Report card
Honduras

Contents	Page

Obesity prevalence

Women, 2011-2012

Legend: ■ Obesity ■ Overweight

Survey type:	Measured
Age:	15-49
Sample size:	20803
Area covered:	National
References:	Secretaría de Salud - SS/Honduras, Instituto Nacional de Estadística - INE/Honduras and ICF International. 2013. Encuesta Nacional de Salud y Demografía 2011-2012. Tegucigalpa, Honduras: SS, INE and ICF.
Notes:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2012

- ◼ Obesity
- ◼ Overweight

Survey type:	Self-reported
Age:	13-15
Sample size:	1779
Area covered:	National
References:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/Honduras_2012_GSHS_FS.pdf?ua=1 (last accessed 25.11.20)
Cutoffs:	WHO

Infants, 2019
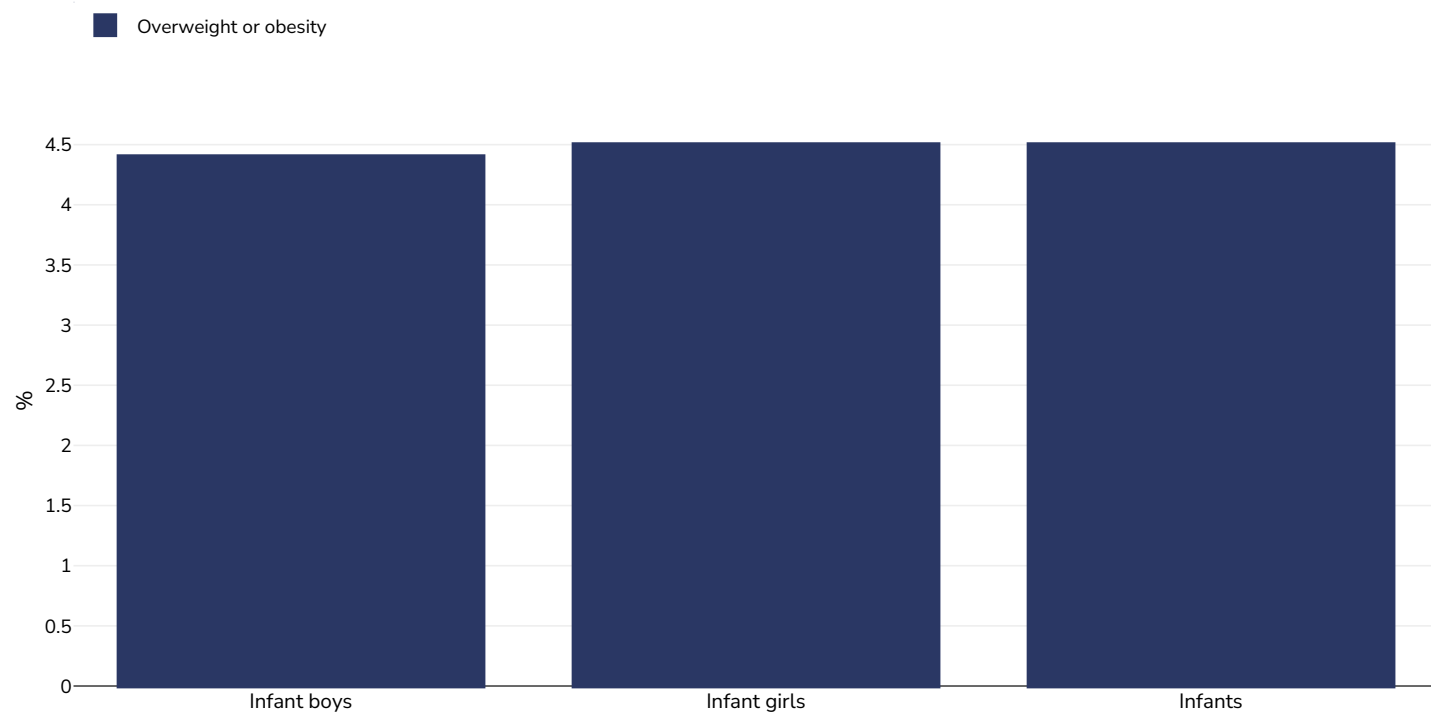
■ Overweight or obesity

Age:	0-5
Sample size:	8082
References:	MICS: Encuesta Nacional de Demografía y Salud/ Encuesta de Indicadores Múltiples por Conglomerados. Honduras 2019. Tegucigalpa.
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

% Adults living with obesity, 1996-2012

● Obesity, Women

Survey type:	Measured

References:	1996: Montorell R, Khan LK, Hughes ML and Grummer Strawn lm. (2000). Obesity in women from developing countries. EJCN 54: 247 - 252.
	2005: Secretaría de Salud - SS/Honduras, Instituto Nacional de Estadística - INE/Honduras and Macro International. 2006. Encuesta Nacional de Salud y Demografía 2005-2006. Tegucigalpa, Honduras: SS, INE and Macro International.
	2011: Secretaría de Salud - SS/Honduras, Instituto Nacional de Estadística - INE/Honduras and ICF International. 2013. Encuesta Nacional de Salud y Demografía 2011-2012. Tegucigalpa, Honduras: SS, INE and ICF.

Notes:	Adults aged 15-49

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

% Adults living with overweight or obesity in Honduras 1996-2011

- Obesity, Women
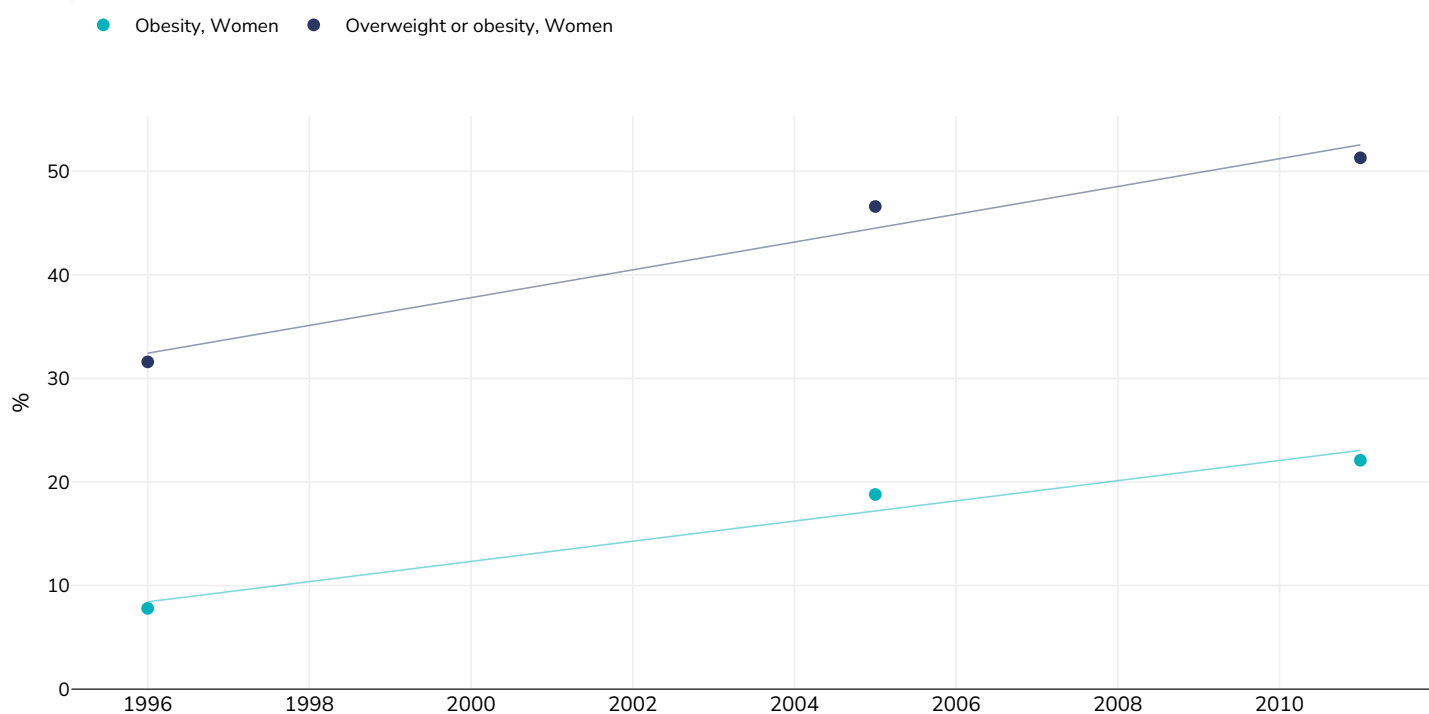- Overweight or obesity, Women

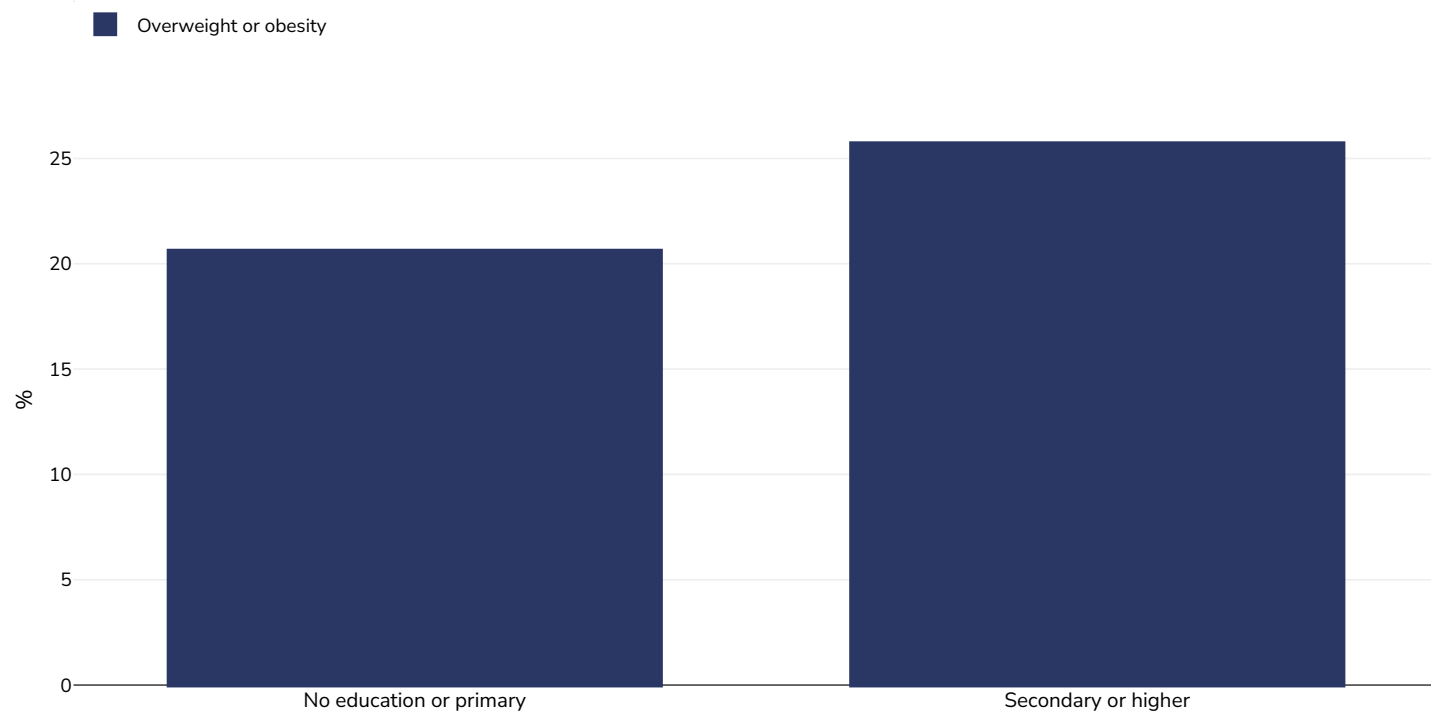| Survey type:	Measured
References:	1996: Montorell R, Khan LK, Hughes ML and Grummer Strawn lm. (2000). Obesity in women from developing countries. EJCN 54: 247 - 252.
	2005: Secretaría de Salud - SS/Honduras, Instituto Nacional de Estadística - INE/Honduras and Macro International. 2006. Encuesta Nacional de Salud y Demografía 2005-2006. Tegucigalpa, Honduras: SS, INE and Macro International.
	2011: Secretaría de Salud - SS/Honduras, Instituto Nacional de Estadística - INE/Honduras and ICF International. 2013. Encuesta Nacional de Salud y Demografía 2011-2012. Tegucigalpa, Honduras: SS, INE and ICF.
Notes:	Adults aged 15-49
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
	Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

Overweight/obesity by education

Girls, 2011-2012

■ Overweight or obesity

Survey type:	Measured
Age:	15-19
Sample size:	3816
Area covered:	National
References:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Cayemittes, Michel, Michelle Fatuma Busangu, Jean de Dieu Bizimana, Bernard Barrère, Blaise Sévère, Viviane Cayemittes and Emmanuel Charles. 2013. Enquête Mortalité, Morbidité et Utilisation des Services, Haïti, 2012. Calverton, Maryland, USA: Ministère de la Santé Publique et de la Population - MSPP/Haïti , l'Institut Haïtien de l'Enfance - IHE, and ICF International.al.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

Infants, 2019

Legend: Overweight or obesity

Chart values (% on y-axis):
- Mother's Education: Secondary and Higher Education — ~7.6
- Mother's Education: Higher Education — ~8.5
- Mother's Education: No Education — ~1.0
- Mother's Education: None and Primary Education — ~3.4
- Mother's Education: Primary Education — ~3.5
- Mother's Education: Secondary Education — ~7.3

Sample size:	8082
References:	MICS: Encuesta Nacional de Demografía y Salud/ Encuesta de Indicadores Múltiples por Conglomerados. Honduras 2019. Tegucigalpa.
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

Overweight/obesity by region

Girls, 2011-2012

■ Overweight or obesity

Survey type:	Measured
Age:	15-19
Sample size:	3816
Area covered:	National
References:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Cayemittes, Michel, Michelle Fatuma Busangu, Jean de Dieu Bizimana, Bernard Barrère, Blaise Sévère, Viviane Cayemittes and Emmanuel Charles. 2013. Enquête Mortalité, Morbidité et Utilisation des Services, Haïti, 2012. Calverton, Maryland, USA: Ministère de la Santé Publique et de la Population - MSPP/Haïti , l'Institut Haïtien de l'Enfance - IHE, and ICF International.al.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

