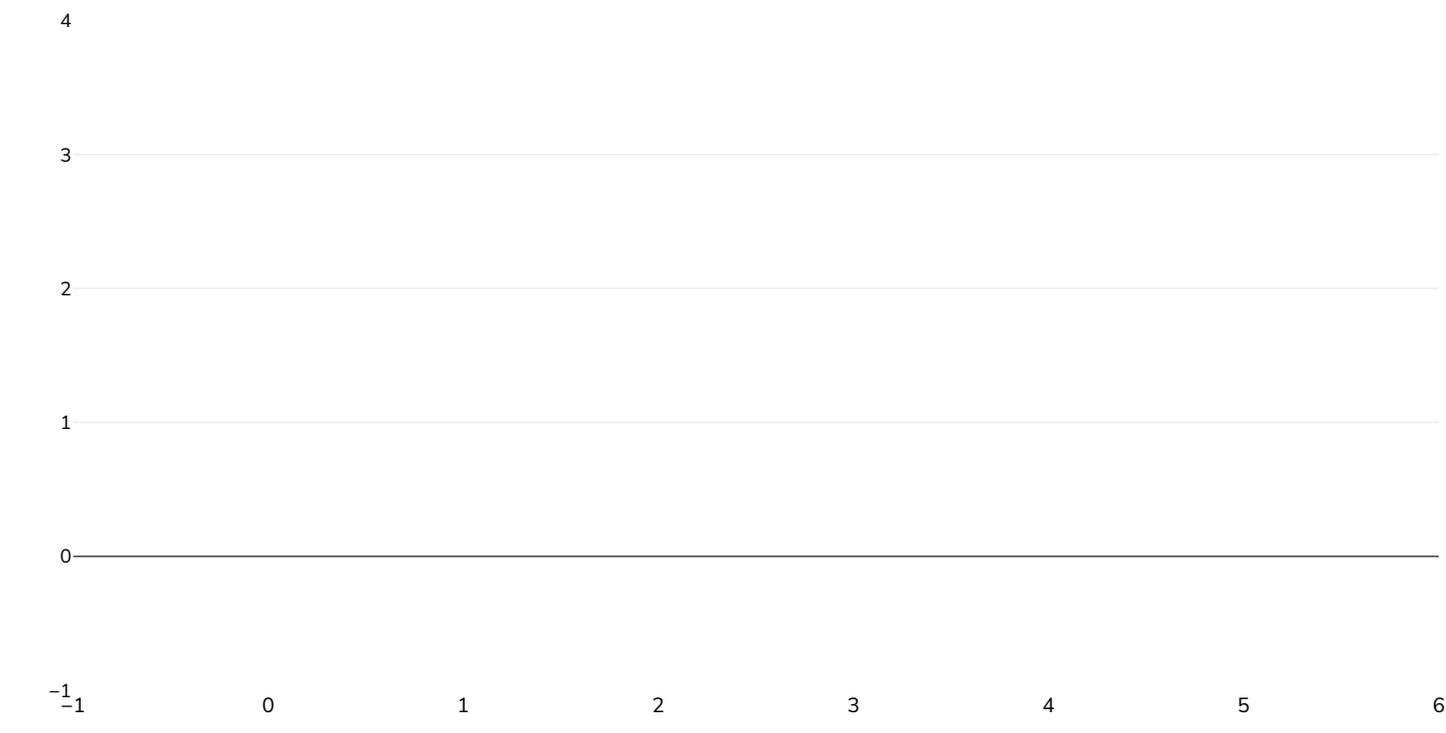
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

