# Hungary



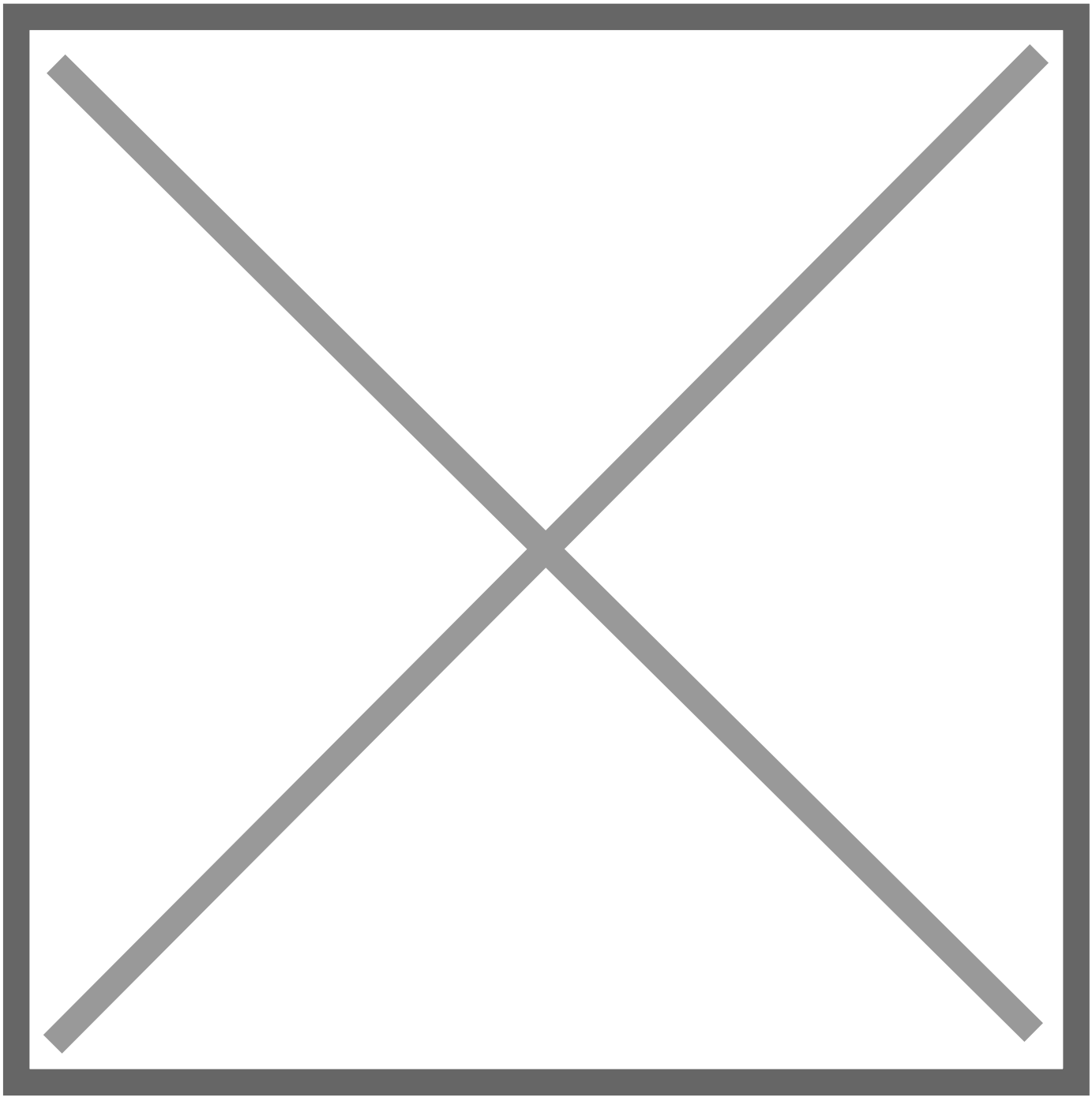
## Country report card

*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/hungary-93/.*

# Obesity prevalence

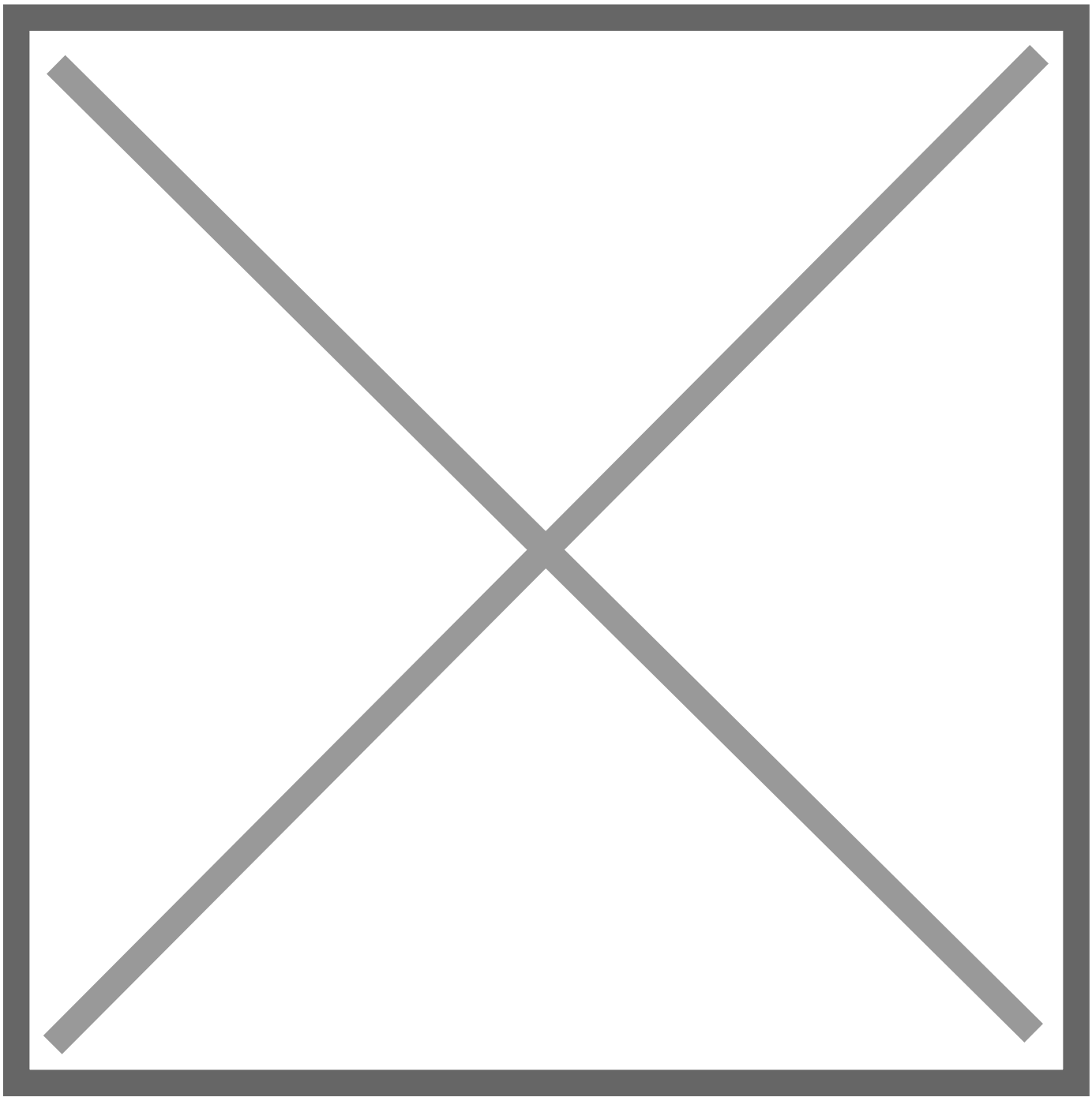
## Adults, 2025



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

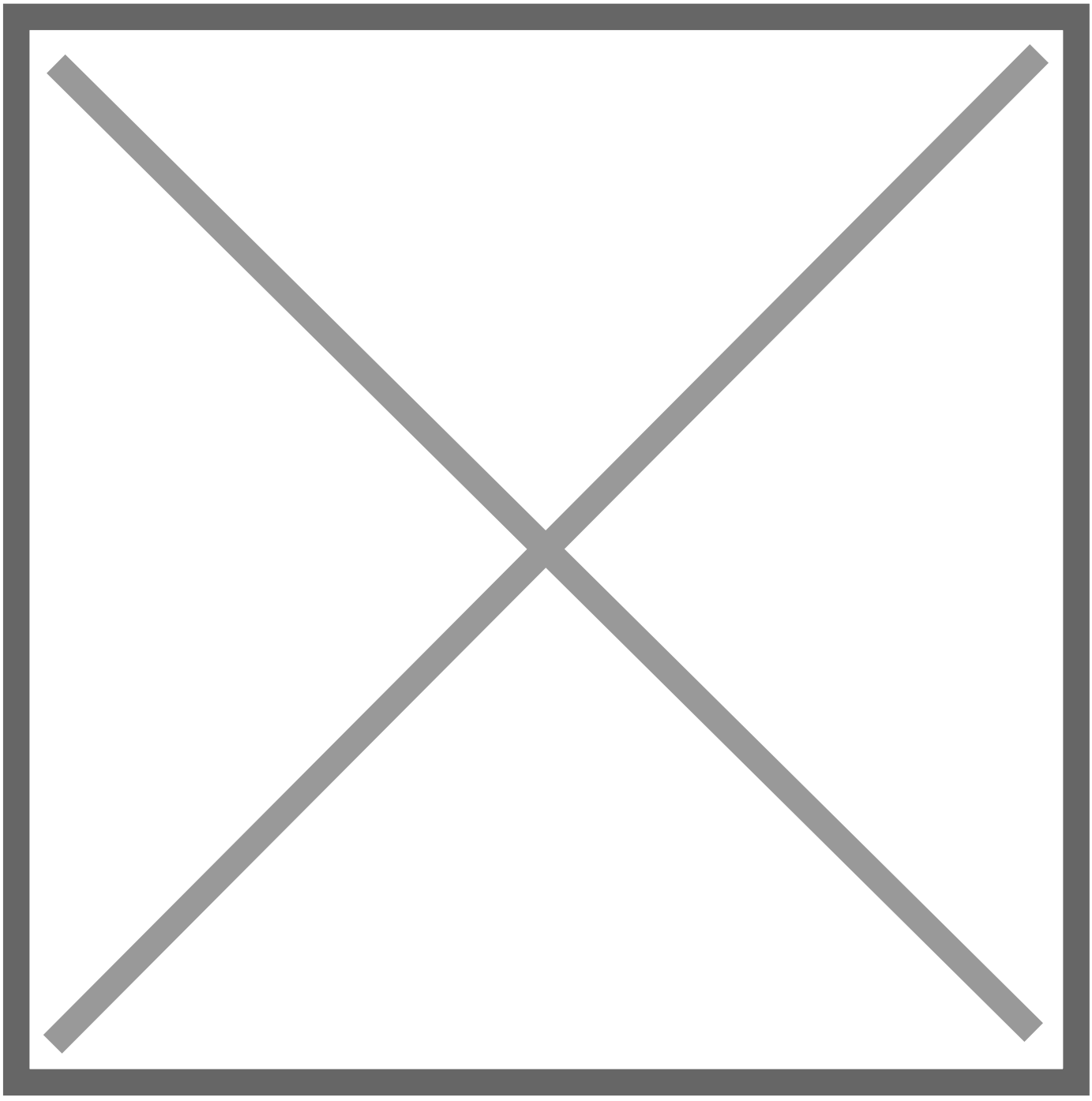
## Children, 2022-2024



| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 7 |
| **Sample size:** | 2409 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |
| **Cutoffs:** | WHO 2007 |

# % Adult obesity Hungary 2000-2022 (Self-reported)

## Men



| | |
|---|---|
| **Survey type:** | Self-reported |

**Список литературы:**

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000 (last accessed 04.11.21)

2014: 2014 Eurostat Database:http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)

2017: 2017 EUROSTAT Database http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc_hch10&lang=en (last accessed 05.06.26)

2019: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21)

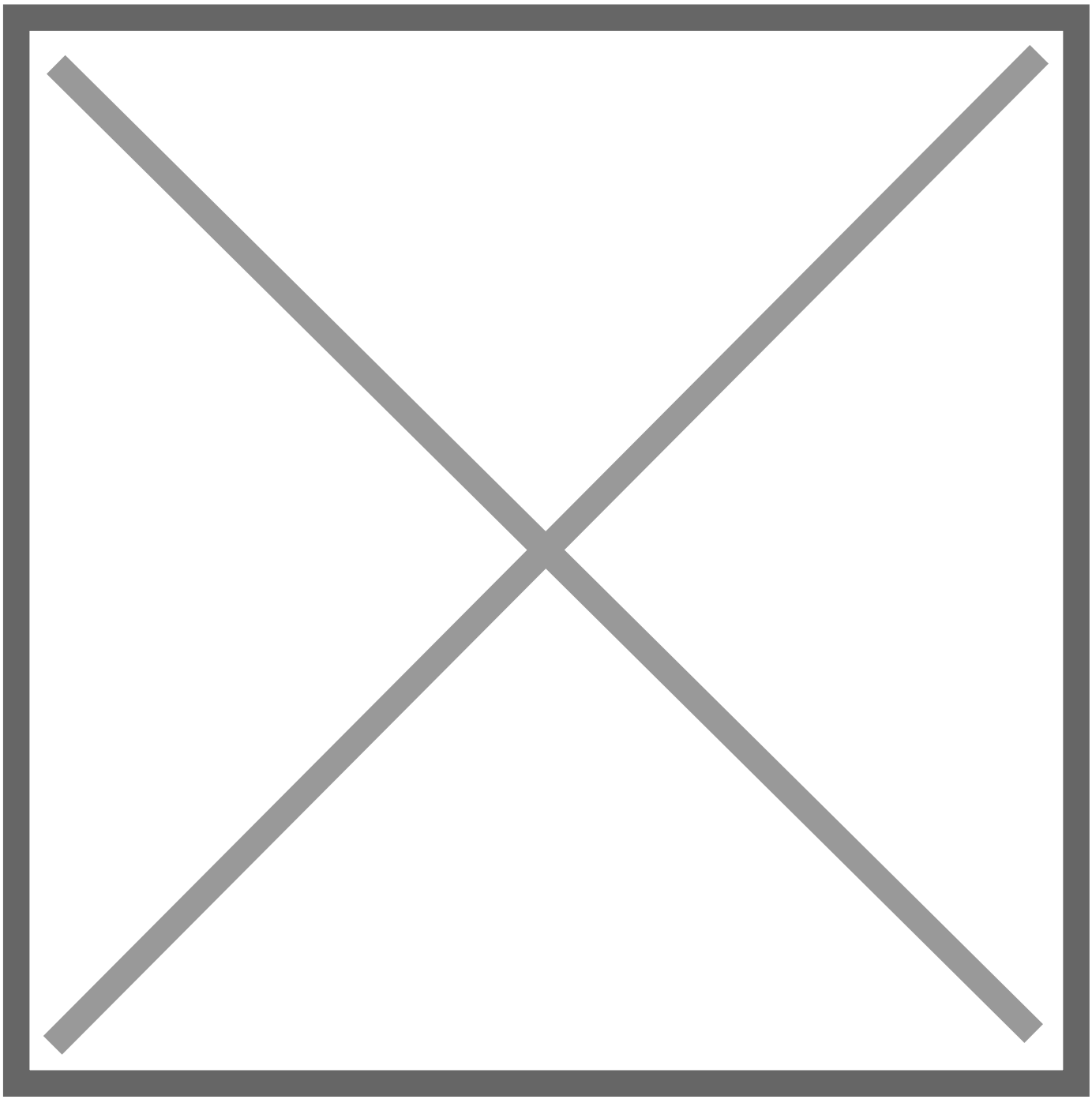
2022: Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 05.06.26)

**Notes:** Eurostat

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Women



| | |
|---|---|
| **Survey type:** | Self-reported |

**Список литературы:**

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000 (last accessed 04.11.21)

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2017: 2017 EUROSTAT Database http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc_hch10&lang=en (last accessed 05.06.26)

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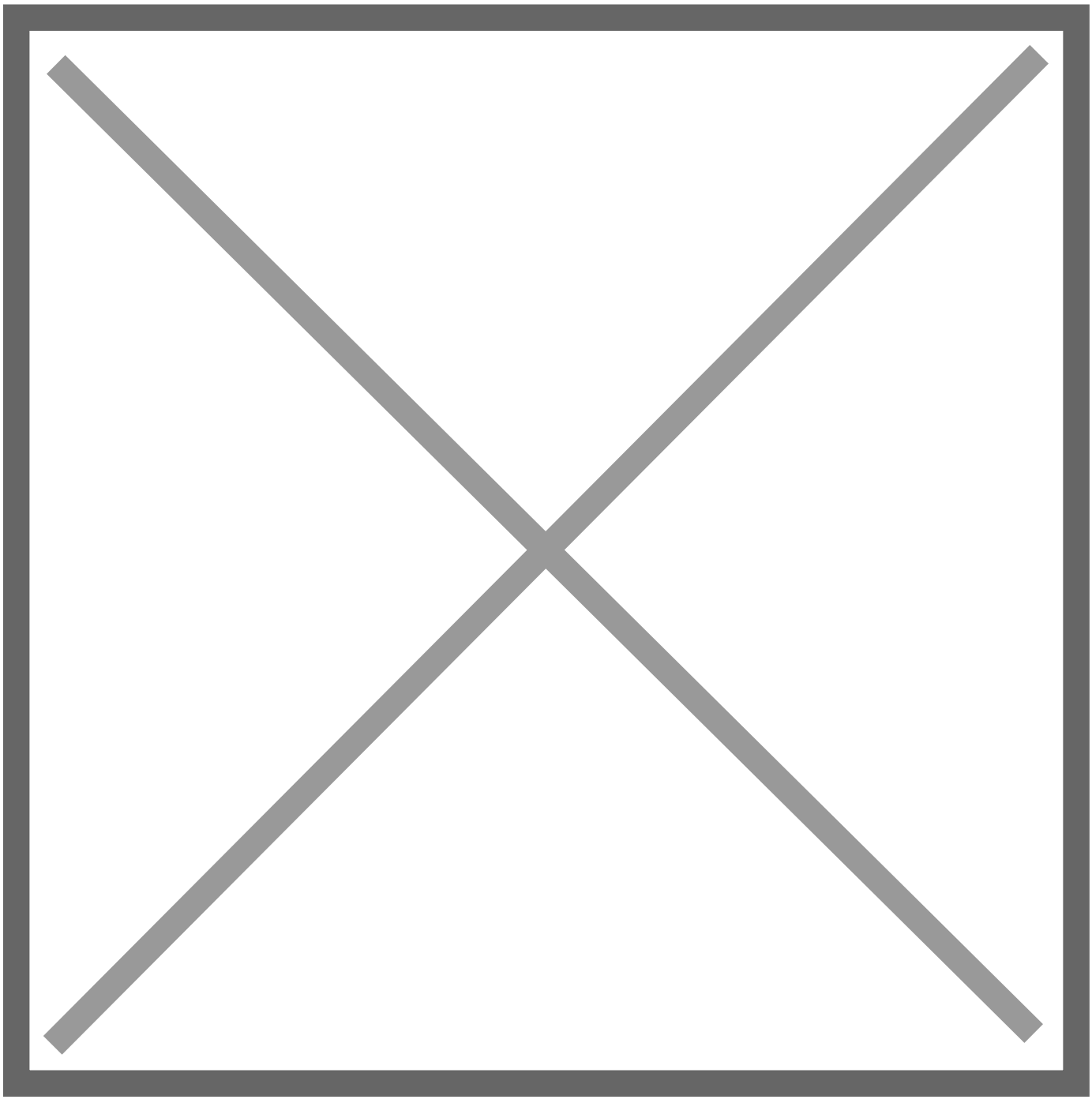
2022: Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 05.06.26)

**Notes:** Eurostat

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Men and women



| | |
|---|---|
| **Survey type:** | Self-reported |

**Список литературы:**

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000 (last accessed 04.11.21)

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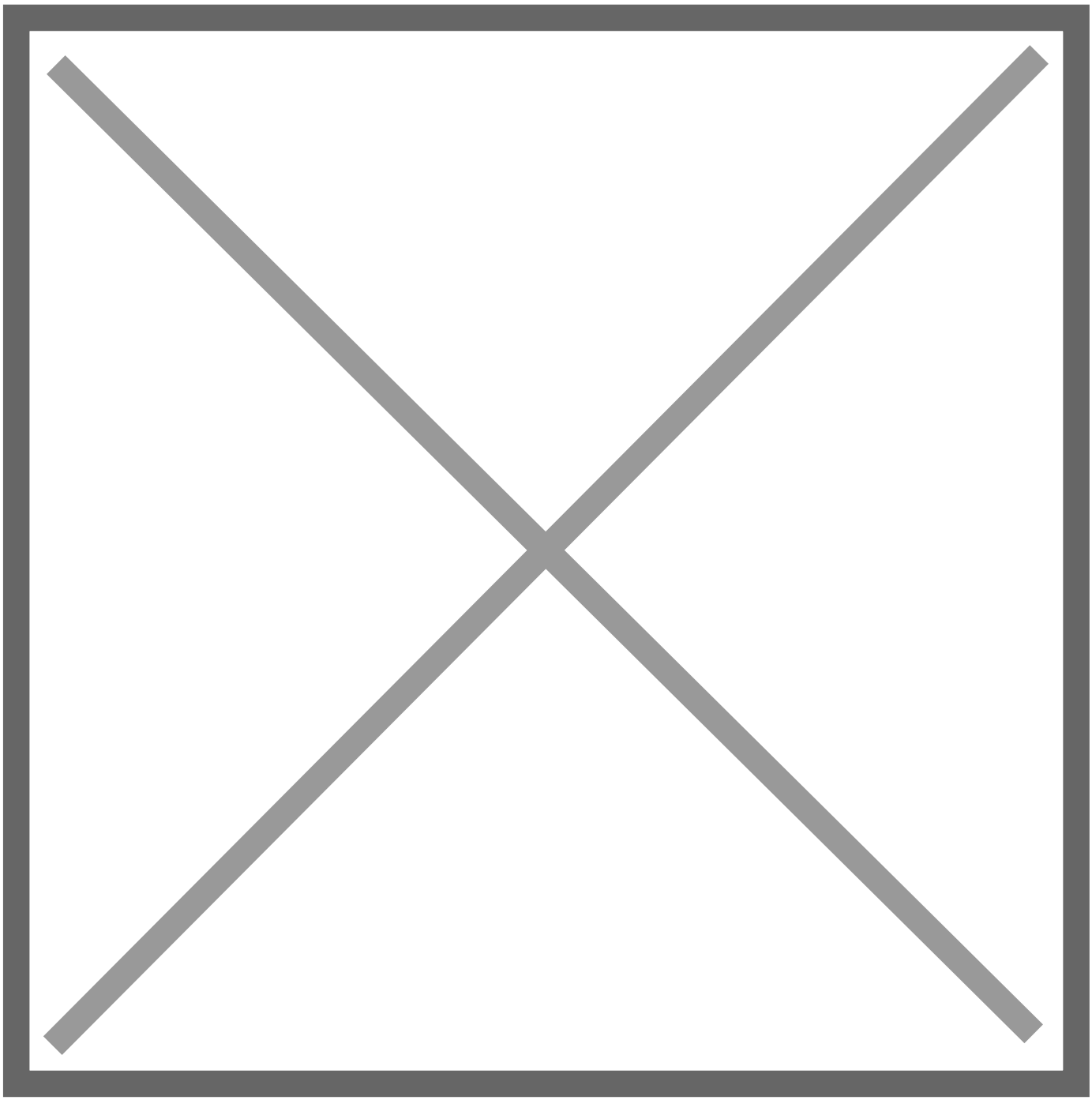
**Notes:** Eurostat

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

# % Adult overweight or obesity Hungary, 2000-2022 (Self-reported)

## Men



| | |
|---|---|
| **Survey type:** | Self-reported |

**Список литературы:**

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000 (last accessed 04.11.21)

2014: Rurik. I et al. (2016). Obese Hungary. The trend of overweight and obesity and Prevalence in Hungary, 2015. Orvosi Hetilap. 157(31), pp. 1248-55.

2017: 2017 EUROSTAT Database http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc_hch10&lang=en (last accessed 05.06.26)

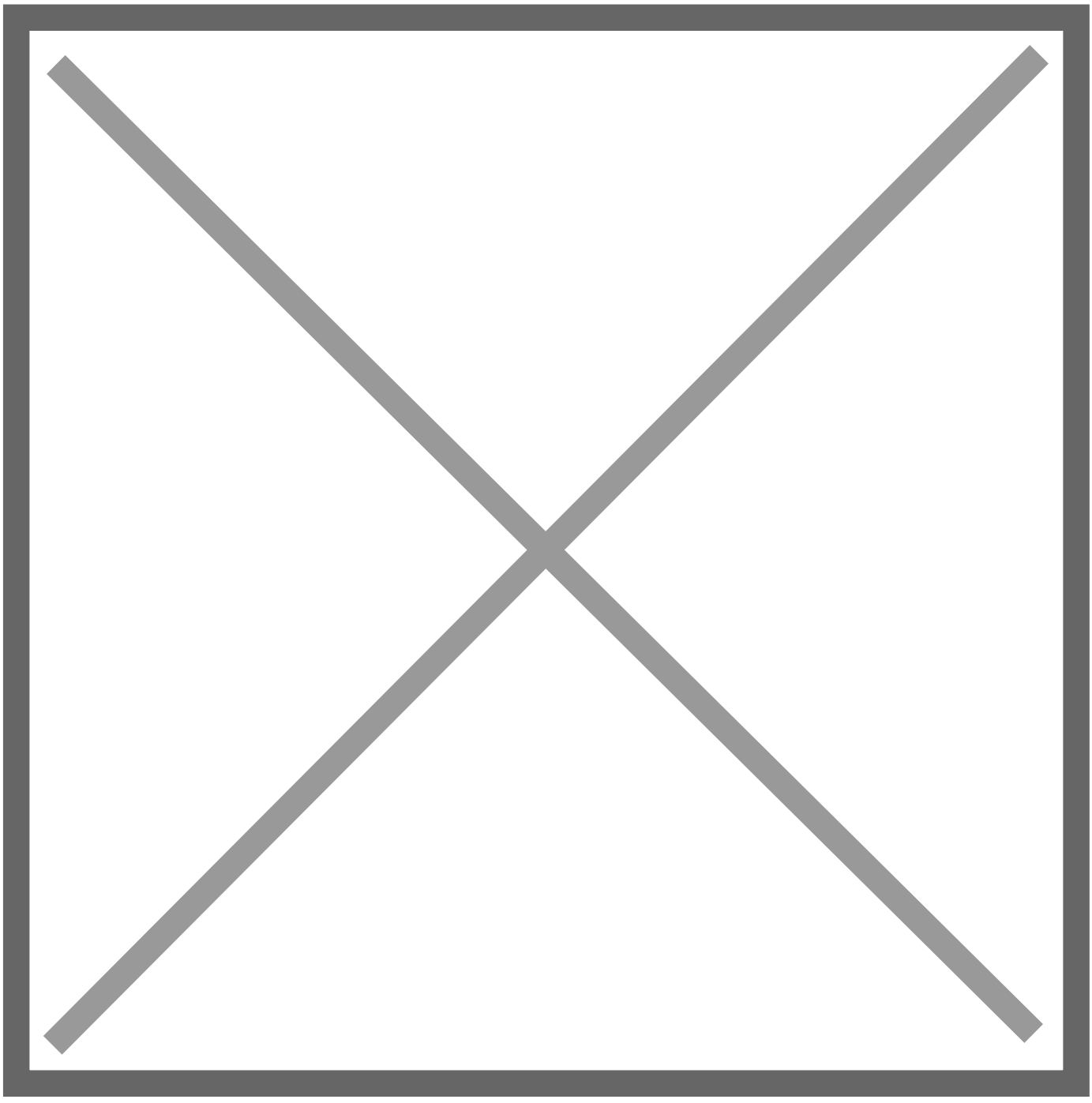
2019: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21)

2022: Eurostat 2022 Data. Available at https://ec.europa.eu/eurostat/databrowser/view/ilc_hch10/default/table?lang=en (last accessed 05.06.26)

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## Women



| | |
|---|---|
| **Survey type:** | Self-reported |

**Список литературы:**

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000 (last accessed 04.11.21)

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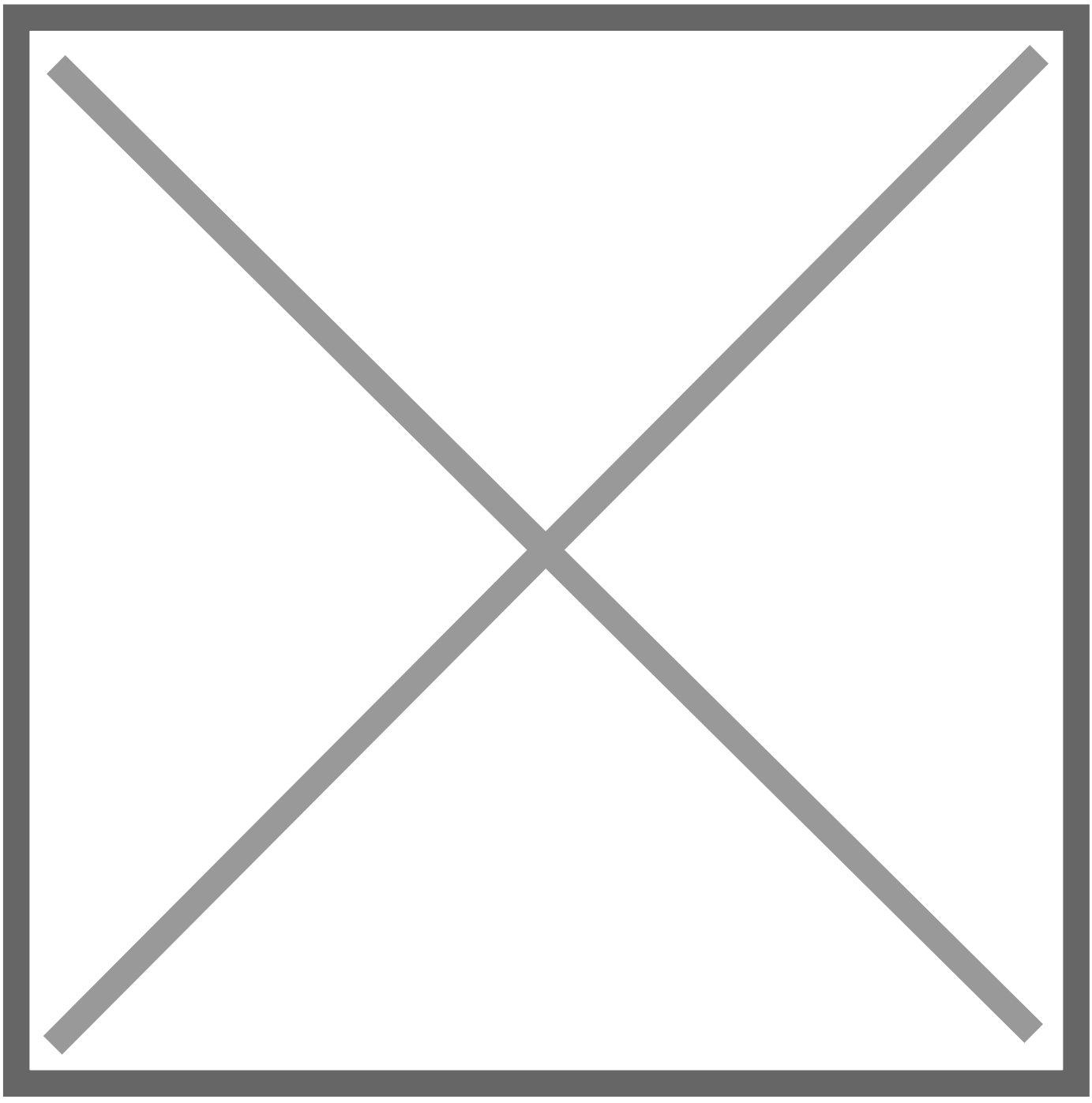
2019: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21)

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## Men and women



| | |
|---|---|
| **Survey type:** | Self-reported |

**Список литературы:**

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000 (last accessed 04.11.21)

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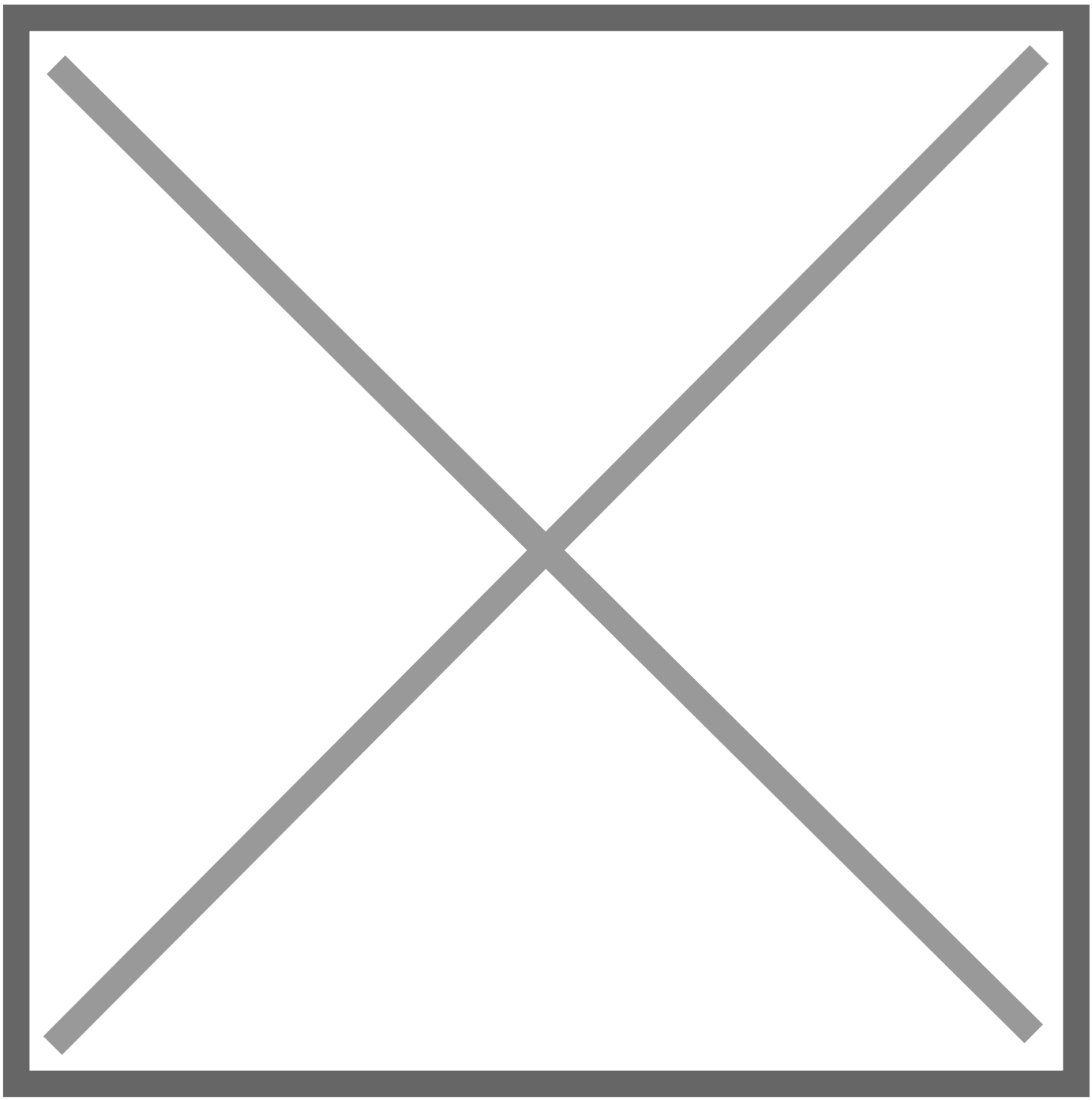
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*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

# % Children (aged 7) living with obesity in Hungary, 2009-2022 (COSI)

## Boys

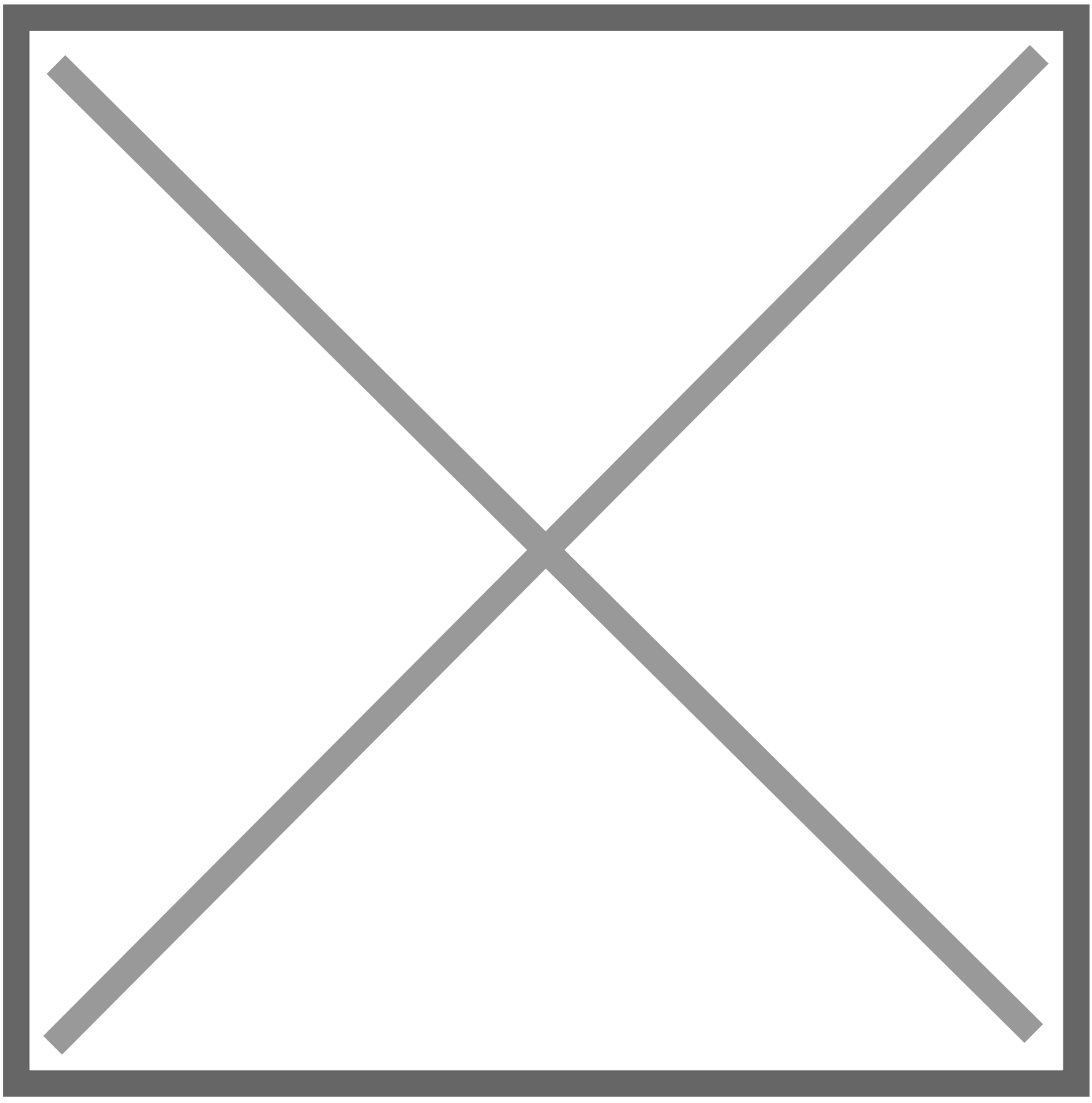


| | |
|---|---|
| **Survey type:** | Measured |

| | |
|---|---|
| **Список литературы:** | 2009: Wijnhoven, T.M., van Raaij, J.M., Spinelli, A. et al. WHO European Childhood Obesity Surveillance Initiative: body mass index and level of overweight among 6-9-year-old children from school year 2007/2008 to school year 2009/2010. BMC Public Health 14, 806 (2014). https://doi.org/10.1186/1471-2458-14-806<br>2016: Erdei, G., Bakacs, M., Illés, É. et al. Substantial variation across geographic regions in the obesity prevalence among 6–8 years old Hungarian children (COSI Hungary 2016). BMC Public Health 18, 611 (2018). https://doi.org/10.1186/s12889-018-5530-6<br>2018: Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO. |
| **Notes:** | COSI |
| **Definitions:** | WHO 2007 cutoffs |

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Girls



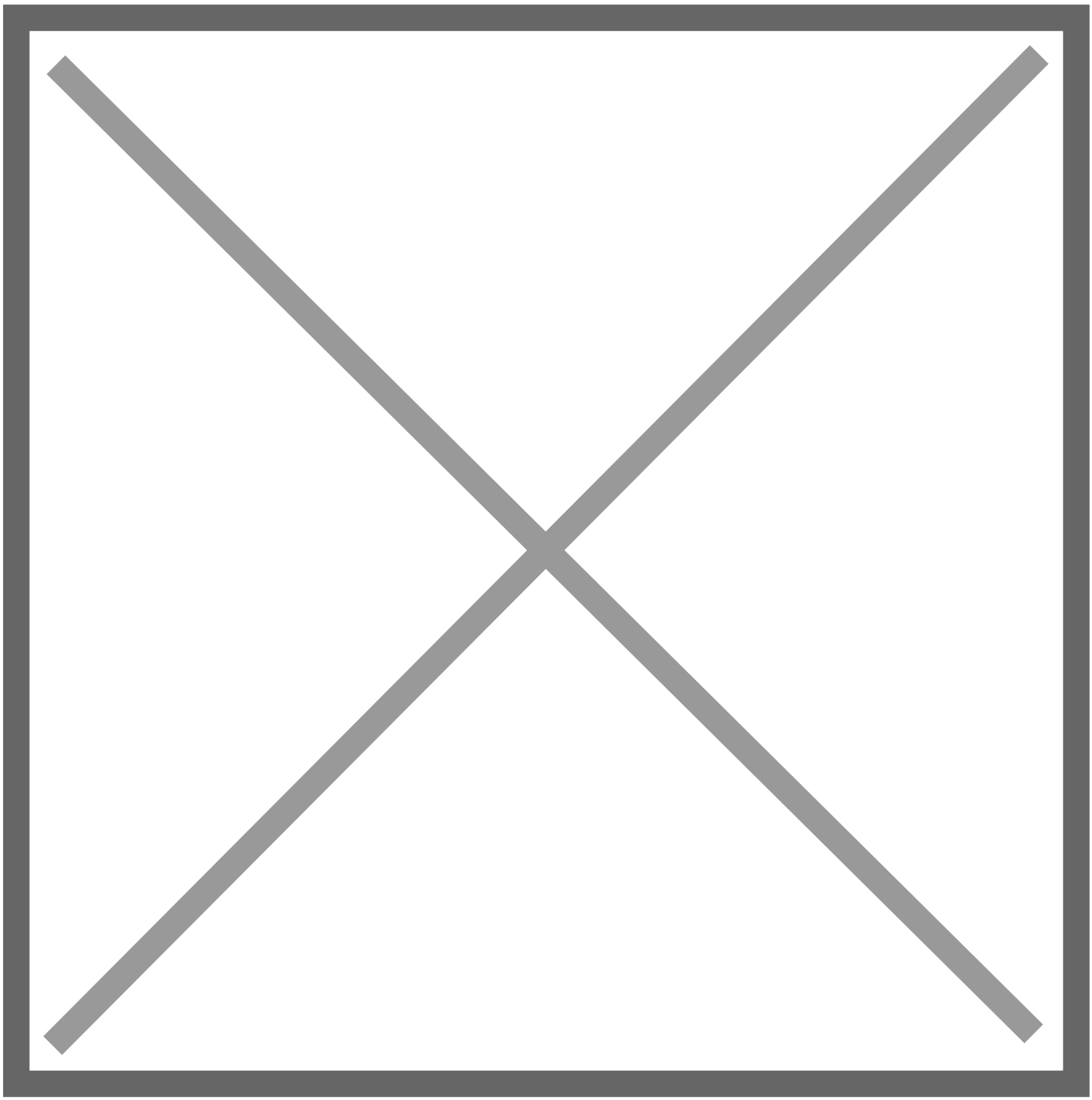
| | |
|---|---|
| **Survey type:** | Measured |
| **Список литературы:** | 2009: Wijnhoven, T.M., van Raaij, J.M., Spinelli, A. et al. WHO European Childhood Obesity Surveillance Initiative: body mass index and level of overweight among 6-9-year-old children from school year 2007/2008 to school year 2009/2010. BMC Public Health 14, 806 (2014). https://doi.org/10.1186/1471-2458-14-806<br>2016: Erdei, G., Bakacs, M., Illés, É. et al. Substantial variation across geographic regions in the obesity prevalence among 6–8 years old Hungarian children (COSI Hungary 2016). BMC Public Health 18, 611 (2018). https://doi.org/10.1186/s12889-018-5530-6<br>2018: Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | COSI |
| **Definitions:** | WHO 2007 cutoffs |

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

# % Children (aged 7) living with overweight or obesity in Hungary, 2009-2022 (COSI)

## Boys

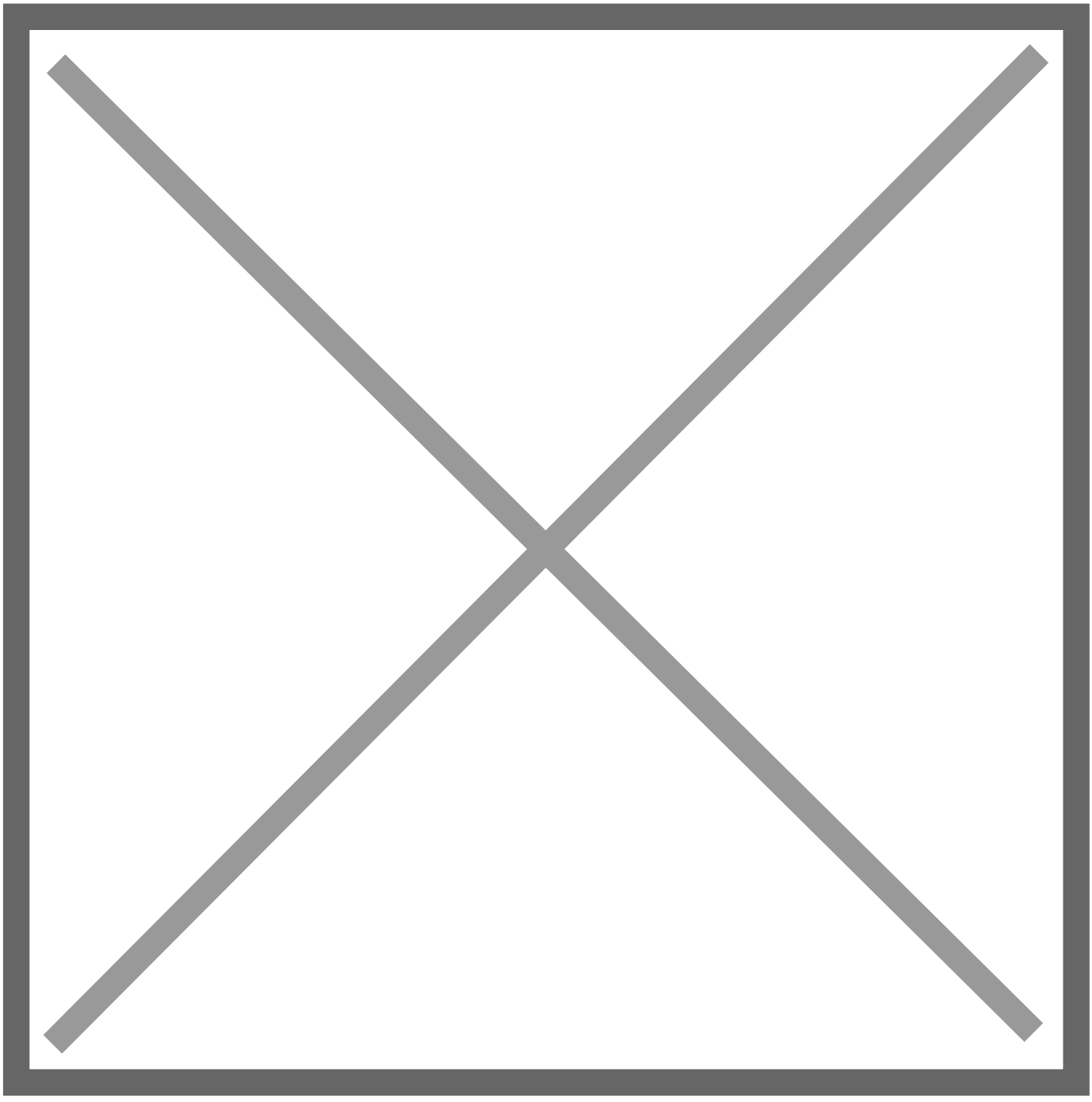


| | |
|---|---|
| **Survey type:** | Measured |

| | |
|---|---|
| **Список литературы:** | 2009: Wijnhoven, T.M., van Raaij, J.M., Spinelli, A. et al. WHO European Childhood Obesity Surveillance Initiative: body mass index and level of overweight among 6-9-year-old children from school year 2007/2008 to school year 2009/2010. BMC Public Health 14, 806 (2014). https://doi.org/10.1186/1471-2458-14-806<br>2016: Erdei, G., Bakacs, M., Illés, É. et al. Substantial variation across geographic regions in the obesity prevalence among 6–8 years old Hungarian children (COSI Hungary 2016). BMC Public Health 18, 611 (2018). https://doi.org/10.1186/s12889-018-5530-6<br>2018: Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO. |
| **Notes:** | COSI |
| **Definitions:** | WHO 2007 cutoffs |

