Report card
Hungary

Contents	Page

Obesity prevalence

Adults, 2019

■ Obesity   ■ Overweight
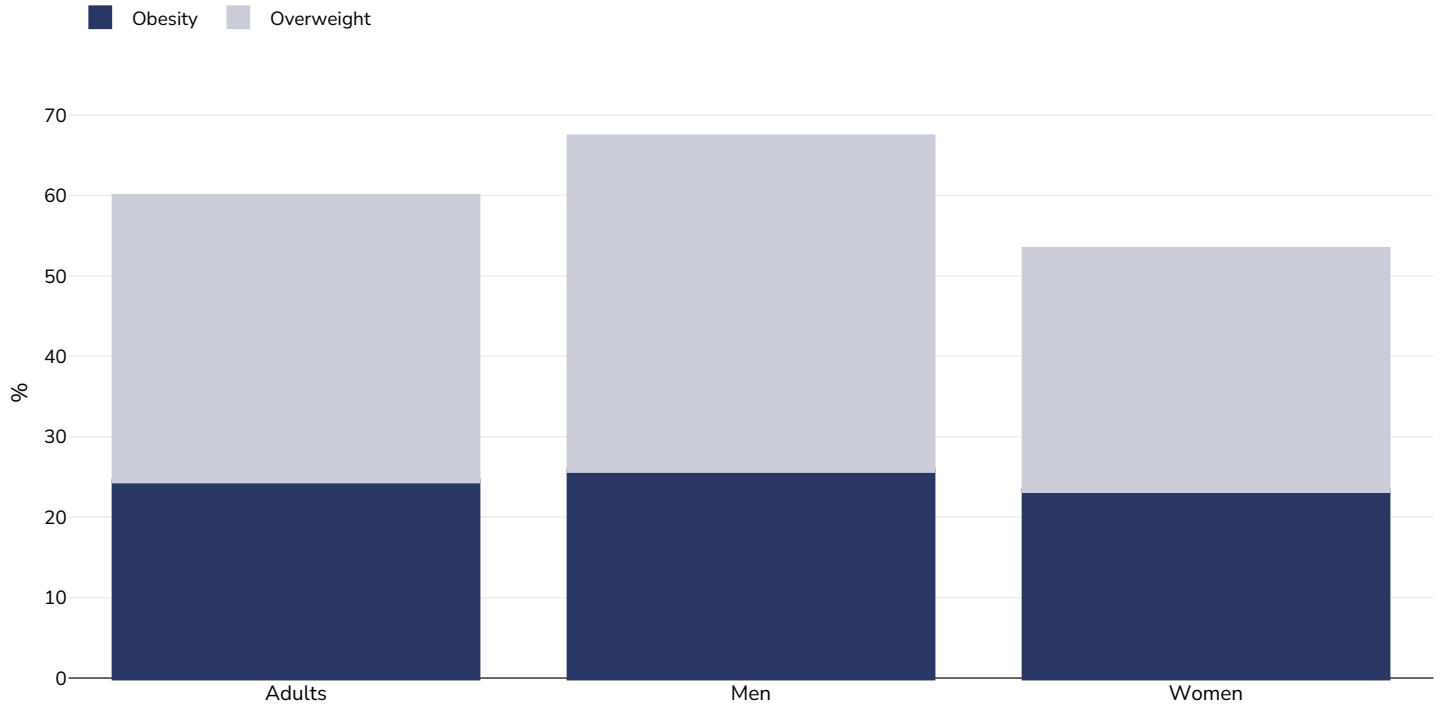
Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2018-2020

■ Obesity   ■ Overweight

Survey type:	Measured
Age:	7
Sample size:	3091
Area covered:	National
References:	Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.
Cutoffs:	WHO 2007

% Adults living with obesity, 2000-2019
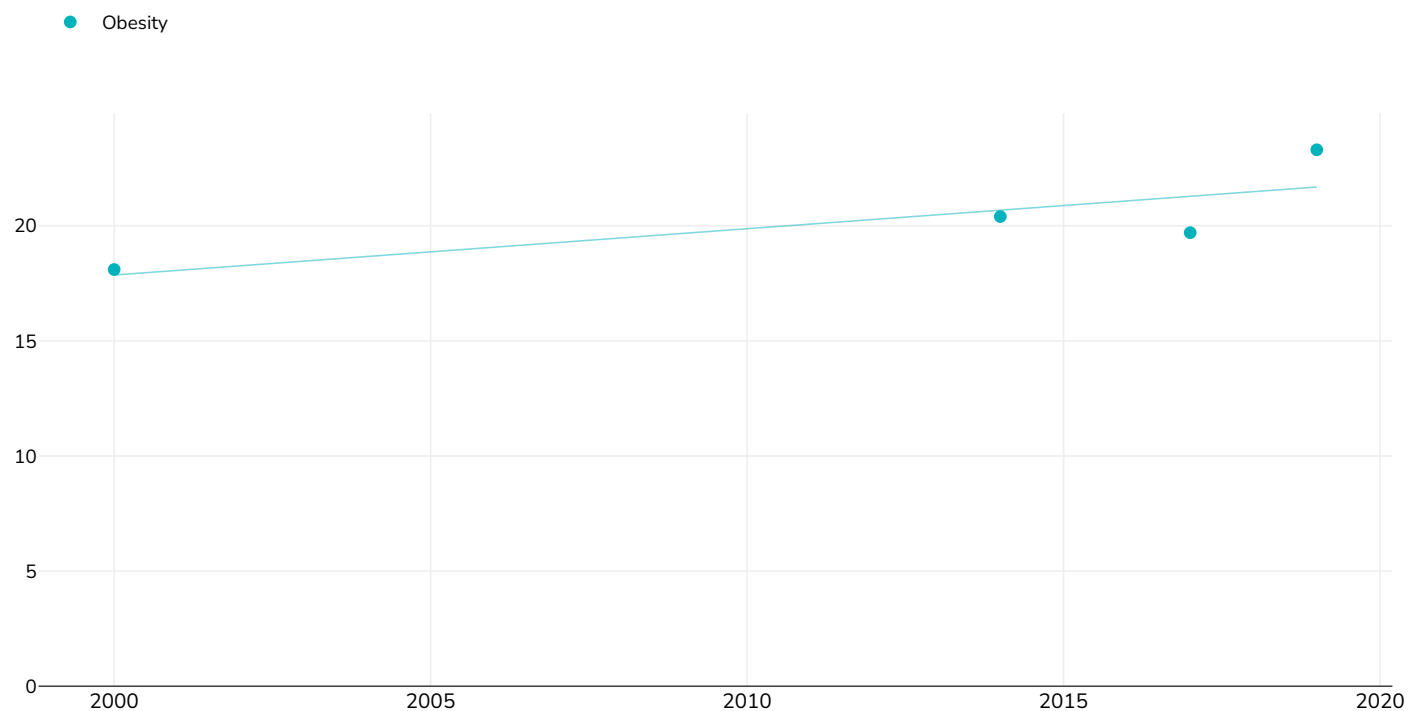
Women

Obesity

Survey type:	Self-reported
References:	For full details of references visit https://data.worldobesity.org/

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Men

● Obesity

Survey type:	Self-reported
References:	For full details of references visit https://data.worldobesity.org/
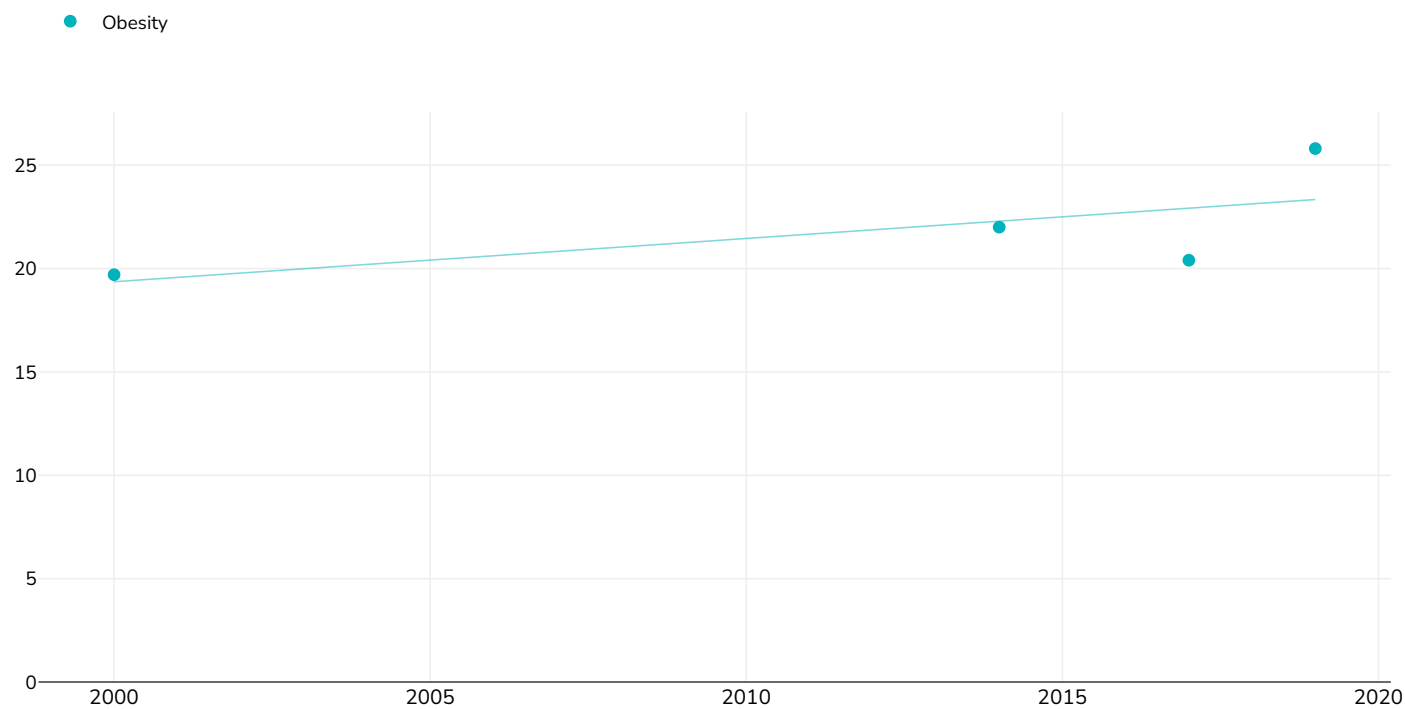
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity, 2000-2019
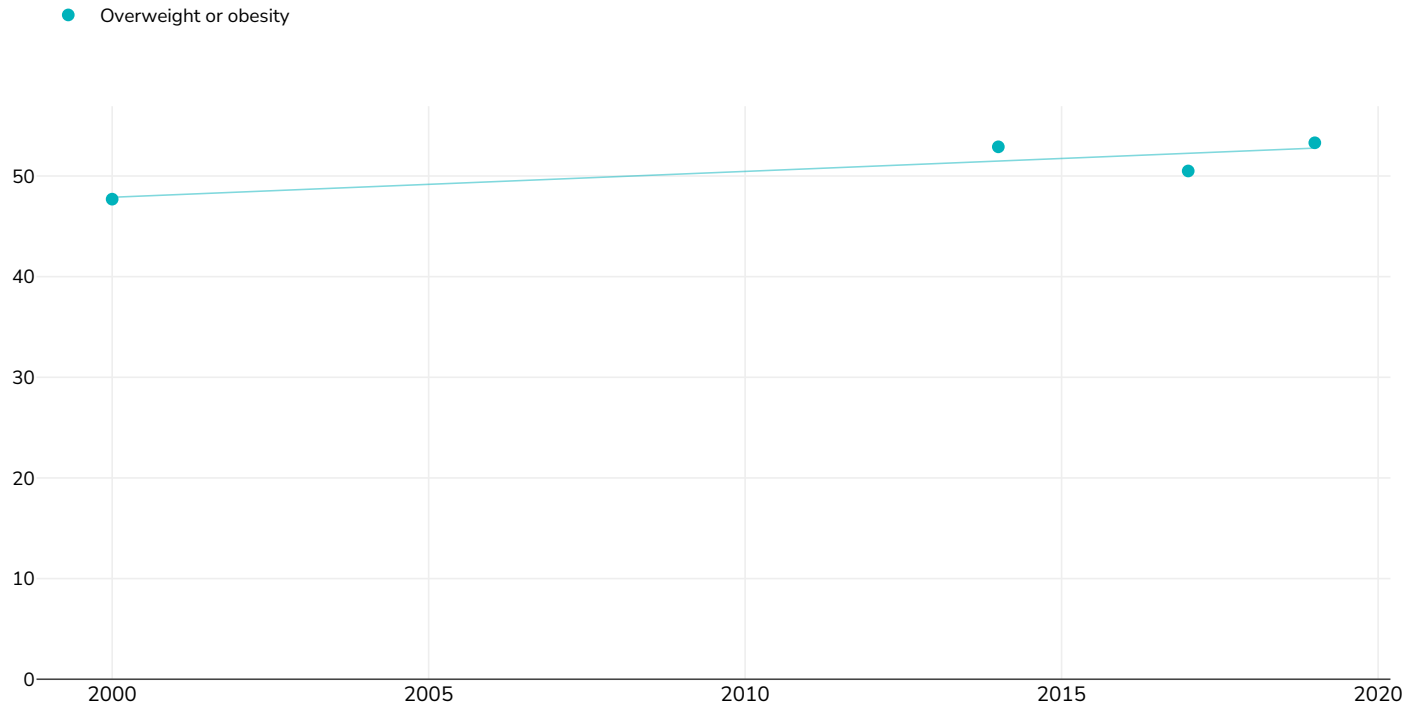
Women

● Overweight or obesity

Survey type:	Self-reported
References:	For full details of references visit https://data.worldobesity.org/

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Men

● Overweight or obesity
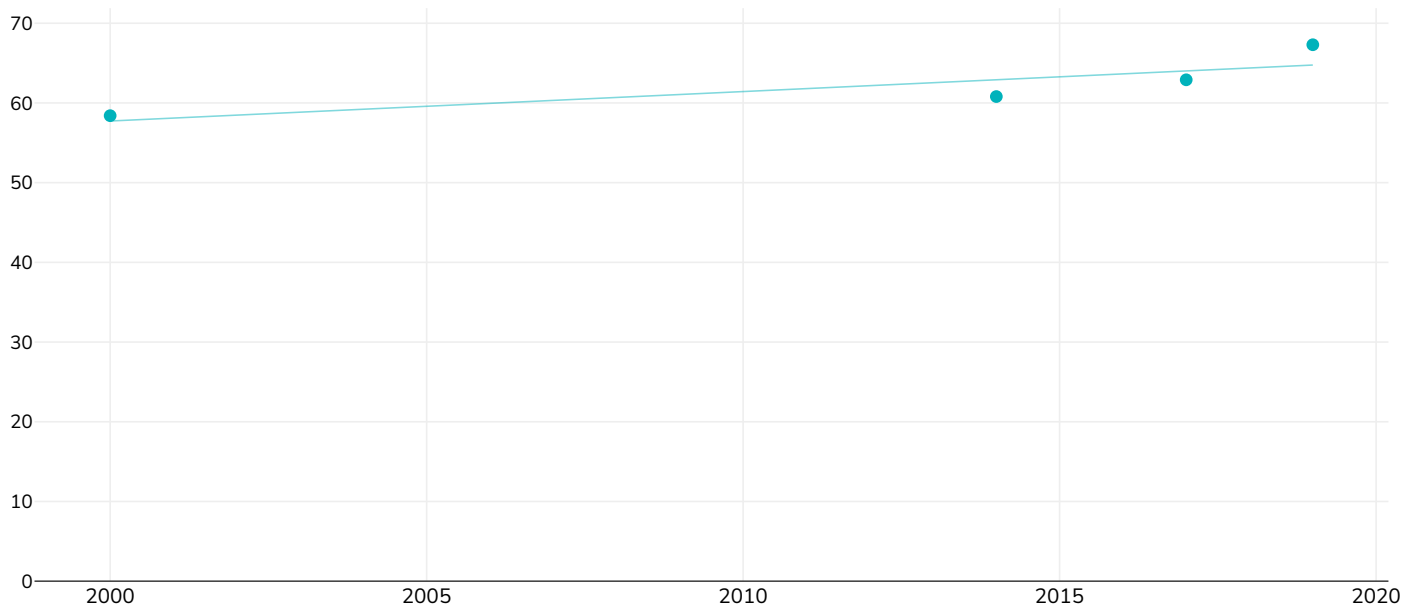
Survey type:	Self-reported
References:	For full details of references visit https://data.worldobesity.org/

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by age and education

Adults, 2019

Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 09.08.21).
Notes:	NB. Some age ranges missing due to insufficient data to display by age & educational status
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2019

Legend: ■ Obesity ▢ Overweight

Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 09.08.21).
Notes:	NB. Some age ranges missing due to insufficient data to display by age & educational status

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2019

■ Obesity　　■ Overweight

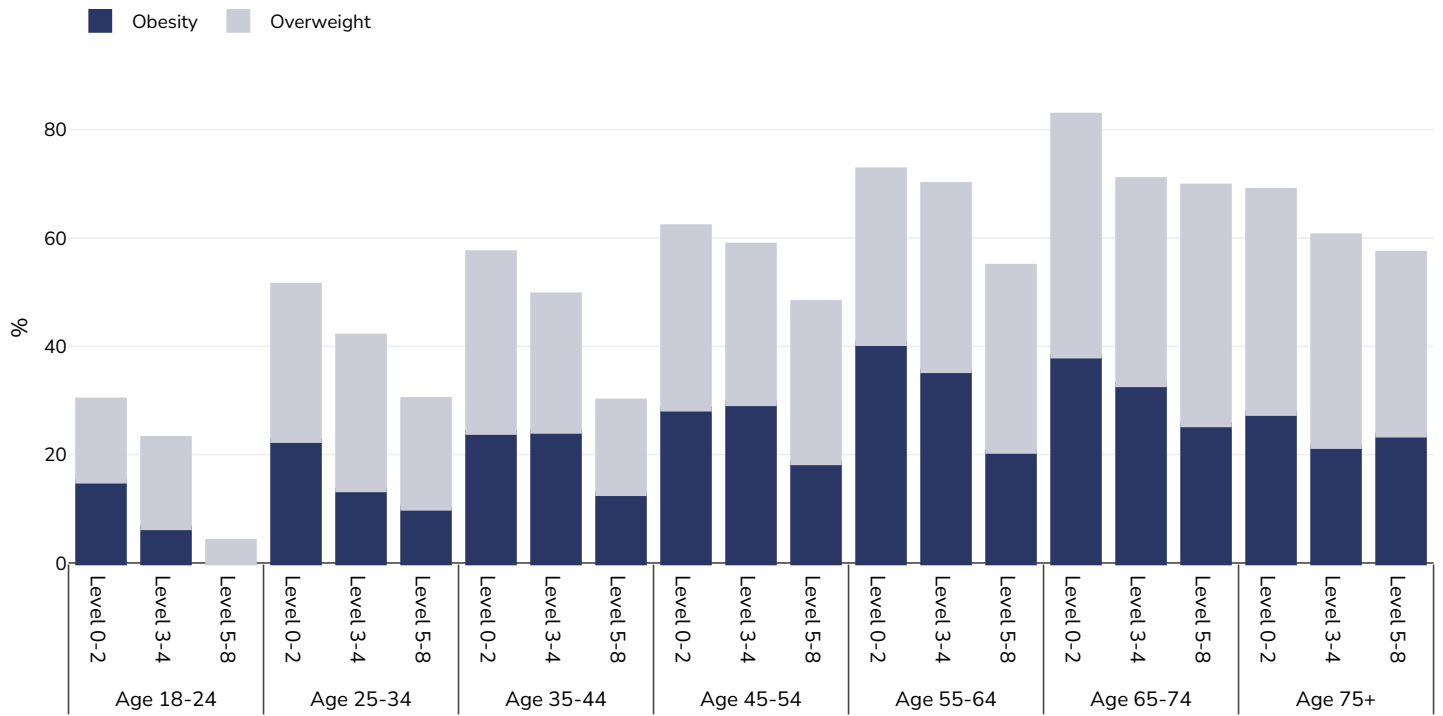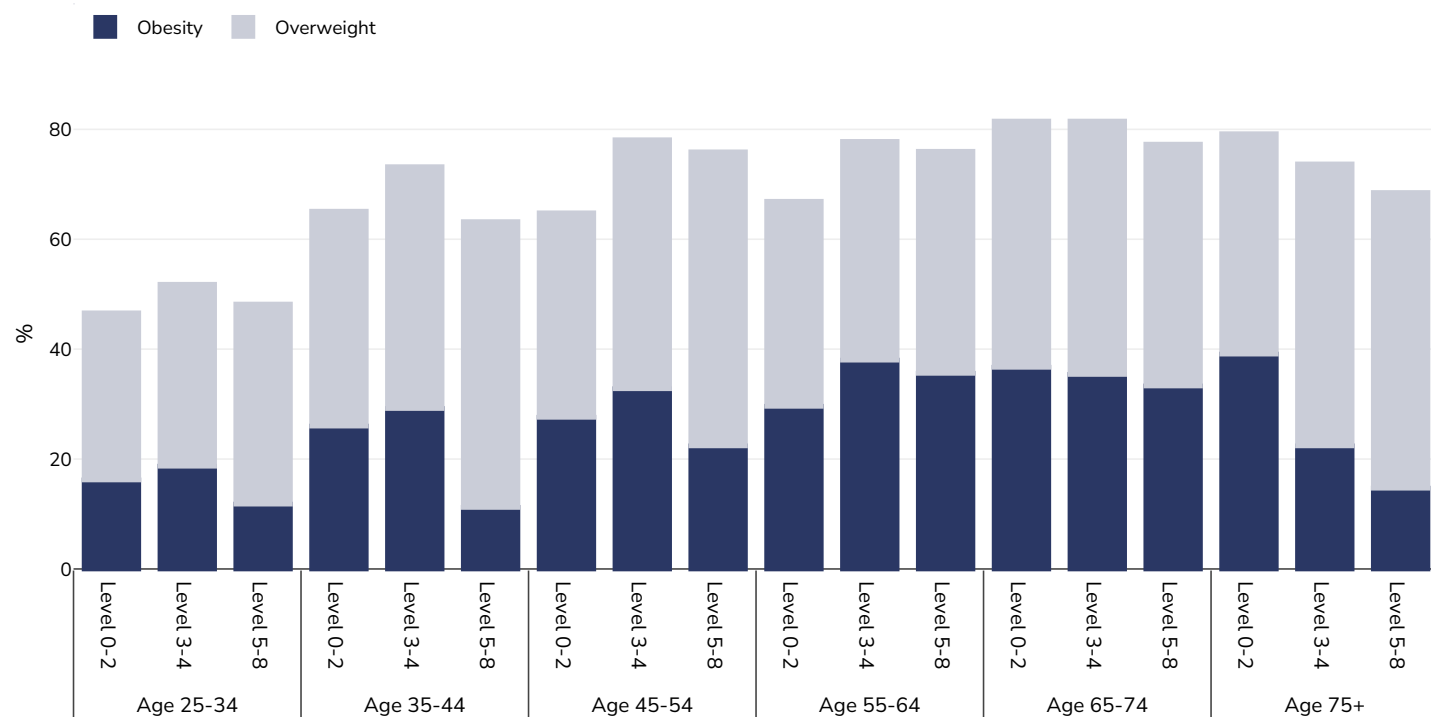| Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 09.08.21).
Notes:	NB. Some age ranges missing due to insufficient data to display by age & educational status

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by education

Adults, 2019

Legend: ■ Obesity　■ Overweight

Survey type:	Self-reported
Age:	15+
Sample size:	12,002
Area covered:	National
References:	Hungarian Central Statistical Office (2021) European Health Interview Survey 2019 results. Data available at: http://www.ksh.hu/stadat_files/ege/en/ege0039.html. Last accessed: 02.06.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2010

Legend: ■ Obesity ■ Overweight

Survey type:	Measured
Age:	10-12
Sample size:	1020
Area covered:	National
References:	Brug J, van Stralen MM, te Velde SJ et al. Differences in Weight Status and Energy-Balance Related Behaviors among Schoolchildren across Europe: The ENERGY-Project. PLoS ONE 2012;7 (4) e34742
Cutoffs:	IOTF

Overweight/obesity by age

Adults, 2019

Legend: ■ Obesity ▨ Overweight

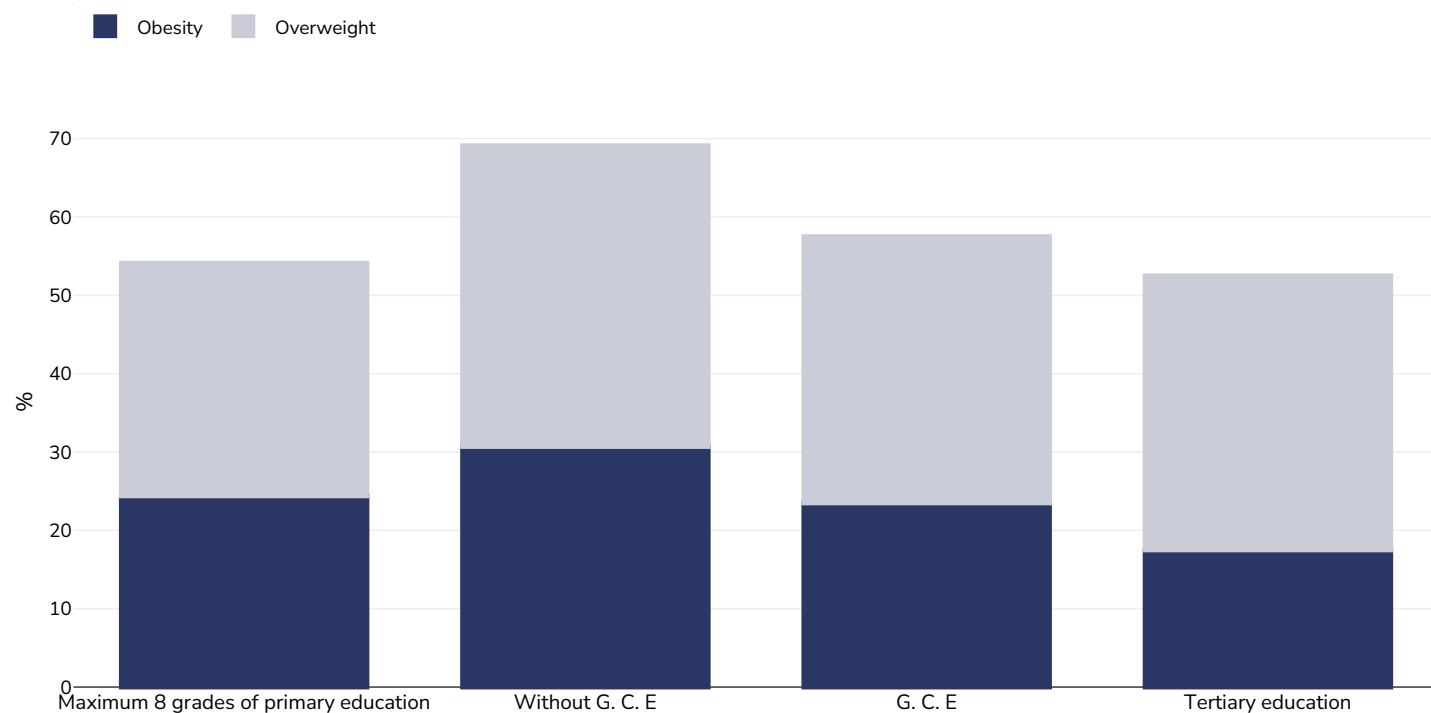| Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2016

