Indonesia



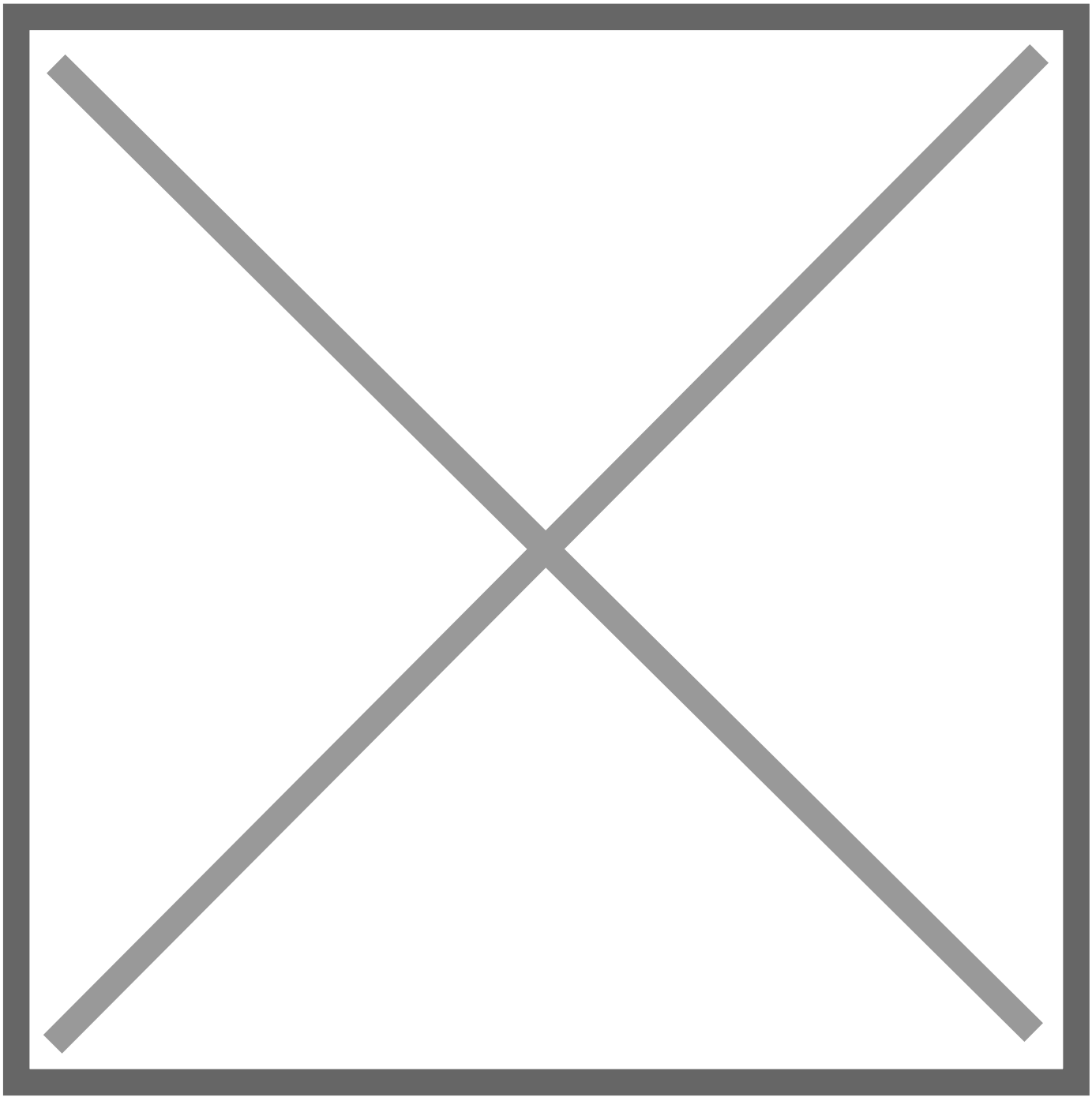
Country report card

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/indonesia-96/.

Obesity prevalence

Adults, 2023

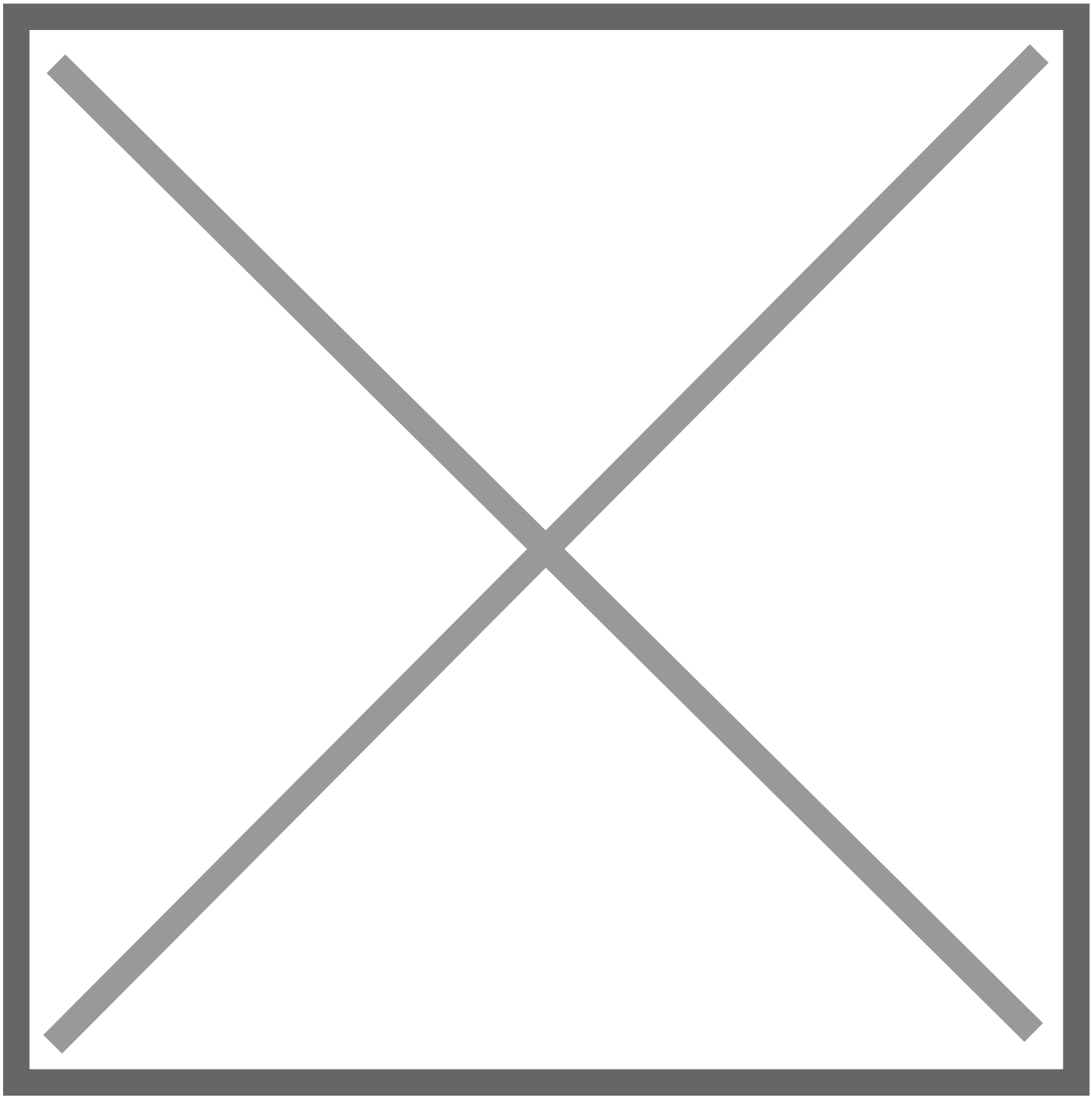


Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National

□□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Notes:	WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available.

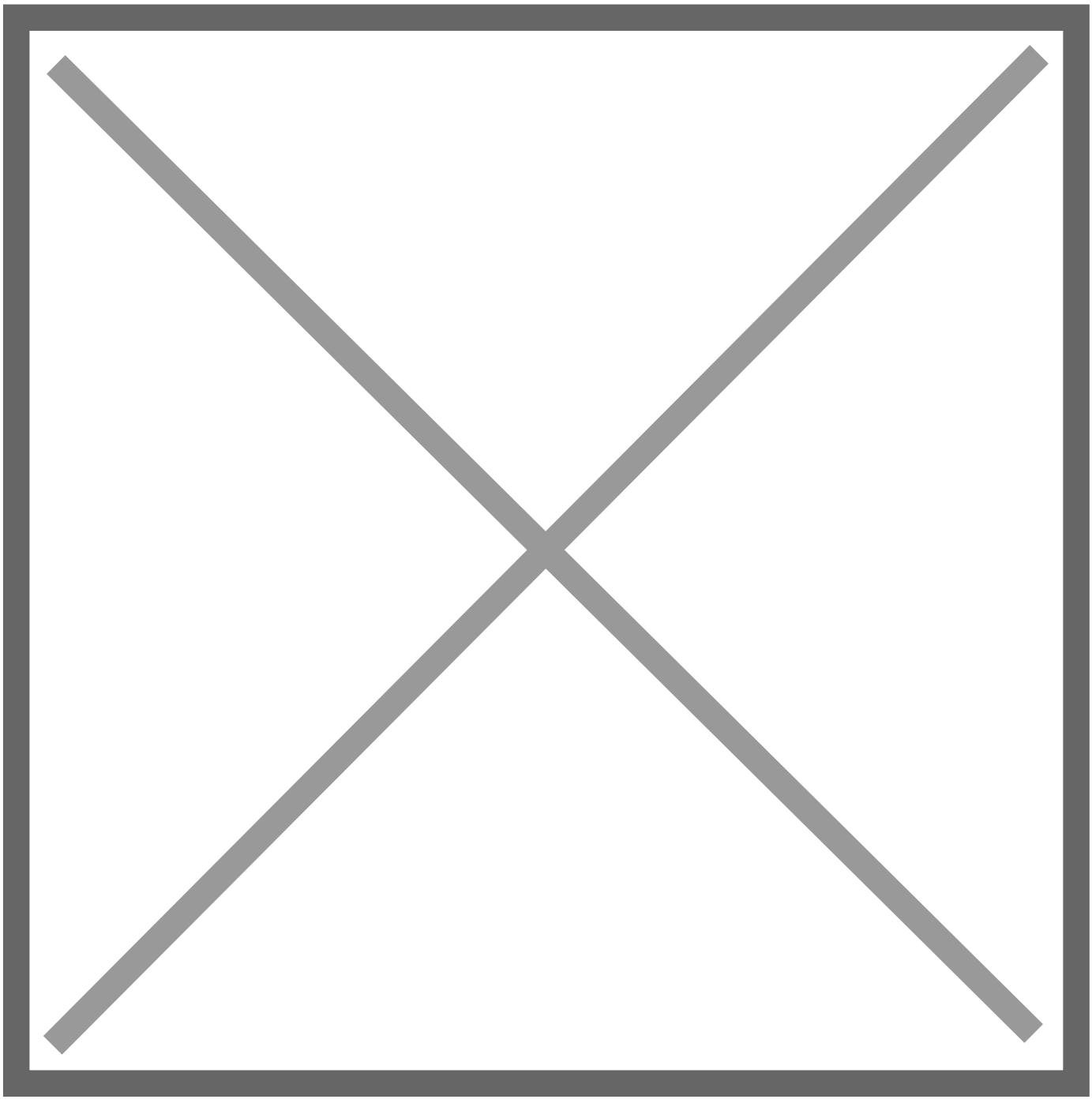
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2023



Survey type:	Measured
Age:	5-12
Sample size:	122,723
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Cutoffs:	WHO 2007

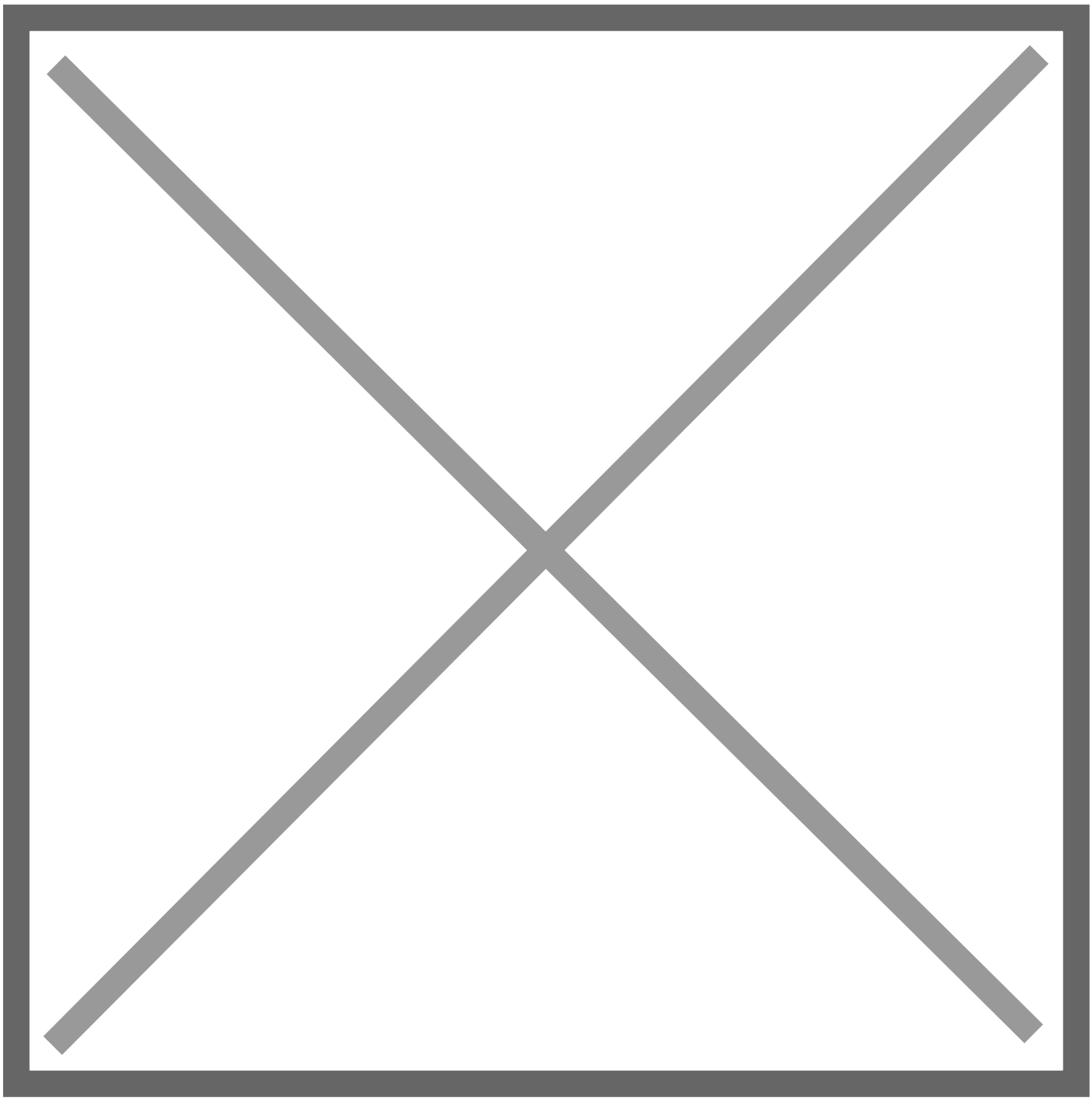
0-5 years, 2023



Survey type:	Measured
Age:	0-5
Sample size:	22532376
Area covered:	National
□□□ :	Survei Kesehatan Indonesia Tahun 2023 (SKI-2023)

Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult https://data.unicef.org/resources/jme/.
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD

% Adults living with overweight or obesity in Indonesia, 2007-2023



Survey type:

□□□□ :

2007: The National Institute of Health Research and Development, Ministry of Health, Republic of Indonesia (2008). Report or
Health Rese
https://repository.badankebijakan.kemkes.go.id/id/eprint/4386/1/Report%20on%20Result%20of%20National%20Basic%20Health%

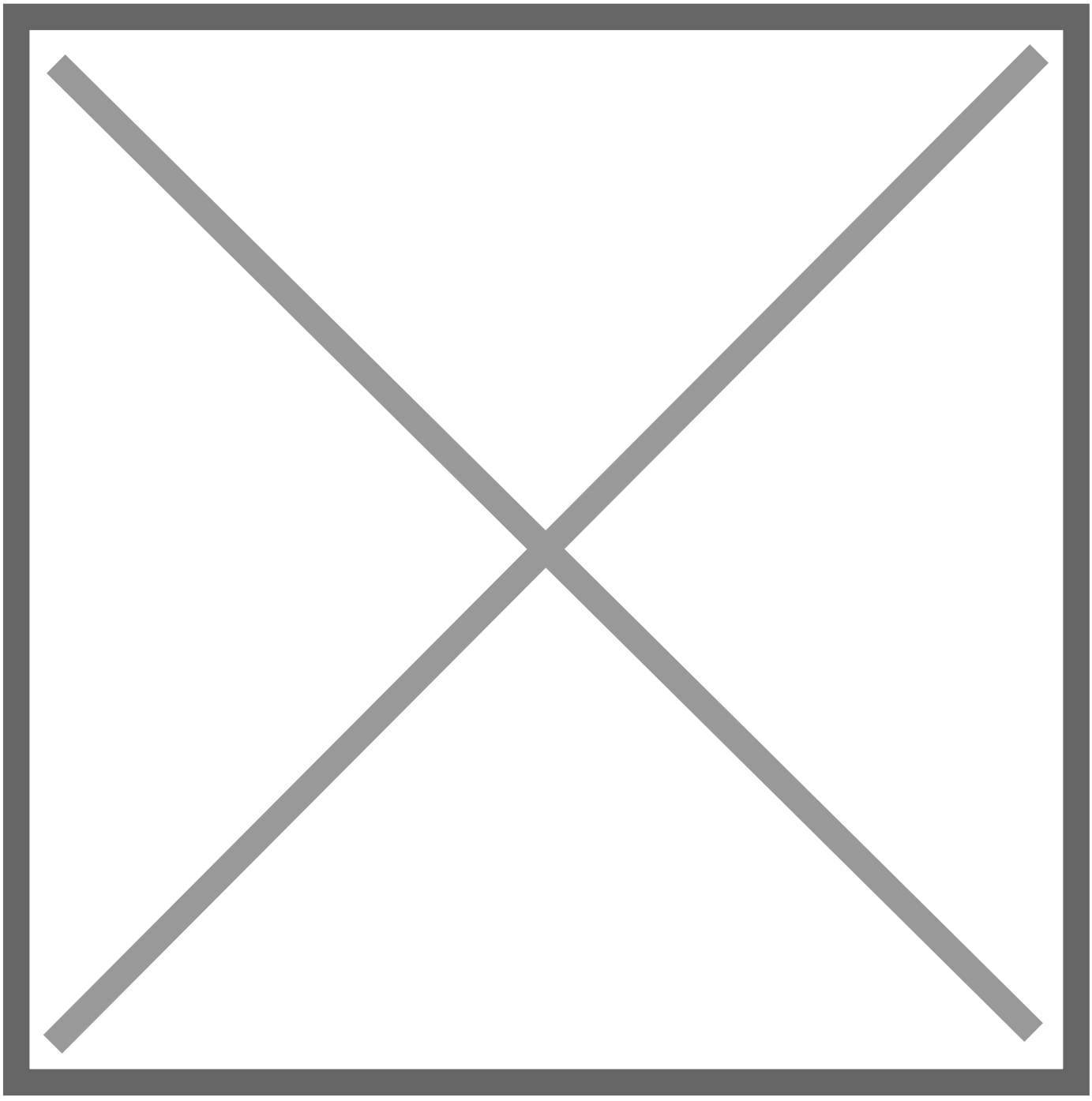
2010: Riskesdas 2010. The National Institute of Health Research and Development, Ministry of Healt
https://repository.badankebijakan.kemkes.go.id/id/eprint/4417/1/LAPORAN%20NASIONAL%20RISKESDAS%20TAHUN%202010
2013: Riskesdas 2013. Reanalysis: Atmarita, National Institute of Health Research and Development/M
2018: Riskesdas 2018 available at https://repository.badankebijakan.kemkes.go.id/id/eprint/3514/1/Laporan%20Riskesdas%202

2023: Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/e

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check w

% Children living with obesity in Indonesia, 2007-2023

Boys



Survey type:

□□□□ : 2007: The National Institute of Health Research and Development, Ministry of Health, Republic of Indonesia (2008). Report or
Health Rese
https://repository.badankebijakan.kemkes.go.id/id/eprint/4386/1/Report%20on%20Result%20of%20National%20Basic%20Health%

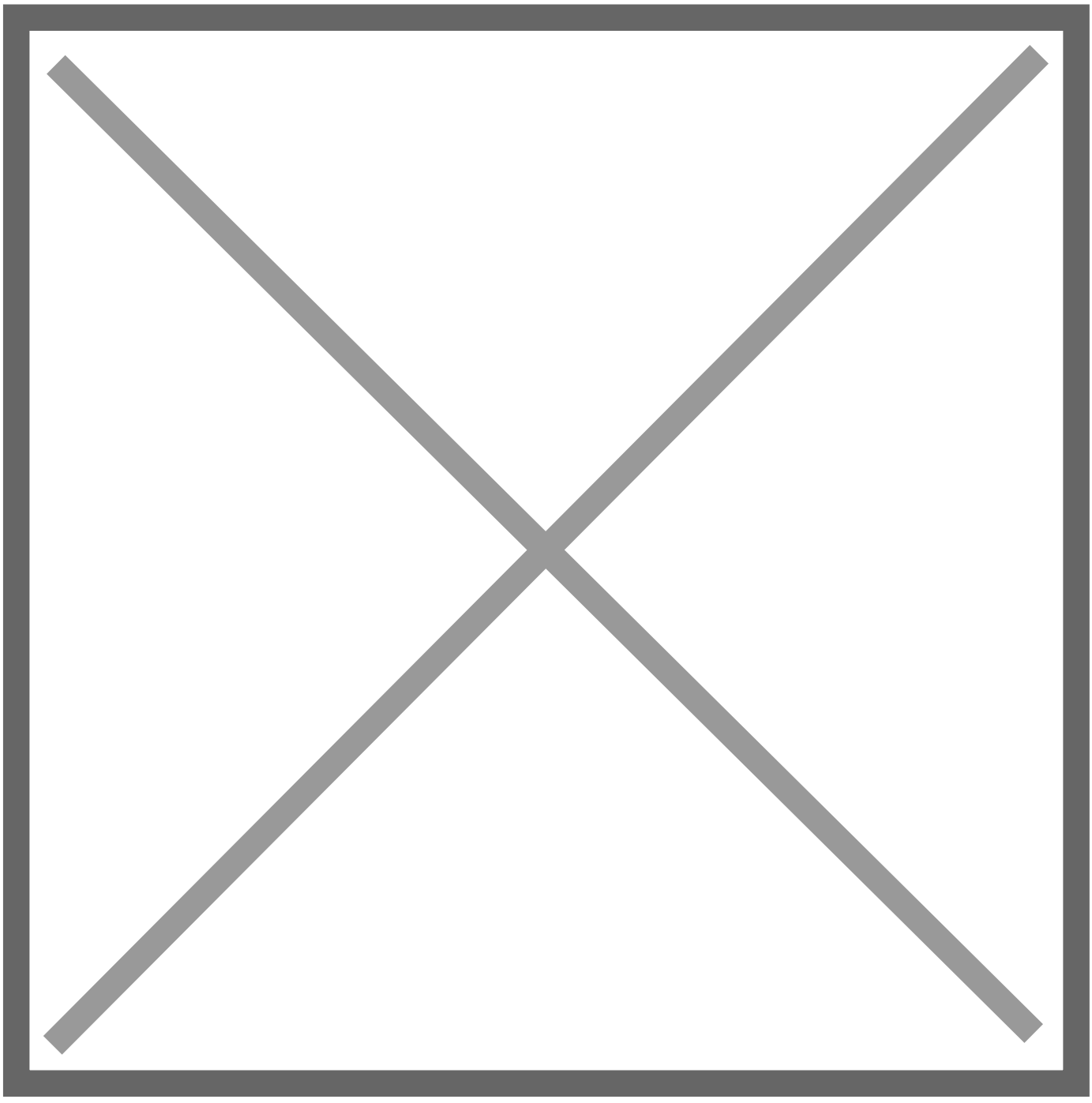
2010: Riskesdas 2010. The National Institute of Health Research and Development, Ministry of Healt
https://repository.badankebijakan.kemkes.go.id/id/eprint/4417/1/LAPORAN%20NASIONAL%20RISKESDAS%20TAHUN%202010
2013: RISET KESEHATAN DASAR: RISKESDAS 2013. Ministry of He
https://repository.badankebijakan.kemkes.go.id/id/eprint/4467/1/Laporan_riskesdas_2013_final
2018: Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_

2023: Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/e

Notes:

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check w

Girls



Survey type:

□□□□ **:** 2007: The National Institute of Health Research and Development, Ministry of Health, Republic of Indonesia (2008). Report or
Health Rese
https://repository.badankebijakan.kemkes.go.id/id/eprint/4386/1/Report%20on%20Result%20of%20National%20Basic%20Health%

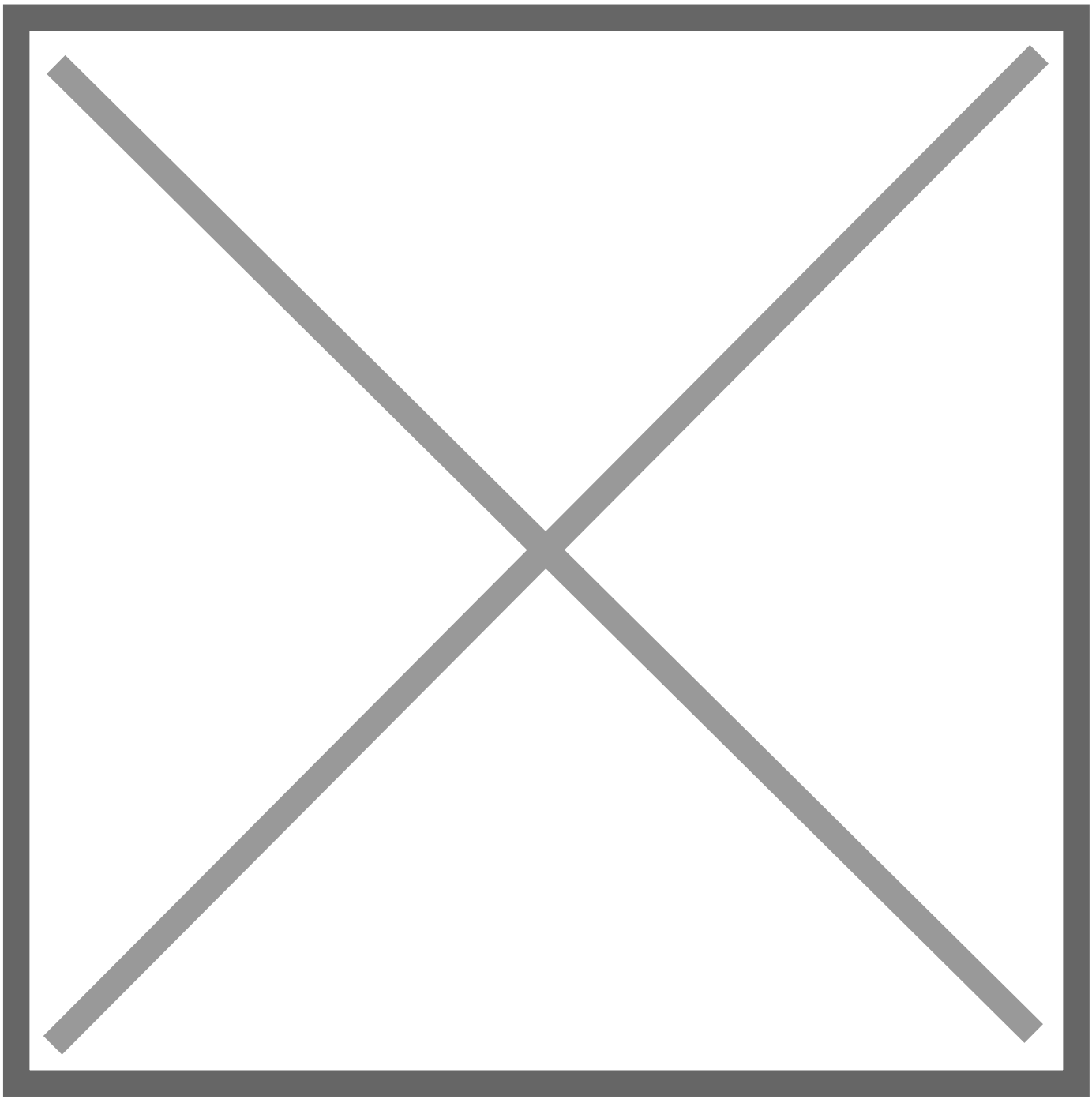
2010: Riskesdas 2010. The National Institute of Health Research and Development, Ministry of Healt
https://repository.badankebijakan.kemkes.go.id/id/eprint/4417/1/LAPORAN%20NASIONAL%20RISKESDAS%20TAHUN%202010
2013: RISET KESEHATAN DASAR: RISKESDAS 2013. Ministry of He
https://repository.badankebijakan.kemkes.go.id/id/eprint/4467/1/Laporan_riskesdas_2013_final
2018: Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_

2023: Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/e

Notes:

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check w

Boys and girls



Survey type:

□□□□ **:** 2007: The National Institute of Health Research and Development, Ministry of Health, Republic of Indonesia (2008). Report or
Health Rese
https://repository.badankebijakan.kemkes.go.id/id/eprint/4386/1/Report%20on%20Result%20of%20National%20Basic%20Health%

2010: Riskesdas 2010. The National Institute of Health Research and Development, Ministry of Healt
https://repository.badankebijakan.kemkes.go.id/id/eprint/4417/1/LAPORAN%20NASIONAL%20RISKESDAS%20TAHUN%202010
2013: RISET KESEHATAN DASAR: RISKESDAS 2013. Ministry of He
https://repository.badankebijakan.kemkes.go.id/id/eprint/4467/1/Laporan_riskesdas_2013_final
2018: Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_

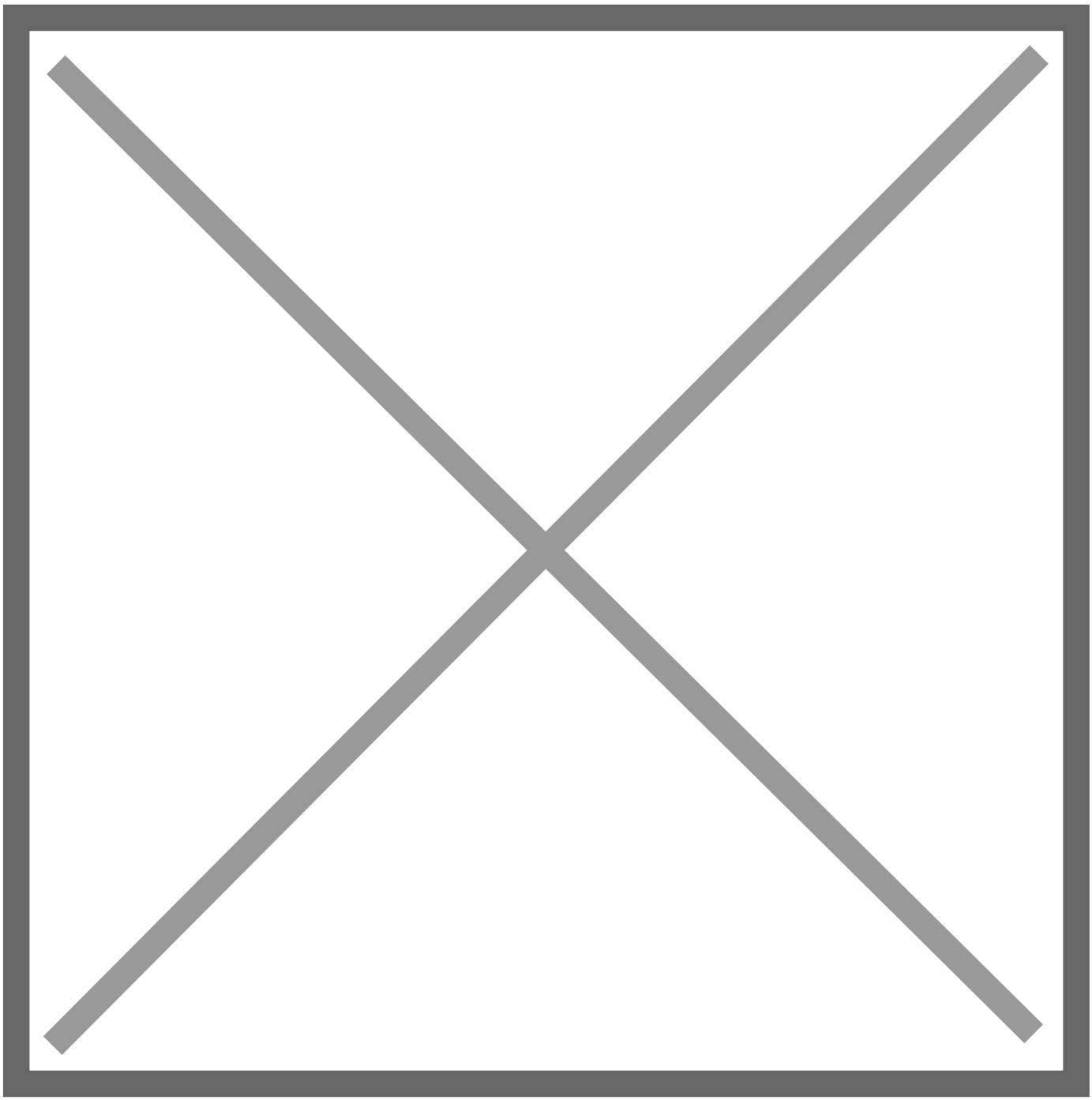
2023: Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/e

Notes:

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check w

% Children living with overweight or obesity in Indonesia, 2013-2023

Boys and girls



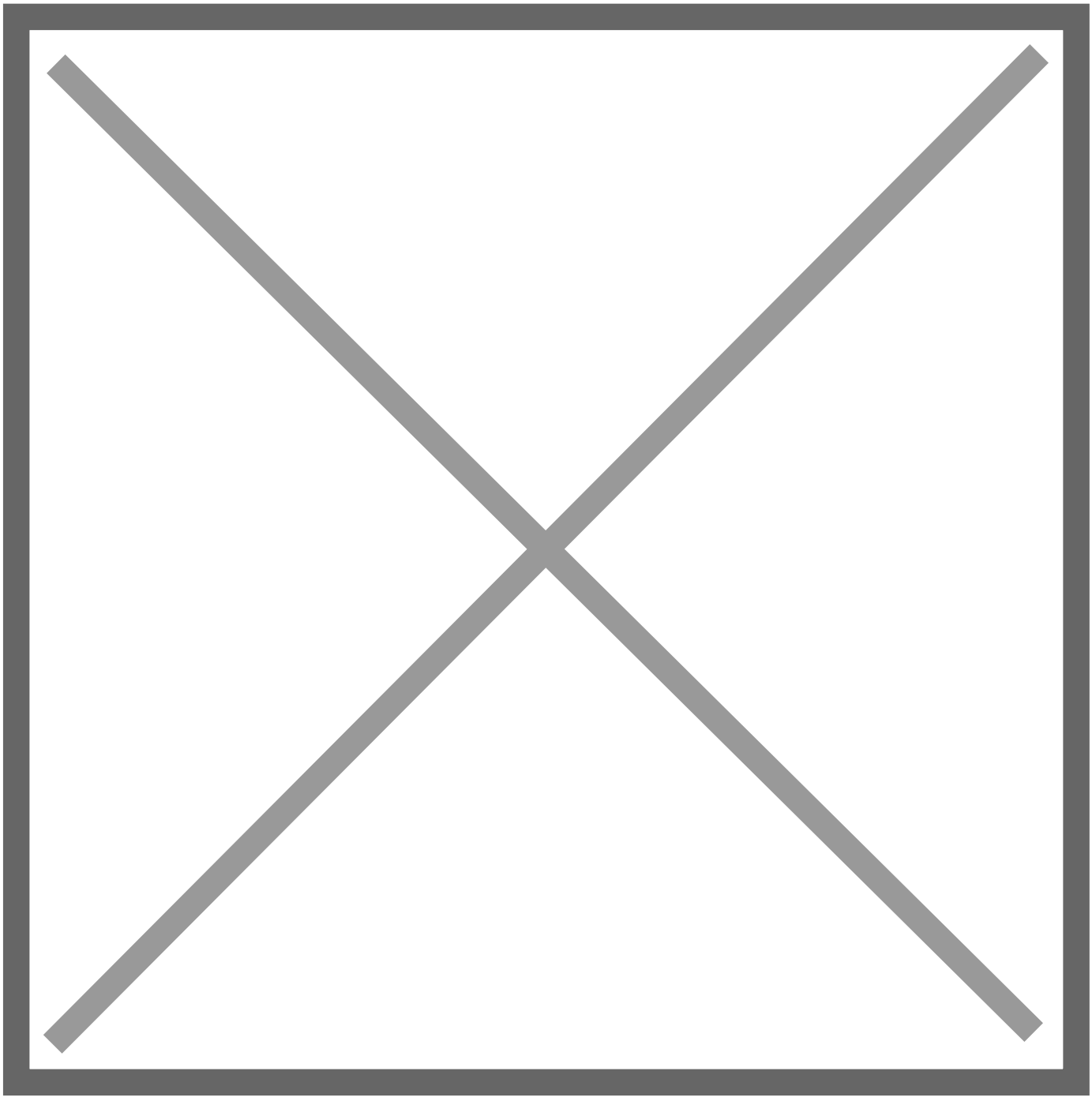
Survey type:	Measured

□□□□ :	2013: RISET KESEHATAN DASAR: RISKESDAS 2013. Ministry of Health of Indonesia; Tahun. https://repository.badankebijakan.kemkes.go.id/id/eprint/4467/1/Laporan_riskesdas_2013_final.pdf [Accessed 24.07.25] 2018: Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022) 2023: Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Notes:	WHO 2007 cutoffs

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by education

Men, 2023

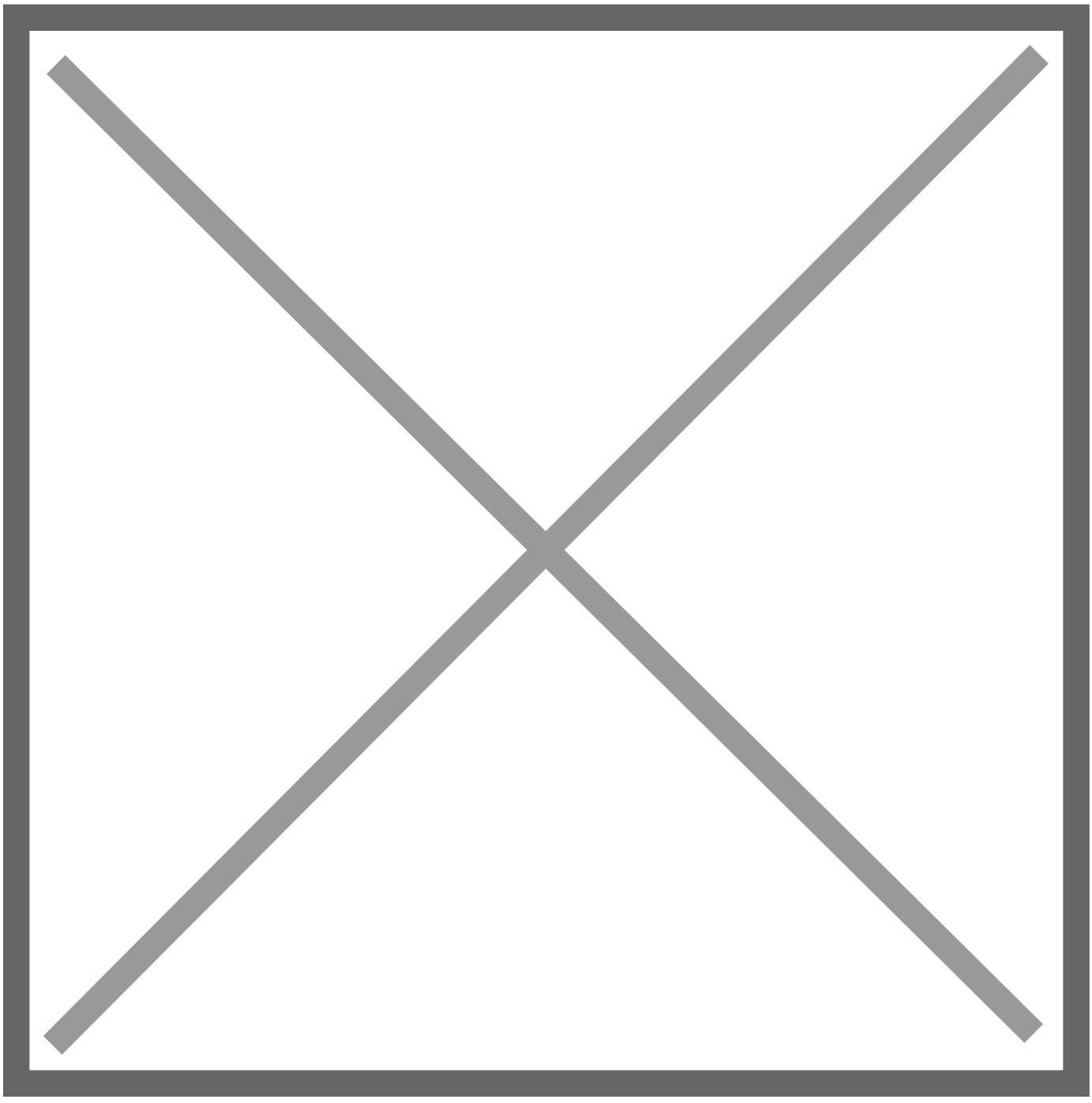


Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National

□□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Notes:	WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