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## Girls



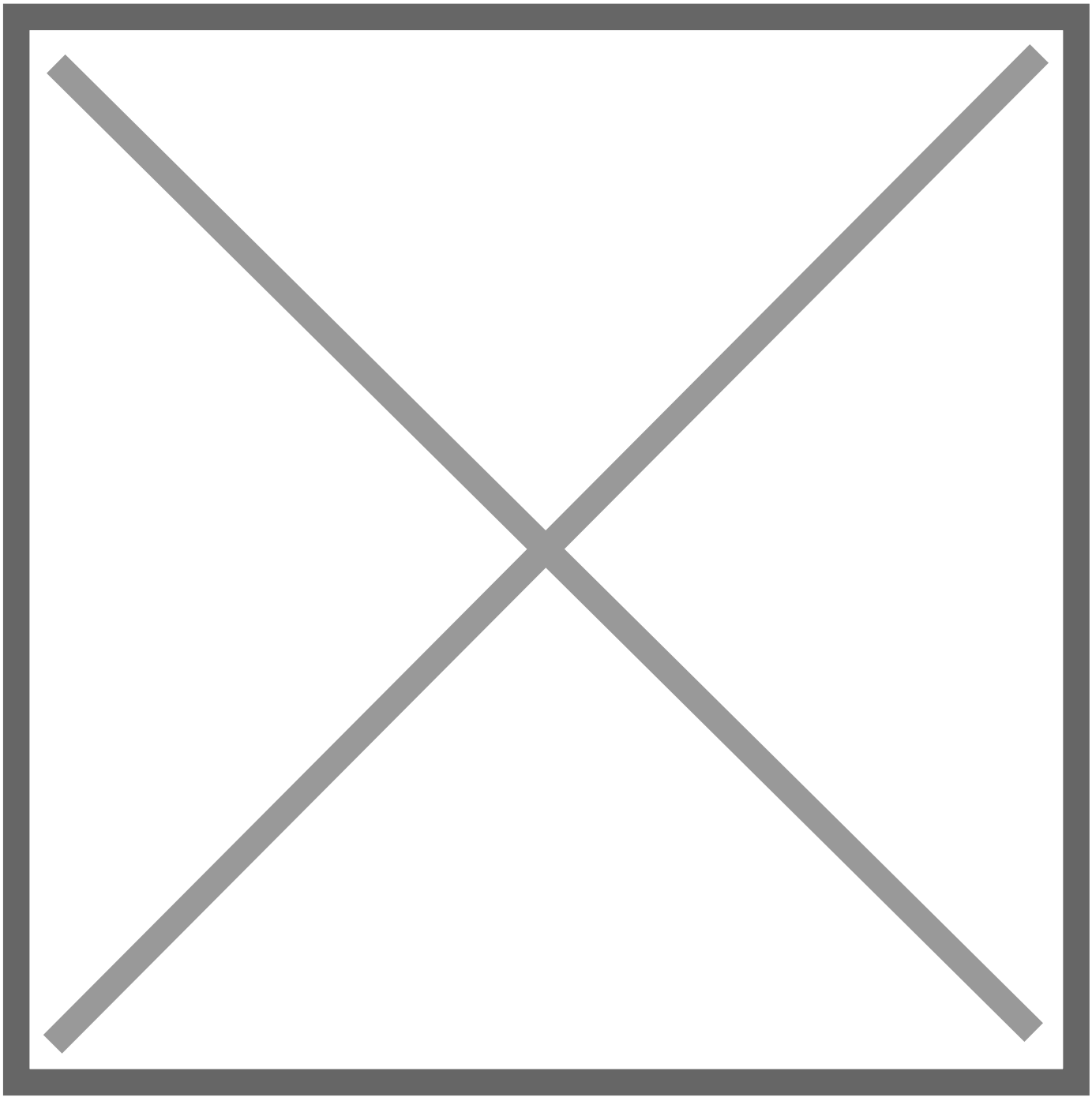
| | |
|---|---|
| **Survey type:** | Measured |
| **Список литературы:** | 2009: Wijnhoven, T.M., van Raaij, J.M., Spinelli, A. et al. WHO European Childhood Obesity Surveillance Initiative: body mass index and level of overweight among 6-9-year-old children from school year 2007/2008 to school year 2009/2010. BMC Public Health 14, 806 (2014). https://doi.org/10.1186/1471-2458-14-806<br>2016: Erdei, G., Bakacs, M., Illés, É. et al. Substantial variation across geographic regions in the obesity prevalence among 6–8 years old Hungarian children (COSI Hungary 2016). BMC Public Health 18, 611 (2018). https://doi.org/10.1186/s12889-018-5530-6<br>2018: Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | COSI |
| **Definitions:** | WHO 2007 cutoffs |

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

# Overweight/obesity by age and education

## Adults, 2025

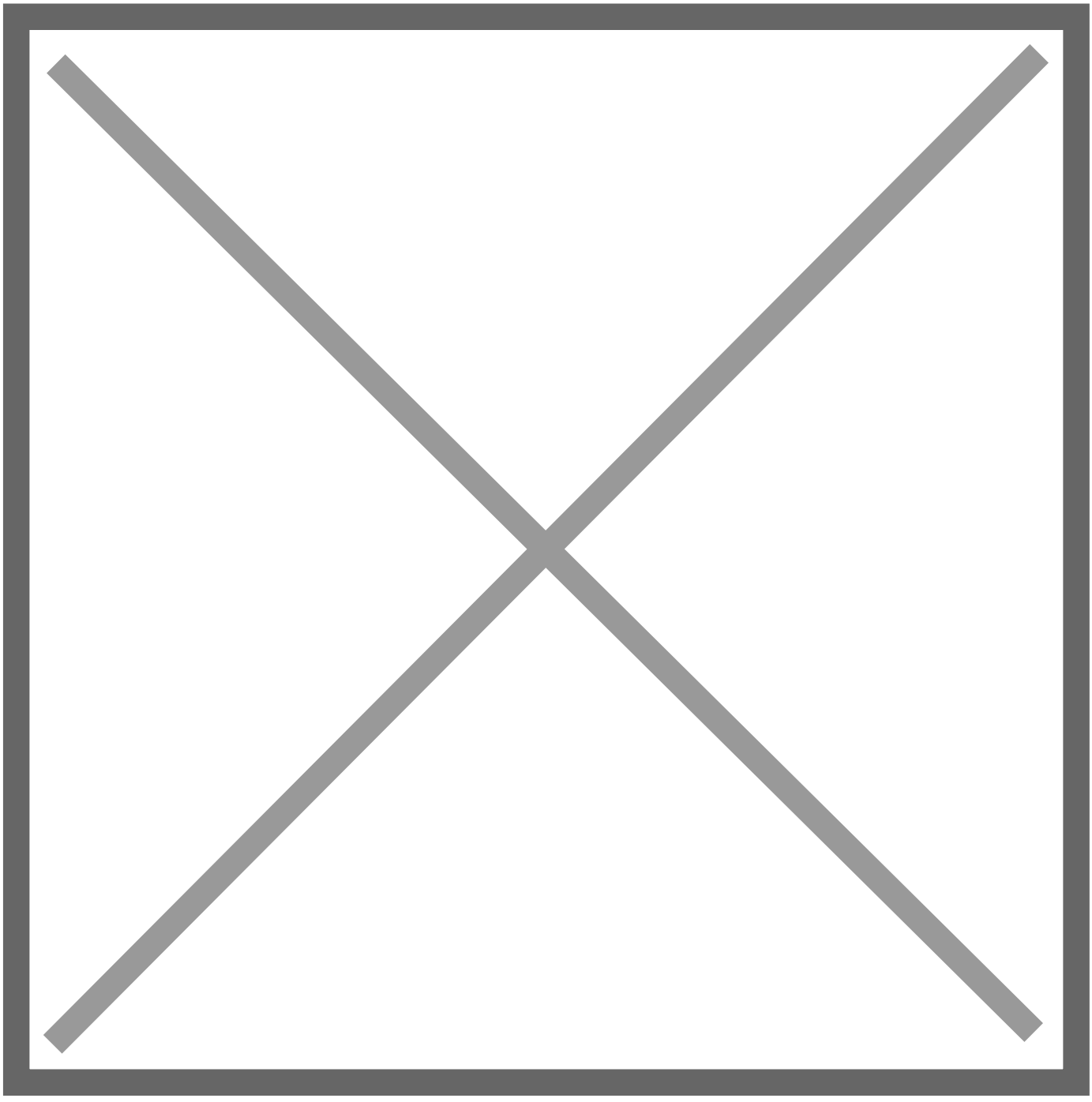


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |

| | |
|---|---|
| **Definitions:** | Level 0-2: Less than primary, primary and lower secondary education; Level 3-4: Upper secondary and post-secondary non-tertiary education; Level 5-8: Tertiary |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

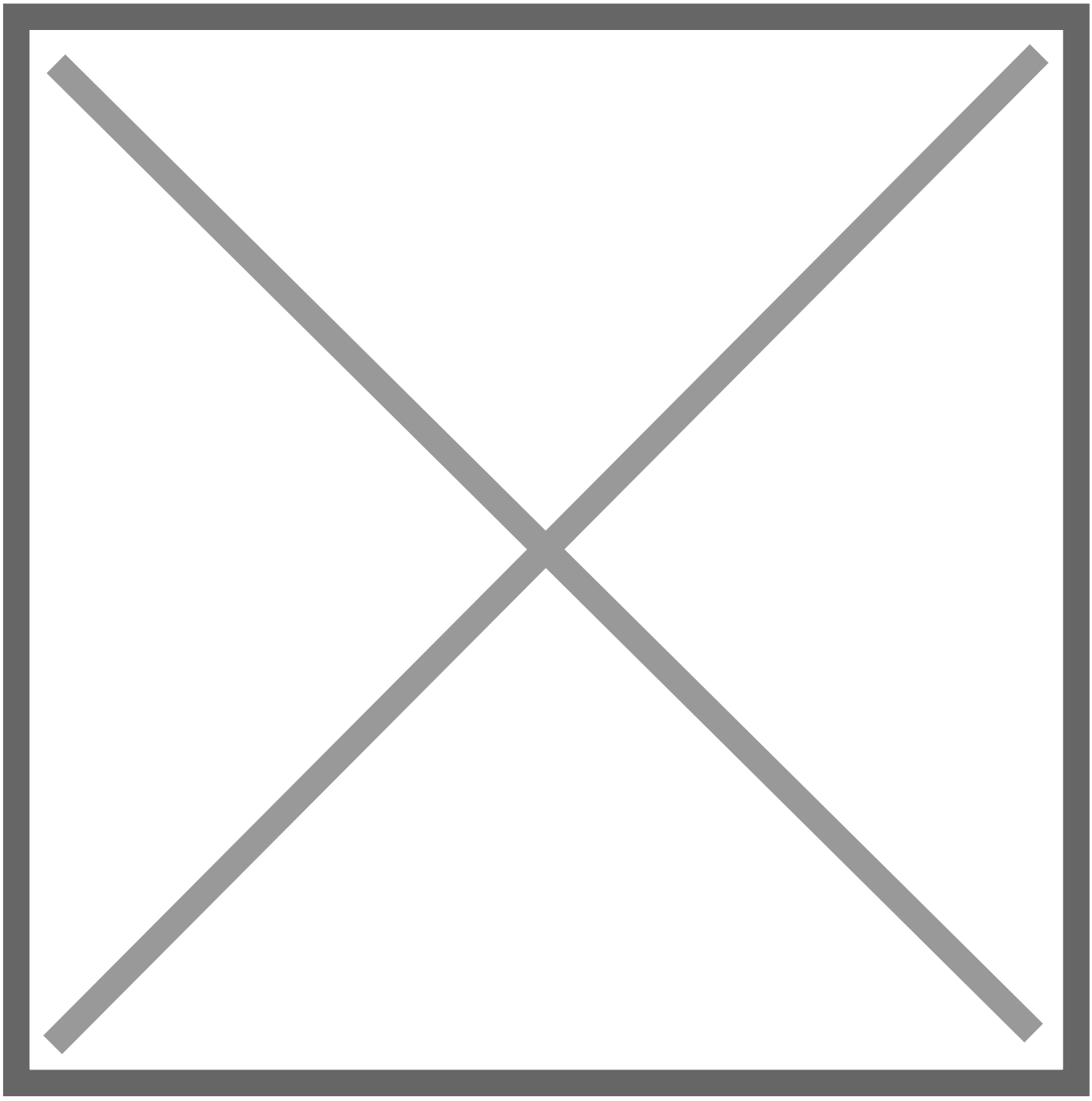
## Men, 2025



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |
| **Definitions:** | Level 0-2: Less than primary, primary and lower secondary education; Level 3-4: Upper secondary and post-secondary non-tertiary education; Level 5-8: Tertiary |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2025

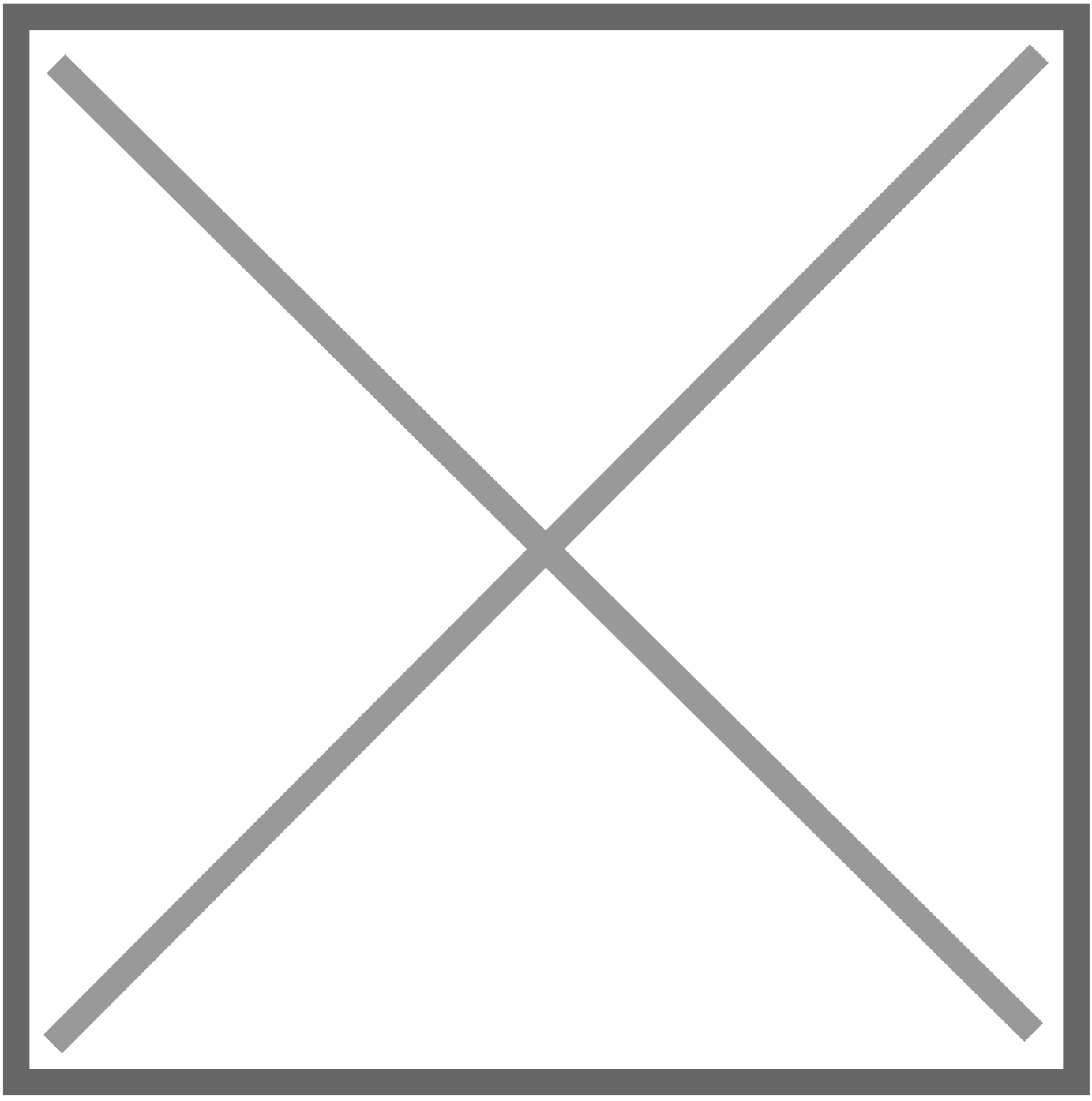


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |
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# Overweight/obesity by education

## Adults, 2025

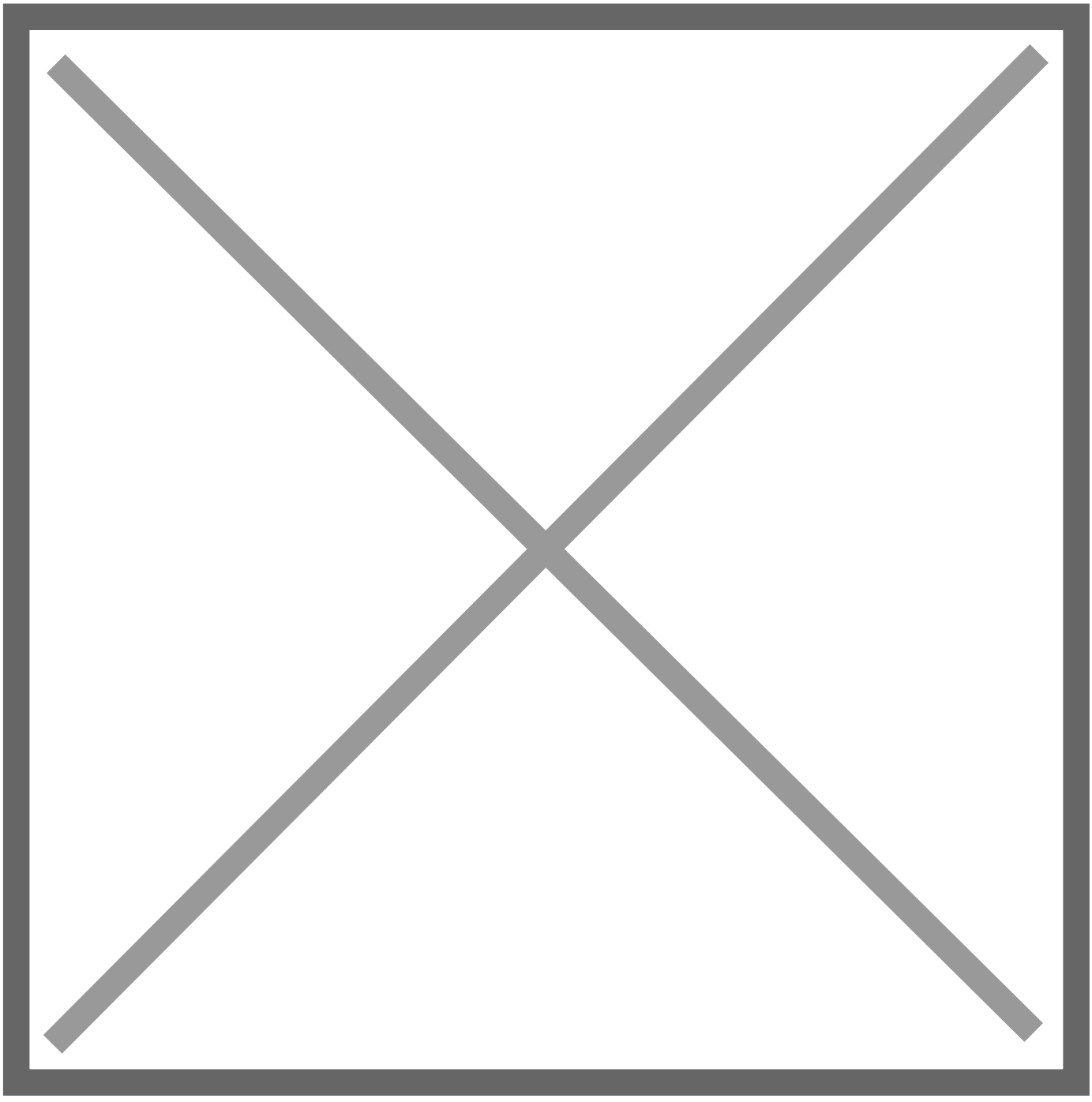


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |

| | |
|---|---|
| **Definitions:** | Level 0-2: Less than primary, primary and lower secondary education; Level 3-4: Upper secondary and post-secondary non-tertiary education; Level 5-8: Tertiary |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

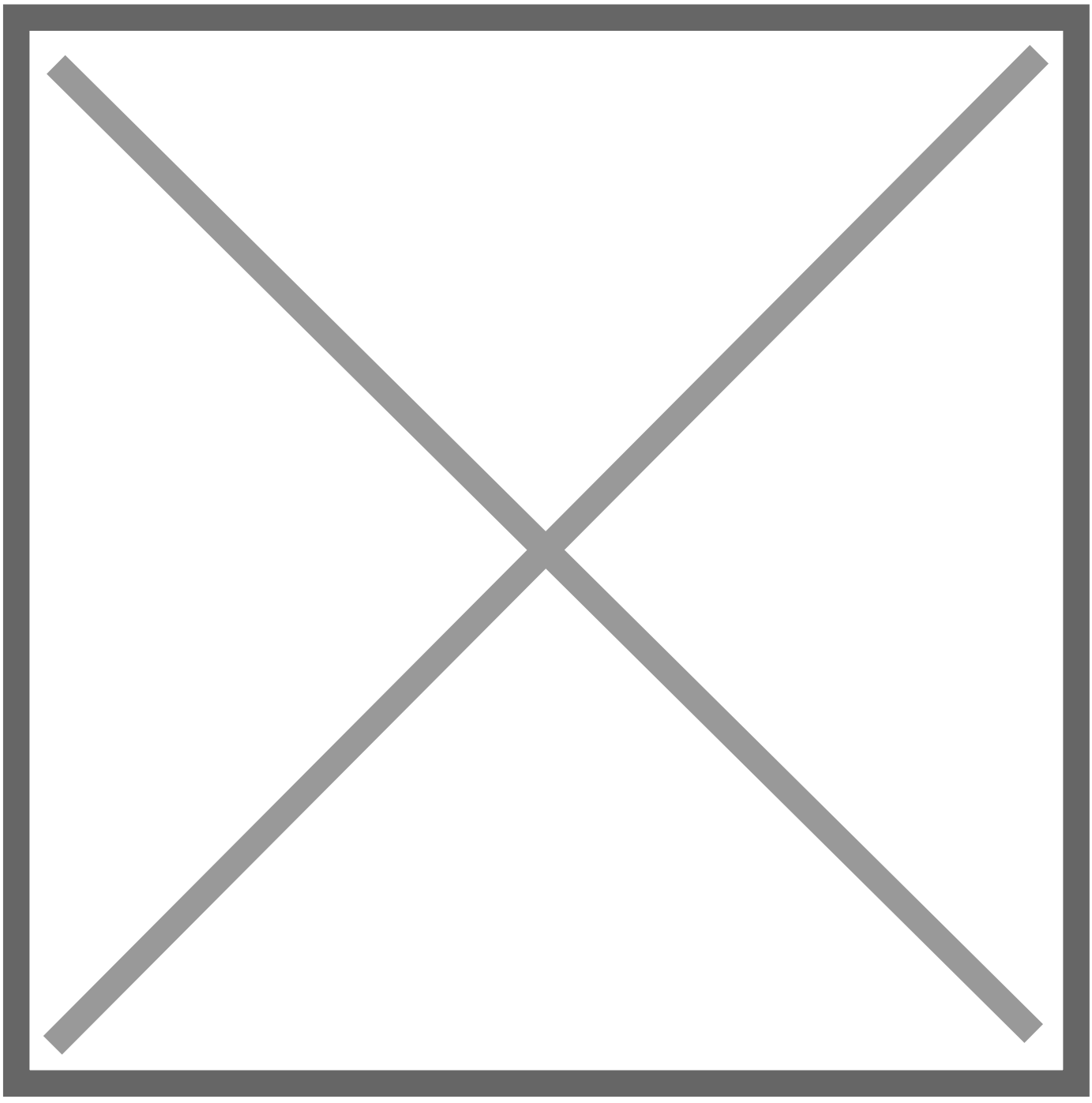
## Men, 2025



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |
| **Definitions:** | Level 0-2: Less than primary, primary and lower secondary education; Level 3-4: Upper secondary and post-secondary non-tertiary education; Level 5-8: Tertiary |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

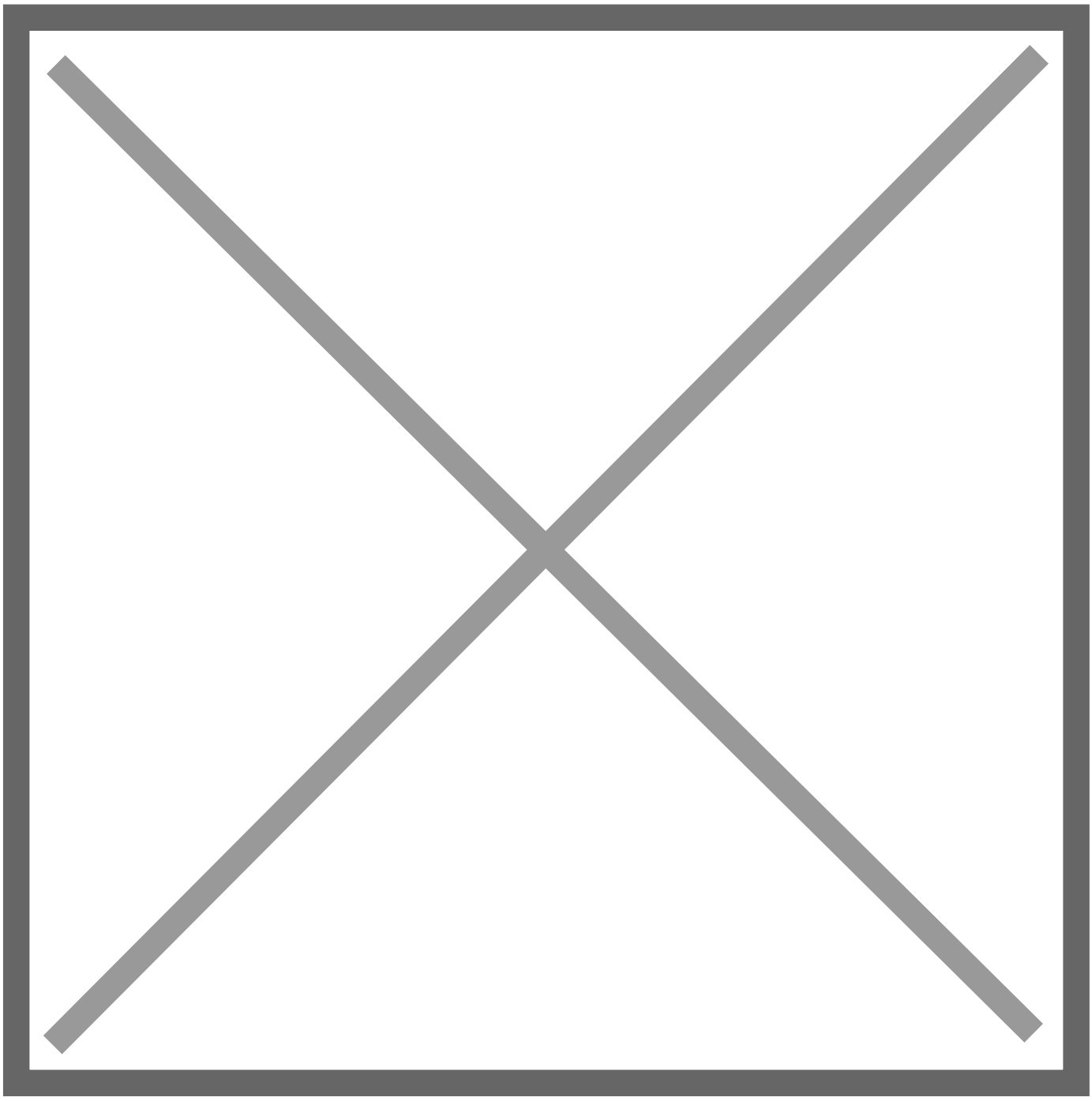
## Women, 2025



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |
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*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Children, 2022-2024

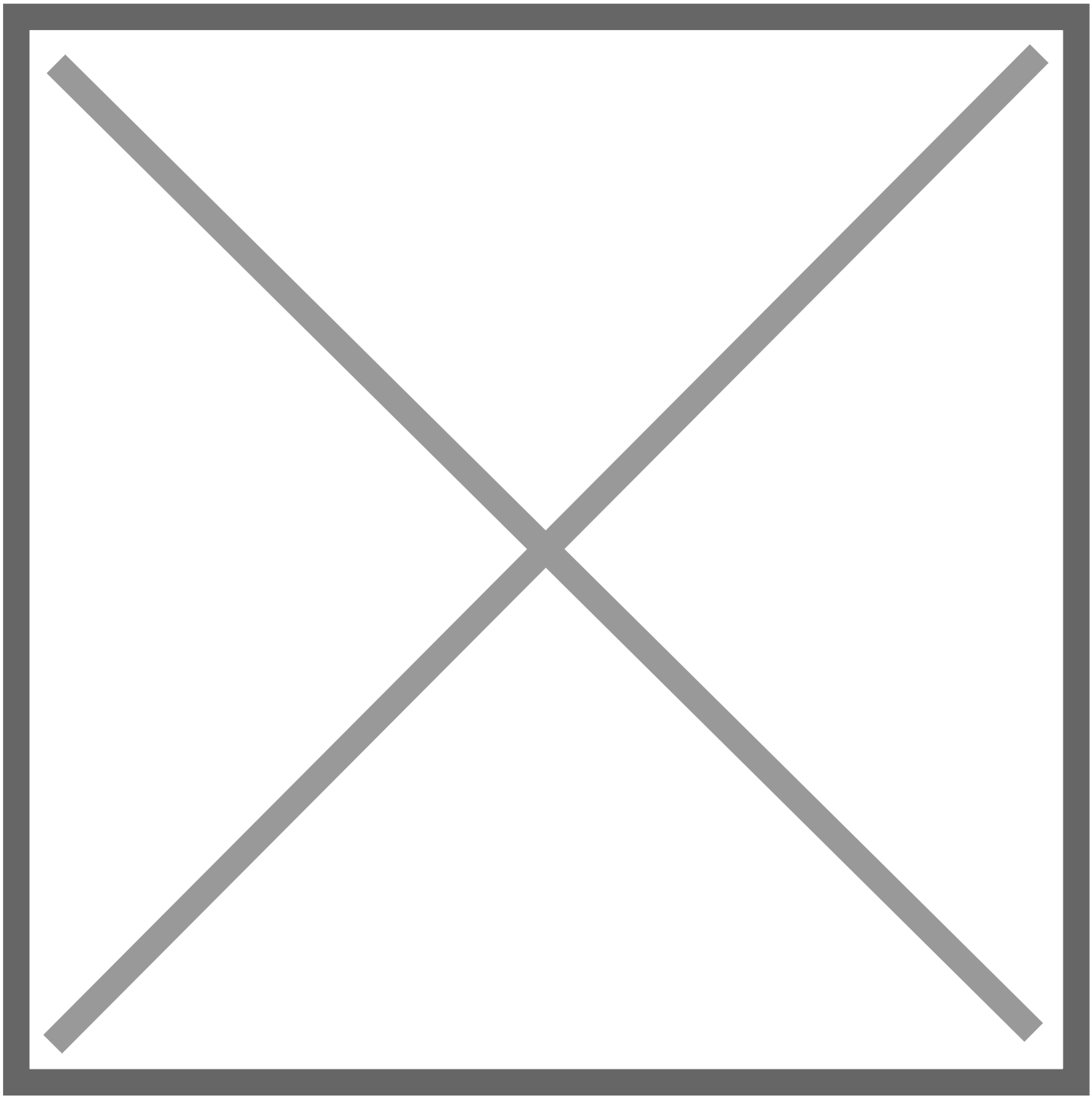


| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 6-9 |
| **Sample size:** | 4232 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Definitions:** | Level of parental education: (i) low to medium, where both parents have lower education or one parent has lower education and the other has higher education; and (ii) high, where both parents have higher education. Lower education was defined as “primary school or less”, “lower secondary education”, or “upper secondary and post-secondary non-tertiary education”. Higher education included “short-cycle tertiary education or bachelor’s or equivalent level” and “master’s or doctoral or equivalent level”. In single-parent families, parental education was determined based on the educational attainment of the single parent. |
| **Cutoffs:** | WHO 2007 |

# Overweight/obesity by age

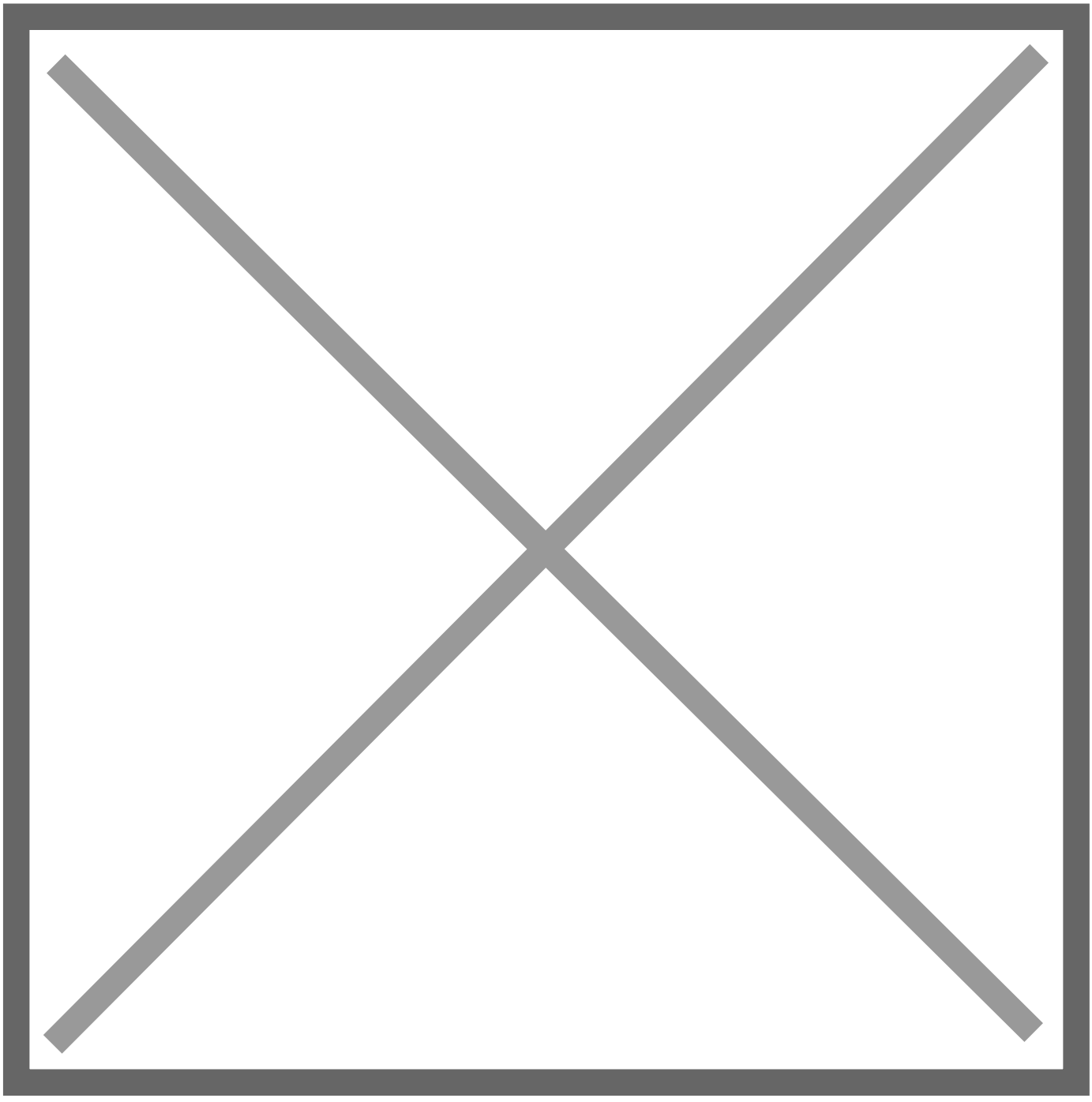
## Adults, 2025



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2025. Person distribution by body mass index, educational attainment level, sex and age. https://doi.org/10.2908/ILC_HCH10 [Accessed 20.04.26] |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Children, 2021-2022

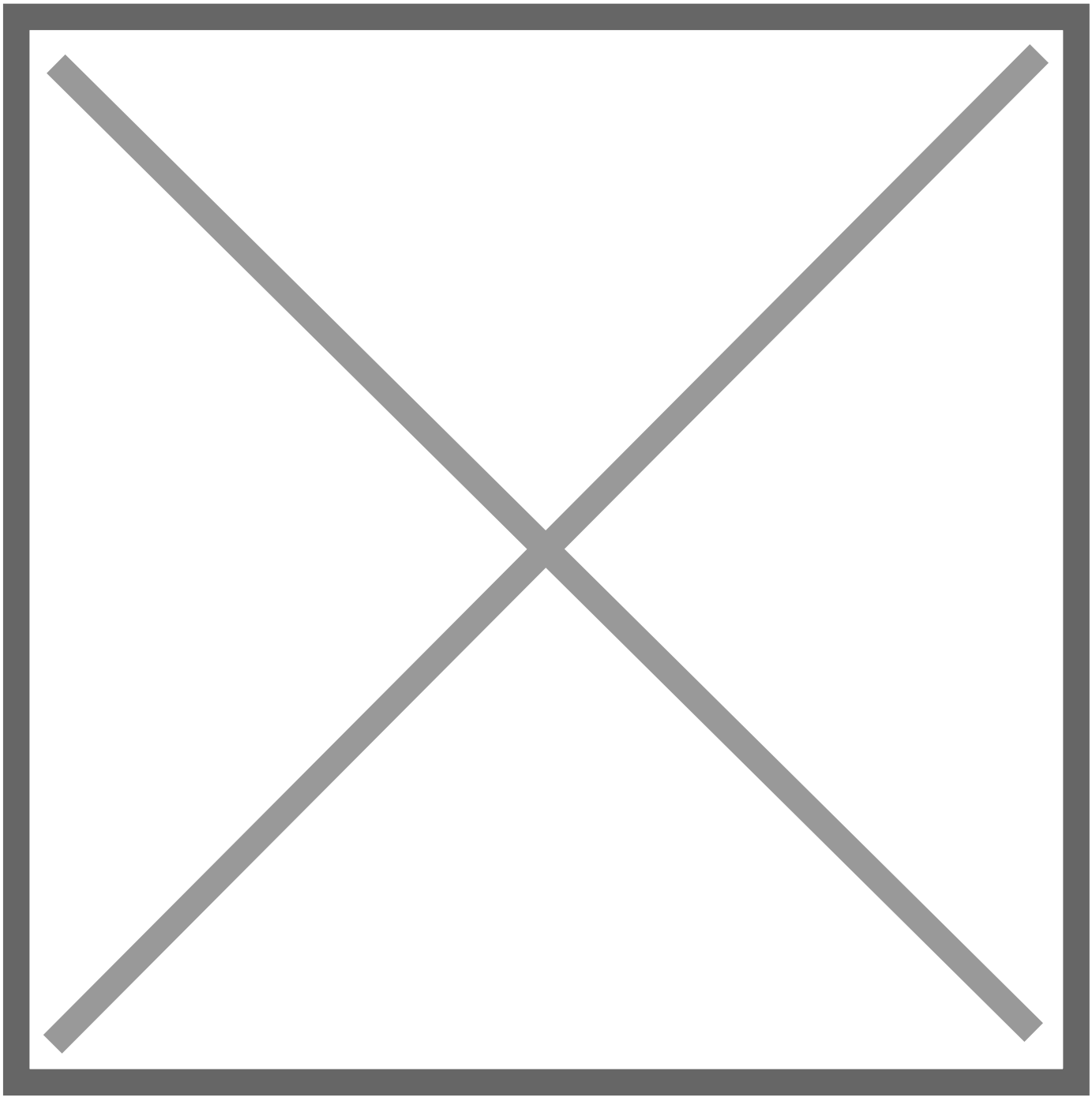


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | See Report |
| **Список литературы:** | Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition' |
| **Notes:** | HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500) |

| | |
|---|---|
| **Cutoffs:** | +2SD |

# Overweight/obesity by region

## Adults, 2019

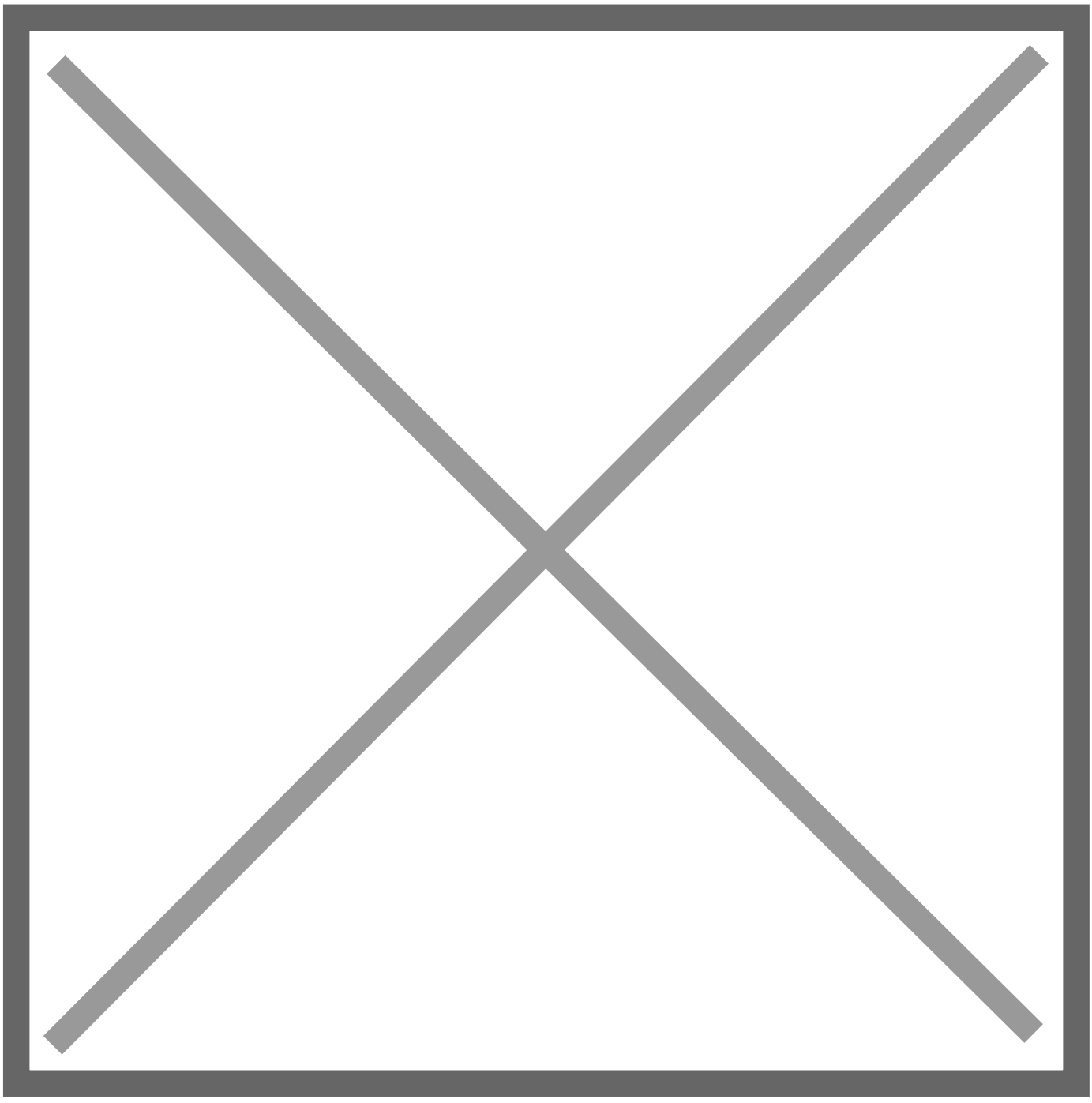


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 15+ |
| **Sample size:** | 12,002 |
| **Area covered:** | National |

**Список литературы:** Hungarian Central Statistical Office (2021) European Health Interview Survey 2019 results. Data available at: http://www.ksh.hu/stadat_files/ege/en/ege0039.html Last accessed: 02.06.21.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Children, 2016

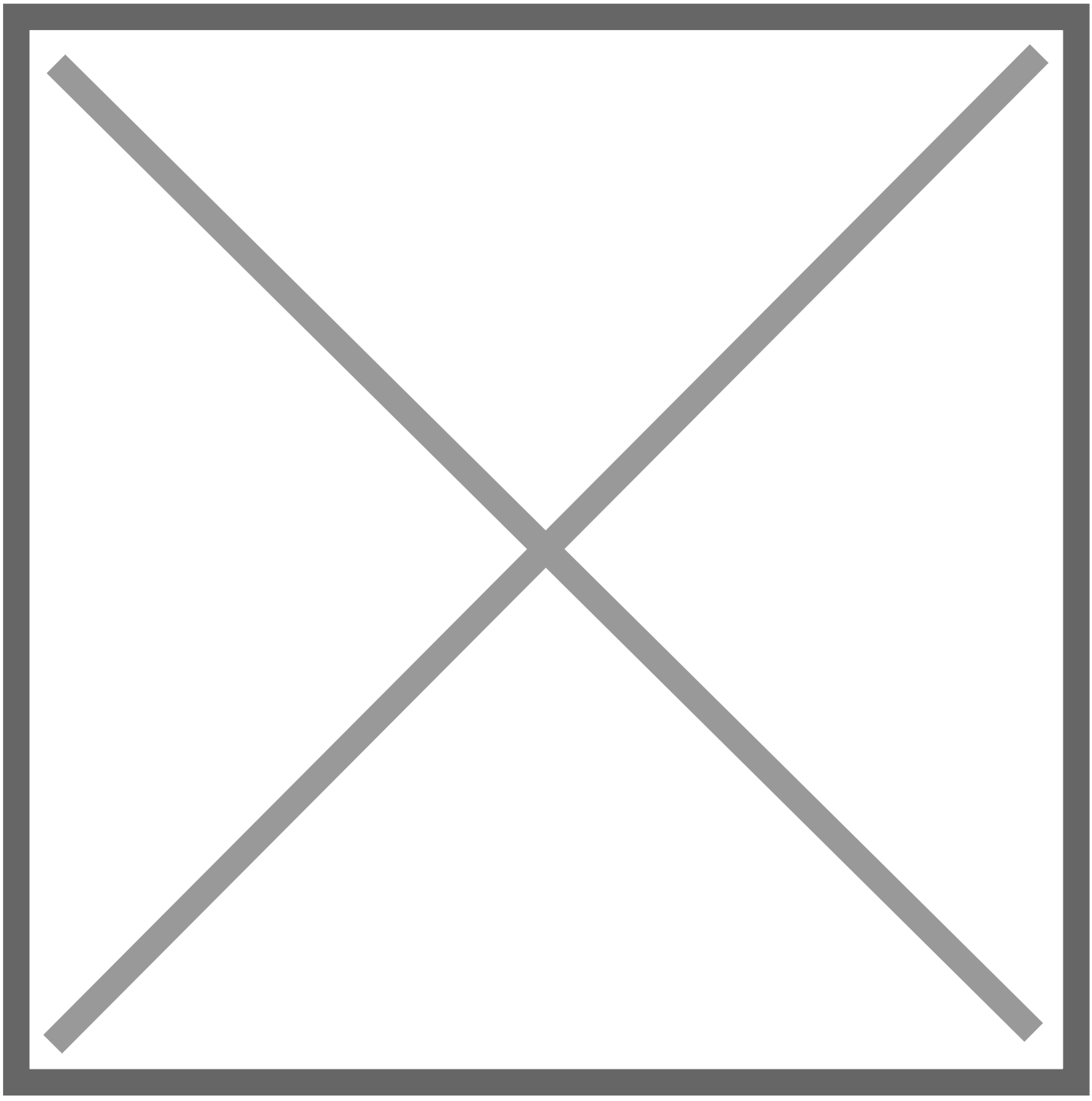


| | |
|---|---|
| **Age:** | 7-9 |
| **Sample size:** | 5332 |
| **Area covered:** | National |
| **Список литературы:** | Erdei et al. Substantial variation across geographicregions in the obesity prevalence among 6–8 years old Hungarian children (COSIHungary 2016) BMC Public Health (2018) 18:611 https://doi.org/10.1186/s12889-018-5530-6 |
| **Notes:** | IOTF International Cut Off Points |

| | |
|---|---|
| **Cutoffs:** | IOTF |

# Overweight/obesity by age and region

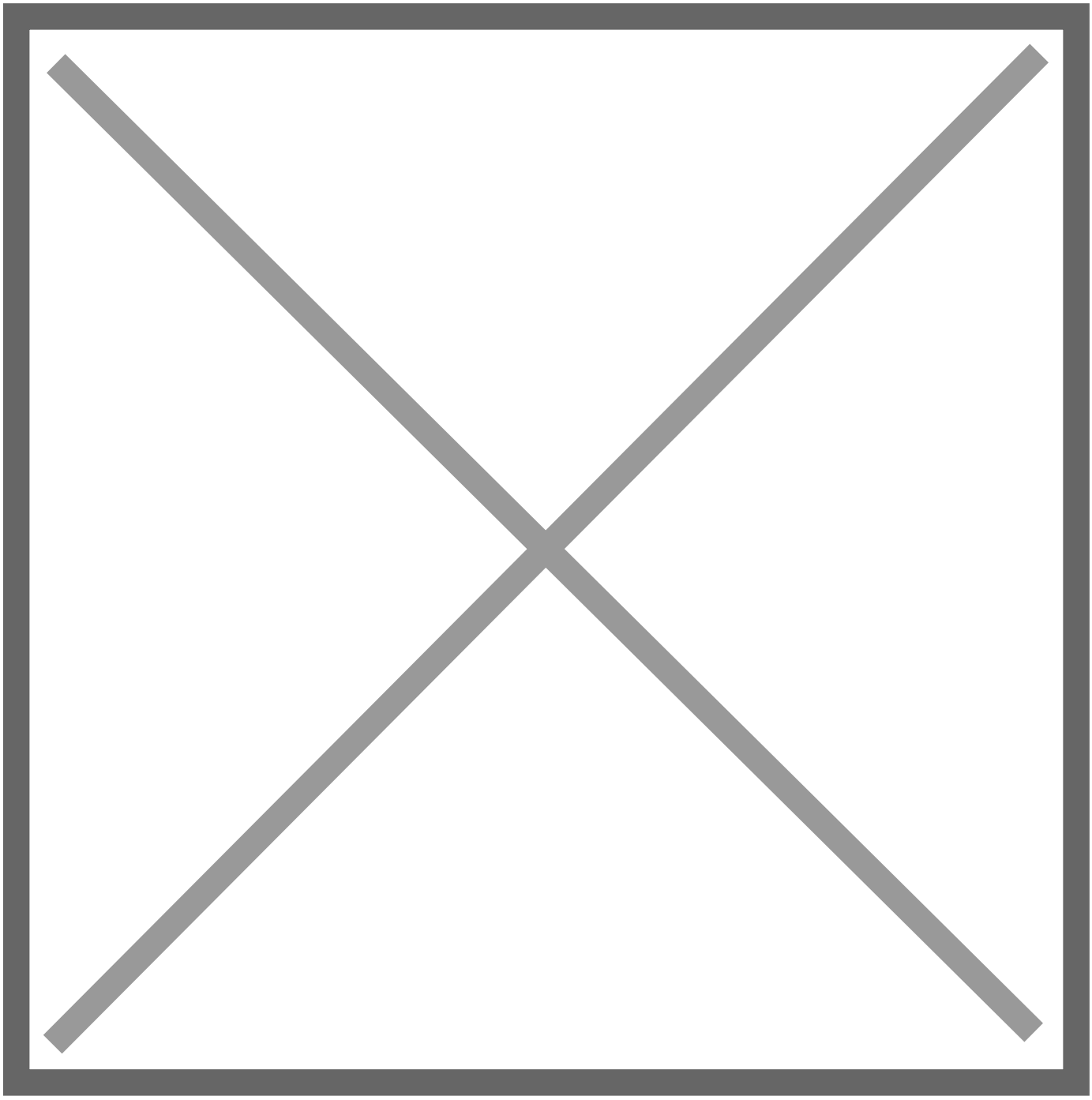
## Adults, 2019



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1U [Last Accessed 21.08.25] |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

