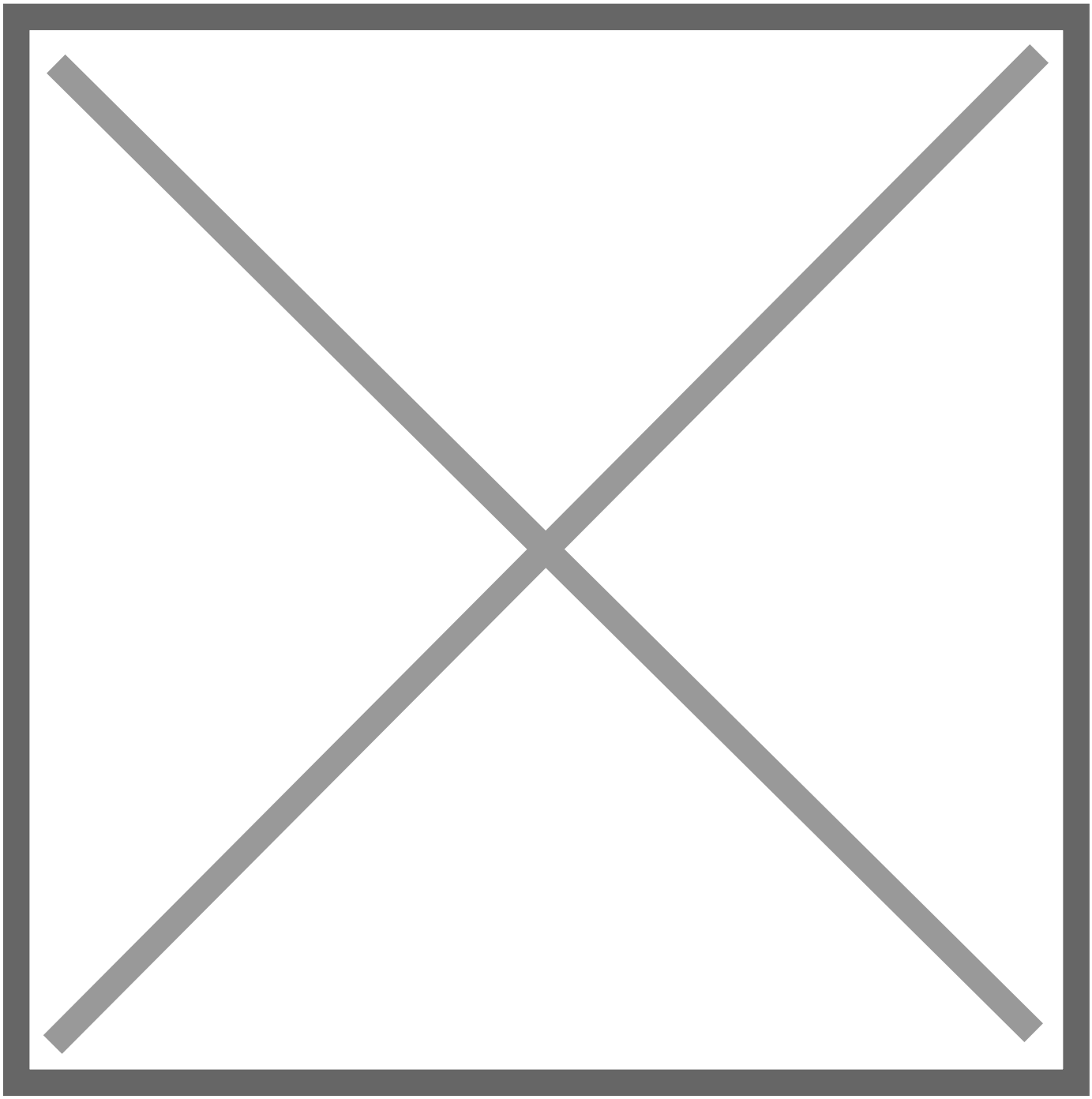
Report card
Island

Fedmeprævalens

Voksne, 2019

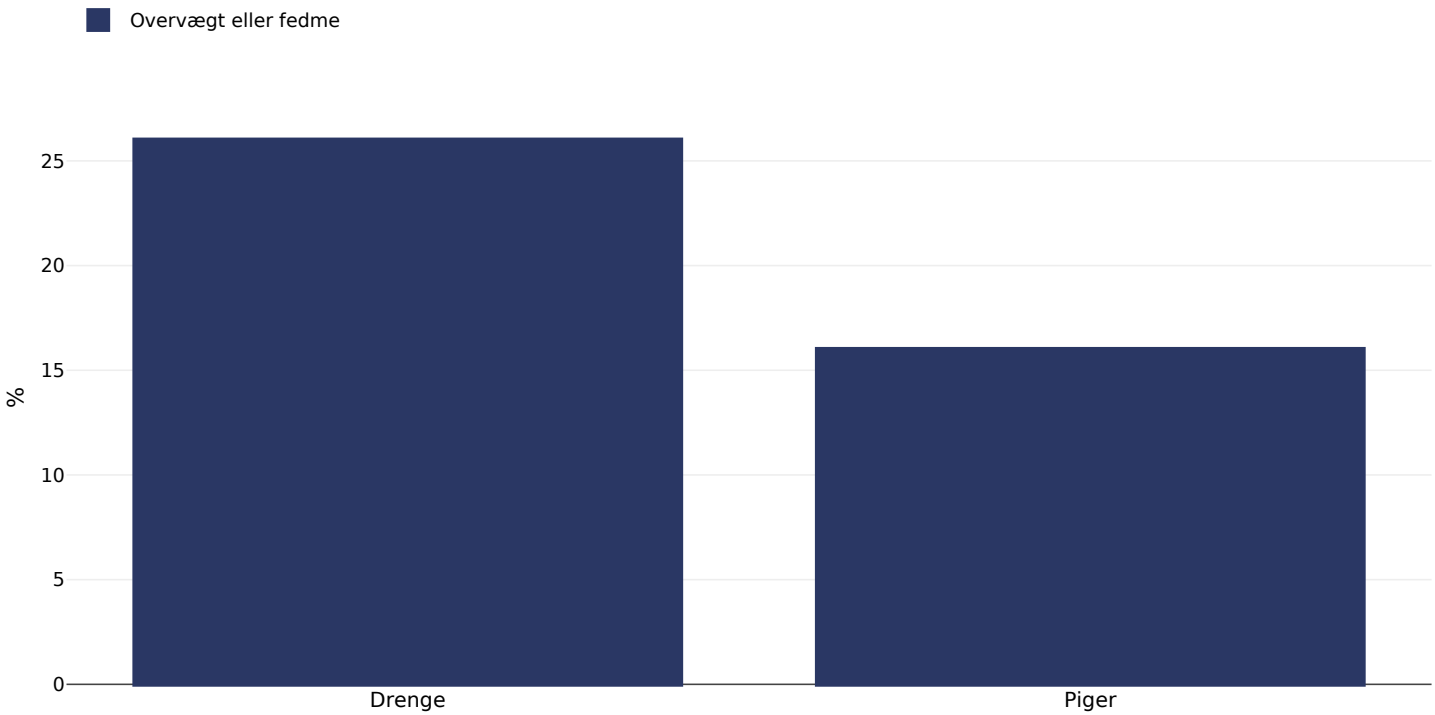


Undersøgelsestype:	Selvrapporteret
Alder:	18+
Area covered:	National

Referencer:	Eurostat 2019. Data available at https://ec.europa.eu/eurostat/databrowser/view/HLTH_EHIS_BM1E__custom_6689691/default/table?lang=en&page=time:2019 (Accessed on 28.06.23)

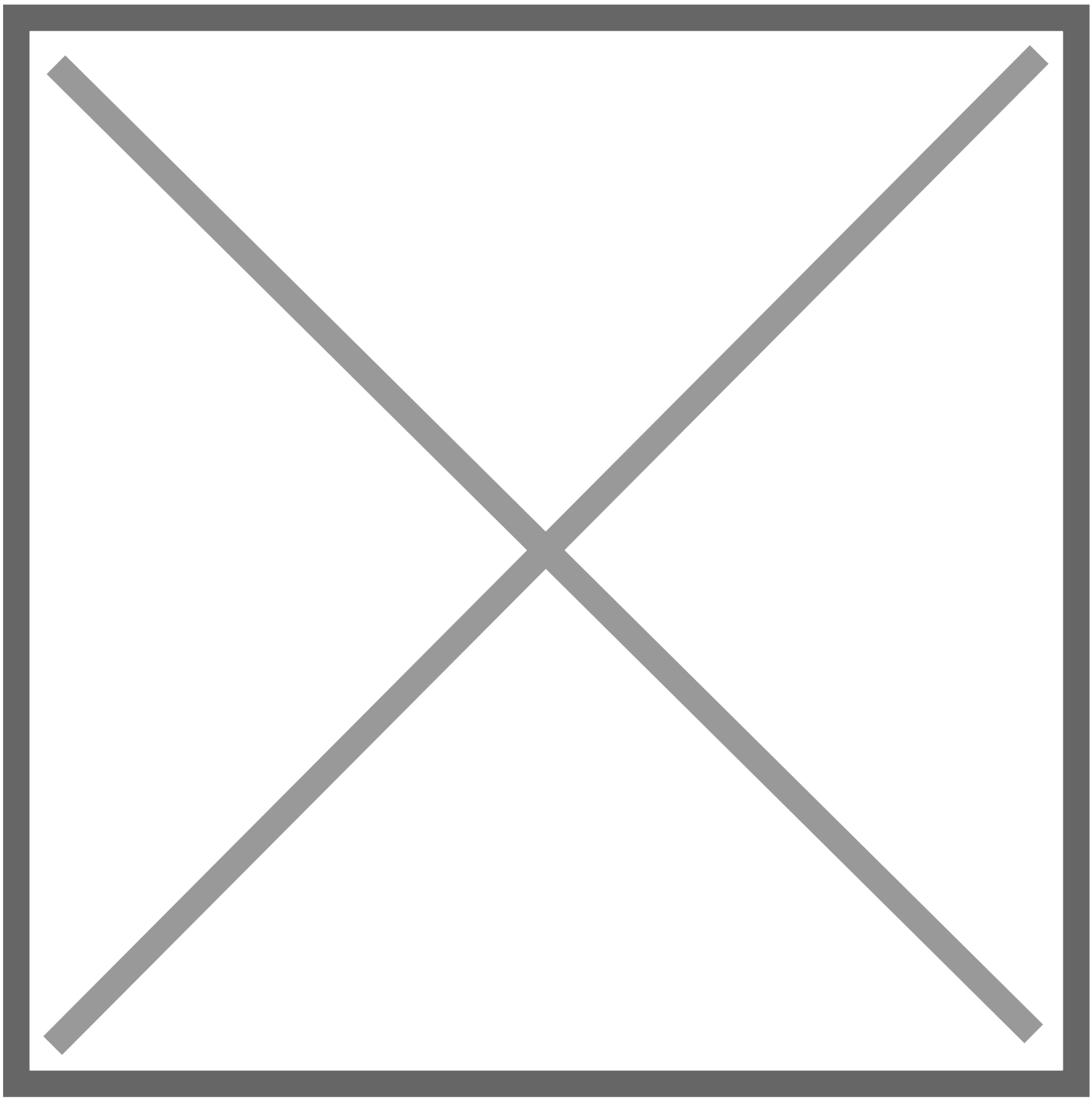
Medmindre andet er angivet, henviser overvægt til en BMI på mellem 25 kg og 29,9 kg/m², fedme henviser til en BMI på mere end 30 kg/m².

Børn, 2021-2022



Undersøgelsestype:	Selvrapporteret
Alder:	13
Referencer:	Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Noter (kun tilgængelige på engelsk):	HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

% Children living with overweight or obesity in Reykjavik 1958-1998



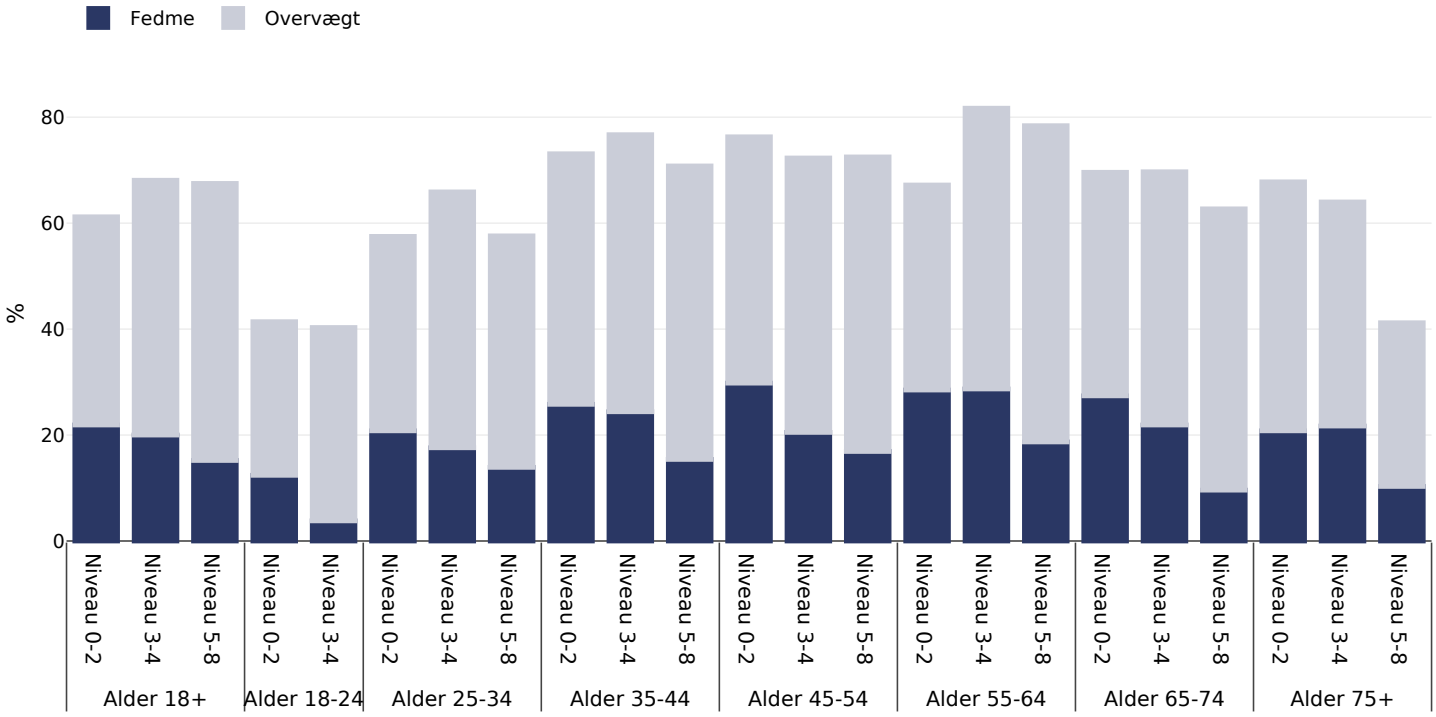
Undersøgelsestype:	Selvrapporteret
Referencer:	Briem B. Percent overweight and obesity among 9-year-old Icelandic Children from 1958-1998. Masters Thesis University of Iceland 1999. Changes in height and weight of 9-year-old children in Reykjavik, 1919 - 1998.
Noter (kun tilgængelige på engelsk):	Subnational. Aged 9.

Definitioner (kun tilgængelig på engelsk):	IOTF

Forskellige metoder kan have været brugt til at indsamle disse data, og data fra forskellige undersøgelser er muligvis ikke helt sammenlignelige. Kontroller de originale datakilder for anvendte metoder

Overvægt/fedme efter alder og uddannelse

Mænd, 2014



Undersøgelsestype:	Selvrapporteret
Area covered:	National
Referencer:	2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

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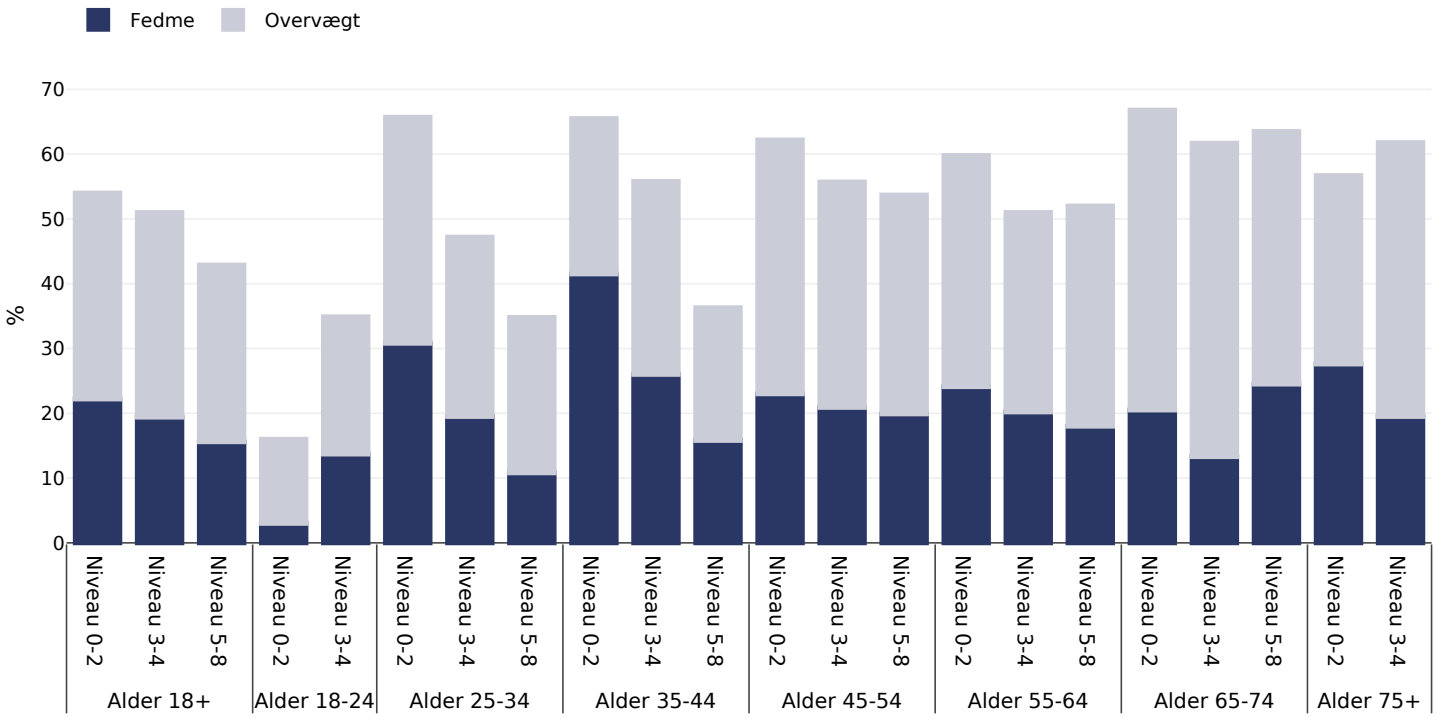
Kvinder, 2014



Undersøgelsestype:	Selvrapporteret
Area covered:	National
Referencer:	2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

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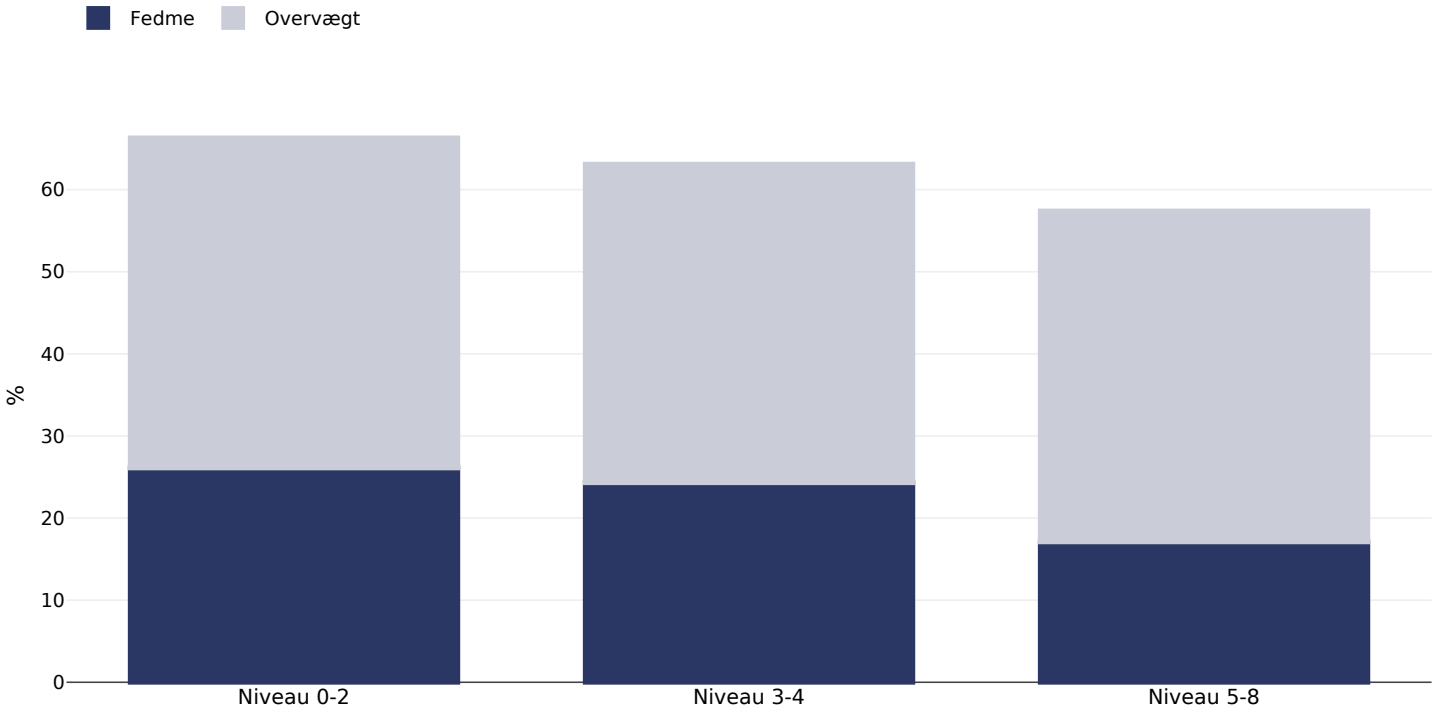
Overvægt/fedme efter uddannelse

Voksne, 2019



Undersøgelsestype:	Selvrapporteret
Alder:	18+
Area covered:	National
Referencer:	Eurostat 2019. Data available at https://ec.europa.eu/eurostat/databrowser/view/HLTH_EHIS_BM1E__custom_6689661/default/table?lang=en&page=time:2019 (Accessed on 28.06.23)

