Guyana



Country report card - under-5s

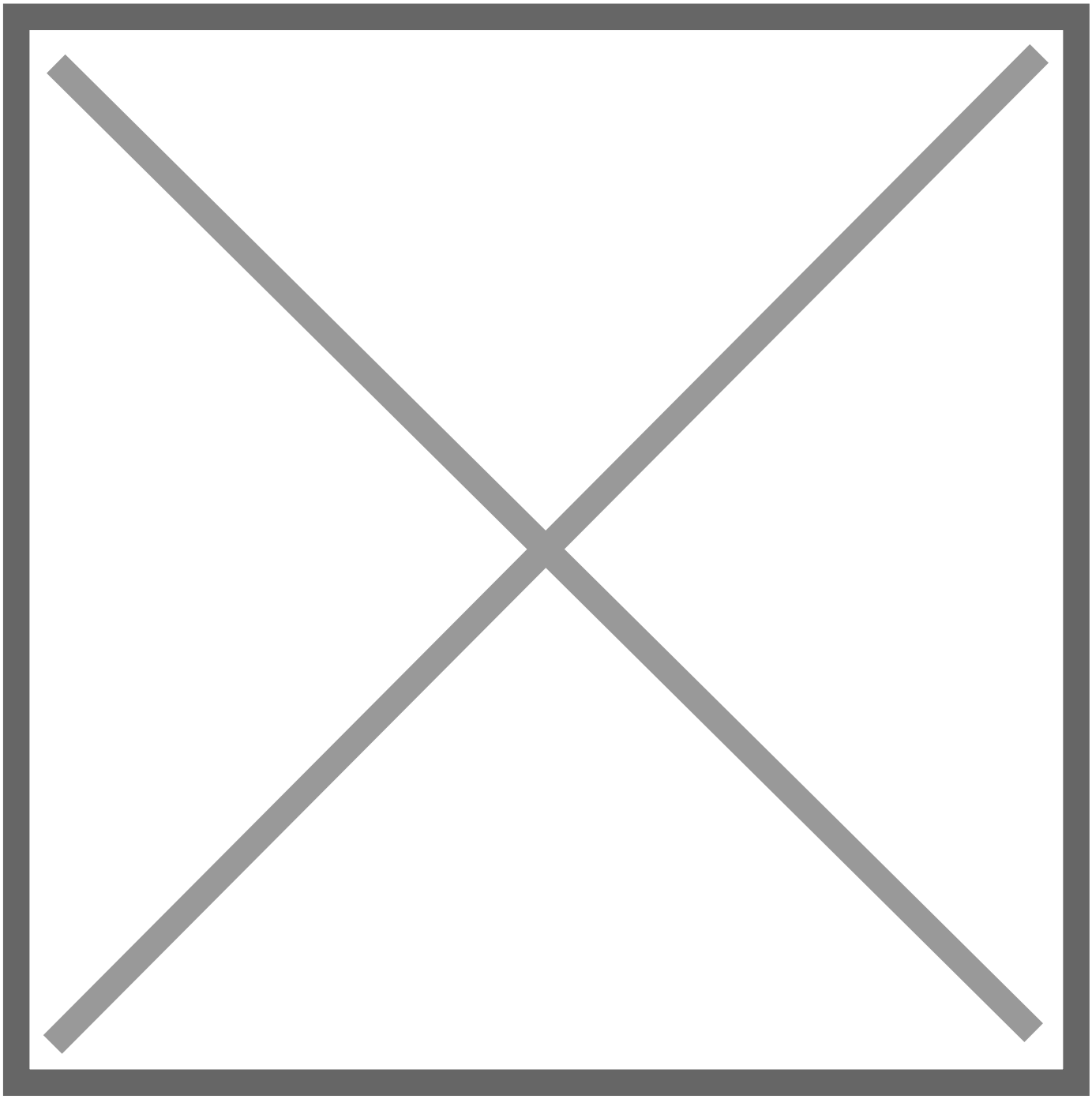
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/guyana-89/.