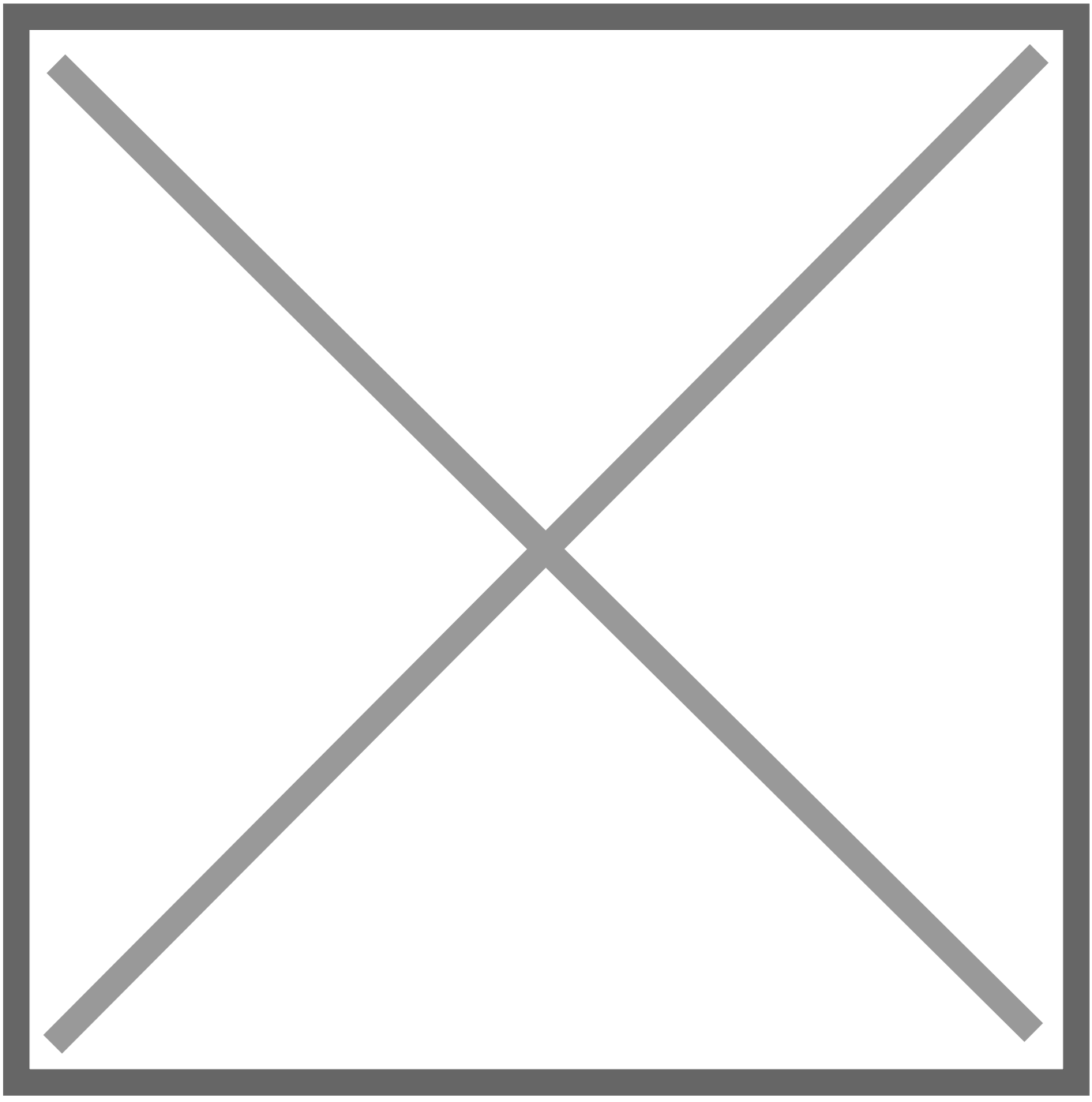
## Men, 2019



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1U [Last Accessed 21.08.25] |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2019

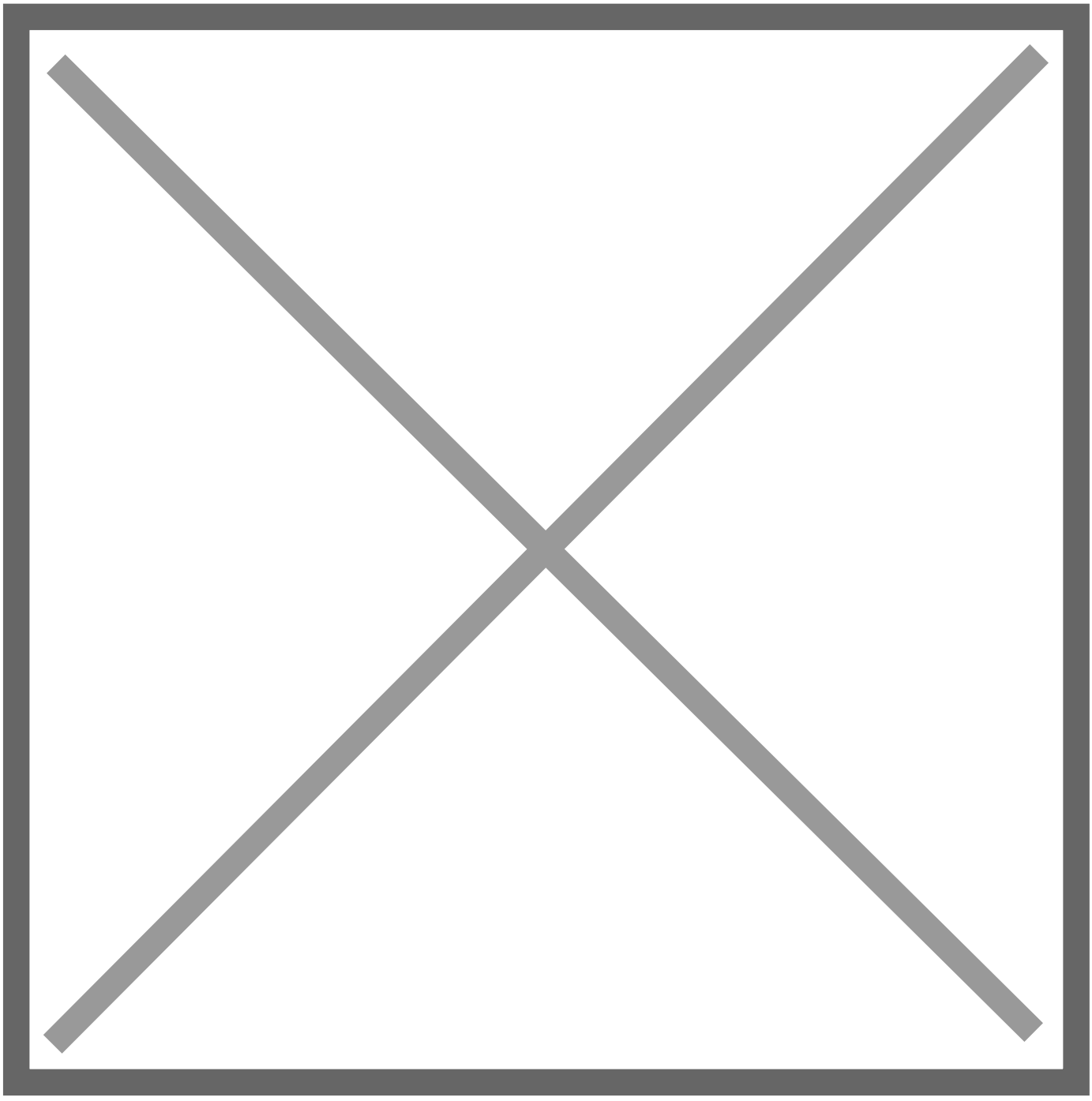


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1U [Last Accessed 21.08.25] |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

# Overweight/obesity by age and socio-economic group

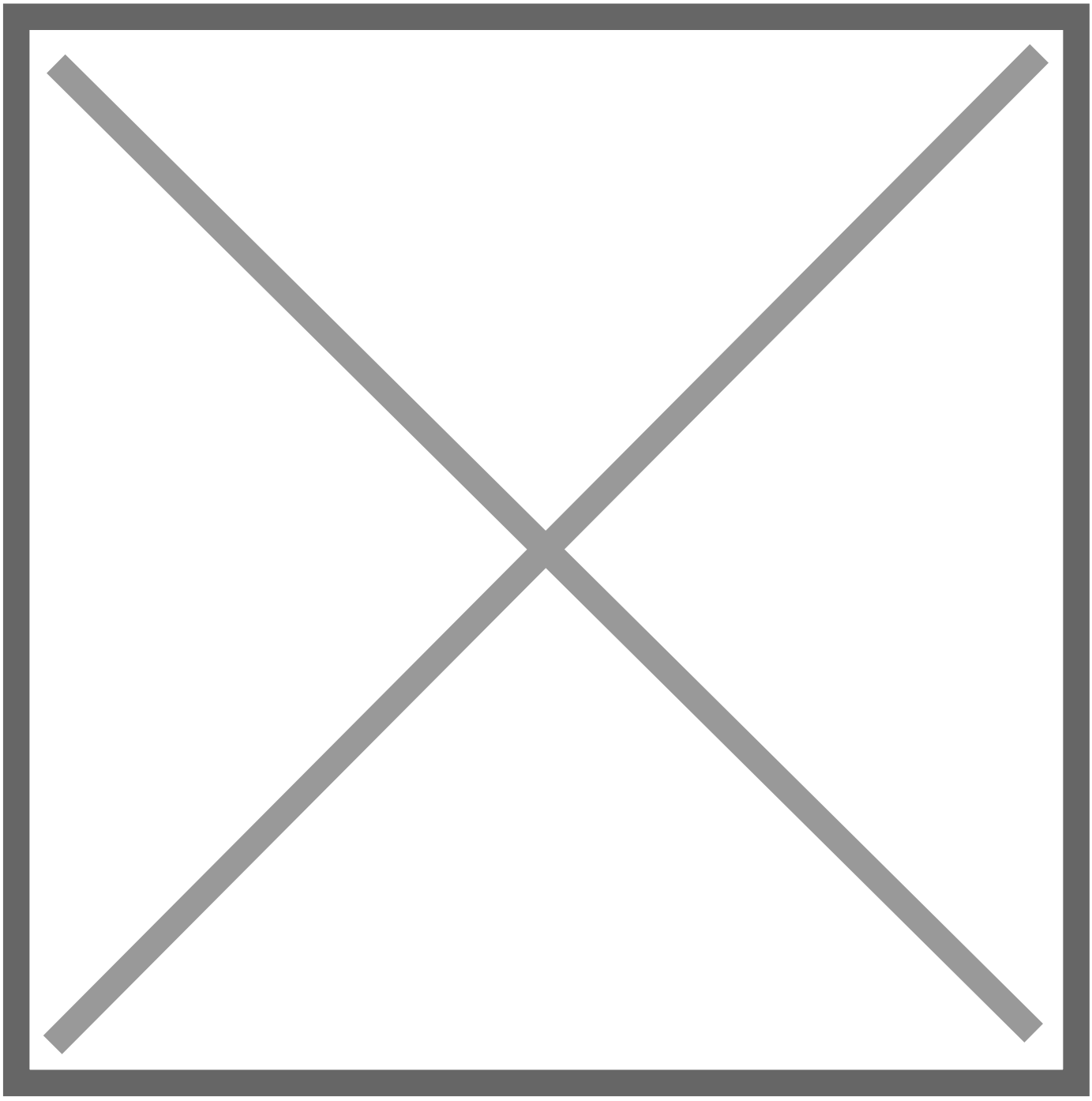
## Adults, 2019



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21). |

| | |
|---|---|
| **Notes:** | NB. Some age ranges missing due to insufficient data to display by age & income quintile |
| | *Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².* |

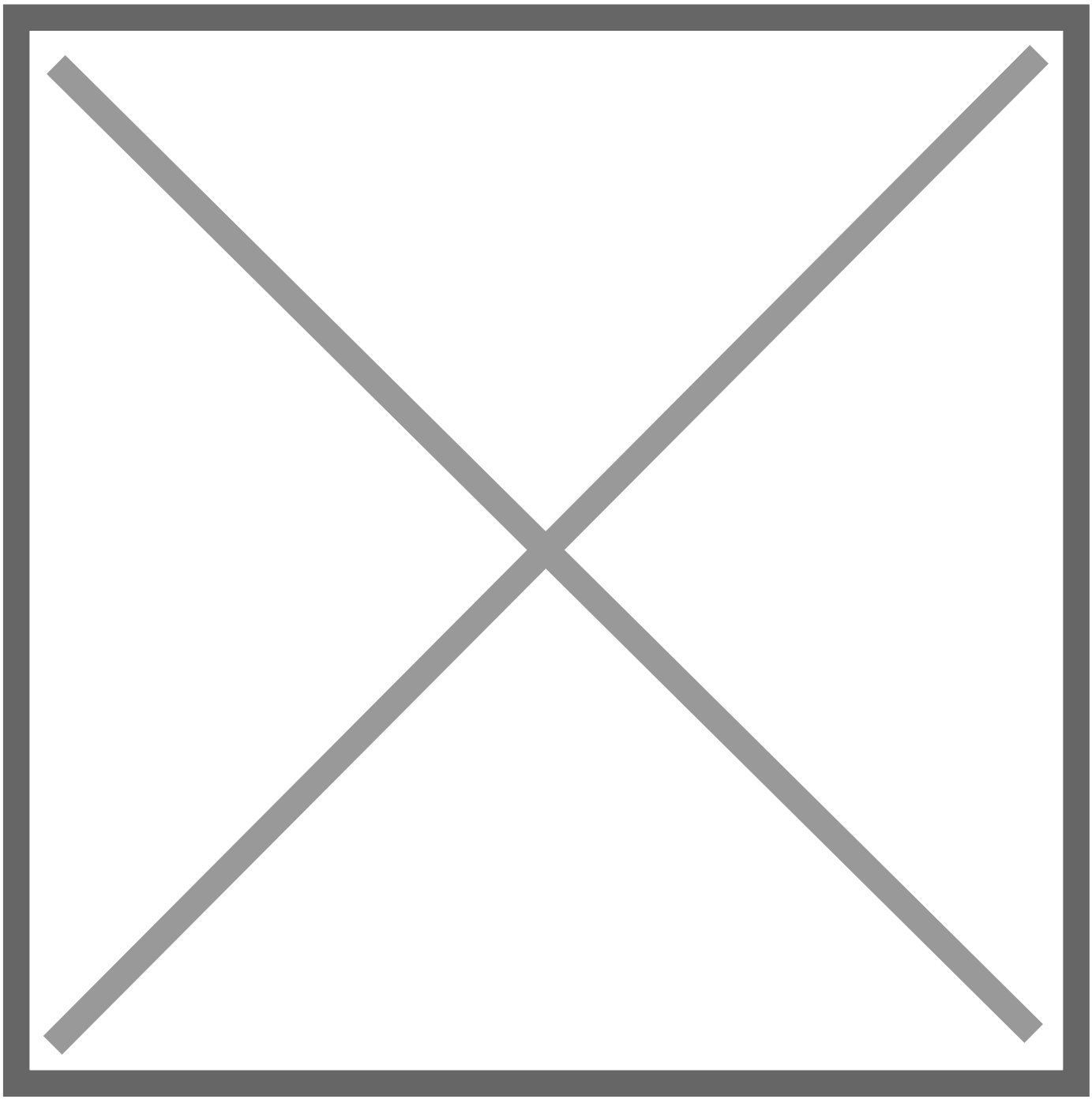
## Men, 2019



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21). |
| **Notes:** | NB. Some age ranges missing due to insufficient data to display by age & income quintile |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2019

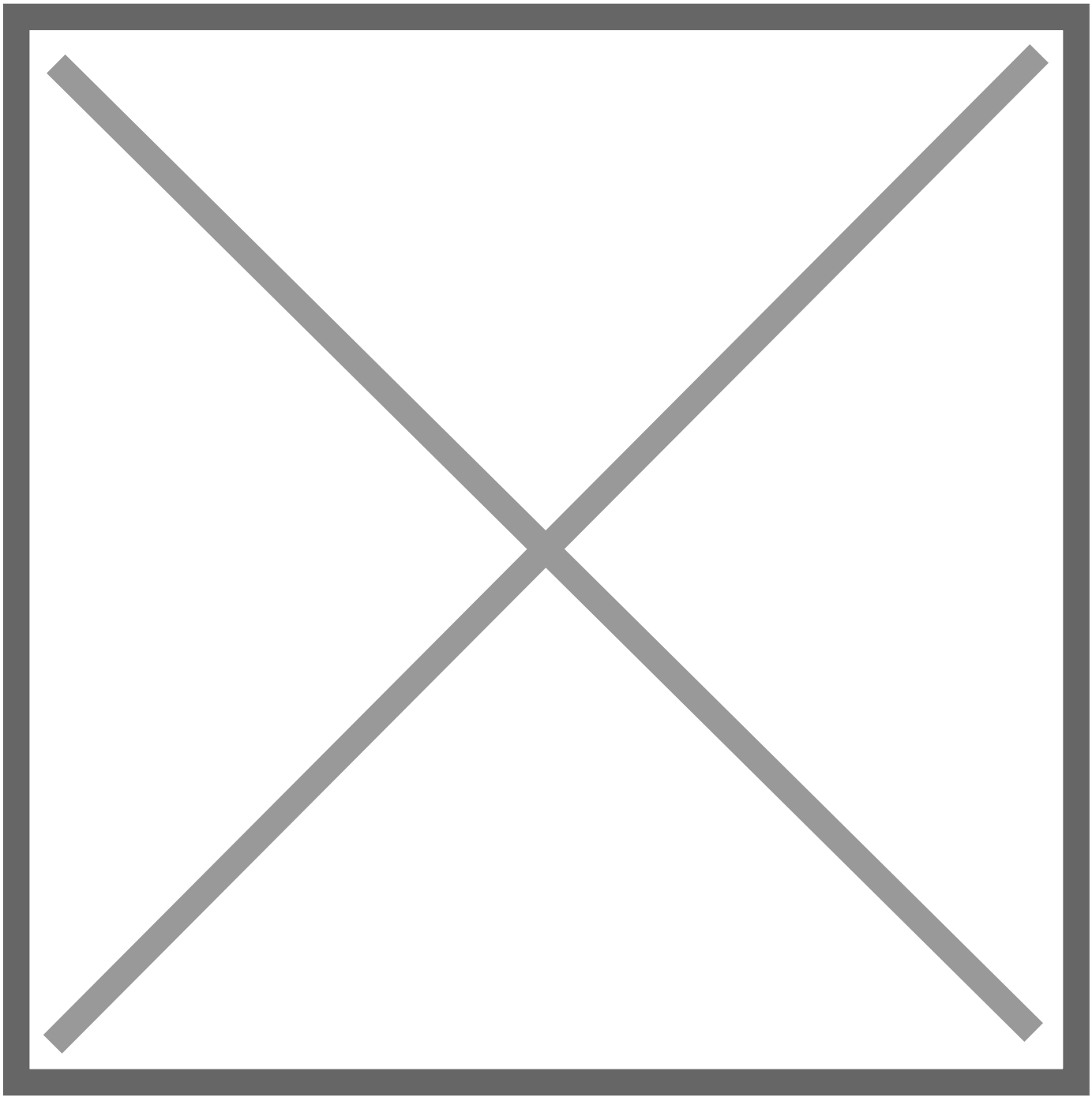


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21). |
| **Notes:** | NB. Some age ranges missing due to insufficient data to display by age & income quintile |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

# Overweight/obesity by socio-economic group

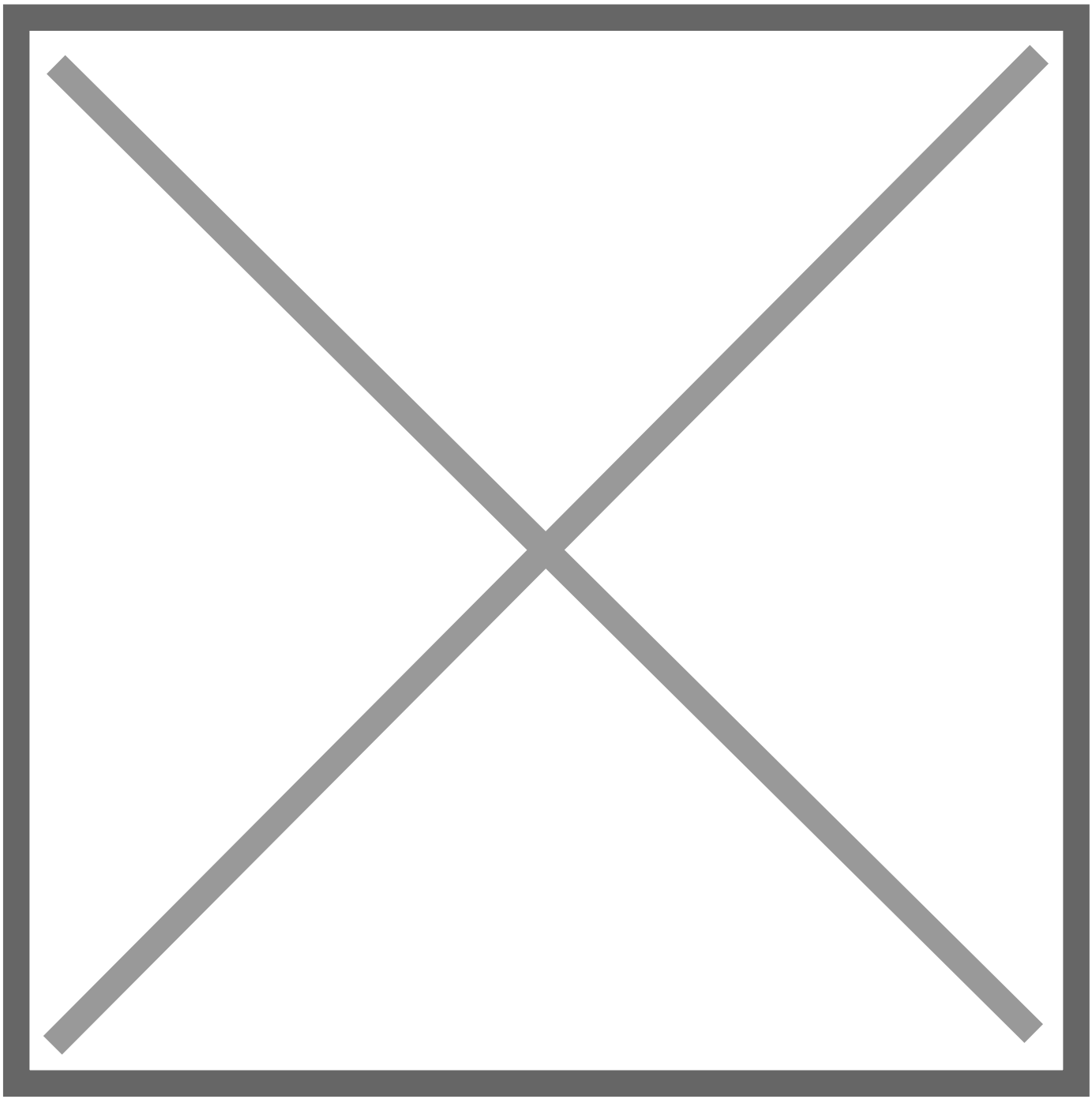
## Men, 2019



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1I [Accessed 09.10.25] |

| | |
|---|---|
| **Notes:** | 1st Quintile (lowest income), 5th Quintile (highest income) |
| | *Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².* |

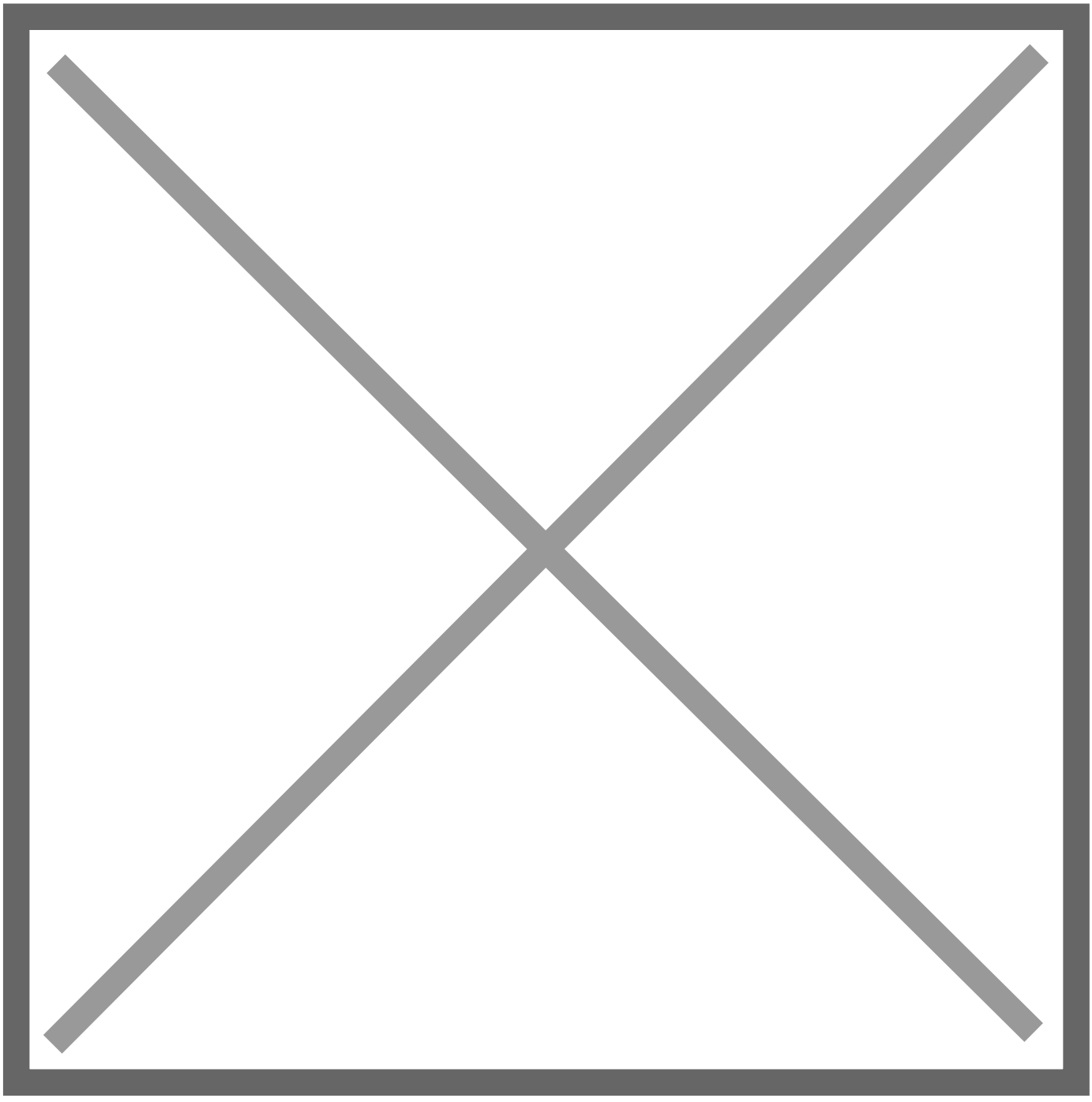
## Women, 2019



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2019. https://doi.org/10.2908/HLTH_EHIS_BM1I [Accessed 09.10.25] |
| **Notes:** | 1st Quintile (lowest income), 5th Quintile (highest income) |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

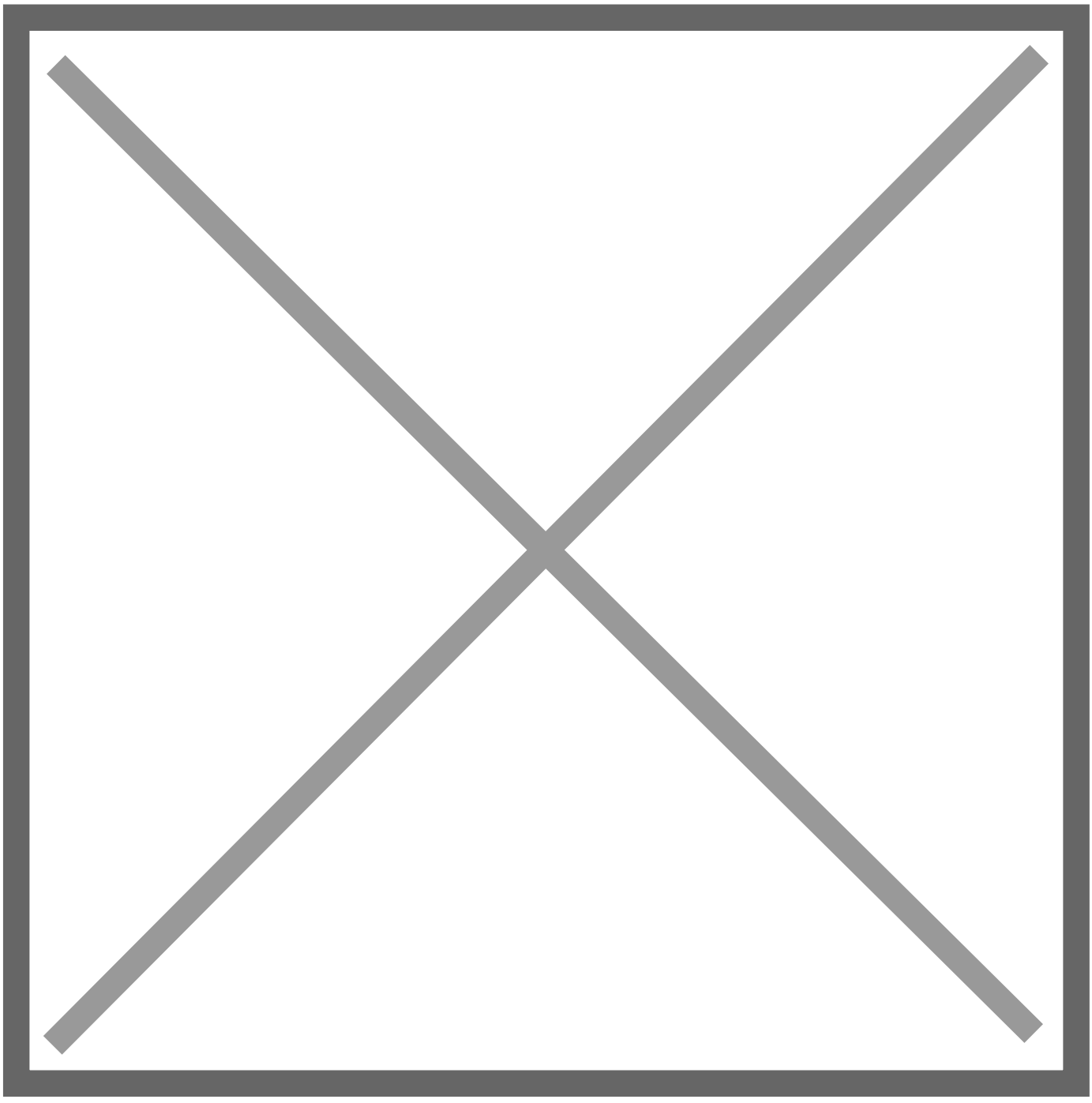
## Boys, 2021-2022



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 11-15 |
| **Area covered:** | National |
| **Список литературы:** | Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition' |

| | |
|---|---|
| **Notes:** | Family affluence scale. HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500) |
| **Definitions:** | +2SD |
| **Cutoffs:** | WHO |

## Girls, 2021-2022

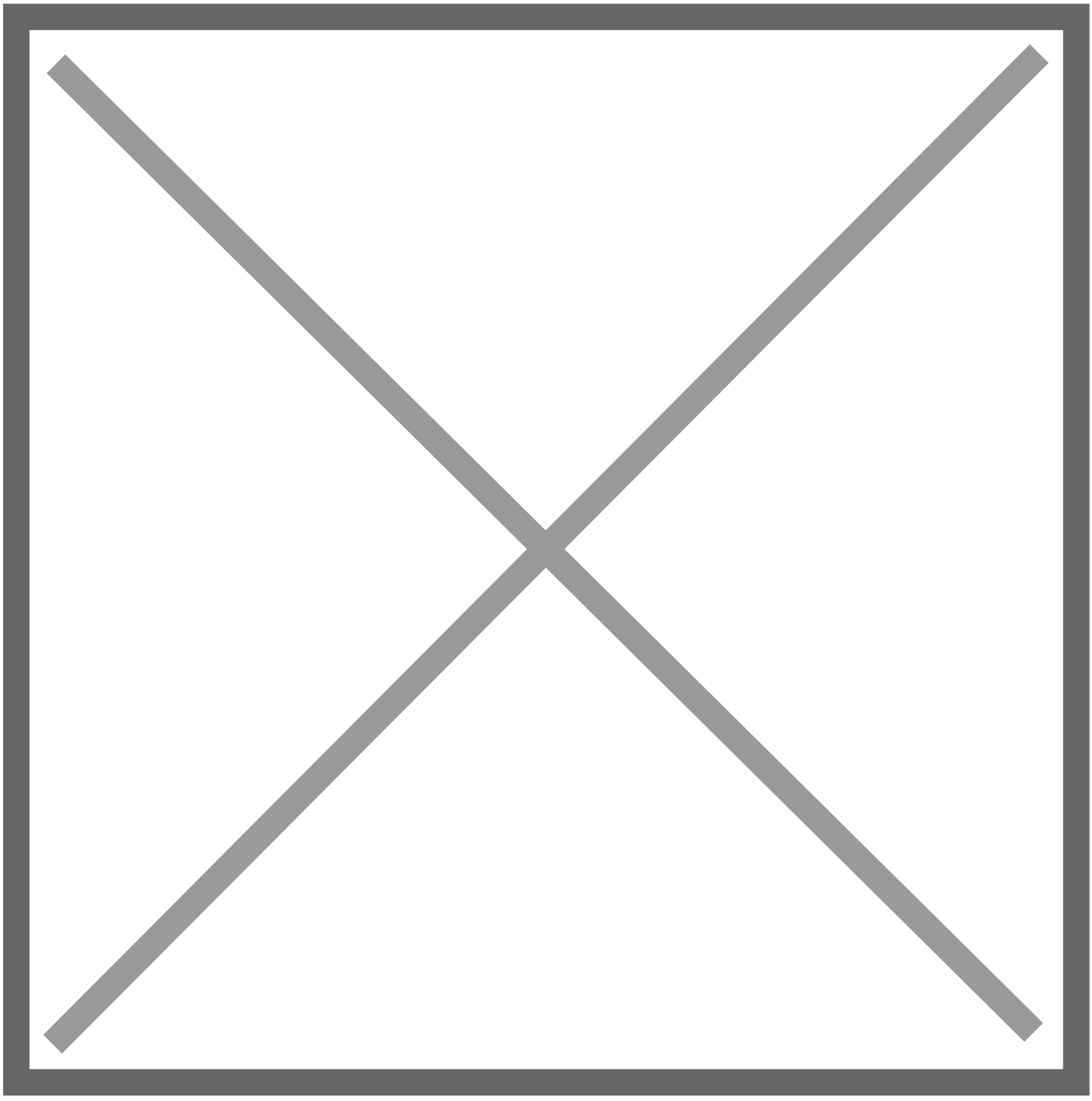


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 11-15 |
| **Area covered:** | National |
| **Список литературы:** | Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition' |

| | |
|---|---|
| **Notes:** | Family affluence scale. HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500) |
| **Definitions:** | +2SD |
| **Cutoffs:** | WHO |

# Overweight/obesity by age and limited activity

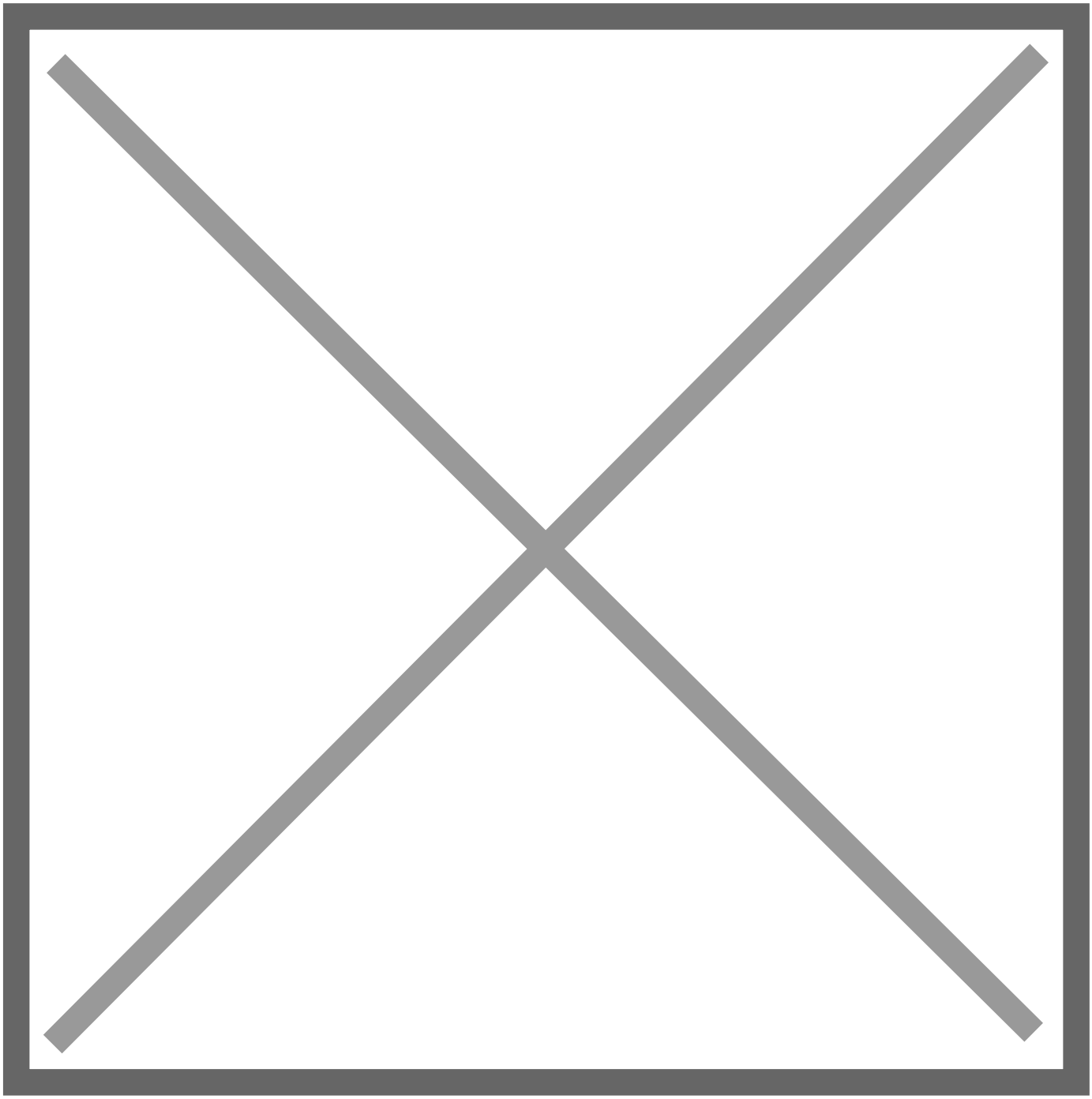
## Adults, 2014



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21) |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

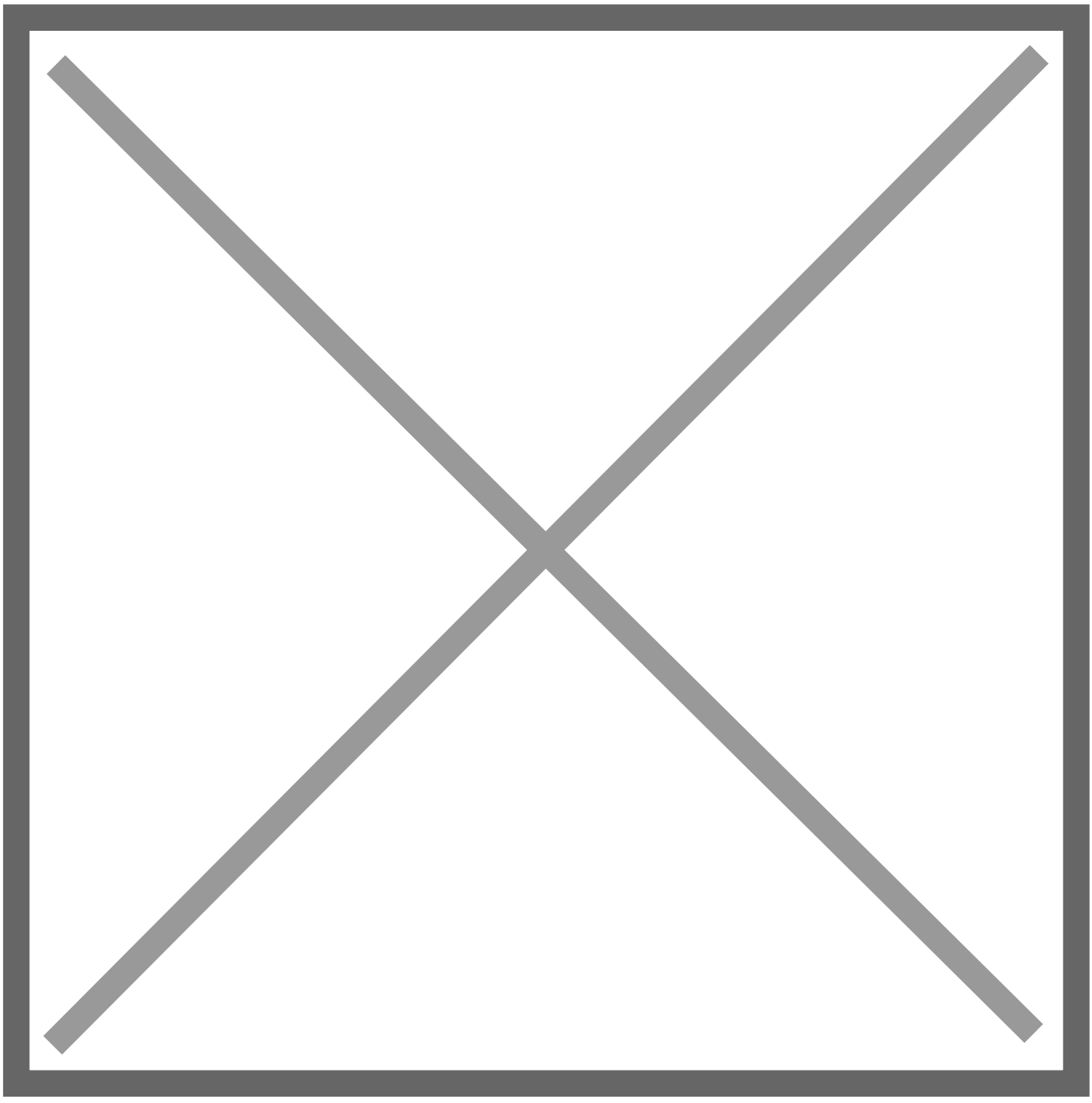
## Men, 2014



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21) |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2014

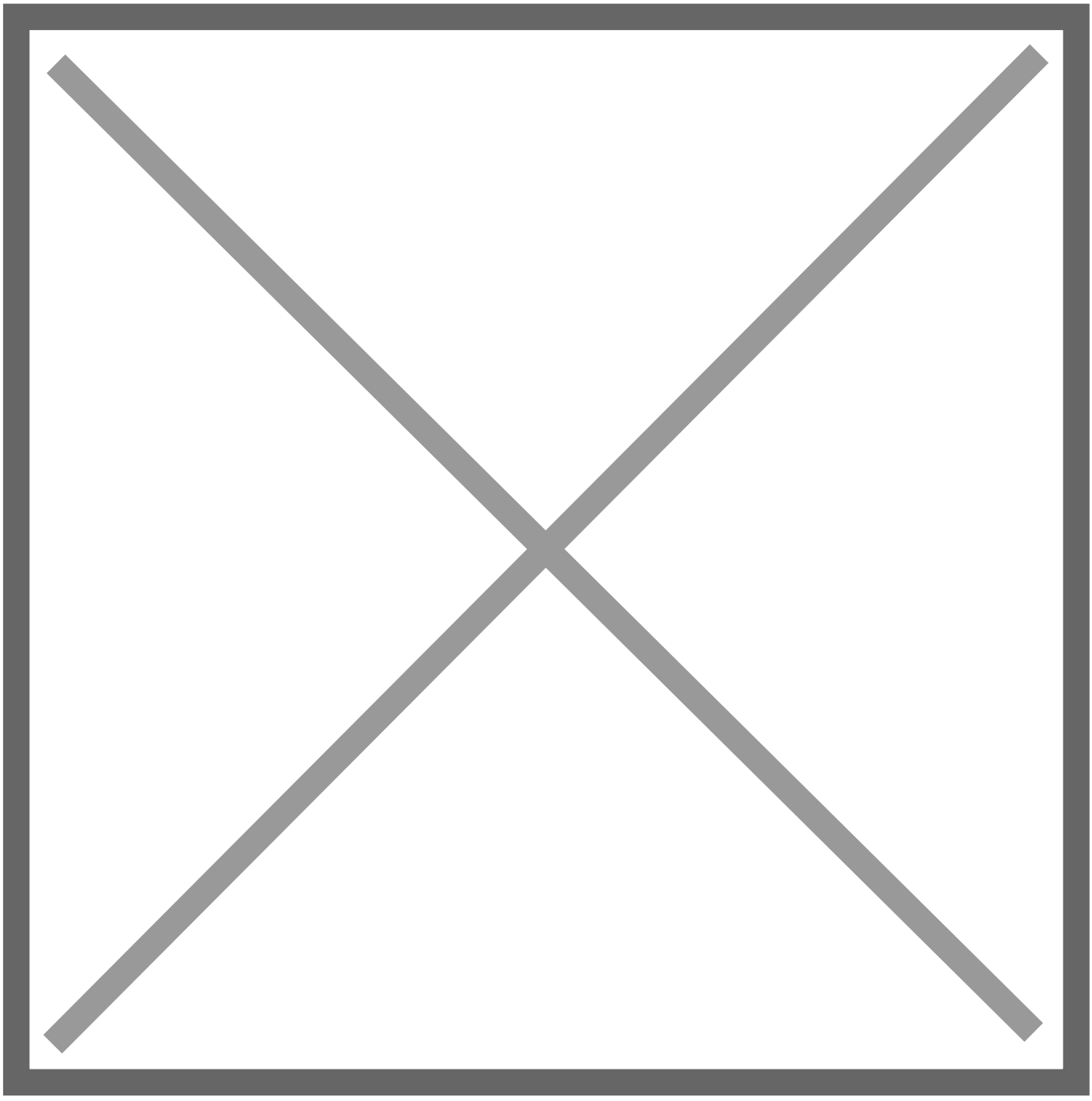


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Area covered:** | National |
| **Список литературы:** | Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21) |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

