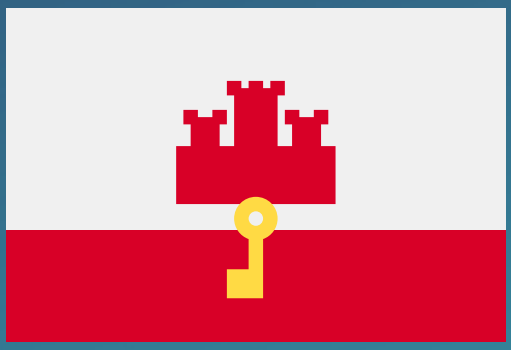
Gibraltar (UK)



Country report card - adults

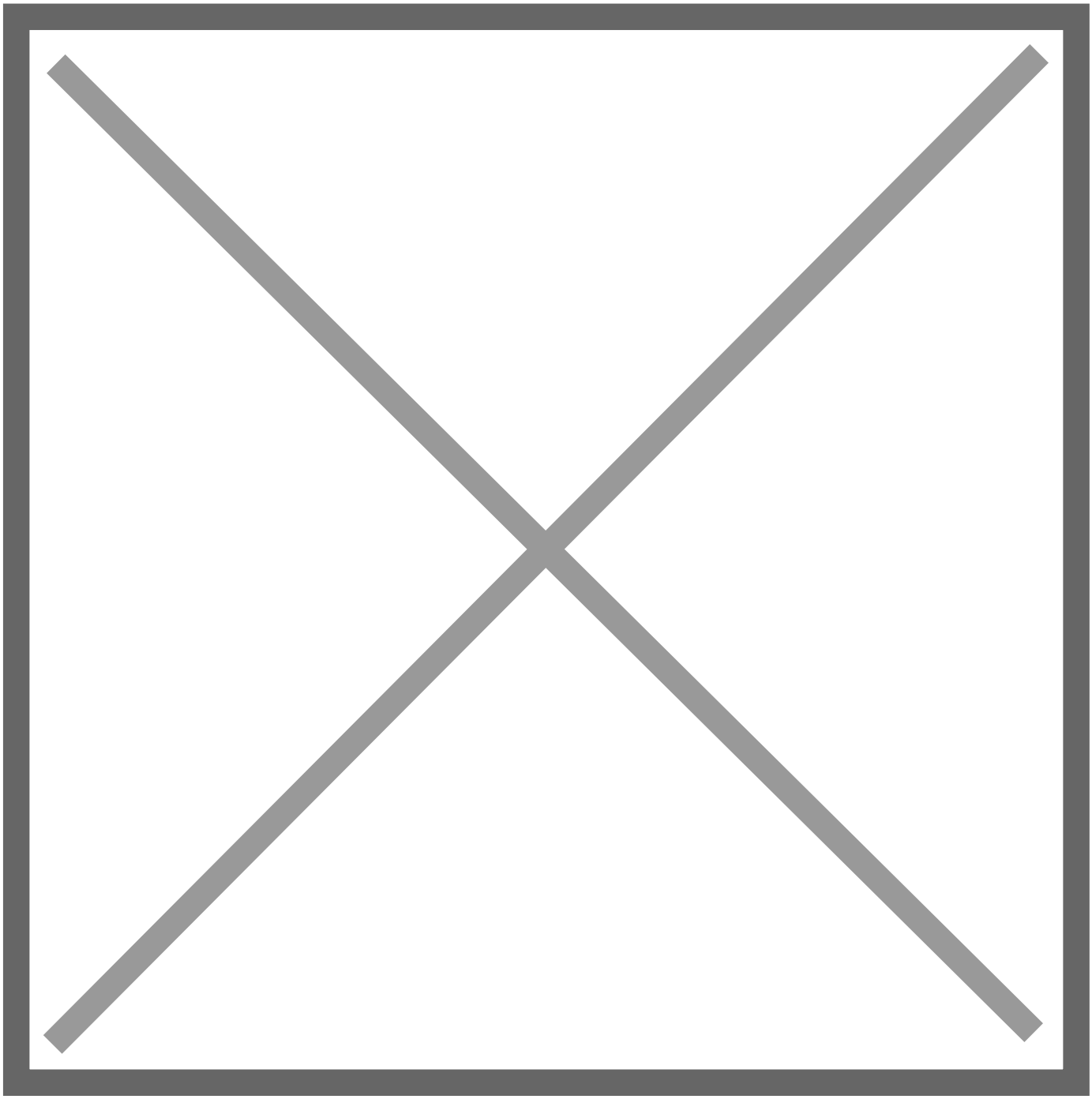
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/gibraltar-uk-78/.