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Obesity prevalence

0-5 years, 2019-2020

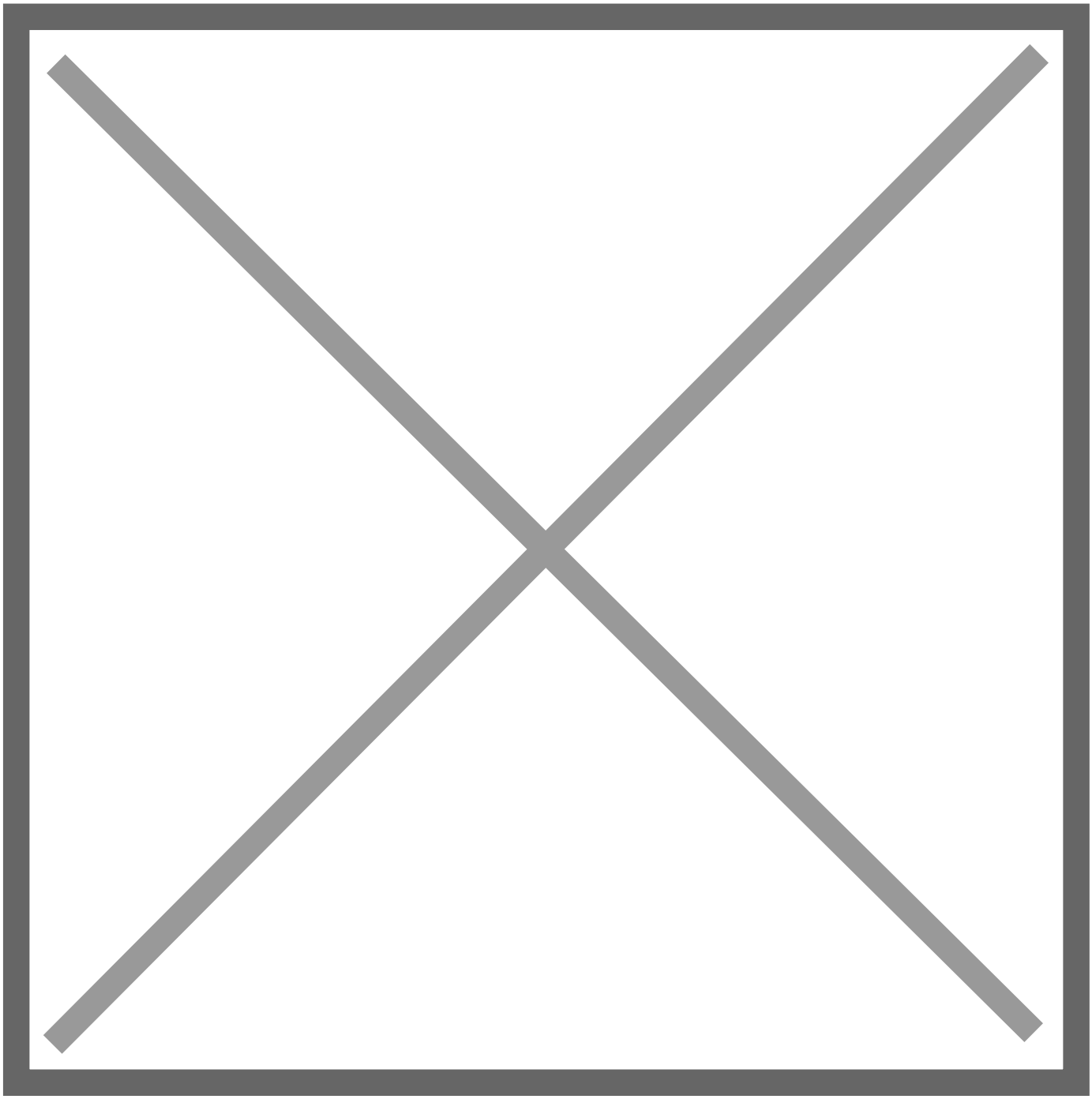


Survey type:	Measured
Age:	0-5
Sample size:	2626
Area covered:	National
References:	Government of Guyana and UNICEF. 2021. Guyana Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Georgetown, Guyana: UNICEF. Available at https://mics-surveys-prod.s3.amazonaws.com/MICS6/Latin%20America%20and%20Caribbean/Guyana/2019-2020/Survey%20findings/Guyana%202019-20%20MICS%20Survey%20Findings%20Report_English.pdf (last accessed 11.05.21)