Legend: ■ Obesity ■ Overweight

Sample size:	5332
Area covered:	National
References:	Erdei et al. Substantial variation across geographicregions in the obesity prevalence among 6–8 years old Hungarian children (COSIHungary 2016) BMC Public Health (2018) 18:611 https://doi.org/10.1186/s12889-018-5530-6
Notes:	IOTF International Cut Off Points
Cutoffs:	IOTF

Overweight/obesity by region

Adults, 2019

■ Obesity   ■ Overweight

Survey type:	Self-reported
Age:	15+
Sample size:	12,002
Area covered:	National
References:	Hungarian Central Statistical Office (2021) European Health Interview Survey 2019 results. Data available at: http://www.ksh.hu/stadat_files/ege/en/ege0039.html. Last accessed: 02.06.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
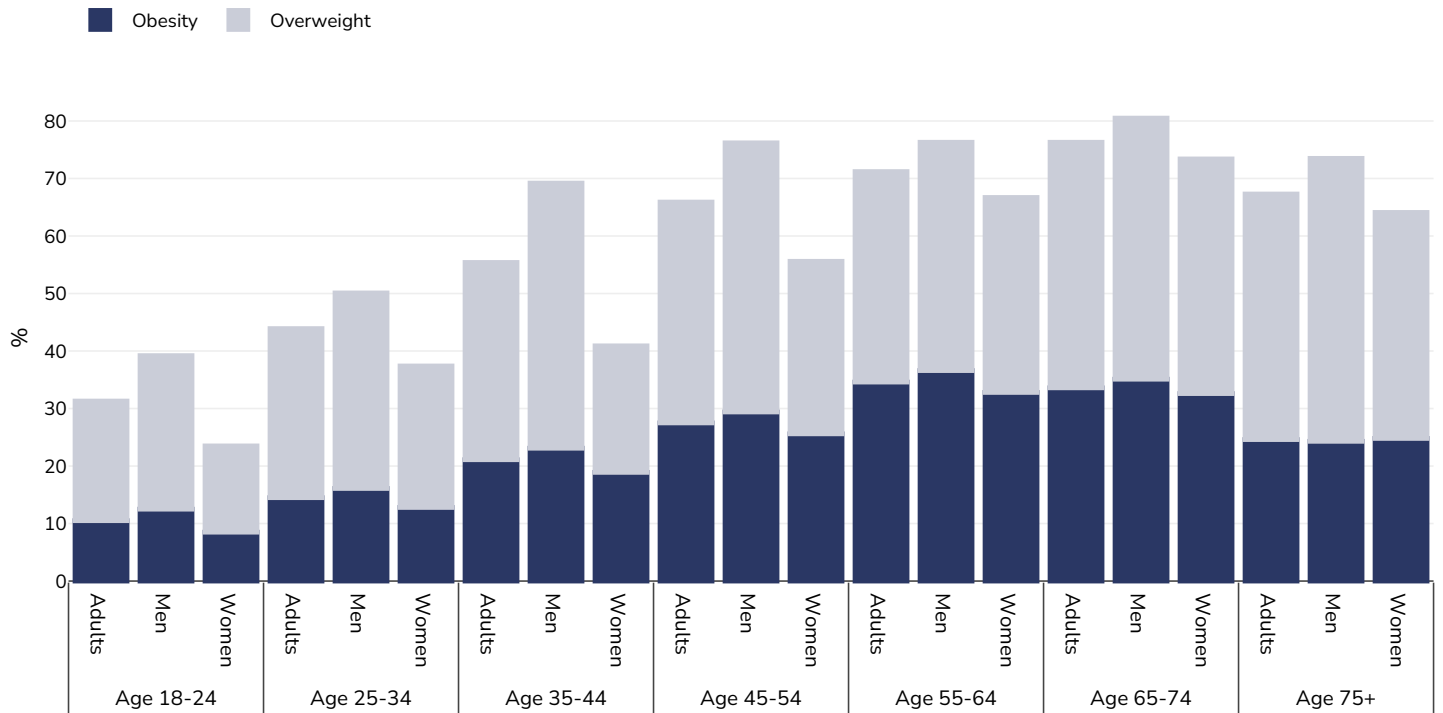
Children, 2016

Legend: ■ Obesity ■ Overweight

Age:	7-9
Sample size:	5332
Area covered:	National
References:	Erdei et al. Substantial variation across geographicregions in the obesity prevalence among 6–8 years old Hungarian children (COSIHungary 2016) BMC Public Health (2018) 18:611 https://doi.org/10.1186/s12889-018-5530-6
Notes:	IOTF International Cut Off Points
Cutoffs:	IOTF

Overweight/obesity by age and region

Men, 2014
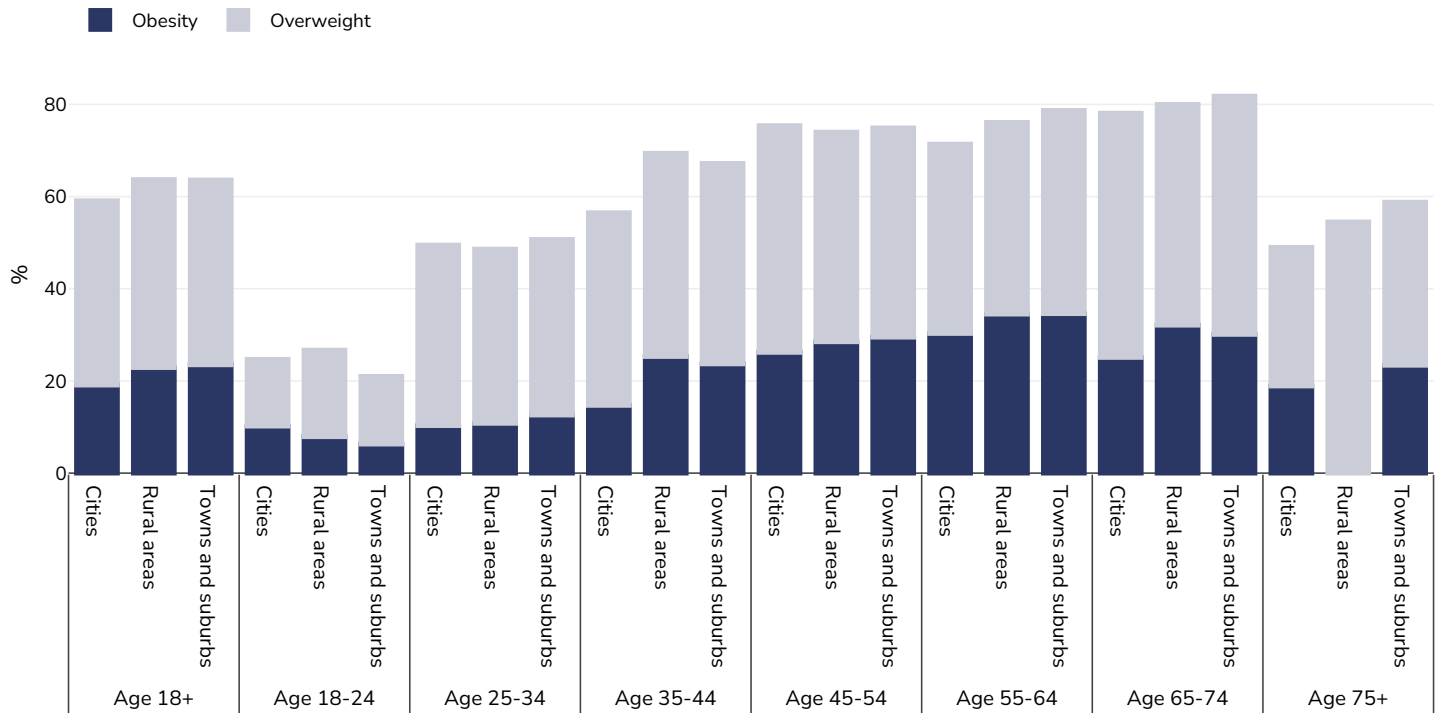
Legend: ■ Obesity ▪ Overweight

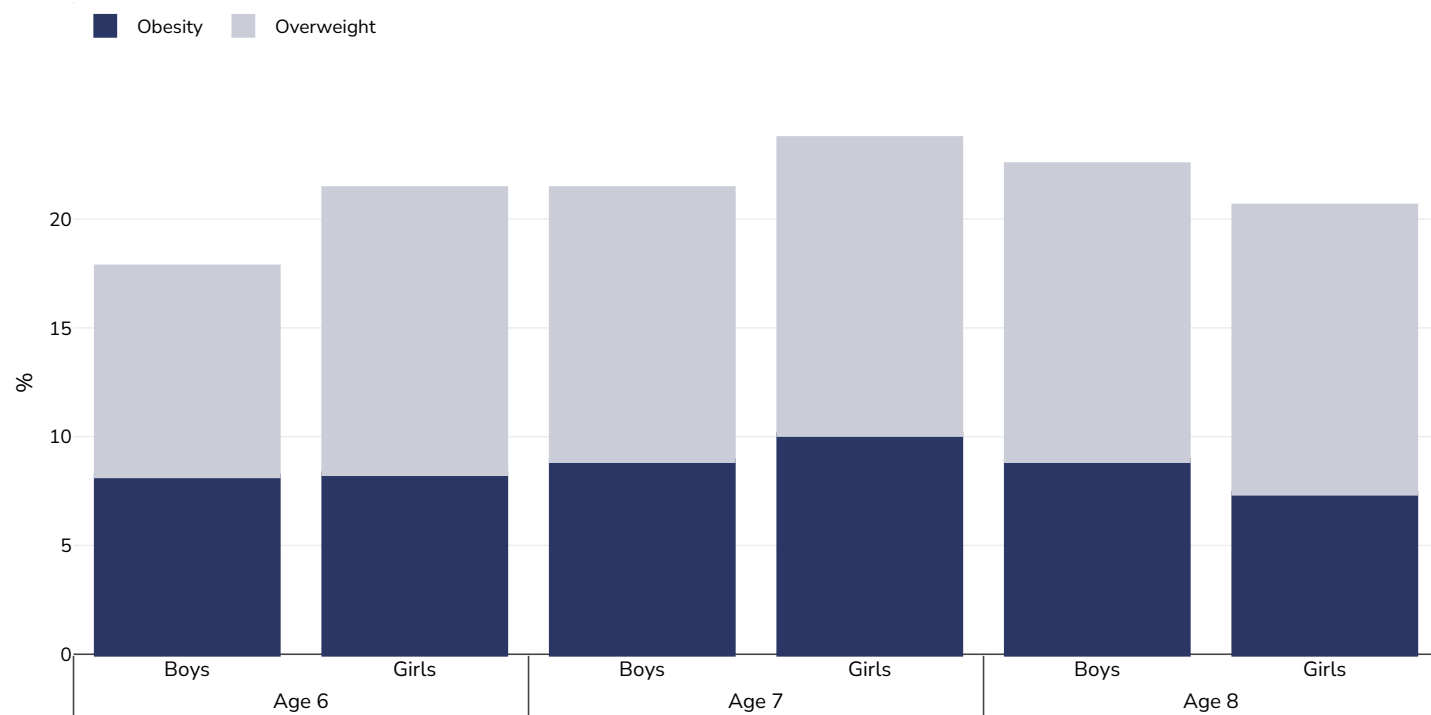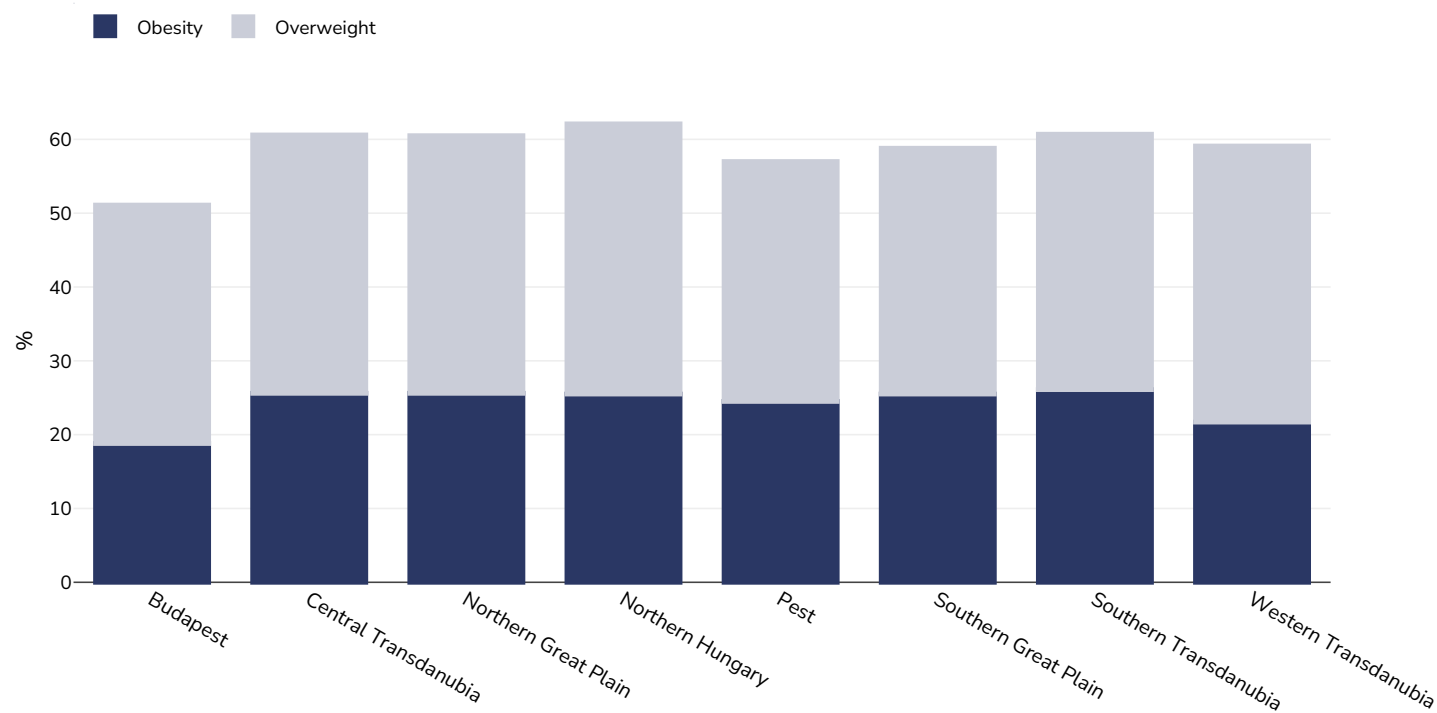| Survey type:	Self-reported
Area covered:	National
References:	2014 Eurostat Database:http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2014

Survey type:	Self-reported
Area covered:	National
References:	2014 Eurostat Database:http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by age and socio-economic group

Adults, 2019

Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).
Notes:	NB. Some age ranges missing due to insufficient data to display by age & income quintile

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2019

Legend: ■ Obesity ■ Overweight

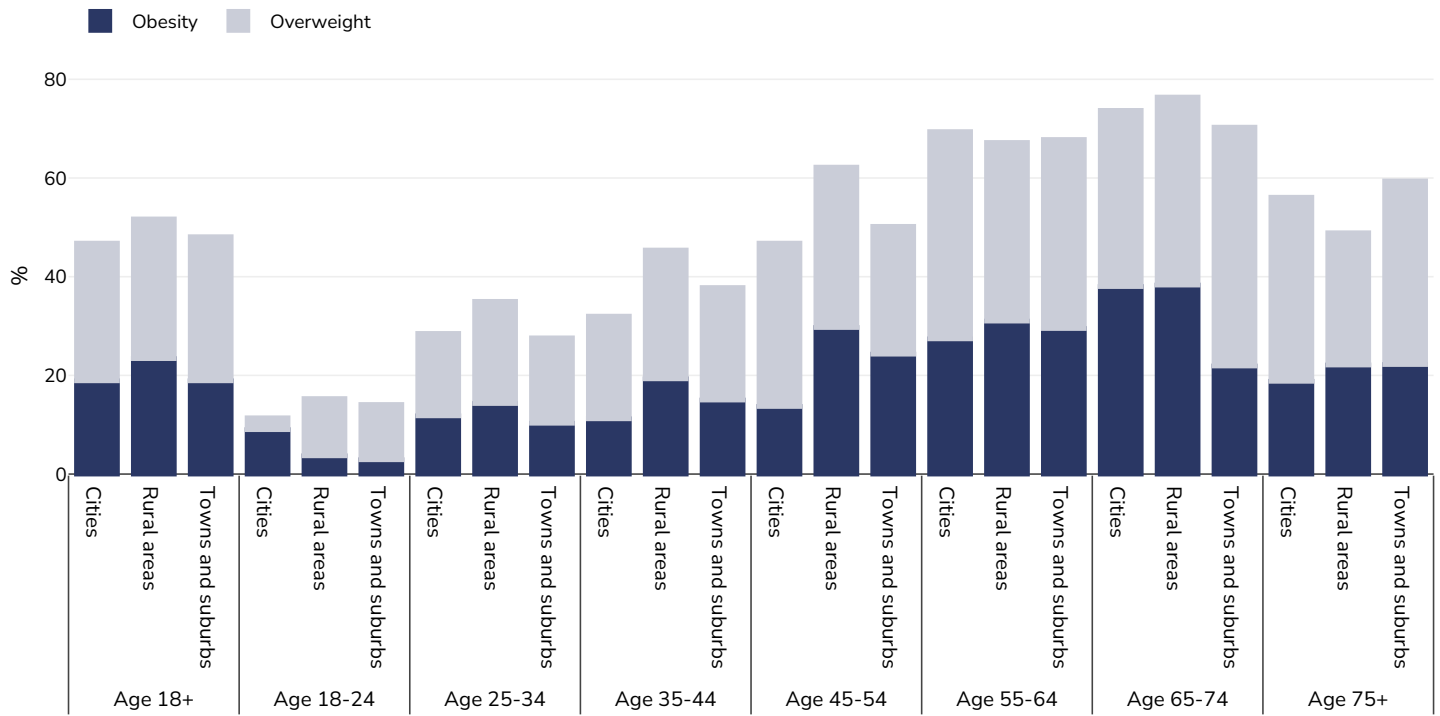| Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).
Notes:	NB. Some age ranges missing due to insufficient data to display by age & income quintile

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2019

Legend: Obesity, Overweight

Y-axis: % (0 to 80)

Groups by age: Age 18-24, Age 25-34, Age 35-44, Age 45-54, Age 55-64, Age 65-74

Each group subdivided: 1st income quintile, 2nd income quintile, 3rd income quintile, 4th income quintile, 5th income quintile

Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).
Notes:	NB. Some age ranges missing due to insufficient data to display by age & income quintile

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by socio-economic group

Men, 2014

Legend: ■ Obesity ■ Overweight

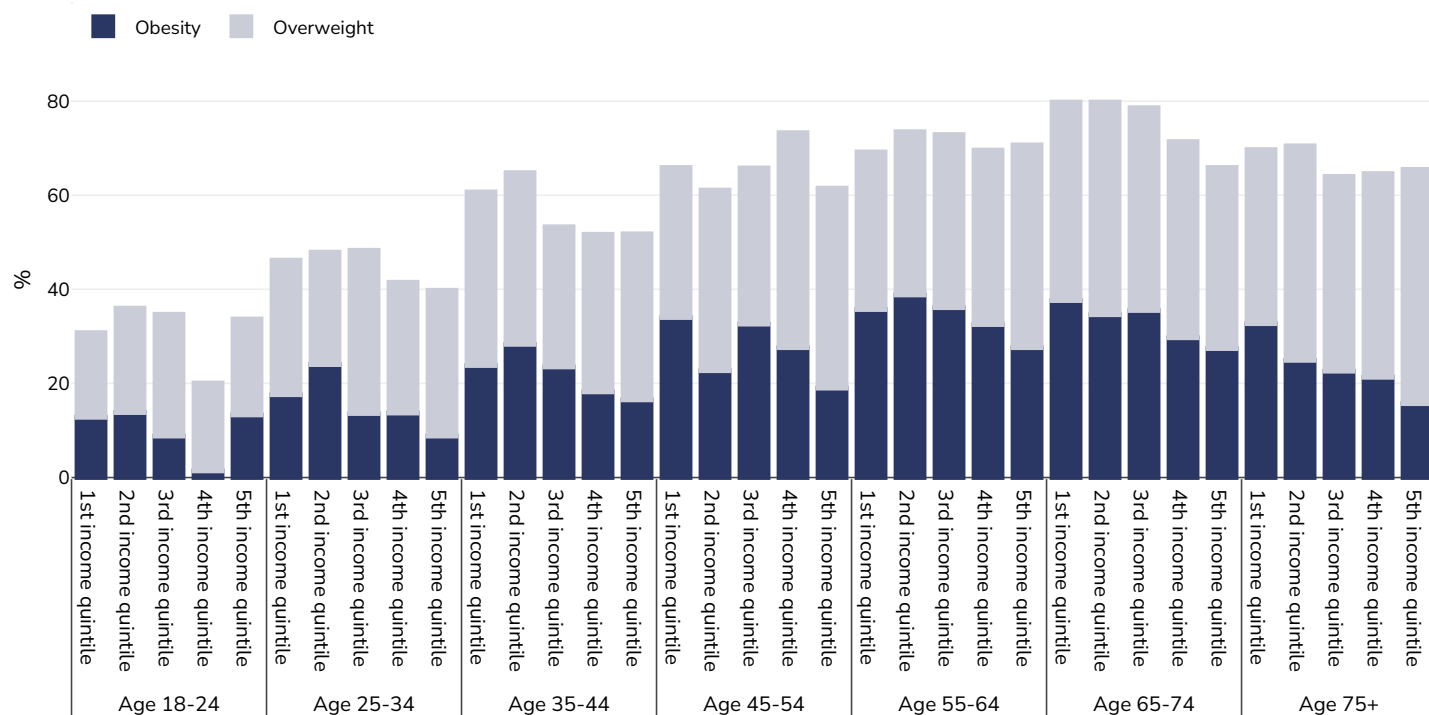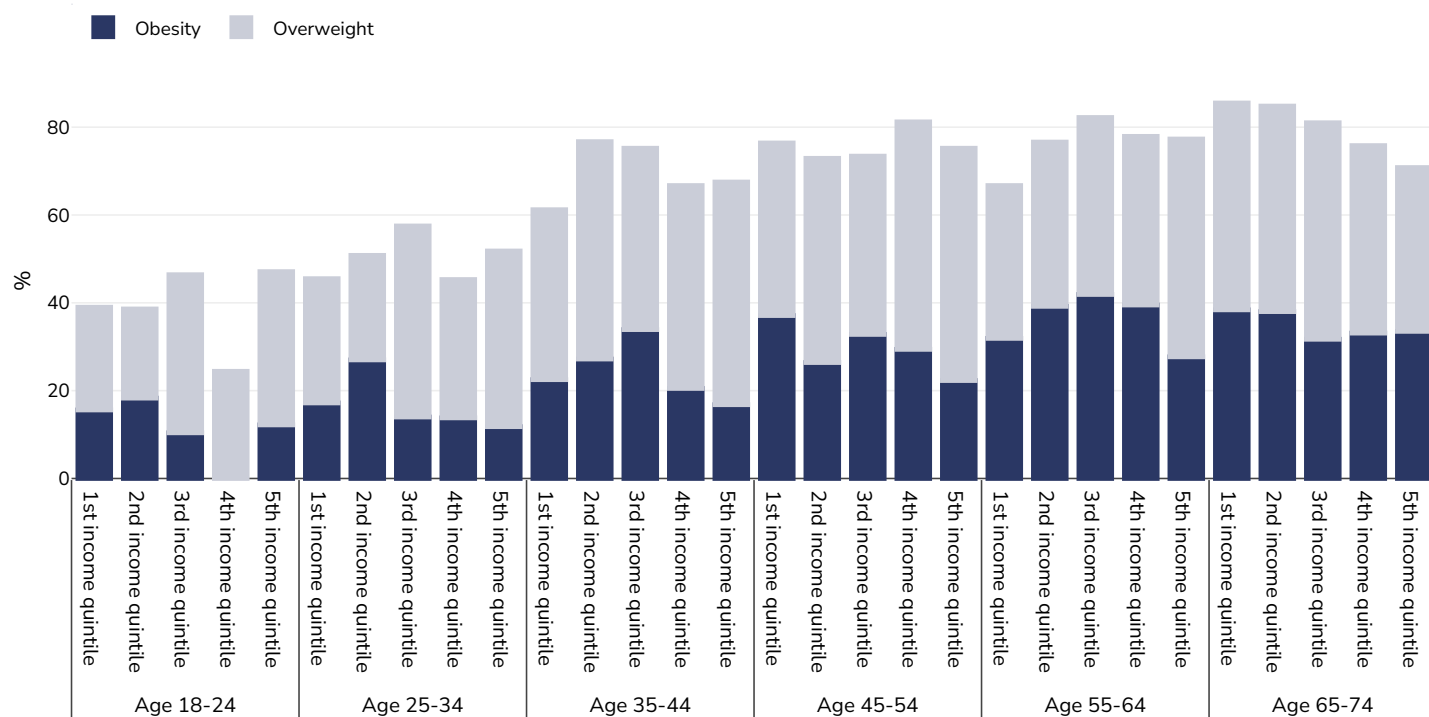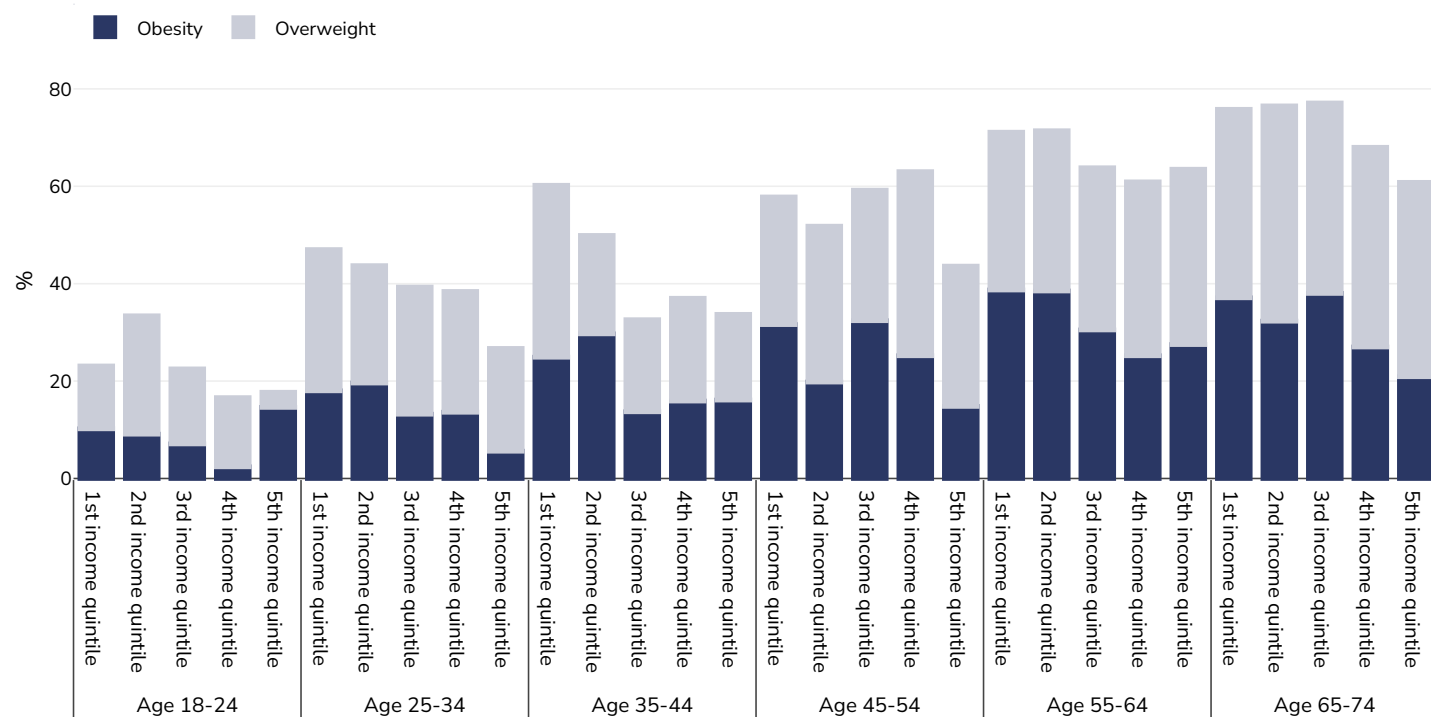| Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	2014 Eurostat Database:http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)
Notes:	1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient data.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2014

