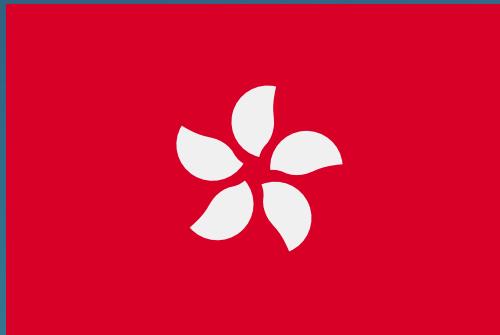




Hong Kong



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/hong-kong-92/>.

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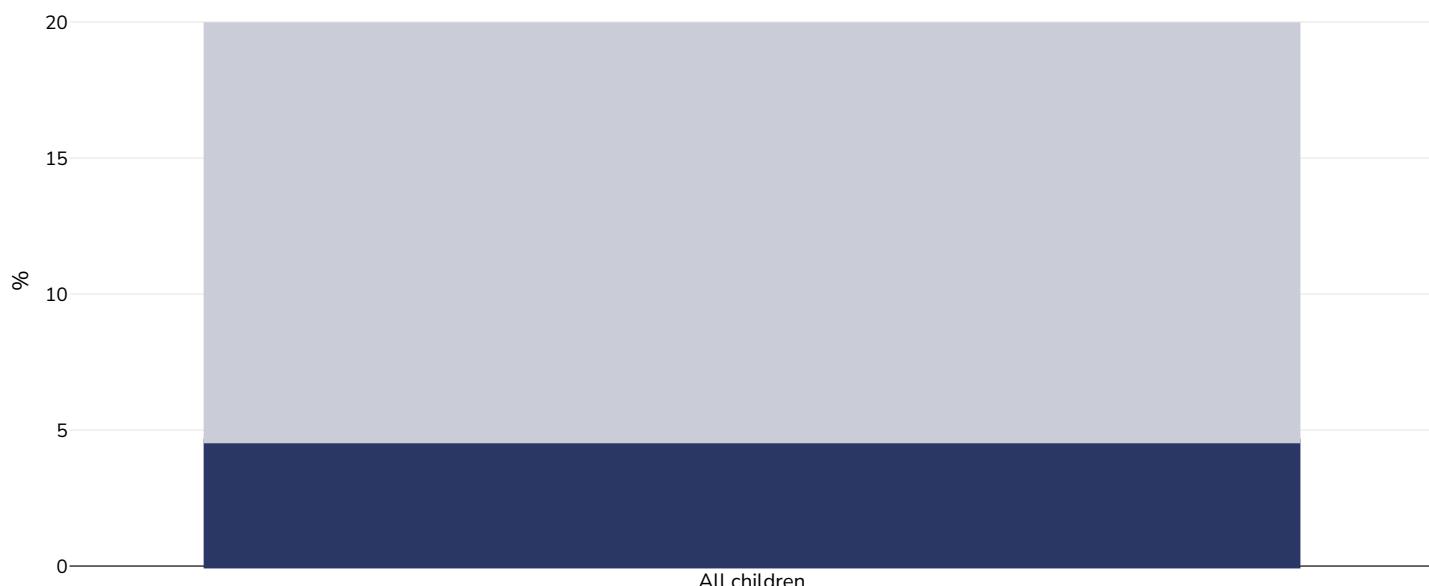
National obesity risk *7/10This is a composite ??obesity risk?? score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels.

