



IndonÃ©sie



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/indonesia-96/>.

Prevalence obezity

Děti, 2023



Typ
průzkumu:

Samohlášená

Věk:

13-17

Velikost
vzorku:

10059

**Pokrytí
oblast:**

Národní

Reference:

Indonesia 2023 Global School-based Student Health survey. https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/indonesia/gshs/2023-gshs-indonesia-factsheet.pdf?sfvrsn=1c586935_3 (Accessed 14.08.24)

**Definice
(ká dispozici
pouze
v angličtině):**

BMI by age and sex

Nadváha/obezita podle vzdání lání

Dání ti, 2018



Typ
pránízkumu:

Namání Á enÁ©

Vání k:

16-18

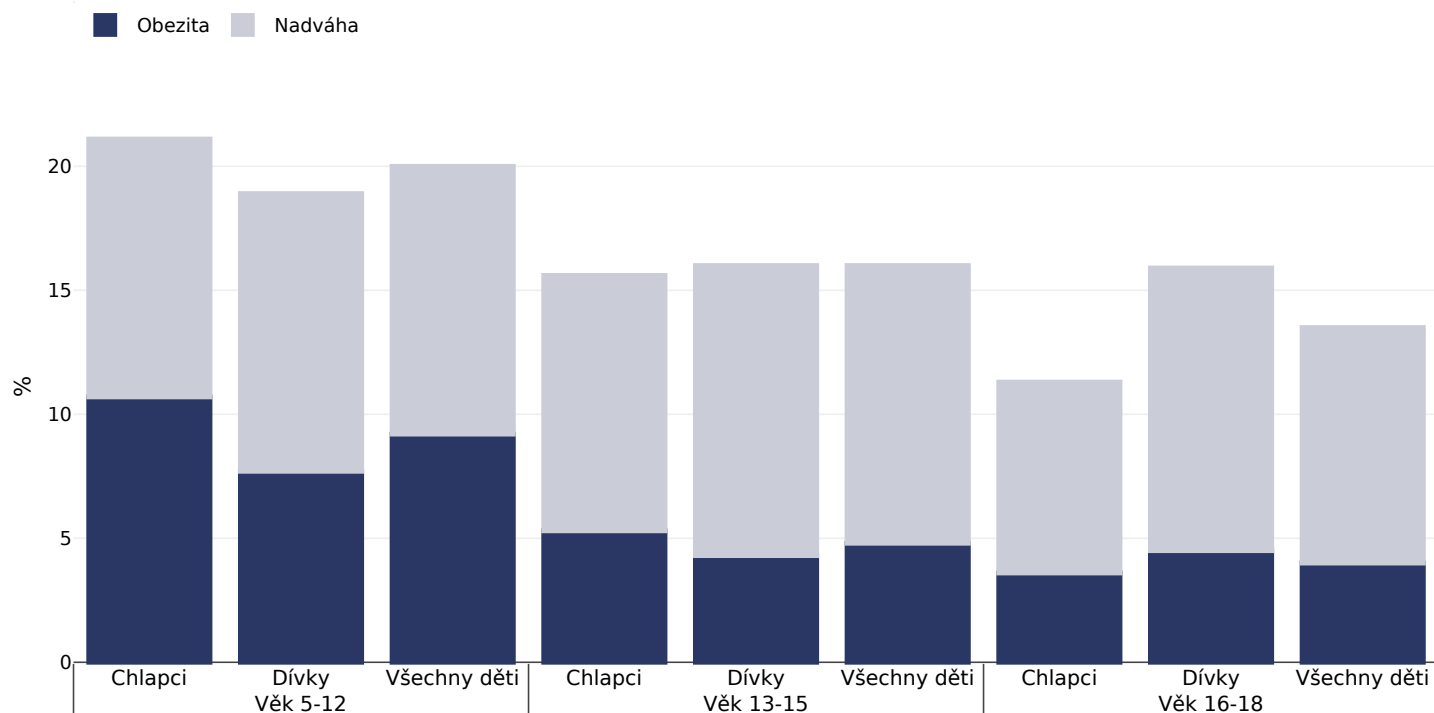
Velikost
vzorku:

51826

Pokrytí oblastí:	Národní
Reference:	Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)
Poznámky:	Based on parental education
Definice (k dispozici pouze v angličtině):	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Nadváha/obezita podle věku

Děti, 2018



Typ
průzkumu:

Naměřeno en

Velikost
vzorku:

277528

Pokrytí
oblasti:

Národní

Reference:

Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)

Definice
(ká dispozici
pouze
v angličtině):

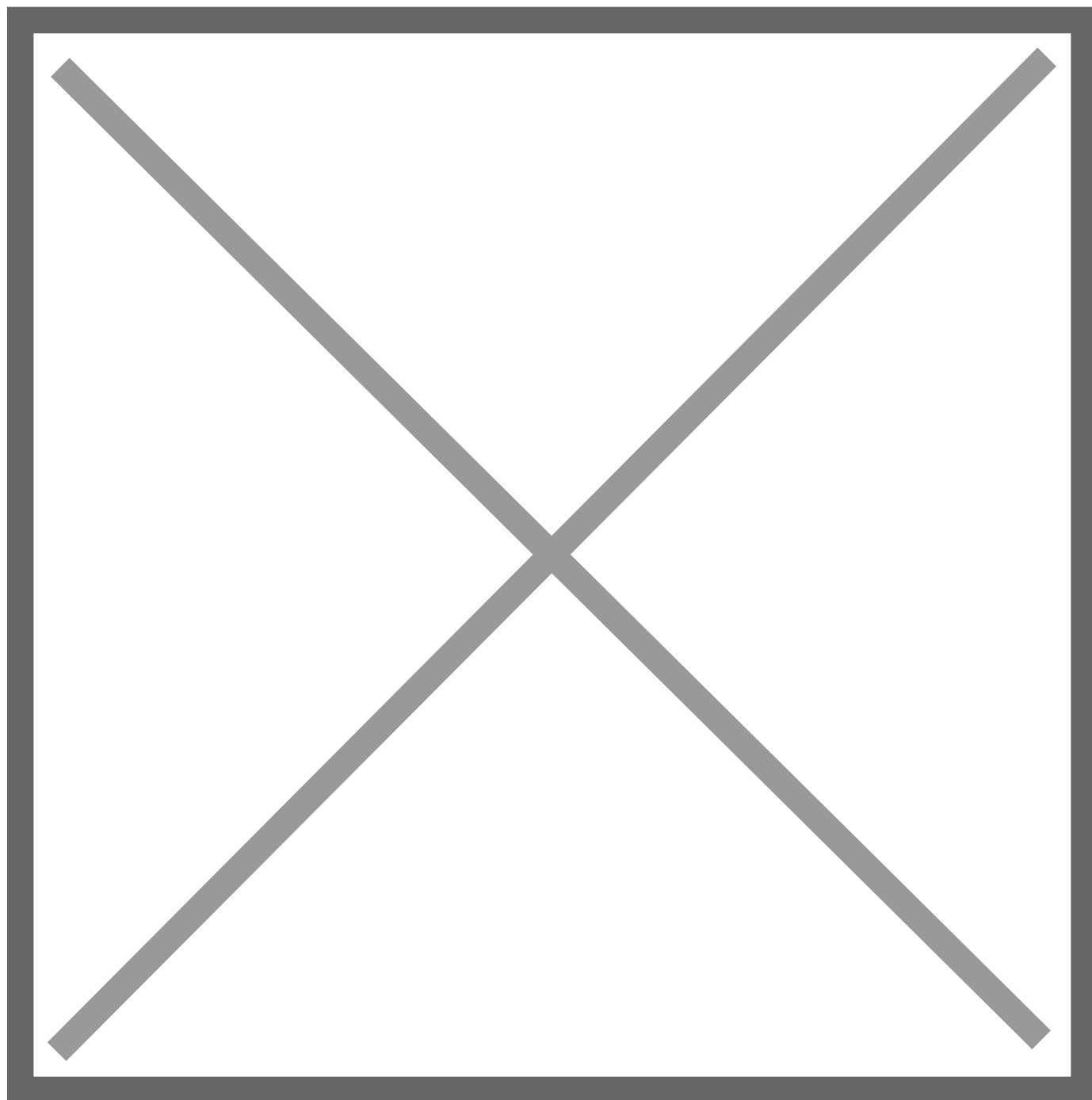
Z Score 1 - < 2 Overweight Z score > 2 Obesity

Cutoffs:

Other

Nadváha/obezita podle regionu

Děti, 2019-2020



Typ
průzkumu:

Naměřeno

Věk:

7-12

Velikost
vzorku:

780

**Pokrytí
oblast:**

Regional - Java and Sumatera

Reference:

Aria Kekalih, Chandra, D.N., Listya Tresnanti Mirtha, Khouw, I., Wong, G. and Rini Sekartini (2025). Dietary intakes, nutritional and biochemical status of 6 months to 12-year-old children before the COVID-19 pandemic era: the South East Asian Nutrition Survey II Indonesia (SEANUTS II) study in Java and Sumatera Islands, Indonesia. Public Health Nutrition, [online] 28(1). doi:<https://doi.org/10.1017/s1368980024001654> [Accessed 08.07.15]

