



Greece



Country report card - under-5s

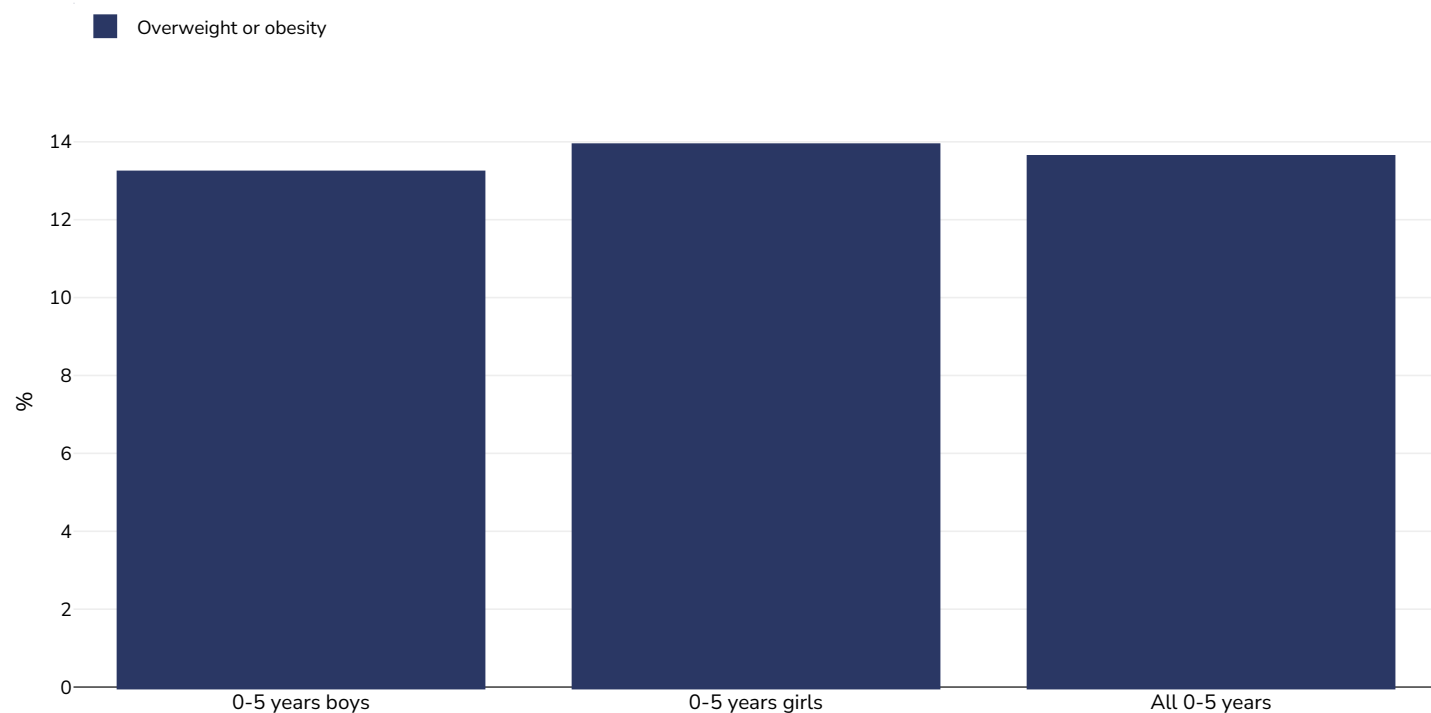
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/greece-80/>.

Contents	Page
Obesity prevalence	3
Overweight/obesity by education	4
Double burden of underweight & overweight	5

Obesity prevalence

0-5 years, 2003-2004



Age: 0-5

Sample size: 2239

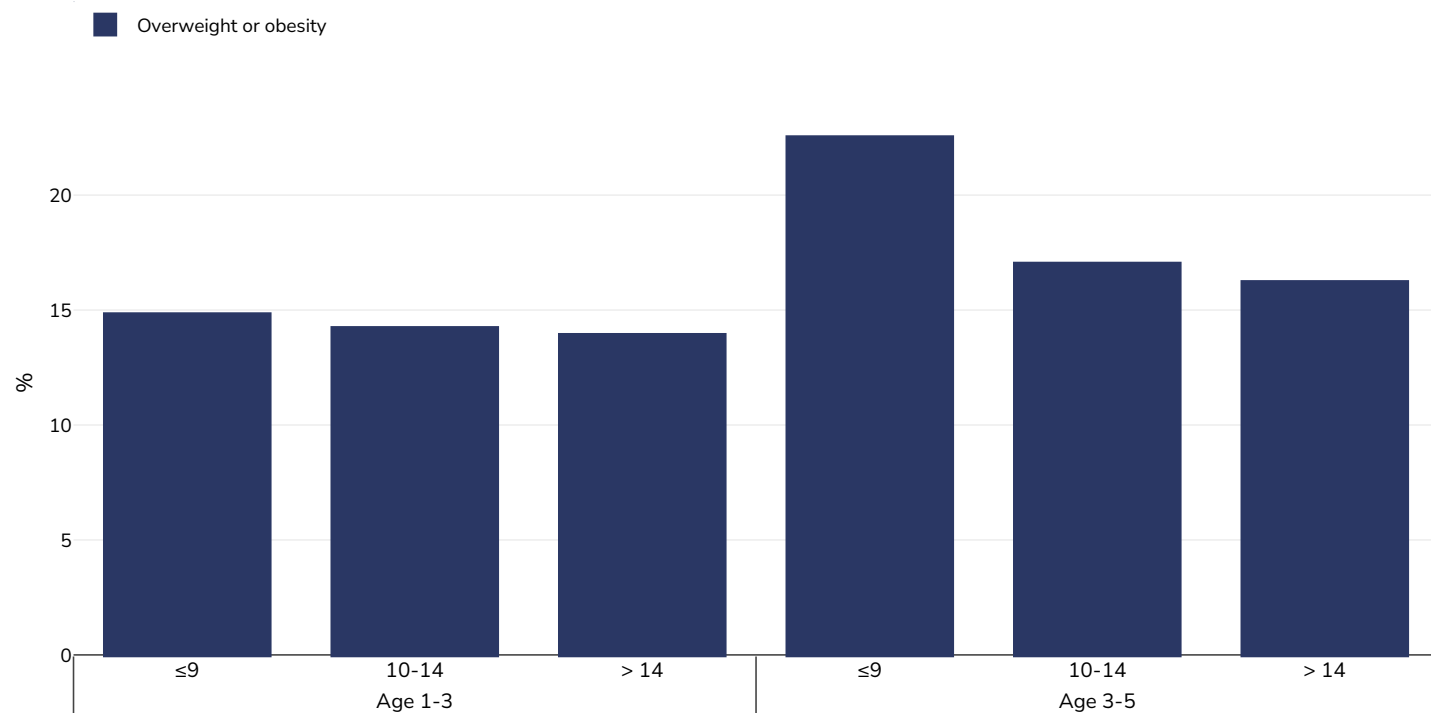
References: NNS: Greece 2003-2004 Growth, Exercise and Nutrition Epidemiological Study In preSchoolers (The GENESIS) Study

