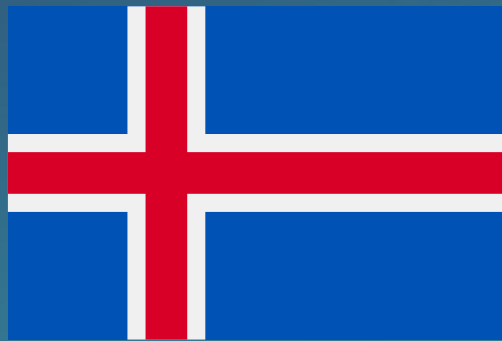




An Áð oslainn



Country report card - children

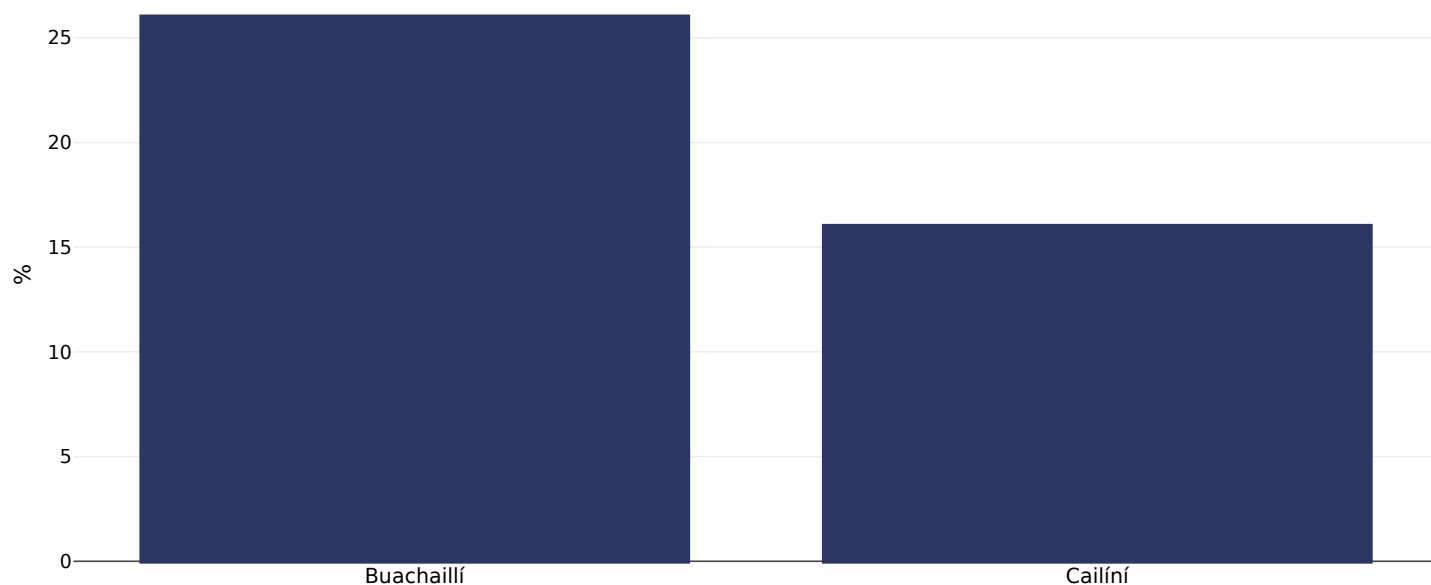
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/iceland-94/>.

LeitheadÁlacht murtaill

Páistí, 2021-2022

■ Rómheáchan nó murtall



Cineál an tsuirbhí:

Féintuairiscithe

Aois:

13

Tagairt:

Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

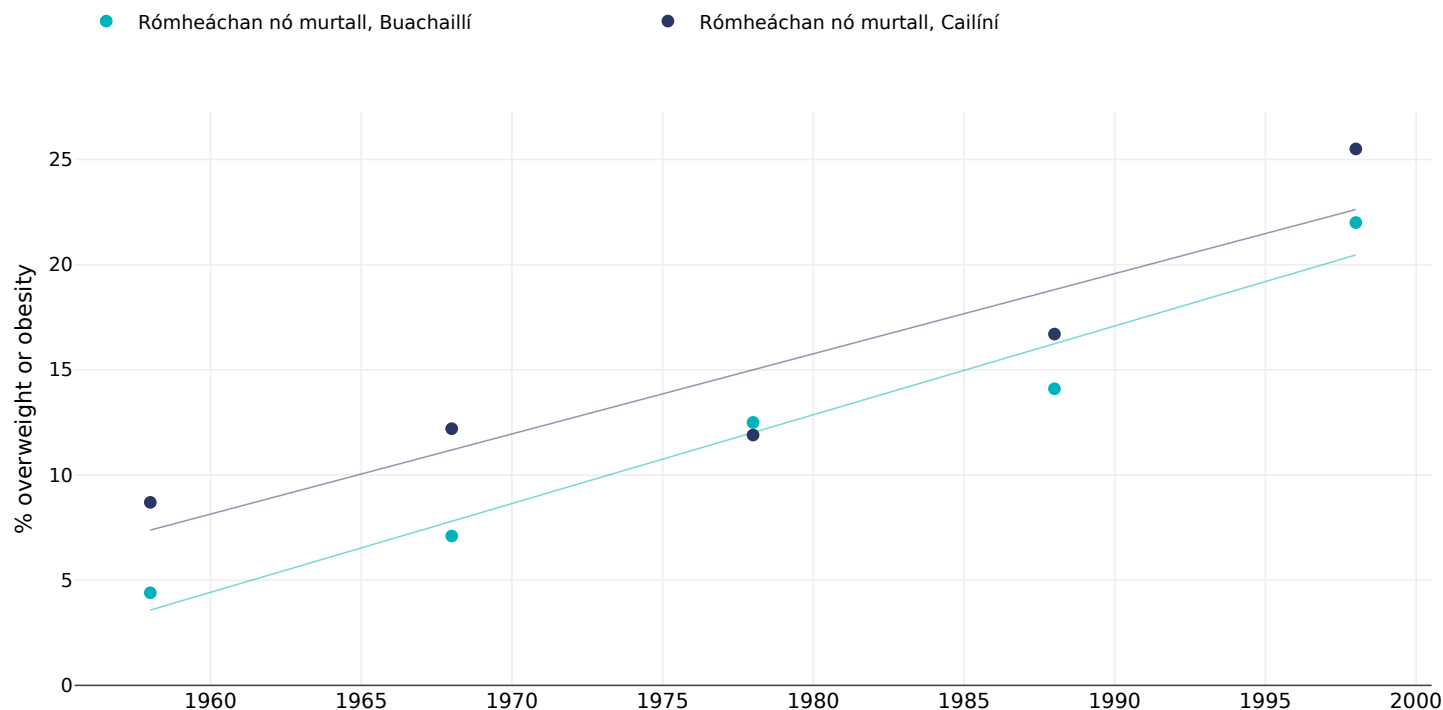
Nótaí:

HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs:

+2SD

% Children living with overweight or obesity in Reykjavik 1958-1998



CineÁil an tsuirbhÁ:

Féintuairiscithe

Tagairt:

Briem B. Percent overweight and obesity among 9-year-old Icelandic Children from 1958-1998. Masters Thesis University of Iceland 1999. Changes in height and weight of 9-year-old children in Reykjavik, 1919 - 1998.

Nótaí:

Subnational. Aged 9.

SainmhÁnithe (ar fÁil i mBÁarla amháin):

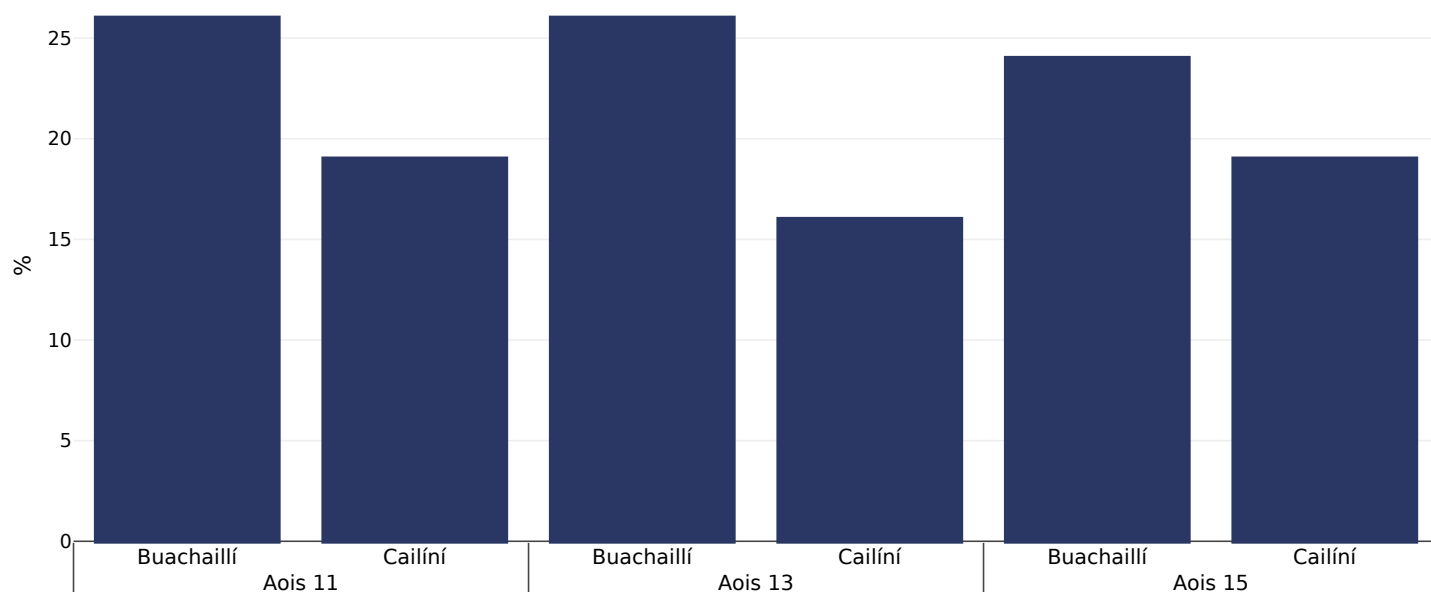
IOTF

D'fhéadfadh sé gur úsáideadh modheolaíochtaí éagsúla chun na sonraí seo a bhailiú agus mar sin d'fhéadfadh sé nach bhfuil sonraí ó shuirbhéanna éagsúla inchoimparáide go cruinn. Féach na bunfhoinsí sonraí faoi choinne na modheolaíochtaí a úsáideadh