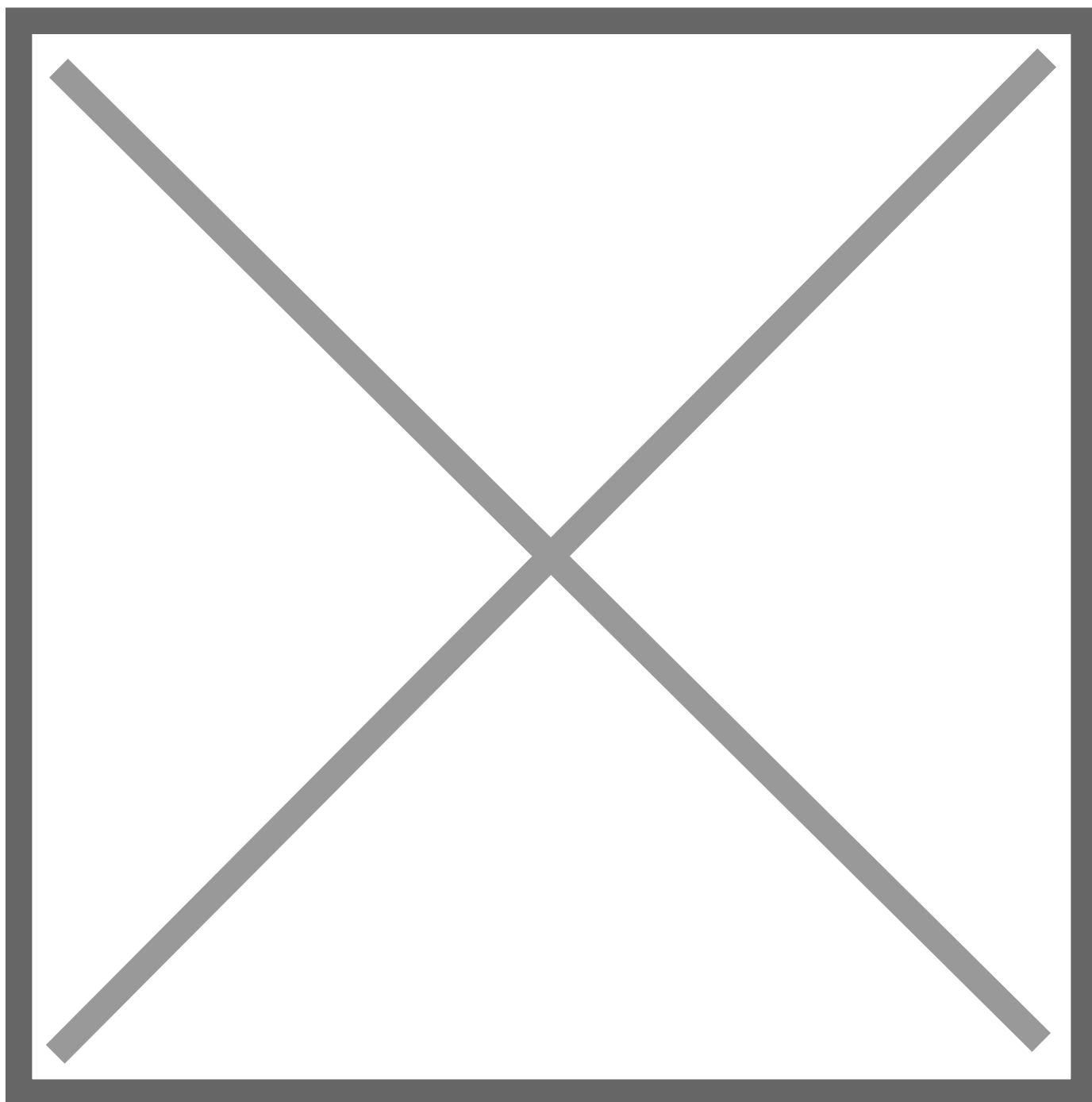
**Definice
(kde dispozici
pouze
v angličtině):**

Overweight and obese: BMI-for-age z-scores >1 sd

Cutoffs:

WHO

Chlapci, 2019-2020



**Typ
průzkumu:**

Naměřeno

Věk:

7-12

**Velikost
vzorku:**

780

**Pokrytí
oblast:**

Regional - Java and Sumatera

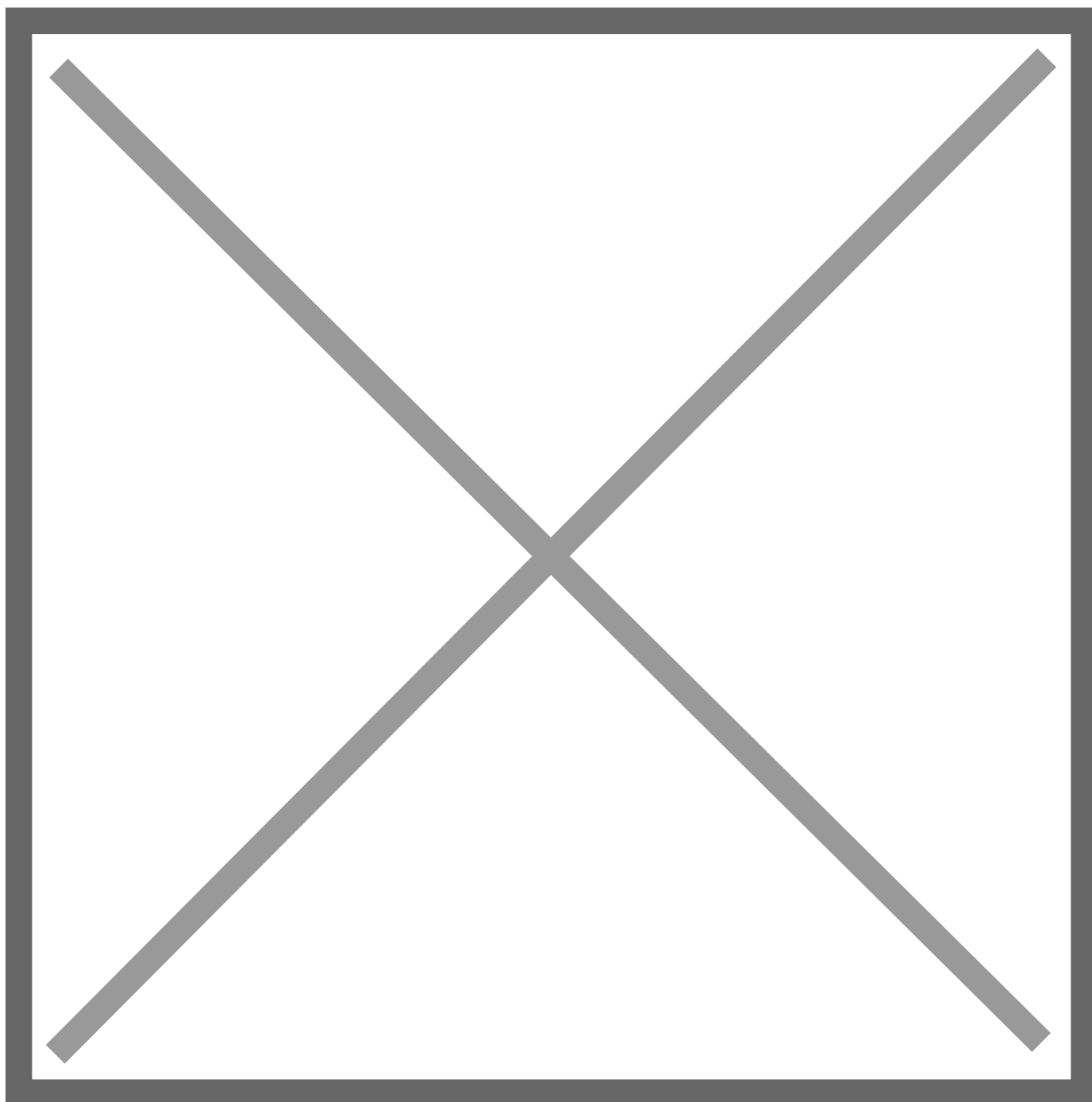
Reference: Aria Kekalih, Chandra, D.N., Listya Tresnanti Mirtha, Khouw, I., Wong, G. and Rini Sekartini (2025). Dietary intakes, nutritional and biochemical status of 6 months to 12-year-old children before the COVID-19 pandemic era: the South East Asian Nutrition Survey II Indonesia (SEANUTS II) study in Java and Sumatera Islands, Indonesia. Public Health Nutrition, [online] 28(1). doi:<https://doi.org/10.1017/s1368980024001654> [Accessed 08.07.15]

Definice
(kÅ dispozici pouze vÅ angliÄ tinÅ):

Overweight and obese: BMI-for-age z-scores >1 sd

Cutoffs: WHO

Dávky, 2019-2020



**Typ
průzkumu:**

Naměřeno

Věk k:

7-12

**Velikost
vzorku:**

780

**Pokrytí
oblast:**

Regional - Java and Sumatera

Reference: Aria Kekalih, Chandra, D.N., Listya Tresnanti Mirtha, Khouw, I., Wong, G. and Rini Sekartini (2025). Dietary intakes, nutritional and biochemical status of 6 months to 12-year-old children before the COVID-19 pandemic era: the South East Asian Nutrition Survey II Indonesia (SEANUTS II) study in Java and Sumatera Islands, Indonesia. Public Health Nutrition, [online] 28(1). doi:<https://doi.org/10.1017/s1368980024001654> [Accessed 08.07.15]