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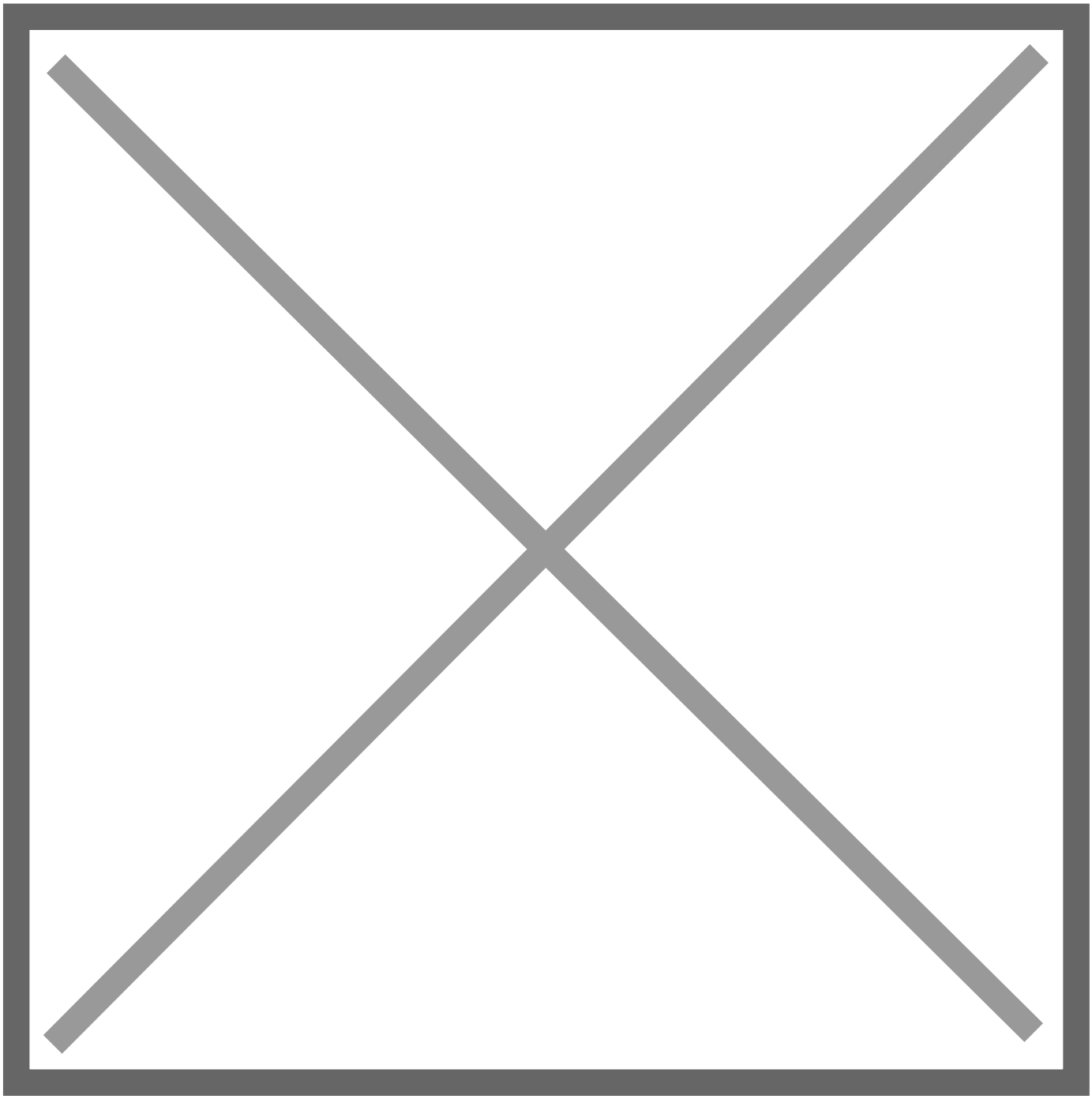

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Referencer:	Eurostat 2019. Data available at https://ec.europa.eu/eurostat/databrowser/view/HLTH_EHIS_BM1E__custom_6689661/default/table?lang=en&page=time:2019 (Accessed on 28.06.23)

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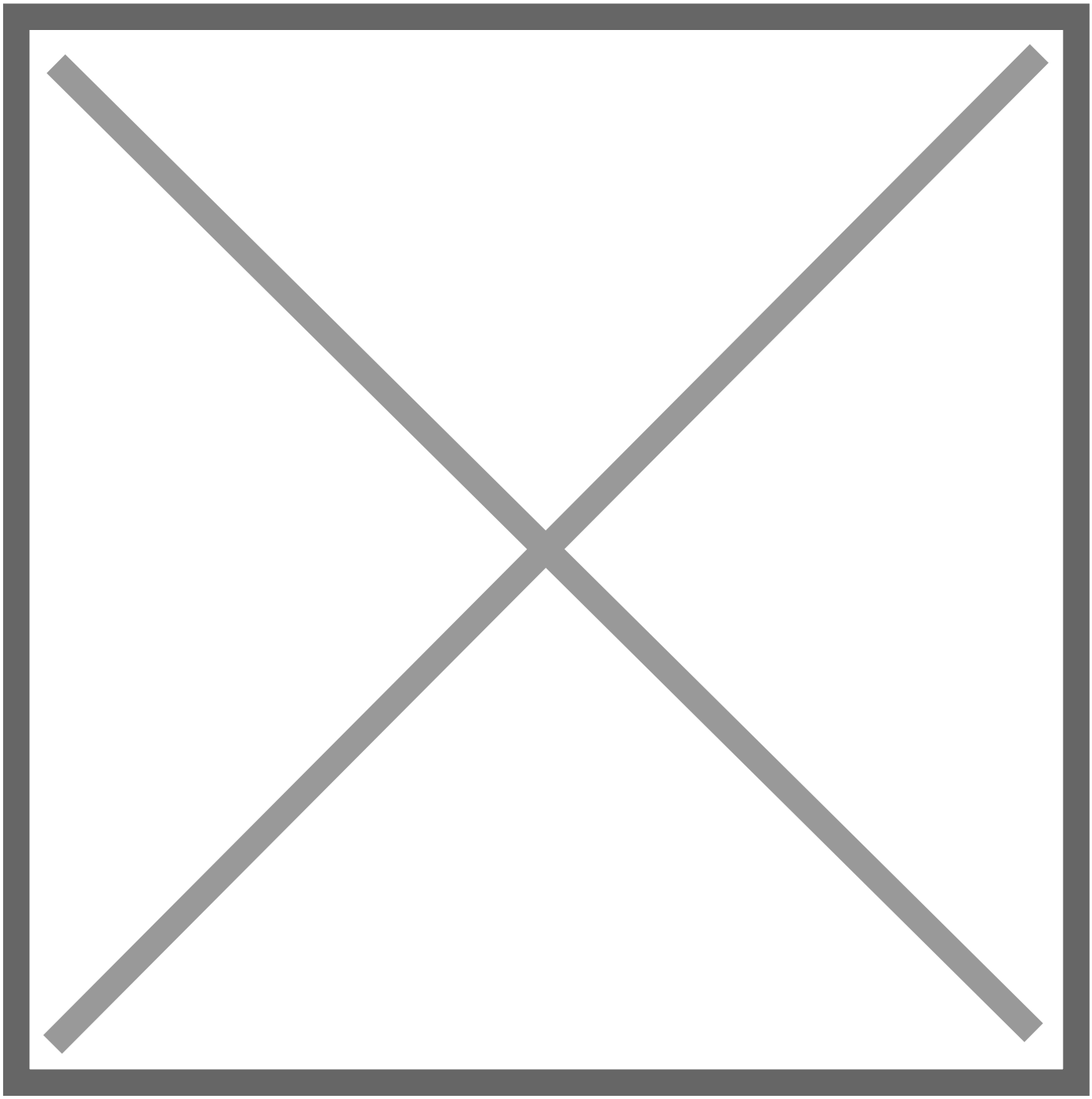

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Alder:	18+
Area covered:	National
Referencer:	Eurostat 2019. Data available at https://ec.europa.eu/eurostat/databrowser/view/HLTH_EHIS_BM1E__custom_6689661/default/table?lang=en&page=time:2019 (Accessed on 28.06.23)

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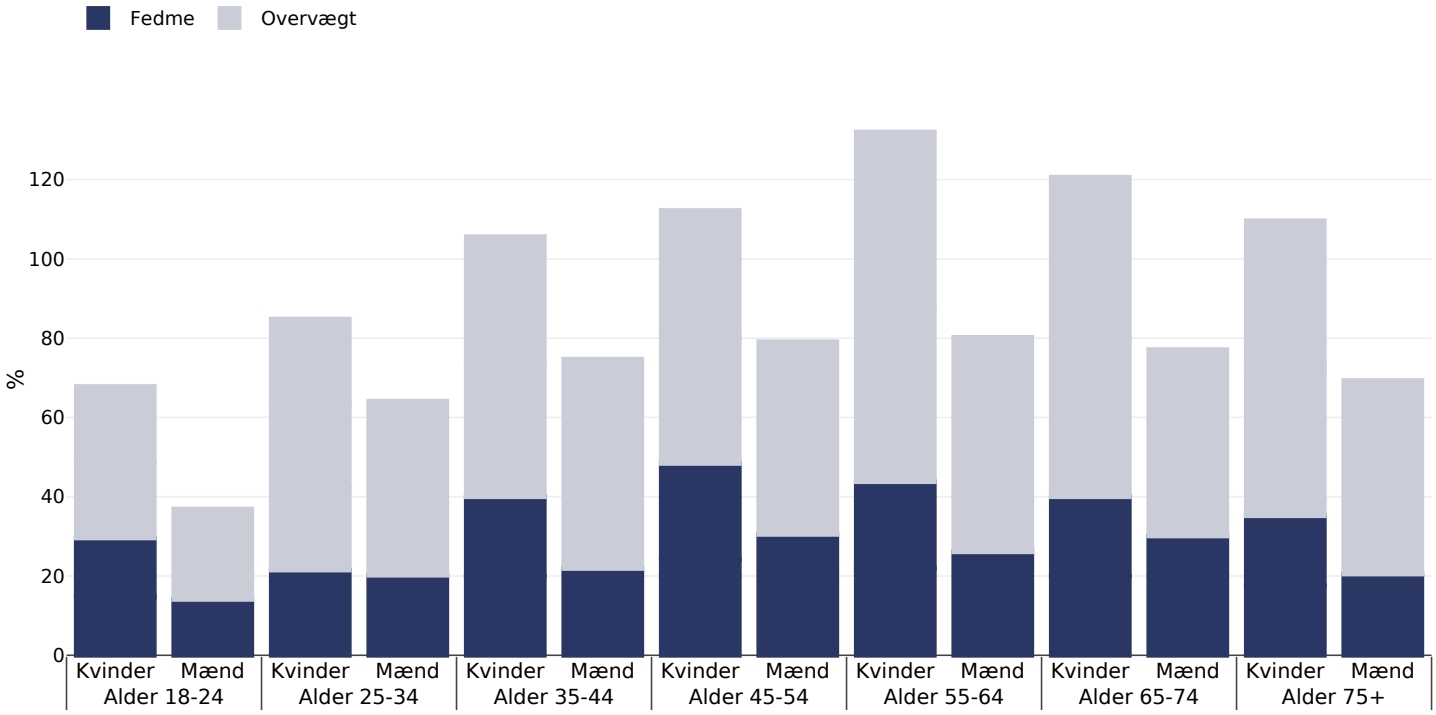
Overvægt/fedme efter alder

Voksne, 2019



Undersøgelsestype:	Selvrapporteret
Area covered:	National
Referencer:	Eurostat 2019. Available at https://ec.europa.eu/eurostat/databrowser/view/HLTH_EHIS_BM1E__custom_6690014/default/table?lang=en&page=time:2019 (Acessed 28.06.23)

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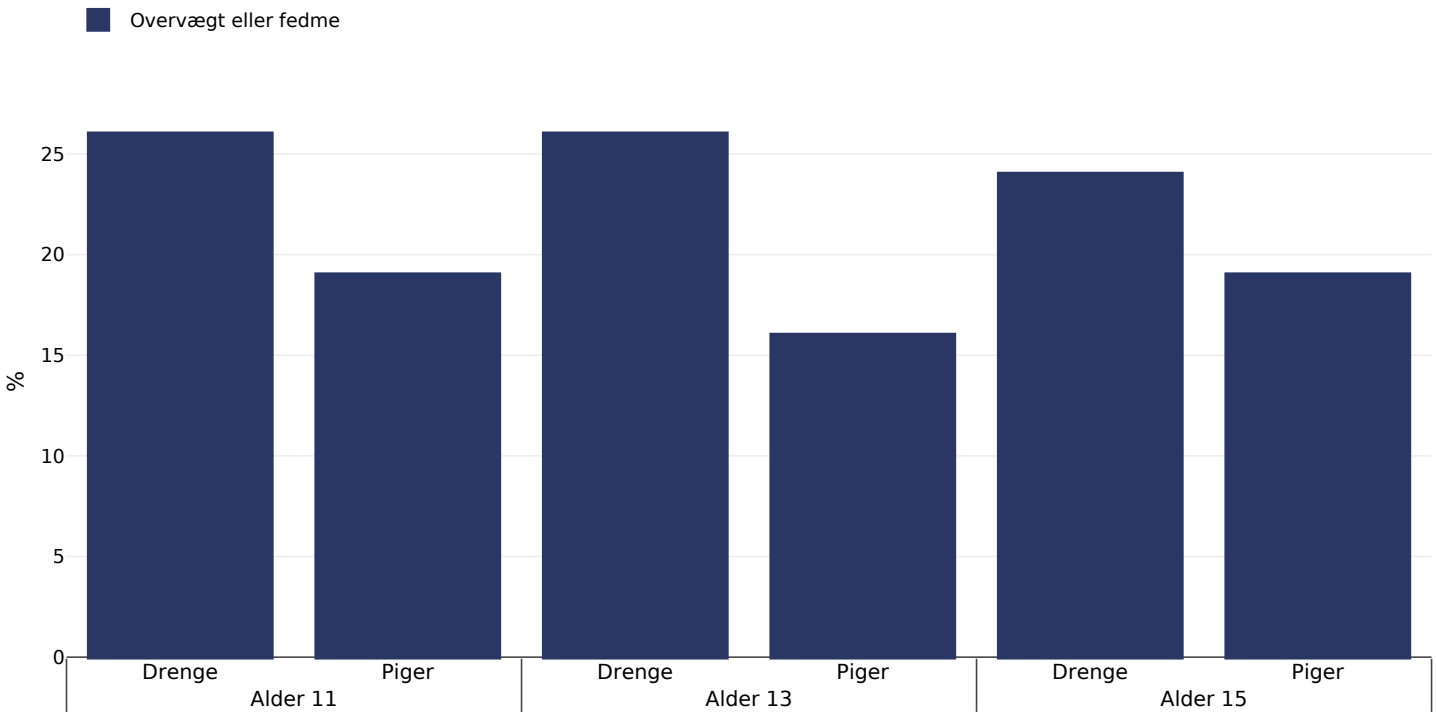
Børn, 2021-2022



Undersøgelsestype:	Selvrapporteret
Area covered:	See Report
Referencer:	RakiÄ‡ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
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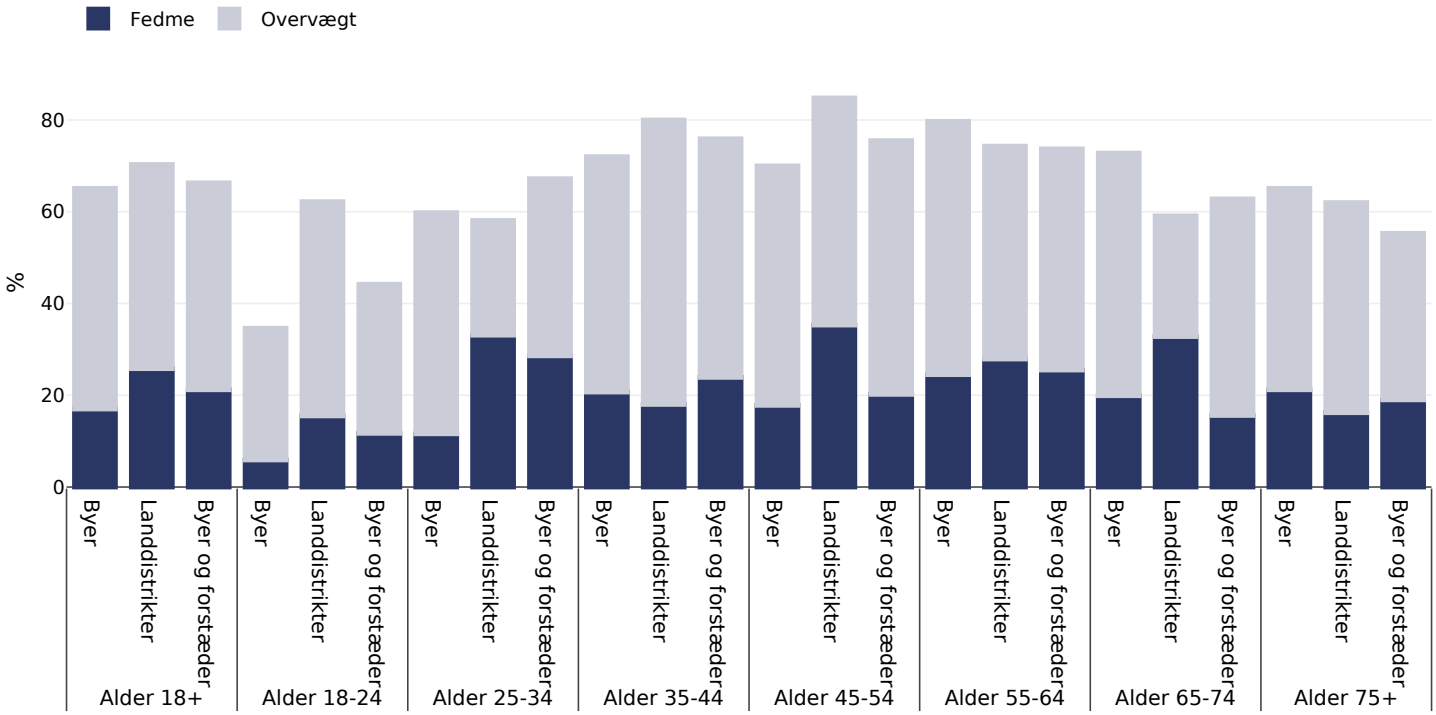
Cutoffs:	+2SD

Overvægt/fedme efter alder og region

Mænd, 2014



Undersøgelsestype:	Selvrapporteret
Area covered:	National
Referencer:	2014 Eurostat - Urbanisation - http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1u&lang=en (last accessed 25.08.20)

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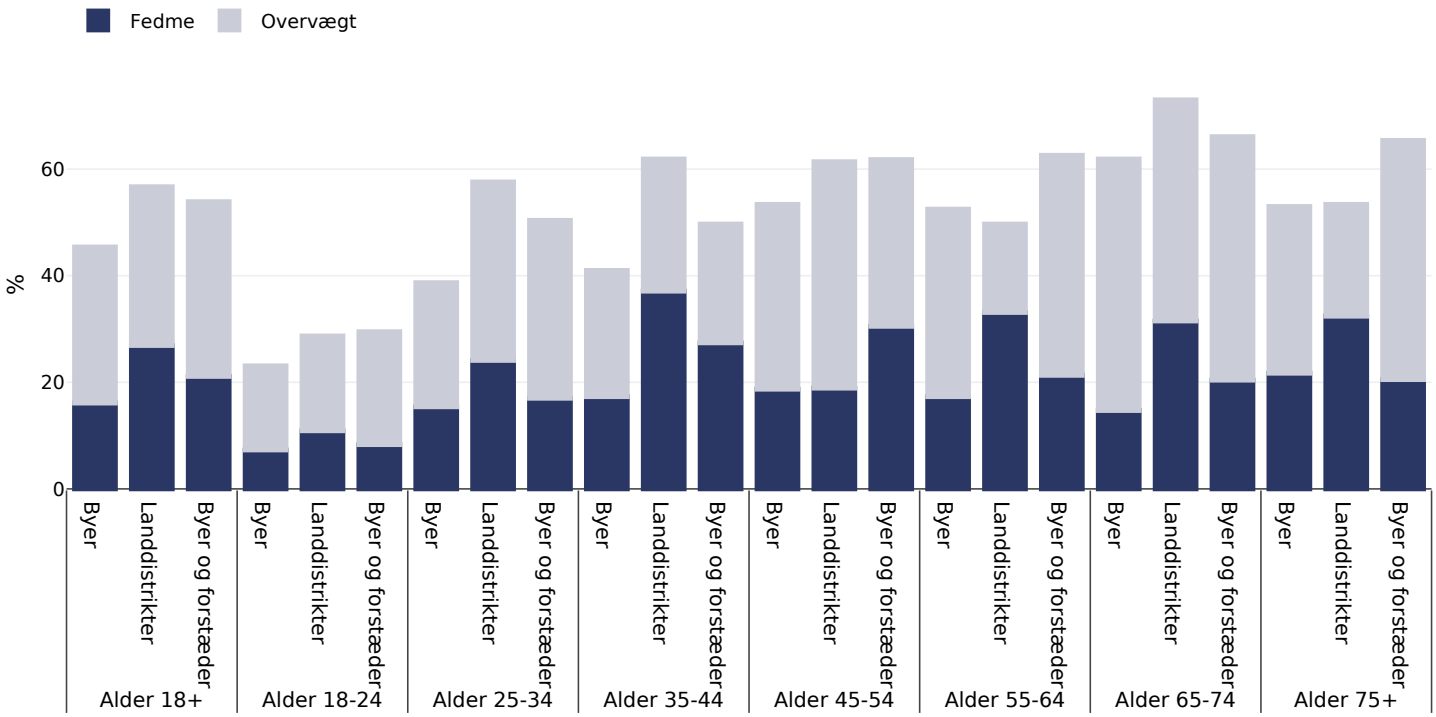
Kvinder, 2014



Undersøgelsestype:	Selvrapporteret
Area covered:	National
Referencer:	2014 Eurostat - Urbanisation - http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1u&lang=en (last accessed 25.08.20)

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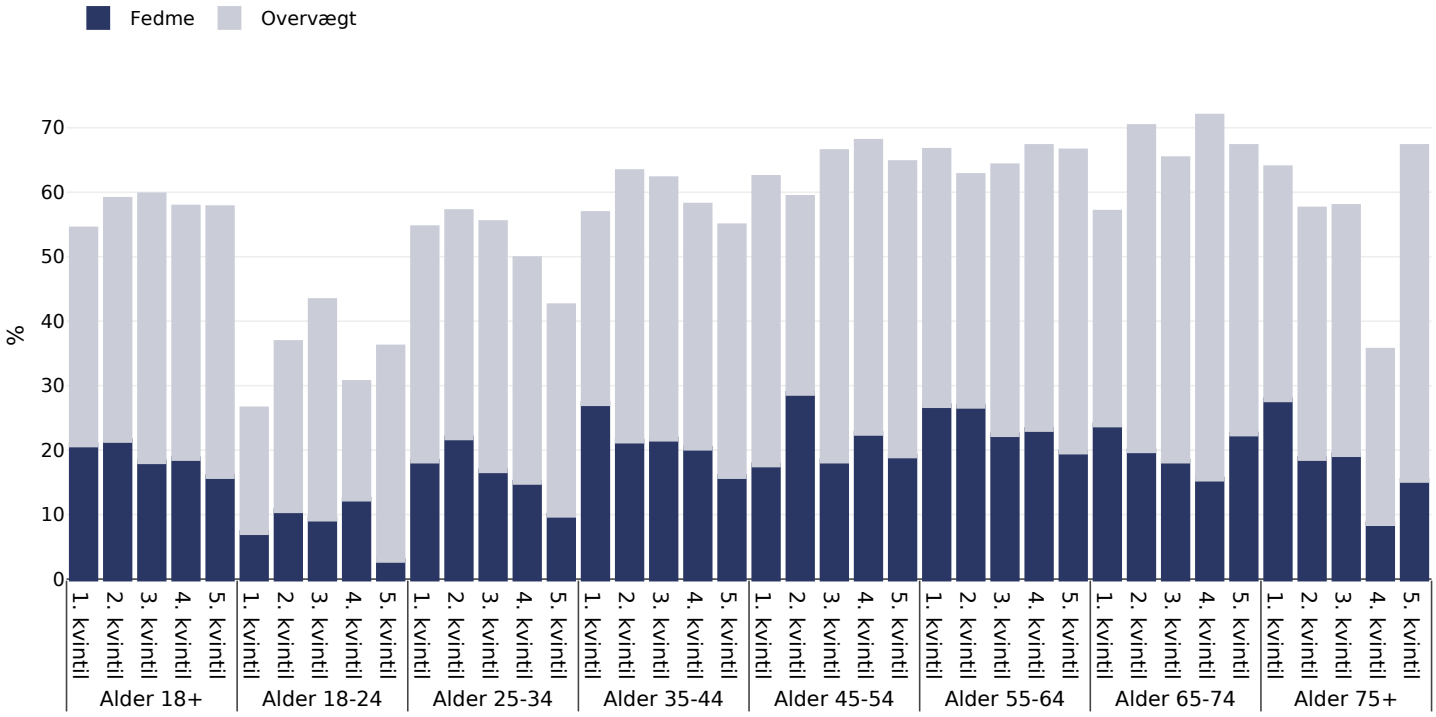
Overvægt/fedme efter alder og socioøkonomisk gruppe

Voksne, 2014



Undersøgelsestype:	Selvrapporteret
Area covered:	National
Referencer:	2014 Eurostat - Socio economic - http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 25.08.20)