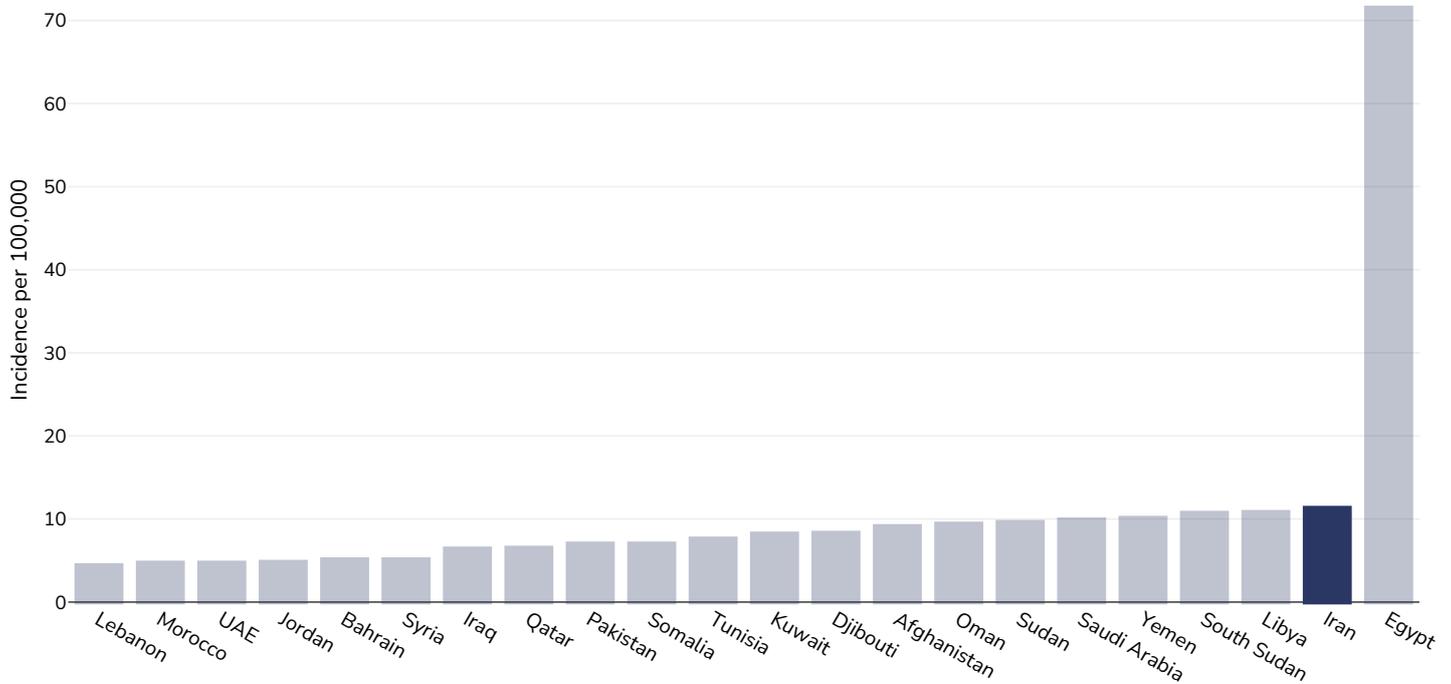
## Women, 2022



|   |   |
|---|---|
| <b>Age:</b>   | 20+   |
| <b>Area covered:</b>  | National  |
| <b>References:</b>  | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>   | Incidence per 100,000   |
| <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i> |   |