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Obesity prevalence

Adults, 2021

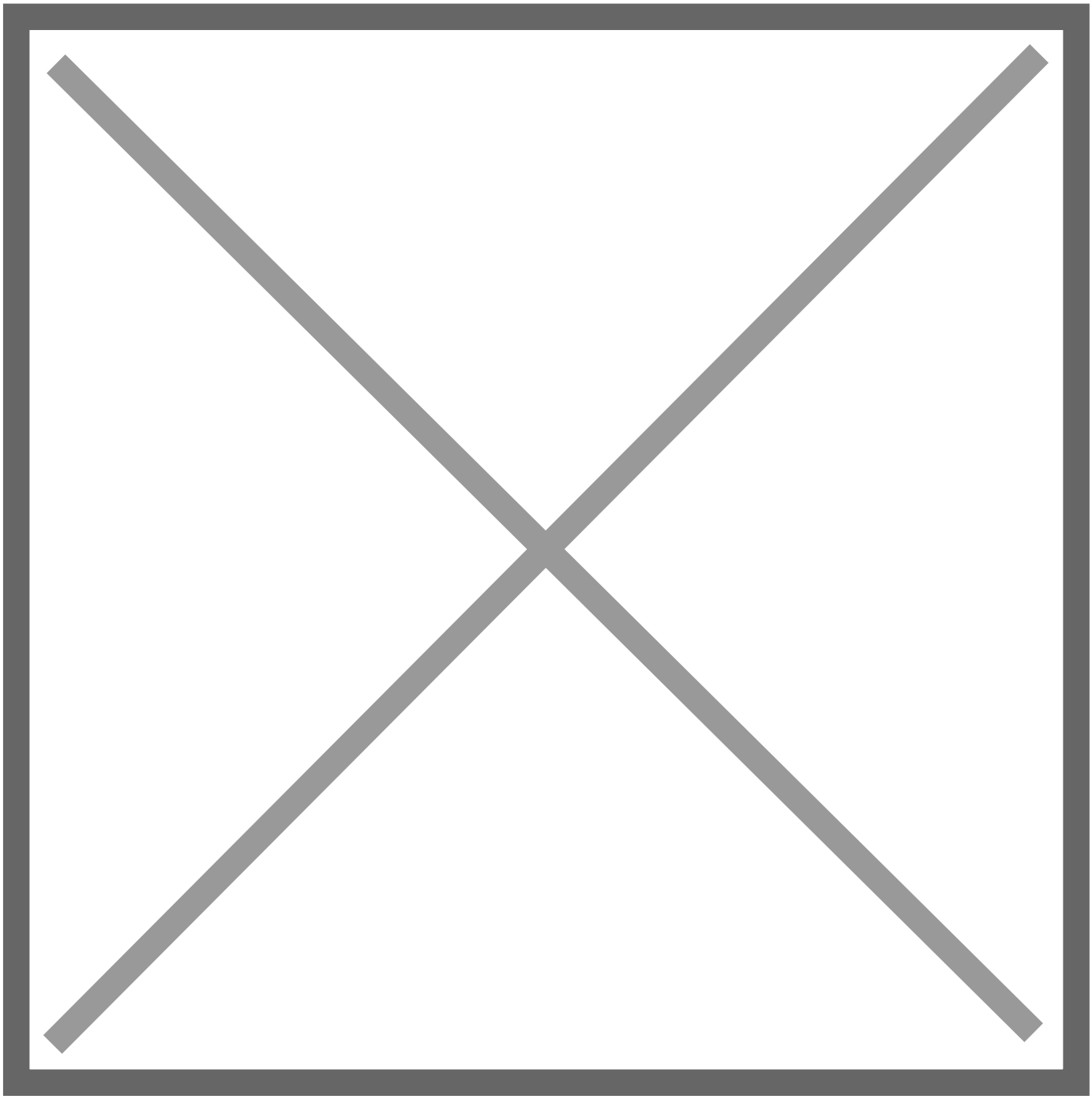


Survey type:	Self-reported
Age:	16+
Sample size:	606
Area covered:	National
References:	Health & Lifestyle Survey 2021. https://www.gha.gi/public-health/health-and-lifestyle-report/ (Accessed 03.08.21)
Notes:	Small, representative sample size