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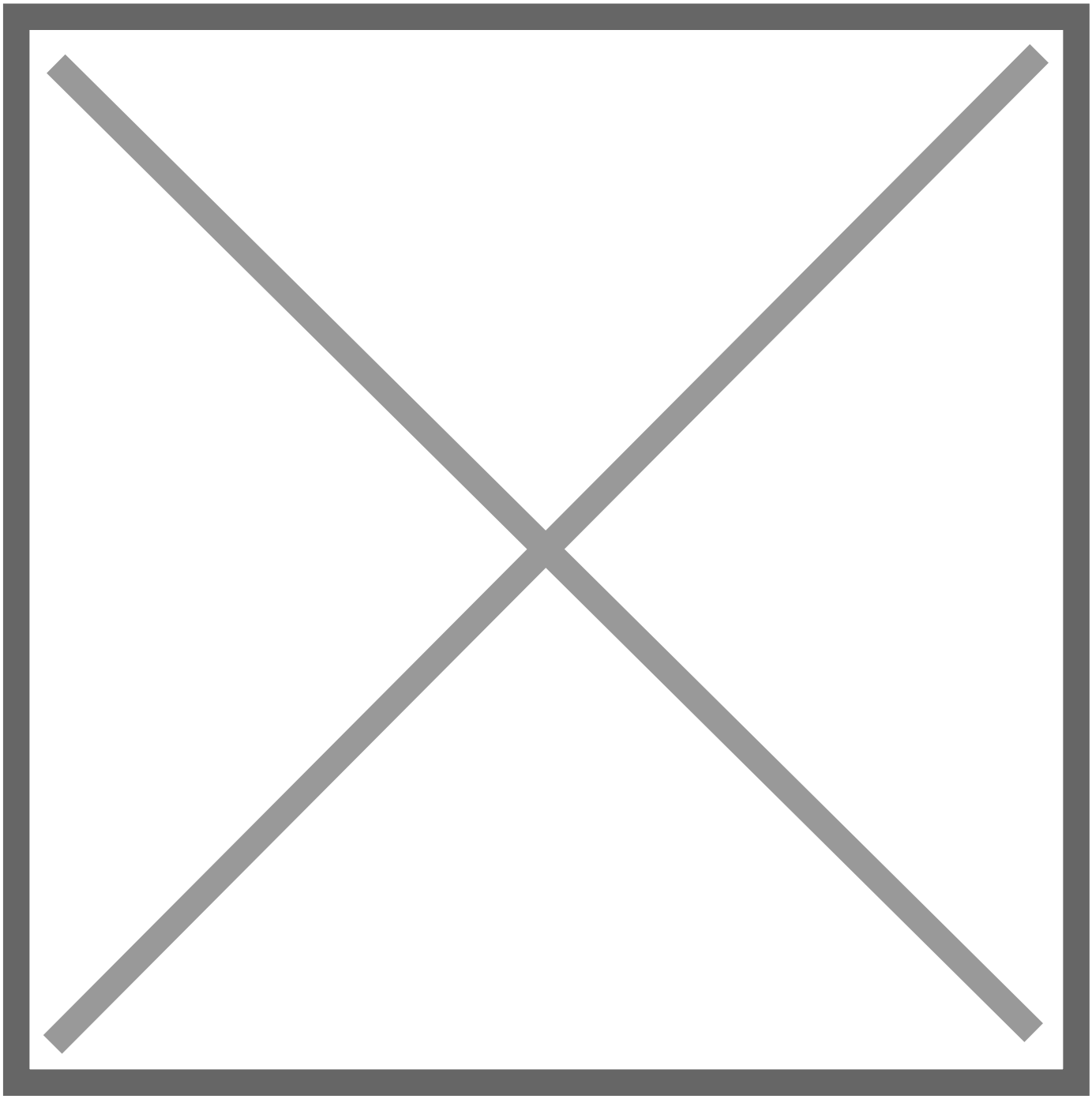

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Area covered:	National
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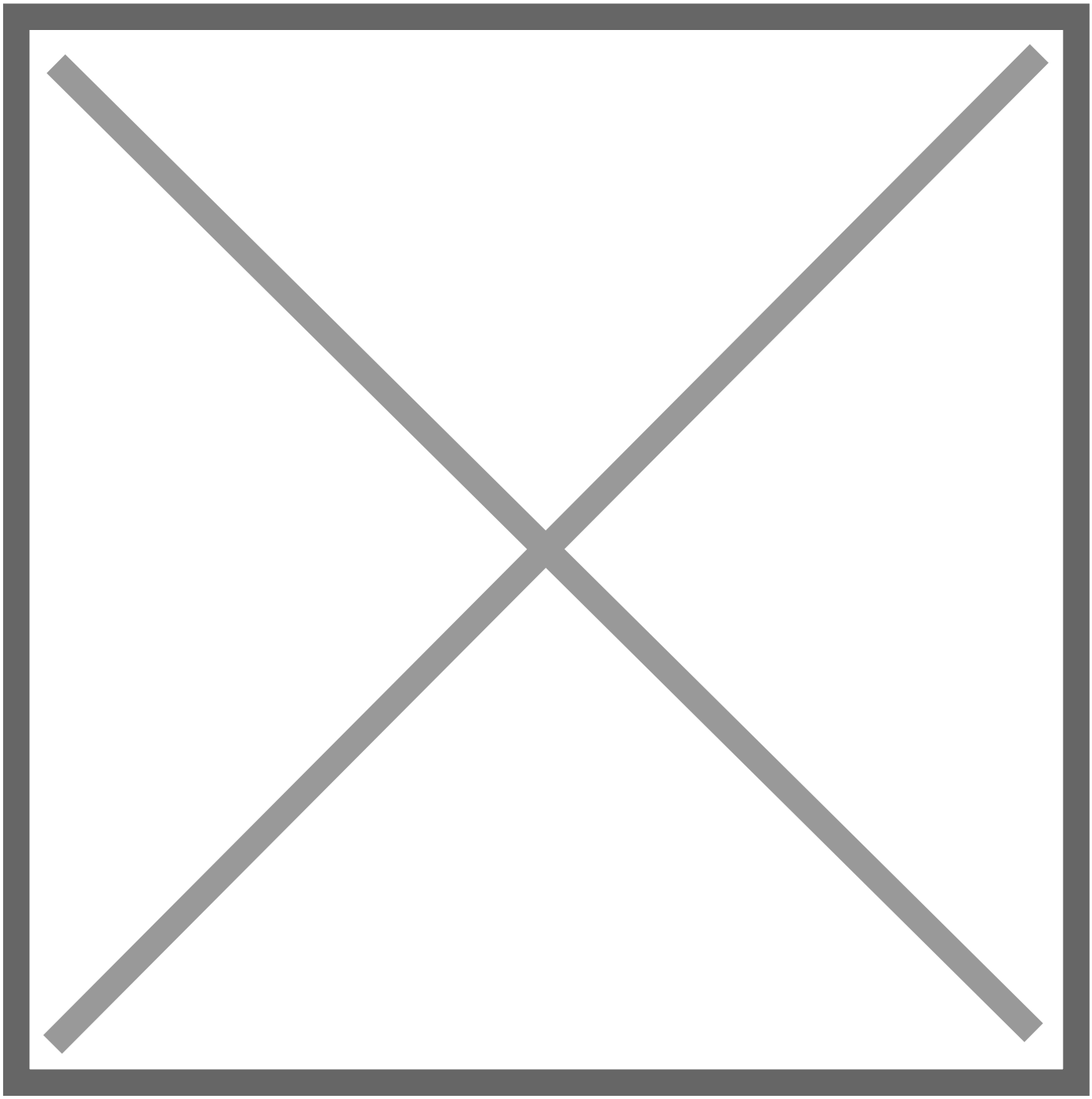

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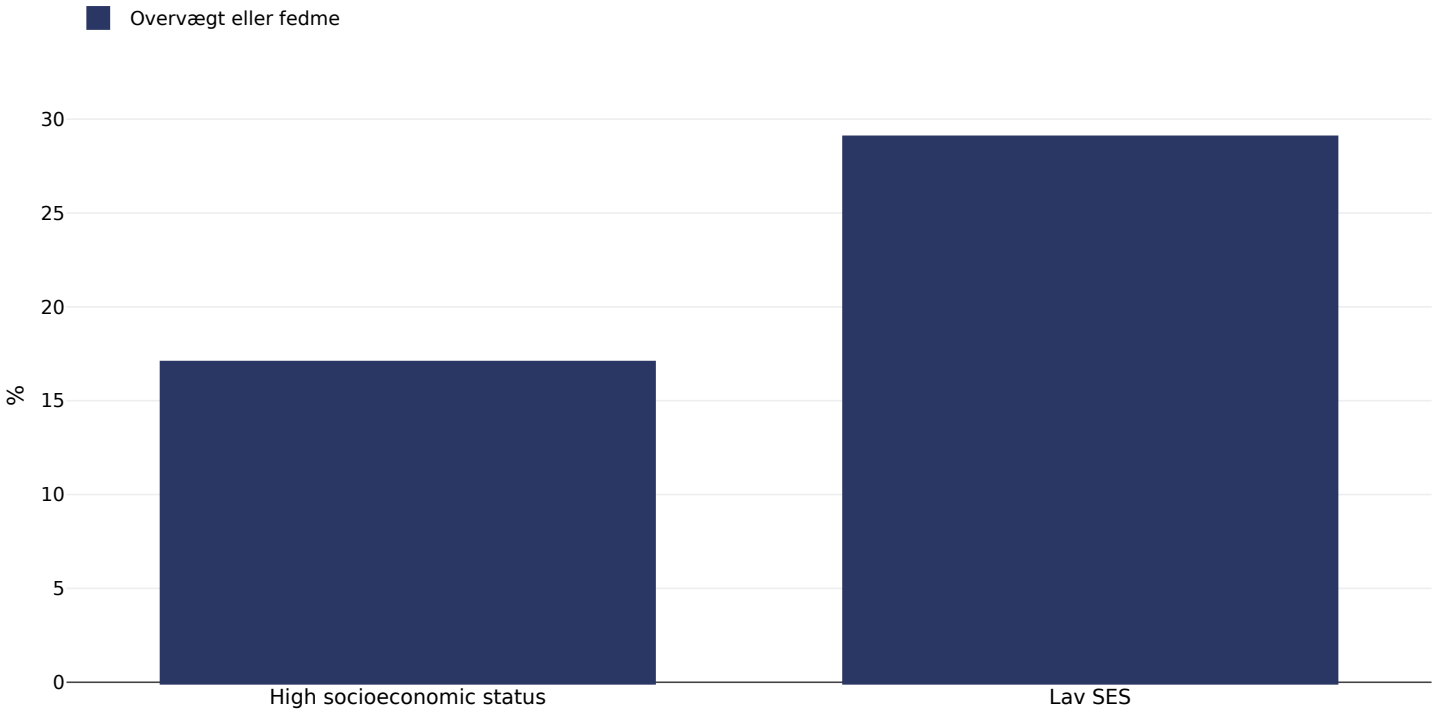
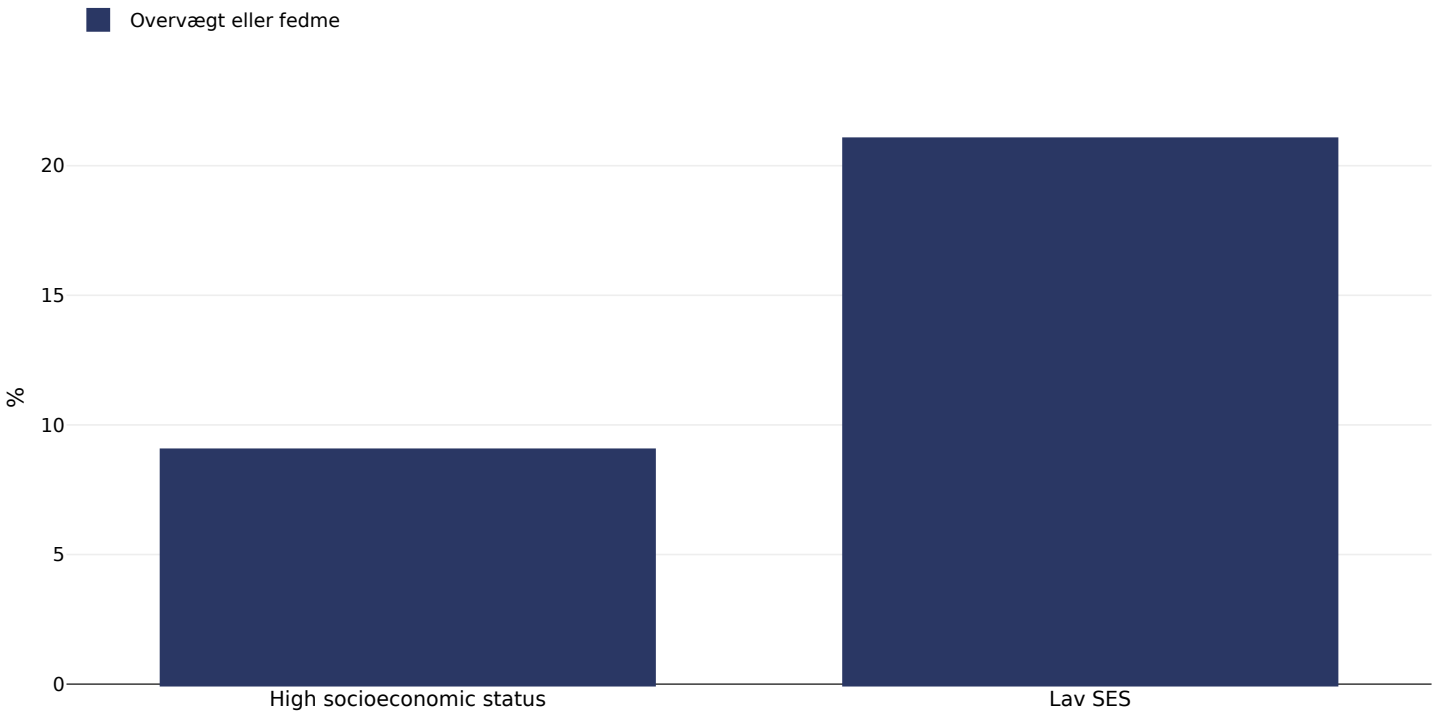
Overvægt/fedme efter socioøkonomisk gruppe

Drenge, 2021-2022



Undersøgelsestype:	Selvrapporteret
Alder:	11-15
Referencer:	Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Noter (kun tilgængelige på engelsk):	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

Piger, 2021-2022



Undersøgelsestype:	Selvrapporteret
Alder:	11-15
Referencer:	Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
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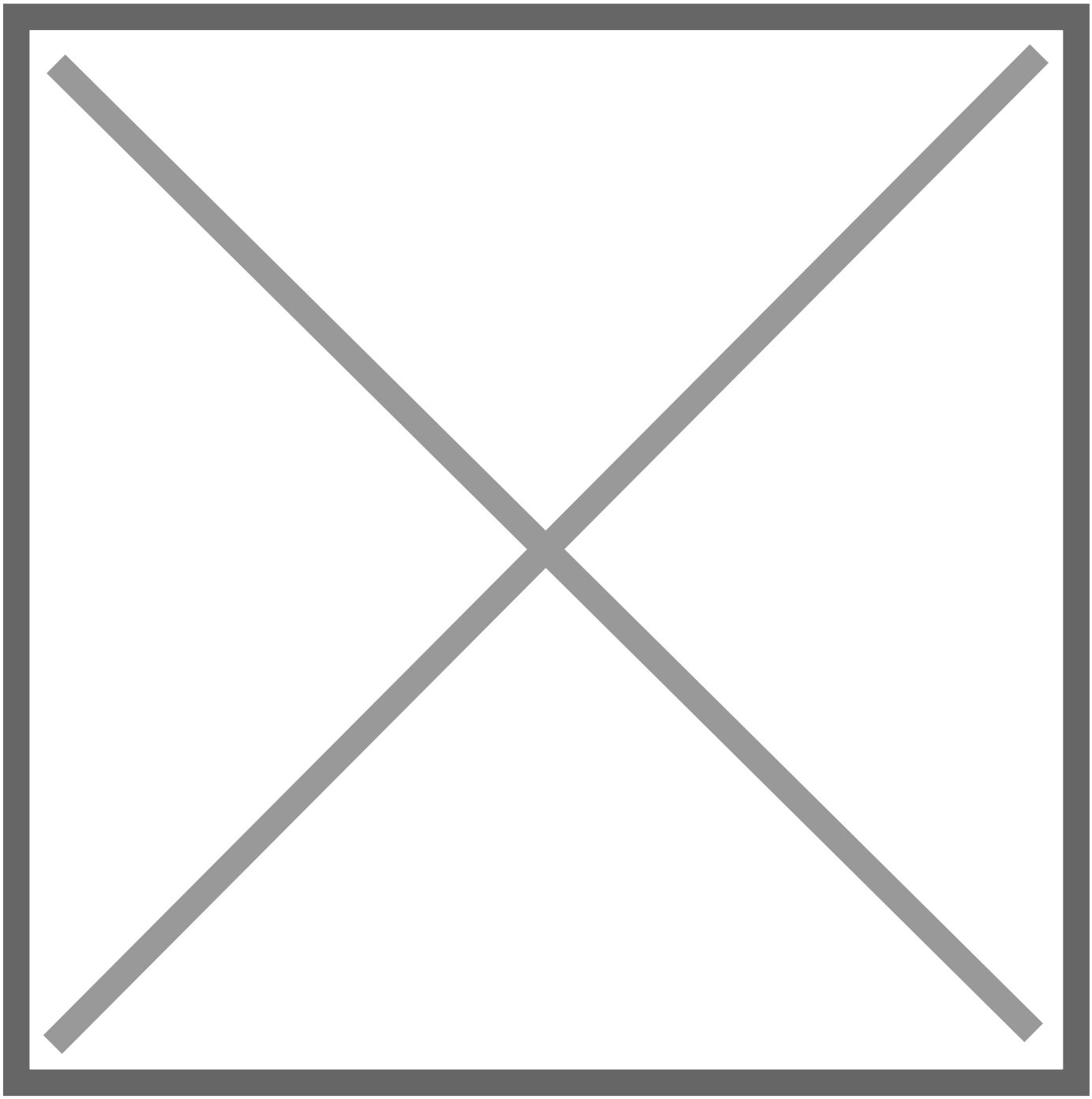
Overweight/obesity by age and limited activity

Voksne, 2014



Undersøgelsestype:	Selvrapporteret
Area covered:	National
Referencer:	Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)

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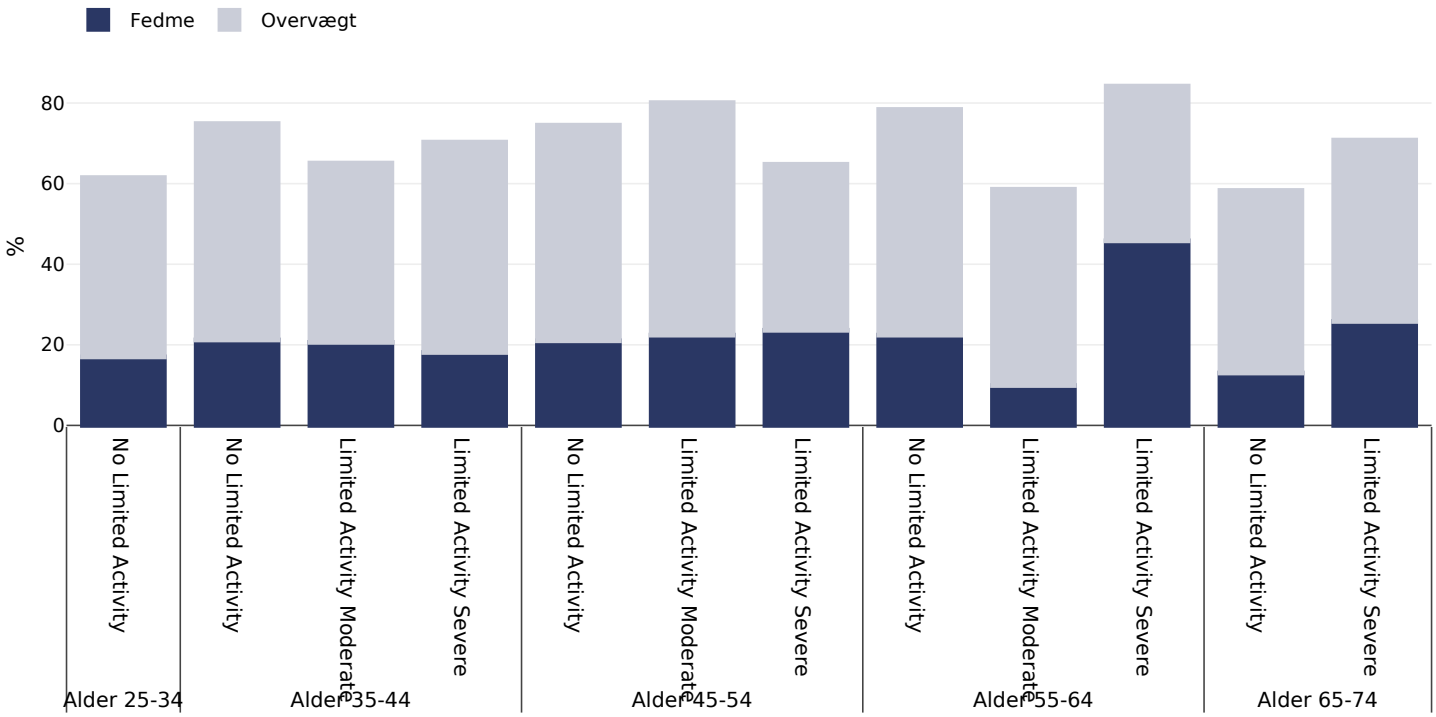
Mænd, 2014



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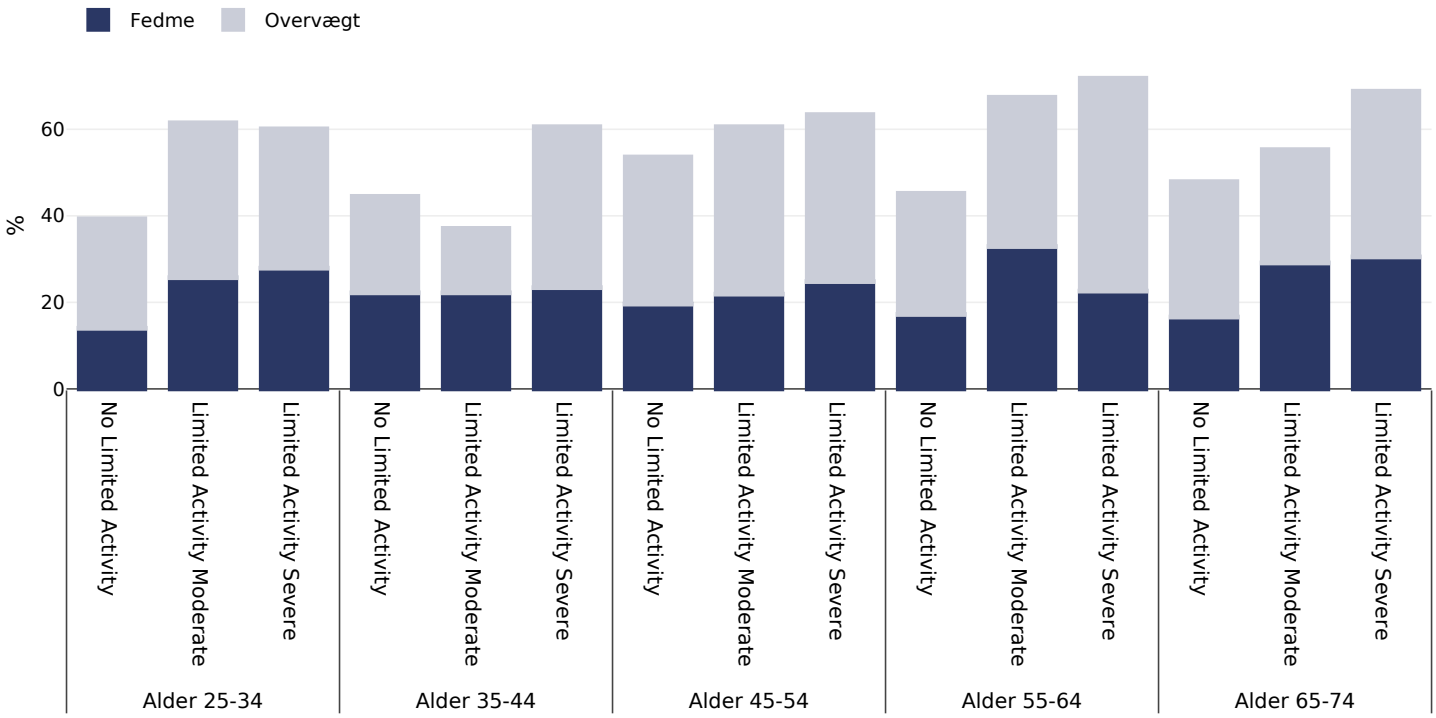
Kvinder, 2014



