

An Ghuáin



Policies, Interventions and Actions

Food-based dietary guidelines for Guyana

A situation analysis of the Health and Nutrition Profile of Guyana was carried out to examine and diagnose the health and nutrition status of the population. Through this process it was determined that the nutritional guidelines were set to address the prevention and reduction of the priority risks and challenges identified in the situation analysis and for the promotion of healthy diets and lifestyles. A group of nutritionists and dieticians were then tasked with developing a technical document to define nutrition goals and to also identify the types and quantities of food that the population should eat. Based on these recommendations, food groups were outlined and key messages drafted. This was followed by a period of behaviour field testing to ascertain the populations' willingness and ability to meet recommendations and to identify appropriate language and graphic recommendation. (Available only in English language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2018 (ongoing)
Target age group:	Daoine fásta agus páistí
Organisation:	Food Policy Division under the Ministry of Health, with support from FAO
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/guyana/en/

Pan American Health Organization (PAHO) - Plan of Action for the Prevention of Obesity in Children and Adolescents

This 5-year action plan was signed by PAHO member countries, aiming to halt the rise in obesity among children and adolescents. It calls for a number of policies, including taxes on unhealthy food and drink, labelling and marketing regulation, health promotion, school nutrition improvement, and breastfeeding promotion.

Categories:	Transnational Obesity Strategies/Policy/Recommendations or Action Plan
Year(s):	2014-2019
Target age group:	Páistí
Organisation:	Pan American Health Organisation (PAHO), WHO for the Americas
Find out more:	iris.paho.org
Linked document:	Download linked document
References:	PAHO. Plan of Action for the Prevention of Obesity in Children and Adolescents. WHO; 2014.

Strategic Plan 2013-2020: Integrated Prevention and Control of Non Communicable Disease in Guyana

This strategic plan for NCDs utilizes the Caribbean Strategic Plan of Action for the Prevention and Control of NCDs as a framework to address the top four causes of premature death in Guyana: cardiovascular diseases, cancer, diabetes and chronic respiratory diseases ensuring a multi-sectoral, integrated approach is maintained.

Categories:	Evidence of NCD strategy
Year(s):	2013-2020
Target age group:	Daoine fásta agus páistí
Organisation:	Ministry of Health
Linked document:	Download linked document

CARICOM Regional Standard: Specification for labelling of pre-packaged foods (CRS 5: 2010)

Voluntary national labelling guidelines for packaged foods and drinks in place but mandatory when there is a health or nutrition claim. (Available only in English language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2010 (ongoing)
Target age group:	Daoine fásta agus páistí
Organisation:	CARICOM Regional Organisation for Standards and Quality
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25355 (last accessed 10.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Food Based dietary Guidelines Task Force

National Multisectoral stakeholder mechanism in place (such as Coalition, Taskforce, Committee) for Obesity or Nutrition (including obesity).

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Target age group:	Daoine fásta agus páistí
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/26985 (last accessed 10.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

PDF created on July 16, 2025