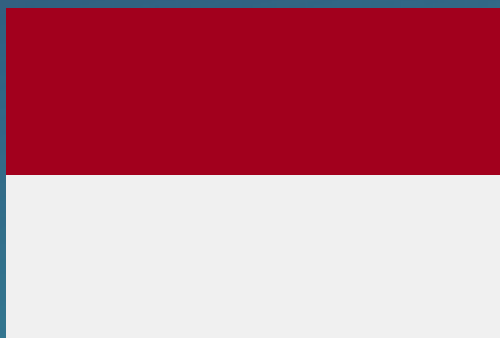




Indonezija



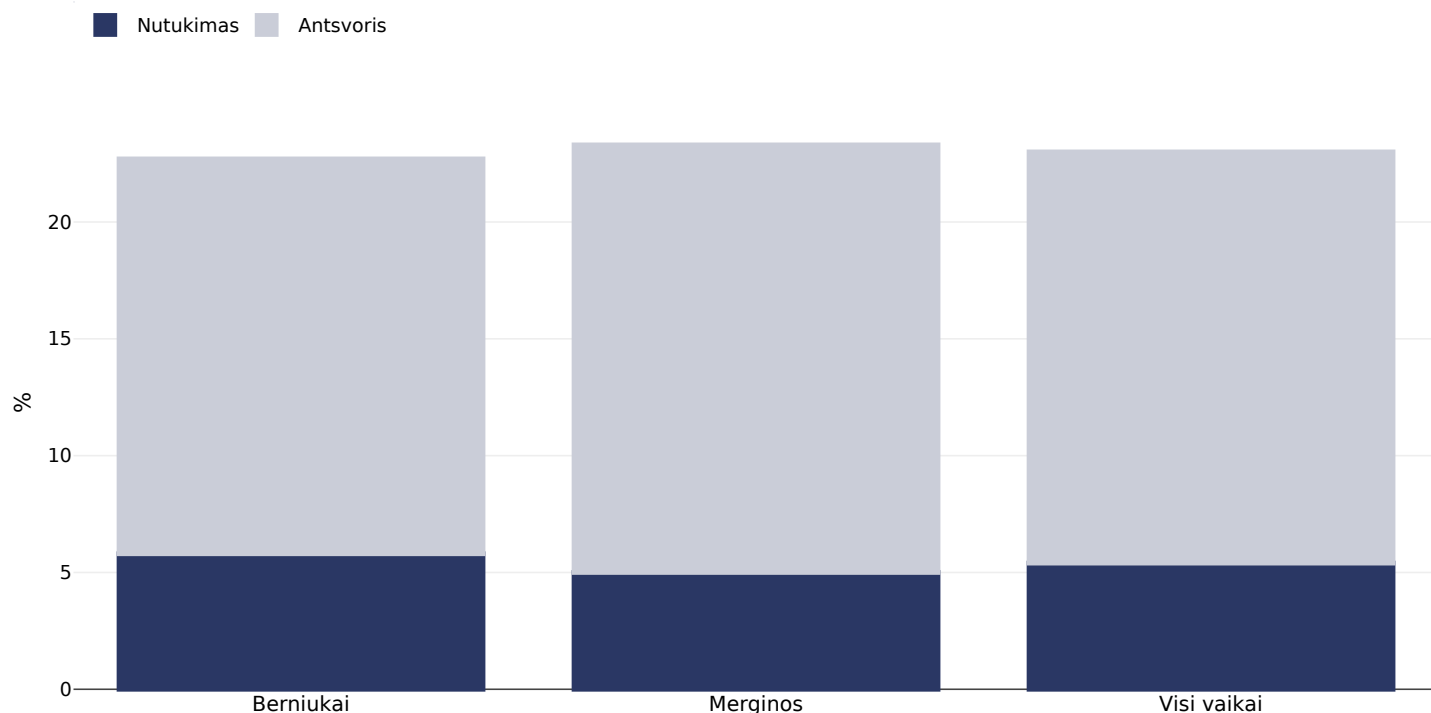
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/indonesia-96/>.

Nutukimo paplitimas

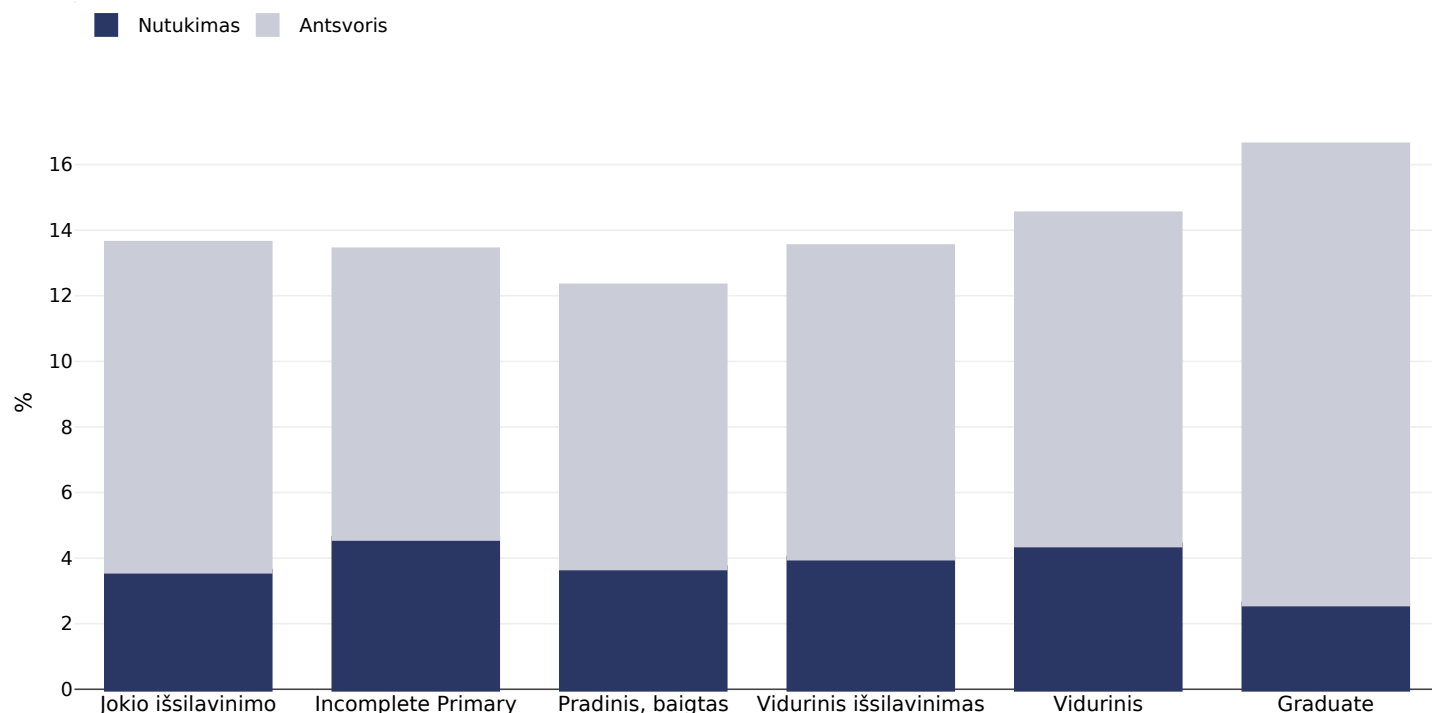
Vaikai, 2023



Tyrimo tipas:	Deklaravo patys
Amžius:	13-17
Imties dydis:	10059
Teritorija:	Nacionalinis
Nuorodos:	Indonesia 2023 Global School-based Student Health survey. https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/indonesia/gshs/2023-gshs-indonesia-factsheet.pdf?sfvrsn=1c586935_3 (Accessed 14.08.24)
Apibrėžimai (anglų k.):	BMI by age and sex