* Based on estimated data. For more information see Publications

Obesity prevalence

Children, 2015

█ Obesity █ Overweight

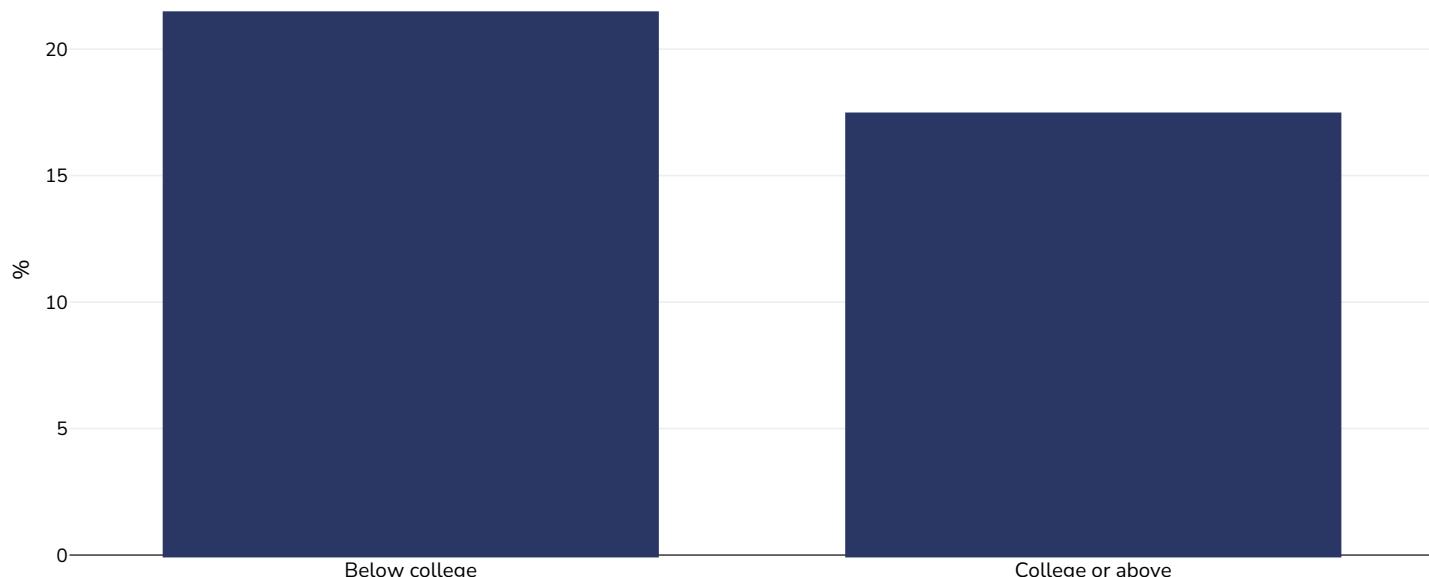


Survey type:	Self-reported
Age:	9-12
Sample size:	894
Area covered:	Regional - 2 regions and 5 schools
References:	Wang, Jing Jing, et al. ?Prevalence of Overweight in Hong Kong Chinese Children: Its Associations with Family, Early-Life Development and Behaviors-Related Factors.? Journal of Exercise Science & Fitness, vol. 15, no. 2, Dec. 2017, pp. 89?95, www.sciencedirect.com/science/article/pii/S1728869X17301478 , 10.1016/j.jesf.2017.10.001. Accessed 01.11.21.
Cutoffs:	IOTF