Notes:	Infants
Definitions:	Weight for Height + 2SD-3SD +> 3SD
Cutoffs:	Other

Overweight/obesity by education

0-5 years, 2019-2020

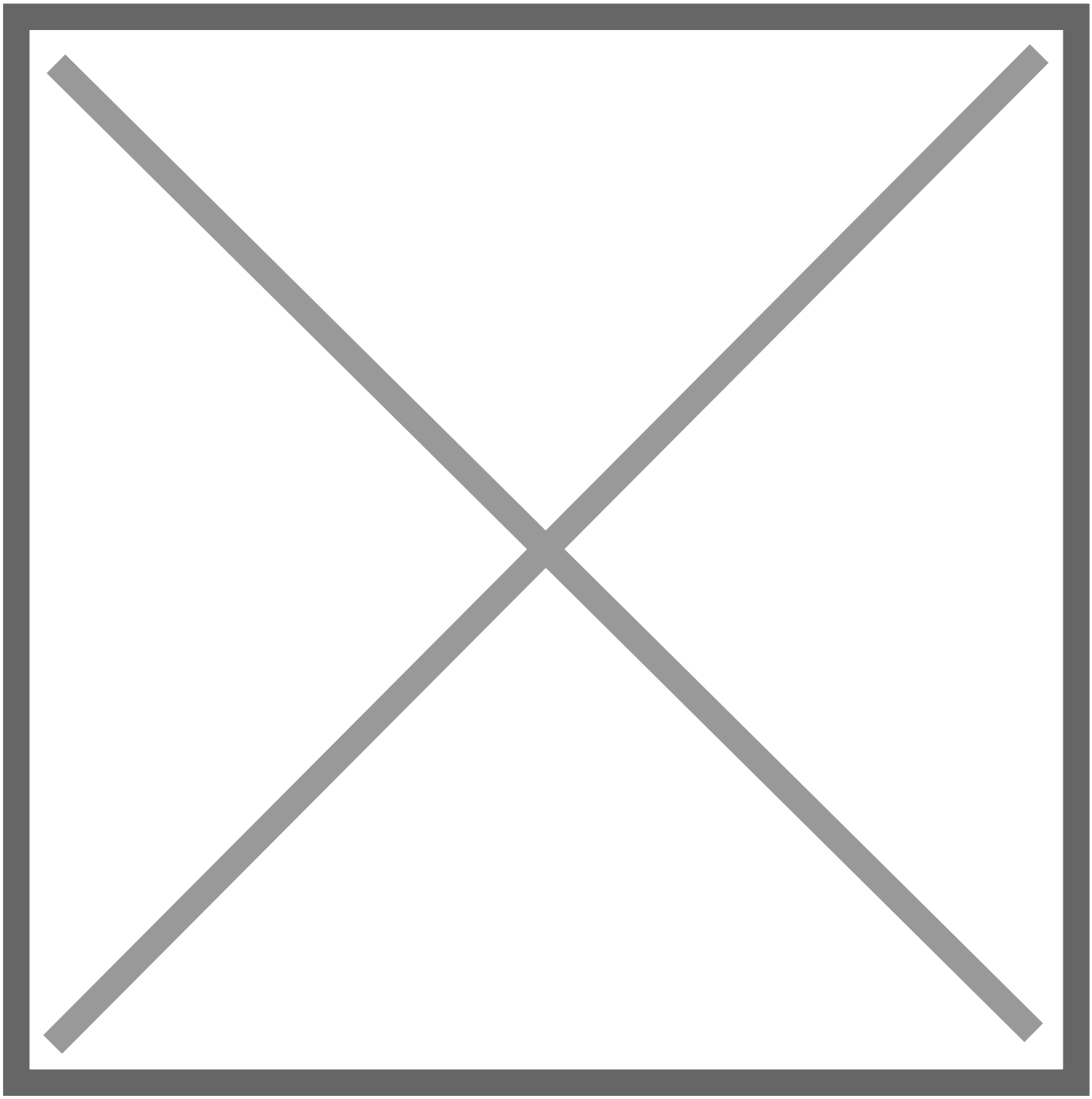


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Notes:	Infants Pre-Primary sample excluded as too small (n=35) Missing data n=29
Definitions:	Weight for Height + 2SD-3SD +> 3SD
Cutoffs:	Other