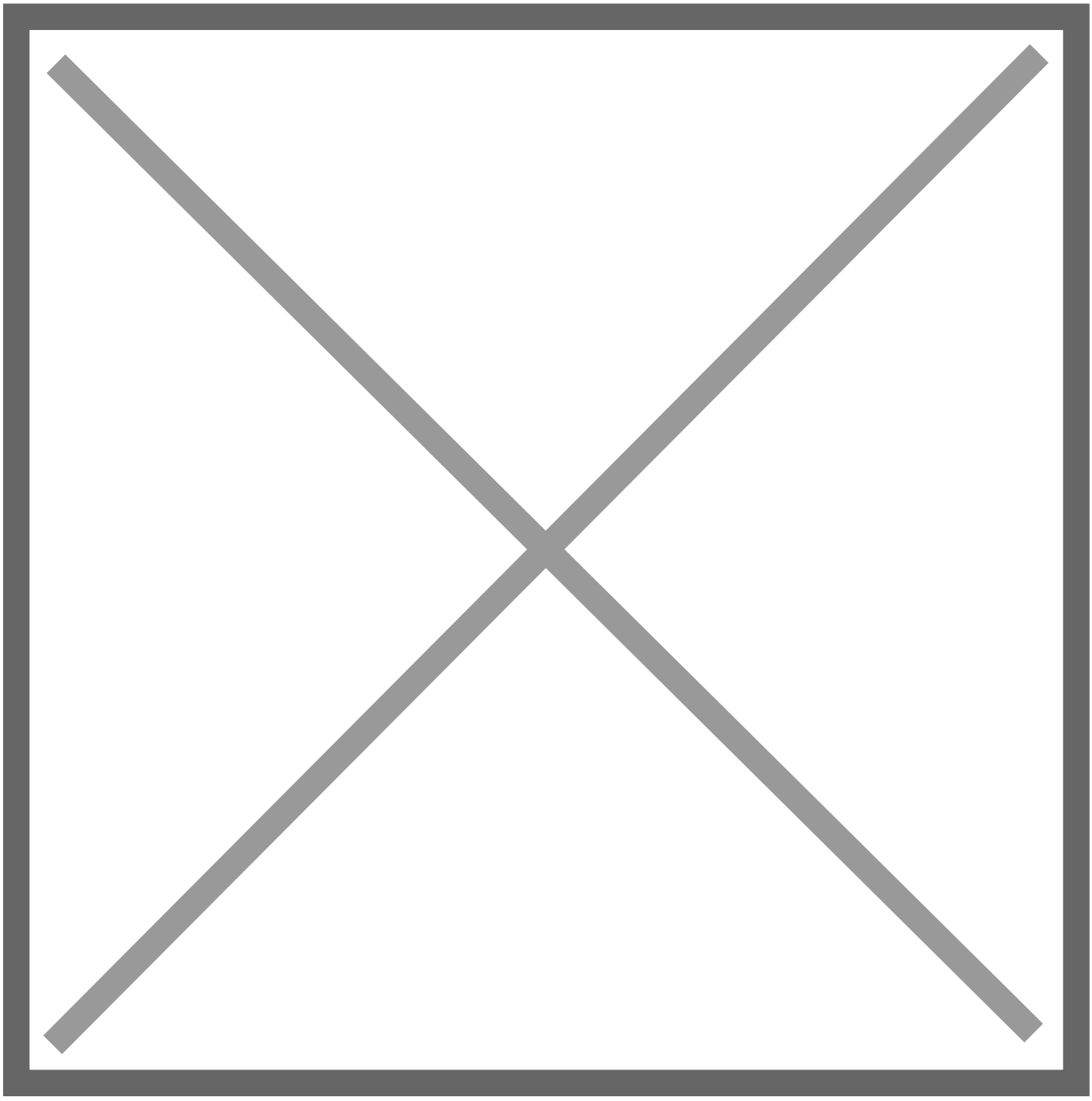
Women, 2023



Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]

Notes:	WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2018

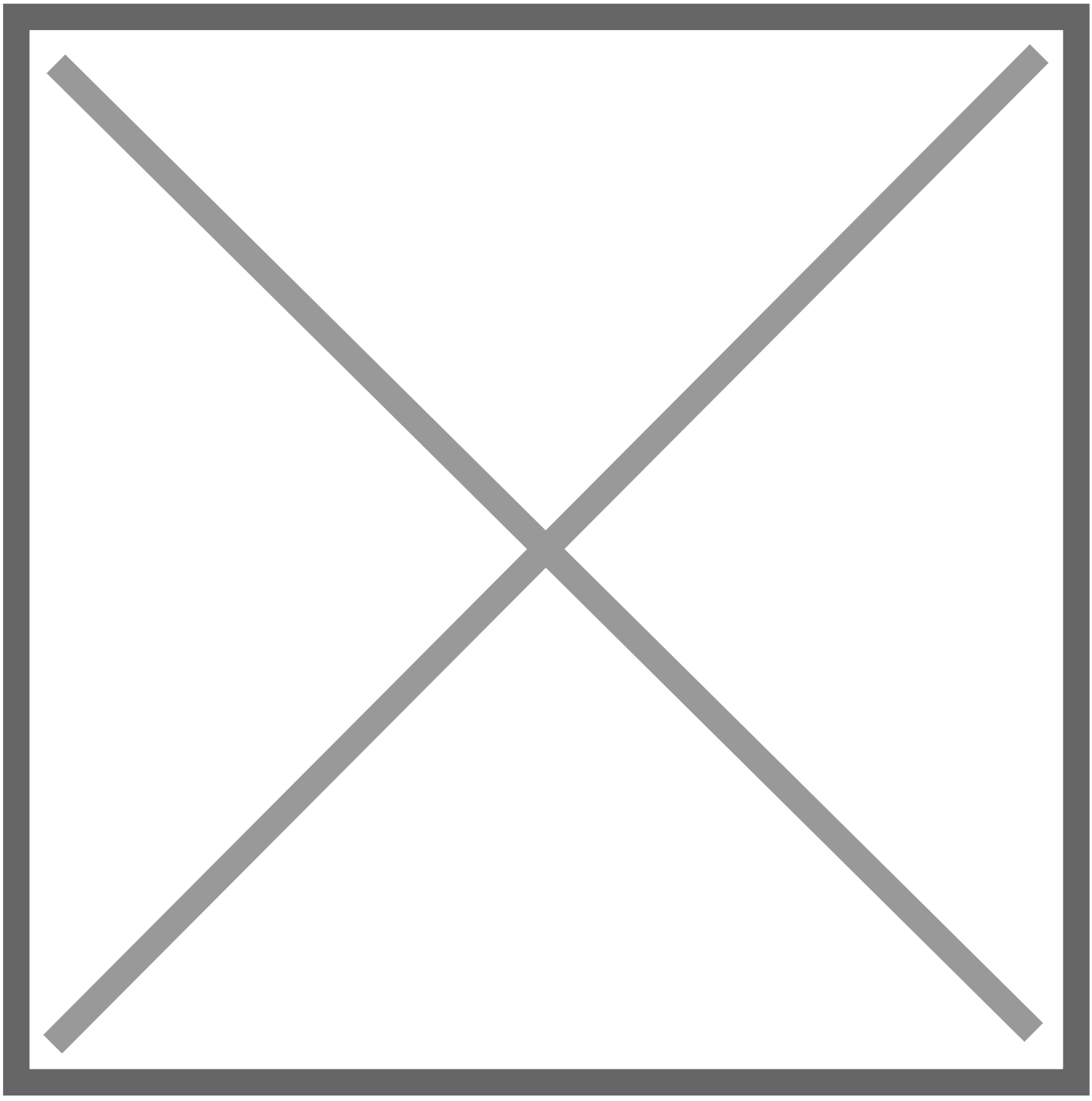


Survey type:	Measured
Age:	16-18
Sample size:	51826
Area covered:	National
□□□ :	Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)

Notes:	Based on parental education
Definitions:	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Overweight/obesity by age

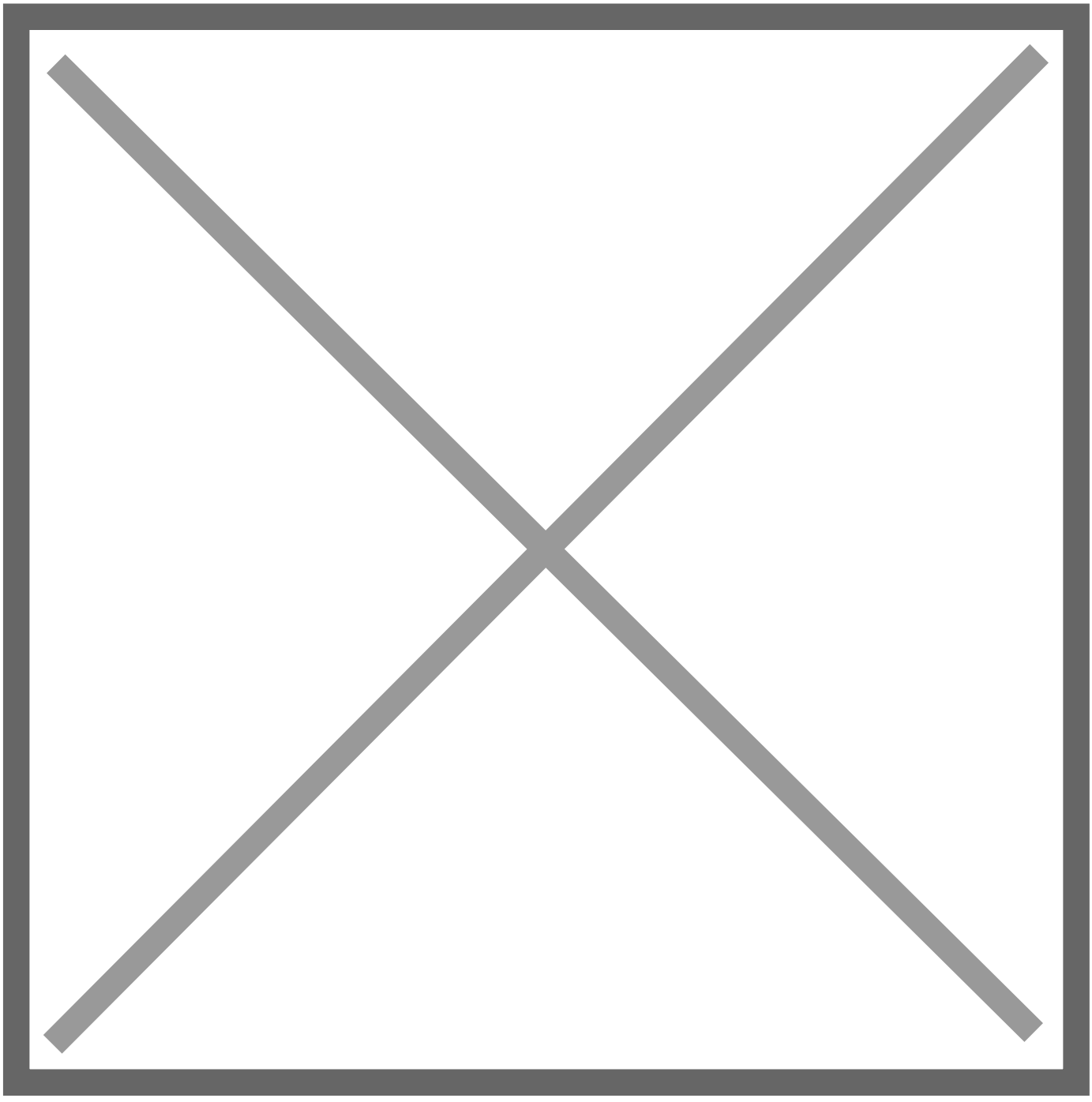
Adults, 2023



Survey type:	Measured
Sample size:	580,834
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]

Notes:	WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25)
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

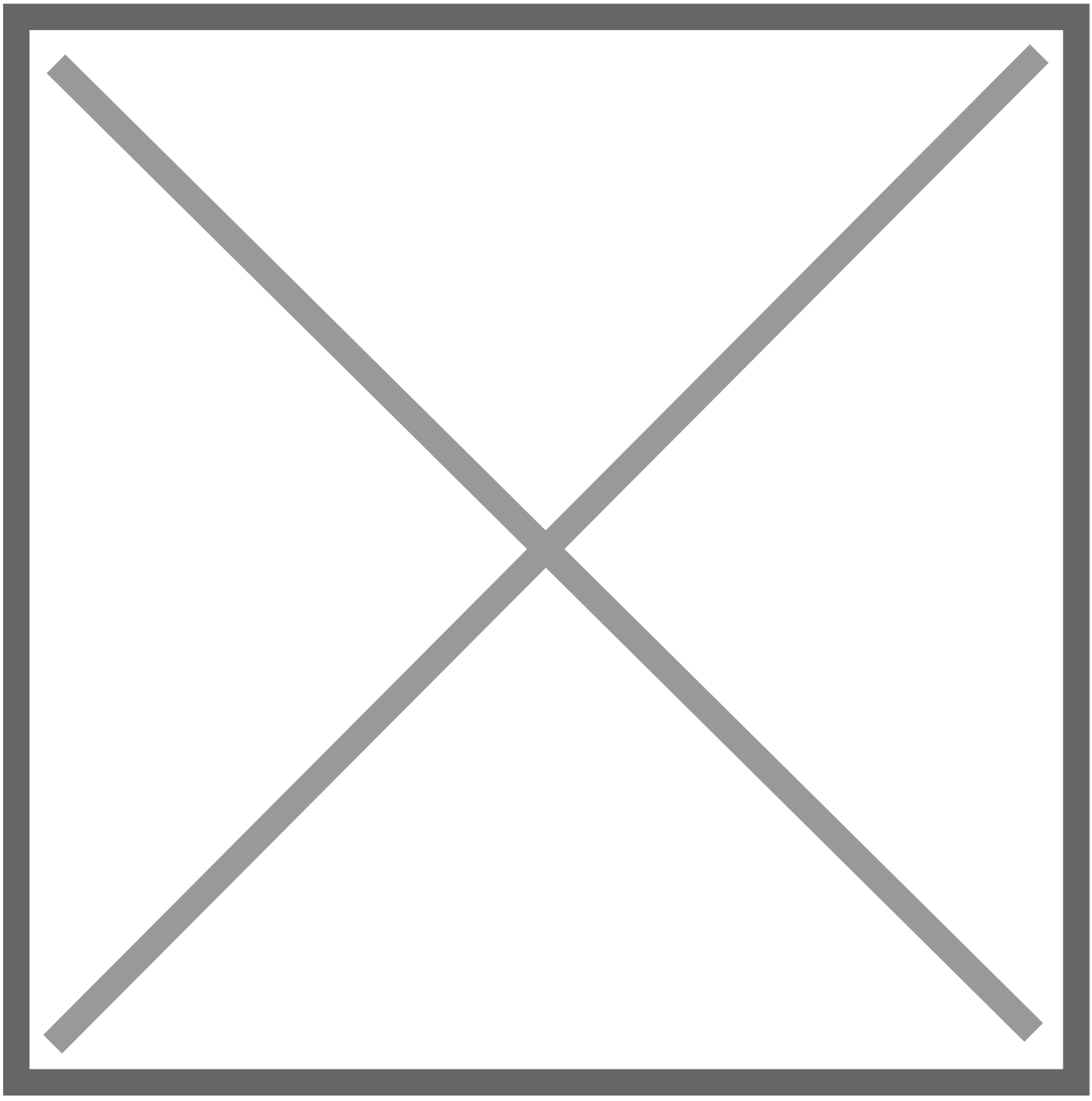
Children, 2023



Survey type:	Measured
Sample size:	192,032
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Cutoffs:	WHO 2007

Overweight/obesity by region

Adults, 2023

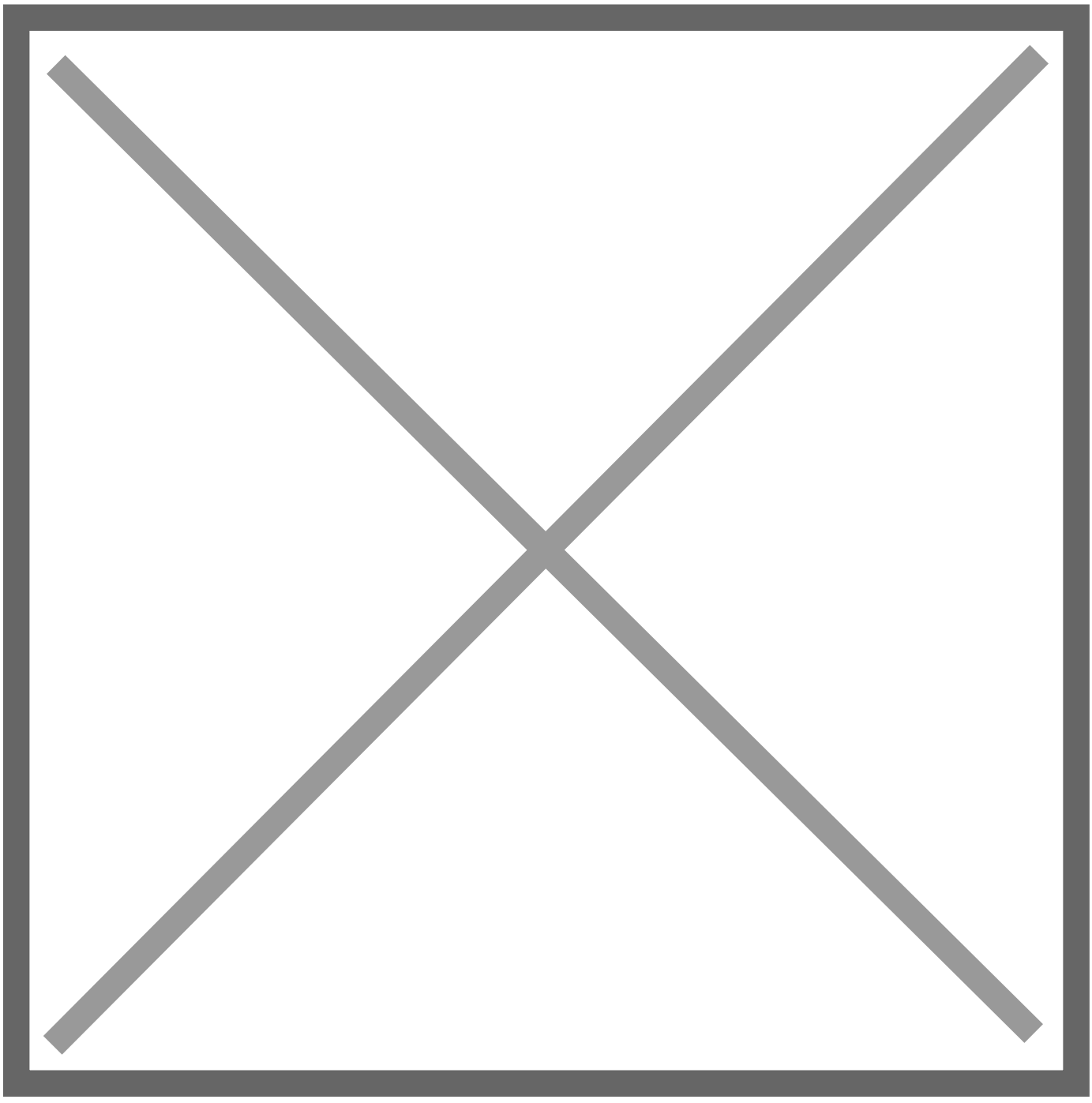


Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National

□□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Notes:	WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2023

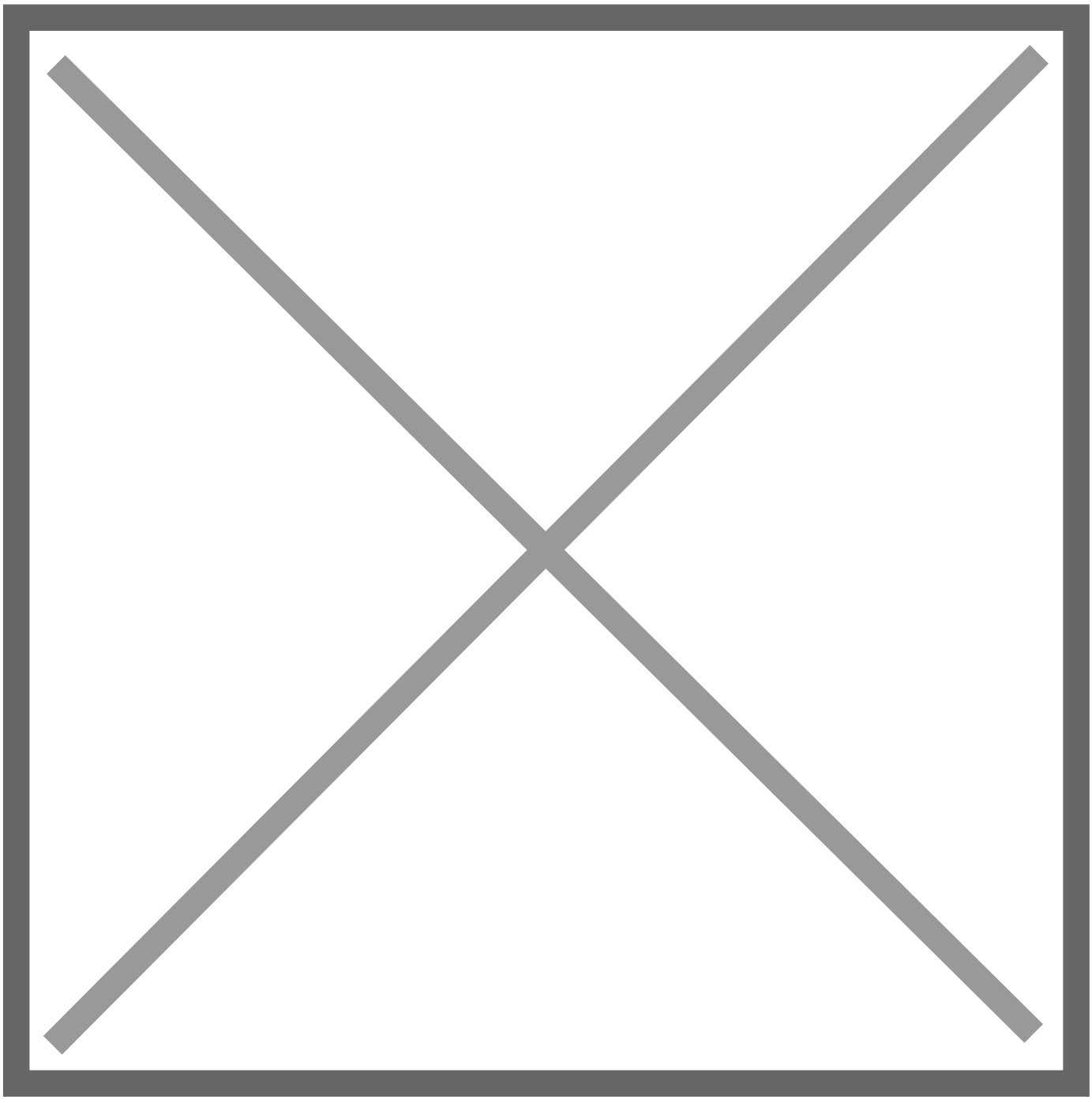


Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]

Notes: WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

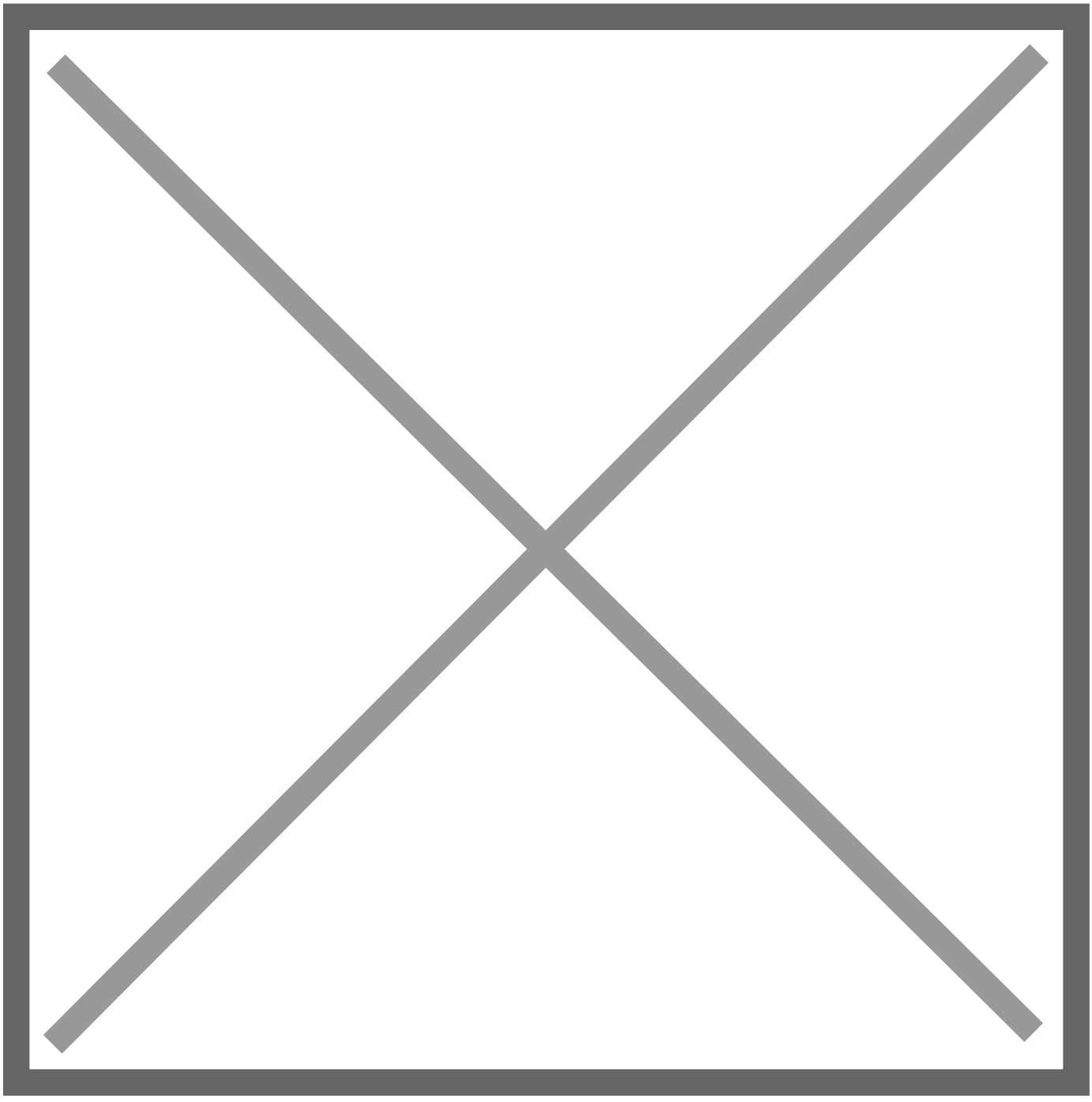
Women, 2023



Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]

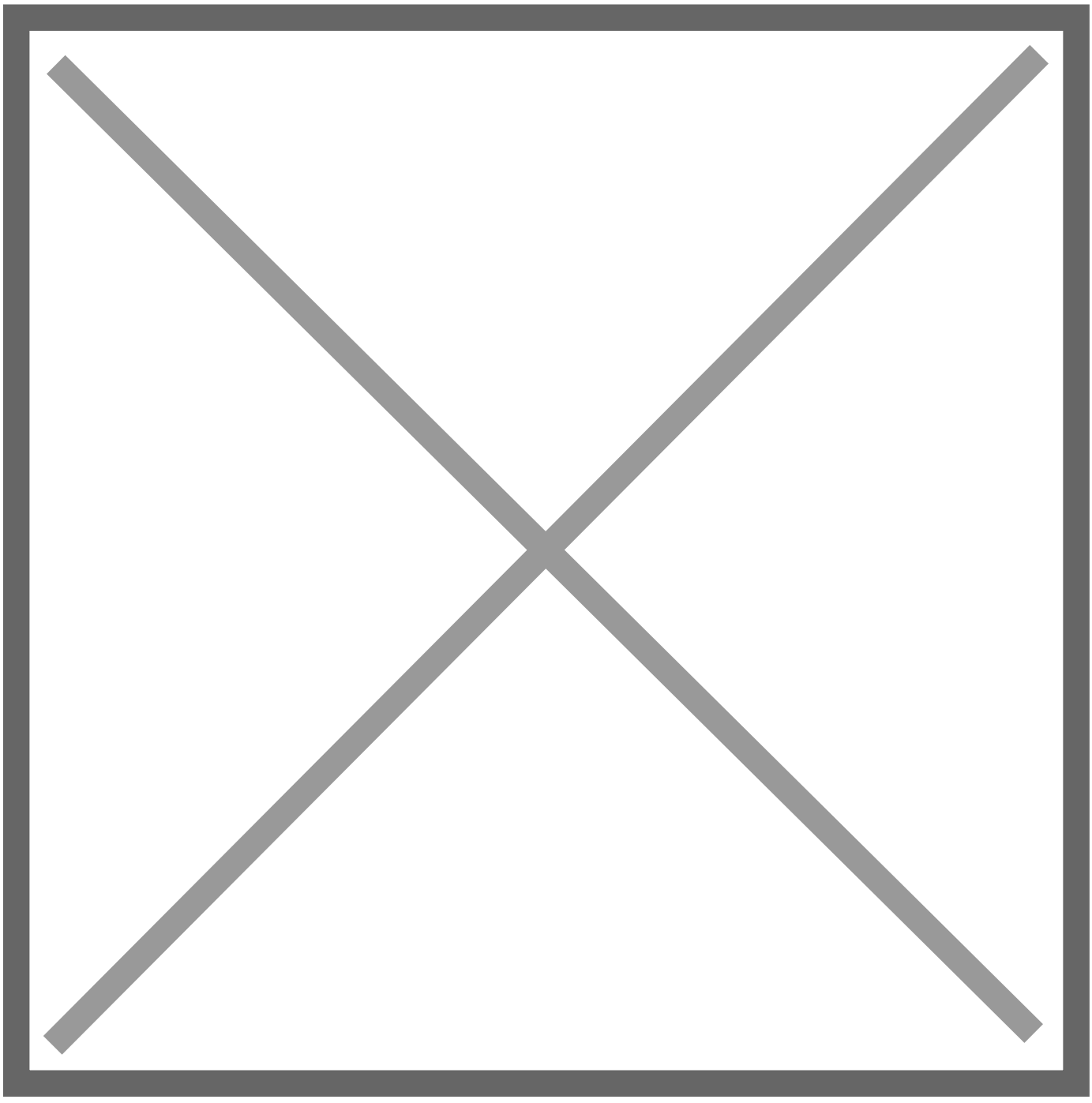
Notes:	WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2023



Survey type:	Measured
Age:	5-12
Sample size:	122,723
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Cutoffs:	WHO 2007

0-5 years, 2023

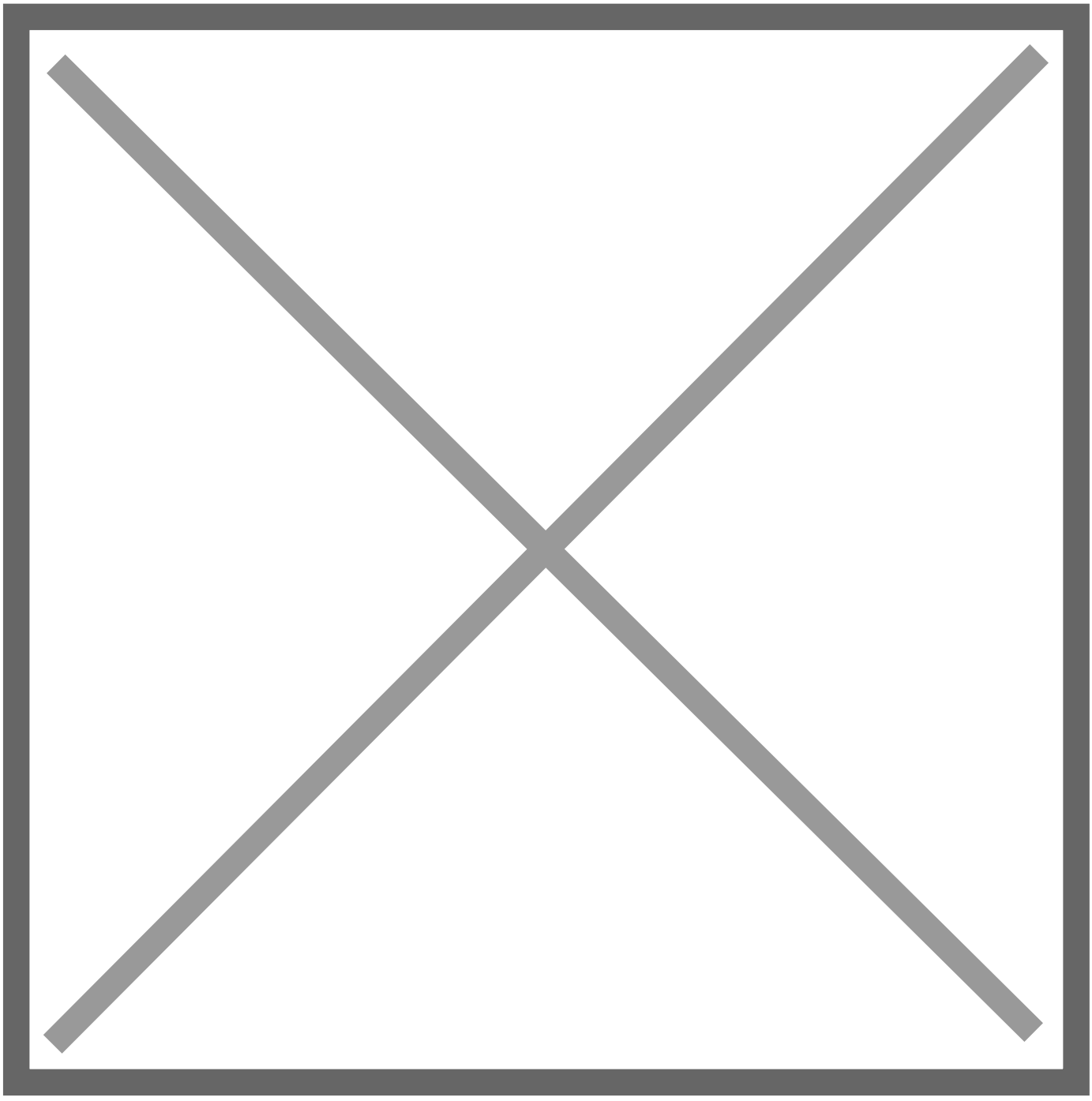


Survey type:	Measured
Sample size:	306,281
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Definitions:	Weight-for-height by WHO child growth standards

Cutoffs:	=>+2SD

Overweight/obesity by age and region

Children, 2018

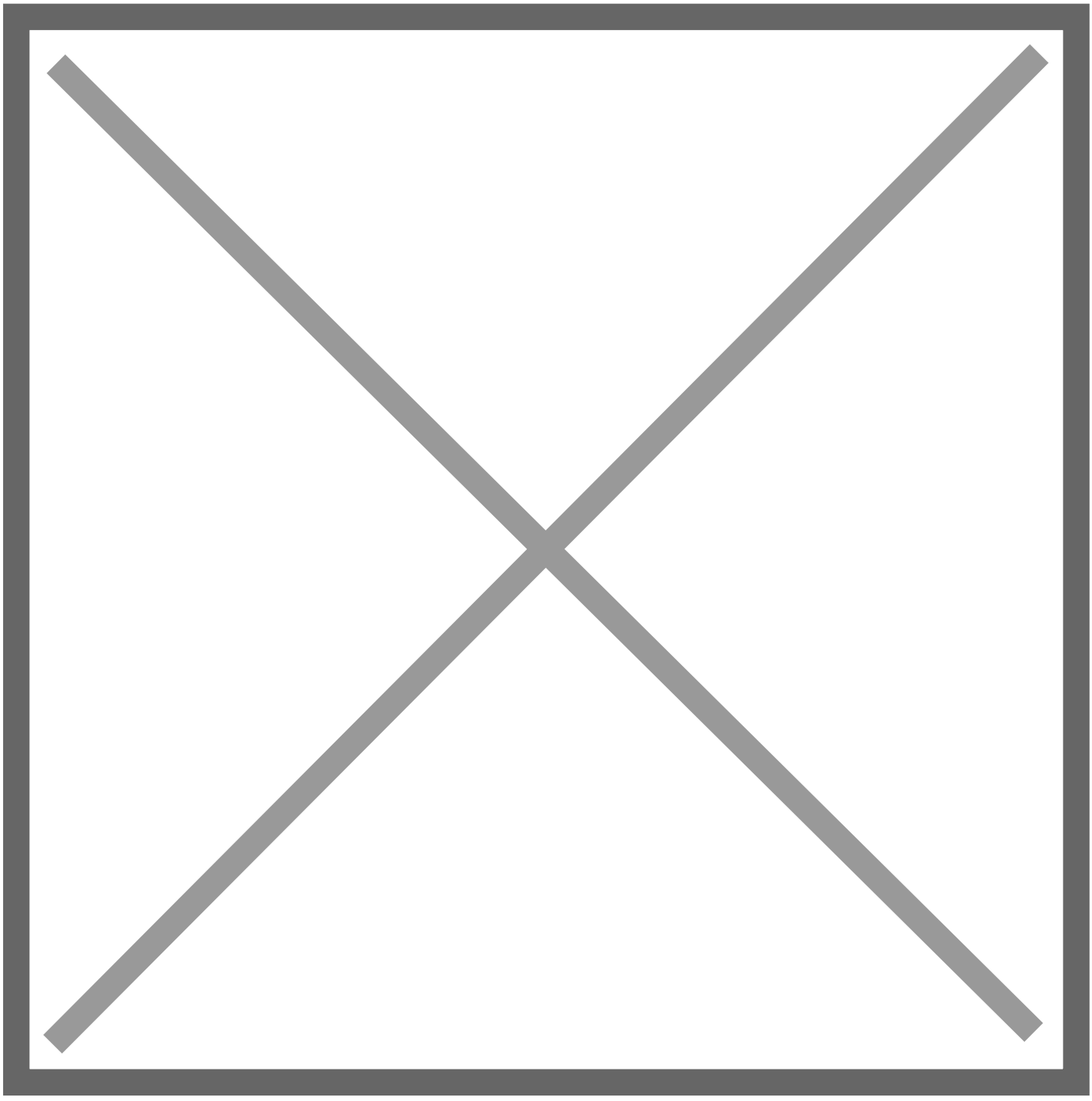


Survey type:	Measured
Sample size:	277528
Area covered:	National

□□□□ :	Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)
Definitions:	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Overweight/obesity by socio-economic group