Antsvoris / nutukimas pagal išsilavinimą

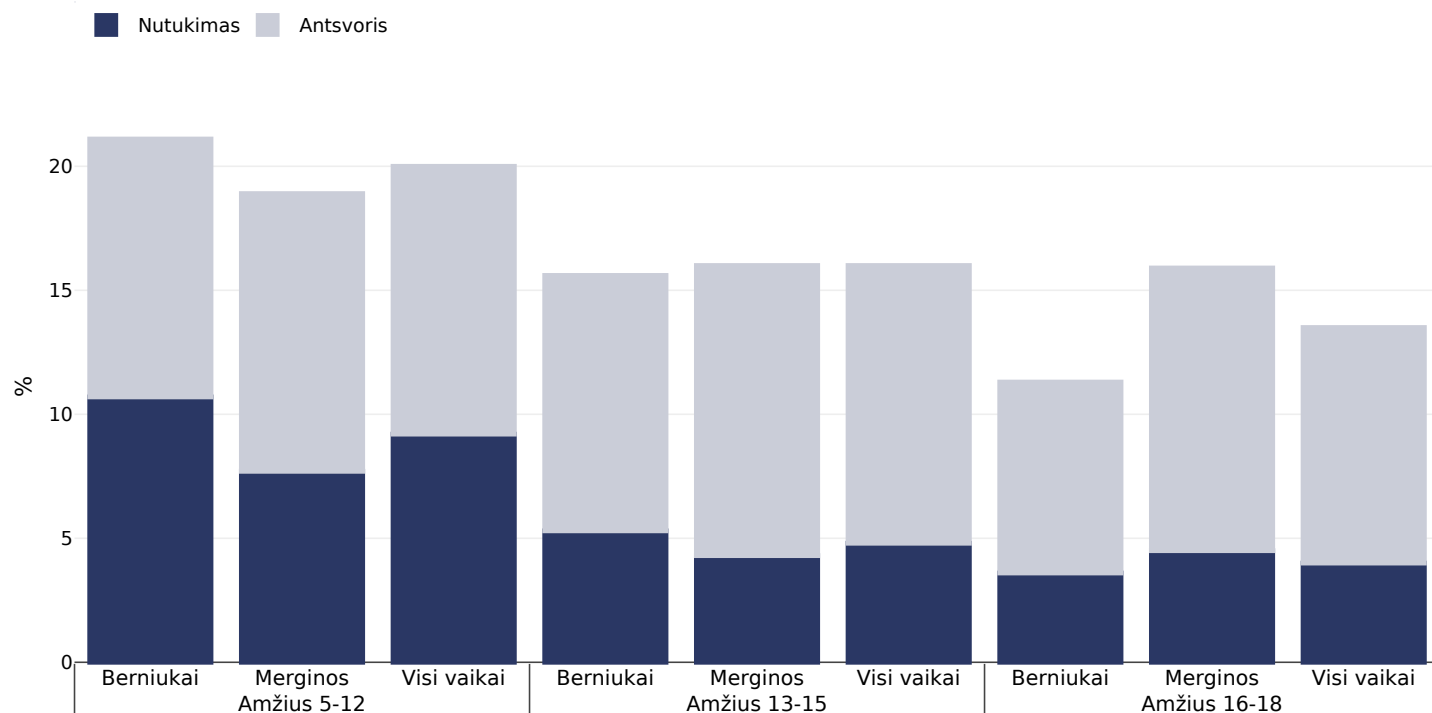
Vaikai, 2018



Tyrimo tipas:	Išmatuotas
Amžius:	16-18
Imties dydis:	51826
Teritorija:	Nacionalinis
Nuorodos:	Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)
Pastabos (tik anglų k.):	Based on parental education
Apibrėžimai (anglų k.):	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Antsvoris / nutukimas pagal amžių

Vaikai, 2018



Tyrimo tipas: Išmatuotas

Imties dydis: 277528

Teritorija: Nacionalinis

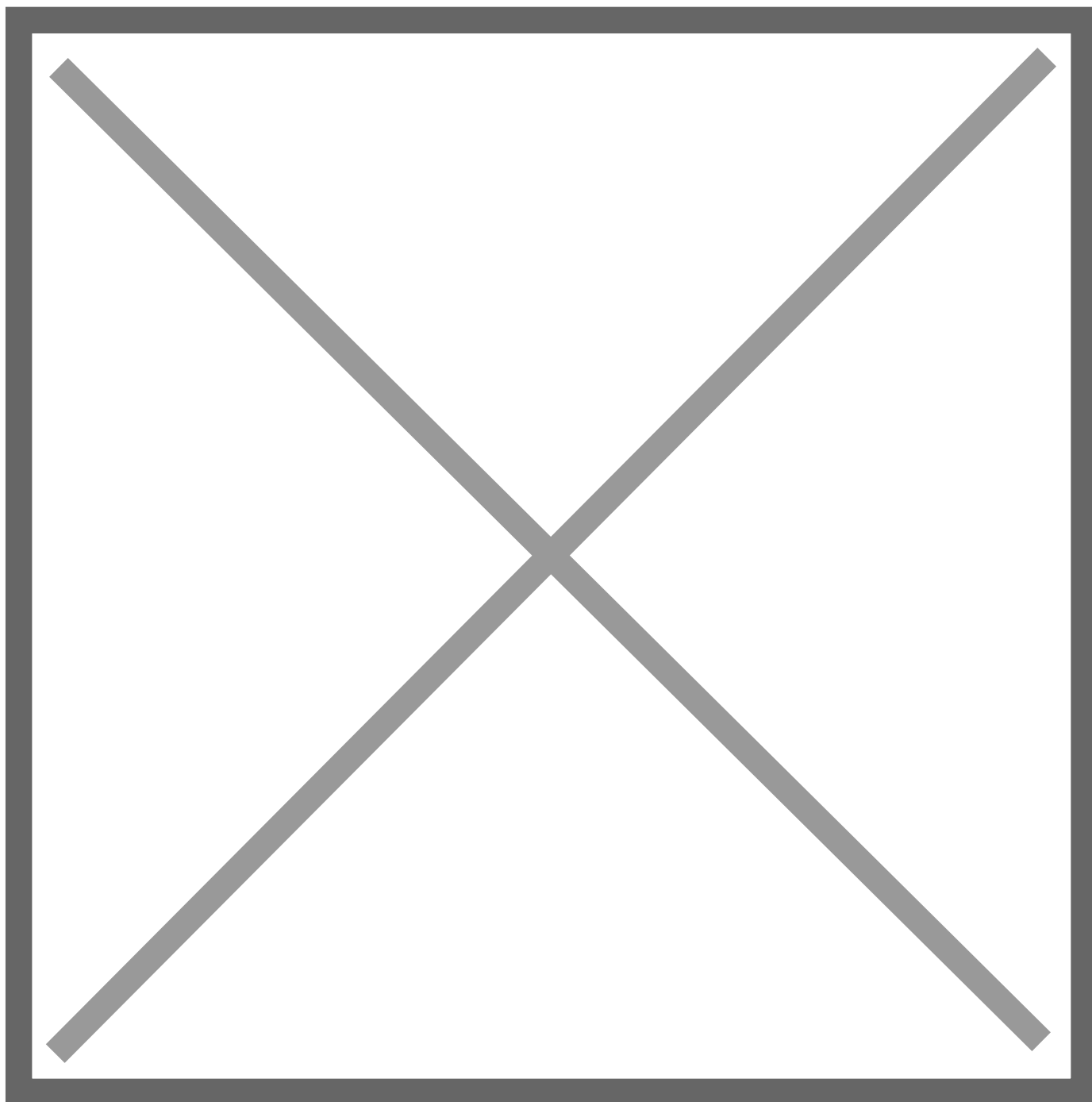
Nuorodos: Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)

Apibrąžimai (anglų k.): Z Score 1 - < 2 Overweight Z score > 2 Obesity

Cutoffs: Other

Antsvoris / nutukimas pagal regioną

Vaikai, 2019-2020



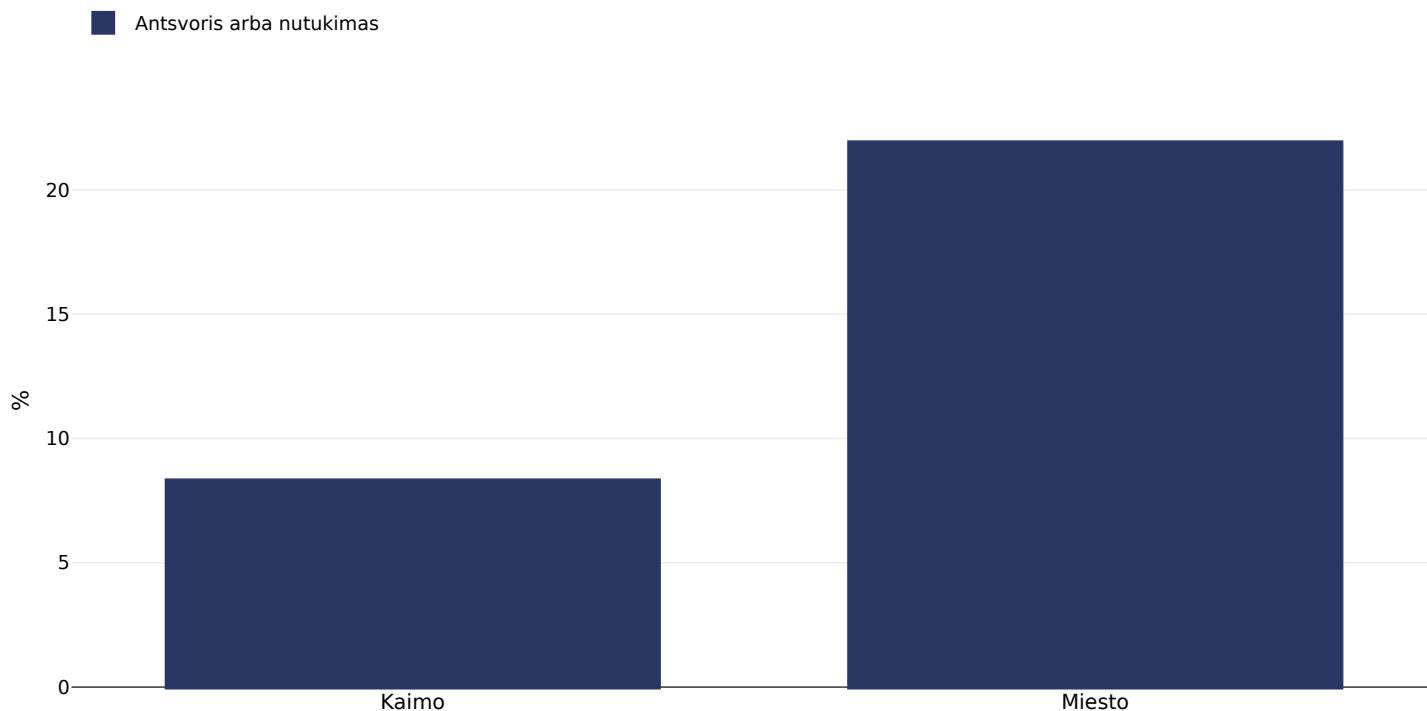
Tyrimo tipas:	Išmatuotas
Amžius:	7-12
Imties dydis:	780
Teritorija:	Regional - Java and Sumatera

