

# Hong Kong



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <a href="https://data.worldobesity.org/country/hong-kong-92/">https://data.worldobesity.org/country/hong-kong-92/</a>.



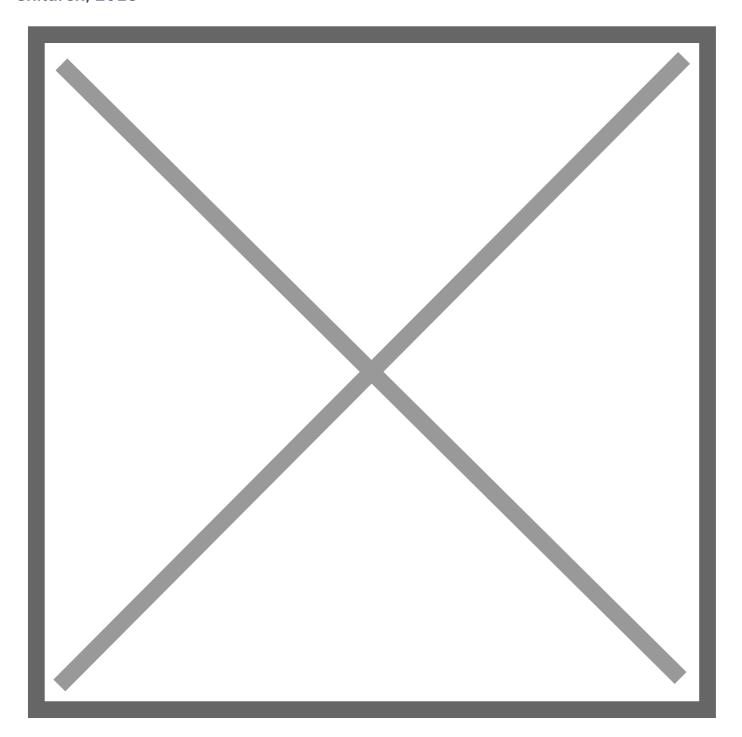
Contents	Page
Obesity prevalence	3
Overweight/obesity by education	6
Overweight/obesity by age	7
Overweight/obesity by socio-economic group	10



## **Obesity prevalence**



#### Children, 2015



Survey type:	Self-reported
Age:	9-12
Sample size:	894
Area covered:	Regional - 2 regions and 5 schools
References:	Wang, Jing Jing, et al. "Prevalence of Overweight in Hong Kong Chinese Children: Its Associations with Family, Early-Life Development and Behaviors-Related Factors." Journal of Exercise Science & Fitness, vol. 15, no. 2, Dec. 2017, pp. 89–95, www.sciencedirect.com/science/article/pii/S1728869X17301478, 10.1016/j.jesf.2017.10.001. Accessed 01.11.21.