Legend: ■ Obesity ■ Overweight

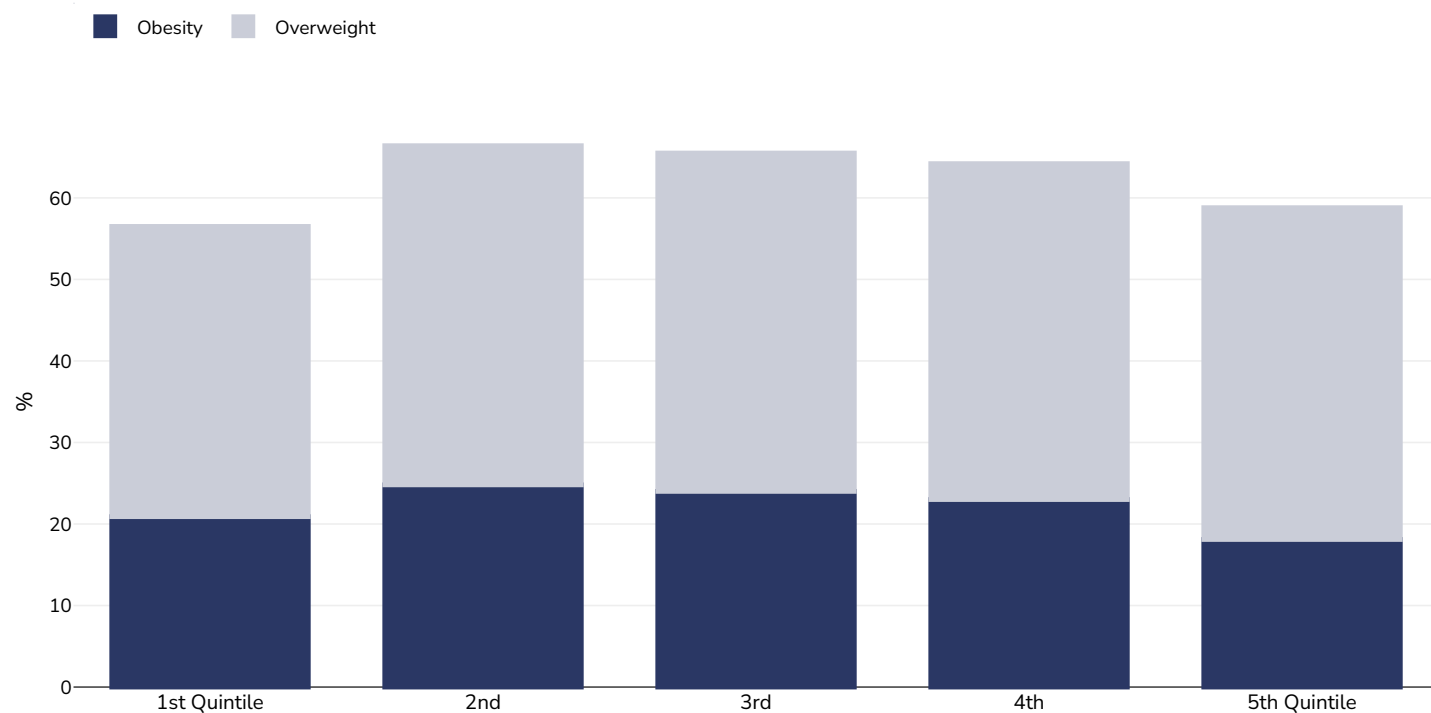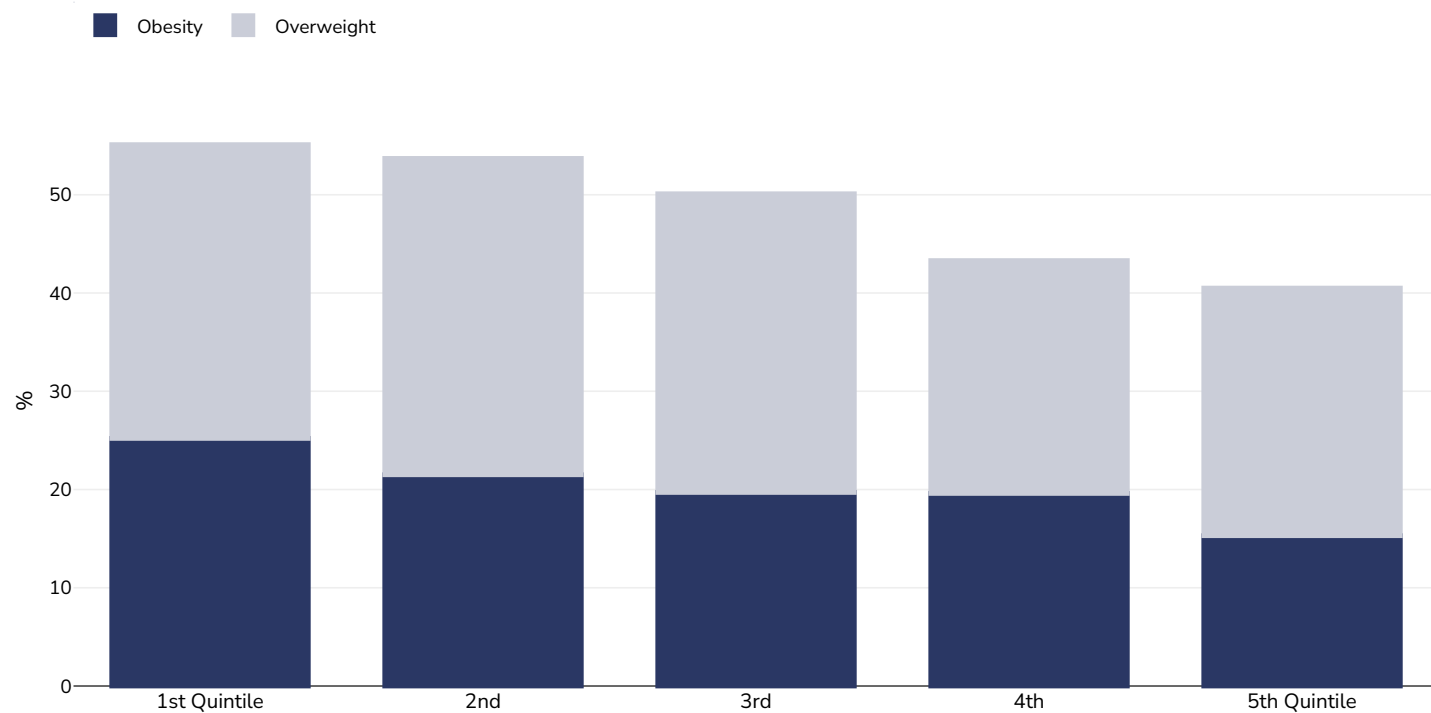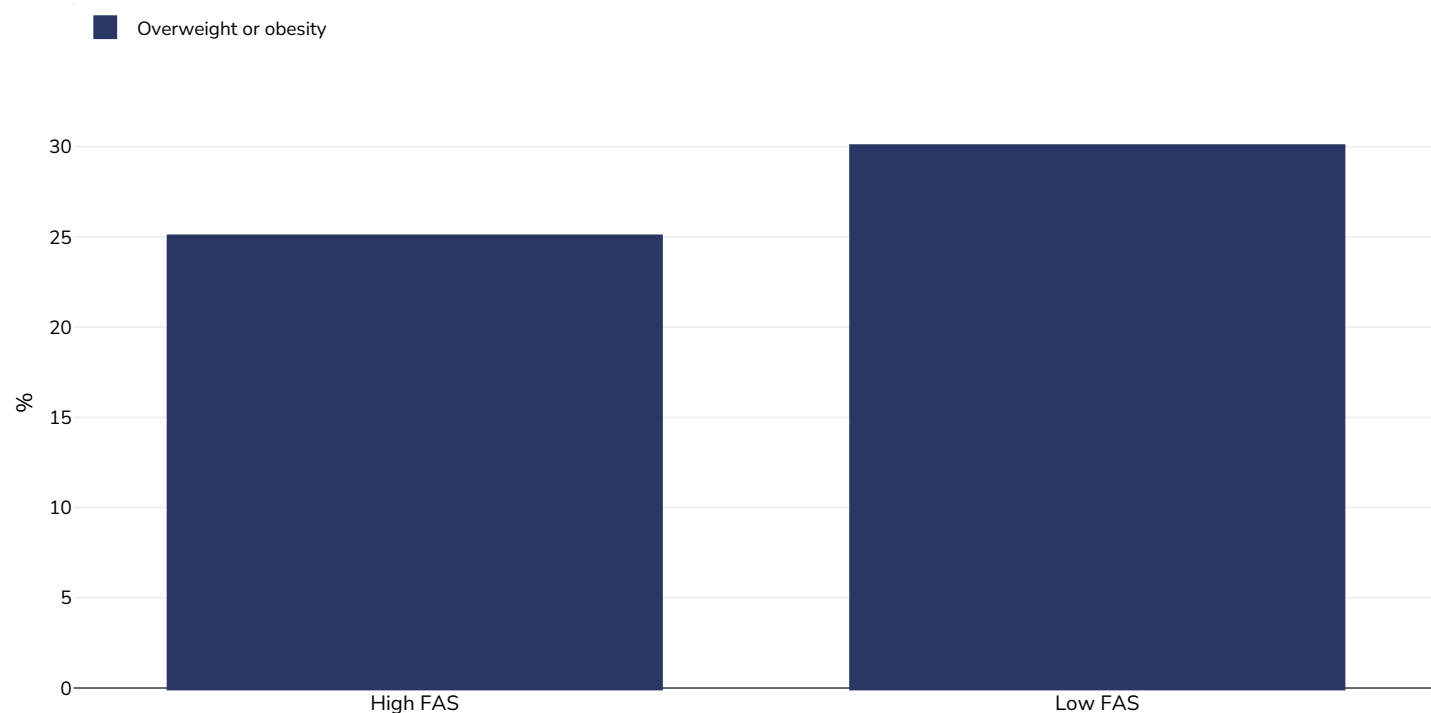| Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	2014 Eurostat Database:http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)
Notes:	1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient data.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Boys, 2017-2018

■ Overweight or obesity

Survey type:	Self-reported
Age:	11-15
Sample size:	3772
Area covered:	National
References:	World Health Organization (2020). Spotlight on adolescent health and well-being - Findings from the 2017/2018 Health Behaviour in School-aged Children (HBSC) survey in Europe and Canada. Available at: https://apps.who.int/iris/bitstream/handle/10665/332091/9789289055000-eng.pdf. Last accessed: 20.05.21.
Notes:	HBSC Family Affluence Scale (FAS) - "HBSC uses an alternative measure, the Family Affluence Scale, which asks young people about material assets such as family cars, number of foreign holidays, computers, bathrooms and dishwashers in the household, holidays and having a bedroom to oneself. The scale, which enables users to add up how many of these assets a young person has in their home compared with other adolescents in their country/region, has been shown to provide a valid indicator of relative affluence."
Definitions:	HBSC Family Affluence Scale (FAS)
Cutoffs:	WHO

Girls, 2017-2018

■ Overweight or obesity

Survey type:	Self-reported
Age:	11-15
Sample size:	3772
Area covered:	National
References:	World Health Organization (2020). Spotlight on adolescent health and well-being - Findings from the 2017/2018 Health Behaviour in School-aged Children (HBSC) survey in Europe and Canada. Available at: https://apps.who.int/iris/bitstream/handle/10665/332091/9789289055000-eng.pdf. Last accessed: 20.05.21.
Notes:	HBSC Family Affluence Scale (FAS) - "HBSC uses an alternative measure, the Family Affluence Scale, which asks young people about material assets such as family cars, number of foreign holidays, computers, bathrooms and dishwashers in the household, holidays and having a bedroom to oneself. The scale, which enables users to add up how many of these assets a young person has in their home compared with other adolescents in their country/region, has been shown to provide a valid indicator of relative affluence."
Definitions:	HBSC Family Affluence Scale (FAS)
Cutoffs:	WHO

Overweight/obesity by age and limited activity

Adults, 2014

Legend: Obesity, Overweight

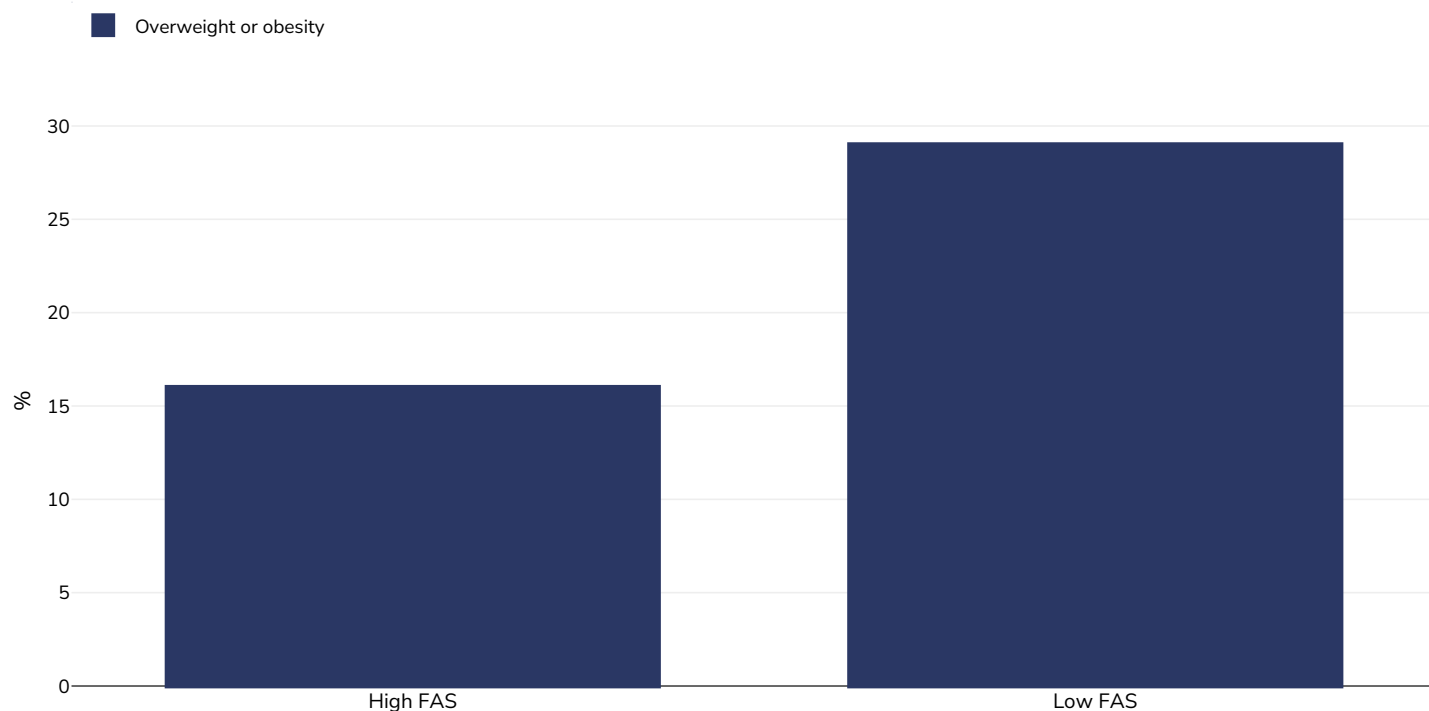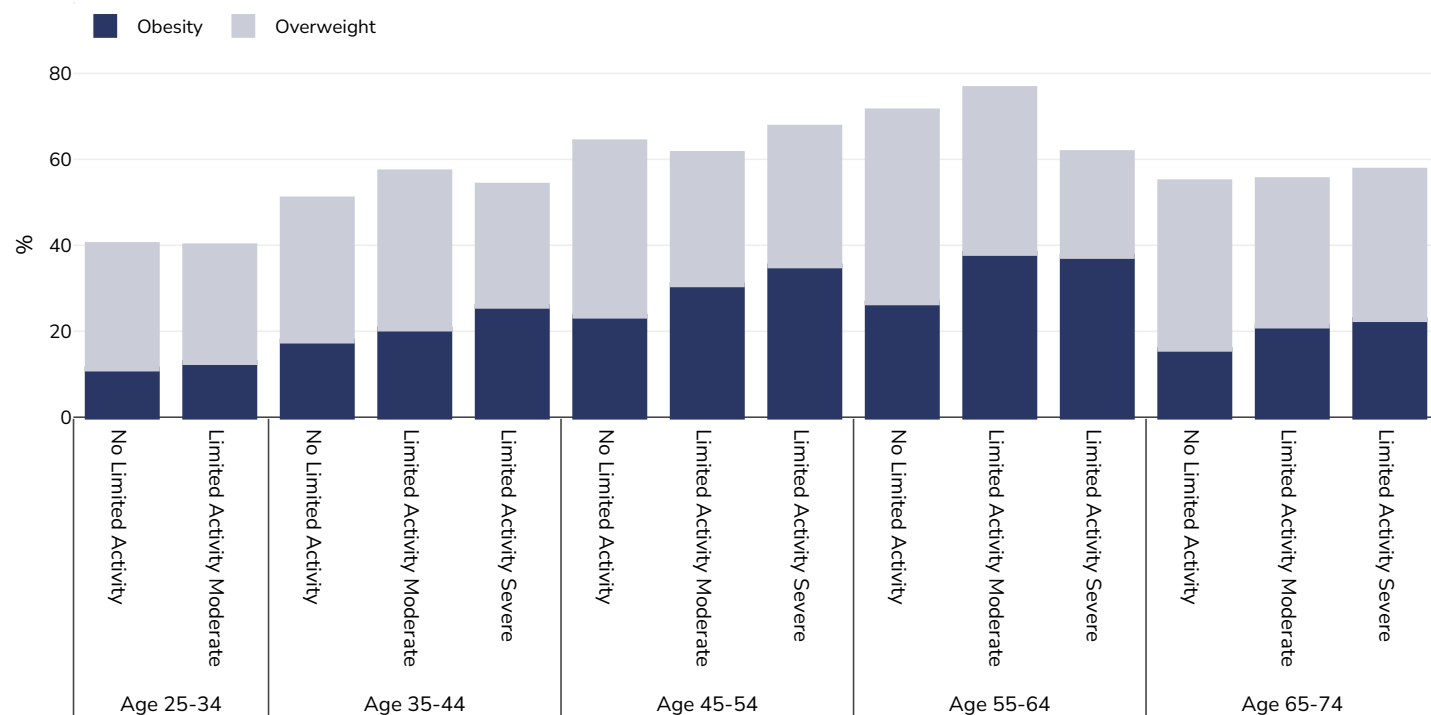| Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Men, 2014

Legend: Obesity, Overweight

Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2014

Legend: ■ Obesity □ Overweight

Survey type:	Self-reported
Area covered:	National
References:	Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
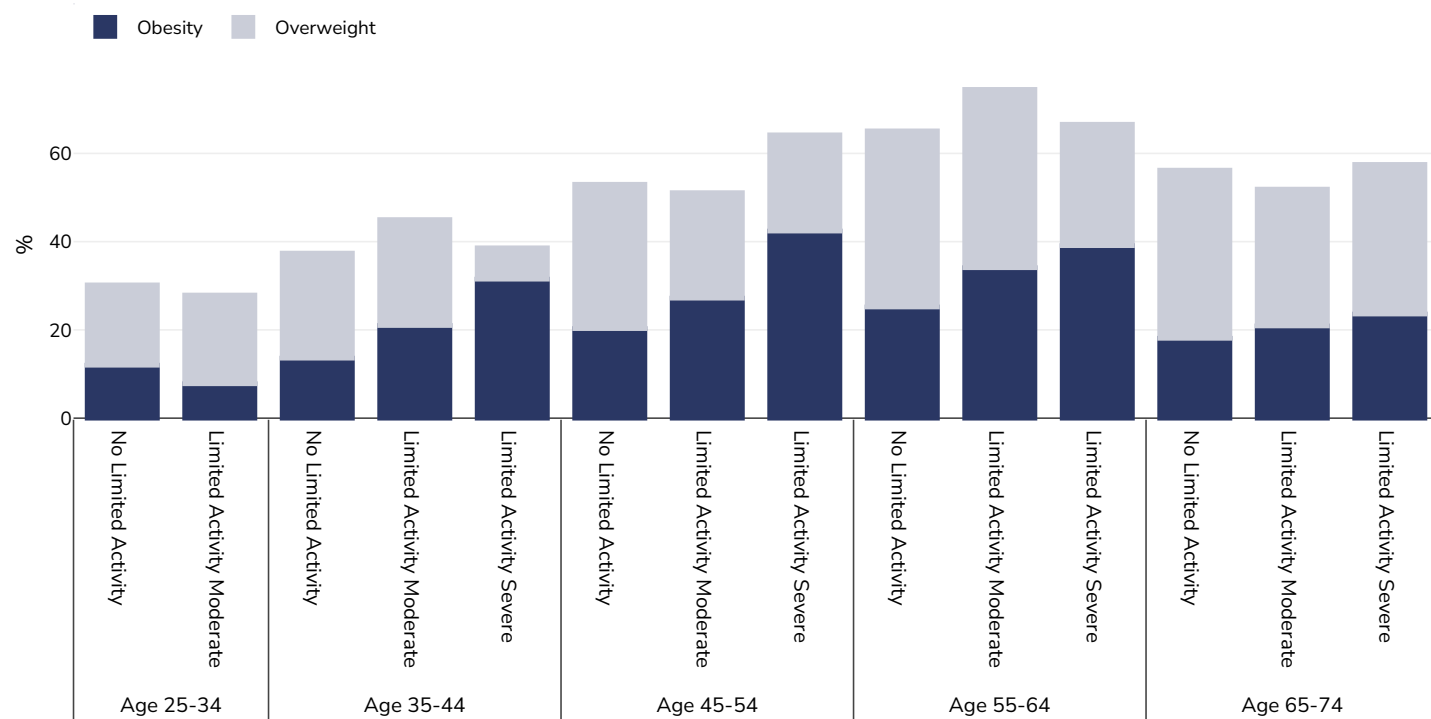
Insufficient physical activity

