

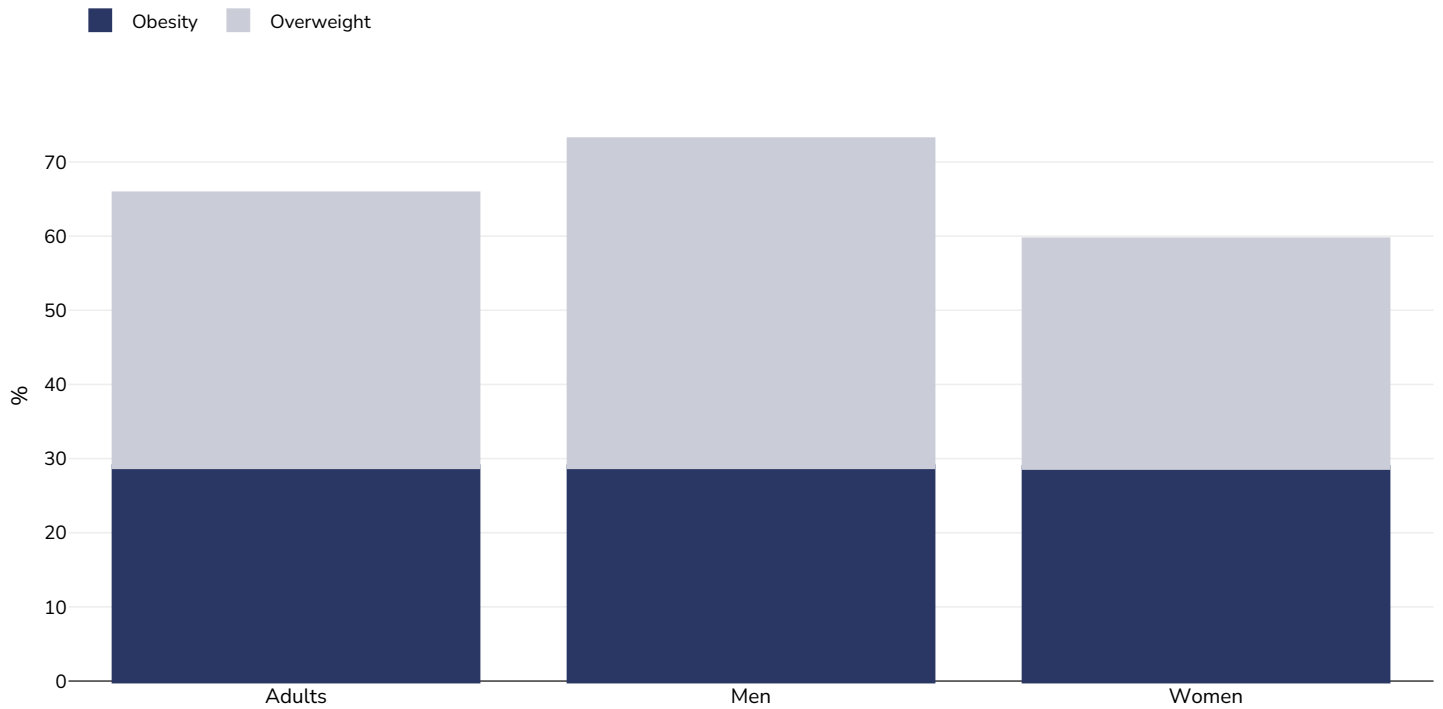
Report card Gibraltar (UK)