Men, 2023

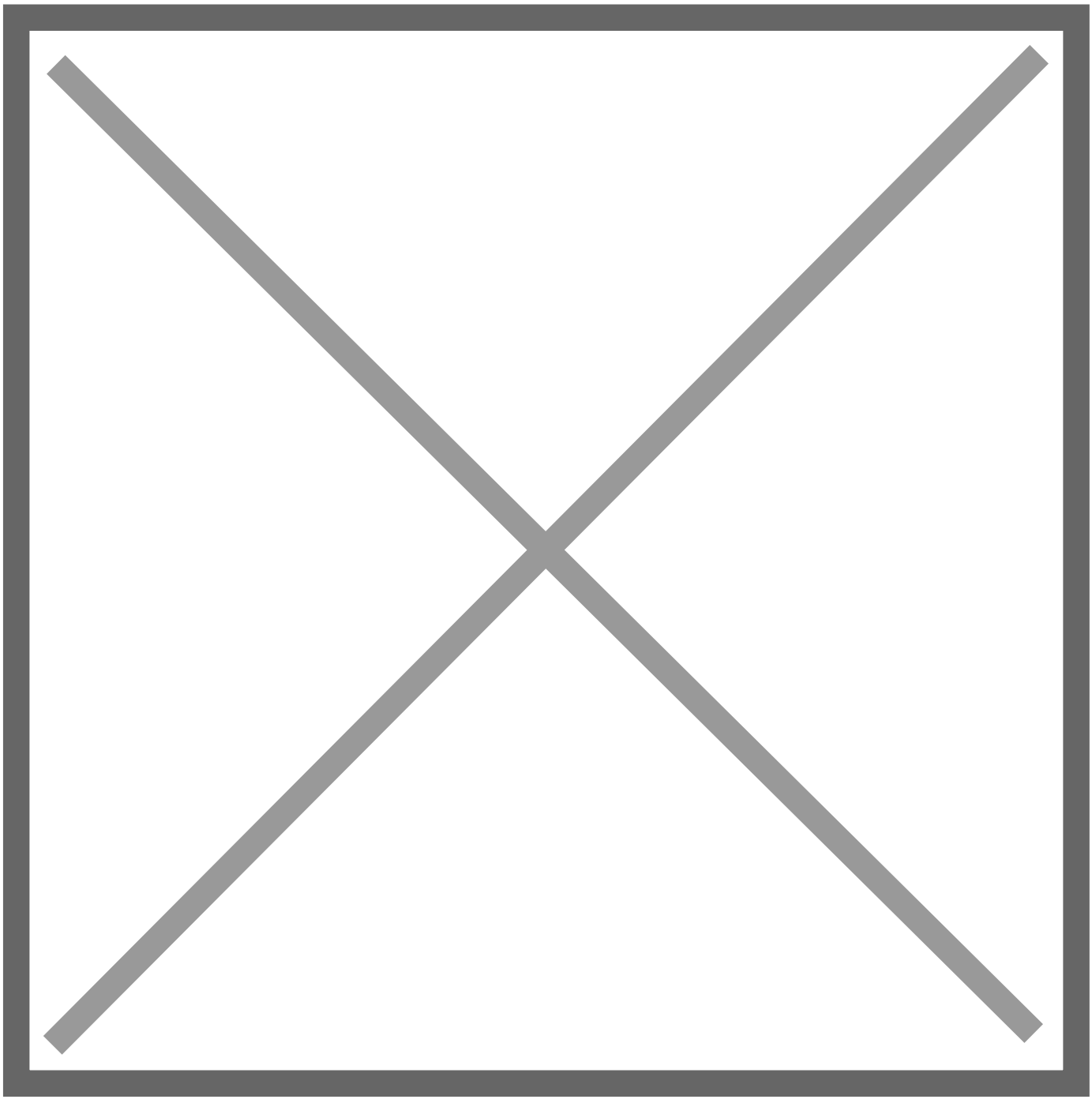


Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National

□□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]
Notes:	262,172 men and 318,662 women. WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available.
Definitions:	Economic status

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2023

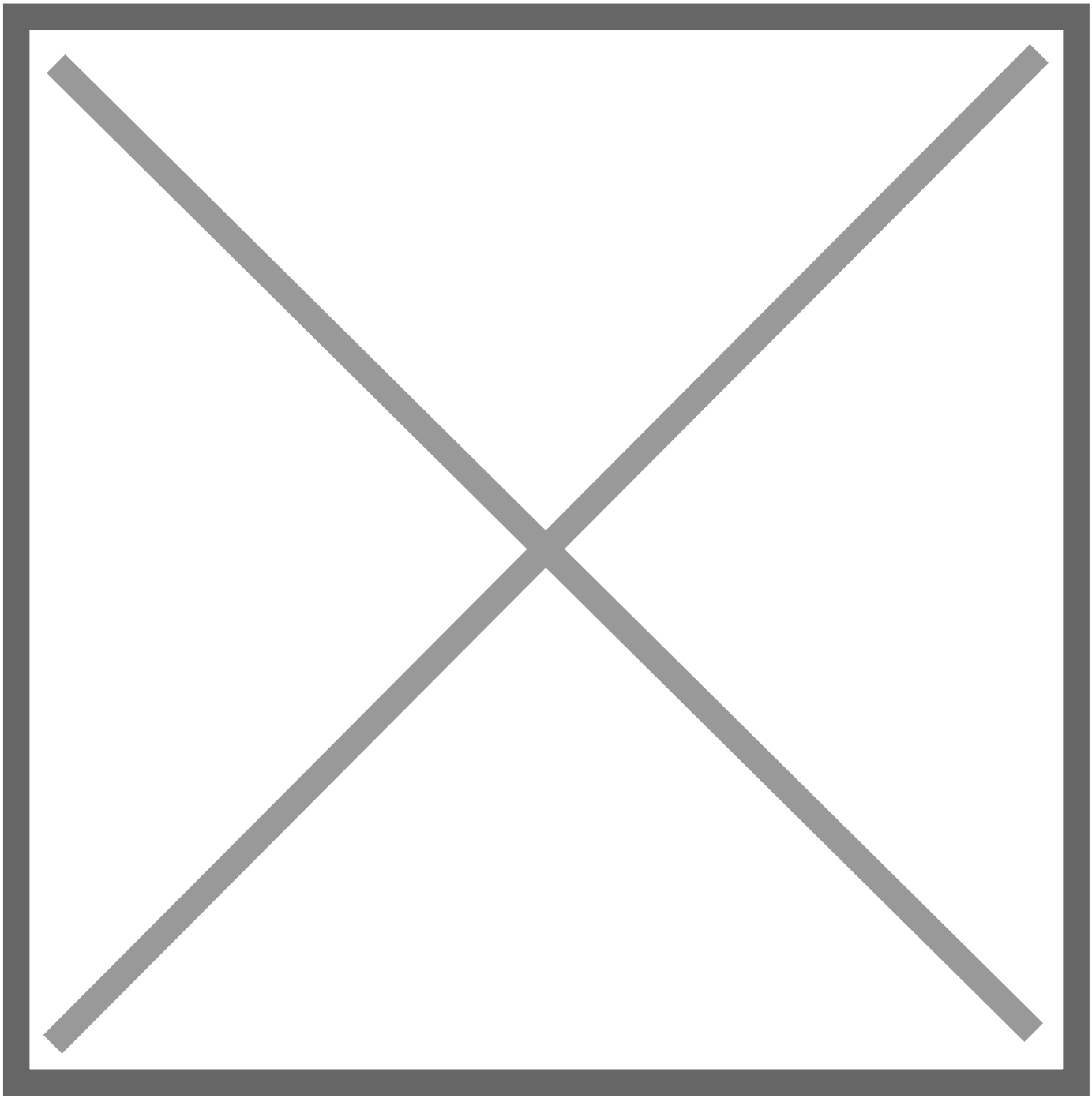


Survey type:	Measured
Age:	19+
Sample size:	580,834
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]

Notes:	262,172 men and 318,662 women. WHO standard cutoffs shown to allow comparison with other countries (BMI ≥25). Data using Indonesian cutoffs also available.
Definitions:	Economic status

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2023

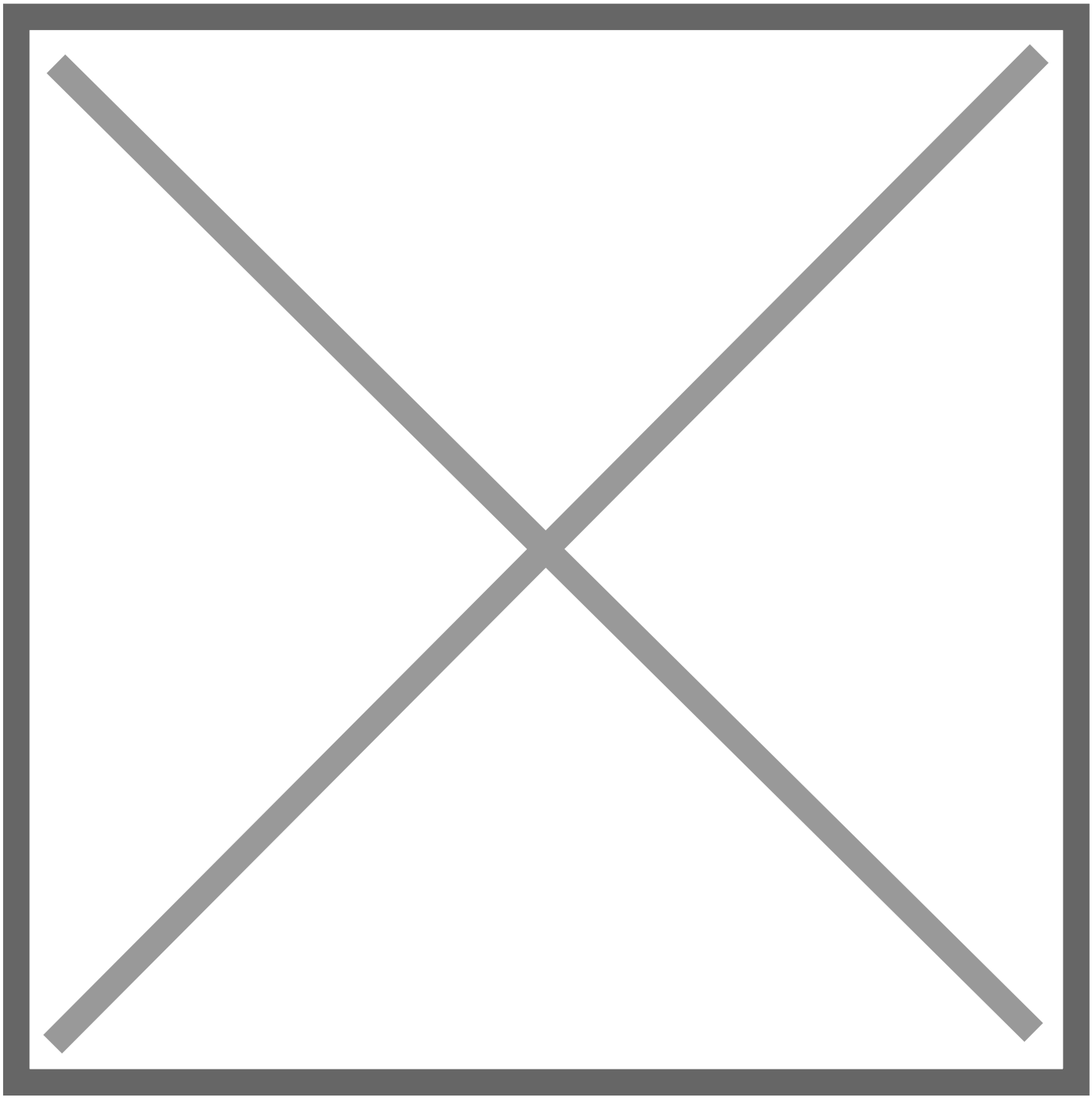


Survey type:	Measured
Age:	5-12
Sample size:	122,723
Area covered:	National
□□□ :	Indonesian Health Survey 2023 in Numbers (SKI 2023). Kemenkes BKPK. https://www.badankebijakan.kemkes.go.id/en/ski-2023-dalam-angka/ [Accessed 23.07.25]

Definitions:	Economic status
Cutoffs:	WHO 2007

Double burden of underweight & obesity

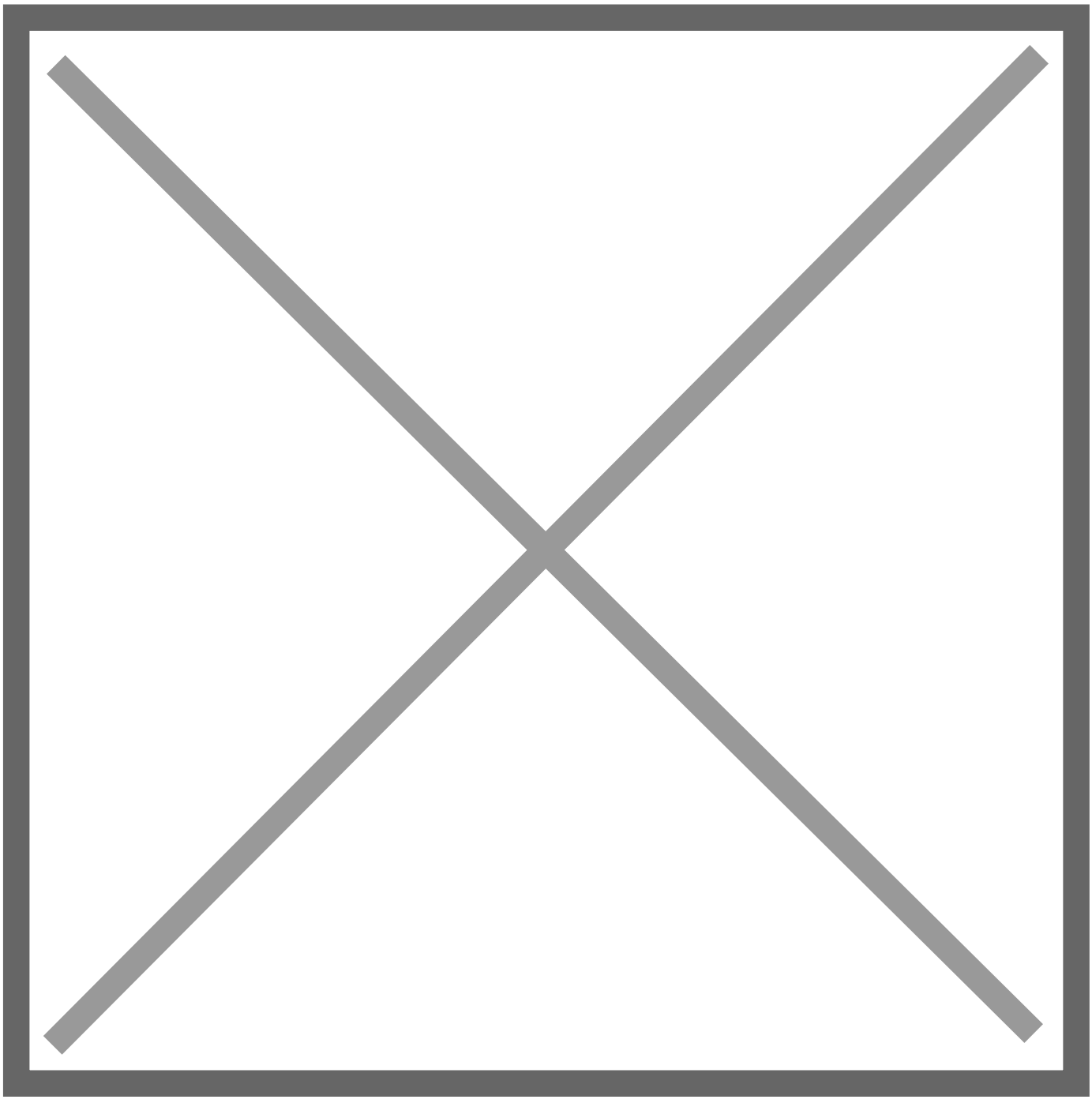
Adults, 2022



Survey type:	Measured
Age:	20+
□□□ :	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.

Notes:	Age Standardised estimates
Definitions:	Combined prevalence of BMI<18.5 kg/m² and BMI>=30 kg/m² (double burden of underweight and obesity)

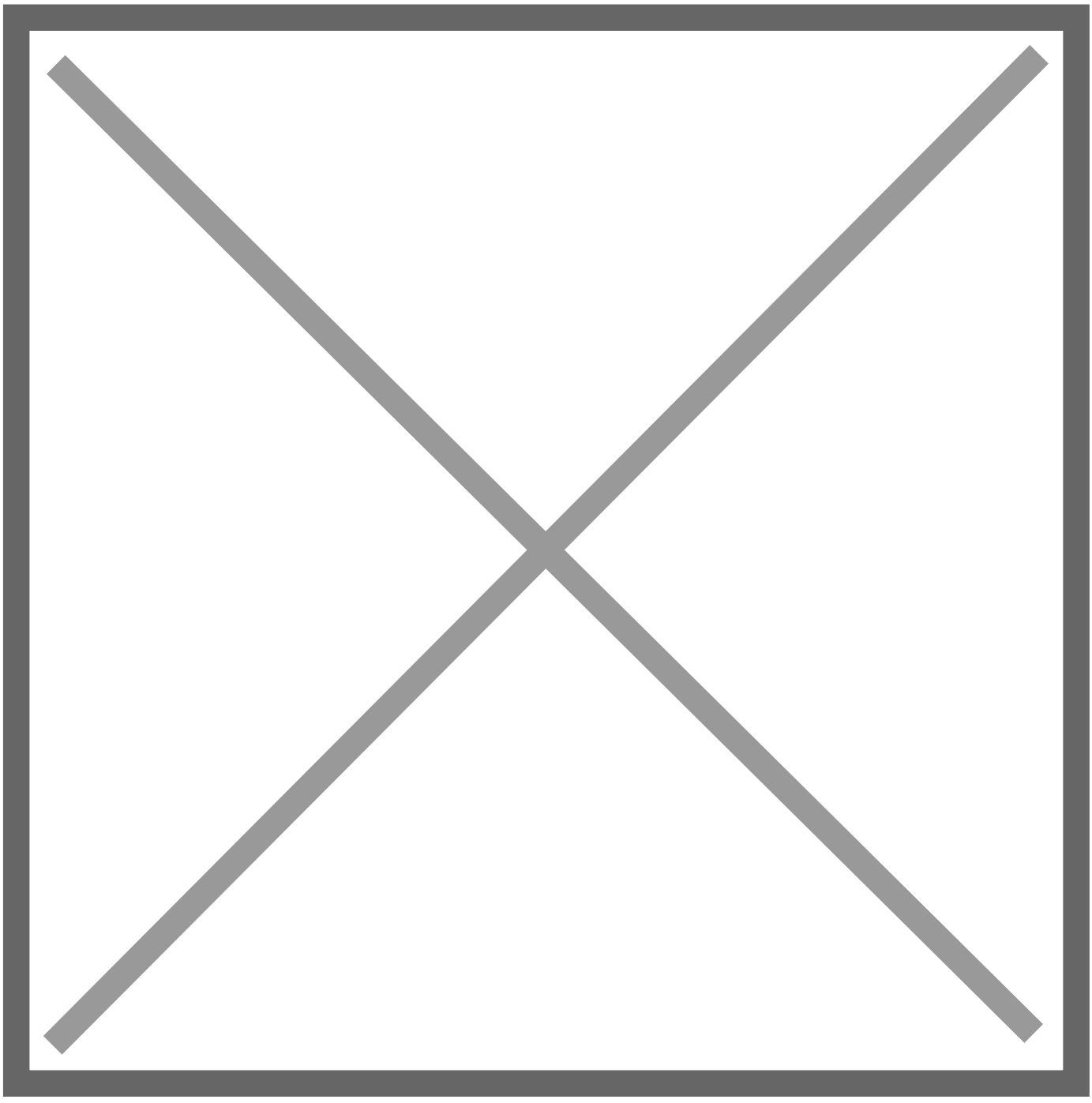
Children, 2022



Survey type:	Measured
Age:	5-19
□□□ :	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2.
Notes:	Age standardised estimates
Definitions:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:	BMI < -2SD and BMI > 2SD

0-5 years, 2023

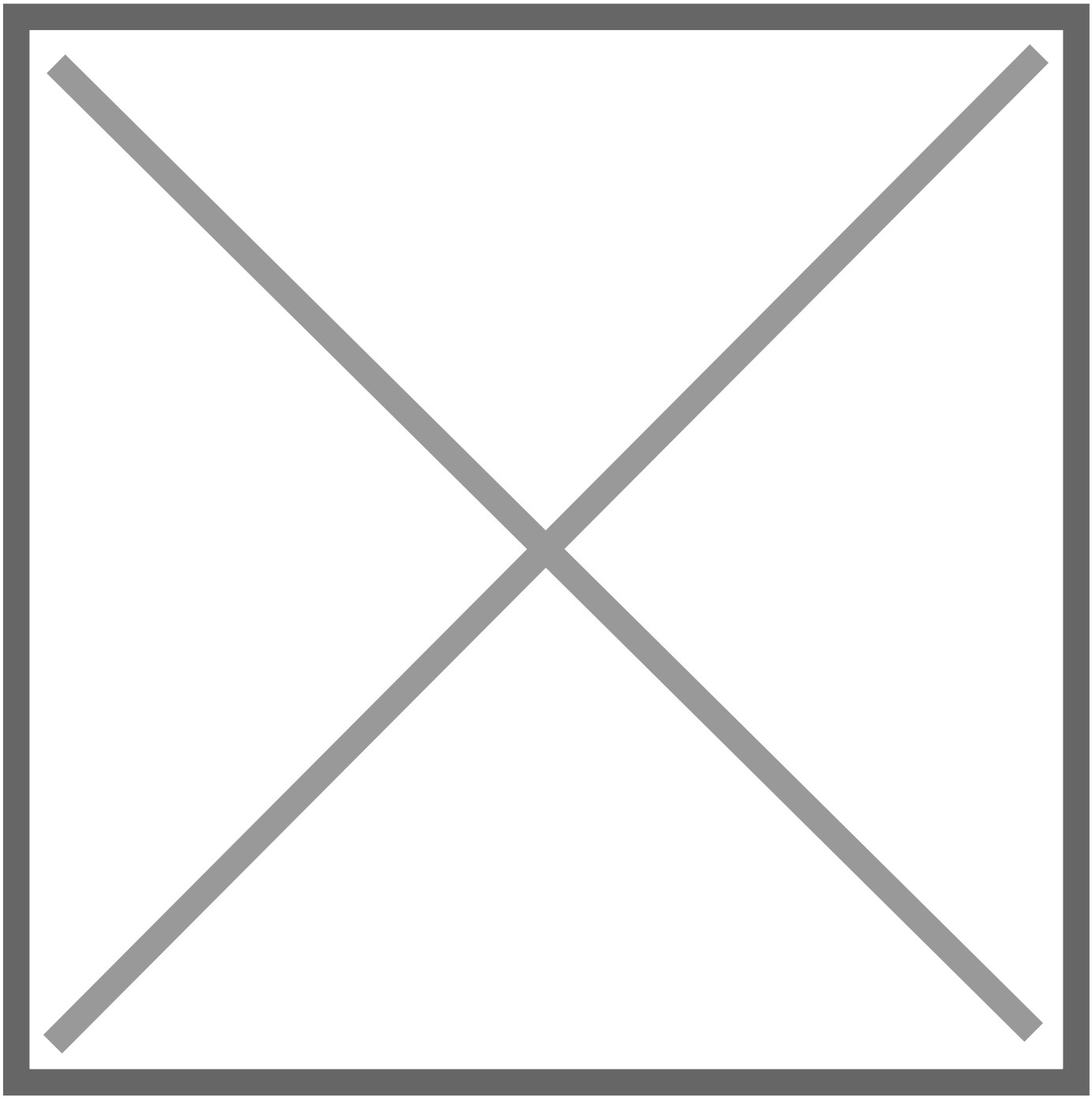


Survey type:	Measured
Age:	0-5
□□□ :	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Survei Kesehatan Indonesia Tahun 2023 (SKI-2023)
Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)

Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

Insufficient physical activity

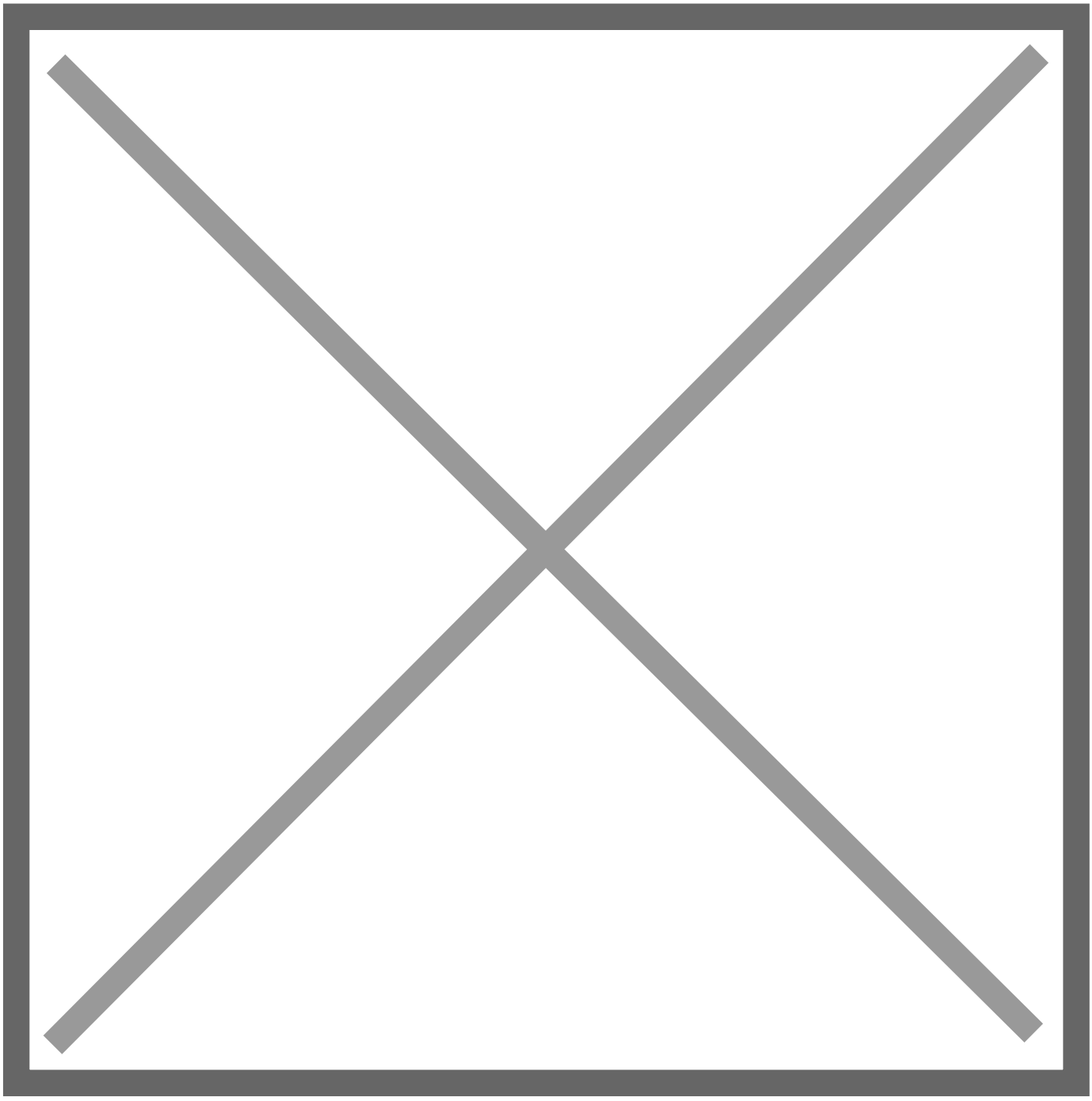
Adults, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National

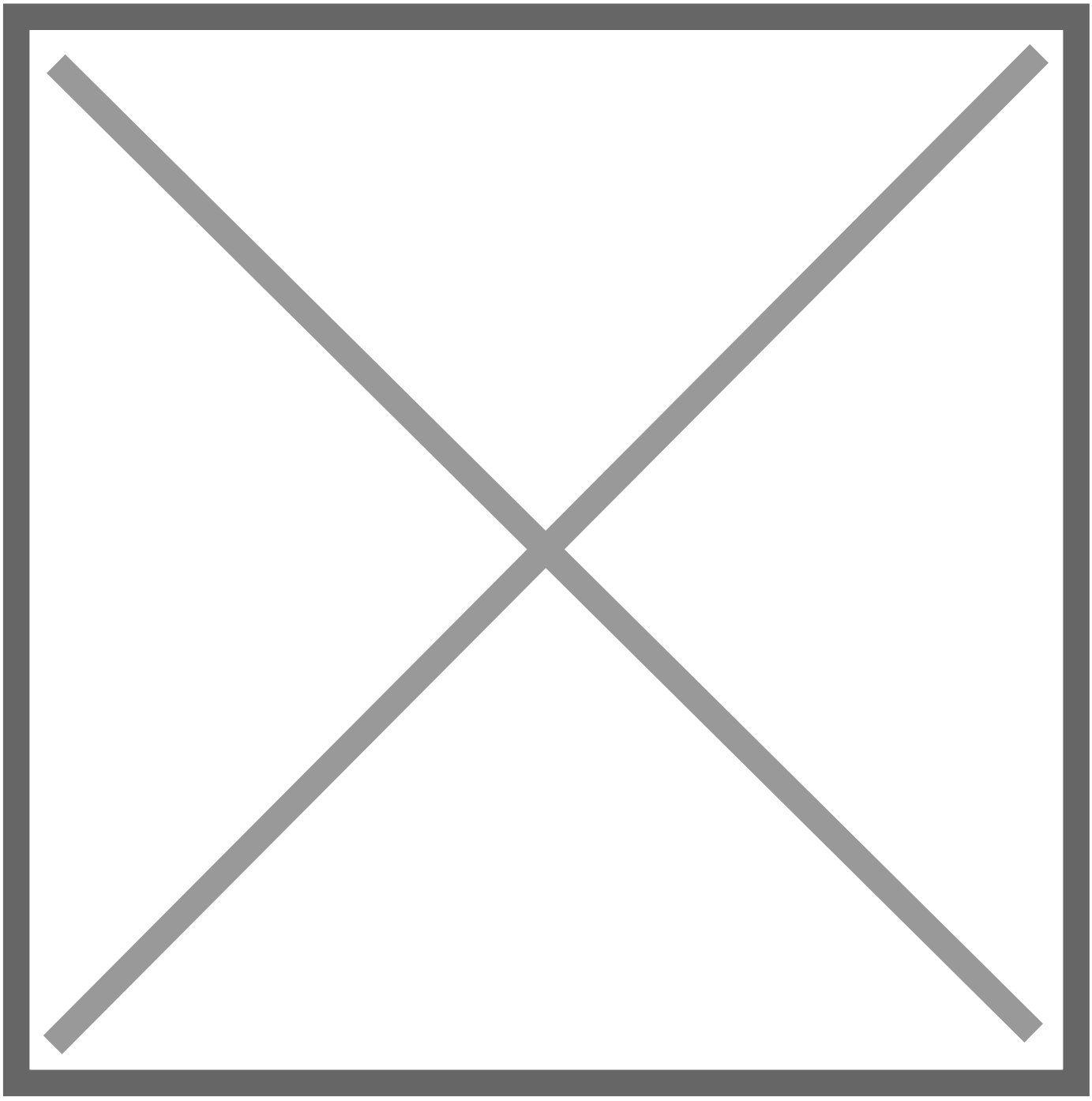
□□□□ :	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)
Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Men, 2022



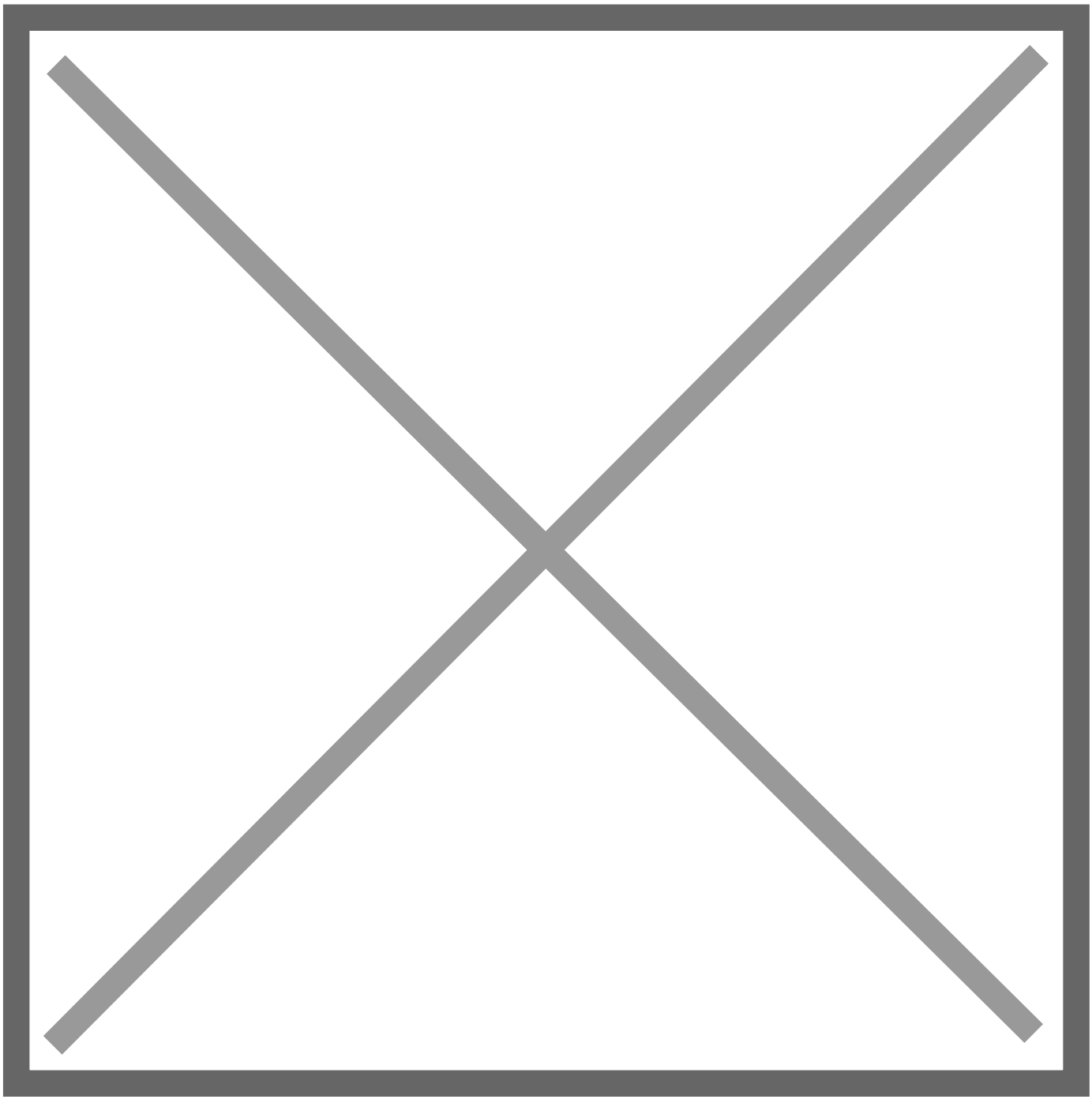
Survey type:	Self-reported
Age:	18+
Area covered:	National
□□□ :	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)
Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Women, 2022



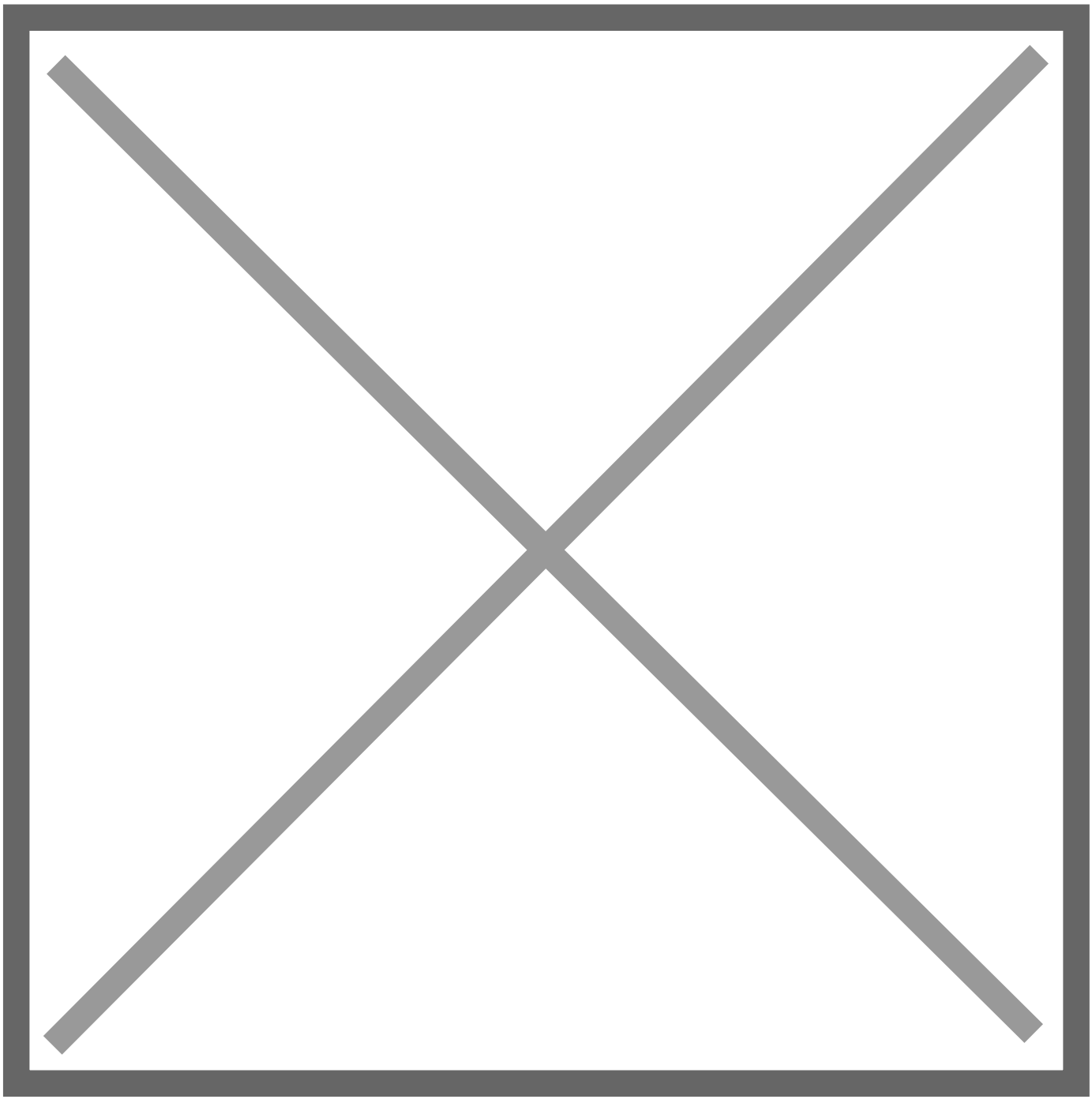
Survey type:	Self-reported
Age:	18+
Area covered:	National
□□□ :	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)
Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Children, 2016