Adults, 2016
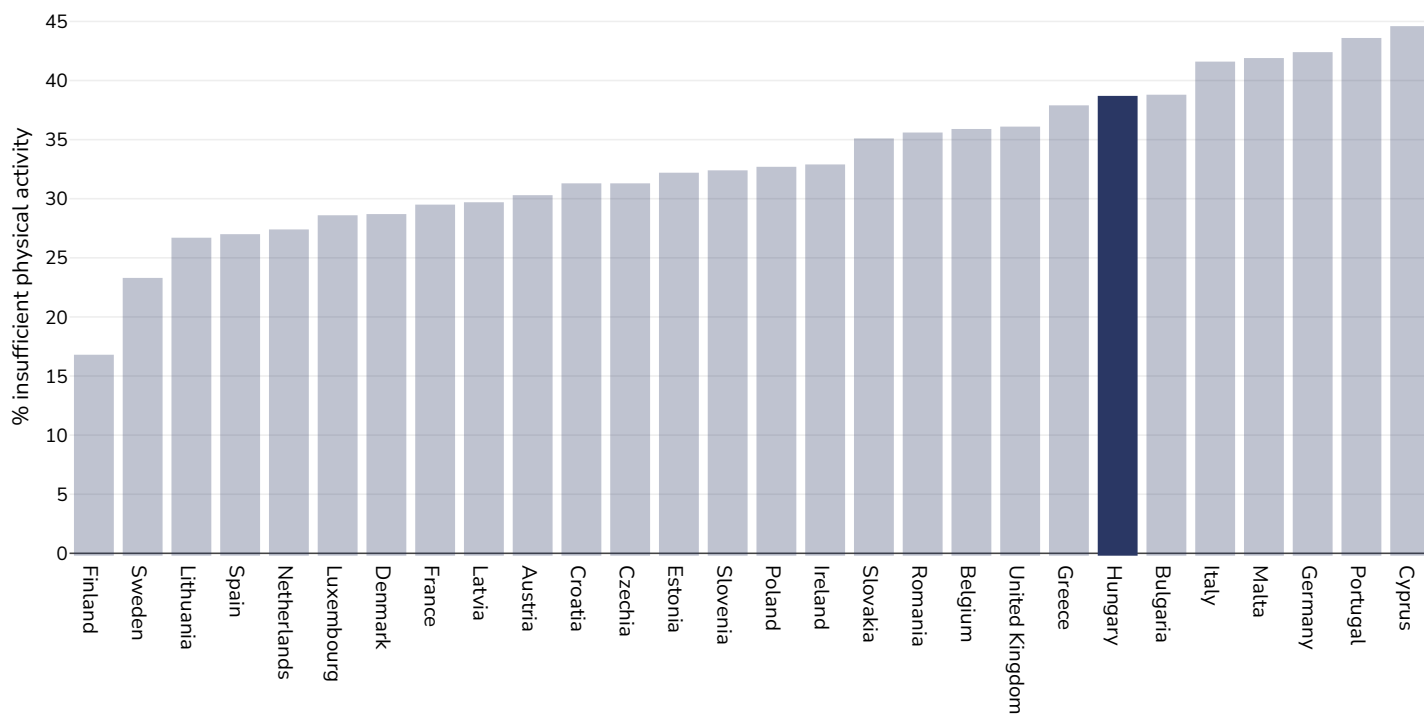
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X (18)30357-7

Men, 2016

References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X (18)30357-7

Women, 2016

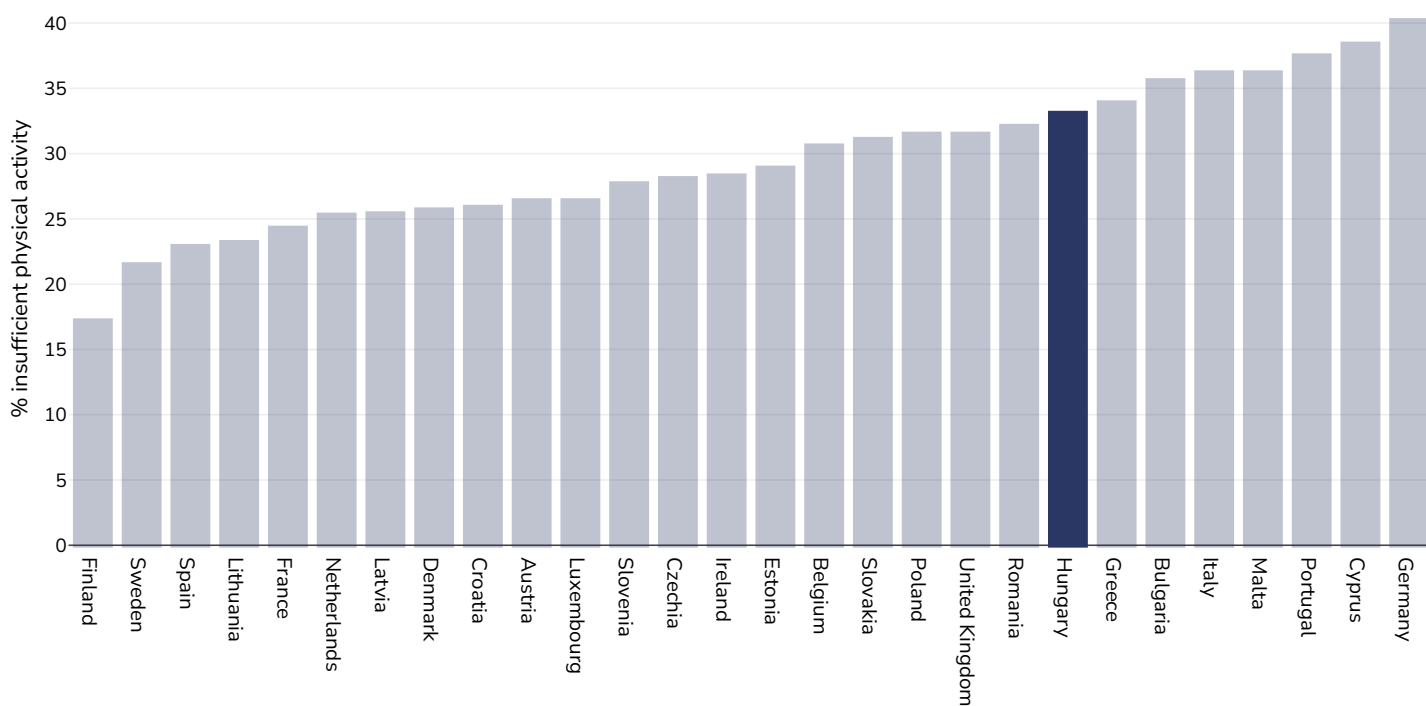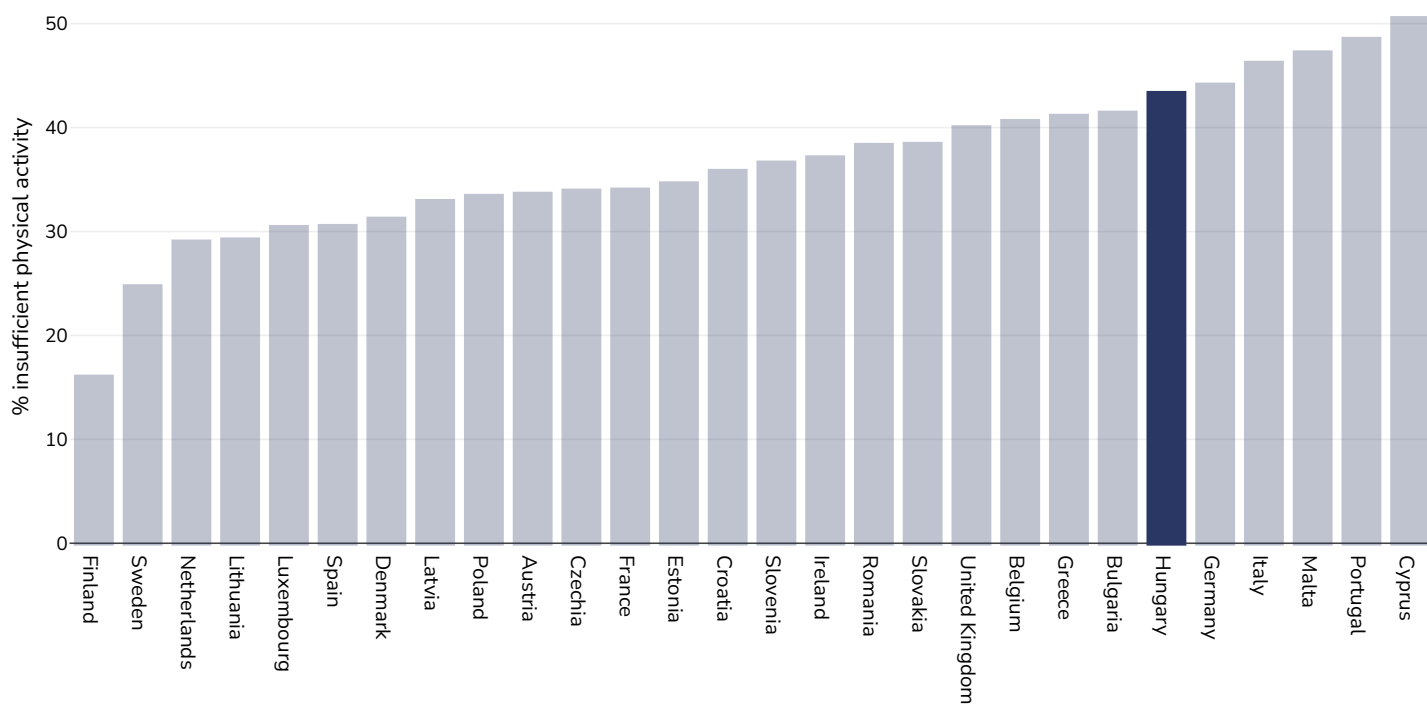References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X (18)30357-7

Children, 2016
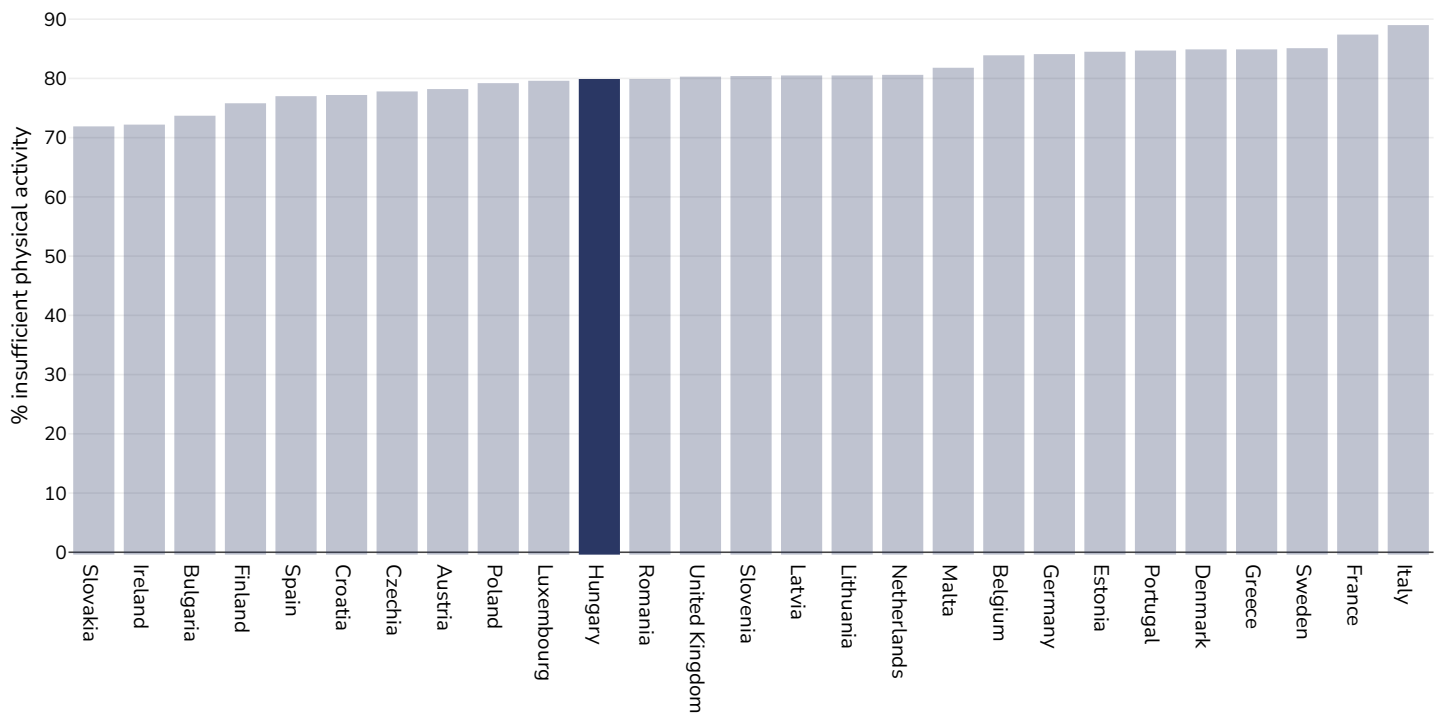
Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Boys, 2016

Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Girls, 2016

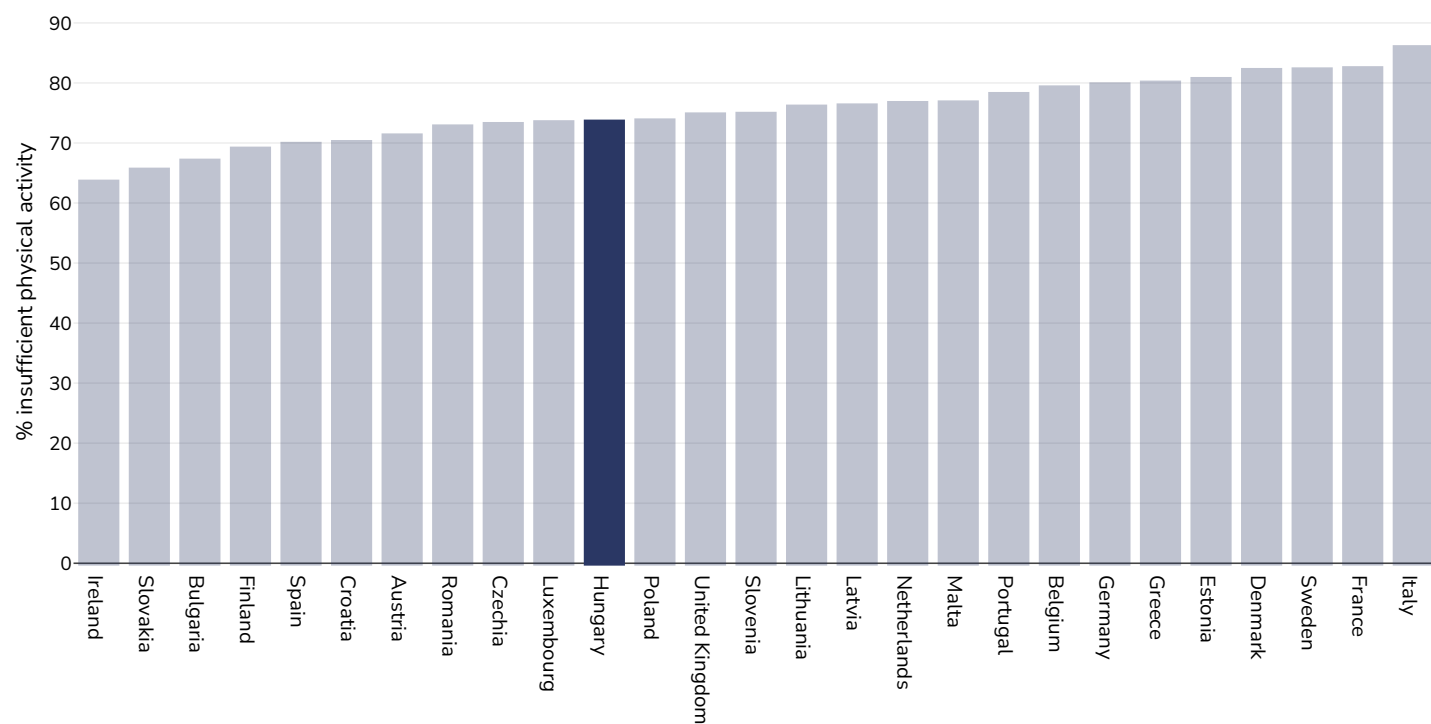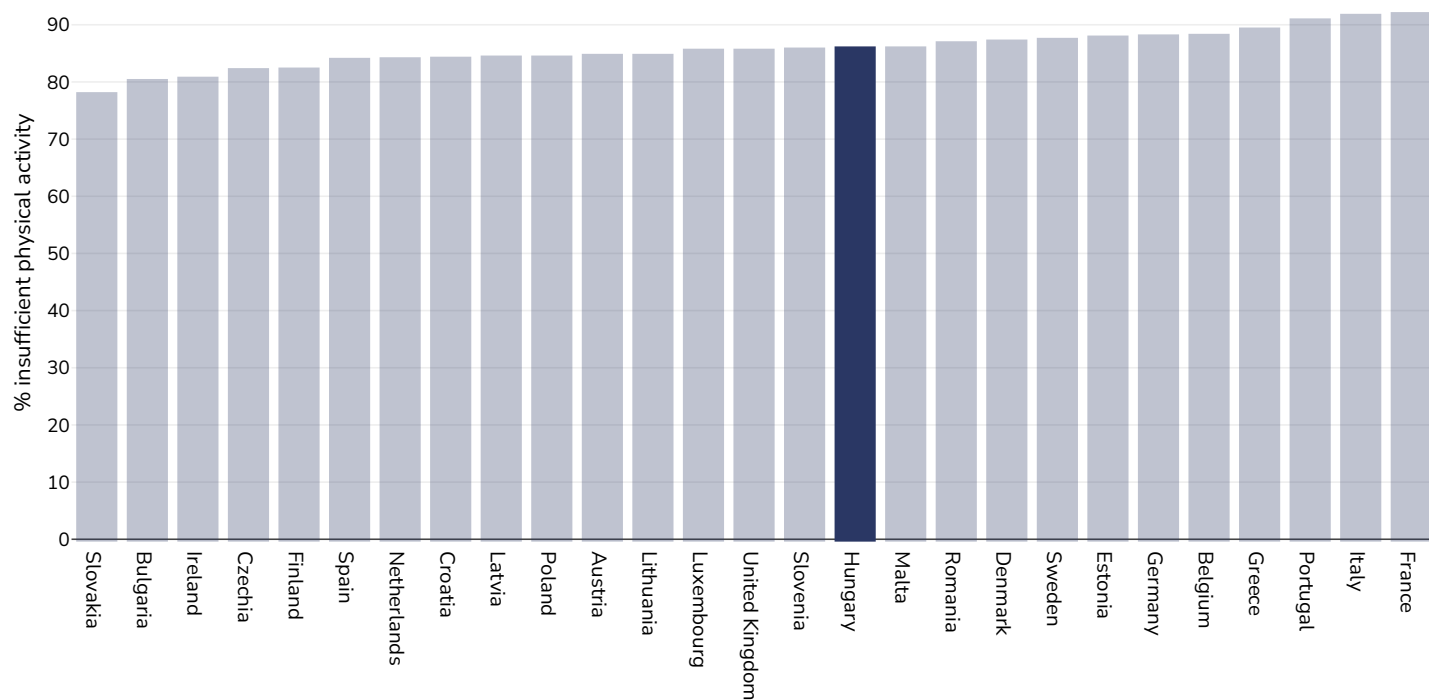| Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Sugar consumption

Adults, 2016
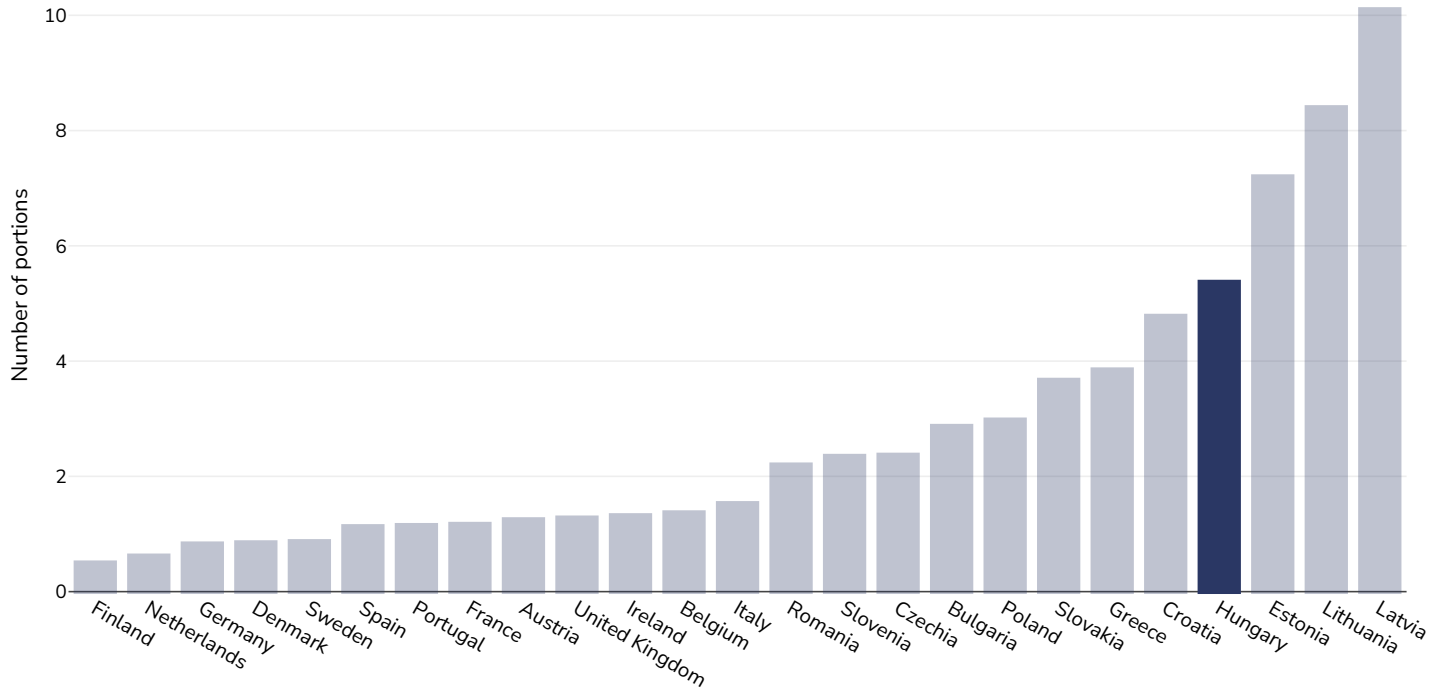
References:

Source: Euromonitor International

Definitions:

Sugar consumption (Number of 500g sugar portions/person/month)

Estimated per capita sugar sweetened beverages intake

Adults, 2016
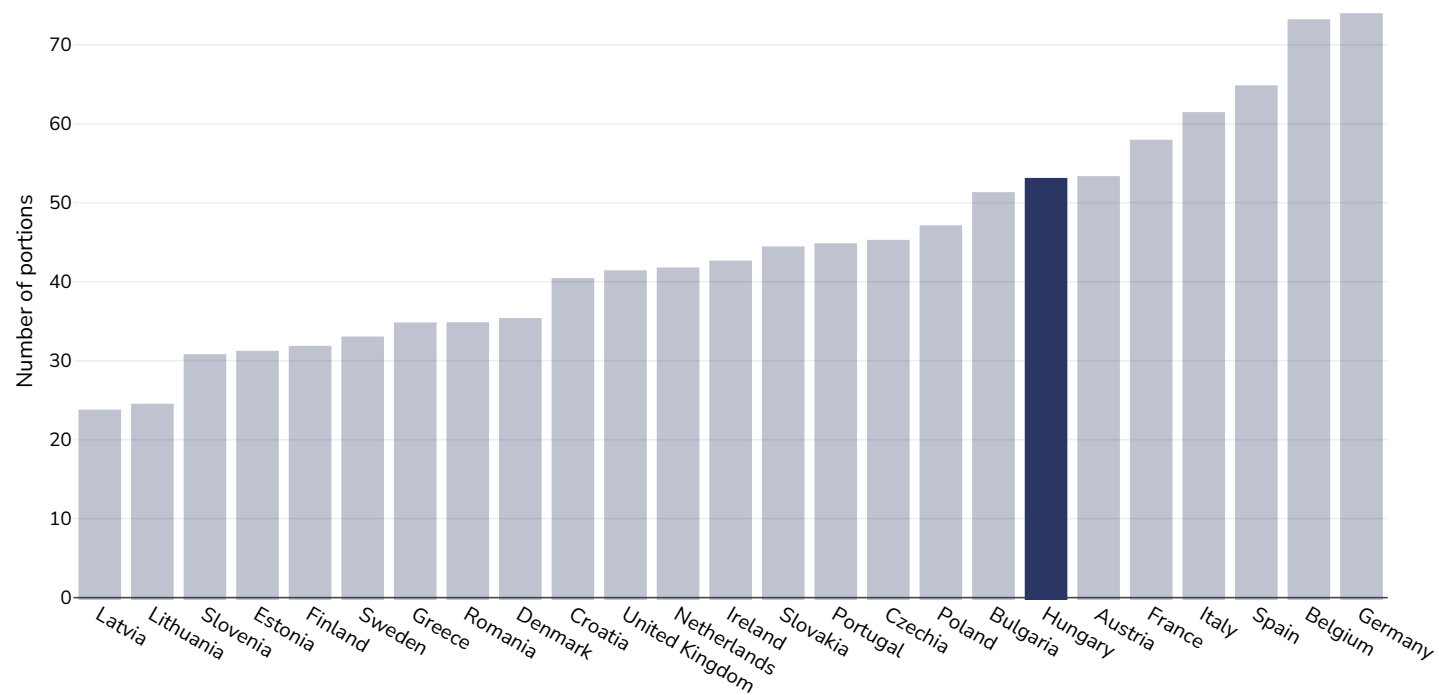
References:

Source: Euromonitor International

Prevalence of at least daily carbonated soft drink consumption

Children, 2014
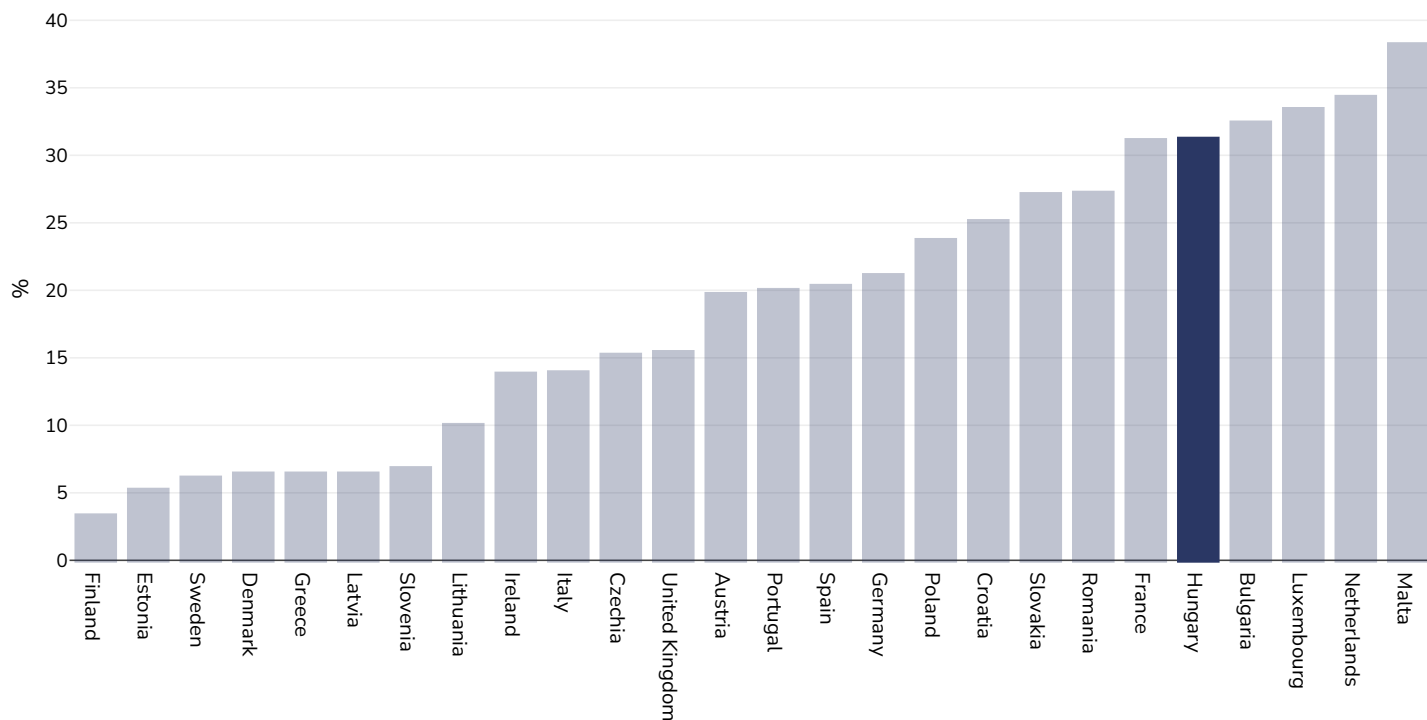
Survey type:	Measured
References:	World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative cross-national study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org
Notes:	15-year-old adolescents
Definitions:	Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)

Prevalence of confectionery consumption

Adults, 2016

Number of portions

Romania, Portugal, Greece, Italy, Bulgaria, Hungary, Spain, Croatia, Poland, Lithuania, Latvia, Czechia, Slovenia, France, Slovakia, Belgium, Estonia, Denmark, Netherlands, Sweden, Finland, United Kingdom, Austria, Ireland, Germany
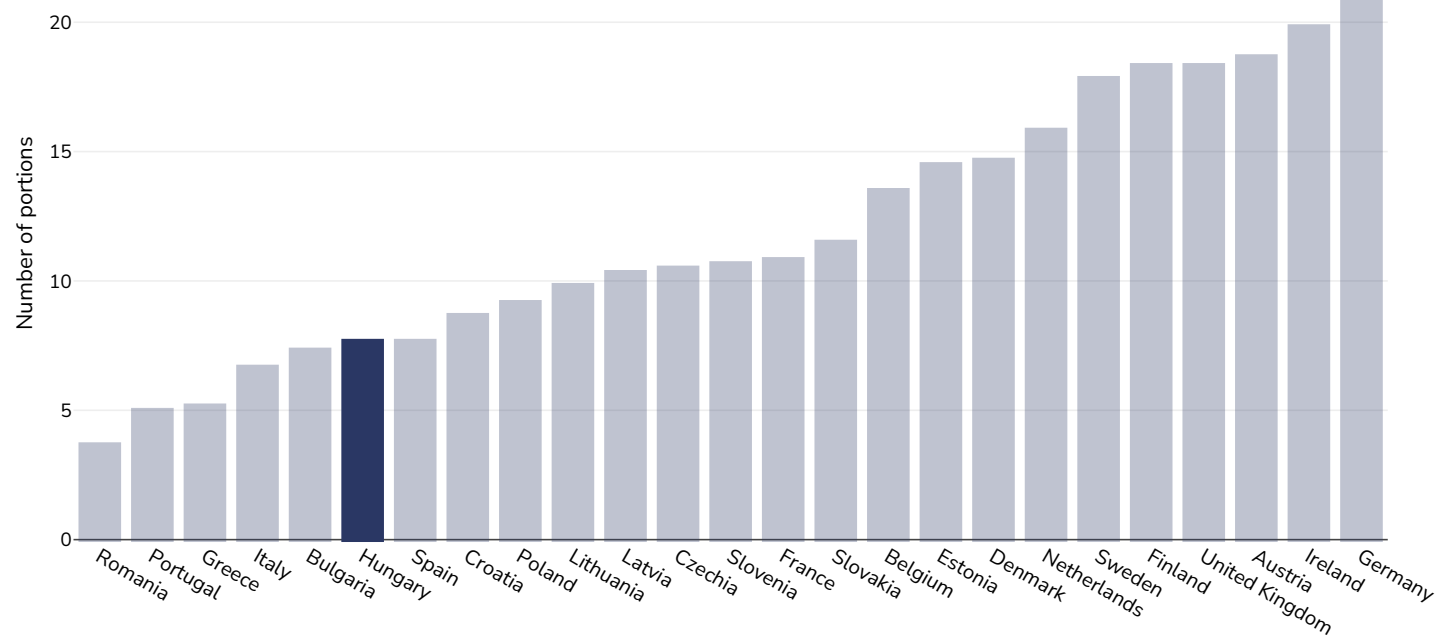
References:

Source: Euromonitor International

Definitions: Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month)

Prevalence of sweet/savoury snack consumption

Adults, 2016
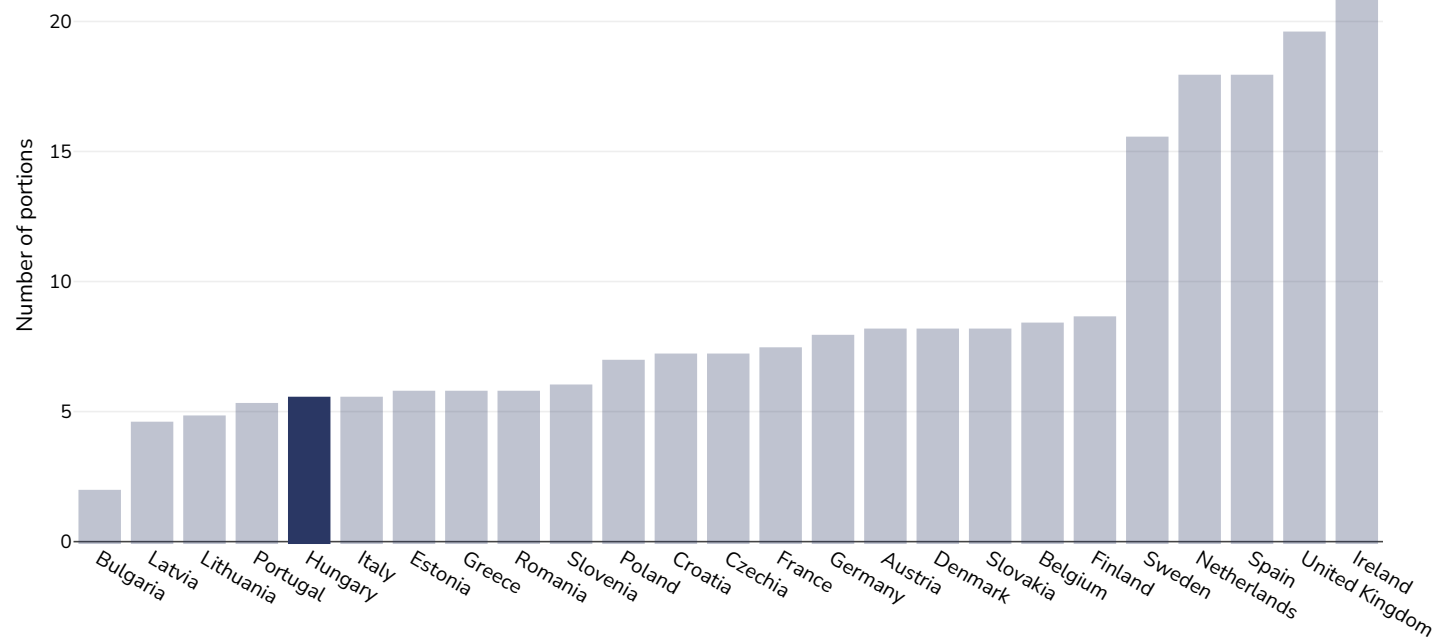
References: Source: Euromonitor International

Definitions: Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month)

Estimated per capita fruit intake

Adults, 2017
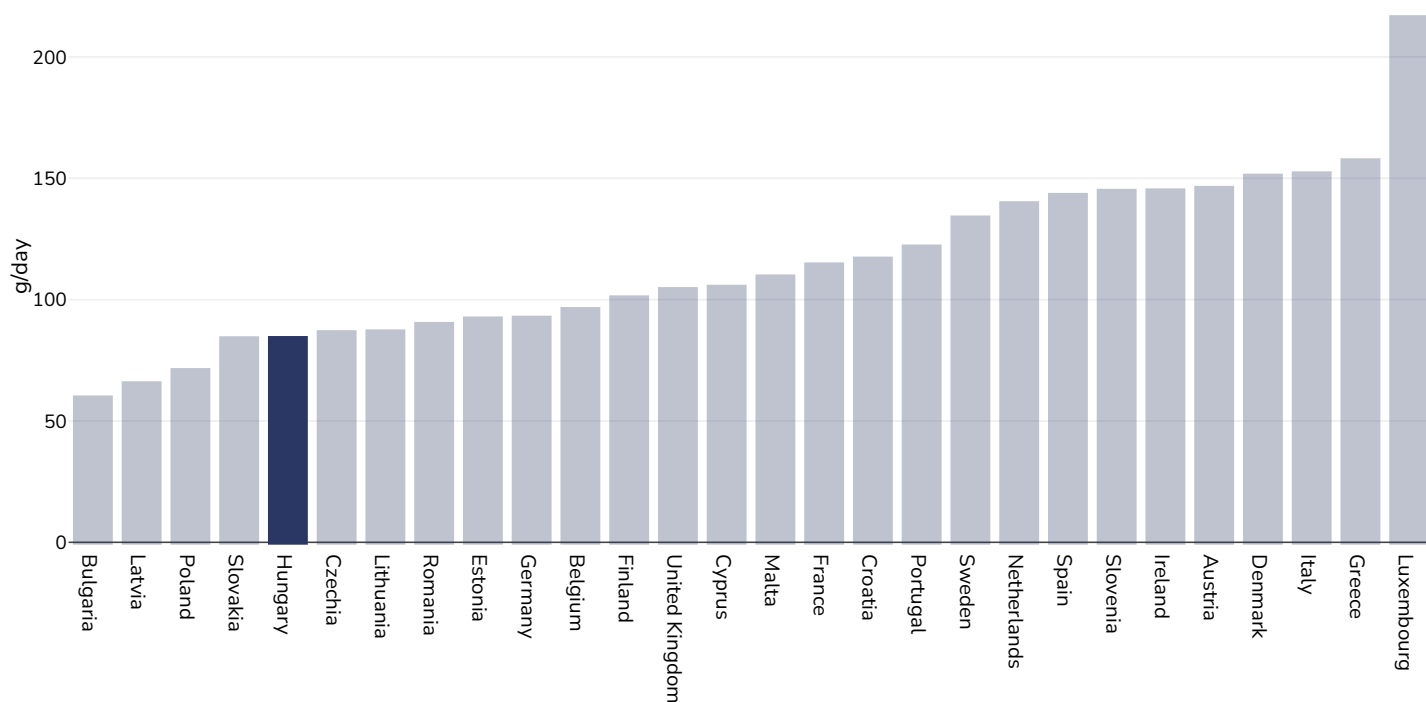
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita fruit intake (g/day)

Prevalence of less than daily fruit consumption

Children, 2014

Legend: Age 12-17, Age 15

Y-axis: % < daily consumption (0 to 40)

Countries (x-axis): Finland, Latvia, Sweden, Estonia, Lithuania, Greece, Poland, Netherlands, Hungary, Slovakia, Spain, France, Croatia, Bulgaria, Czechia, Italy, Malta, Germany, United Kingdom, Romania, Luxembourg, Slovenia, Portugal, Ireland, Denmark, Austria
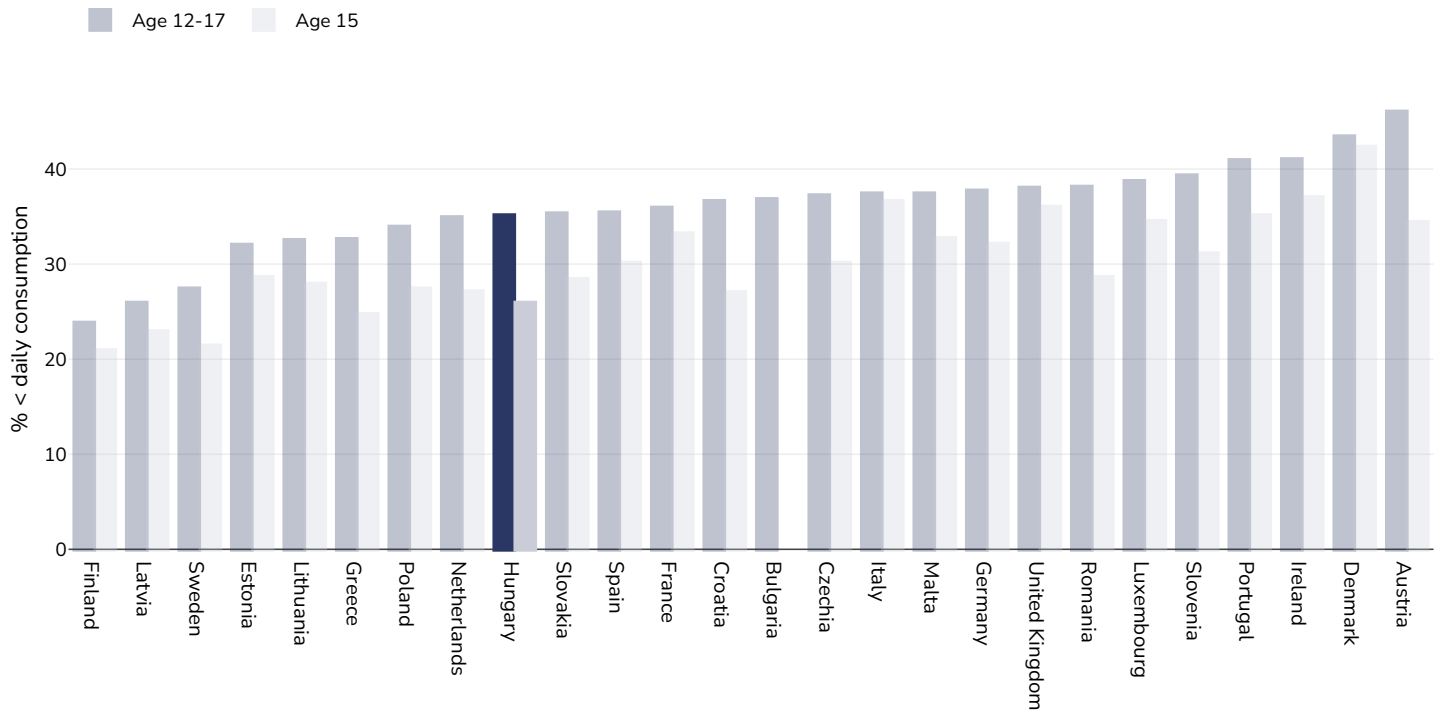
Survey type:	Measured
References:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2014
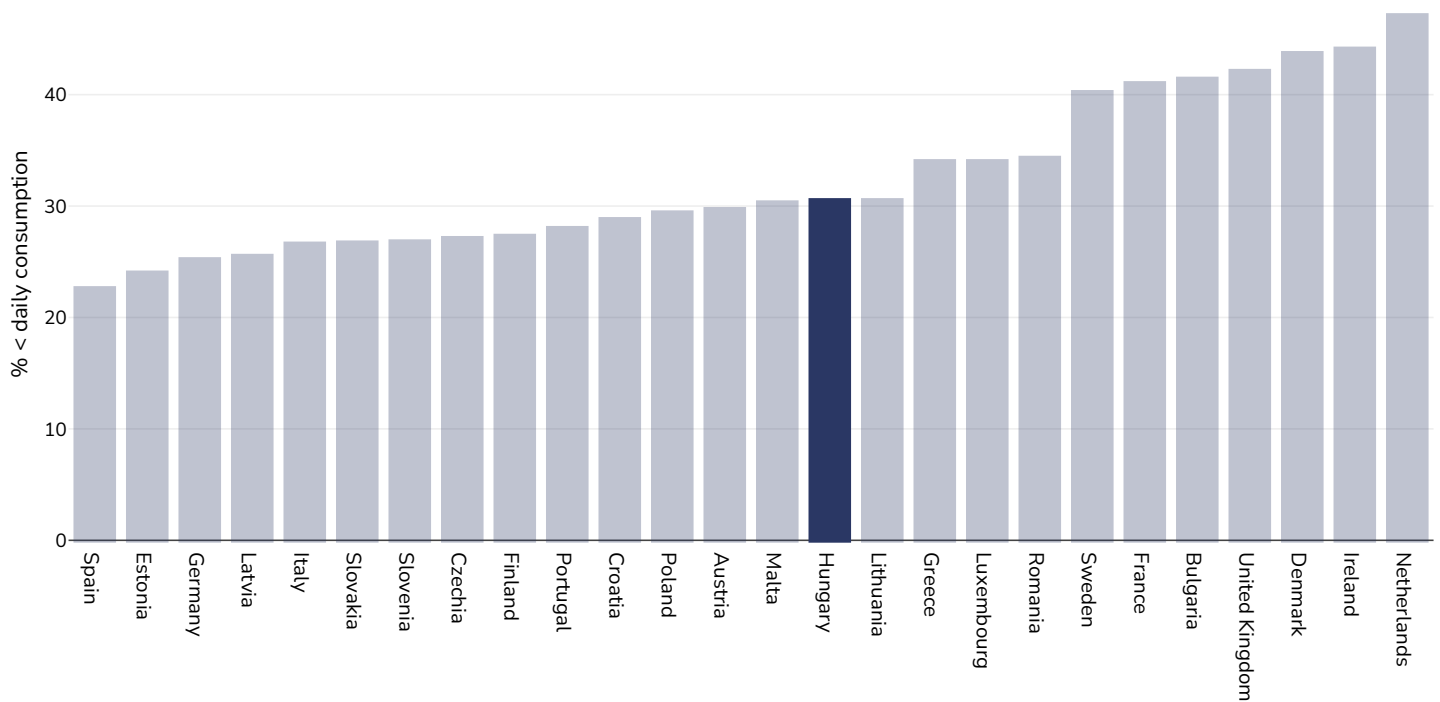
Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Estimated per-capita processed meat intake

Adults, 2017
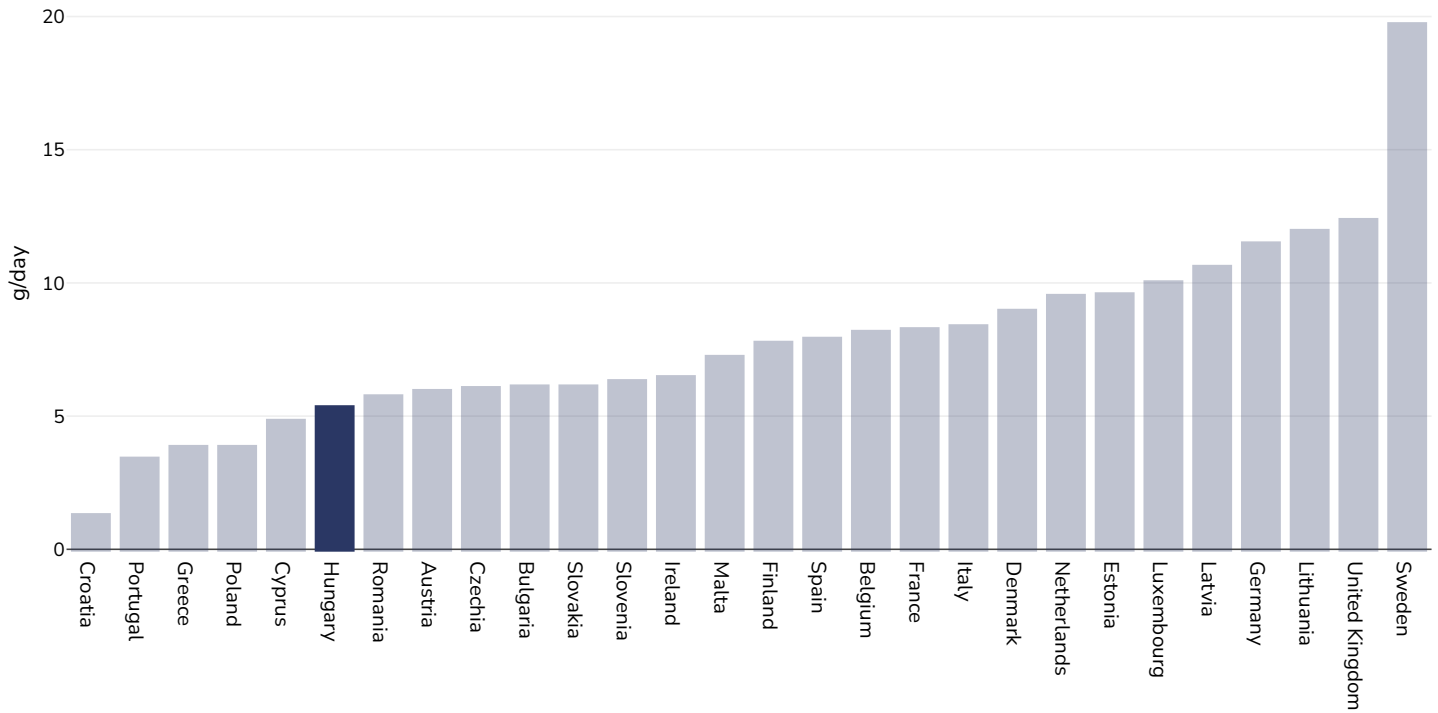
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adults, 2017
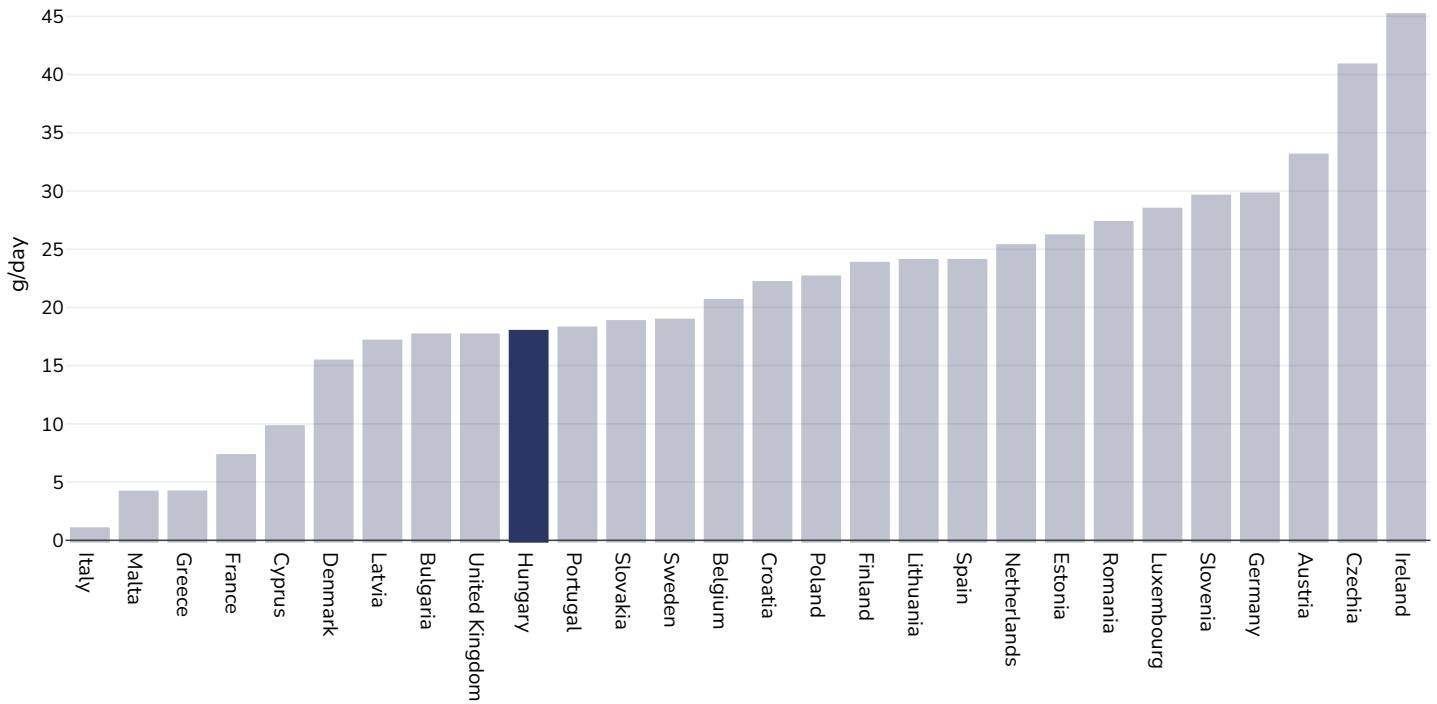
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