## Liver and intrahepatic bile duct Cancer

### Men, 2022



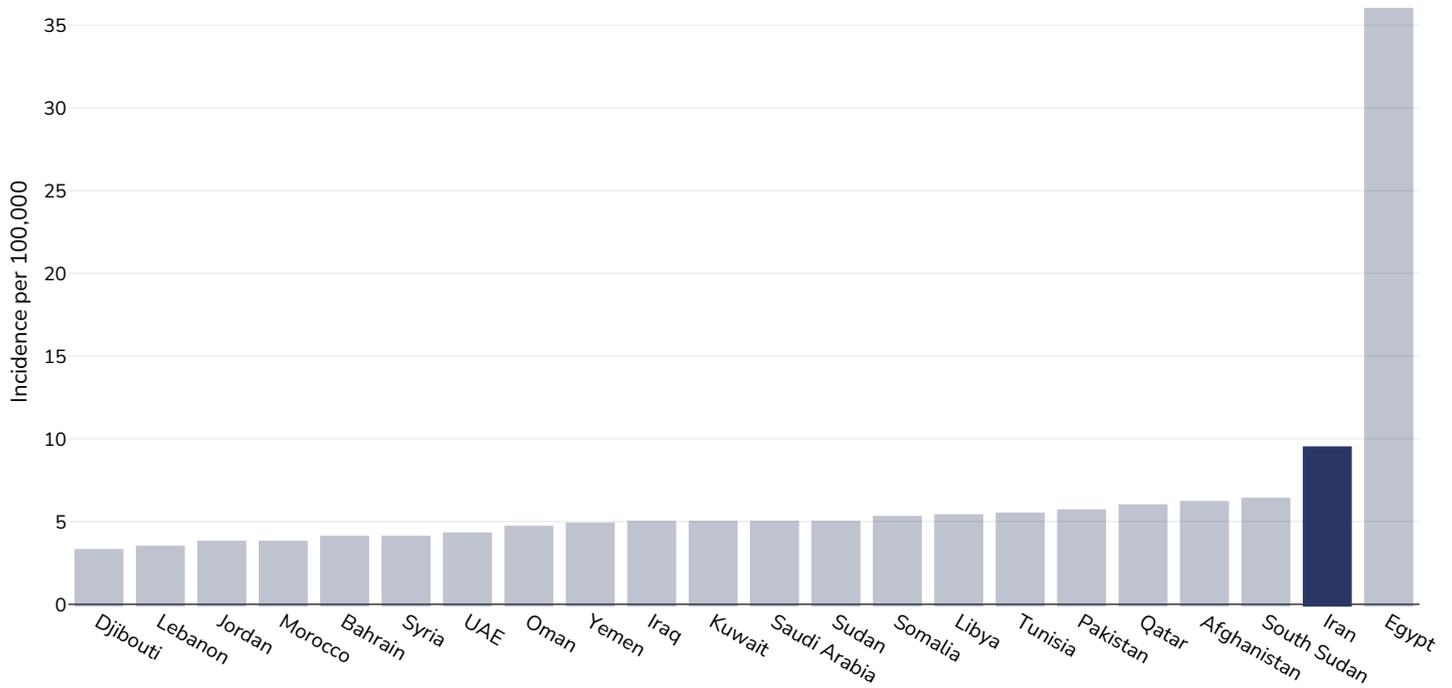
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

