

Indonesia



Policies, Interventions and Actions

Regulation of the Food and Drug Supervisory Agency Number 26 of 2021 concerning Information on Nutritional Values on Processed Food Labels

Indonesian law on nutrient labelling on foods. Document in Indonesian

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| Categories: | Labelling Regulation/Guidelines |
| Year(s): | 2021 (ongoing) |
| Organisation: | Food and Drug Supervisory Agency |
| Find out more: | jdih.pom.go.id |
| References: | Regulation of the Food and Drug Supervisory Agency Number 26 of 2021 concerning Information on Nutritional Values on Processed Food Labels |

Ban on marketing condensed milk to children

The Food and Drug Monitoring Agency (BPOM) in a circular letter dated May 22 called on all producers and distributors to refrain from these deceptive marketing strategies. The directive also bans showing the ads to kids below the age of five or using the product in TV programs for children.

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| Categories (partial): | Evidence of Marketing Guidelines/Policy |
| Year(s): | 2018 (ongoing) |
| Target age group: | Children |
| Find out more: | nuffoodsspectrum.asia |

National Multisectoral Action Plan for Prevention and Control of NCD - Indonesia

This coordination mechanism was reported to the WHO Global Nutrition Policy Review 2016-2017

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| Categories: | Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity) |
| Year(s): | 2017 (ongoing) |
| Target age group: | Adults and children |
| Organisation: | Presidents Office (information provided by the GINA program) |
| Find out more: | extranet.who.int |
| References: | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/ |

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

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| Categories: | Evidence of Obesity Target |
| Year(s): | 2017 (ongoing) |
| Target age group: | Adults and children |
| Organisation: | World Health Organisation |
| References: | Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO. |

Obesity Treatment Guidelines

Report in Indonesian. These are understood to be National Obesity Treatment Guidelines

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| Categories: | Evidence of Management/treatment guidelines |
| Year(s): | 2017 (ongoing) |
| Target age group: | Adults and children |
| Organisation: | Ministry of Health |
| Find out more: | extranet.who.int |
| References: | Pedoman Umum Pengendalian Obesitas 2017 (INDONESIAN). Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/ |

Physical Activity Strategy

In Indonesian - Strategy outlined by the President of Indonesia Document provided via WHO

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| Categories: | Evidence of Physical Activity Guidelines/Policy |
| Year(s): | 2017 (ongoing) |
| Target age group: | Adults and children |
| Organisation: | Indonesian Government |
| Linked document: | Download linked document |
| References: | INSTRUKSI PRESIDEN REPUBLIK INDONESIA NOMOR 1 TAHUN 2017 TENTANG GERAKAN MASYARAKAT HIDUP SEHAT |

National Action Plan for the Prevention and Control of Non-Communicable Disease 2015-2019

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| Categories (partial): | Evidence of NCD strategy |
| Year(s): | 2015-2019 |
| Target age group: | Adults and children |
| References: | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/ |

Prevention and Control of Obesity in School Children

Guidelines for controlling and preventing overweight and obesity in school children.

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| Categories (partial): | Evidence of National Obesity Strategy/Policy or Action plan |
| Year(s): | 2012 (ongoing) |
| Target age group: | Children |
| Organisation: | Ministry of Health |
| Find out more: | www.depkes.go.id |
| Linked document: | Download linked document |

Identification, Evaluation and Treatment of Overweight and Obesity in Adults: Clinical Practice Guidelines of the Obesity Clinic, Wellness Cluster Cipto Mangunkusumo Hospital, Jakarta, Indonesia

The aim of the clinical practice guidelines was to provide the best evidence-based recommendation for diagnosis, evaluation and multidisciplinary management of overweight and obesity in the adult population

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| Categories: | Evidence of Management/treatment guidelines |
| Year(s): | 2011 (ongoing) |
| Target age group: | Adults |
| Linked document: | Download linked document |

National Food and Nutrition Action Plan 2011-2015 (Rencana Aksi Nasional Pangan Dan Gizi)

This plan was developed to provide guidance in implementing food and nutritional development at national, provincial, district levels.

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| Categories (partial): | Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan |
| Year(s): | 2011-2015 |
| Target age group: | Adults and children |
| Organisation: | Ministry of Health |
| Find out more: | www.depkes.go.id |
| Linked document: | Download linked document |
| References: | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/ |

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

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| Categories: | Evidence of Breastfeeding promotion or related activity |
| Target age group: | Adults |
| Organisation: | Ministry of Health (information provided by the GINA program) |
| Find out more: | extranet.who.int |
| References: | Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/ |

Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions (“the Code”) in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

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| Categories: | Evidence of Breastfeeding promotion or related activity |
| Target age group: | Adults |
| Organisation: | WHO UNICEF IBFAN |
| References: | WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016 |

PDF created on January 16, 2025