Adults, 2015
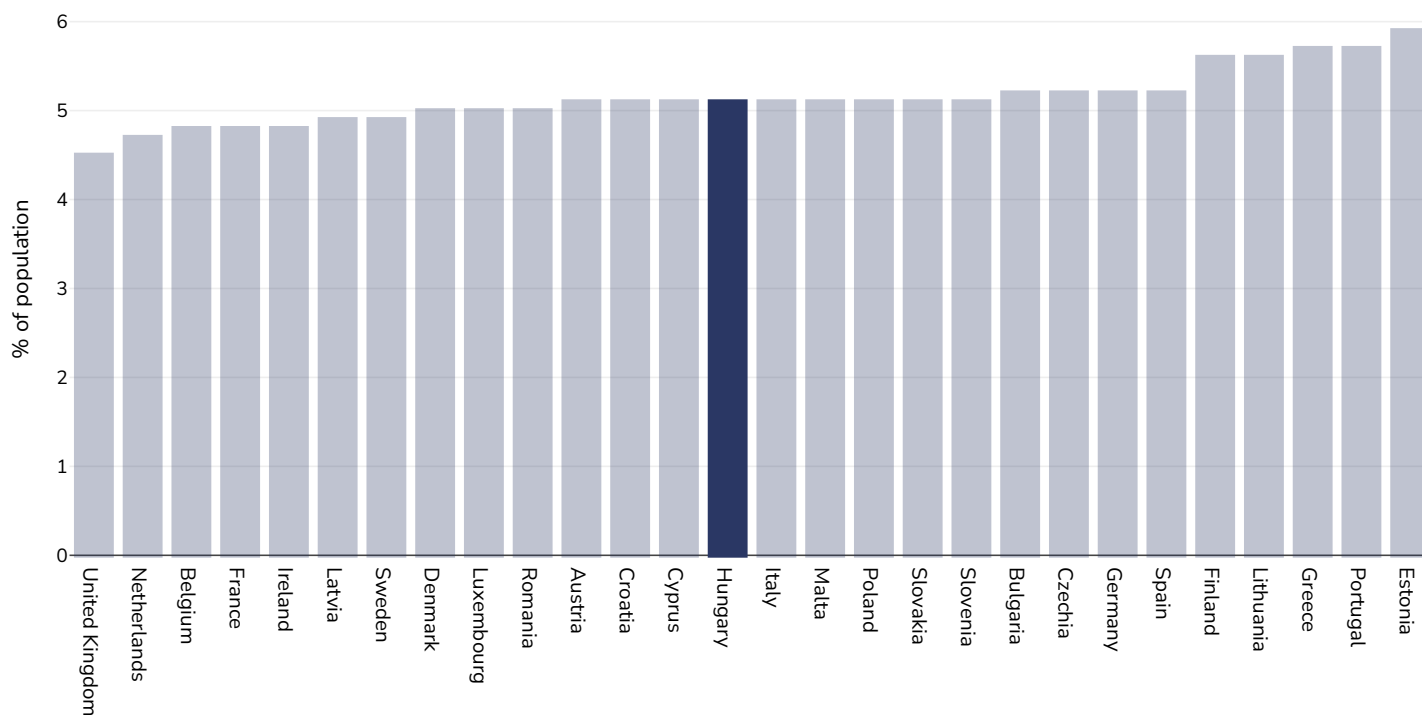
Chart: % of population with depression disorders by country (Adults, 2015)

Country	% of population
United Kingdom	4.5
Netherlands	4.7
Belgium	4.8
France	4.8
Ireland	4.8
Latvia	4.9
Sweden	4.9
Denmark	5.0
Luxembourg	5.0
Romania	5.0
Austria	5.1
Croatia	5.1
Cyprus	5.1
Hungary	5.1
Italy	5.1
Malta	5.1
Poland	5.1
Slovakia	5.1
Slovenia	5.1
Bulgaria	5.2
Czechia	5.2
Germany	5.2
Spain	5.2
Finland	5.6
Lithuania	5.6
Greece	5.7
Portugal	5.7
Estonia	5.9

References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with depression disorders

Mental health - anxiety disorders

Adults, 2015
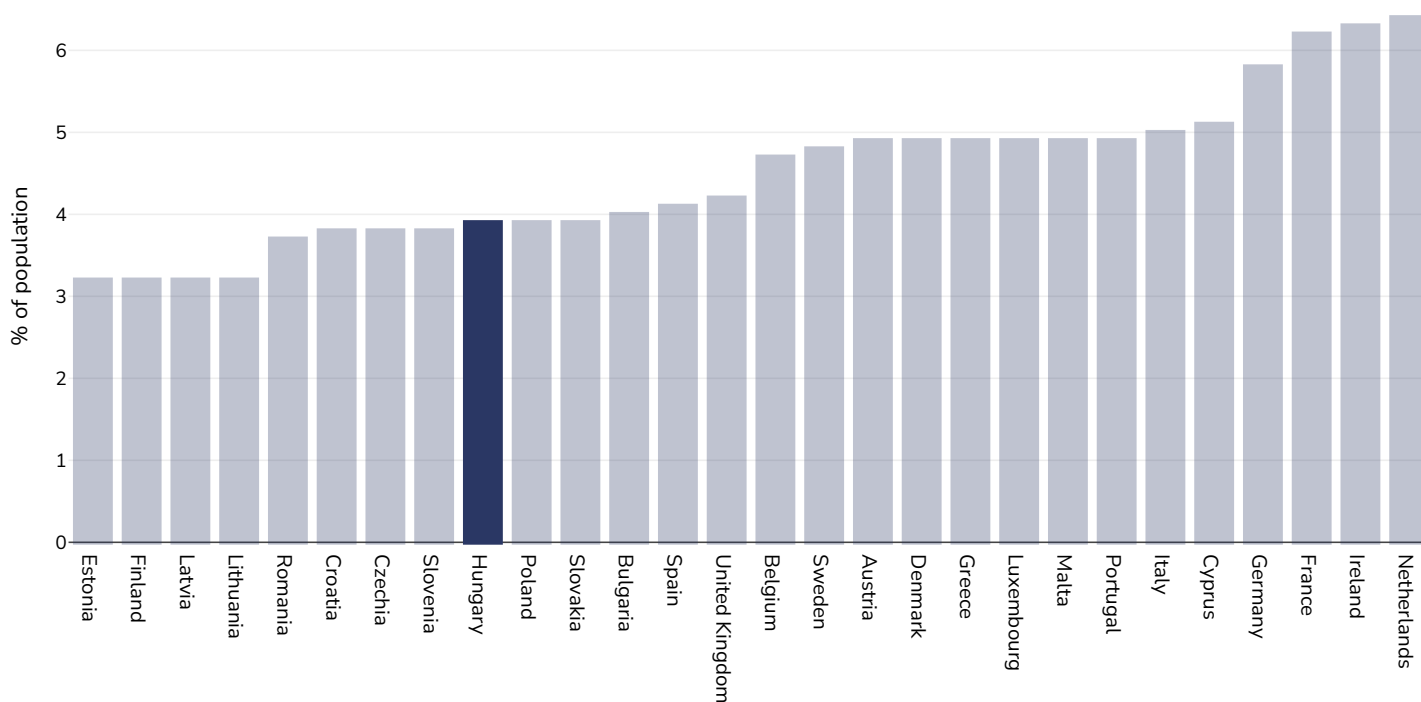
References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders

Oesophageal cancer

Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Breast cancer

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

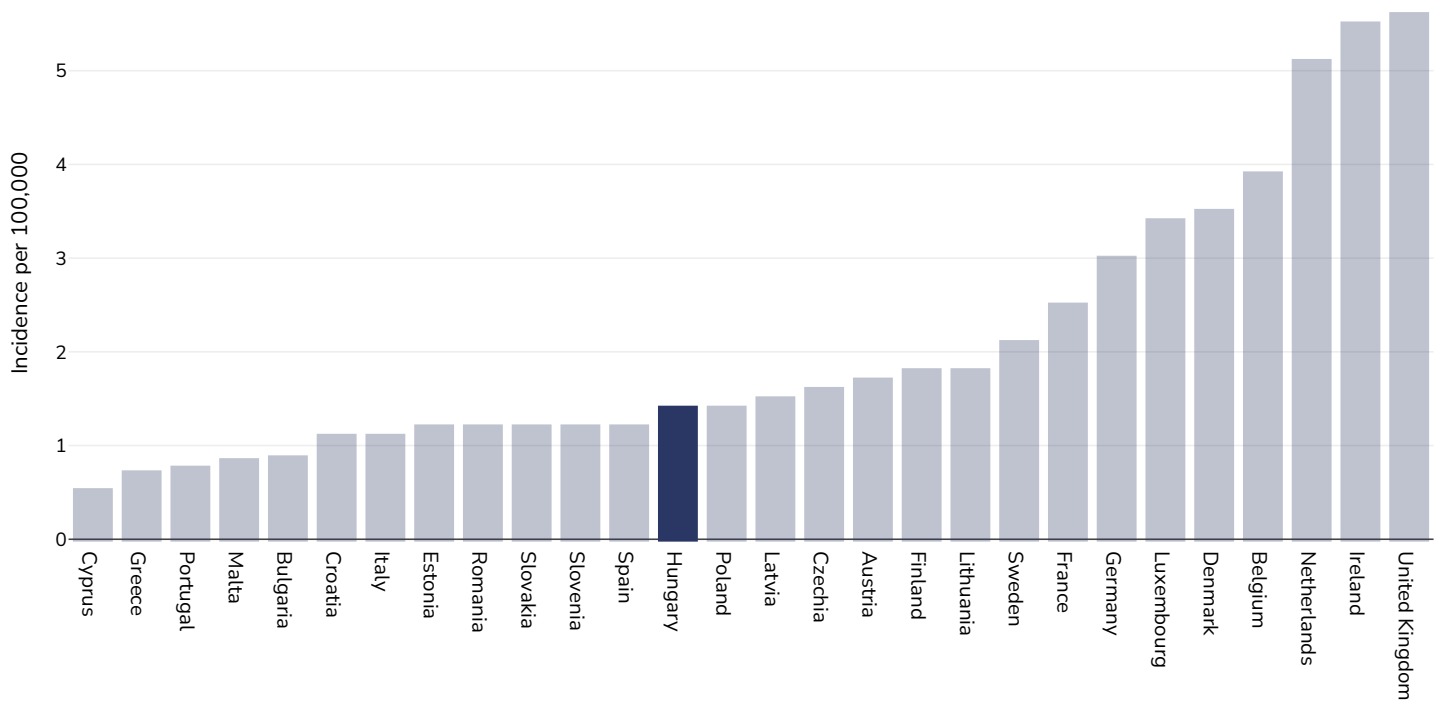# Colorectal cancer

Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

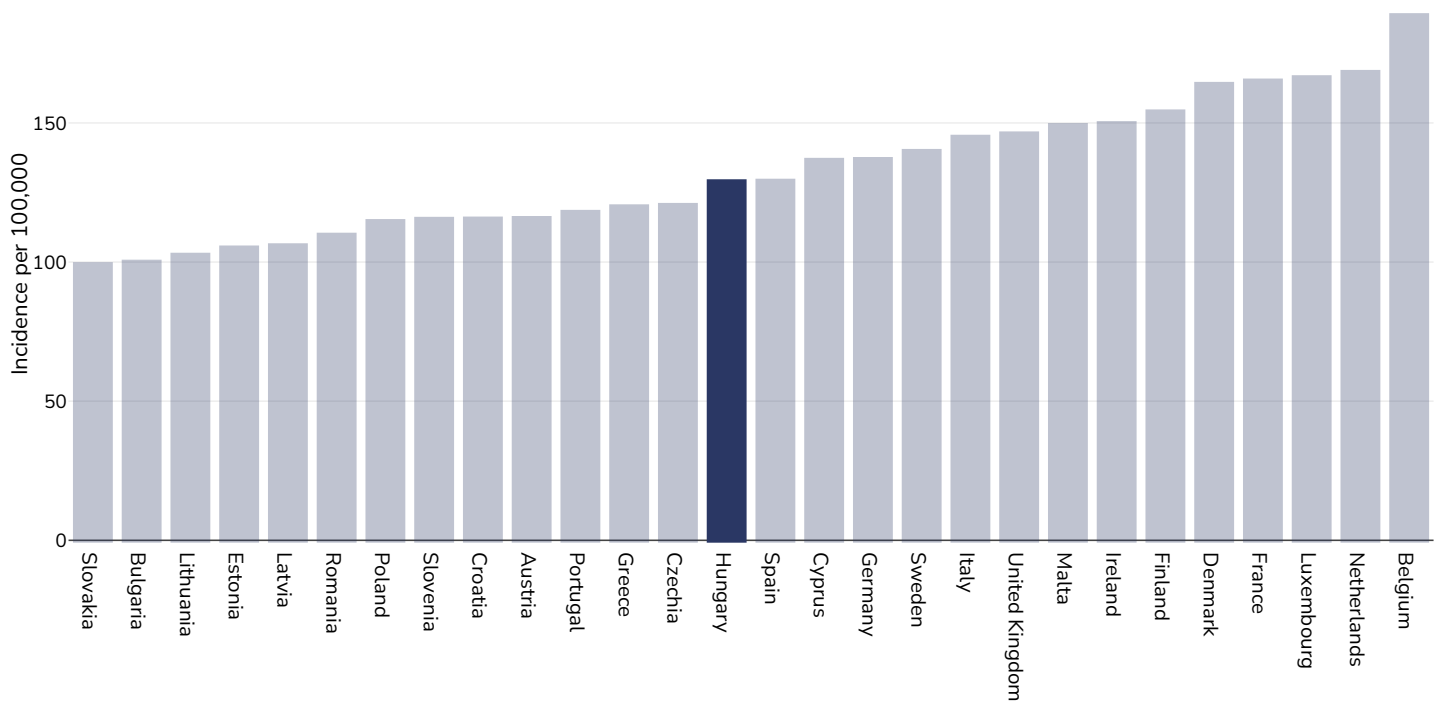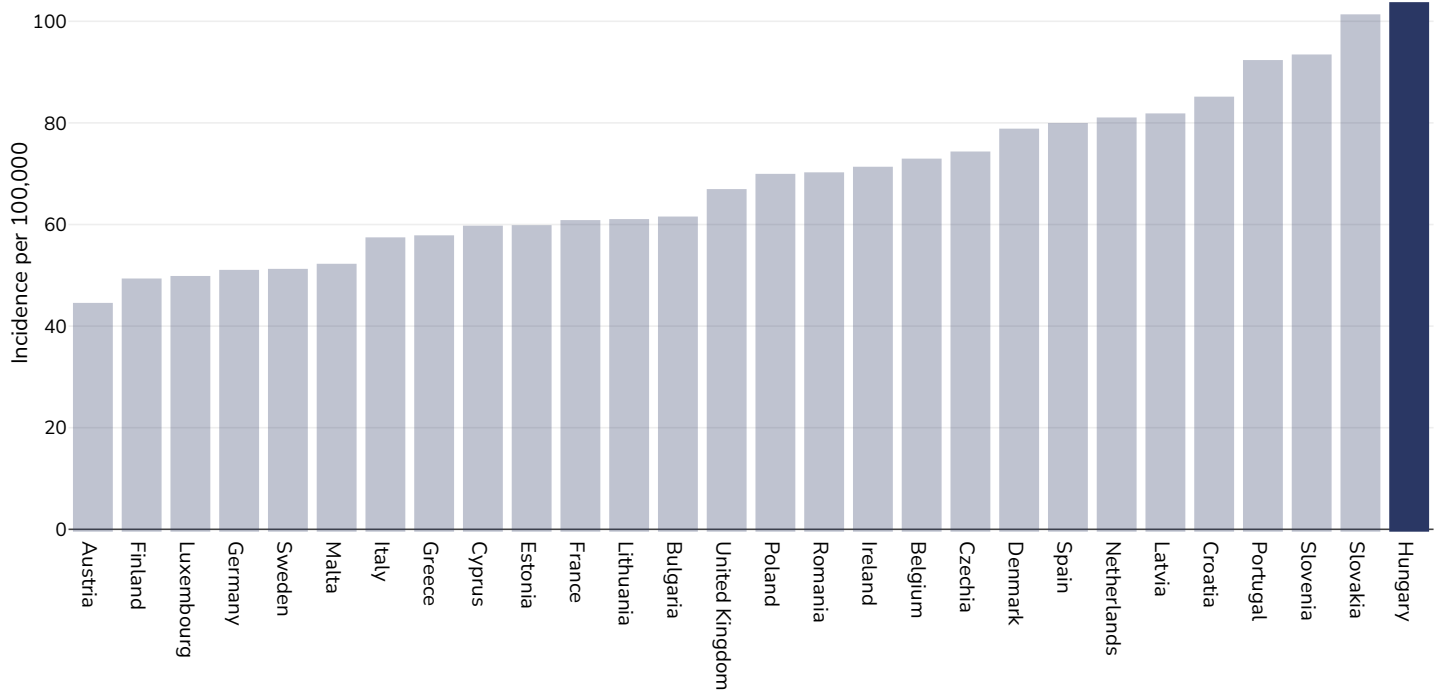# Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Pancreatic cancer

Men, 2020

Age:	20+

Area covered:	National

References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175

Definitions:	Age-standardized indicence rates per 100 000

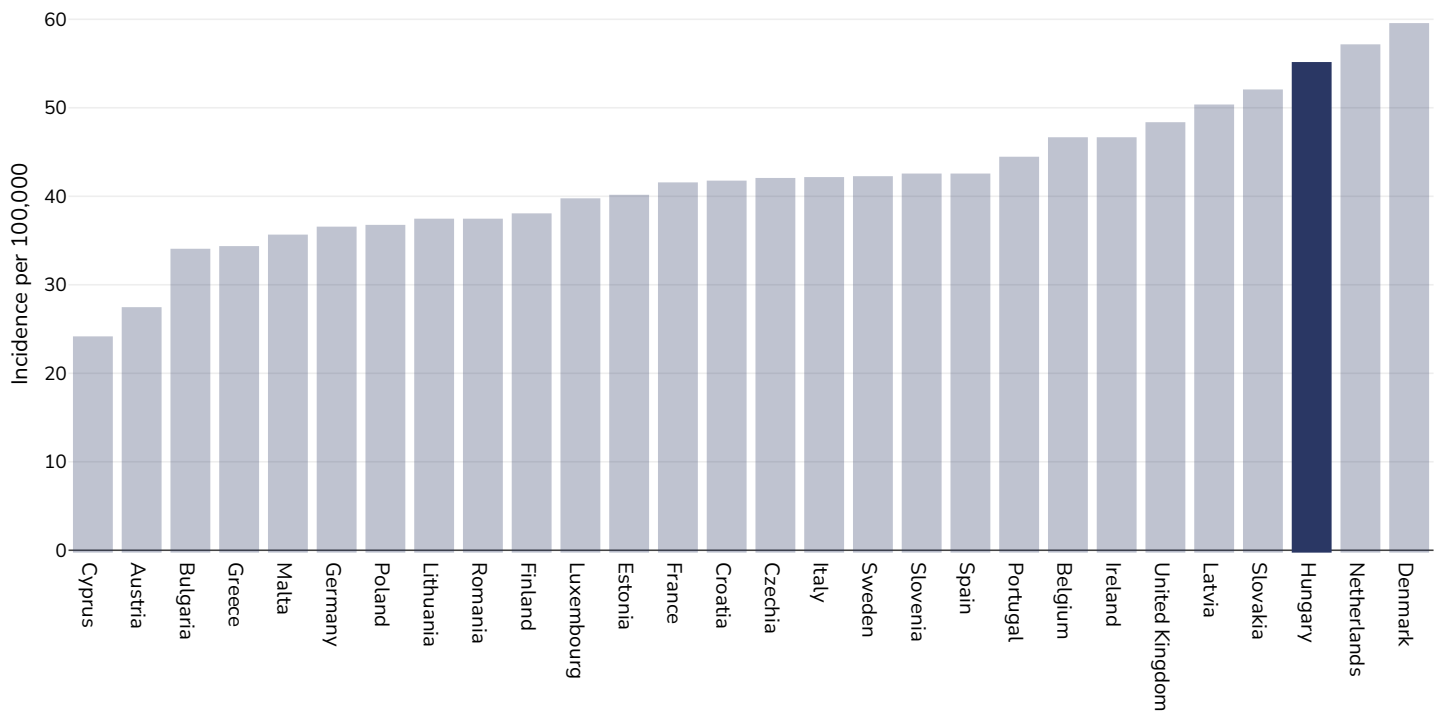## Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Gallbladder cancer