Nuorodos: Aria Kekalih, Chandra, D.N., Listya Tresnanti Mirtha, Khouw, I., Wong, G. and Rini Sekartini (2025). Dietary intakes, nutritional and biochemical status of 6 months to 12-year-old children before the COVID-19 pandemic era: the South East Asian Nutrition Survey II Indonesia (SEANUTS II) study in Java and Sumatera Islands, Indonesia. Public Health Nutrition, [online] 28(1). doi:<https://doi.org/10.1017/s1368980024001654> [Accessed 08.07.15]

Apibrėžimai (anglų k.): Overweight and obese: BMI-for-age z-scores >1 sd

Cutoffs: WHO

Berniukai, 2019-2020



Tyrimo tipas: Išmatuotas

Amžius: 7-12

Imties dydis: 780

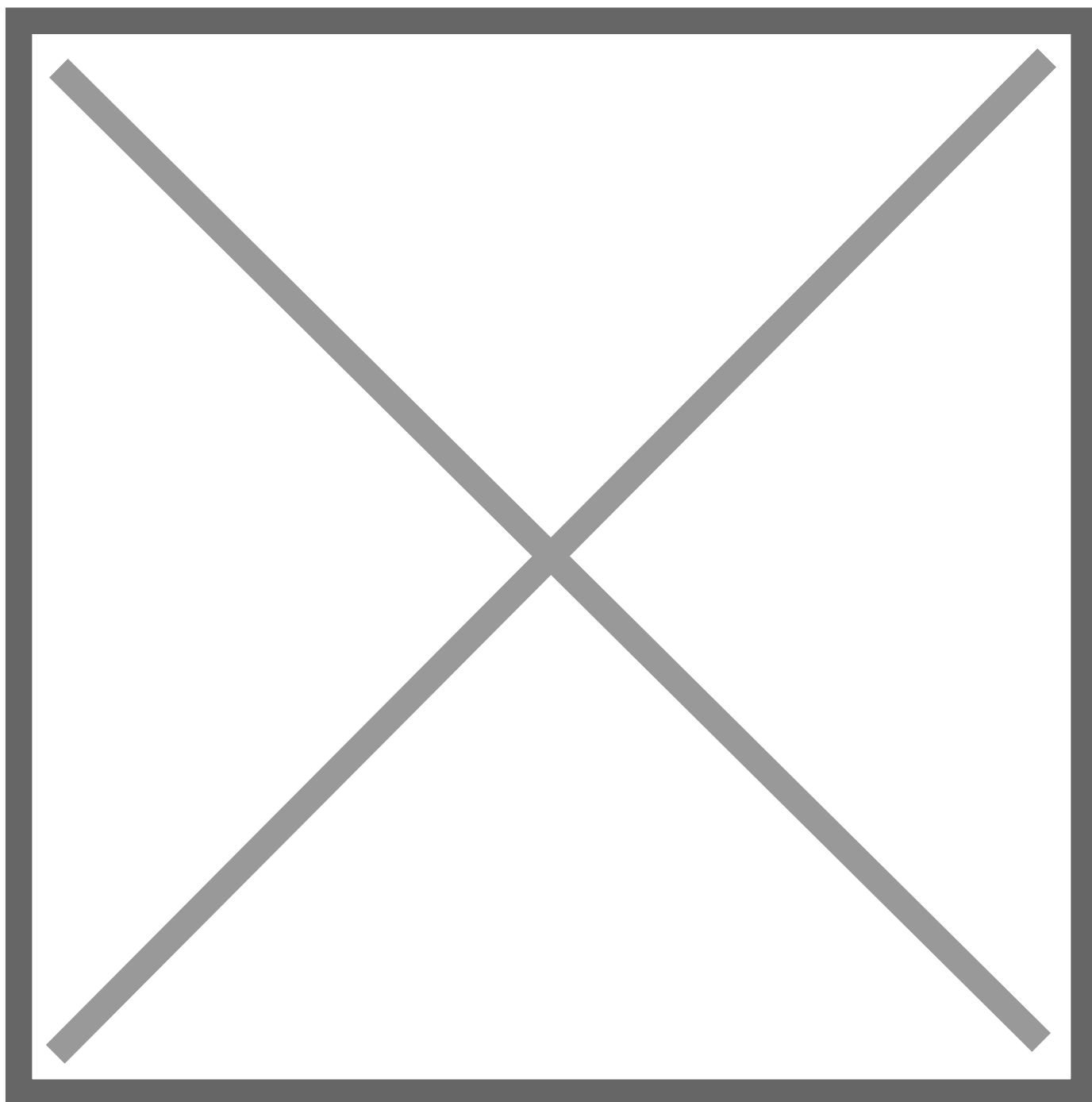
Teritorija: Regional - Java and Sumatera

Nuorodos: Aria Kekalih, Chandra, D.N., Listya Tresnanti Mirtha, Khouw, I., Wong, G. and Rini Sekartini (2025). Dietary intakes, nutritional and biochemical status of 6 months to 12-year-old children before the COVID-19 pandemic era: the South East Asian Nutrition Survey II Indonesia (SEANUTS II) study in Java and Sumatera Islands, Indonesia. Public Health Nutrition, [online] 28(1). doi:<https://doi.org/10.1017/s1368980024001654> [Accessed 08.07.15]

Apibrėžimai (anglų k.): Overweight and obese: BMI-for-age z-scores >1 sd

Cutoffs: WHO

Merginos, 2019-2020



Tyrimo tipas:	Išmatuotas
Amžius:	7-12
Imties dydis:	780
Teritorija:	Regional - Java and Sumatera

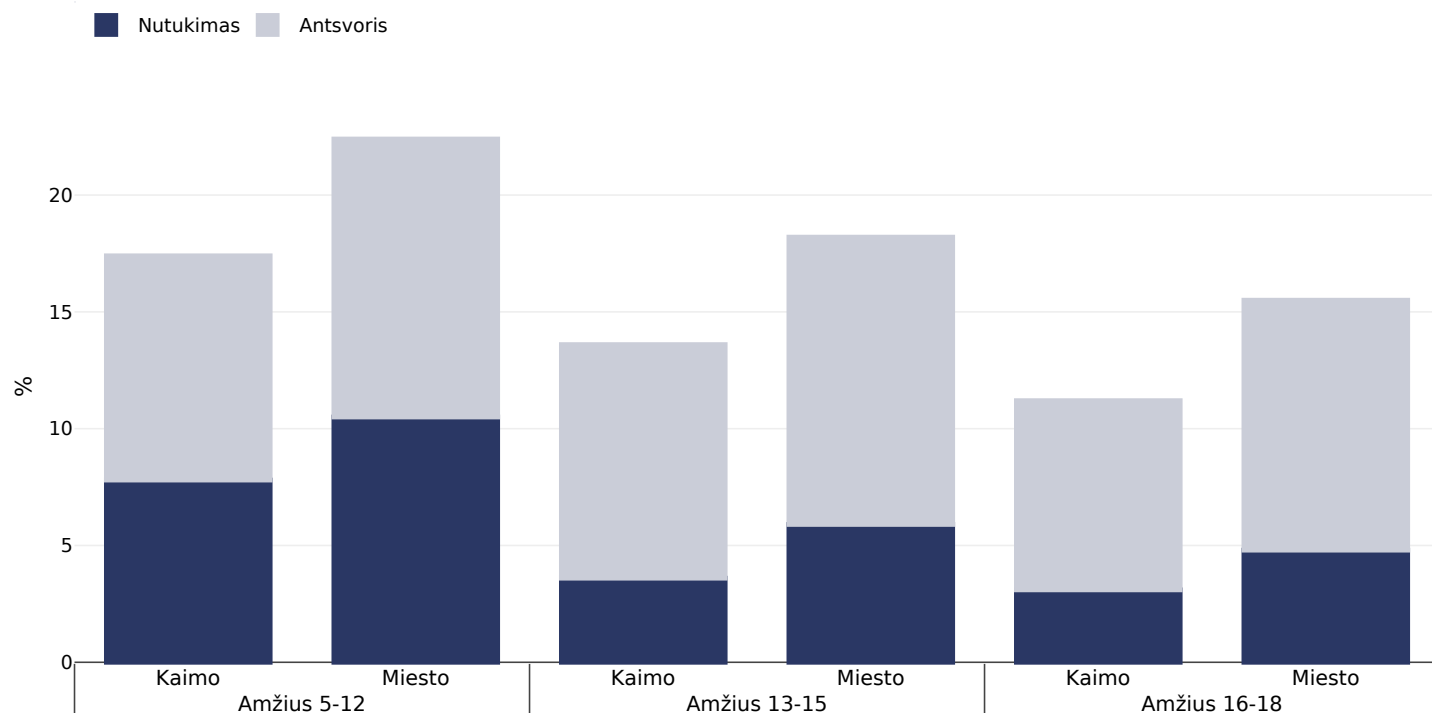
Nuorodos: Aria Kekalih, Chandra, D.N., Listya Tresnanti Mirtha, Khouw, I., Wong, G. and Rini Sekartini (2025). Dietary intakes, nutritional and biochemical status of 6 months to 12-year-old children before the COVID-19 pandemic era: the South East Asian Nutrition Survey II Indonesia (SEANUTS II) study in Java and Sumatera Islands, Indonesia. Public Health Nutrition, [online] 28(1). doi:<https://doi.org/10.1017/s1368980024001654> [Accessed 08.07.15]

