



Gvatemala



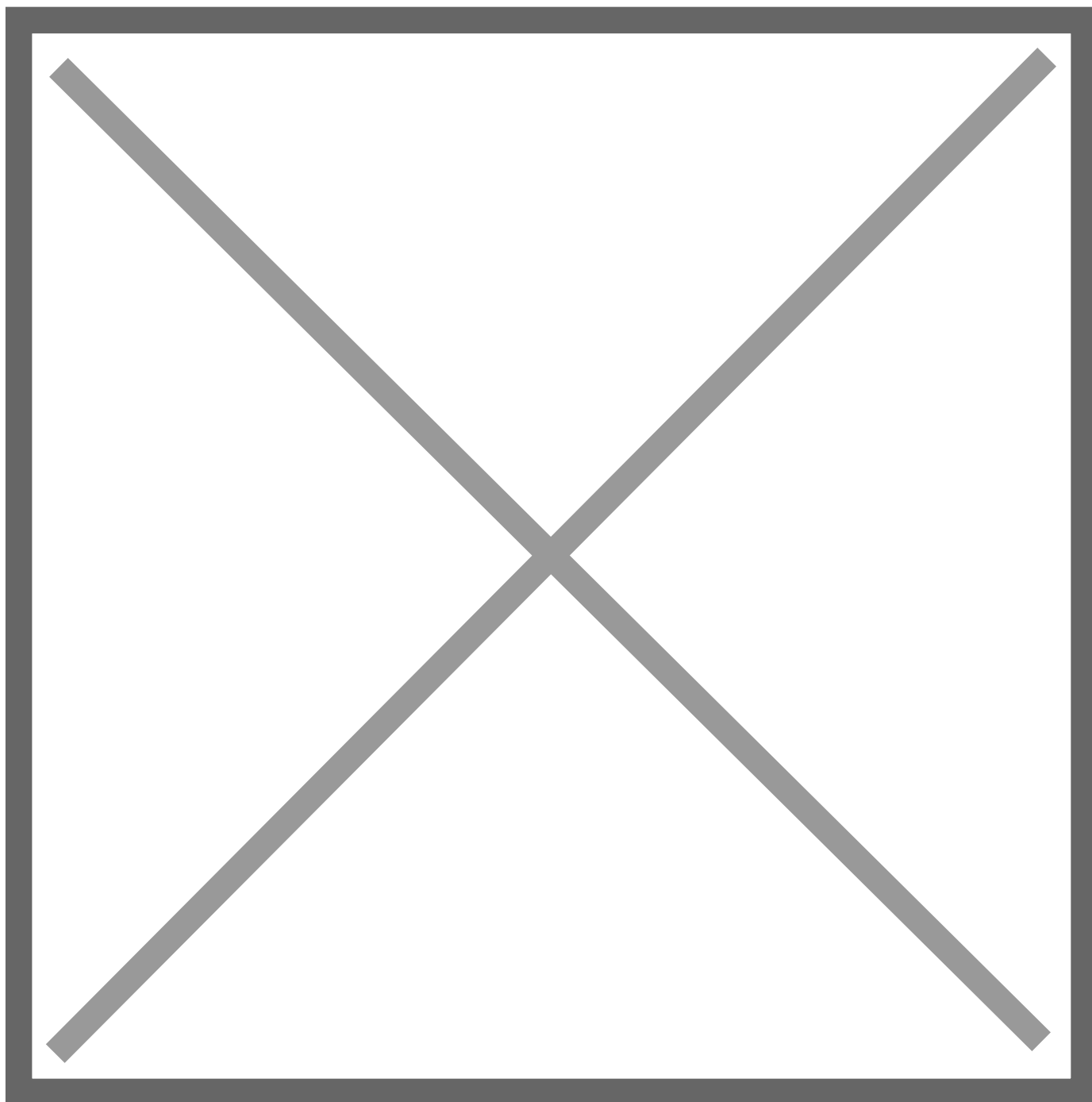
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/guatemala-85/>.

Razširjenost debelosti

Otroci, 2017



Vrsta ankete:	Izmerjeni
Starost:	10-14
Obseg vzorcev:	560

Zajeto območje:

Na državni ravni

Literatura: Pickens, C. M., Flores-Ayala, R., Addo, O. Y., Whitehead, R. D., Jr, Palmieri, M., Ramirez-Zea, M., Hong, Y., & Jefferds, M. E. (2020). Prevalence and Predictors of High Blood Pressure Among Women of Reproductive Age and Children Aged 10 to 14 Years in Guatemala. Preventing chronic disease, 17, E66. <https://doi.org/10.5888/pcd17.190403>

Opombe (na voljo samo v angleščini):

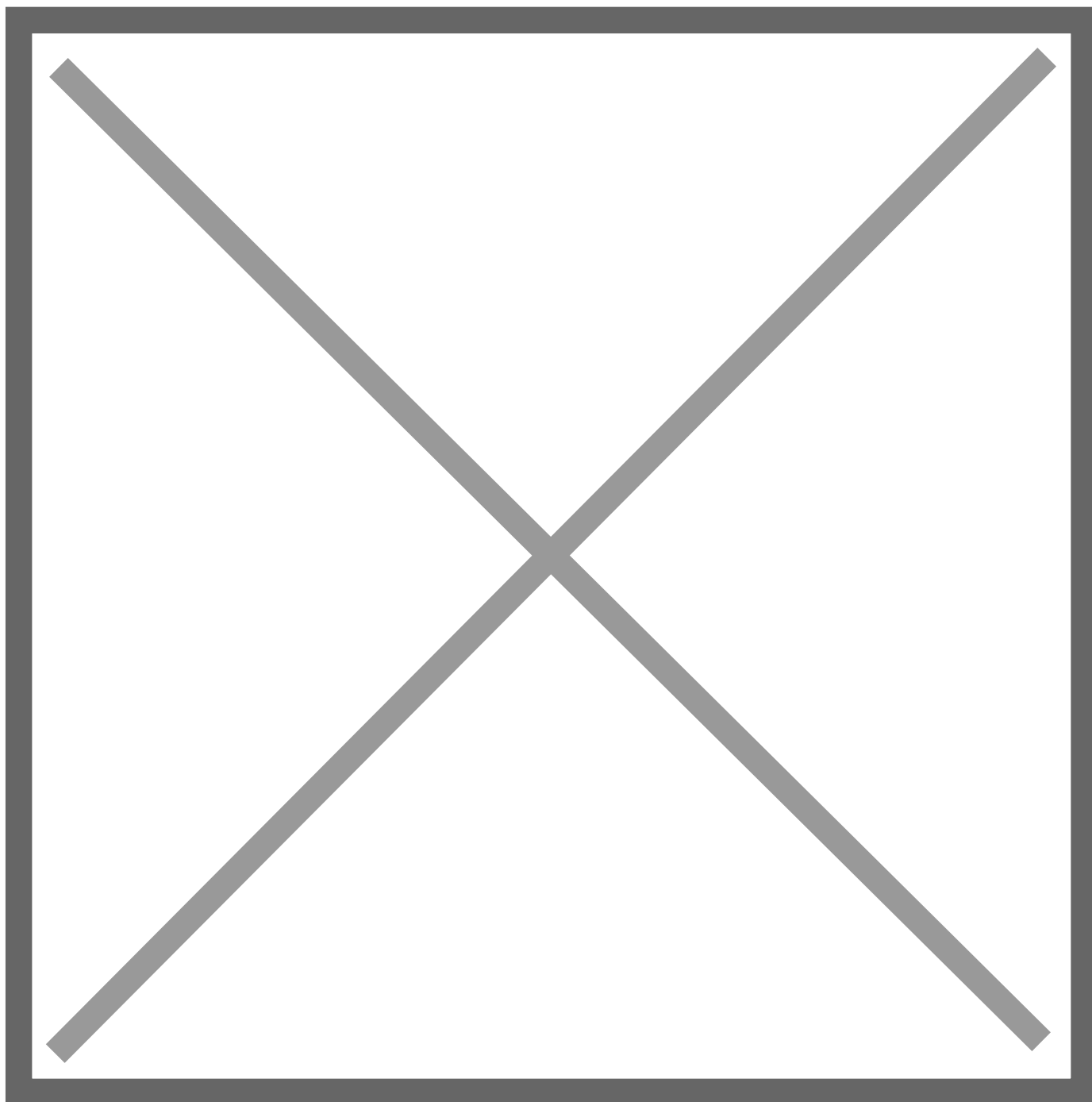
Small sample size.

Cutoffs:

WHO 2007

Prekomerna telesna teŹa/debelost glede na izobrazbo

Deklice, 2014-2015



Vrsta ankete:	Izmerjeni
Starost:	15-19
Obseg vzorcev:	1086

Zajeto območje:

Na državni ravni

Literatura:

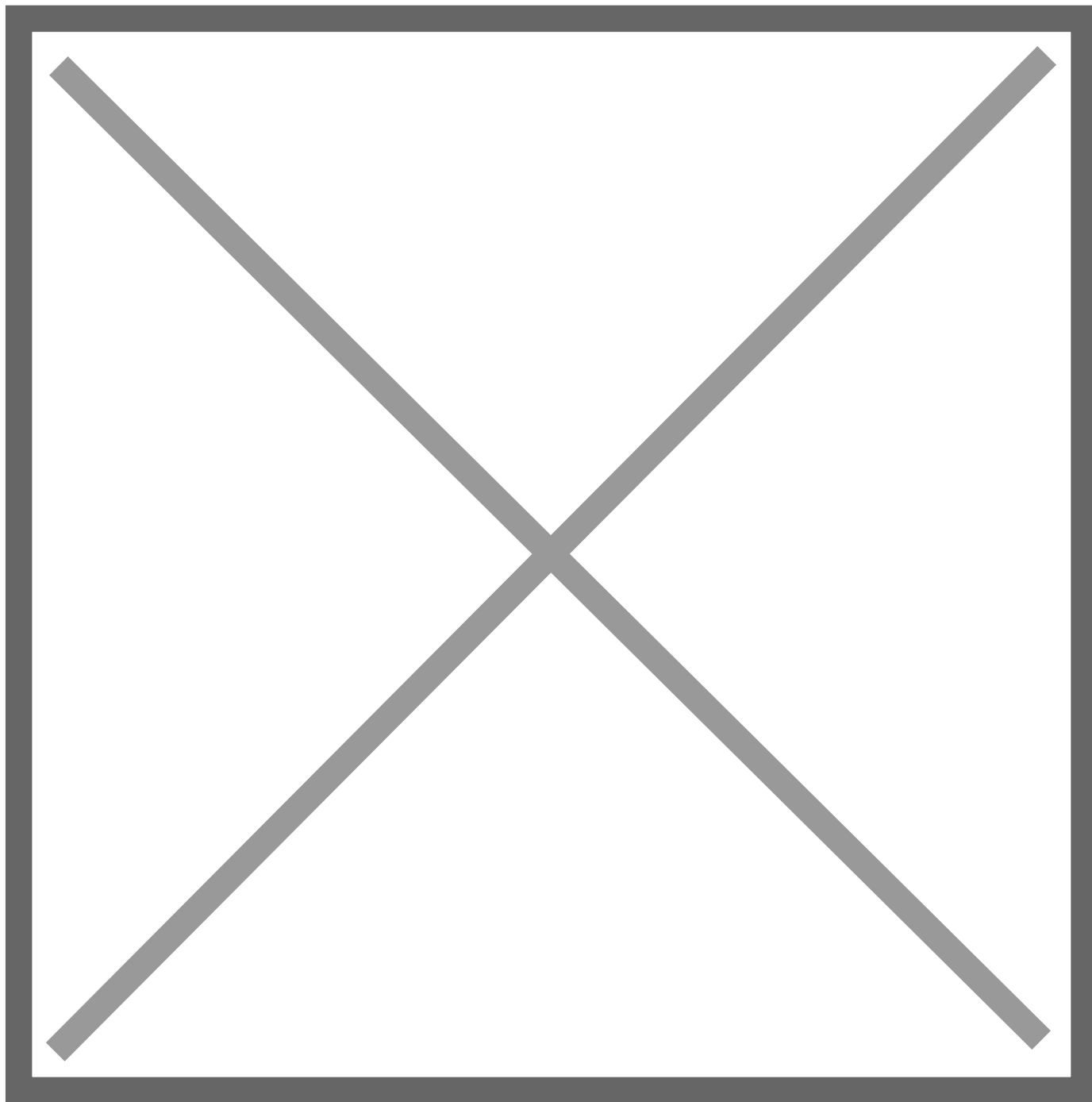
Mazariegos M, Kroker-Lobos MF, Ramírez-Zea M. Socio-economic and ethnic disparities of malnutrition in all its forms in Guatemala. Public Health Nutr. 2020 Aug;23(S1):s68-s76. doi: 10.1017/S1368980019002738. Epub 2019 Oct 7. PMID: 31588883.

Cutoffs:

WHO

Prekomerna telesna teŹa/debelost glede na starost

Otroci, 2015



Vrsta ankete:	Samoprijavljeni
Obseg vzorcev:	4374
Zajeto obmoĉje je:	Na drŹavni ravni

Literatura:

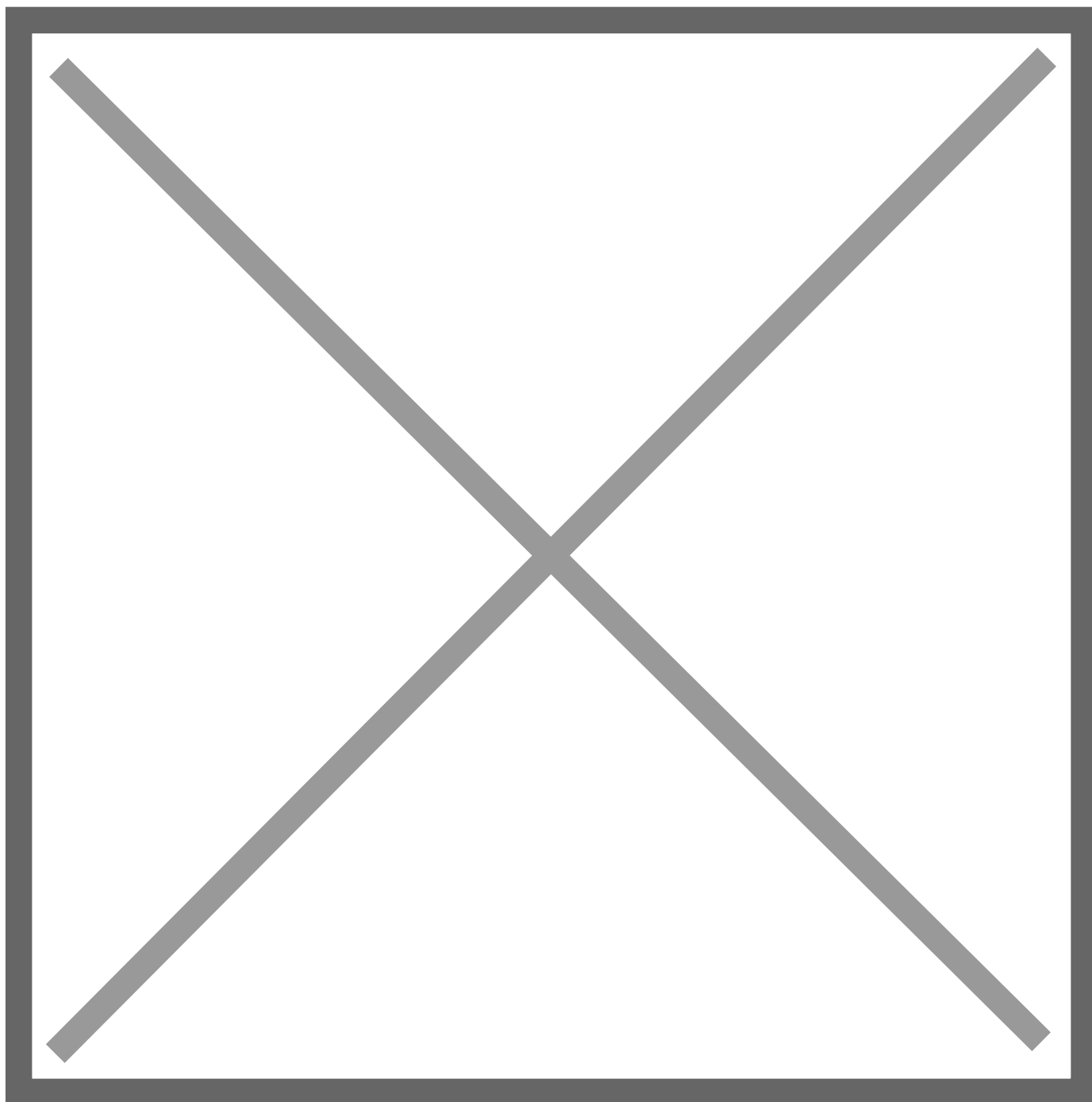
Global School-based Student Health Survey, Guatemala ,2015 Fact Sheet
https://www.who.int/ncds/surveillance/gshs/gshs_fs_guatemala_2015.pdf (last accessed 28.09.20)

Cutoffs:

WHO

Prekomerna telesna teŹa/debelost glede na regijo

DeŹi, 2015



Vrsta ankete:	Samoprijavljeni
Starost:	13-17
Obseg vzorcev:	4374

Zajeto območje je:

Na državni ravni

Literatura:

World Health Organization. Global school-based student health survey (GSHS). Available from: <https://www.who.int/ncds/surveillance/gshs/factsheets/en/>. [Accessed 20 February 2019].

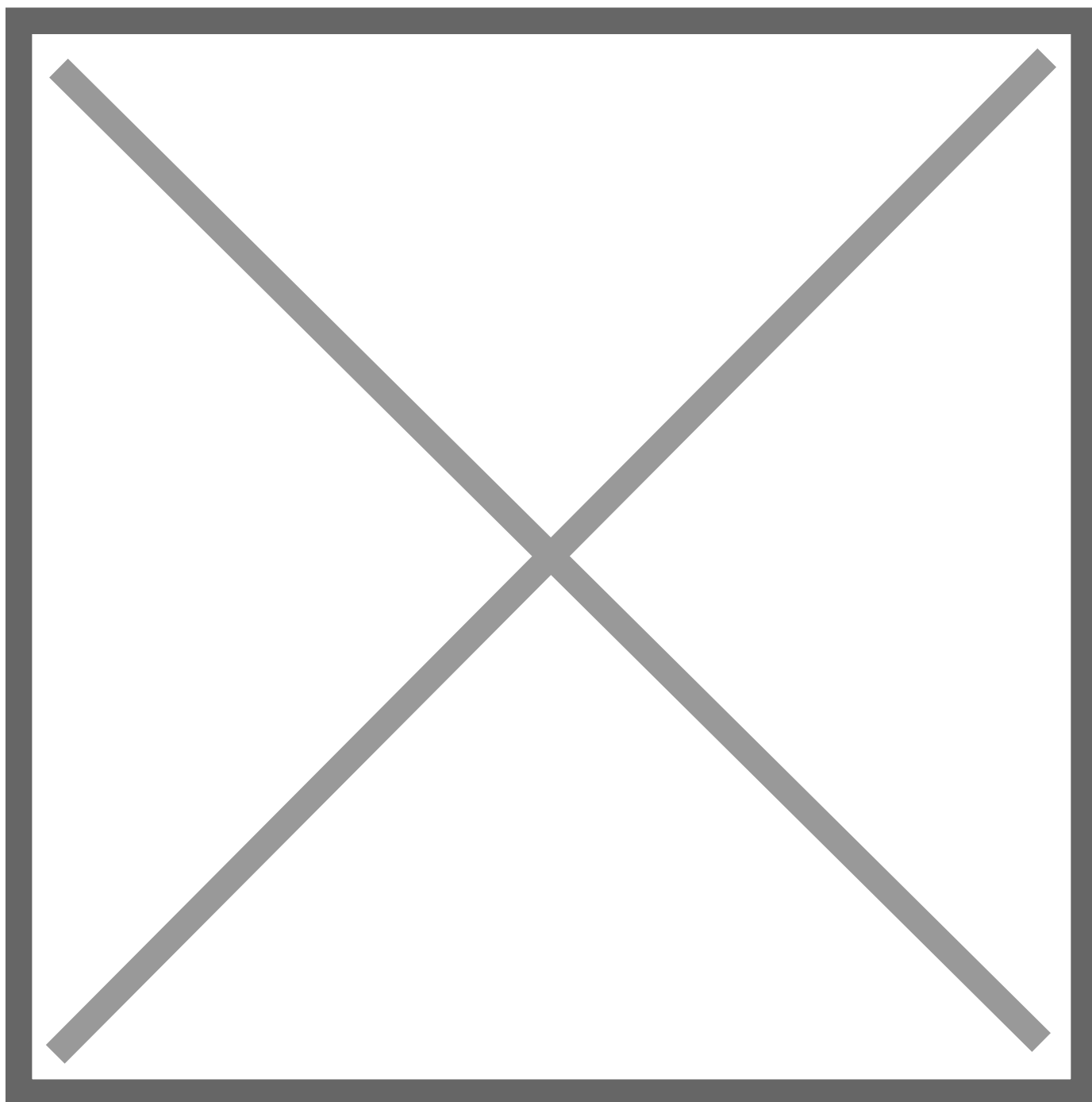
Opombe (na voljo samo v angleščini):

WHO cut-offs used and based on Self-reported data.

