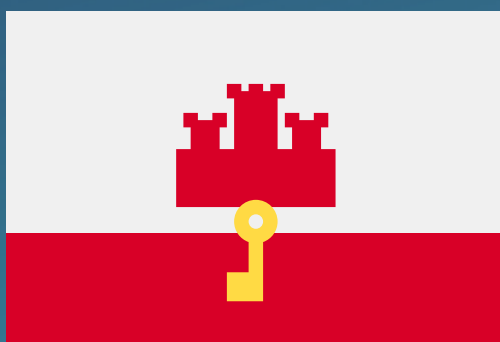




# Gibraltar (UK)



## Country report card - adults

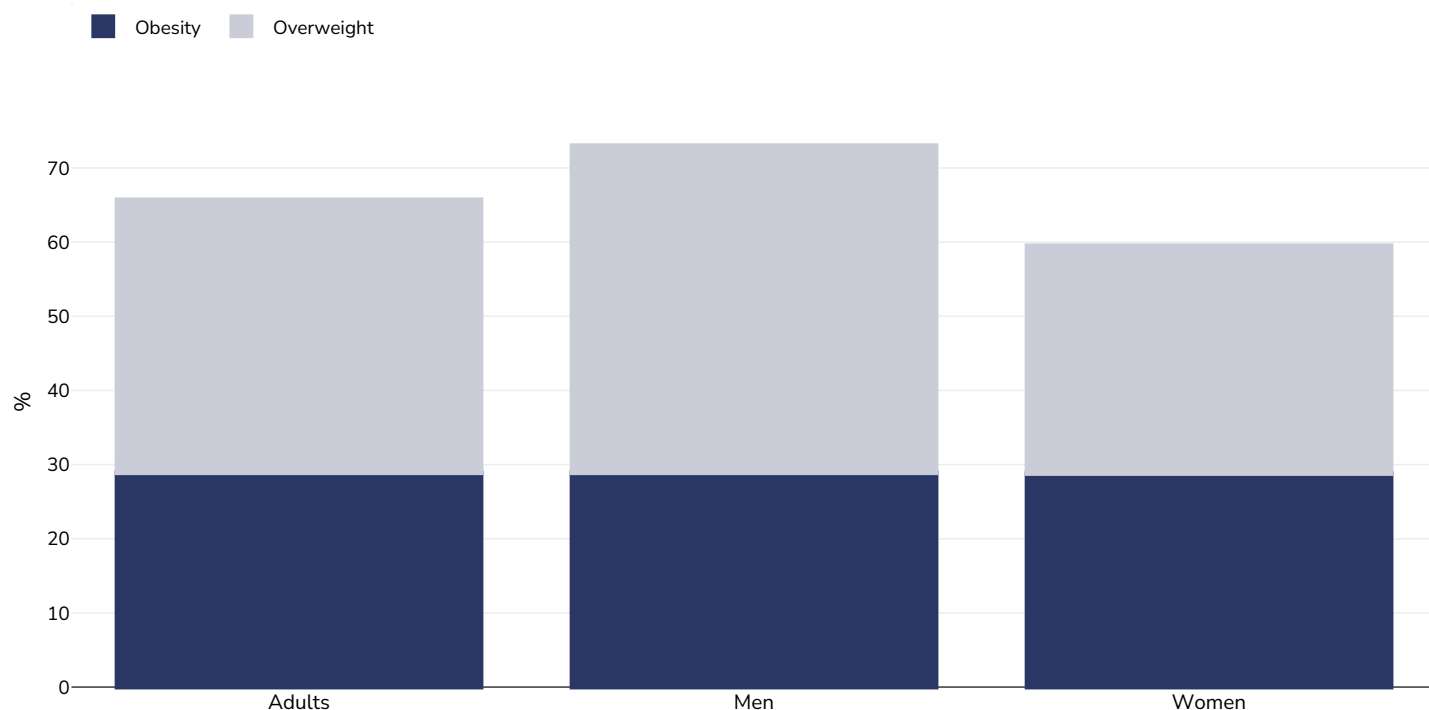
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/gibraltar-uk-78/>.*