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by age

Adults, 2013

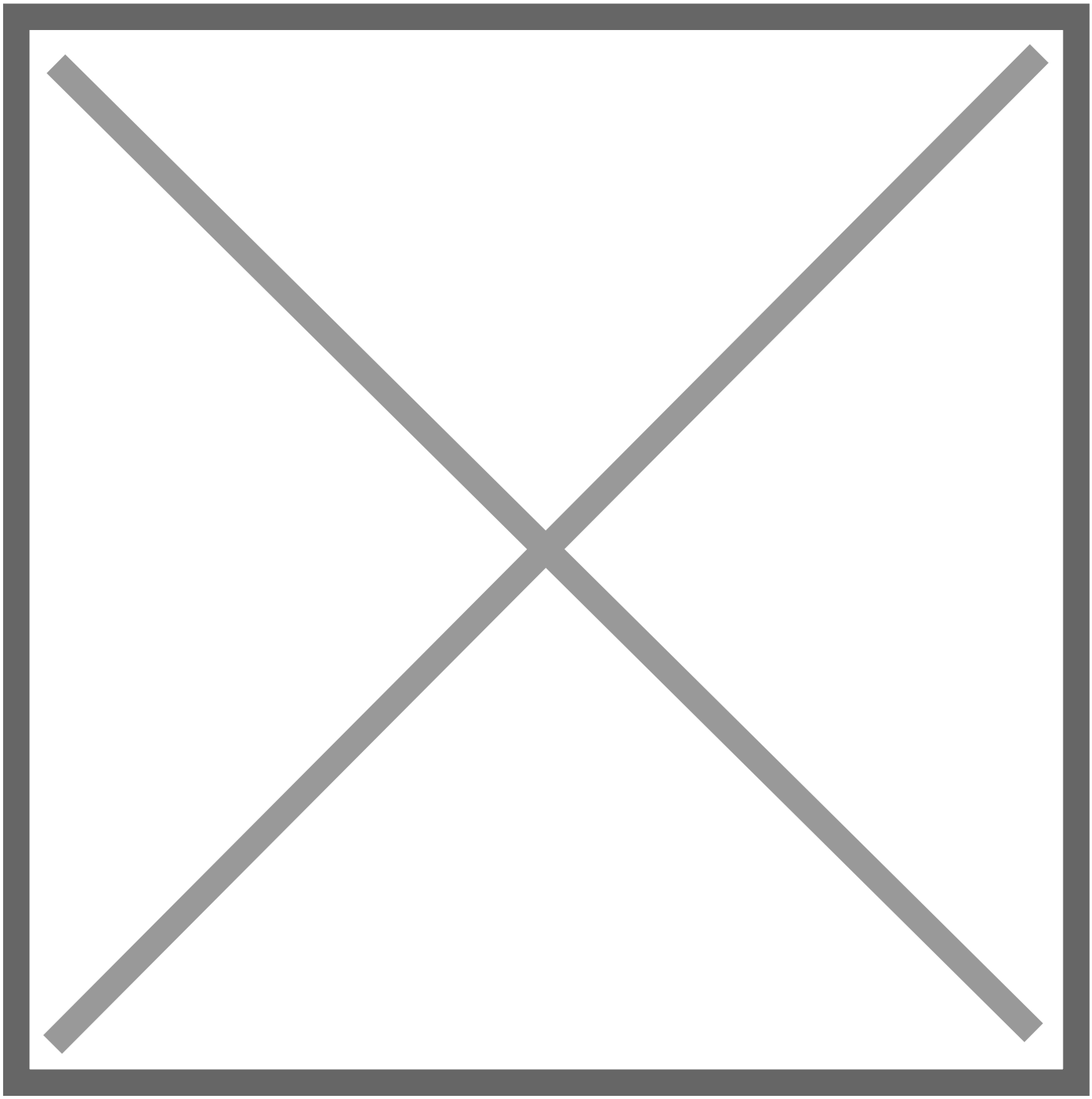


Survey type:	Self-reported
Sample size:	406
Area covered:	National
References:	Gibraltar Health Authority. Health & Lifestyle Survey report of the adult population in Gibraltar 2015.
Notes:	Small sample but considered representative

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by socio-economic group

Adults, 2013



Survey type:	Self-reported
Age:	16+
Sample size:	406
Area covered:	National
References:	Gibraltar Health Authority. Health & Lifestyle Survey report of the adult population in Gibraltar 2015.

Notes:	Small sample but considered representative

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

PDF created on August 20, 2026