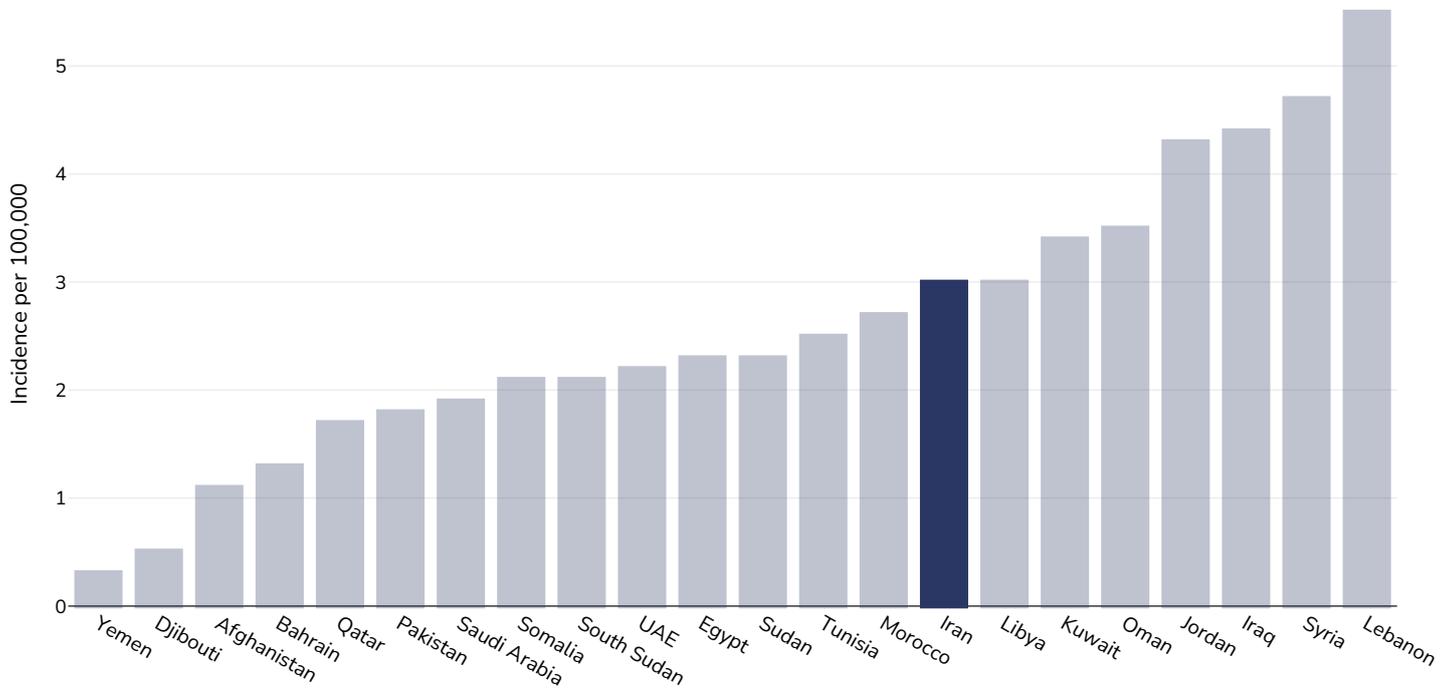
## Women, 2022



|               |   |
|---------------|---|
| Age:          | 20+   |
| Area covered: | National  |
| References:   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| Definitions:  | Incidence per 100,000   |