**Apibrāš
šimai
(anglāš k.):** Overweight and obese: BMI-for-age z-scores >1 sd

Cutoffs: WHO

Antsvoris / nutukimas pagal amžių ir regioną

Vaikai, 2018



Tyrimo tipas: Išmatuotas

Imties dydis: 277528

Teritorija: Nacionalinis

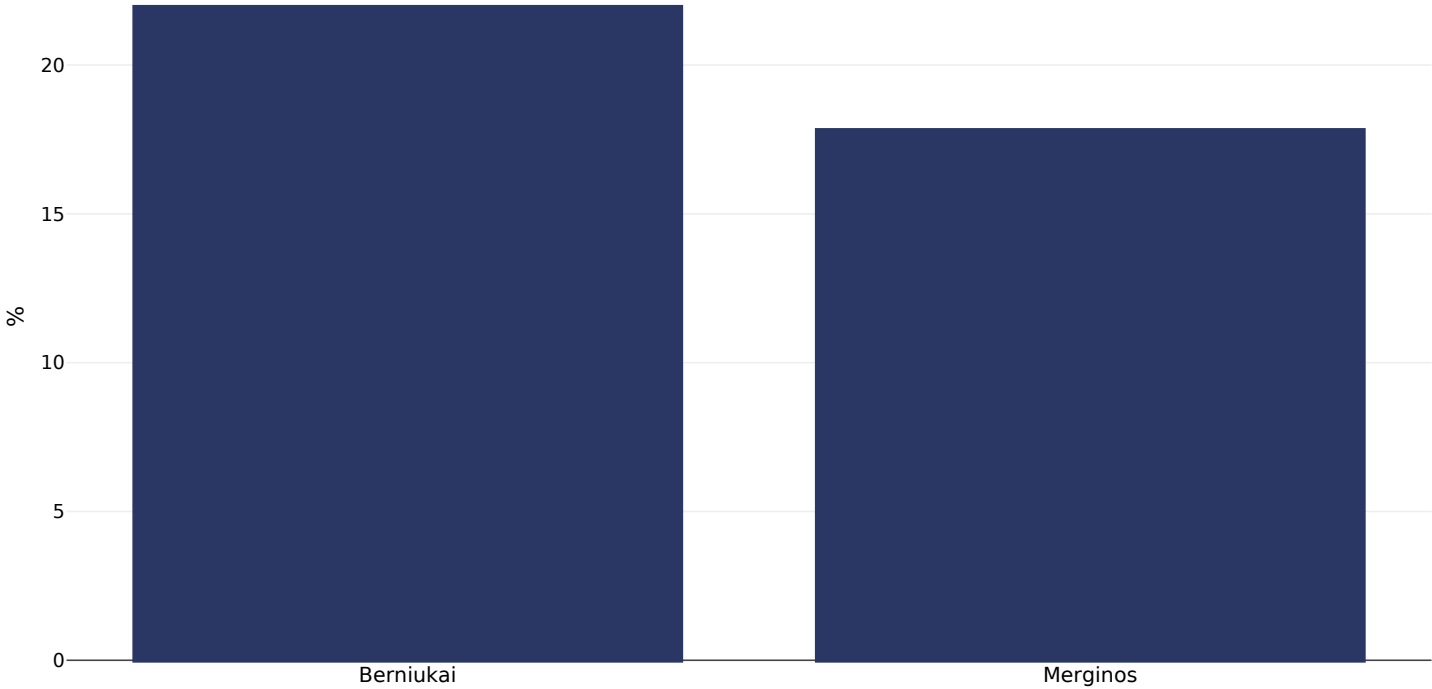
Nuorodos: Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)

Apibrąšimai (anglų k.): Z Score 1 - < 2 Overweight Z score > 2 Obesity

Cutoffs: Other

Double burden of underweight & overweight

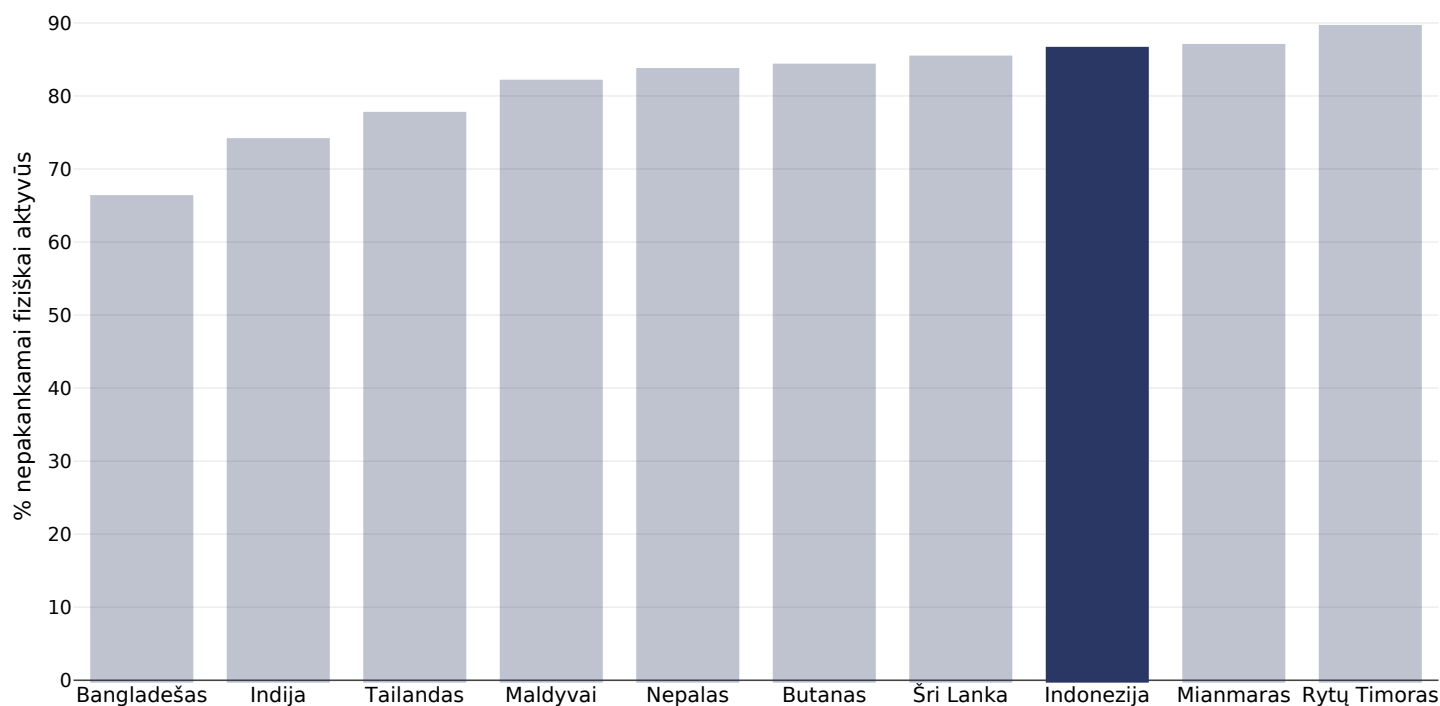
Vaikai, 2022



Tyrimo tipas:	Išmatuotas
Amžius:	5-19
Nuorodos:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2 .
Pastabos (tik anglų k.):	Age standardised estimates
Apibrėžimai (anglų k.):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Nepakankamas fizinis aktyvumas

Vaikai, 2016



Tyrimo tipas:

Deklaravo patys

Amžius:

11-17

Nuorodos:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

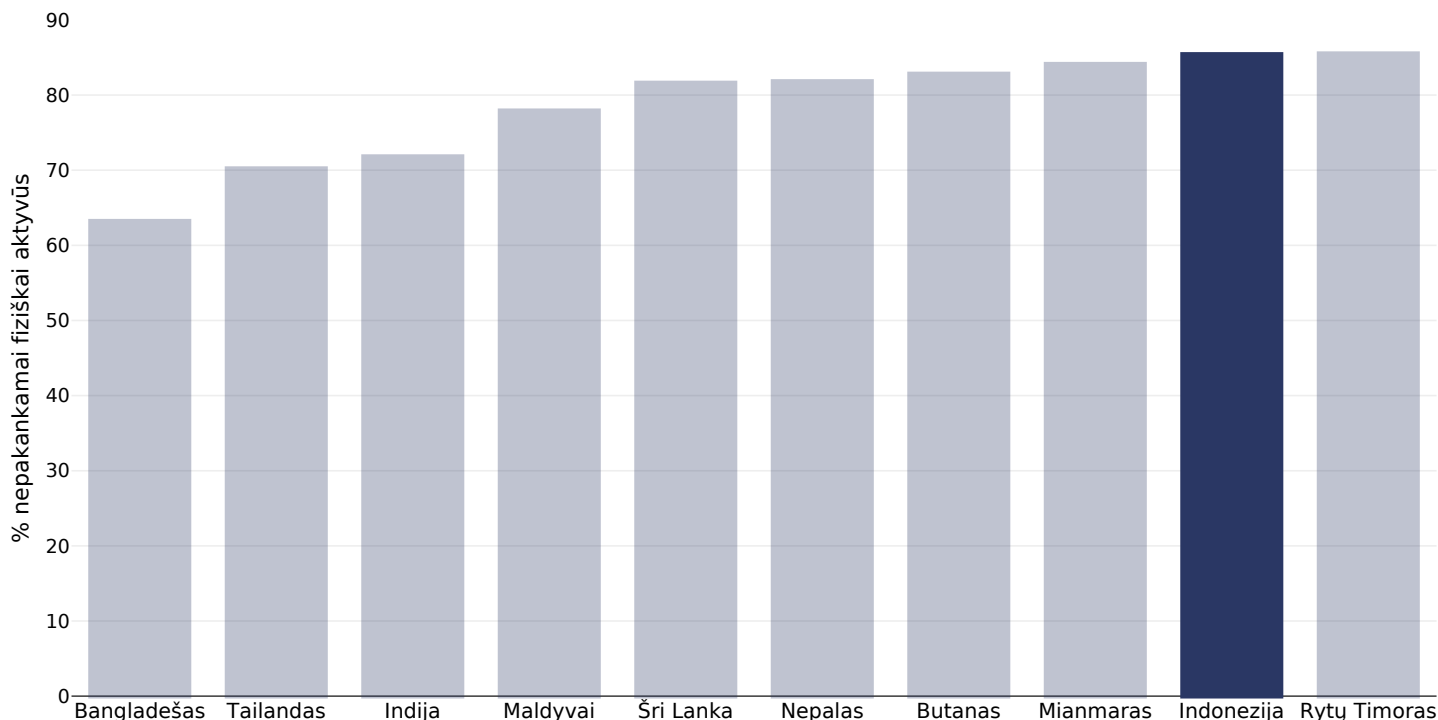
Pastabos (tik anglų k.):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Apibrėžimai (anglų k.):

% Adolescents insufficiently active (age standardised estimate)

Berniukai, 2016



Tyrimo tipas:

Deklaravo patys

Amžius:

11-17

Nuorodos:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Pastabos (tik anglų k.):

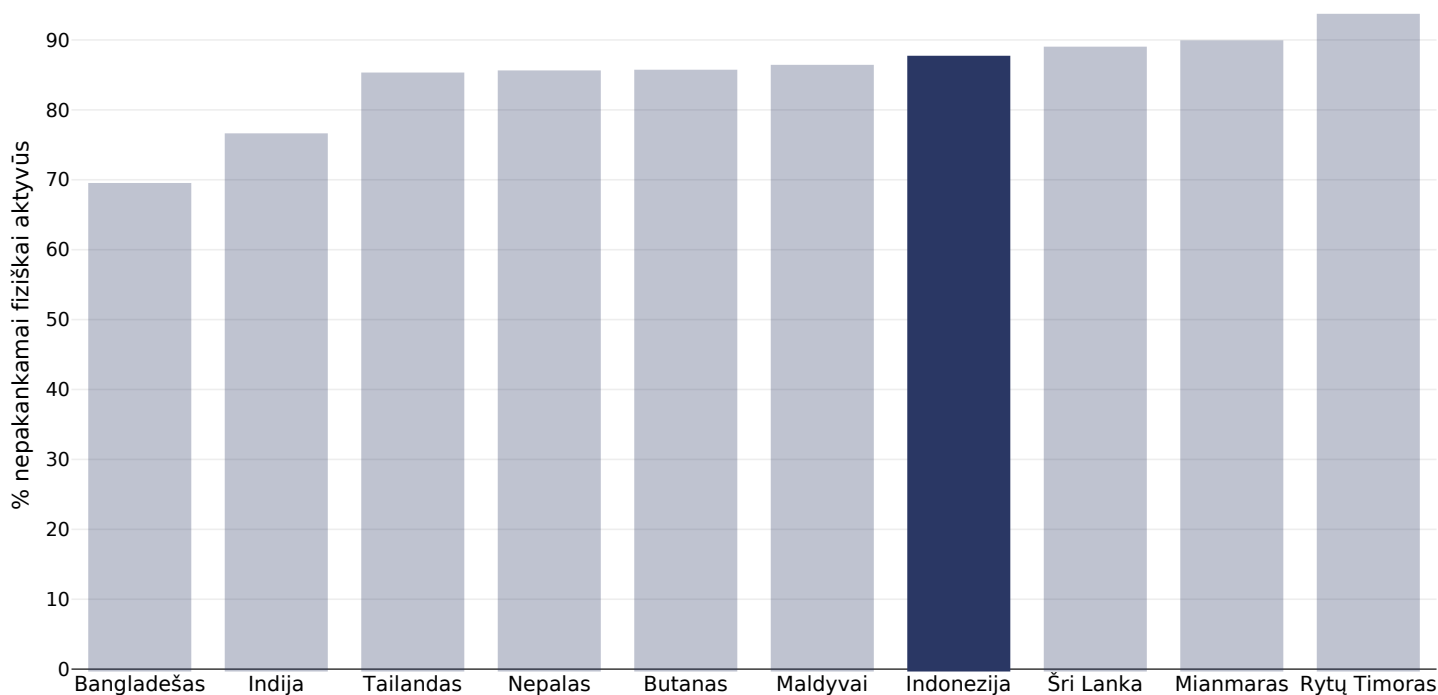
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Apibrėžimai

% Adolescents insufficiently active (age standardised estimate)

(anglų k.):

Merginos, 2016



Tyrimo tipas:

Deklaravo patys

Amžius:

11-17

Nuorodos:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Pastabos (tik anglų k.):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

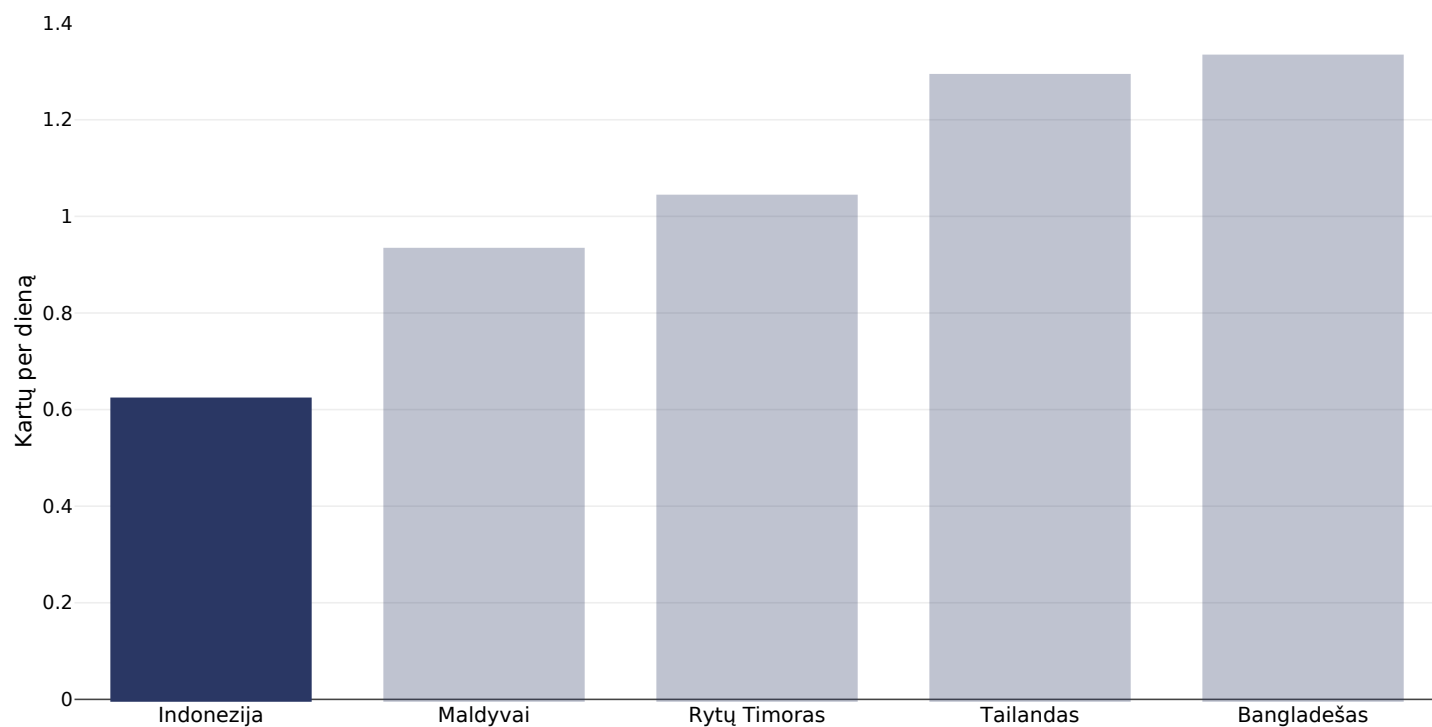
Apibrėžimai

% Adolescents insufficiently active (age standardised estimate)

(anglų k.):

Vidutinis kasdienis gazuotų gaiviųjų gėrimų vartojimo dažnis

Vaikai, 2014-2015



Tyrimo tipas:

Išmatuotas

Amžius:

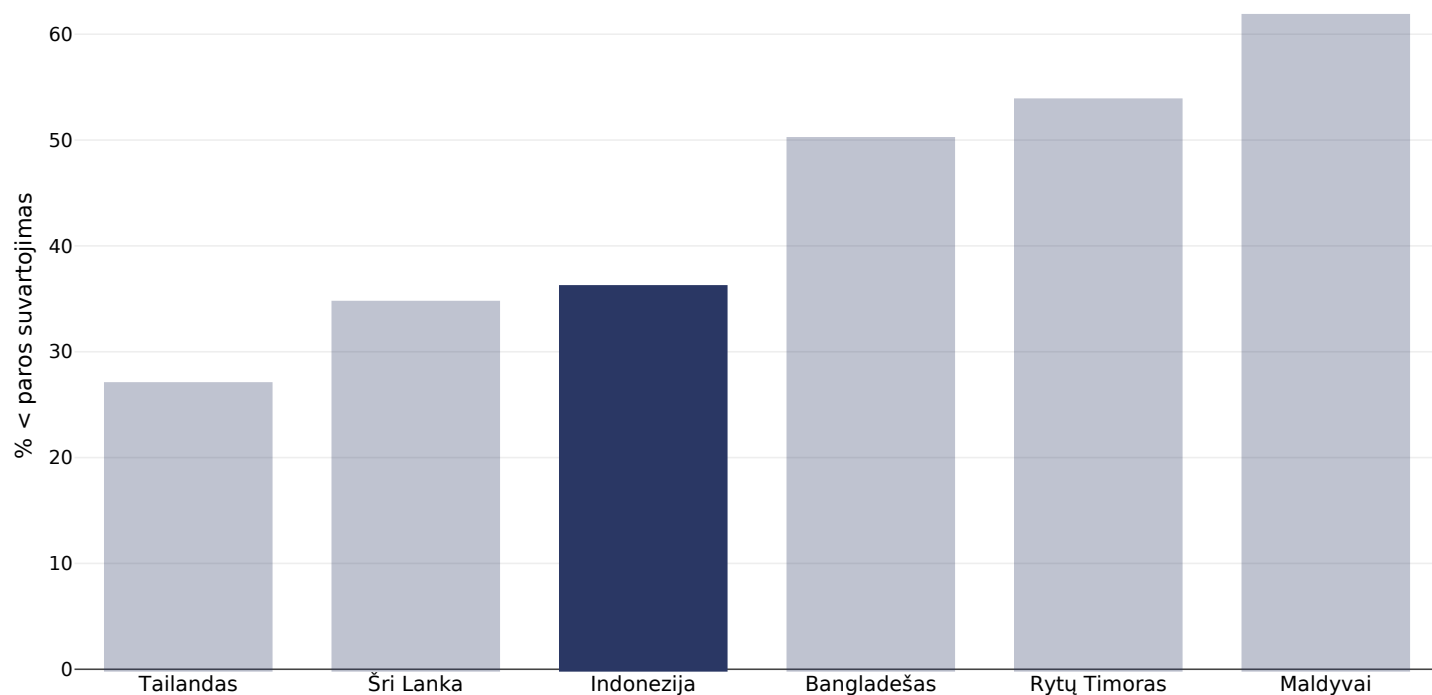
12-17

Nuorodos:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Vaisių vartojimo reikšmingiau nei kartą per dieną paplitimas

Vaikai, 2008-2015



Tyrimo tipas:

Išmatuotas

Amžius:

12-17

Nuorodos:

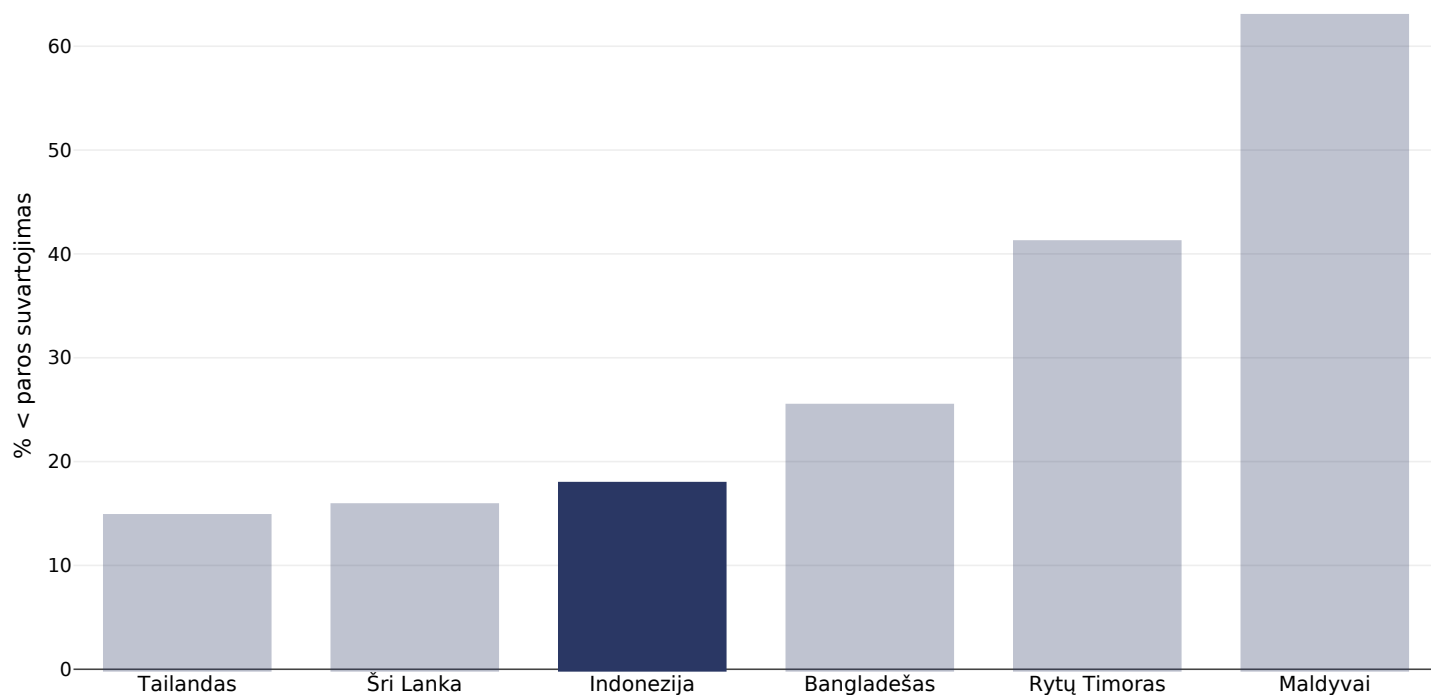
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Apibrėžimai

(anglų k.):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Daržovių vartojimo reikšiau nei kartą per dieną paplitimas Vaikai, 2008-2015



Tyrimo tipas:

Išmatuotas

Amžius:

12-17

Nuorodos:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

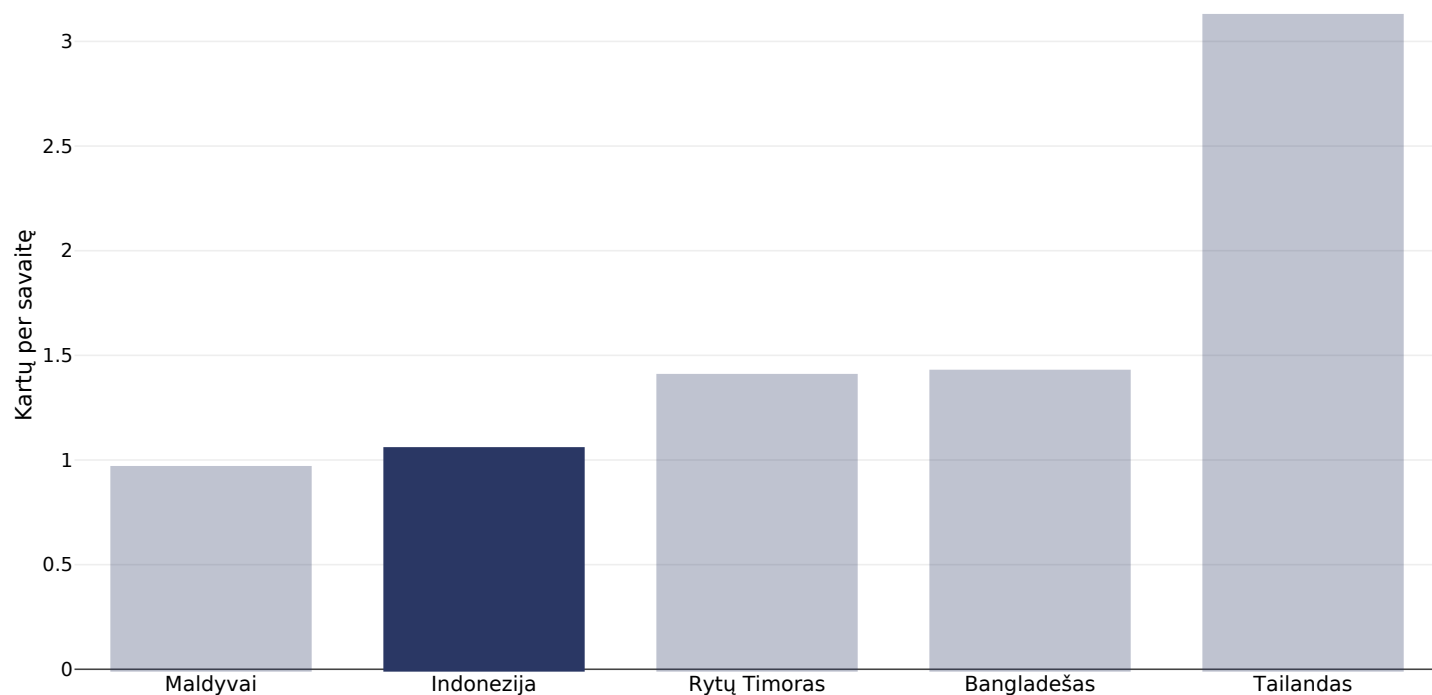
Apibrėžimai

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

(anglų k.):