Cutoffs: IOTF

Paternal highest education attained

IOTF



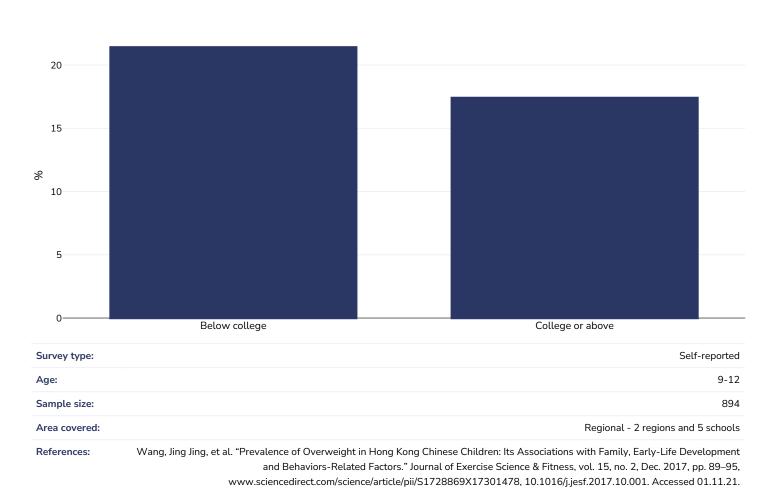
#### Overweight/obesity by education

#### Children, 2015

**Definitions:** 

**Cutoffs:** 

Overweight or obesity

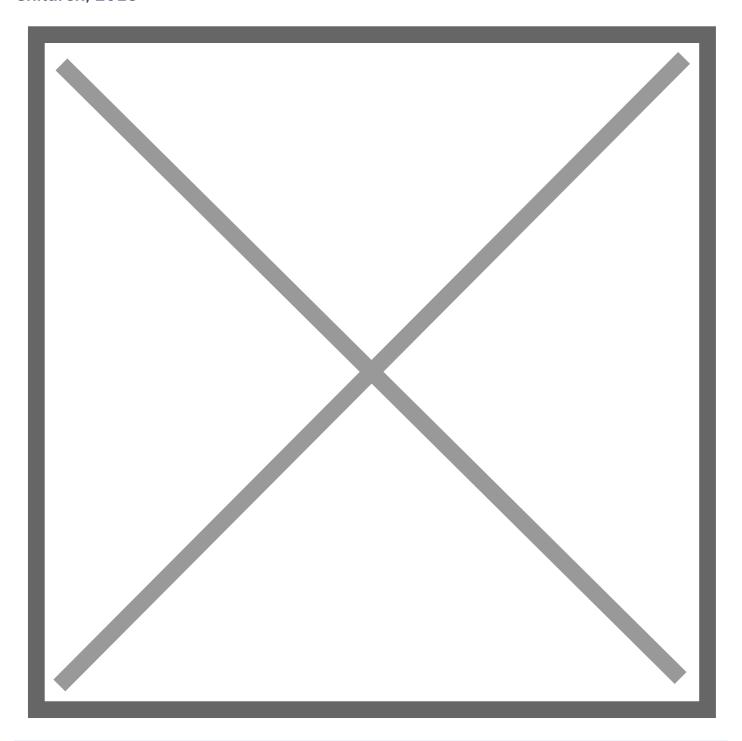




# Overweight/obesity by age



## Children, 2015



Survey type:	Self-reported	
Sample size:	894	
Area covered:	Regional - 2 regions and 5 schools	
References:	Wang, Jing Jing, et al. "Prevalence of Overweight in Hong Kong Chinese Children: Its Associations with Family, Early-Life Development and Behaviors-Related Factors." Journal of Exercise Science & Fitness, vol. 15, no. 2, Dec. 2017, pp. 89–95, www.sciencedirect.com/science/article/pii/S1728869X17301478, 10.1016/j.jesf.2017.10.001. Accessed 01.11.21.	



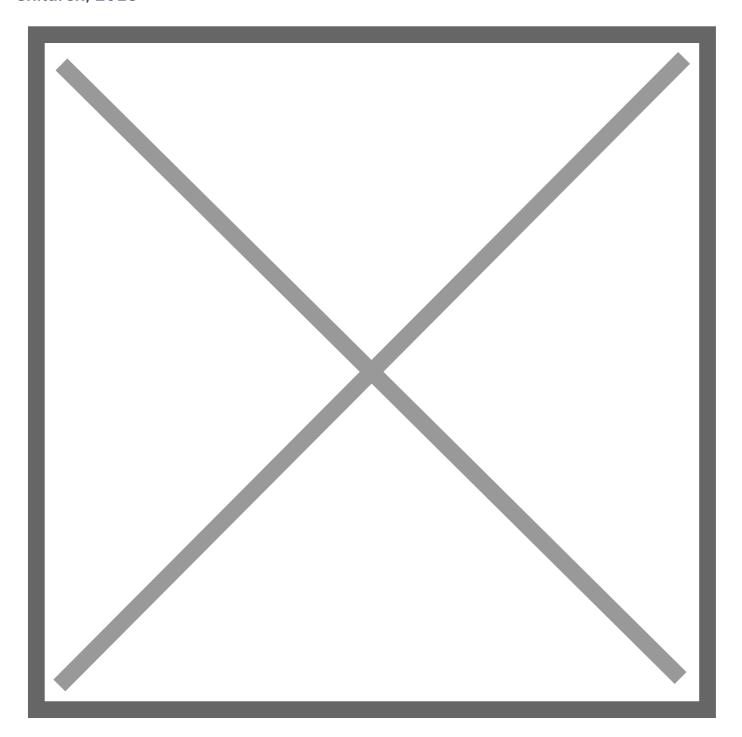
Cutoffs: IOTF



Overweight/obesity by socio-economic group



## Children, 2015



Survey type:	Self-reported
Age:	9-12
Sample size:	894
Area covered:	Regional - 2 regions and 5 schools



References:	Wang, Jing Jing, et al. "Prevalence of Overweight in Hong Kong Chinese Children: Its Associations with Family, Early-Life Developmer and Behaviors-Related Factors." Journal of Exercise Science & Fitness, vol. 15, no. 2, Dec. 2017, pp. 89–99 www.sciencedirect.com/science/article/pii/S1728869X17301478, 10.1016/j.jesf.2017.10.001. Accessed 01.11.2:	
Definitions:	Monthly household income (HKD)	
Cutoffs:	IOTF	

PDF created on August 29, 2025