Overweight/obesity by region

0-5 years, 2019-2020

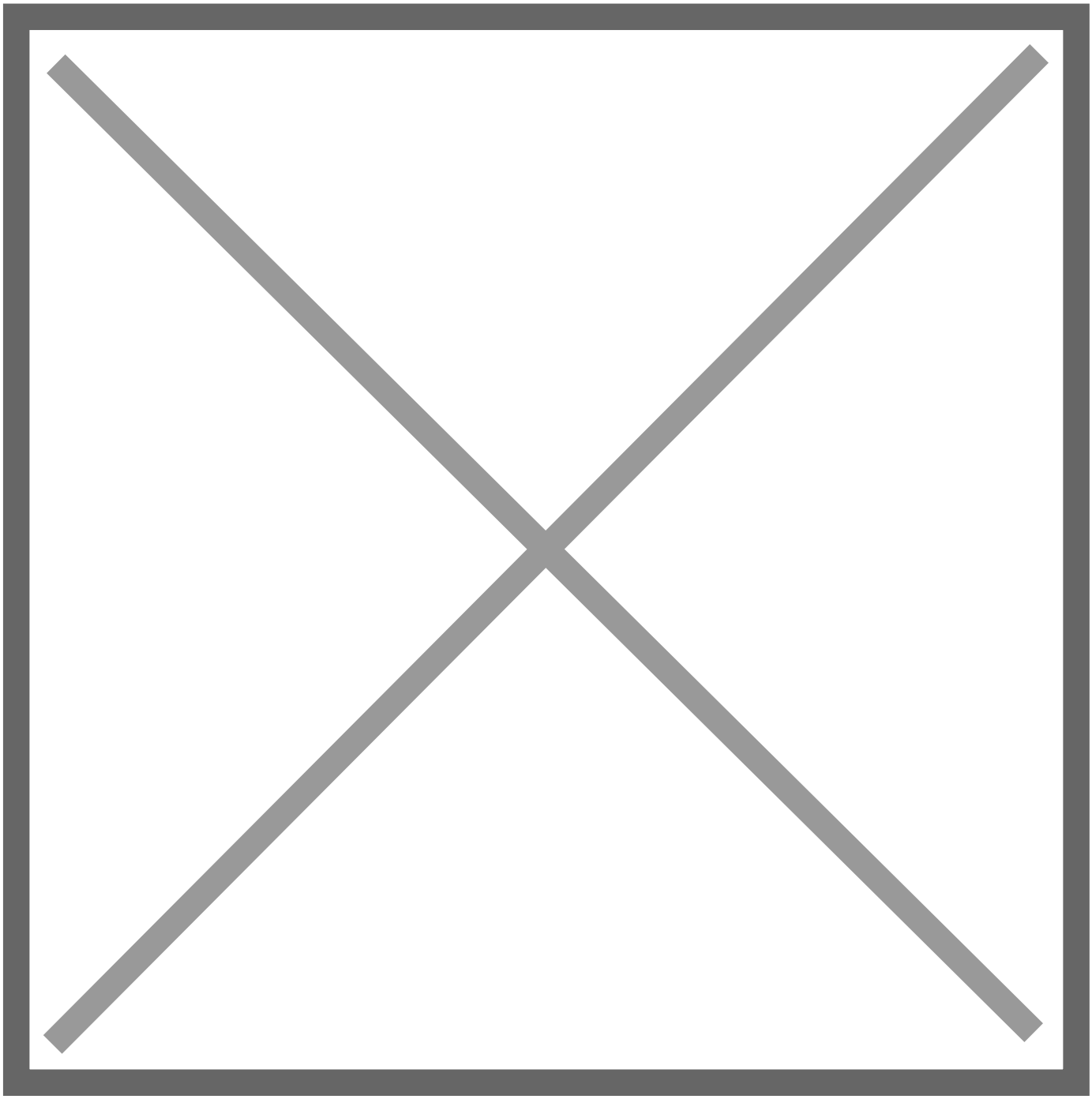


Survey type:	Self-reported
Sample size:	2626
Area covered:	National
References:	Government of Guyana and UNICEF. 2021. Guyana Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Georgetown, Guyana: UNICEF. Available at https://mics-surveys-prod.s3.amazonaws.com/MICS6/Latin%20America%20and%20Caribbean/Guyana/2019-2020/Survey%20findings/Guyana%202019-20%20MICS%20Survey%20Findings%20Report_English.pdf (last accessed 11.05.21)