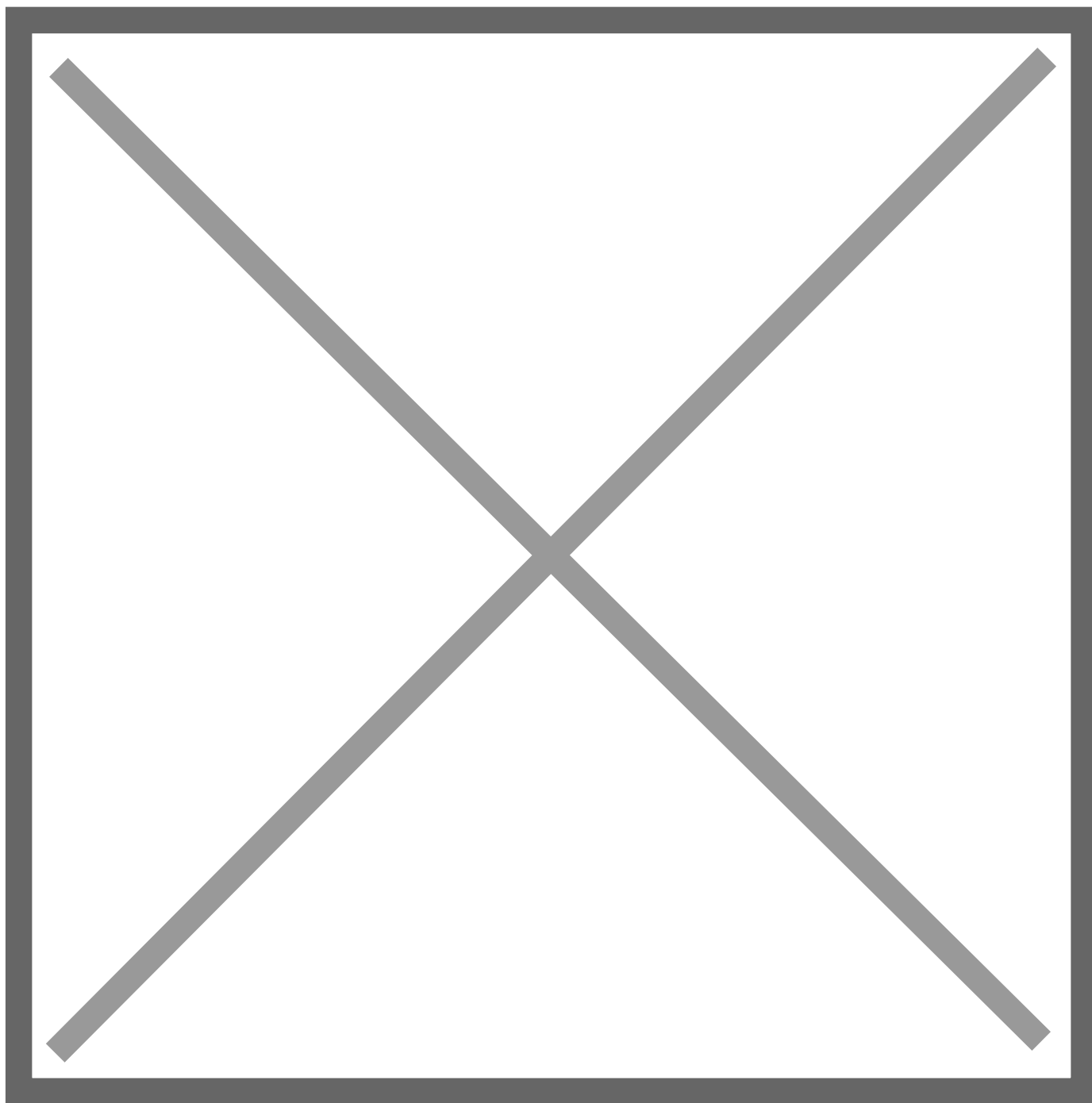
Definice
(kÅ dispozici pouze vÅ angliÄ tinÅ):

Overweight and obese: BMI-for-age z-scores >1 sd

Cutoffs: WHO

Nadváha/obezita podle věku a regionu

Děti, 2018



Typ
průzkumu:

Naměřeno en

Velikost
vzorku:

277528

**Pokrytí
oblast:**

Národní

Reference:

Riskesdas 2018 available at
http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last
accessed 11.05.2022)

**Definice
(ká dispozici
pouze
v angličtině):**

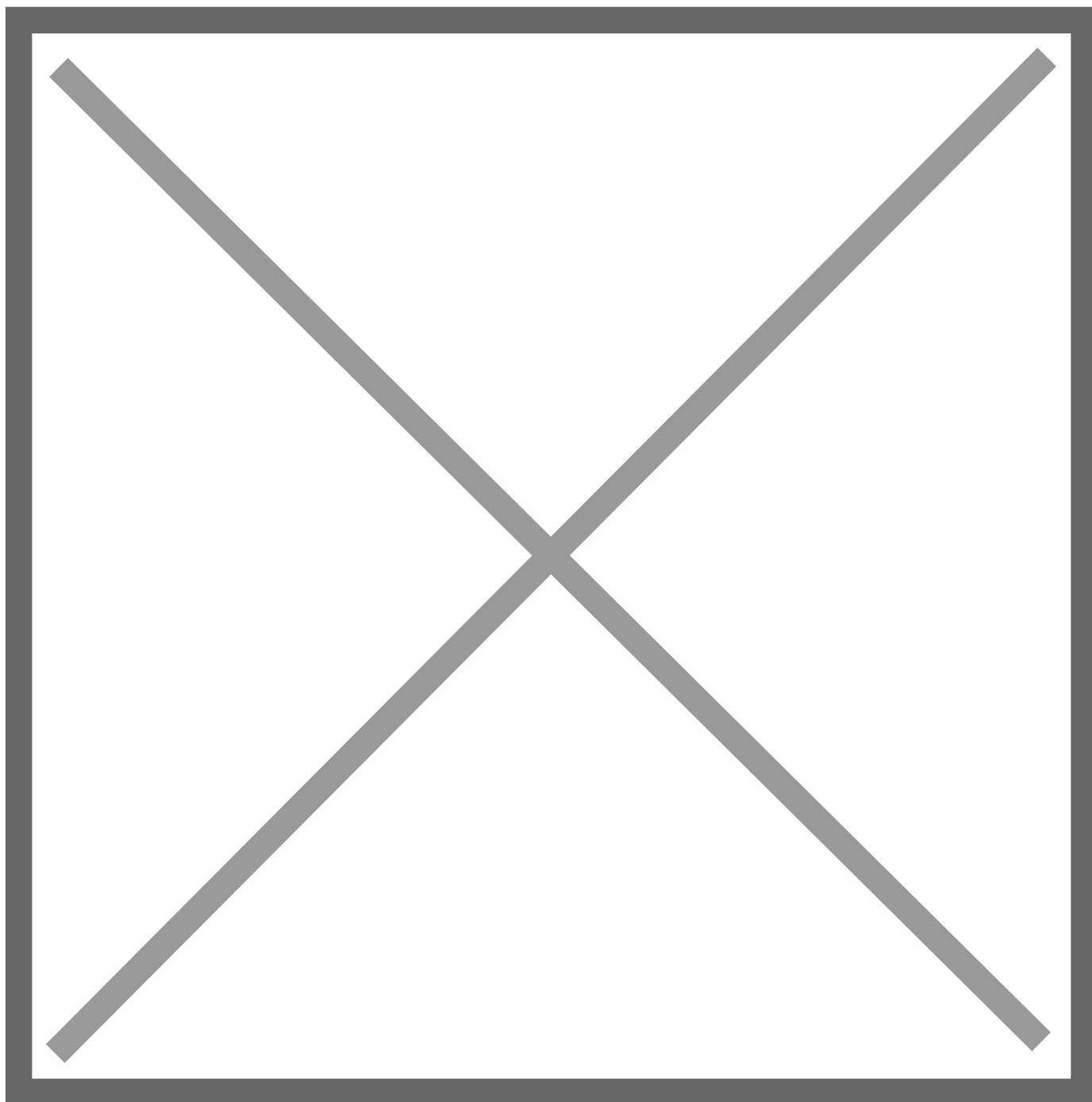
Z Score 1 - < 2 Overweight Z score > 2 Obesity

Cutoffs:

Other

Double burden of underweight & overweight

DÄ ti, 2022



Typ
prÄ zkumu:

NamÄ Ä enÄ©

VÄ k:

5-19

Reference:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Poznámky:

Age standardised estimates

Definice
(když dispozice
pouze
v angličtině):