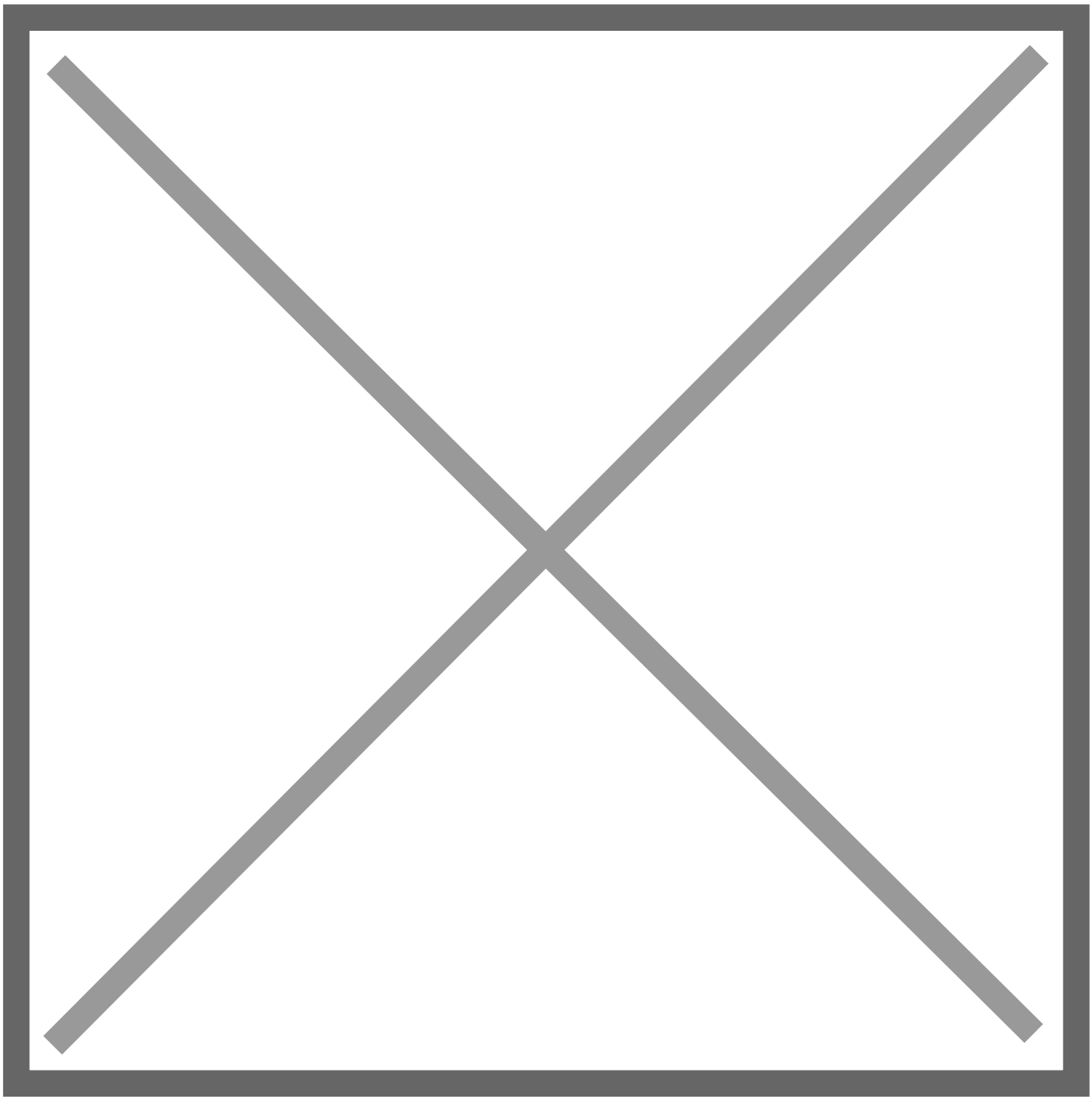
Survey type:	Self-reported
Age:	11-17
□□□ :	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Boys, 2016



Survey type:	Self-reported
Age:	11-17
□□□ :	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

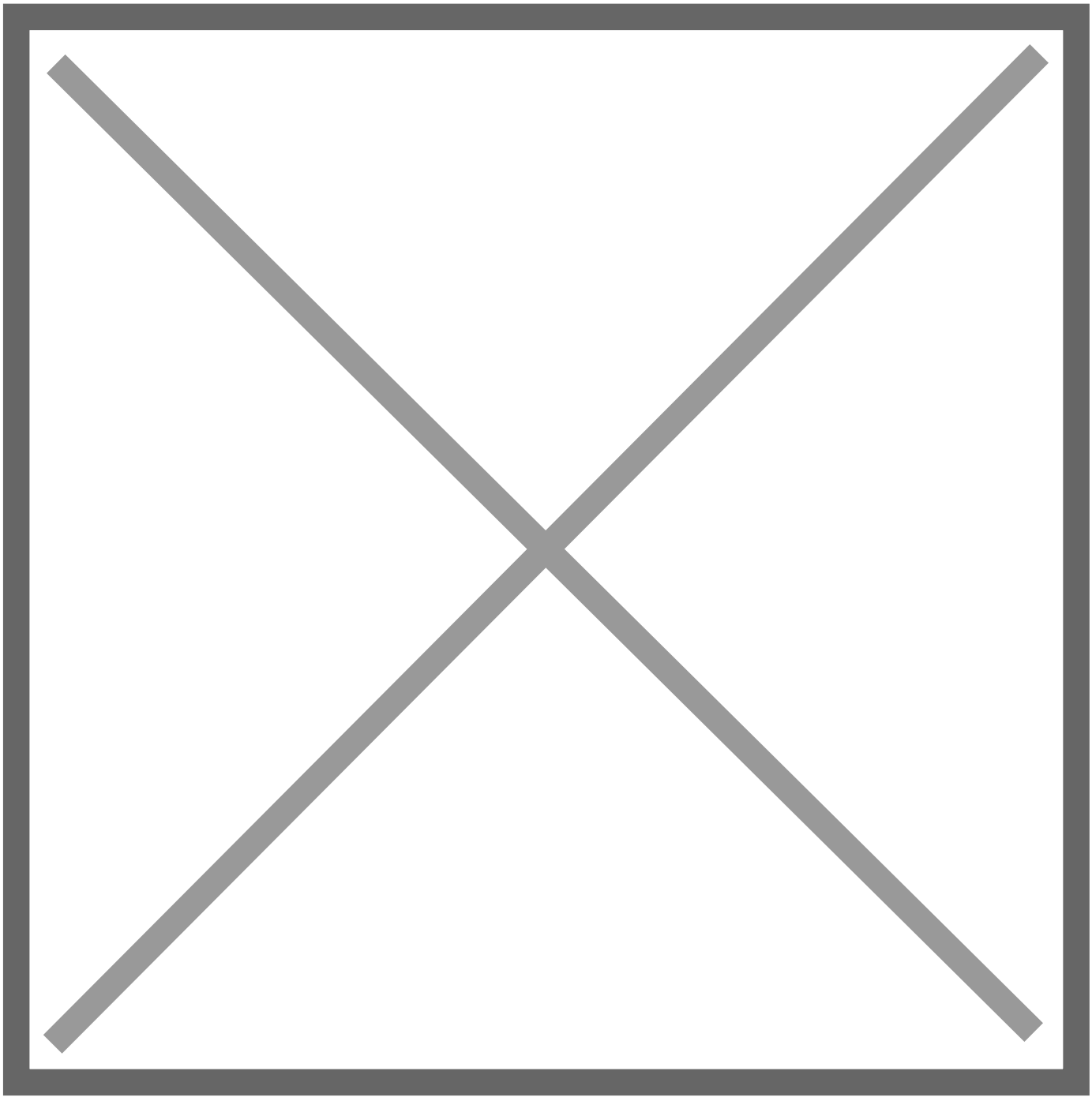
Girls, 2016



Survey type:	Self-reported
Age:	11-17
□□□ :	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Average daily frequency of carbonated soft drink consumption

Children, 2010-2015

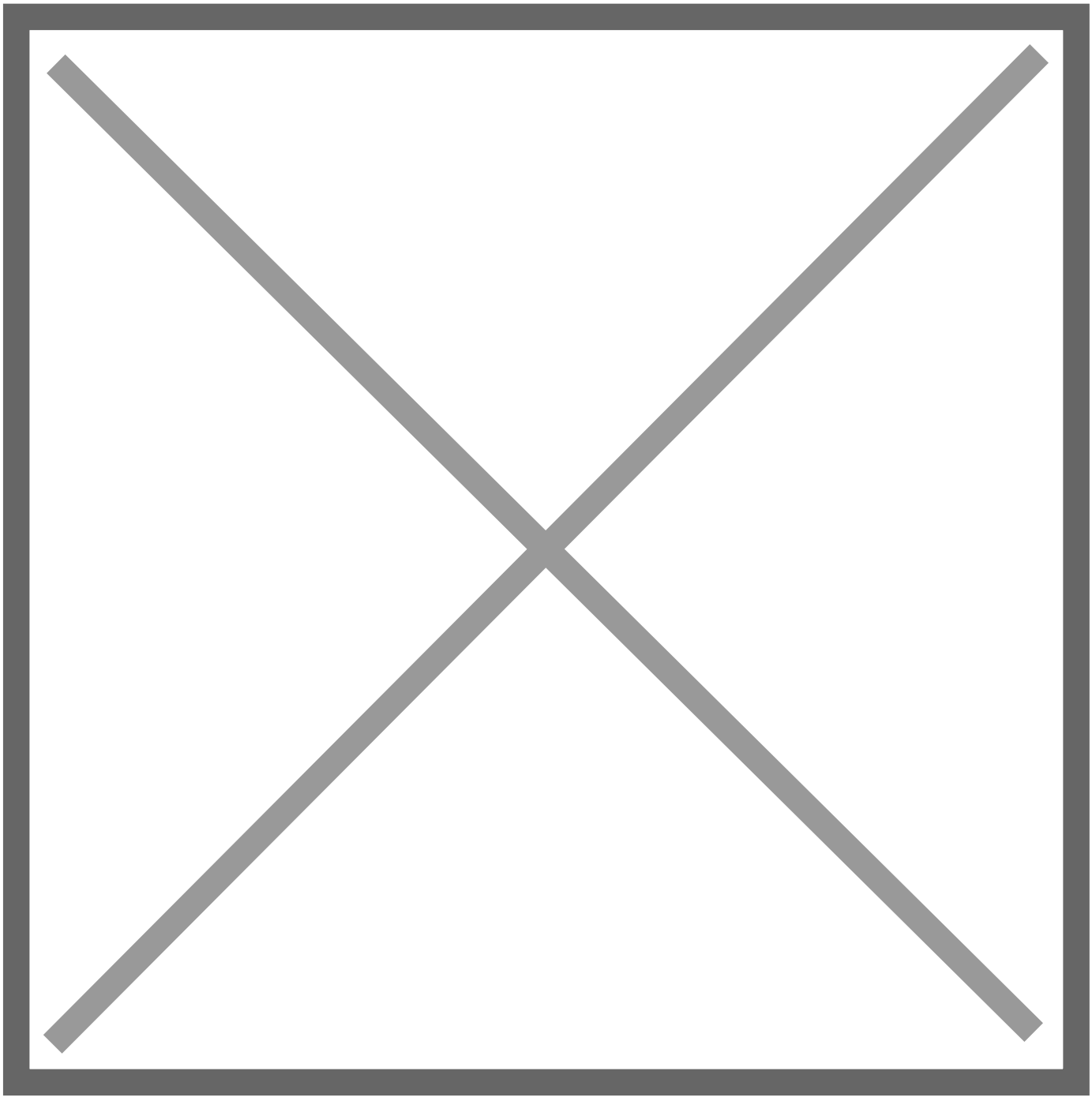


Survey type:	Measured
Age:	12-17

□□□□ : Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Prevalence of less than daily fruit consumption

Children, 2015

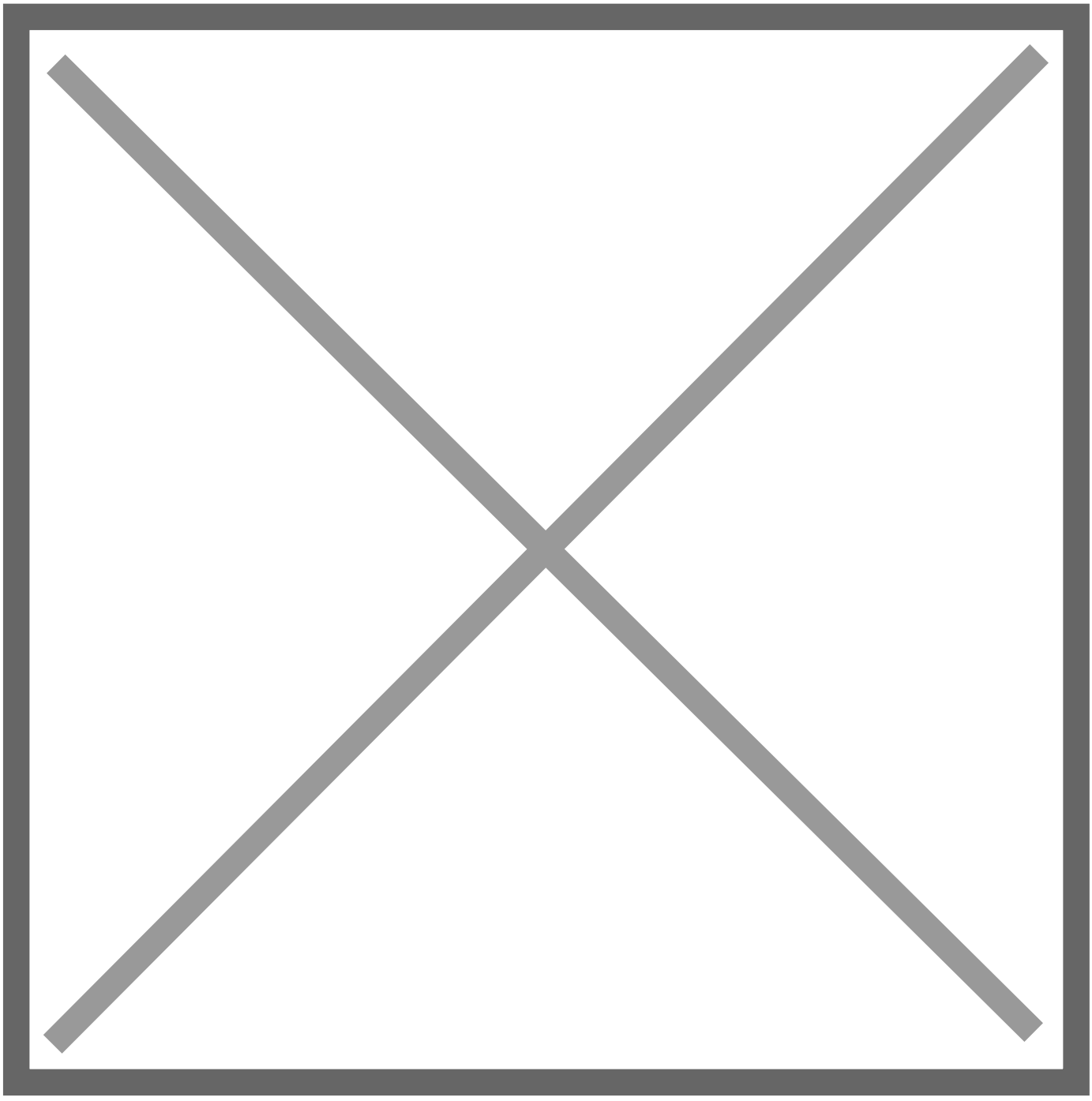


Survey type:	Self-reported
Age:	12-17
Area covered:	National

□□□□ :	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2015

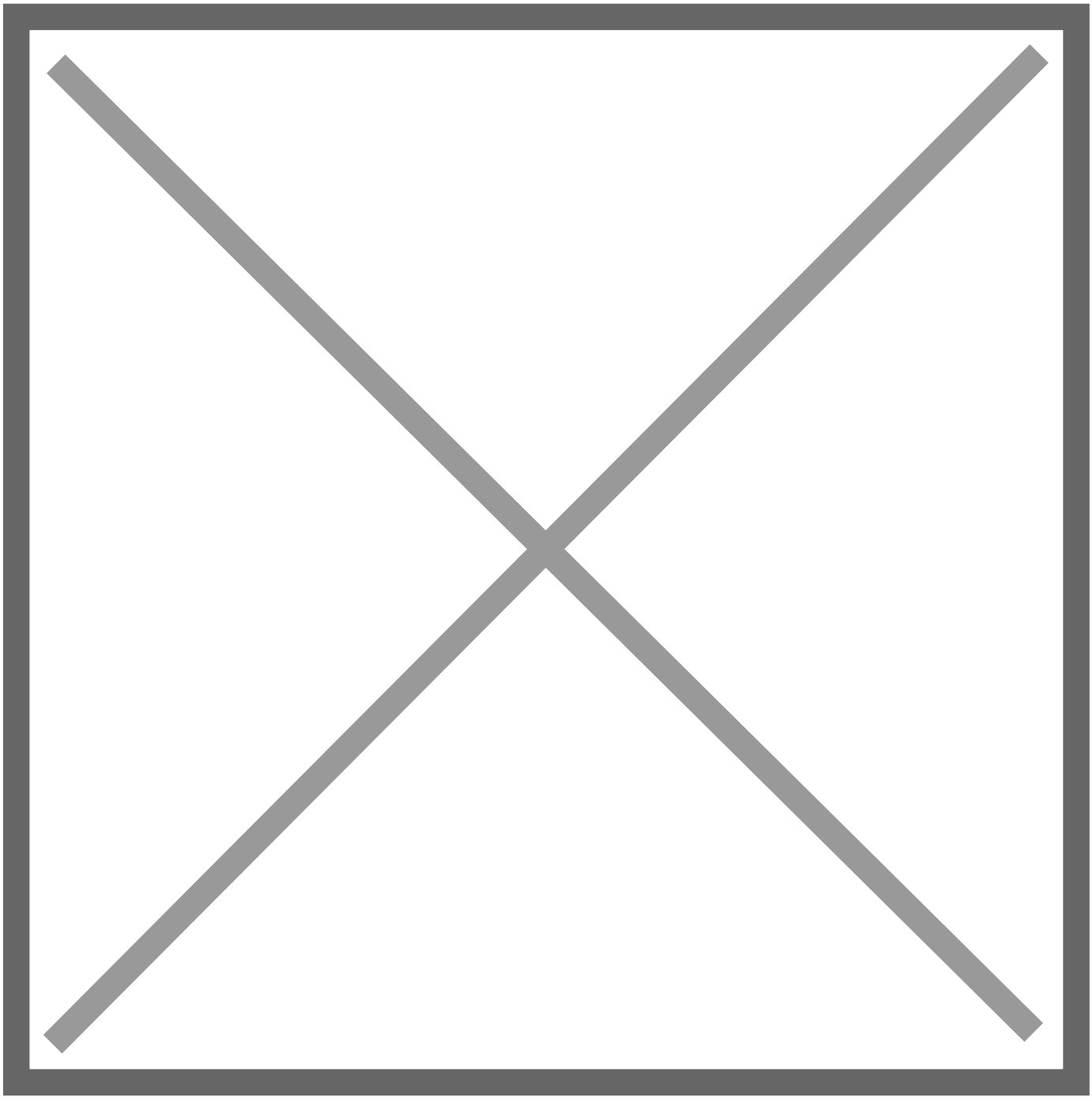


Survey type:	Self-reported
Age:	12-17
Area covered:	National

□□□□ :	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Average weekly frequency of fast food consumption

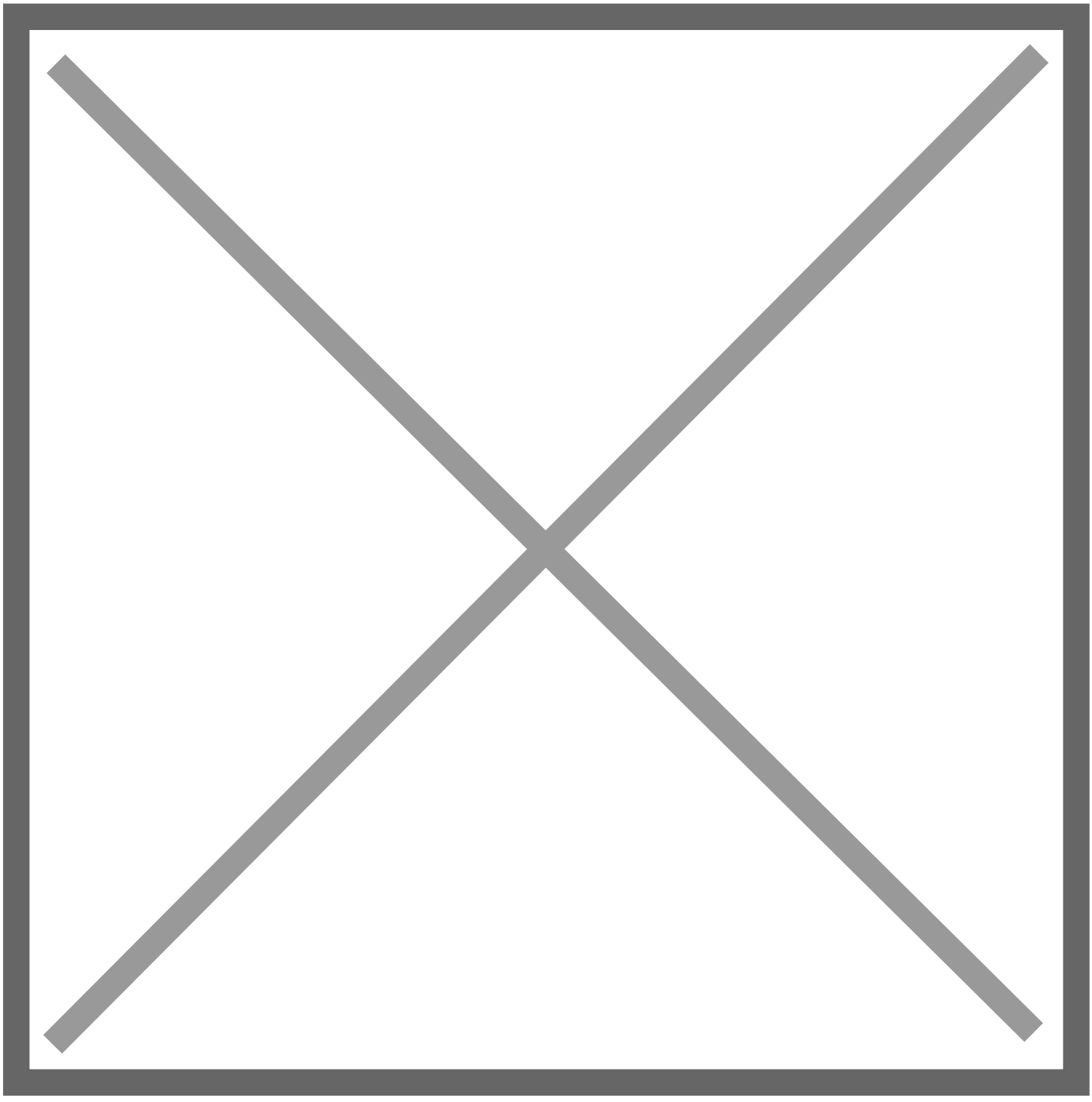
Adults, 2021-2024



Survey type:	Self-reported
Age:	15+
Sample size:	1062
Area covered:	National

□□□□ :	Global Diet Quality Project. 2024. “DQQ Results Dataset 2021-2024.” Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025.
Notes:	For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/
Definitions:	Proportion of the population who consumed fast food during the previous day or night (self-reported)

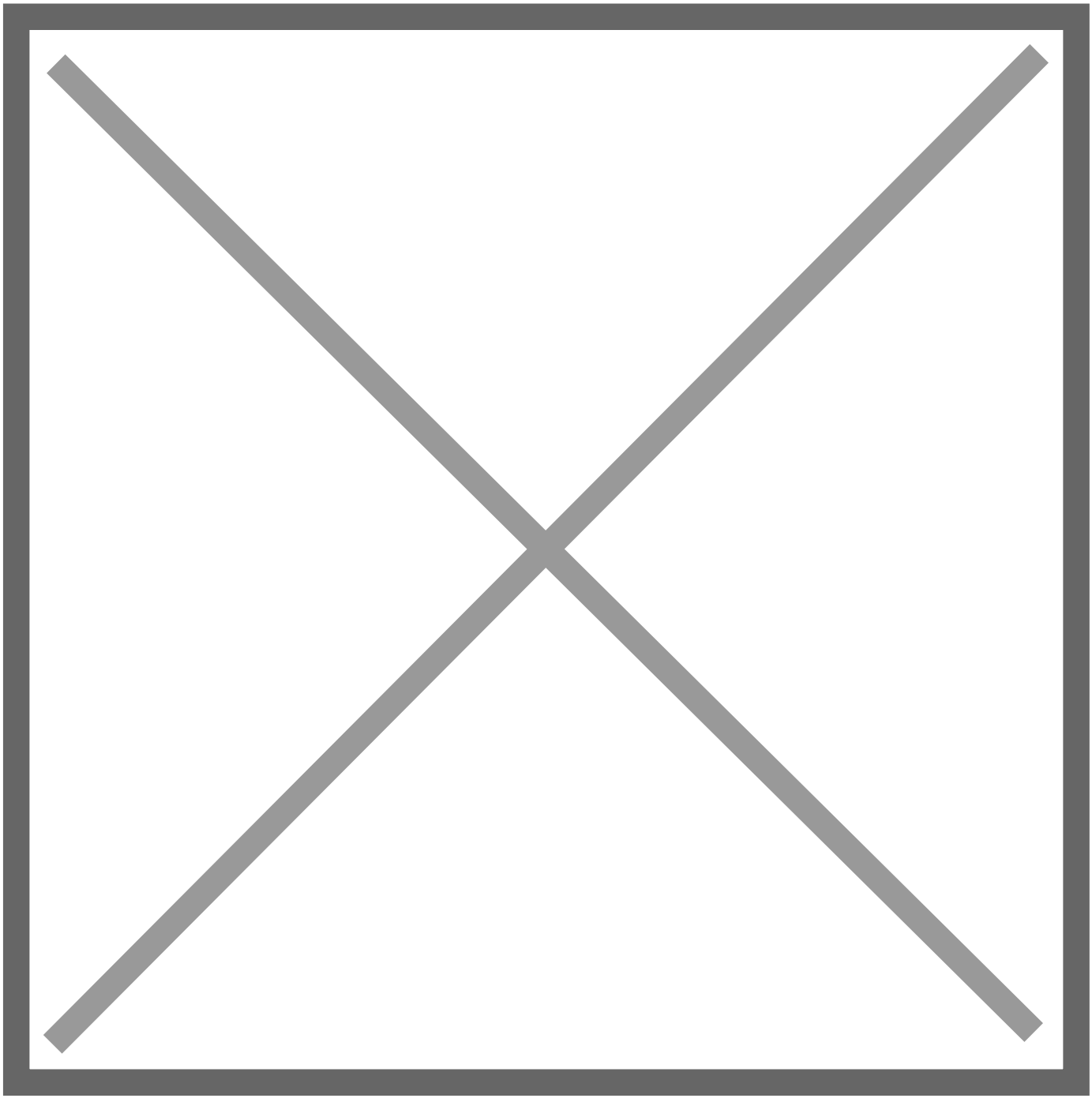
Men, 2021-2024



Survey type:	Self-reported
Age:	15+
Sample size:	1062
Area covered:	National
□□□ :	Global Diet Quality Project. 2024. “DQQ Results Dataset 2021-2024.” Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025.

Notes:	For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/
Definitions:	Proportion of the population who consumed fast food during the previous day or night (self-reported)

Women, 2021-2024

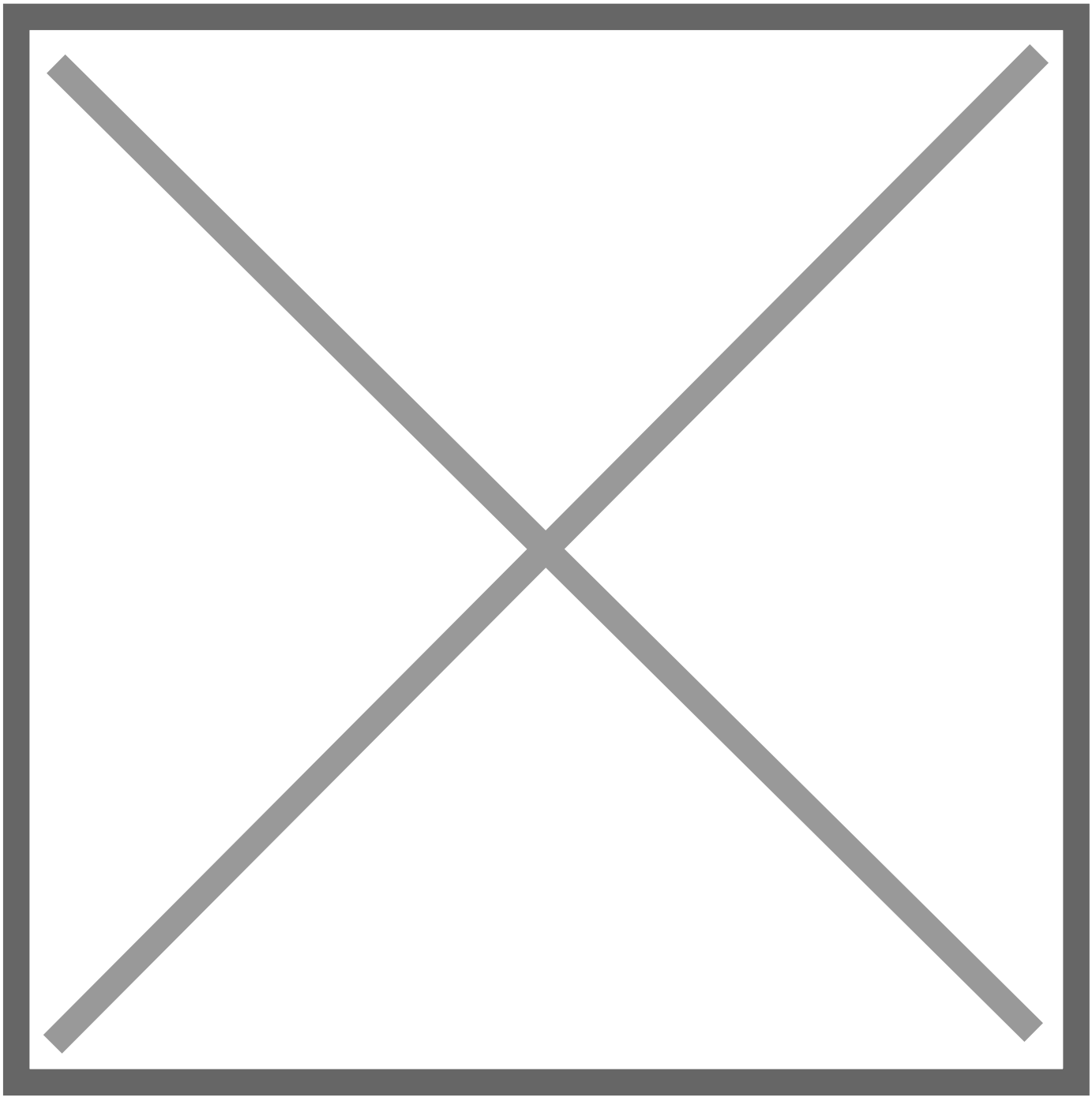


Survey type:	Self-reported
Age:	15+
Sample size:	1062
Area covered:	National
□□□ :	Global Diet Quality Project. 2024. “DQQ Results Dataset 2021-2024.” Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025.

Notes:	For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/
Definitions:	Proportion of the population who consumed fast food during the previous day or night (self-reported)

Mental health - depression disorders

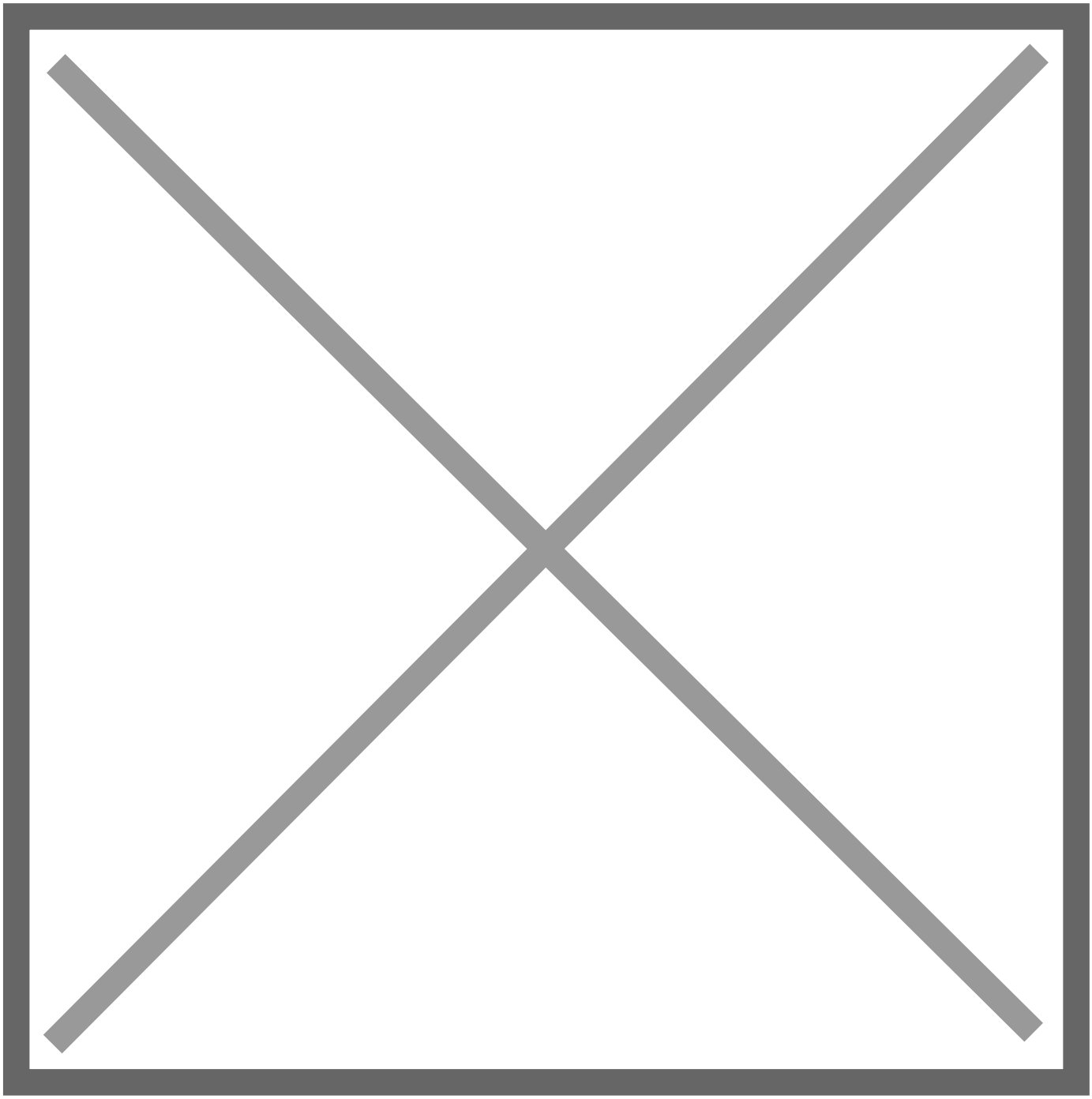
Adults, 2023



Age:	20+
Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]

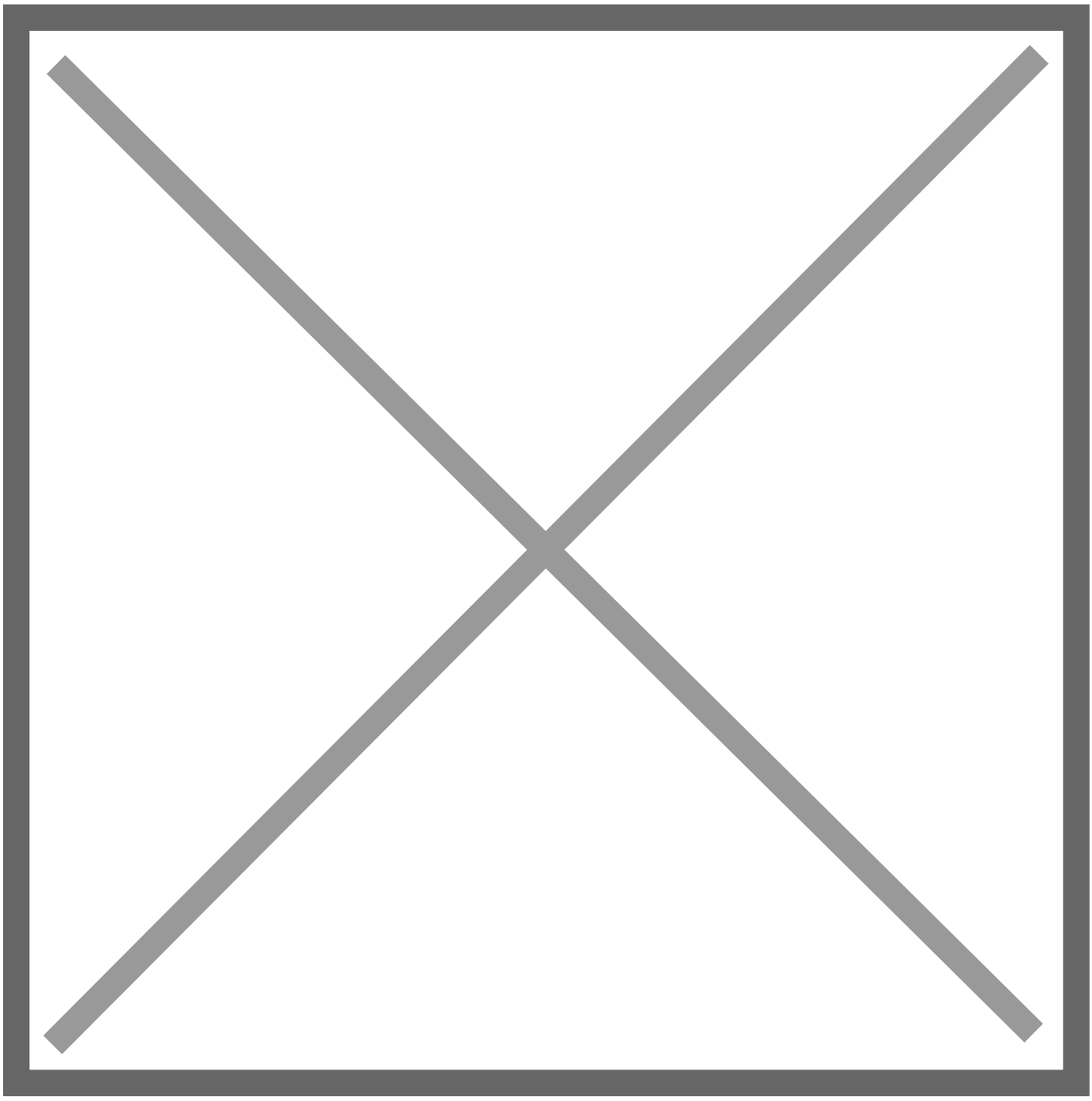
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Men, 2023



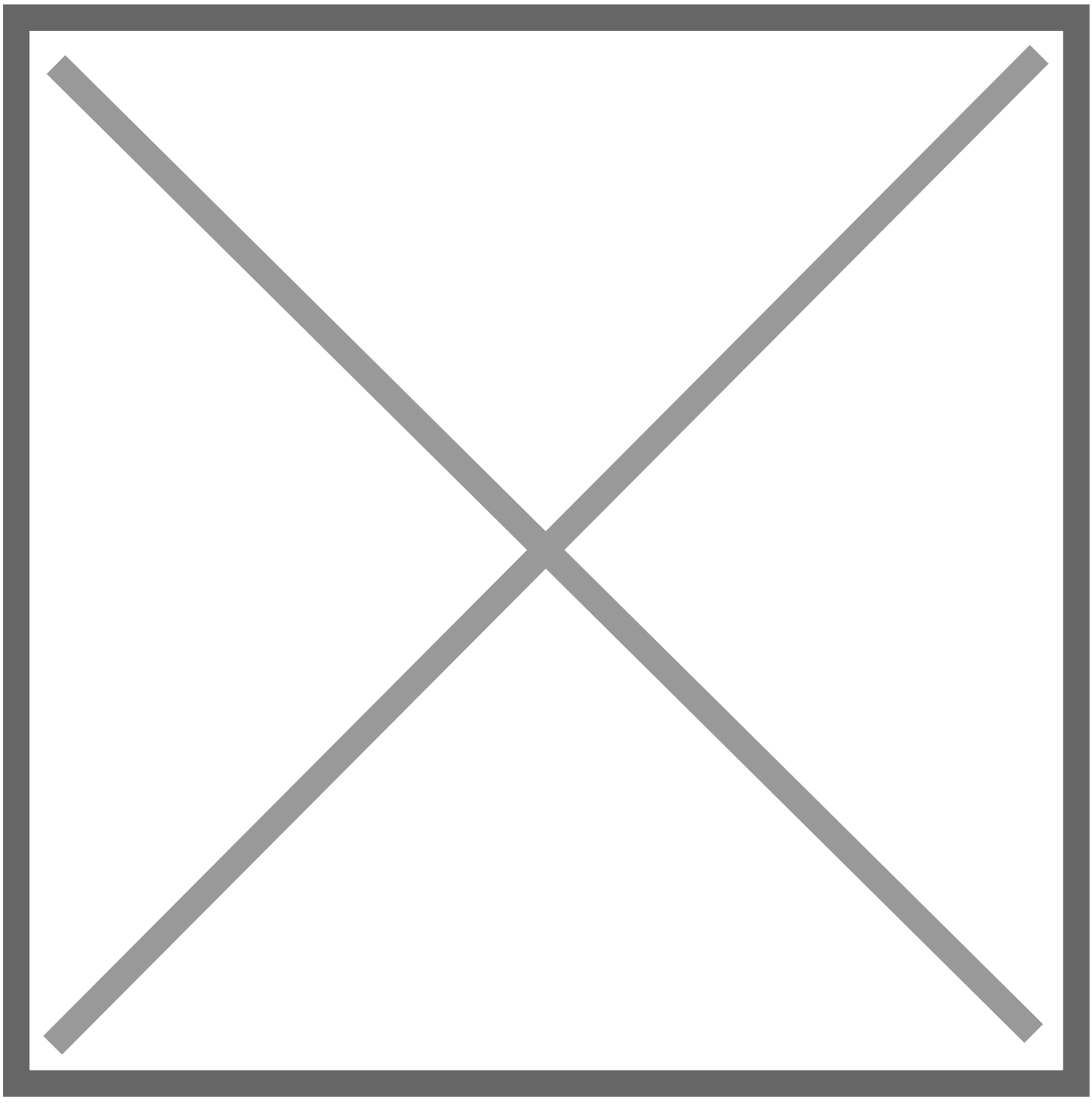
Age:	20+
Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Women, 2023