# Double burden of underweight & obesity

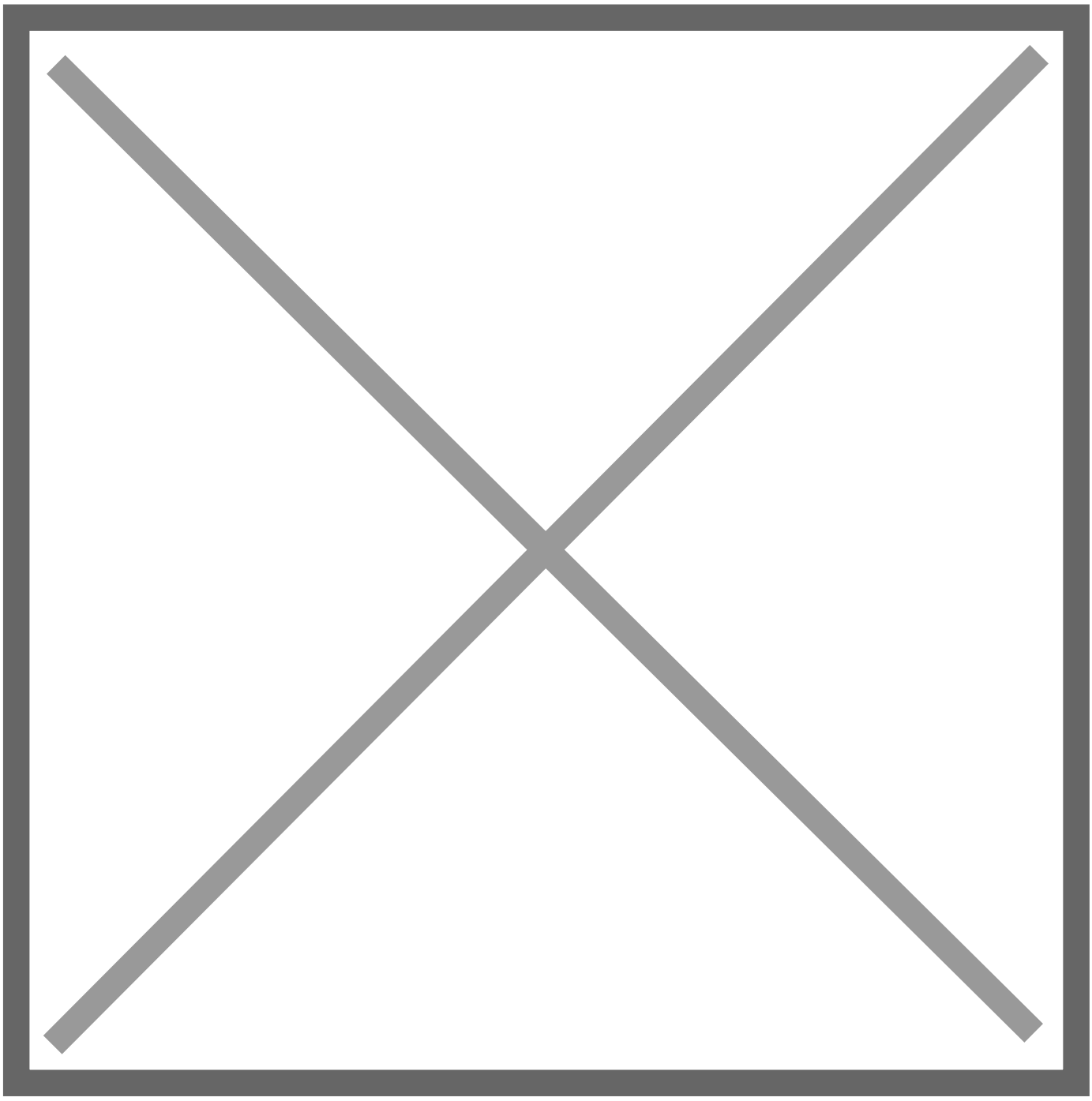
## Adults, 2022



| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 20+ |
| **Список литературы:** | NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2. |

| | |
|---|---|
| **Notes:** | Age Standardised estimates |
| **Definitions:** | Combined prevalence of BMI<18.5 kg/m² and BMI>=30 kg/m² (double burden of underweight and obesity) |

## Children, 2022

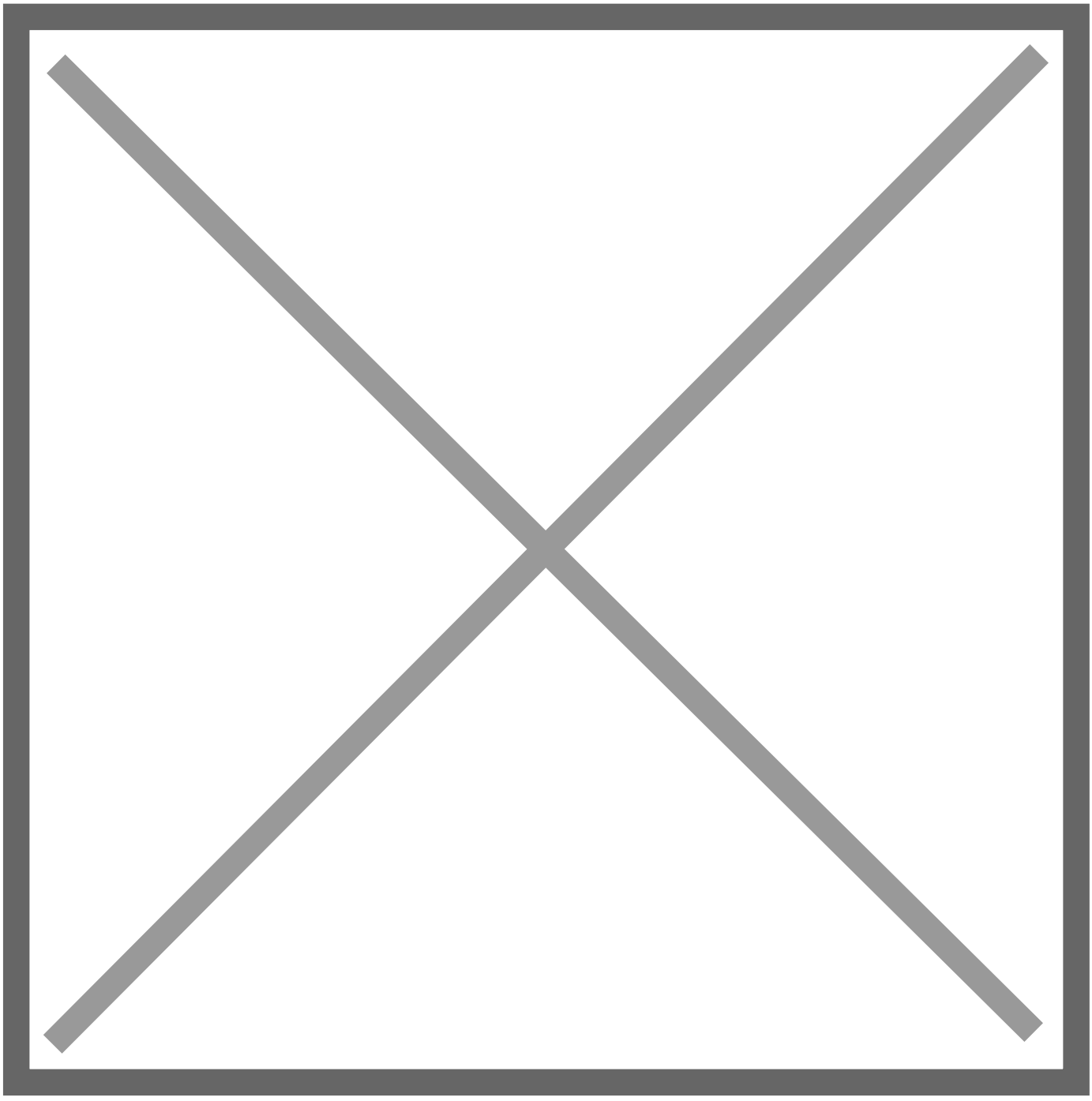


| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 5-19 |
| **Список литературы:** | NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2. |
| **Notes:** | Age standardised estimates |
| **Definitions:** | Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity) |

| | |
|---|---|
| **Cutoffs:** | BMI < -2SD and BMI > 2SD |

# Insufficient physical activity

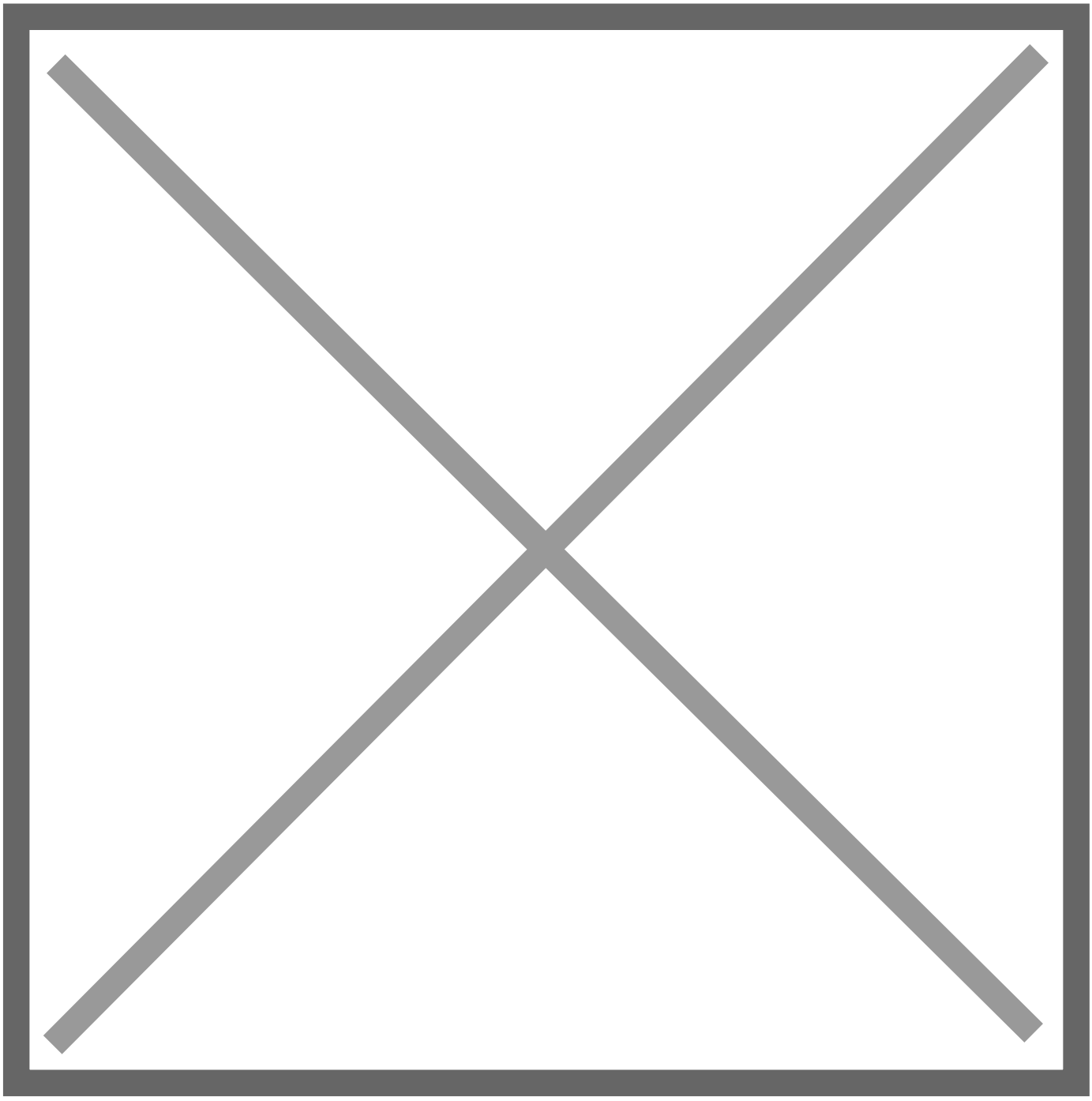
## Adults, 2022



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |

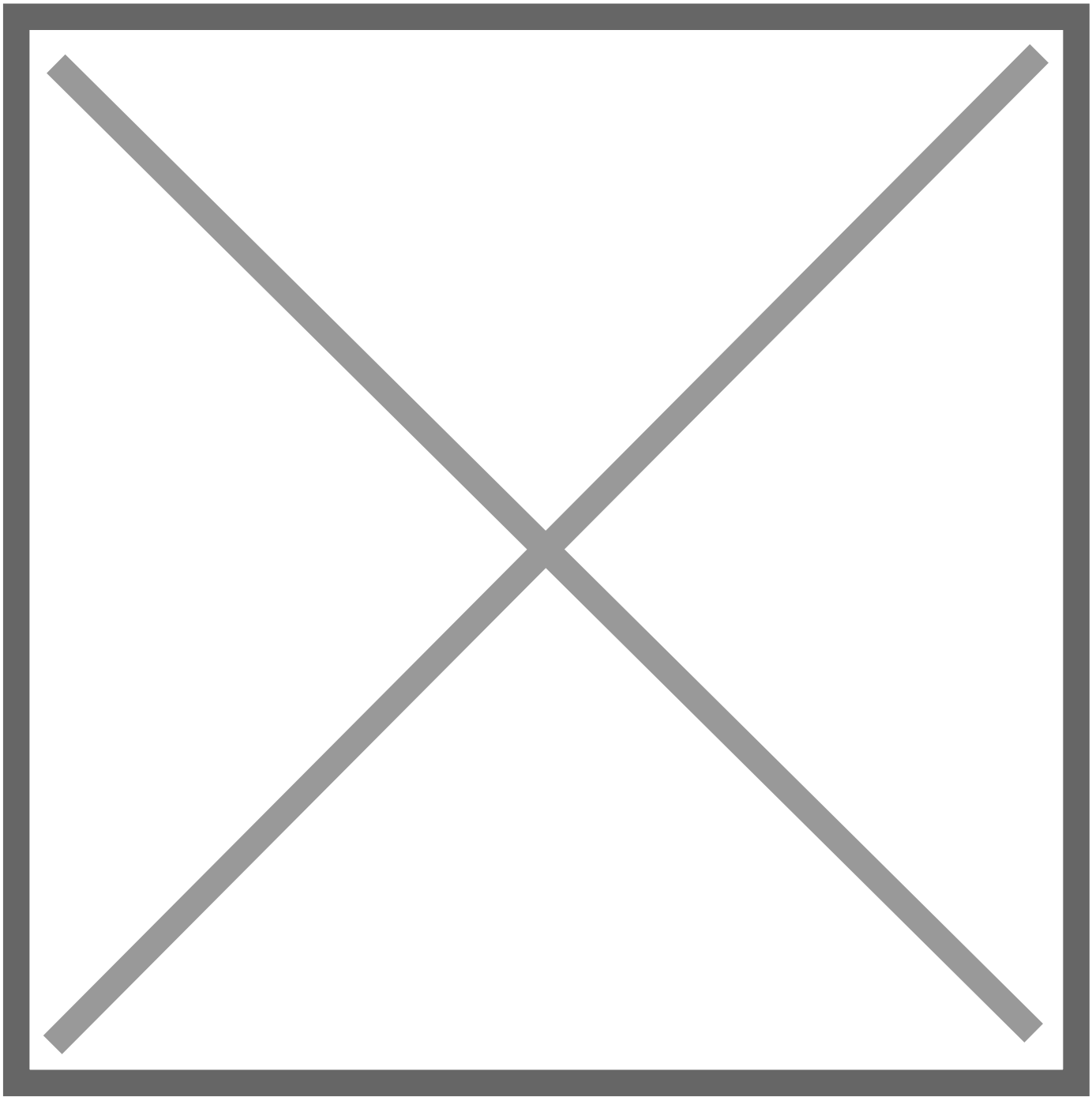
| | |
|---|---|
| **Список литературы:** | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |
| **Definitions:** | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

## Men, 2022



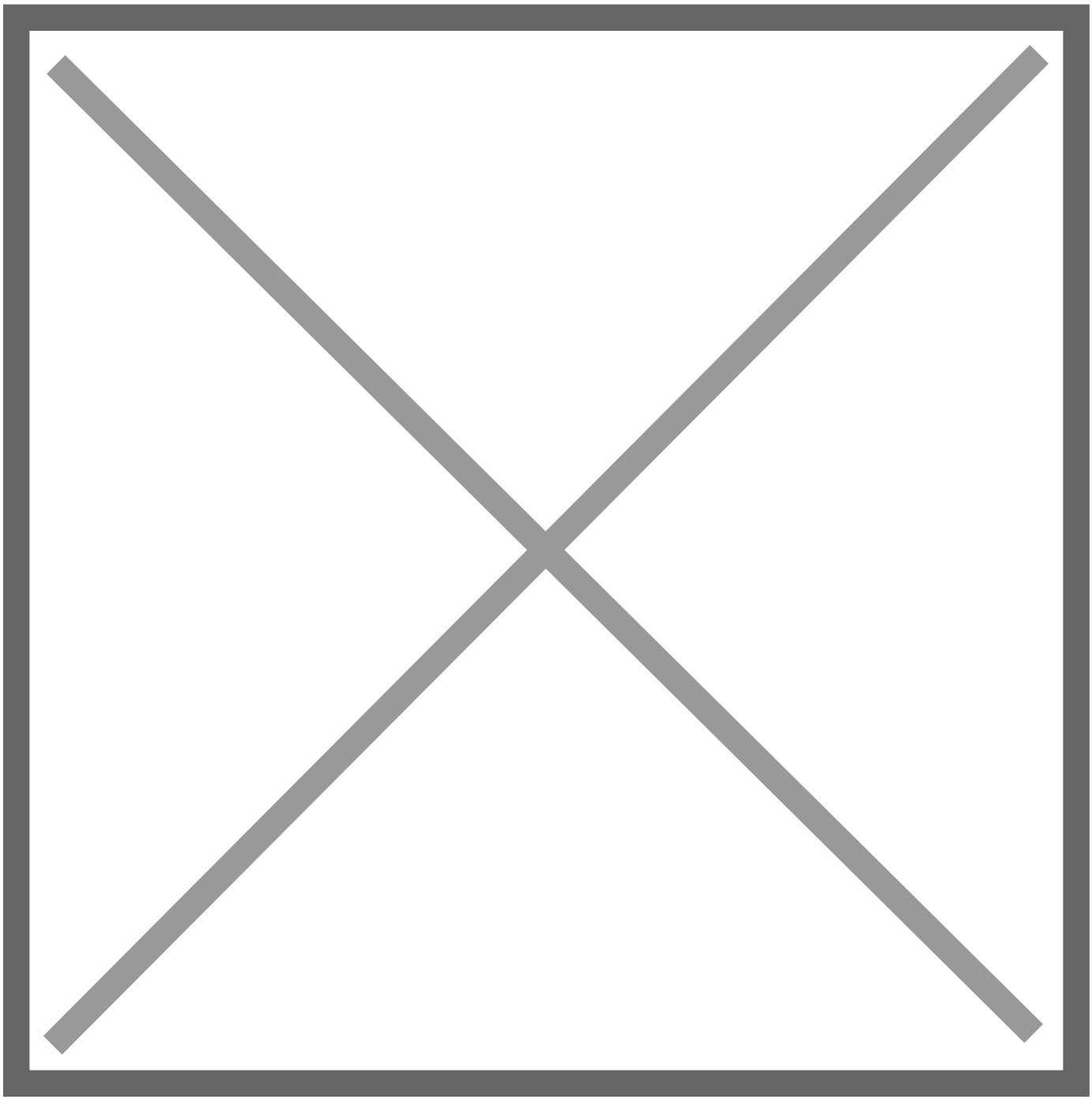
| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |
| **Definitions:** | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

## Women, 2022



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **Список литературы:** | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |
| **Definitions:** | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

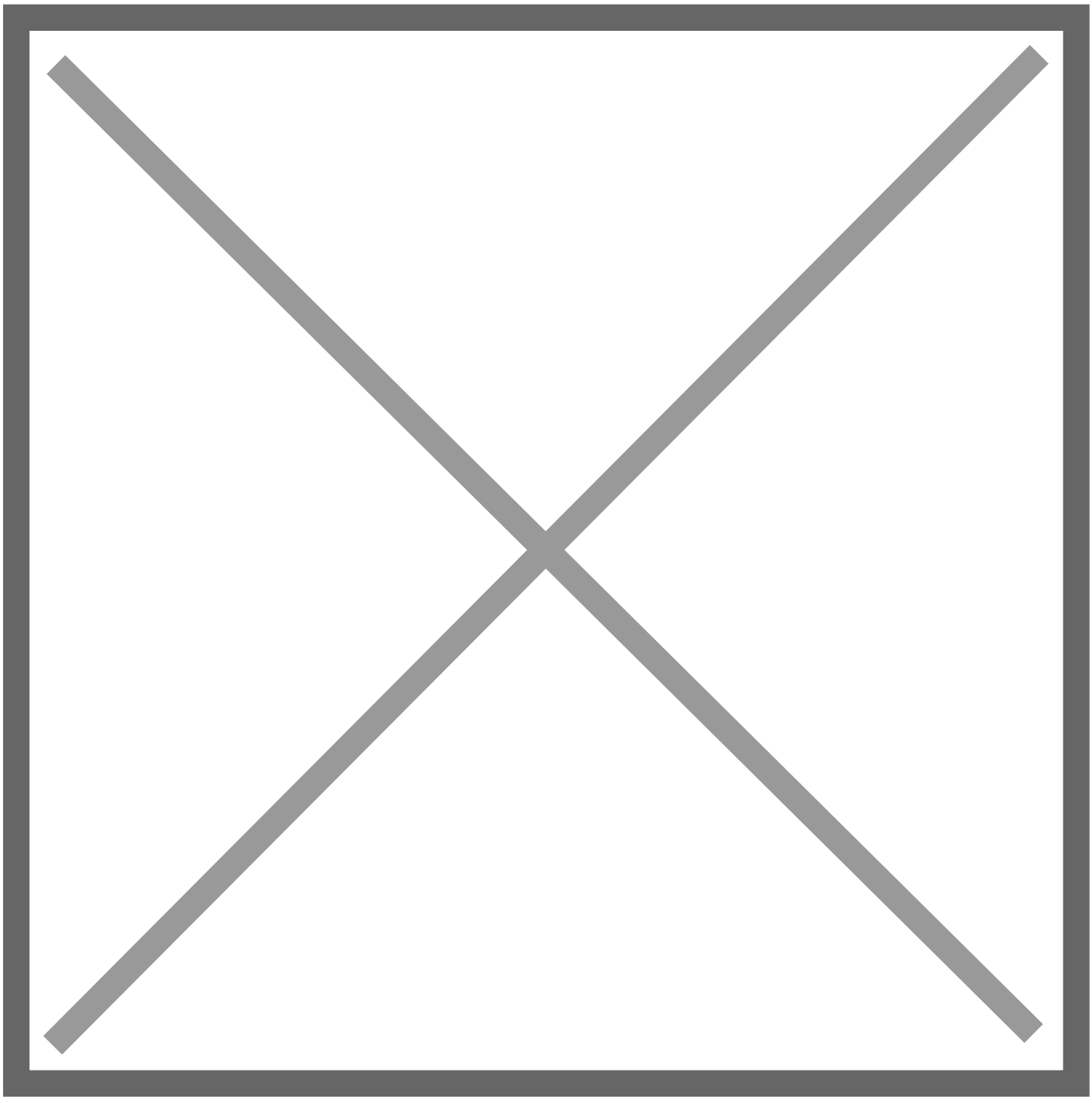
## Children, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4050 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Percentage of children not meeting WHO recommendations for physical activity, i.e. not playing actively/vigorously for at least one hour a day on an average day, as reported by their parent |

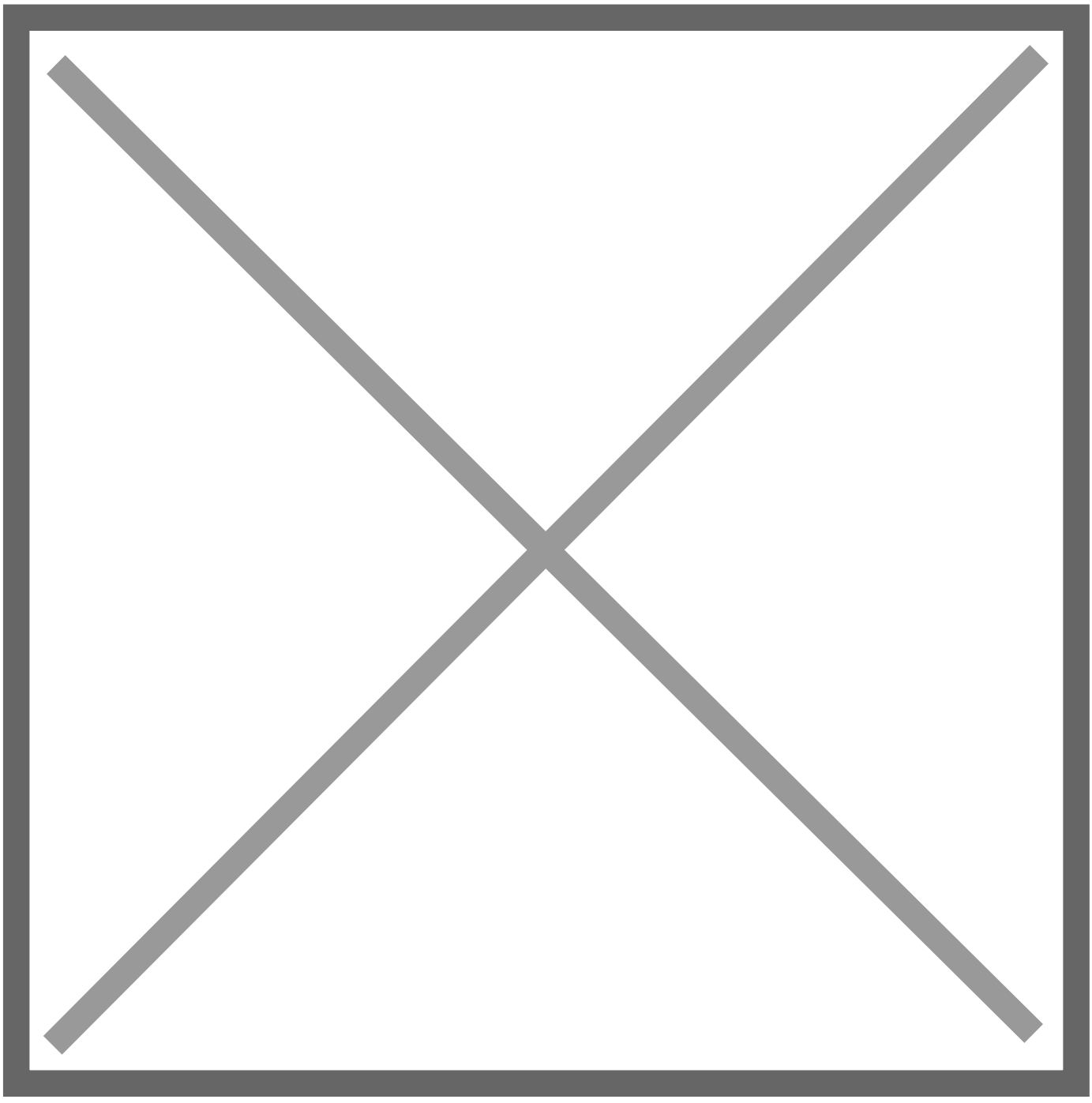
## Boys, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4050 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Percentage of children not meeting WHO recommendations for physical activity, i.e. not playing actively/vigorously for at least one hour a day on an average day, as reported by their parent |

## Girls, 2022-2024

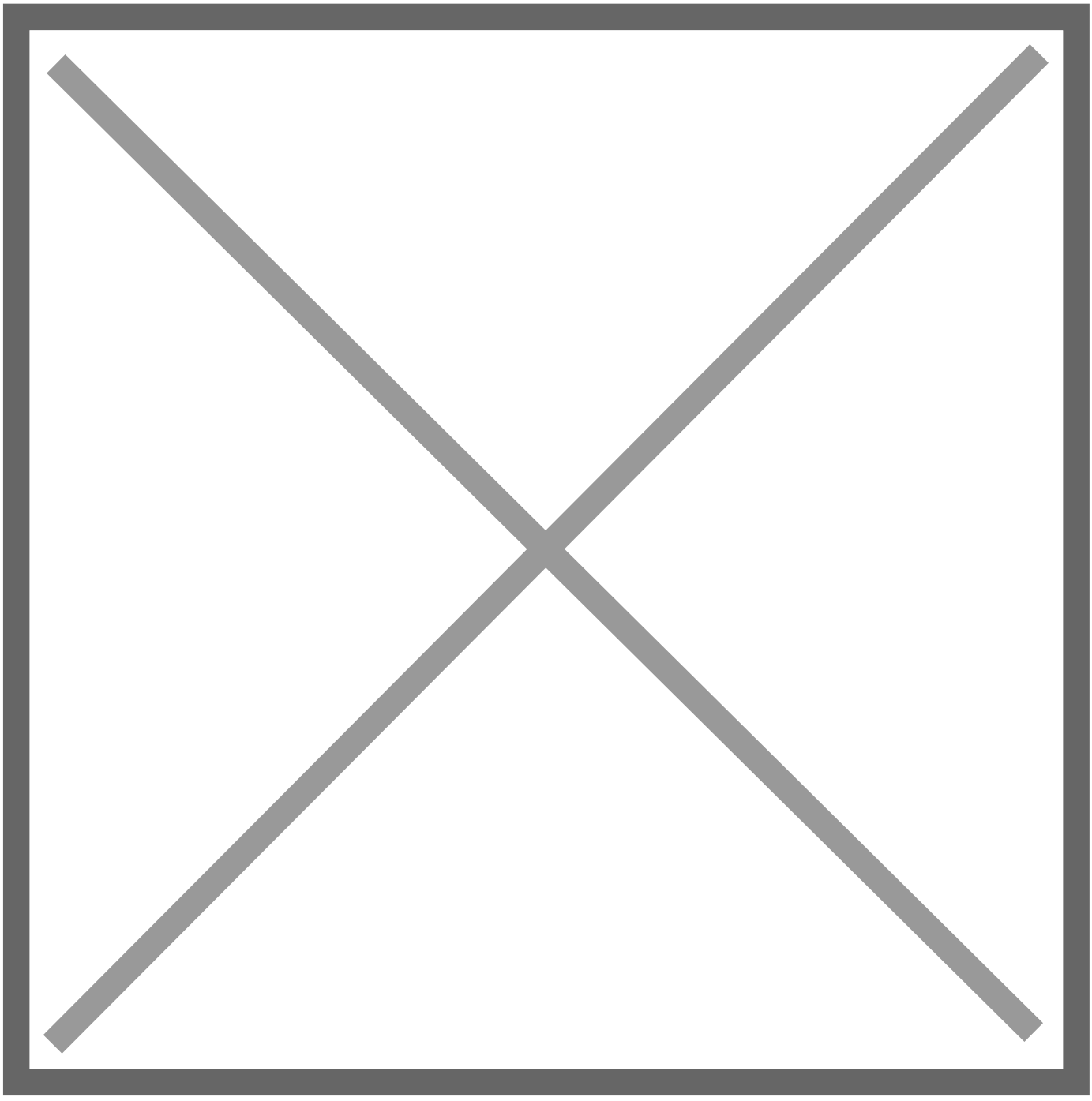


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4050 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Percentage of children not meeting WHO recommendations for physical activity, i.e. not playing actively/vigorously for at least one hour a day on an average day, as reported by their parent |

# Sugar consumption

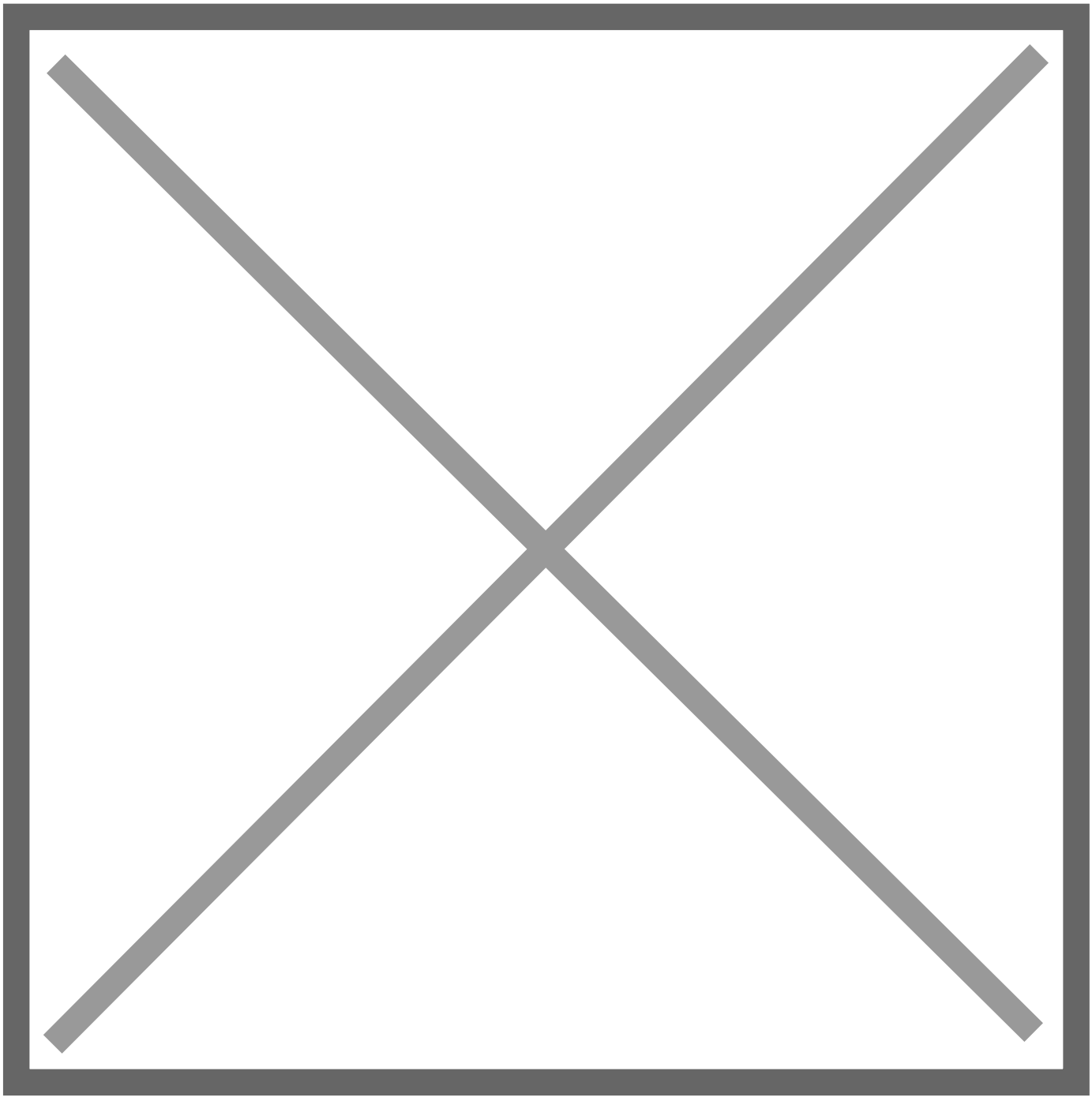
## Adults, 2016



| | |
|---|---|
| **Список литературы:** | Source: Euromonitor International |
| **Definitions:** | Sugar consumption (Number of 500g sugar portions/person/month) |

# Estimated per capita sugar sweetened beverages intake

## Adults, 2016

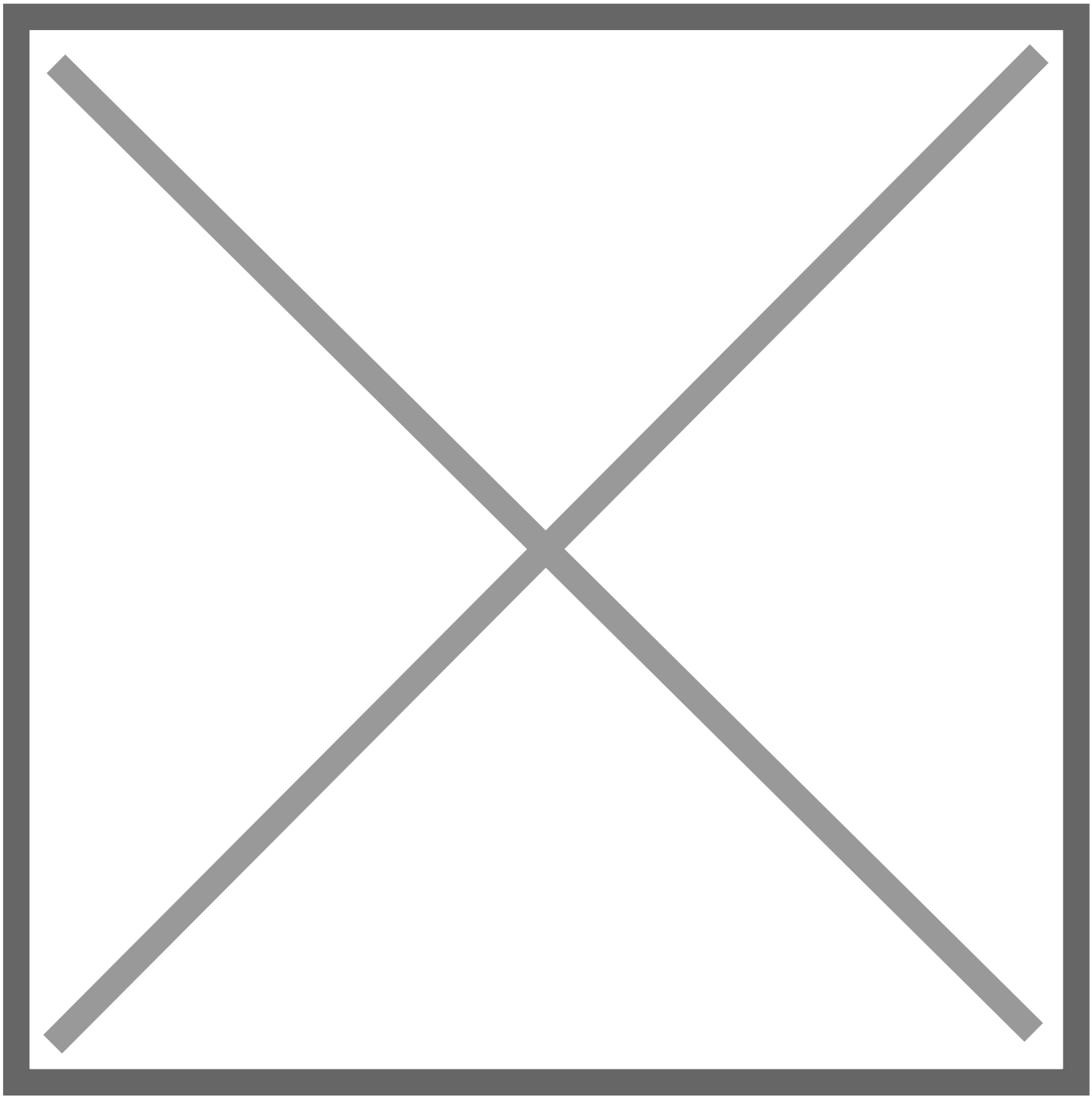


**Список литературы:**

Source: Euromonitor International

# Prevalence of at least daily soft drink consumption

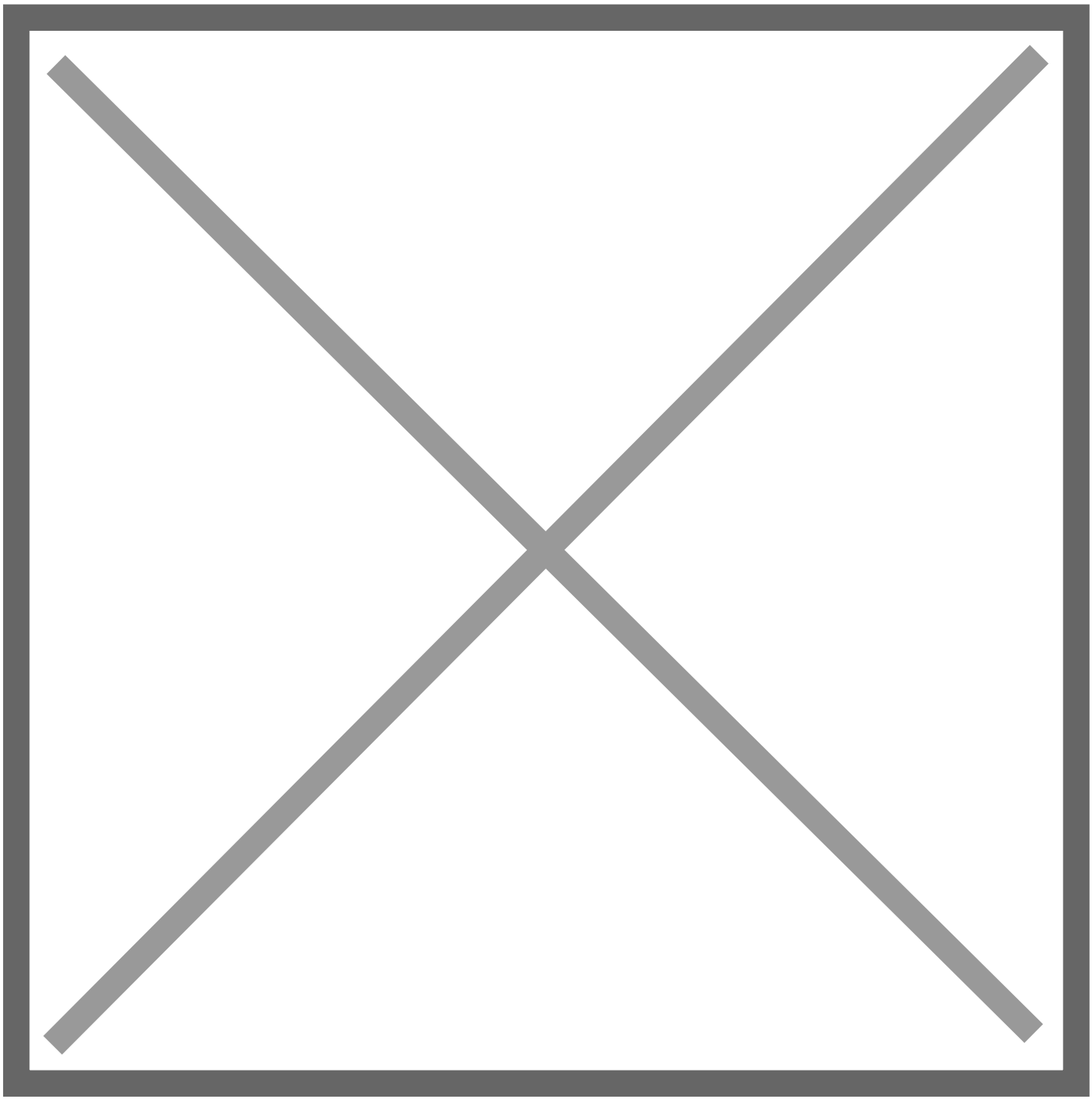
## Children, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4470 |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only) |
| **Definitions:** | Prevalence of daily consumption of soft drinks containing sugar, as reported by the child's parent (%) |

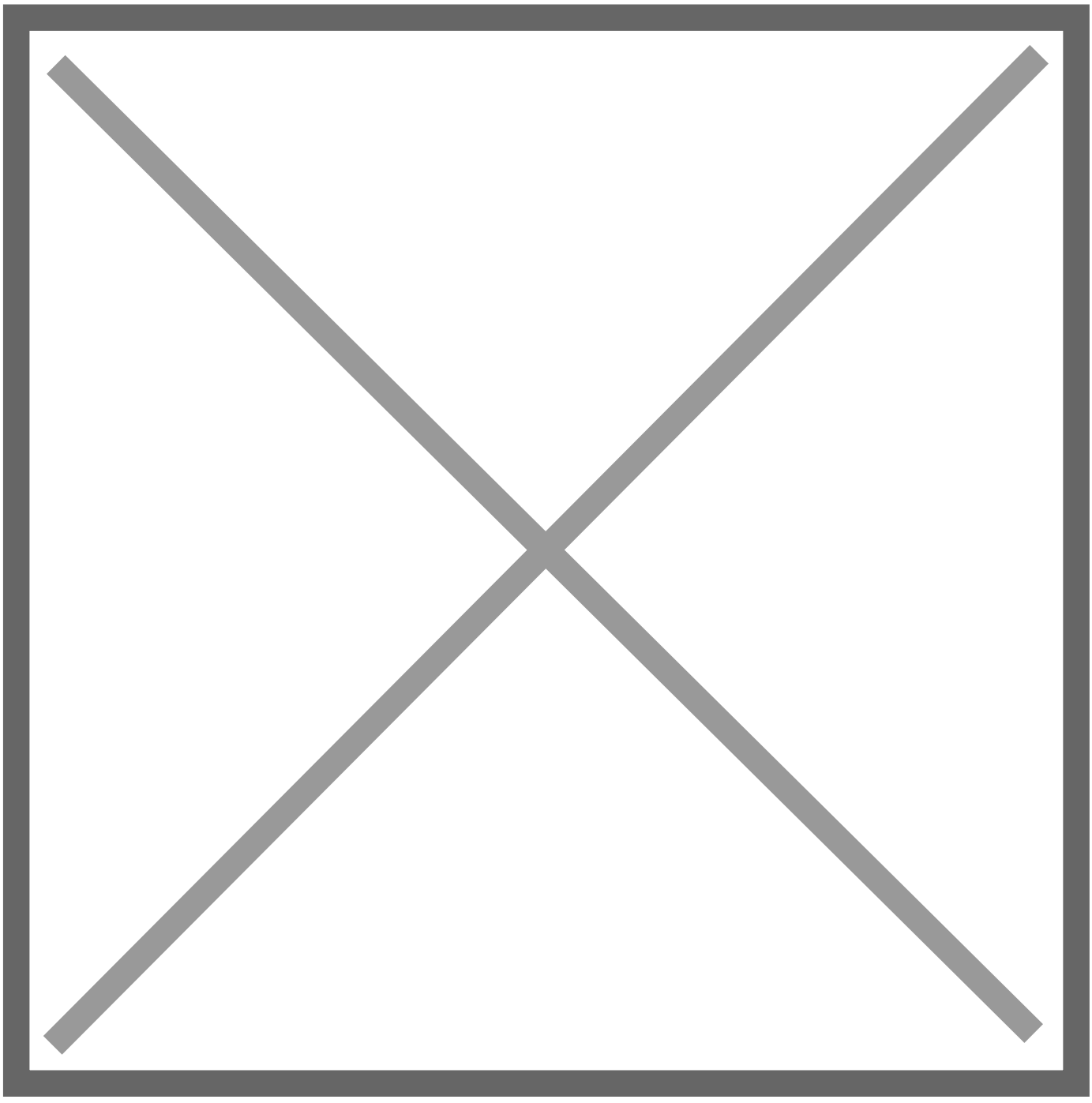
## Boys, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4470 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only) |
| **Definitions:** | Prevalence of daily consumption of soft drinks containing sugar, as reported by the child's parent (%) |

## Girls, 2022-2024

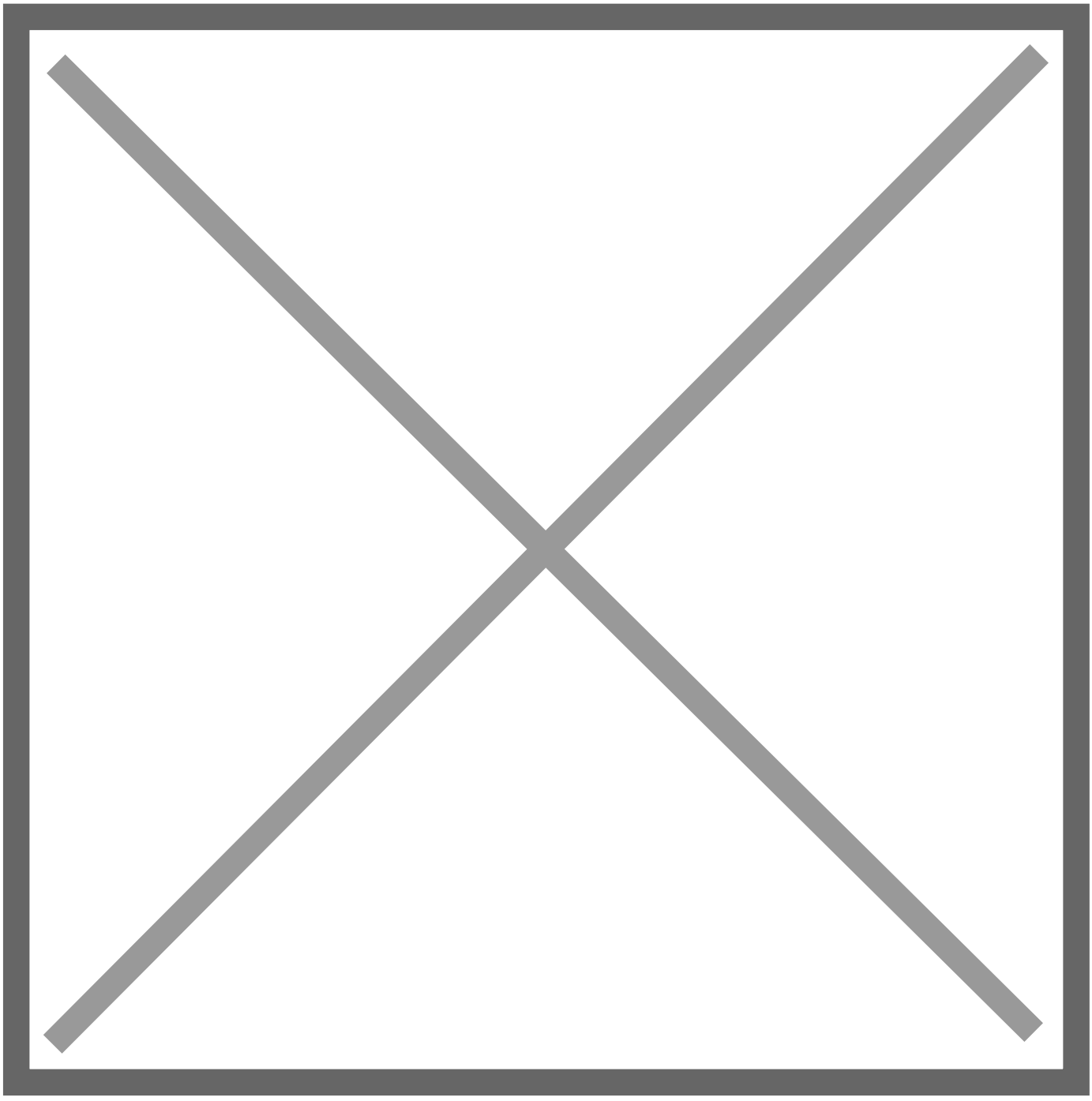


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4470 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only) |
| **Definitions:** | Prevalence of daily consumption of soft drinks containing sugar, as reported by the child's parent (%) |