Notes:	Infants
Definitions:	Weight for Height + 2SD-3SD +> 3SD
Cutoffs:	Other

Overweight/obesity by socio-economic group

0-5 years, 2019-2020



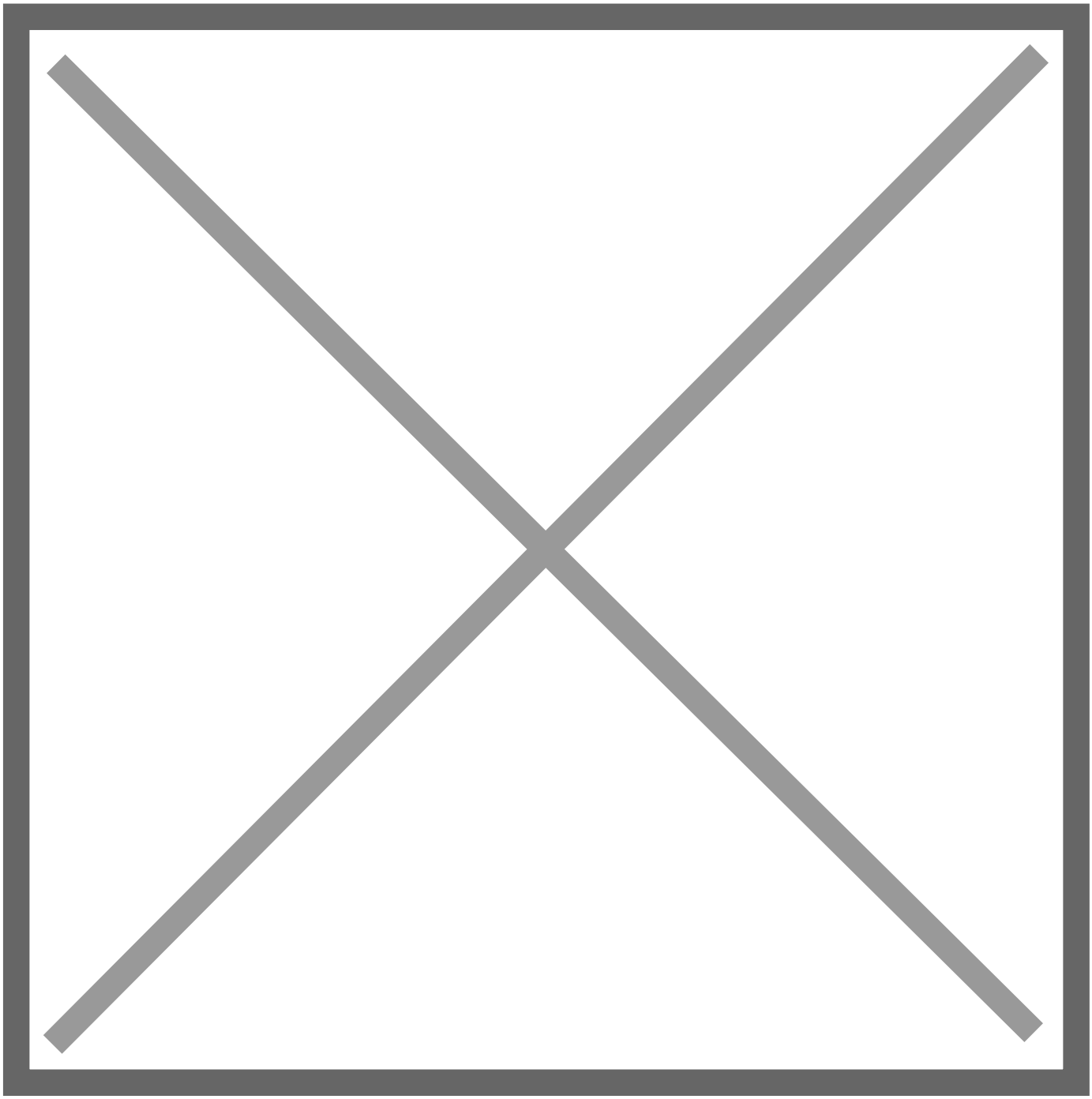
Survey type:	Measured
Sample size:	2626
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References:	Government of Guyana and UNICEF. 2021. Guyana Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Georgetown, Guyana: UNICEF. Available at https://mics-surveys-prod.s3.amazonaws.com/MICS6/Latin%20America%20and%20Caribbean/Guyana/2019-2020/Survey%20findings/Guyana%202019-20%20MICS%20Survey%20Findings%20Report_English.pdf (last accessed 11.05.21)