Infants, 2019

■ Overweight or obesity

	Rural	Urban

Sample size:	8082

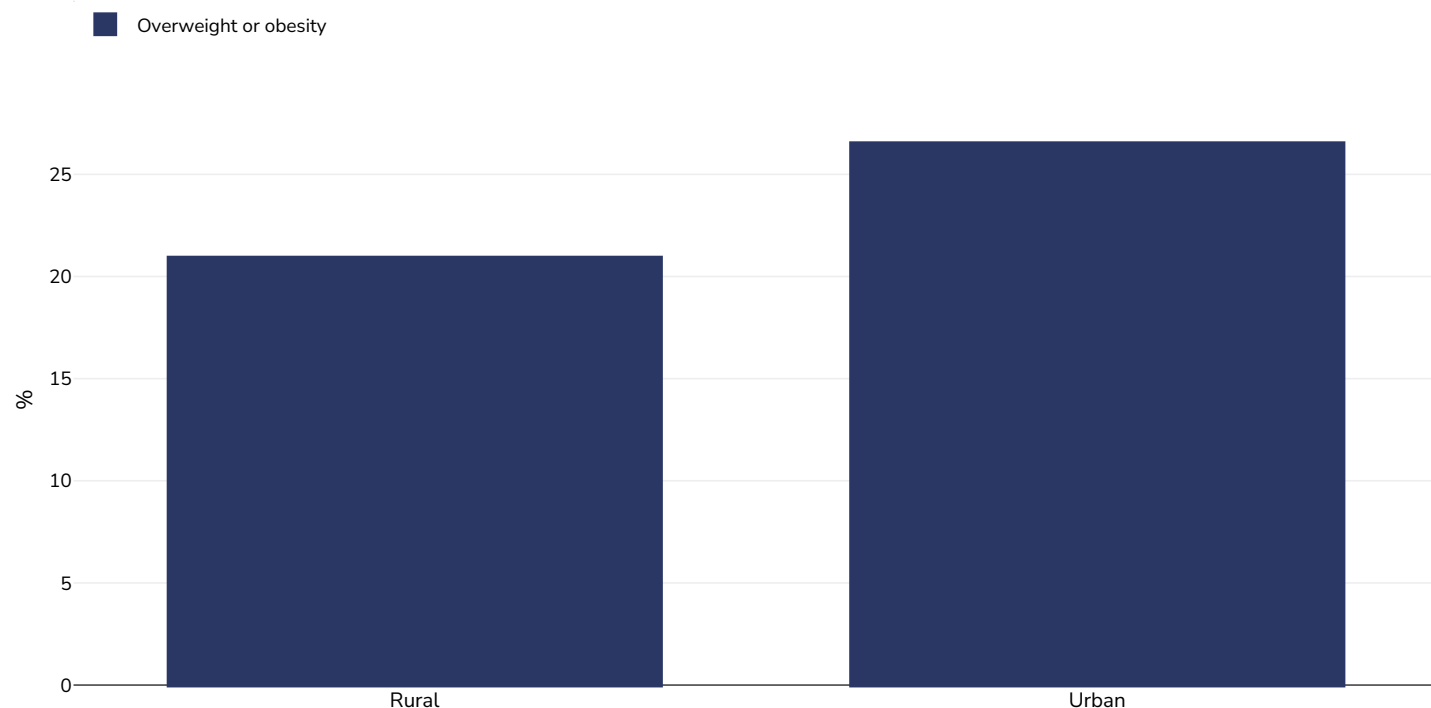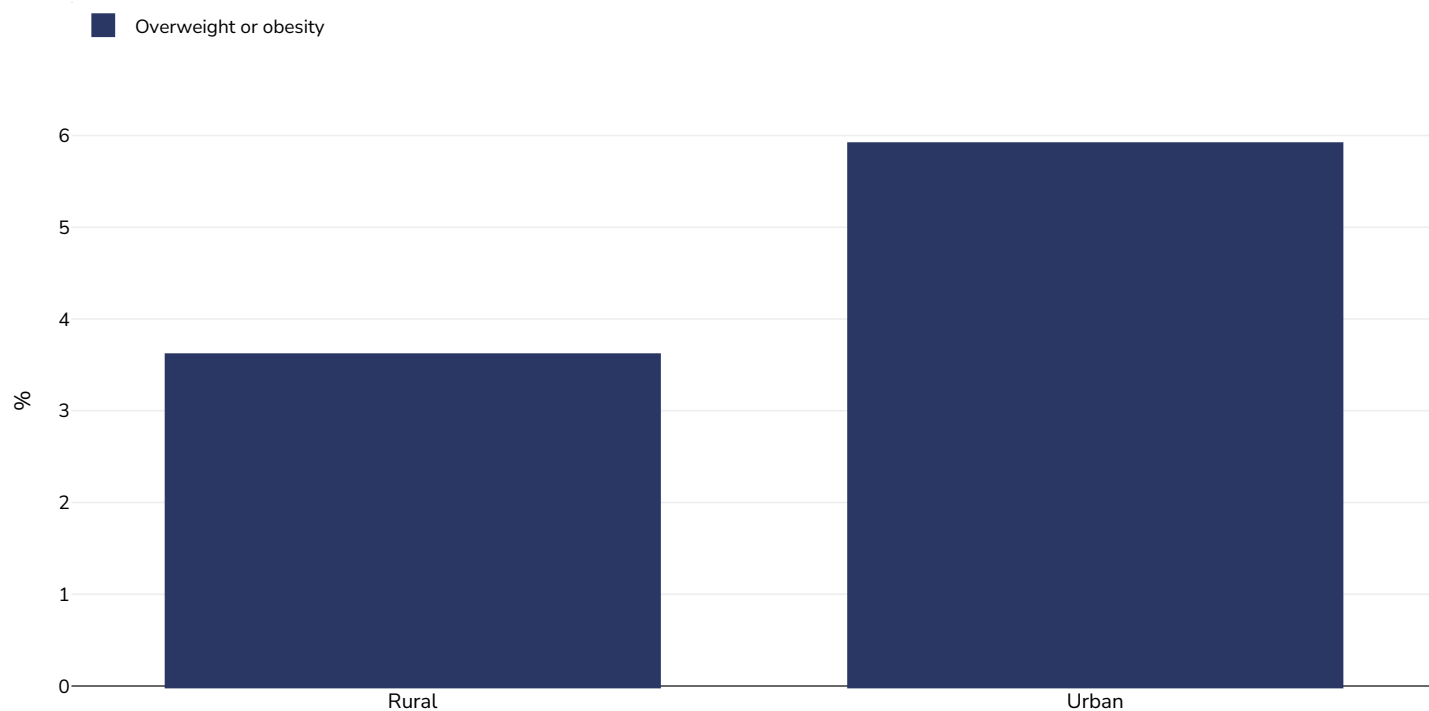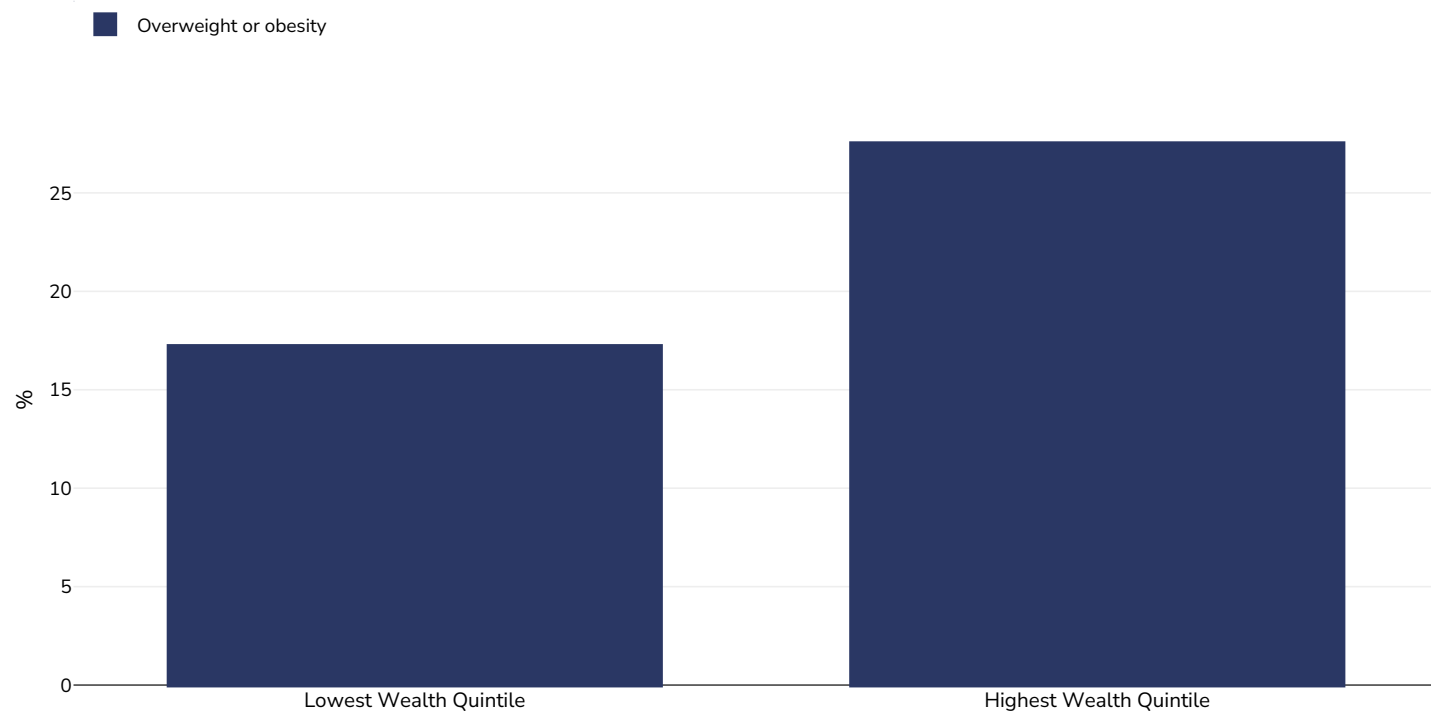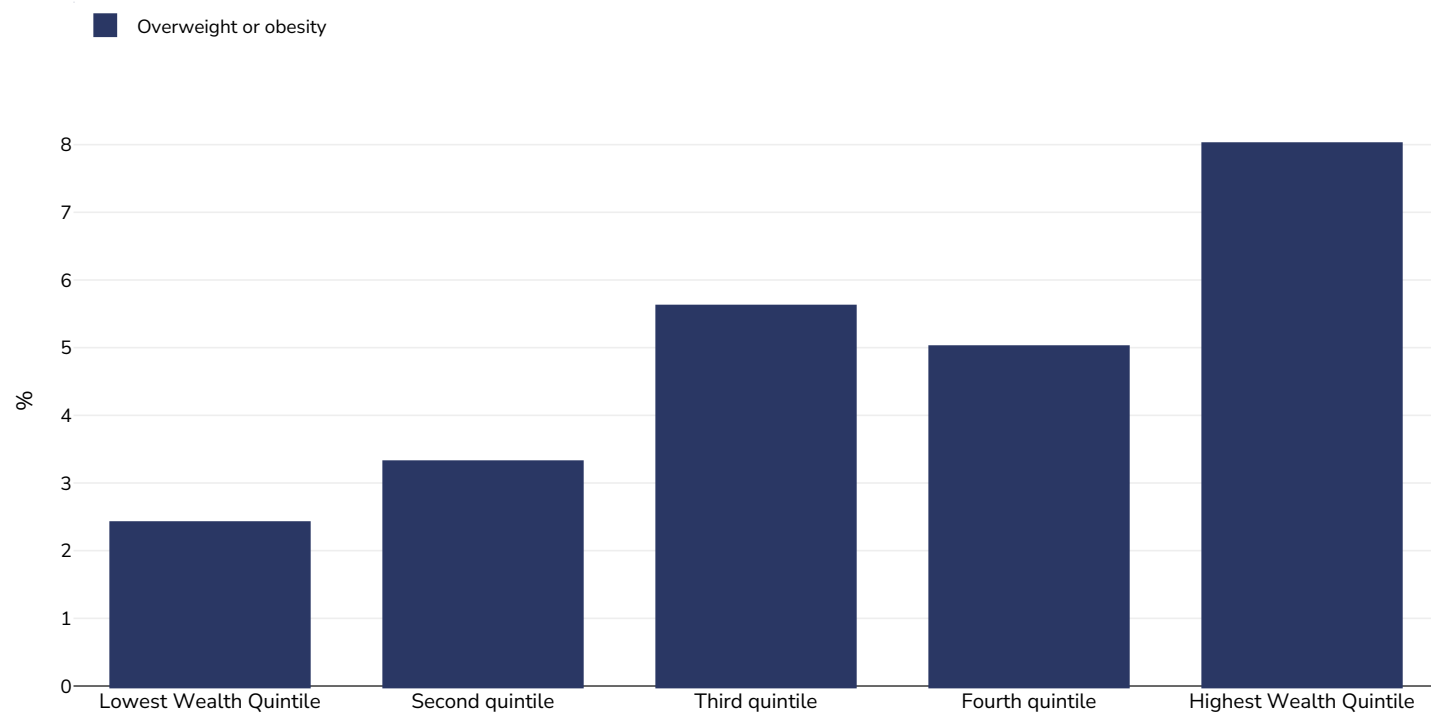| References:	MICS: Encuesta Nacional de Demografía y Salud/ Encuesta de Indicadores Múltiples por Conglomerados. Honduras 2019. Tegucigalpa.
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

Overweight/obesity by socio-economic group

Girls, 2011-2012

■ Overweight or obesity

Survey type:	Measured
Age:	15-19
Sample size:	3816
Area covered:	National
References:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Cayemittes, Michel, Michelle Fatuma Busangu, Jean de Dieu Bizimana, Bernard Barrère, Blaise Sévère, Viviane Cayemittes and Emmanuel Charles. 2013. Enquête Mortalité, Morbidité et Utilisation des Services, Haïti, 2012. Calverton, Maryland, USA: Ministère de la Santé Publique et de la Population - MSPP/Haïti , l'Institut Haïtien de l'Enfance - IHE, and ICF International.al.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

Infants, 2019

■ Overweight or obesity

Sample size:	8082
References:	MICS: Encuesta Nacional de Demografía y Salud/ Encuesta de Indicadores Múltiples por Conglomerados. Honduras 2019. Tegucigalpa.
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

Insufficient physical activity

Children, 2016
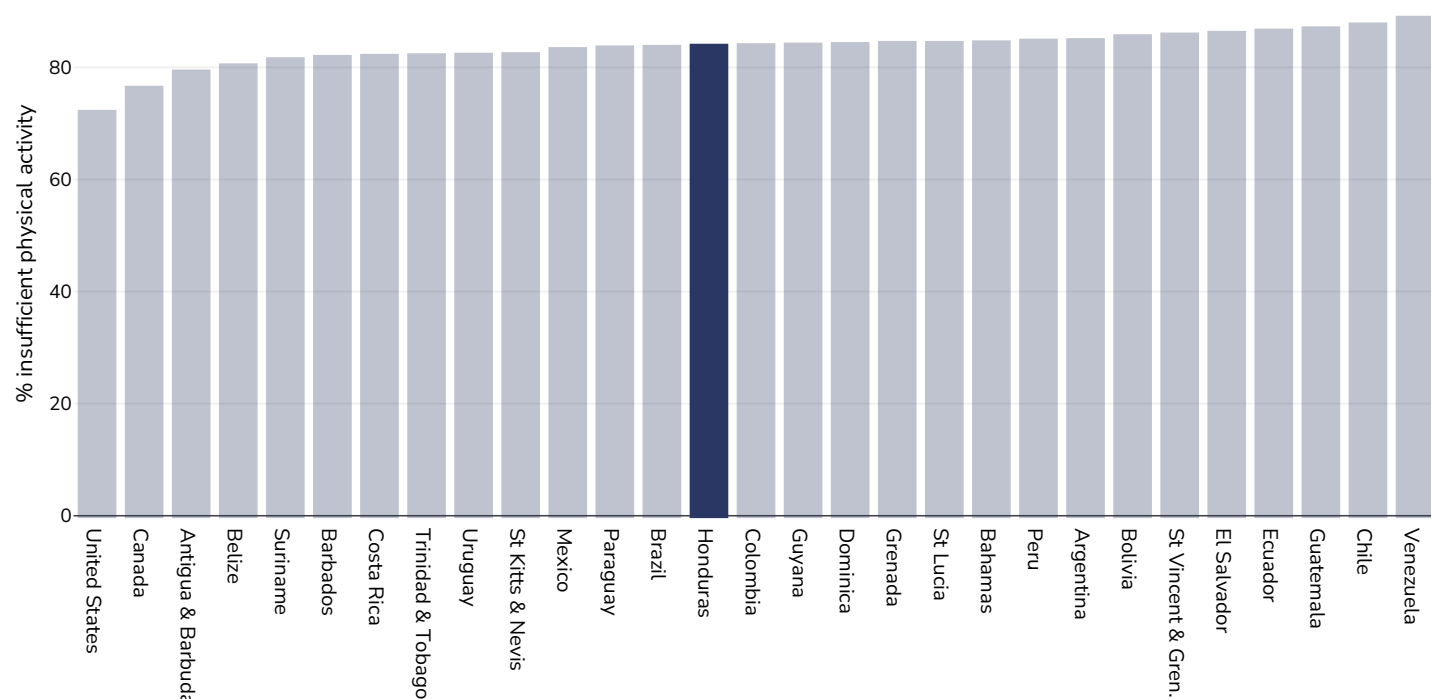
Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Boys, 2016

y-axis: % insufficient physical activity

Categories (left to right): United States, Canada, Antigua & Barbuda, Uruguay, Costa Rica, Belize, Barbados, Brazil, Suriname, St Kitts & Nevis, Mexico, Trinidad & Tobago, Paraguay, Argentina, Honduras, Bahamas, Colombia, Guyana, Grenada, Dominica, Bolivia, Peru, El Salvador, St Lucia, Ecuador, St Vincent & Gren., Chile, Guatemala, Venezuela

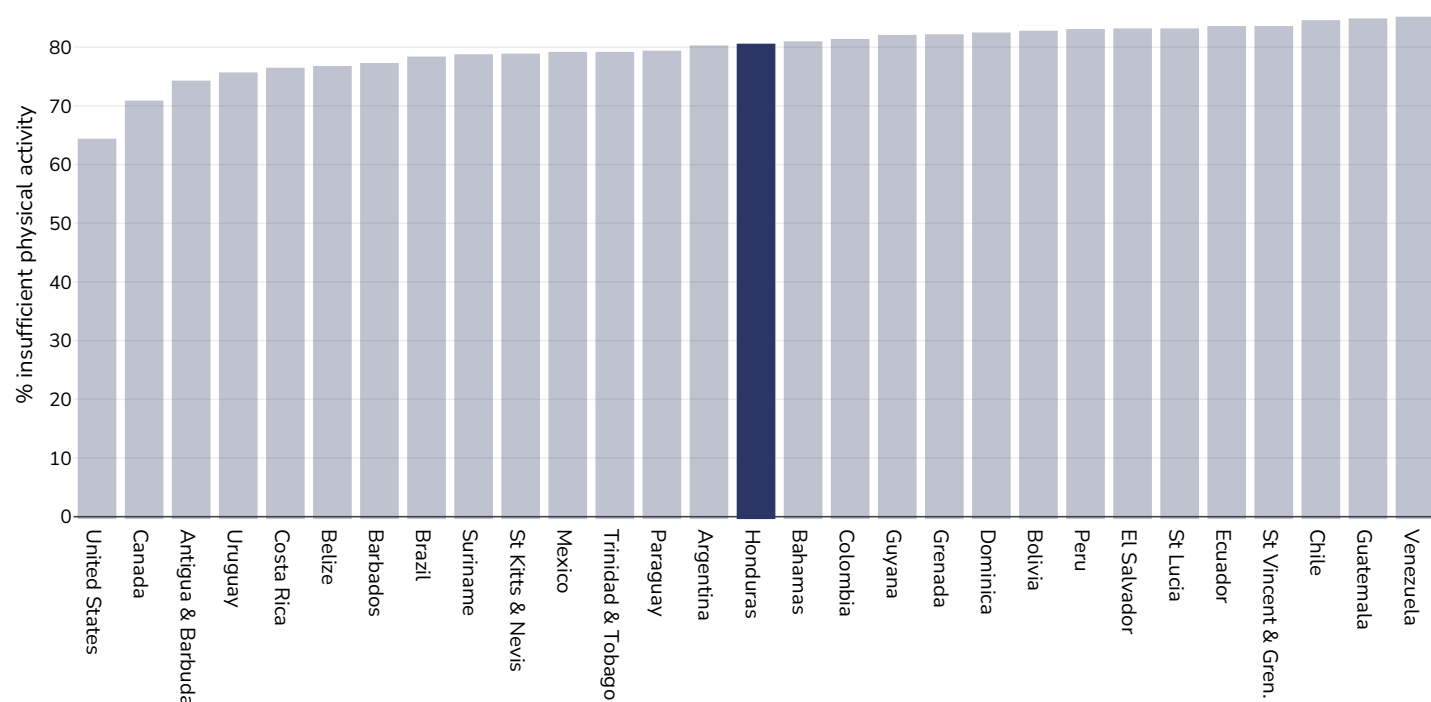| Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Girls, 2016