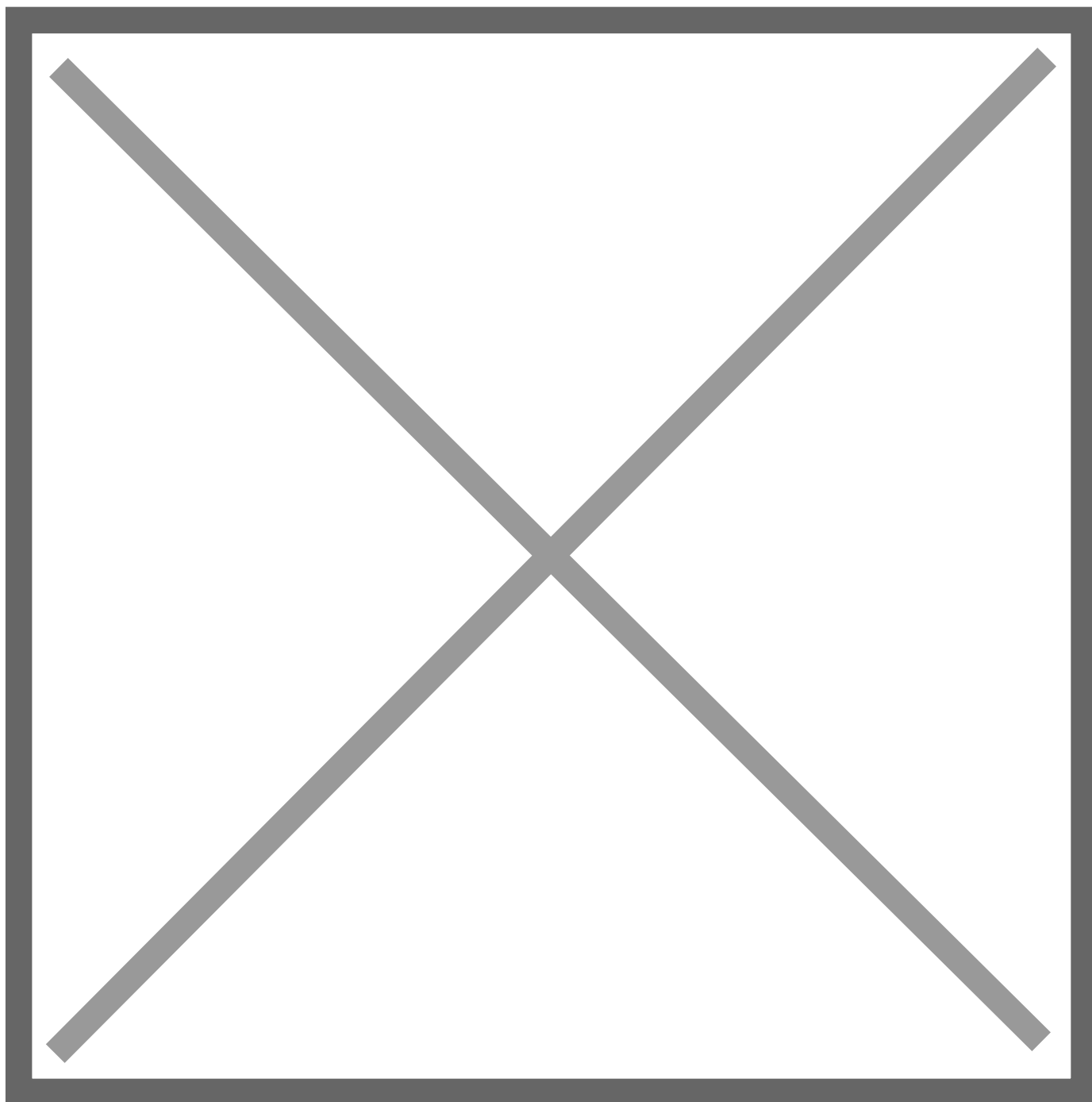
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nedostatečnā fyzickā aktivita

Dā ti, 2016



Typ
průzkumu:

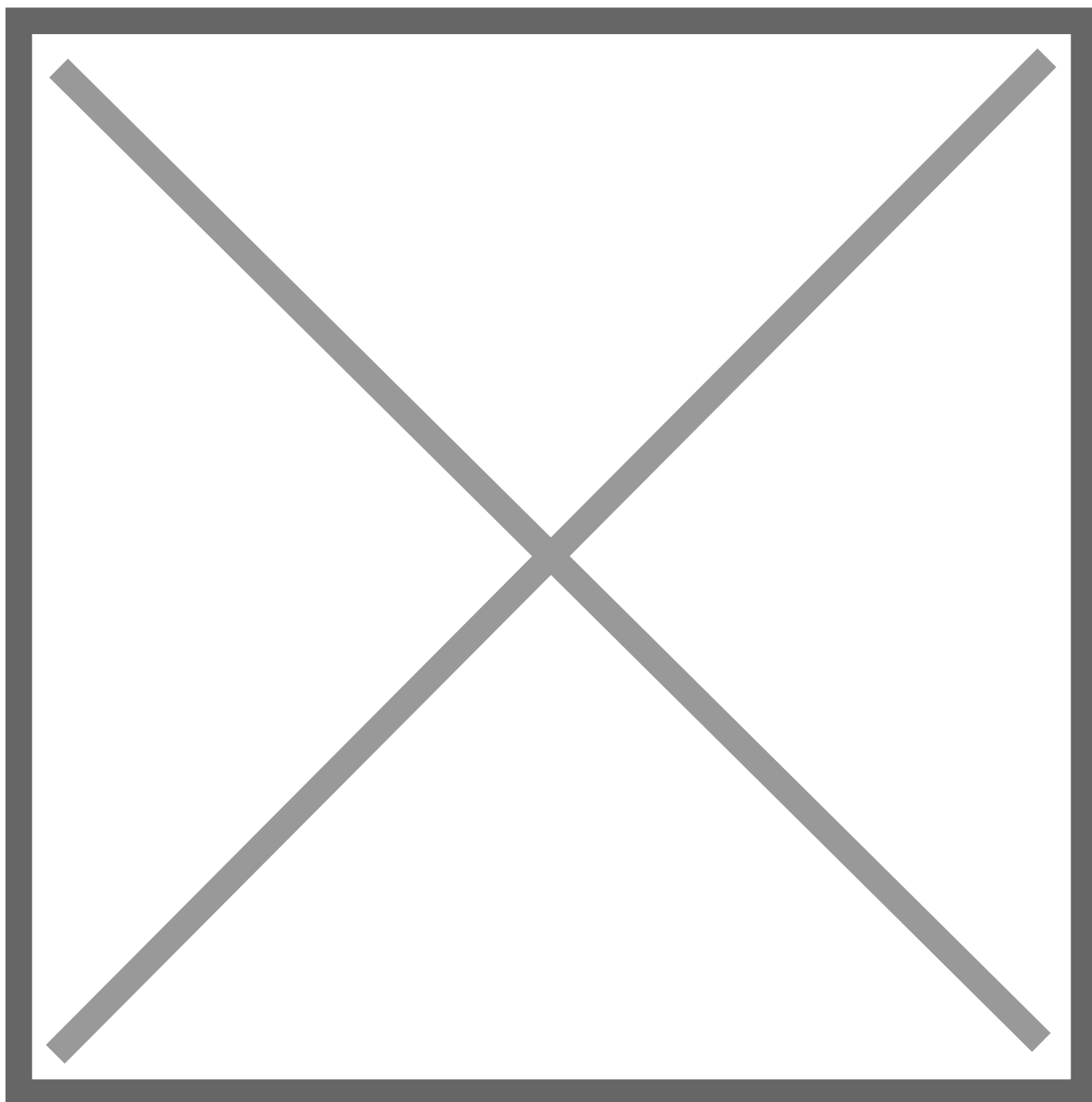
Samohlášenā

Věk:

11-17

Reference:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Poznámky:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definice (kÃ½ dispozici pouze vÃ½ angliÃ½ tinÃ½):	% Adolescents insufficiently active (age standardised estimate)

Chlapci, 2016



Typ
průzkumu:

Samonahlášení

Věk:

11-17

Reference:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Poznámky:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definice
(kÅ dispozici
pouze
vÅ angliÄ
tinÄ)::

% Adolescents insufficiently active (age standardised estimate)

Dávky, 2016



**Typ
průzkumu:**

Samonahľáskovanie

Věk:

11-17

Reference:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Poznámky:

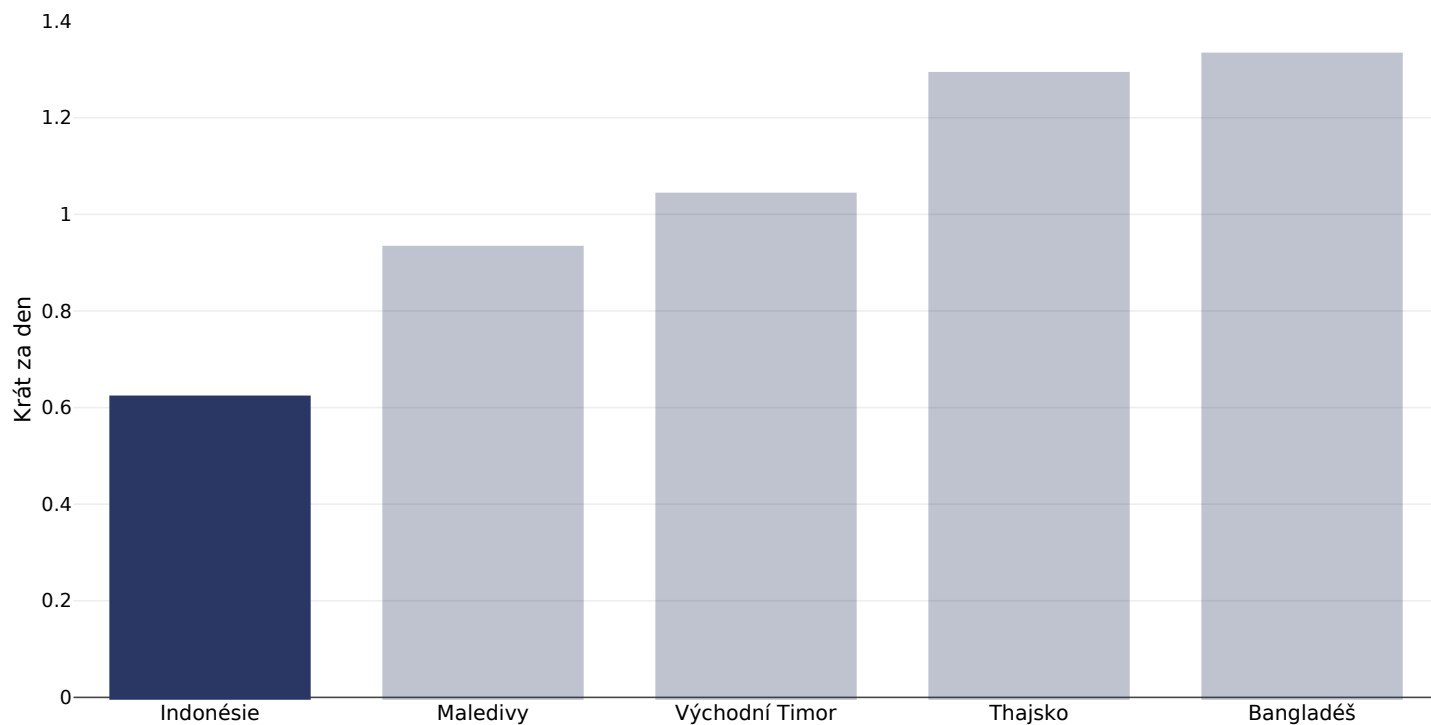
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definice
(kÅ dispozici
pouze
vÅ angliÄ
tinÄ)::