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Referencer:	Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)

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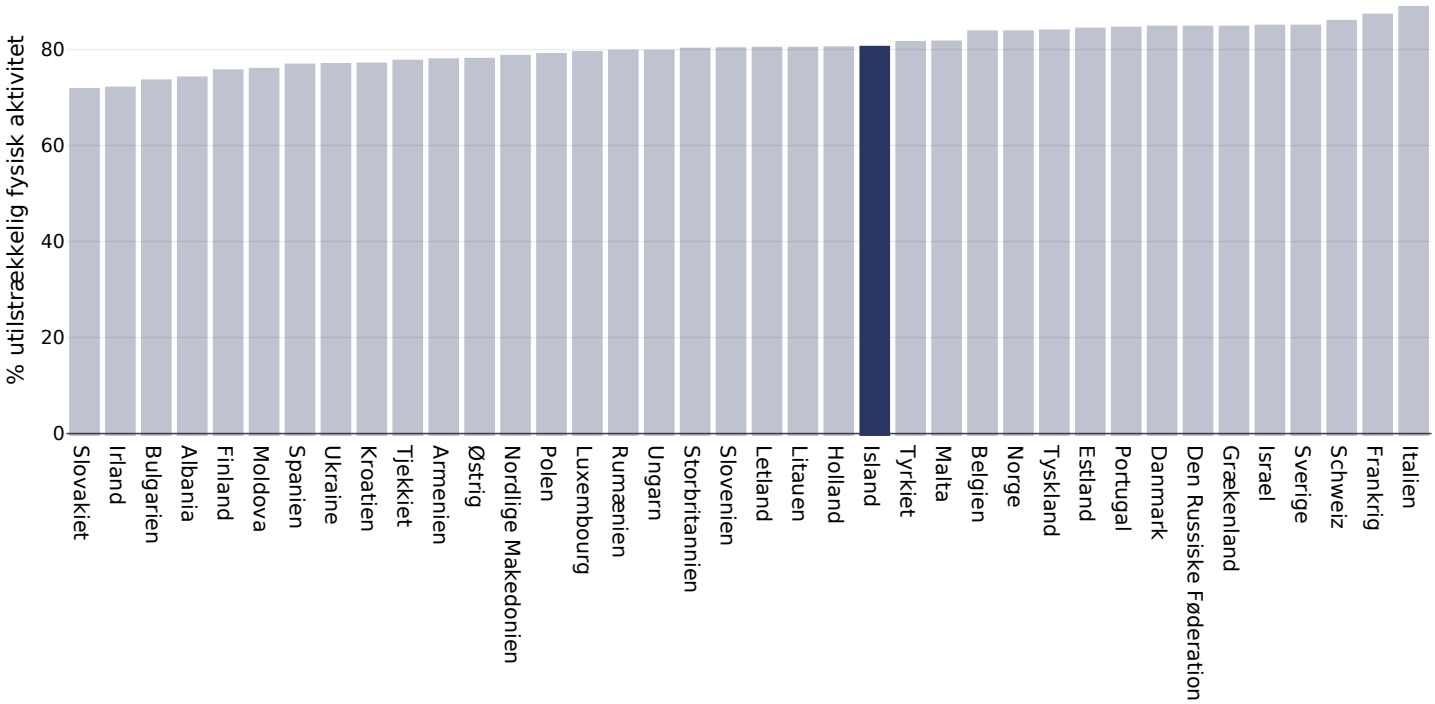
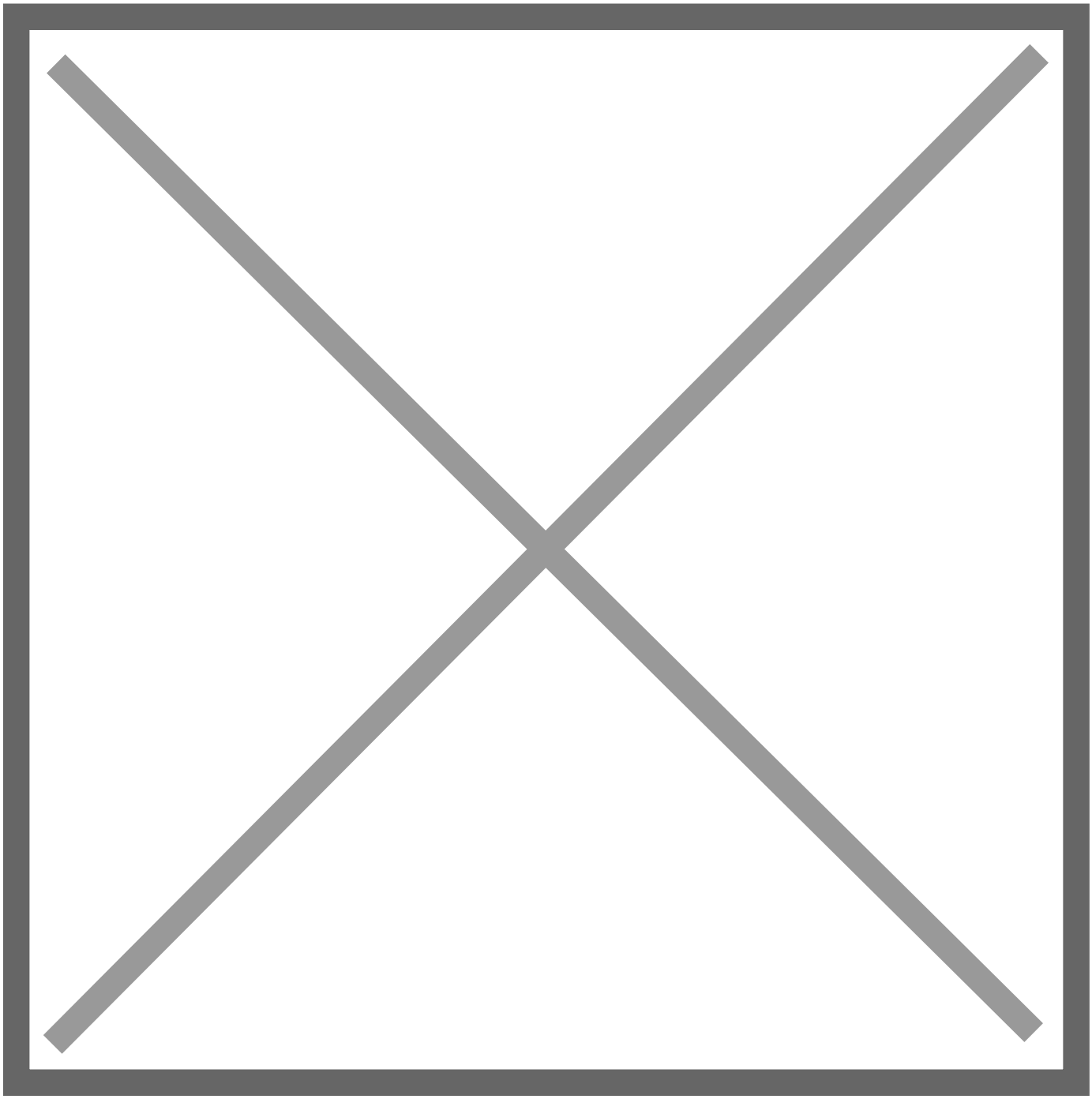
Utilstrækkelig fysisk aktivitet

Børn, 2016



Undersøgelsestype:	Selvrapporteret
Alder:	11-17
Referencer:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Noter (kun tilgængelige på engelsk):	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitioner (kun tilgængelig på engelsk):	% Adolescents insufficiently active (age standardised estimate)

Drenge, 2016



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Alder:	11-17
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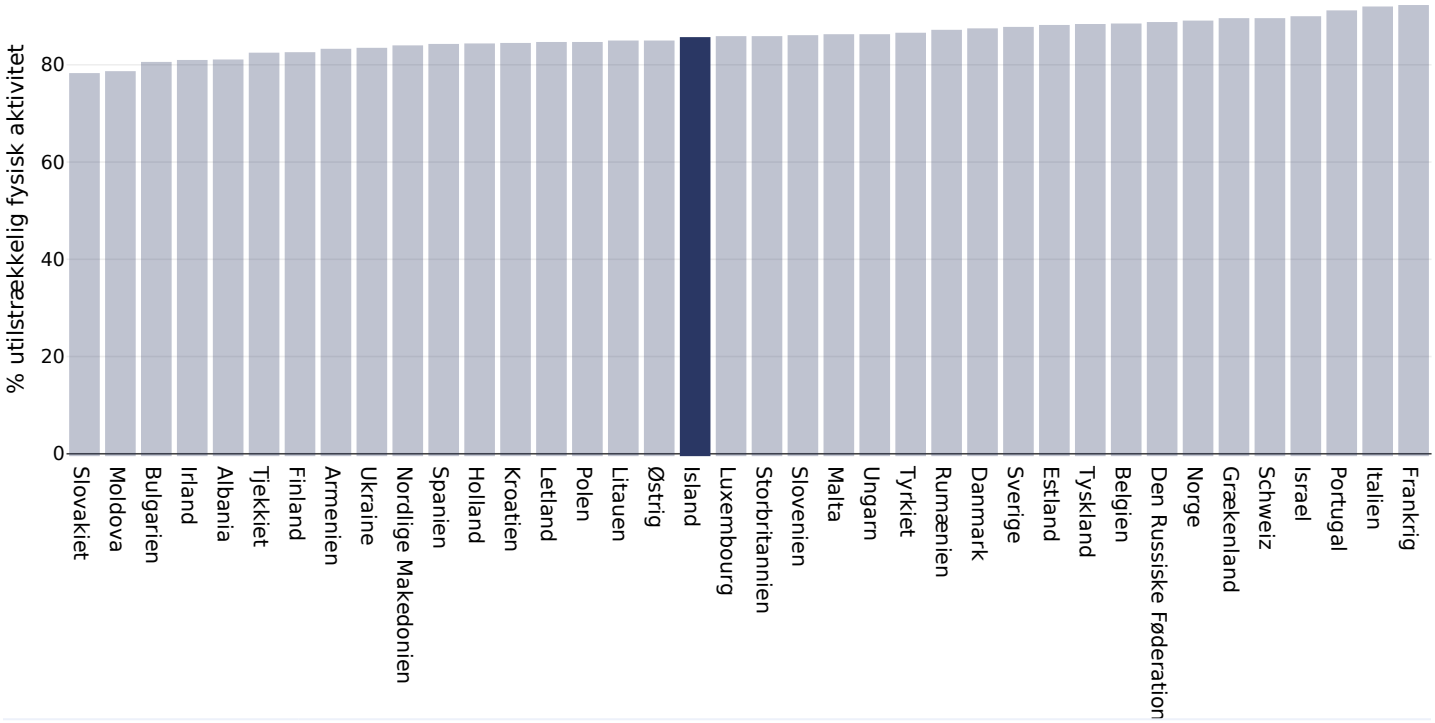
Piger, 2016



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Alder:	11-17
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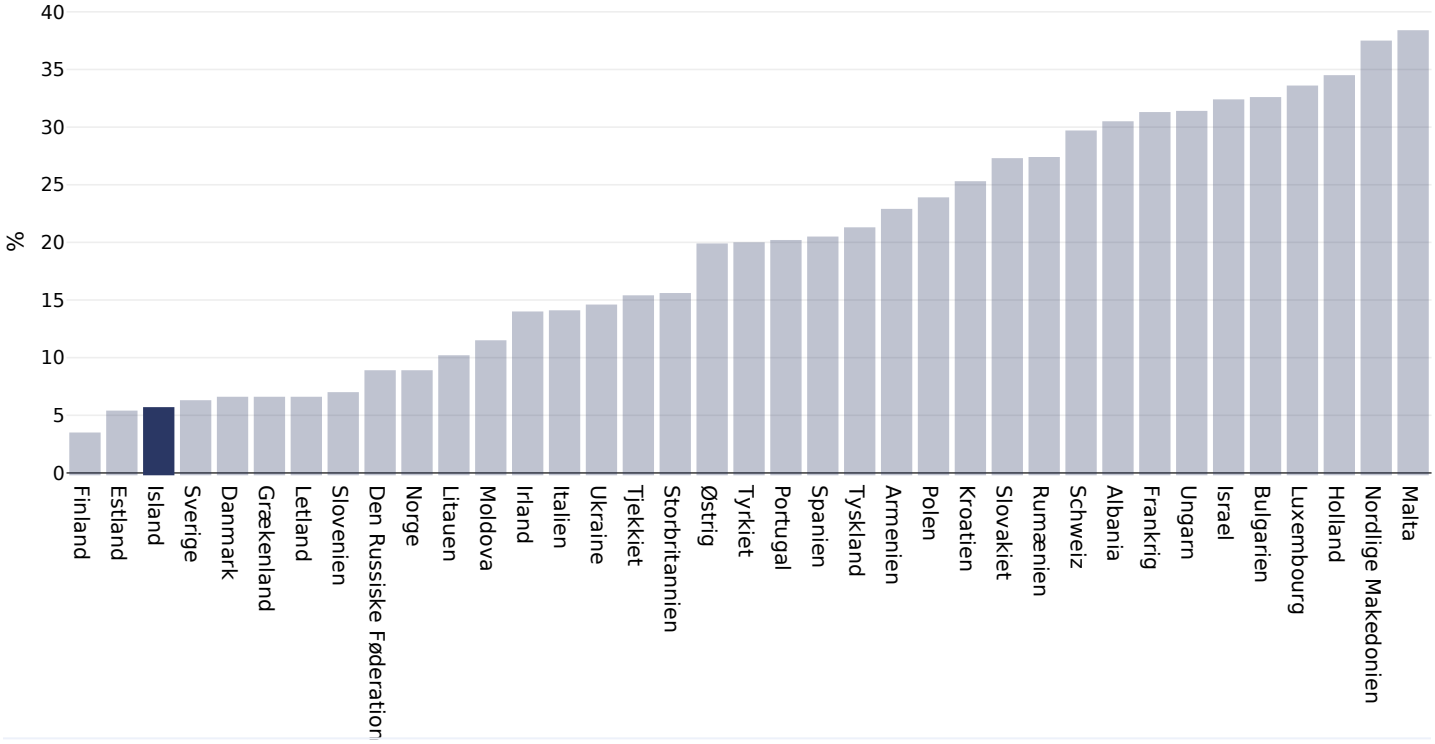
Definitioner (kun tilgængelig på engelsk):	% Adolescents insufficiently active (age standardised estimate)

Forekomsten af indtag af kulsyreholdige læskedrikke mindst dagligt

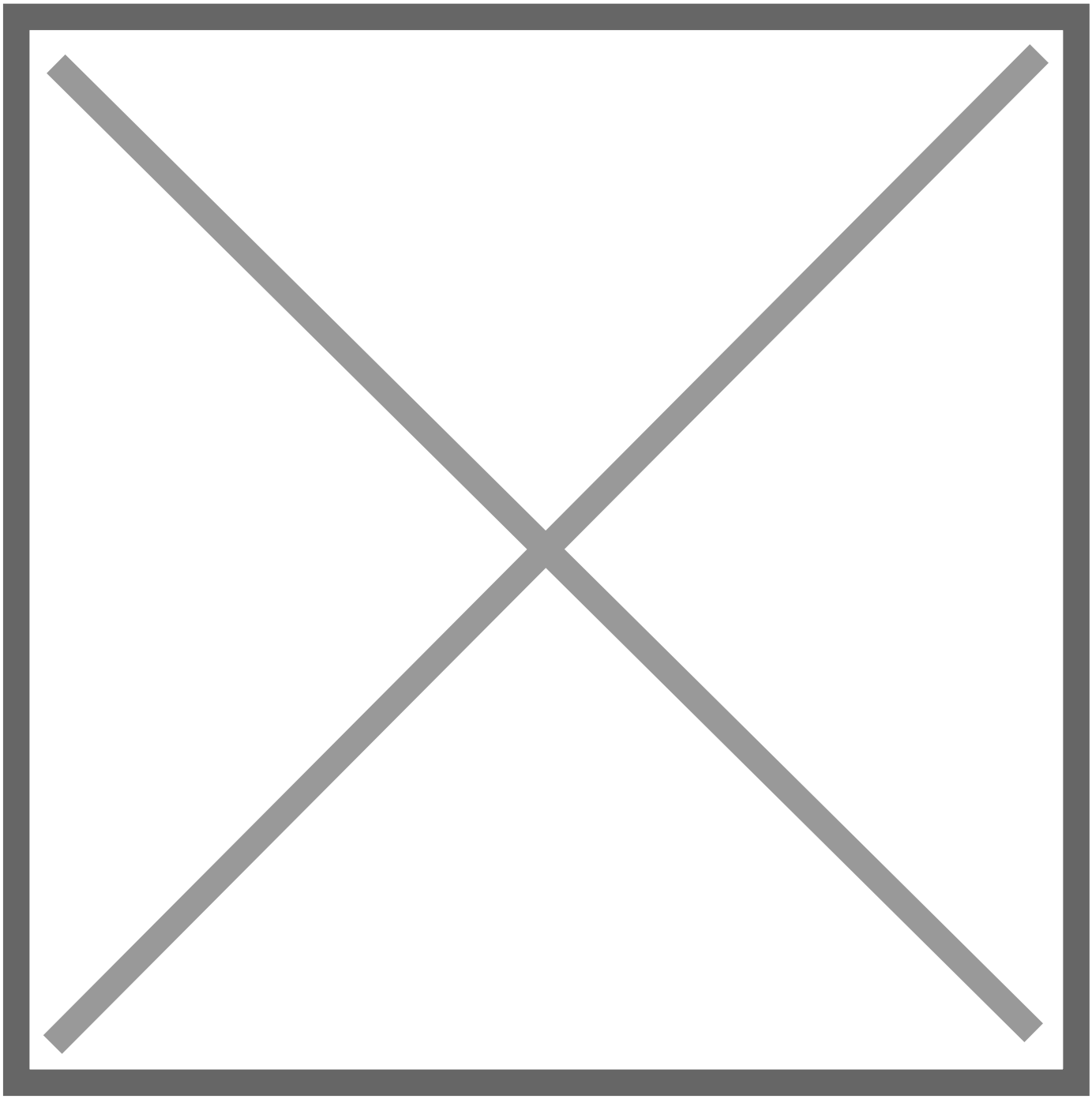
Børn, 2010-2014



Undersøgelsestype:	Målt
Referencer:	World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative cross-national study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org
Noter (kun tilgængelige på engelsk):	15-year-old adolescents
Definitioner (kun tilgængelig på engelsk):	Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)

Estimated per capita fruit intake

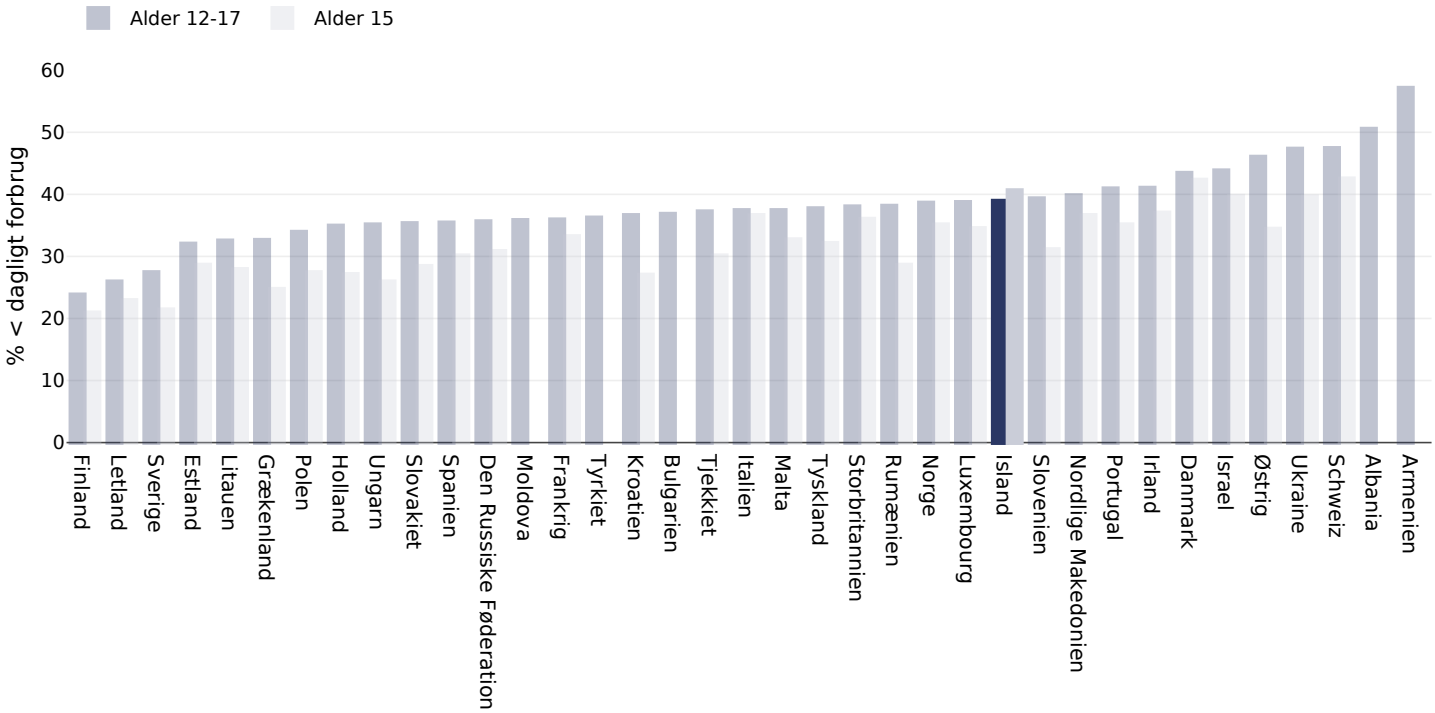
Voksne, 2017



Undersøgelsestype:	Målt
Alder:	25+
Referencer:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitioner (kun tilgængelig på engelsk):	Estimated per-capita fruit intake (g/day)