# Prevalence of confectionery consumption

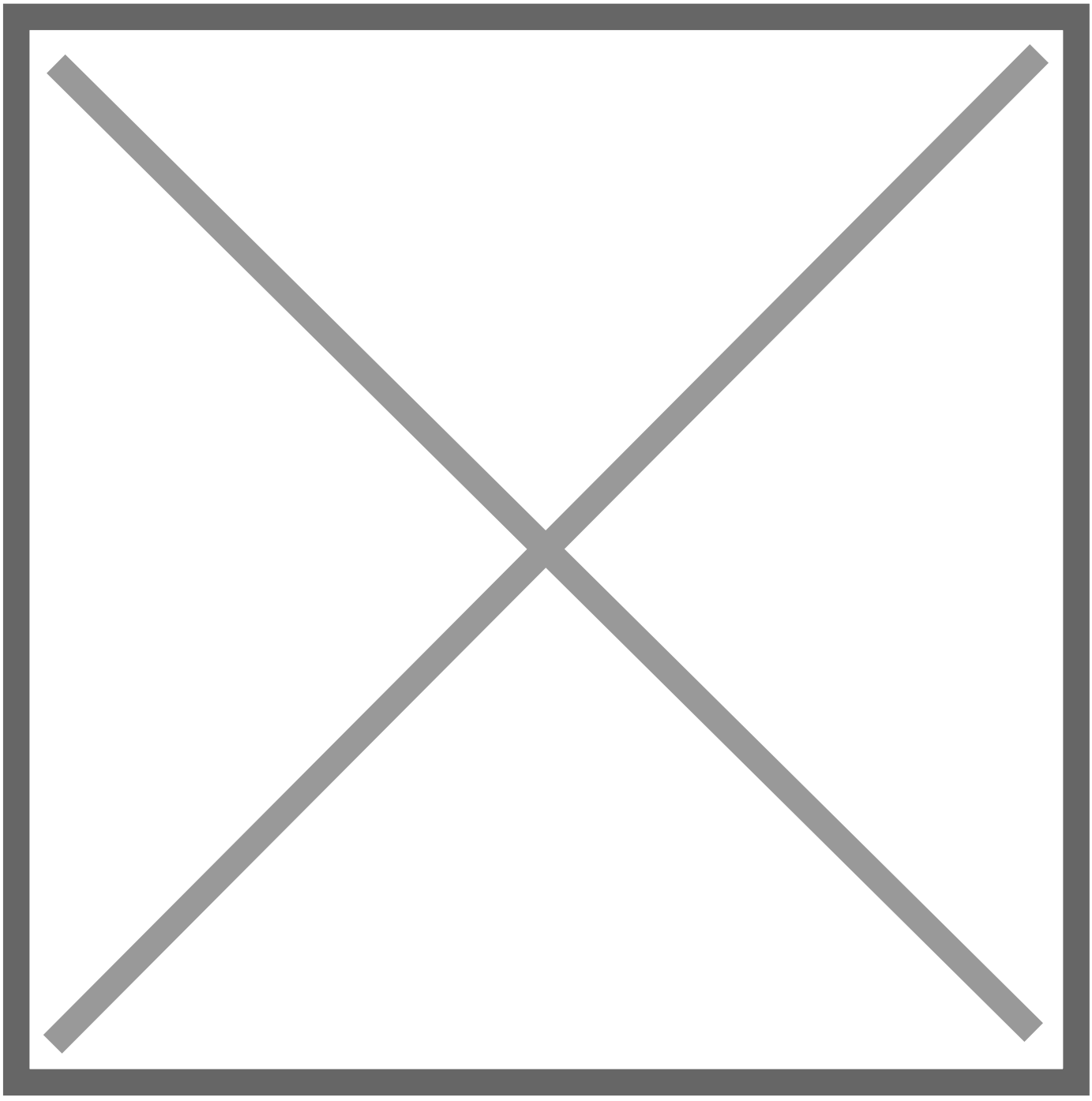
## Adults, 2016



| | |
|---|---|
| **Список литературы:** | Source: Euromonitor International |
| **Definitions:** | Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month) |

# Prevalence of sweet/savoury snack consumption

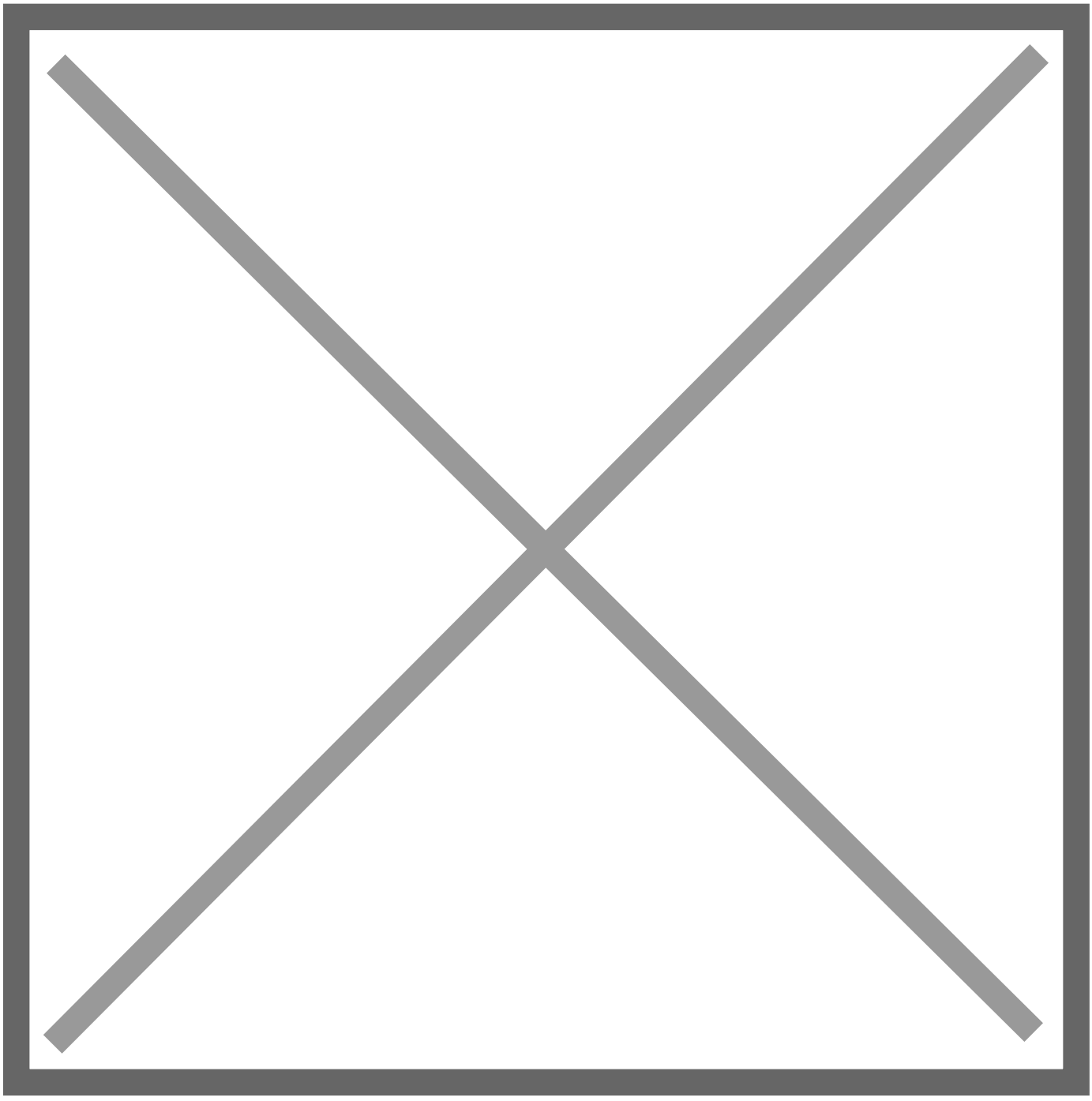
## Adults, 2016



| | |
|---|---|
| **Список литературы:** | Source: Euromonitor International |
| **Definitions:** | Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month) |

# Prevalence of less than daily fruit consumption

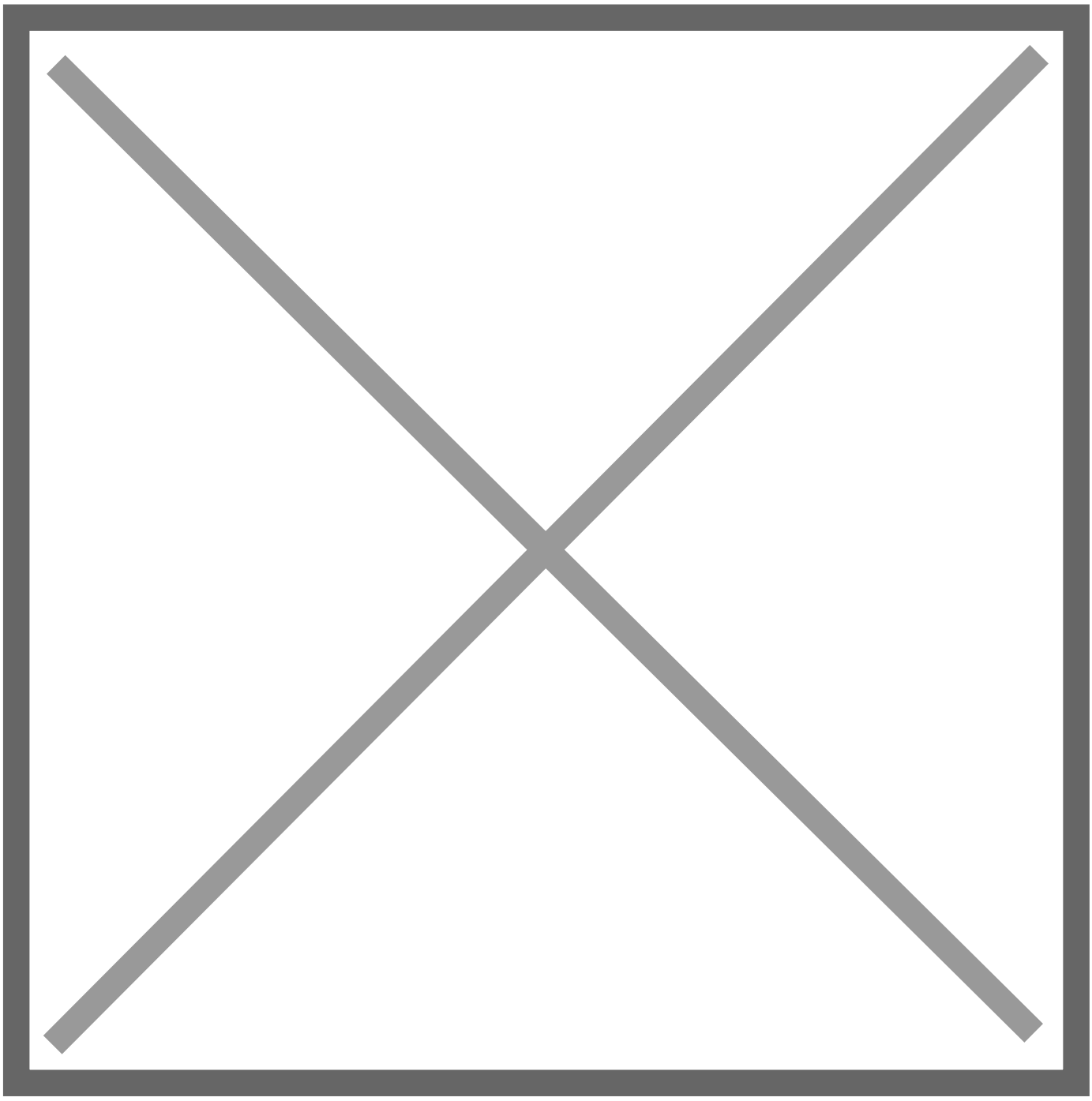
## Children, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4482 |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Proportion of children whose parents reported that their child consumes fruit less than daily |

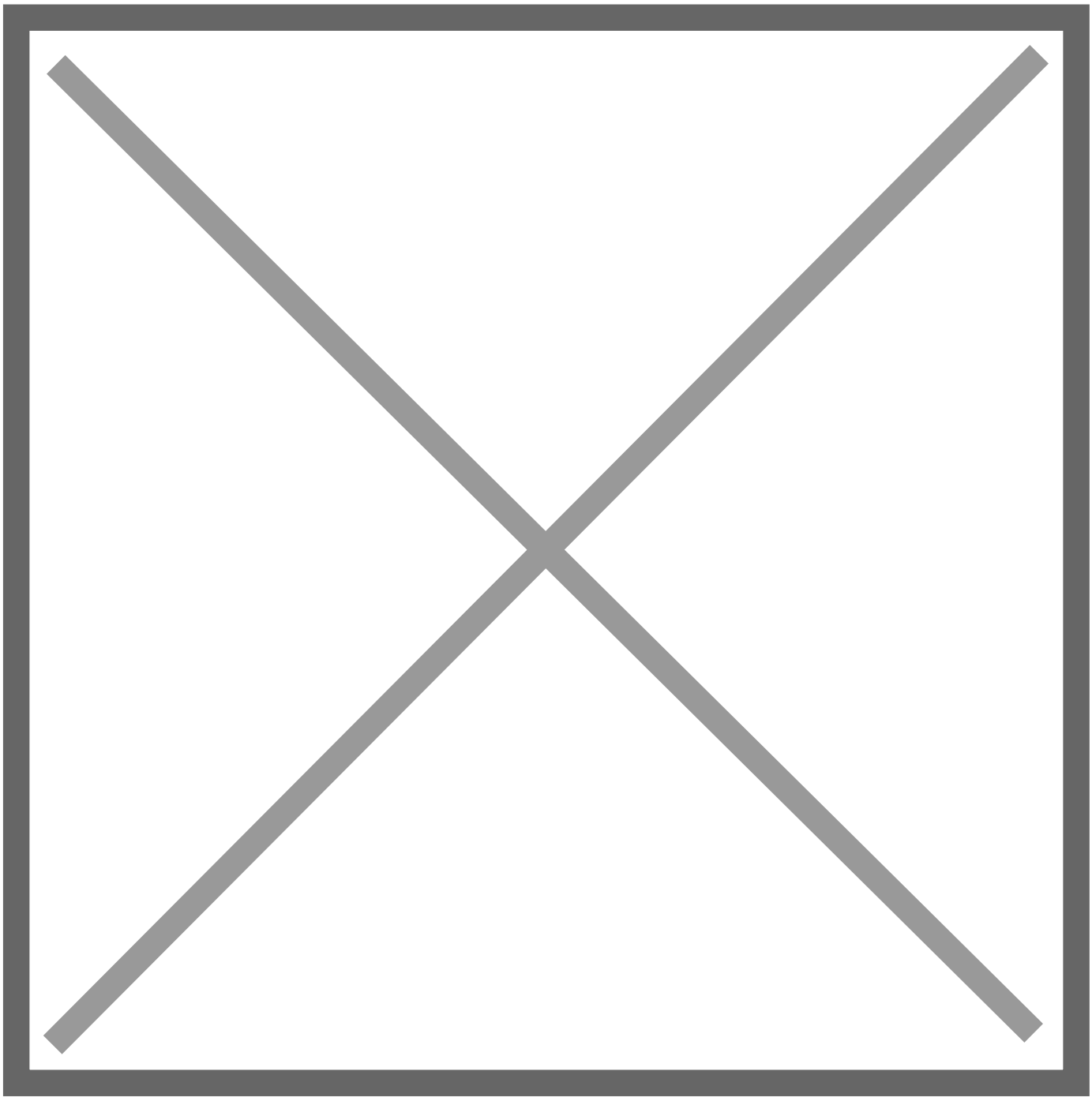
## Boys, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4482 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Proportion of children whose parents reported that their child consumes fruit less than daily |

## Girls, 2022-2024

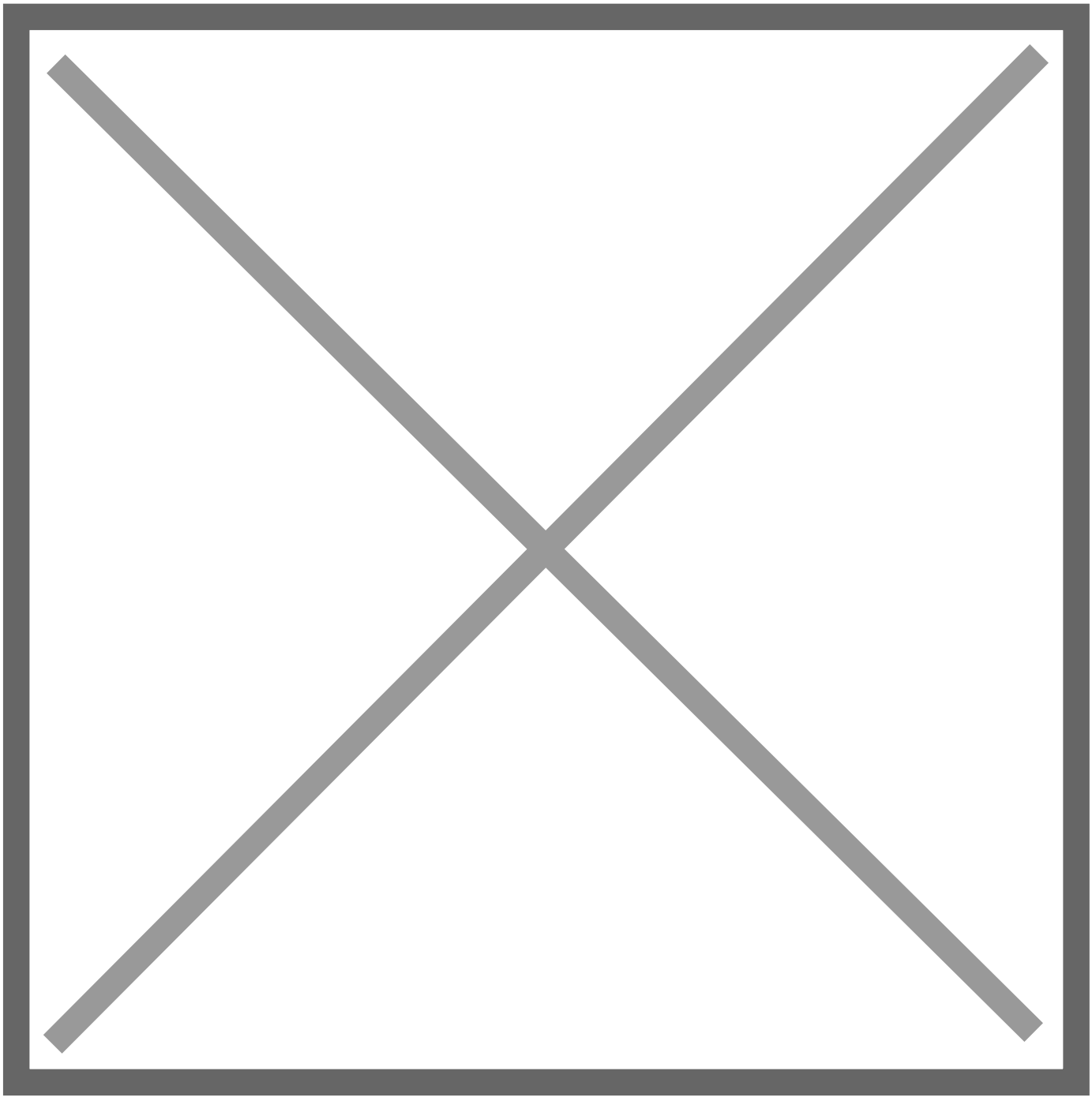


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4482 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Proportion of children whose parents reported that their child consumes fruit less than daily |

# Prevalence of less than daily vegetable consumption

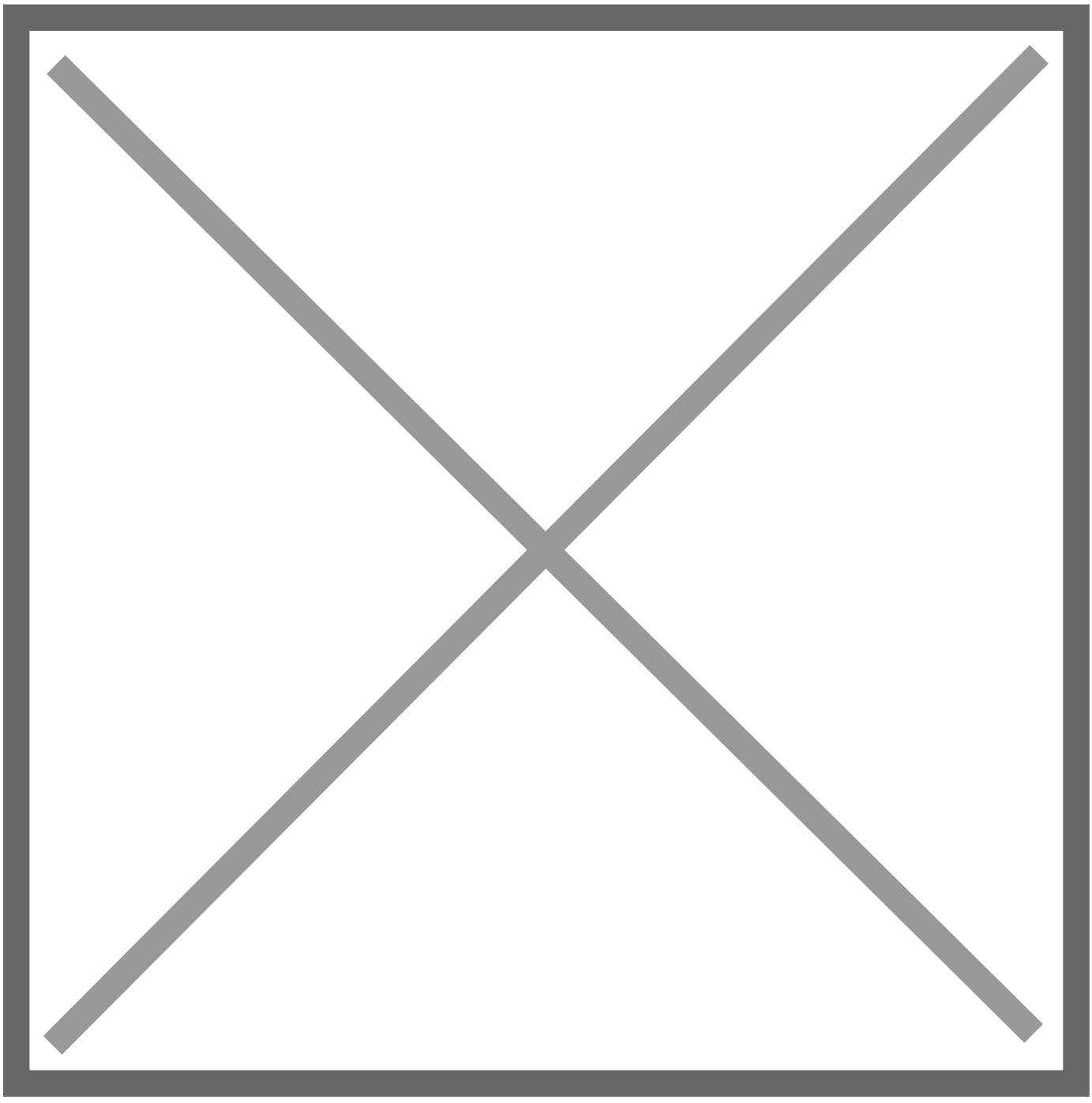
## Children, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4484 |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Proportion of children whose parents reported that their child consumes vegetables less than daily |

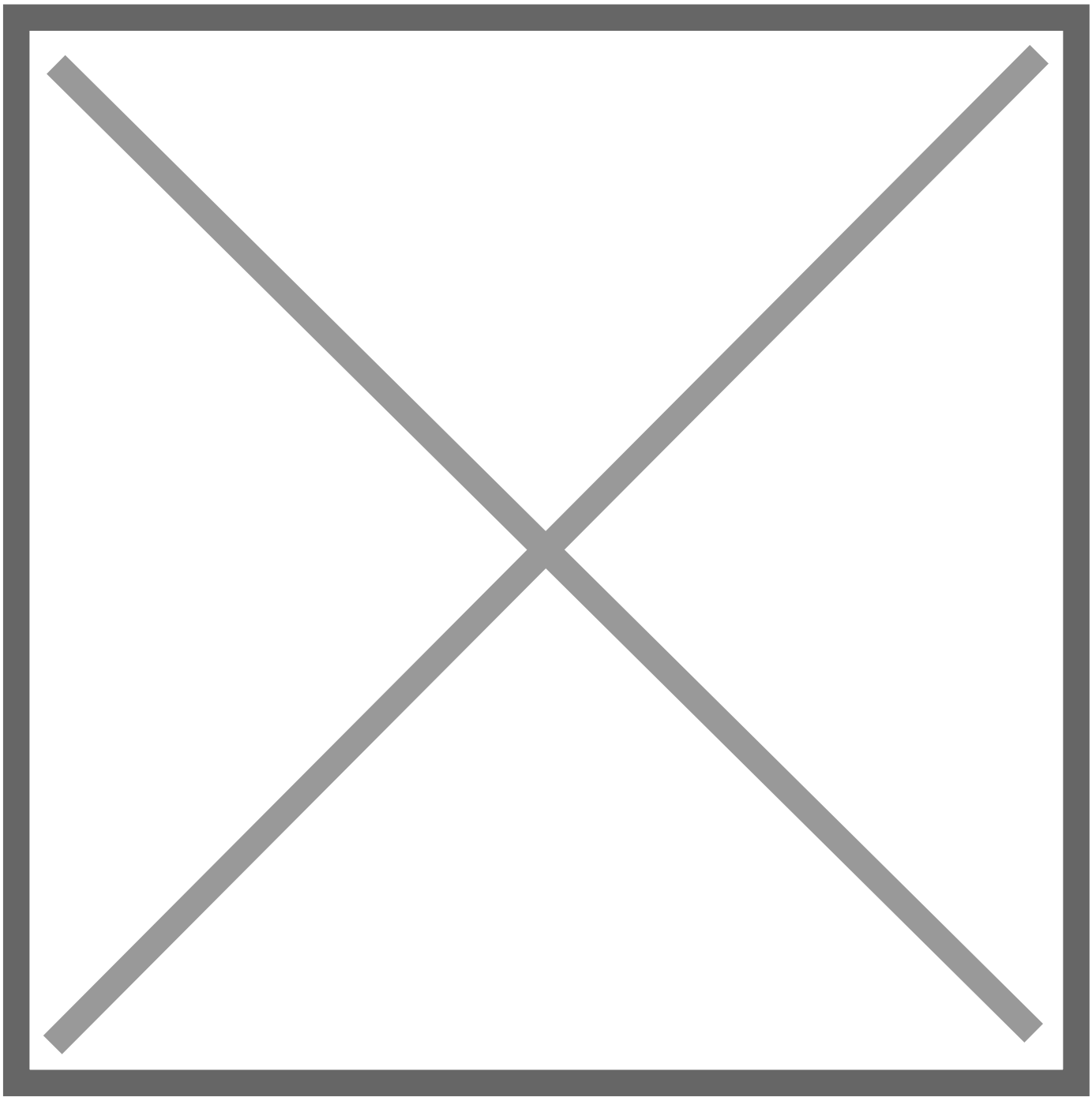
## Boys, 2022-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4484 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Proportion of children whose parents reported that their child consumes vegetables less than daily |

## Girls, 2022-2024

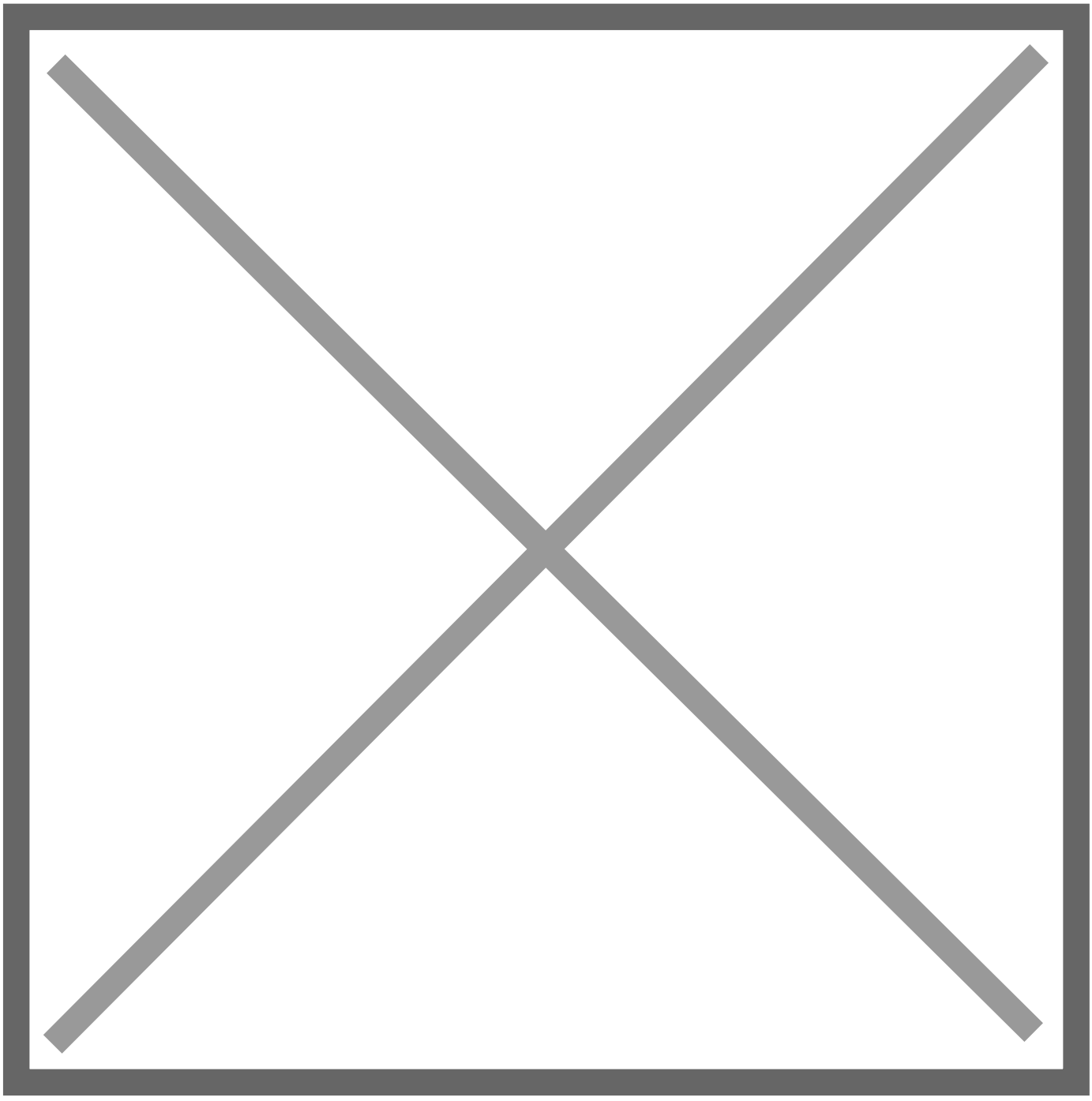


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 6-9 |
| **Sample size:** | 4484 |
| **Area covered:** | National |
| **Список литературы:** | WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022– 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO. |

| | |
|---|---|
| **Notes:** | National data excluding Germany (Bremen only) and Kazakhstan (Almaty only). |
| **Definitions:** | Proportion of children whose parents reported that their child consumes vegetables less than daily |

# Mental health - depression disorders

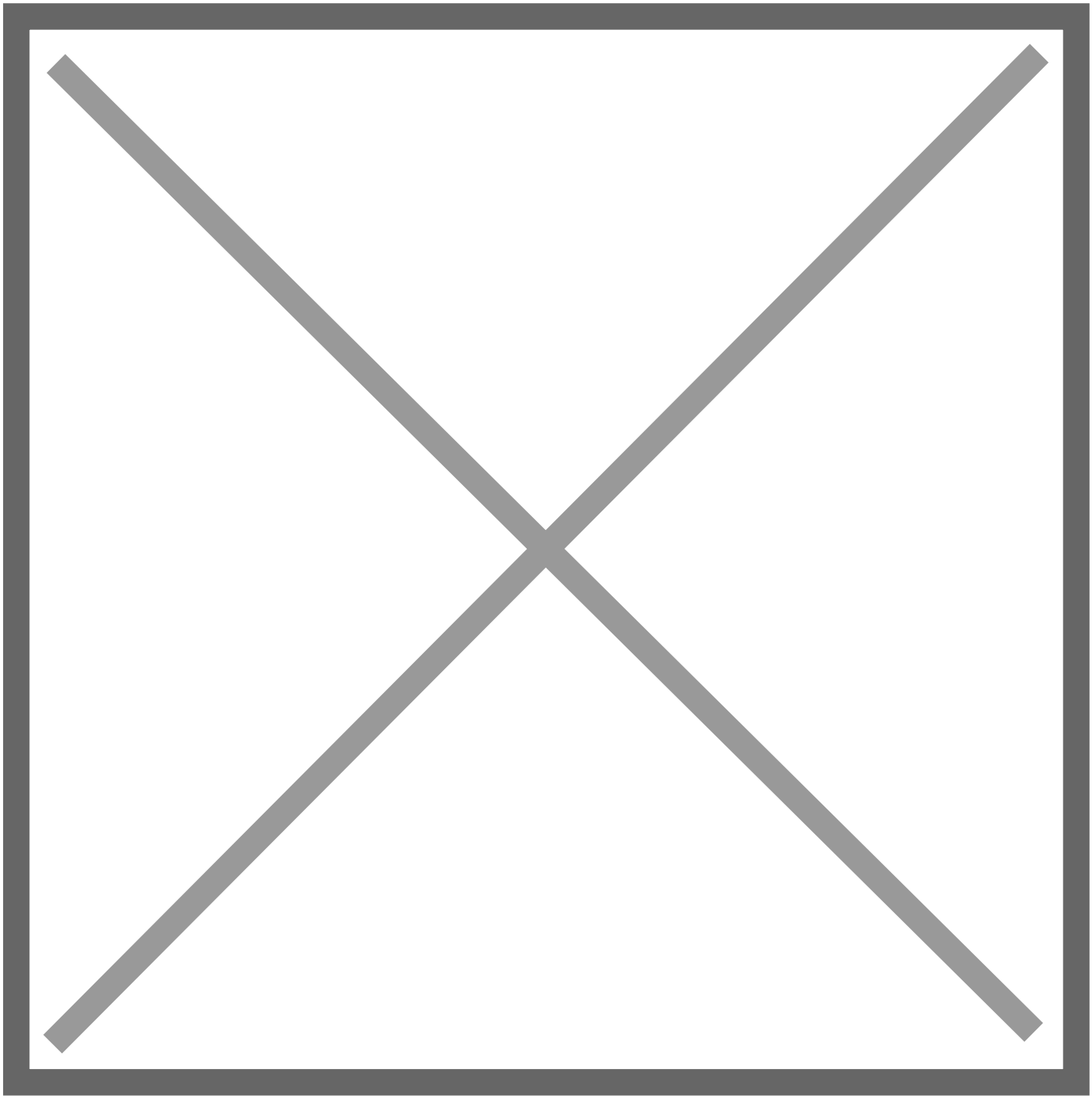
## Adults, 2023



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |

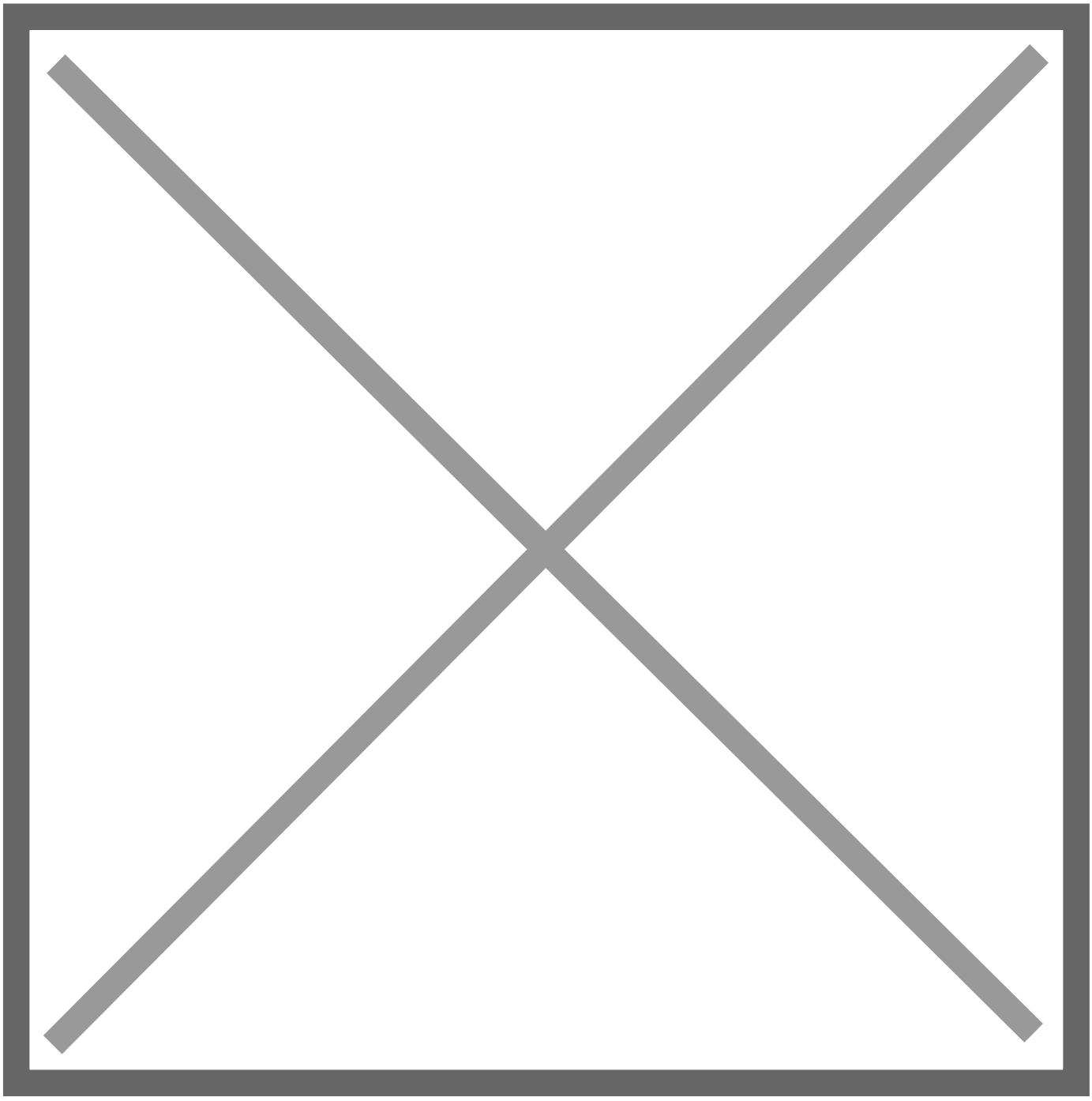
| | |
|---|---|
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (20+ years of age) |

## Men, 2023



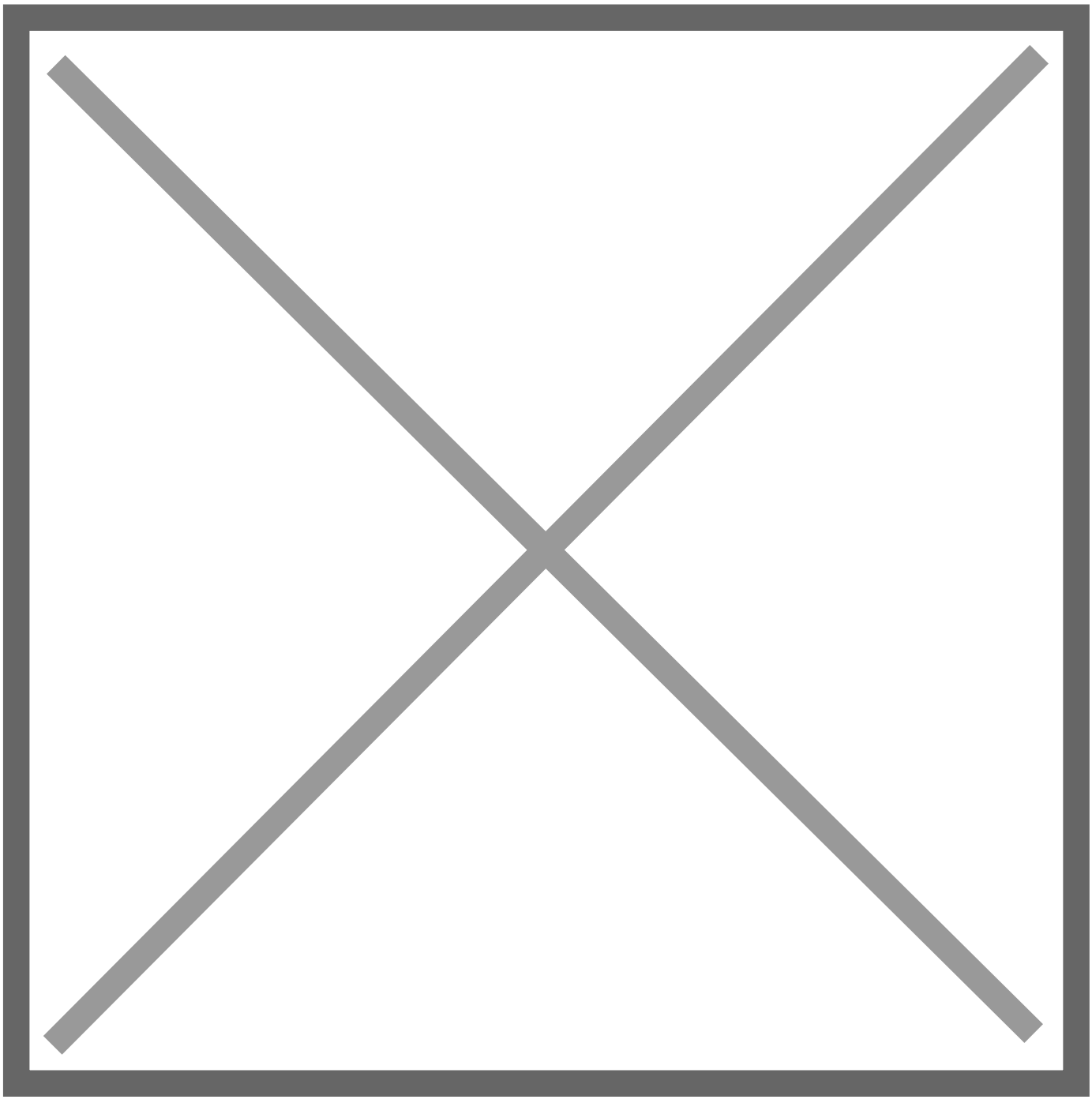
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (20+ years of age) |

## Women, 2023



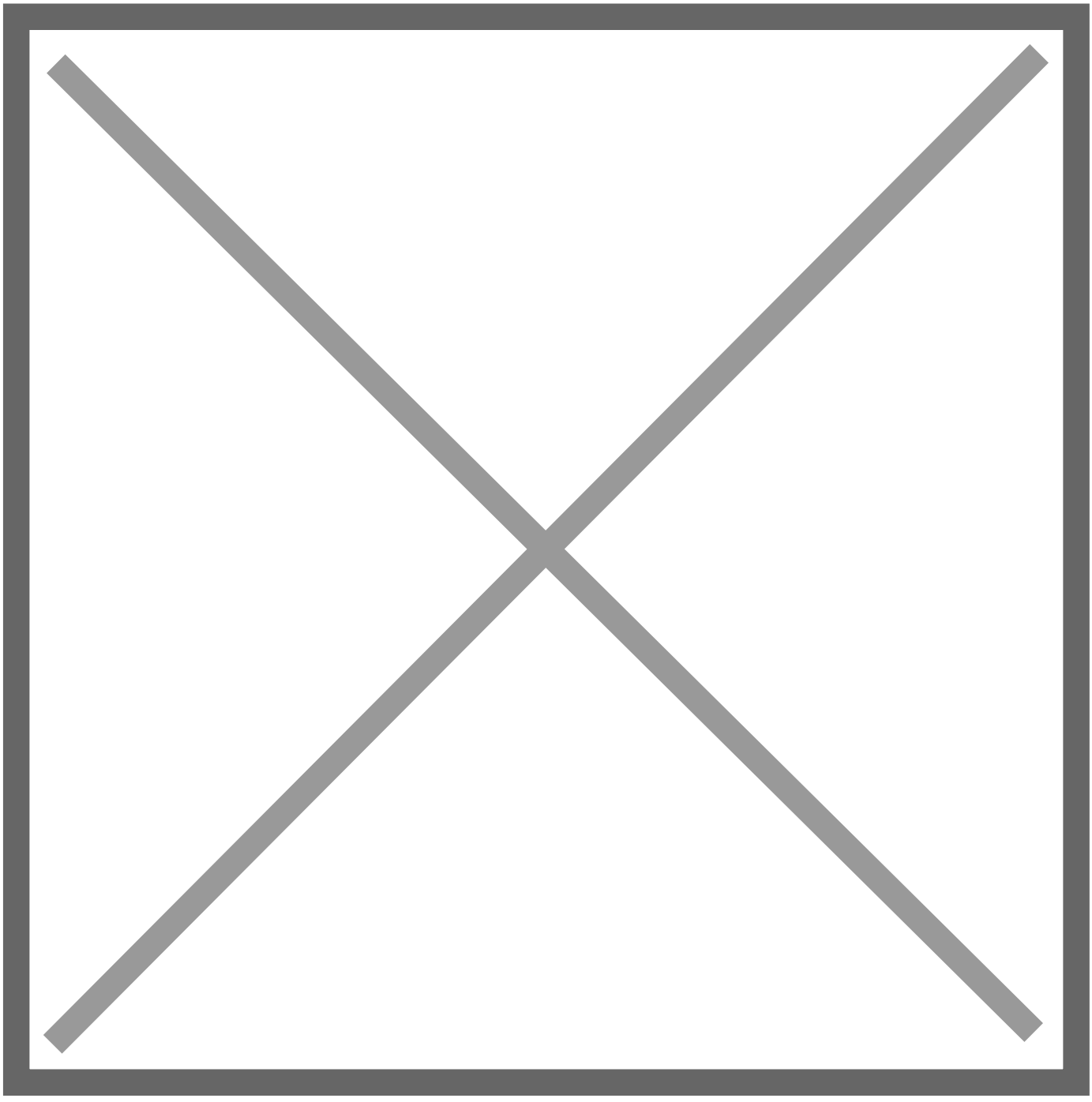
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (20+ years of age) |

## Children, 2023



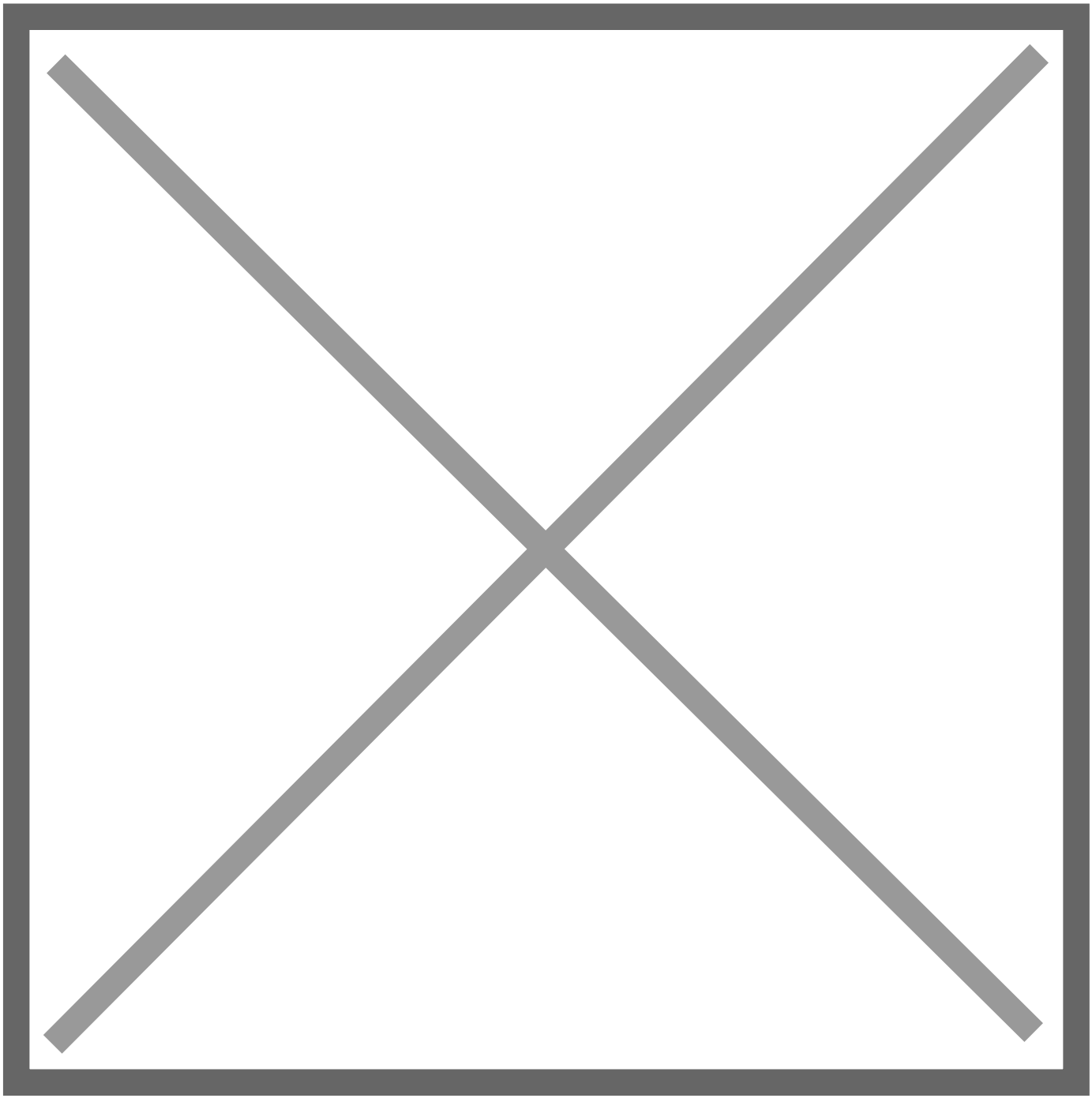
| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (under 20 years of age) |