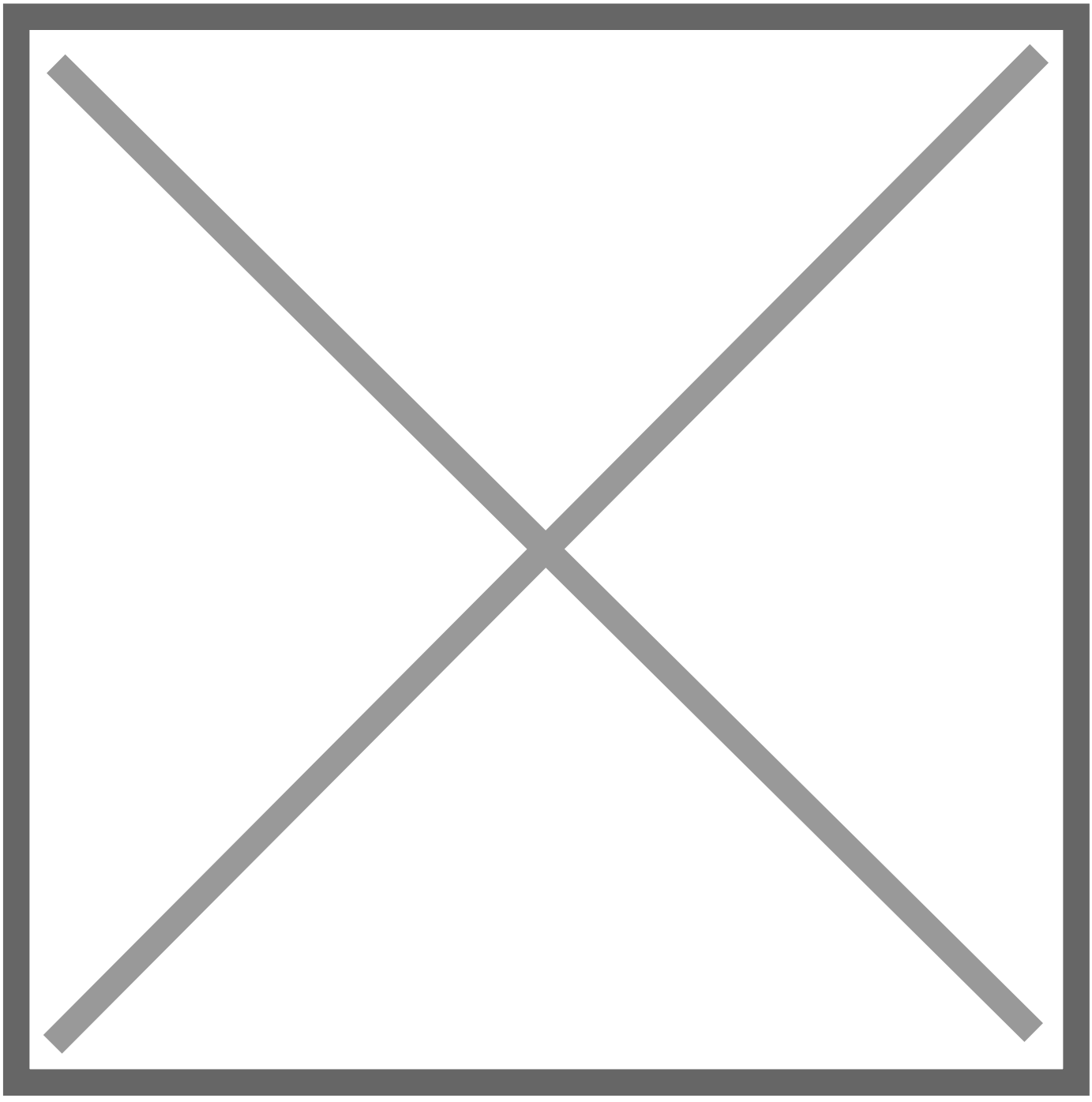
Age:	20+
Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

Children, 2023



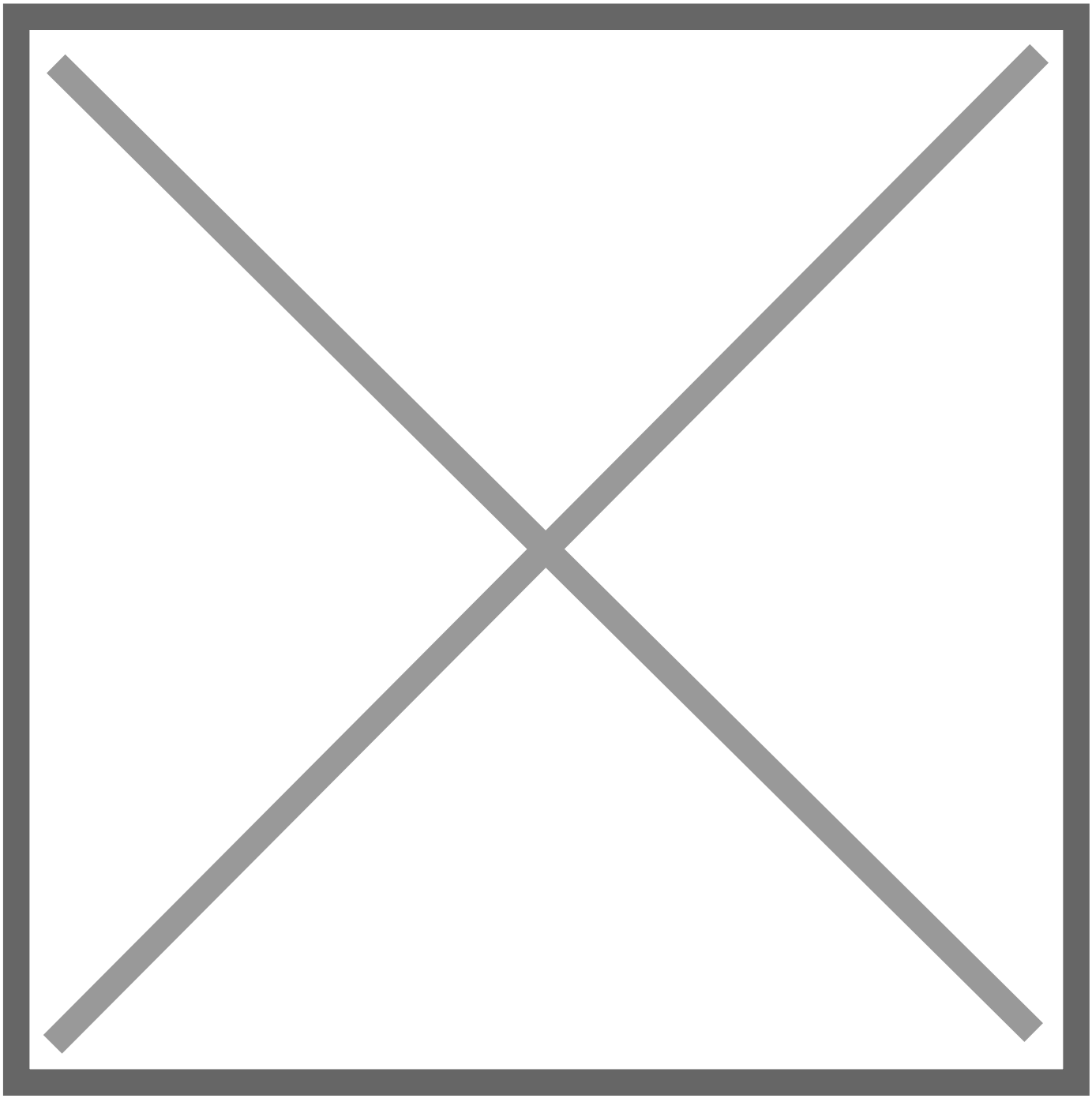
Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

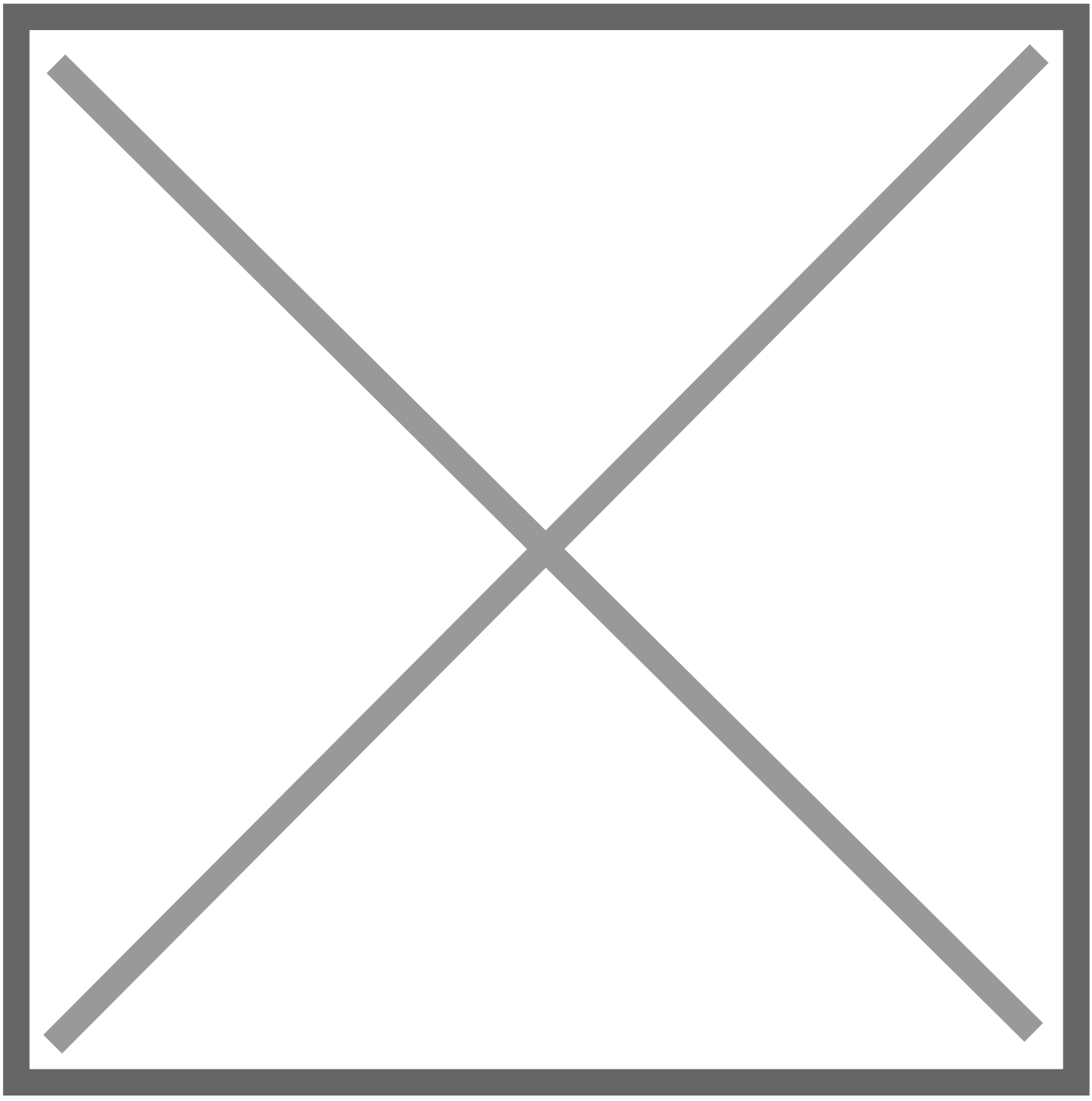
Girls, 2023



Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

Mental health - anxiety disorders

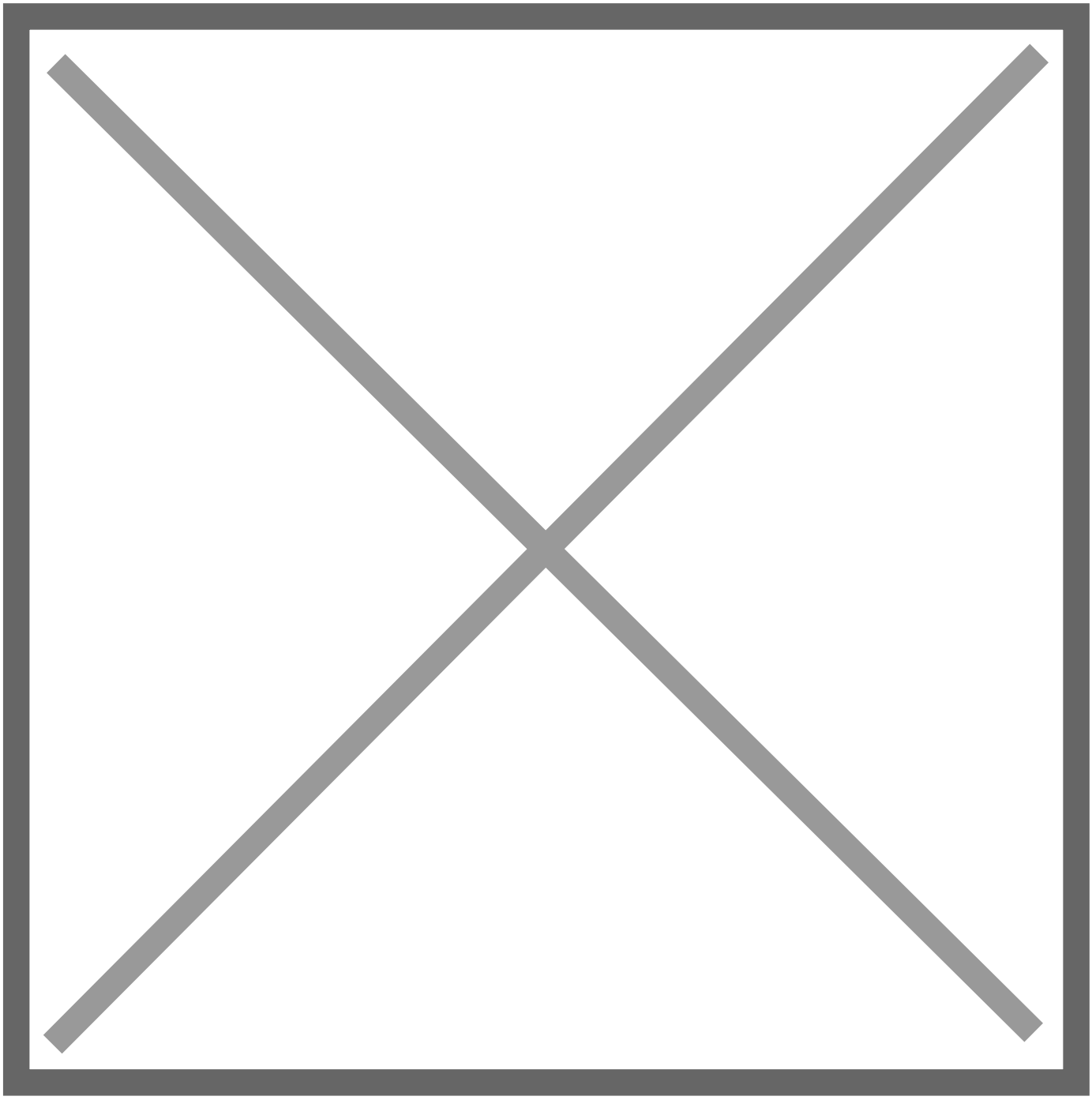
Adults, 2023



Age:	20+
Area covered:	National
:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]

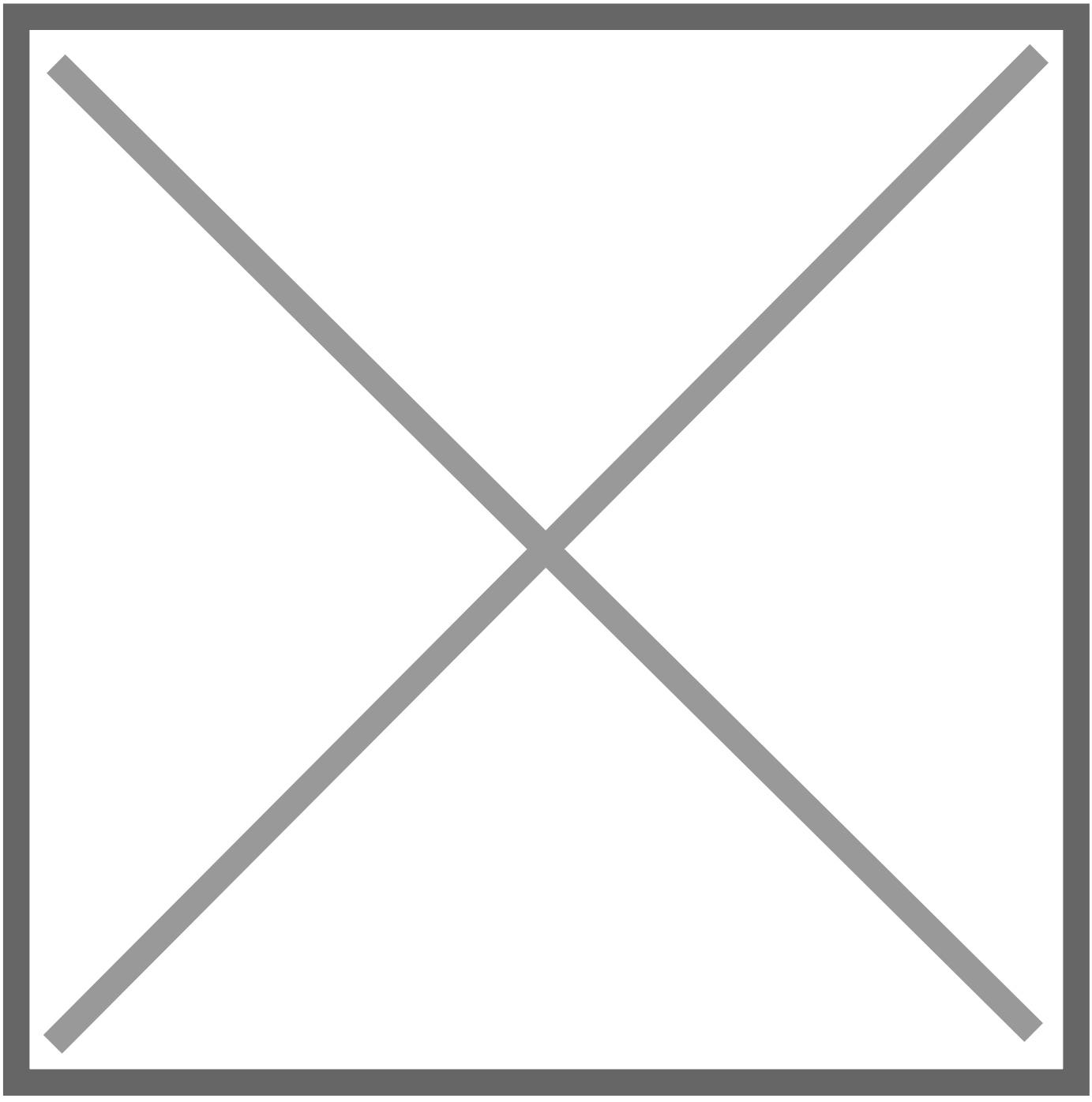
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Men, 2023



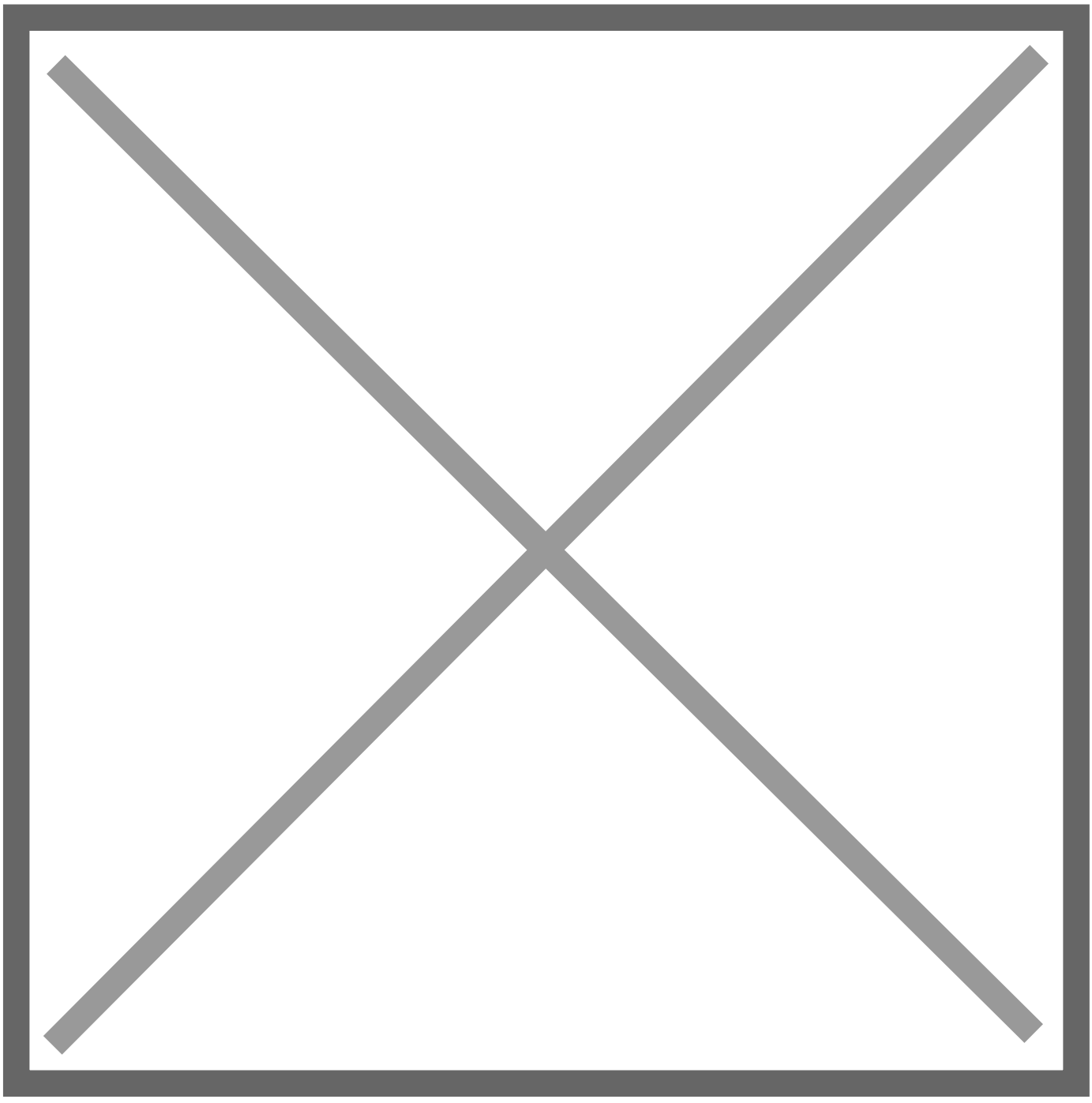
Age:	20+
Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Women, 2023



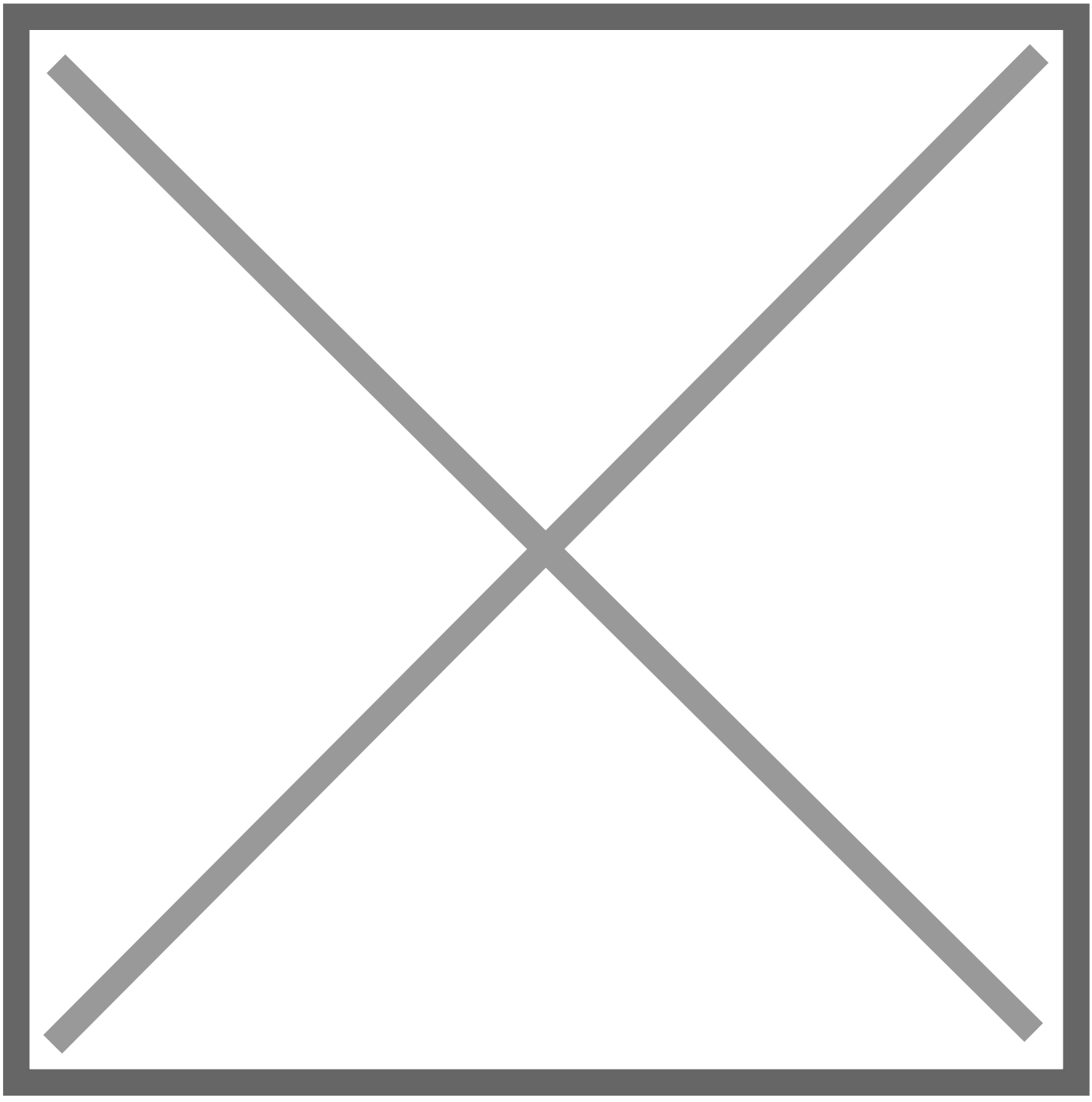
Age:	20+
Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

Children, 2023



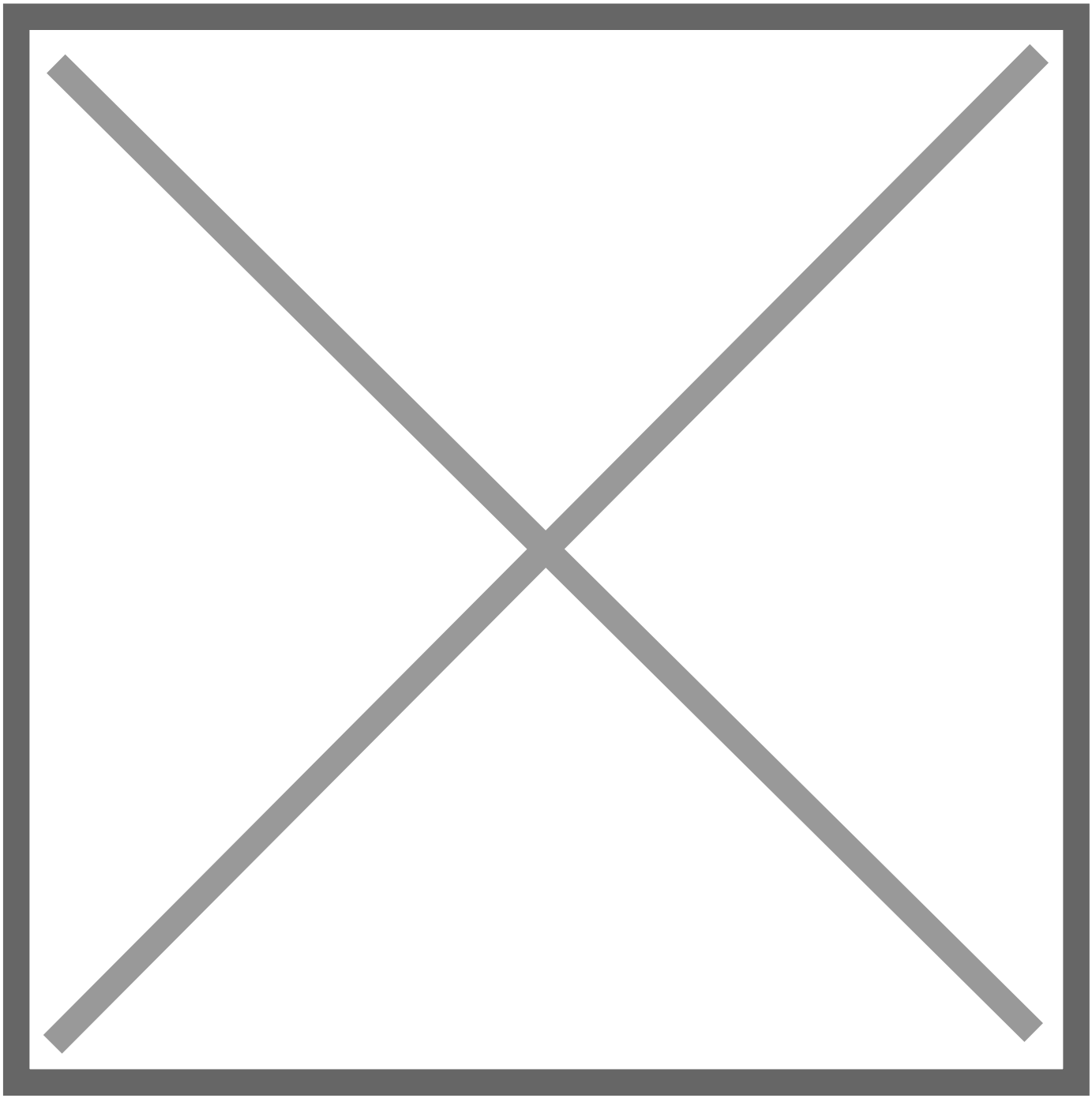
Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

Boys, 2023



Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

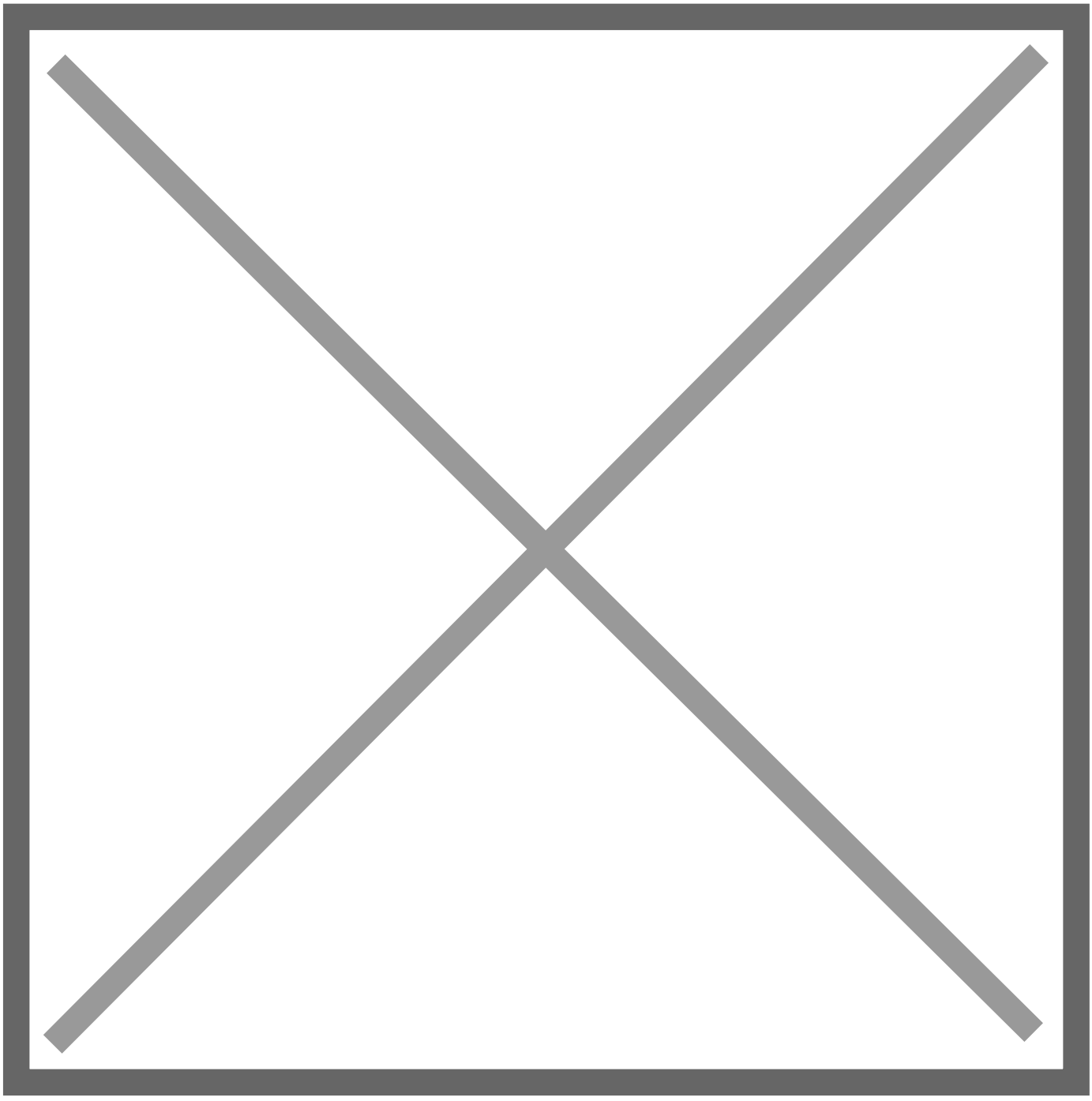
Girls, 2023



Area covered:	National
□□□ :	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26]
Definitions:	Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

% Infants exclusively breastfed 0-5 months

0-5 years, 2015-2023

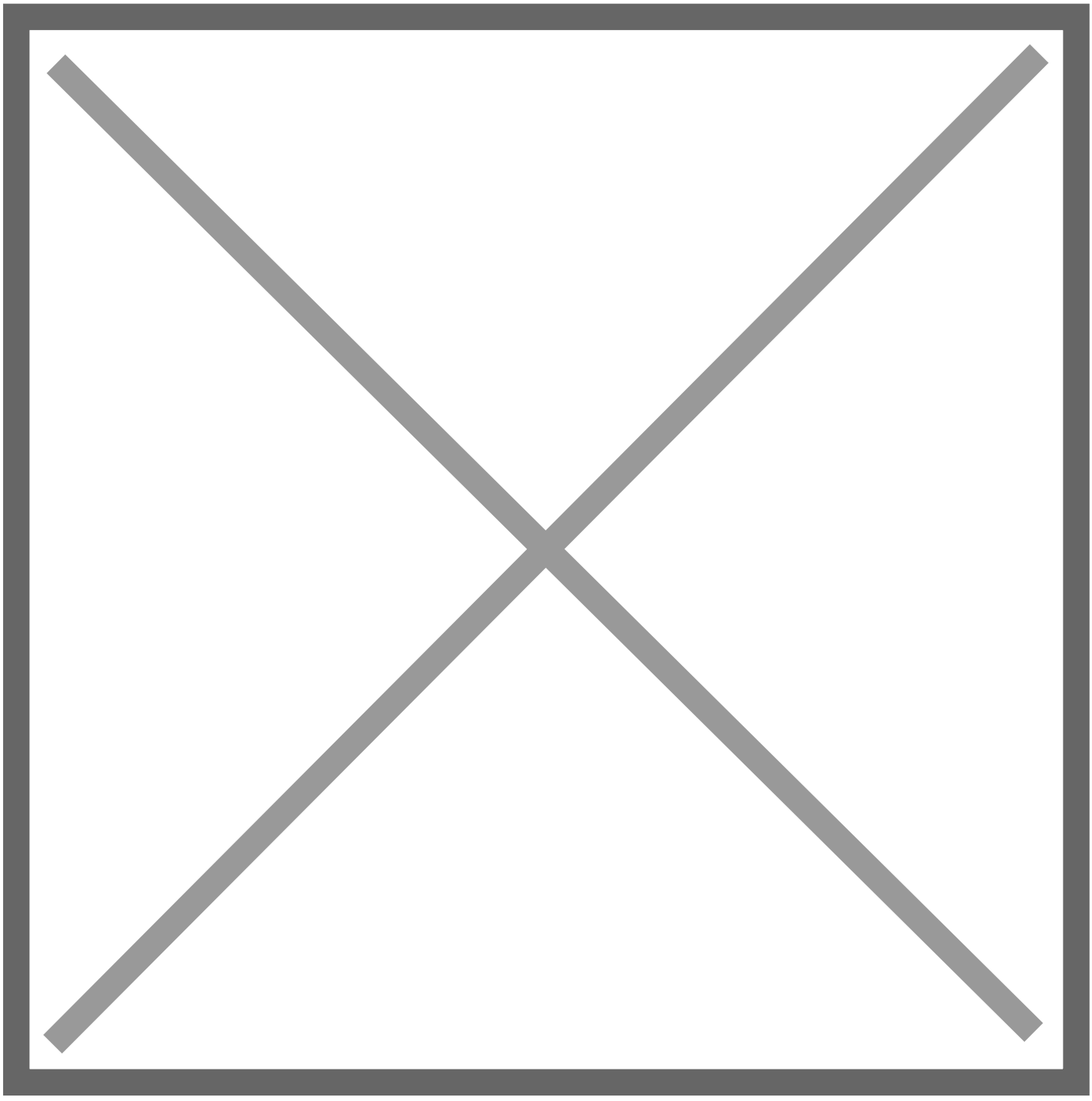


Area covered:	National
□□□ :	Indonesia Demographic and Health Survey 2017. Jakarta, Indonesia: BKKBN, BPS, Kemenkes, and ICF.
Notes:	Full details available at source: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.