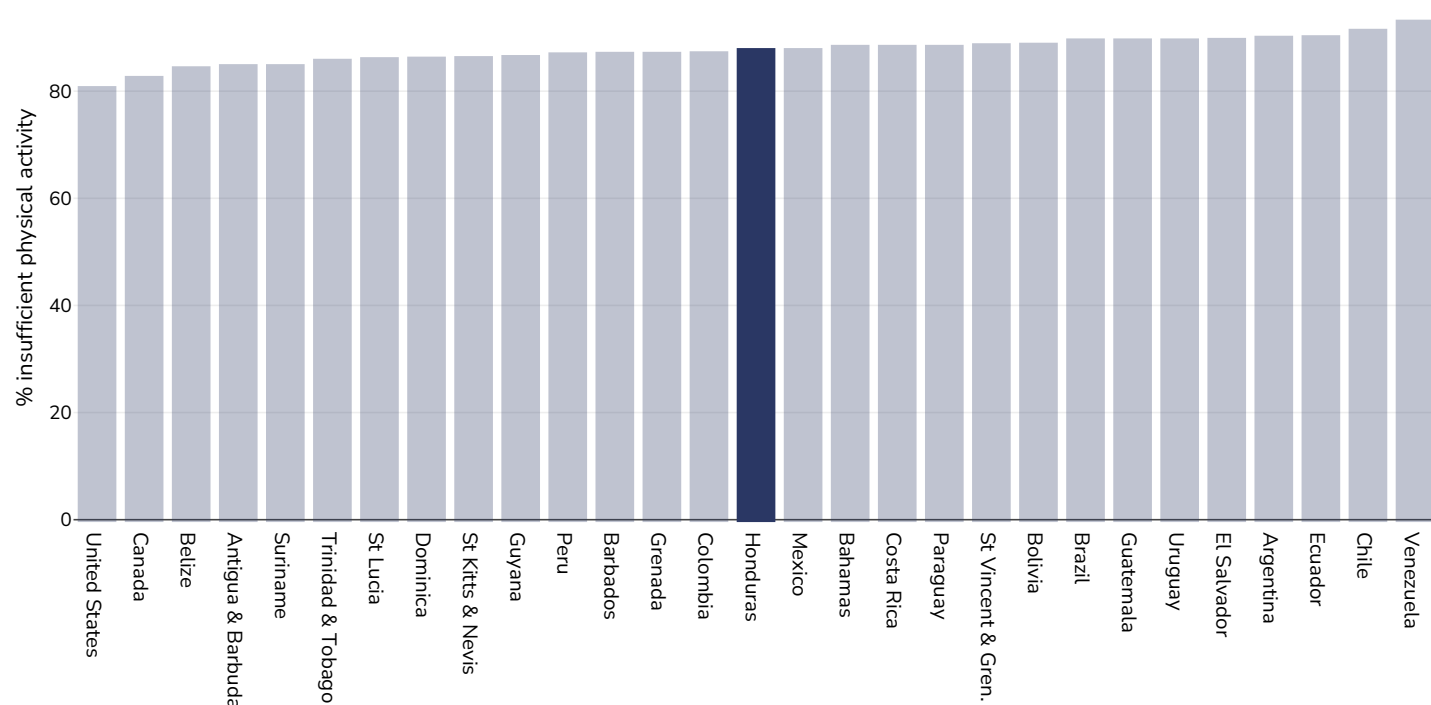| Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Average daily frequency of carbonated soft drink consumption

Children, 2009-2015
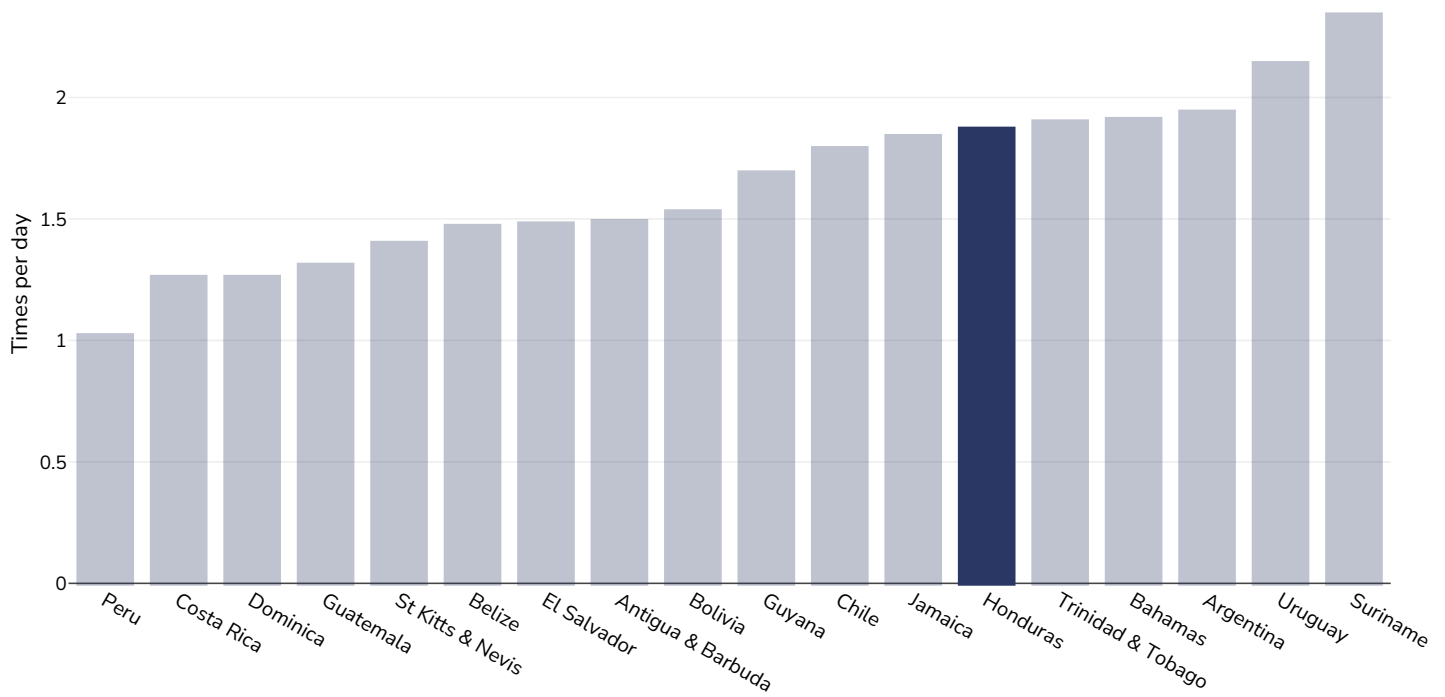
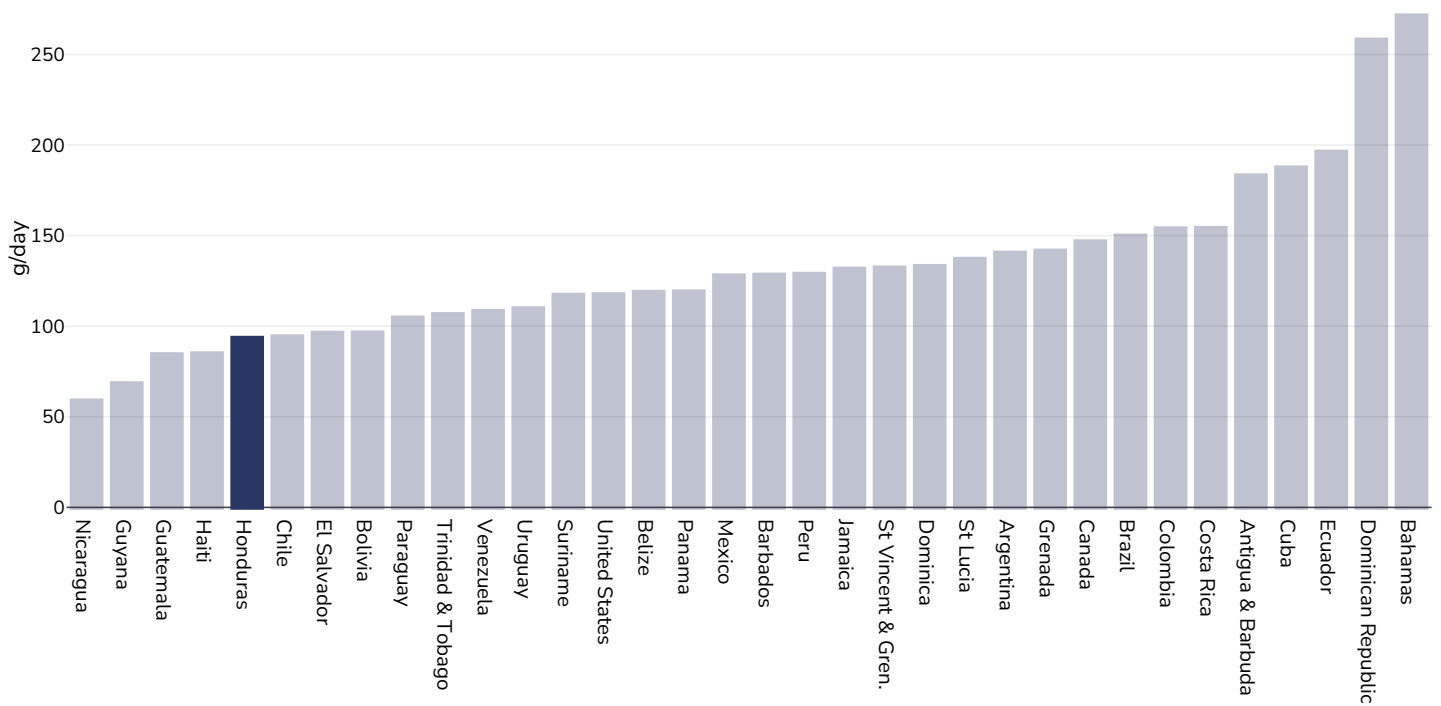|	
Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Estimated per capita fruit intake

Adults, 2017

Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita fruit intake (g/day)

Prevalence of less than daily fruit consumption

Children, 2009-2015
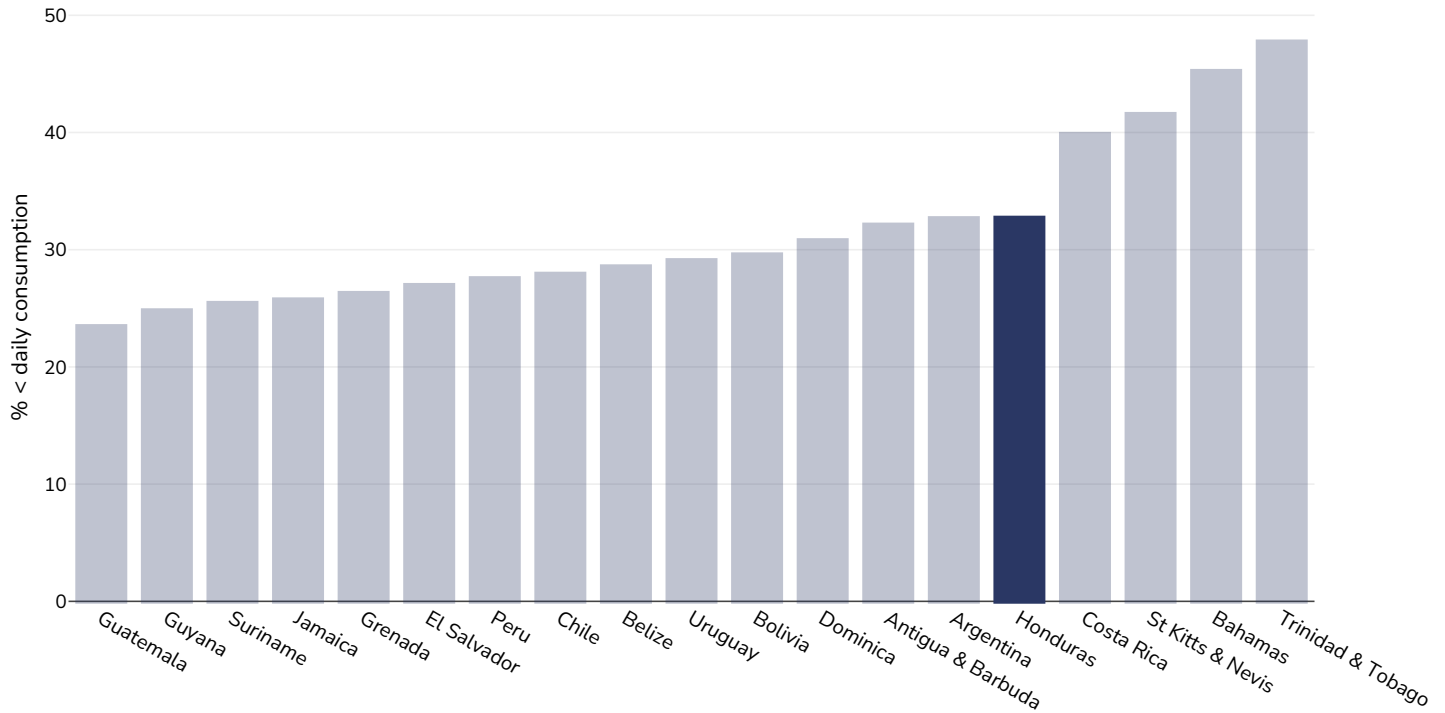
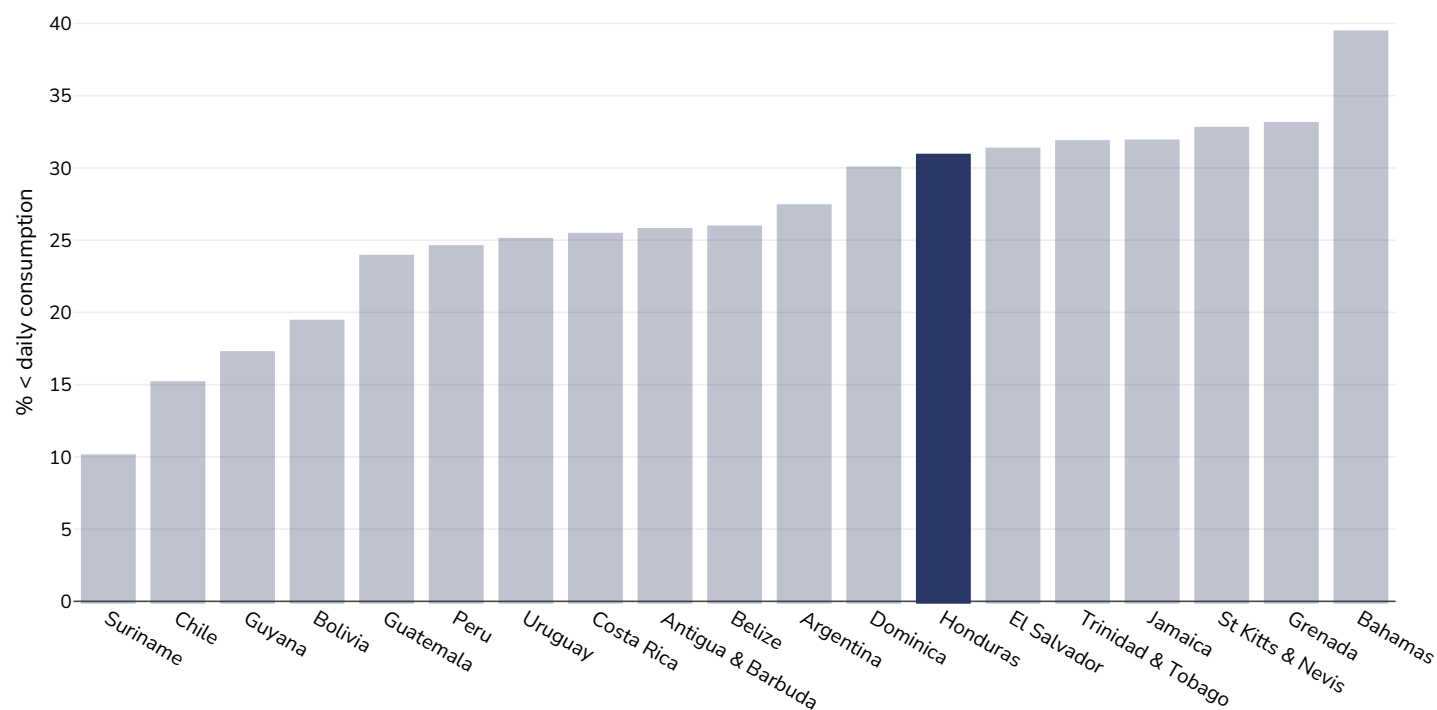| Survey type:	Measured
Age:	12-17
References:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2009-2015

Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Average weekly frequency of fast food consumption