Cutoffs:

WHO

Deklice, 2015



Vrsta ankete:	Samoprijavljeni
Starost:	13-17
Obseg vzorcev:	4374
Zajeto območje:	Na državni ravni

Literatura:

World Health Organization. Global school-based student health survey (GSHS). Available from: <https://www.who.int/ncds/surveillance/gshs/factsheets/en/>. [Accessed 20 February 2019].

**Opombe (na
voljo samo v
angleÅ¡ini):**

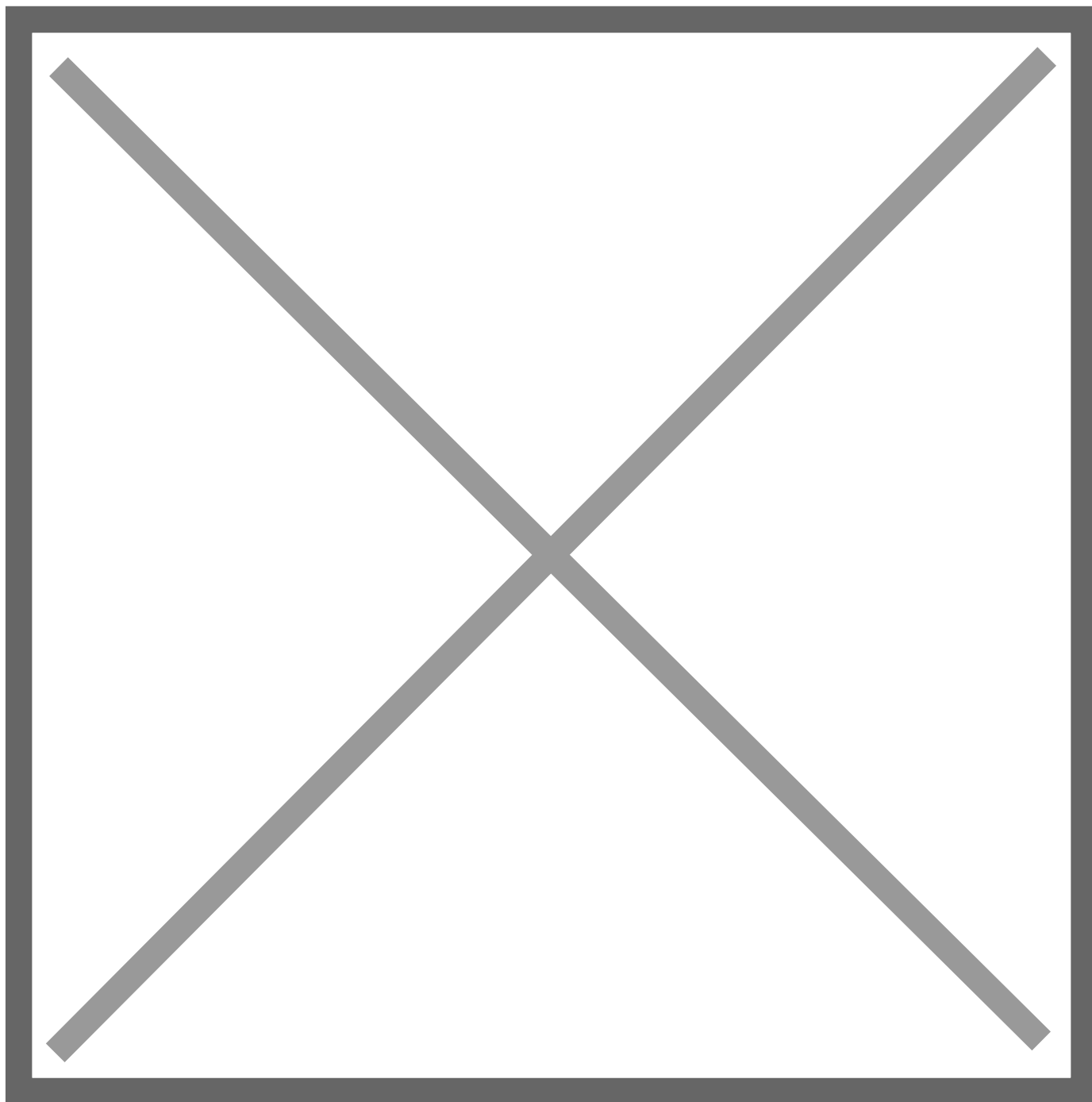
WHO cut-offs used and based on Self-reported data.

Cutoffs:

WHO

Prekomerna telesna teÅ¾a/debelost glede na socialno-ekonomsko skupino

Deklice, 2014-2015



Vrsta ankete:

Izmerjeni

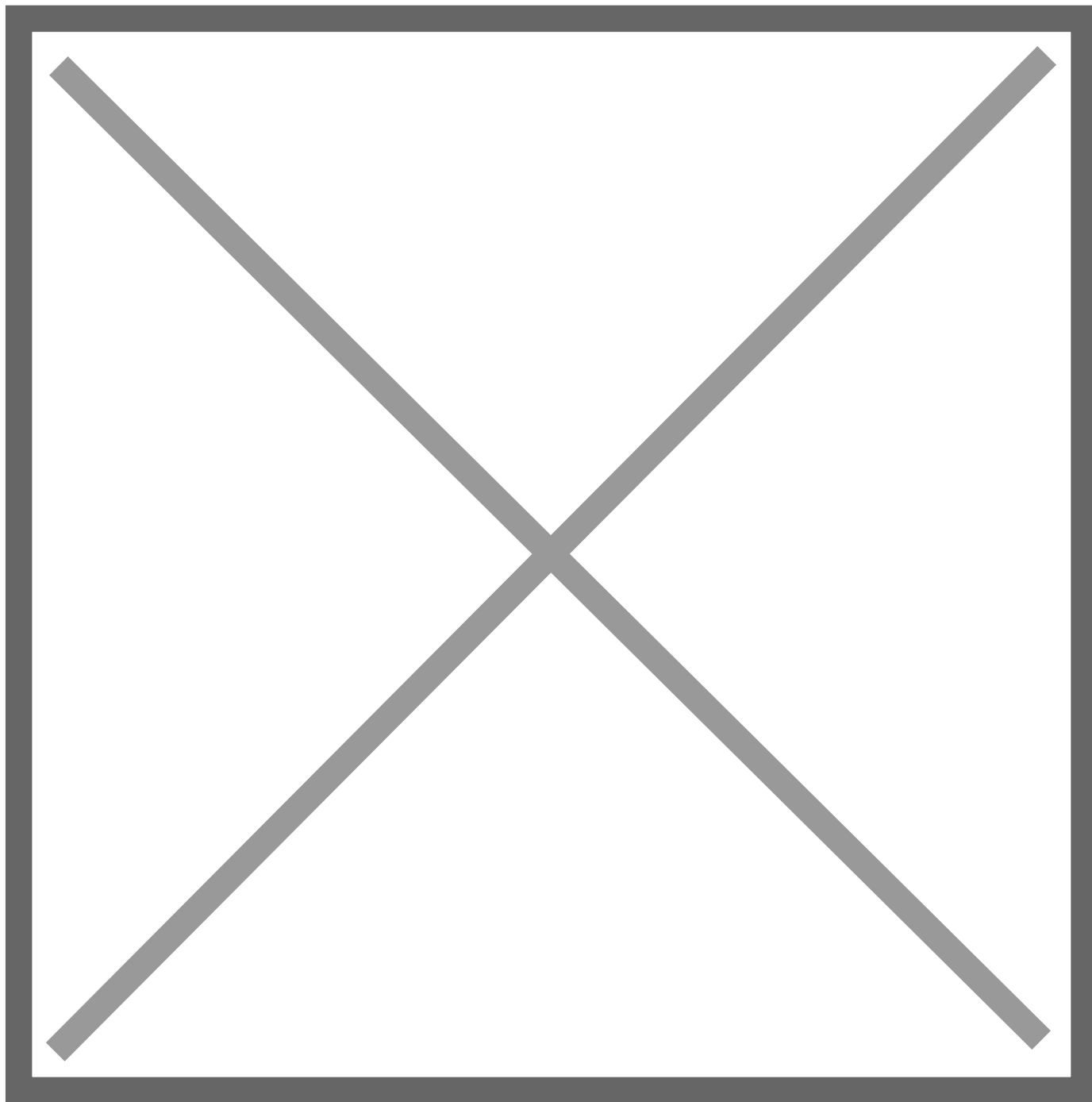
Starost:

15-19

Obseg vzorcev:	4487
Zajeto območje:	Na državi ravni
Literatura:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Ministerio de Salud Pública y Asistencia Social - MSPAS/Guatemala, Instituto Nacional de Estadística - INE/Guatemala, Secretaría de Planificación y Programación de la Presidencia - Segeplán/Guatemala and ICF International. 2017. Encuesta Nacional de Salud Materno Infantil 2014-2015: Informe Final. Rockville, Maryland, USA: MSPAS, INE, Segeplán and ICF International.
Definicije (na voljo samo v angleščini):	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

Double burden of underweight & overweight

Otroci, 2022



Vrsta ankete:

Izmerjeni

Starost:

5-19

Literatura:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Opombe (na
voljo samo v
angleščini):**