## Multiple Myeloma

### Men, 2022



Age: 20+

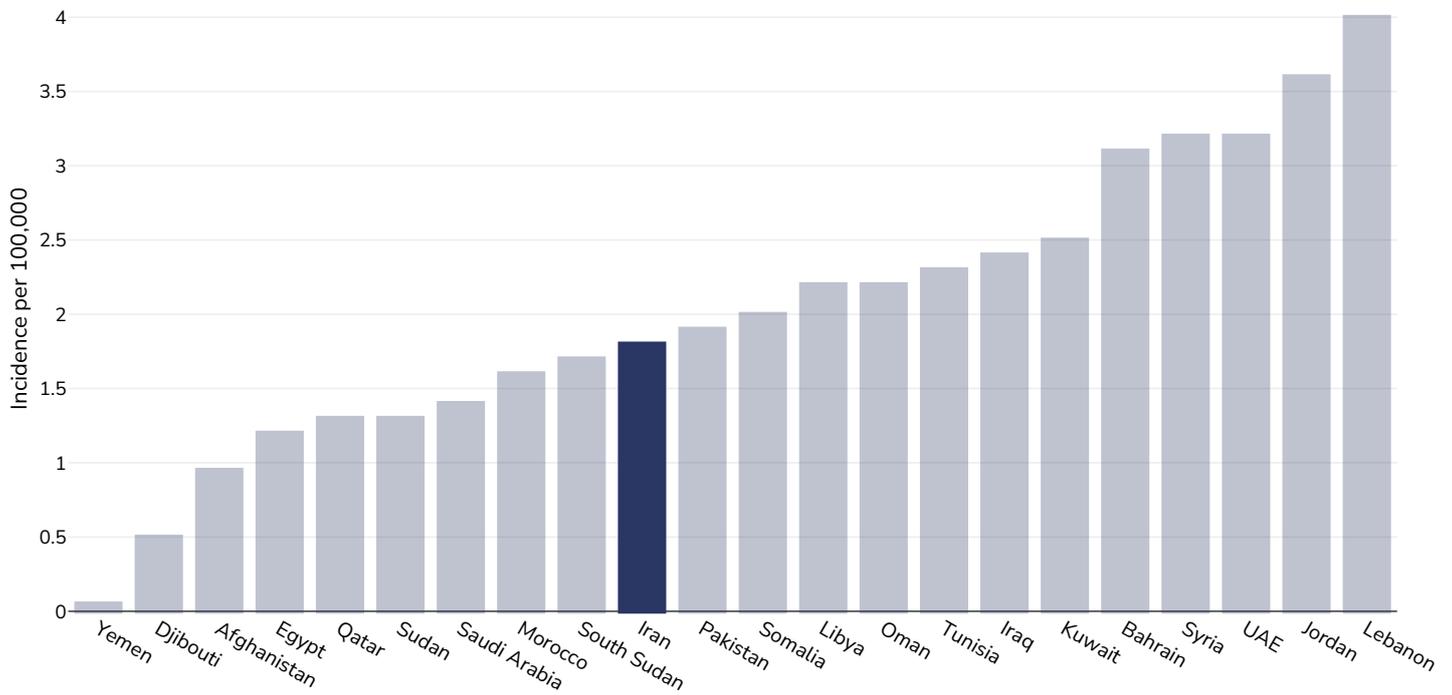
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