Overweight/obesity by education

Children, 2015

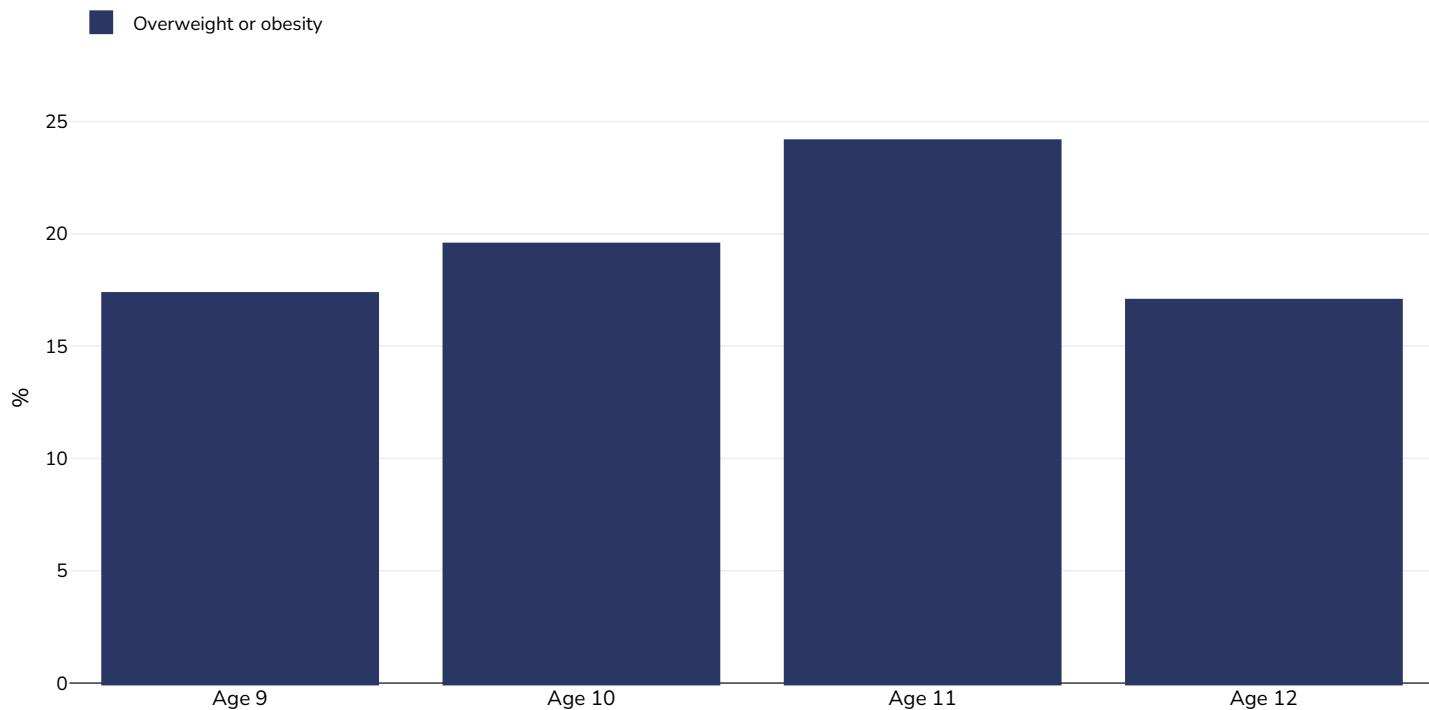
■ Overweight or obesity



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Definitions:	Paternal highest education attained
Cutoffs:	IOTF

Overweight/obesity by age

Children, 2015

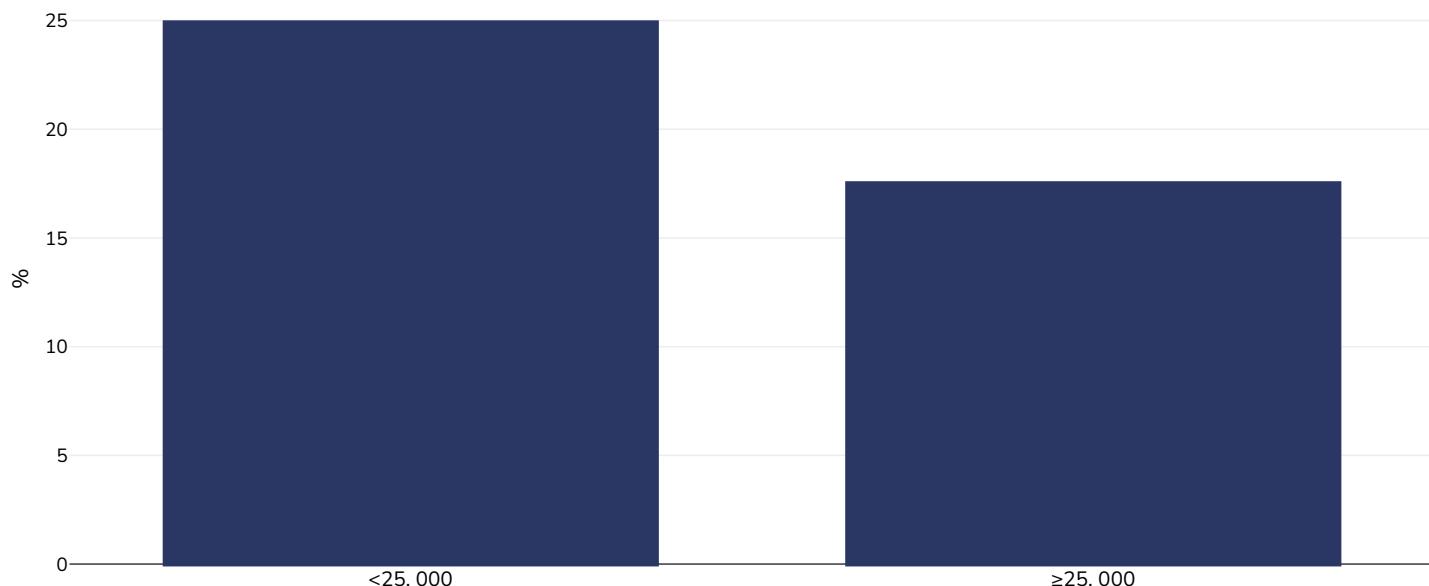


Survey type:	Self-reported
Sample size:	894
Area covered:	Regional - 2 regions and 5 schools
References:	Wang, Jing Jing, et al. ?Prevalence of Overweight in Hong Kong Chinese Children: Its Associations with Family, Early-Life Development and Behaviors-Related Factors.? Journal of Exercise Science & Fitness, vol. 15, no. 2, Dec. 2017, pp. 89?95, www.sciencedirect.com/science/article/pii/S1728869X17301478 , 10.1016/j.jesf.2017.10.001. Accessed 01.11.21.
Cutoffs:	IOTF

Overweight/obesity by socio-economic group

Children, 2015

■ Overweight or obesity



Survey type:	Self-reported
Age:	9-12
Sample size:	894
Area covered:	Regional - 2 regions and 5 schools
References:	Wang, Jing Jing, et al. ?Prevalence of Overweight in Hong Kong Chinese Children: Its Associations with Family, Early-Life Development and Behaviors-Related Factors.? Journal of Exercise Science & Fitness, vol. 15, no. 2, Dec. 2017, pp. 89?95, www.sciencedirect.com/science/article/pii/S1728869X17301478 , 10.1016/j.jesf.2017.10.001. Accessed 01.11.21.
Definitions:	Monthly household income (HKD)
Cutoffs:	IOTF

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