Notes:	Infants
Definitions:	Weight for Height + 2SD-3SD +> 3SD
Cutoffs:	Other

Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

0-5 years, 2019-2020

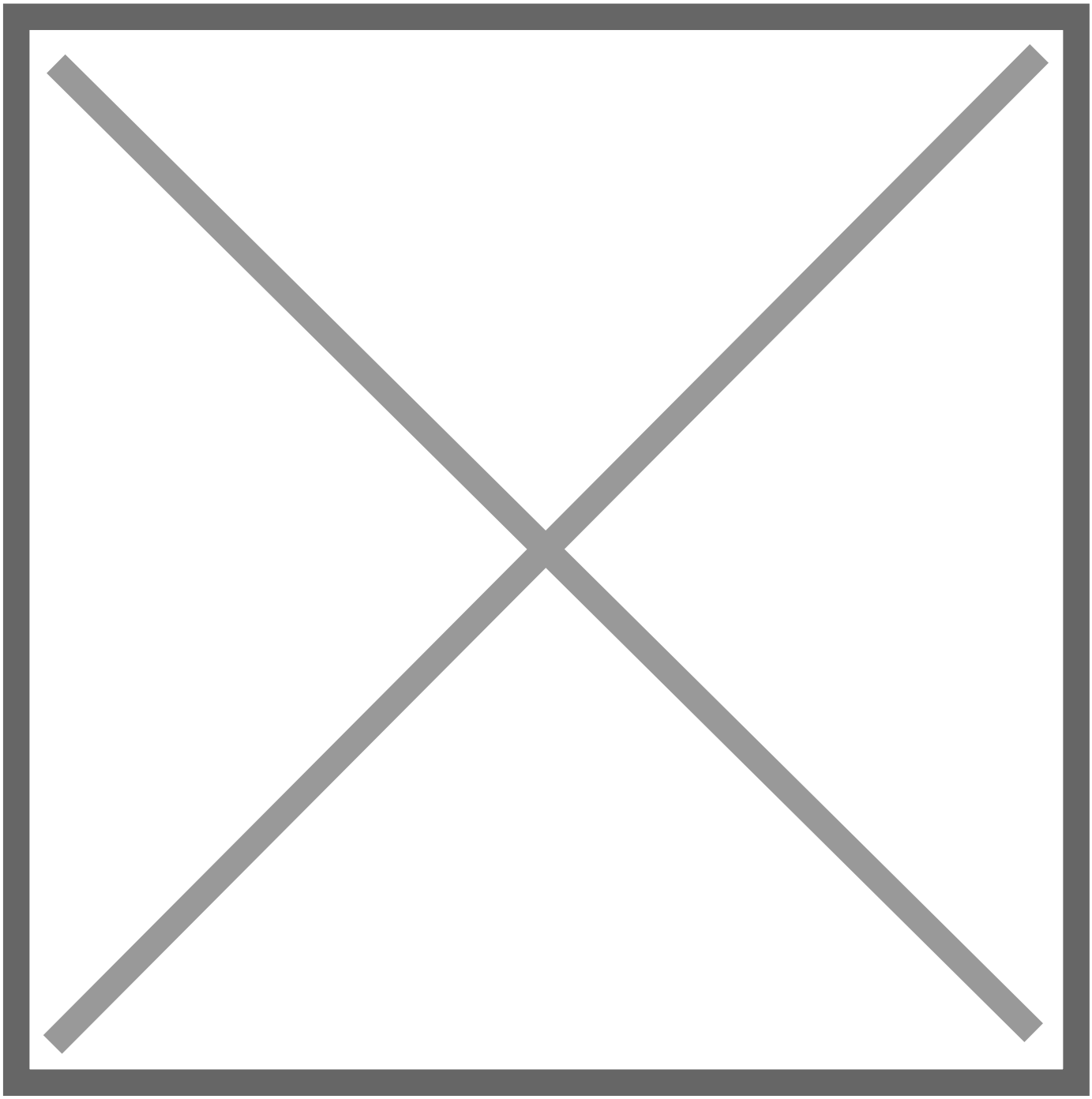


Survey type:	Measured
Sample size:	2626
Area covered:	National

References:	Government of Guyana and UNICEF. 2021. Guyana Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Georgetown, Guyana: UNICEF. Available at https://mics-surveys-prod.s3.amazonaws.com/MICS6/Latin%20America%20and%20Caribbean/Guyana/2019-2020/Survey%20findings/Guyana%202019-20%20MICS%20Survey%20Findings%20Report_English.pdf (last accessed 11.05.21)
Notes:	Infants
Definitions:	Weight for Height + 2SD-3SD +> 3SD
Cutoffs:	Other