**Women, 2022**

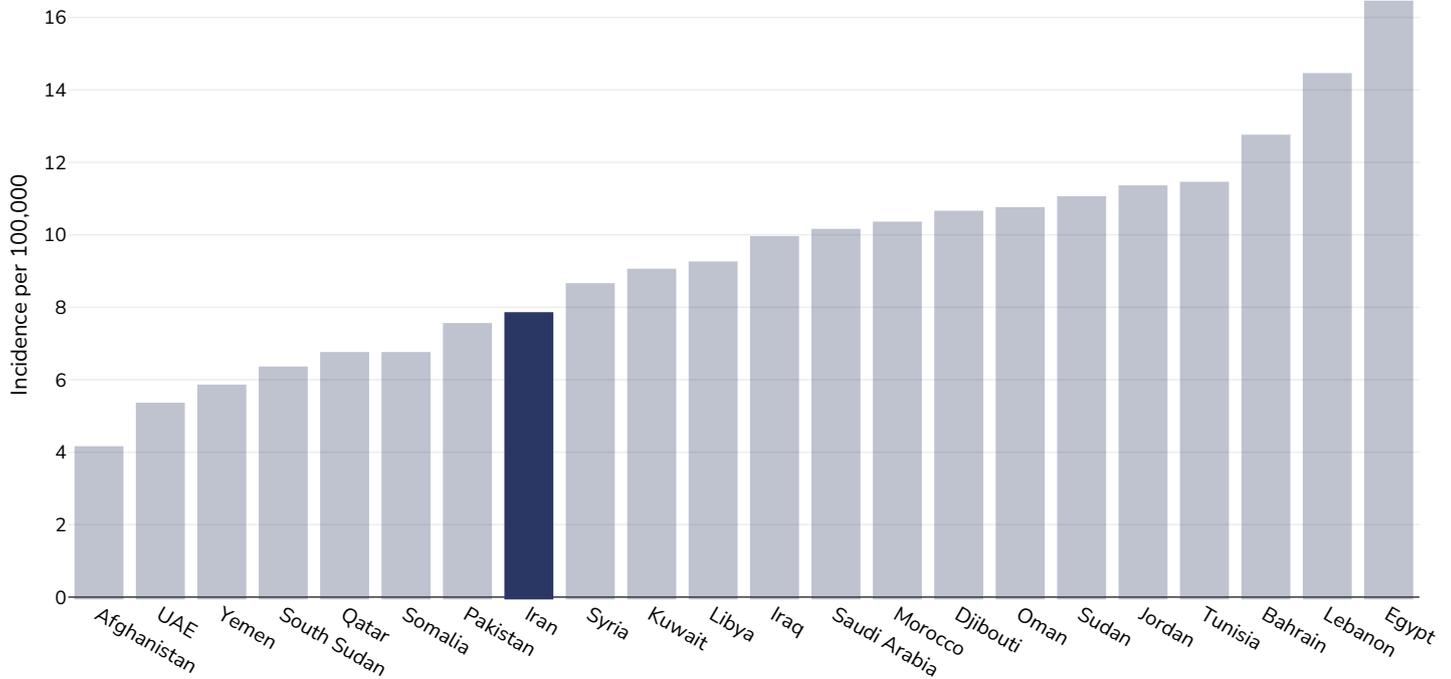


|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>  | Incidence per 100,000   |

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Non Hodgkin Lymphoma

### Men, 2022



Age: 20+

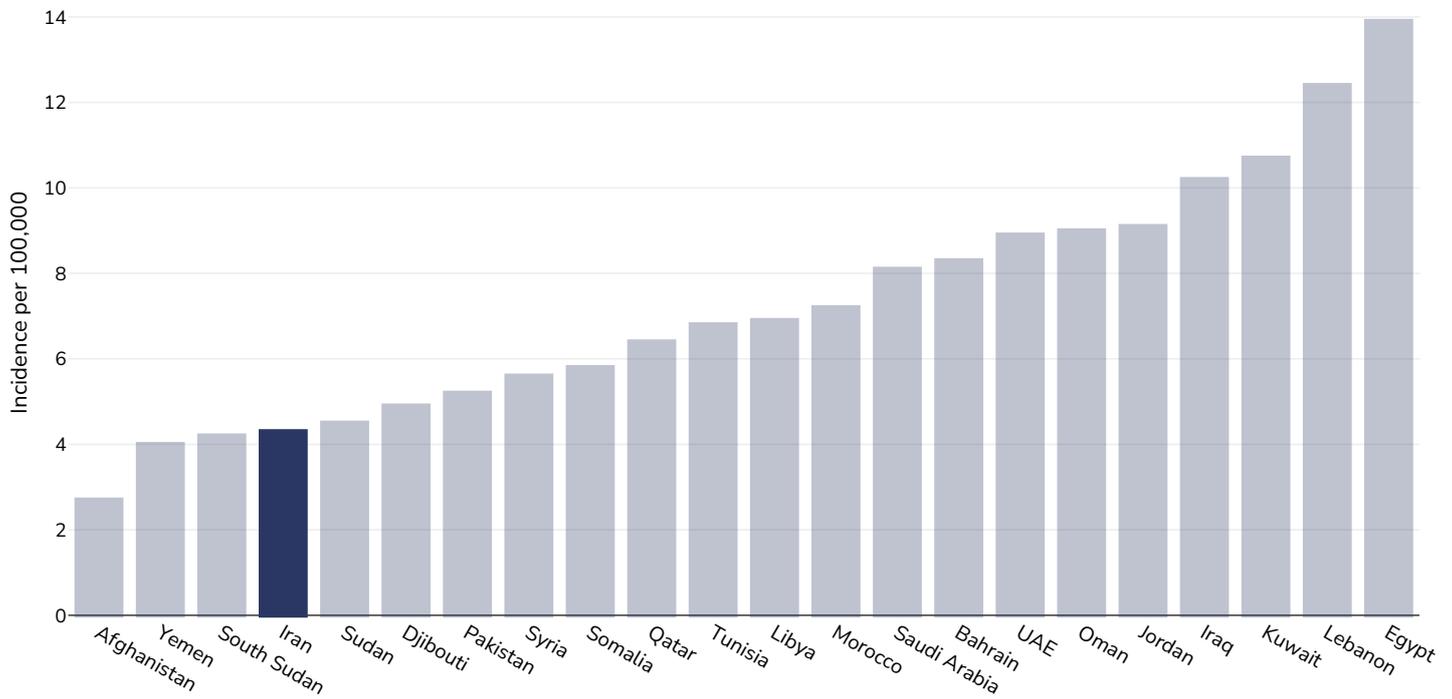
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