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Obesity prevalence

Adults, 2021



Survey type: Self-reported

Age: 16+

Sample size: 606

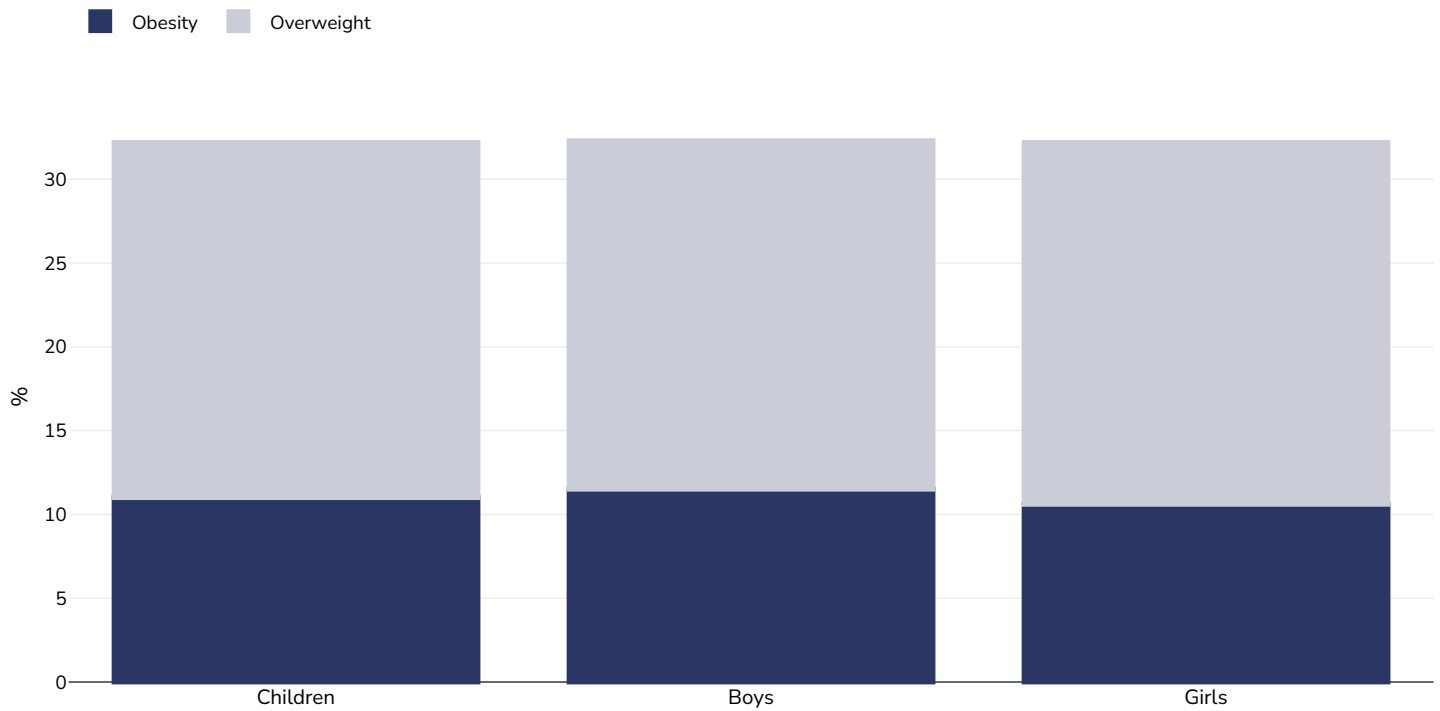
Area covered: National

References: Health & Lifestyle Survey 2021. <https://healthygibraltar.org/wp-content/uploads/2021/02/Health-and-Lifestyle-Report-2021-2.pdf> (Accessed 03.08.21)

Notes: Small, representative sample size

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 1998



Survey type: Measured

Age: 5-12

Sample size: 2994

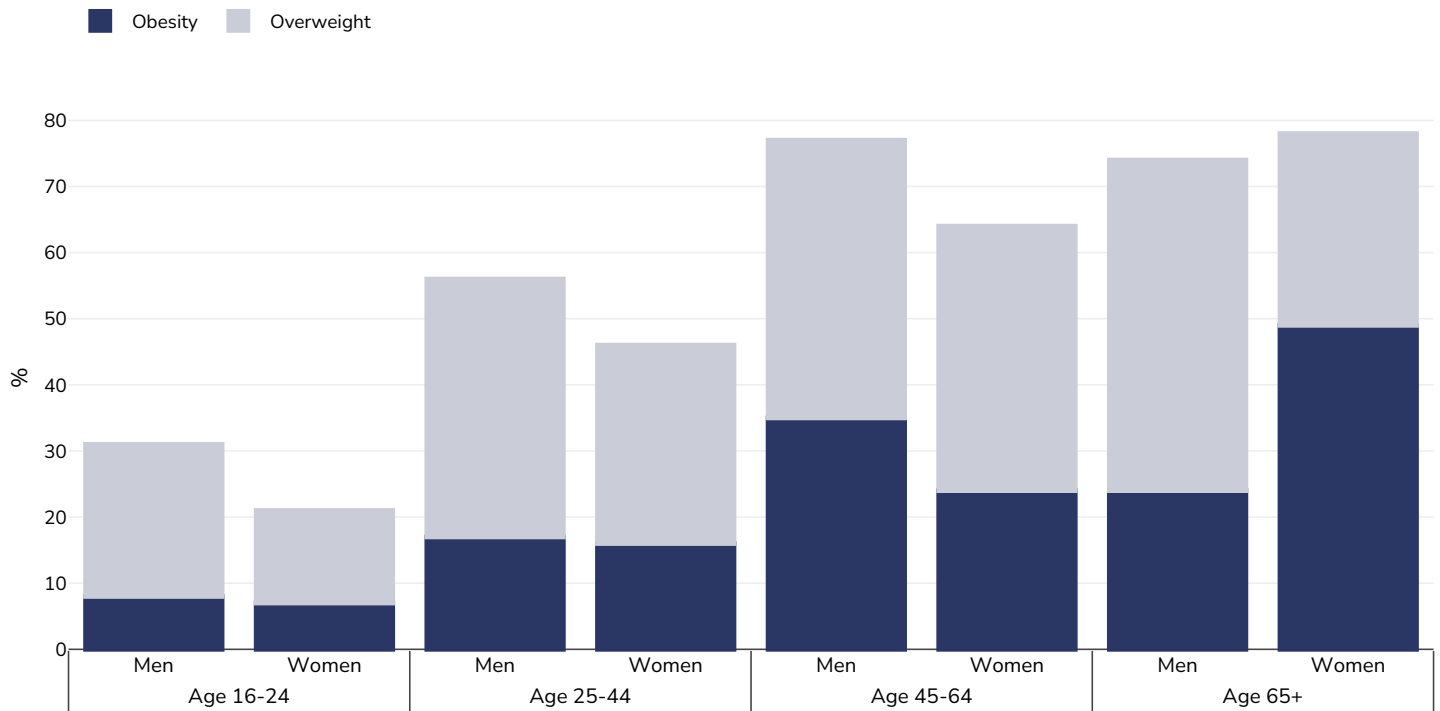
References: Kirk S FL, McLeod M. The prevalences of overweight and obesity in children aged 4 to 12 years in Gibraltar. Public Health Nutrition 2003;6:329-331