Rómheáchán/murtall de réir aoise

Páistí, 2021-2022

■ Rómheáchan nó murtall



Cineál an tsuirbhí:

Féintuairiscithe

Ceantar CIÉ daithe:

See Report

Tagairt:

Rakic, JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

Nótaí:

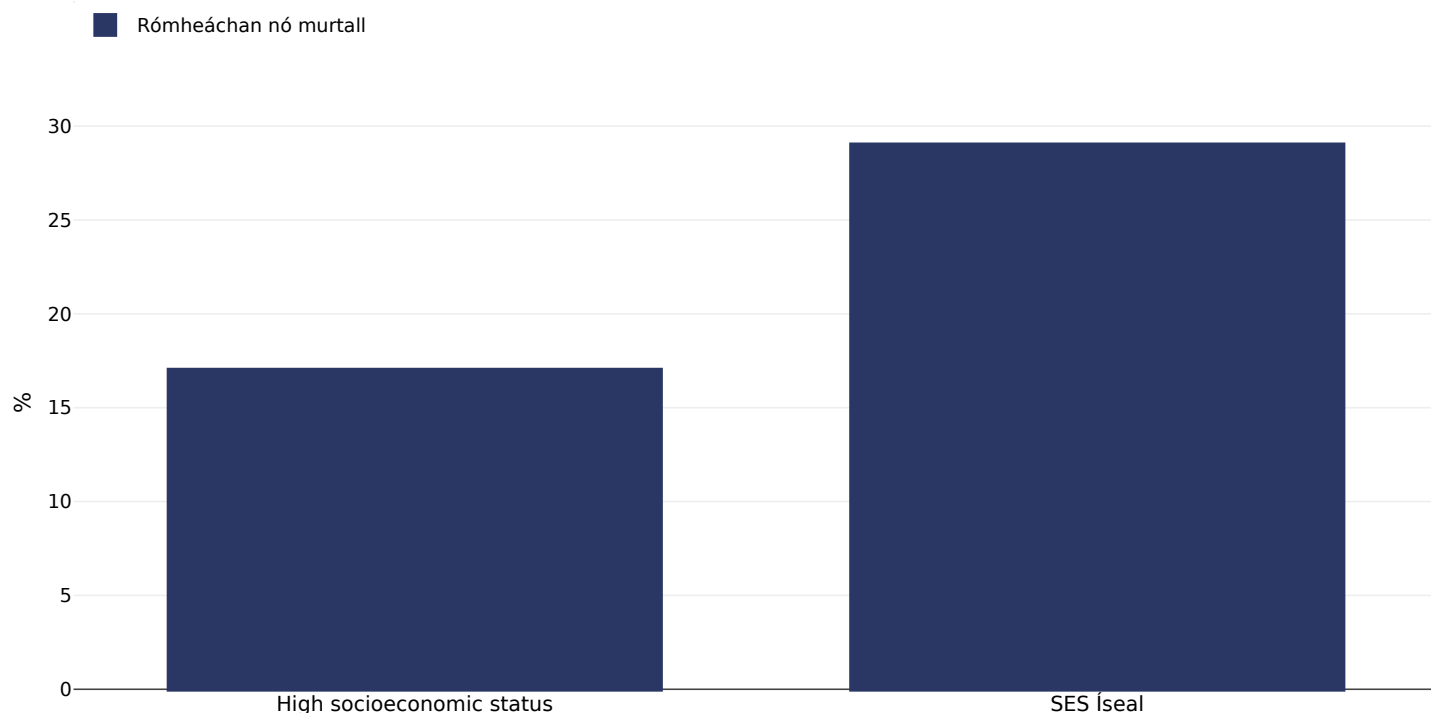
HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs:

+2SD

Rómheáchán/murtall de réir grúpa socheacnamaíoch

Buachaill, 2021-2022



Cineál an tsuirbhí:

Féintuairiscithe

Aois:

11-15

Tagairt:

Raki JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

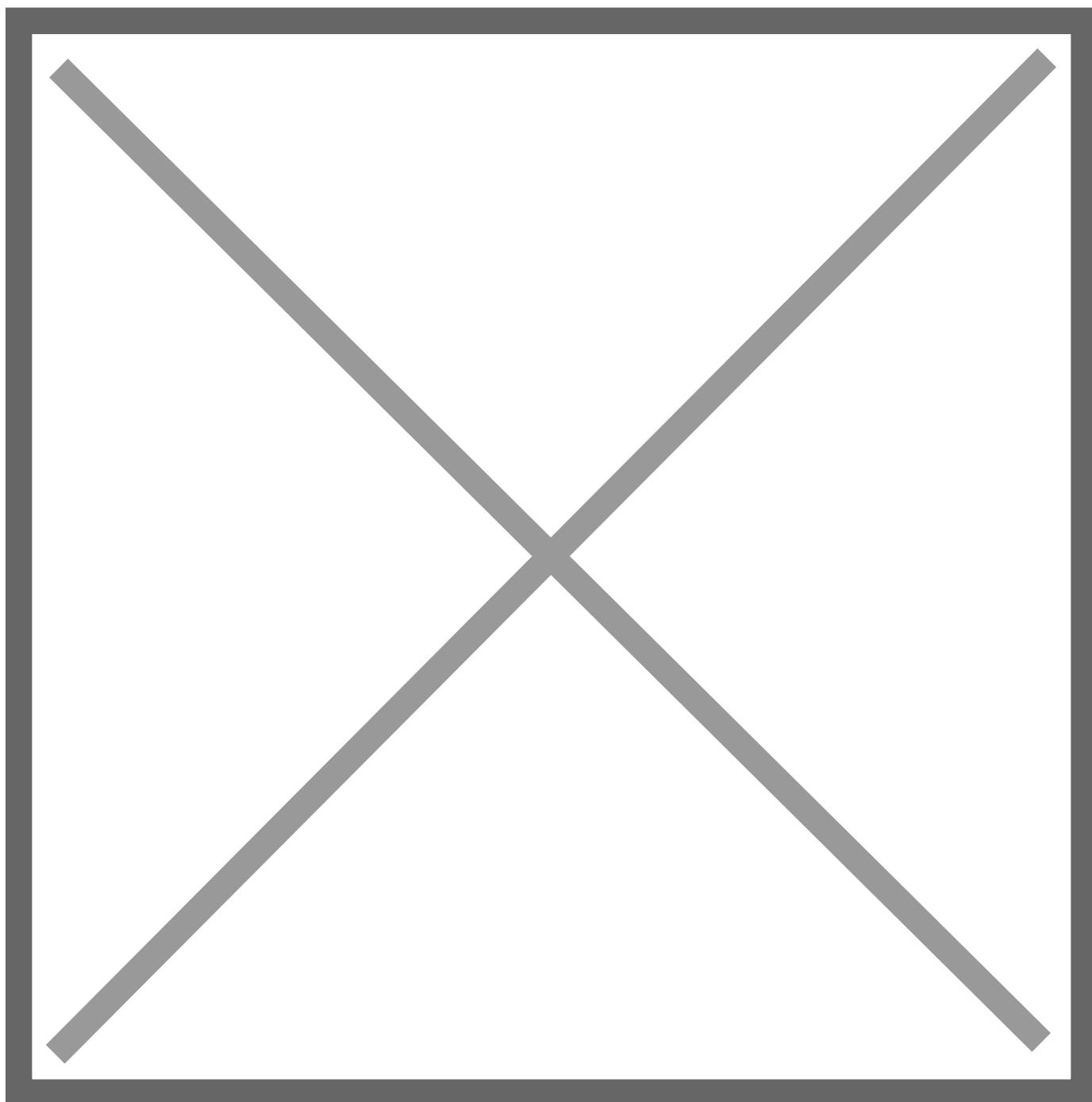
Nótaí:

Family affluence scale HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs:

+2SD

CailĀnĀ, 2021-2022



**CineĀl an
tsuirbhĀ:**

Fĕintuairiscithe

Aois:

11-15

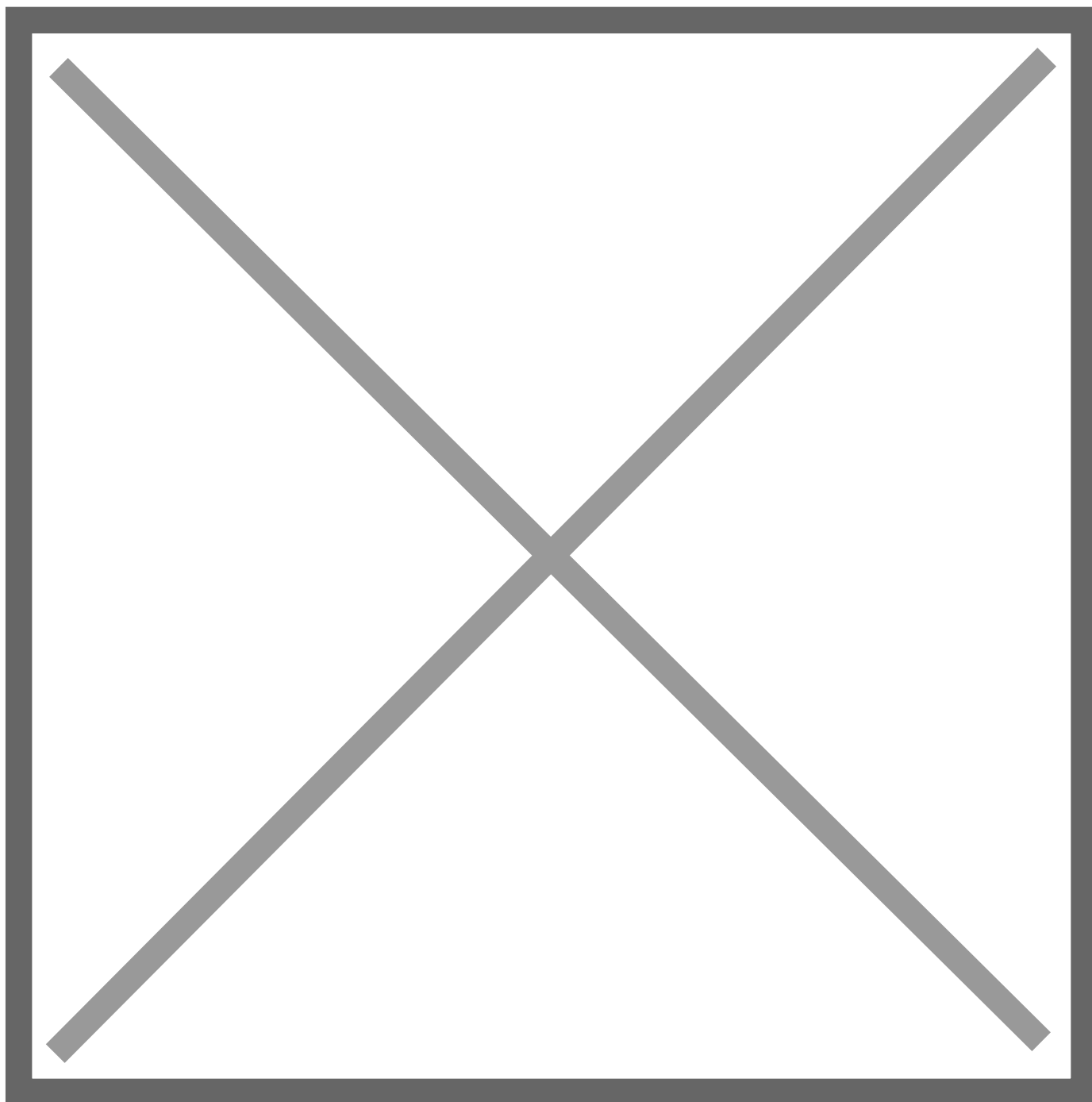
TagairtĀ:

Rakĭ? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, BakalĀr P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024.
'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

Nótaí:	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

Double burden of underweight & overweight

Páistí, 2022



Cineál an tsuirbhí:

Tomhaiste

Aois:

5-19

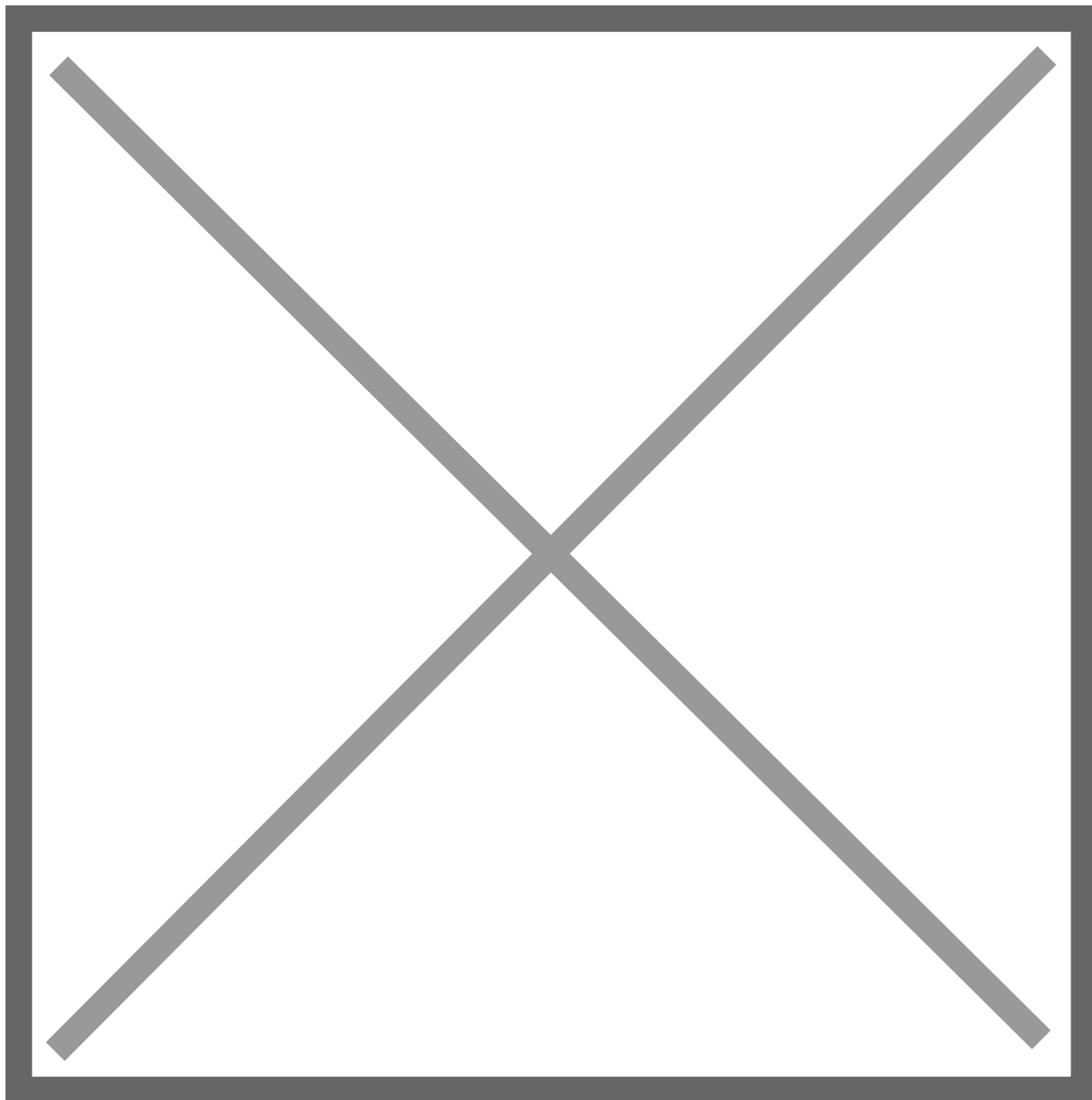
Tagairt:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Nótaí:	Age standardised estimates
Sainmháinthe (ar fáil i mBéarla amháin):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Gníomhaíocht choirp neamhimleor

Páistí, 2016



Cineál an tsuirbhí:

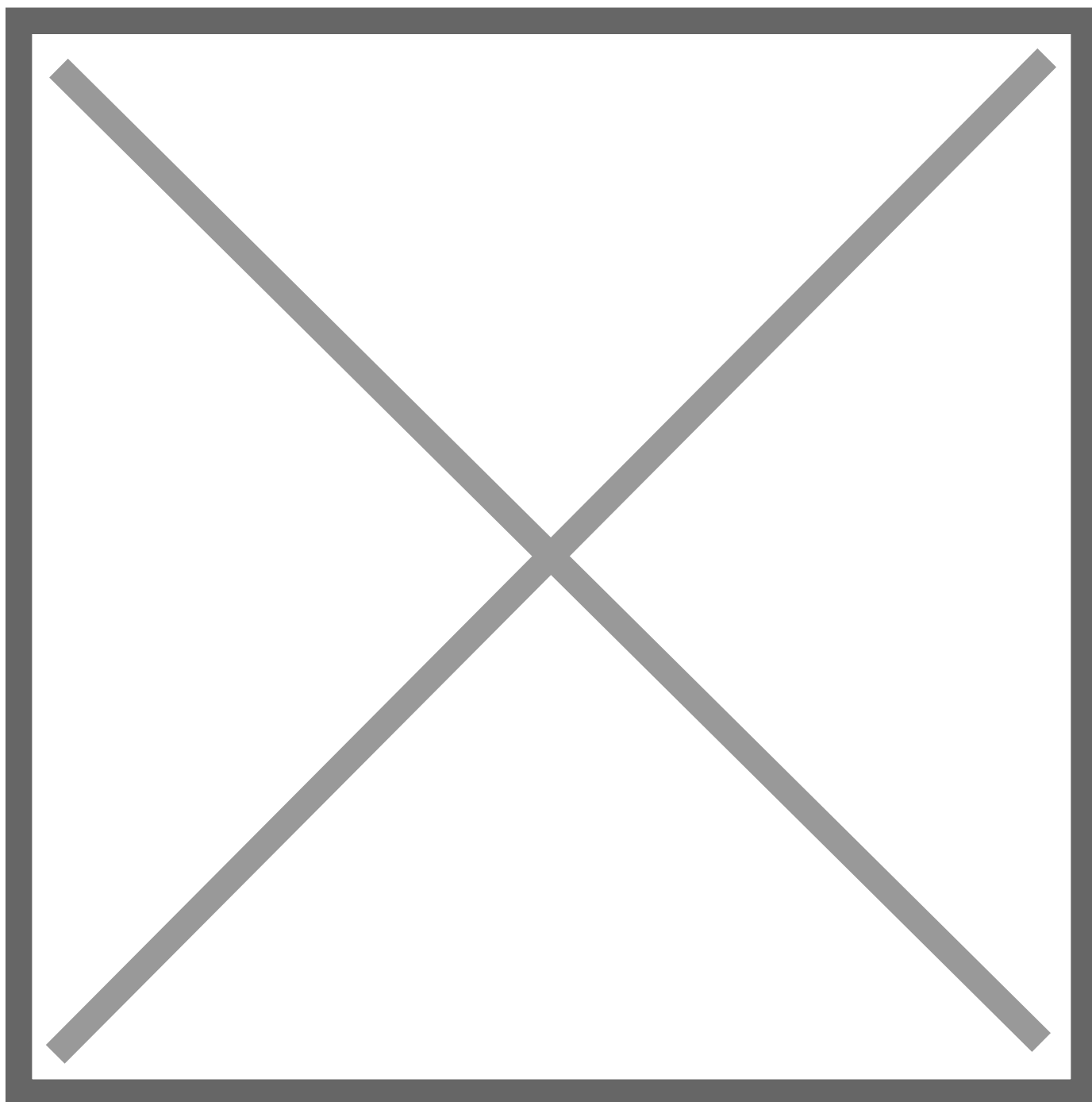
Féintuairiscithe

Aois:

11-17

Tagairt:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Nótaí:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Sainmháinthe (ar fáil i mBéarla amháin):	% Adolescents insufficiently active (age standardised estimate)

Buachaill, 2016



Cineál an tsuirbhá:

Féintuairiscithe

Aois:

11-17

Tagairt:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

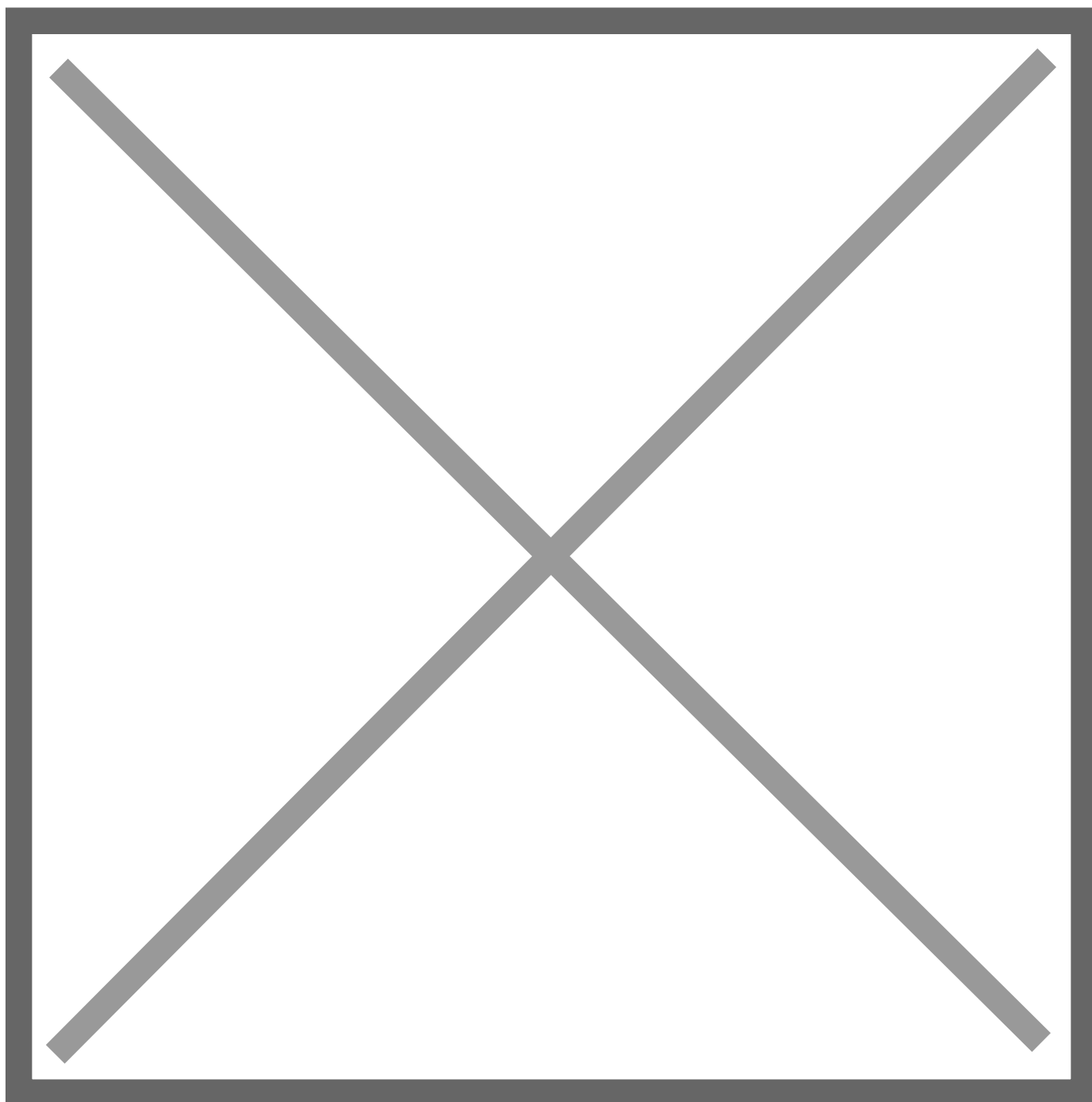
Nótaí:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Sainmháinthe
(ar fáil i
mBéarla
amháin):**

% Adolescents insufficiently active (age standardised estimate)

CailÃnÃ, 2016



CineÃjl an tsuirbhÃ©:

Féintuairiscithe

Aois:

11-17

TagairtÃ:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Nótaí:

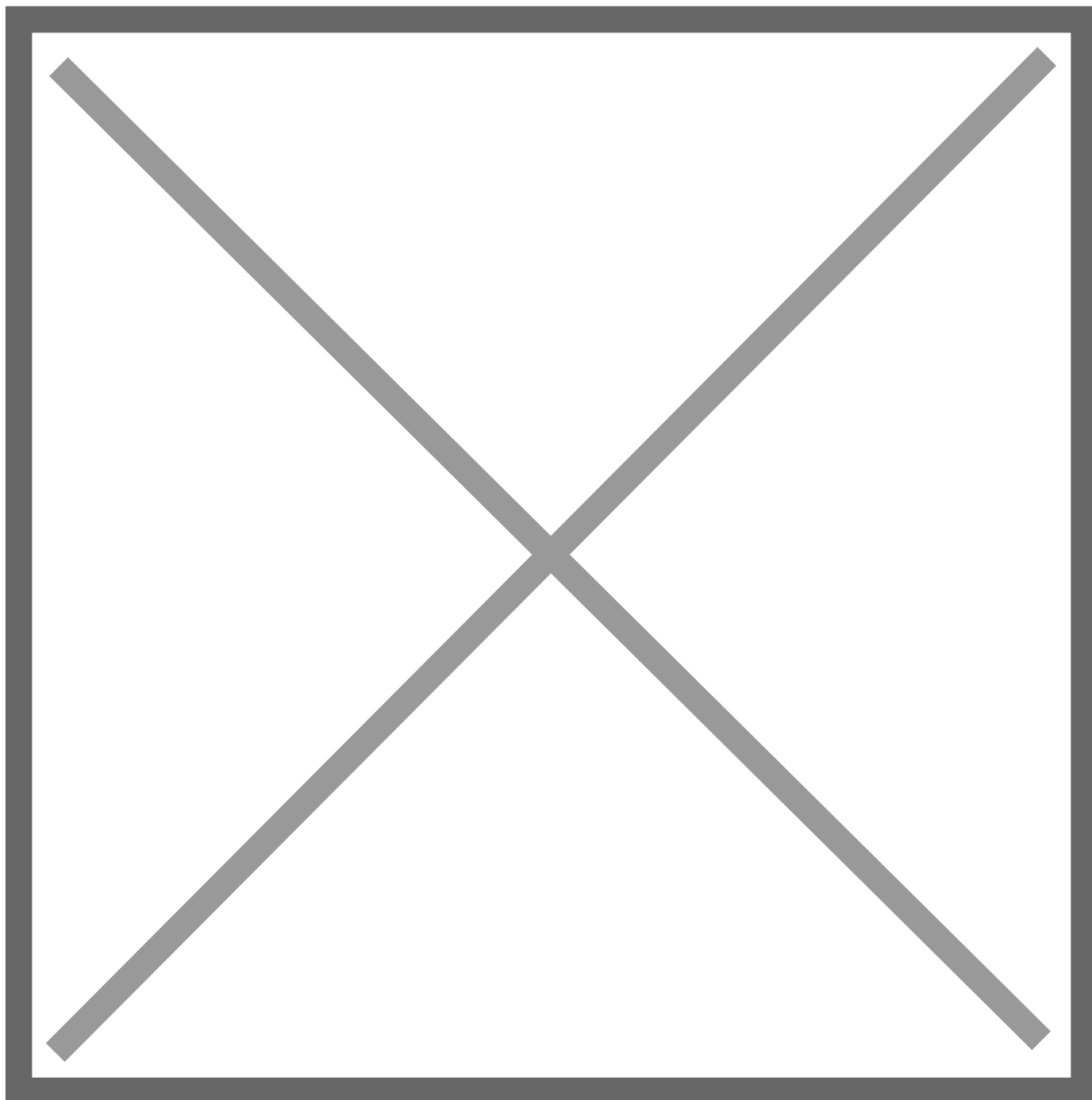
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fáil i
mBÁC arla
amhÁin):**