**Women, 2022**



**Age:** 20+

**Area covered:** National

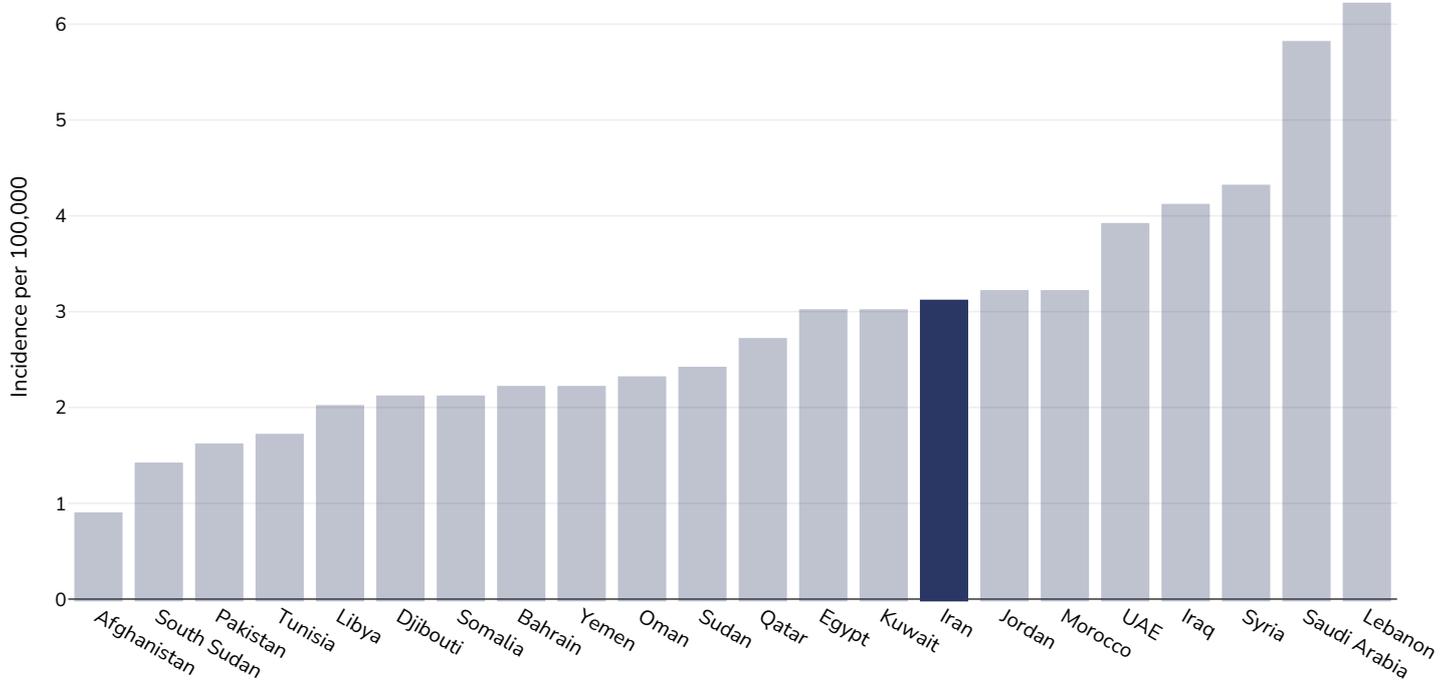
**References:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definitions:** Incidence per 100,000