Children, 2009-2015

Times per week

Chile, Argentina, Uruguay, Peru, Honduras, Costa Rica, Dominica, Guatemala, El Salvador, Bolivia, Guyana, Suriname, Antigua & Barbuda, St Kitts & Nevis, Bahamas, Trinidad & Tobago, Jamaica, Belize
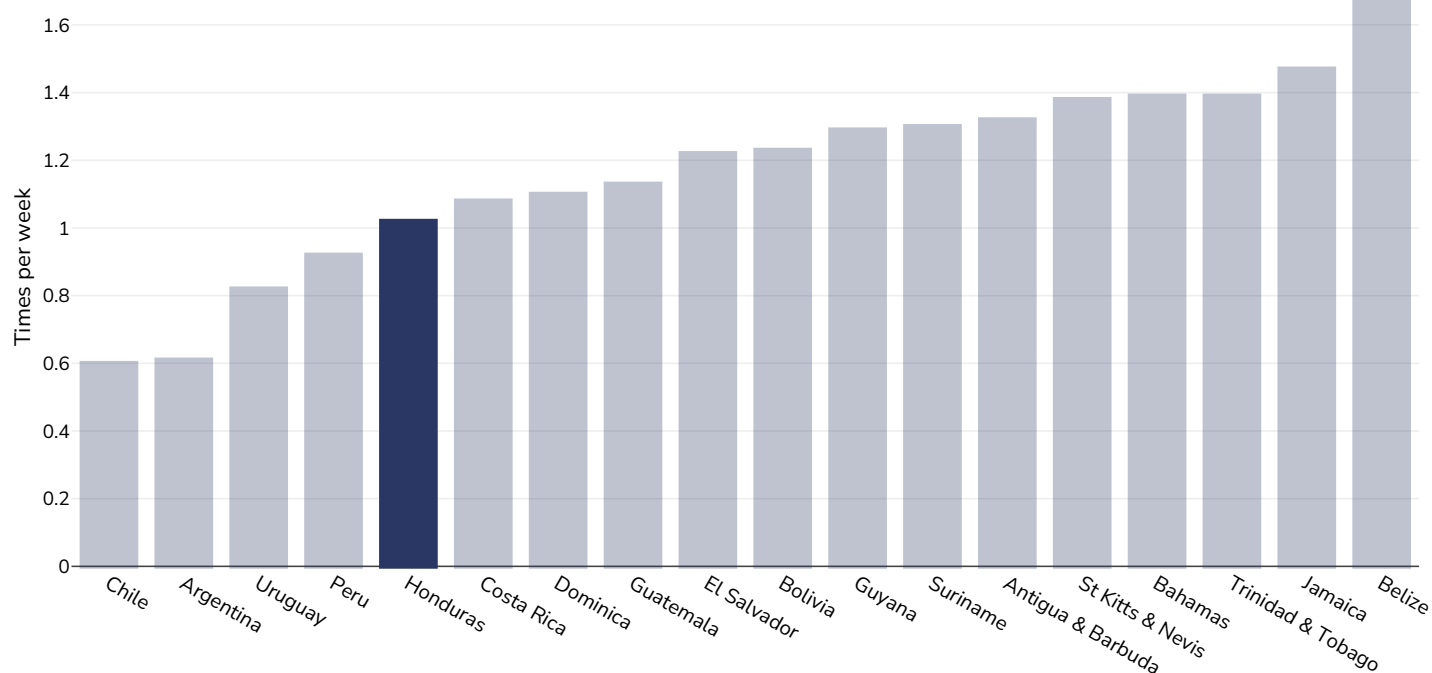
Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Estimated per-capita processed meat intake

Adults, 2017
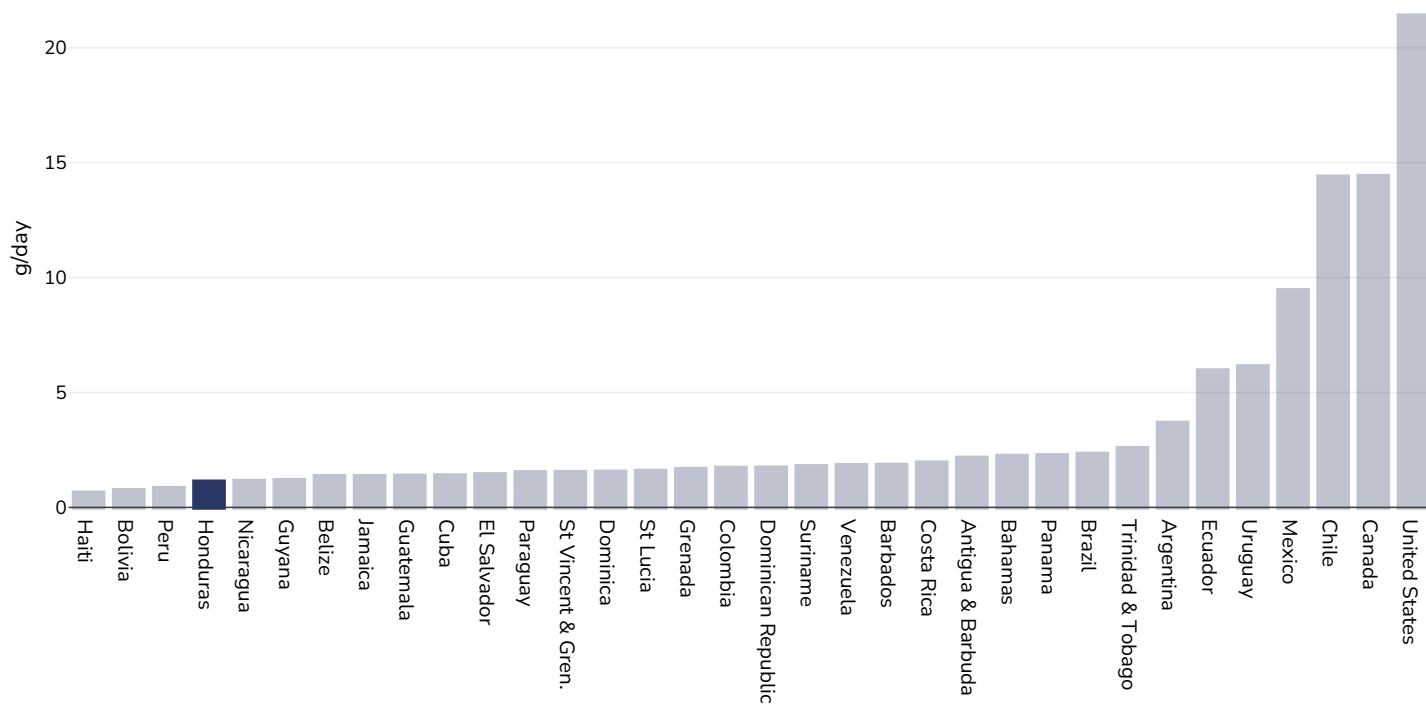
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adults, 2017
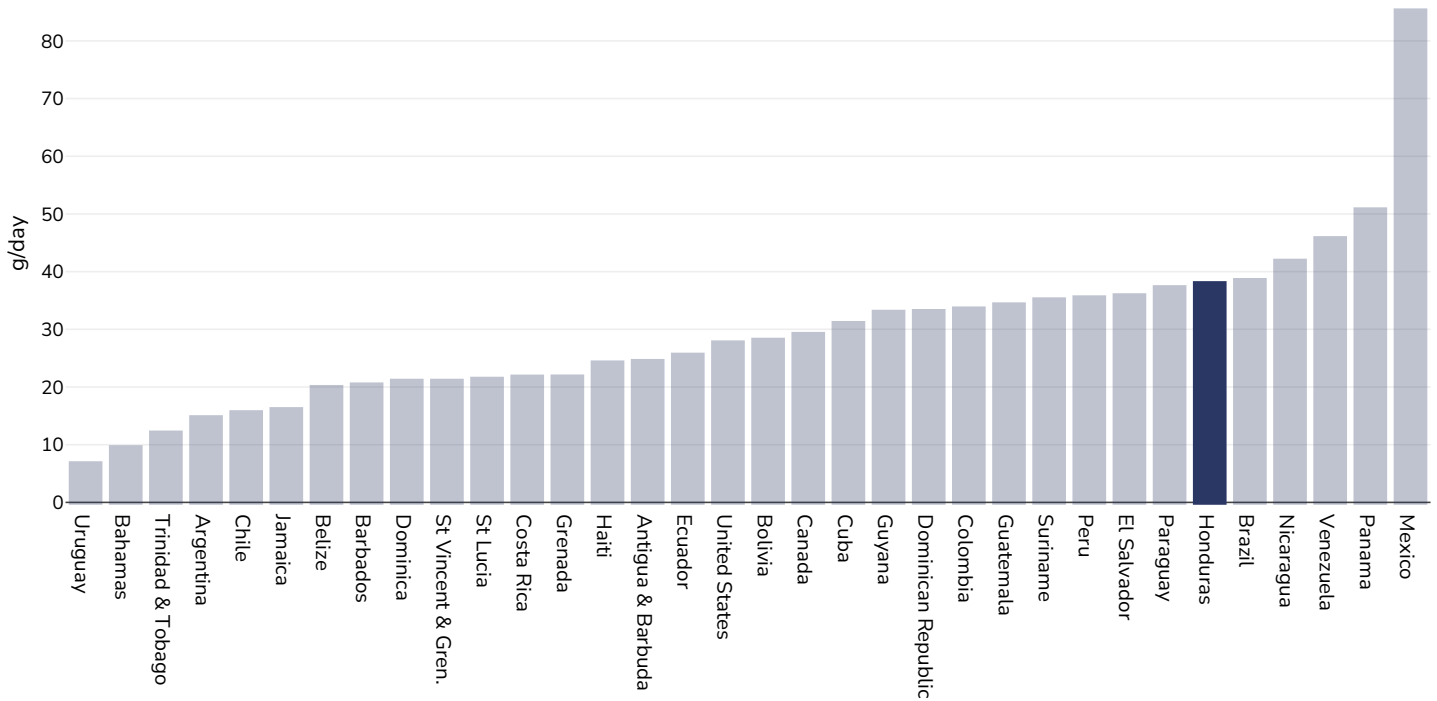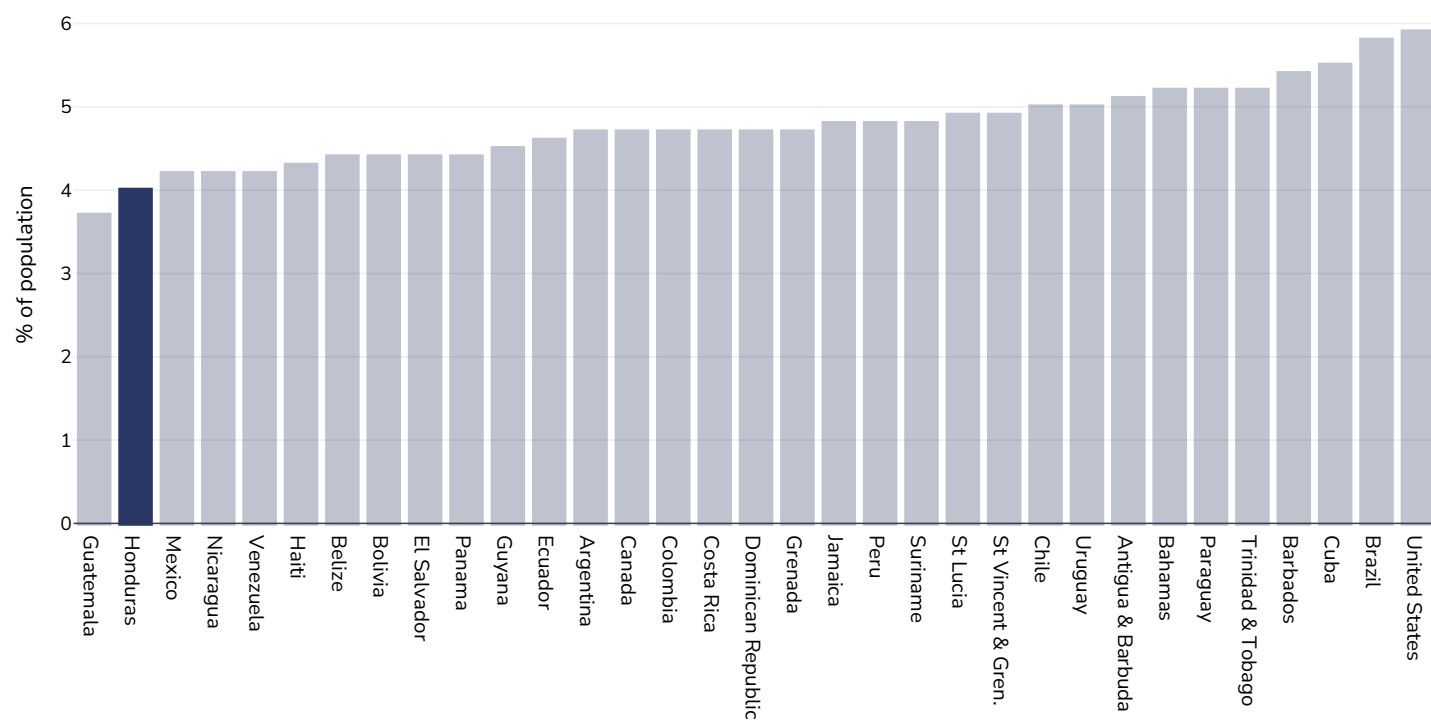

Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

Adults, 2015

References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with depression disorders

Mental health - anxiety disorders

Adults, 2015
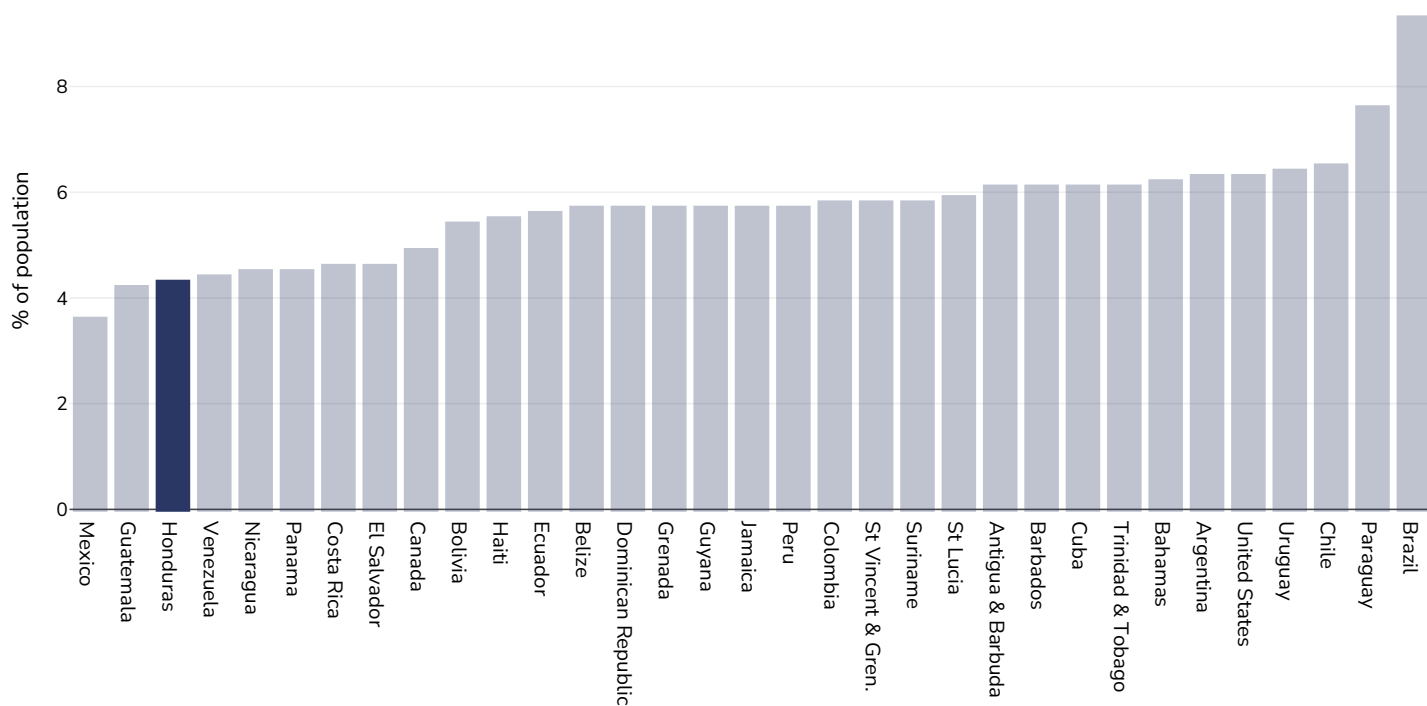
References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders

% Infants exclusively breastfed 0-5 months

Children, 1998-2019
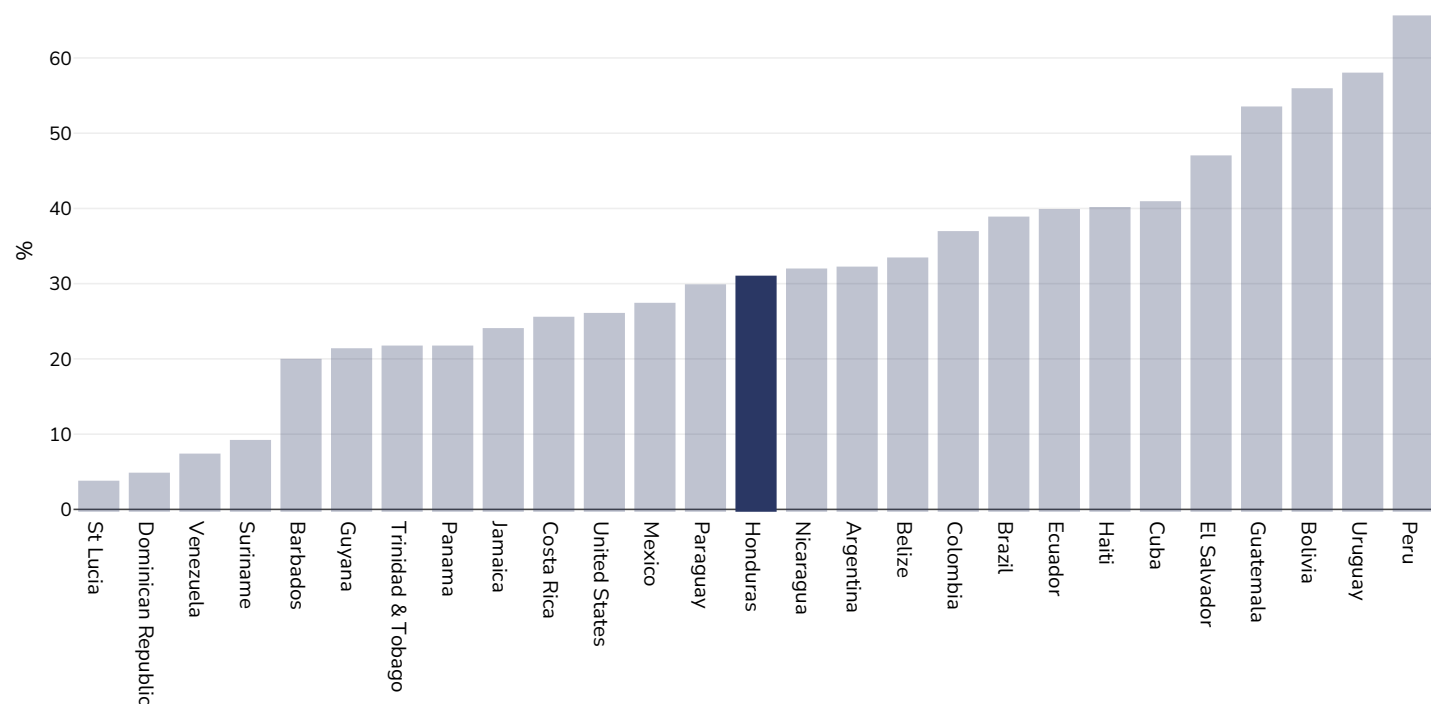
Area covered:	National
References:	Encuesta nacional de salud y demografía 2011-2012. Demographic and Health Surveys. Tegucigalpa, Honduras: SS, INE e ICF International, 2013
Notes:	See UNICEF website for further survey information. Available at : https://data.unicef.org/resources/dataset/infant-young-child-feeding/ (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.
Definitions:	% exclusively breastfed 0-5 months