Double burden of underweight & obesity

0-5 years, 2019

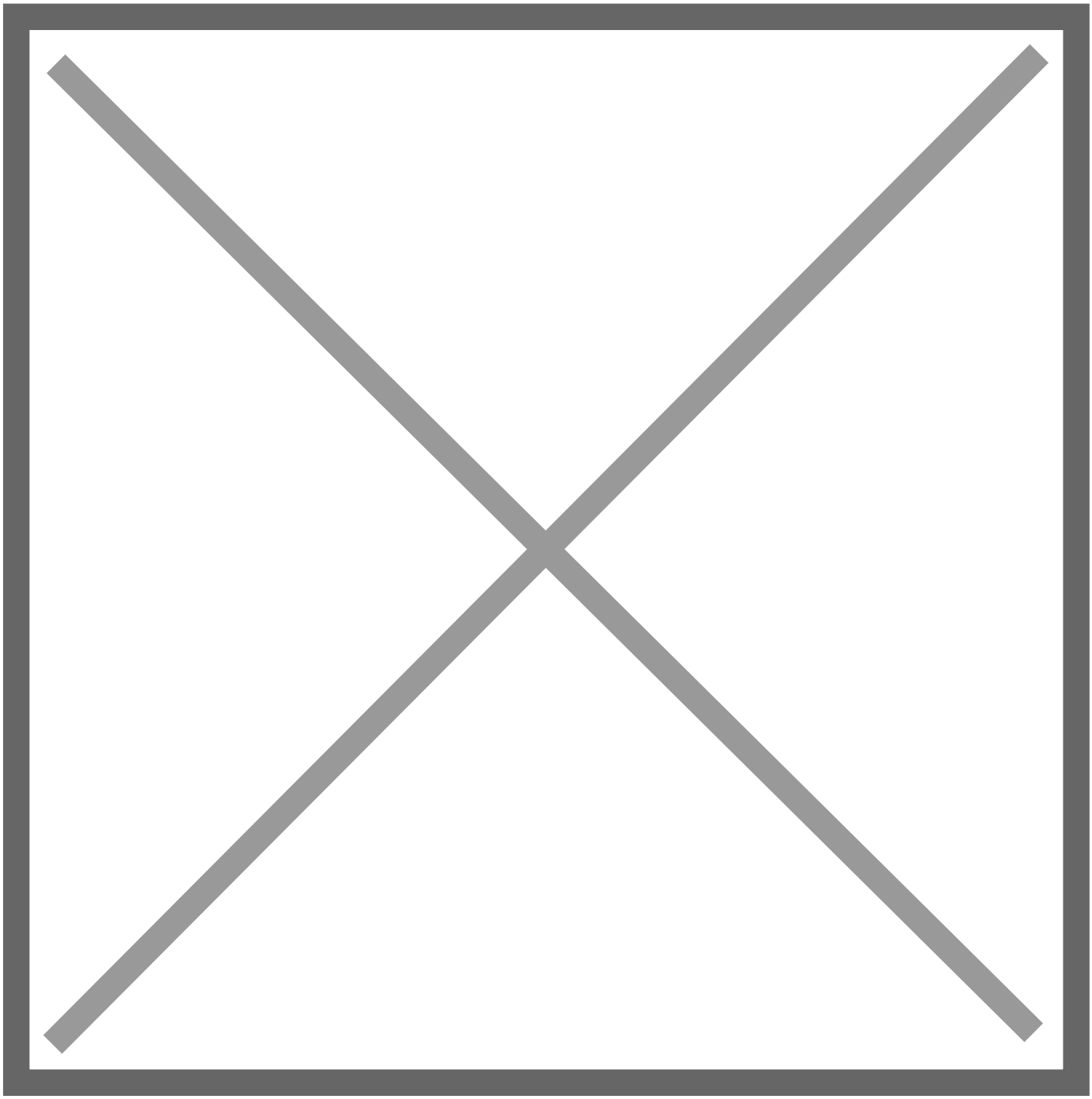


Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Guyana Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Georgetown, Guyana: UNICEF

Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

% Infants exclusively breastfed 0-5 months

0-5 years, 2011-2024



Area covered:	National
References:	Guyana Multiple Indicator Cluster Survey 2019-2020, Survey Findings Report. Georgetown, Guyana: UNICEF
Notes:	Full details available at source: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.
Definitions:	Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

PDF created on October 12, 2026