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Thyroid Cancer

### Men, 2022



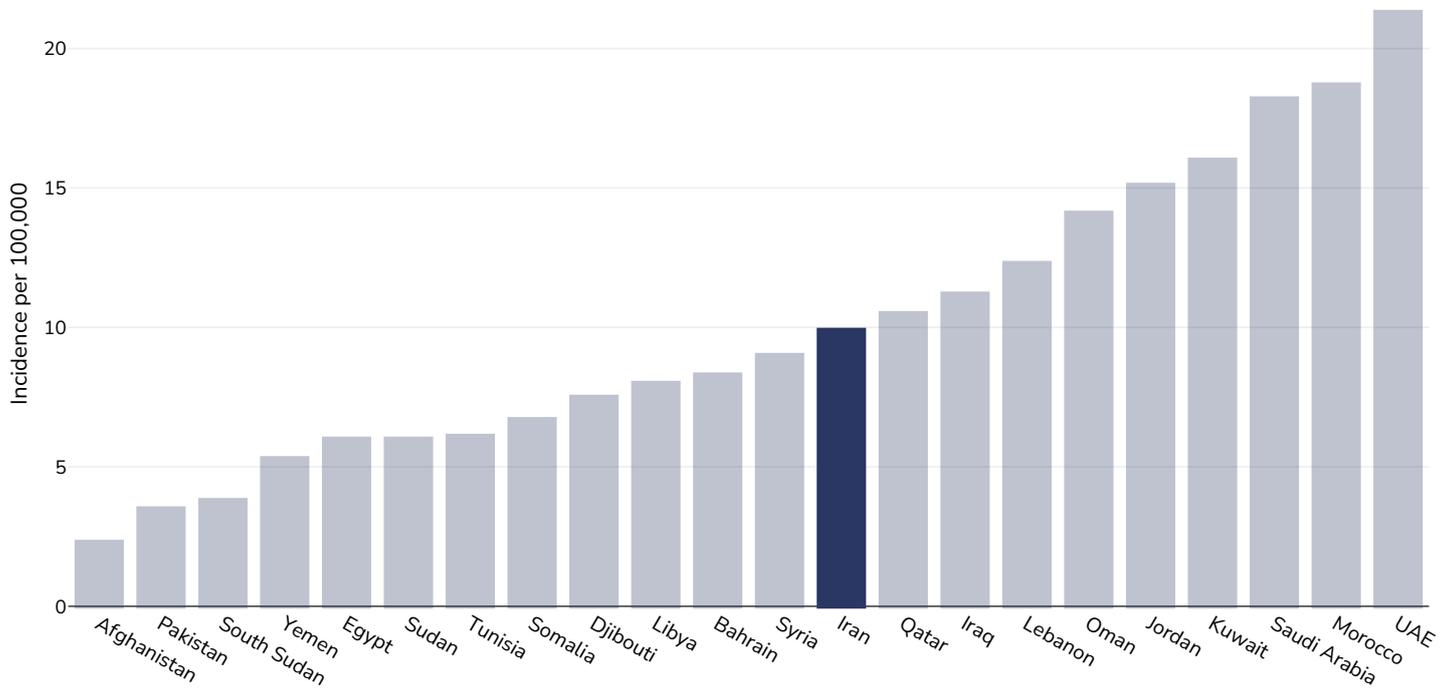
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Women, 2022



|                      |   |
|----------------------|---|
| <b>Age:</b>          | 20+   |
| <b>Area covered:</b> | National  |
| <b>References:</b>   | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24] |
| <b>Definitions:</b>  | Incidence per 100,000   |

PDF created on June 17, 2025