Age standardised estimates

**Definicije (na
voljo samo v
angleščini):**

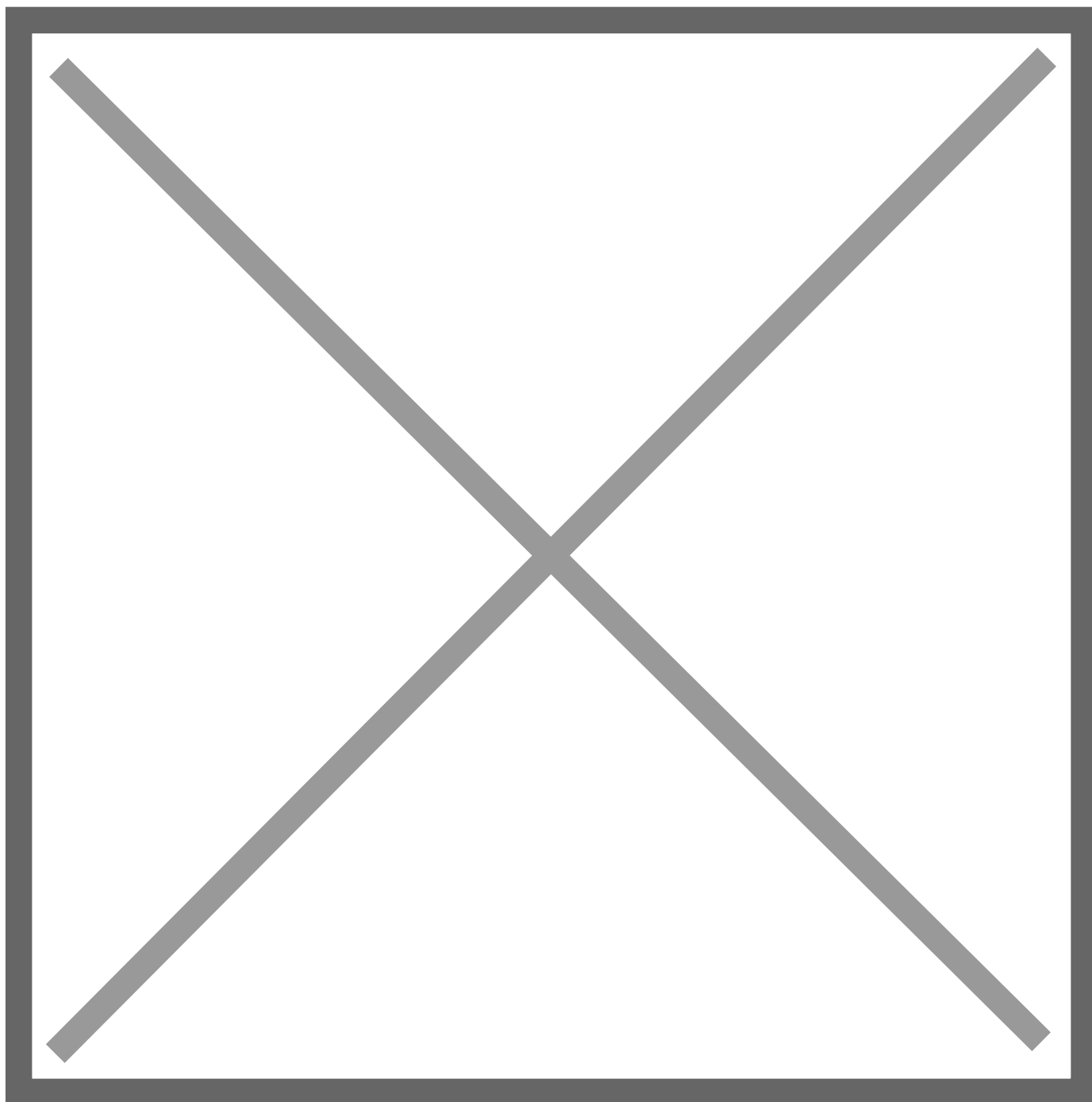
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Nezadostna telesna aktivnost

Otroci, 2016



Vrsta ankete:	Samoprijavljeni
Starost:	11-17
Literatura:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

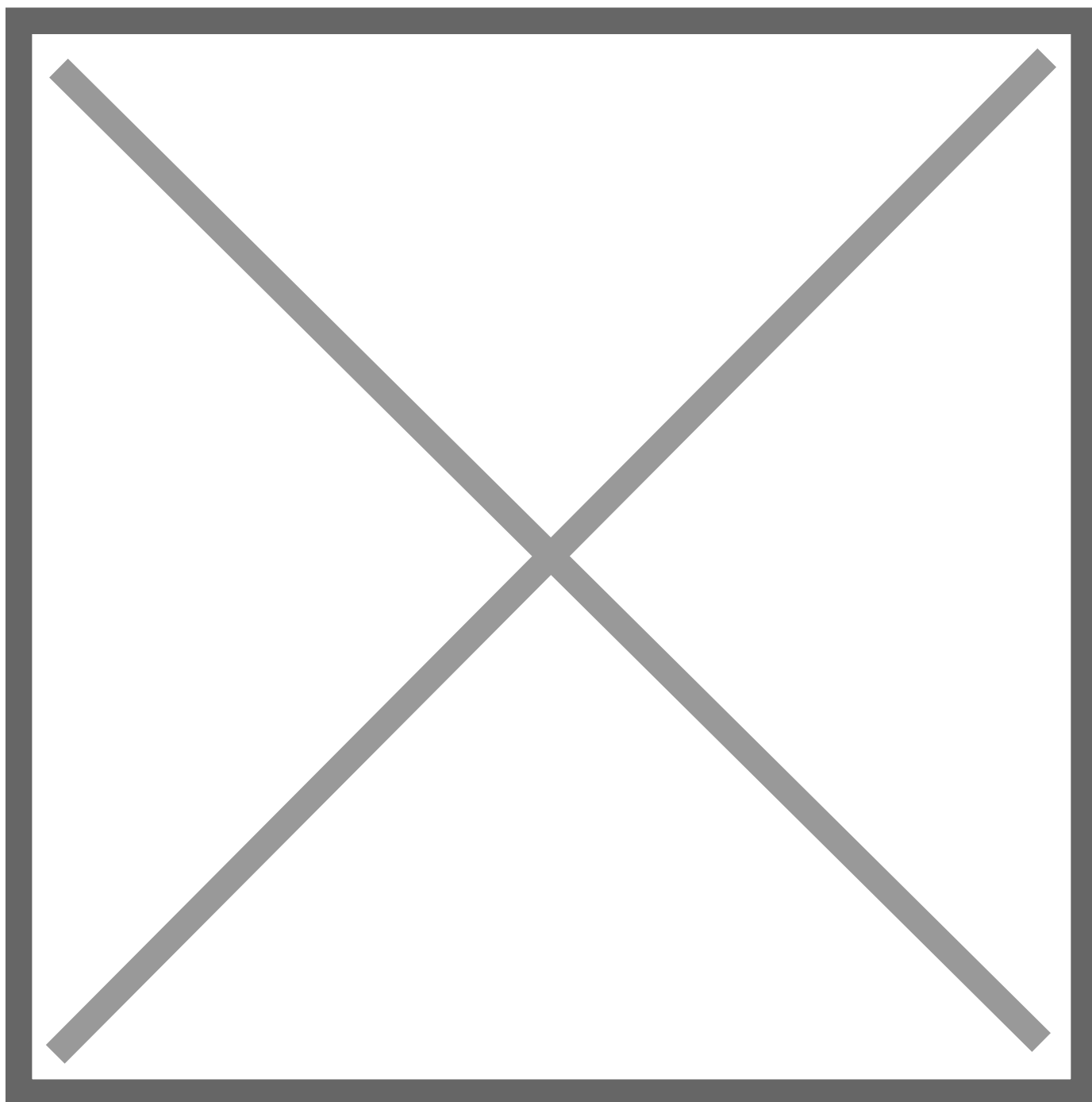
Opombe (na voljo samo v angleščini):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicije (na voljo samo v angleščini):

% Adolescents insufficiently active (age standardised estimate)

DeÄ ki, 2016



Vrsta ankete:

Samoprijavljeni

Starost:

11-17

Literatura:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

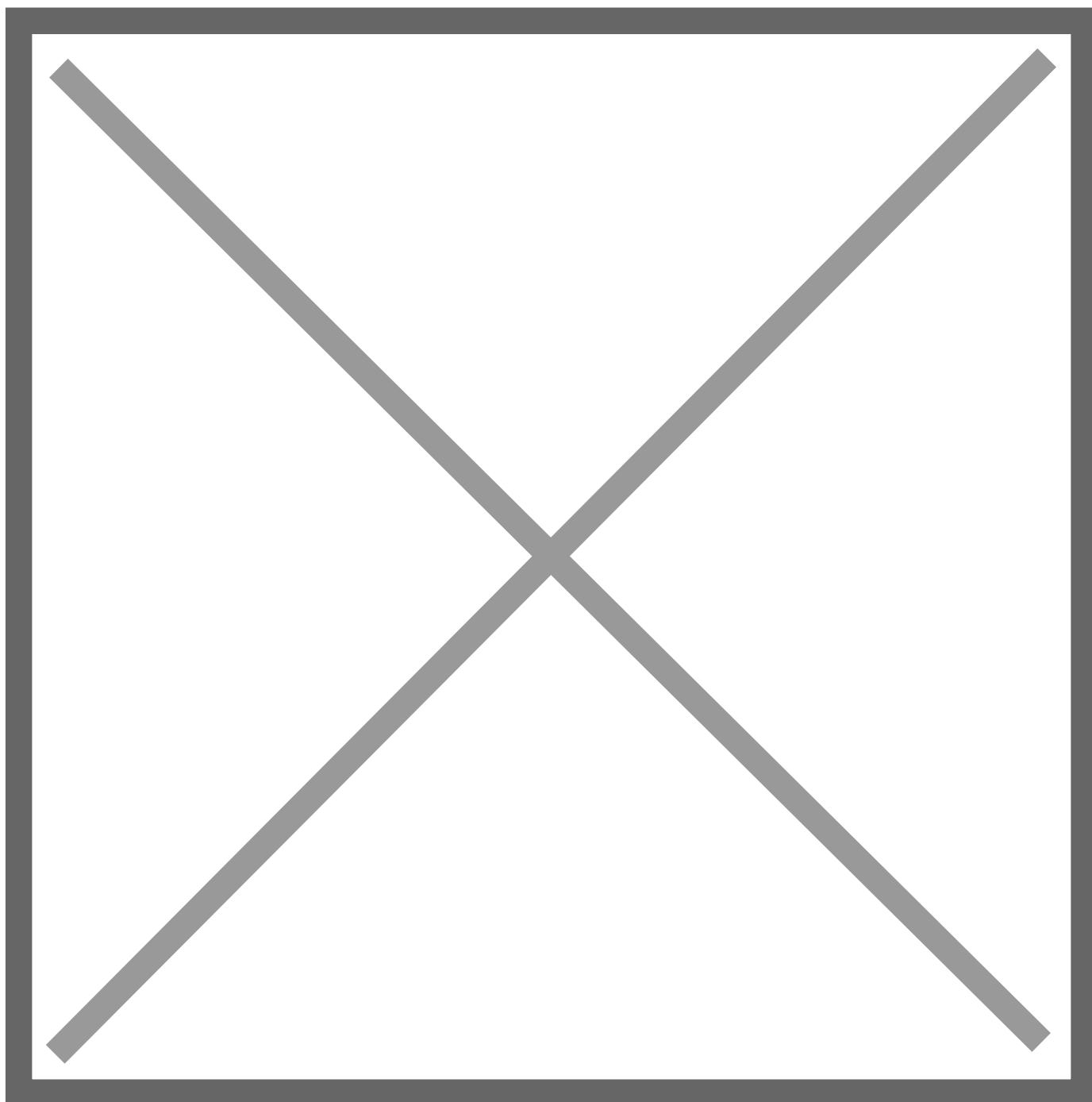
**Opombe (na
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% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije (na
voljo samo v
angleščini):**