% Adolescents insufficiently active (age standardised estimate)

Leitheadáil na ndeochanna boga carbóinaithe go laethúil ar a laghad

Buachaill, 2021-2022



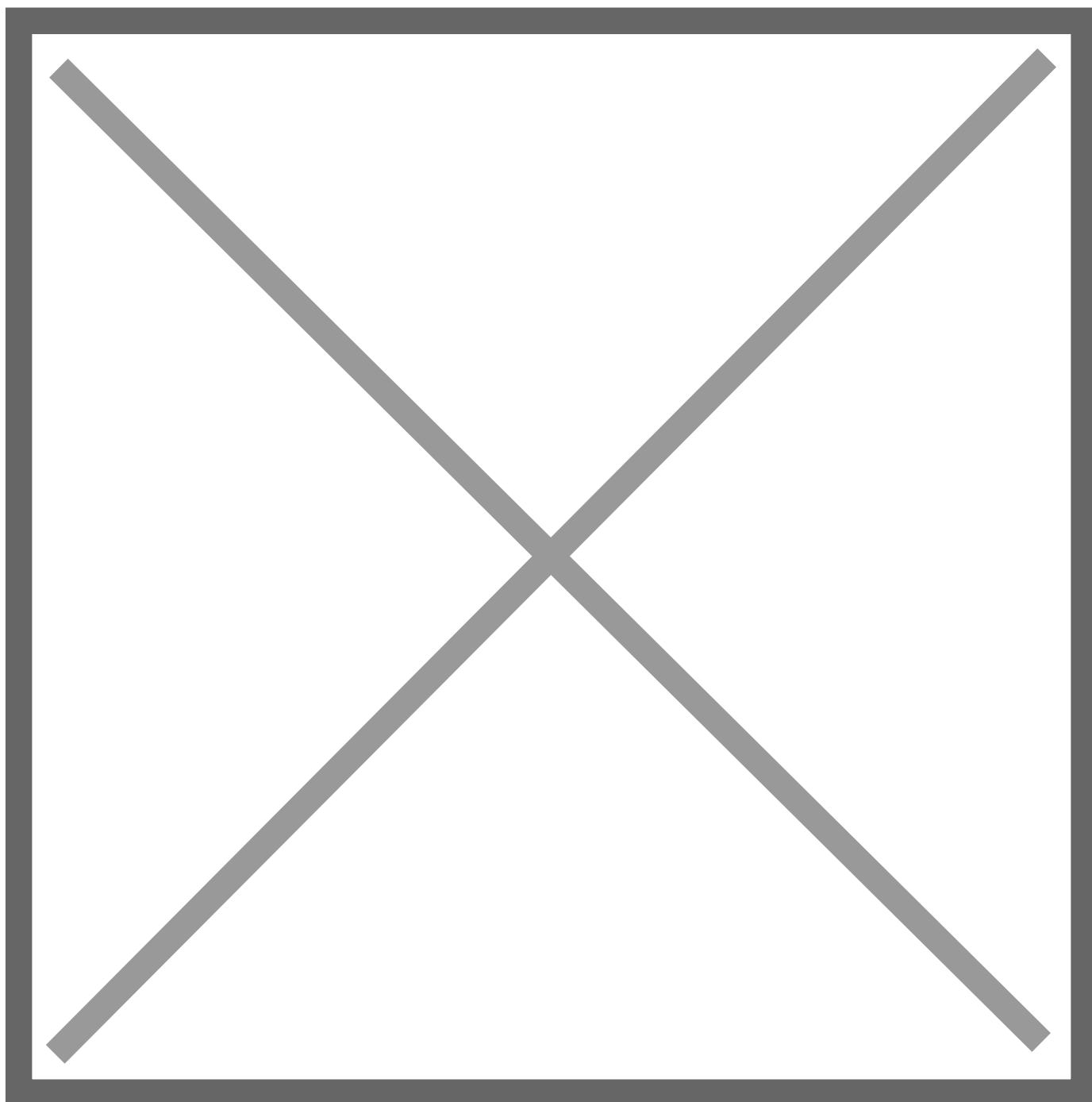
Ceantar
Clárú: **Clárú:**

Náisiúnta

Tagairt: Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..> Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org.>

**Sainmh  nithe
(ar f  il i
mB  arla
amh  in):** Proportion who reported drinking sugary soft drinks daily (at least once)

CailĀnĀ, 2021-2022



**Ceantar
CIĀċdaithe:**

NĀċisiĀċnta

TagairtĀ:

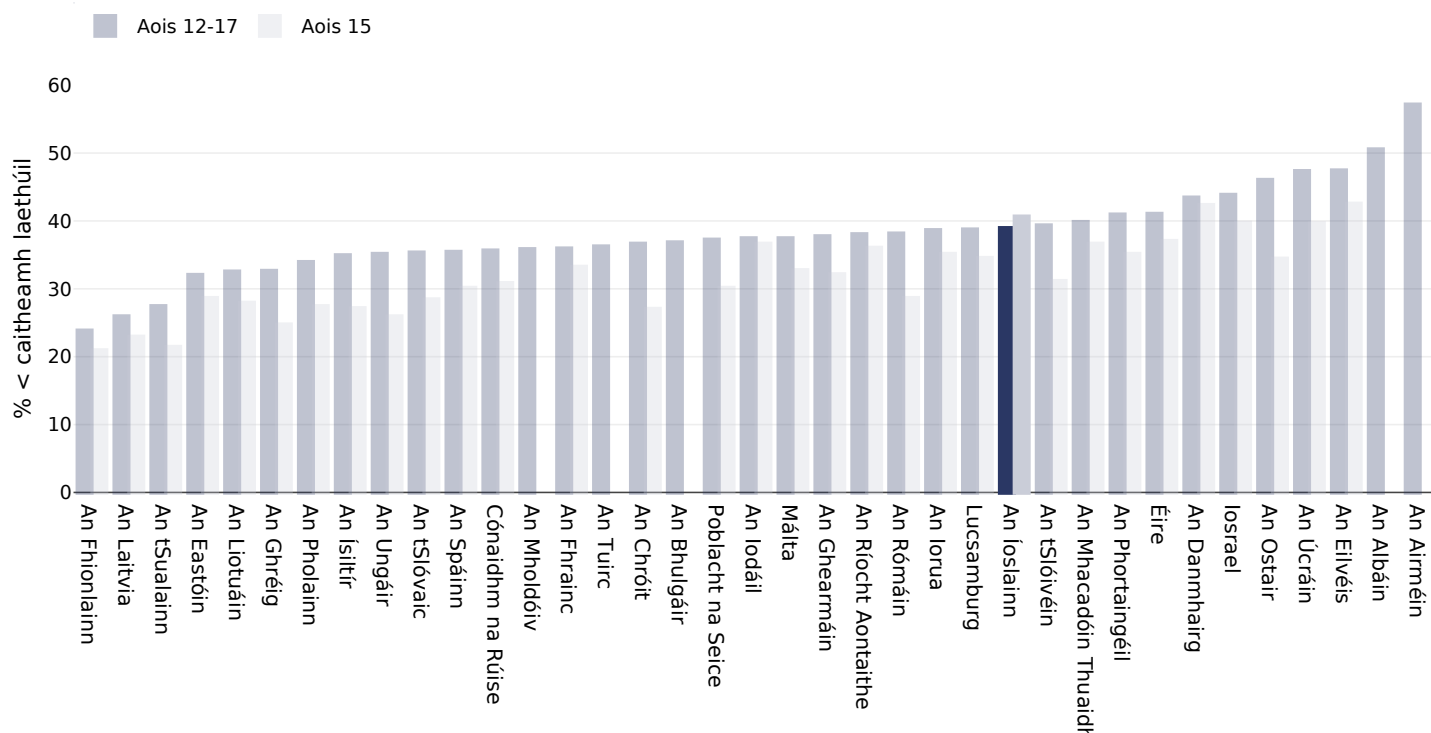
Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..> Health Behaviour in School-aged Children study (2020), Data browser (findings from the 2017/18 international HBSC survey): <https://data-browser.hbsc.org.>