Definitions:	Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

Percent of population who cannot afford a healthy diet

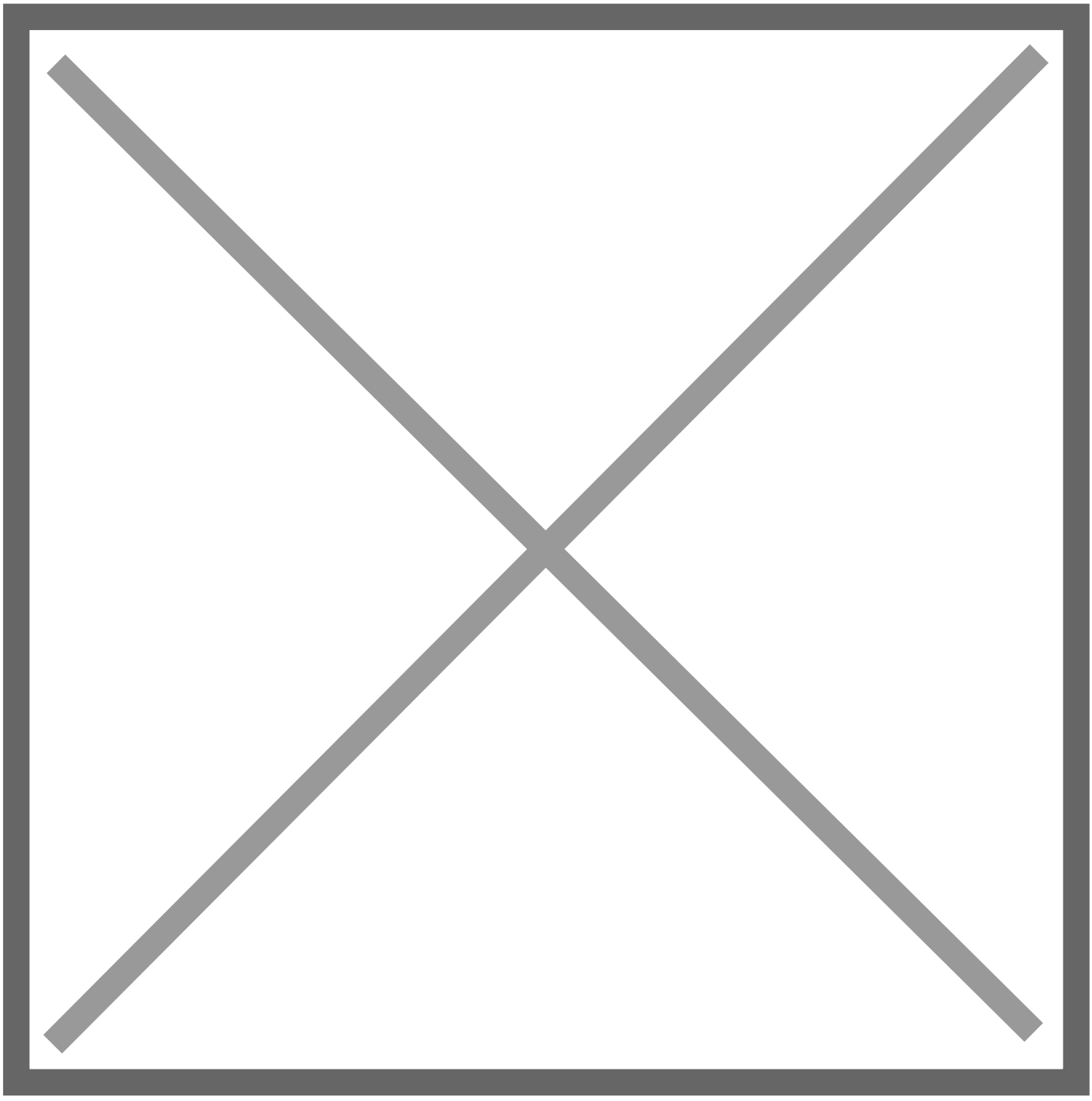
Adults, 2025



Area covered:	National
□□□ :	FAO. 2026. FAOSTAT: Cost and Affordability of a Healthy Diet (CoAHD). https://www.fao.org/faostat/en/#data/CAHD. Licence: CC-BY-4.0. [Last Accessed 12.10.26]
Notes:	The percent of the population whose food budget is below the cost of a healthy diet.

Oesophageal cancer

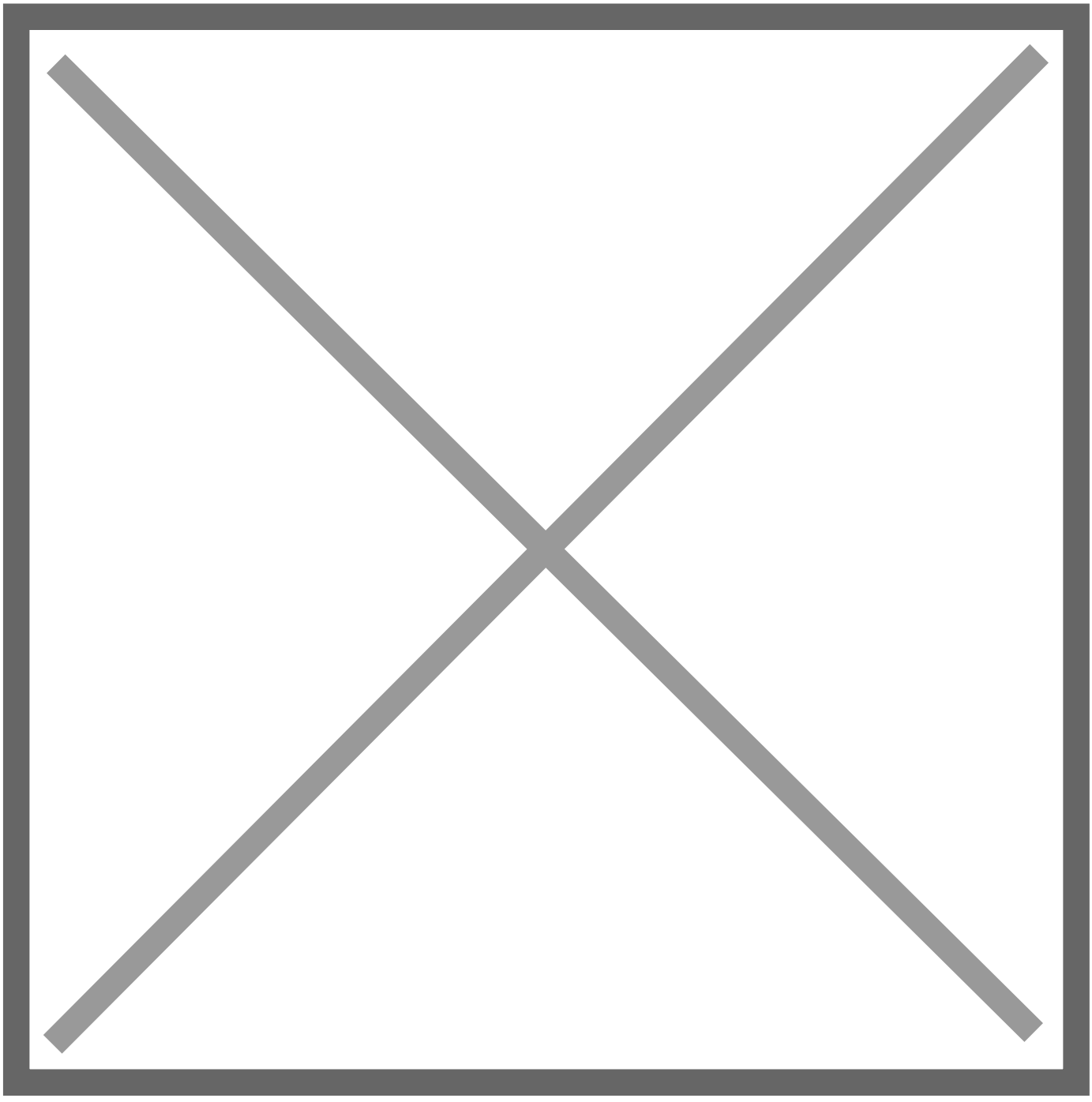
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

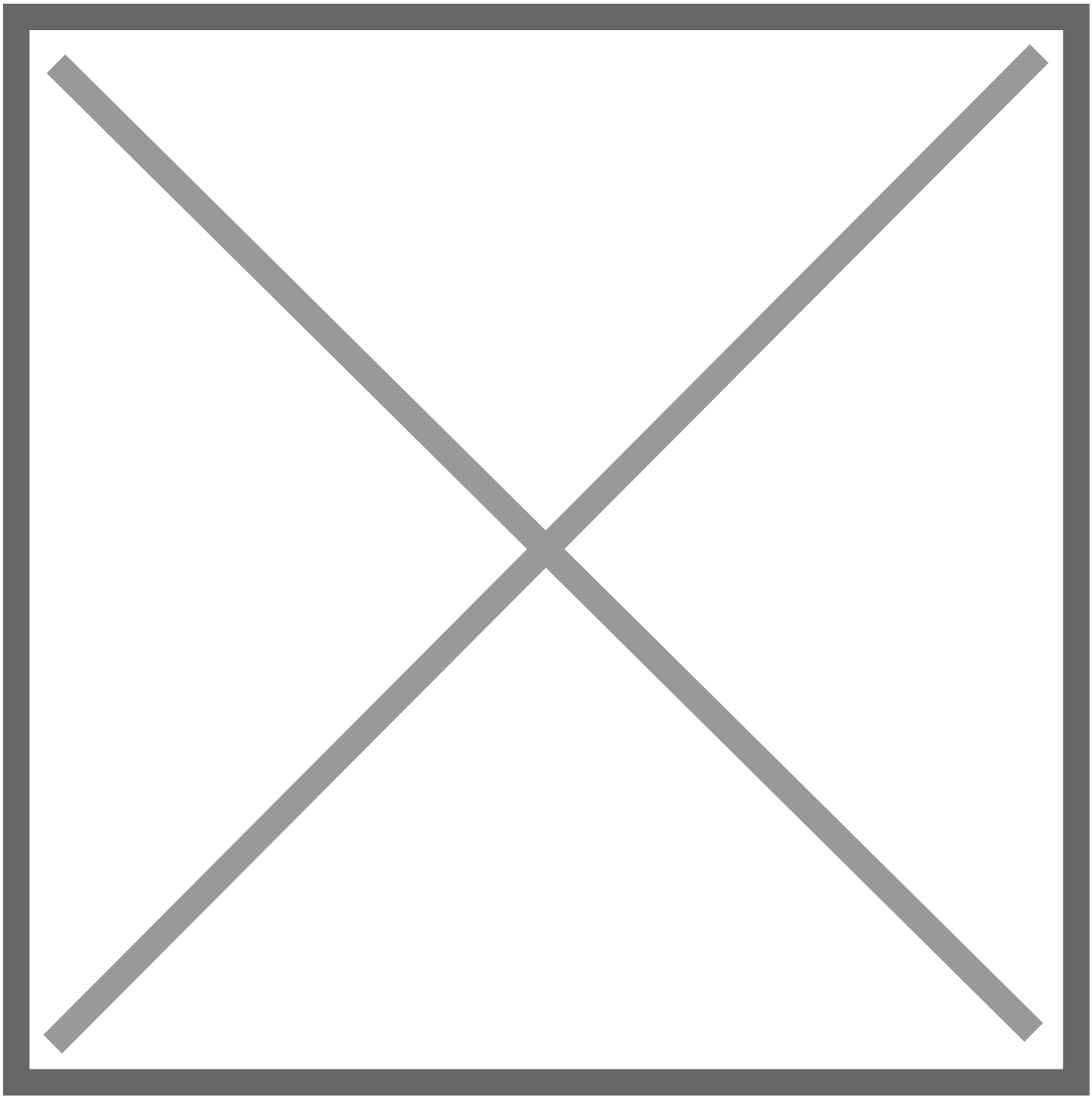
Women, 2022



Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Breast cancer

Women, 2022

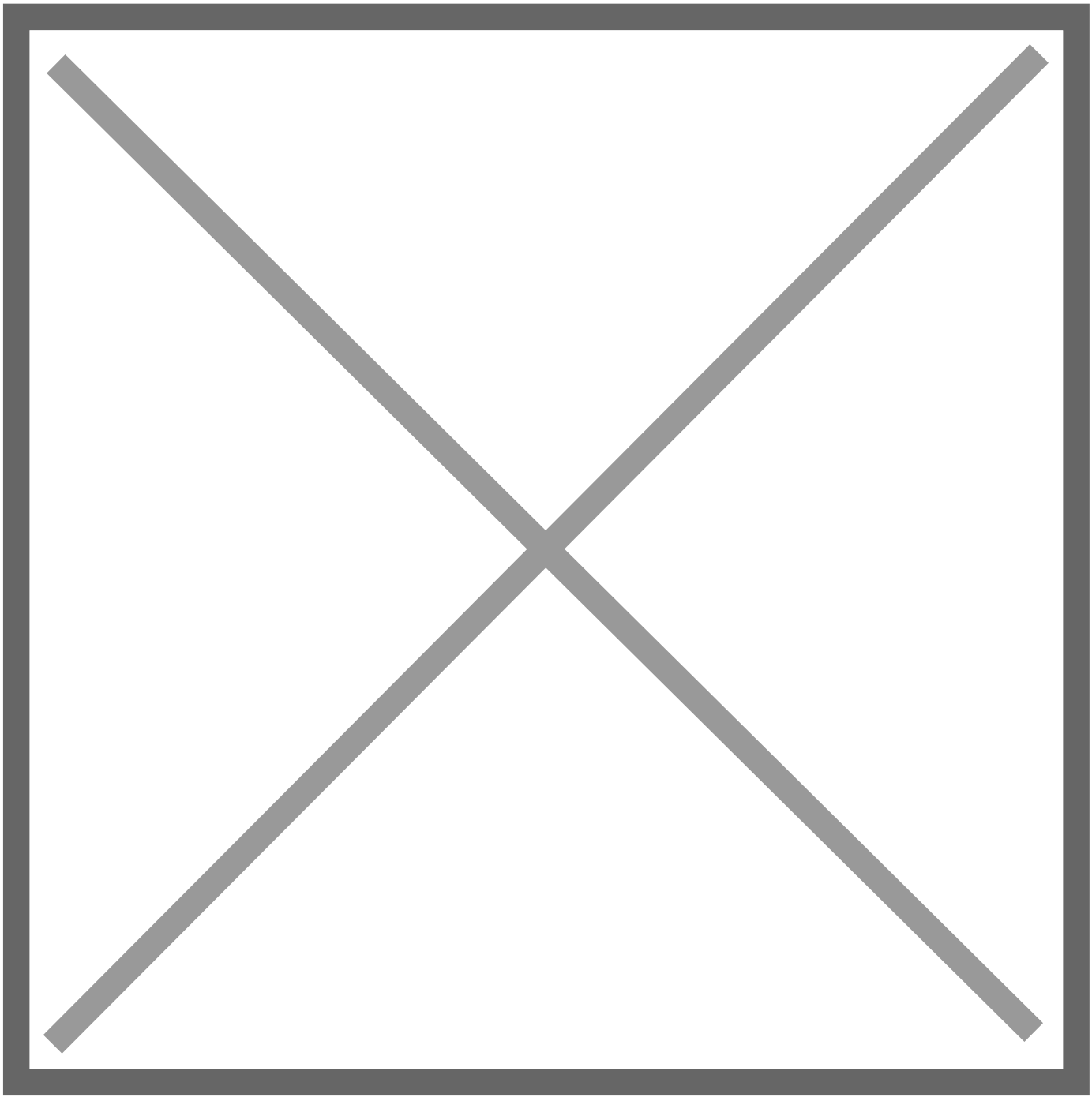


Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions:	Incidence per 100,000

Colorectal cancer

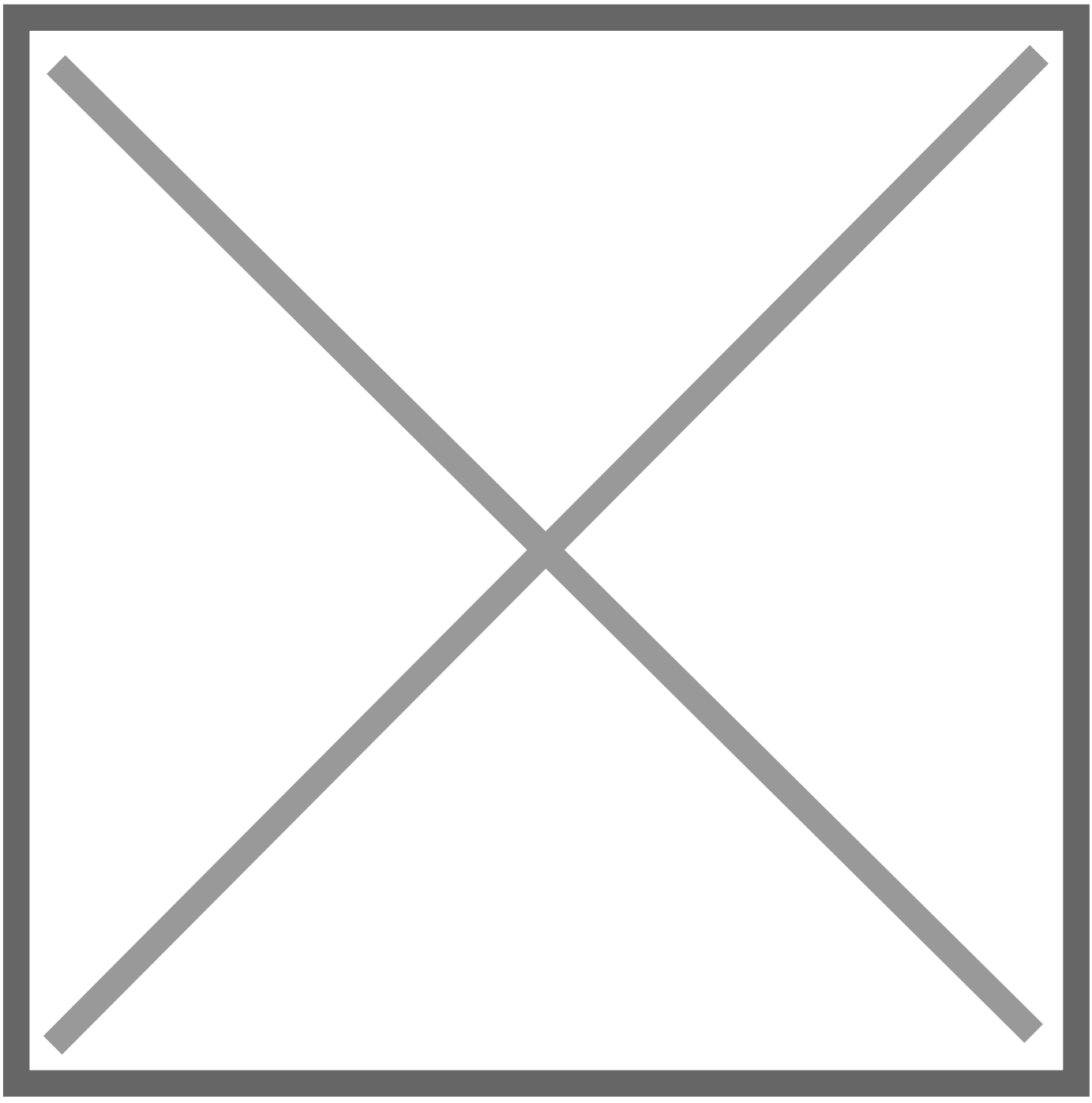
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

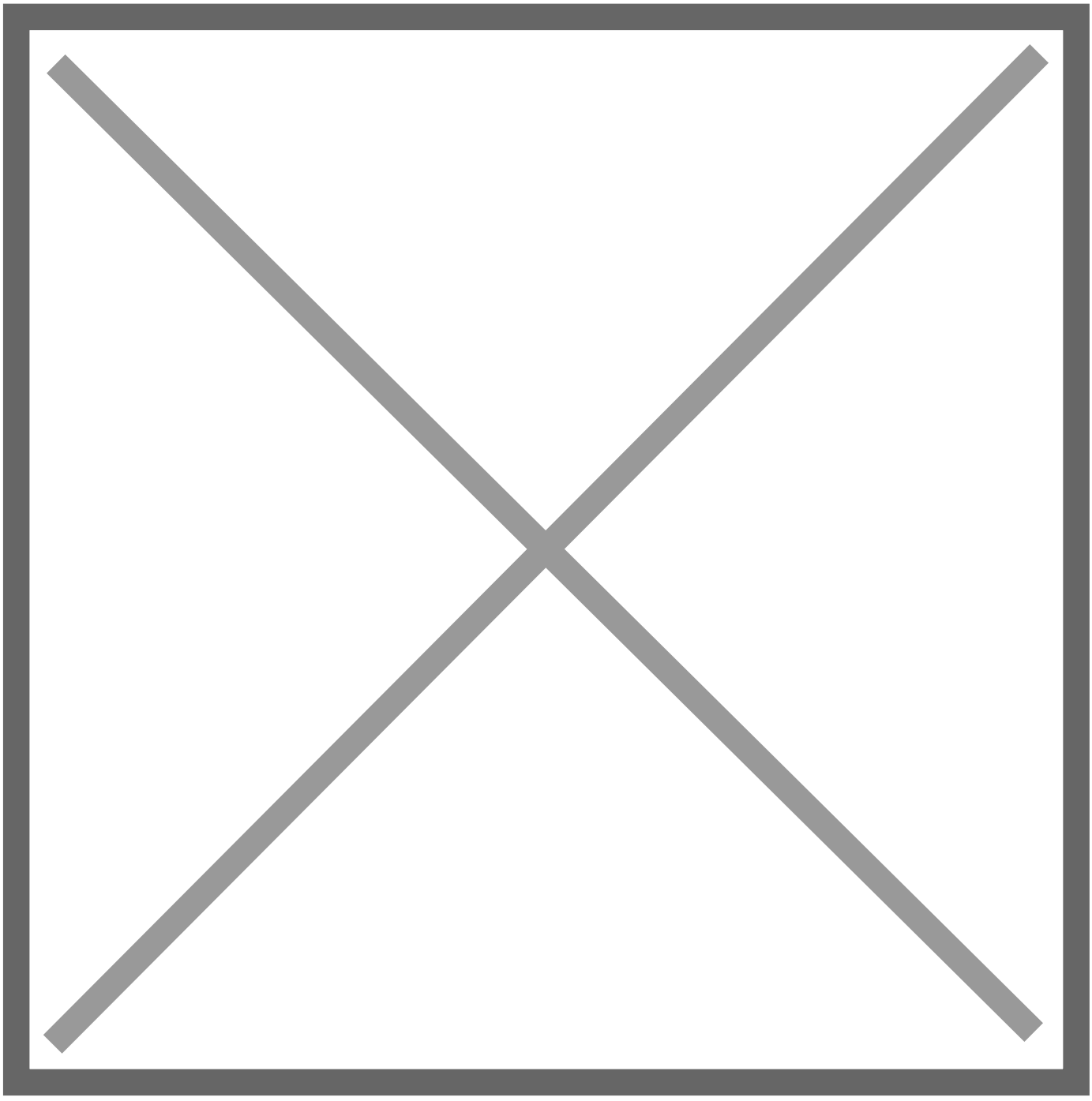
Women, 2022



Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Pancreatic cancer

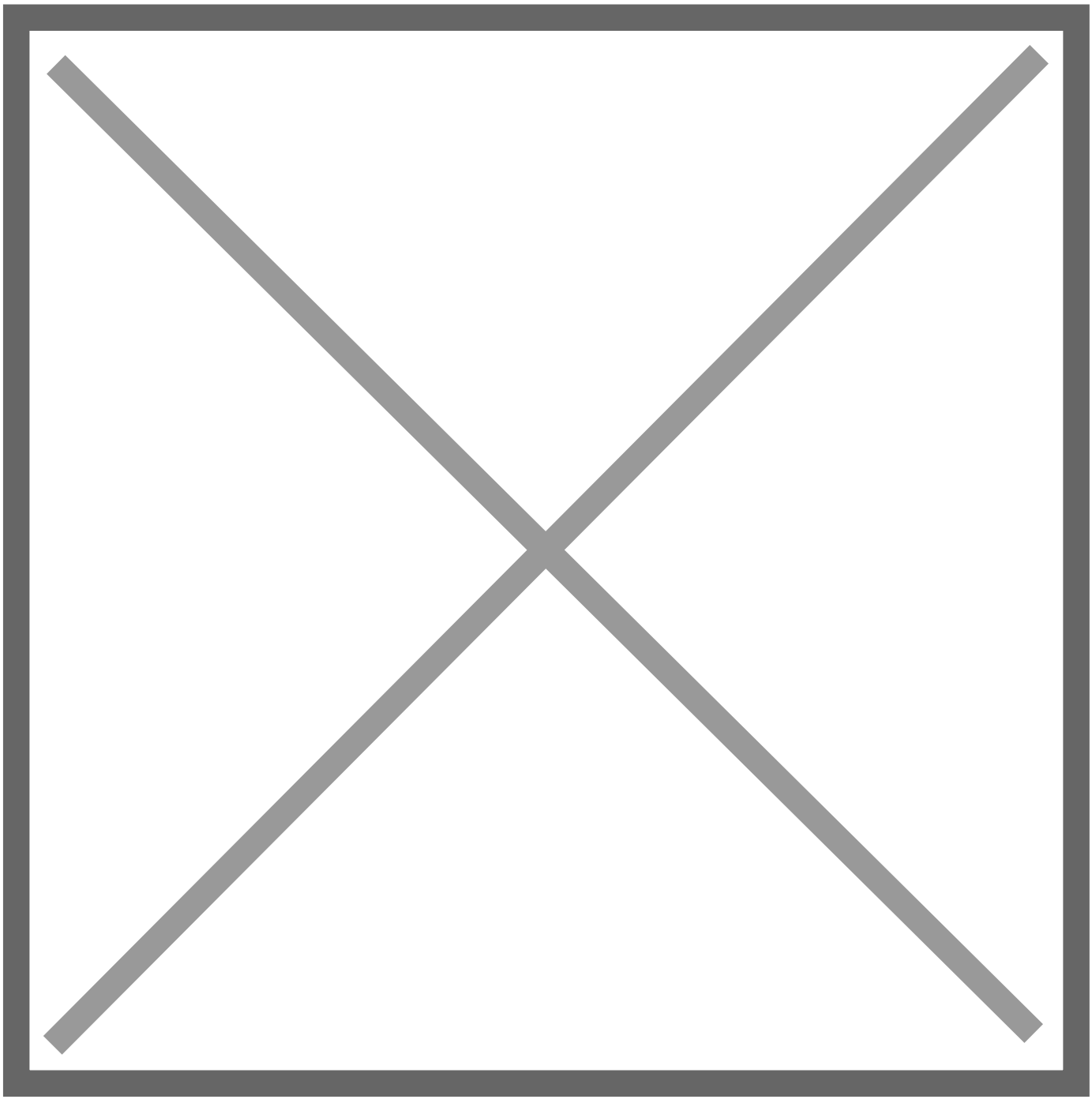
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

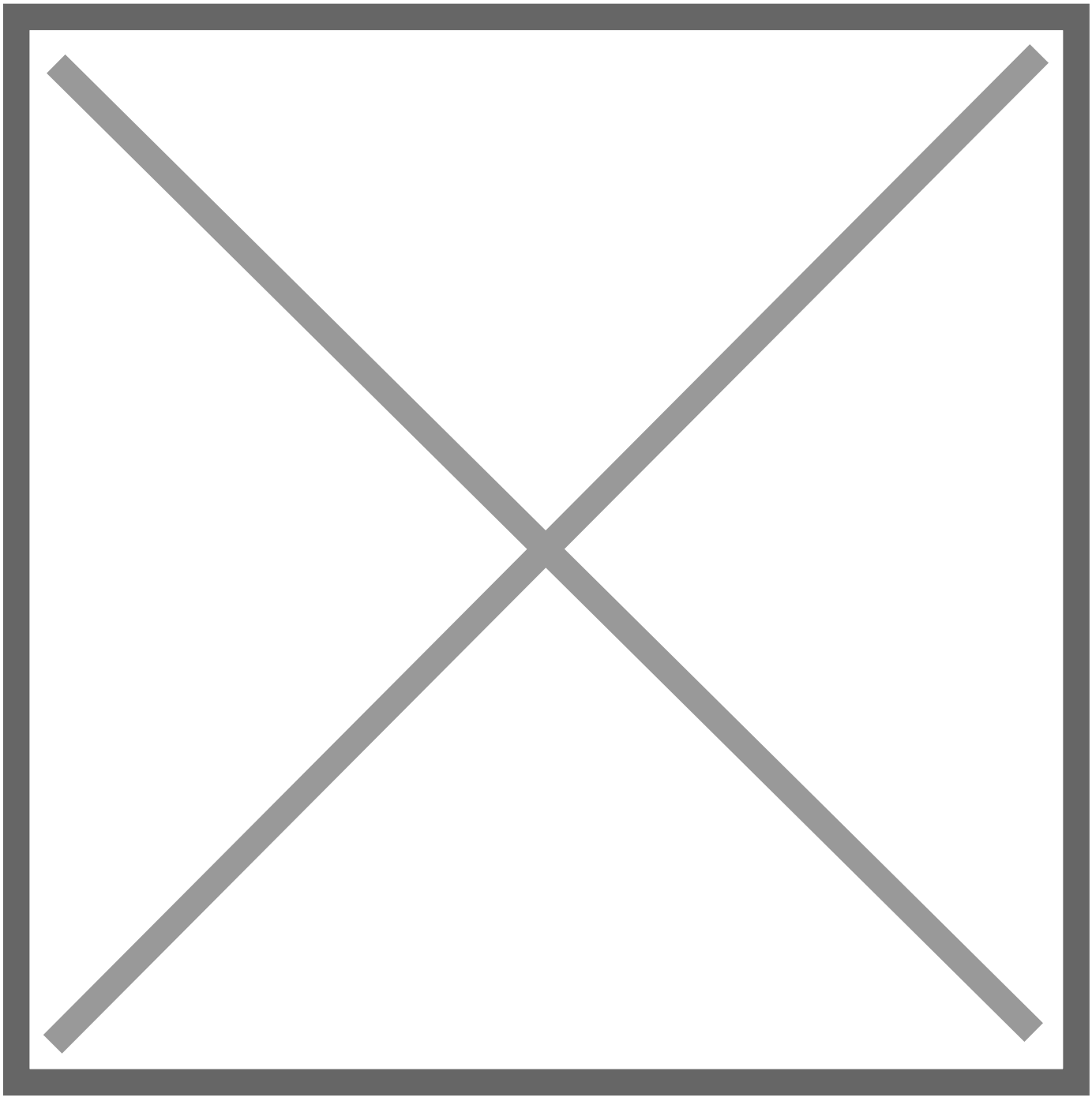
Women, 2022



Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Gallbladder cancer

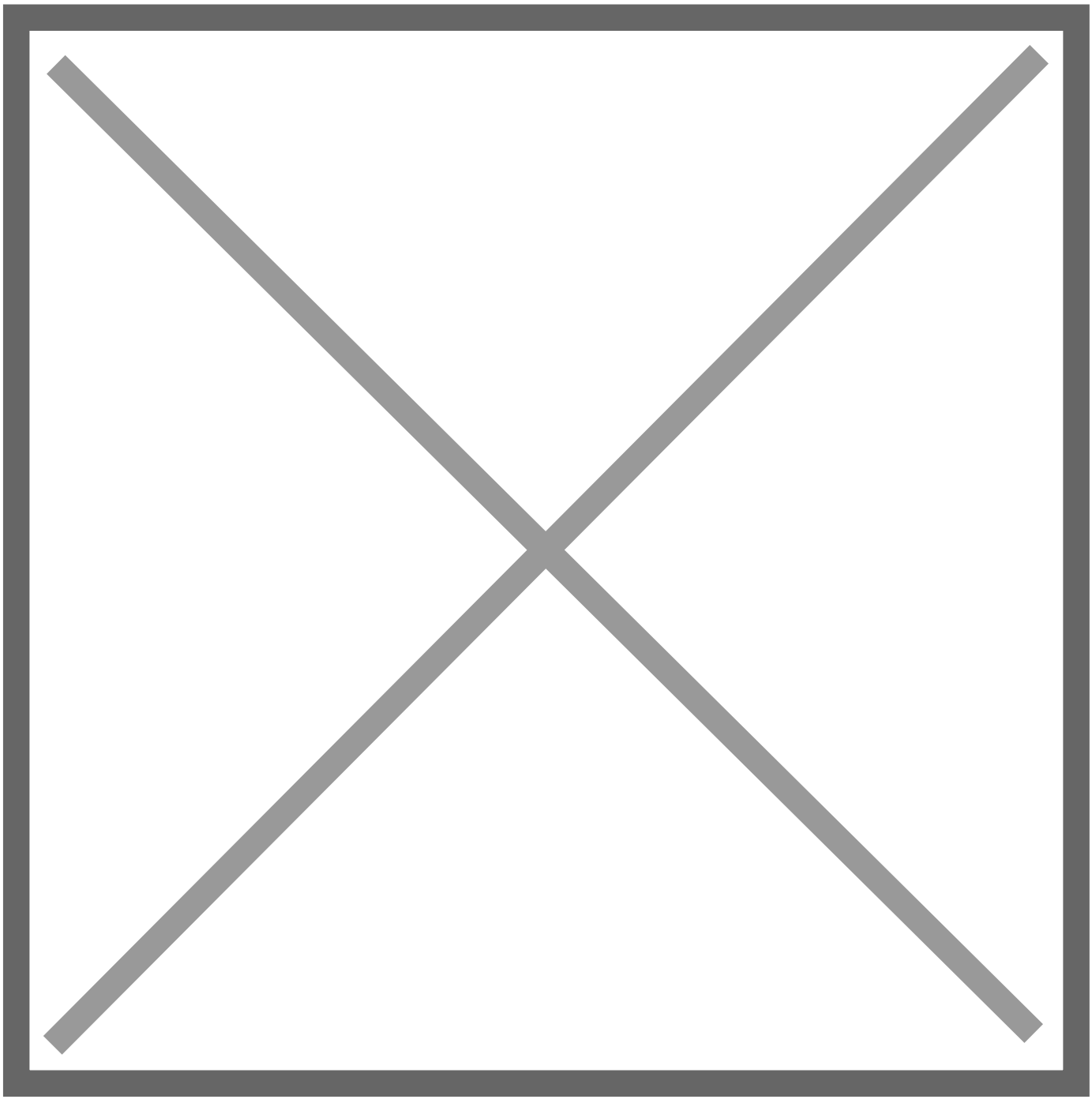
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

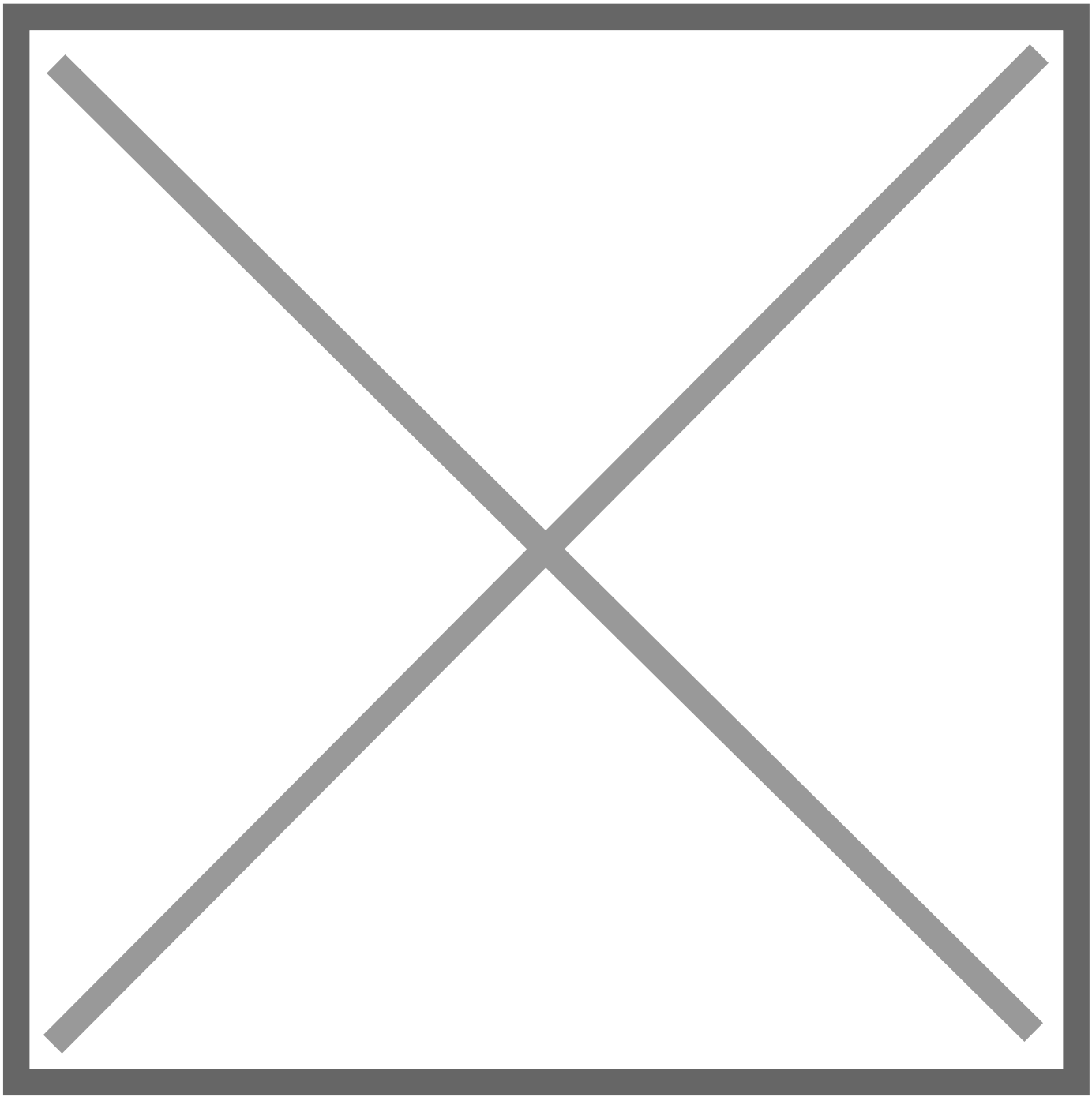
Women, 2022



Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Kidney cancer

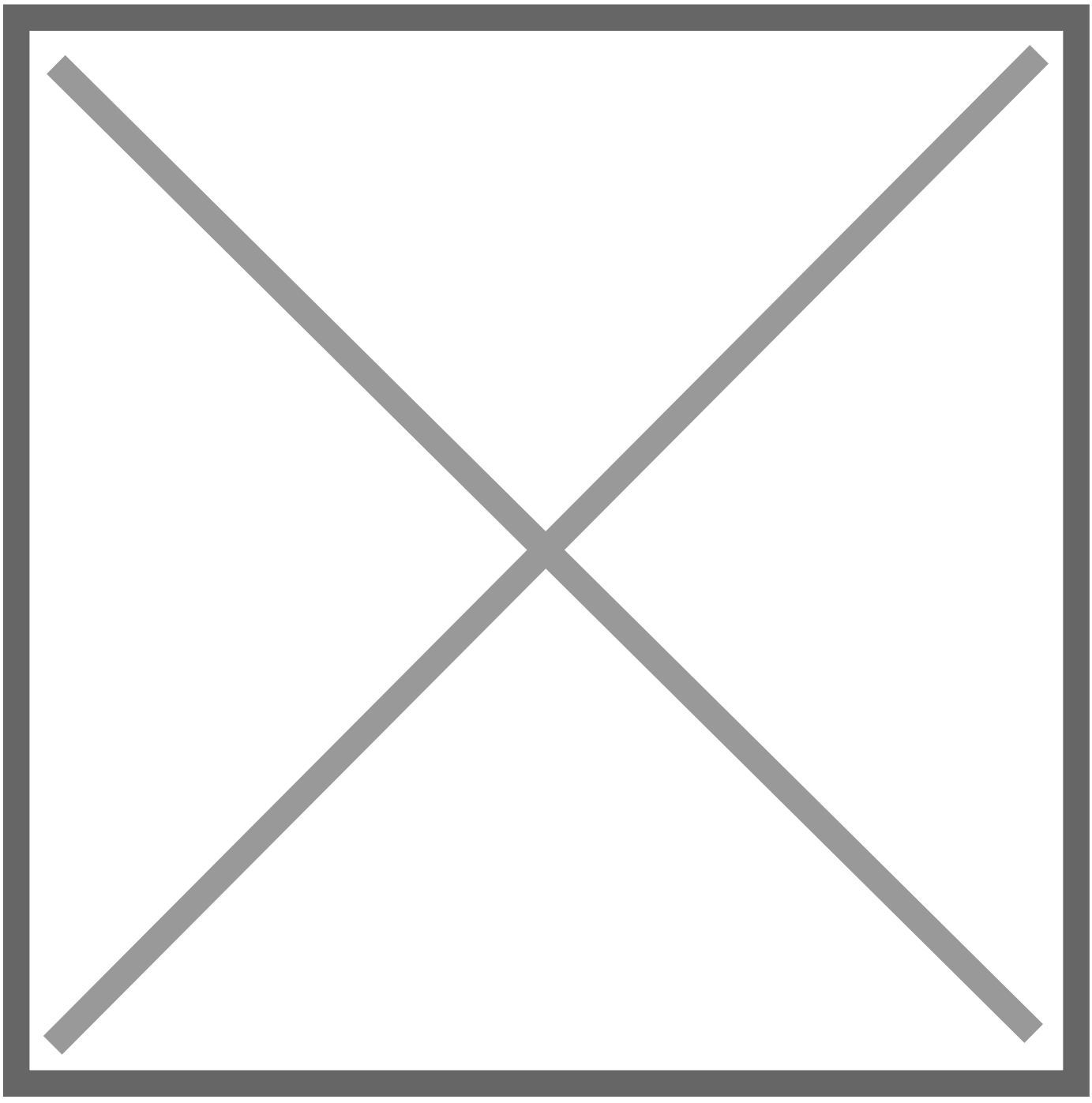
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