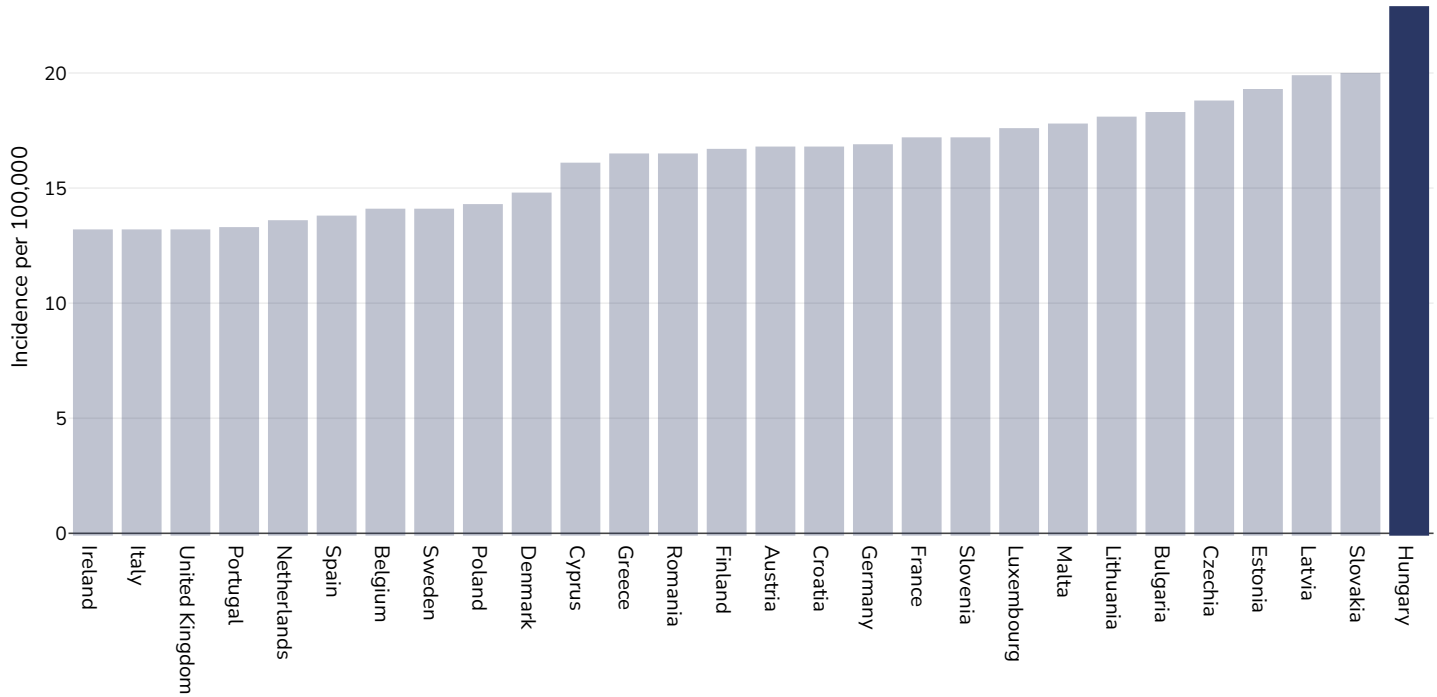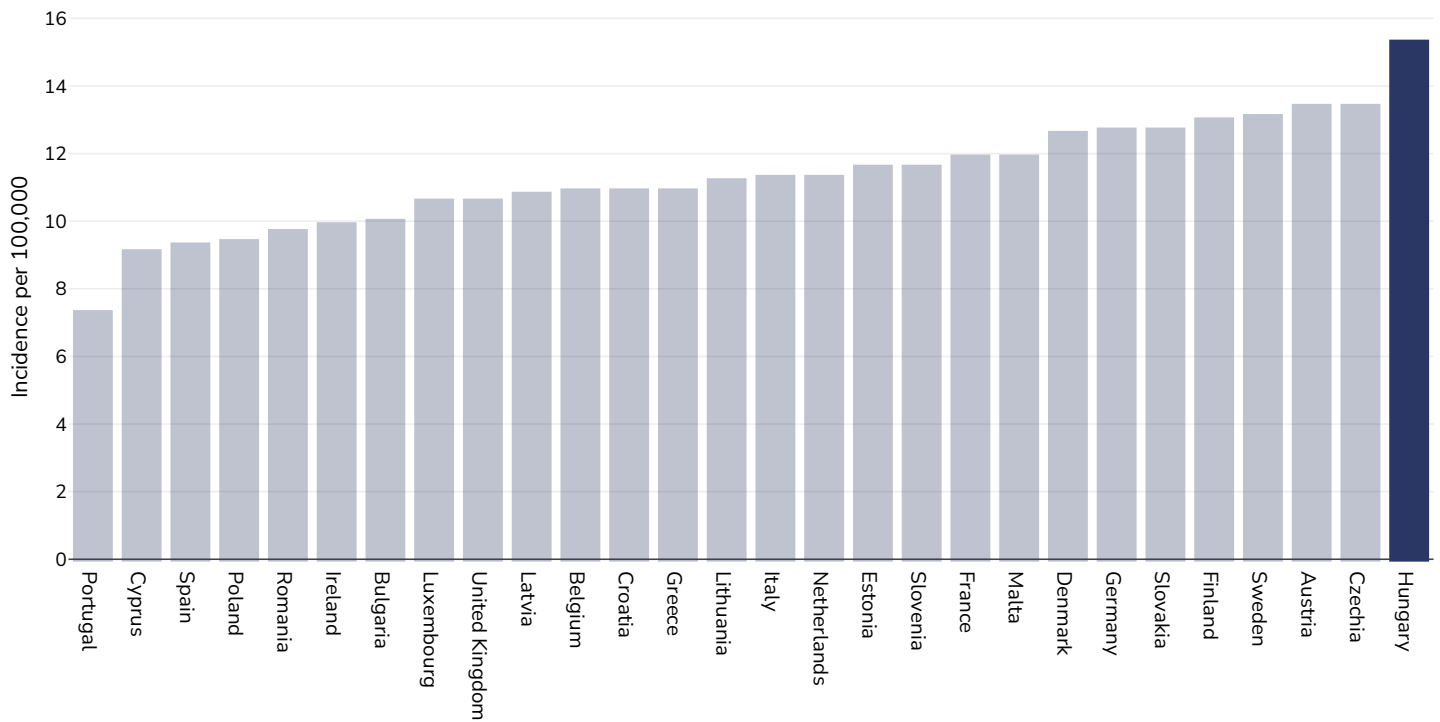## Men, 2020
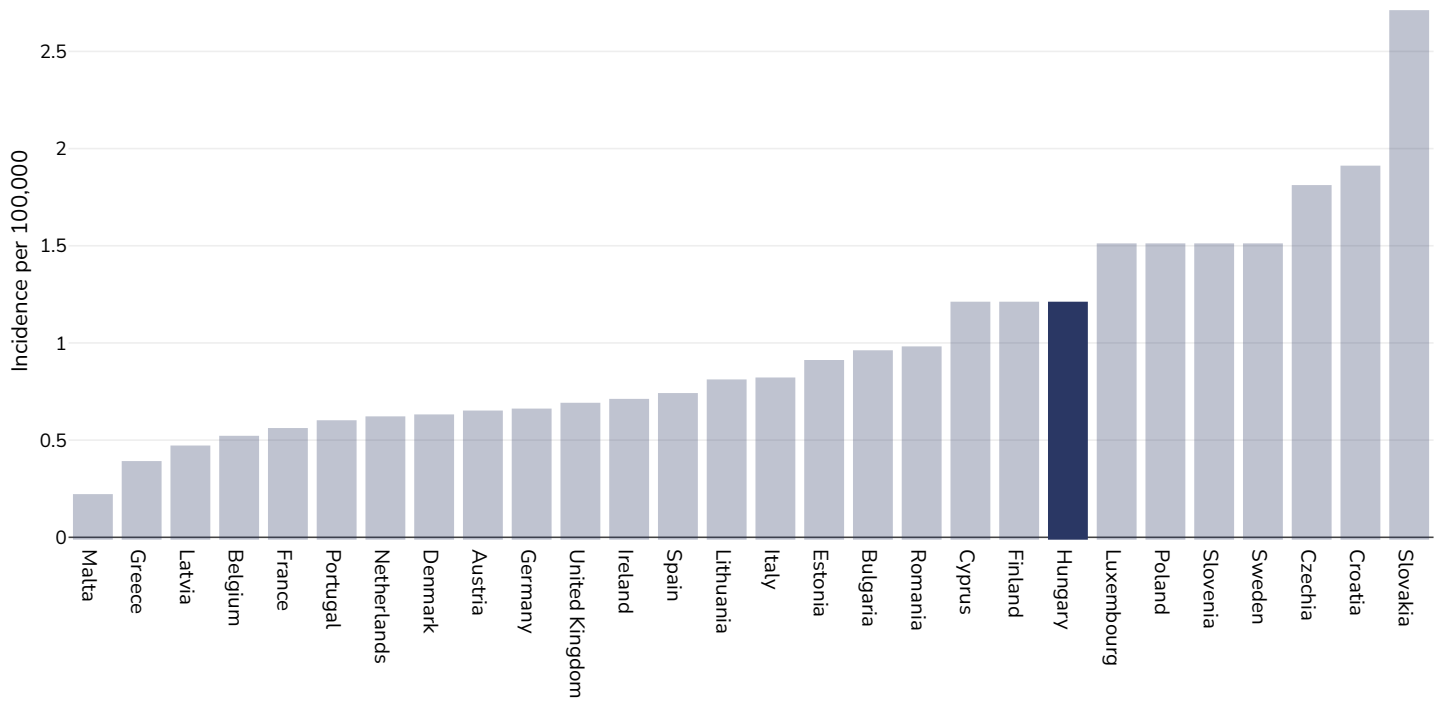
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Chart: Incidence per 100,000 (Age-standardized incidence rates per 100 000)

| Country	Incidence per 100,000
Malta	0.3
Greece	0.4
Latvia	0.7
Romania	0.75
France	0.75
Denmark	0.8
Luxembourg	0.85
Belgium	0.9
Spain	0.9
Portugal	0.95
Italy	1.05
Austria	1.1
Germany	1.1
Netherlands	1.1
Estonia	1.2
Bulgaria	1.3
Cyprus	1.3
Ireland	1.4
Lithuania	1.4
Sweden	1.4
Finland	1.6
United Kingdom	1.6
Hungary	1.8
Poland	2.4
Croatia	2.6
Slovenia	2.6
Czechia	2.8
Slovakia	5.4

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Kidney cancer
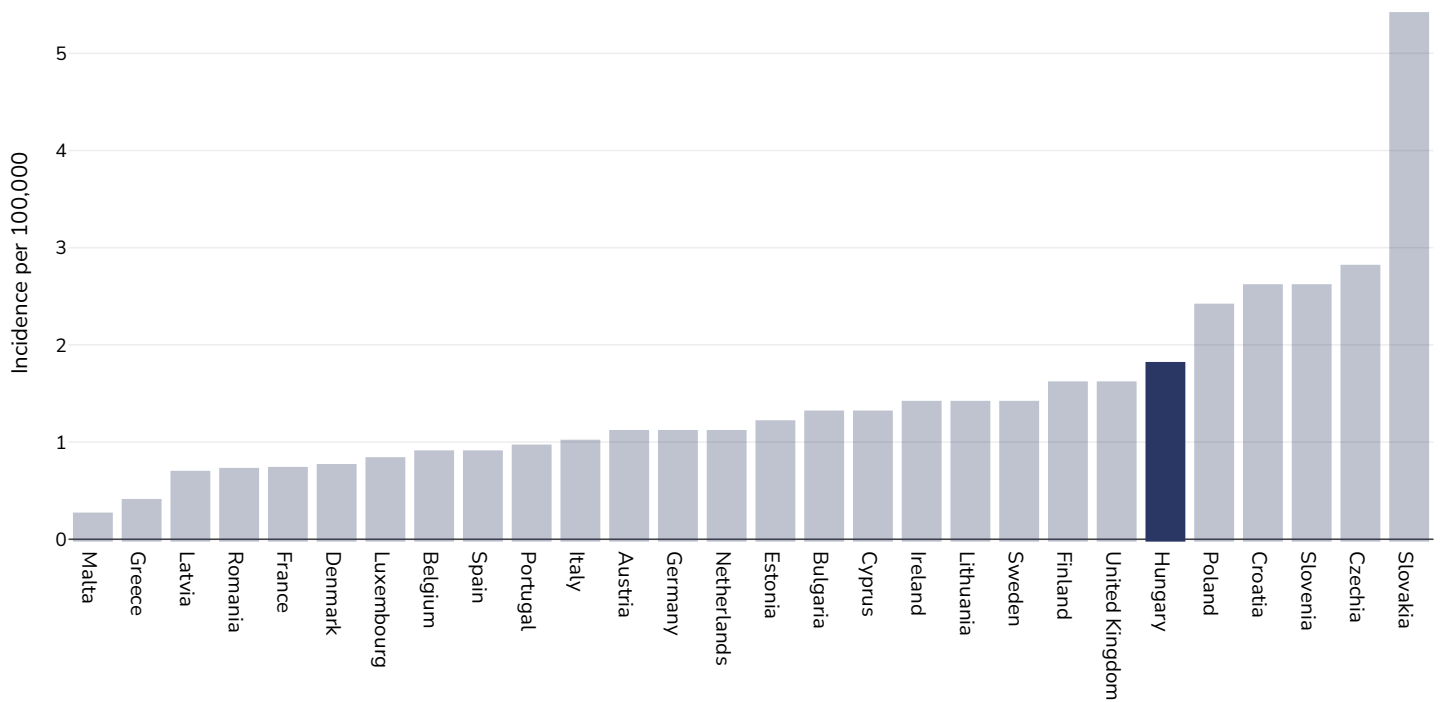
Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020
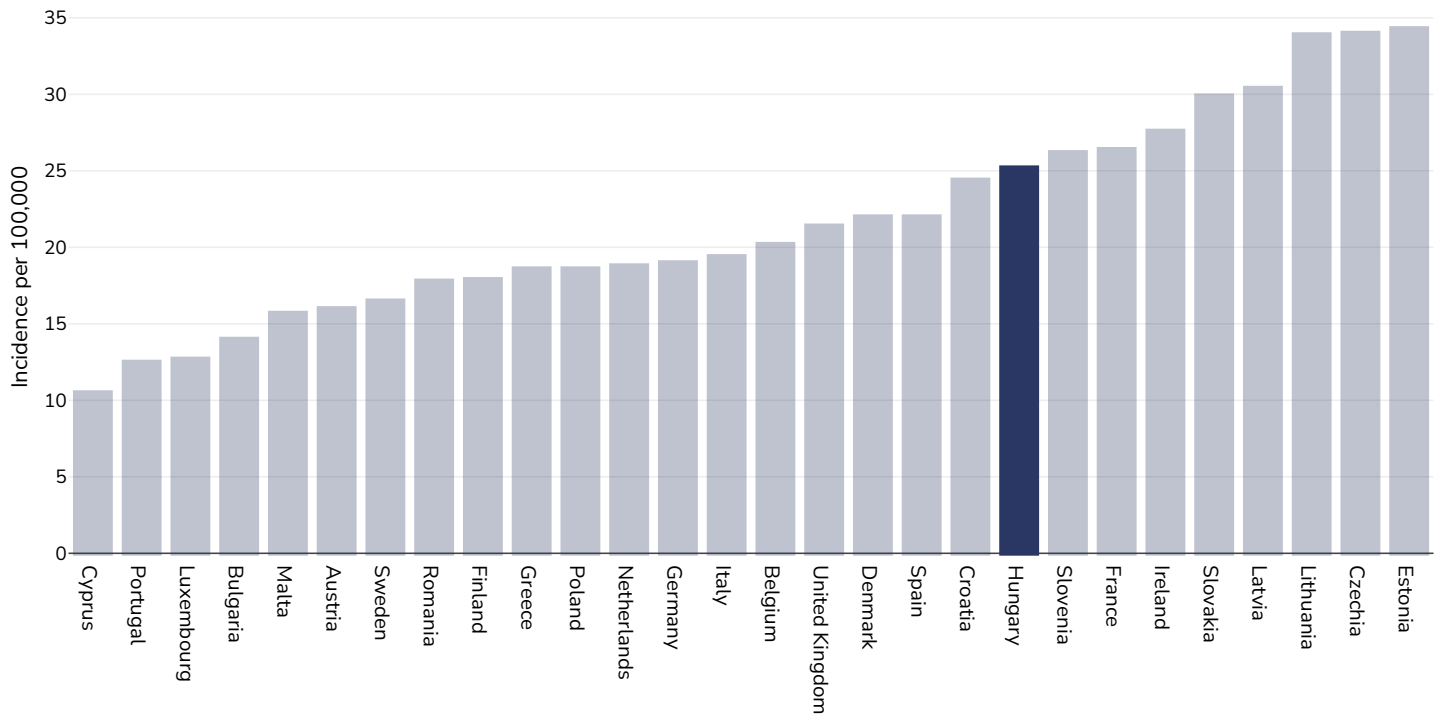

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Cancer of the uterus

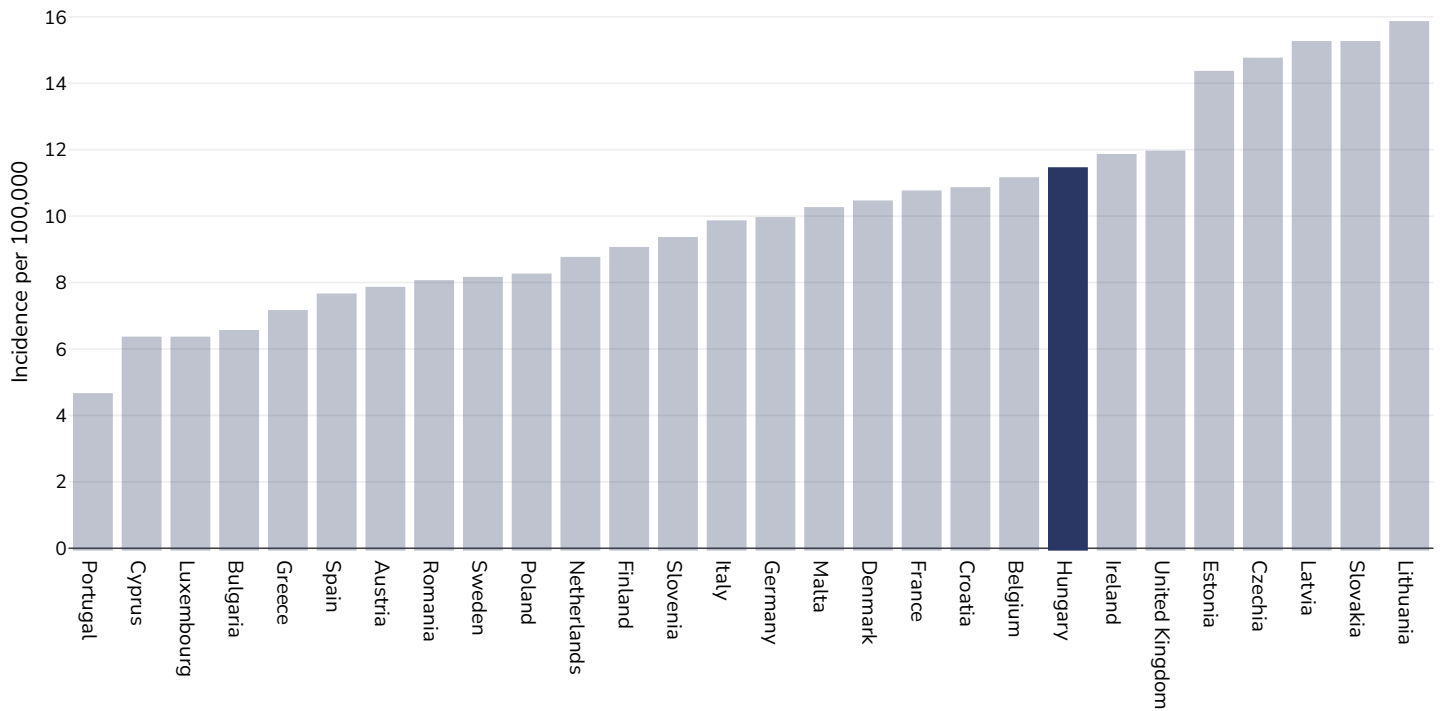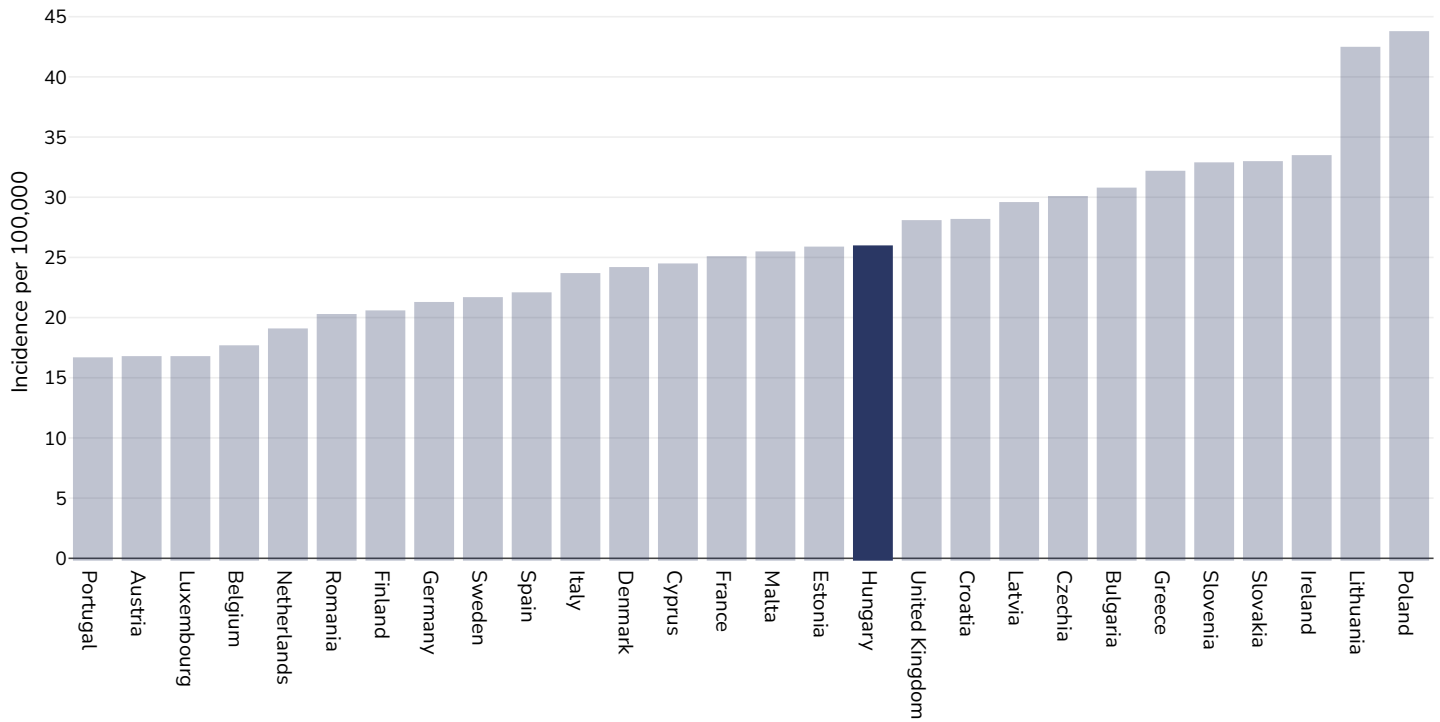## Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2175
Definitions:	Age-standardized indicence rates per 100 000

Raised blood pressure

Adults, 2015
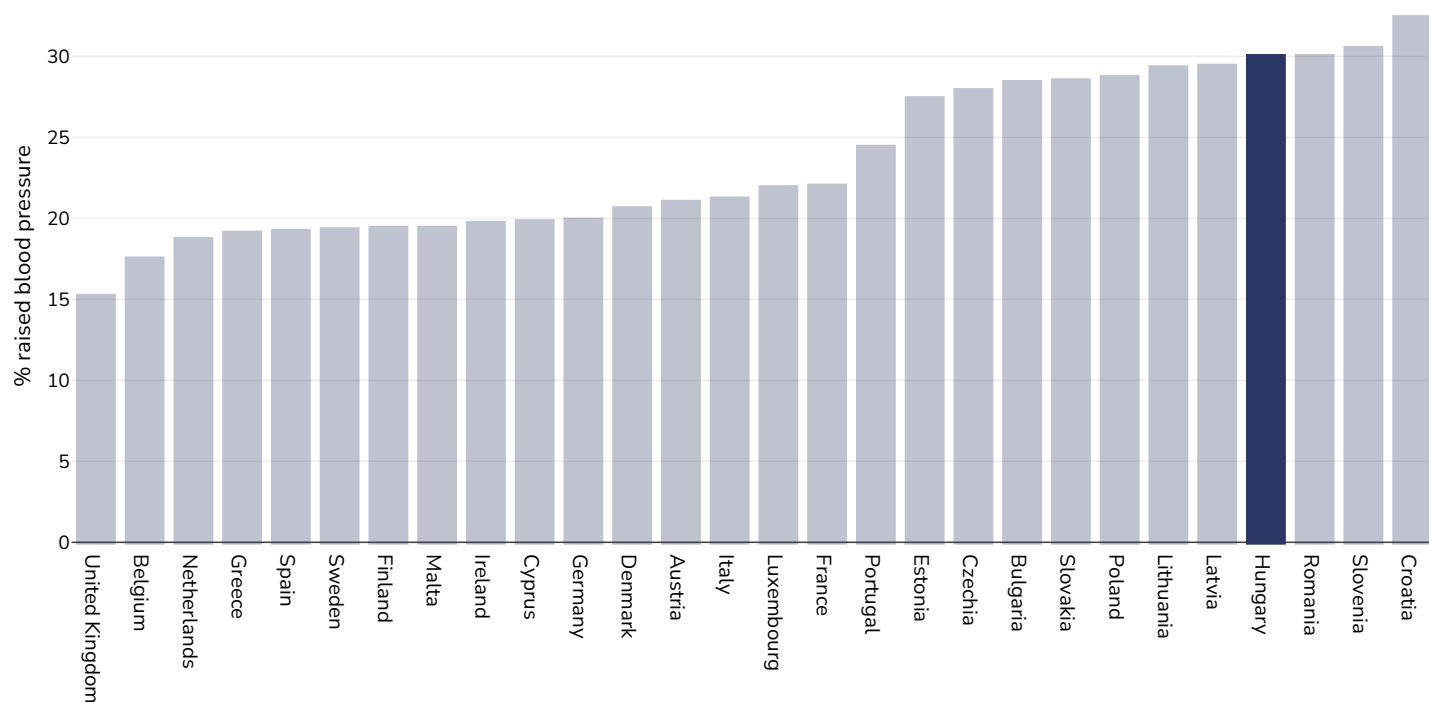
References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Men, 2015
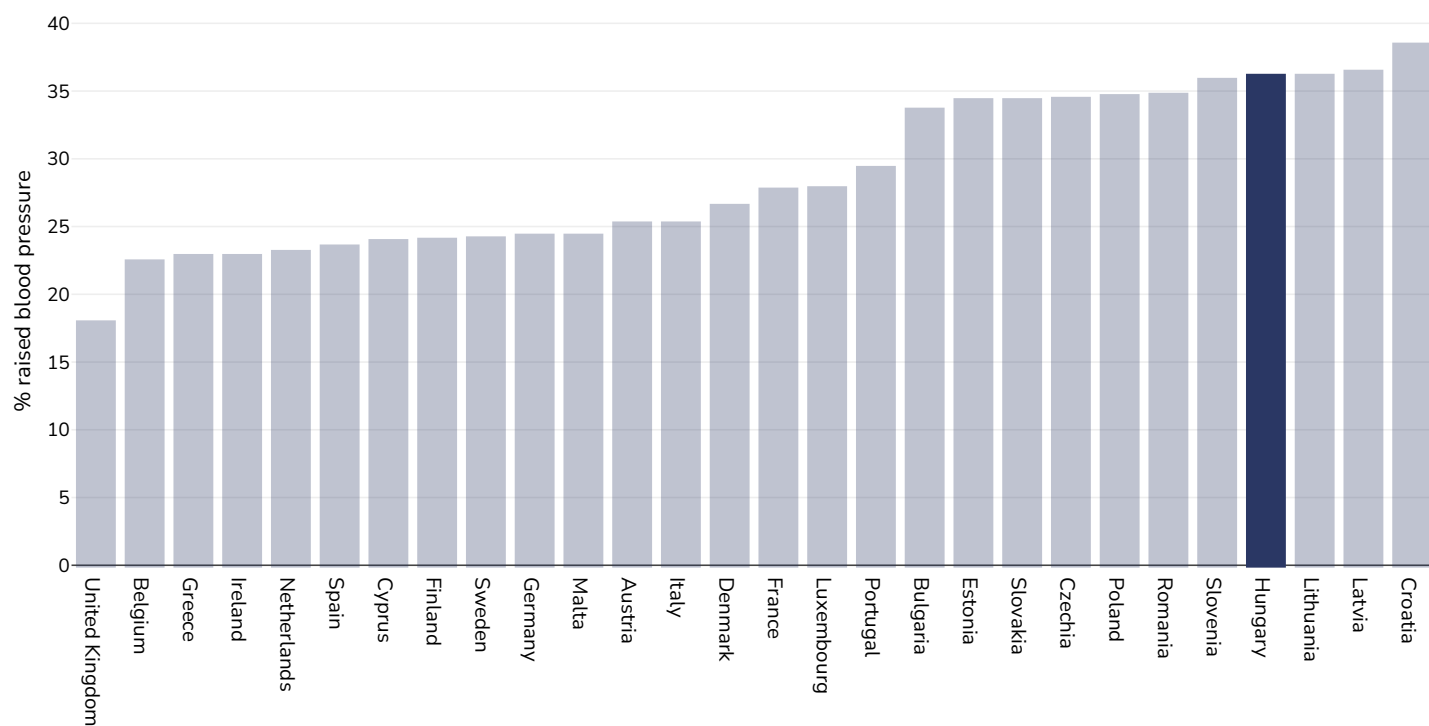
% raised blood pressure