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## Obesity prevalence

### Adults, 2021

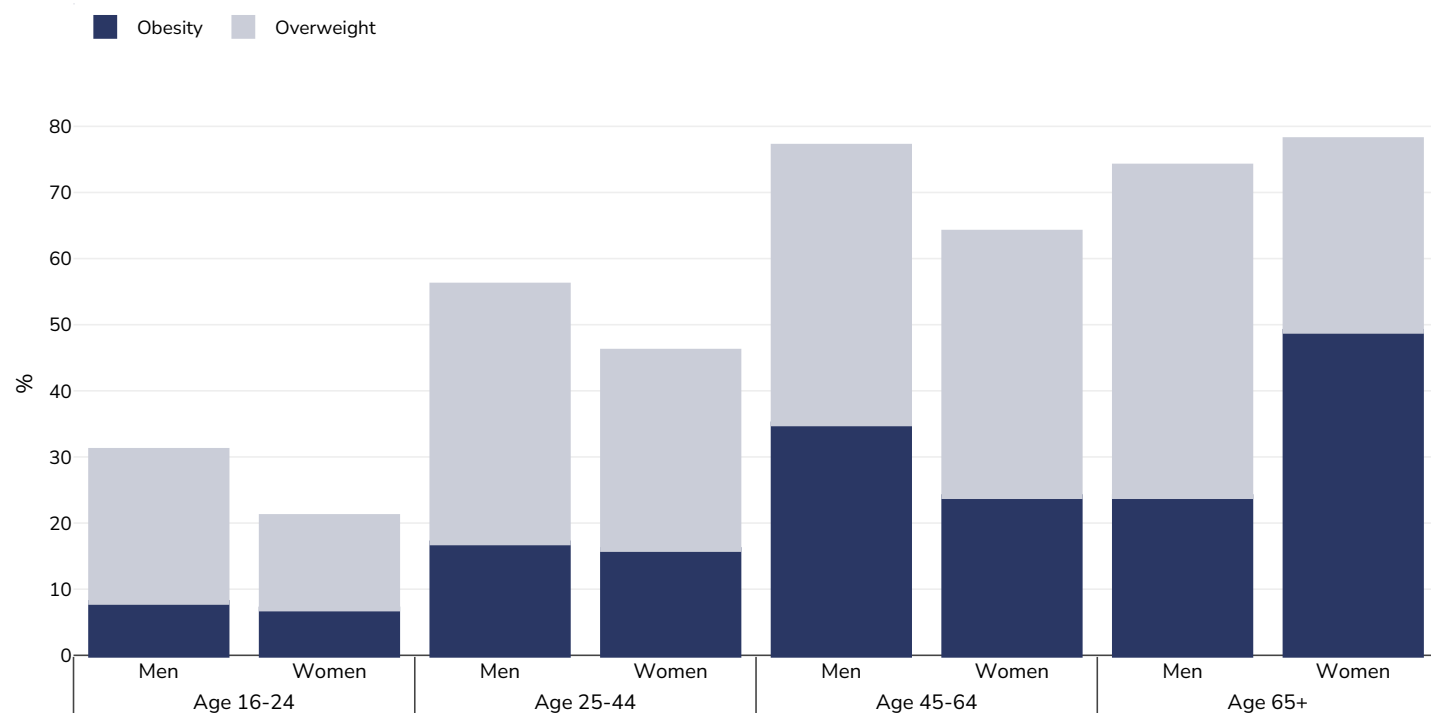


Survey type:	Self-reported
Age:	16+
Sample size:	606
Area covered:	National
References:	Health & Lifestyle Survey 2021. <a href="https://healthygibraltar.org/wp-content/uploads/2021/02/Health-and-Lifestyle-Report-2021-2.pdf">https://healthygibraltar.org/wp-content/uploads/2021/02/Health-and-Lifestyle-Report-2021-2.pdf</a> (Accessed 03.08.21)
Notes:	Small, representative sample size