Notes: Boys = 1540, Girls = 1454 NB. Combined child data estimated. These estimates were calculated by weighting male and female survey results. Weighting based on World Bank Population % total female 2019 for the UK (<https://data.worldbank.org/indicator/SP.POP.TOTL.FE.ZS> - accessed 21.10.20)'

Cutoffs: IOTF

Overweight/obesity by age

Adults, 2013



Survey type: Self-reported

Sample size: 406

Area covered: National

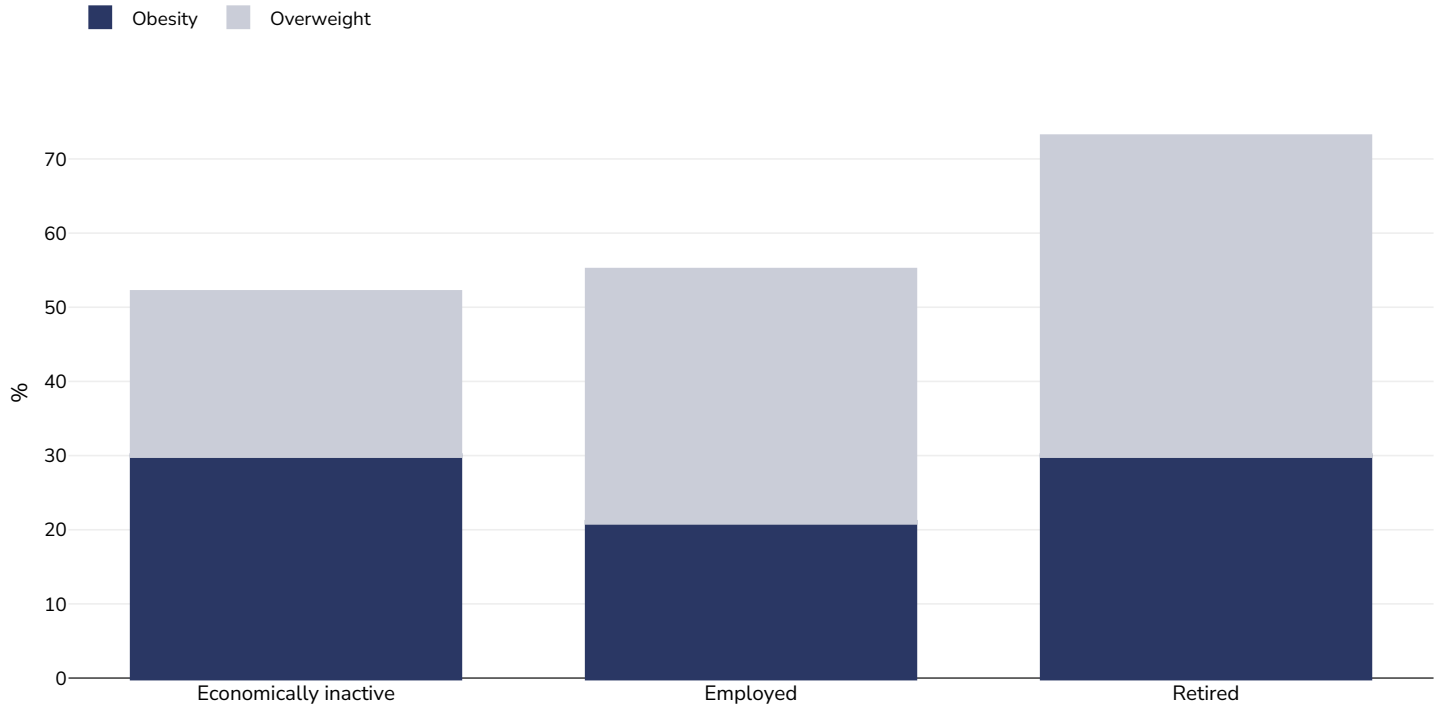
References: Gibraltar Health Authority. Health & Lifestyle Survey report of the adult population in Gibraltar 2015.

Notes: Small sample but considered representative

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by socio-economic group

Adults, 2013



Survey type:	Self-reported
Age:	16+
Sample size:	406
Area covered:	National
References:	Gibraltar Health Authority. Health & Lifestyle Survey report of the adult population in Gibraltar 2015.
Notes:	Small sample but considered representative

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

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