**Sainmháitíthe
(ar fáil i
mBéarla
amháin):**

Proportion who reported drinking sugary soft drinks daily (at least once)

Leitheadáil níos láidre i the laetháil torthaí

Páistí, 2010-2014



Cineál an tsuirbháil:

Tomhaiste

Tagairt:

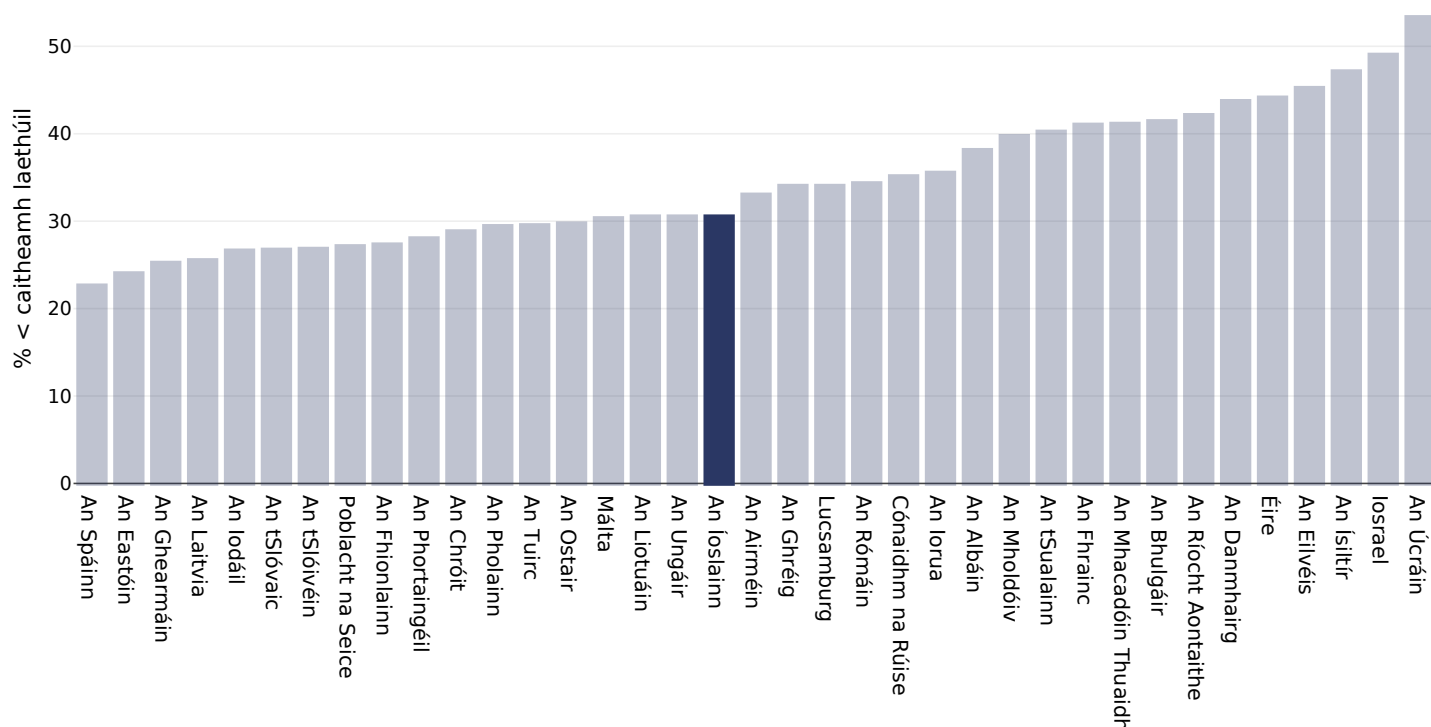
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Sainmháinthe (ar fáil i mBéarla amháin):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Leitheadáil níos láidre i the laethúil glasraí

Páistí, 2010-2014



Cineál an tsuirbhí:

Tomhaiste

Aois:

12-17

Tagairt:

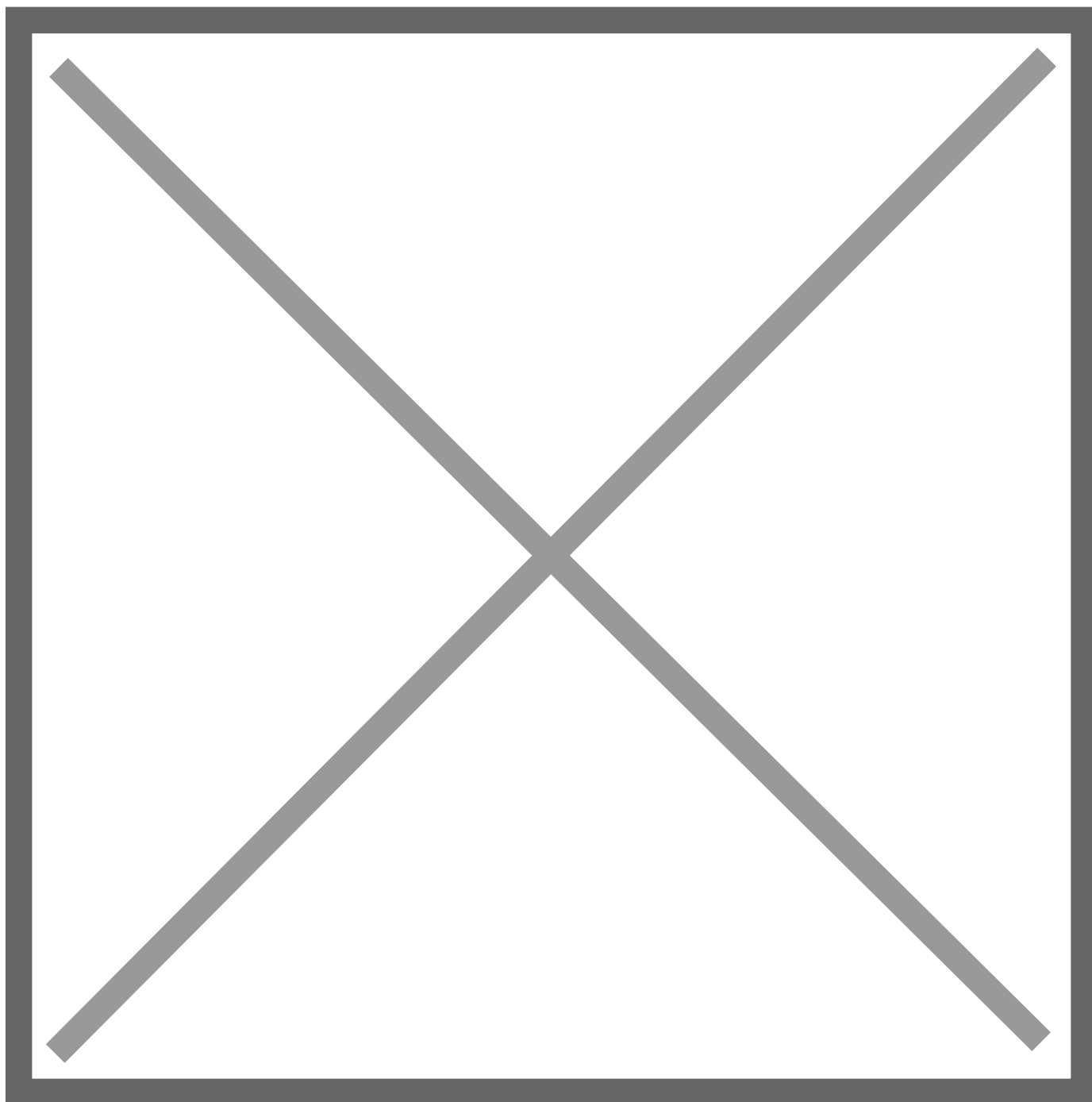
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Sainmháinthe (ar fáil i mBéarla amháin):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Meabhairshlínte - neamhoird dAilagar