Oesophageal cancer

Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Breast cancer

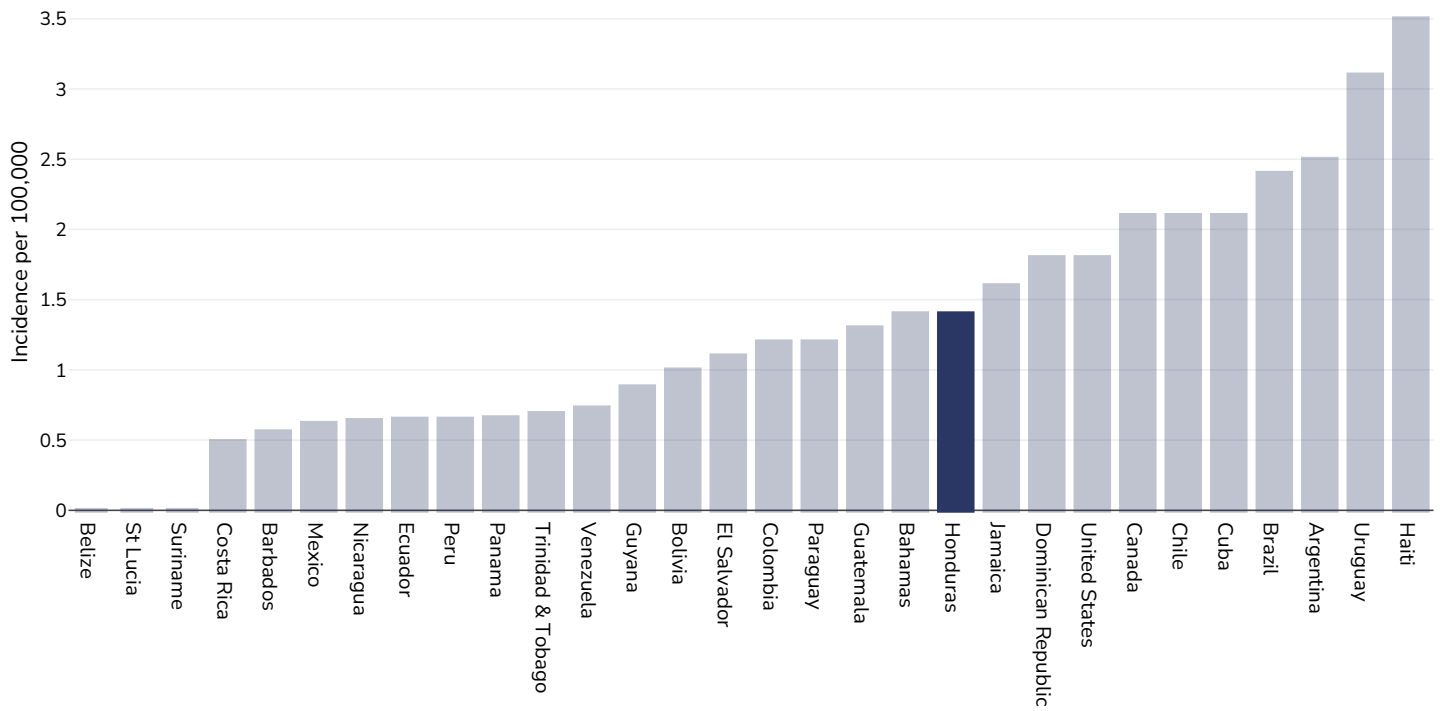## Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Colorectal cancer

Men, 2020

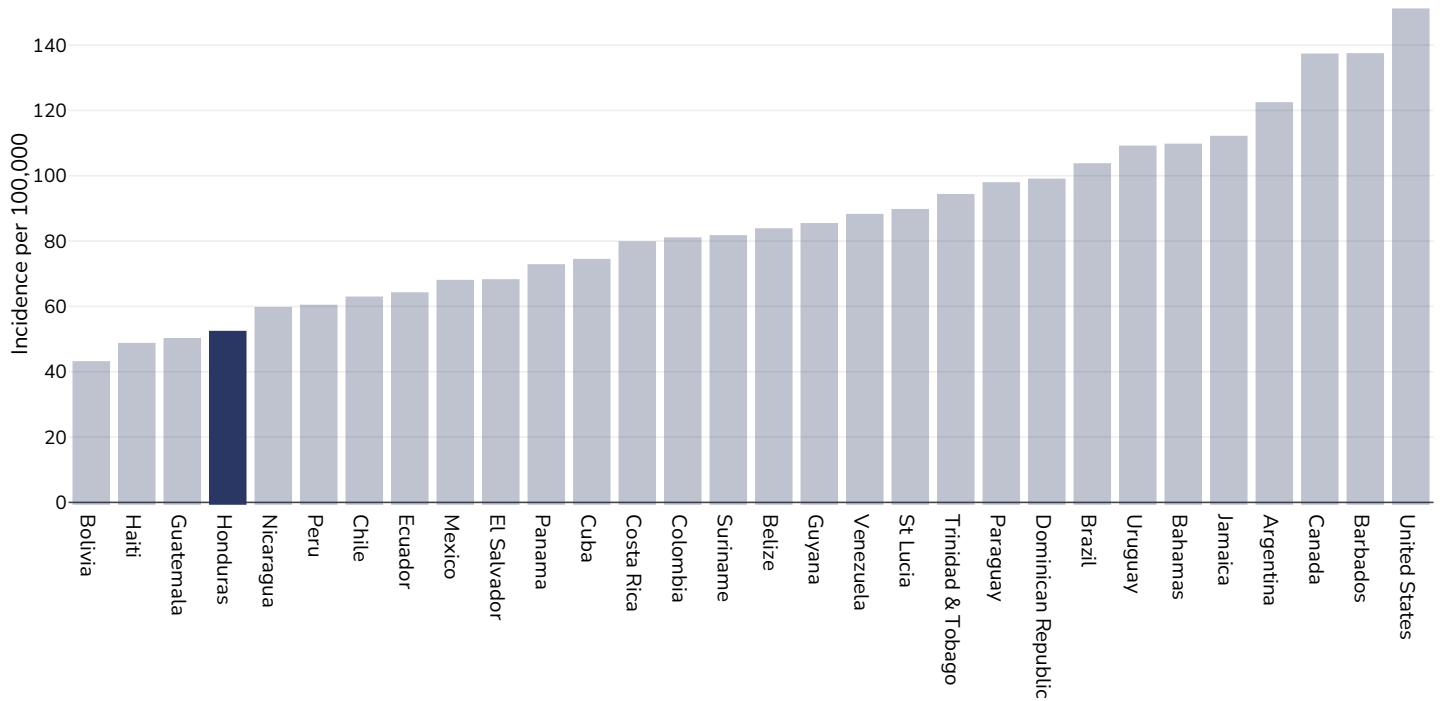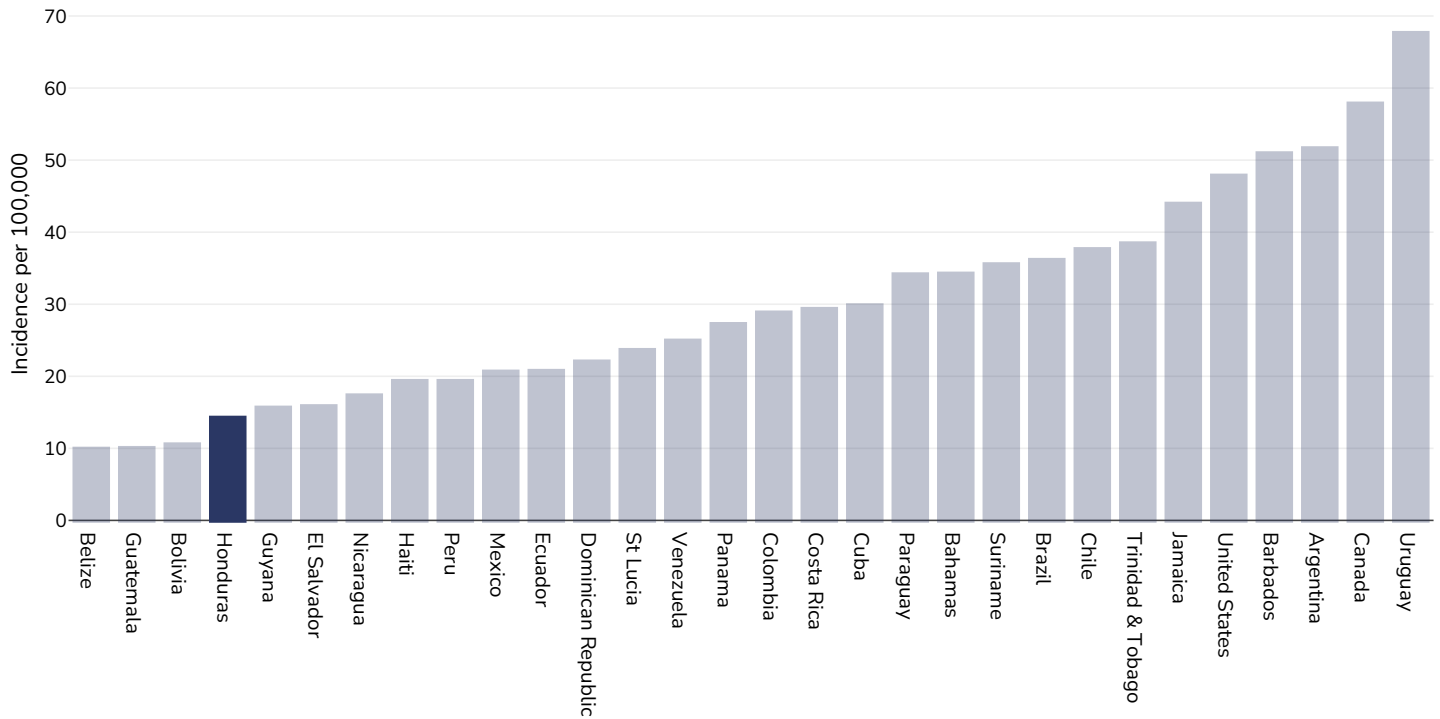| Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Pancreatic cancer

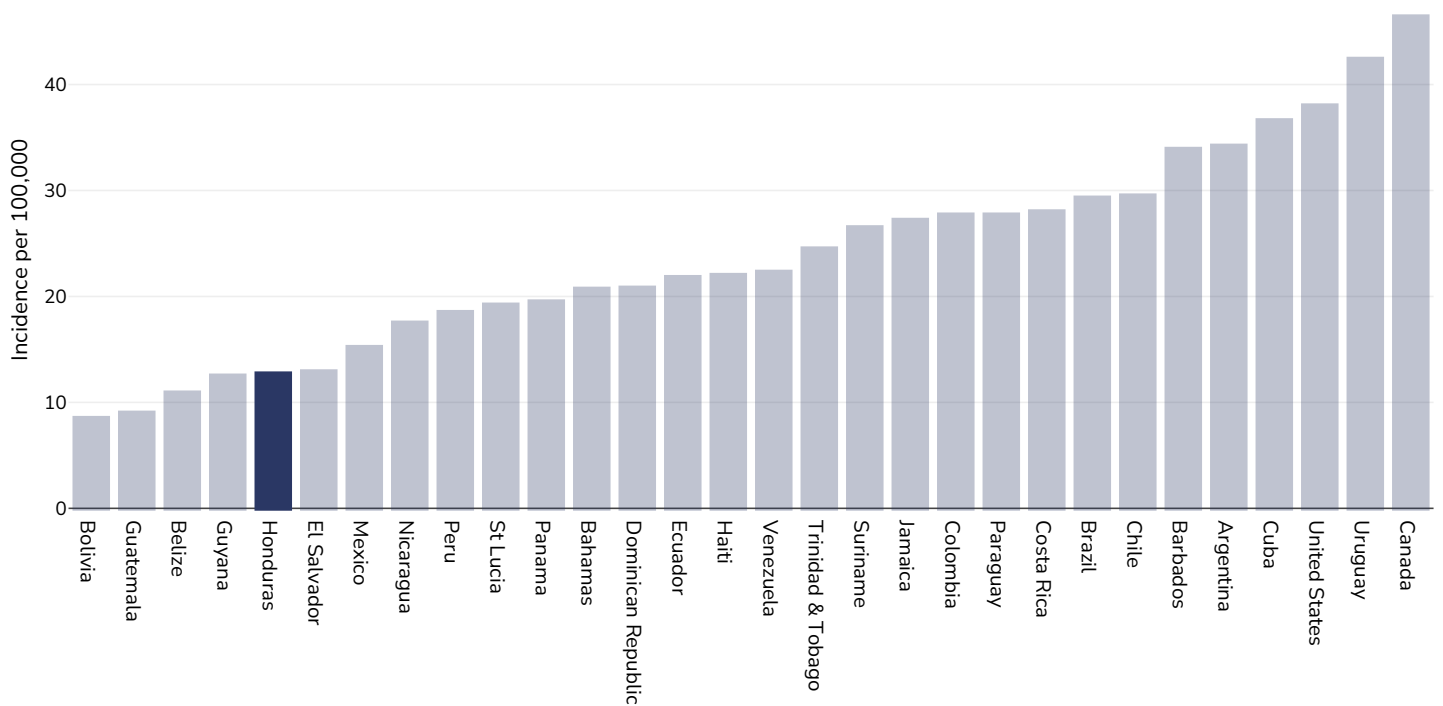## Men, 2020

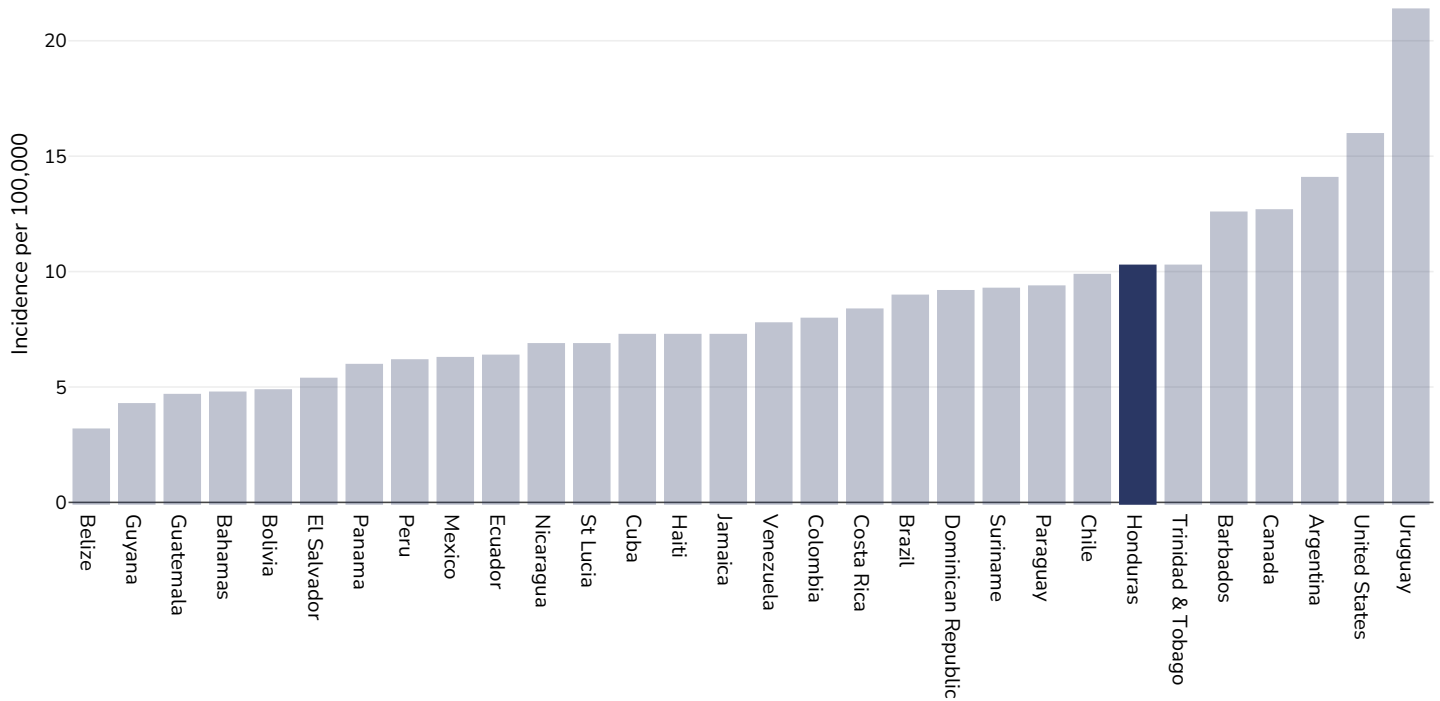| Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Gallbladder cancer

Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

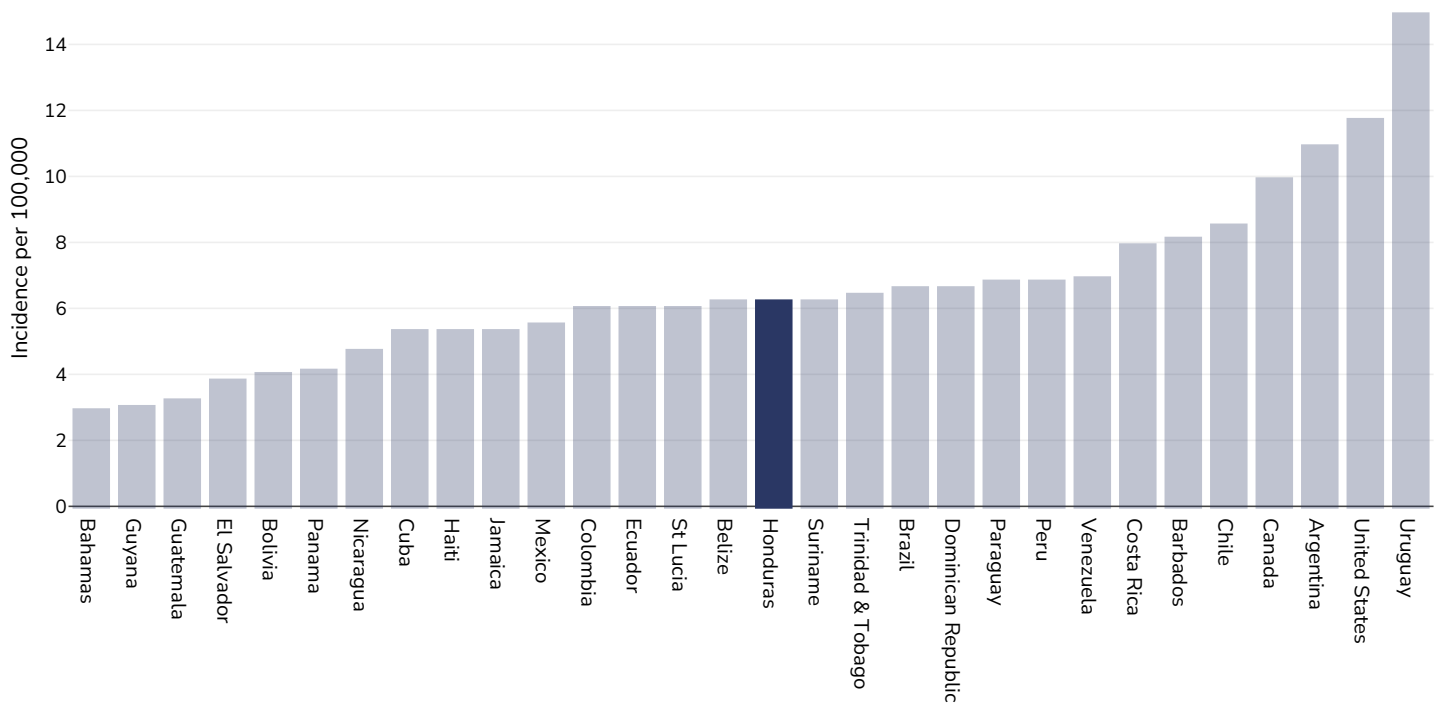## Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Kidney cancer

Men, 2020

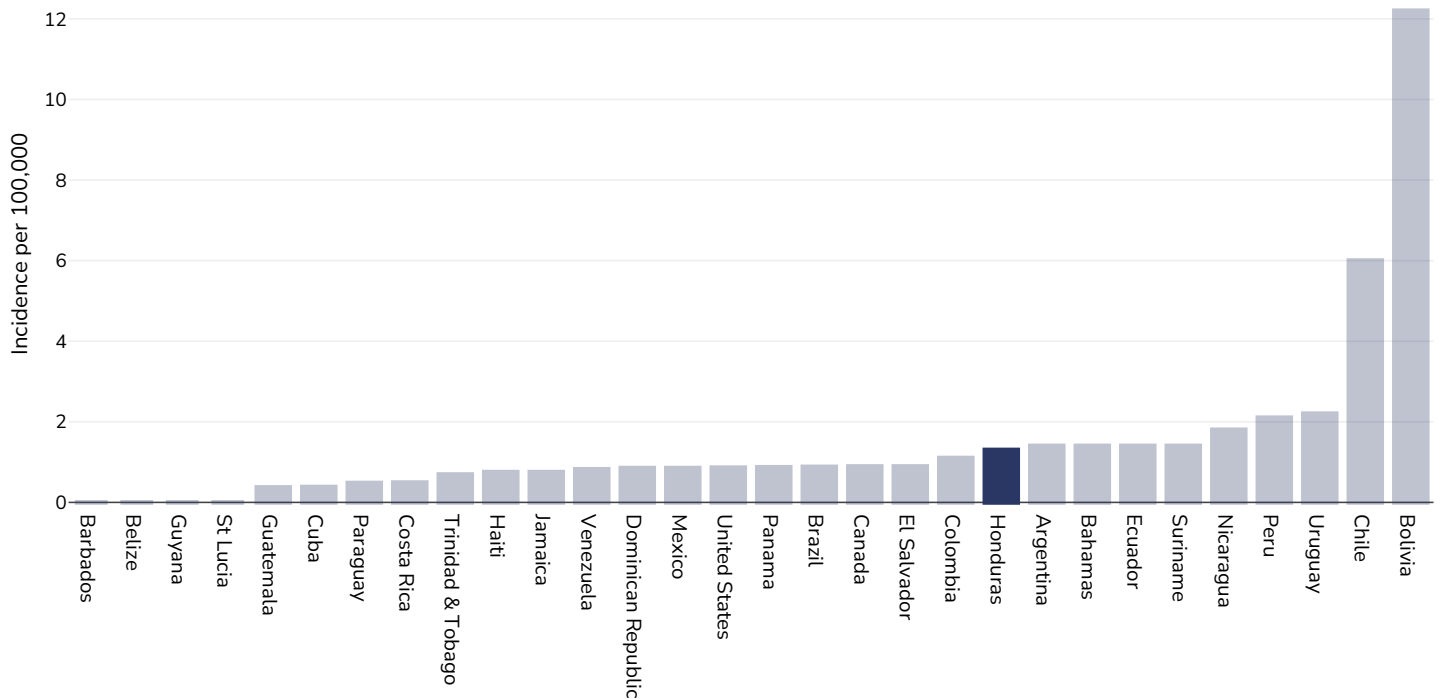| Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020
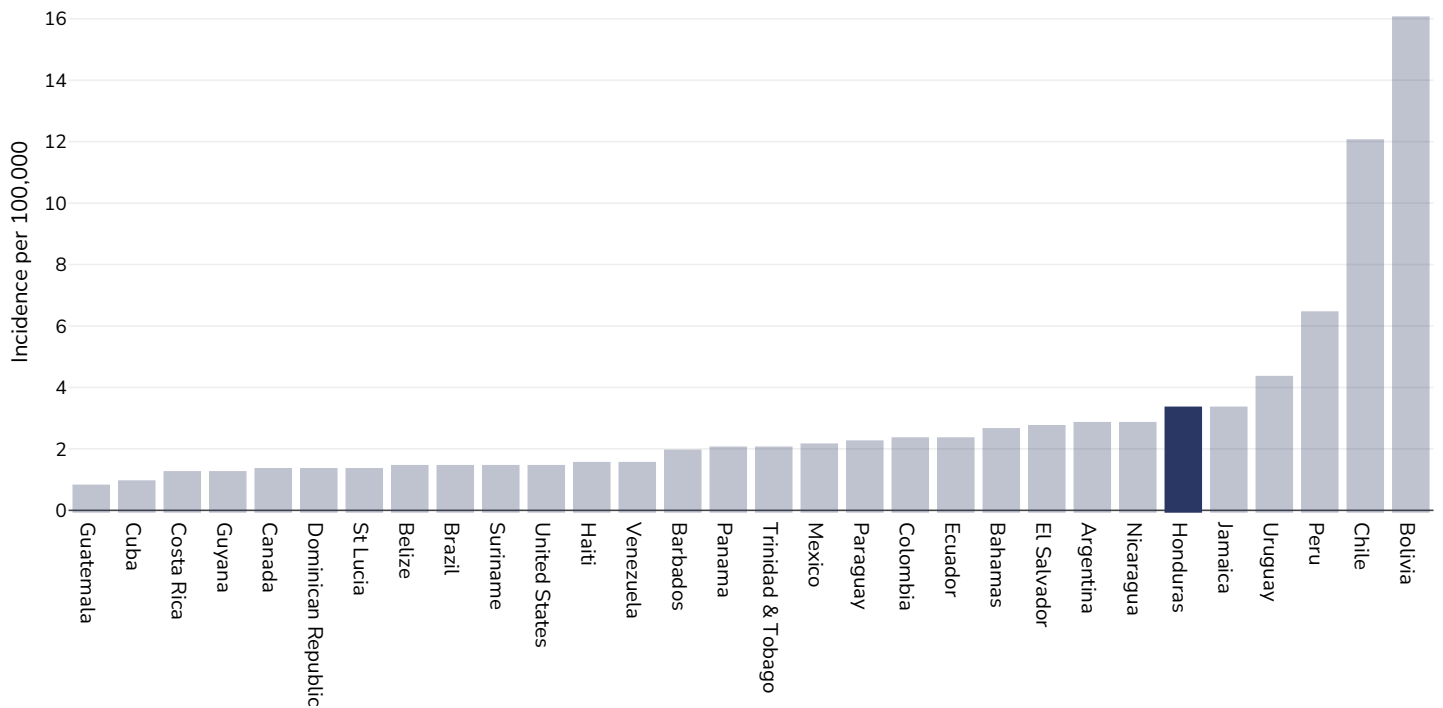

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Cancer of the uterus
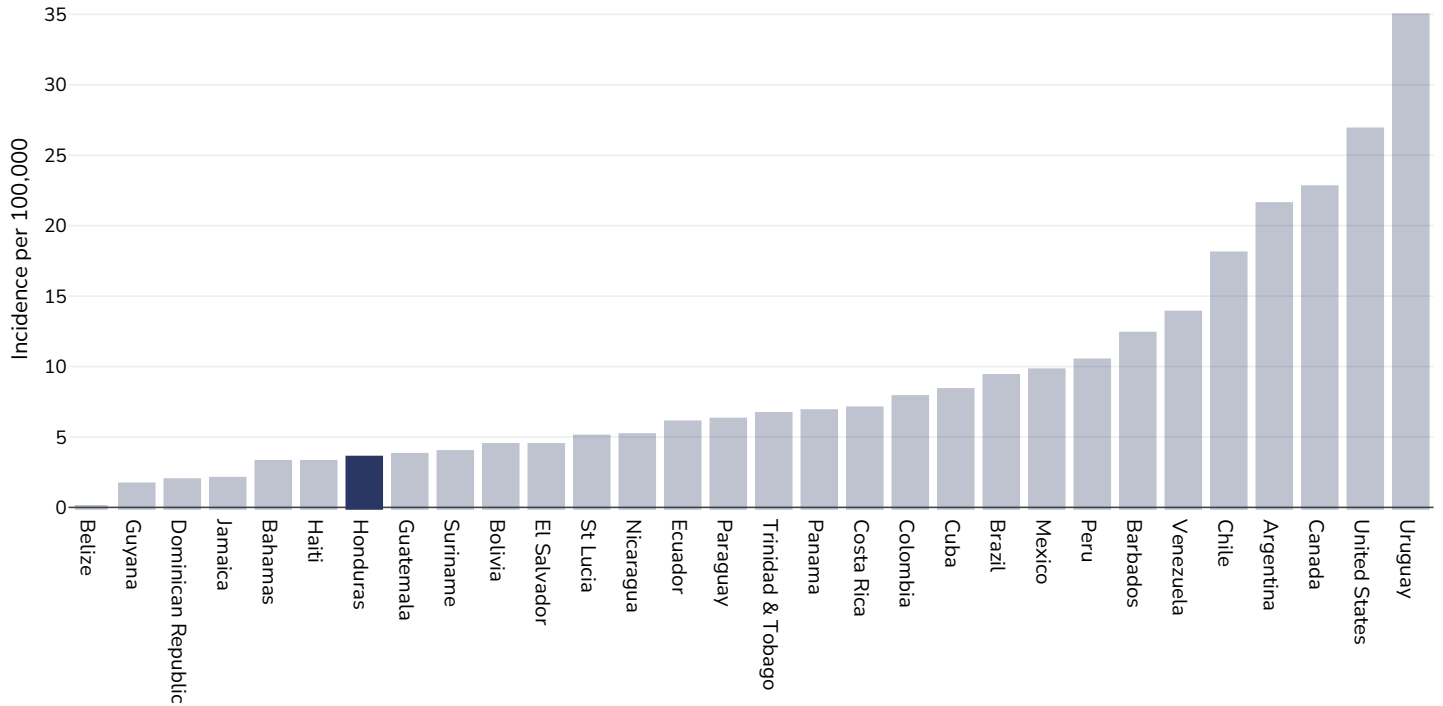
Women, 2020

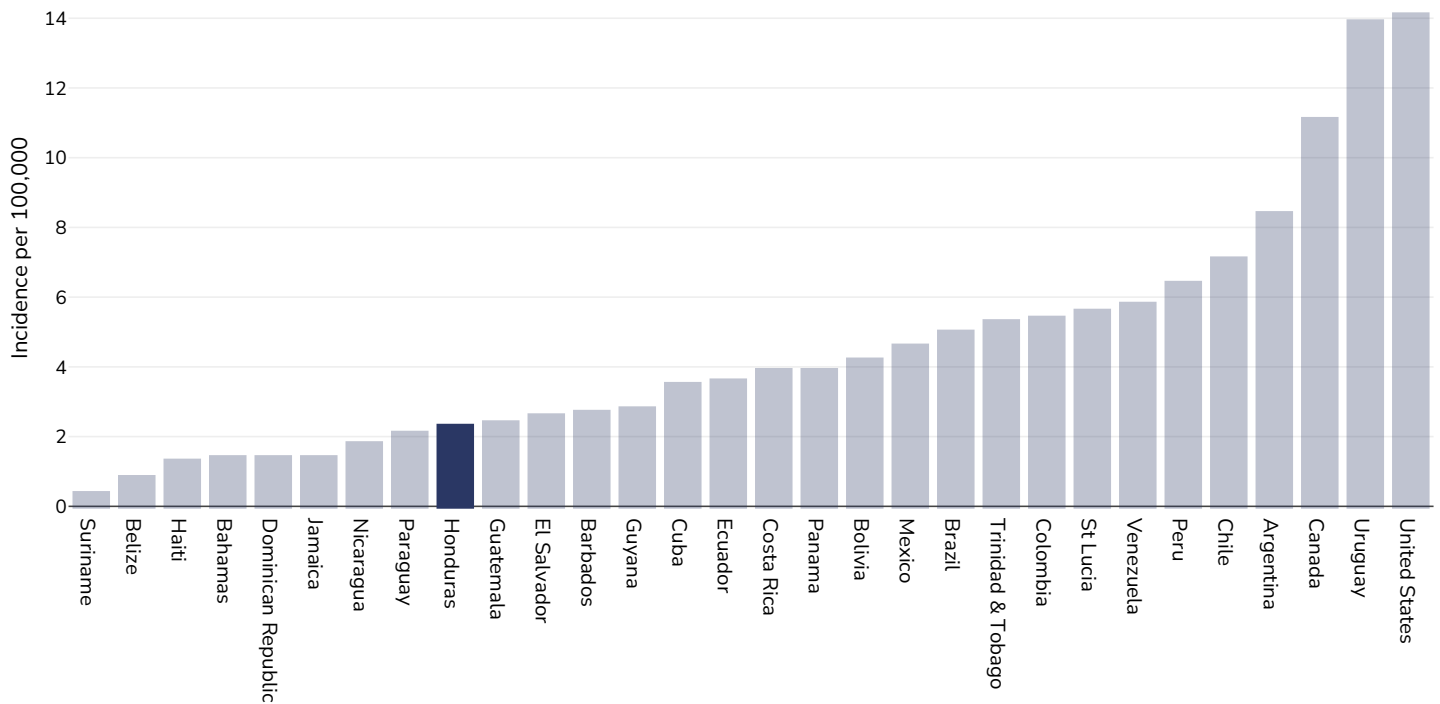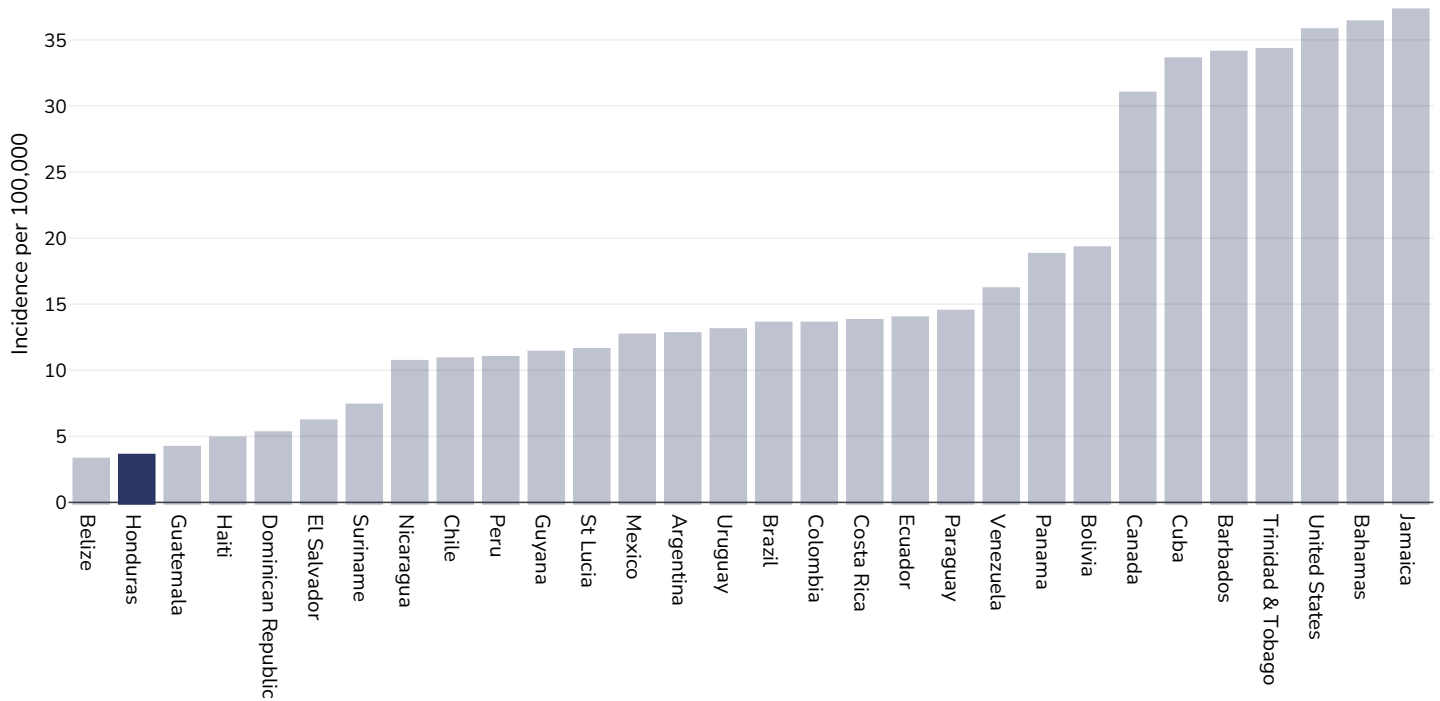
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2173
Definitions:	Age-standardized indicence rates per 100 000