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York.
For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/>
Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

Overweight/obesity by education

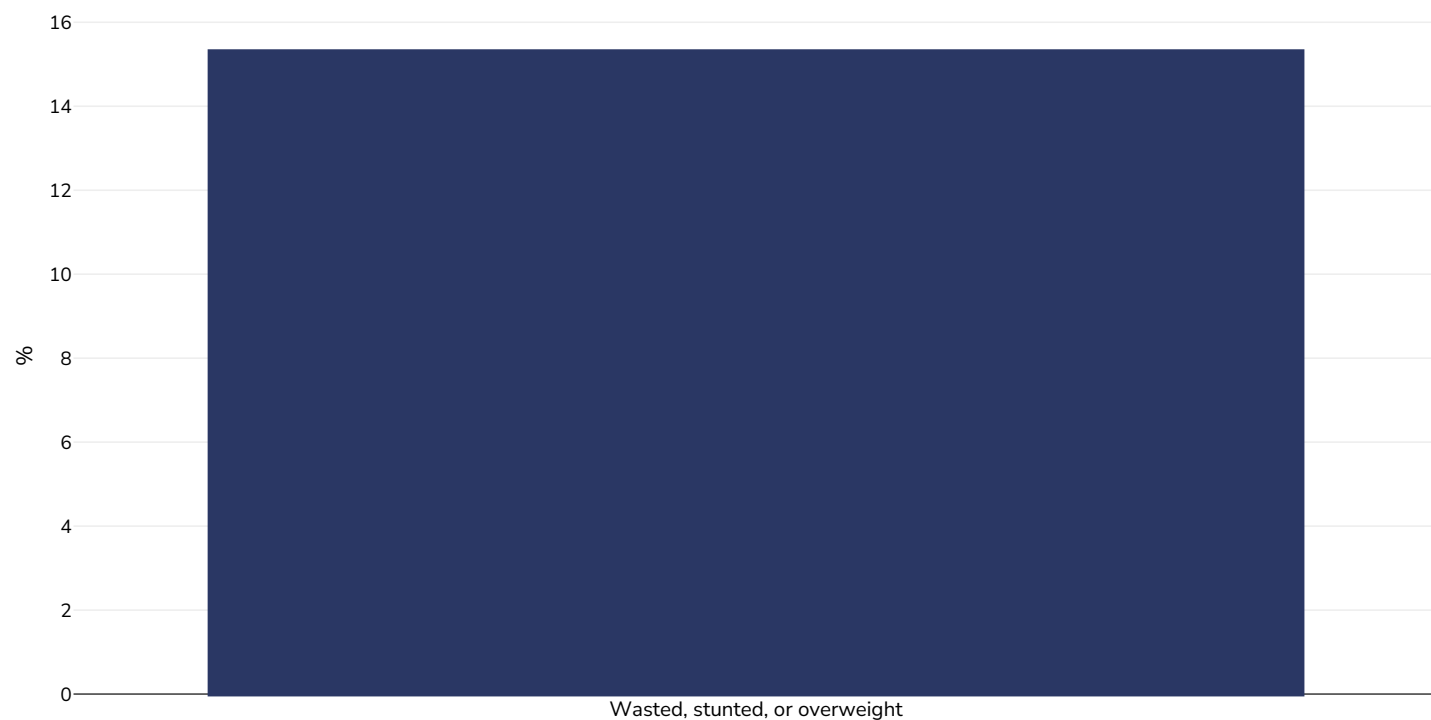
0-5 years, 2003-2004



Survey type:	Measured
Sample size:	2374
Area covered:	National
References:	Manios et al. (2007) 'Prevalence of obesity in preschool Greek children, in relation to parental characteristics and region of residence', BMC Public Health, 7;178
Notes:	Prevalence of overweight by educational level of the mother (years) IOTF BMI cut-offs used
Cutoffs:	IOTF

Double burden of underweight & overweight

0-5 years, 2003-2004



Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Greece 2003-2004 Growth, Exercise and Nutrition Epidemiological Study In preSchoolers (The GENESIS) Study
Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

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