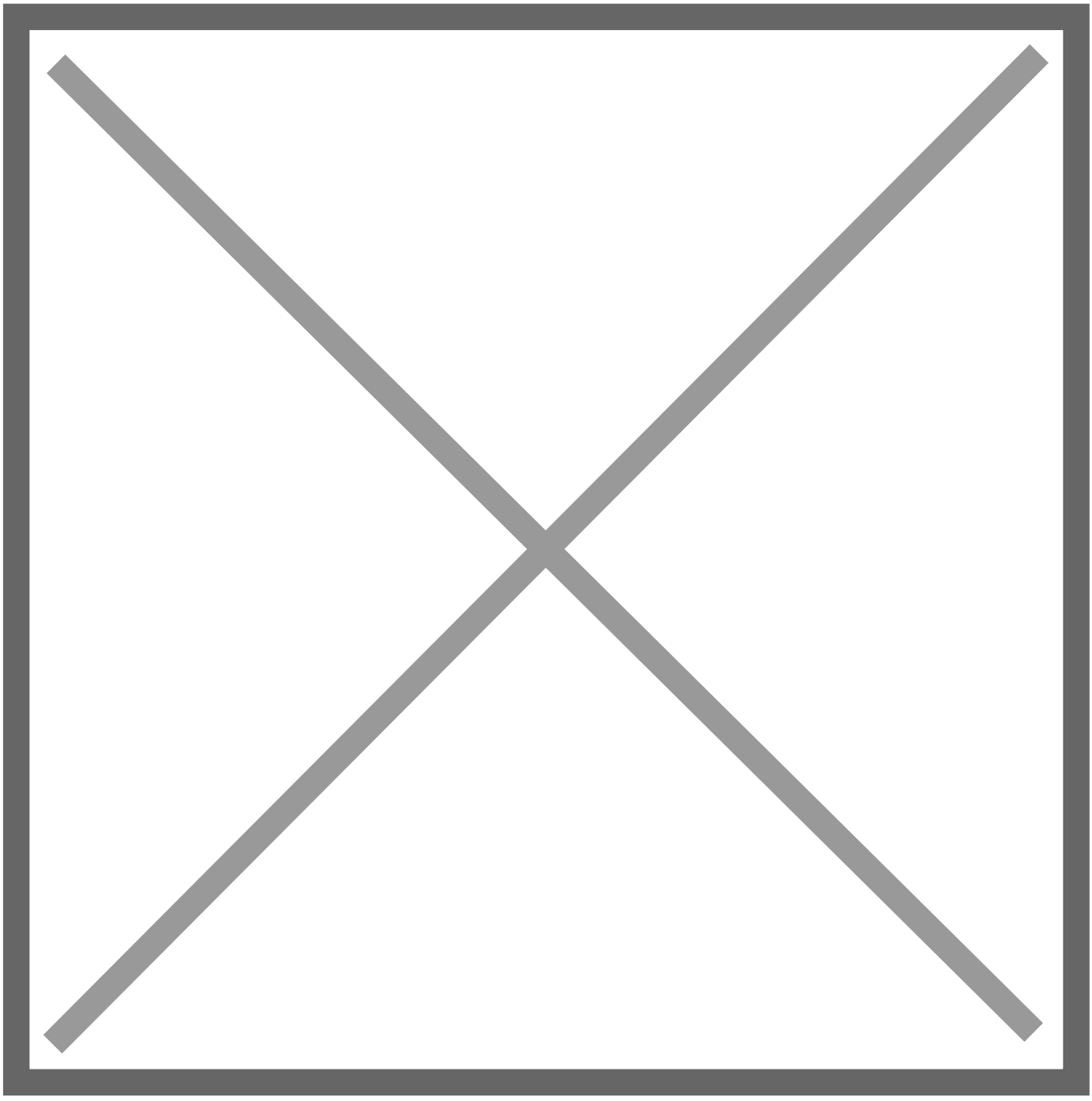
Women, 2022



Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Cancer of the uterus

Women, 2022

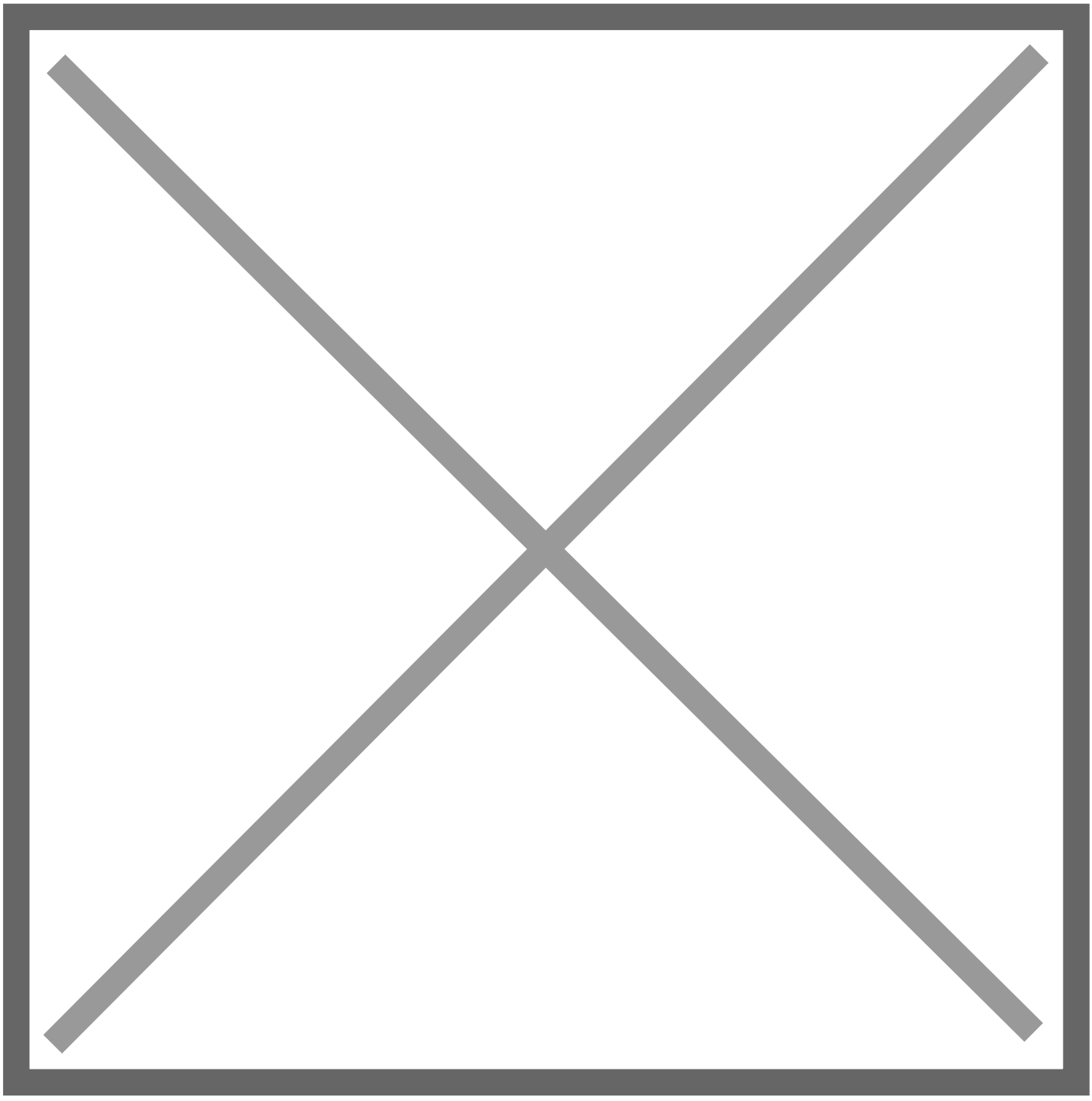


Age:	20+
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions:	Incidence per 100,000

Raised blood pressure

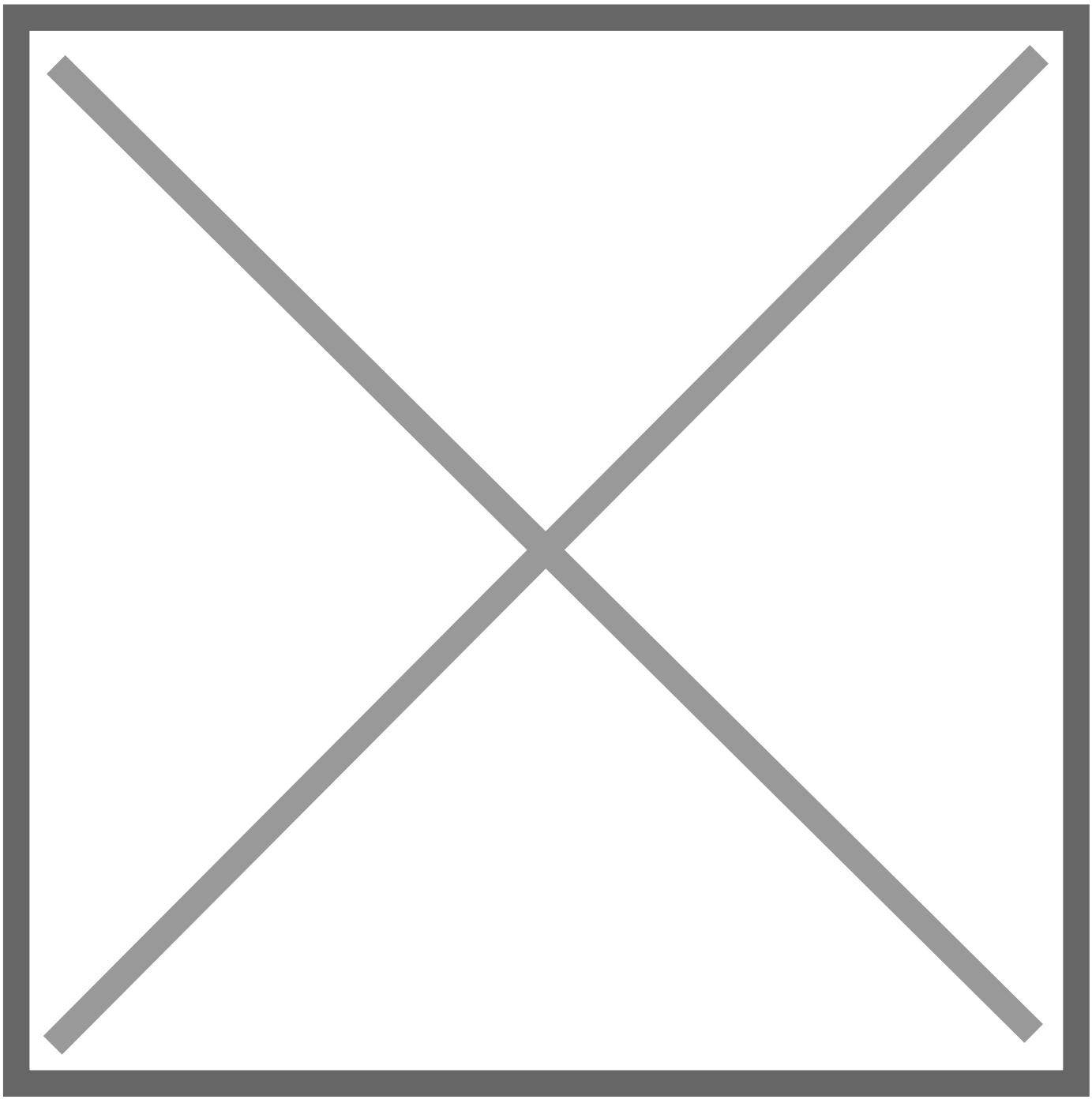
Adults, 2019



Age:	30-79
□□□ :	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]

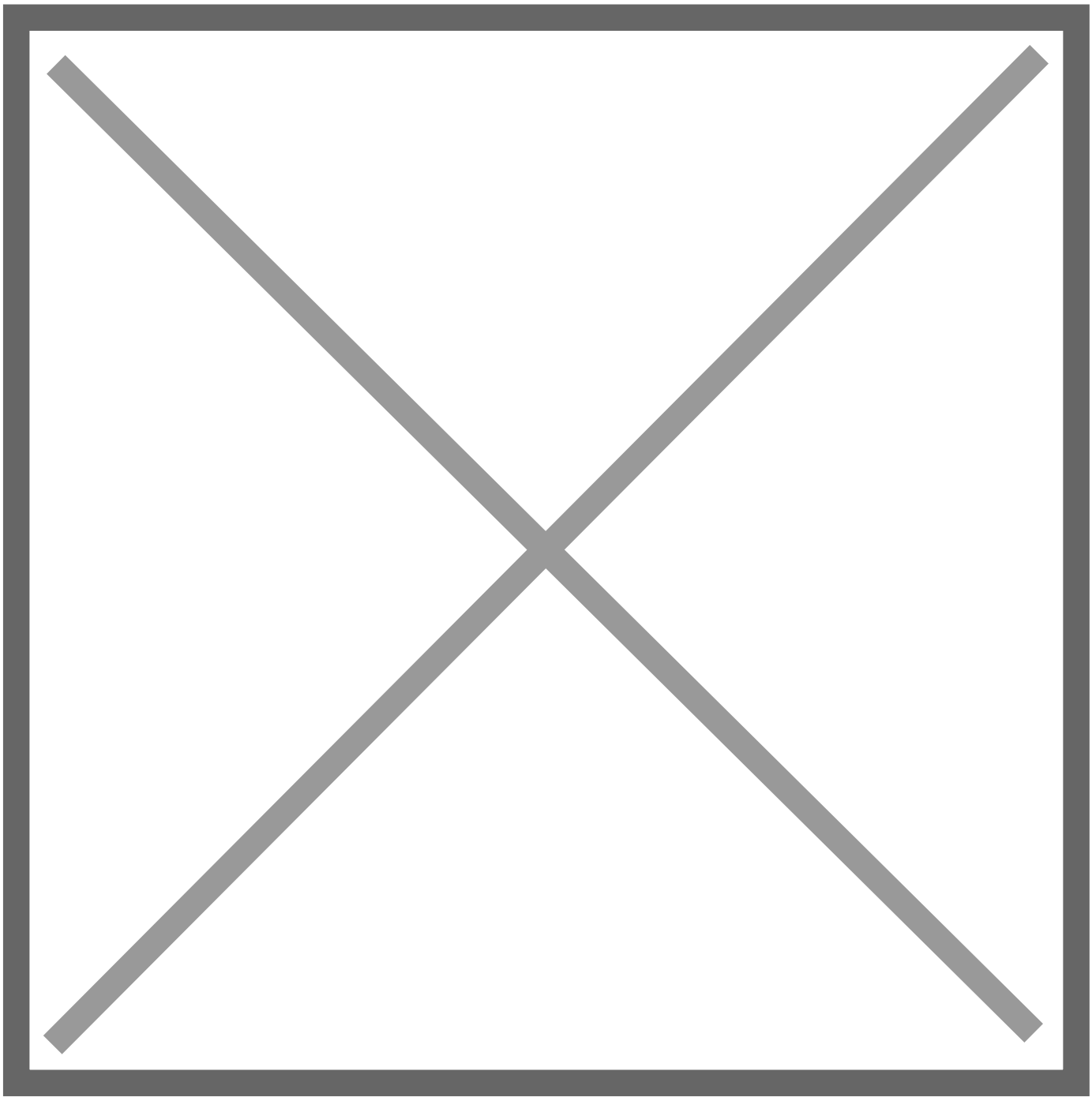
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

Men, 2019



Age:	30-79
□□□ :	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

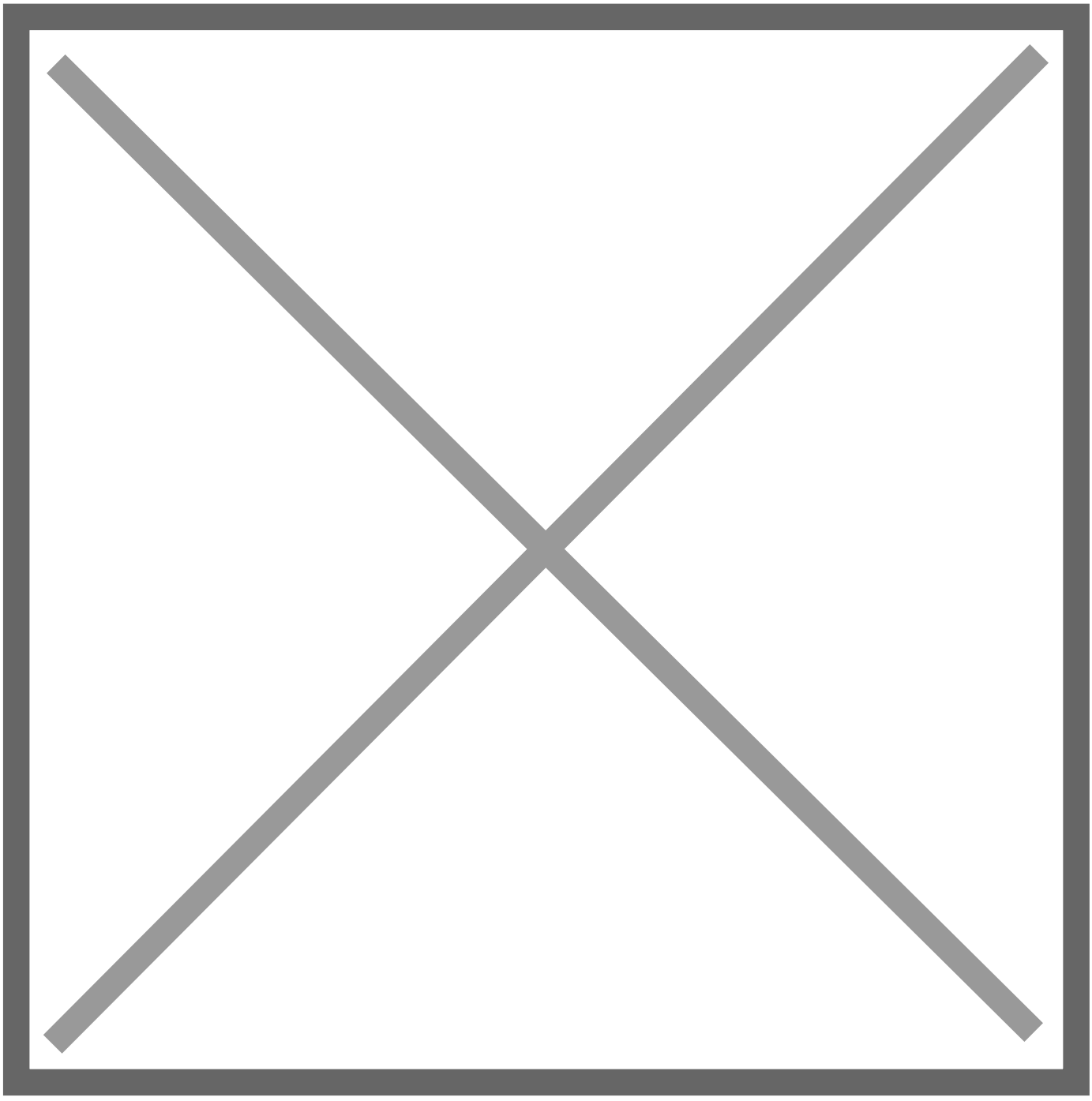
Women, 2019



Age:	30-79
□□□ :	World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26]
Definitions:	Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79.

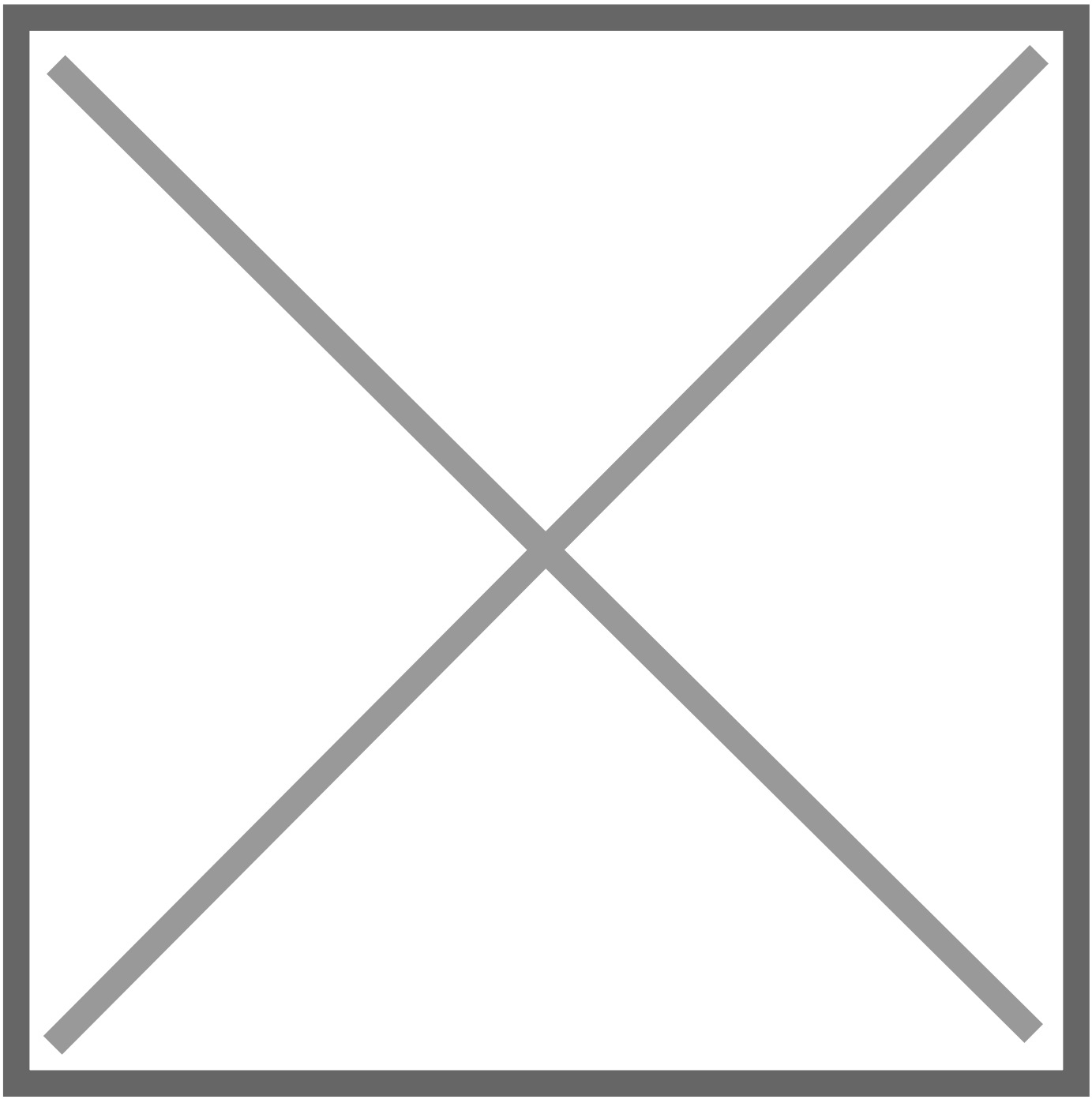
Raised cholesterol

Adults, 2008



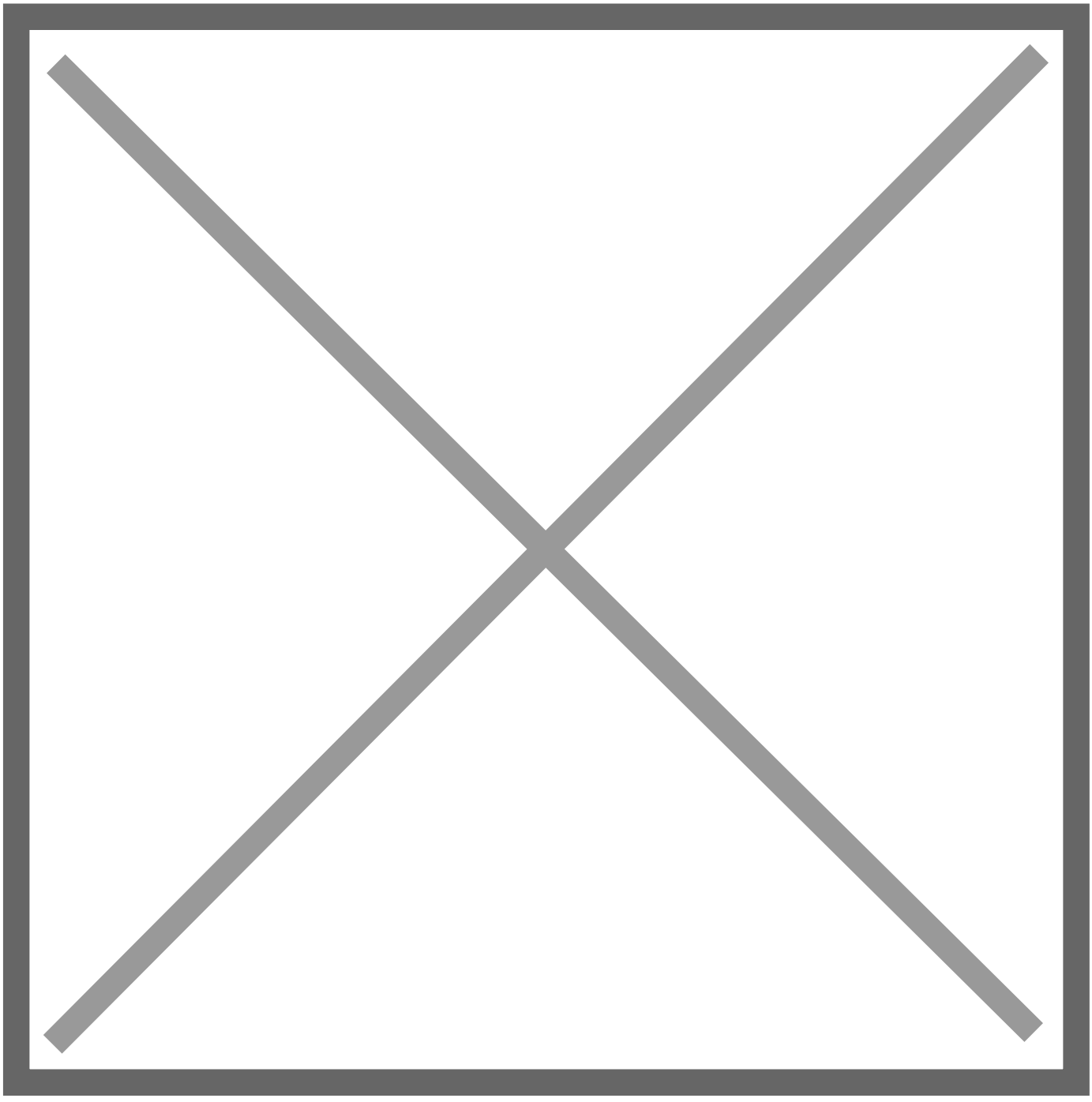
□□□ :	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008