Raised blood pressure

Adults, 2015
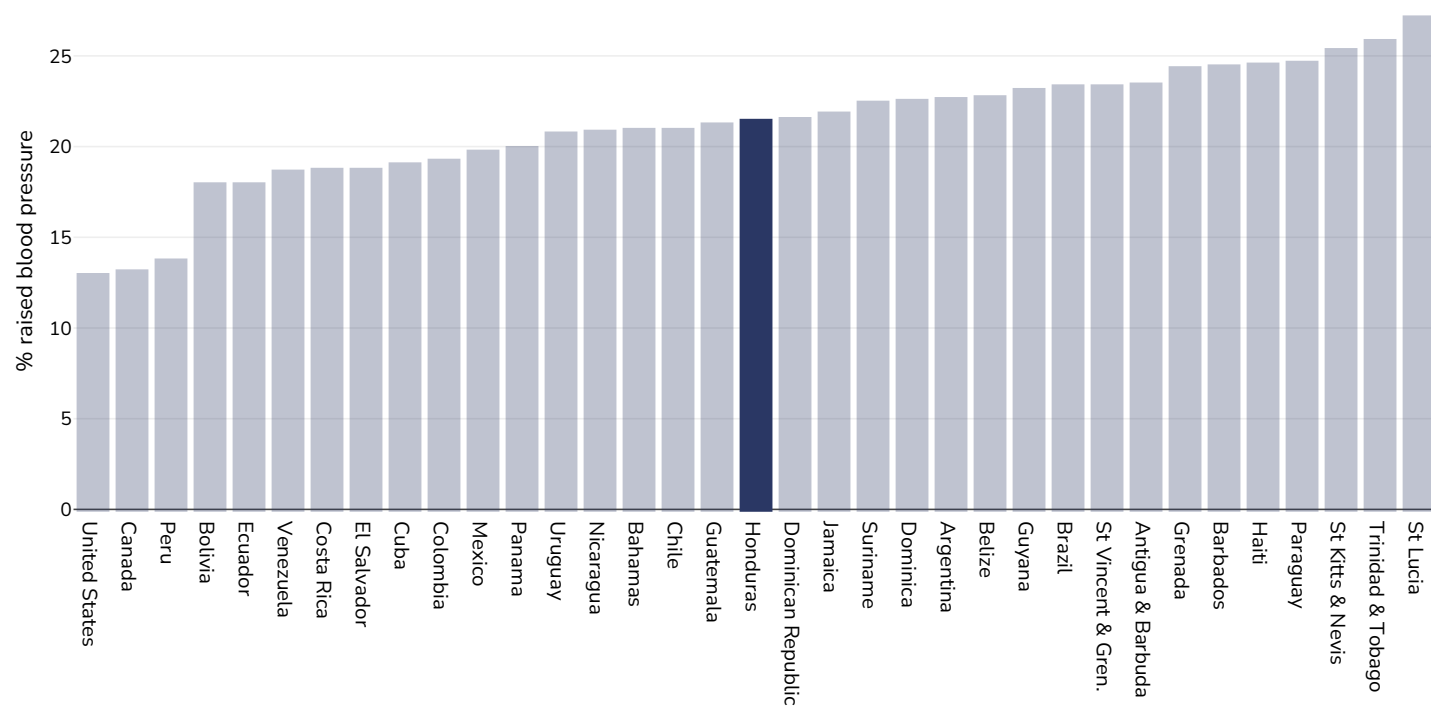
References: Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Men, 2015
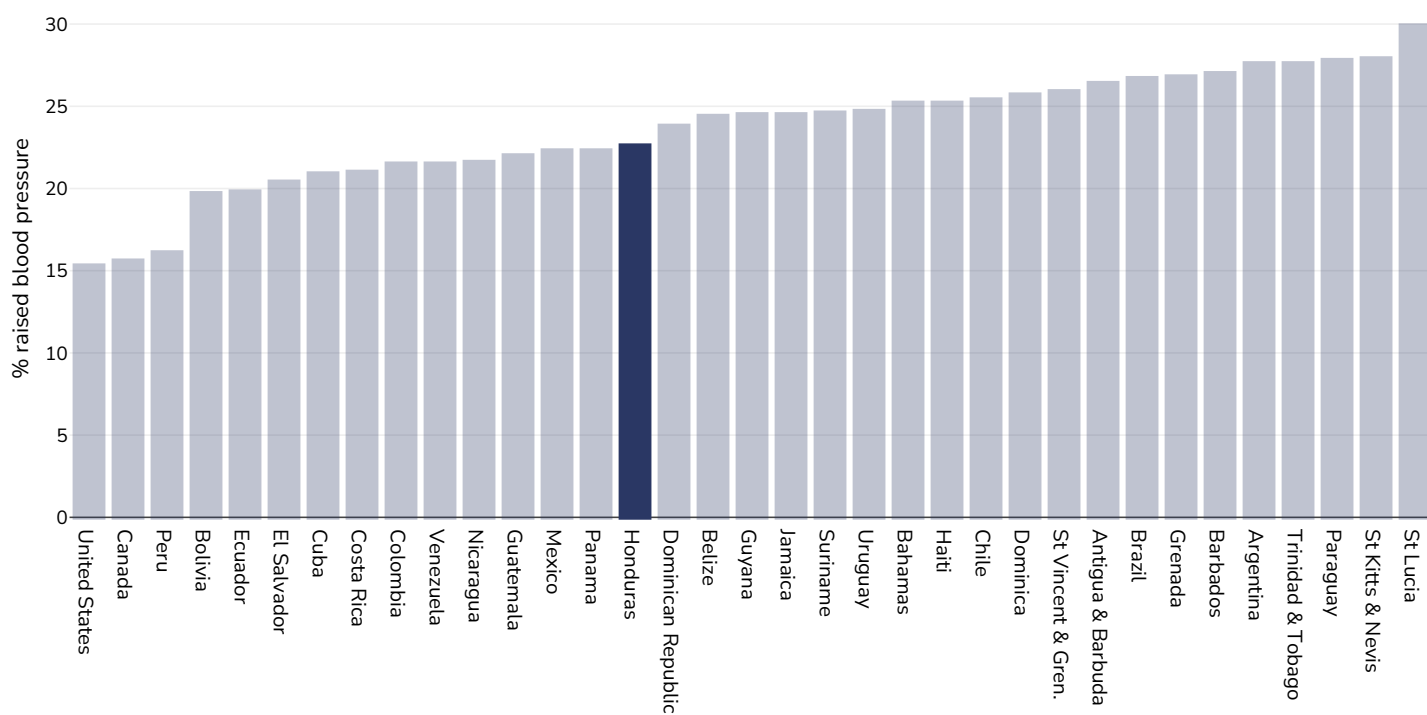
% raised blood pressure

Countries (left to right): United States, Canada, Peru, Bolivia, Ecuador, El Salvador, Cuba, Costa Rica, Colombia, Venezuela, Nicaragua, Guatemala, Mexico, Panama, Honduras, Dominican Republic, Belize, Guyana, Jamaica, Suriname, Uruguay, Bahamas, Haiti, Chile, Dominica, St Vincent & Gren., Antigua & Barbuda, Brazil, Grenada, Barbados, Argentina, Trinidad & Tobago, Paraguay, St Kitts & Nevis, St Lucia

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Women, 2015
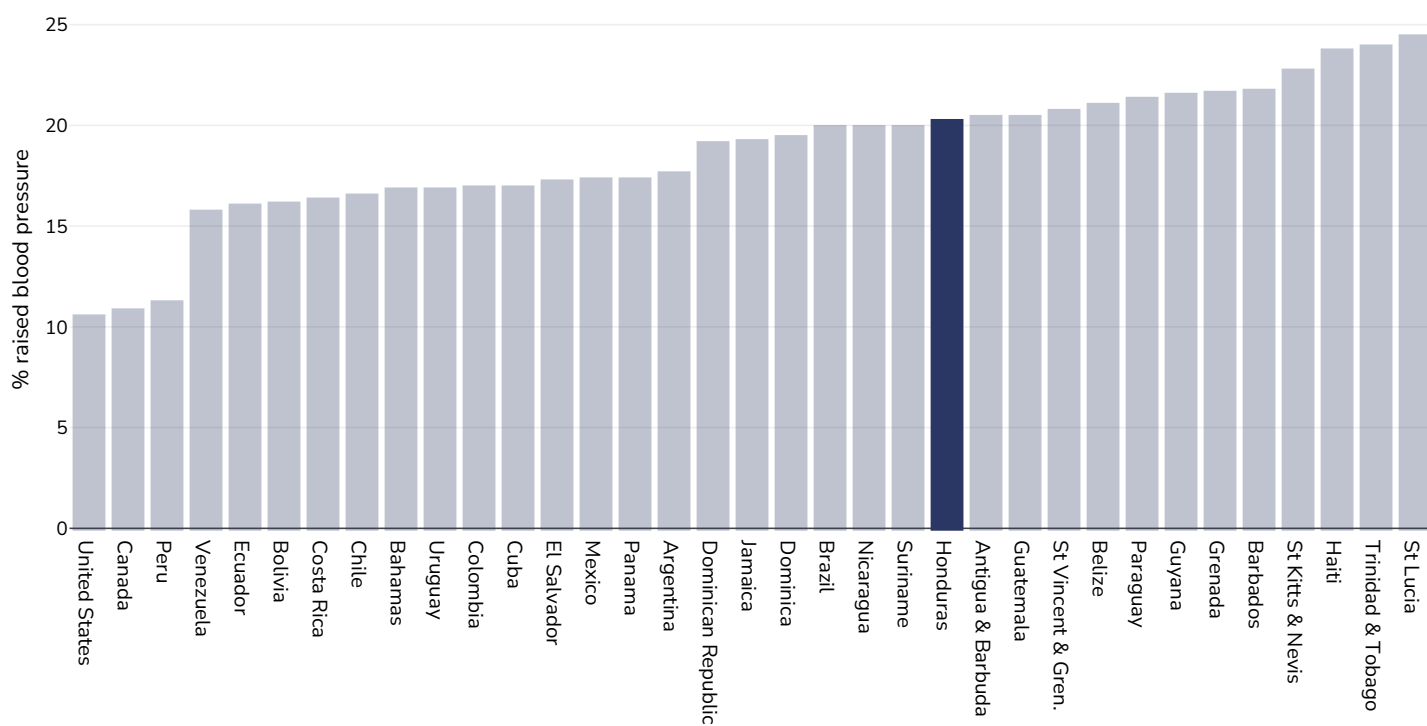
% raised blood pressure

Country	
United States	
Canada	
Peru	
Venezuela	
Ecuador	
Bolivia	
Costa Rica	
Chile	
Bahamas	
Uruguay	
Colombia	
Cuba	
El Salvador	
Mexico	
Panama	
Argentina	
Dominican Republic	
Jamaica	
Dominica	
Brazil	
Nicaragua	
Suriname	
Honduras	
Antigua & Barbuda	
Guatemala	
St Vincent & Gren.	
Belize	
Paraguay	
Guyana	
Grenada	
Barbados	
St Kitts & Nevis	
Haiti	
Trinidad & Tobago	
St Lucia	

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Raised cholesterol

Adults, 2008

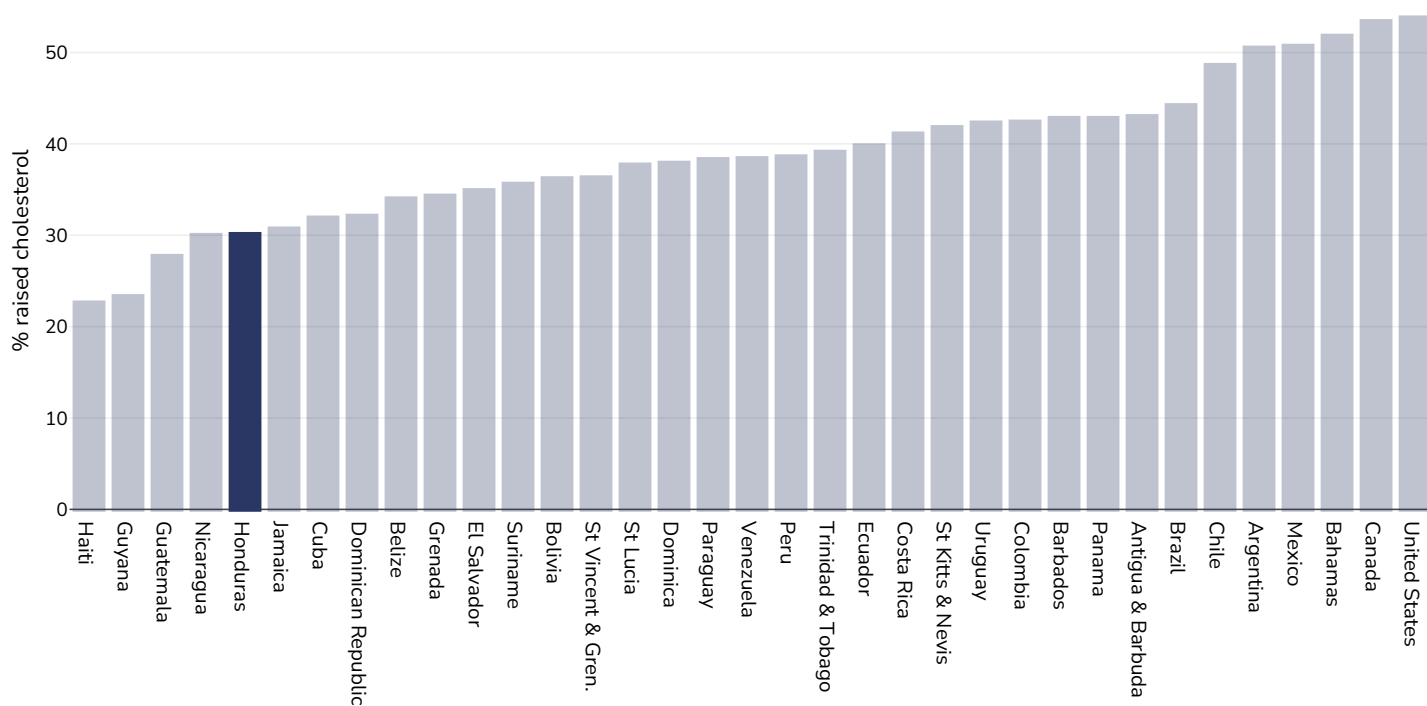**% raised cholesterol** (y-axis)

Countries (x-axis, left to right): Haiti, Guyana, Guatemala, Nicaragua, Honduras, Jamaica, Cuba, Dominican Republic, Belize, Grenada, El Salvador, Suriname, Bolivia, St Vincent & Gren., St Lucia, Dominica, Paraguay, Venezuela, Peru, Trinidad & Tobago, Ecuador, Costa Rica, St Kitts & Nevis, Uruguay, Colombia, Barbados, Panama, Antigua & Barbuda, Brazil, Chile, Argentina, Mexico, Bahamas, Canada, United States