Forekomst af indtag af frugt mindre end dagligt

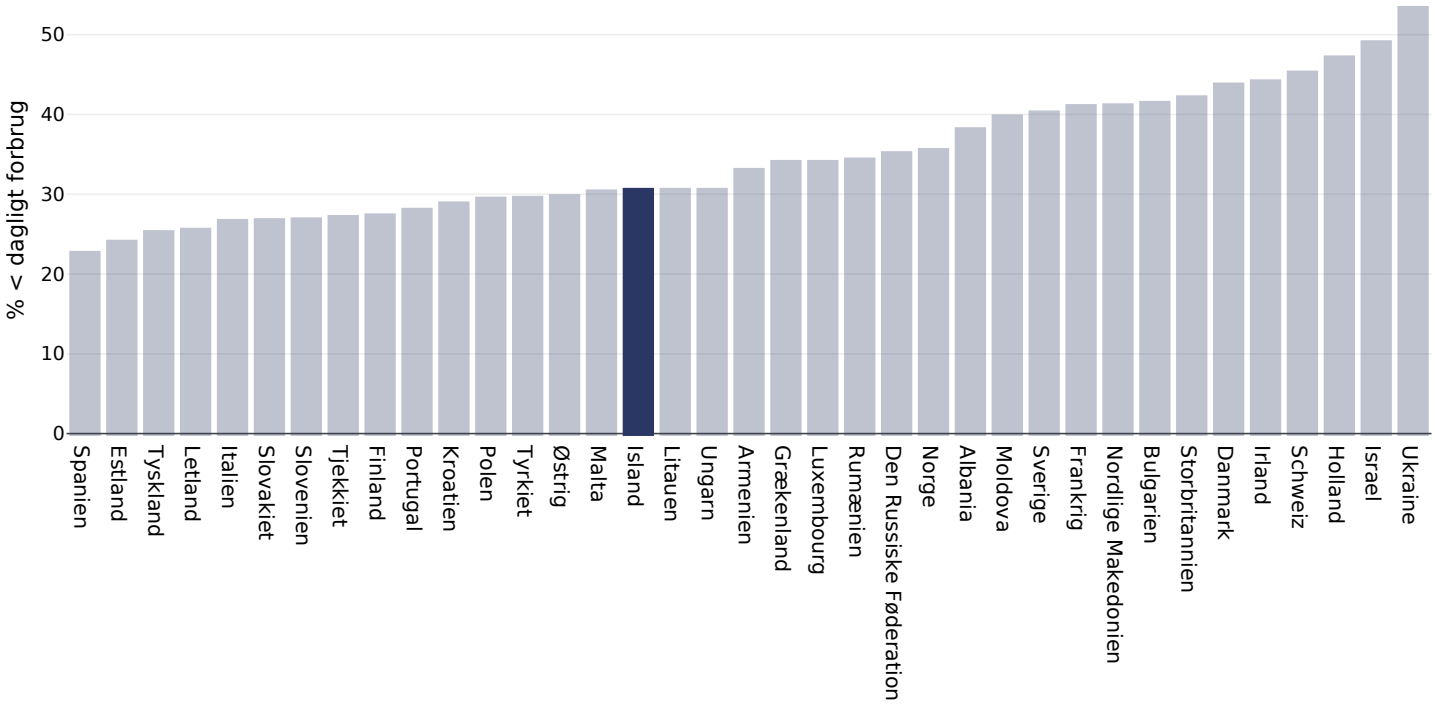
Børn, 2010-2014



Undersøgelsestype:	Målt
Referencer:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitioner (kun tilgængelig på engelsk):	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Forekomst af indtag af grøntsager mindre end dagligt

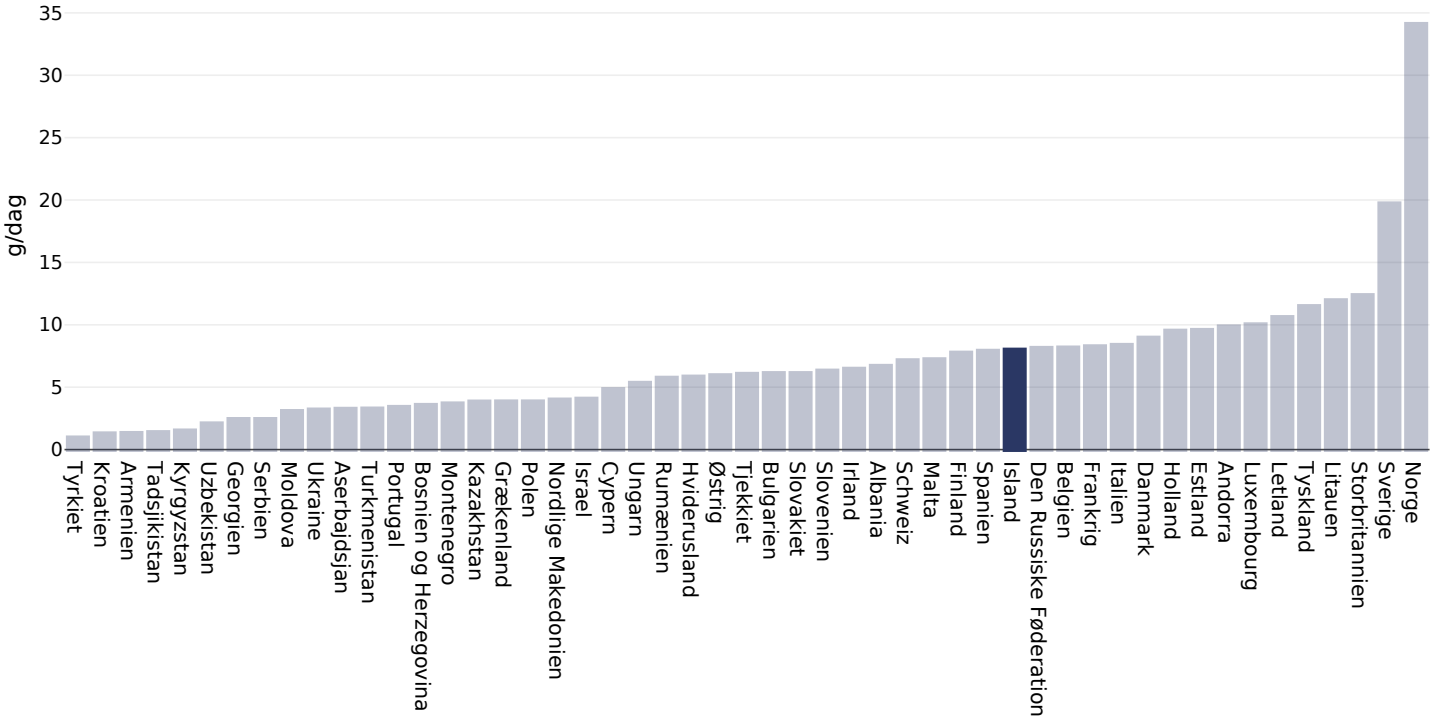
Børn, 2010-2014



Undersøgelsestype:	Målt
Alder:	12-17
Referencer:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitioner (kun tilgængelig på engelsk):	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Anslået indtag af forarbejdet kød pr. indbygger

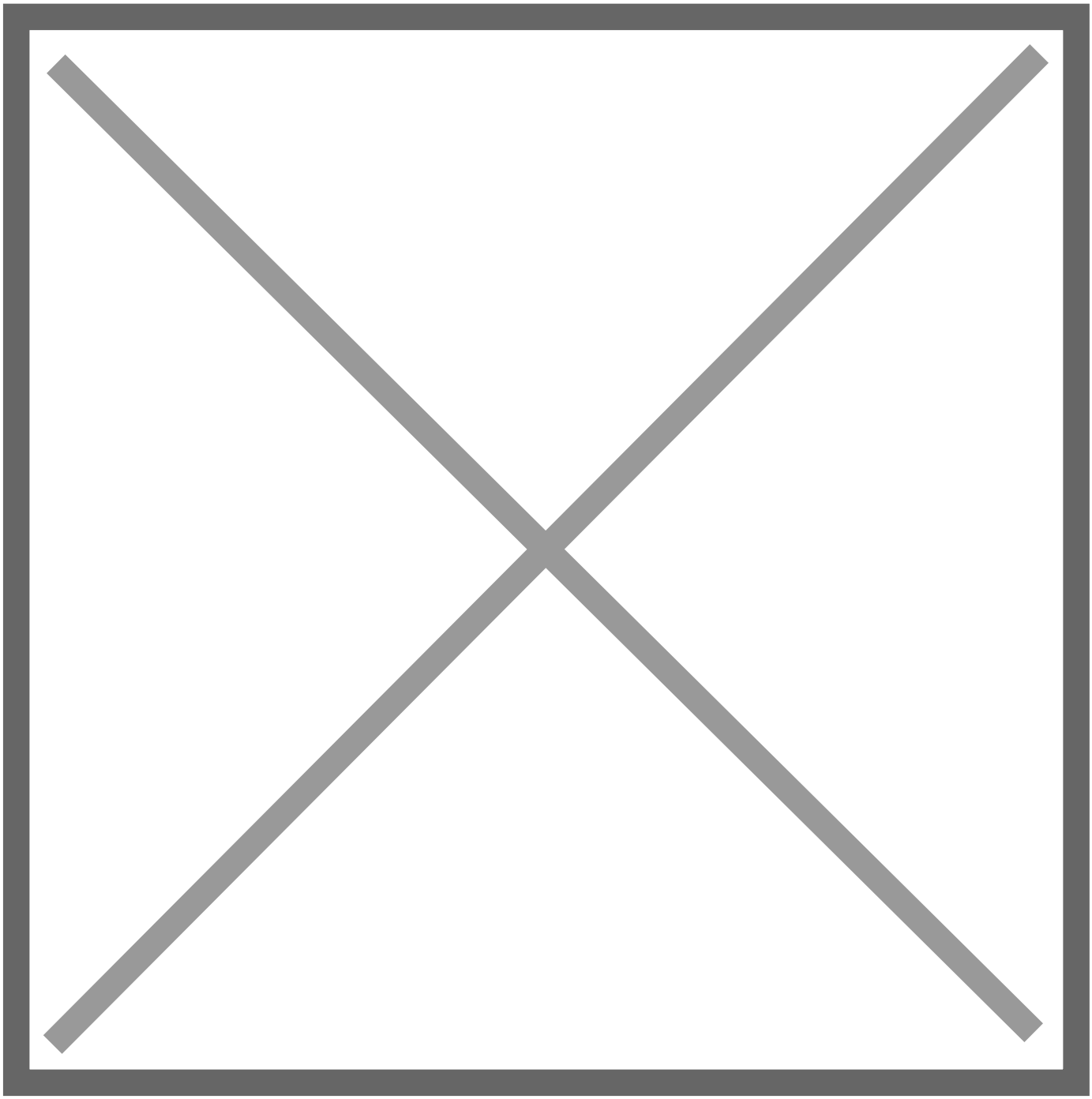
Voksne, 2017



Undersøgelsestype:	Målt
Alder:	25+
Referencer:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitioner (kun tilgængelig på engelsk):	Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

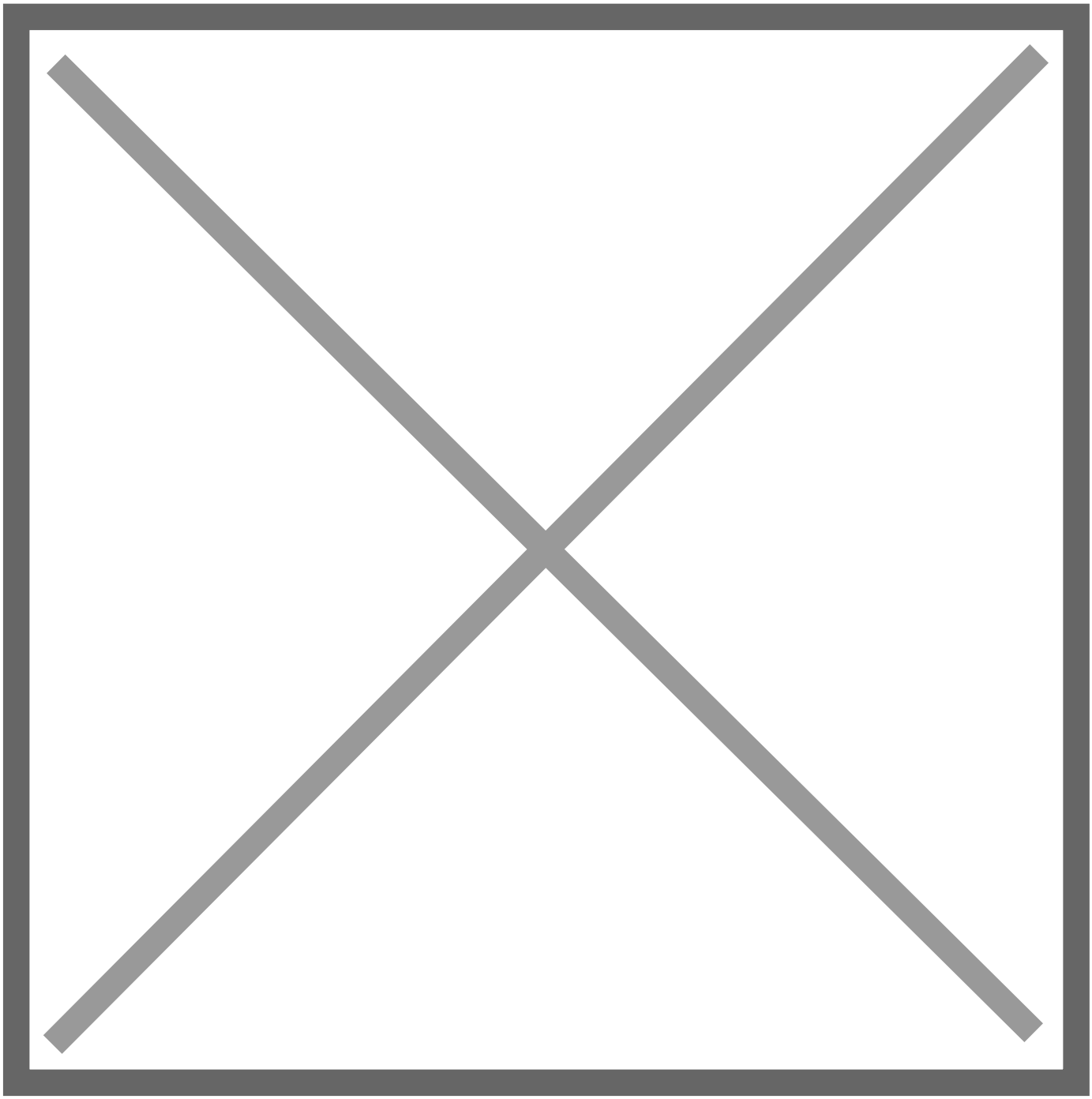
Voksne, 2017



Undersøgelsestype:	Målt
Alder:	25+
Referencer:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitioner (kun tilgængelig på engelsk):	Estimated per-capita whole grains intake (g/day)

Psykisk sundhed – depressionslidelser

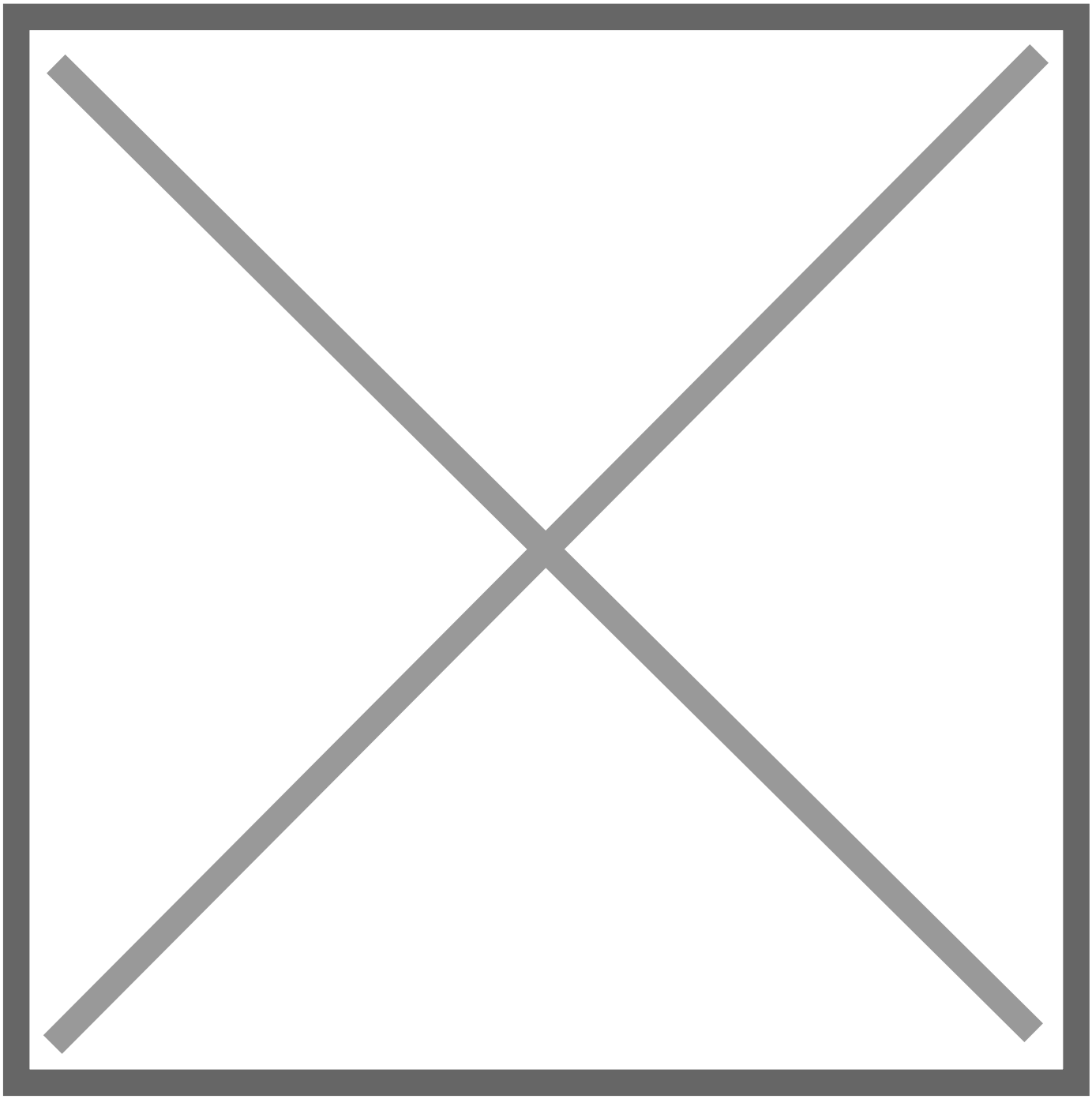
Voksne, 2015



Referencer:	Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.
Definitioner (kun tilgængelig på engelsk):	% of population with depression disorders

Psykisk sundhed – angstlidelser

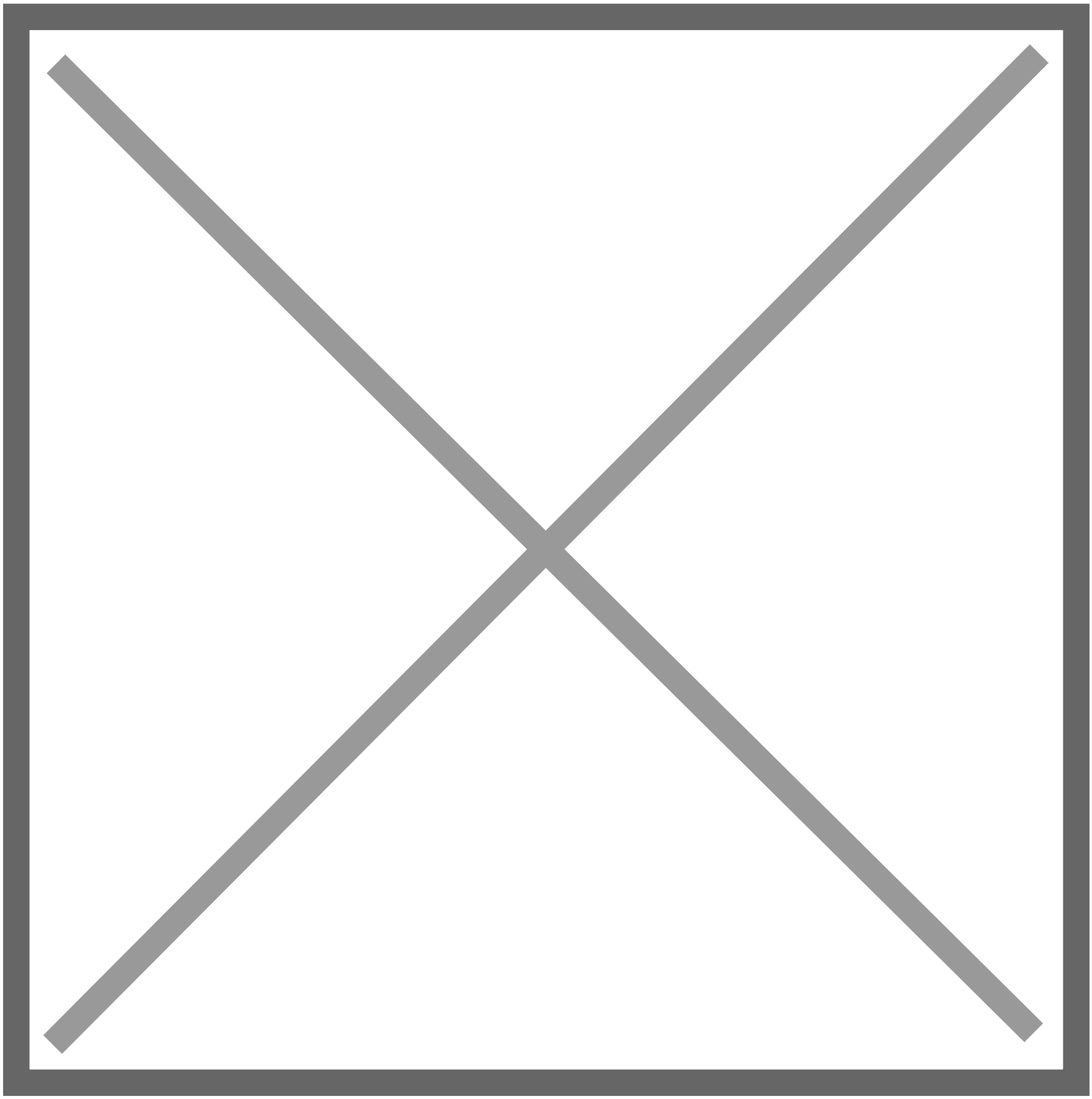
Voksne, 2015



Referencer:	Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.
Definitioner (kun tilgængelig på engelsk):	% of population with anxiety disorders

Kræft i spiserøret

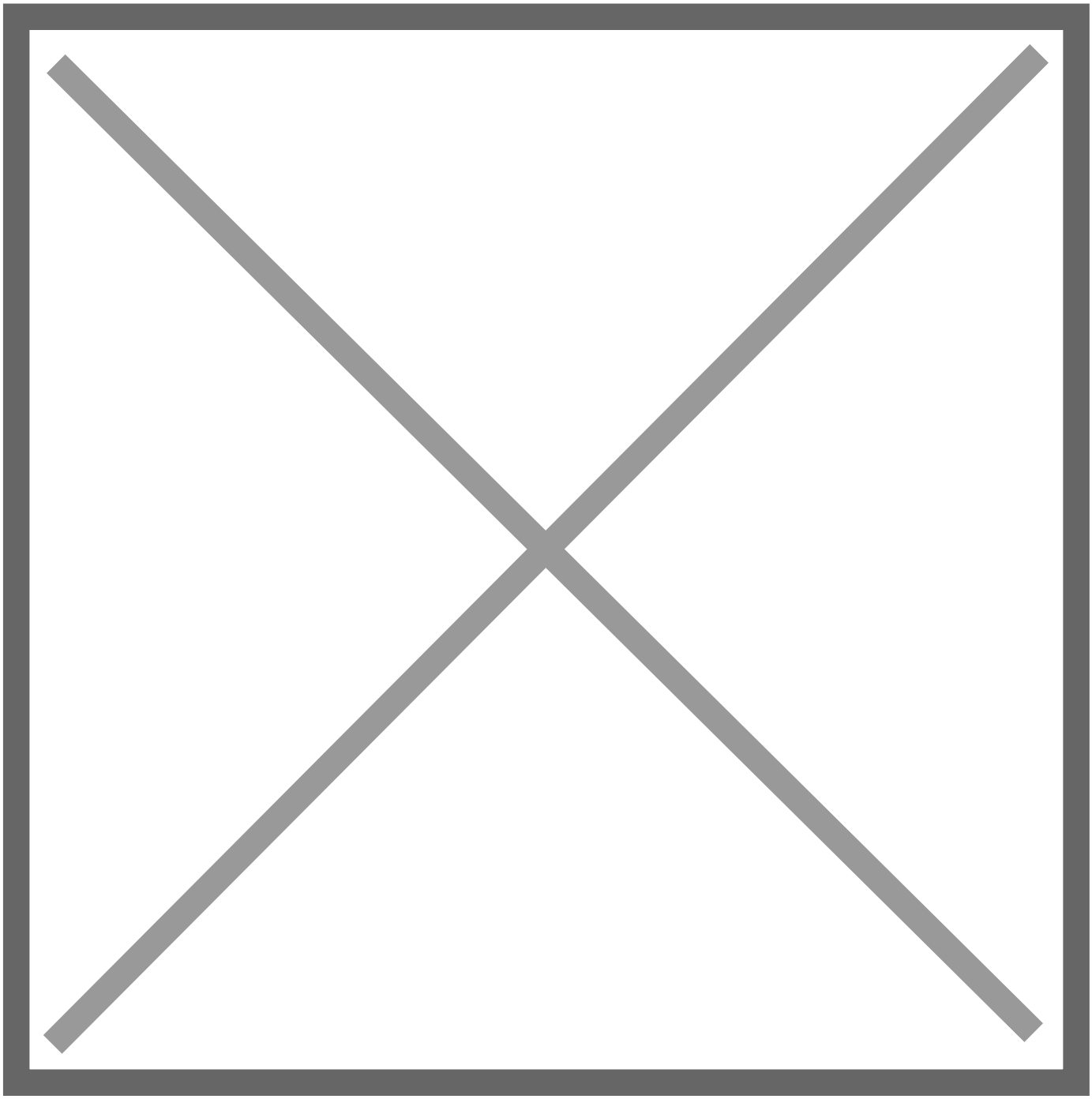
Mænd, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177

Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

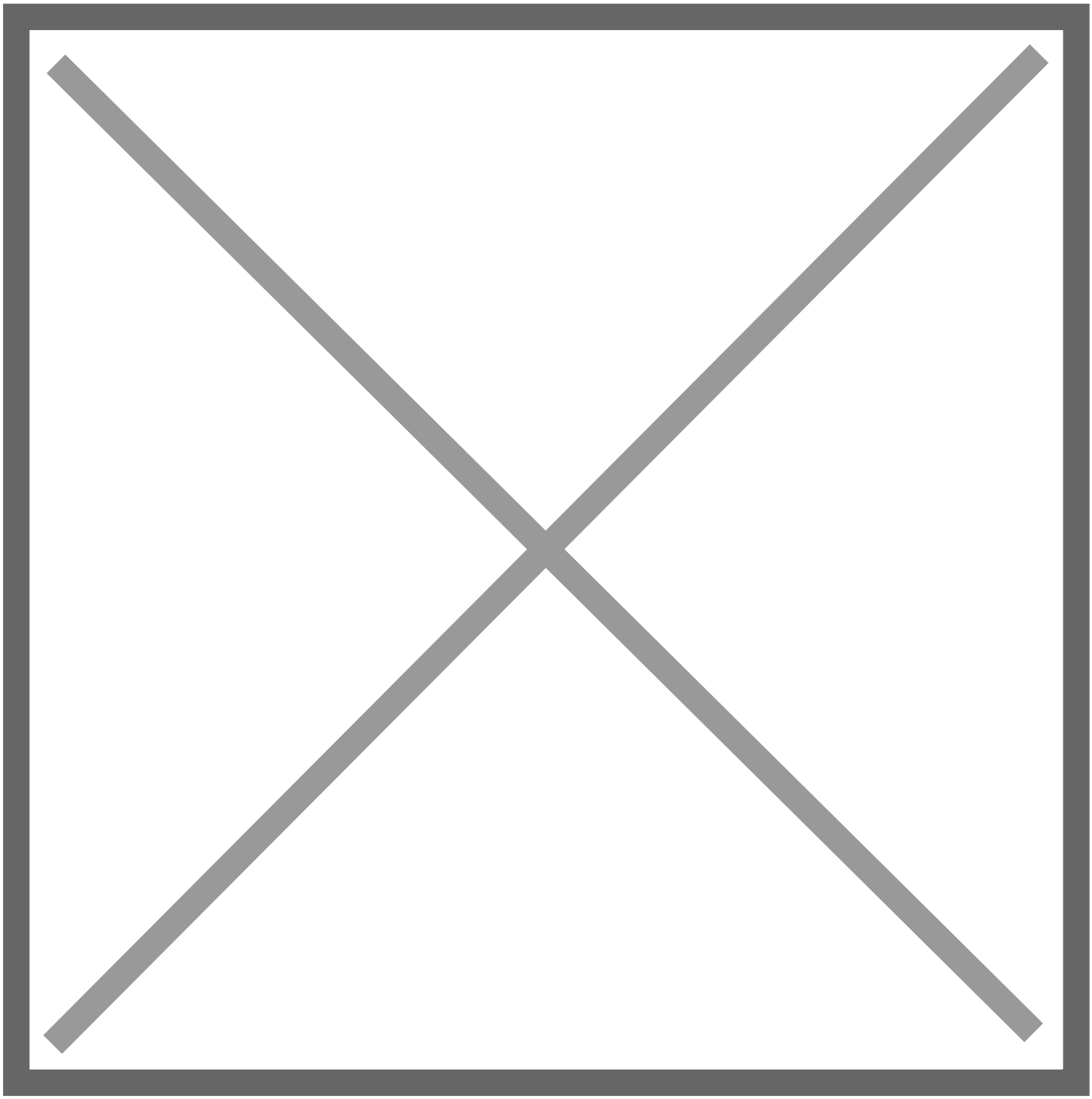
Kvinder, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177
Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

Brystkræft

Kvinder, 2020

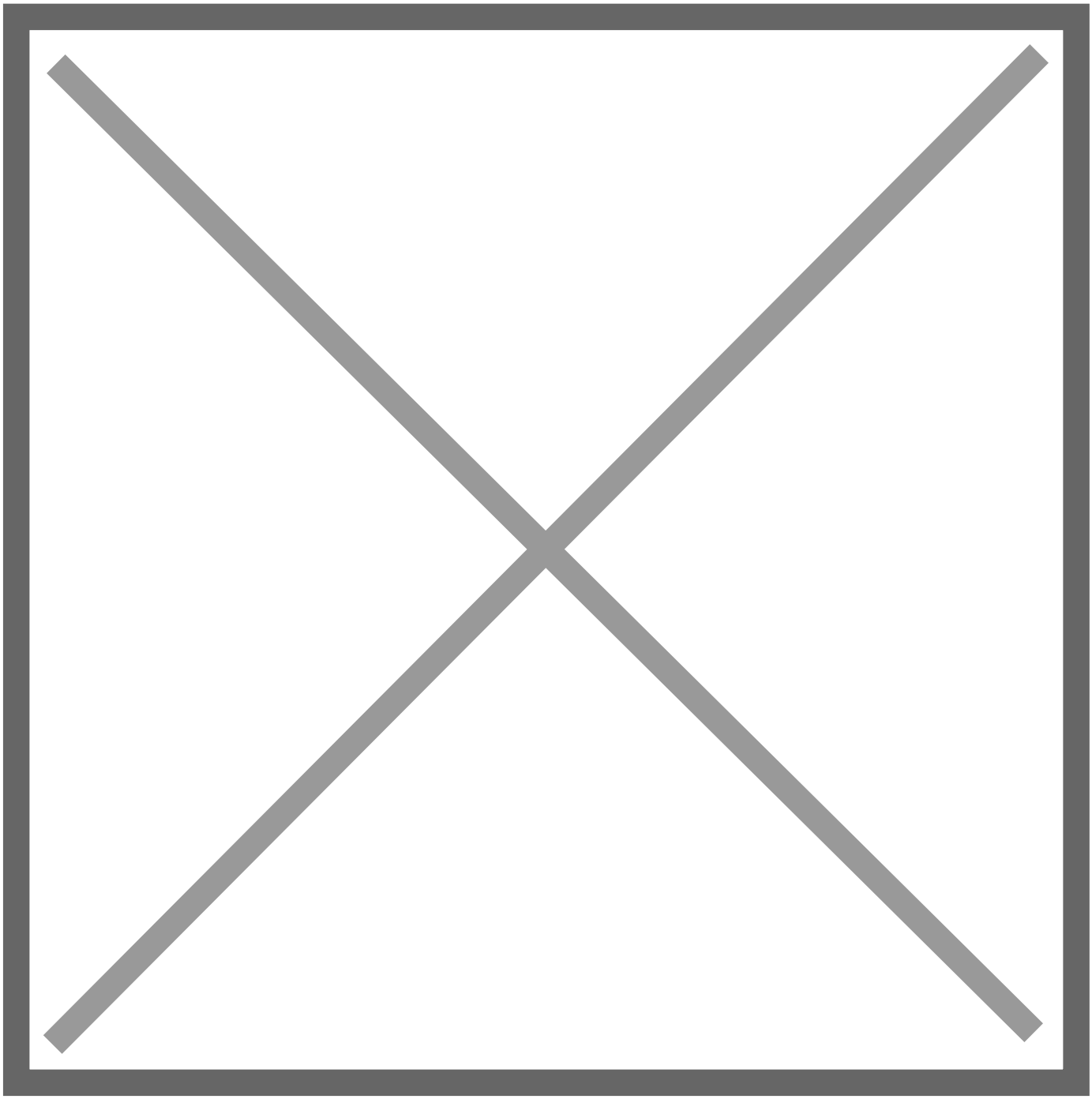


Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177

Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

Tarmkræft

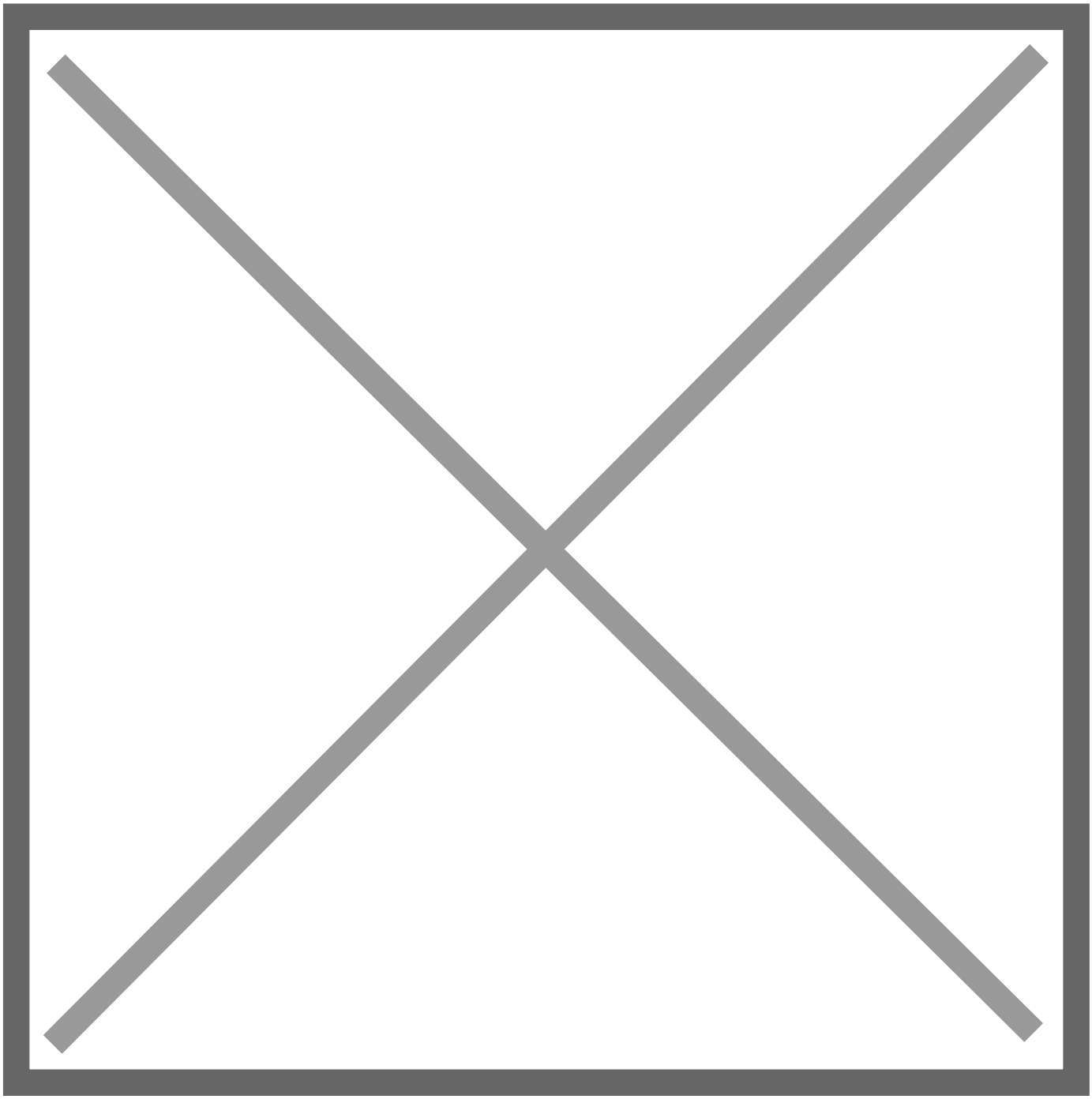
Mænd, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177

Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

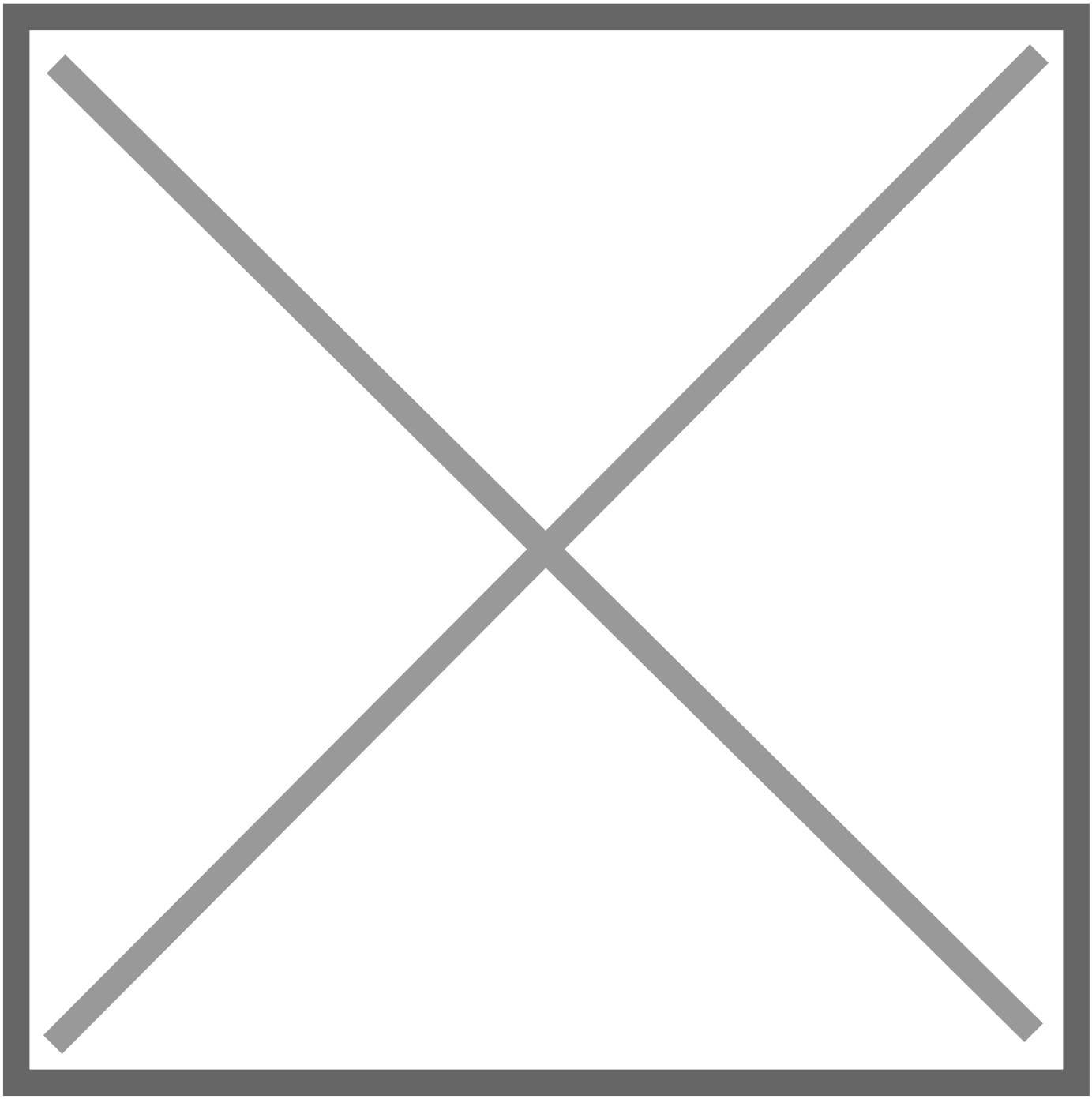
Kvinder, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177
Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

Kræft i bugspytkirtlen

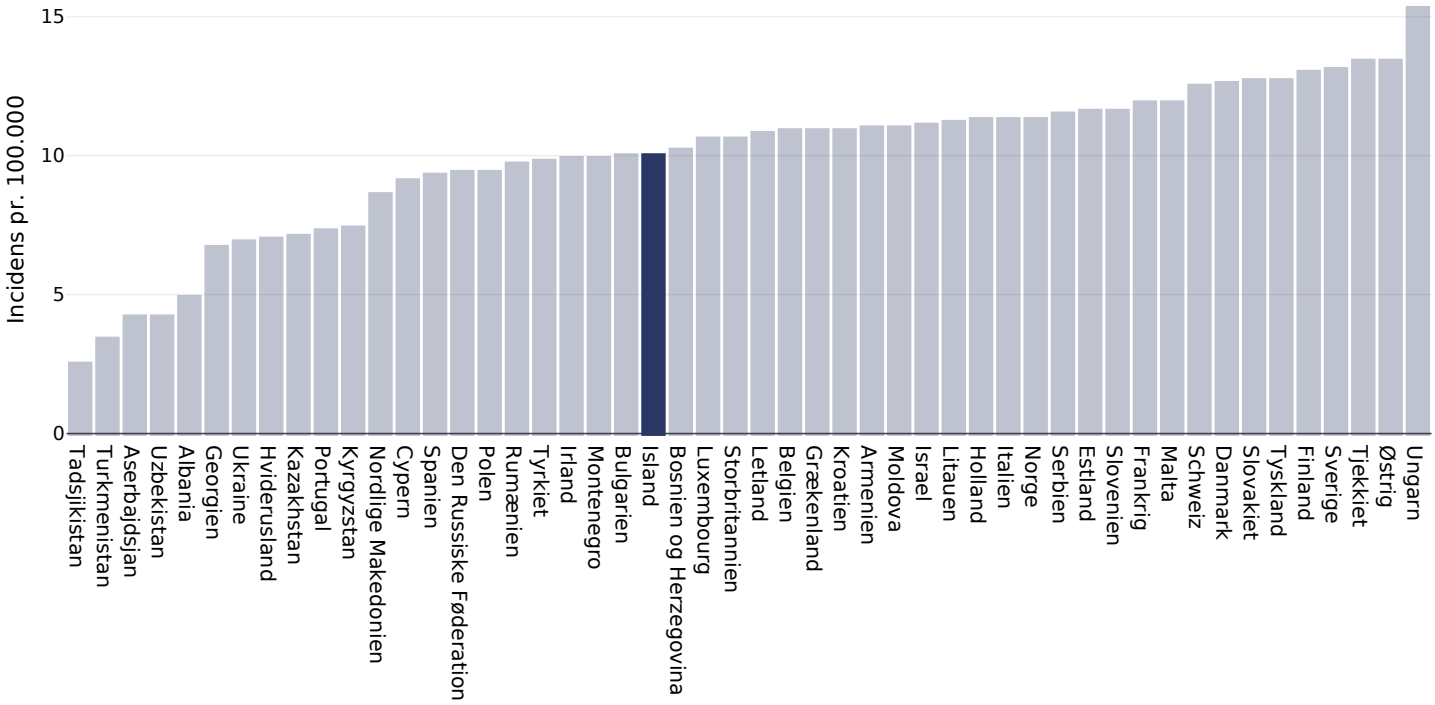
Mænd, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177

Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

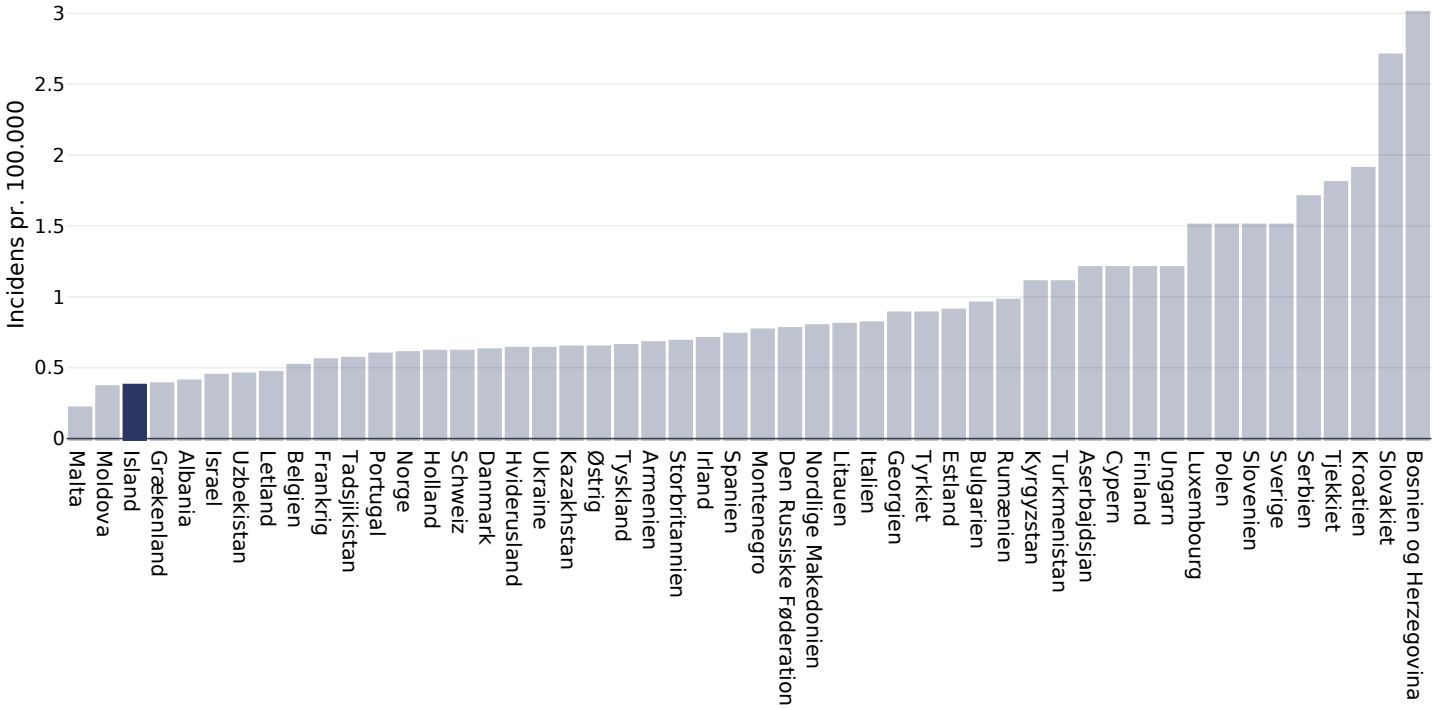
Kvinder, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177
Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