Country	Value
United Kingdom	18
Belgium	22.5
Greece	23
Ireland	23
Netherlands	23.3
Spain	23.7
Cyprus	24.1
Finland	24.2
Sweden	24.3
Germany	24.5
Malta	24.5
Austria	25.4
Italy	25.4
Denmark	26.6
France	27.8
Luxembourg	28
Portugal	29.5
Bulgaria	33.8
Estonia	34.5
Slovakia	34.5
Czechia	34.6
Poland	34.8
Romania	35
Slovenia	36
Hungary	36.3
Lithuania	36.4
Latvia	36.7
Croatia	38.7

References: Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Women, 2015
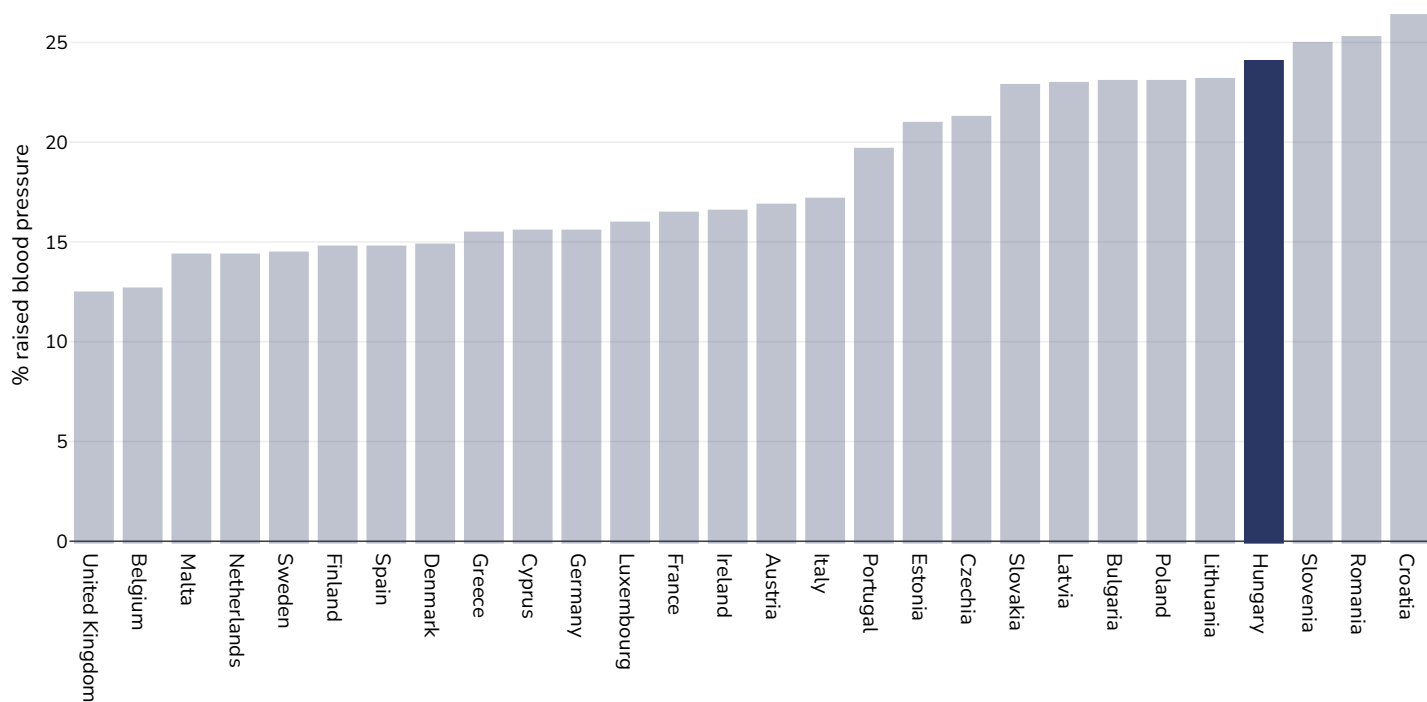
% raised blood pressure

United Kingdom, Belgium, Malta, Netherlands, Sweden, Finland, Spain, Denmark, Greece, Cyprus, Germany, Luxembourg, France, Ireland, Austria, Italy, Portugal, Estonia, Czechia, Slovakia, Latvia, Bulgaria, Poland, Lithuania, Hungary, Slovenia, Romania, Croatia

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Raised cholesterol

Adults, 2008
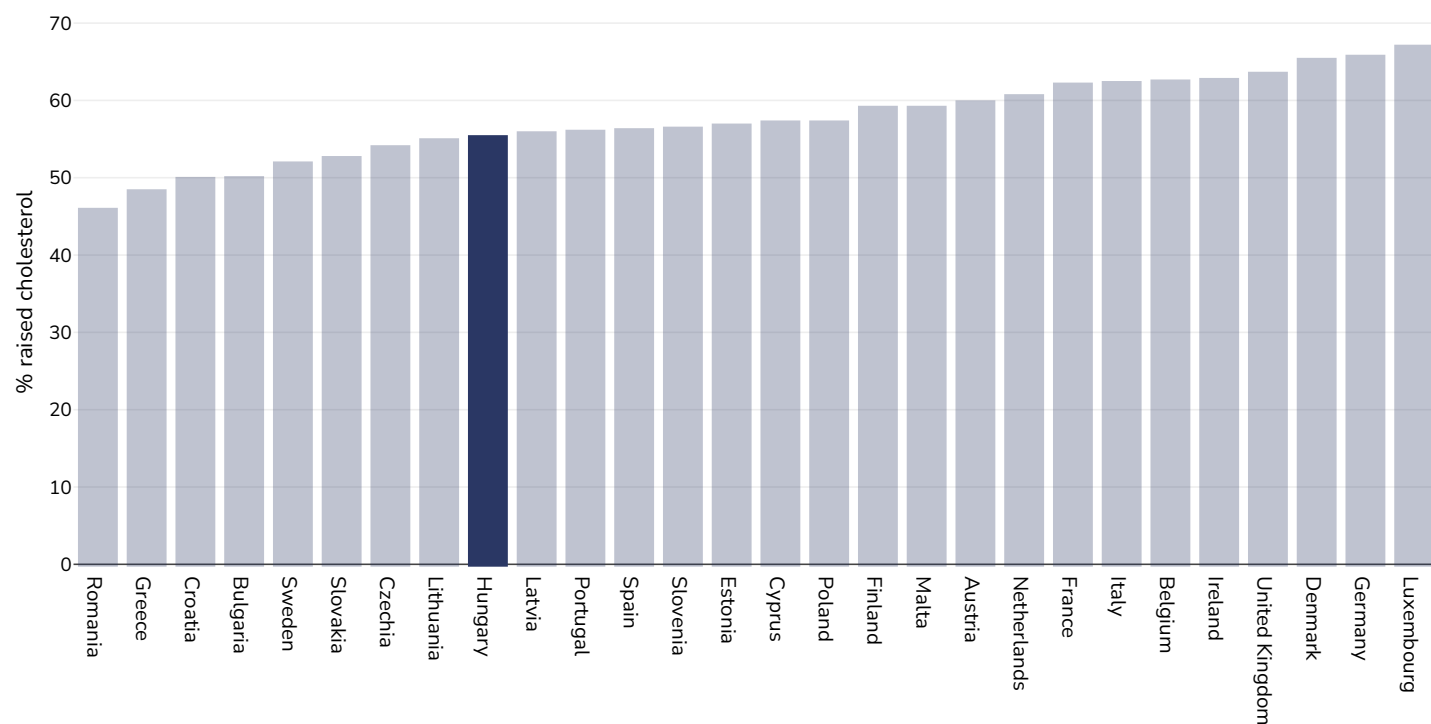
y-axis: % raised cholesterol (0 to 70)

Countries (left to right): Romania, Greece, Croatia, Bulgaria, Sweden, Slovakia, Czechia, Lithuania, Hungary, Latvia, Portugal, Spain, Slovenia, Estonia, Cyprus, Poland, Finland, Malta, Austria, Netherlands, France, Italy, Belgium, Ireland, United Kingdom, Denmark, Germany, Luxembourg

References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008
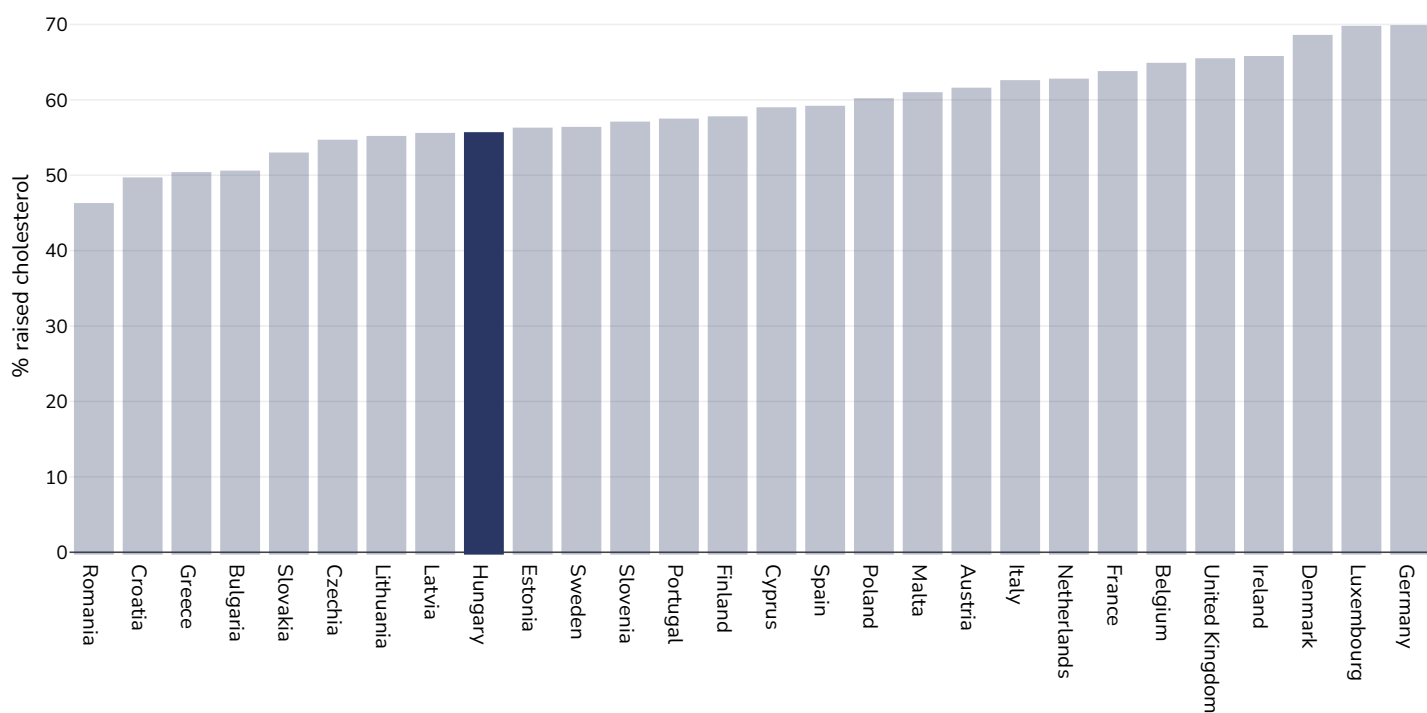
% raised cholesterol

Country	Value
Romania	46
Croatia	49.5
Greece	50.5
Bulgaria	50.5
Slovakia	53
Czechia	54.5
Lithuania	55
Latvia	55.5
Hungary	56
Estonia	56.5
Sweden	56.5
Slovenia	57
Portugal	57.5
Finland	58
Cyprus	59
Spain	59.5
Poland	60.5
Malta	61
Austria	61.5
Italy	62.5
Netherlands	63
France	64
Belgium	65
United Kingdom	65.5
Ireland	66
Denmark	69
Luxembourg	70
Germany	70

References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Women, 2008
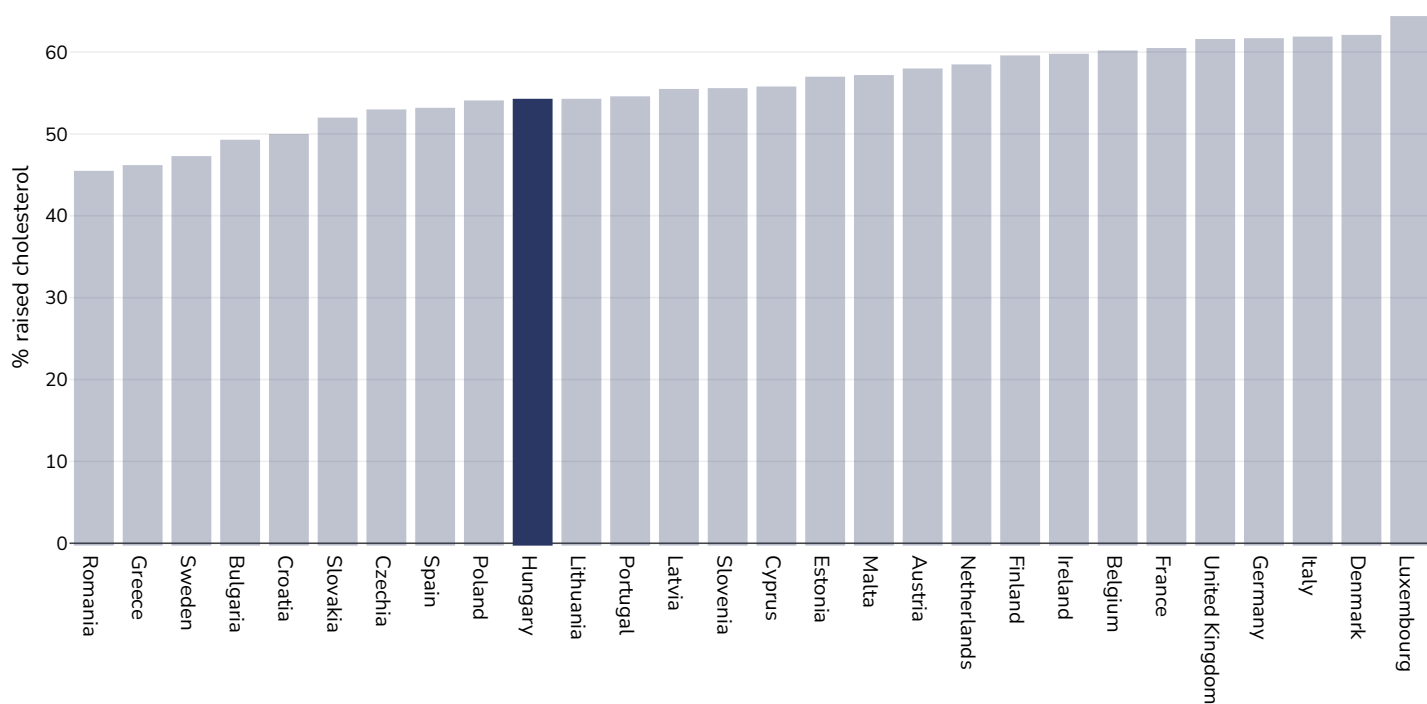
References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

Men, 2014
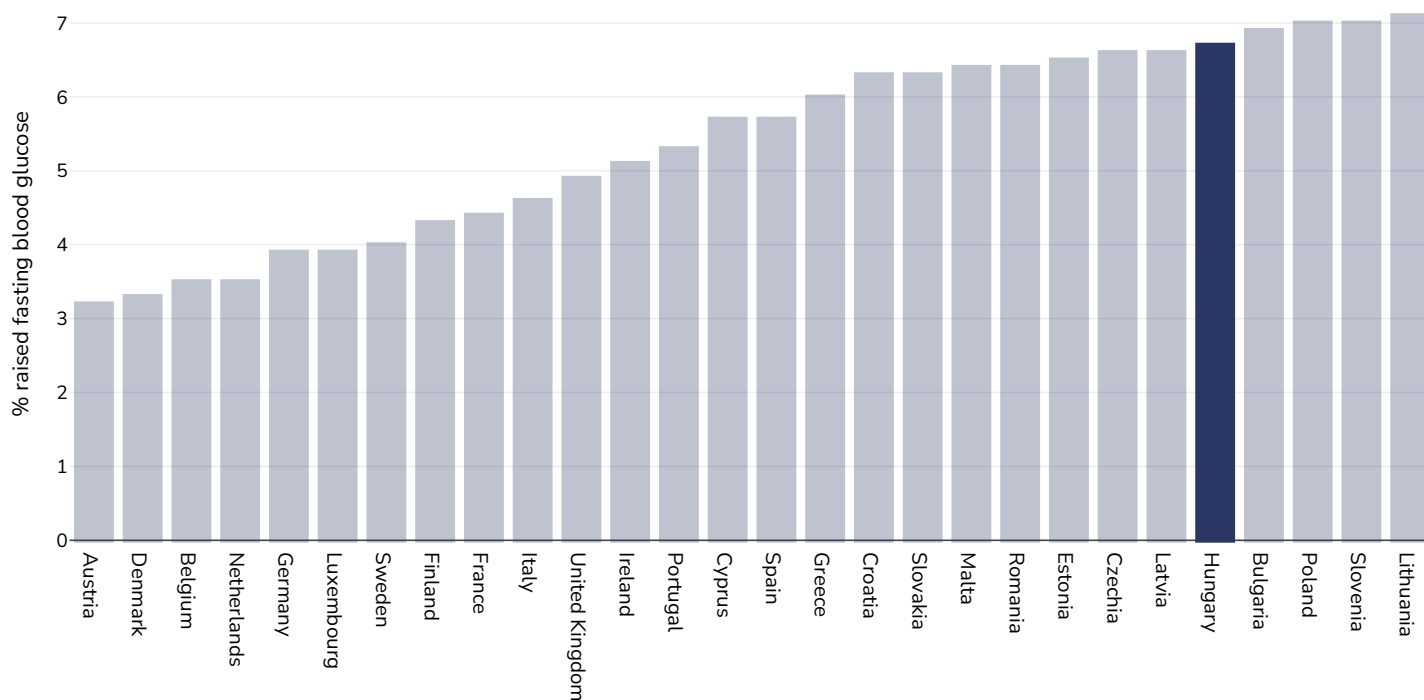
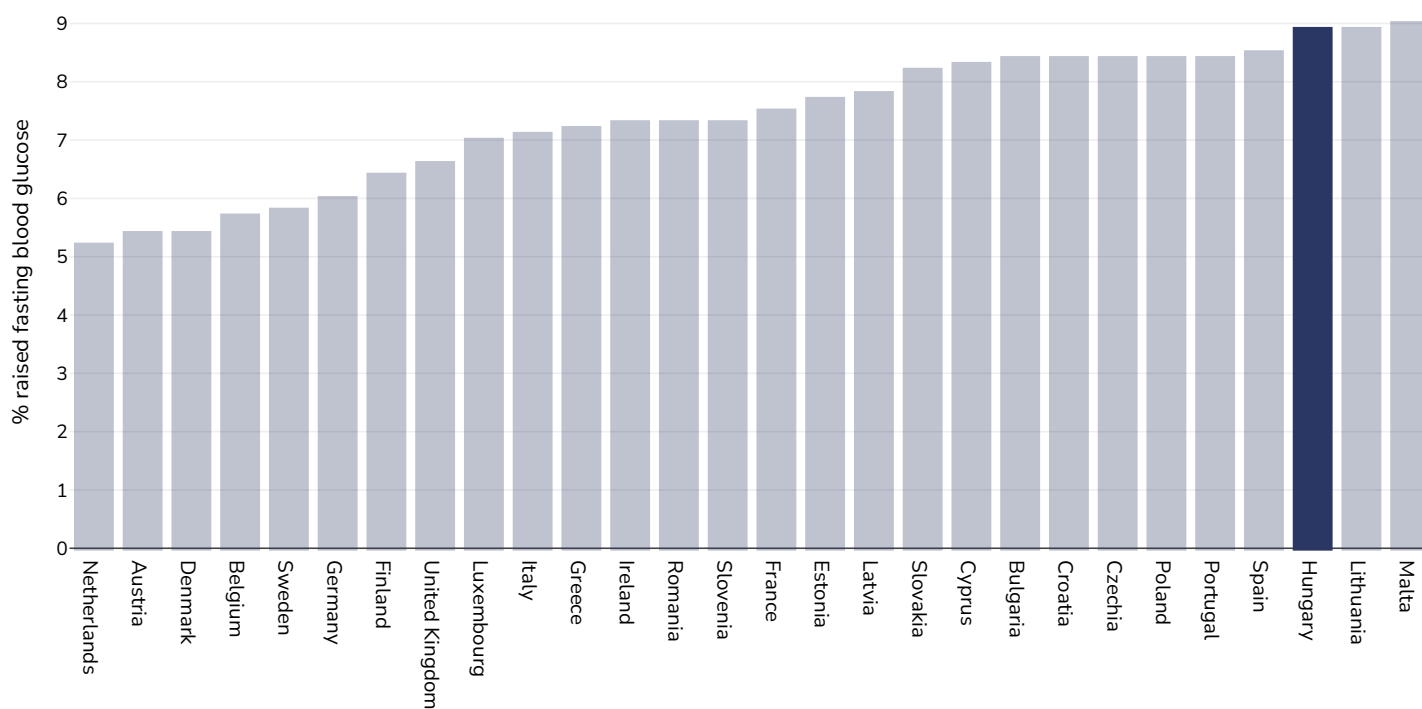References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Women, 2014

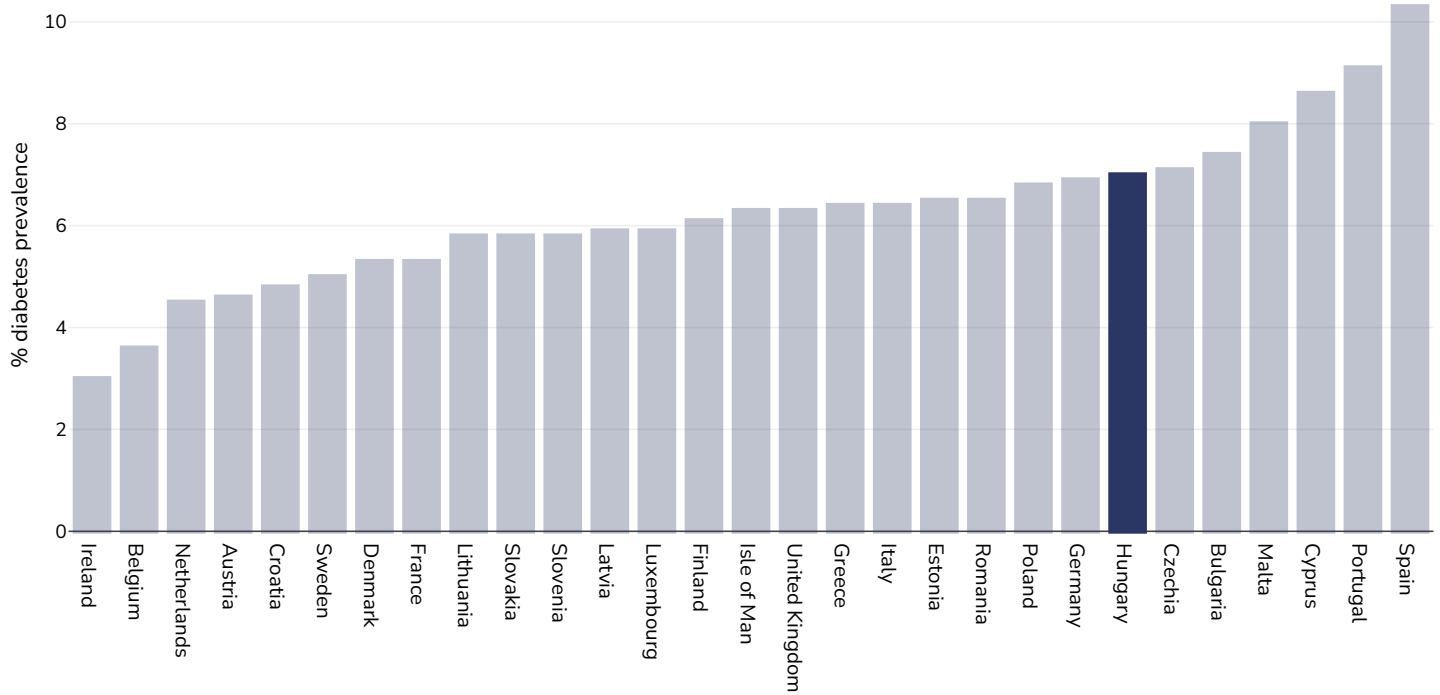References: Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2021

Age:	20-79
Area covered:	National
References:	Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org
Definitions:	Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	✗
Back-of-pack nutrition declaration?	✓
Color coding?	✗
Warning label?	✗

Regulation and marketing

Are there fiscal policies on unhealthy products? ✔

Tax on unhealthy foods? ✔

Tax on unhealthy drinks? ✔

Are there fiscal policies on healthy products? ✘

Subsidy on fruits? ✘

Subsidy on vegetables? ✘

Subsidy on other healthy products? ✘

Mandatory limit or ban of trans fat (all settings)? ✔

Mandatory limit of trans fats in place (all settings)? ✔

Ban on trans-fats or phos in place (all settings)? ✘

Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children? ✔

Mandatory restriction on broadcast media? ✔

Mandatory restriction on non-broadcast media? ✔

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children? ✘

Are there mandatory standards for food in schools? ✔

Are there any mandatory nutrient limits in any manufactured food products? ✔

Nutrition standards for public sector procurement? ✔

Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✔
National obesity strategy?	✘
National childhood obesity strategy?	✘
Comprehensive nutrition strategy?	✔
Comprehensive physical activity strategy?	✔
Evidence-based dietary guidelines and/or RDAs?	✔
National target(s) on reducing obesity?	✘
Guidelines/policy on obesity treatment?	✔
Promotion of breastfeeding?	✘

Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✔
Within 5 years?	✔

Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✘

Key

✔ Present   ✔ᵥ Present (voluntary)   ✔ Incoming   ✘ Absent   ? Unknown

Last updated November 2, 2022

PDF created on May 24, 2024