Vidutinis savaitinis greito maisto vartojimo dažnis

Vaikai, 2014-2015



Amžius:

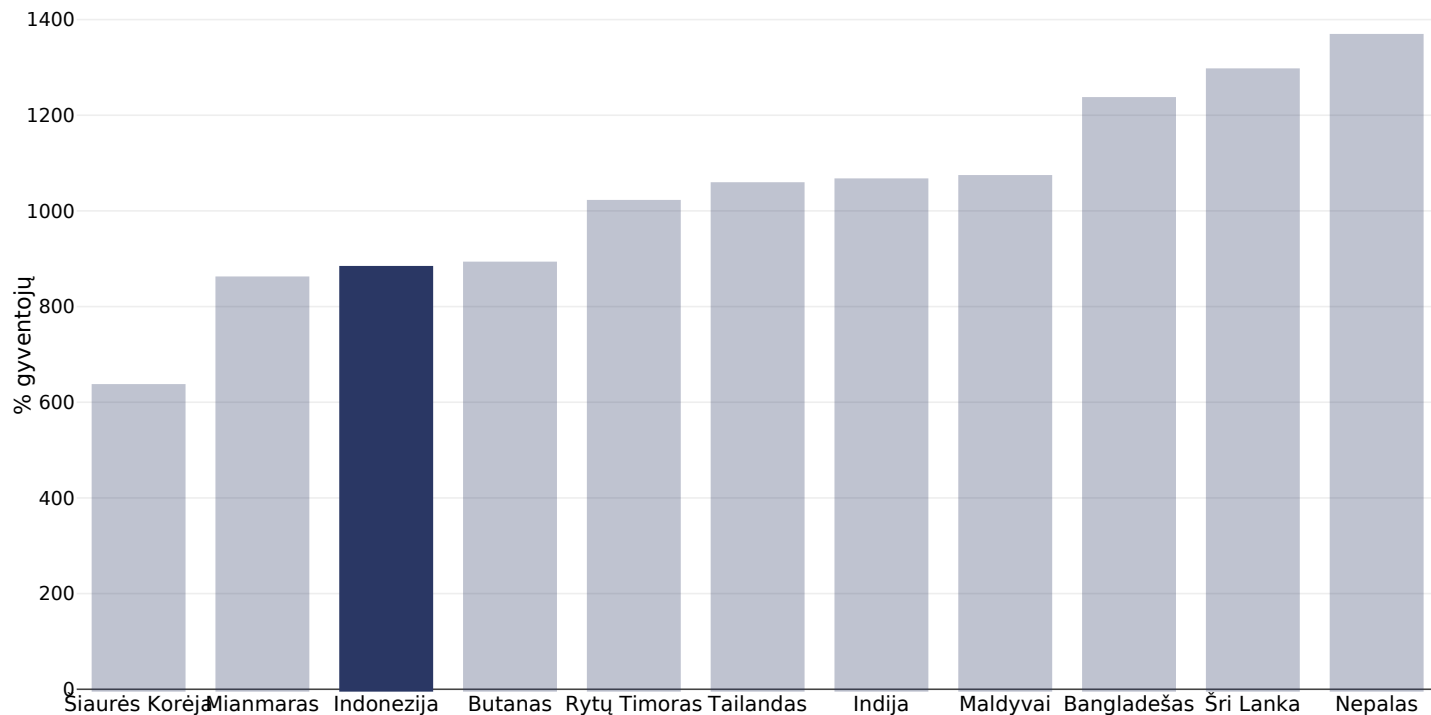
12-17

Nuorodos:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Psichinė sveikata ir depresijos sutrikimai

Vaikai, 2021



Teritorija:

Nacionalinis

Nuorodos:

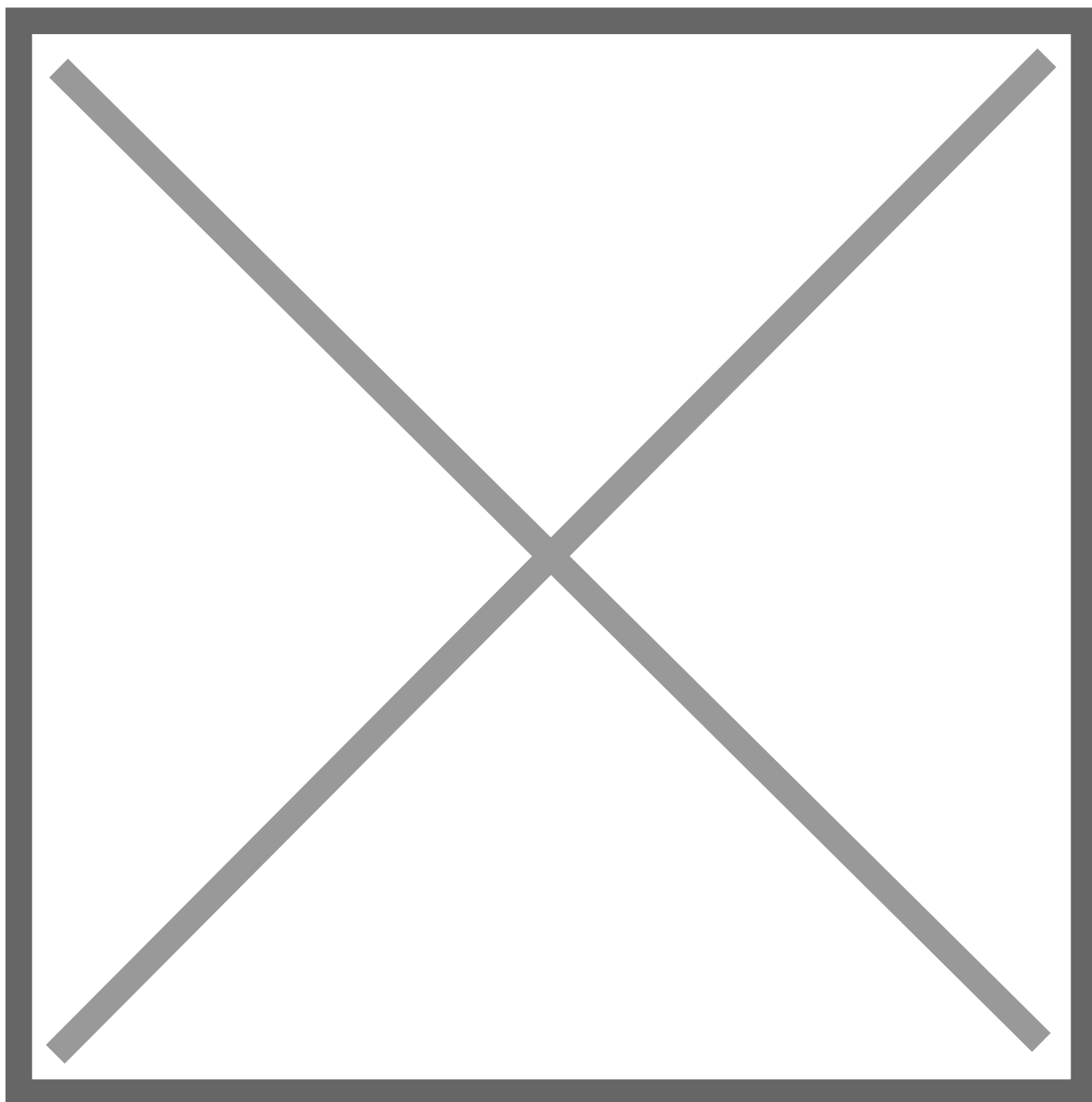
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Apibrąžimai

(anglų k.):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Berniukai, 2021



Teritorija:

Nacionalinis

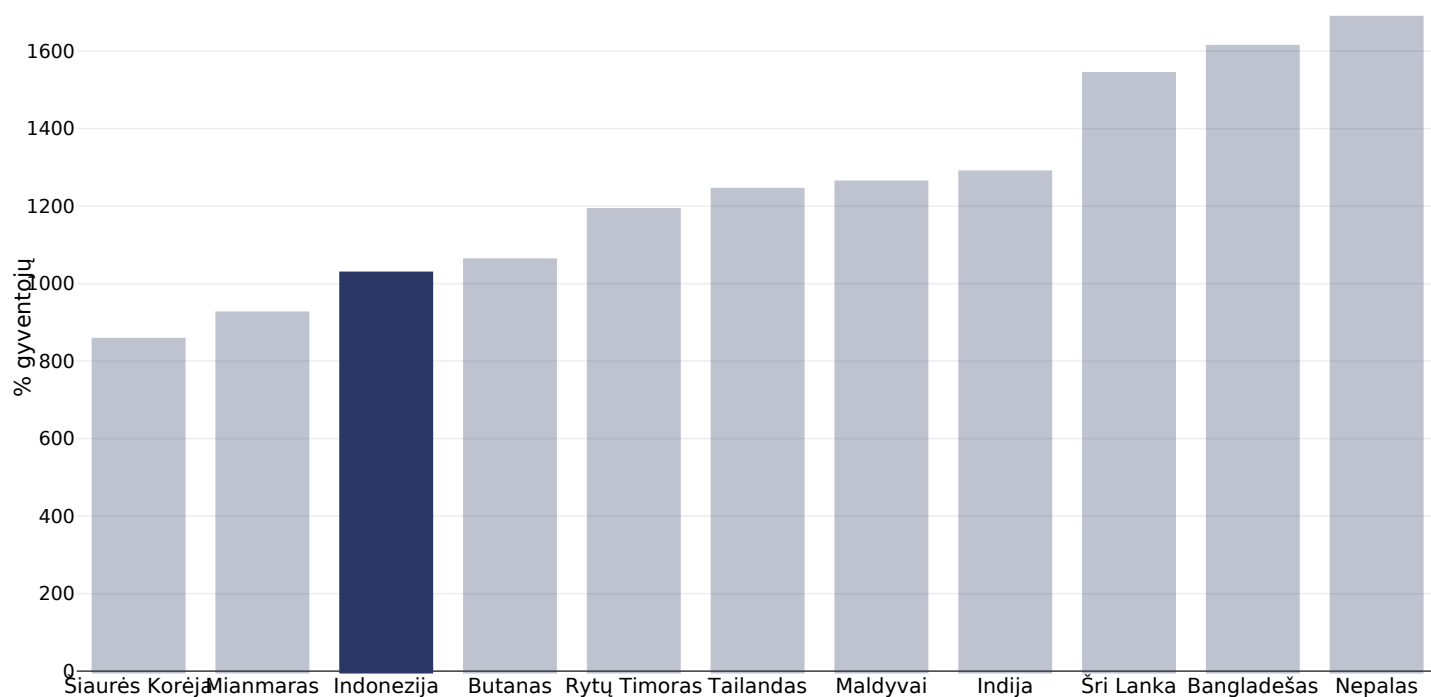
Nuorodos:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Apibrėžimas
(anglų k.):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Merginos, 2021



Teritorija:

Nacionalinis

Nuorodos:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Apibrėžimas:

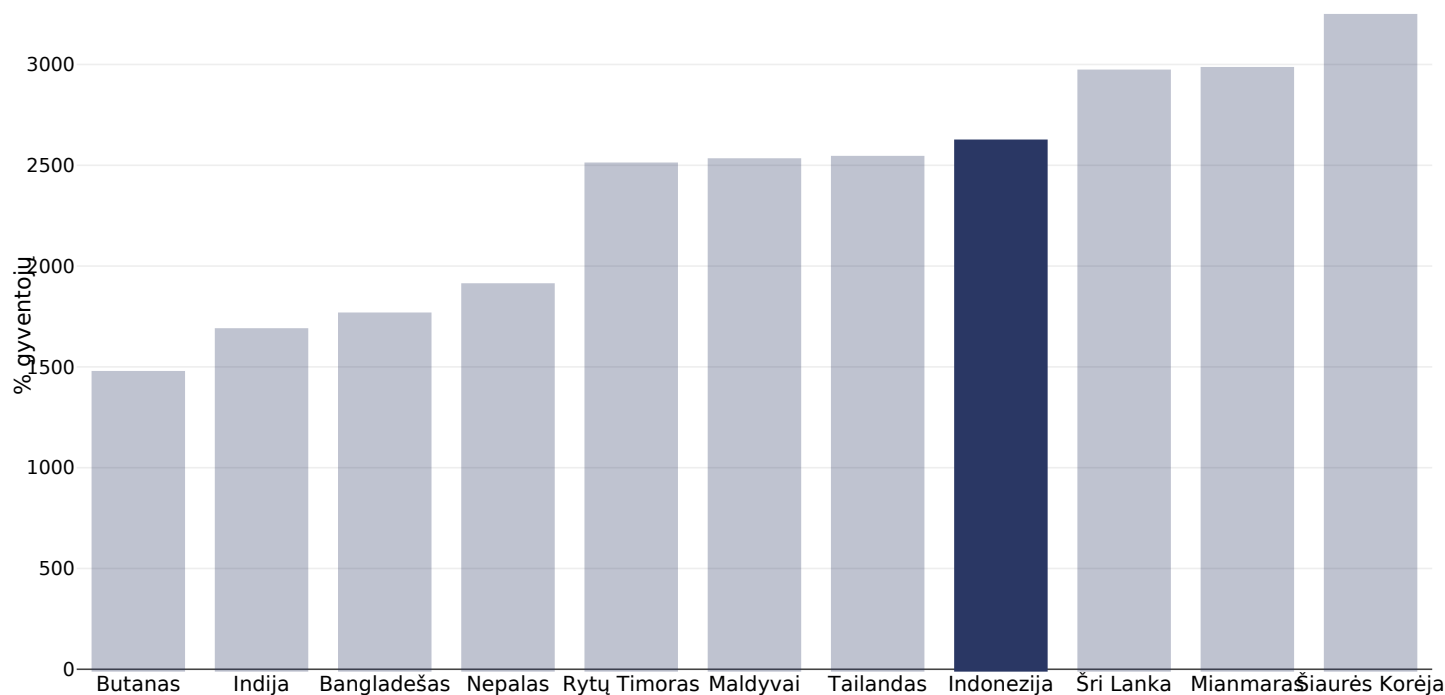
Apibrėžimas:

(anglų k.):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

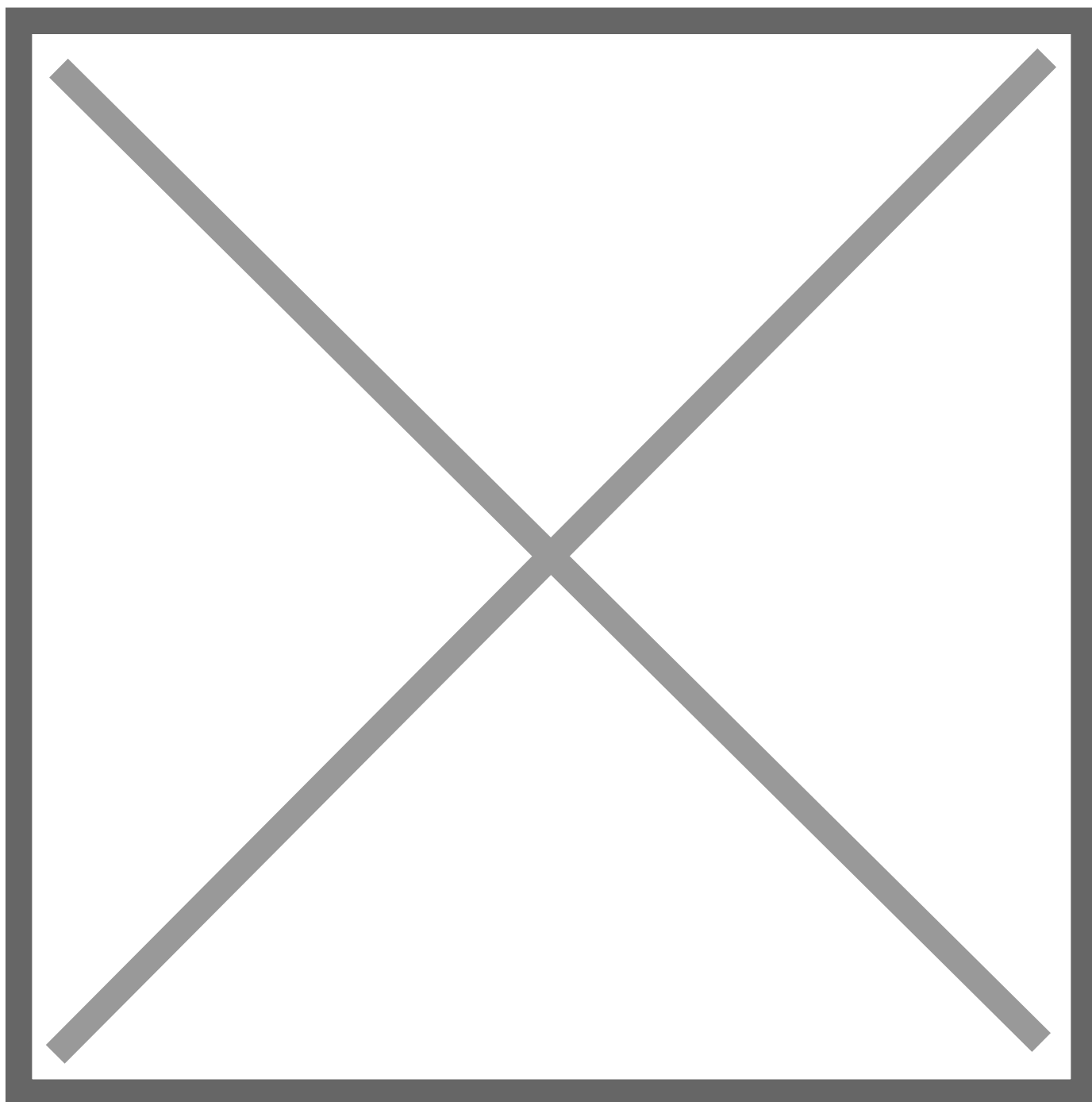
Psichinė sveikata ir nerimo sutrikimai

Vaikai, 2021



Nuorodos:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Berniukai, 2021**Nuorodos:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Merginos, 2021

**Nuorodos:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025