□□□ :	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

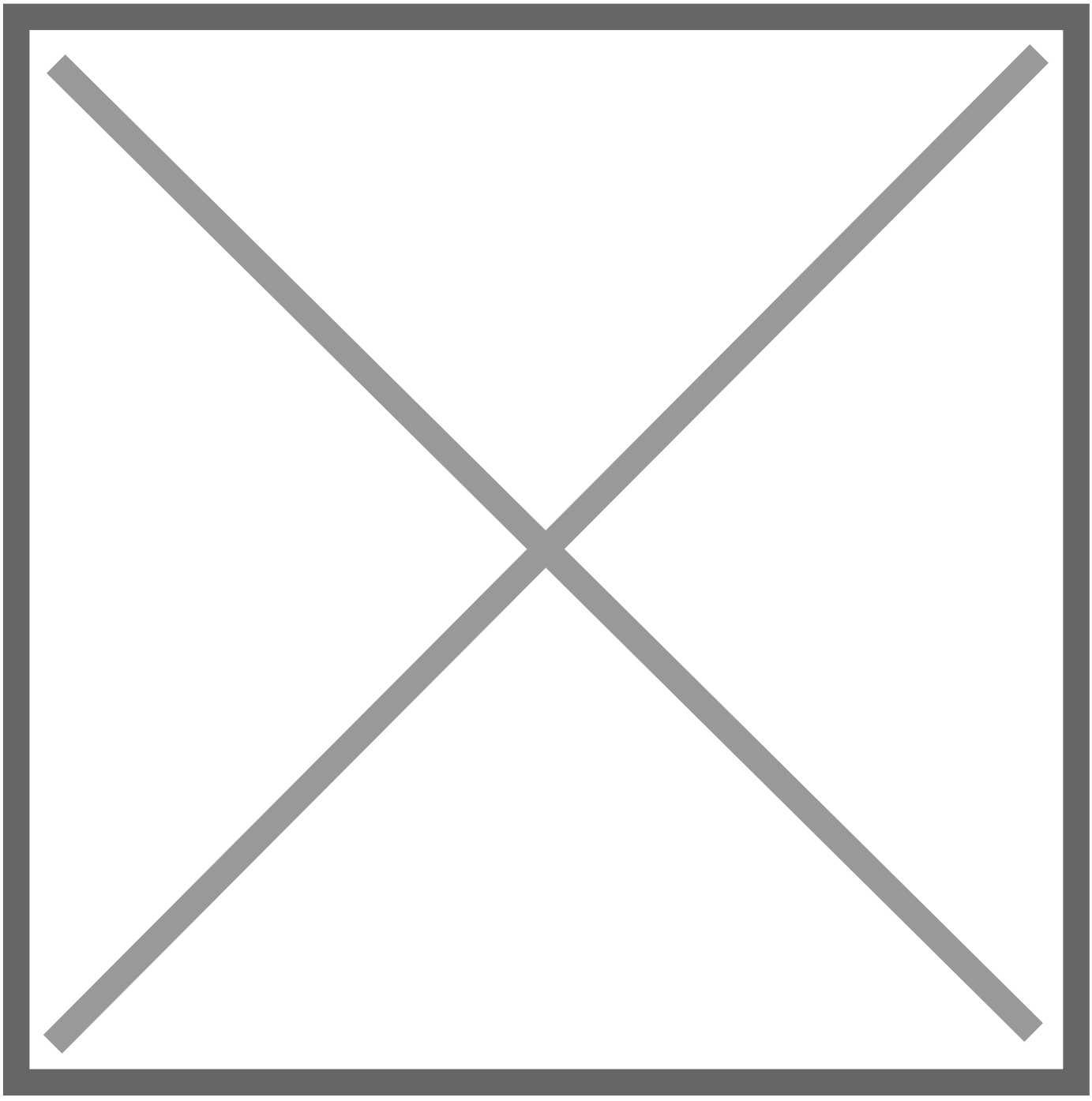
Women, 2008



□□□ :	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

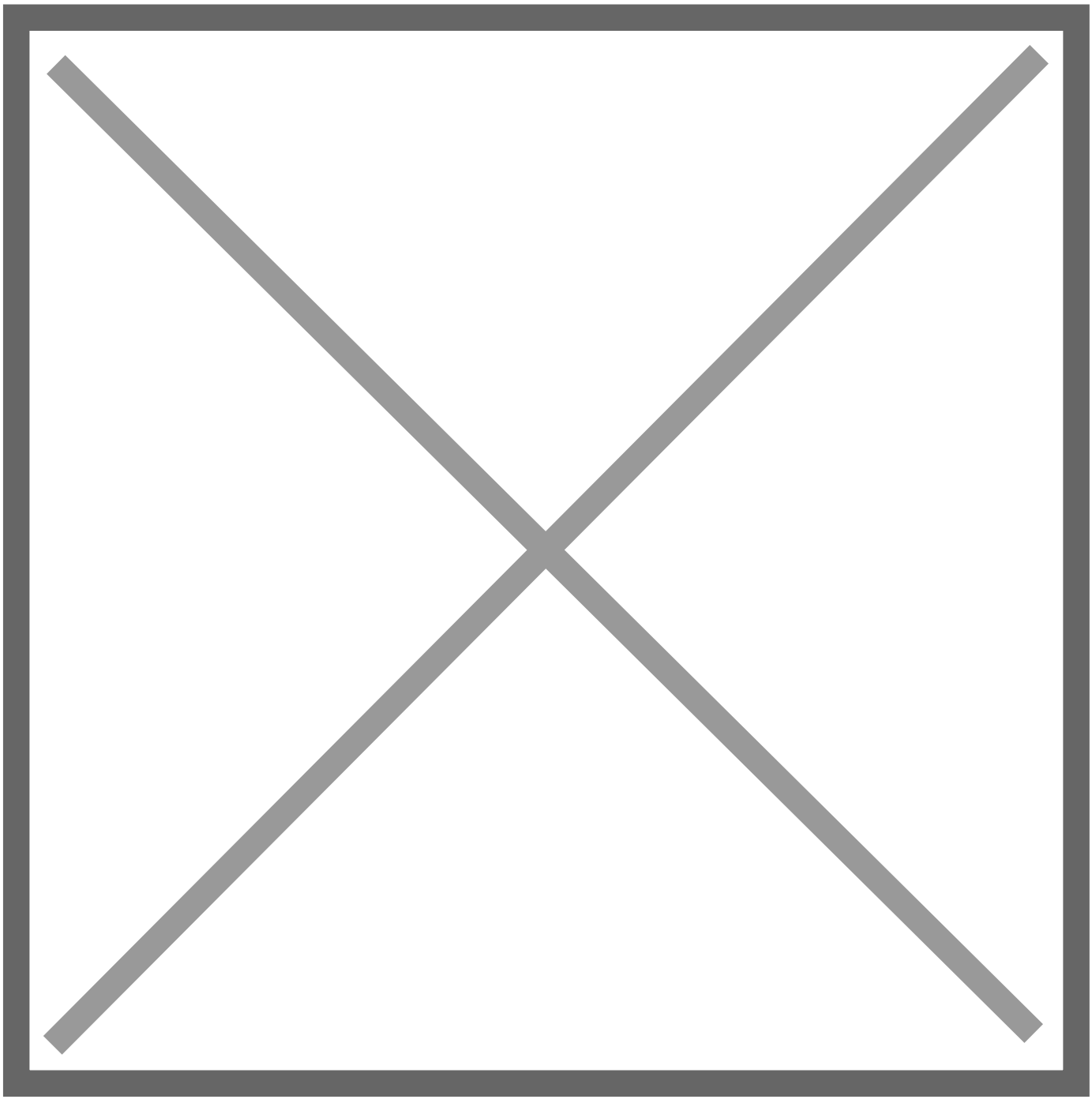
Men, 2014



□□□ : Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Women, 2014

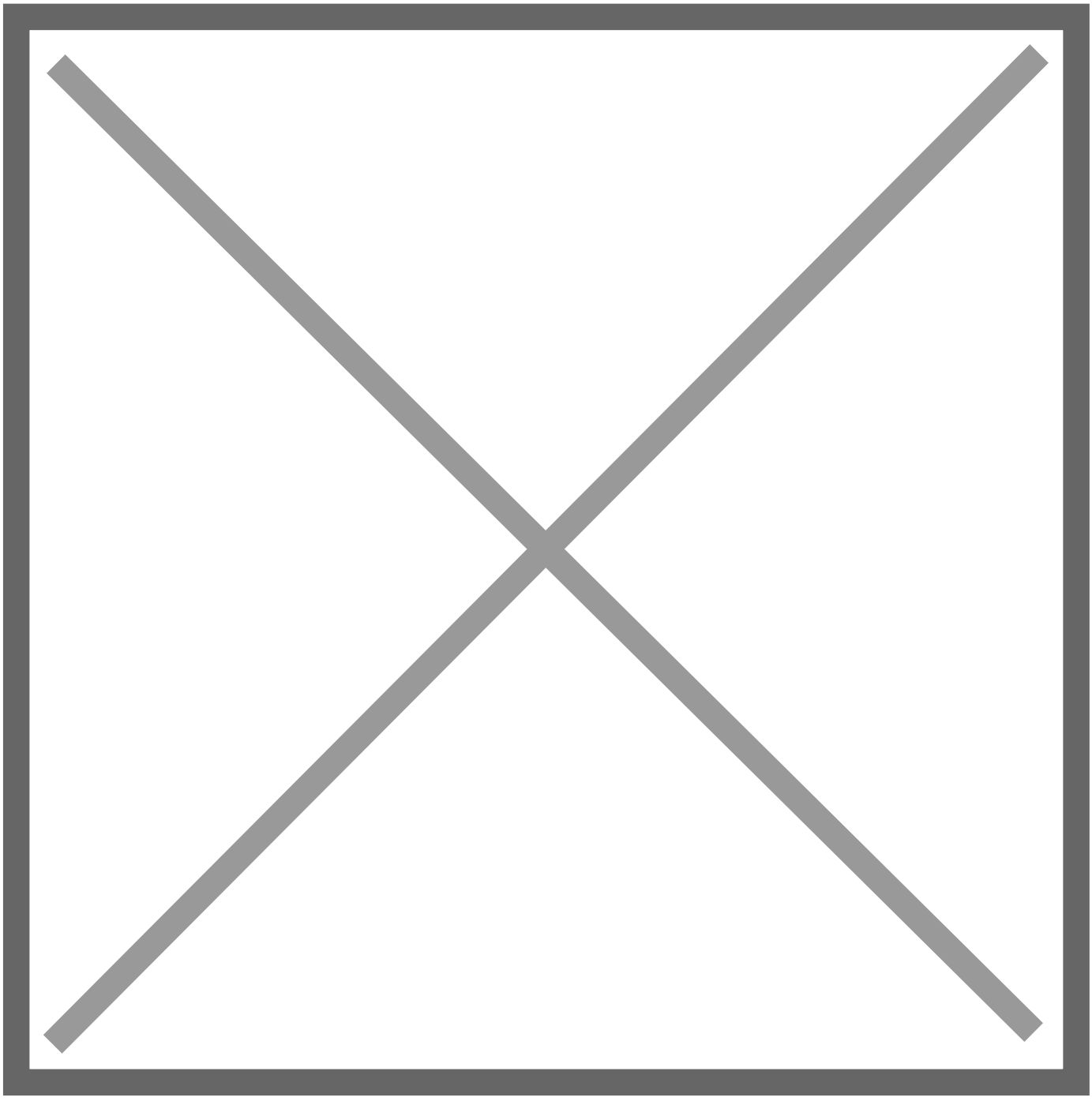


□□□ : Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

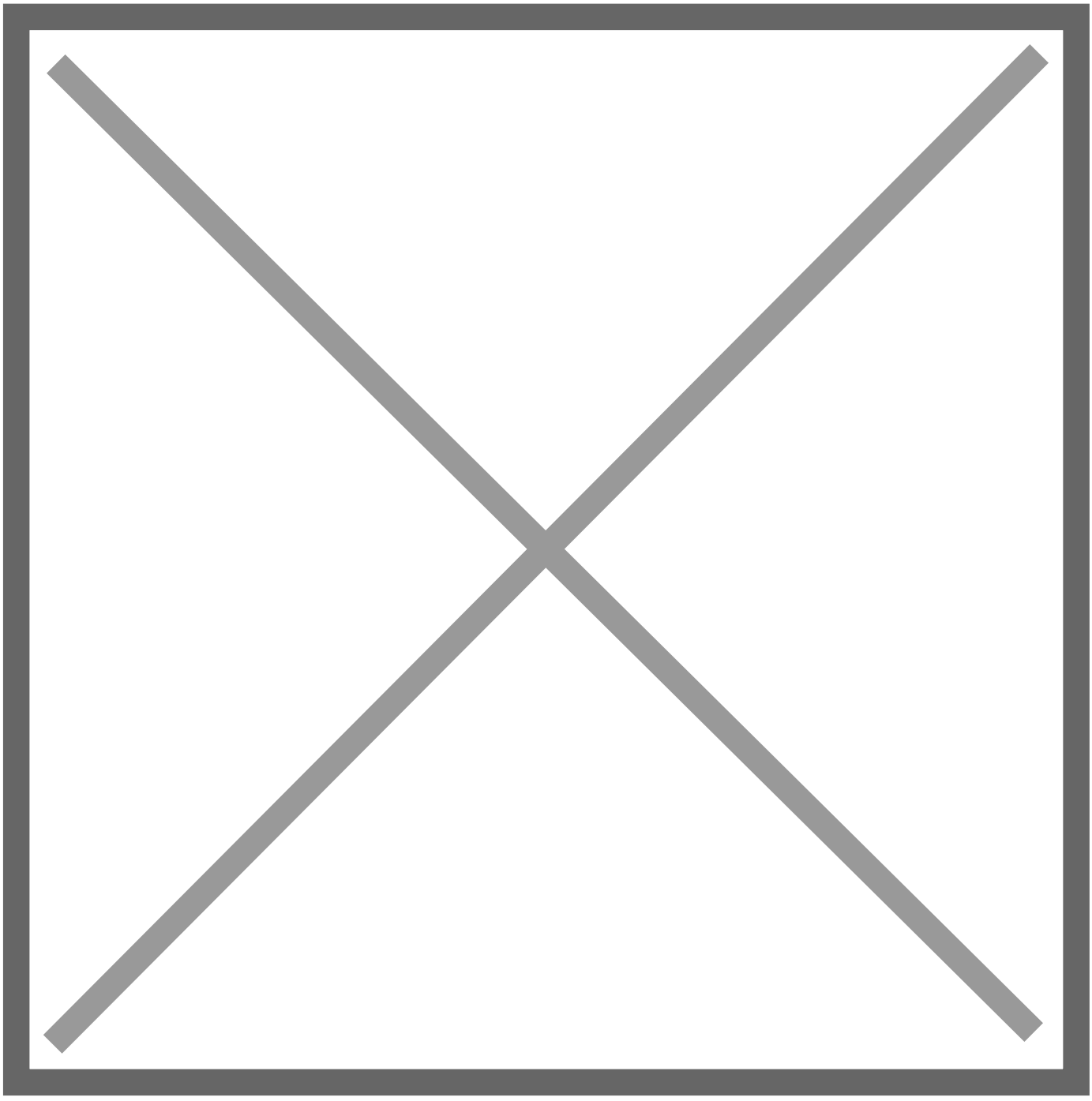
Adults, 2024



□□□ : Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

Ovarian Cancer

Women, 2022

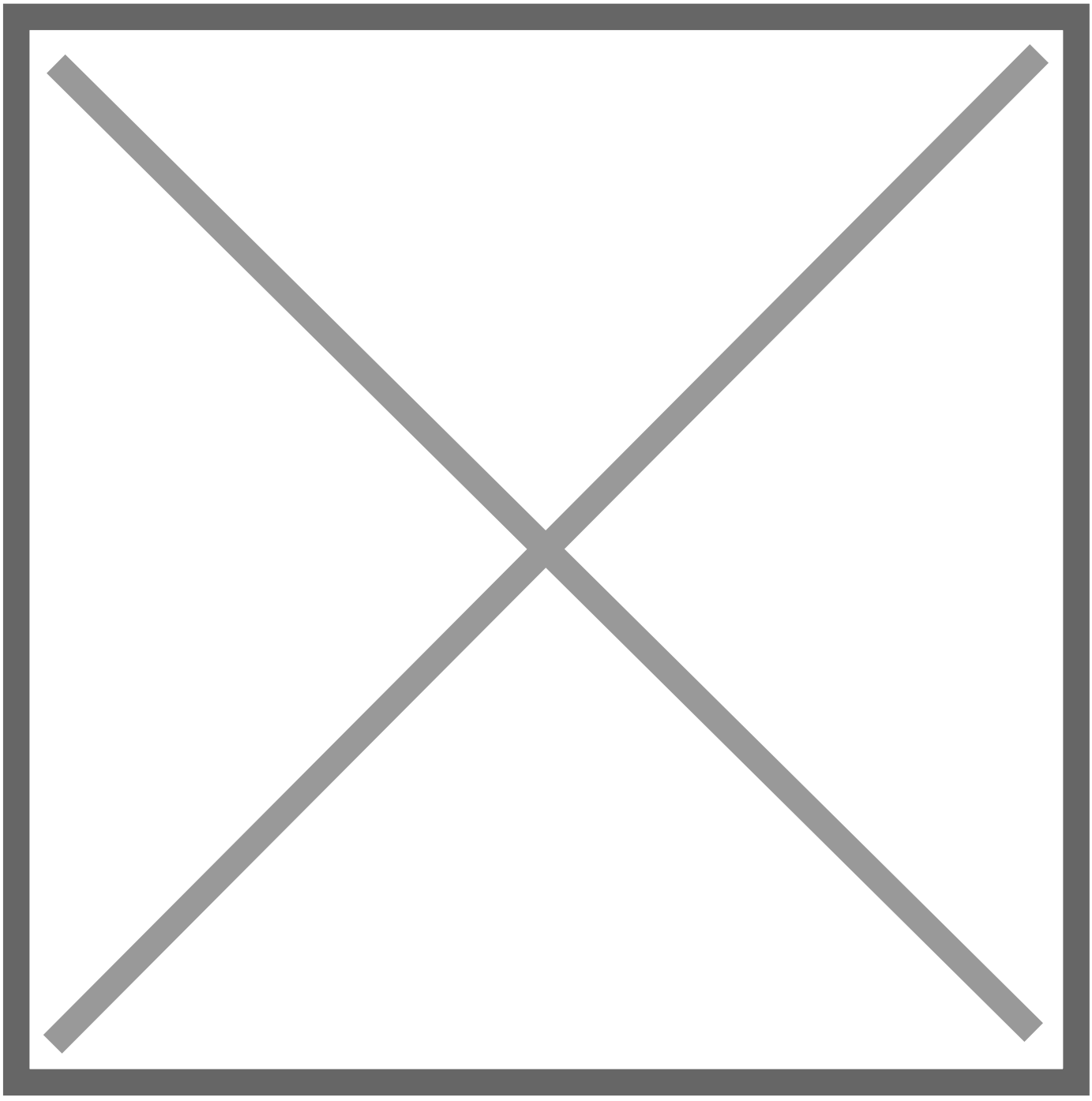


Age:	20+
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions:	Incidence per 100,000

Leukemia

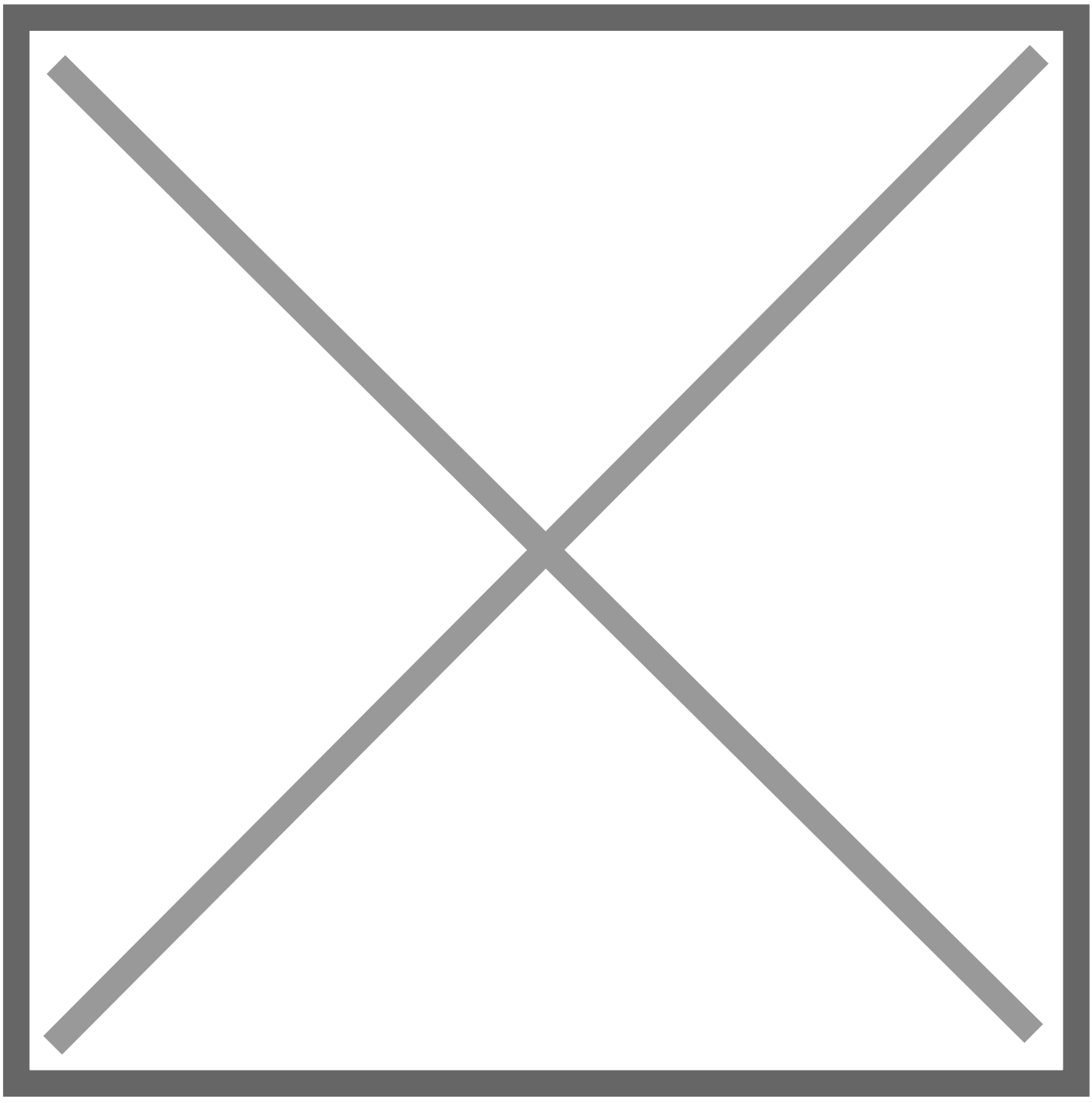
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

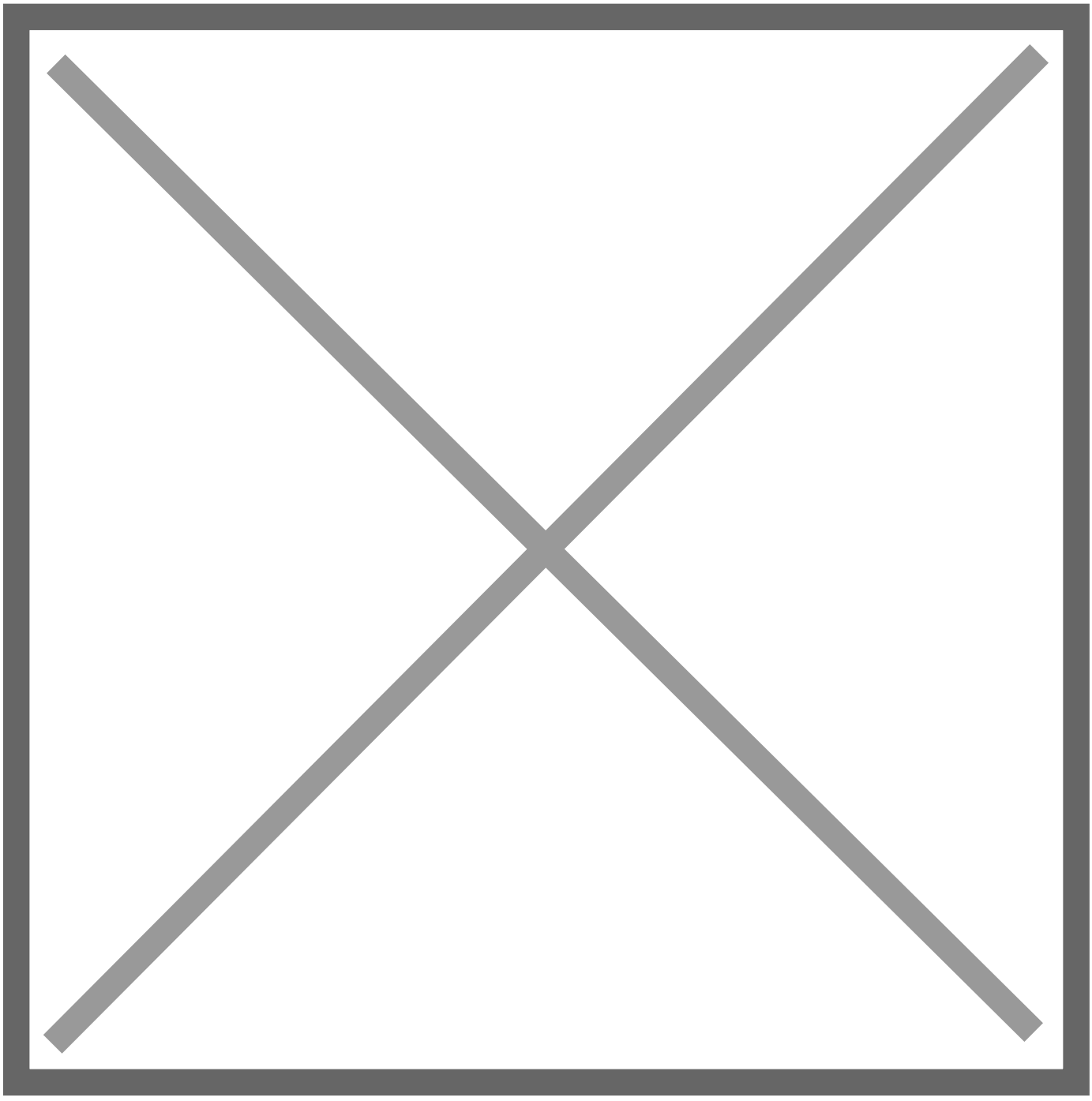


Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Liver and intrahepatic bile duct Cancer

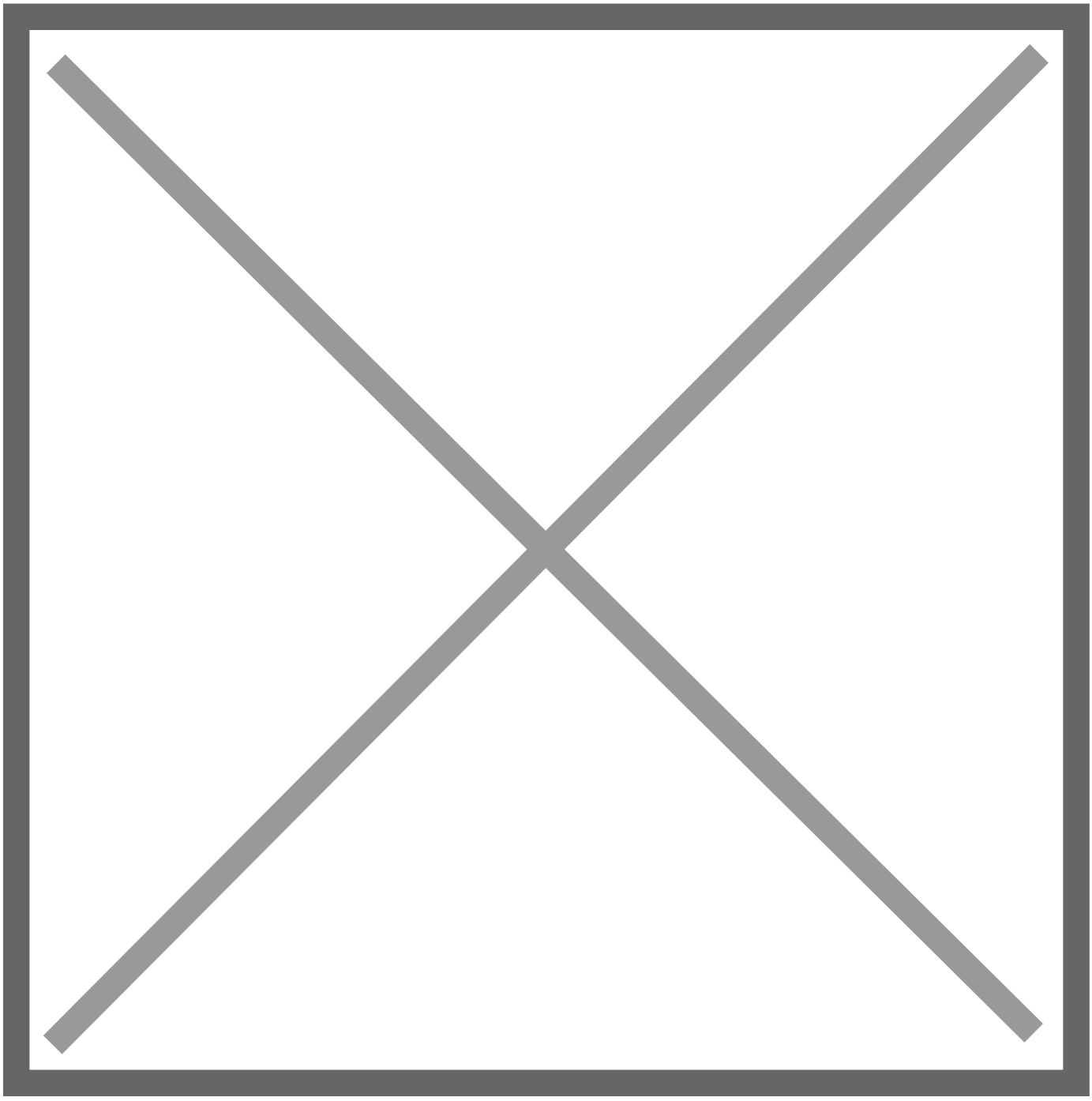
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

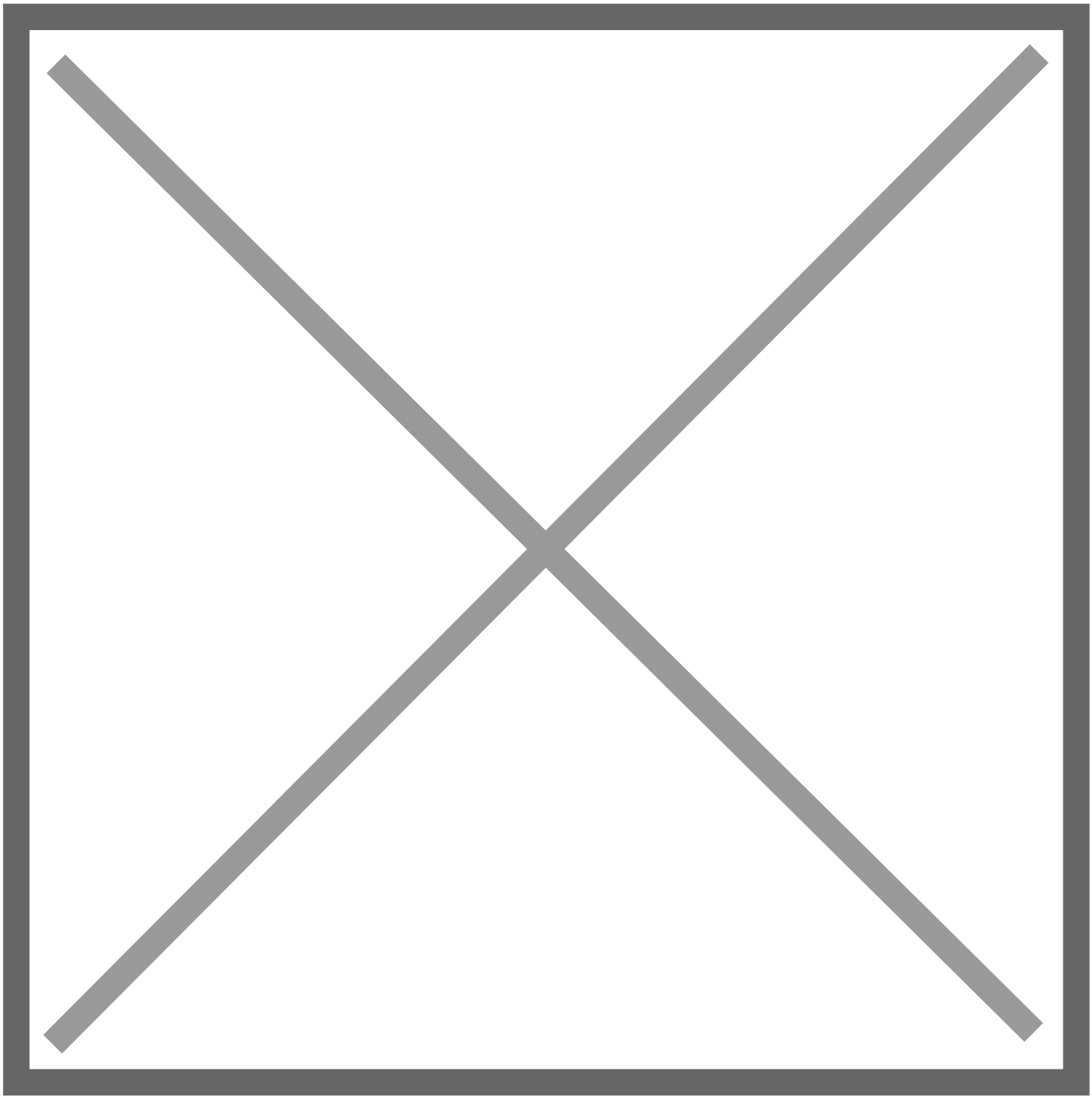
Women, 2022



Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Multiple Myeloma

Men, 2022

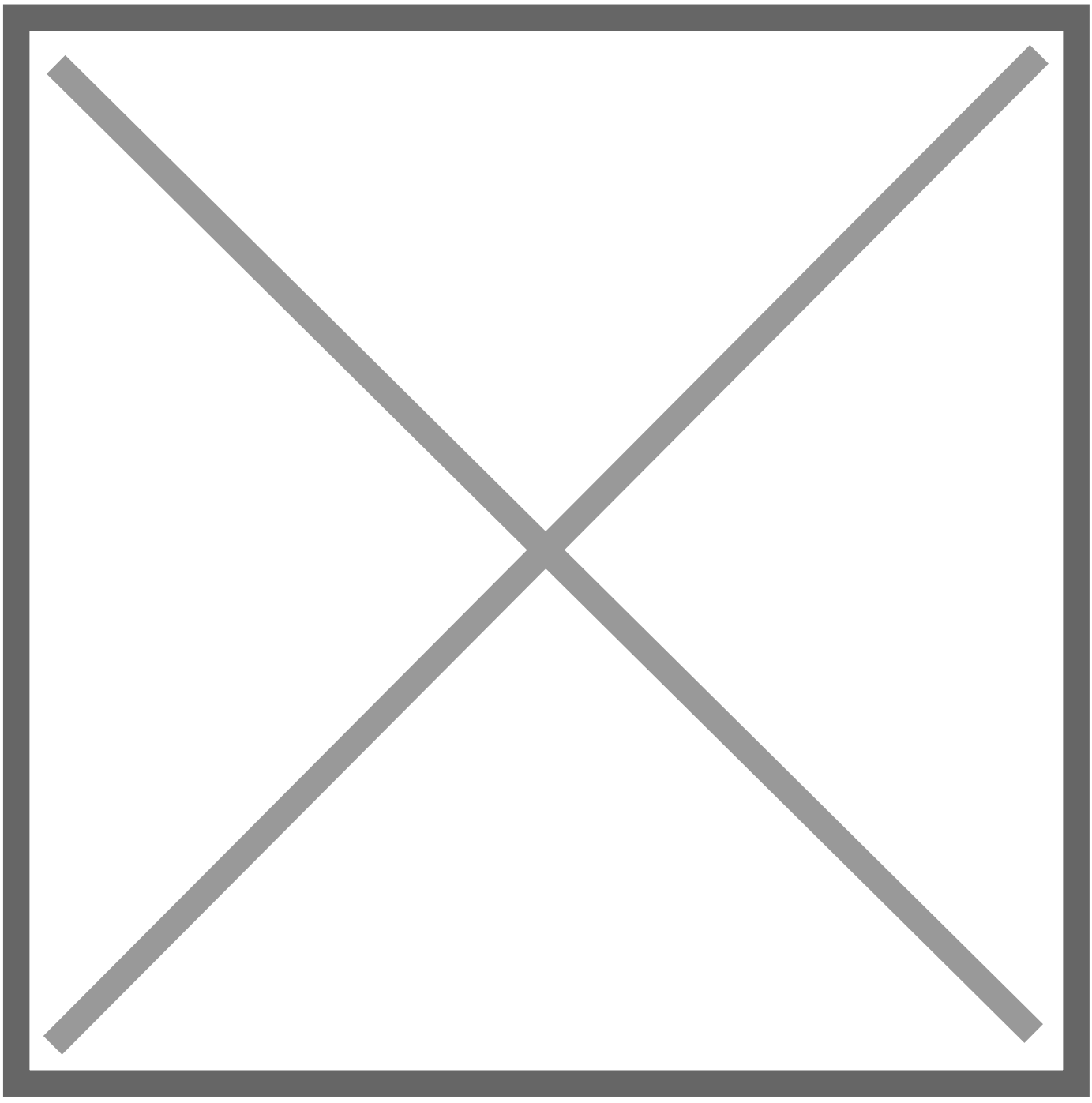


Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

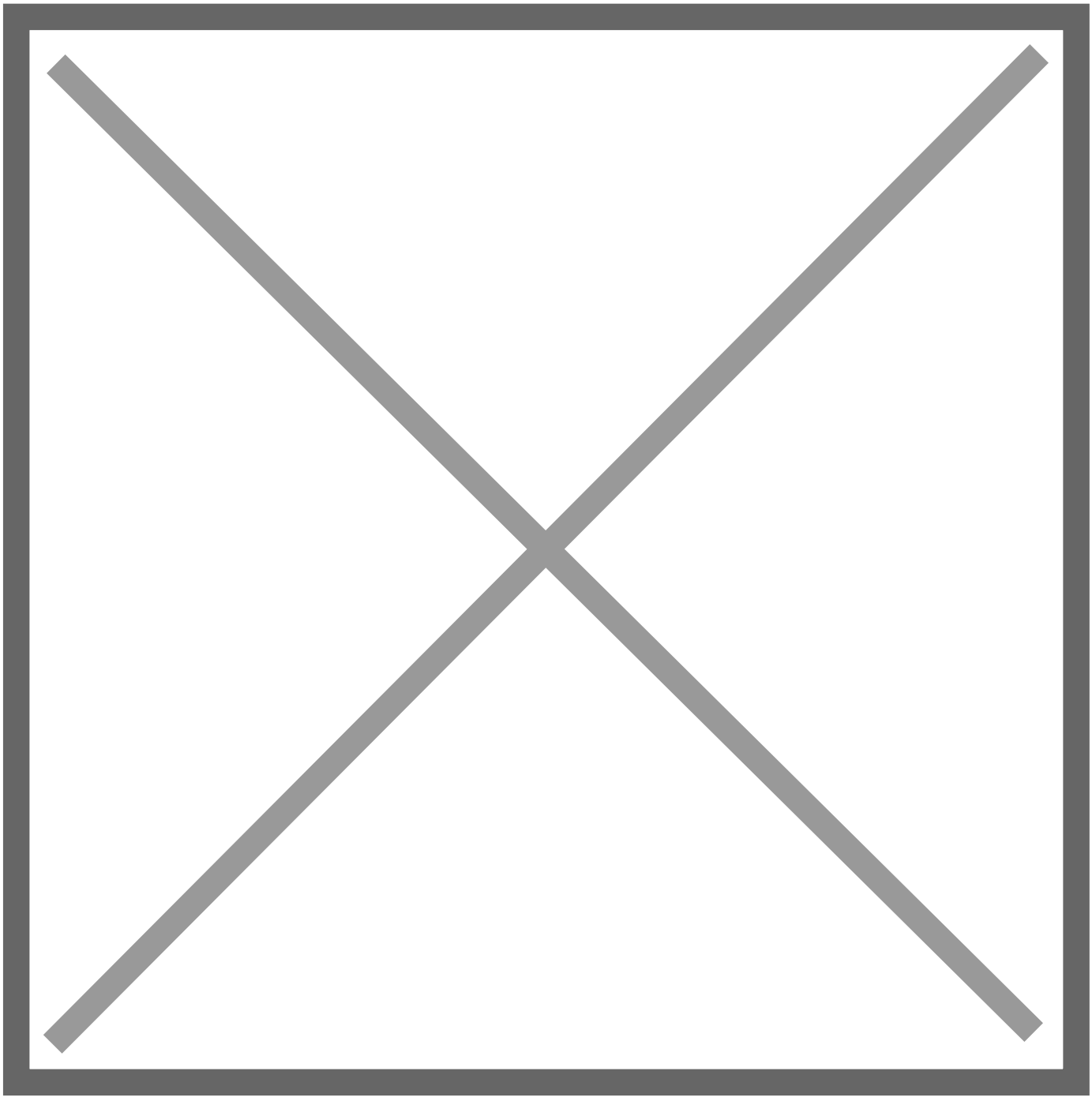


Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Indicence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Non Hodgkin Lymphoma

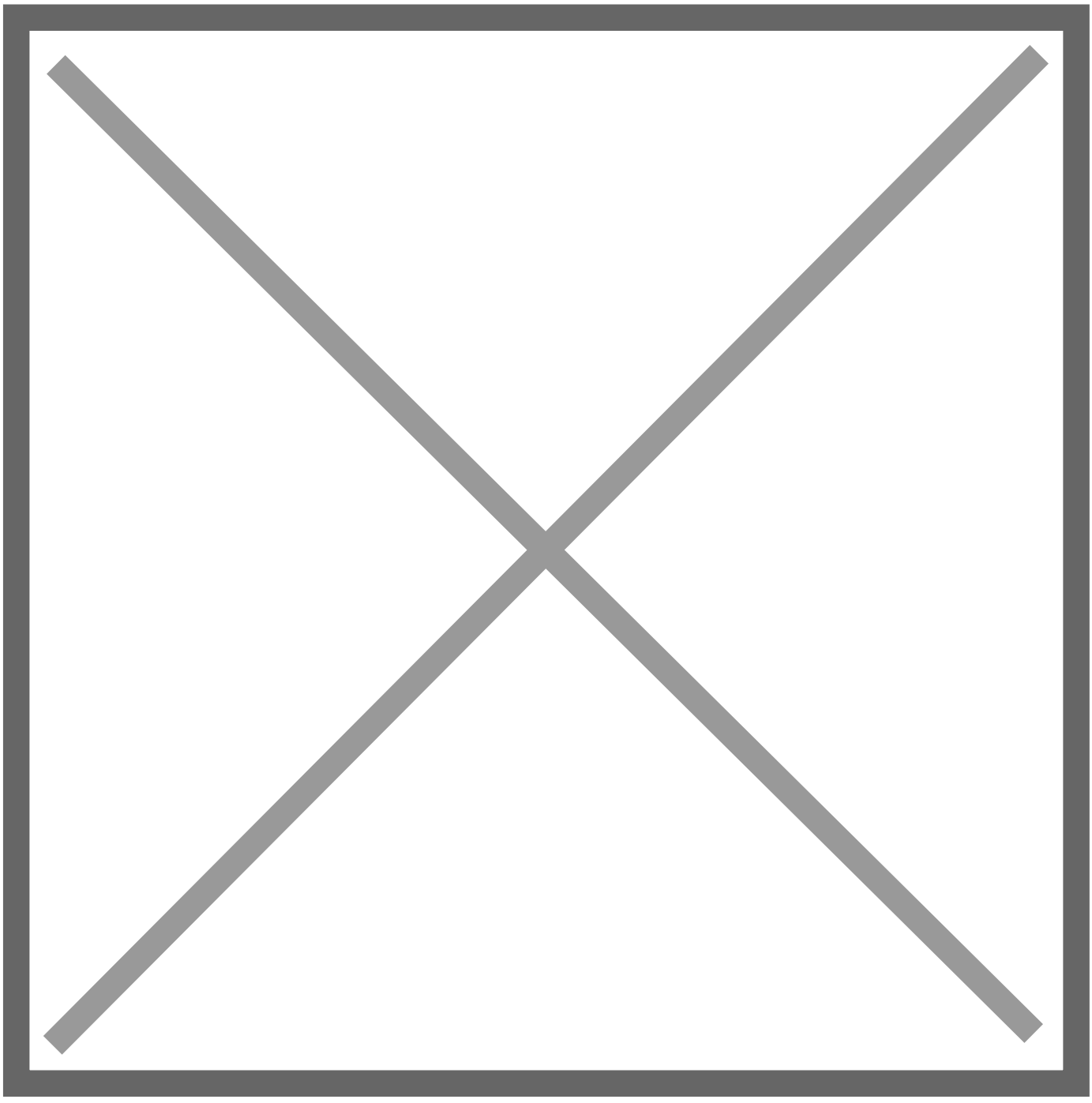
Men, 2022



Age:	20+
Area covered:	National

□□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2022

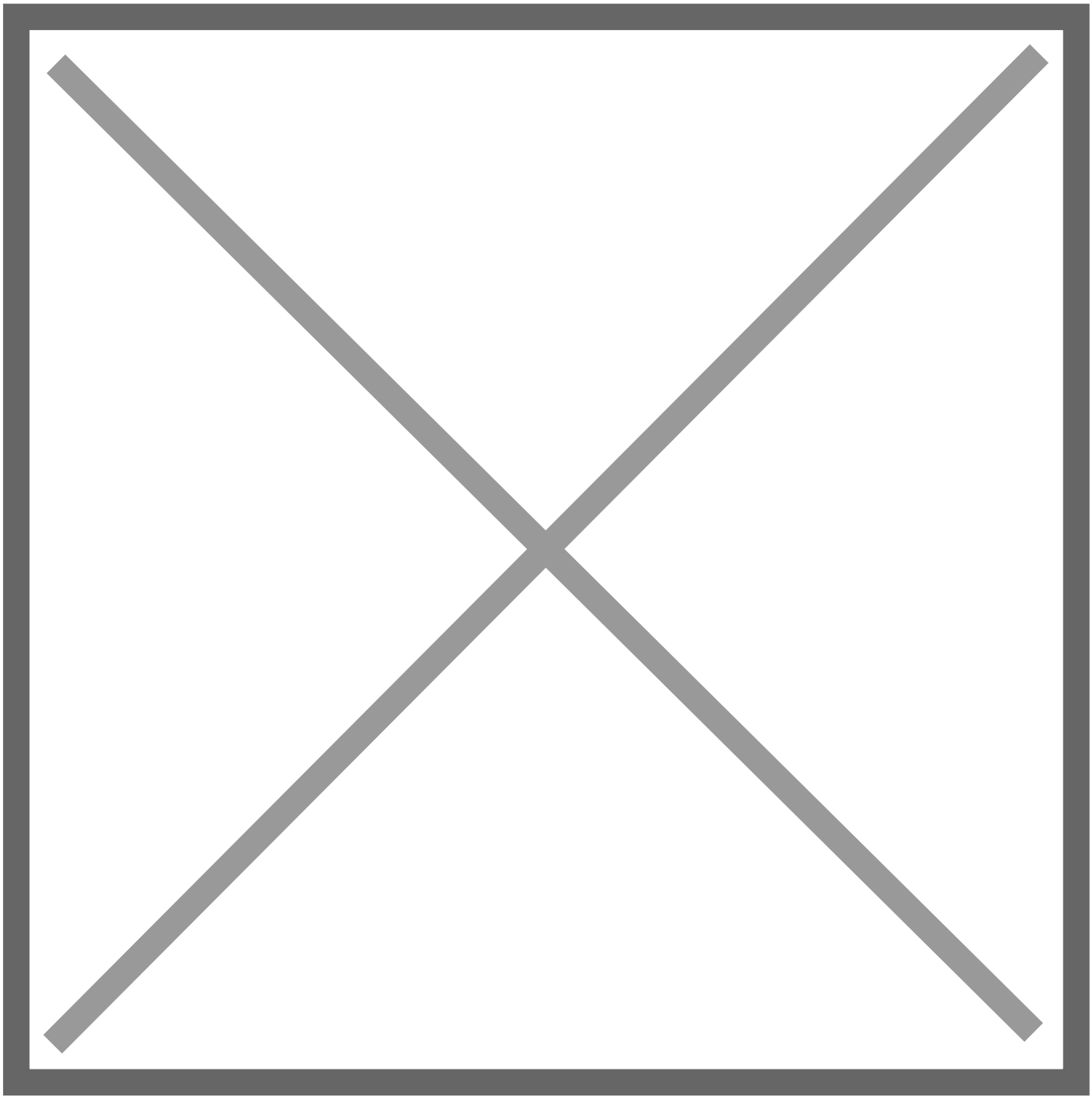


Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Thyroid Cancer

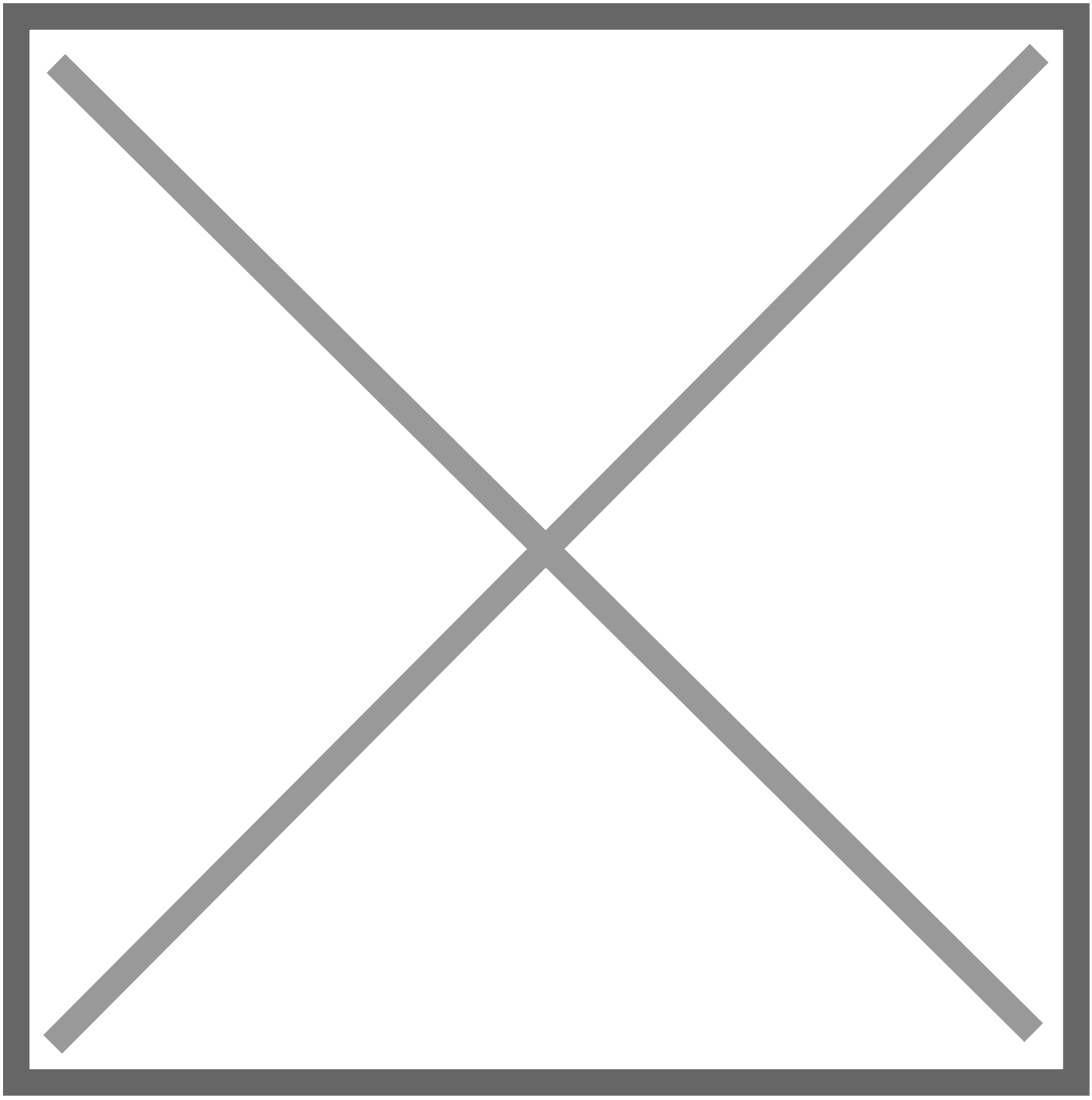
Men, 2022



Age:	20+
Area covered:	National
:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions:	Incidence per 100,000

Women, 2022



Age:	20+
Area covered:	National
□□□ :	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]
Definitions:	Incidence per 100,000

PDF created on November 3, 2026