% Adolescents insufficiently active (age standardised estimate)

Průměrná denní frekvence konzumace sytených nealkoholických nápojů

Děti, 2014-2015



Typ
průzkumu:

Naměřeno en

Věk:

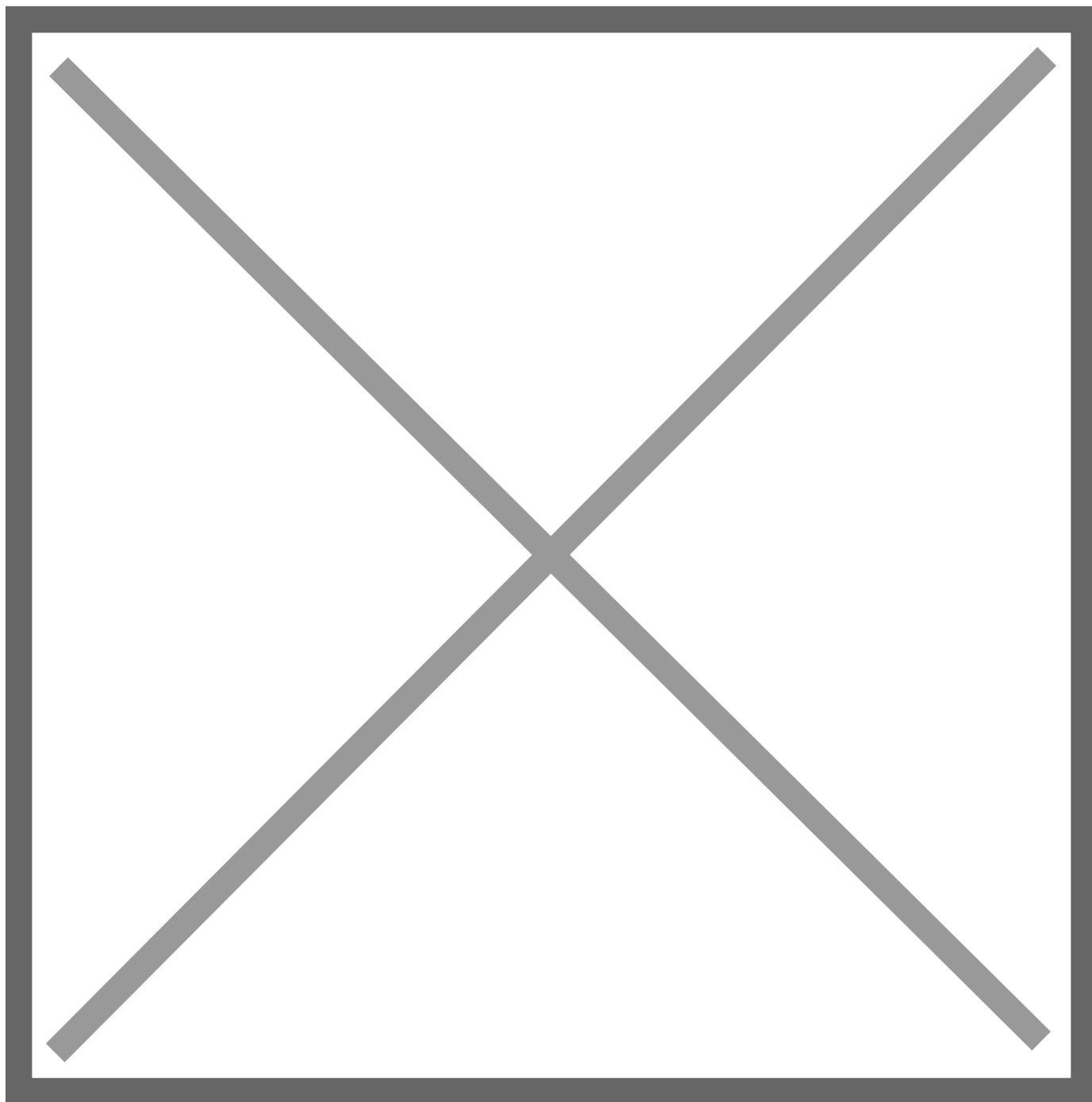
12-17

Reference:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Prevalence spotů eby mĎnĎ ne³/₄ jednoho ovoce dennĎ

DĎ ti, 2008-2015



Typ
prĎzkumu:

NamĎ Ď enĎ

VĎ k:

12-17

Reference:

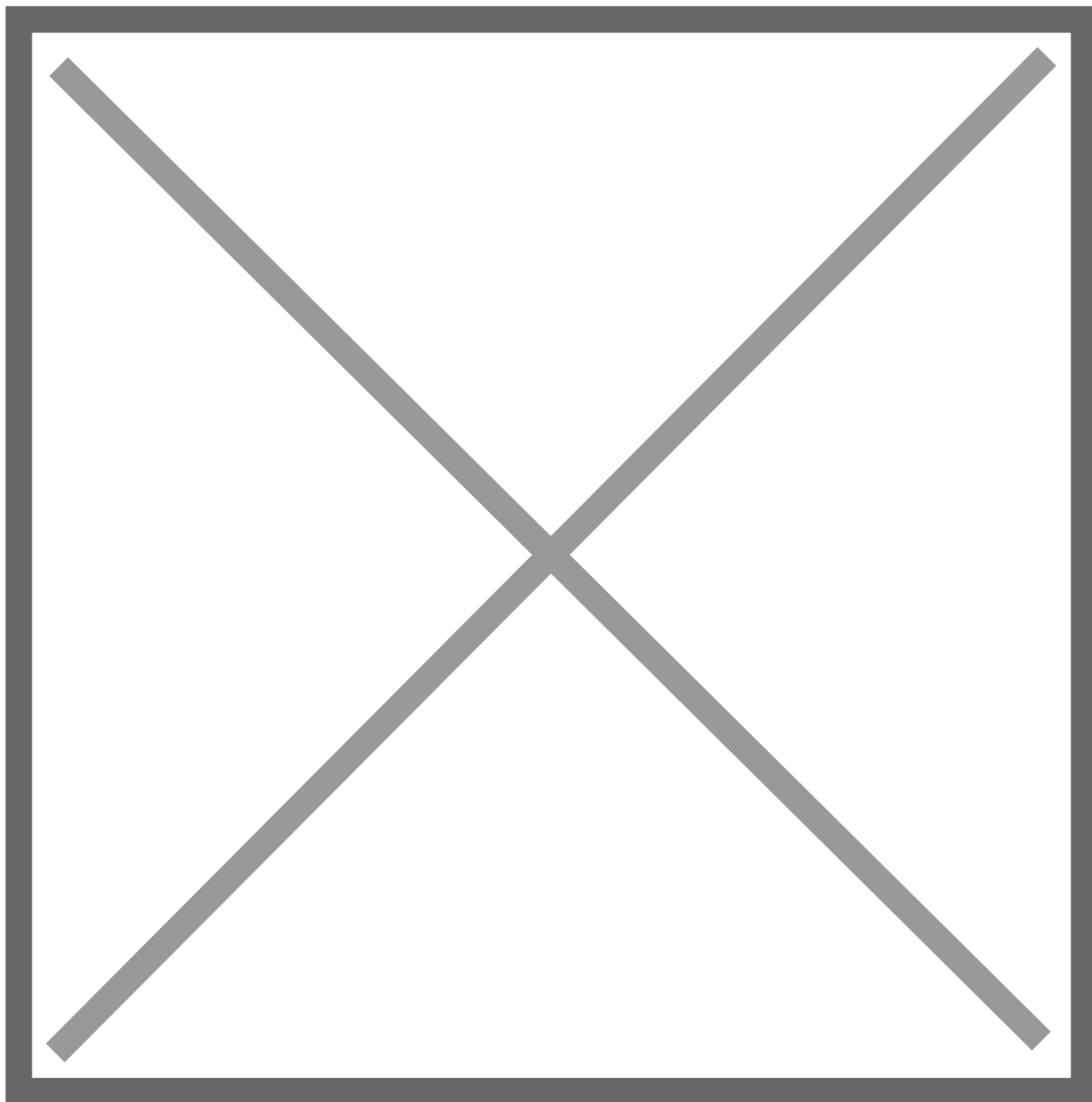
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definice
(kÅ dispozici
pouze
vÅ angliÄ
tinÄ):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence spotů eby mĎnĎ ne³/₄ jednĎ zeleniny dennĎ