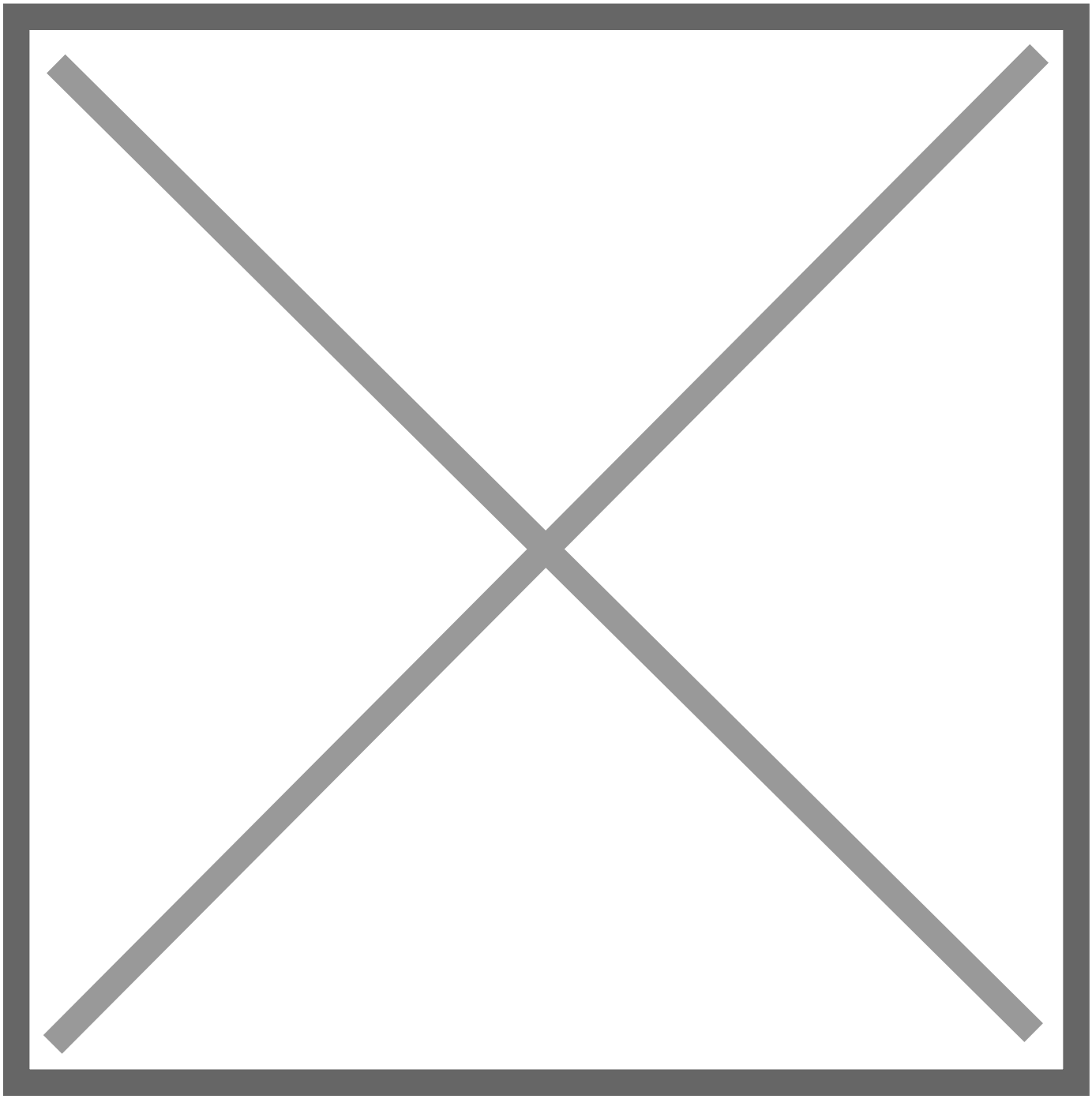
Kræft i galdeblæren

Mænd, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177
Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

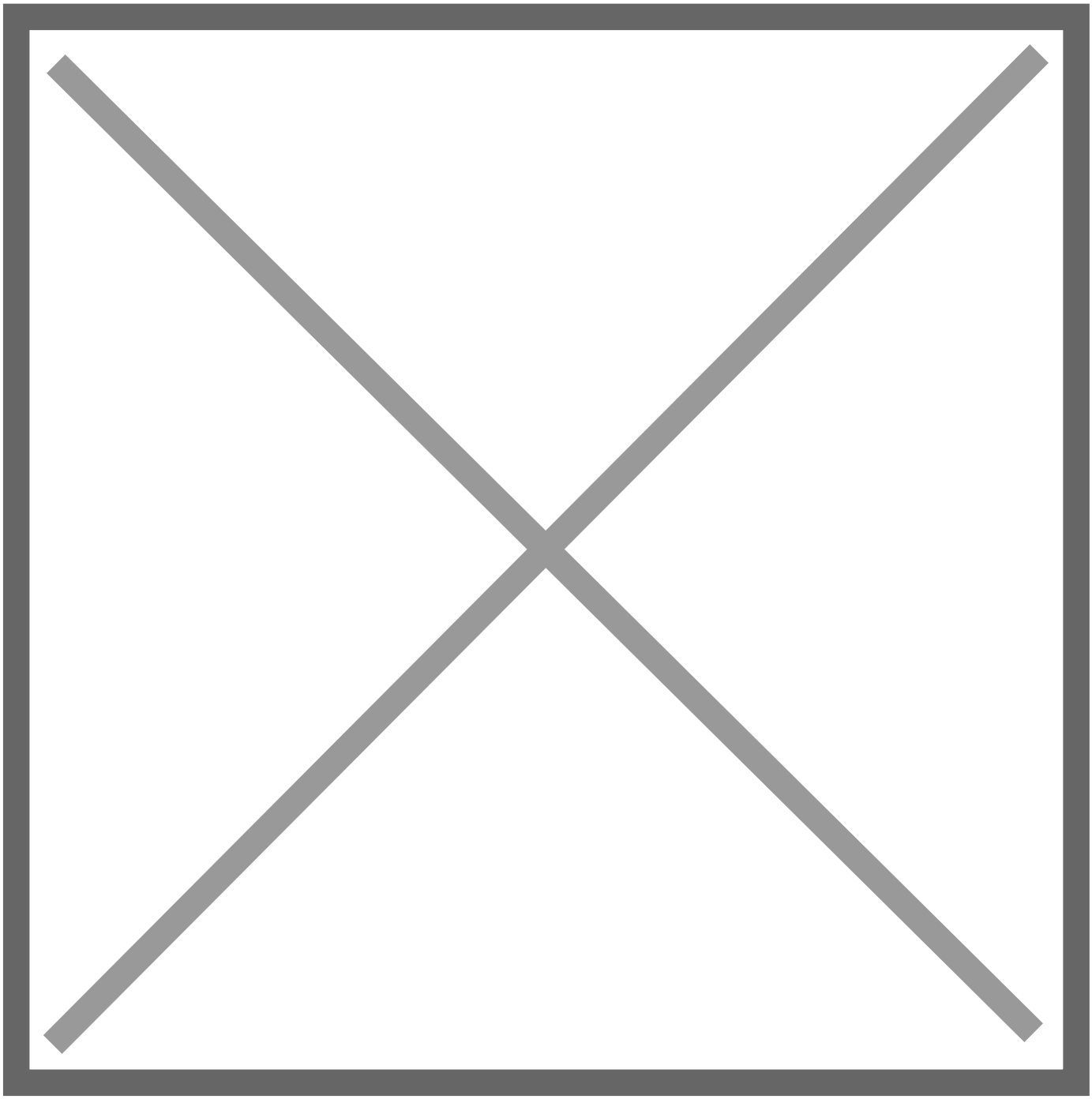
Kvinder, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177
Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

Nyrekræft

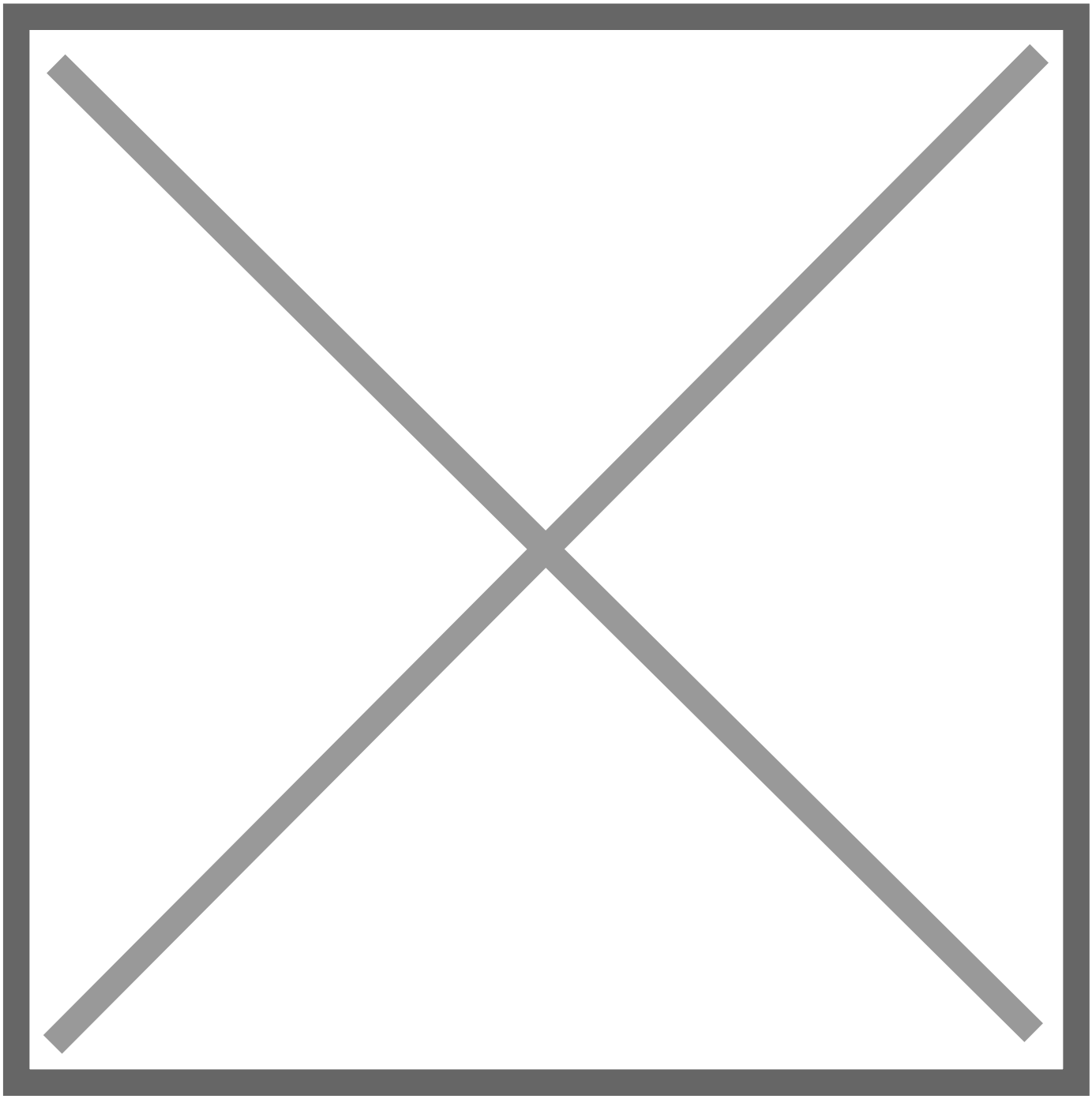
Mænd, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177

Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

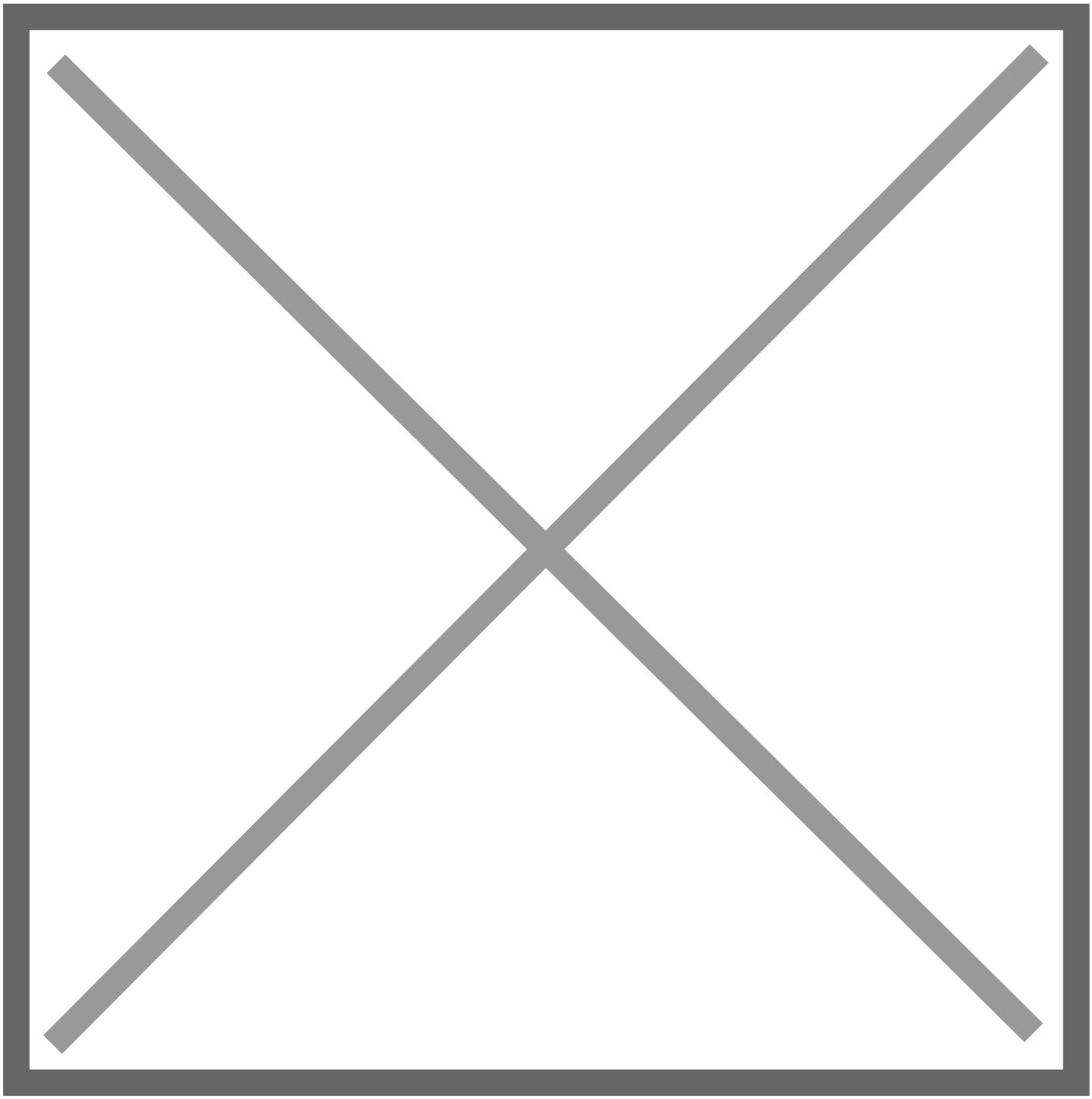
Kvinder, 2020



Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177
Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

Livmoderkræft

Kvinder, 2020

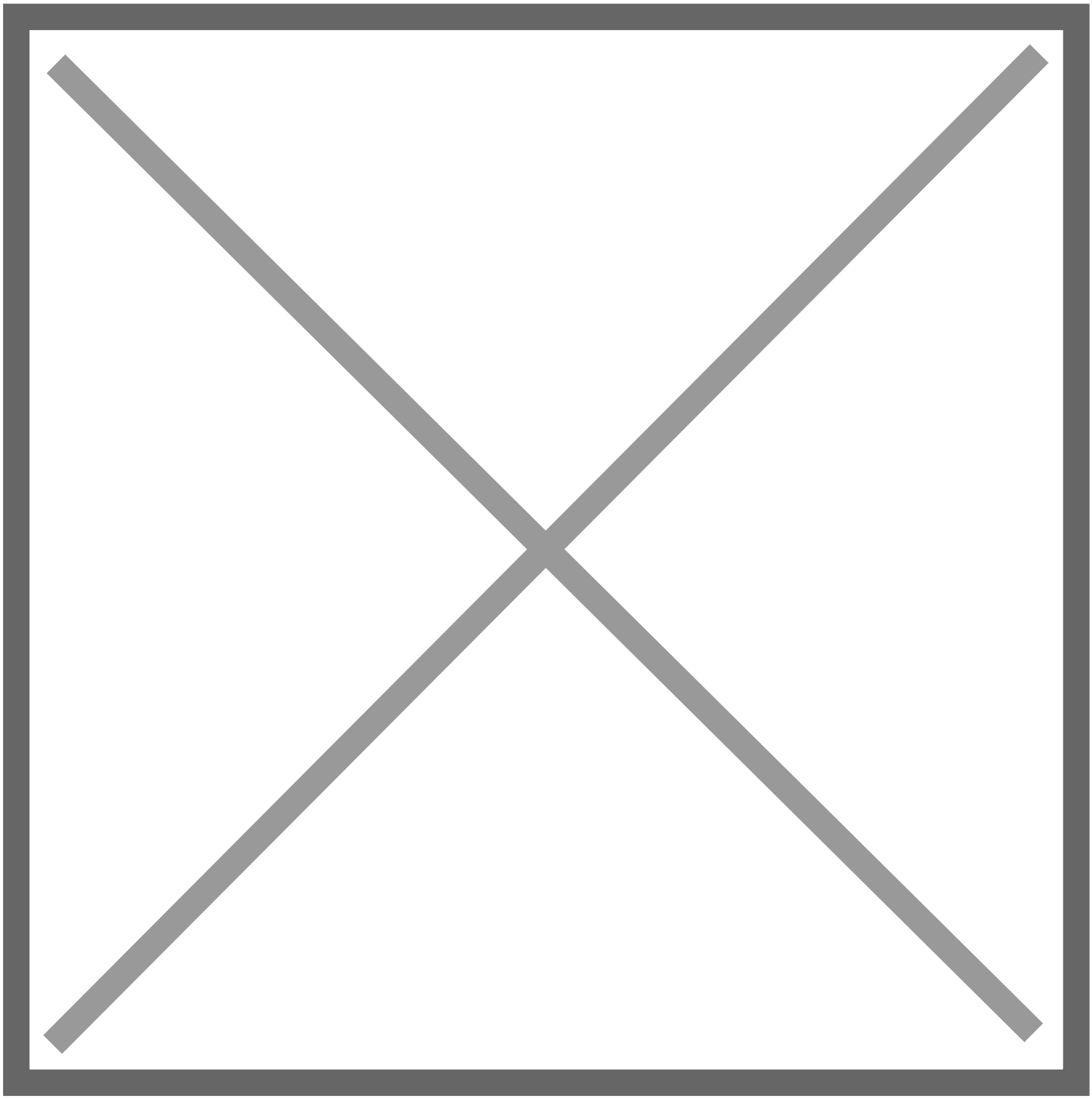


Alder:	20+
Area covered:	National
Referencer:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2177

Definitioner (kun tilgængelig på engelsk):	Age-standardized indicence rates per 100 000

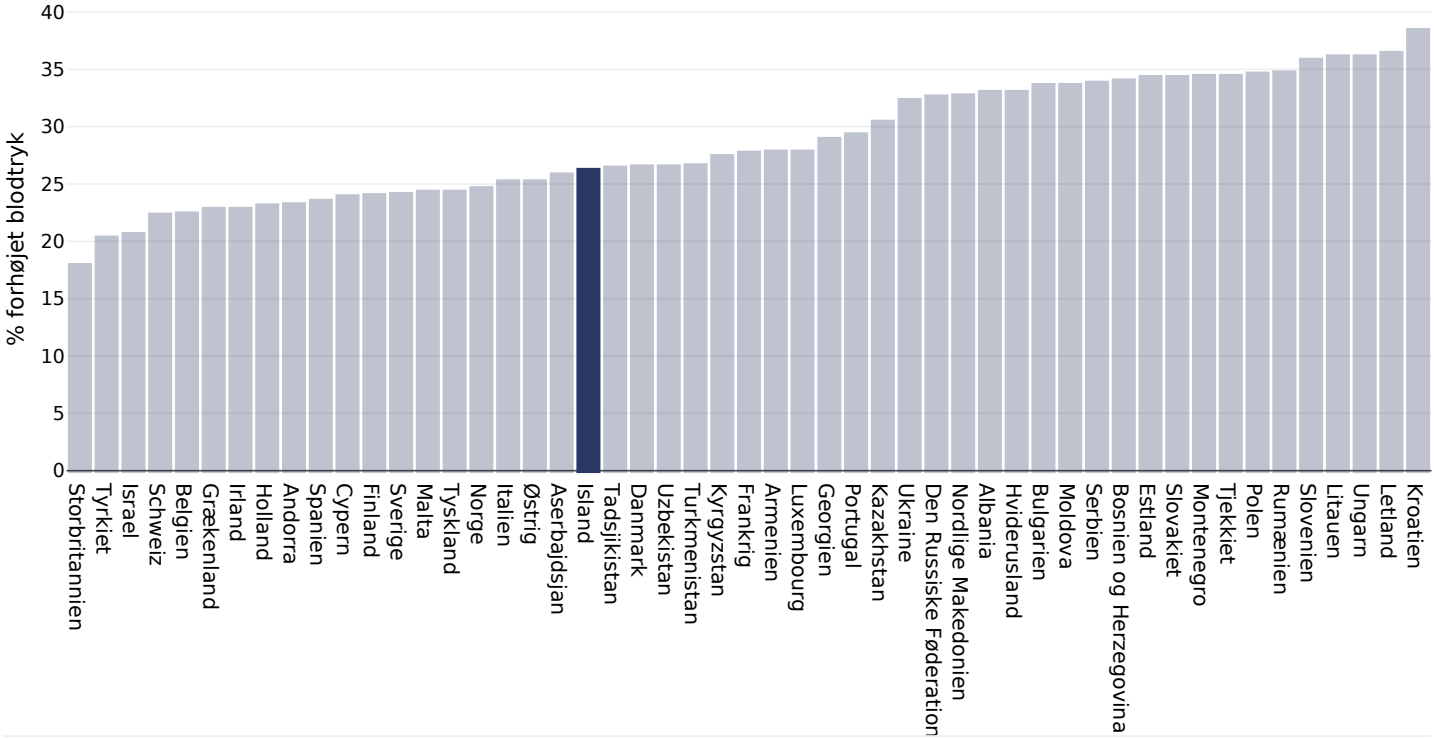
Forhøjet blodtryk

Voksne, 2015



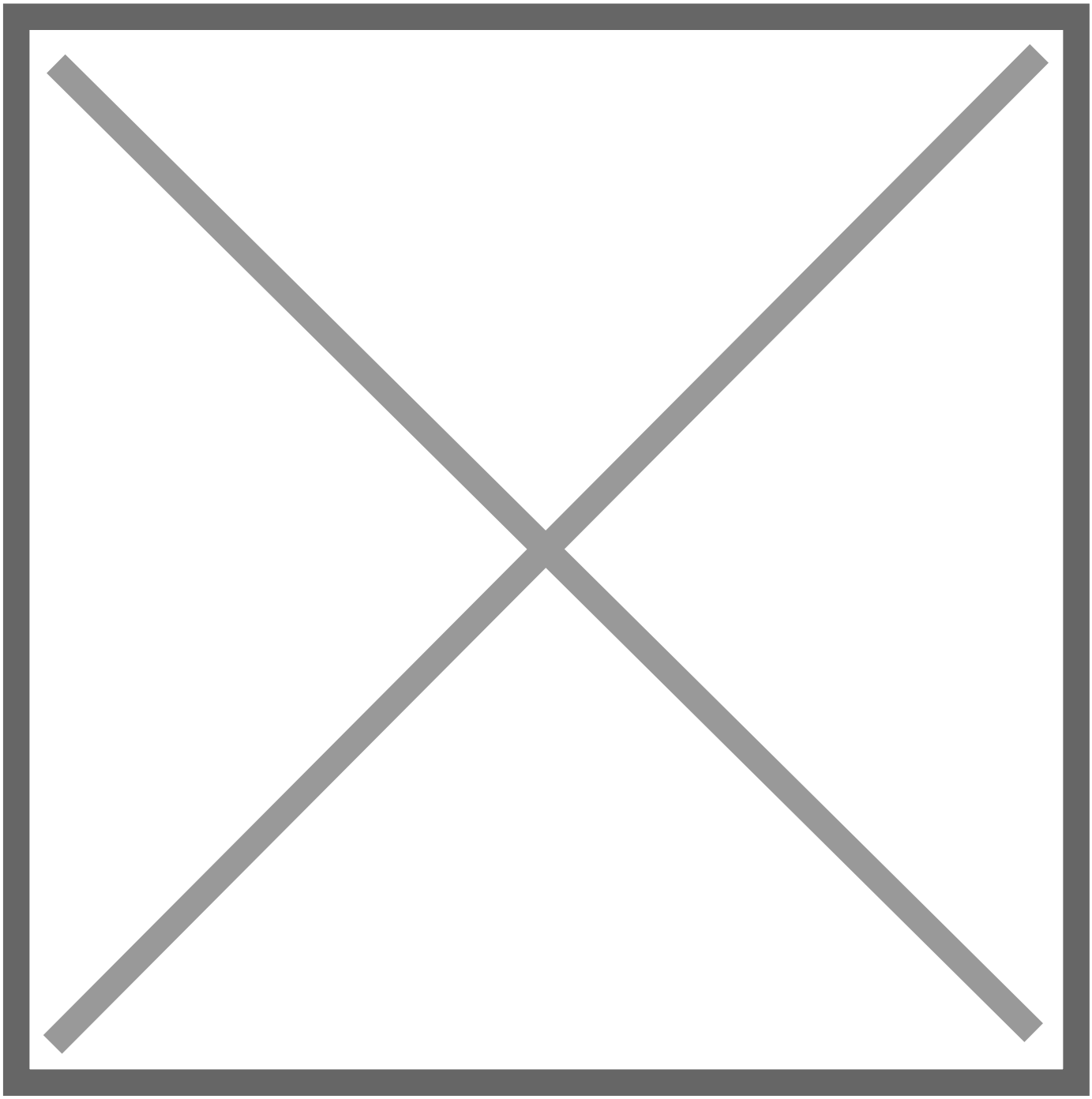
Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Definitioner (kun tilgængelig på engelsk):	Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Mænd, 2015



Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Definitioner (kun tilgængelig på engelsk):	Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

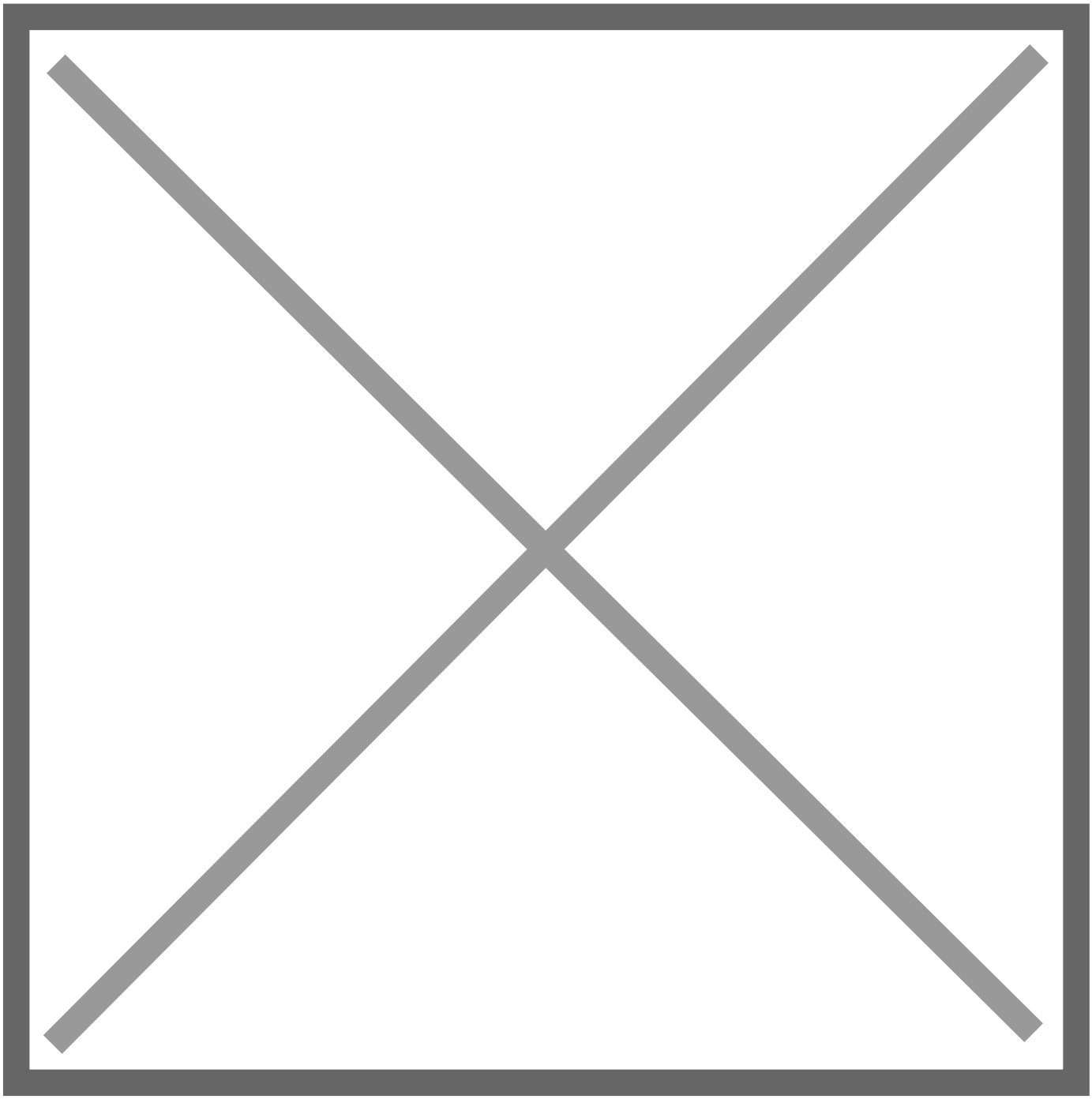
Kvinder, 2015



Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en
Definitioner (kun tilgængelig på engelsk):	Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

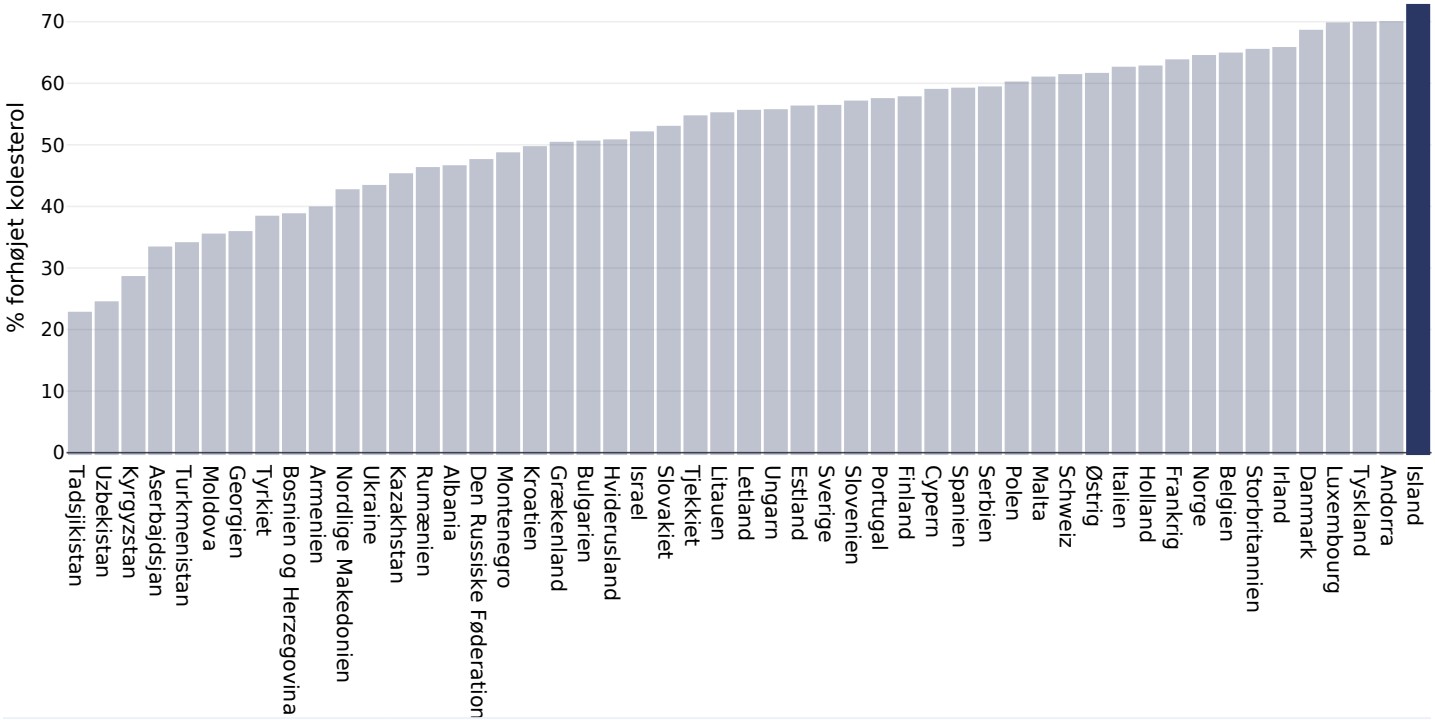
Forhøjet kolesterol

Voksne, 2008



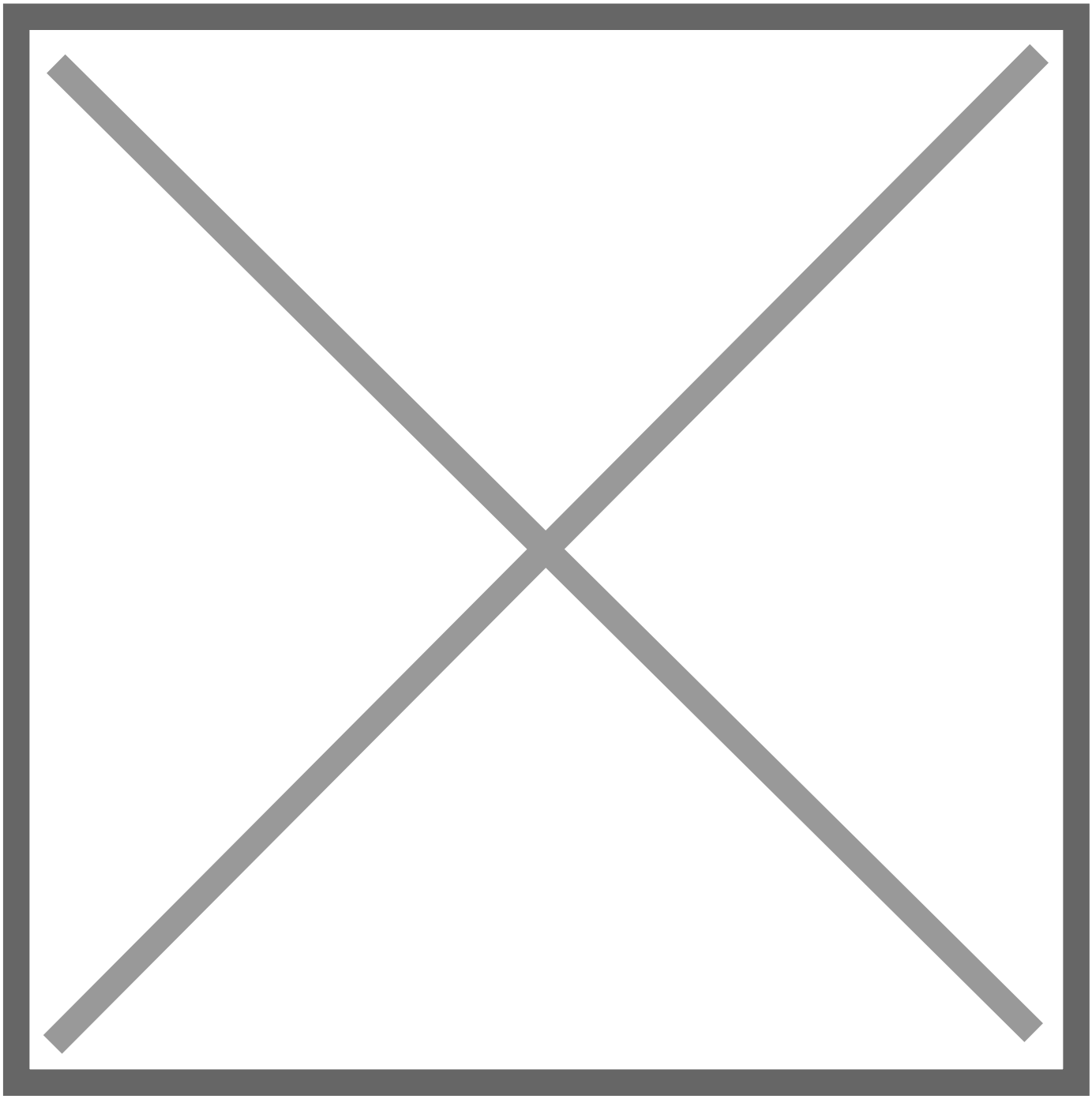
Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitioner (kun tilgængelig på engelsk):	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Mænd, 2008



Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitioner (kun tilgængelig på engelsk):	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

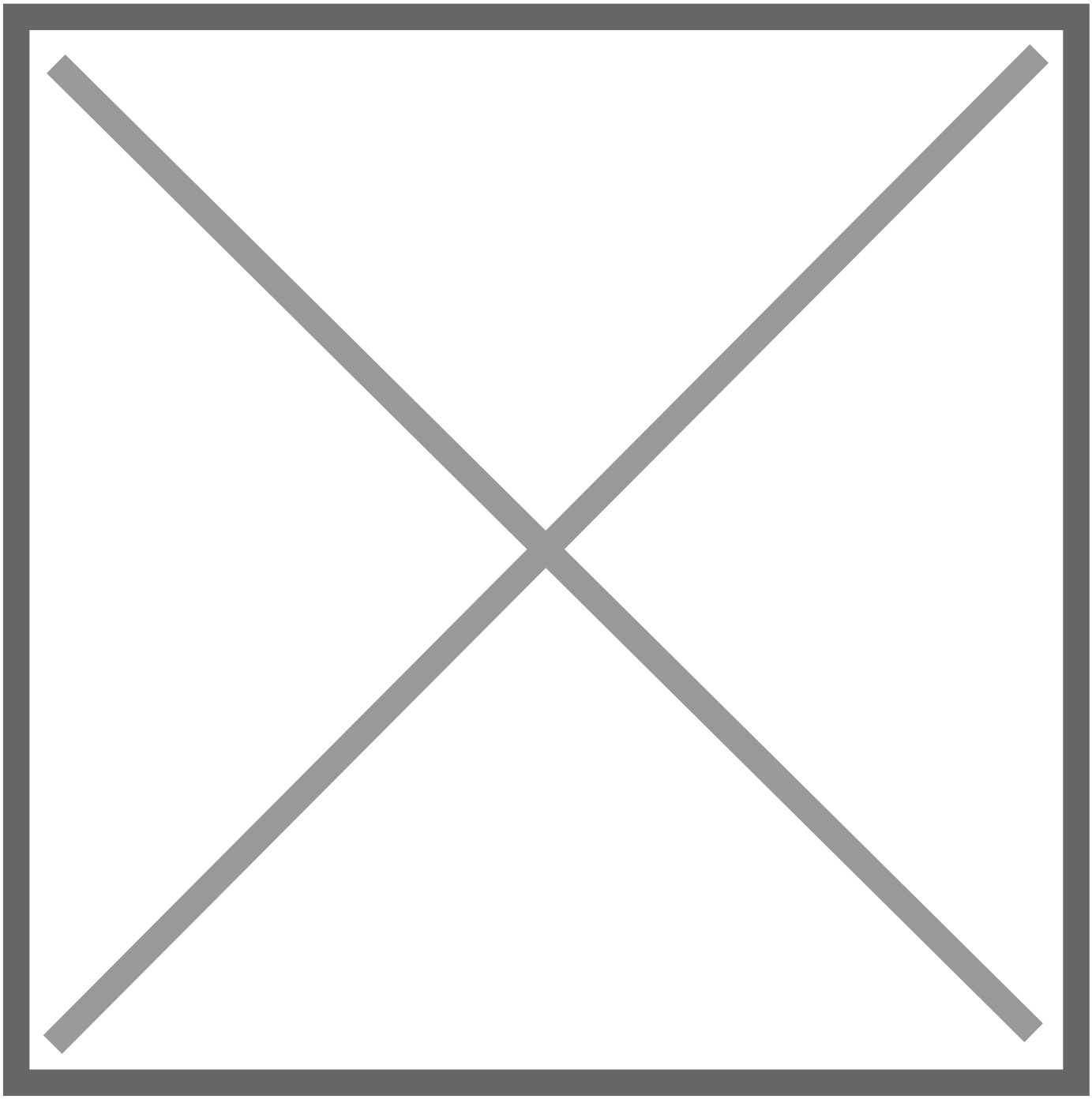
Kvinder, 2008



Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitioner (kun tilgængelig på engelsk):	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

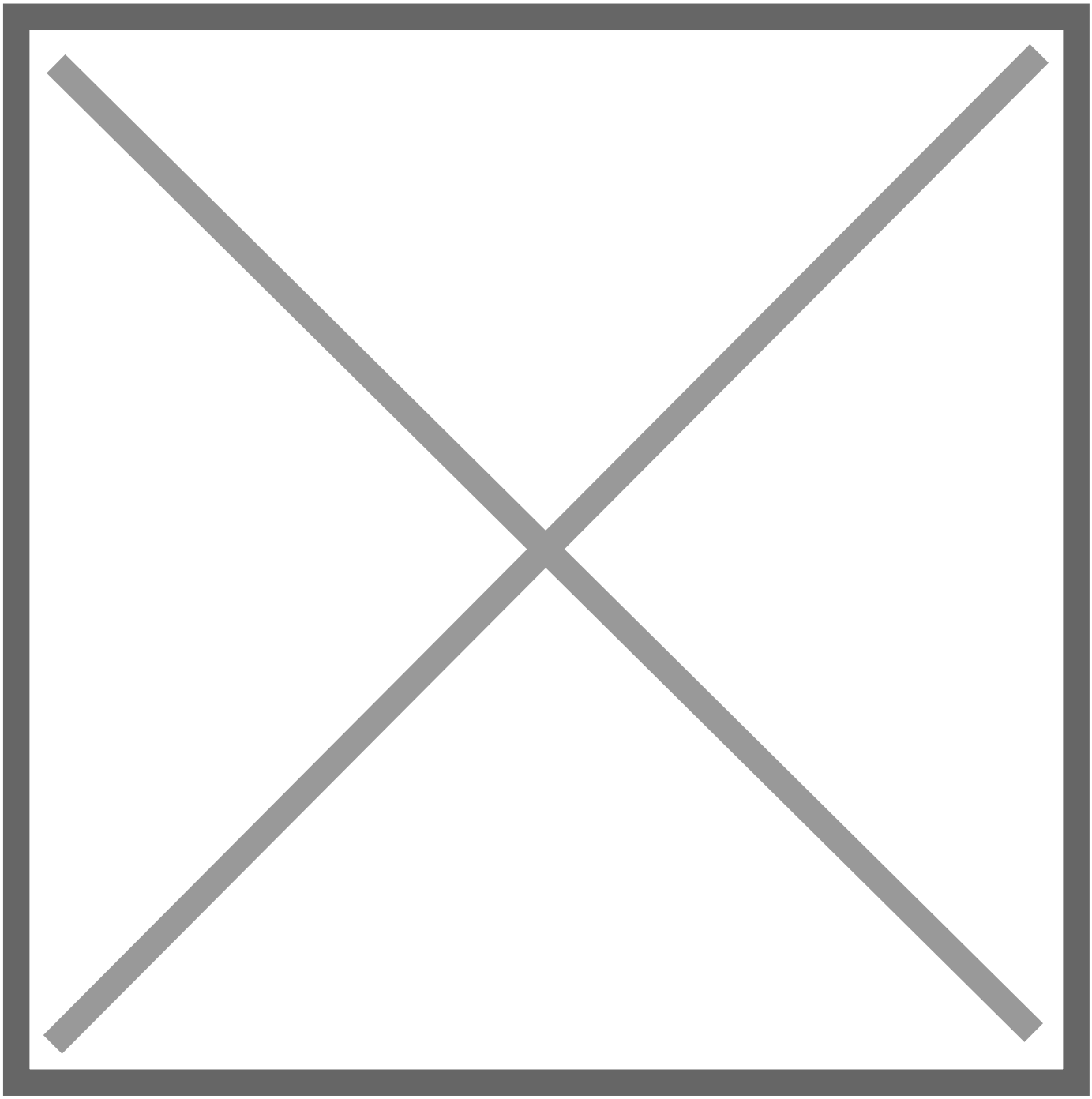
Forhøjet fasteblodsukkerniveau

Mænd, 2014



Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitioner (kun tilgængelig på engelsk):	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

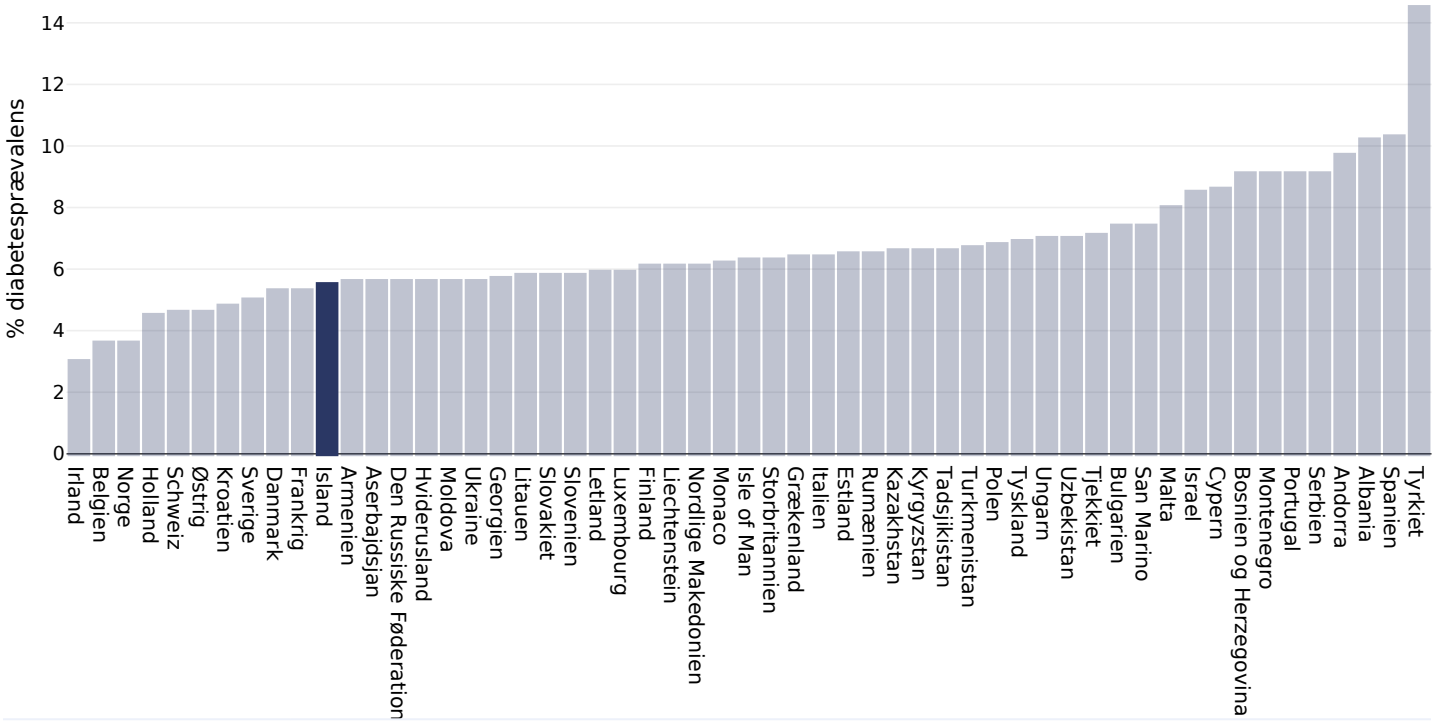
Kvinder, 2014



Referencer:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en
Definitioner (kun tilgængelig på engelsk):	Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetesprævalens

Voksne, 2021



Alder:	20-79
Area covered:	National
Referencer:	Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org
Definitioner (kun tilgængelig på engelsk):	Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	✗
Back-of-pack nutrition declaration?	✓
Color coding?	✗
Warning label?	✗

Regulation and marketing

Are there fiscal policies on unhealthy products?	✗
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✗
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✓
Mandatory limit of trans fats in place (all settings)?	✓
Ban on trans-fats or phos in place (all settings)?	✗
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✓
Are there mandatory standards for food in schools?	✗
Are there any mandatory nutrient limits in any manufactured food products?	✗
Nutrition standards for public sector procurement?	✗

Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✓
National obesity strategy?	✓
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	✓
National target(s) on reducing obesity?	?
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	✓

Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓

Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✓

Key

✓ Present

✓ Present V (voluntary)

✓ Incoming

✗ Absent

? Unknown

Last updated September 13, 2022

PDF created on July 17, 2024