% Adolescents insufficiently active (age standardised estimate)

Deklice, 2016



Vrsta ankete:

Samoprijavljeni

Starost:

11-17

Literatura:

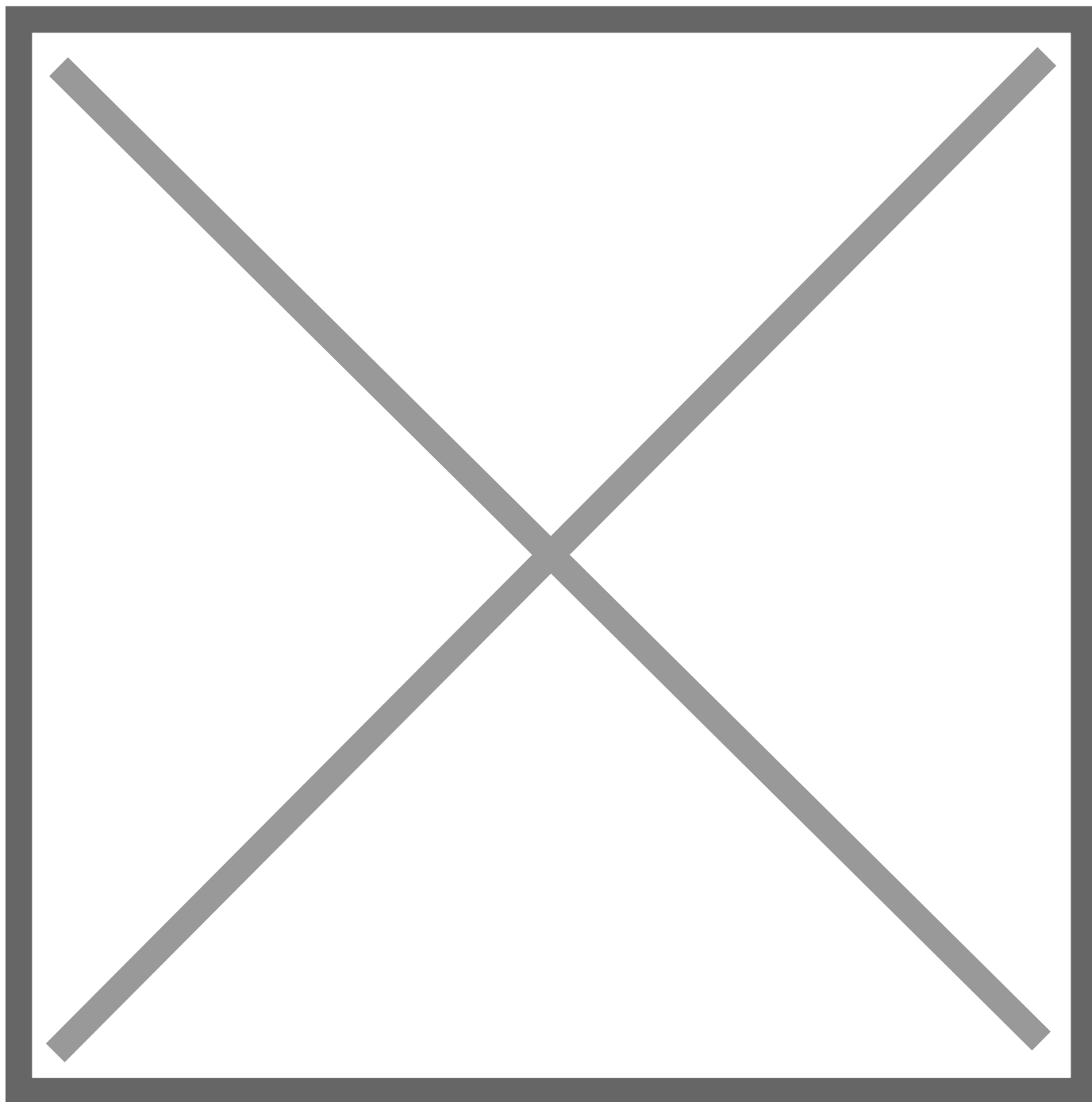
Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Opombe (na voljo samo v angleščini): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicije (na voljo samo v angleščini): % Adolescents insufficiently active (age standardised estimate)

Povpre  na dnevna pogostost uÅ¾ivanja gaziranih brezalkoholnih pija 

Otroci, 2009-2015



Vrsta ankete:

Izmerjeni

Starost:

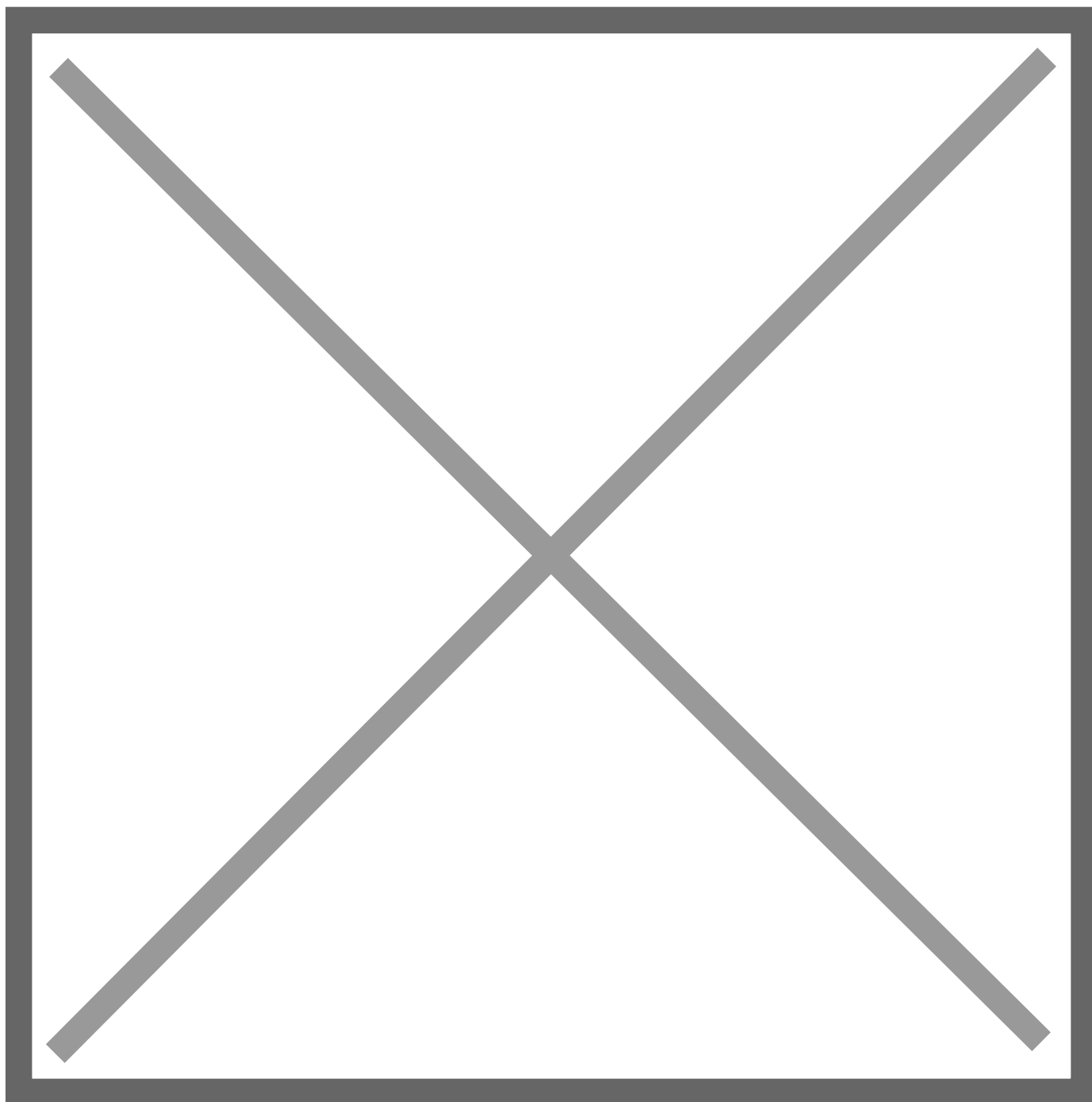
12-17

Literatura:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Razširjenost uÅ¾ivanja sadja (manj kot 1x na dan)

Otroci, 2009-2015



Vrsta ankete:

Izmerjeni

Starost:

12-17

Literatura:

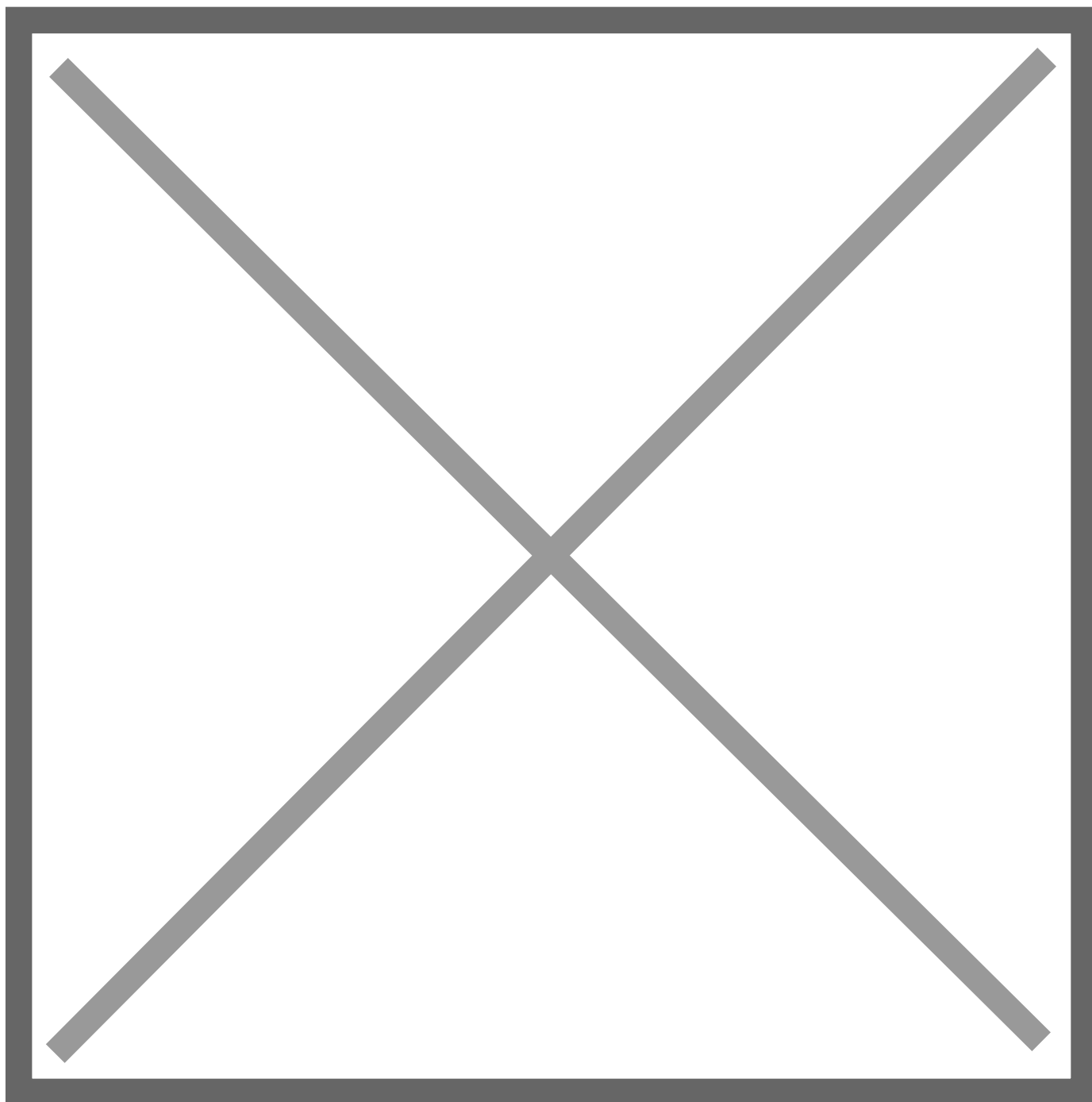
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definicije (na voljo samo v angleščini):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Razširjenost uÅ¾ivanja zelenjave (manj kot 1x na dan)

Otroci, 2009-2015



Vrsta ankete:

Izmerjeni

Starost:

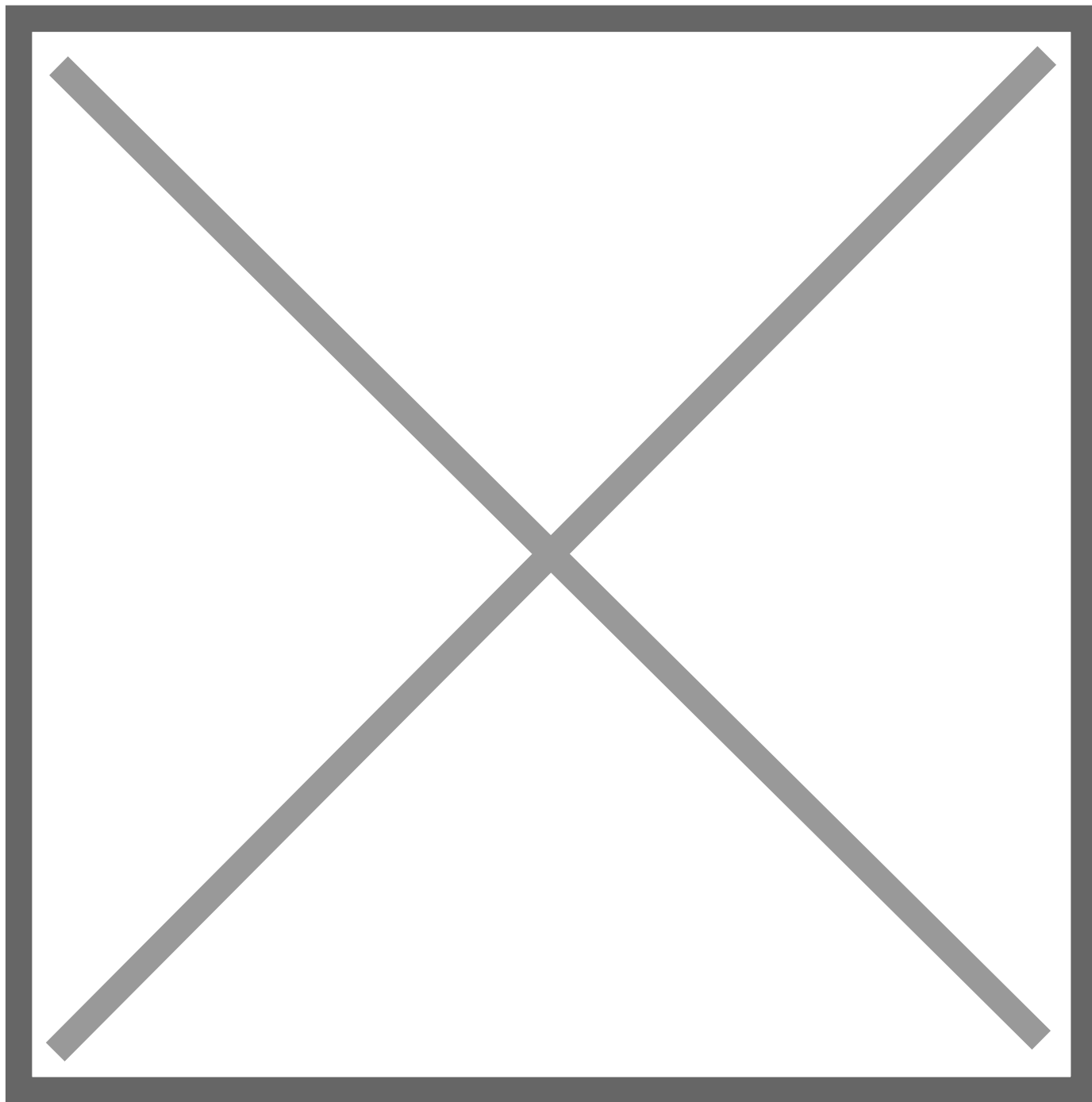
12-17

Literatura: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definicije (na voljo samo v angleščini): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Povpre  na tedenska pogostost uÅ¾ivanja hitre hrane

Otroci, 2009-2015



Starost:

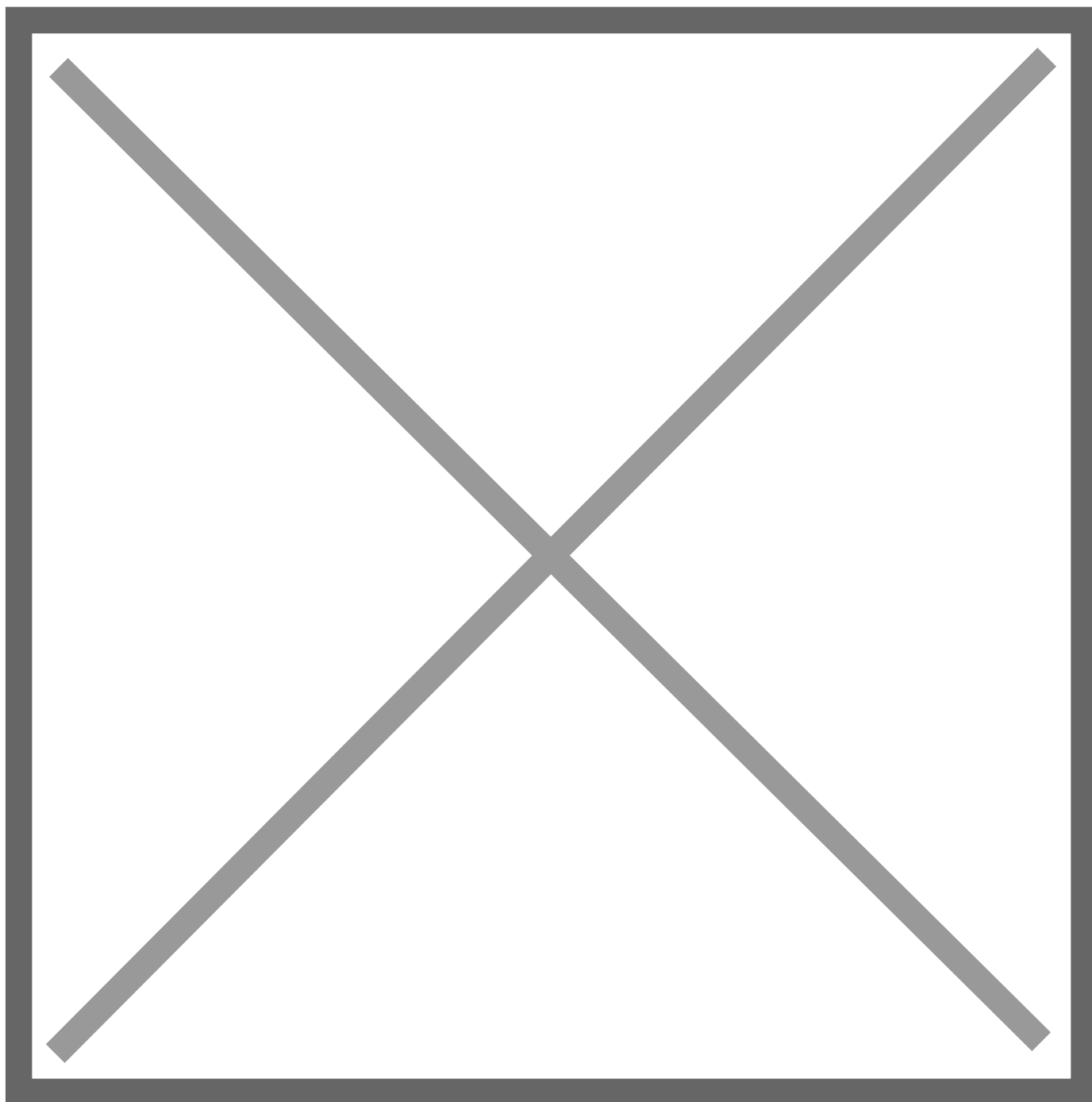
12-17

Literatura:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

DuÅ½evno zdravje â depresivne motnje

Otroci, 2021



Zajeto obmoãje:

Na drÅ½avni ravni

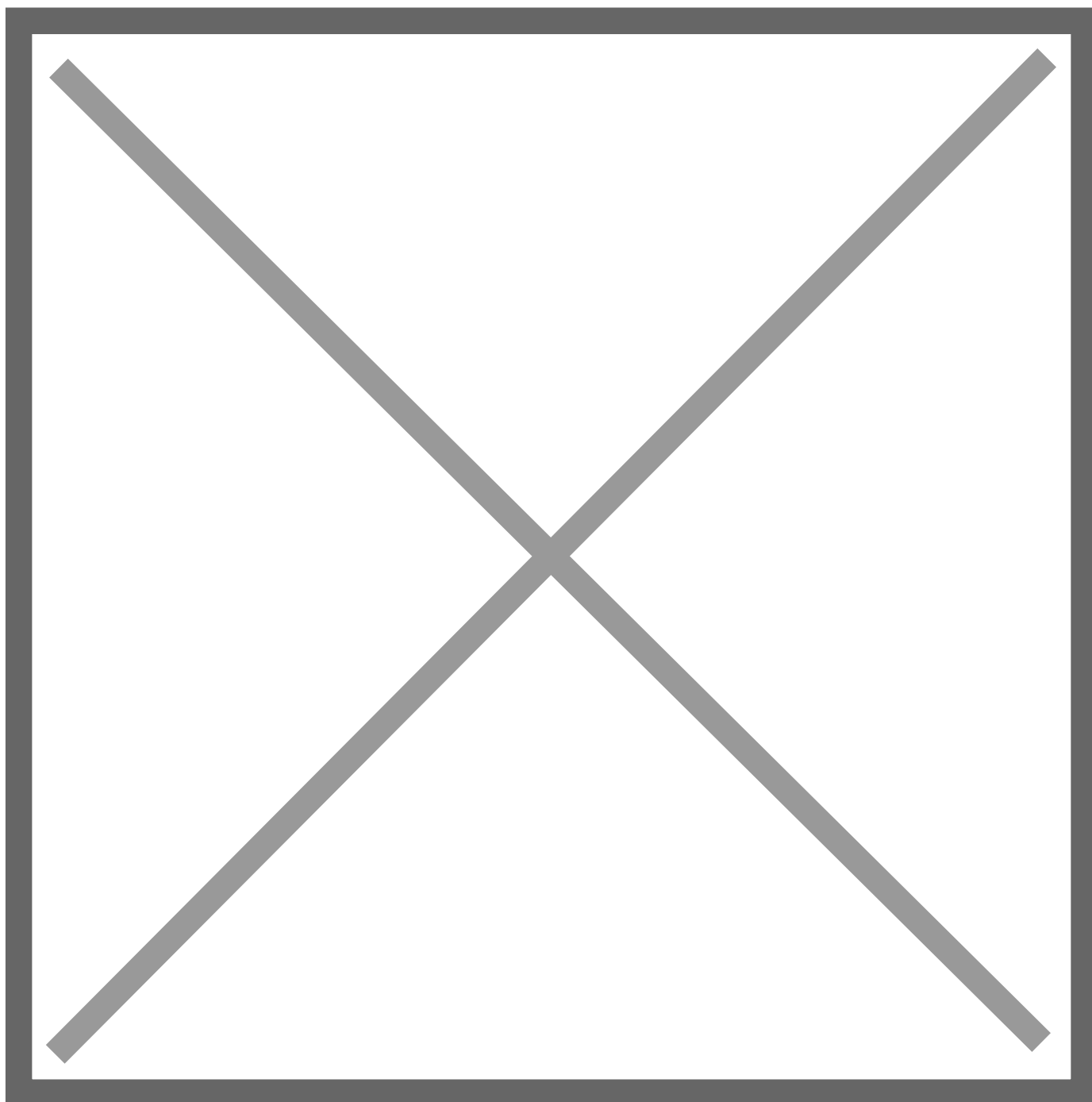
Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na
voljo samo v
angleščini):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Dejavniki, 2021



Zajeto območje:

Na državni ravni

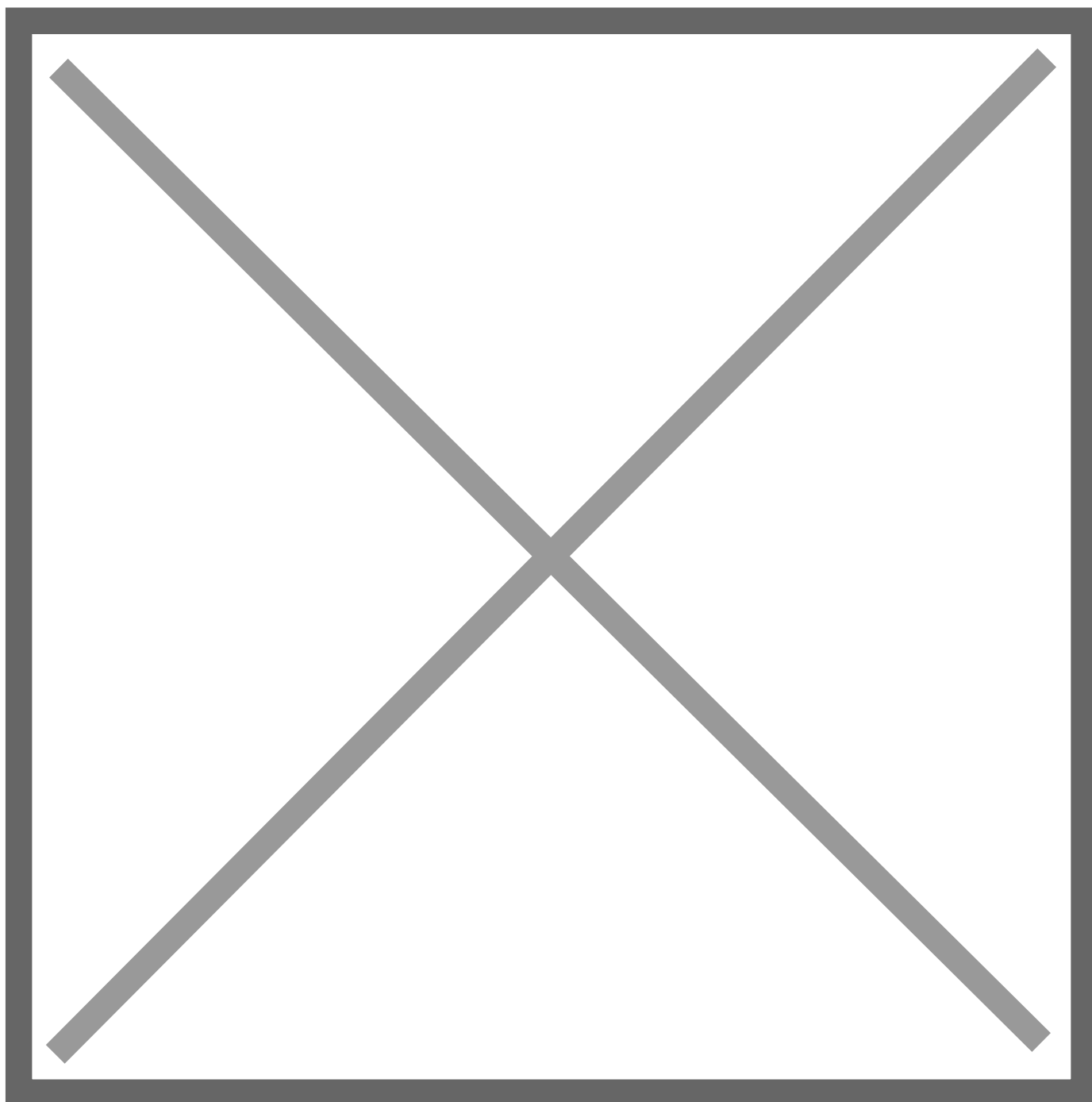
Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na
voljo samo v
angleščini):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Deklice, 2021



Zajeto območje
je:

Na državni ravni

Literatura:

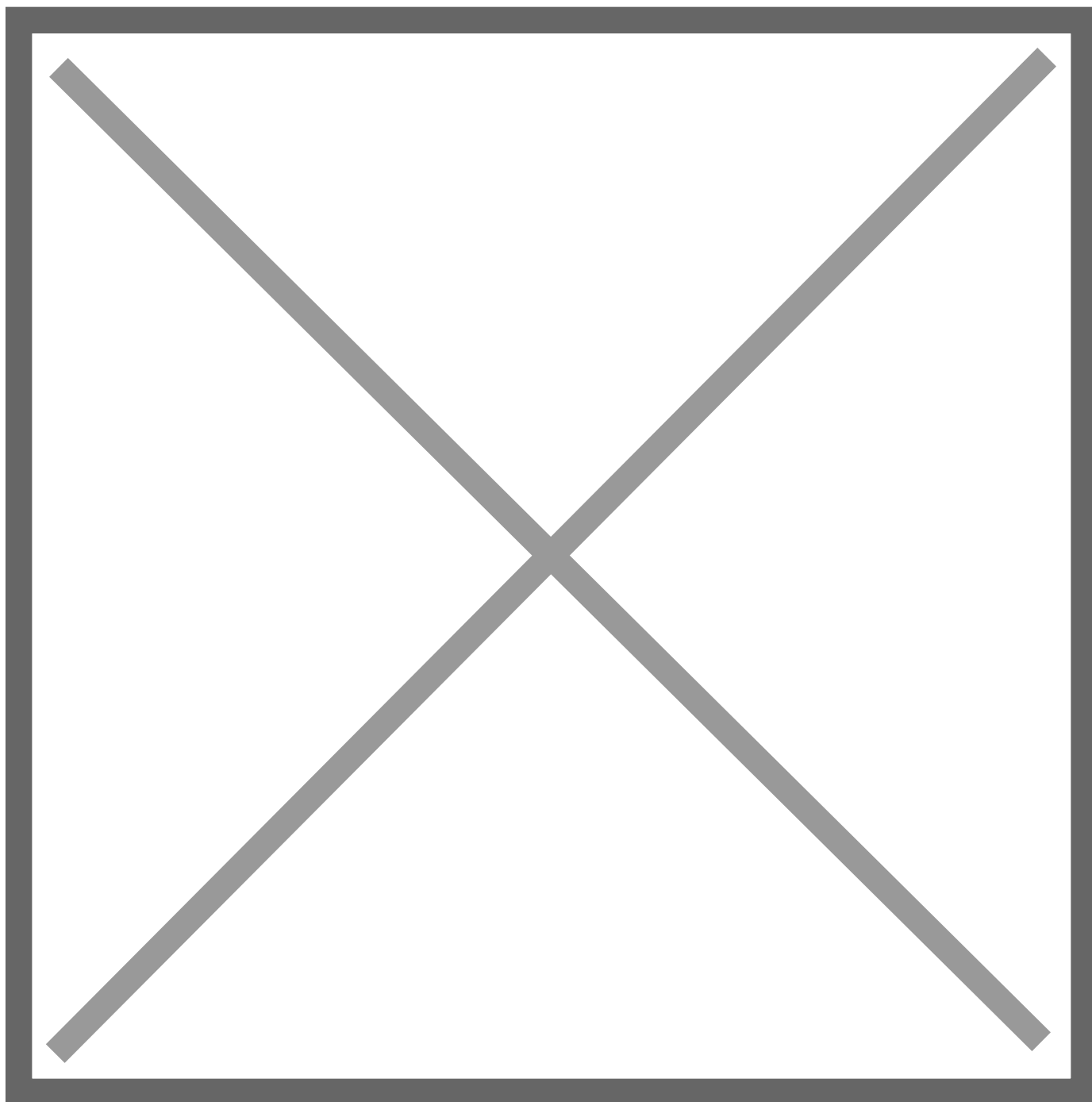
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na
voljo samo v
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Number living with depressive disorder per 100,000 population (Under 20 years of age)

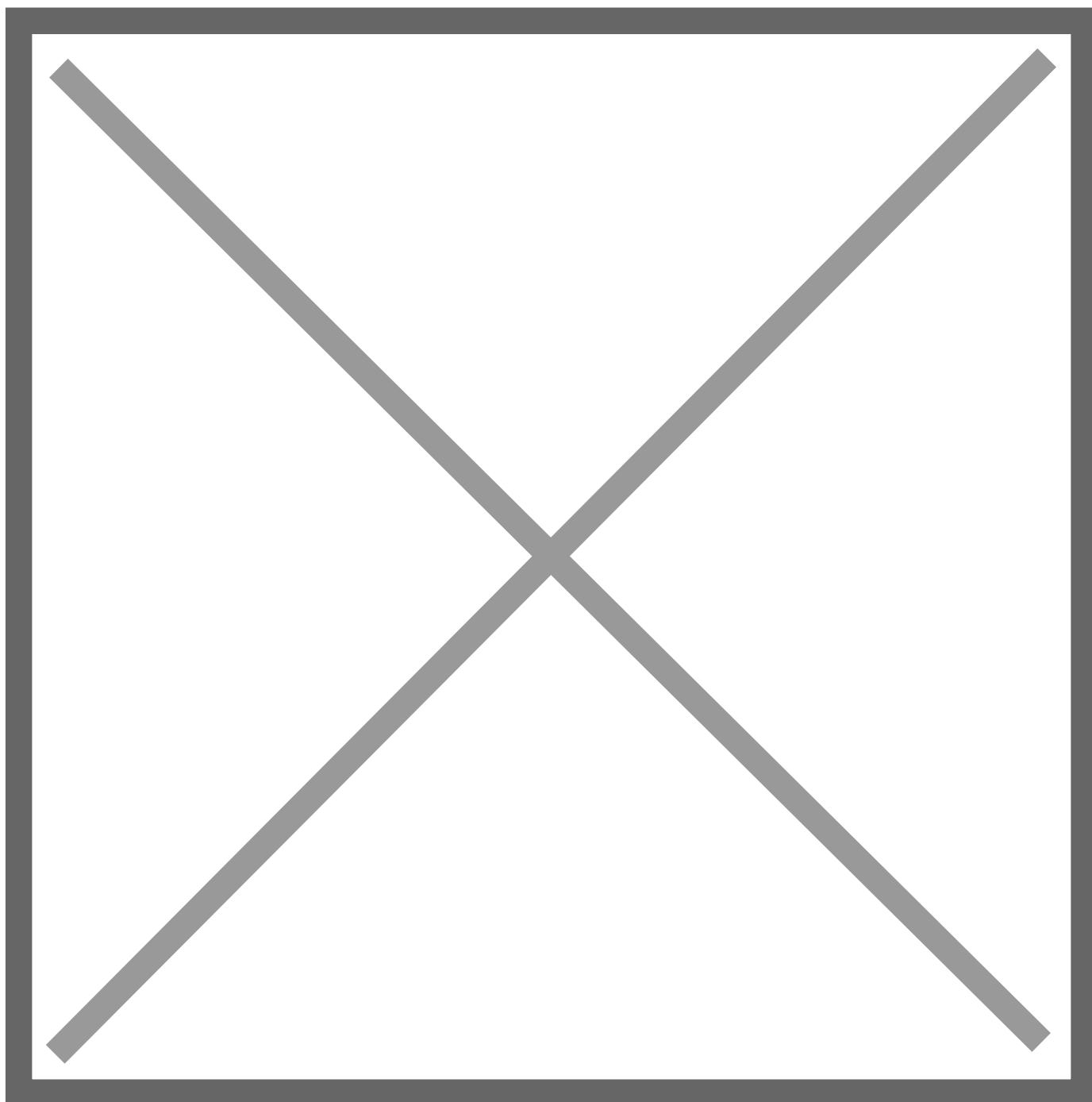
DuÅ¡evno zdravje â anksiozne motnje

Otroci, 2021

**Literatura:**

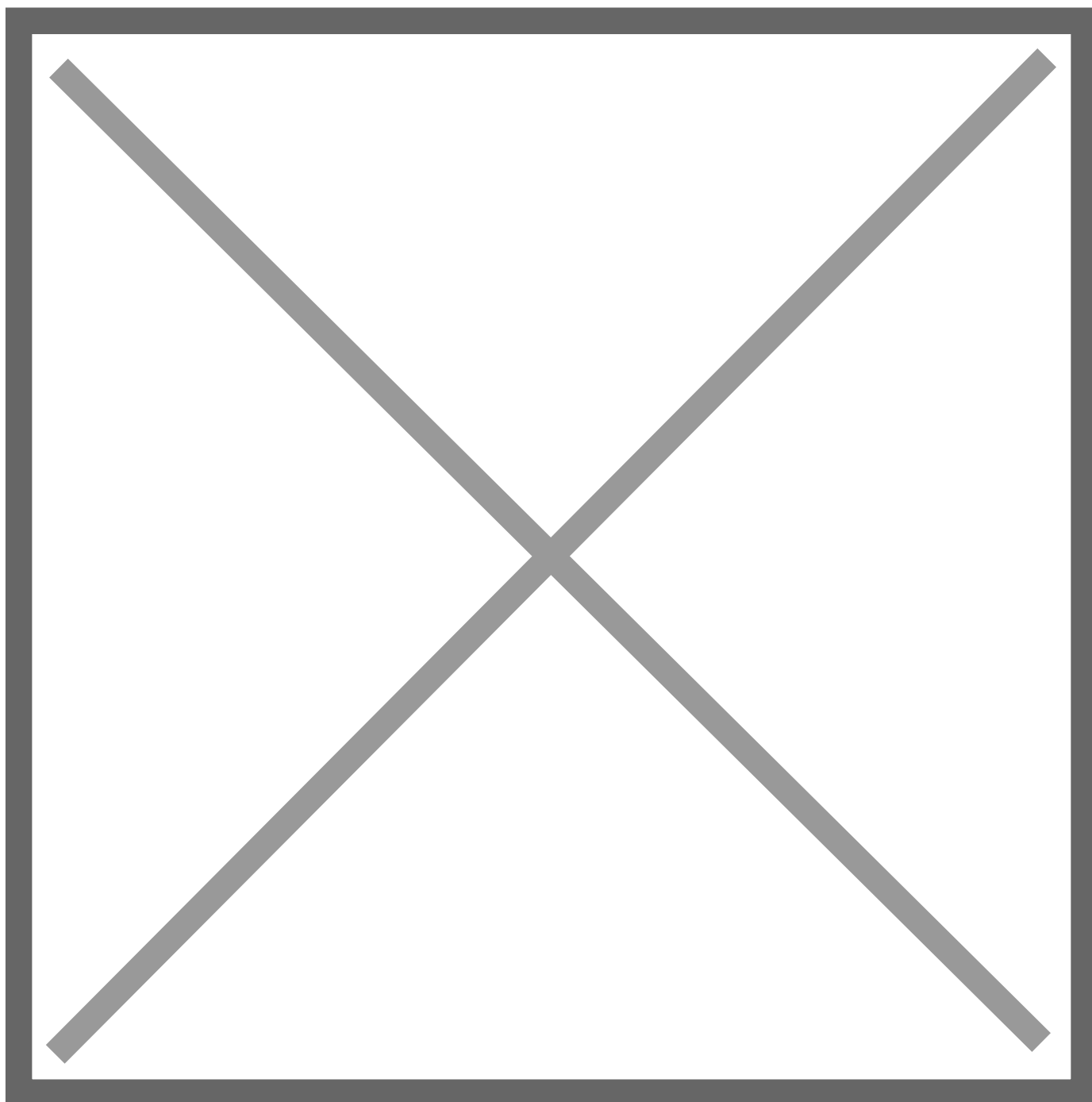
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

DeÄ ki, 2021



Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Deklice, 2021**Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025