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by age

### Adults, 2013



Survey type: Self-reported

Sample size: 406

Area covered: National

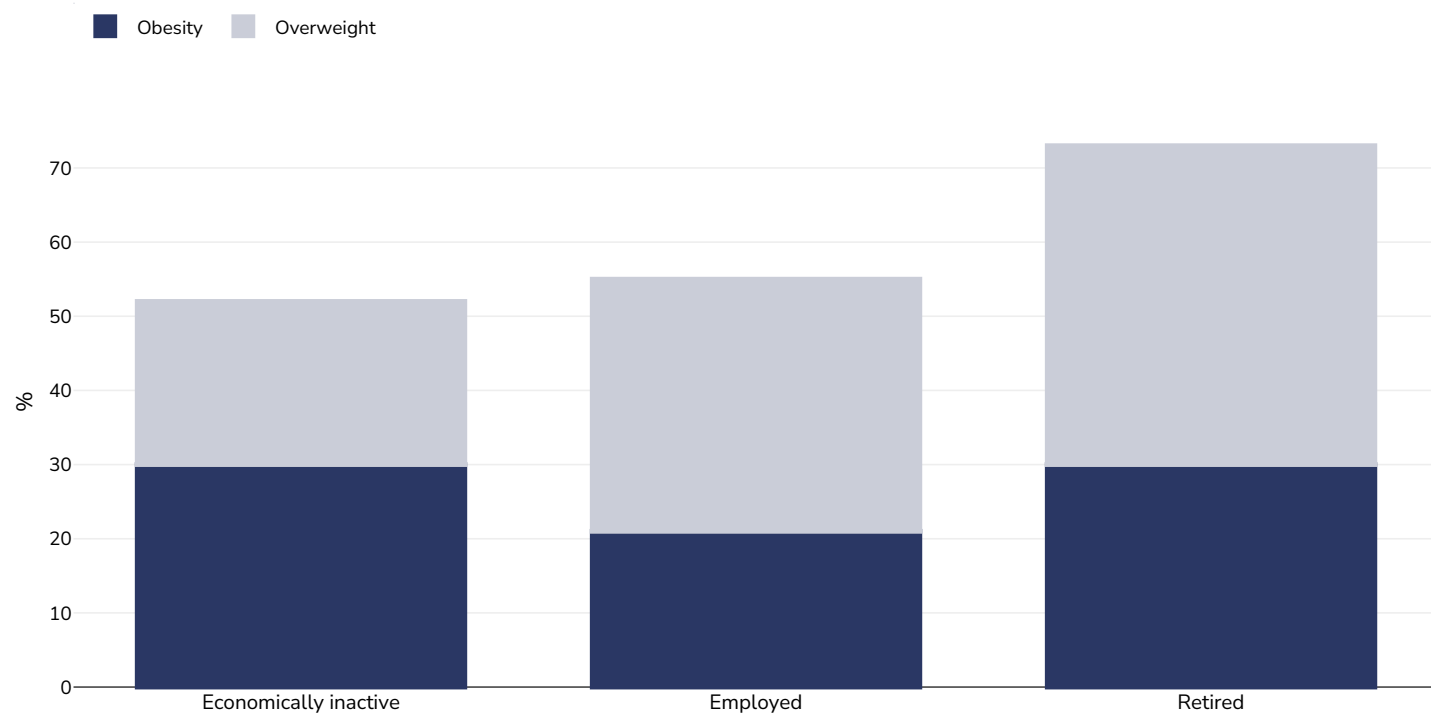
References: Gibraltar Health Authority. Health & Lifestyle Survey report of the adult population in Gibraltar 2015.

Notes: Small sample but considered representative

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by socio-economic group

Adults, 2013



Survey type:	Self-reported
Age:	16+
Sample size:	406
Area covered:	National
References:	Gibraltar Health Authority. Health & Lifestyle Survey report of the adult population in Gibraltar 2015.
Notes:	Small sample but considered representative

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

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