## Boys, 2023



| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (under 20 years of age) |

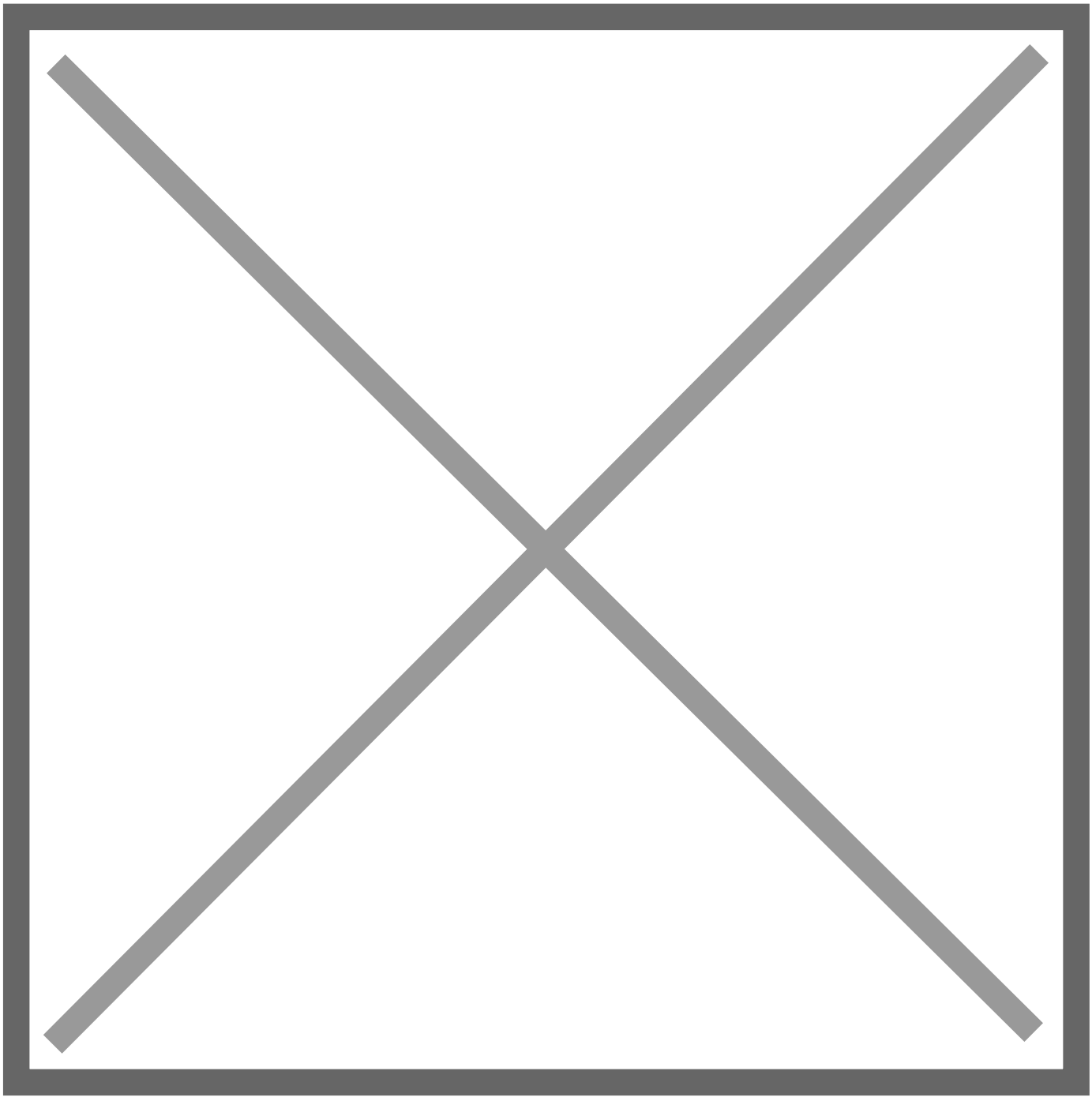
## Girls, 2023



| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (under 20 years of age) |

# Mental health - anxiety disorders

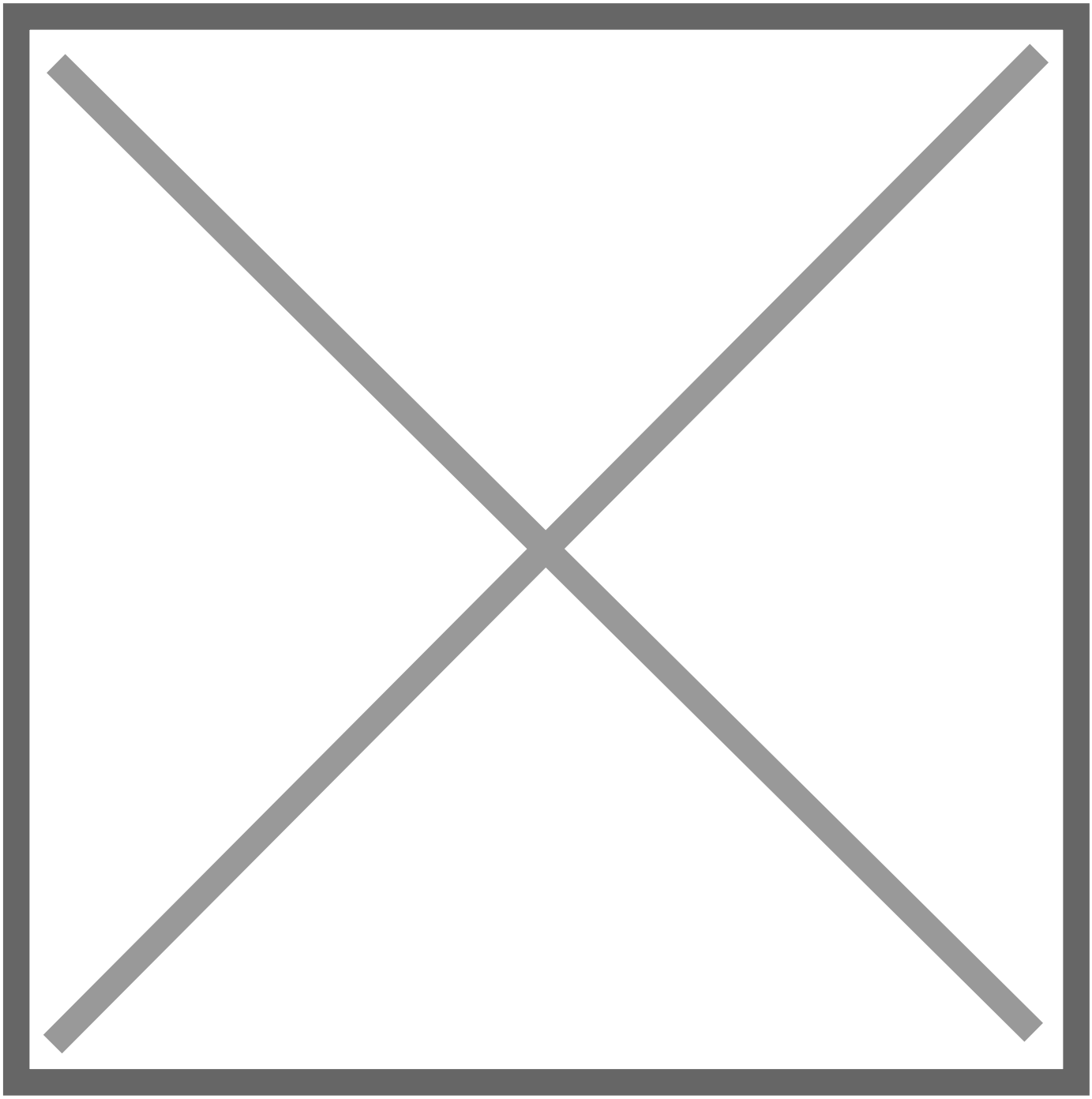
## Adults, 2023



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |

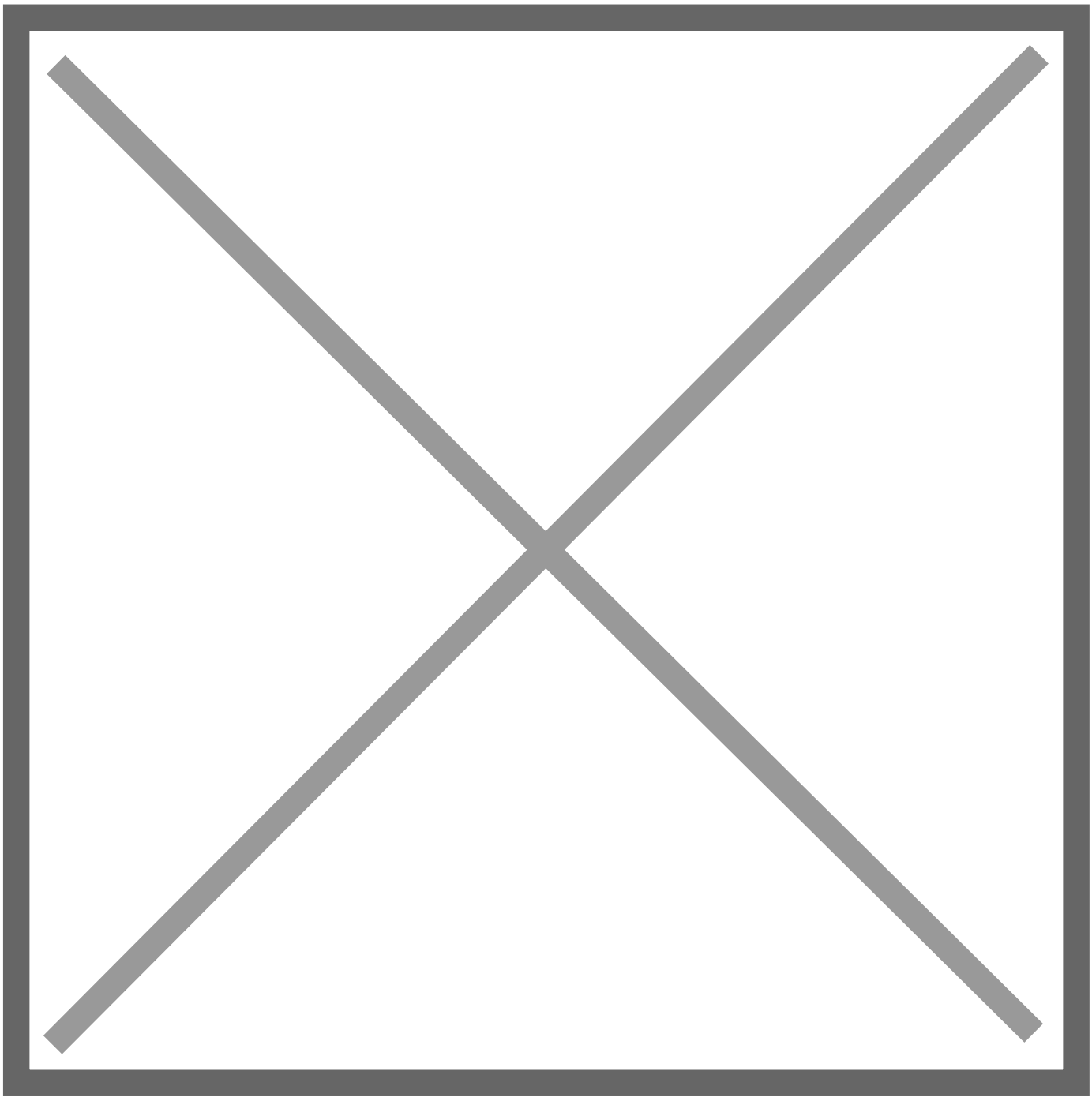
| | |
|---|---|
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (20+ years of age) |

## Men, 2023



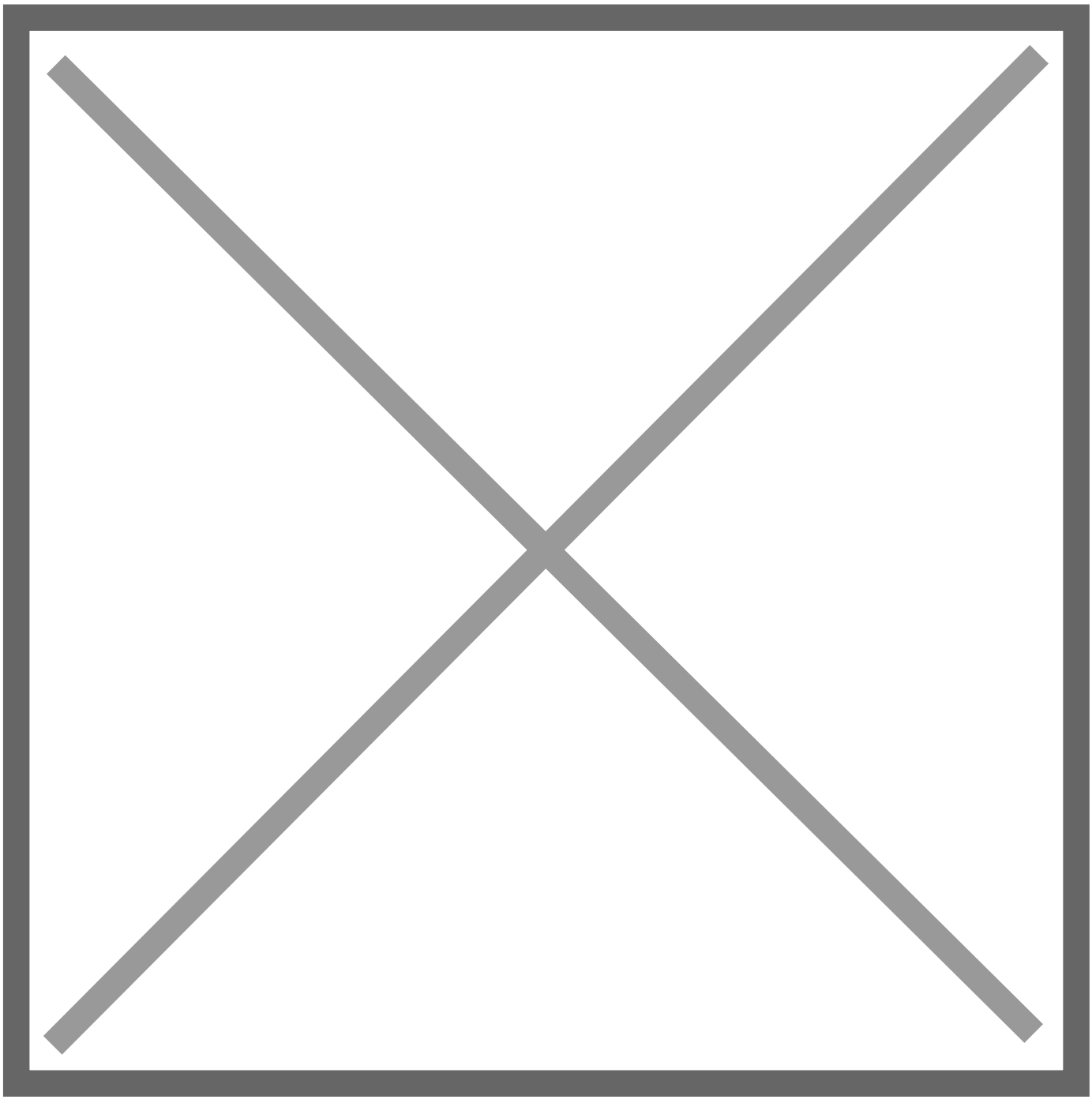
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (20+ years of age) |

## Women, 2023



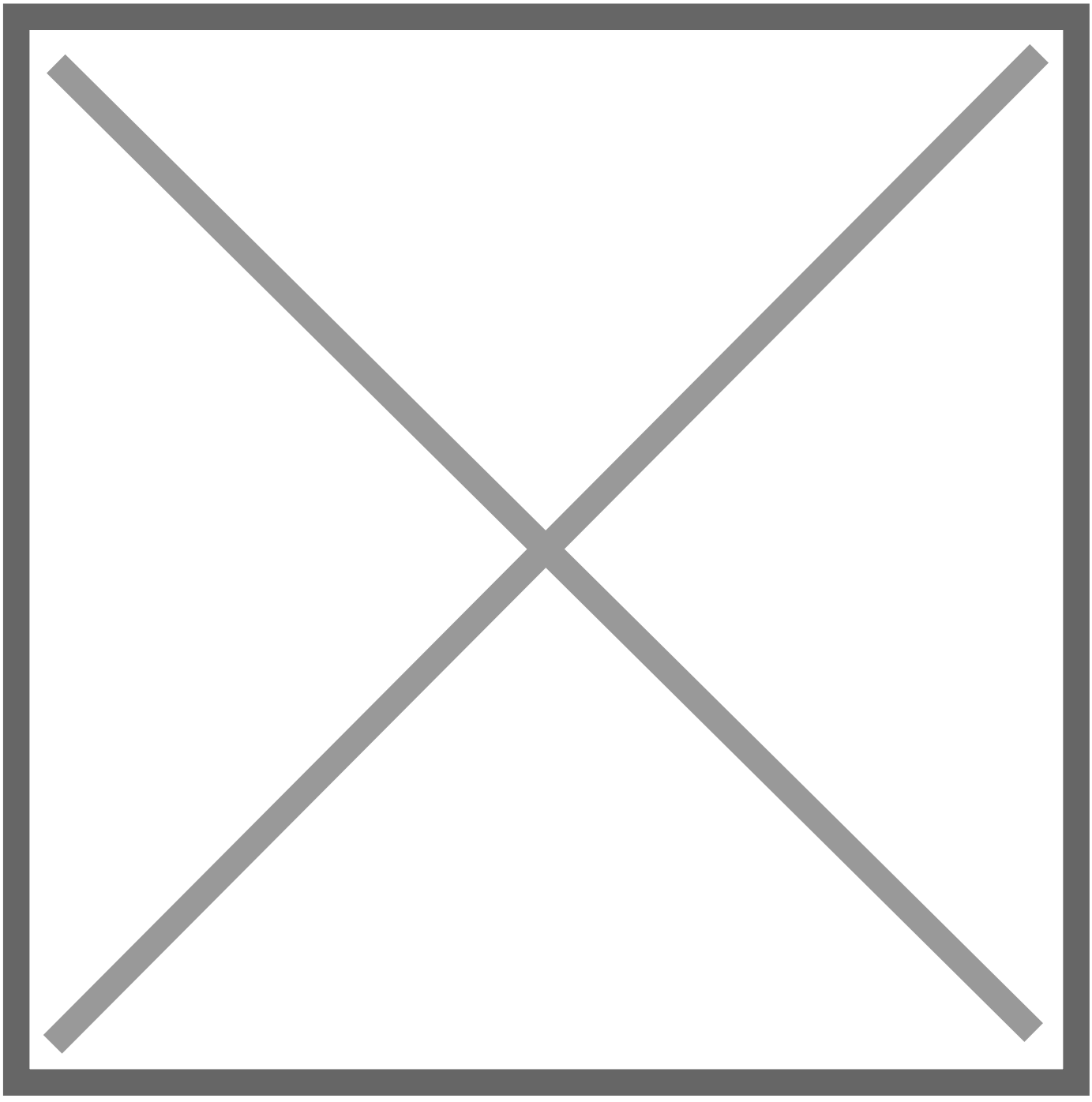
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (20+ years of age) |

## Children, 2023



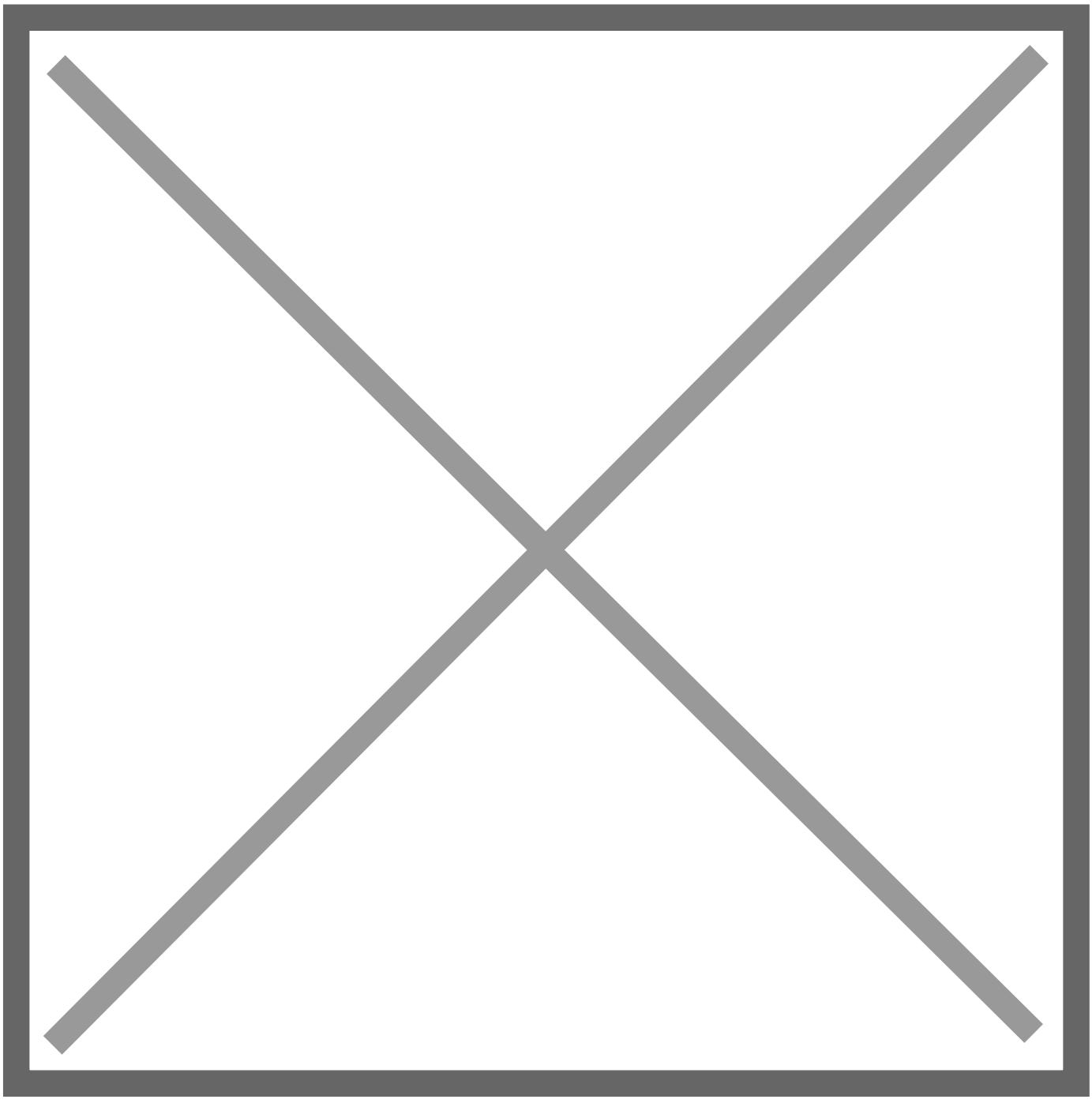
| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (under 20 years of age) |

## Boys, 2023



| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (under 20 years of age) |

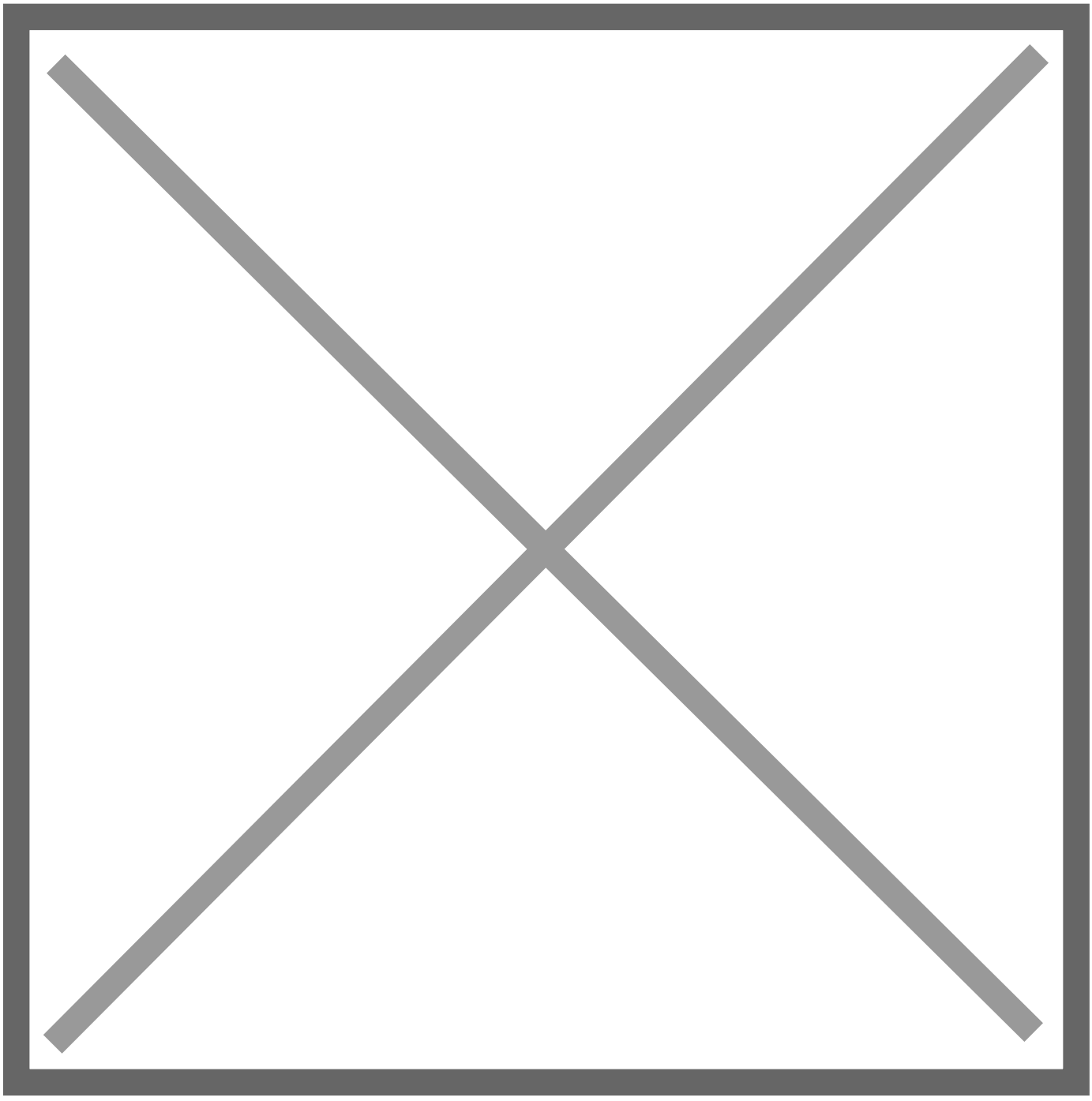
## Girls, 2023



| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (under 20 years of age) |

# Percent of population who cannot afford a healthy diet

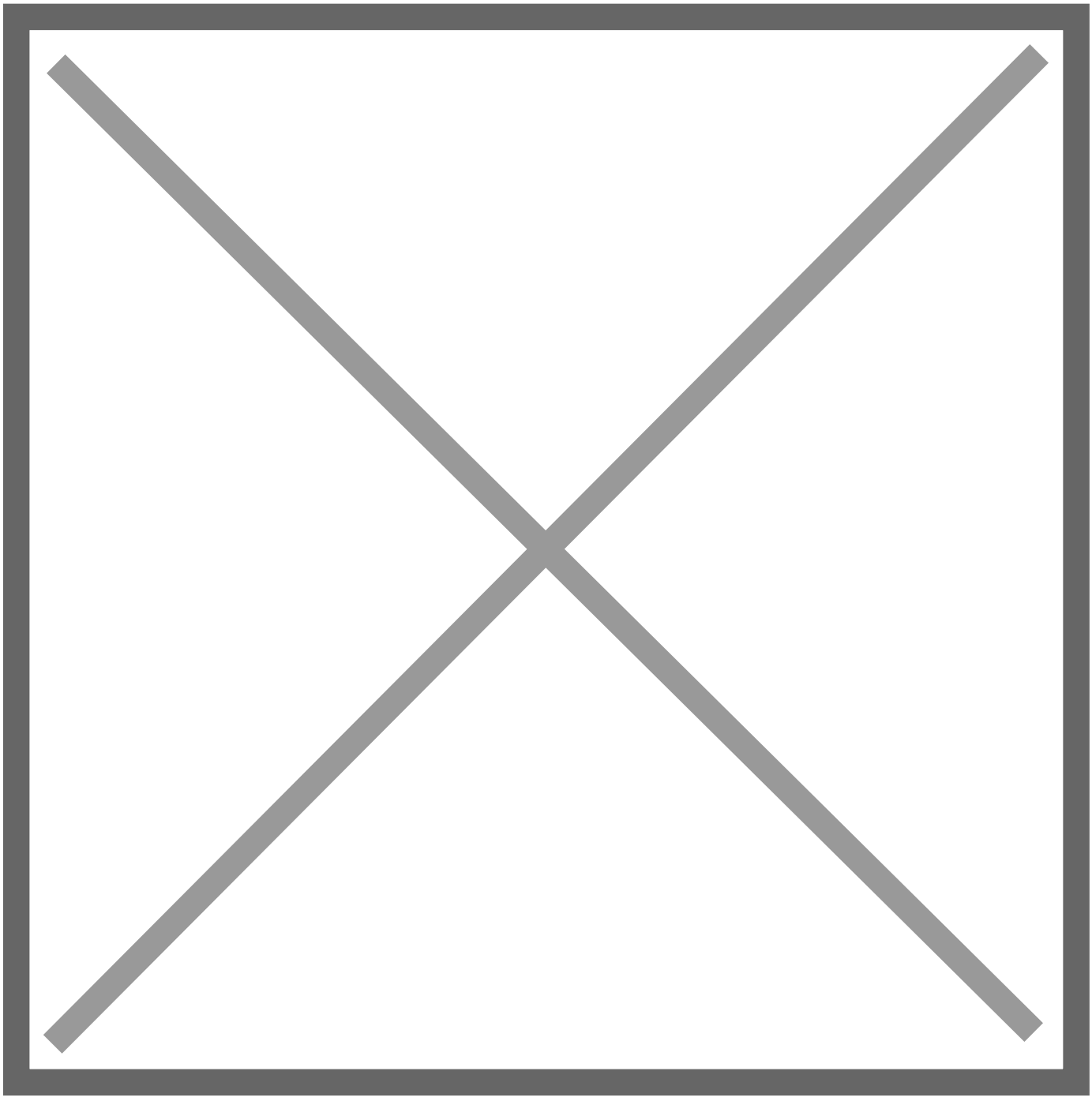
## Adults, 2025



| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | FAO. 2026. FAOSTAT: Cost and Affordability of a Healthy Diet (CoAHD). https://www.fao.org/faostat/en/#data/CAHD. Licence: CC-BY-4.0. [Last Accessed 12.10.26] |
| **Notes:** | The percent of the population whose food budget is below the cost of a healthy diet. |

# Oesophageal cancer

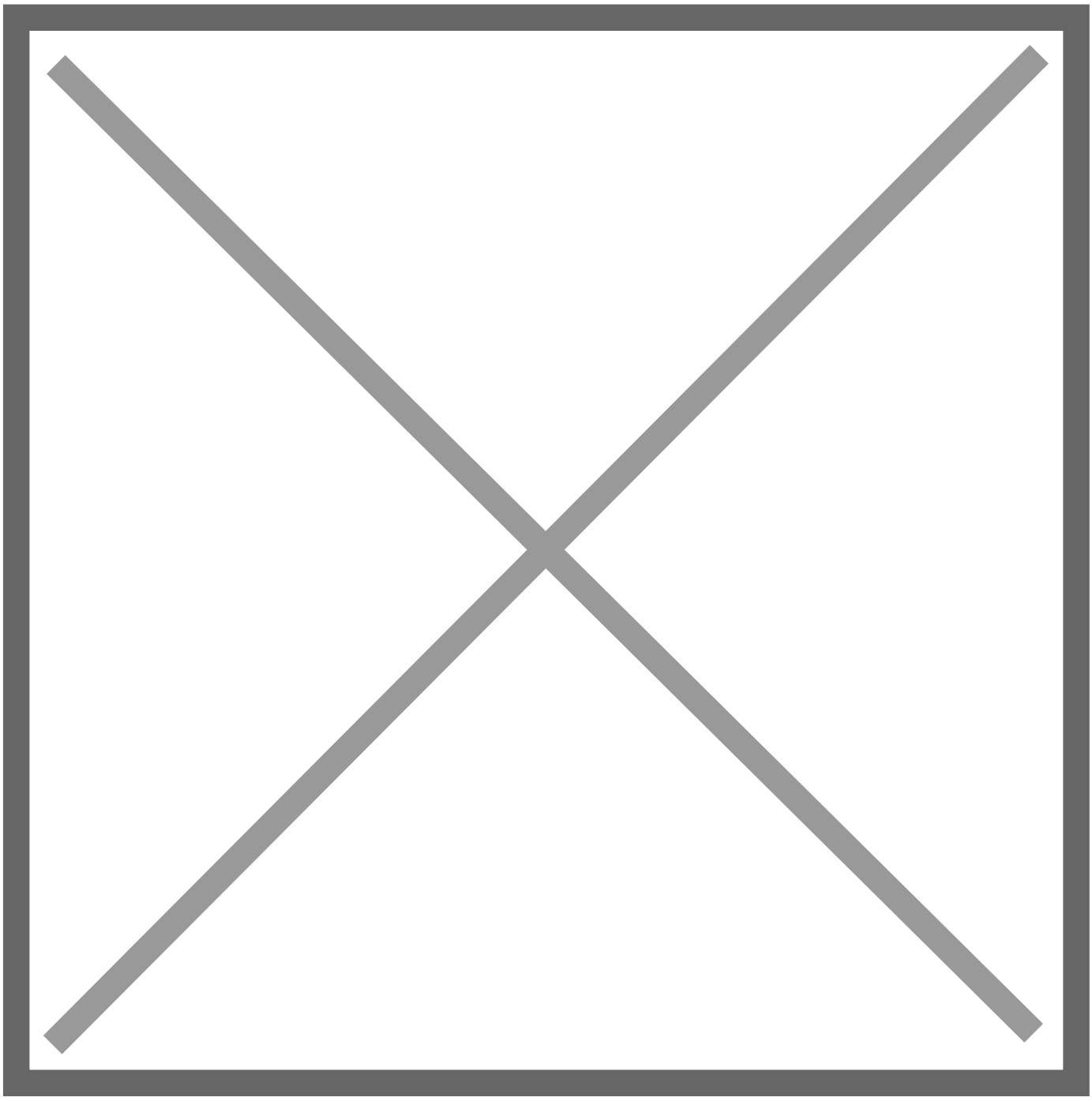
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

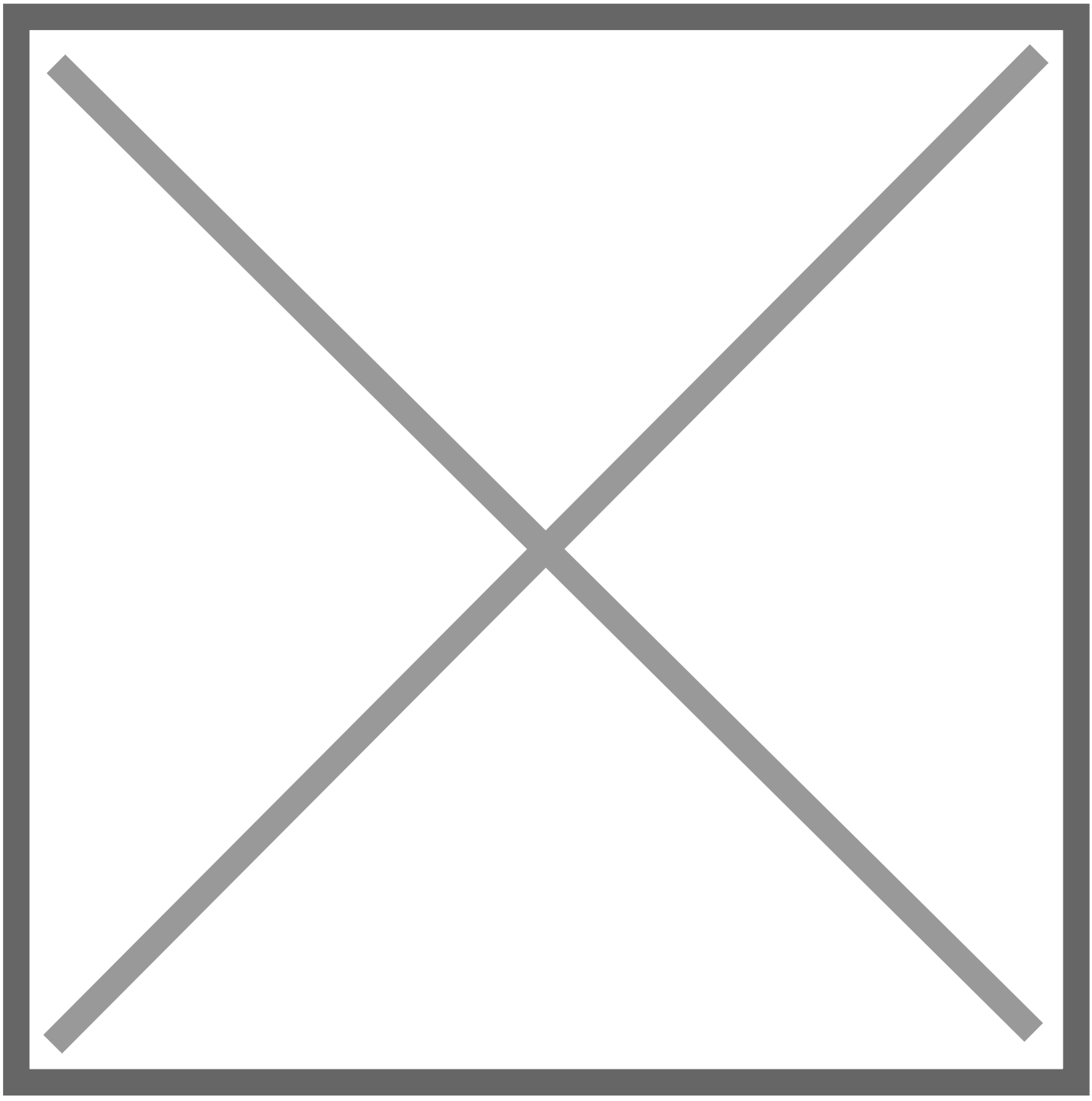
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

# Breast cancer

## Women, 2022

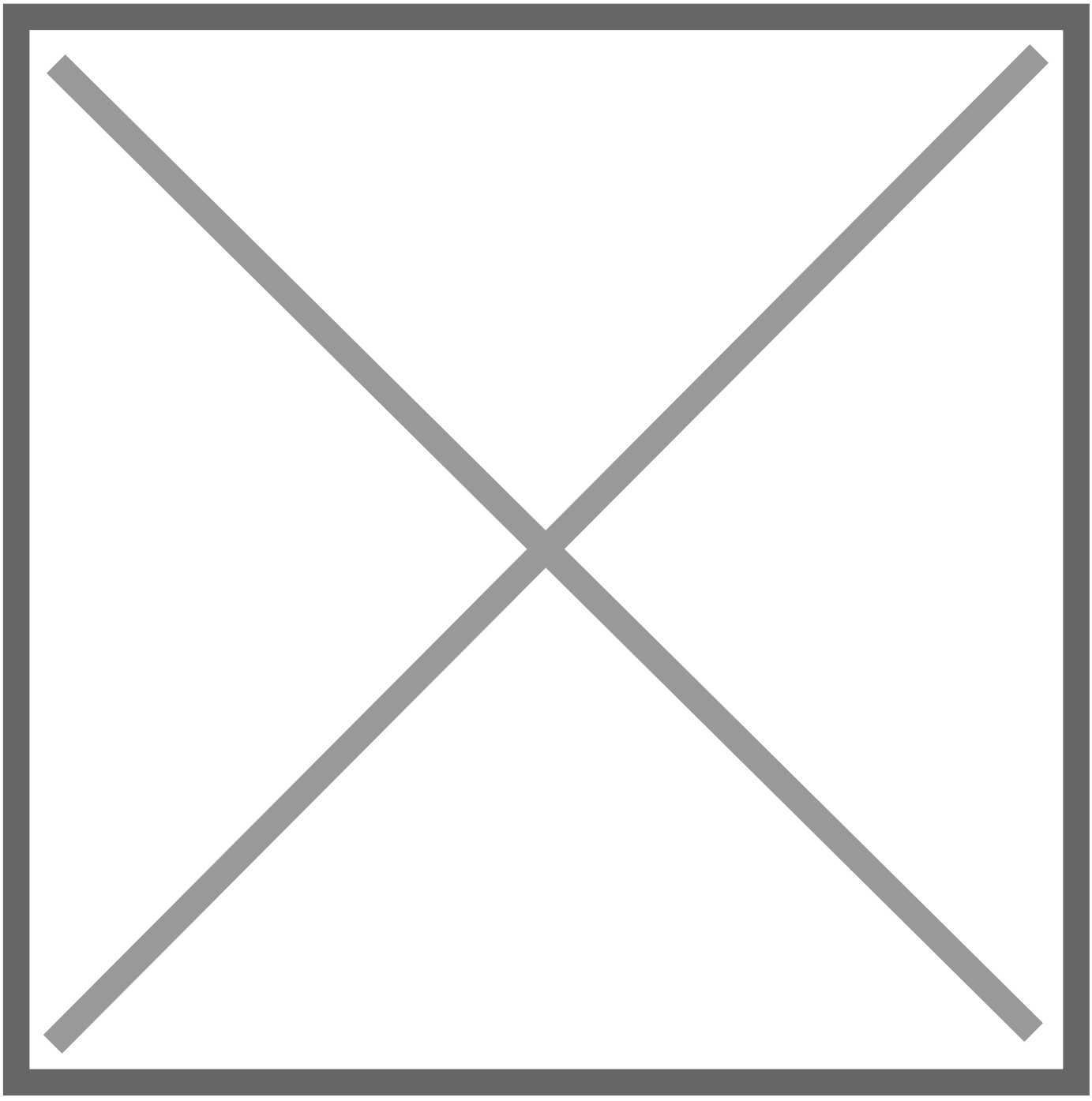


| | |
|---|---|
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |

| **Definitions:** | Incidence per 100,000 |
|---|---|

# Colorectal cancer

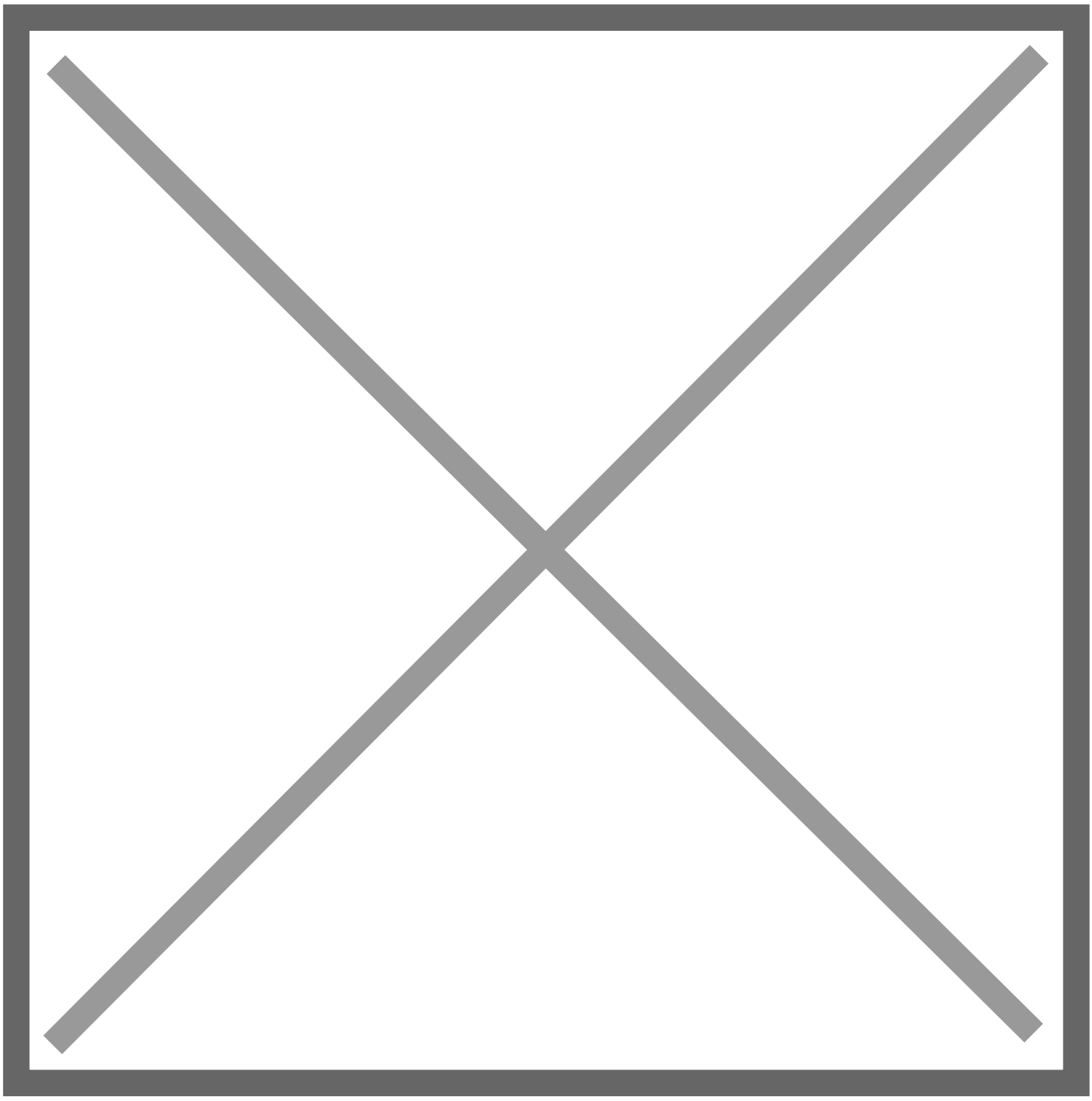
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

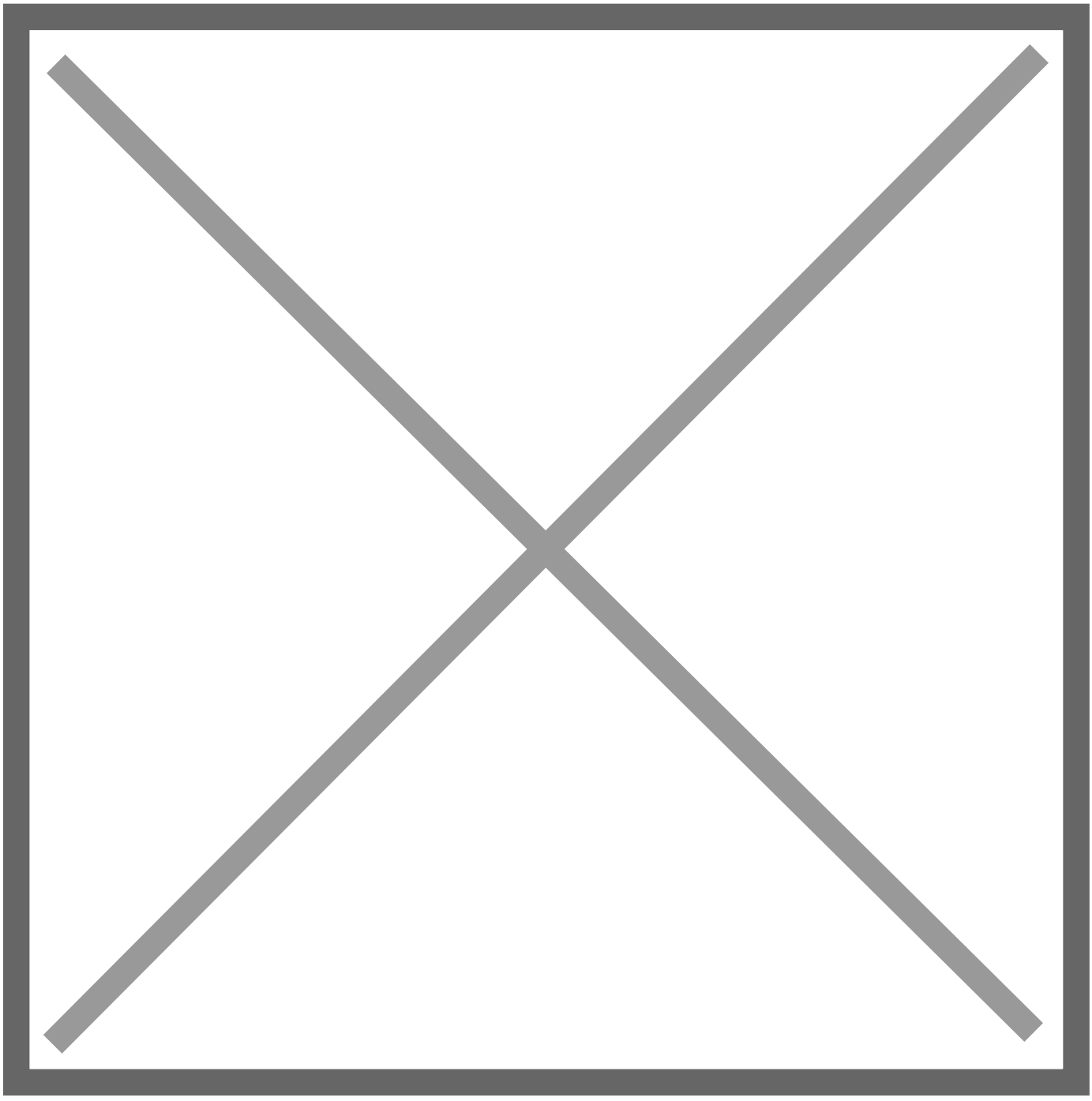
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