DĎ ti, 2008-2015



Typ
prĎzkumu:

NamĎ Ď enĎ

VĎ k:

12-17

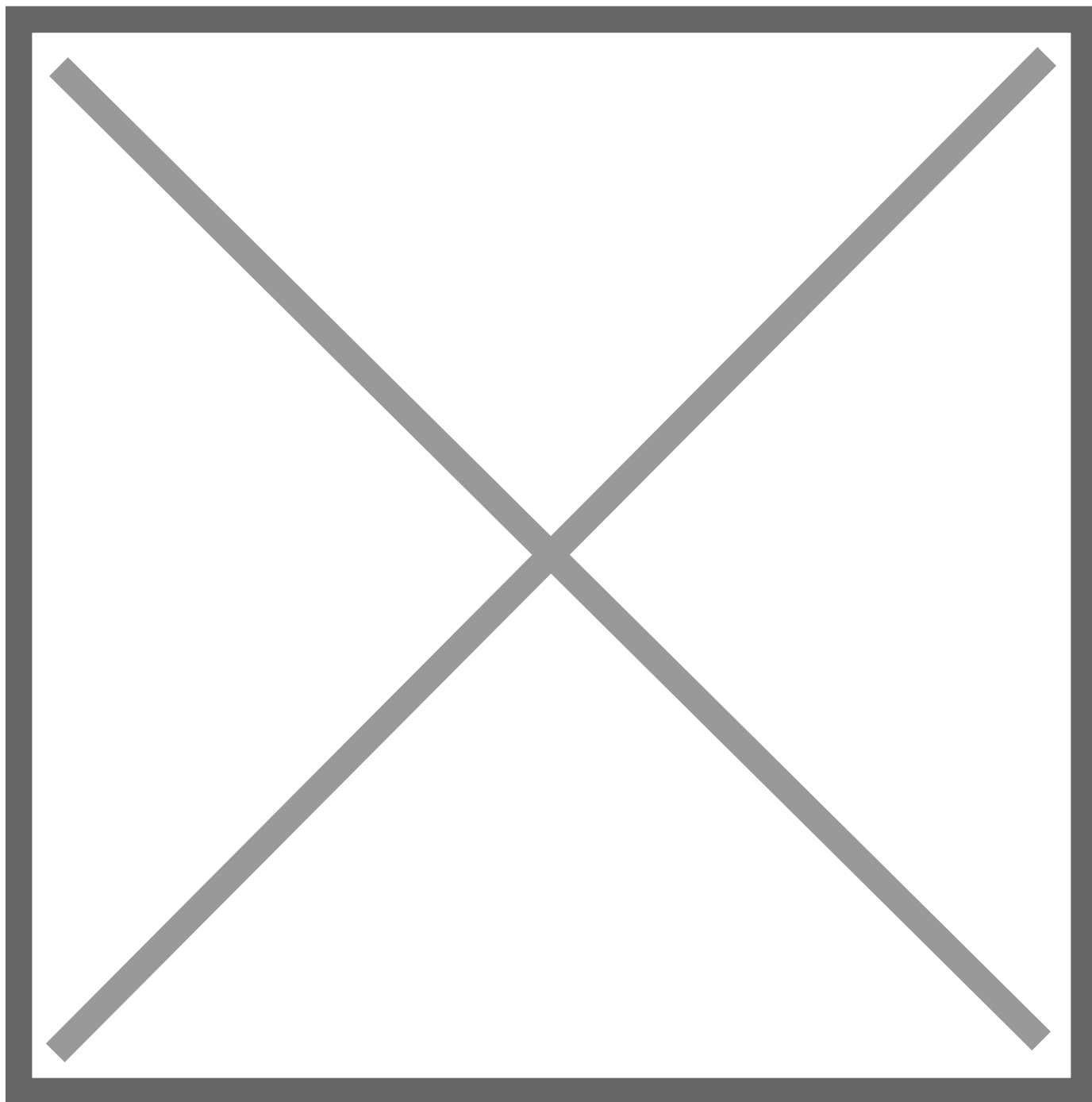
Reference: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definice
(kÅ dispozici
pouze
vÅ angliÄ
tinÄ):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Průměrná; týdenní frekvence konzumace rychlého občerstvení

Děti, 2014-2015



Věk k:

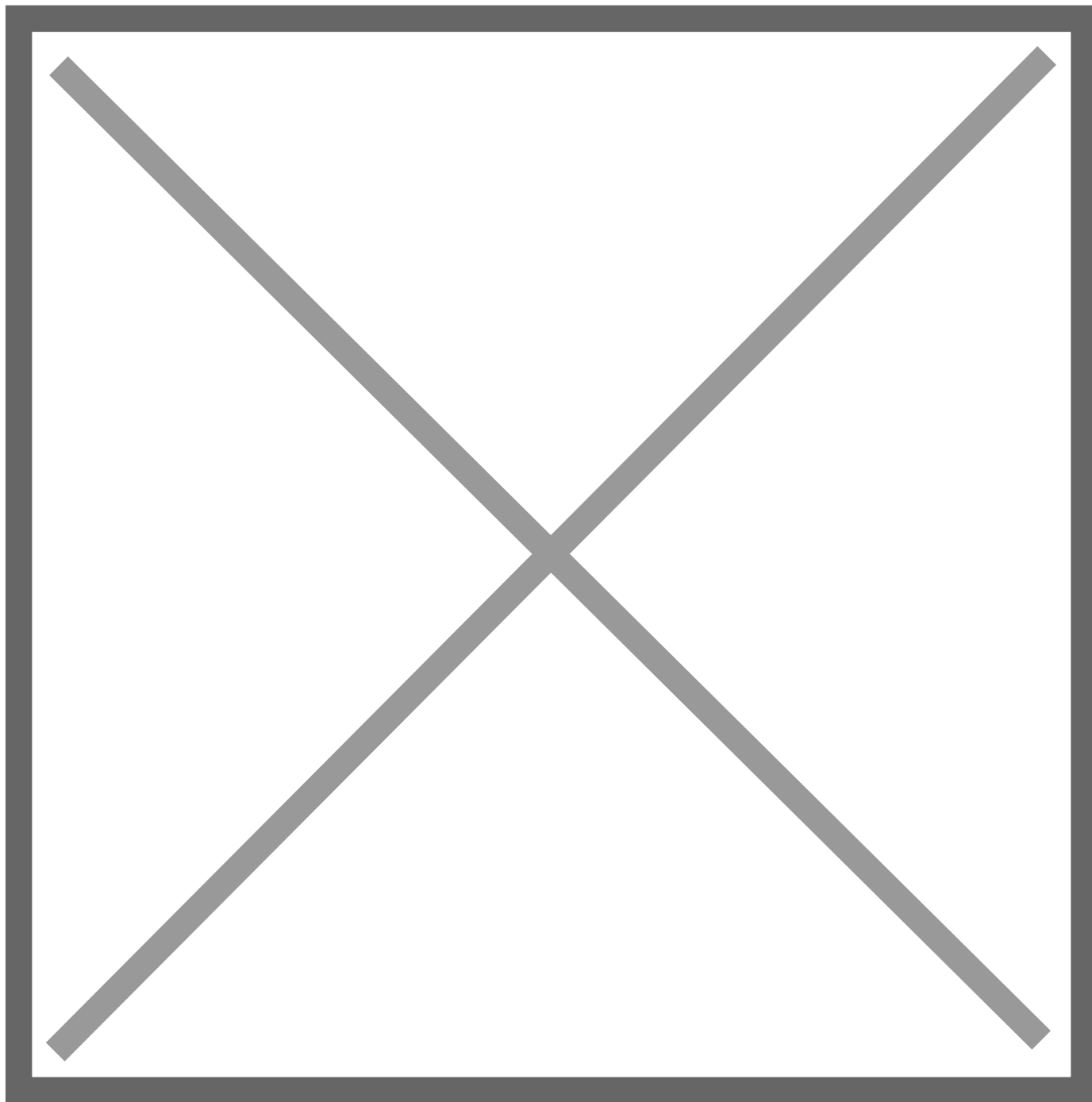
12-17

Reference:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

DuÅ¡evnÄ½ zdravÄ½ Ä½Ä½ stavy deprese

DÄ½ ti, 2021

PokrytÄ½
oblast:

NÄ½rodnÄ½

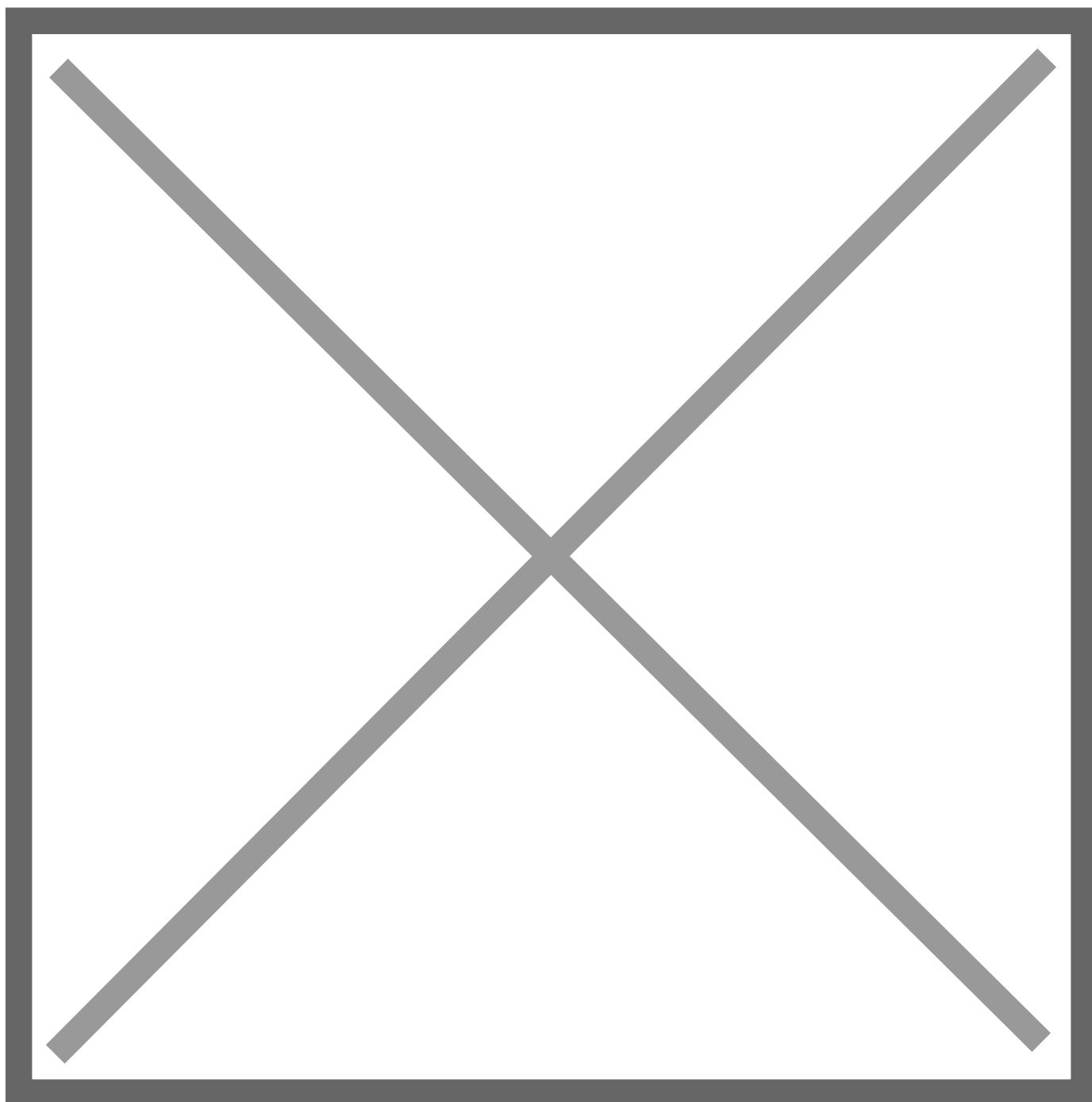
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definice
(kÅ dispozici
pouze
vÅ angliÄ
tinÄ):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chlapci, 2021



**Pokrytí
oblast:**

Národní

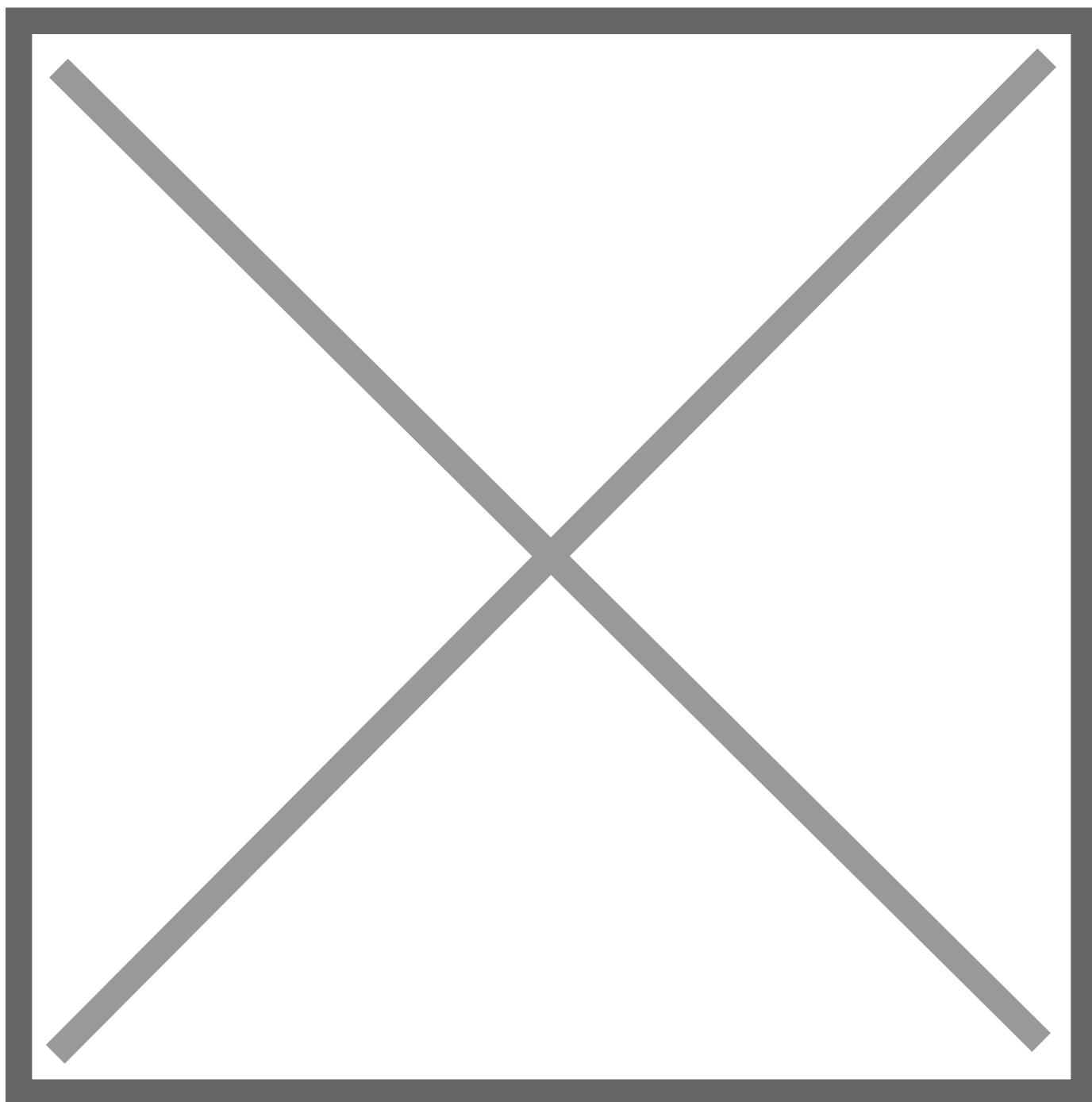
Reference:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definice
(kÅ dispozici
pouze
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tinÄ):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Dávky, 2021



Pokrytí
oblast:

Národní

Reference:

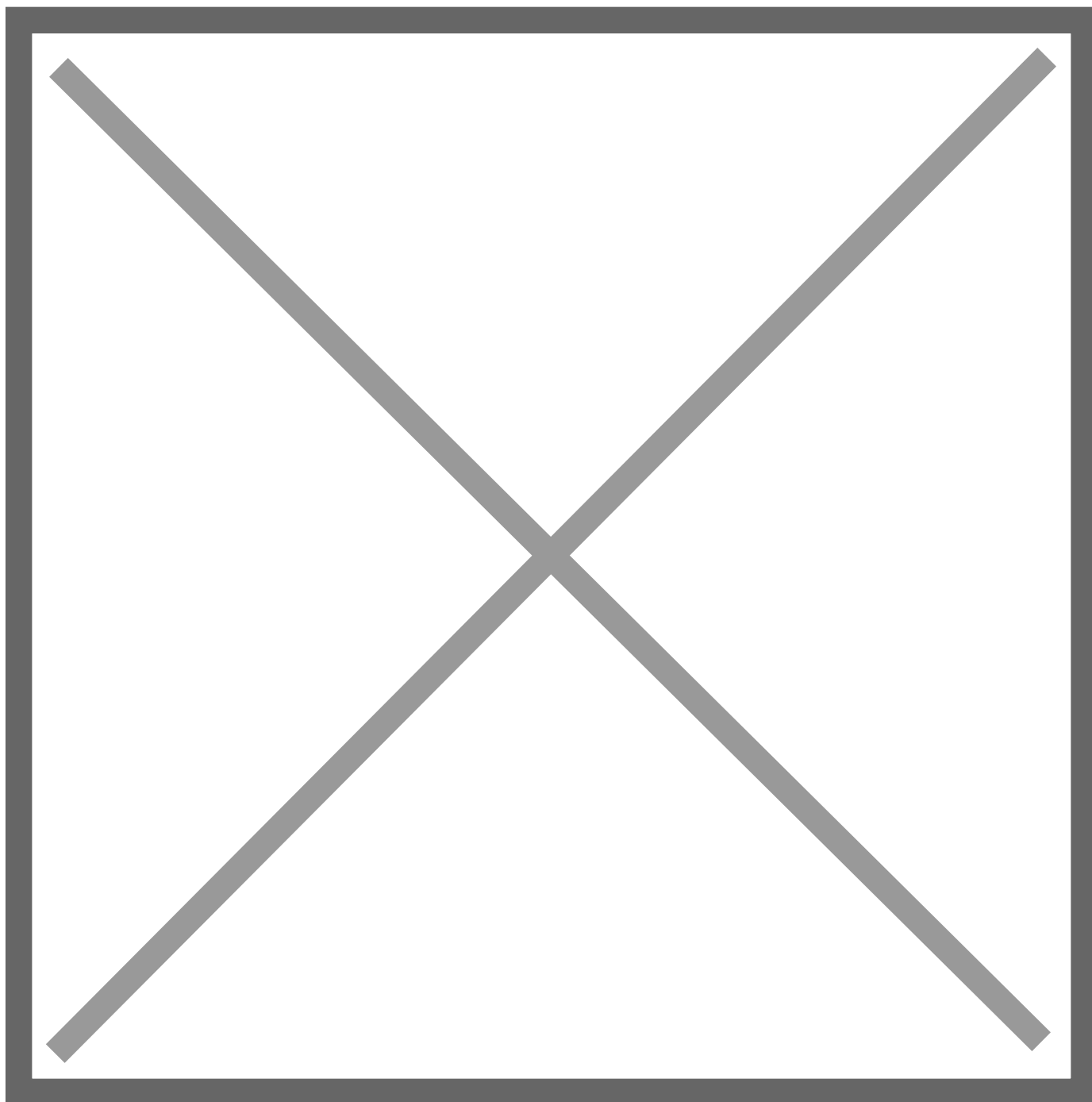
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definice
(kÅ dispozici
pouze
vÅ angliÄ
tinÄ):