References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008
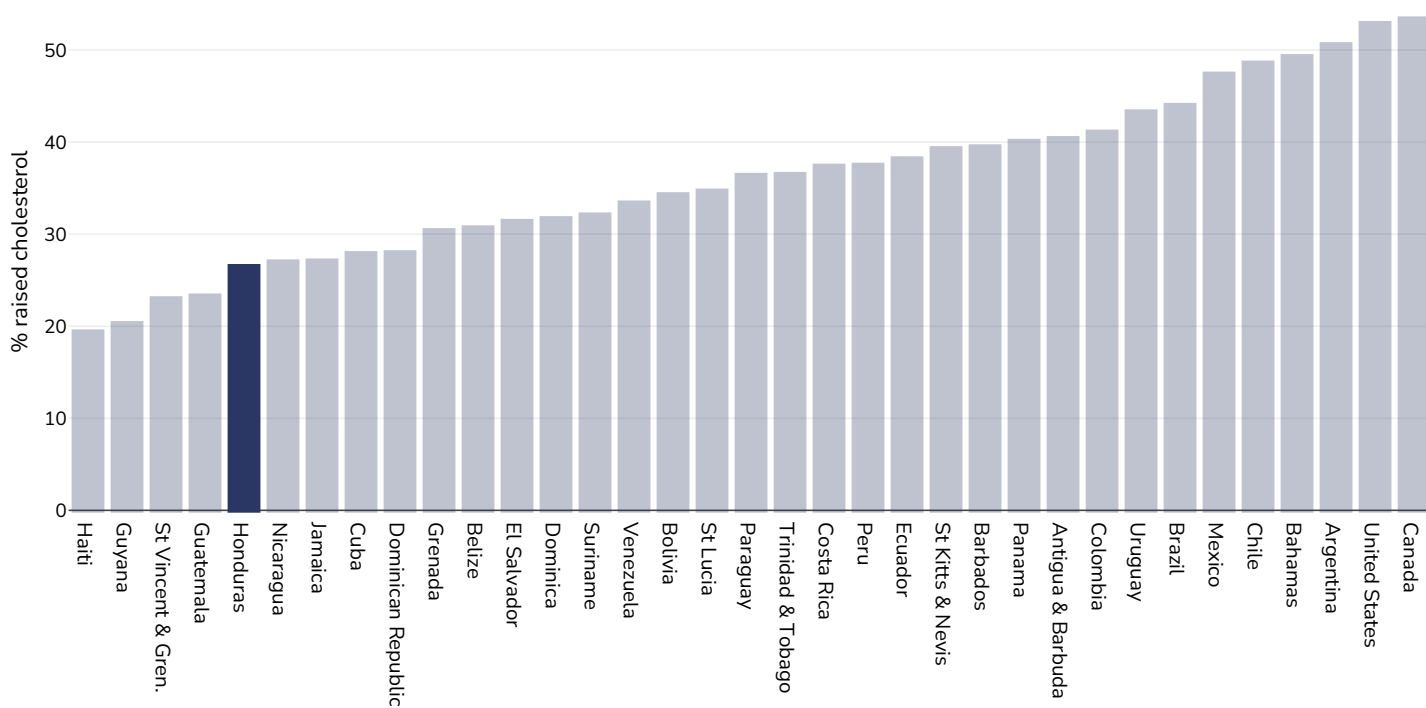
% raised cholesterol

References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Women, 2008
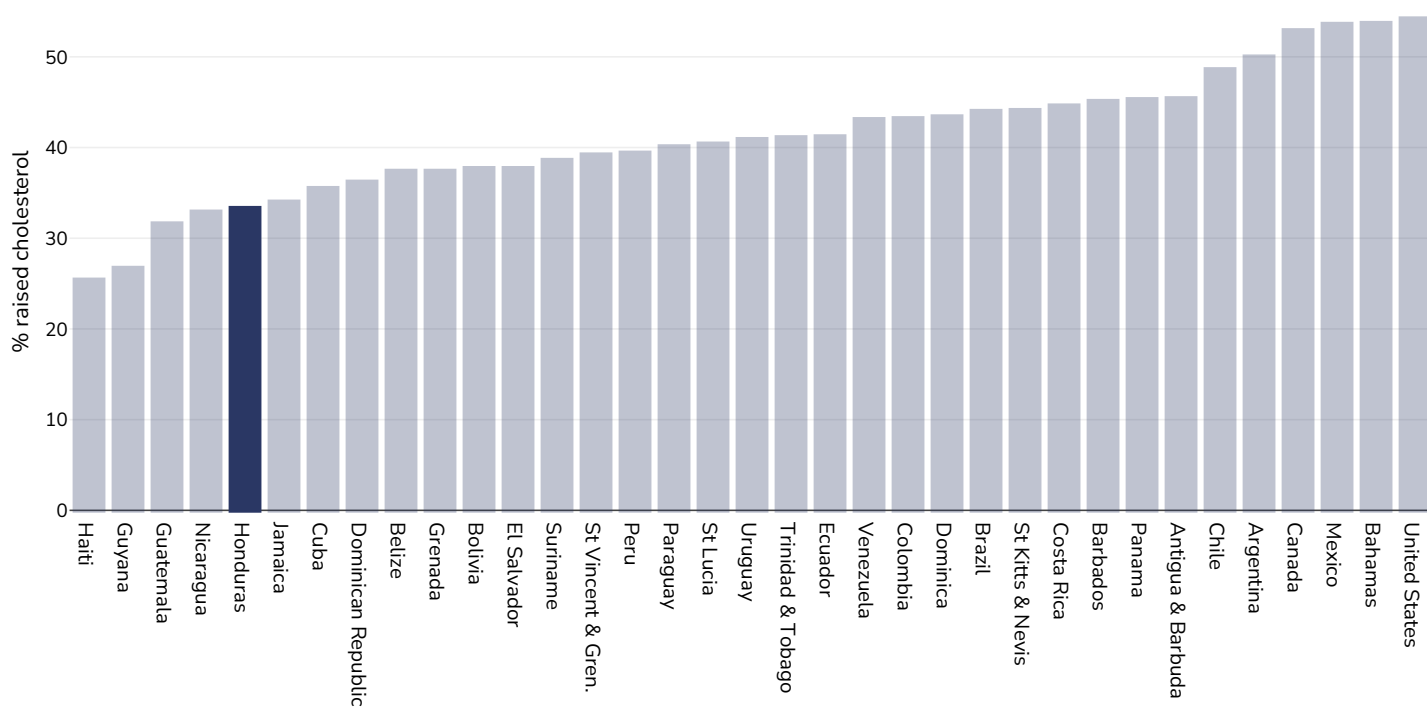
References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

Men, 2014
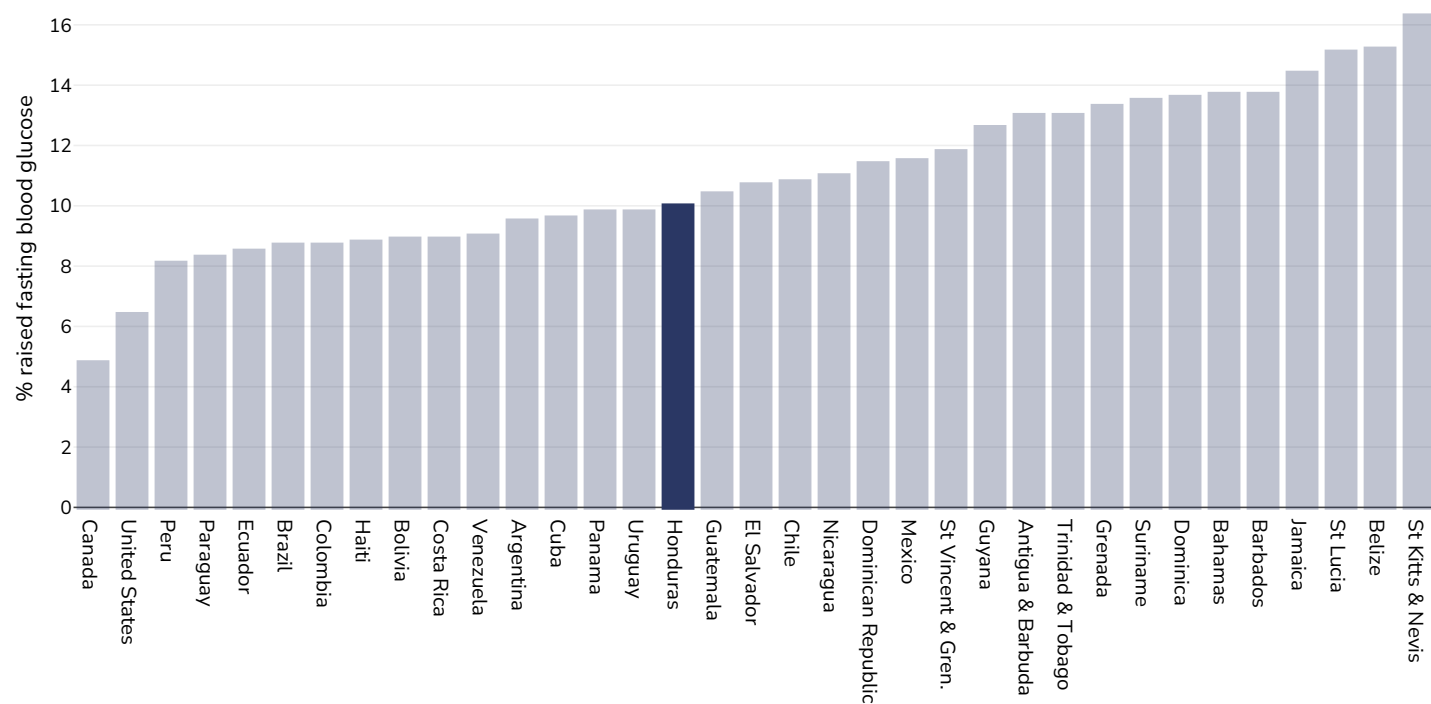
References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Women, 2014

% raised fasting blood glucose

Canada, Bolivia, Peru, Cuba, Ecuador, Brazil, Paraguay, United States, Colombia, Dominica, Honduras, Dominican Republic, Haiti, Costa Rica, Grenada, Guatemala, Panama, Guyana, Uruguay, Nicaragua, El Salvador, Jamaica, St Vincent & Gren., Antigua & Barbuda, Argentina, Venezuela, Belize, Chile, Trinidad & Tobago, Barbados, Mexico, Suriname, Bahamas, St Kitts & Nevis, St Lucia
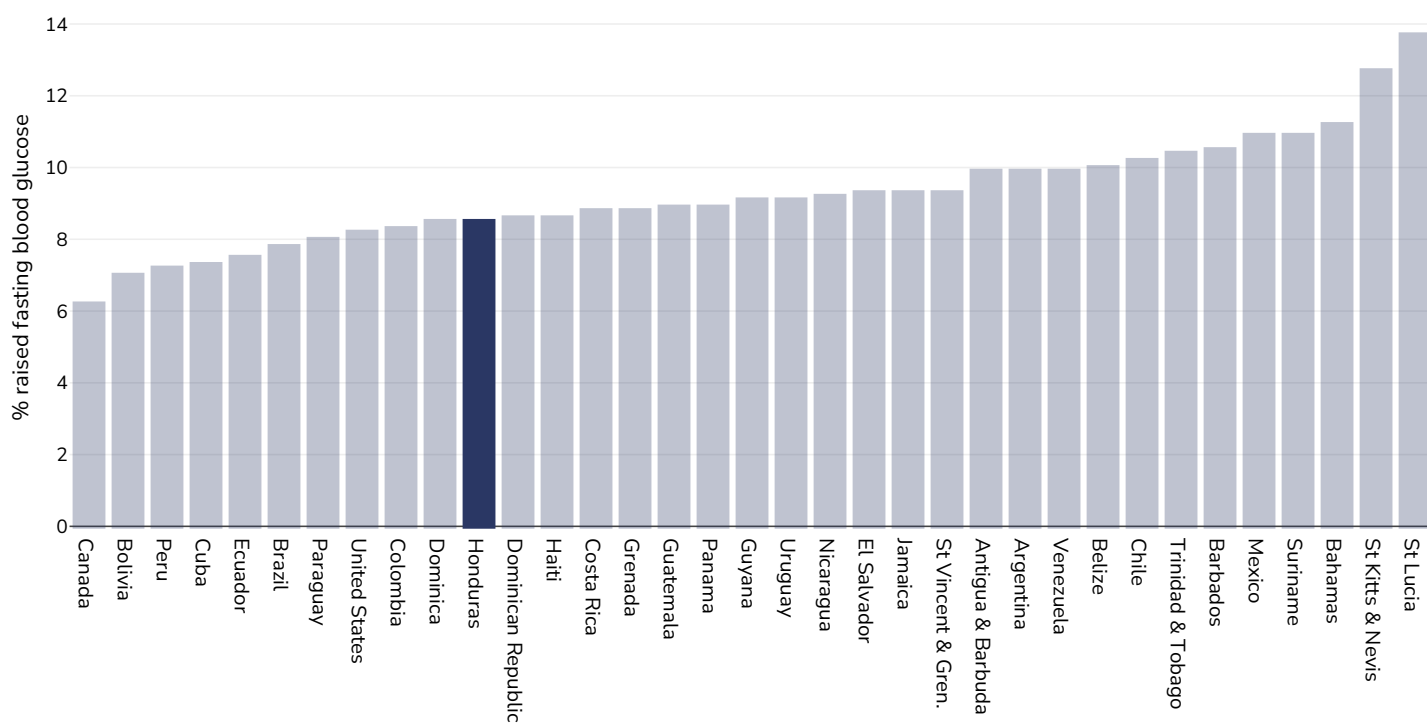
References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2021
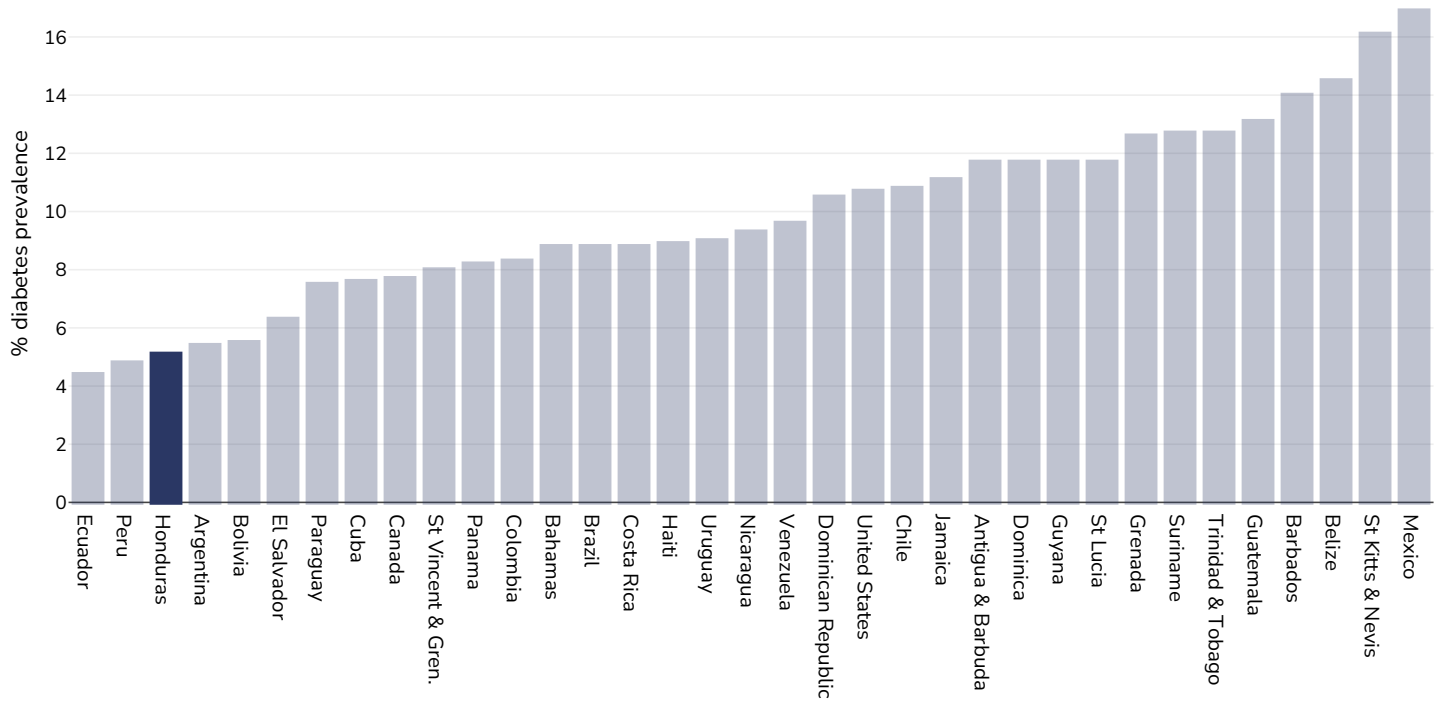
Age:	20-79
Area covered:	National
References:	Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org
Definitions:	Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	✗
Back-of-pack nutrition declaration?	✓
Color coding?	✗
Warning label?	✗

Regulation and marketing

Are there fiscal policies on unhealthy products?	✗
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✗
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✗
Mandatory limit of trans fats in place (all settings)?	✗
Ban on trans-fats or phos in place (all settings)?	✗
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Are there mandatory standards for food in schools?	✓
Are there any mandatory nutrient limits in any manufactured food products?	✓
Nutrition standards for public sector procurement?	✓

Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✅
National obesity strategy?	✅
National childhood obesity strategy?	✅
Comprehensive nutrition strategy?	✅
Comprehensive physical activity strategy?	✅
Evidence-based dietary guidelines and/or RDAs?	✅
National target(s) on reducing obesity?	✅
Guidelines/policy on obesity treatment?	❌
Promotion of breastfeeding?	✅

Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✅
Within 5 years?	❌

Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	❓

Key

✅ Present   ✅ᵥ Present (voluntary)   ✅ Incoming   ❌ Absent   ❓ Unknown

Last updated December 22, 2022

PDF created on June 27, 2024