Páistí, 2021



**Ceantar
Cláiríoch:**

Náisiónta

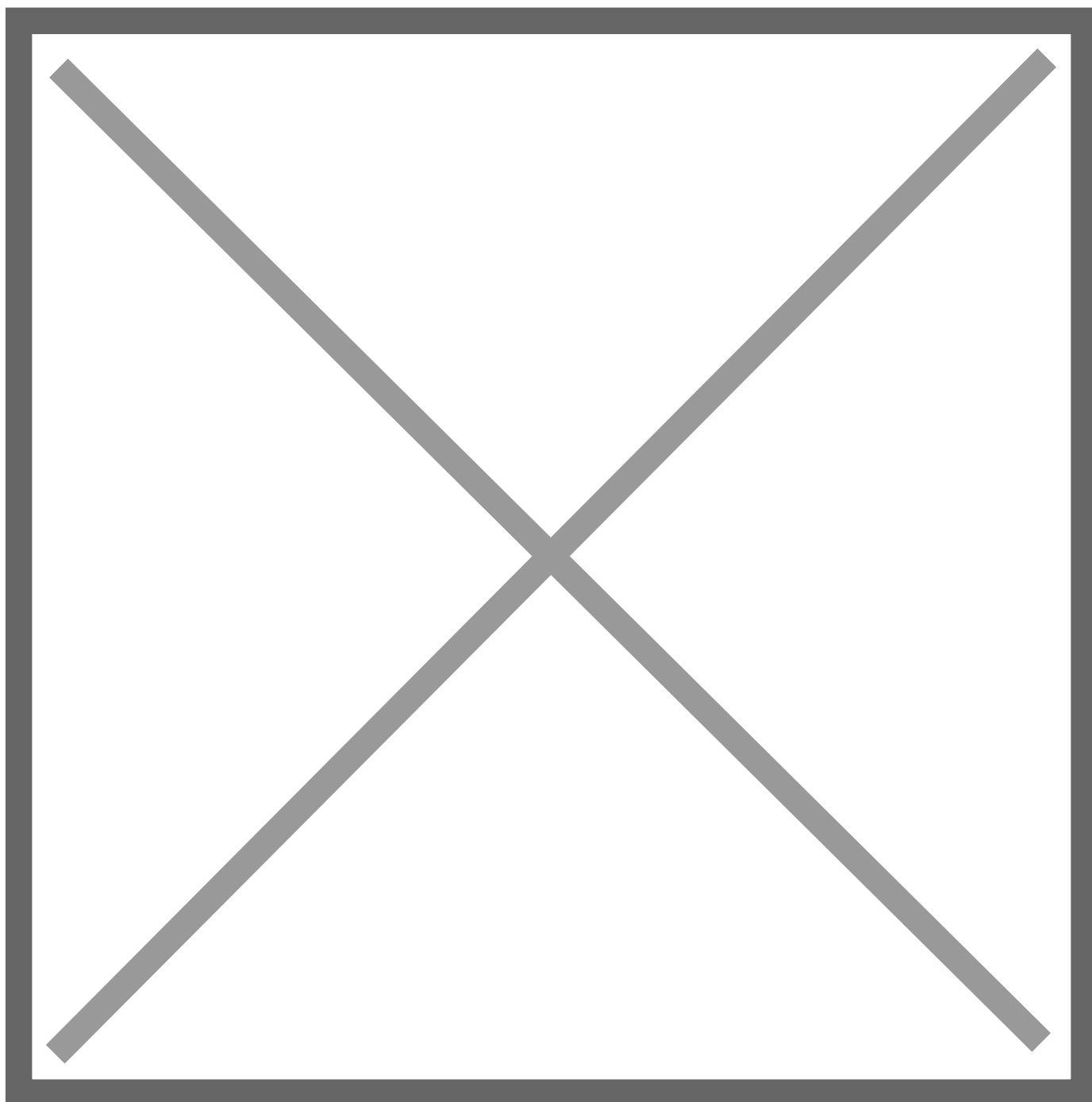
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Buachaill, 2021



**Ceantar
Clárú:**

Náisiúnta

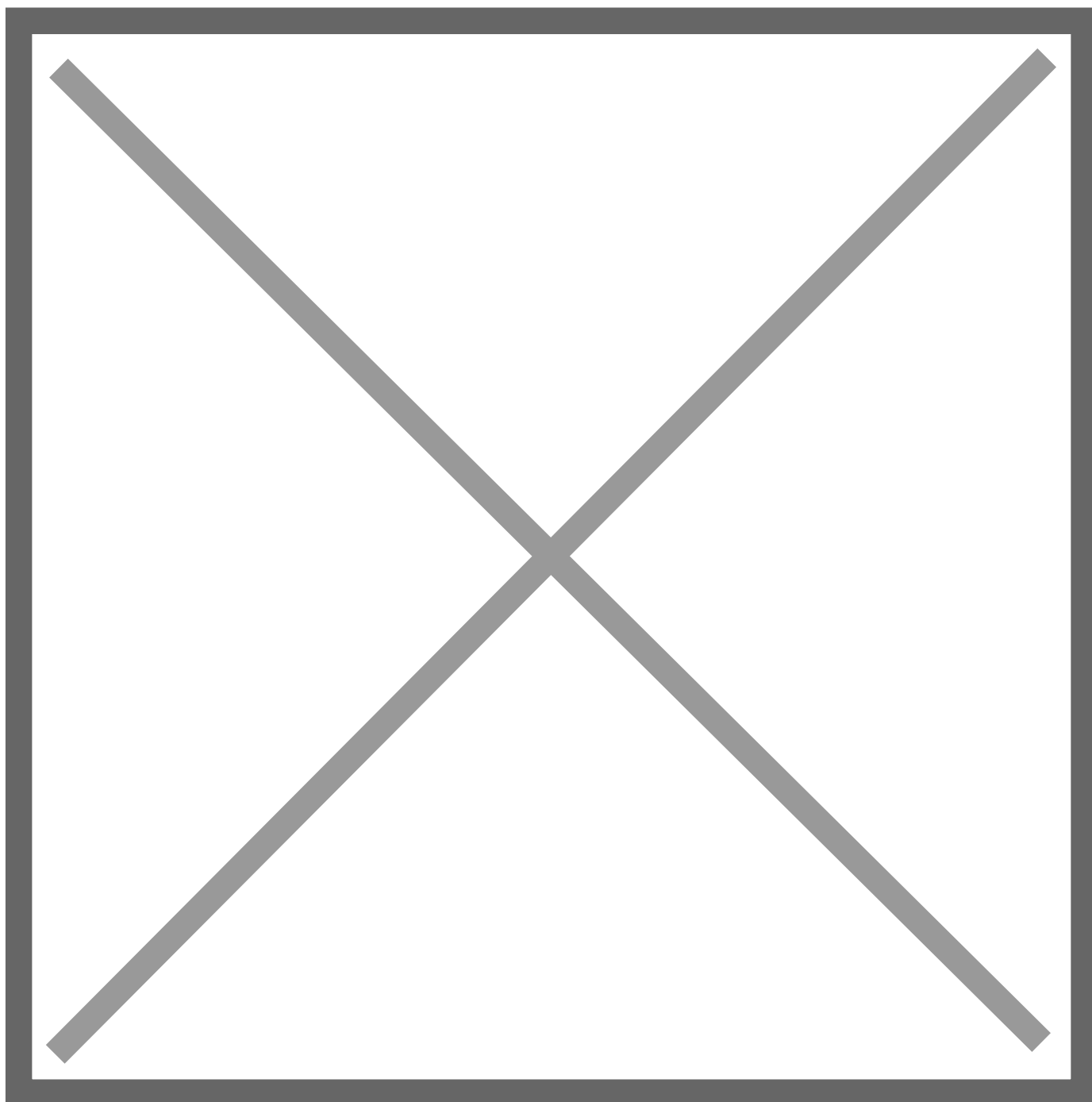
Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

CailAnÃ, 2021



**Ceantar
CIÃºdaithe:**

NÃ¡isiÃºnta

TagairtÃ:

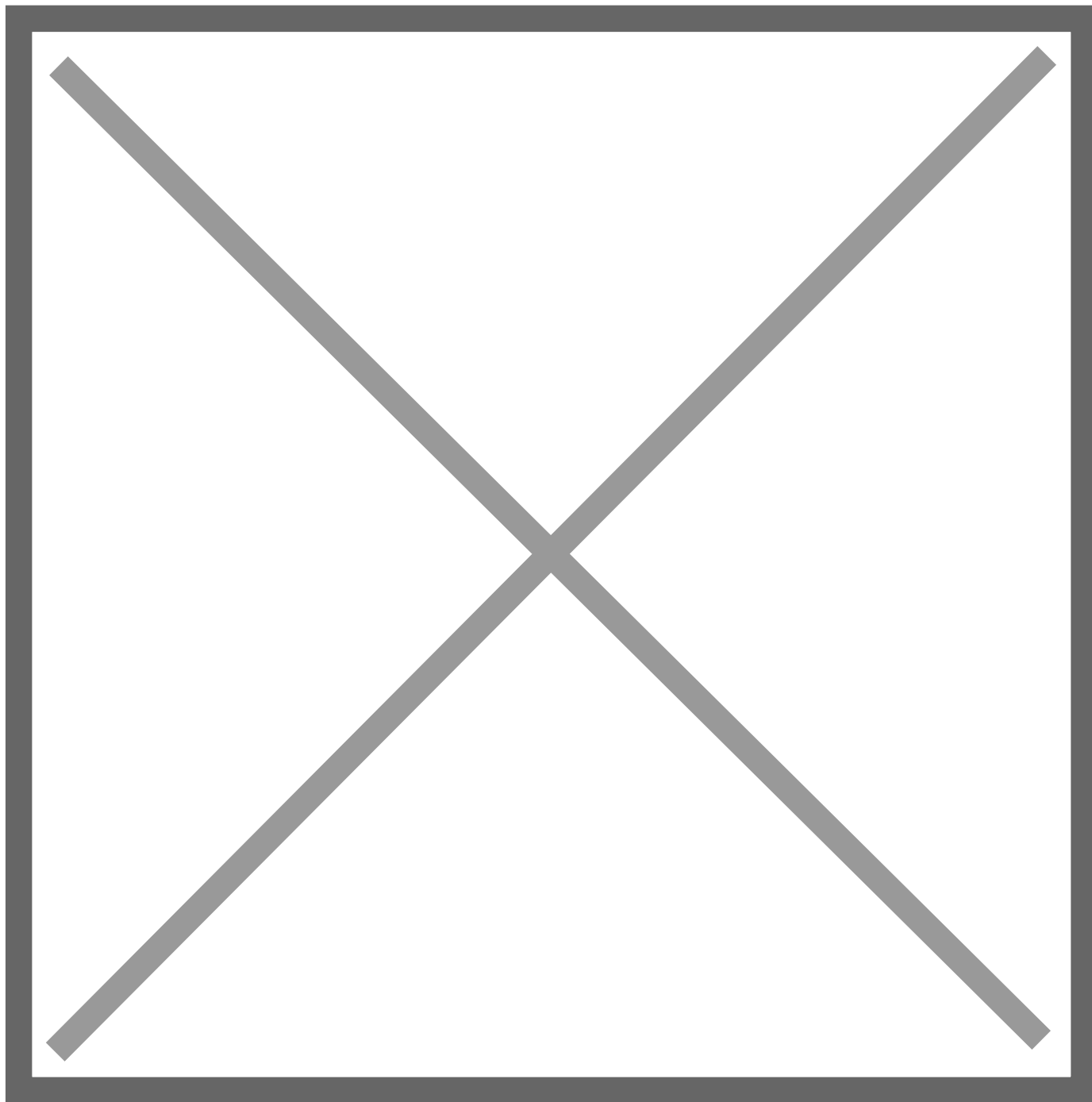
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fáil i
mBÁarla
amhÁin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