# Pancreatic cancer

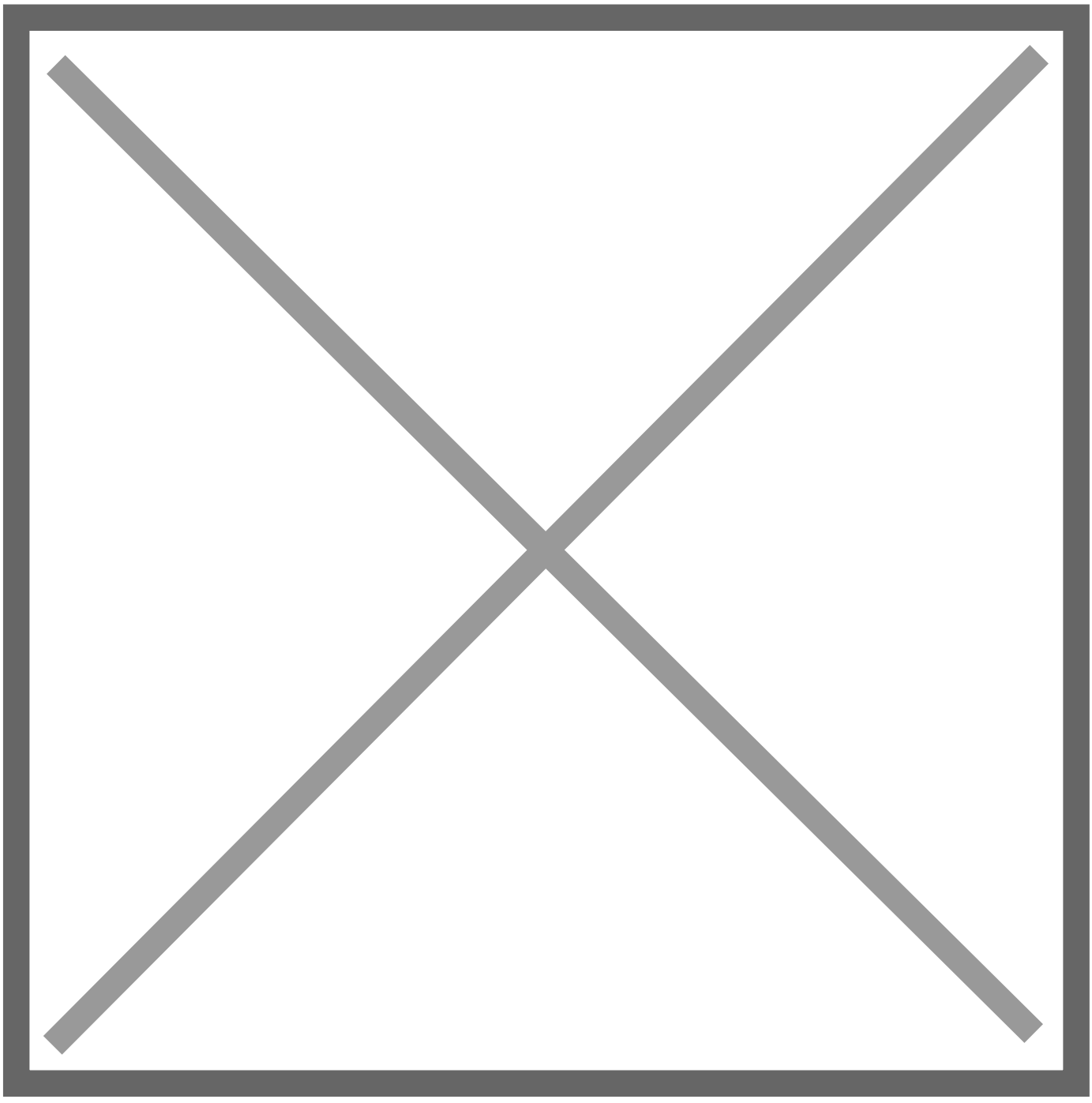
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

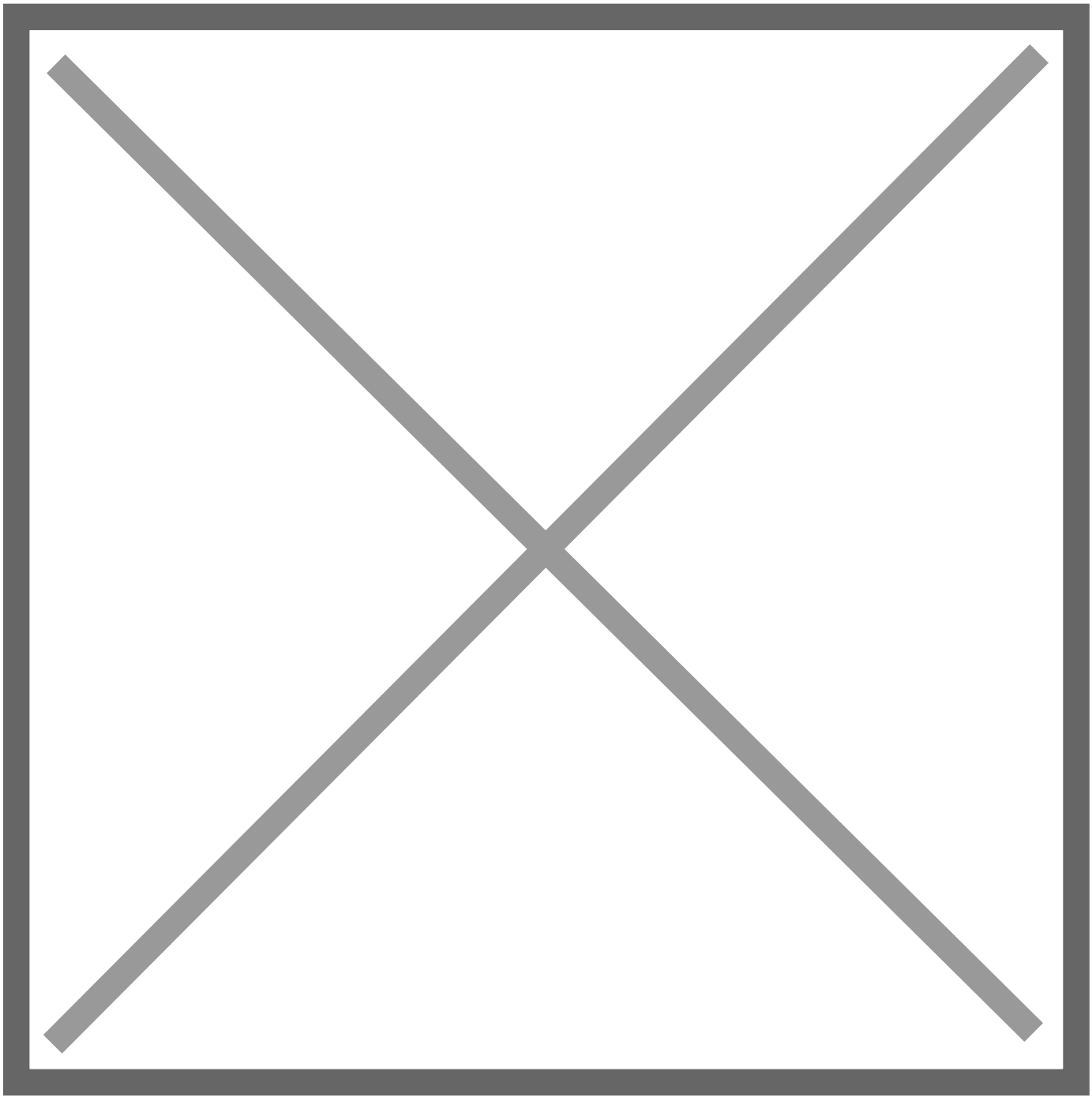
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

# Gallbladder cancer

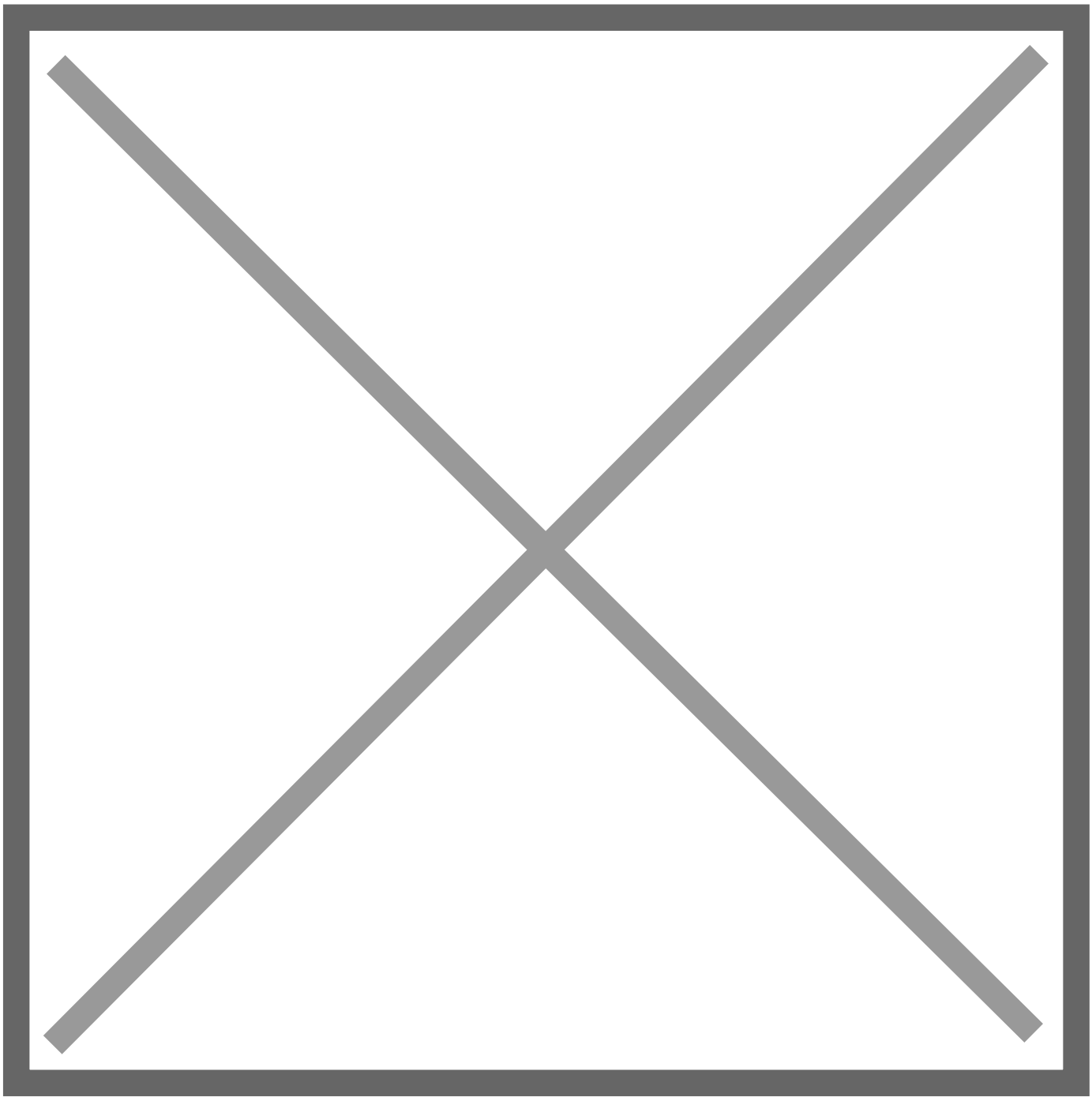
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

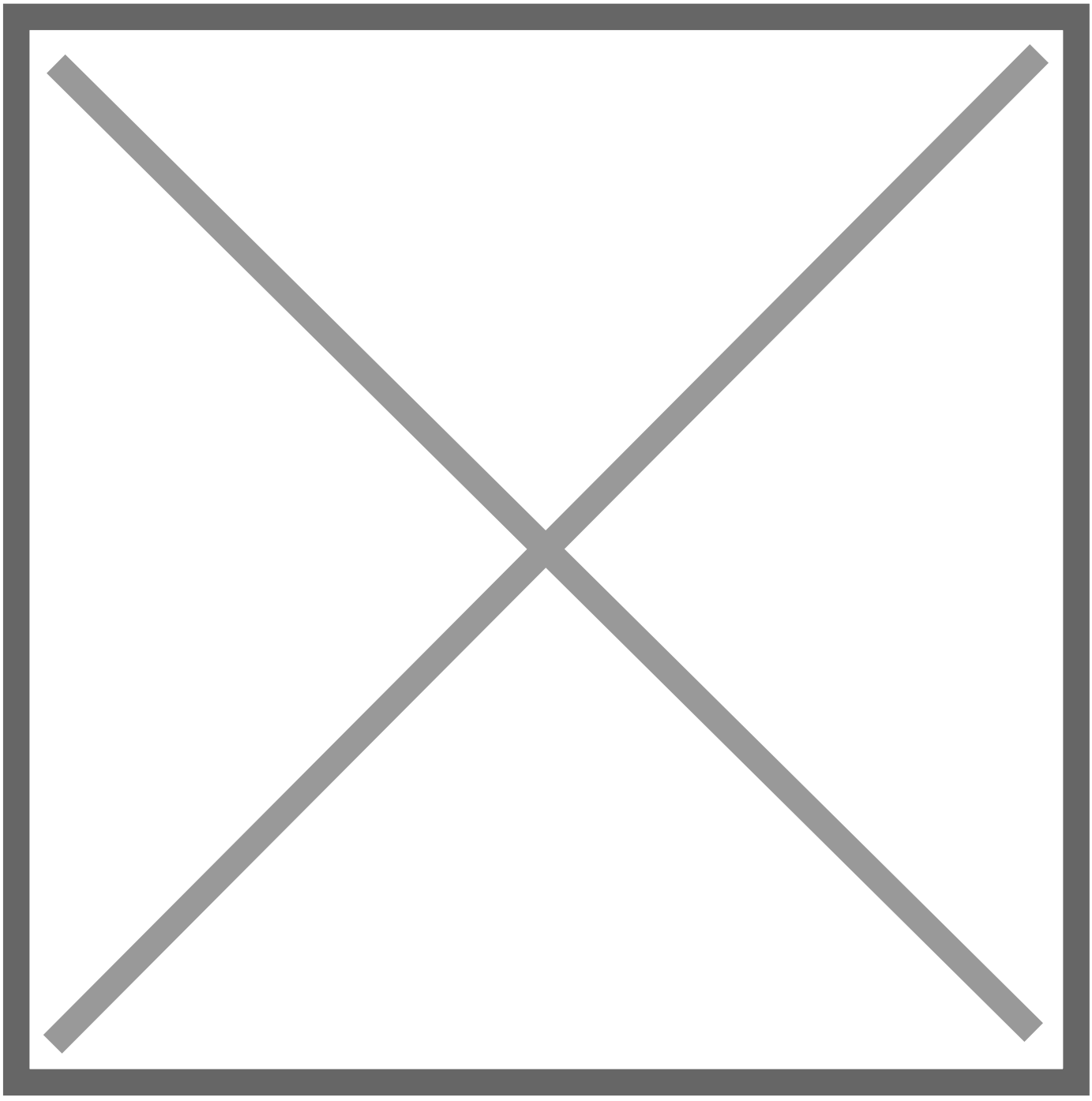
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

# Kidney cancer

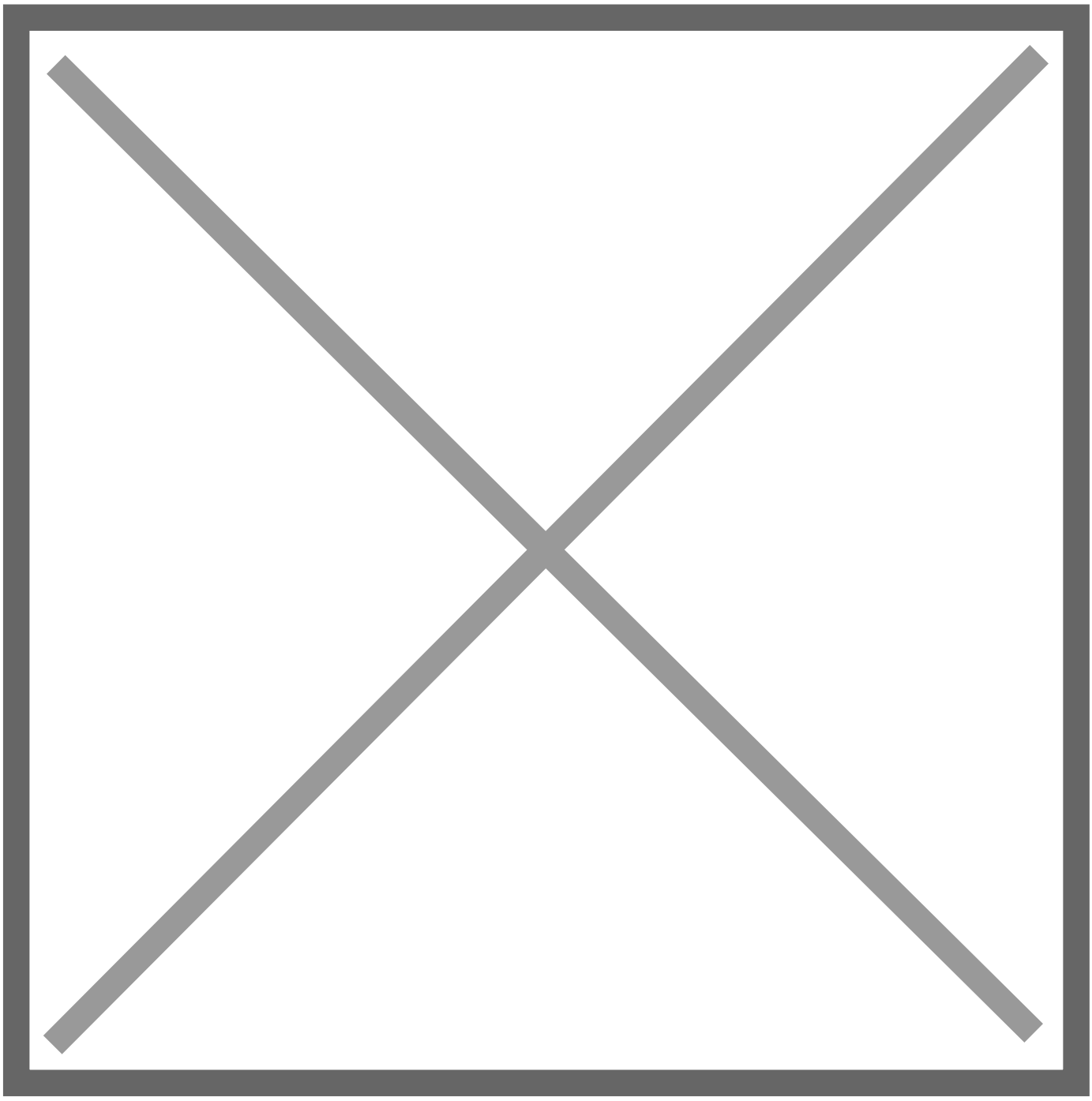
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

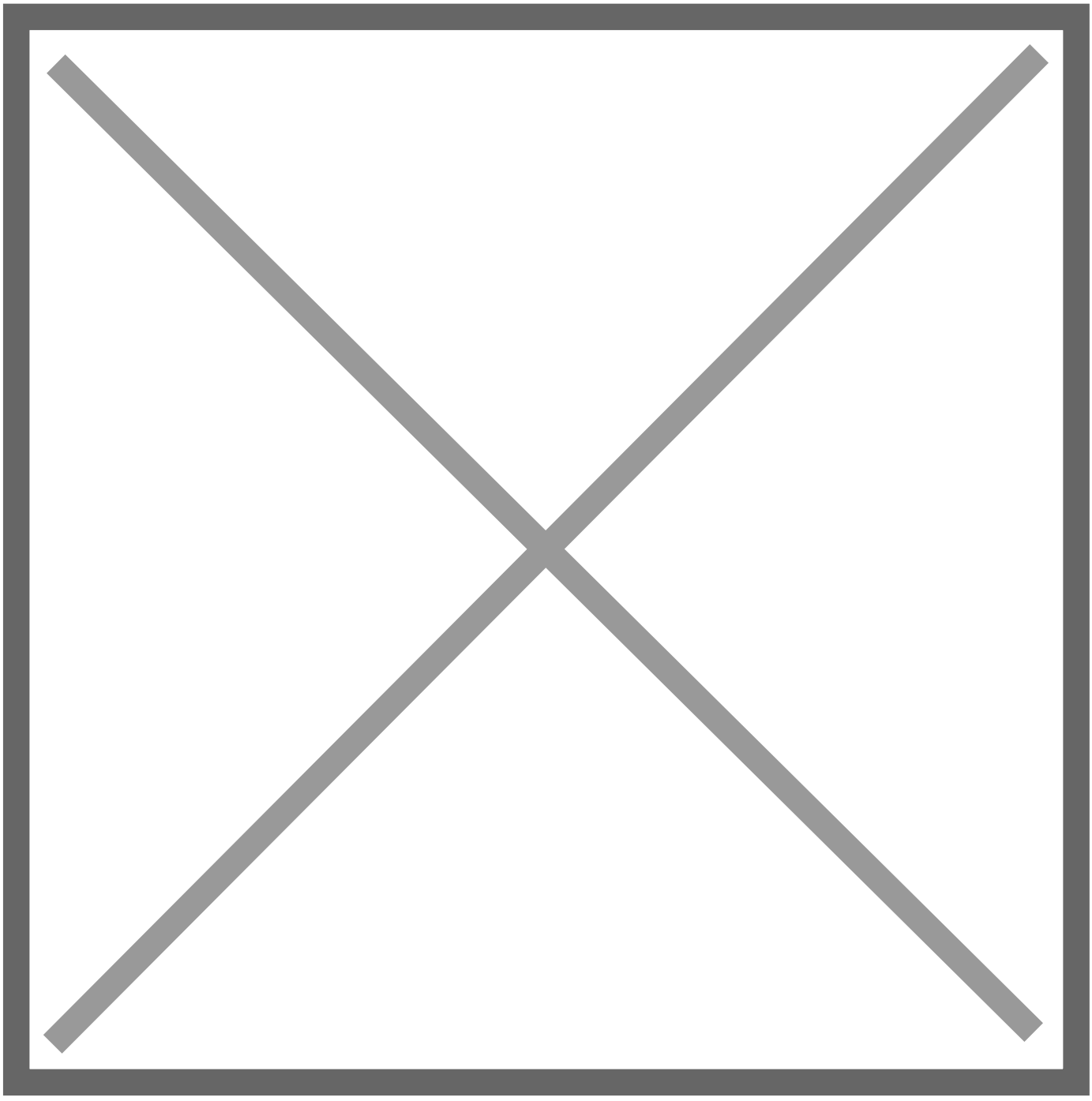
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

# Cancer of the uterus

## Women, 2022

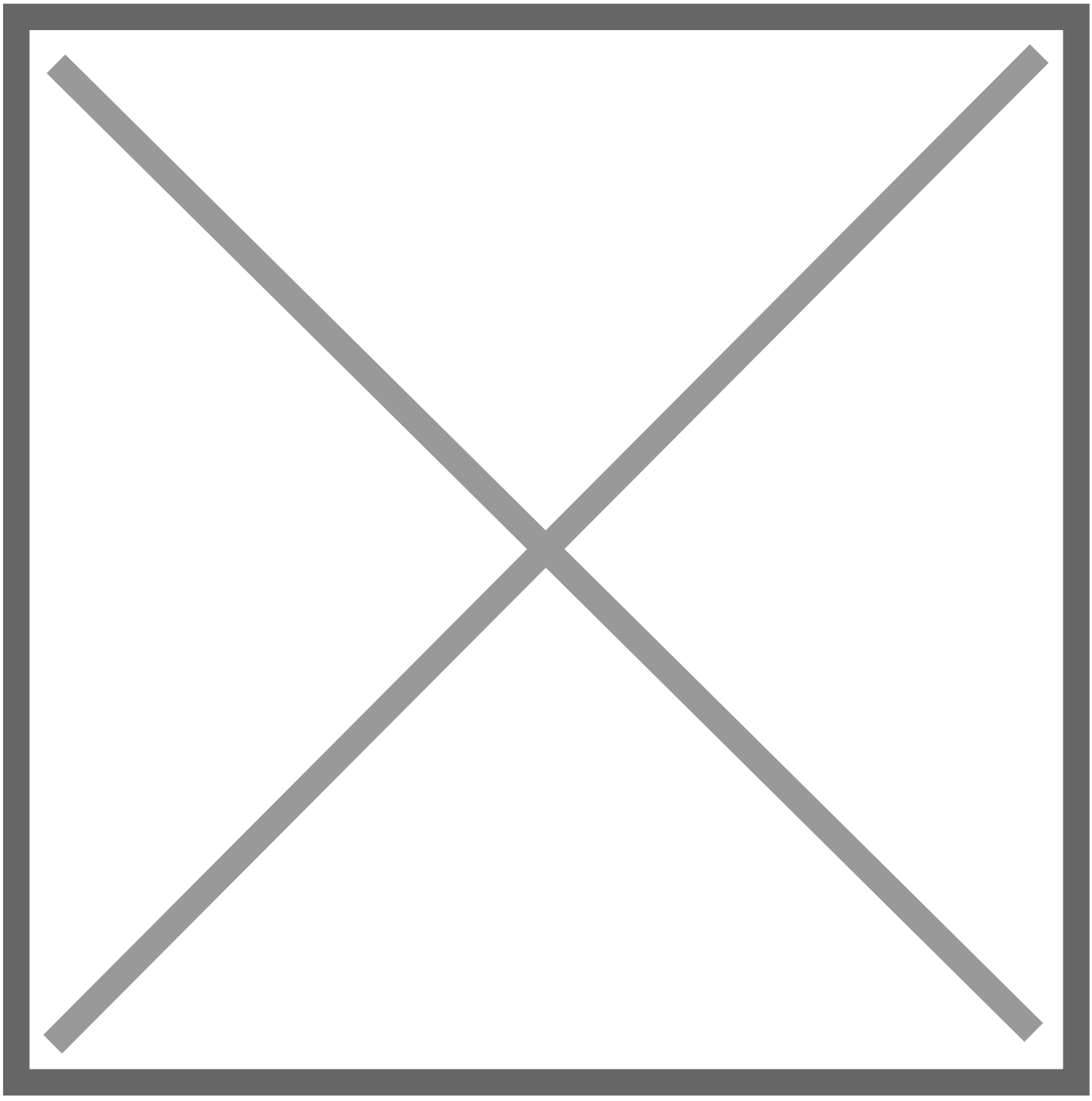


| | |
|---|---|
| **Age:** | 20+ |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |

| **Definitions:** | Incidence per 100,000 |
|---|---|

# Raised blood pressure

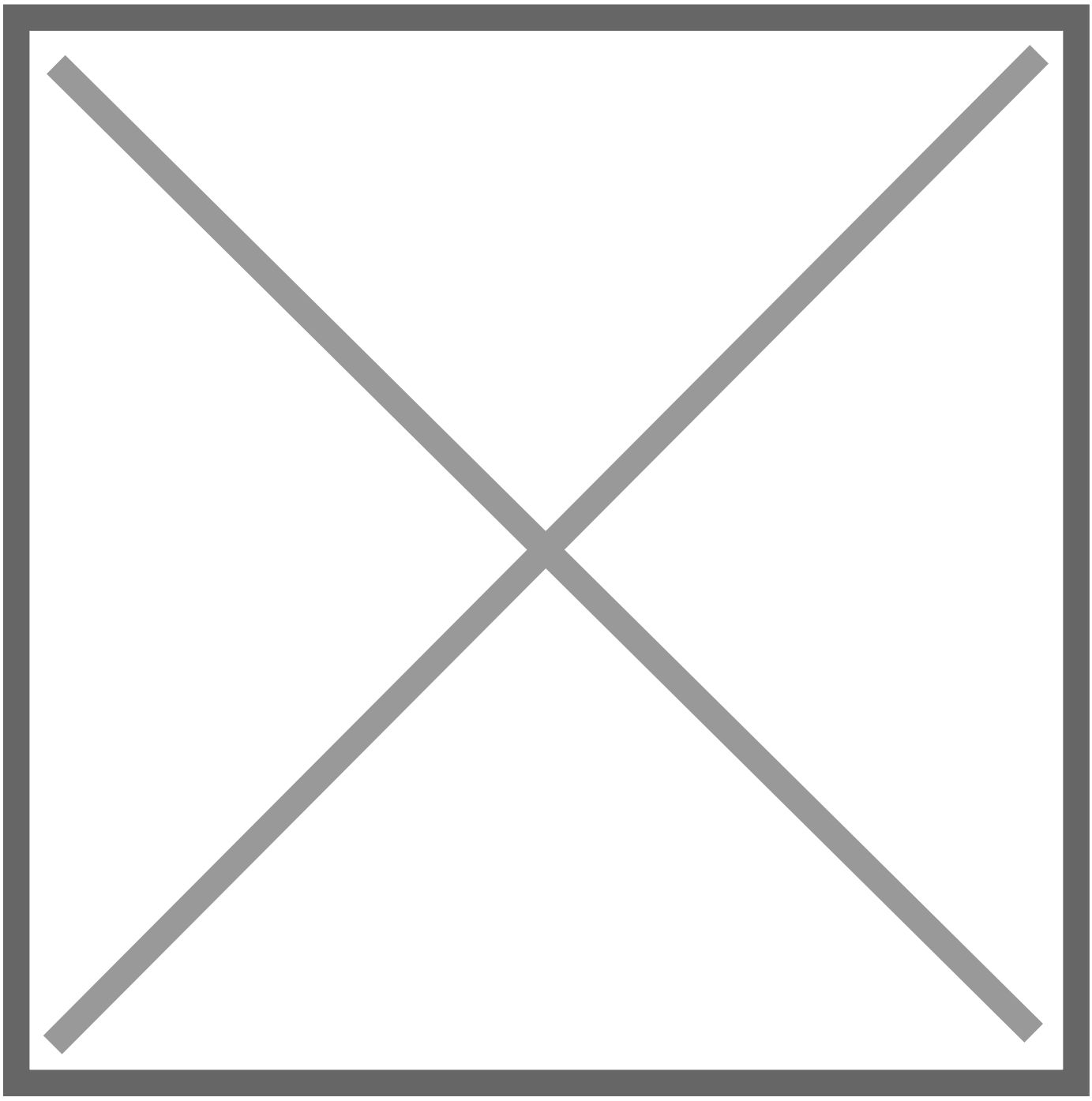
## Adults, 2019



| | |
|---|---|
| **Age:** | 30-79 |
| **Список литературы:** | World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26] |

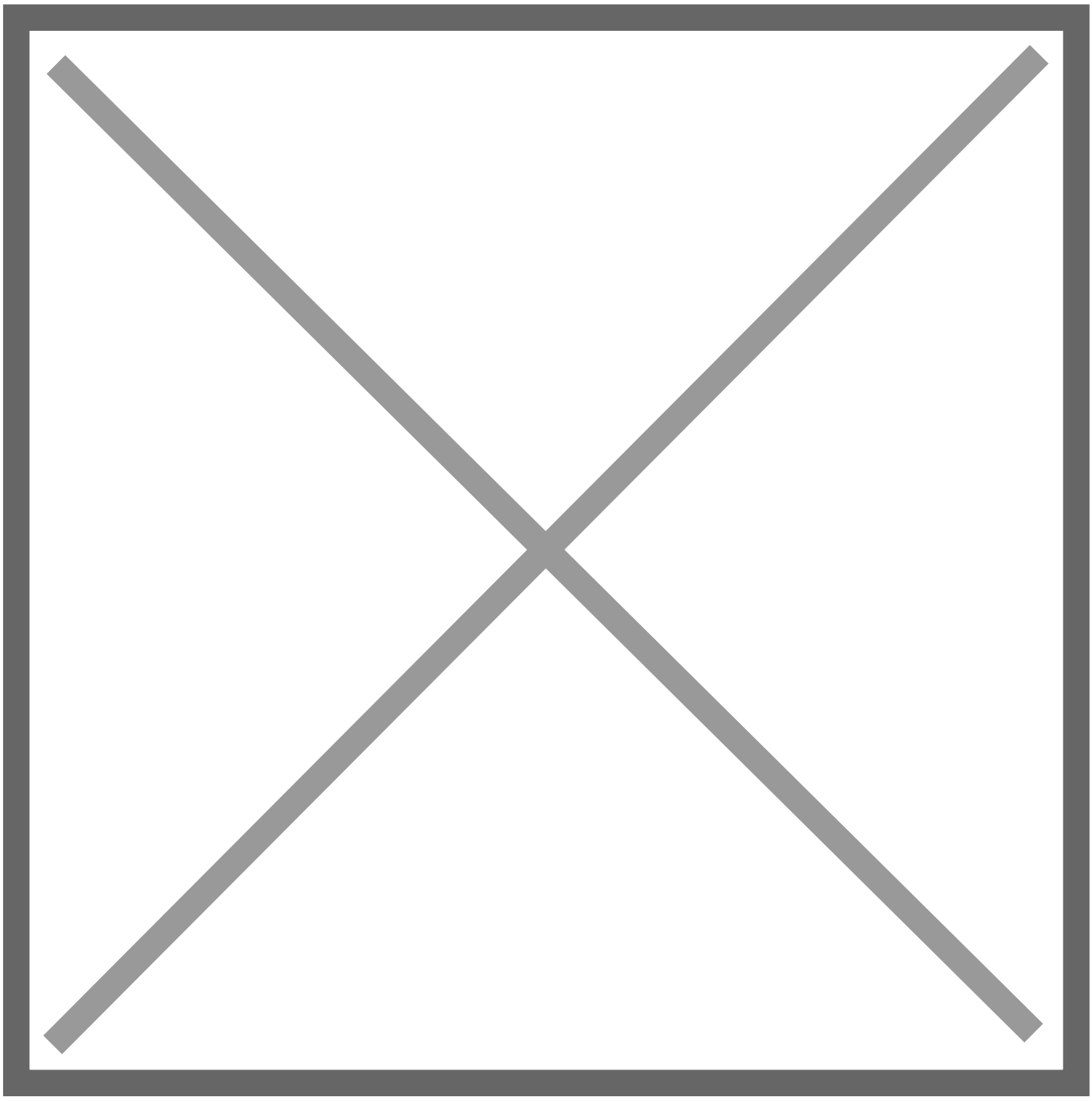
| | |
|---|---|
| **Definitions:** | Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79. |

## Men, 2019



| | |
|---|---|
| **Age:** | 30-79 |
| **Список литературы:** | World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26] |
| **Definitions:** | Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79. |

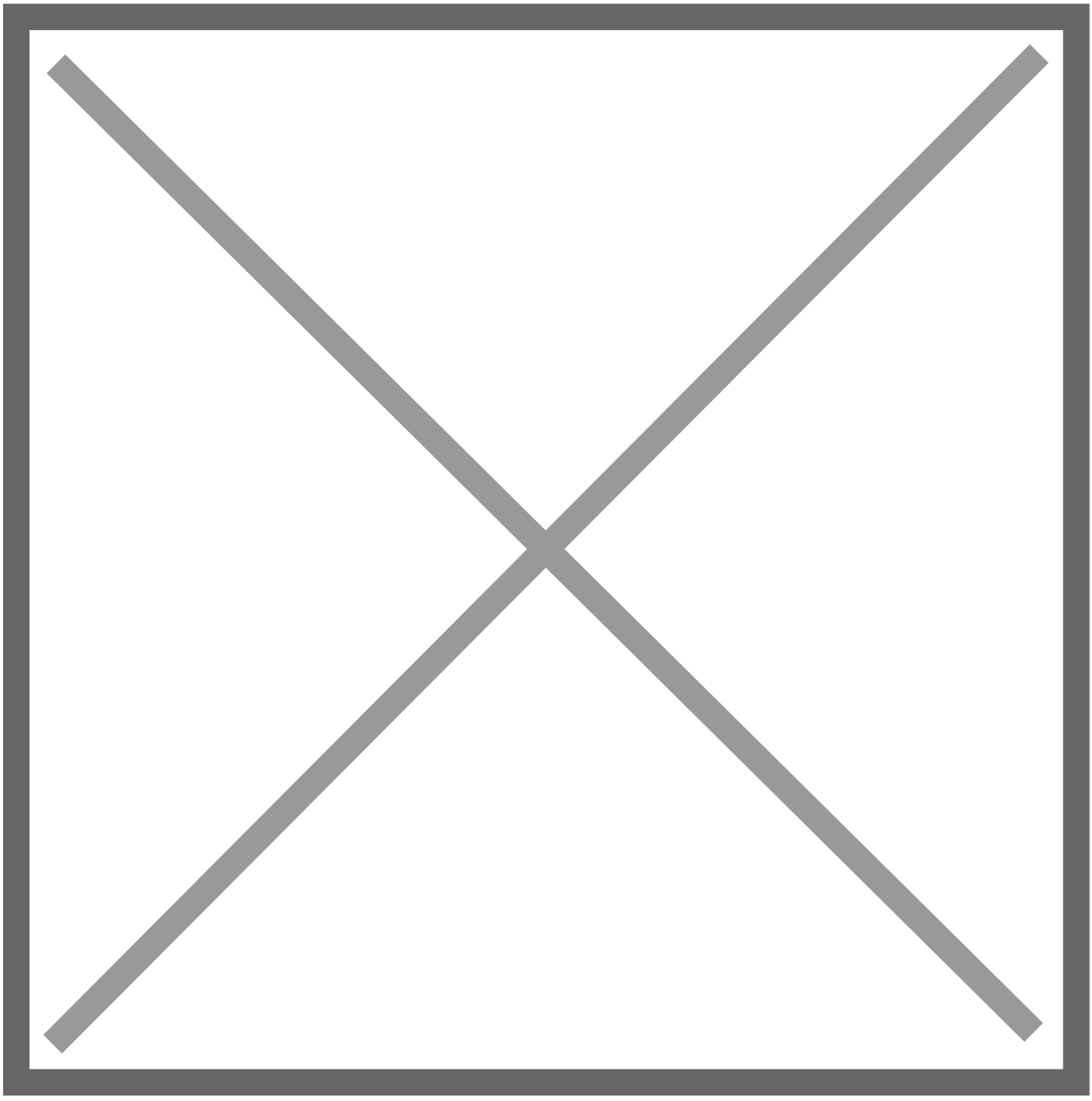
## Women, 2019



| | |
|---|---|
| **Age:** | 30-79 |
| **Список литературы:** | World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26] |
| **Definitions:** | Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79. |

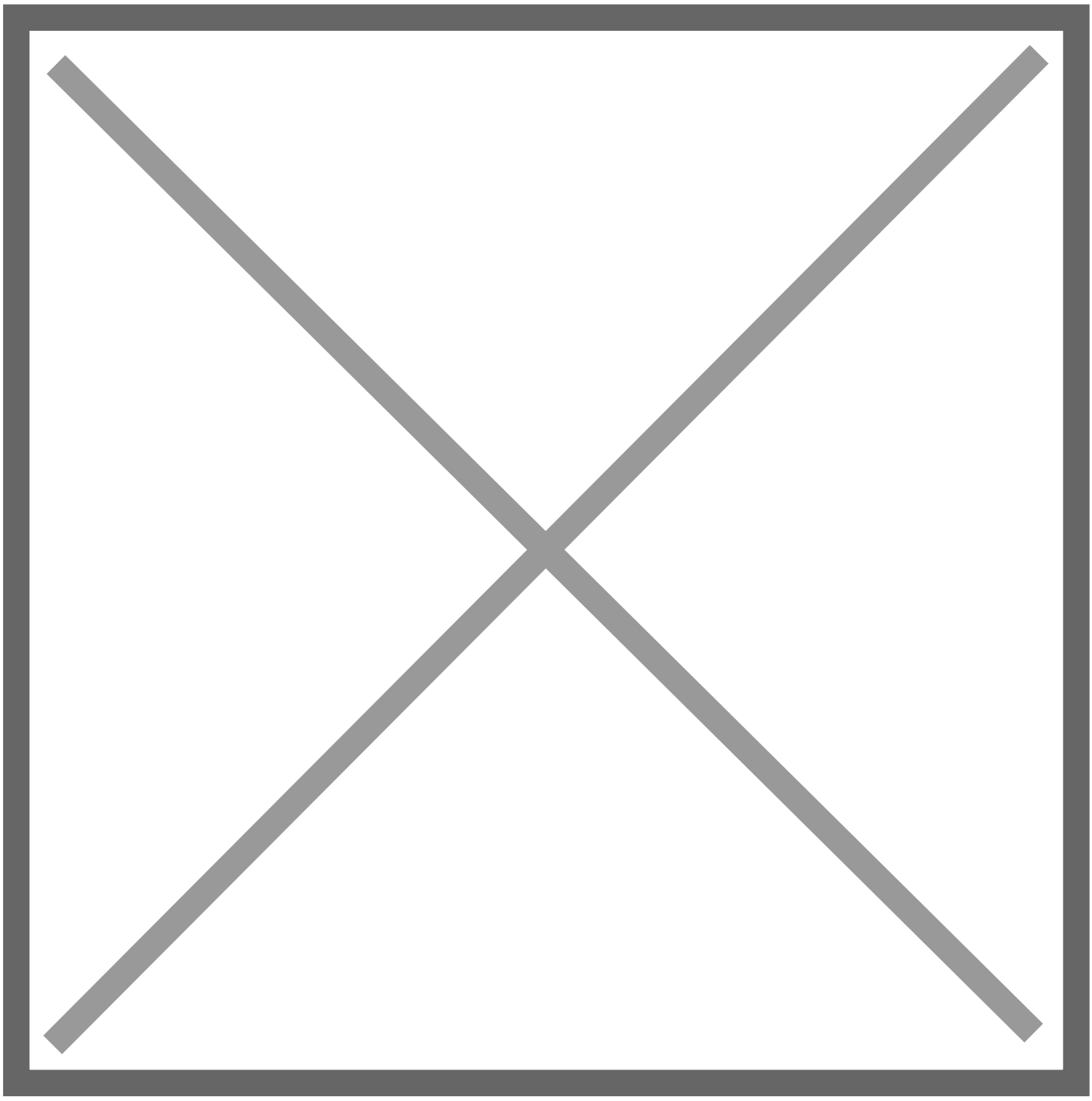
# Raised cholesterol

## Adults, 2008



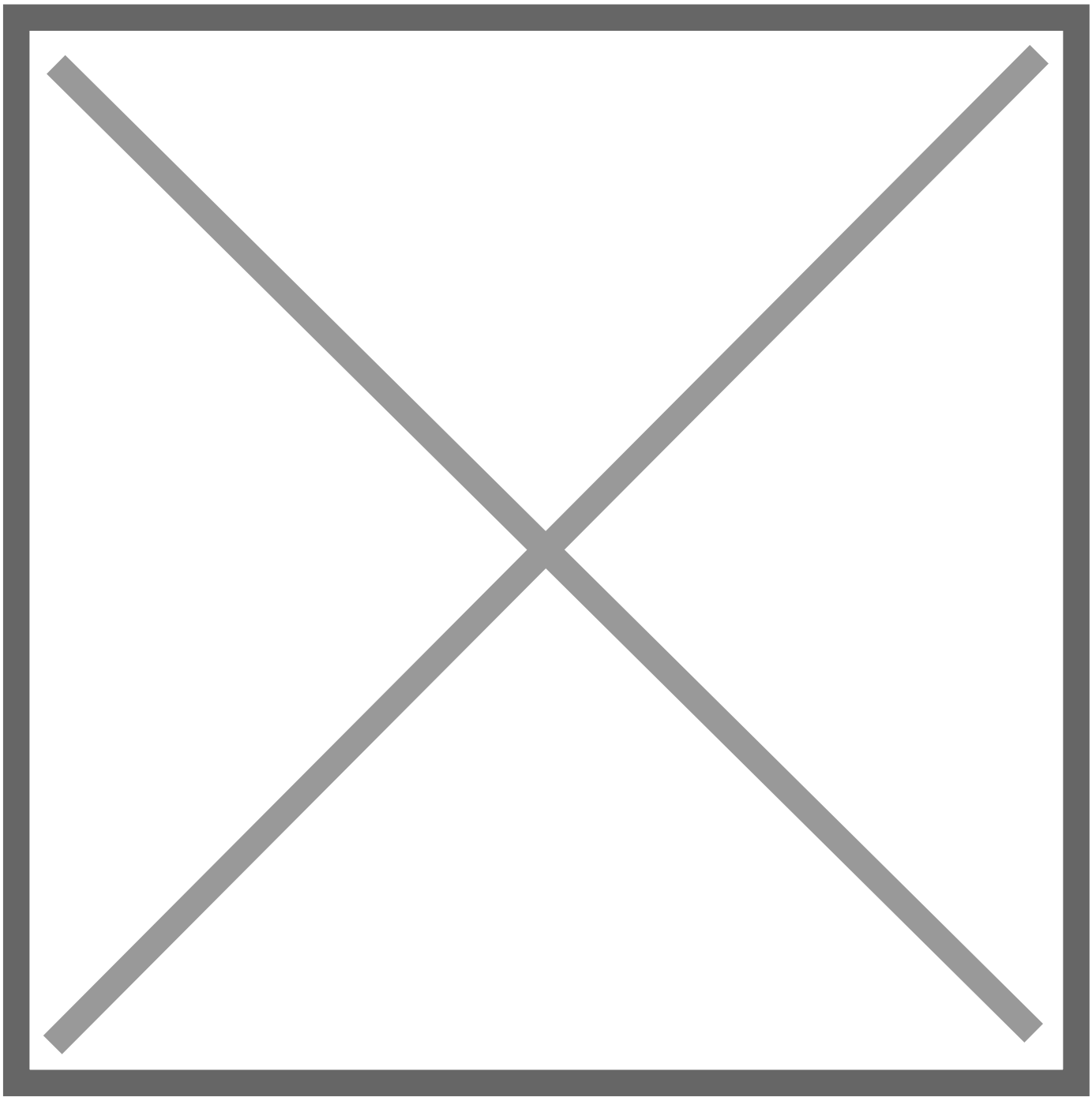
| | |
|---|---|
| **Список литературы:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| **Definitions:** | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

## Men, 2008



| | |
|---|---|
| **Список литературы:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| **Definitions:** | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

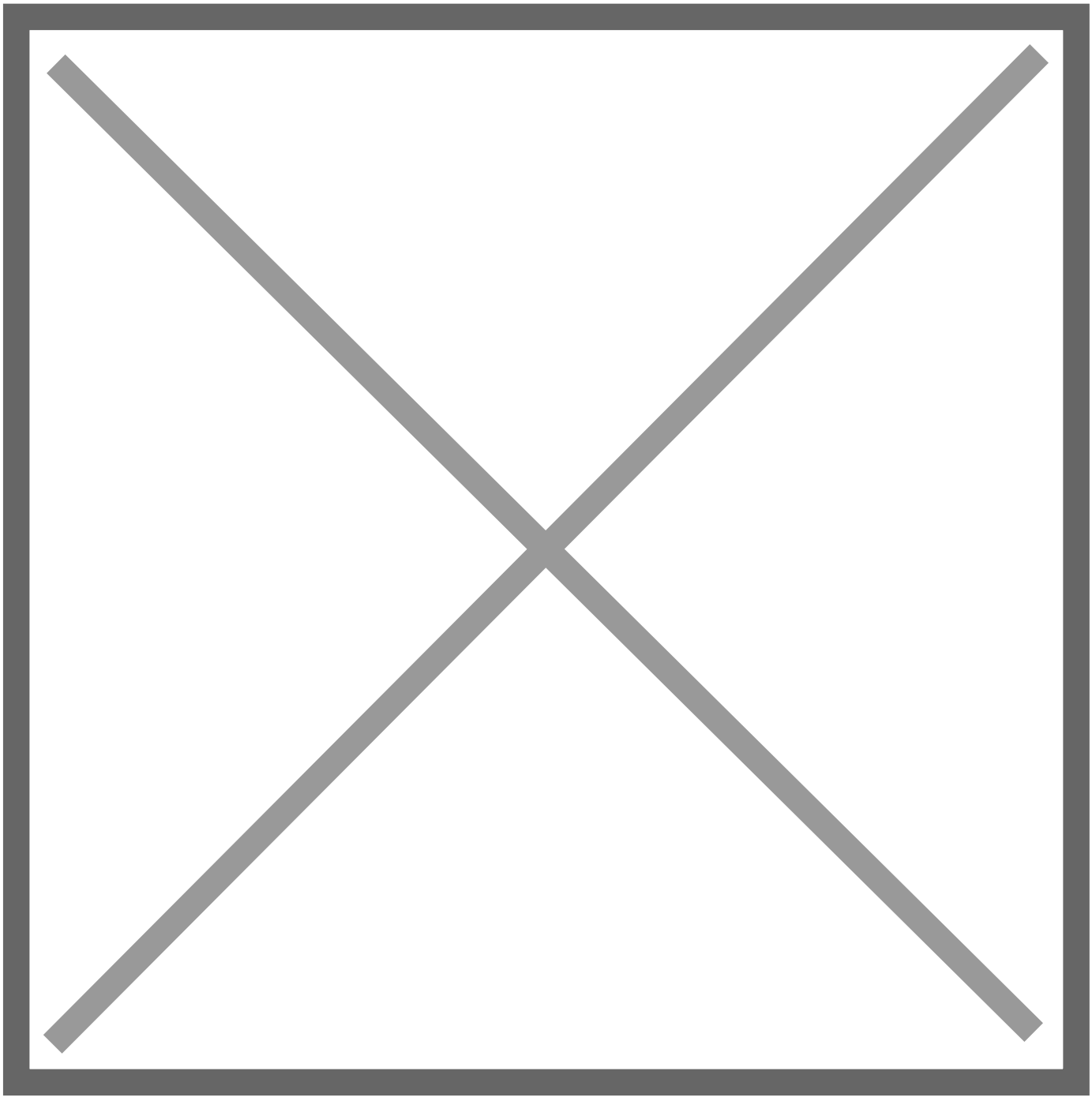
## Women, 2008



| | |
|---|---|
| **Список литературы:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| **Definitions:** | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