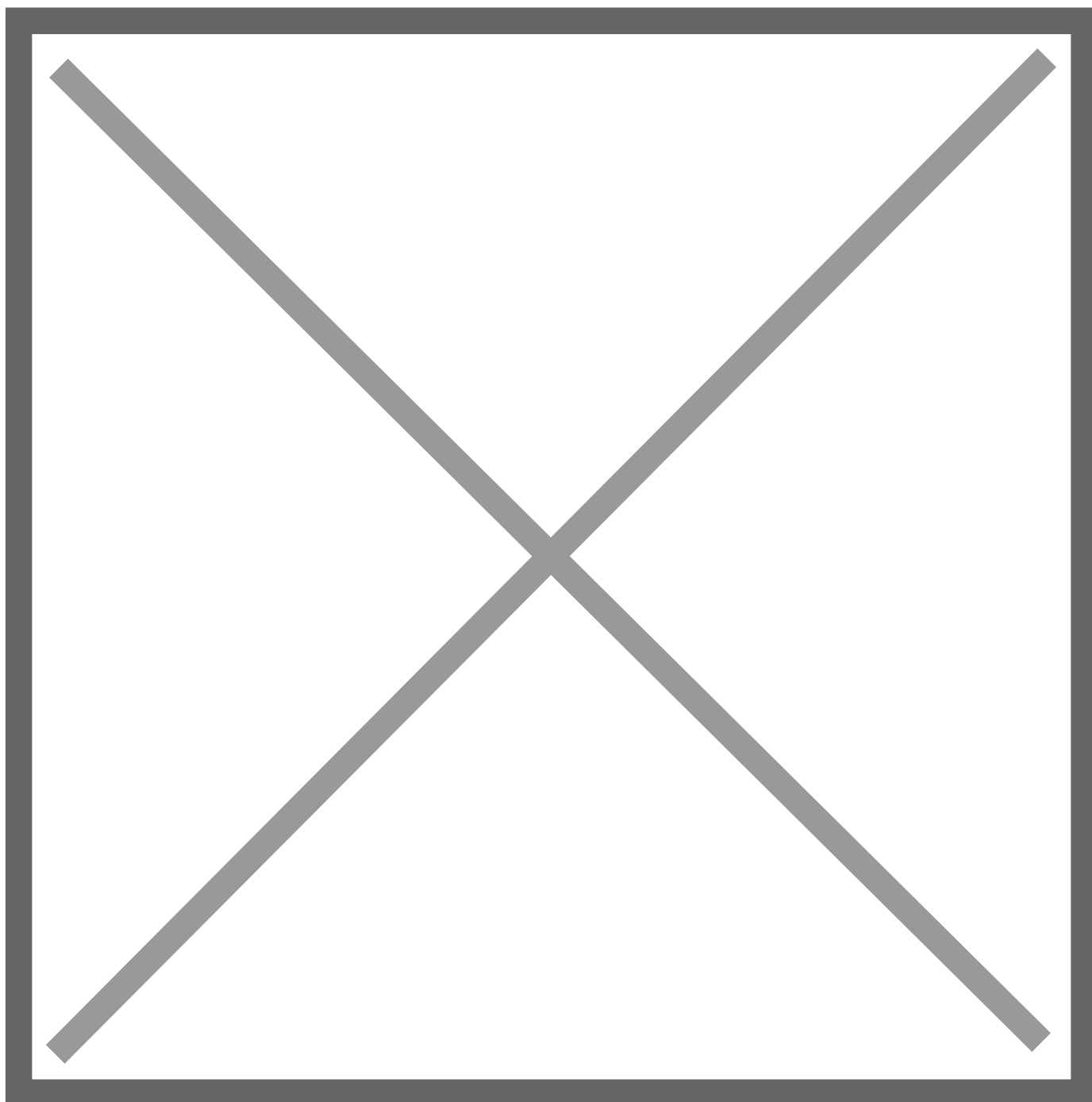
Number living with depressive disorder per 100,000 population (Under 20 years of age)

DuÅ¡evnÄ zdravÄ ästavy Åzkosti

DÄ ti, 2021

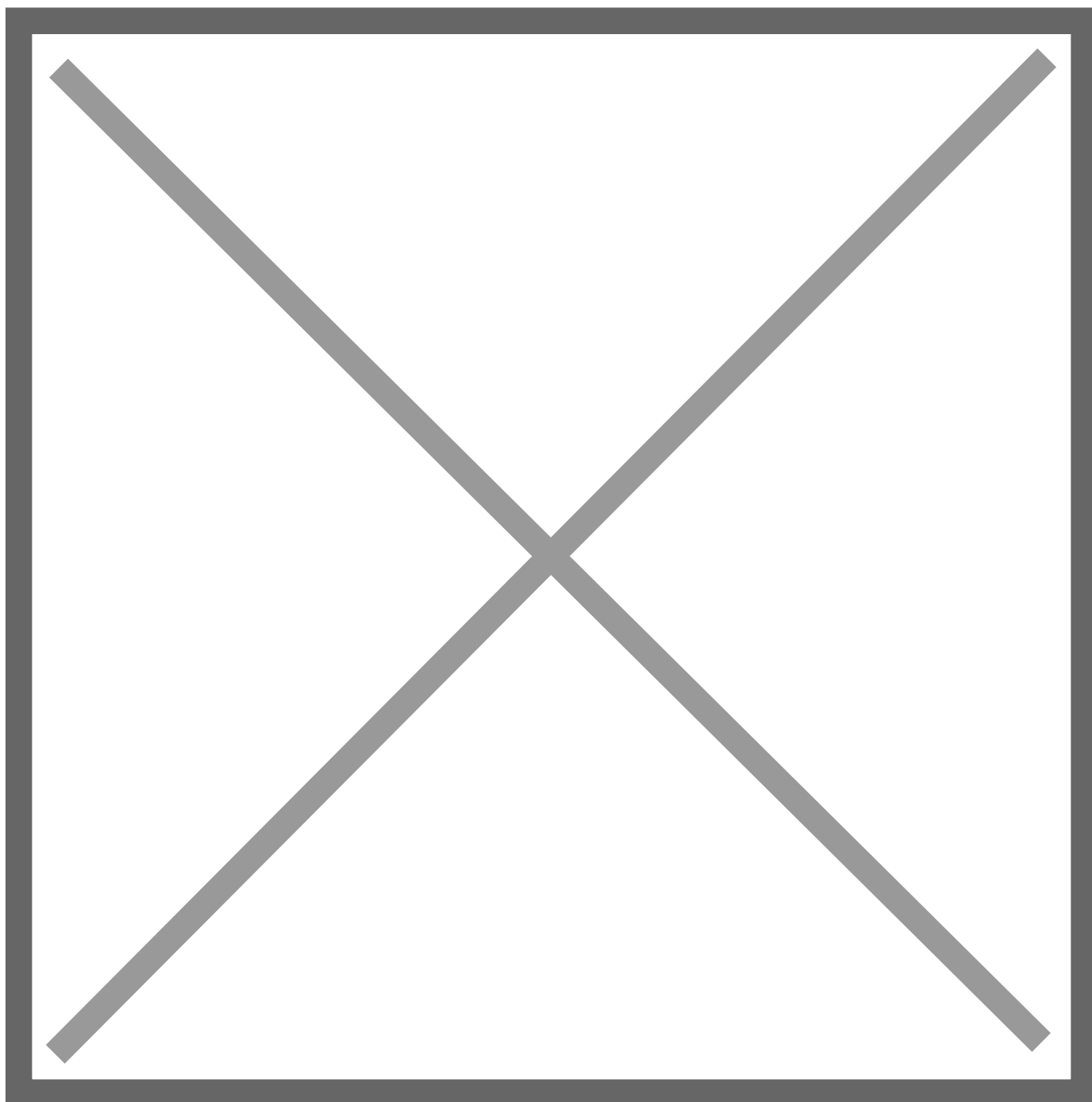
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Chlapci, 2021**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Děvky, 2021

**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 16, 2025