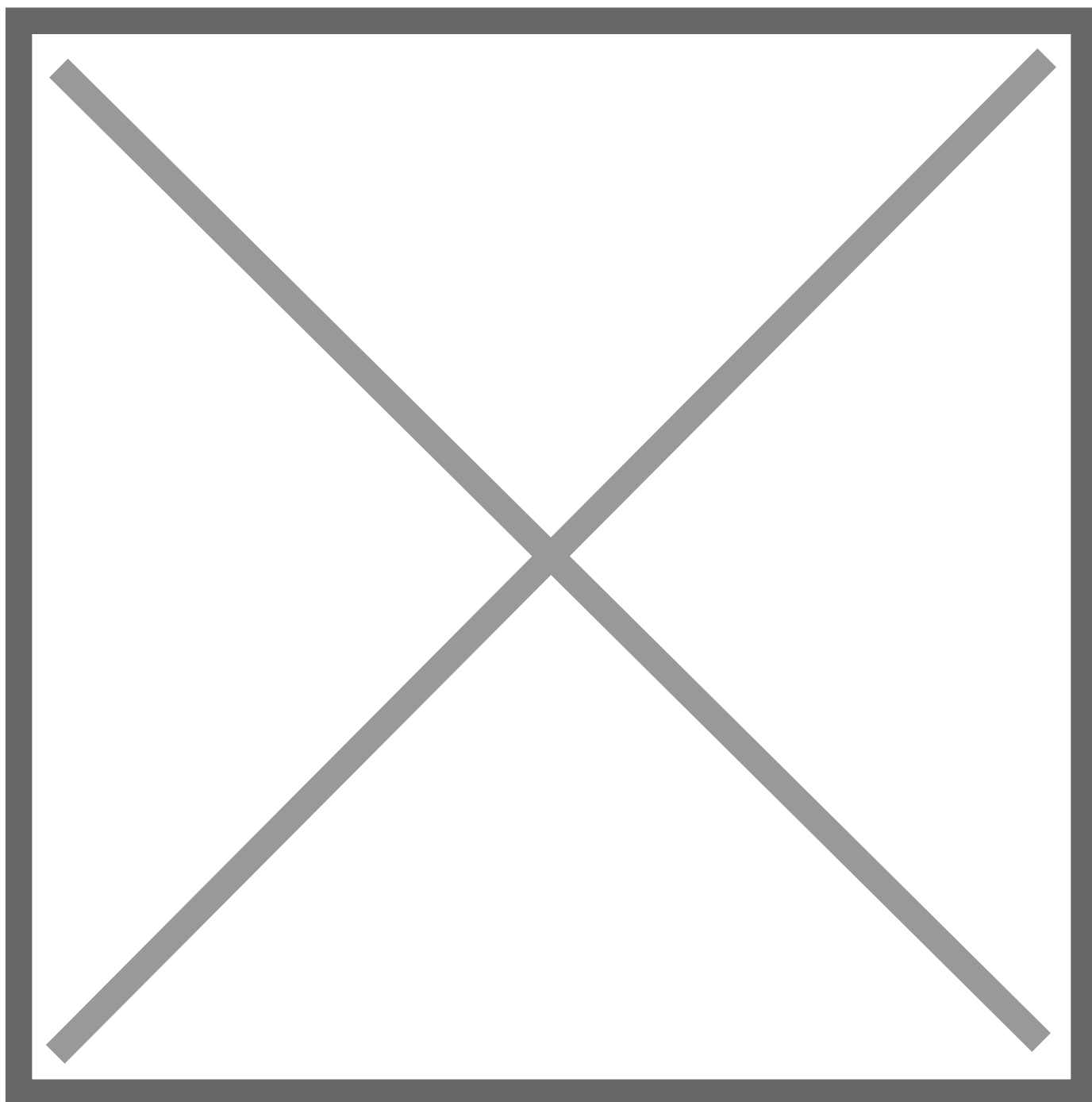
Meabhairshláinte - neamhoird imní

Páistí, 2021

**Tagairt:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

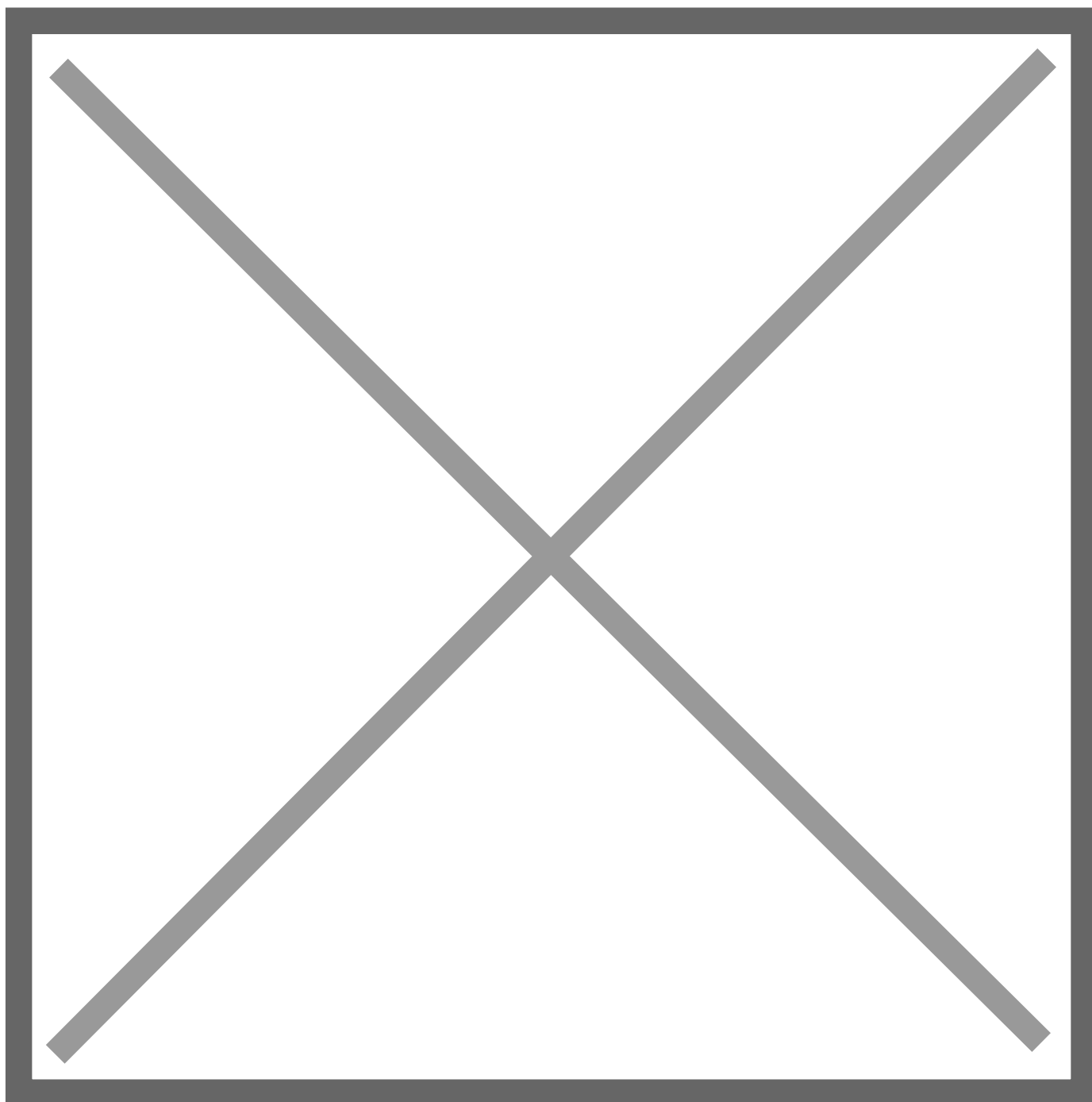
BuachaillÃ, 2021



TagairtÃ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

CailÃnÃ, 2021



TagairtÃ:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on June 19, 2025