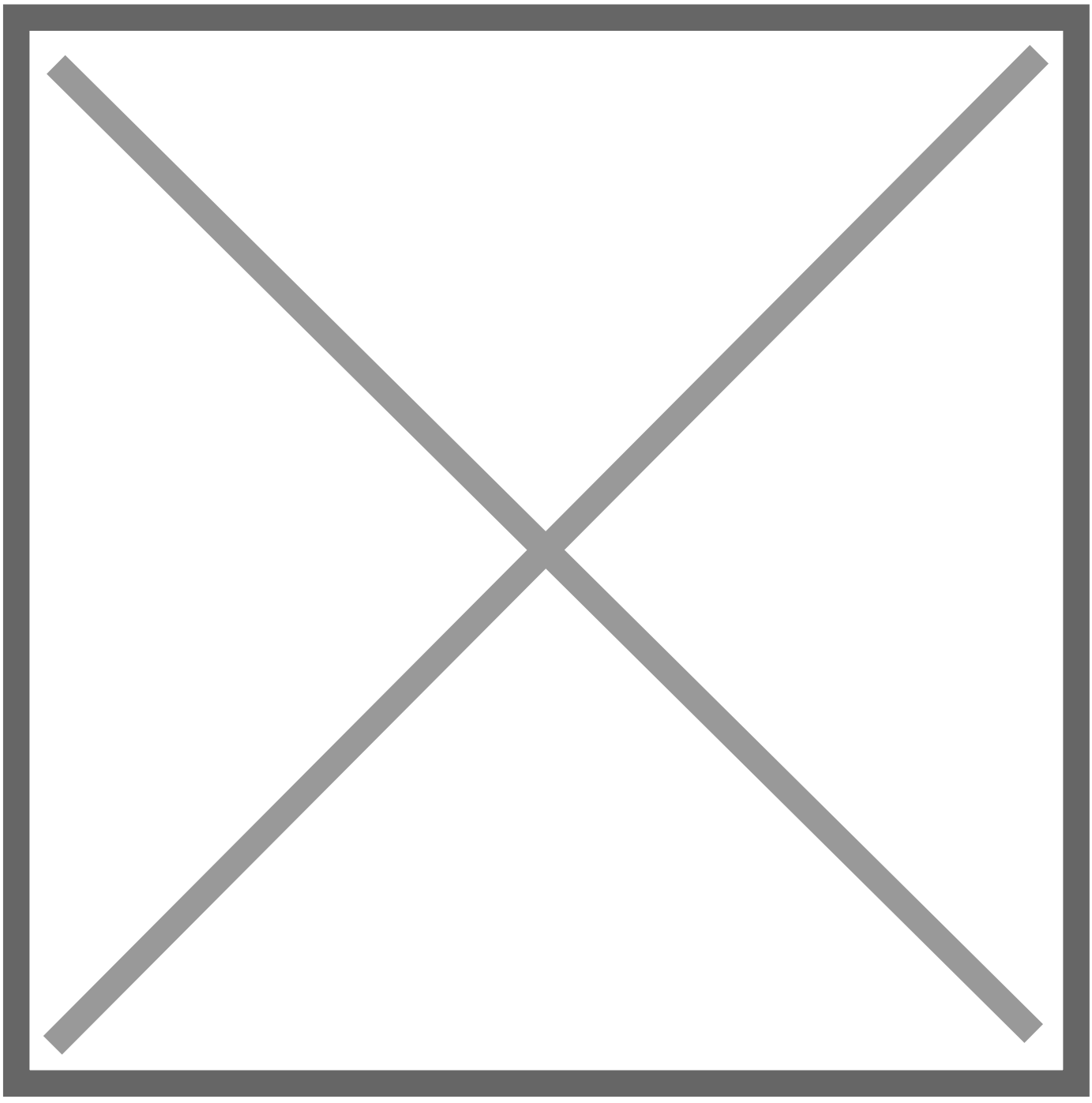
# Raised fasting blood glucose

## Men, 2014



| | |
|---|---|
| **Список литературы:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en |
| **Definitions:** | Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication). |

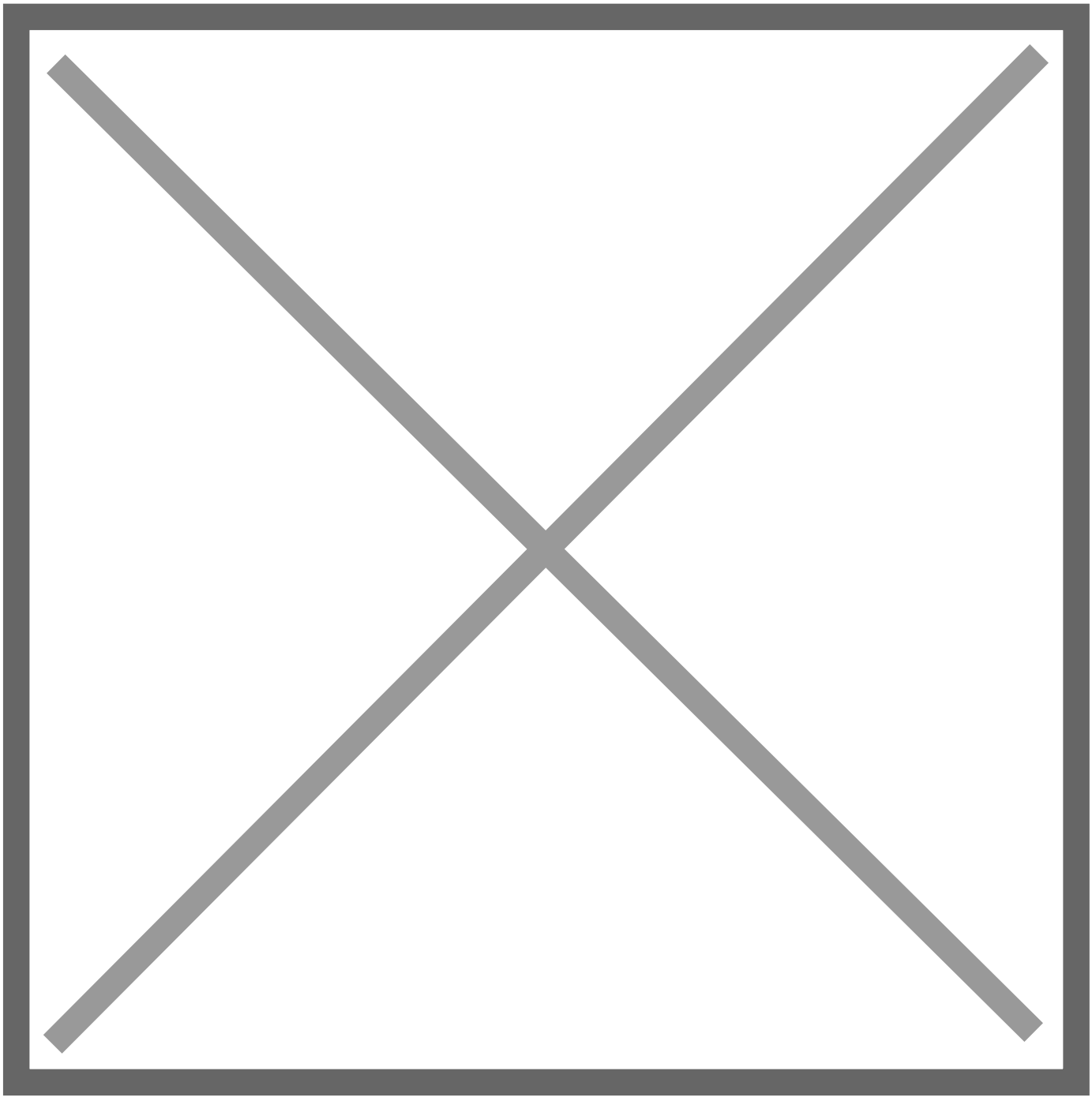
## Women, 2014



| | |
|---|---|
| **Список литературы:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en |
| **Definitions:** | Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication). |

# Diabetes prevalence

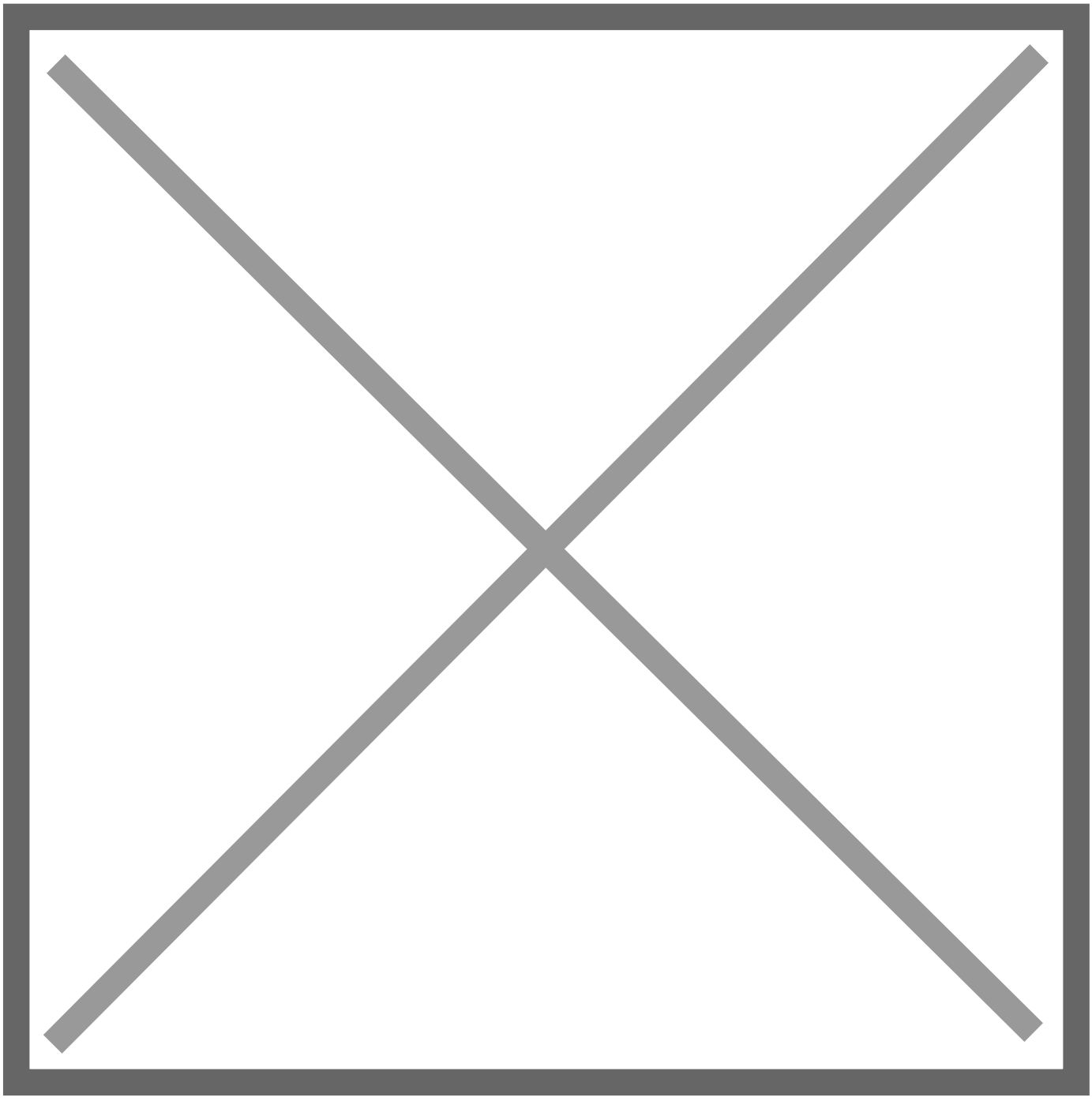
## Adults, 2024



**Список литературы:** Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

# Ovarian Cancer

## Women, 2022

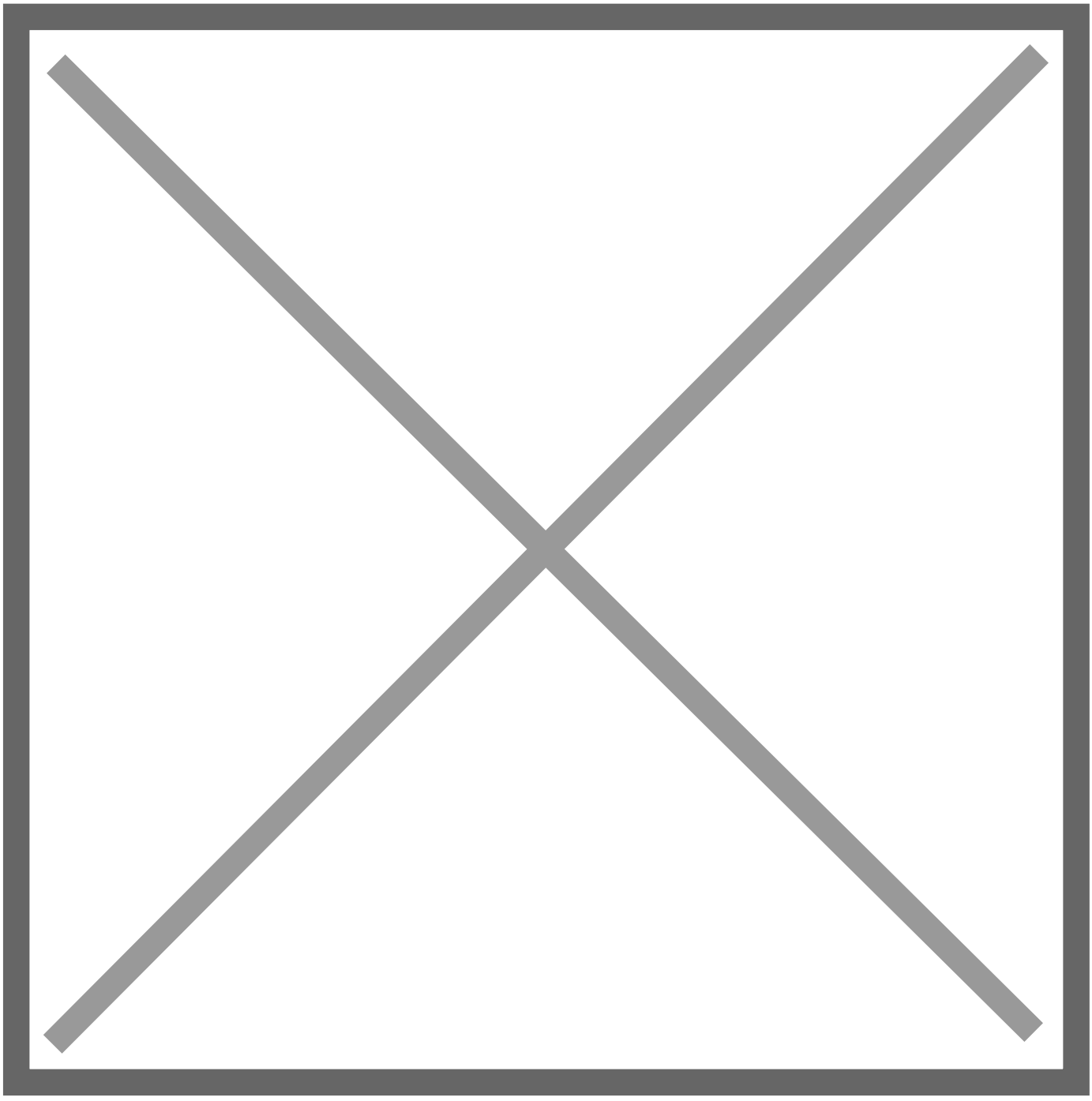


| | |
|---|---|
| **Age:** | 20+ |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |

| **Definitions:** | Incidence per 100,000 |
|---|---|

# Leukemia

## Men, 2022



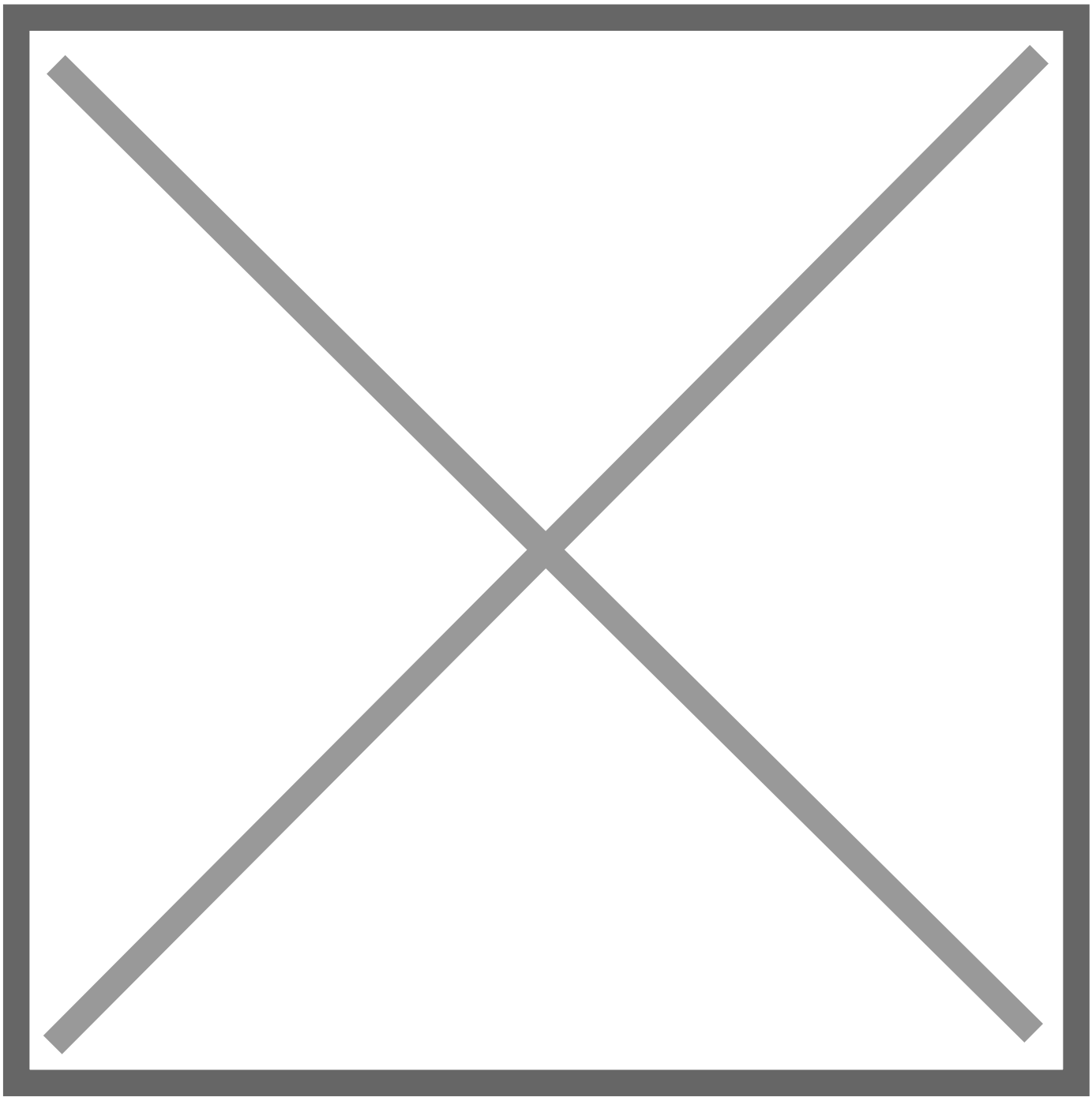
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

**Список литературы:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

**Definitions:** Incidence per 100,000

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

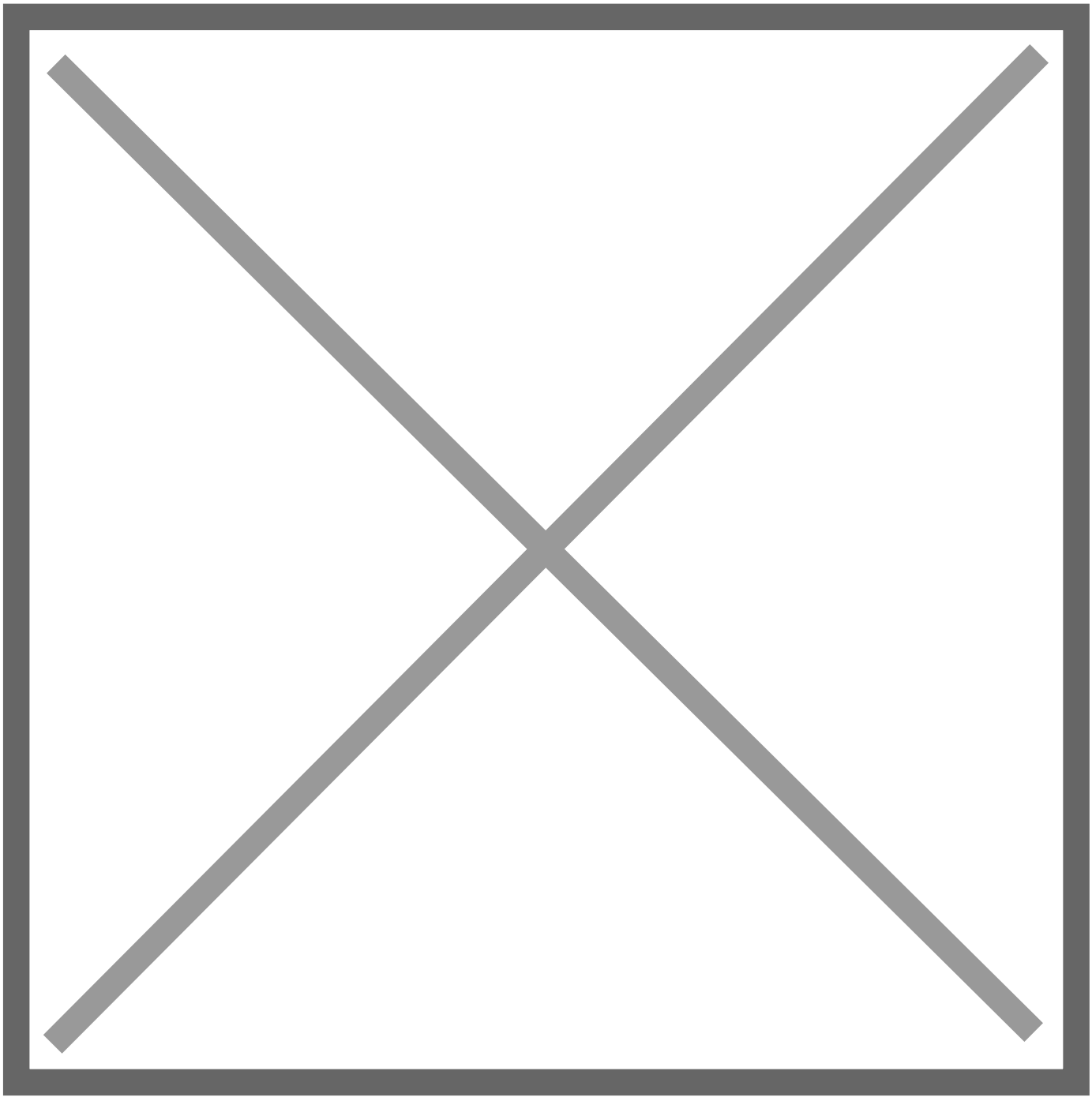


| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

# Liver and intrahepatic bile duct Cancer

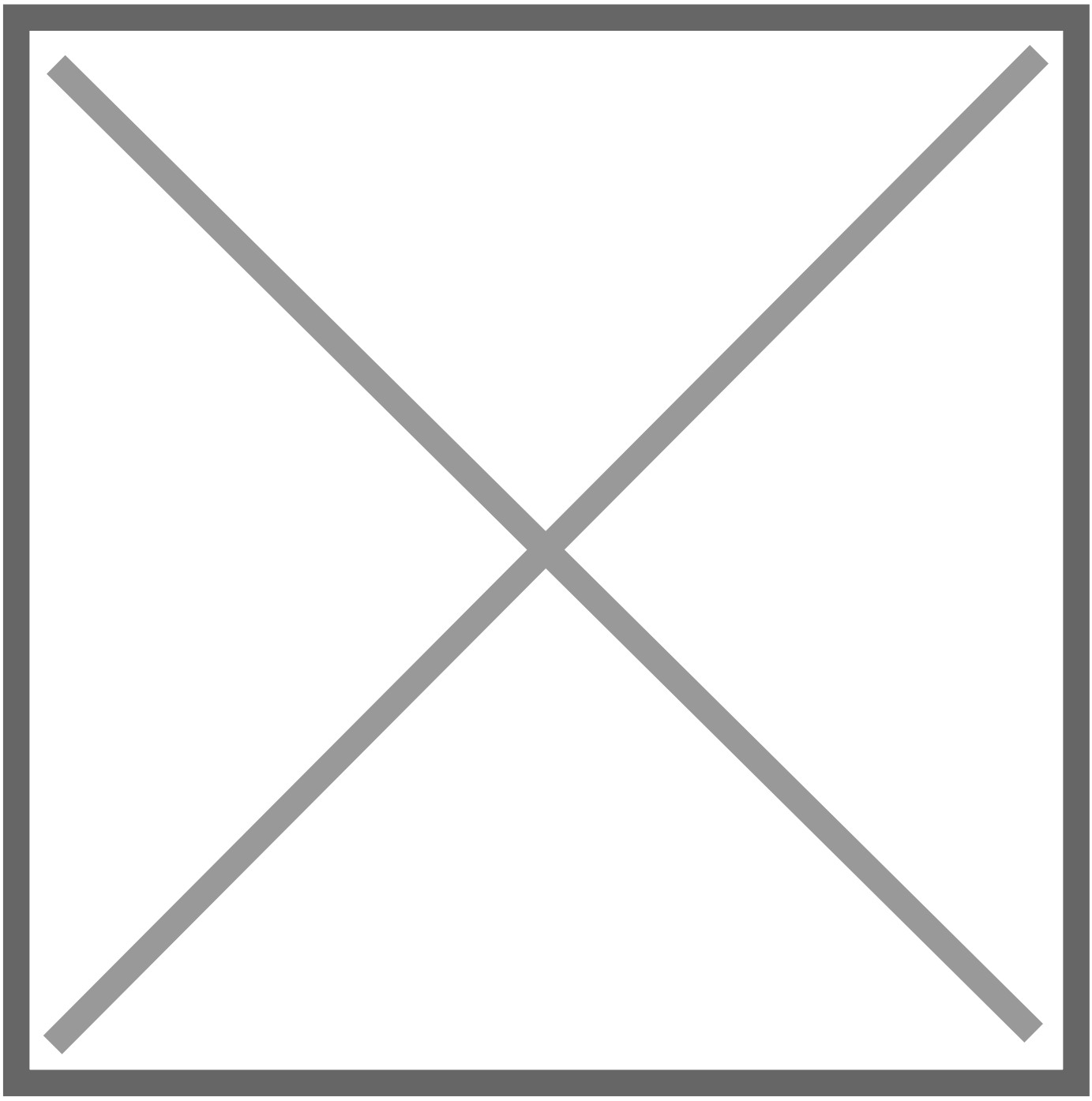
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

| | |
|---|---|
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

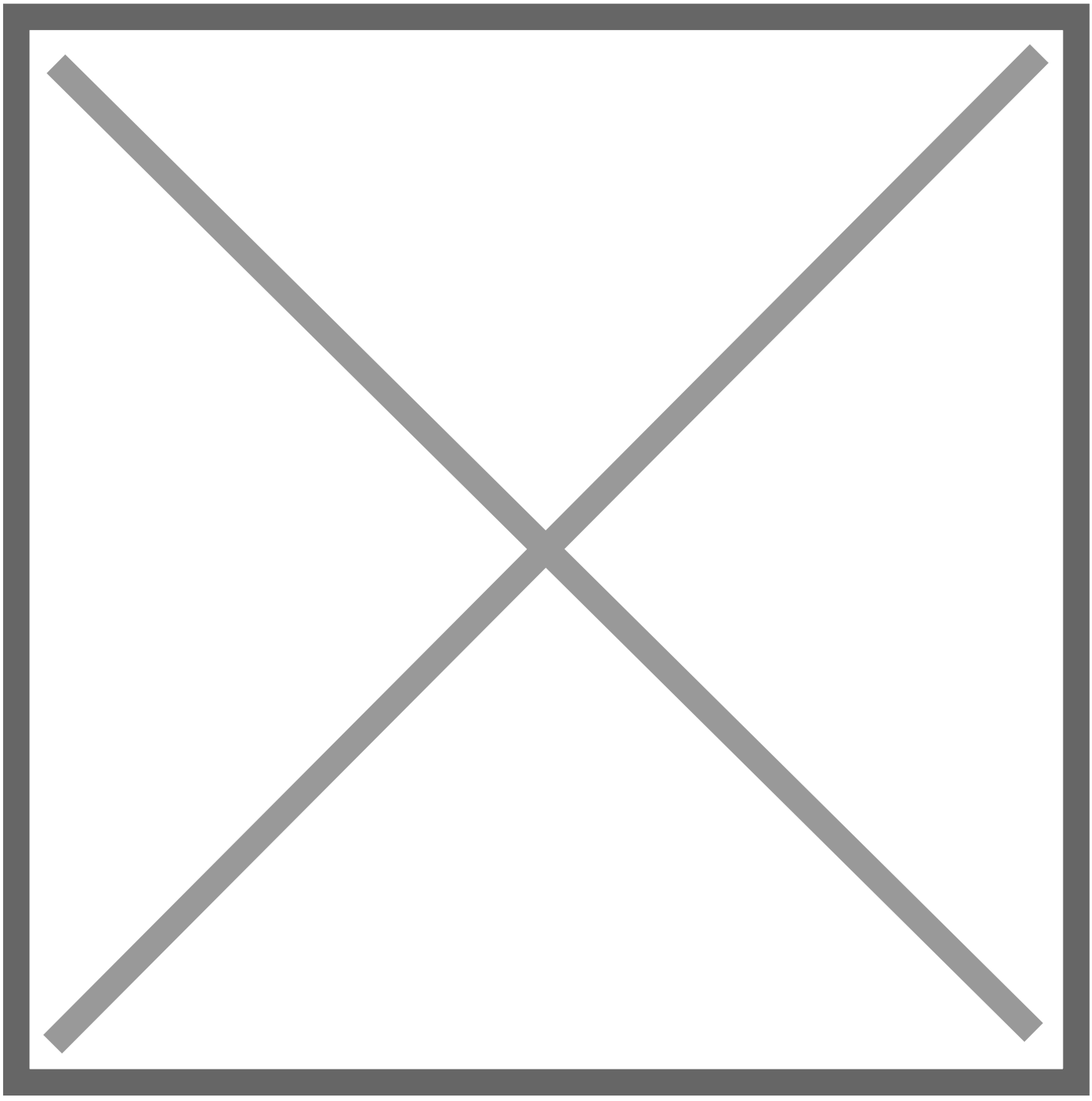
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

# Multiple Myeloma

## Men, 2022



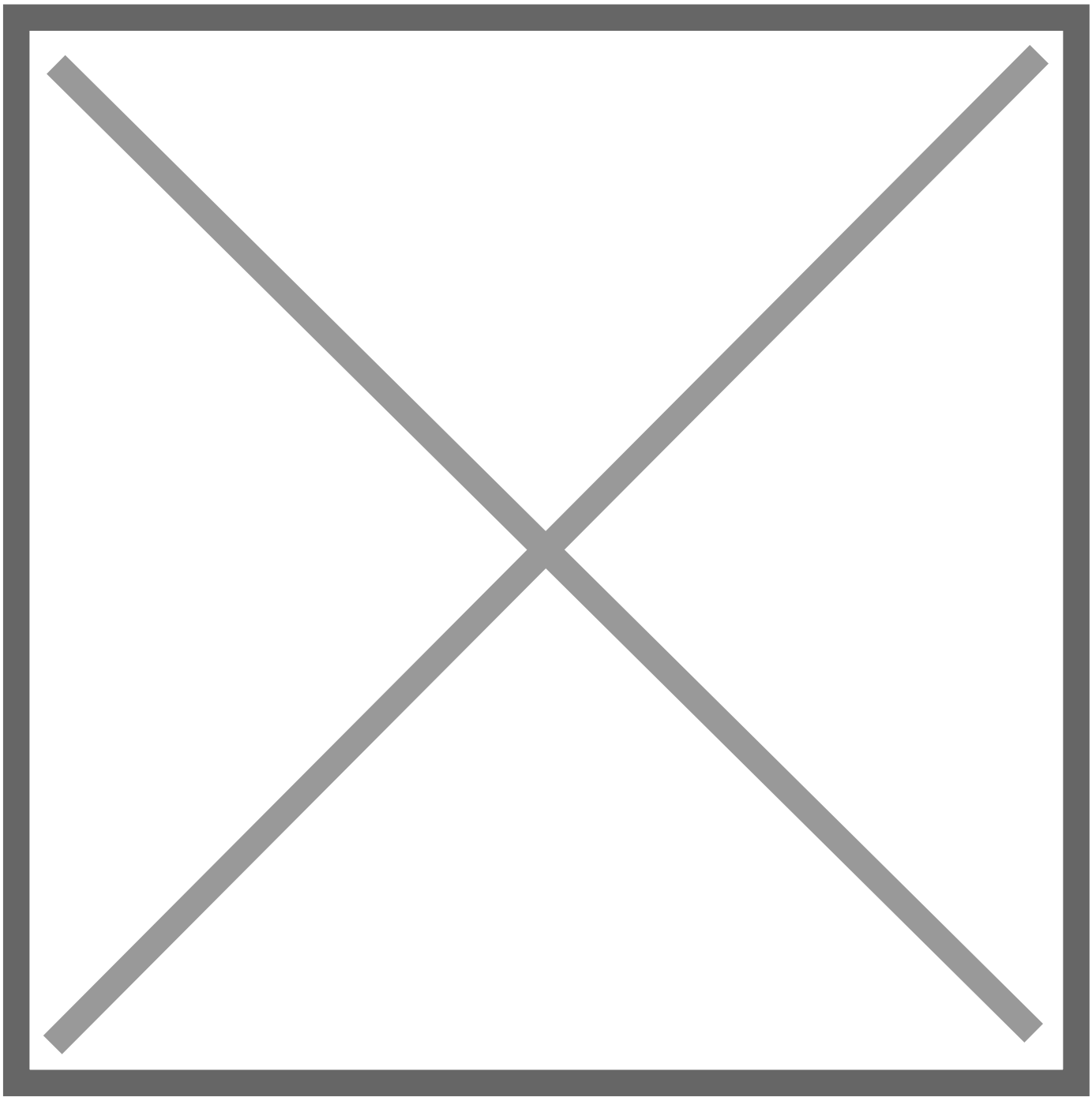
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

**Список литературы:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

**Definitions:** Indicence per 100,000

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

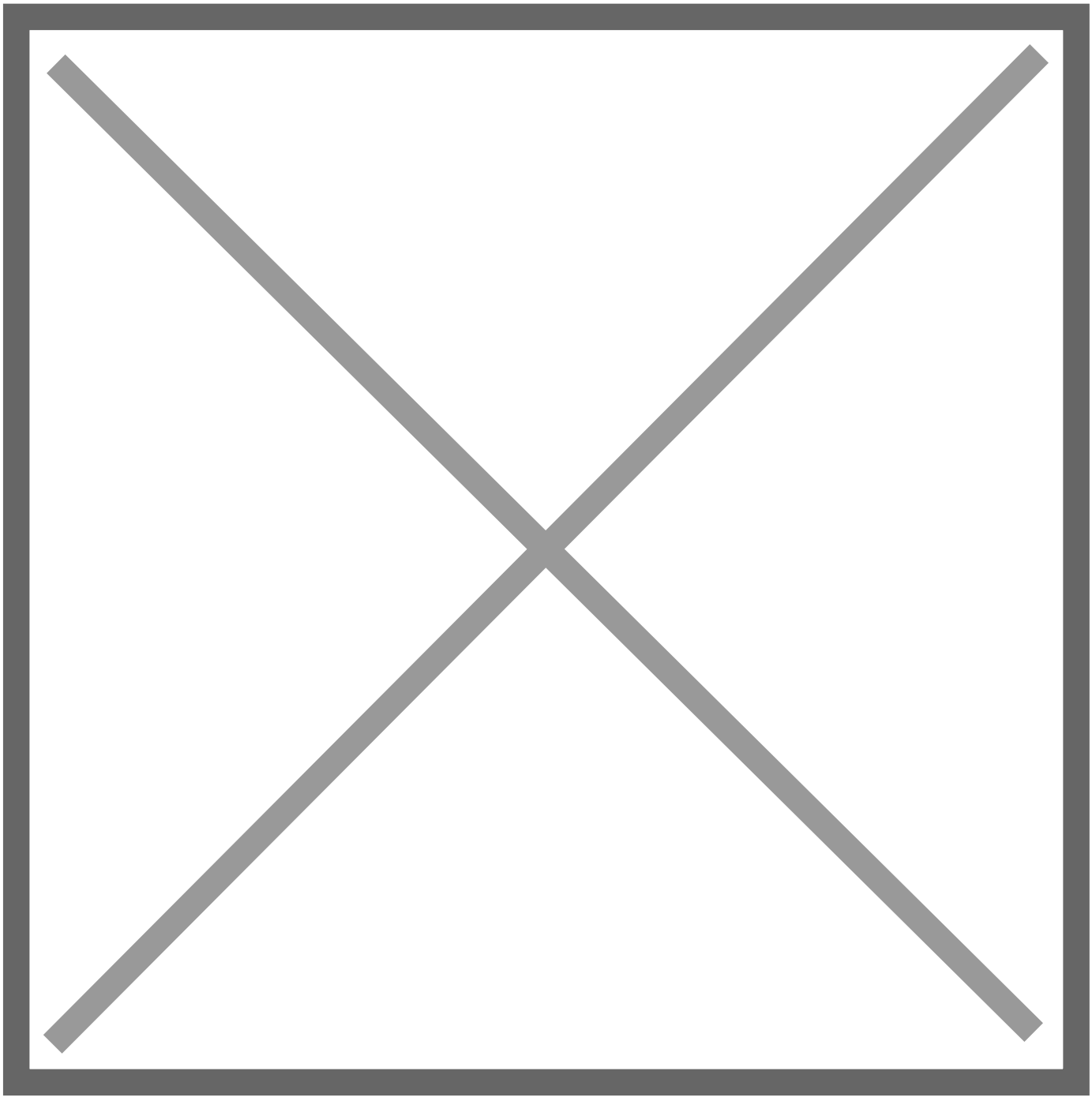


| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

# Non Hodgkin Lymphoma

## Men, 2022



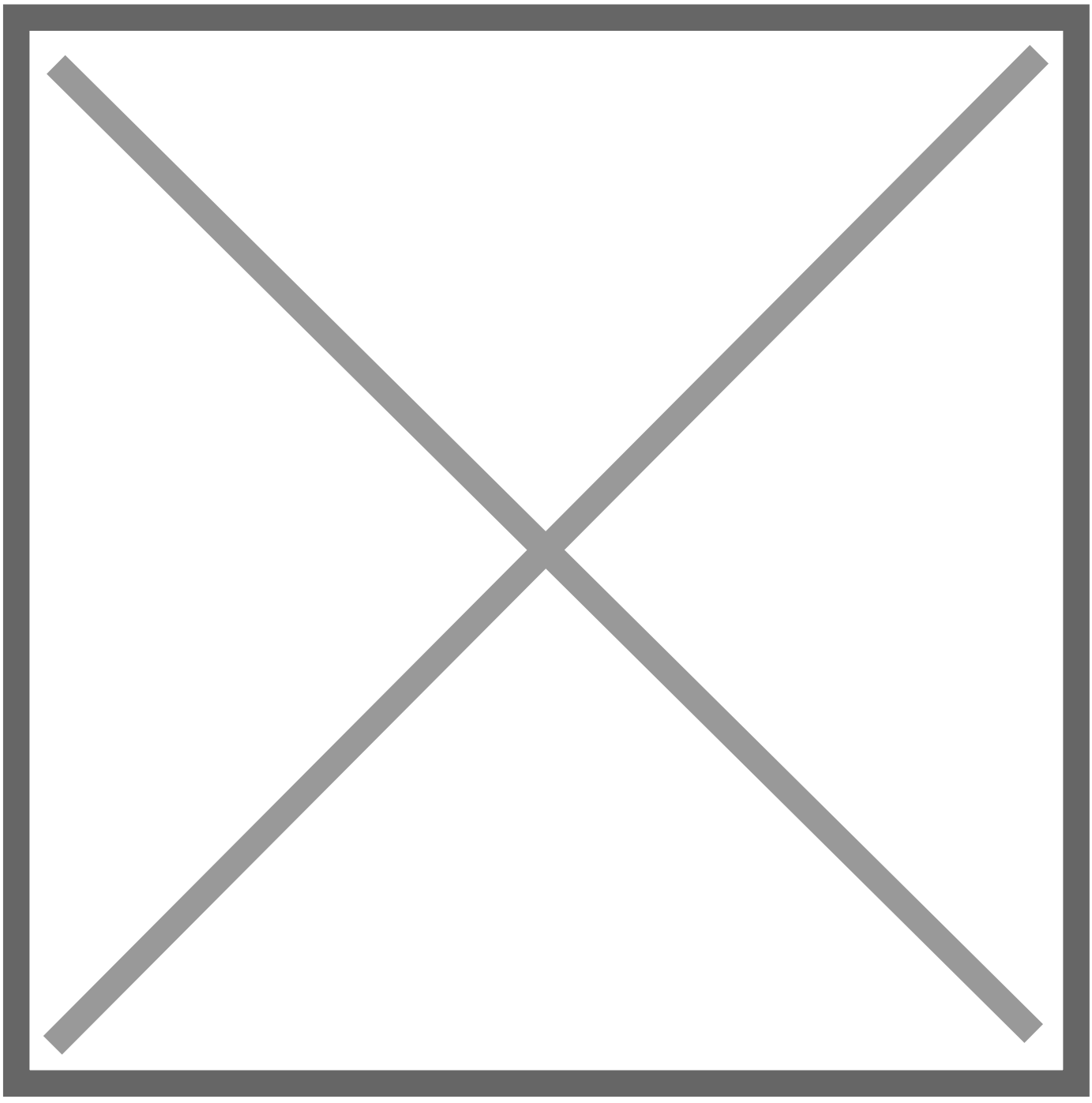
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |

**Список литературы:** Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

**Definitions:** Incidence per 100,000

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

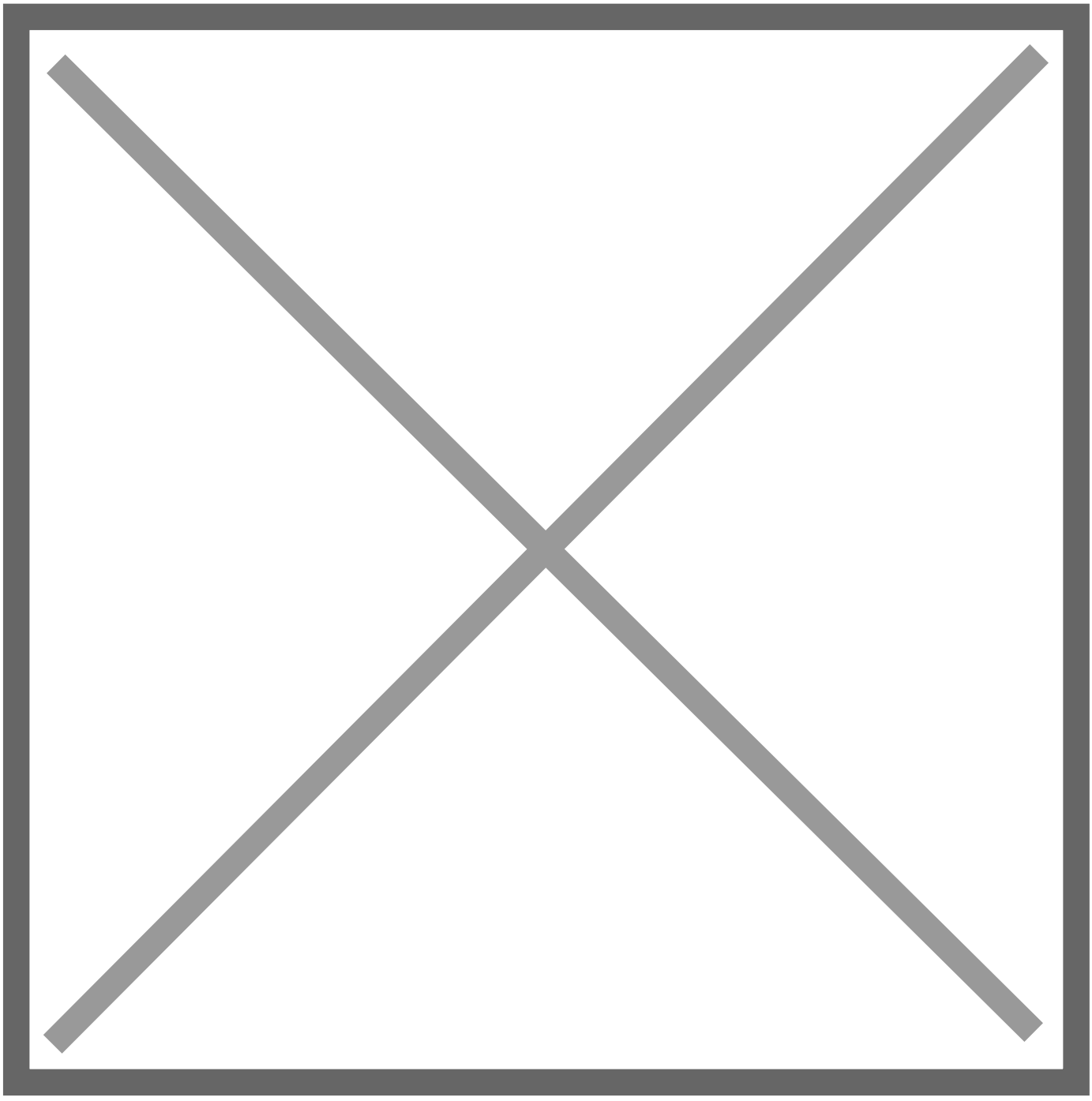


| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

# Thyroid Cancer

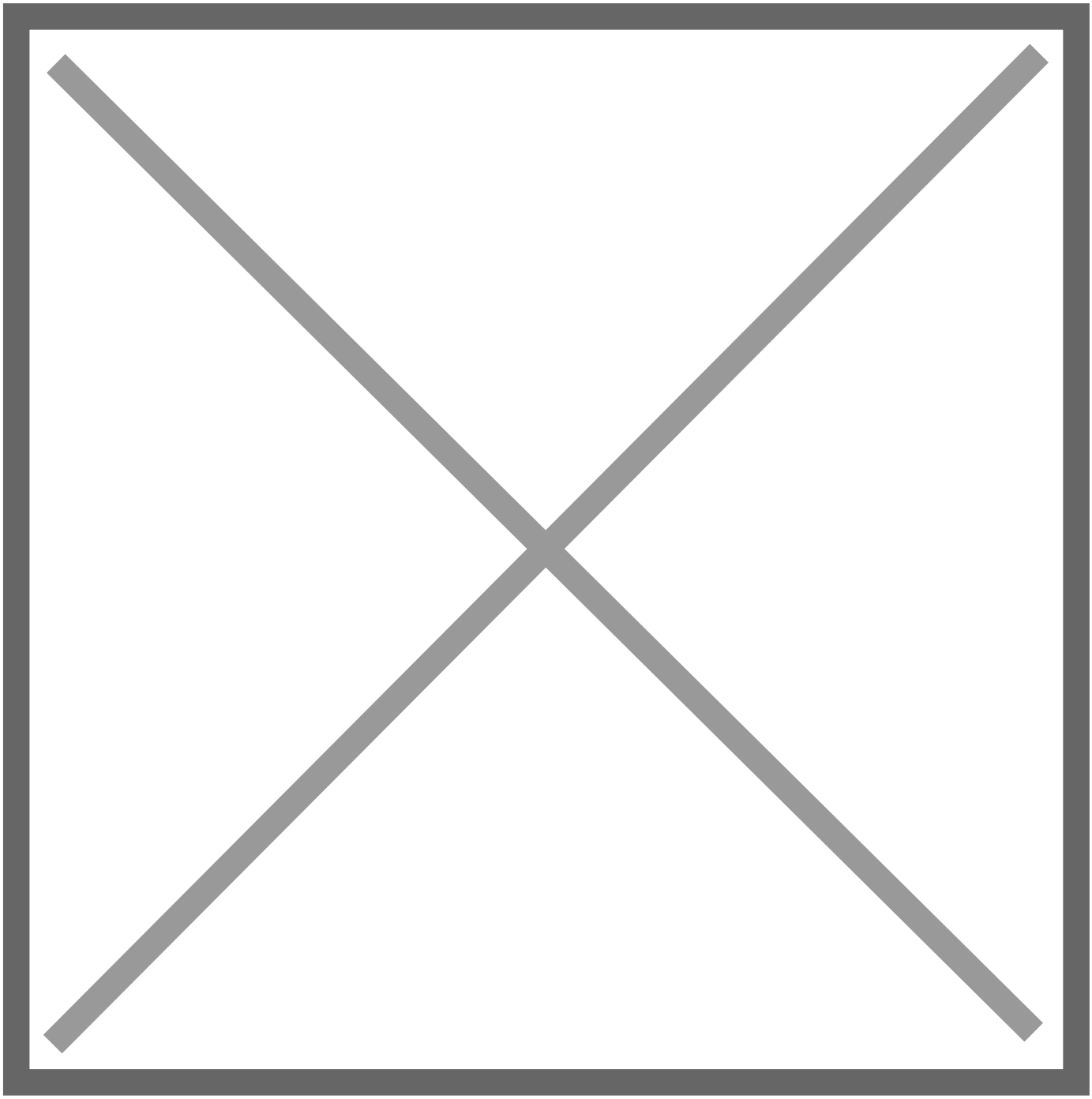
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |

| | |
|---|---|
| **Definitions:** | Incidence per 100,000 |

## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **Список литературы:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

*PDF created on November 4, 2026*